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# Nucleophilic substitution reactions of cyclic thiosulfates are accelerated by hyperconjugative interactions†

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Cyclic thiosulfates are a class of biocompatible molecules, currently expanding our *in vivo* toolkit. Agar and co-workers have shown that they are capable of efficient cross-linking reactions. While strain energy has been shown to promote the nucleophilic substitution reactions of cyclic disulfides, the reactivities of cyclic thiosulfate nucleophilic substitution is unexplored. We used density functional theory calculations [M06-2X/6-311++G(d,p)] to determine the activation and reaction free energies for the reactions of 3–10-membered cyclic thiosulfates and cyclic disulfides with methyl thiolate. The nucleophilic substitution reaction of cyclic thiosulfates was found to be strain-promoted, similar to the strain-promoted nucleophilic substitution reactions of cyclic disulfides. The origin of the nearly 100-fold rate enhancement of cyclic thiosulfates over cyclic disulfides was understood using the distortion/interaction model and natural bond order analysis. The cyclic thiosulfates benefit from a hyperconjugative interaction between an oxygen lone pair and the  $\sigma_{SS}^*$  orbital ( $n_O \rightarrow \sigma_{SS}^*$ ). This interaction generally lengthens the reactant  $S_1-S_2$  bond, which pre-distorts cyclic thiosulfates to resemble their corresponding transition structures. The inductive effect of the oxygen in cyclic thiosulfates lowers the  $\sigma_{SS}^*$  orbital energies relative to cyclic disulfides and results in more stabilizing transition state frontier molecular orbital interactions with methyl thiolate.

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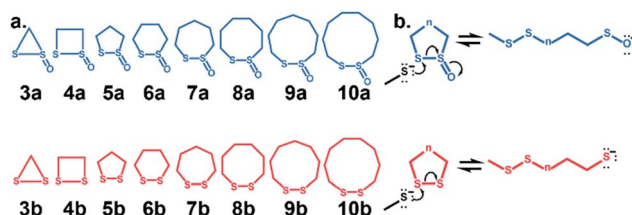
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## Introduction

Cyclic disulfides are a privileged class of molecules that have long played important roles in energy metabolism and the modulation of cellular redox status.<sup>1–6</sup> Recently, they have been used for *in vivo* applications in biochemistry and biomaterials as building blocks for self-healing, biocompatible polymers, and hydrogels.<sup>7,8</sup> They can also serve as vehicles to shuttle large molecules and apoptosis-inducing substrates through cell membranes *via* the transferrin receptor.<sup>9–12</sup> In many cases,  $\alpha$ -lipoic acid, a cyclic disulfide, has been used in a variety of functional assemblies at the gold surface.<sup>13–15</sup> Cyclic disulfides are one of the first known cross-linking-specific molecules; Agar and co-workers showed that they could selectively cross-link cysteine pairs while reversibly modifying lone cysteines *in vivo*.<sup>16</sup> Our groups recently introduced a six-membered cyclic thiosulfate (1,2-dithiane-1-oxide) capable of cross-linking free cysteine pairs up to  $10^4$ -fold faster than a six-membered cyclic disulfide (1,2-dithiane), by circumventing the rate-determining oxidation step.<sup>16</sup> A covalent cross-link is

efficiently formed between the sulfenic acid intermediate and a second thiolate. Whitesides and coworkers augmented their experiments with MM2<sup>17</sup> calculations to show that the reactivities of cyclic disulfides towards biological thiolate-based nucleophiles were strain-promoted.<sup>18,19</sup> Bachrach and co-workers used DFT calculations to locate transition structures for the nucleophilic substitution reactions of a model thiolate to a series of cyclic disulfides.<sup>20</sup> This computational study builds on the results of Whitesides and Bachrach to determine the origin of the increased nucleophilic substitution reactivities of 3–10-membered cyclic thiosulfates relative to cyclic disulfides (Scheme 1). A rigorous conformational search was employed to identify the global minima of reactants, ring-opened intermediates, and the lowest-



Scheme 1 (a) Series of cyclic thiosulfates and cyclic disulfides examined in this manuscript. (b) Mechanism of thiol-disulfide exchange between nucleophilic methyl thiolate ( $MeS^-$ ) and a cyclic thiosulfate (blue) or a cyclic disulfide (red).

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Table 1  $\Delta G_{\text{rxn}}$  of the nucleophilic attack of  $\text{MeS}^-$  on (3–10)a (blue) and (3–10)b (red). Computed using M06-2X/6-311++G(d,p) IEF-PCM $^{\text{H}_2\text{O}}$

Ring	3	4	5	6	7	8	9	10
$\Delta G_{\text{rxn}}$	-11.9	-11.7	3.3	4.4	1.2	-2.3	-4.6	-3.3
$\Delta G_{\text{rxn}}$	-16.7	-16.9	1.2	5.1	3.1	0.7	-0.6	-1.5

energy transition structures. The DFT calculations are used to predict the reactivities of 3–10-membered cyclic thiosulfonates (3–10)a towards a model thiolate (methyl thiolate) by locating

transition structures and disulfide-exchange intermediates. The corresponding activation free energies and reaction energies ( $\Delta G^\ddagger$  and  $\Delta G_{\text{rxn}}$ , respectively) were compared to those of an analogous series of cyclic disulfides to understand why cyclic thiosulfonates are more reactive than cyclic disulfides towards thiolates.

## Results and discussion

Ring strain is released upon nucleophilic addition of  $\text{MeS}^-$ ; as such, we defined strain energy as  $-\Delta G_{\text{rxn}}$ . We computed reaction energies ( $\Delta G_{\text{rxn}}$ ) for the nucleophilic addition of  $\text{MeS}^-$  to (3–10)a and (3–10)b to assess the reversibilities of the

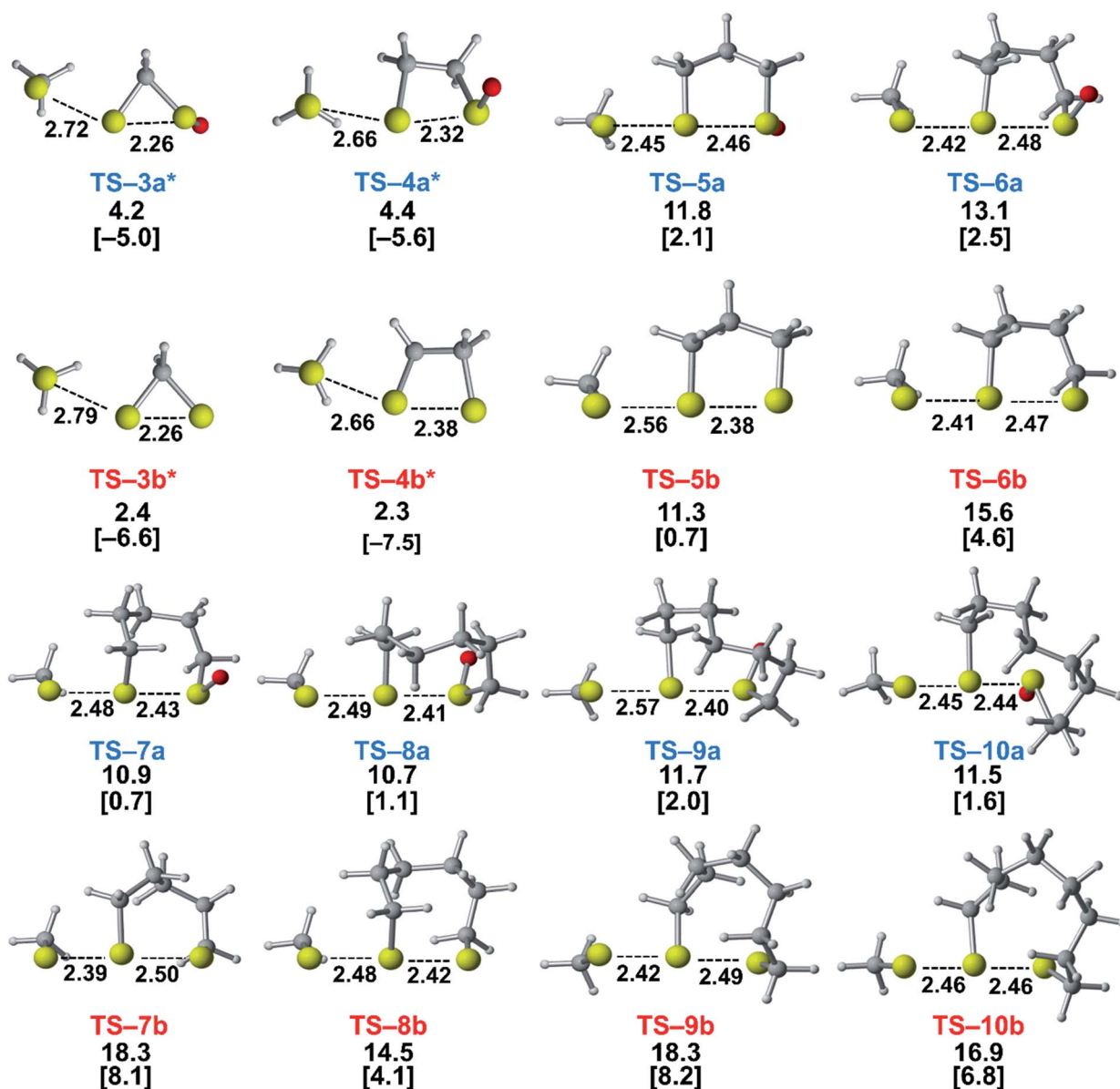


Fig. 1 Transition structures for the reaction of  $\text{MeS}^-$  with cyclic thiosulfonates (3–10)a and cyclic disulfides (3–10)b. The  $\Delta G^\ddagger$  and  $\Delta H^\ddagger$  (in brackets) were computed with M06-2X/6-311++G(d,p) IEF-PCM $^{\text{H}_2\text{O}}$  and provided for each transition structure. The bond lengths and energies are reported in Å and kcal mol $^{-1}$ , respectively. \*We were unable to locate transition states for (3–4)a and (3–4)b using B3LYP-D3BJ, M06-2X, or MP2 methods. Reported structures are energies for a constrained transition structure featuring one negative frequency corresponding to the substitution reaction using M06-2X/6-311++G(d,p).



nucleophilic substitution reactions. These energies are summarized in Table 1.

For the most strained reactants, (3-4)a and (3-4)b, the reaction energies for the nucleophilic addition of  $\text{MeS}^-$  range from  $-11.9$  to  $-11.7$  and  $-16.9$  to  $-16.7$  kcal mol $^{-1}$ , respectively. These reactions are exergonic because ring strain is released upon ring-opening. (5-7)a and (5-7)b lead to endergonic reaction energies ranging from 1.2 to 4.4 kcal mol $^{-1}$  and 1.2 to 5.1 kcal mol $^{-1}$ , respectively. The larger cyclic structures, (8-10)a and (8-10)b have reaction free energies that range from  $-2.3$  to  $-4.6$  kcal mol $^{-1}$  and  $+0.7$  to  $-1.5$  kcal mol $^{-1}$ , respectively.

The reaction energies of these series follow a similar trend to cycloalkanes in which (3-4)a and (3-4)b are significantly strained, (5-7)a and (5-7)b are relatively unstrained, and (8-10)a and (8-10)b are moderately strained.<sup>20-22</sup> The longer S $_1$ -S $_2$  bond in the thiacycles relieves some strain compared the corresponding cycloalkanes (*e.g.*, 1,2-dithiolane *vs.* cyclopentane).

We assessed the reactivities of the cyclic thiosulfates and cyclic disulfides towards methyl thiolate by locating transition structures and computing their corresponding activation free energies and enthalpies (Fig. 1). The transition structures shown in Fig. 1 generally have a nearly linear  $\text{MeS}^-$ -S $_1$ -S $_2$  angle; the transition states range from exactly synchronous to asynchronous. The breaking S $_1$ -S $_2$  bonds of TS-(3-10)a and TS-(3-10)b range from 2.26–2.48 Å and 2.26–2.50 Å, respectively. The S-S $_1$  distance in TS-(3-10)a and TS-(3-10)b ranges from 2.42–2.72 Å and 2.39–2.79 Å, respectively. TS-10b is exactly synchronous (2.46 Å), while TS-5b is the most asynchronous (2.56 and 2.38 Å). The C-C and C-S  $\sigma$  bonds of (3-4)a and (3-4)b are well-described by Walsh orbitals due to the nearly 60° and 90° bonding angles, respectively. As such, incipient nucleophiles will interact with bent S $_1$ -S $_2$   $\sigma^*$  orbitals, which results in the non-linear transition state geometries of TS-(3-4)a and TS-(3-4)b. The activation free energies of the smallest rings TS-(3-4)a and TS-(3-4)b are the lowest (2.3–4.4 kcal mol $^{-1}$ ). The low activation energies of (3-4)a and (3-4)b are consistent with the established strain-promoted reactions of cyclic disulfides. The activation free of energies of TS-(5-10)a are generally higher and range from 10.9 to 13.1 kcal mol $^{-1}$ . The activation free energies of TS-(6-10)a are substantially lower than those of TS-(6-10)b;  $\Delta\Delta G^\ddagger$  range from  $-2.5$  to  $-7.4$  kcal mol $^{-1}$ , which corresponds to a  $10^2$ – $10^5$ -fold rate enhancement for cyclic thiosulfates relative to cyclic disulfides.

### Are these reactions strain promoted?

Nucleophilic substitution reactions of cyclic disulfides are often described as strain-promoted.<sup>18,20,23</sup> We assessed the role of strain energy on the reactivities of (3-10)a and (3-10)b by plotting  $\Delta G^\ddagger$  against  $-\Delta G_{\text{rxn}}$  (Fig. 2).

Fig. 2 shows a linear correlation between  $\Delta G^\ddagger$  and  $-\Delta G_{\text{rxn}}$  for the cyclic disulfide and cyclic thiosulfate reactions ( $R^2 = 0.81$  and 0.80, respectively). This suggests that strain energy controls the reactivities for a broad set of cyclic disulfides and establishes that the reactivities of cyclic thiosulfates are also controlled by strain energy. The activation free energies of cyclic

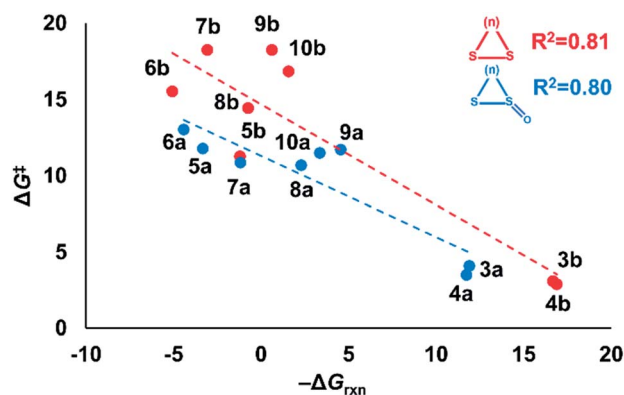


Fig. 2 Plot of  $\Delta G^\ddagger$  vs.  $-\Delta G_{\text{rxn}}$  of series (3-10)a and (3-10)b. The linear equation for (3-10)a is  $\Delta G^\ddagger = -0.53(-\Delta G_{\text{rxn}}) + 11.33$ . The linear equation for (3-10)b is  $\Delta G^\ddagger = -0.66(-\Delta G_{\text{rxn}}) + 14.71$ . Computed using M06-2X/6-311++G(d,p) IEF-PCM $\text{H}_2\text{O}$ .

thiosulfates are generally lower than those of cyclic disulfides; the y-intercept values are 11.3 and 14.7 kcal mol $^{-1}$ , respectively.

### Distortion/interaction model

To understand the origin of generally lower activation barriers and strain energies of cyclic thiosulfates relative to the cyclic disulfides, we turned to the distortion/interaction model.<sup>24-26</sup> The distortion/interaction model dissects activation barriers for bimolecular reactions into two terms: distortion and interaction energy [ $\Delta E^\ddagger = \Delta E_{\text{d}}^\ddagger + \Delta E_{\text{i}}^\ddagger$ ]. Distortion energy ( $\Delta E_{\text{d}}^\ddagger$ ) is the energy required to deform reactants from their equilibrium structures to their distorted transition state geometries without allowing them to interact. Interaction energy ( $\Delta E_{\text{i}}^\ddagger$ ) results from the difference in  $\Delta E^\ddagger$  and  $\Delta E_{\text{d}}^\ddagger$  and has been attributed to favorable intermolecular electrostatic, dispersion, and charge transfer interactions. The distortion/interaction model has been used to explain the reactivities and selectivities of pericyclic<sup>27-30</sup> and organometallic<sup>31-33</sup> reactions. The computed distortion and interaction energies of TS-(3-10)a and TS-(3-10)b are summarized in Fig. 3.

The distortion energies of cyclic thiosulfates (3-10)a range from 3.7 to 14.3 kcal mol $^{-1}$  and the distortion energies of cyclic disulfides (3-10)b range from 4.3 to 20.6 kcal mol $^{-1}$ . We plotted activation energies against distortion energies for the reactions of cyclic thiosulfates (blue) and cyclic disulfides (red) in Fig. 4. These plots show that there is a linear relationship between  $\Delta E^\ddagger$  and  $\Delta E_{\text{d}}^\ddagger$  for cyclic disulfides ( $R^2 = 0.88$ ) and cyclic thiosulfates ( $R^2 = 0.84$ ). This suggests that the reactivities are controlled by distortion energy. The interaction energies of cyclic thiosulfates (3-10)a and cyclic disulfides (3-10)b range from  $-6.1$  to  $-11.2$  kcal mol $^{-1}$  and  $-6.9$  to  $-14.4$  kcal mol $^{-1}$ , respectively. There is no correlation between  $\Delta E^\ddagger$  and  $\Delta E_{\text{i}}^\ddagger$  ( $R^2 = 0.001$  for cyclic thiosulfates and  $R^2 = 0.05$  for cyclic disulfides), which implies that the interaction energies do not influence reactivities. We hypothesized that the strain energy would manifest itself as a structural pre-distortion of the reactants, an effect that results in distortion-accelerated reactions.<sup>34</sup> To this end, we analyzed (3-10)a and (3-10)b in their equilibrium and distorted



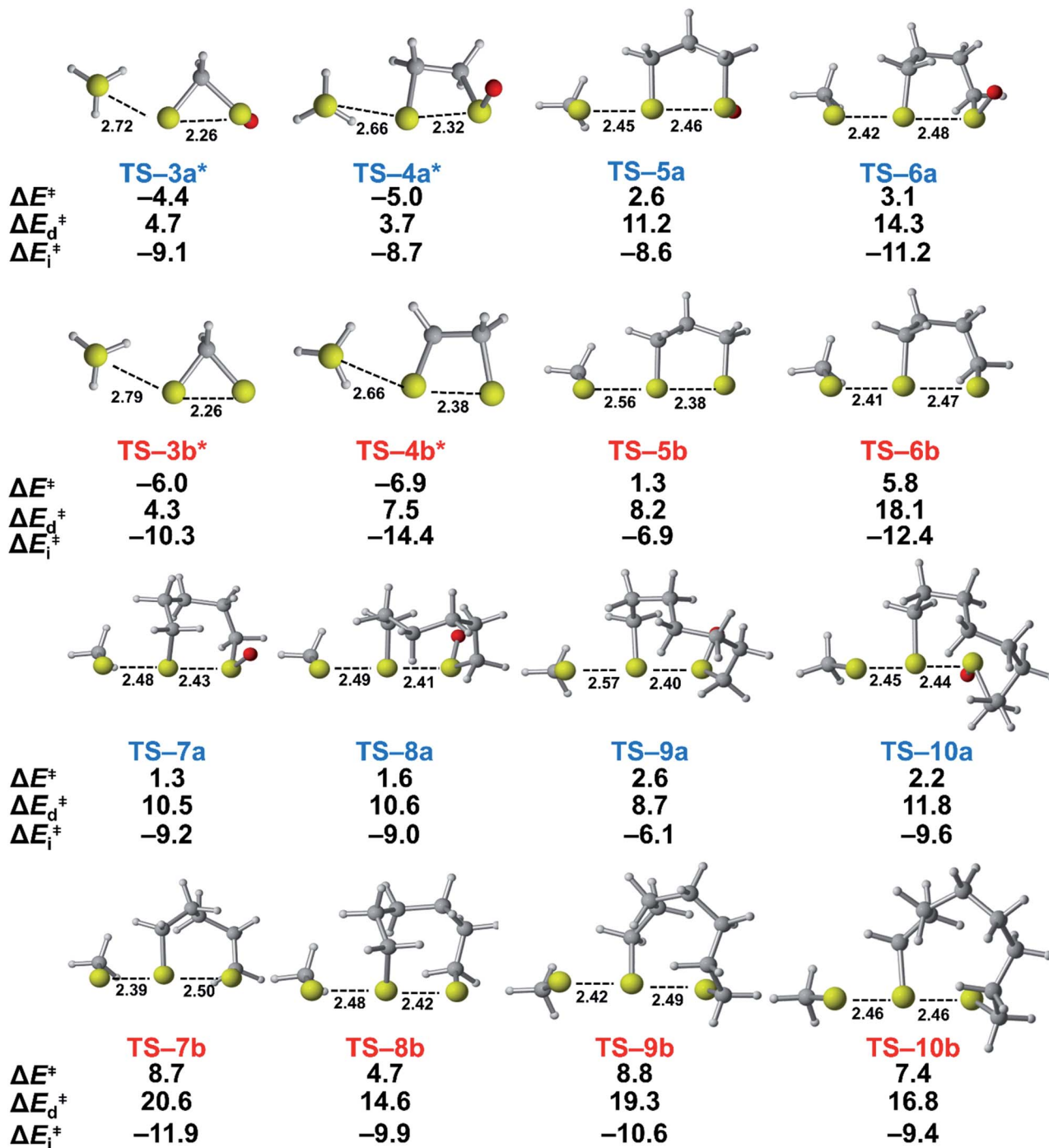


Fig. 3 Activation, distortion, and interaction energies of TS-(3–10)a and TS-(3–10)b. Computed using M06-2X/6-311++G(d,p) IEF-PCM<sup>H<sub>2</sub>O</sup>. The bond lengths and energies are reported in Å and kcal mol<sup>-1</sup>, respectively. \*Transition structures are constrained and have one negative frequency connecting reactants to product using M06-2X/6-311++G(d,p).

transition state geometries; strained cyclic thiosulfates and disulfides require less distortion to achieve their transition state geometries. This is demonstrated in Fig. 5, where we show the relationship between distortion energy and the difference in  $S_1$ – $S_2$  bond lengths in the reactant and transition state ( $\Delta S_1$ – $S_2$ ).

The reactions with the lowest activation energies resulted from reactants with the longest (pre-distorted)  $S_1$ – $S_2$  bonds at

equilibrium. The linear relationship between  $\Delta E_d^\ddagger$  and  $\Delta S_1$ – $S_2$  ( $R^2 = 0.97$ ) confirms that the  $S_1$ – $S_2$  pre-distortion of cyclic thiosulfates results in lower activation energies.

We then scrutinized the geometric and electronic structures of the cyclic thiosulfates to understand why they are more pre-distorted than the cyclic disulfides. One of the oxygen lone pair orbitals adjacent to the  $S_1$ – $S_2$  bond is ideally positioned for



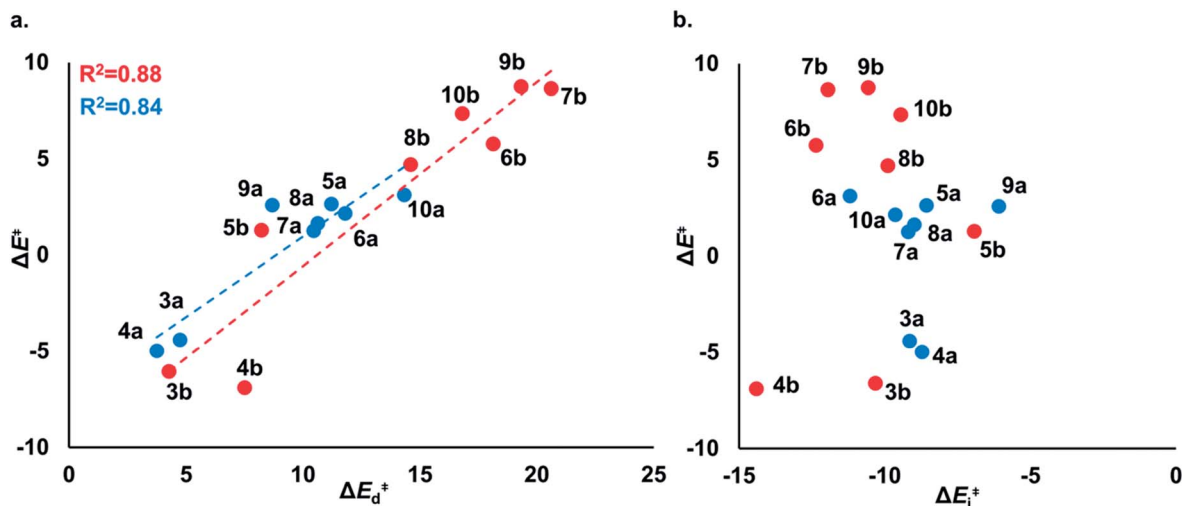


Fig. 4 (a)  $\Delta E^\ddagger$  vs.  $\Delta E^\ddagger_d$  of the nucleophilic addition of  $\text{MeS}^-$  towards cyclic thiosulfates (blue) and cyclic disulfides (red). The linear equation for (3–10)a is  $\Delta E^\ddagger = 0.84\Delta E^\ddagger_d - 7.40$ . The linear equation for (3–10)b is  $\Delta E^\ddagger = 0.96\Delta E^\ddagger_i - 10.12$ . (b)  $\Delta E^\ddagger$  vs.  $\Delta E^\ddagger_i$  of the nucleophilic addition of  $\text{MeS}^-$  towards cyclic thiosulfates (blue,  $R^2 = 0.001$ ) and cyclic disulfides (red,  $R^2 = 0.05$ ). Computed using M06-2X/6-311+G(d,p) IEF-PCM<sup>H<sub>2</sub>O</sup>. The energies are reported in  $\text{kcal mol}^{-1}$ .

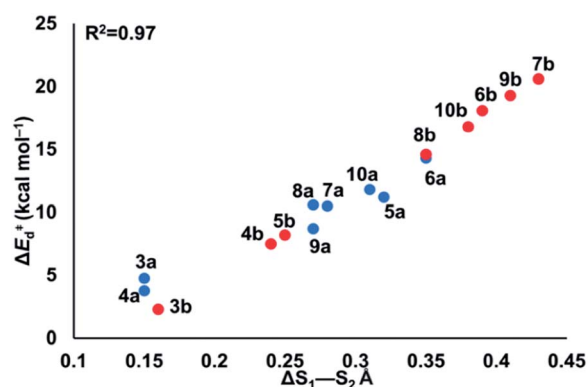


Fig. 5  $\Delta S_1-S_2$  bond length between reactant and transition state of cyclic thiosulfates (blue) and cyclic disulfides (red) vs. calculated distortion energy. The combined linear equation is  $\Delta E^\ddagger_d = 60.55(\Delta S_1-S_2) - 6.39$ .

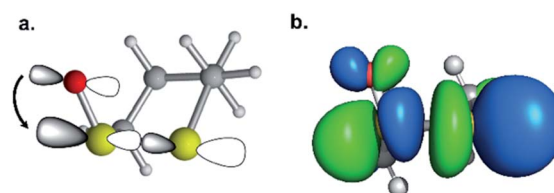


Fig. 6 (a) Hyperconjugative  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  orbital interaction. (b) Computed LUMO of 6a.

a hyperconjugative interaction with the  $\sigma_{\text{SS}}^*$  orbital, *via* the general anomeric effect, which stabilizes the developing electron deficiency in the breaking  $S_1-S_2$  bond. There is a rich literature on this effect from the experimental and theoretical communities.<sup>35–42</sup> Fig. 6 illustrates the possible  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  orbital interaction.

We quantified this effect with natural bond order (NBO)<sup>43</sup> calculations and second order perturbation theory analysis on the optimized structures of the cyclic thiosulfates. Table 2 shows the hyperconjugative  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  interaction energies, and the effect on  $S_1-S_2$  bond lengths.

$S_1-S_2$  bond distances, energies for the  $n_{\text{O}}$  and  $\sigma_{\text{SS}}^*$  orbitals participating in the hyperconjugative interaction, and the energies of the corresponding  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  interactions are given in Table 2. The  $\sigma$  framework of 3a and 4a have relatively high-lying  $\sigma$  orbitals because of the increased p-character associated with

the so-called banana bonds.<sup>44</sup> As such, 3a and 4a benefit from smaller energy gaps between the  $n_{\text{O}}$  and  $\sigma_{\text{SS}}^*$  orbitals, which results in  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  interaction energies of  $-47.3$  and  $-40.3 \text{ kcal mol}^{-1}$ , respectively. (5–10)a have smaller, but similar, orbital interaction energies ( $-33.9$  to  $-36.9 \text{ kcal mol}^{-1}$ ), because of the larger energy gap between the  $n_{\text{O}}$  and  $\sigma_{\text{SS}}^*$  orbitals and linear  $\sigma_{\text{SS}}^*$  orbitals.

We then compared the  $\sigma_{\text{SS}}^*$  orbital energies of cyclic thiosulfates to those of cyclic disulfides to quantify the extent in

Table 2 Summary of  $S_1-S_2$  bond lengths,  $n_{\text{O}}$  and  $\sigma_{\text{SS}}^*$  energies, and the interaction energies between the  $n_{\text{O}}$  and  $\sigma_{\text{SS}}^*$  orbitals

	$S_1-S_2^a$	Energy, $n_{\text{O}}^b$	Energy, $\sigma_{\text{SS}}^*^b$	$n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*^b$
3a	2.12	-10.07	-0.54	-47.3
4a	2.17	-9.87	-0.17	-40.3
5a	2.14	-9.74	0.38	-35.8
6a	2.13	-9.74	0.47	-35.4
7a	2.15	-9.75	0.32	-36.9
8a	2.14	-9.77	0.45	-35.9
9a	2.13	-9.69	0.53	-33.9
10a	2.13	-9.70	0.53	-35.8

<sup>a</sup>  $S_1-S_2$  bond lengths are reported in Å. <sup>b</sup>  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  energies are reported in  $\text{kcal mol}^{-1}$ .



which the  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  hyperconjugative interaction contributes to nucleophilic substitution rate-enhancement. The HOMO energy of methyl thiolate, the  $\sigma_{\text{SS}}^*$  orbital (LUMO) energies of (3–10)**a** and (3–10)**b**, and the occupancies of the  $\sigma_{\text{SS}}^*$  and  $n_{\text{O}}$  orbitals are shown in Fig. 7.

The  $\sigma_{\text{SS}}^*$  energies of cyclic thiosulfonates range from  $-0.54$  to  $0.53$  eV; the  $\sigma_{\text{SS}}^*$  energies of cyclic disulfides range from  $0.74$  to  $2.37$  eV. The  $\sigma_{\text{SS}}^*$  orbitals of cyclic thiosulfonates are relatively low-lying because of the adjacent oxygen that is inductively electron withdrawing. The electron density of the sulfoxide oxygen disfavors nucleophilic attack of thiolates at  $S_1$  because of substantial closed-shell repulsions with the incipient thiolate lone pair orbitals. (3–4)**a** and (3–4)**b** feature bent  $\sigma_{\text{SS}}^*$  orbitals because of the small C–S–S bond angles in the three- and four-membered rings ( $54^\circ$  and  $78^\circ$ , respectively). The  $n_{\text{O}}$  orbitals of cyclic thiosulfonates have reduced occupancies ( $1.77$ – $1.81e$ ) from the ideal value of  $2.00e$  due to the hyperconjugative interaction; the  $\sigma_{\text{SS}}^*$  orbitals of cyclic thiosulfonates have increased occupancies ( $0.17$ – $0.20e$ ) from the ideal value of  $0.00e$ . The large stabilizing  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  energies corroborate the proposed hyperconjugation between the  $n_{\text{O}}$  and the  $\sigma_{\text{SS}}^*$  orbitals. Cyclic disulfides have a significantly lower occupancy of the  $\sigma_{\text{SS}}^*$  orbitals ranging from  $0.00$ – $0.03e$ . The generally lower  $\sigma_{\text{SS}}^*$  orbital energies of cyclic thiosulfonates, resulting from the  $n_{\text{O}} \rightarrow \sigma_{\text{SS}}^*$  interaction, lead to stronger frontier molecular orbital interactions with the  $\text{MeS}^-$  lone pair orbitals in

the transition state. These more favorable interactions contribute to the general rate-enhancement of nucleophilic substitution towards cyclic thiosulfonates.

## Methods

Initial conformational searches of all structures studied were performed within Maestro 11 (ref. 45) using low-mode sampling with a maximum atom deviation cutoff of  $0.5 \text{ \AA}$  within the OPLS3e force field in the dielectric constant of water ( $\epsilon = 78$ ).<sup>46</sup> Each conformational search produced as maximum of 10 low energy conformations (energy cutoff =  $100 \text{ kJ mol}^{-1}$ ). Each of these OPLS3e-minimized structures were subjected to geometrical optimization using the hybrid density functional M06-2X/6-311++G(d,p) and the polarizable continuum model using the integral equation formalism variant (IEF-PCM) with the parameters for water.<sup>47,48</sup> Each stationary point was subjected to vibrational analysis from which exactly one negative frequency was identified for transition structures and an absence of negative frequencies for the minima. All DFT calculations were performed using the Gaussian 16 (ref. 49) program. All stationary points for (5–10)**a** and (5–10)**b** were optimized using M06-2X/6-311++G(d,p). Transition state scans of (3–4)**a** and (3–4)**b** were performed using the coupled cluster method (CCSD).<sup>50</sup> The distance between methyl thiolate and the cyclic disulfide/

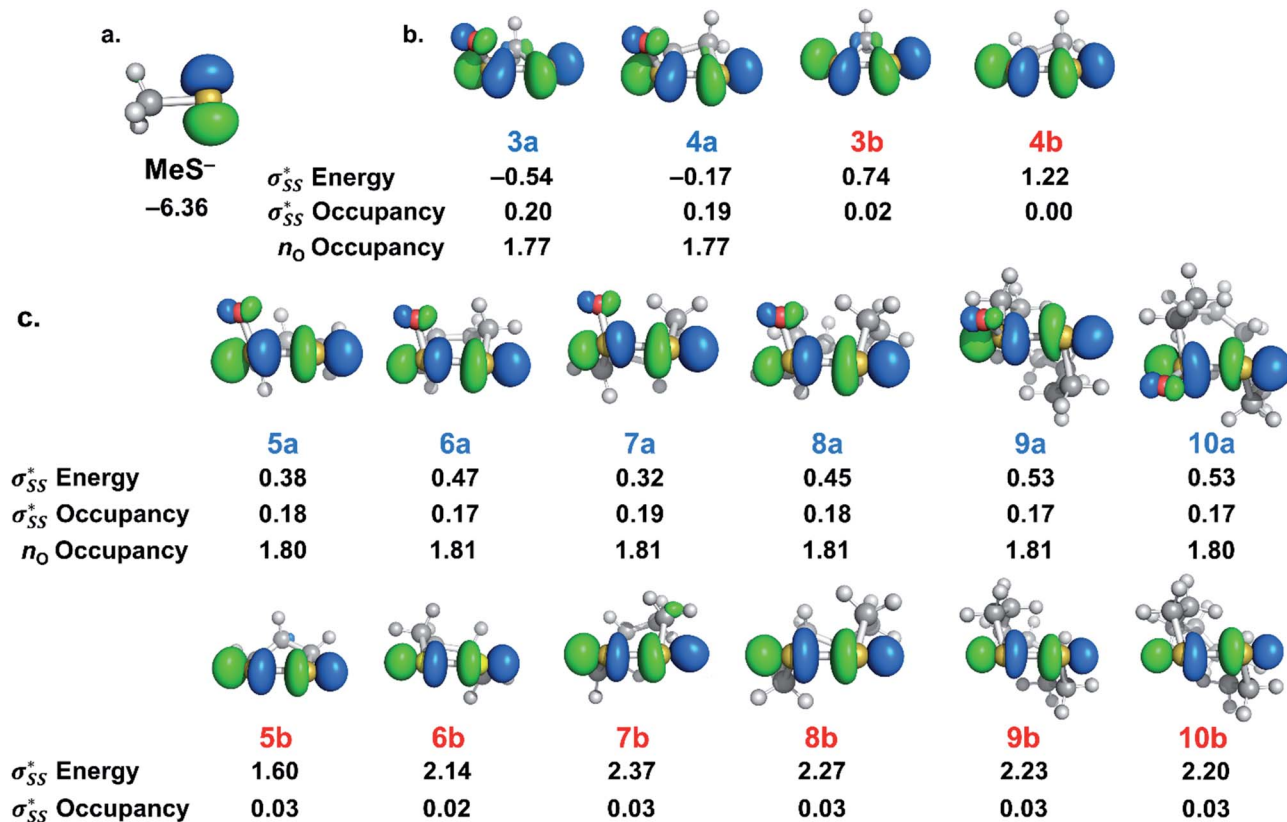


Fig. 7 (a) Visual representation of  $\text{MeS}^-$  HOMO and corresponding orbital energy. (b) Visual representation of  $\sigma_{\text{SS}}^*$  orbitals of (3–4)**a** and (3–4)**b** and the corresponding orbital energies and occupancies. (c.) Visual representation of  $\sigma_{\text{SS}}^*$  orbitals of (5–10)**a** and (5–10)**b** and the corresponding orbital energies and occupancies. Computed M06-2X/6-311++G(d,p) IEF-PMCH<sub>2</sub>O. Energies are reported in eV.



thiosulfinate was scanned between 2.3–2.8 Å. 9 steps at 0.04 Å per step were taken. Each result from this scan was optimized by constraining the forming MeS<sup>−</sup>–S<sub>2</sub> bond distance using the coupled cluster singles doubles method (CCSD) with the 6-31+G(d,p) basis set. Single point energy calculations were performed on the constrained transition structures with the same method and basis set [M06-2X/6-311++G(d,p)] as the unconstrained transition states to evaluate activation free energies. NBO analysis and second order perturbation theory analysis on the optimized cyclic thiosulfate reactants was performed to measure the interaction between the oxygen lone pair and the σ<sub>SS</sub><sup>\*</sup> orbital and the corresponding orbital energies and occupancies. All chemical structures were prepared using CylView.<sup>51</sup> The ESI<sup>†</sup> was prepared using ESIgen.<sup>52</sup>

## Conclusions

We used DFT calculations to predict the reactivities of a series of 3–10-membered cyclic thiosulfates towards methyl thiolate for the first time. Similar to previous reports of cyclic disulfide reactivity, the reaction of thiolates towards cyclic thiosulfates is strain-promoted. Our calculations suggest that the rate of nucleophilic substitution reactions of 6–10-membered cyclic thiosulfates will be 10<sup>2</sup>–10<sup>5</sup>-fold faster than 6–10-membered cyclic disulfides. Our calculations show that (3–4)**a** and (3–4)**b** have bent σ<sub>SS</sub><sup>\*</sup> orbitals that contribute to their significantly higher strain-dependence and lower activation barriers through increased p-character. The S<sub>1</sub>–S<sub>2</sub> bonds in cyclic thiosulfates (6–10)**a** are pre-distorted towards their transition structures and require less distortion energy (ΔE<sub>d</sub><sup>‡</sup>) to deform reactants from their equilibrium geometries relative to corresponding cyclic disulfides (6–10)**b**. This results in generally lower activation barriers. A hyperconjugative interaction between the oxygen lone pair and the σ<sub>SS</sub><sup>\*</sup> orbitals (n<sub>O</sub> → σ<sub>SS</sub><sup>\*</sup>) is responsible for the pre-distortion of cyclic thiosulfates and was verified by decreased occupancies of n<sub>O</sub> orbitals and increased occupancies of σ<sub>SS</sub><sup>\*</sup> orbitals. The activation barriers are further lowered because the σ<sub>SS</sub><sup>\*</sup> orbital energies are decreased by an inductive effect of the adjacent oxygen, which improves transition state frontier molecular orbital interactions. This effect is not observed in cyclic disulfides which have higher energy σ<sub>SS</sub><sup>\*</sup> orbitals. These theoretical insights have begun to guide our development of new cross-linking tools that avoid toxic dead-end modifications and increase reaction rates *in vitro* and *in vivo*. We predict that cyclic thiosulfinate **7a** will make the best cross-linking scaffold. Its relatively low strain energy results in a reversible nucleophilic substitution reaction, which will prevent off-target (dead-end) modification of cysteine residues. Additionally, the nucleophilic substitution towards **7a** is 7.4 kcal mol<sup>−1</sup> lower in activation energy than **7b**, resulting in a 10<sup>5</sup>-fold increase in reaction rate.

## Conflicts of interest

There are no conflicts to declare.

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