



10 Guiding principles for learning in the laboratory

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Laboratory work in chemistry has been extensively researched in the last decade but the gap between research and practice is still broad. This *Perspective* shares 10 guiding principles relating to university laboratory education, drawing on research over the last decade. Written with an audience of practitioners in mind, the *Perspective* aligns with Hounsell and Hounsell's congruence framework, so that the 10 principles consider all aspects of the laboratory curriculum: design, teaching approaches, and assessment approaches as suggested by Biggs, but additional contextual factors relating to teaching context: backgrounds of students and their support, and overall laboratory organisation and management. After discussing the rationale for each guiding principle, examples of approaches are given from recent literature along with prompts to help enact the guiding principle in practice.

Introduction

It has been a productive decade for research on teaching and learning in chemistry laboratories. Major programmes of activity have reported conceptualising the laboratory as a space for meaningful learning (Bretz *et al.*, 2013), discussion of intended goals (George-Williams *et al.*, 2018b; Seery *et al.*, 2019b; Agustian *et al.*, 2022a), reassertion of the role of preparation activities (Agustian and Seery, 2017), incorporation of more opportunities for experimentation (Seery *et al.*, 2019a; 2019b; 2019c; Gorman *et al.*, 2021), teaching and learning of practical skills (Towns *et al.*, 2015; Hensiek *et al.*, 2017; Seery *et al.*, 2017), better consideration of learning in advanced practical settings (Schmidt-McCormack *et al.*, 2017), an in-depth exploration of lived experience of students in laboratory contexts (DeKorver and Towns, 2015; DeKorver and Towns, 2016; Galloway *et al.*, 2016; Jørgensen *et al.*, 2023; Finne *et al.*, 2023) and a renewed emphasis of consideration about the purpose of practical work (Bretz, 2019; Seery, 2020) – the latter caused in no small part by the COVID-19 pandemic (Kelley, 2021). These have all combined to give extensive insight into designing, teaching, and assessing the laboratory component of chemistry curricula.

While those researching learning in laboratories can be glad of this renewed interest and extensive outputs, the

predominance of the pandemic in overwhelming much of the discourse relating to learning and teaching means that much of this research into laboratory education may not yet have influenced teaching practice. The laboratory literature – already vast – has swollen further in the last decade, with substantial progress in our understanding of laboratory learning environments and students' experience of them. This *Perspective* aims to bring a summary of sorts to this past decade – and the learning we can take from it – in a format useful to the broader community of educators. Connor and Raker (2023) recently argued that there is an onus on chemistry education researchers to work with practice-focussed colleagues and support their engagement with evidence-based practices. Conscious of the challenges of bringing research into practice, we share these outputs by parsing them in the form of “Guiding Principles” for those who are interested in developing or redeveloping their laboratory curriculum and activities. This approach has been successful elsewhere in furthering awareness, dialogue, and action on educational reform (Nordmann *et al.*, 2020). We purposefully remain agnostic to particular laboratory teaching approaches such as those shared by Domin (1999) (inquiry, problem-based, *etc.*), instead preferring to share suggestions grounded in more general terms. This is partly because faculty may have preconceptions about particular approaches that override the actual teaching and learning principles that underpin them, but more generally because the reality of change is often incremental; changing aspects of laboratory teaching is often more achievable in small iterations than making overall systemic change aligning to a particular paradigm all at once (Mundy *et al.*, 2023). Different actors involved in laboratory work will have different amounts of resource, power, and time

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to make change. Our guiding principles aim to address laboratory teaching from design through to assessment and reflection on learning, and aim to be as informative as possible to all those who may have some capacity to engage with them.

Therefore we intend to address the question “*What should those involved in laboratory education know from recent research about laboratory curriculum design and implementation?*” The remainder of this perspective describes our answer to this question.

Constructive alignment and congruence

Biggs has described well the consideration of teaching, learning, and assessment in any situation by prompting educators to think about (i) what it is they want students to learn, usually written as learning outcomes; (ii) how the teaching and learning activities they engage students in will help students achieve those goals; and (iii) how assessment will effectively determine the extent of learning (Biggs, 2003). Consideration of these three aspects in tandem and ensuring that they are in agreement is known as constructive alignment, and is one of the major tenets of curriculum design. An example where laboratory activity may not achieve constructive alignment is where a learning outcome may relate to some aspect of development of technical skills, the activity itself includes the teaching and use of those skills, but the assessment (such as a written report) does not effectively allow students to demonstrate these skills directly. Such a scenario is misaligned, leading to substantial repercussions on the effectiveness of the teaching scenario intended (DeKorver and Towns, 2015; DeKorver and Towns, 2016).

One of the long acknowledged challenges of laboratory education is coherence among educators involved in teaching students (Tremlett, 1972; Boud *et al.*, 1986), with the curriculum as intended differing from the curriculum as enacted. Acknowledging the challenge of learning contexts in general, as well as issues relating to curriculum implementation, Hounsell and Hounsell (2007) extended the constructive alignment framework to incorporate what they term ‘contextual influences’, to acknowledge the reality of variation in learning contexts in contemporary higher education. This weaves into Biggs’ framework additional contextual considerations of (iv) student backgrounds and aspirations, (v) learner support, and (vi) course organisation and management, and advocates that there is ‘congruence’ between this array of dimensions to consider in teaching and learning environments (Fig. 1). The congruence framework places the learner at the centre of the learning process and intended outcomes, while reflecting the very real complexities associated with learning in laboratories in particular contexts. It has proved to be a useful framework for exploring the lived experience of students in laboratories (Jørgensen *et al.*, 2023).

In order to develop our guiding principles, we sought to ensure that the teaching goals, learning activities, and assessment protocols were aligned, but additionally to incorporate these additional factors identified by Hounsell and Hounsell to accommodate the lived reality for students in the particular

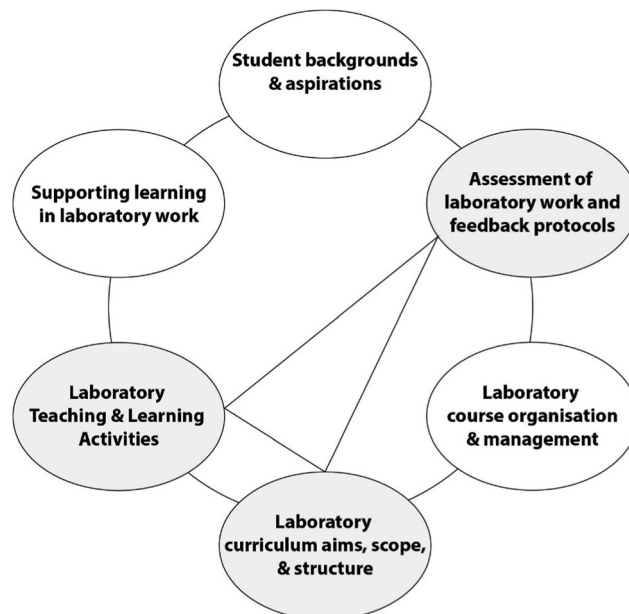


Fig. 1 Constructive alignment between intended curriculum outcomes, teaching and learning activities, and assessment of activities (shaded areas connected by triangle) is a useful approach to laboratory curriculum design; however the additional contextual influences to be considered prompt thought into how the curriculum can be enacted in specific contexts, ensuring congruence across the intended – and experienced – curriculum (based on Hounsell and Hounsell, 2007).

context of laboratory teaching. This is especially important in light of previous writings on the disharmony in laboratory teaching approaches. For example, as well as ensuring alignment of teaching and learning activities with appropriate assessment, enacted practice could also consider how we support learners in engaging with those activities (through the use of pre-laboratory activities; our *Guiding Principle 3*), align with student backgrounds and aspirations so that learners can engage in a meaningful way (captured in our guiding principles relating to designing for inclusion of all students and their prior learning; our *Guiding Principle 1*) and embed opportunities for creativity (our *Guiding Principle 7*). In other words, we have used Hounsell and Hounsell’s model to ensure our principles cover the various dimensions of curriculum they identify, and consequently promote congruence between these dimensions. They are presented as follows in the sequence of laboratory purpose and design (Guiding Principles 1–2), preparatory work and in-laboratory teaching and learning (Guiding Principles 3–7), and laboratory assessment, feedback, and reflection on learning (Guiding Principles 8–10).

Guiding principles for learning in the laboratory

Guiding Principle 1: create laboratory environments that are accessible and conducive to learning

This first guiding principle draws from recent discourse about how we create accessible learning environments that are



conducive to learning (Egambaram *et al.*, 2022); that is to say it focuses on a consideration of who the students in our laboratory courses are. Students entering our laboratory courses can bring (i) a broad range of prior knowledge, (ii) perceptions about laboratory learning, (iii) learning approaches they plan to adopt in the laboratory, and (iv) awareness of learning outcomes (Prosser and Trigwell, 1999). Much of modern educational discourse leans on the educational psychologist's David Ausubel's statement "*The most important single factor influencing learning is what the learner already knows. Ascertain this and teach [them] accordingly*" (Ausubel, 1968, p. vi). Bretz and co-workers extend this consideration to emphasise the role of meaningful learning in the specific context of the laboratory. As well as connecting new learning to students' prior knowledge, they advocate that meaningful learning occurs when learning materials are designed so that students can make connections to this prior knowledge, through facilitating their engagement with this content (Bretz *et al.*, 2013; Galloway *et al.*, 2016). This aligns well with Hounsell and Hounsell's advocacy of consideration of student backgrounds and aspirations (Fig. 1).

Tangible actions that can be taken to account for students' prior experiences are summarised in Table 1. The greatest diversity of prior knowledge in laboratory learning is likely to be when students first take up laboratory work at university, as there will be a broad diversity of prior experiences and competencies. Reviewing curriculum specifications at school level can give highly detailed information on the range of skills and competencies covered at school (for example, in the United Kingdom, see Read and Barnes, 2015, p. 38). Care is needed then to build in to early university work activities that can help students connect with prior knowledge and make the bridge to university work. Examples include highly structured activities for those new to chemistry and with little prior laboratory experience (Spagnoli *et al.*, 2017), a bridging course in advance of the formal laboratory work to introduce the university laboratory experience (Spencer-Briggs and Rourke, 2023), and guidance to support students moving from one education system to another (Hyde *et al.*, 2023). One of the most common challenges relates to helping students learn about common laboratory skills that may have been taught to varying levels (or not at all) in prior education, and structured activities that

focus on learning these skills (rather than the associated experiments that use them) have proven to be valuable (Townsend *et al.*, 2015; Hensiek *et al.*, 2017; Seery *et al.*, 2017). These variations in student experiences are most obvious at the beginning of undergraduate education, but similar principles apply throughout their studies. Those involved in teaching laboratory work at each stage should consider what students' prior experiences were, and whether there is variability in those experiences, so that learner support can be planned as needed.

As well as diversity in laboratory competencies based on prior experiences, there will likely be other diversities among student cohorts, and therefore laboratory work should be designed to ensure it is accessible to all students, and staff (Egambaram *et al.*, 2022). Flaherty recently discussed sensory overload in laboratory environments (Flaherty, 2022), which highlights several considerations that could enhance the learning experience for neurodivergent students, but in fact offer good design principles for *all* students. This concept of universal design – preparing learning environments so that they are accessible to all students rather than the need to accommodate particular student needs on a case by case basis – is gaining substantial momentum and has previously been outlined for laboratory settings by Miller and Lang (2016). Universal design approaches for laboratory teaching that facilitates students who are blind or have low vision have also been described, emphasising the use of accessible materials and incorporation of tangible models and text-to-speech instrumentation (D'Agostino, 2022). There is extensive work on pedagogical approaches of d/Deaf and hard of hearing students, with suggested technologies including chat/instant messaging facilities to complement verbal dialogue (Pagano and Quinsland, 2007). Universal design approaches intend to move away from a "deficit" framing of students and their abilities, and instead introduce approaches that can be of benefit to all learners. Such approaches have ongoing benefits, such as supporting students who may be studying in a second language. Hyde describes the use of photographs with English and Chinese labels used in laboratory teaching materials to help learners identify instrumentation and learn the term for them, as well as allowing for students to take and use photographs of explanations and experimental set ups that they could use for follow up questions or in their own study (Hyde, 2019). General

Table 1 Actions to take to align with *Guiding Principle 1* and associated exemplary practices from the literature

Action	Examples
Review school curricula or other pre-requisite/co-requisite learning to ensure alignment with intended laboratory activities, supporting students as appropriate to empower them to engage in line with course expectations	<ul style="list-style-type: none"> • Structured activities to help students learn about elaborate environment (Spagnoli <i>et al.</i>, 2017) • Bridging courses to connect prior learning to new learning (Spencer-Briggs and Rourke, 2023) • Emphasis on laboratory skills and techniques needed for competent laboratory work (Hensiek <i>et al.</i>, 2017; Seery <i>et al.</i>, 2017)
Ensure inclusion of all learners by presenting material in accessible ways to allow for text-to-speech, translation, and other student-led adaptations of materials	<ul style="list-style-type: none"> • Establish an accessible culture prioritising inclusion of all students and staff (Egambaram <i>et al.</i>, 2022) • Embedded accessibility in all documentation in line with principles of universal design for learning (Miller and Lang, 2016; D'Agostino, 2022) • Consideration of range of abilities and means of communication of students in laboratory settings (Pagano and Quinsland, 2007; D'Agostino, 2022)



organic chemistry laboratory work, Gorman *et al.* (2021) used this framework to guide the preparation of students for the techniques that they would need to complete by prompting students to read the procedure in advance, watch associated technique videos, and answer questions based on these techniques. Rodriguez and Towns (2018) tasked students in advance of their general chemistry laboratory work to write pre-laboratory questions that focussed on connecting between the conceptual content, the purpose of the experiment, and the related method, aligning this approach with the scientific practices of planning and carrying out investigations. Seery *et al.* (2019a; 2019b; 2019c) described similar intentions for advanced physical chemistry laboratories, advocating preparative materials that would enable students to learn why particular approaches were useful for the experimental goals, alongside the rationale for overall experimental considerations. Moozeh *et al.* (2019) describe their design of pre-laboratory animations and quizzes in organic chemistry that aimed to elaborate on theory, rationale for procedures, and on the purpose of the experiment in relation to students' overall learning goals. These examples illustrate how pre-laboratory activities can actively engage students and help scaffold students' understanding of what to focus on and how to engage in laboratory activities, rather than just providing general information in a passive way.

Pre-laboratory activities typically incorporate some kind of quiz or prompting questions, which enable students to check their understanding, as well as highlight the priorities of the intended laboratory work through what is exemplified in the questions asked (Rodriguez and Towns, 2018). Other approaches avoid direct quizzing of materials, and instead incorporate discussion at the beginning of laboratory classes that is based on preparation activities (Seery *et al.*, 2019a; 2019b; 2019c), or even discussion facilitated in online settings prior to class (Veiga *et al.*, 2019). All of these approaches had well-designed preparation activities built into curriculum delivery, which were aligned with the intended student activity

in the laboratory, and the consequent assessment of laboratory work.

Pre-laboratory activities will help students set expectations for what is intended with laboratory work. Coherence of pre-laboratory activities with the intended learning goals (see *Guiding Principle 2*) help students align the priorities regarding the purpose of their attention, and relate this with other, often theoretical, aspects of their curriculum (Moozeh *et al.*, 2019). This last point requires explicit consideration; recent work such as that by Finne *et al.* (2021) have demonstrated that students have many a range of different conceptions of laboratory work and its purpose, as well as a variety of considerations about the integration of theory and practical work (Finne *et al.*, 2023). Preparation activities can help clarify these intended goals for students to enable them to engage in a meaningful way to align with these goals. Some general guidance drawn from across these approaches can be summarised for those considering developing their own preparation materials (Table 4).

Guiding Principle 4: design scenarios to promote dialogue

Teaching laboratories are inherently active learning environments, with staff:student ratios that are conducive for dialogue and extended engagement with students. This is highly valued by students and staff (Jørgensen *et al.*, 2023), with the time and opportunity to directly interact with teachers in the laboratory setting playing an important role for the scaffolding of students' learning through dialogue and feedback (Finne *et al.*, 2022). However, available laboratory time will often be busy with activities, leaving students little time to reflect on what they are doing and what they are finding out. Conversely, time that could have been used on dialogue and reflection is seen as being wasted (Finne *et al.*, 2021). The intended learning outcomes will likely not be achieved if the students are just "doing things" in the laboratory without conceptualizing them. Students have to reflect on what they do with peers and instructors, as they do it; or what has been described elsewhere as reflection-in-action (Schön, 1983).

Table 4 Actions to take to align with Guiding Principle 3 and associated exemplary practices from the literature

Action	Example
Decide on format and design of pre-laboratory activities ensuring their alignment with learning goals and assessment intentions	<ul style="list-style-type: none"> • Screencast videos with combination of notes slides and laboratory activities highlighting conceptual and practical information needed in advance of laboratory work (Schmidt-McCormack <i>et al.</i>, 2017) • Information describing concepts necessary in advance of practical work along with some context to give real world context and broader utility value to increase motivation and engagement (Moozeh <i>et al.</i>, 2019) • Prompts to read laboratory manual and associated technique videos which highlighted existing and new skills associated with the experiment (Gorman <i>et al.</i>, 2021)
Incorporate mechanisms to check intended learning	<ul style="list-style-type: none"> • Quizzes to be completed in advance of practical work emphasise connection between content, purpose, and method/approach (Rodriguez and Towns, 2018) • Discussion prompts facilitate dialogue between teaching assistants and students at the beginning of class that builds on preparation activity (Seery <i>et al.</i>, 2019a; 2019b; 2019c) • Pre-laboratory discussion forum where students could contribute to and view discussions about preparing for laboratory work (Veiga <i>et al.</i>, 2019)



productive, active space where student learning is supported through dialogue and feedback around the process of doing science (Jørgensen *et al.*, 2023).

Dialogue also extends into the feedback that we share with students in assessment. Assessment and feedback are discussed more fully later (*Guiding Principles 8 and 9*) but it is useful to consider dialogue forms that may be used as suggestions for kinds of dialogue that may occur in the laboratory. These include “corrective” comments, which aim to correct a mistake directly, “directive”, which aim to promote awareness of the way that things should be done, and “epistemic”, which aim to prompt thought about additional or related actions (Kirschner and Neelen, 2018). Discussion and sharing of these conversation types among the laboratory teaching community will help to ensure consistency and share good practice. These informal feedback protocols *in* the laboratory can be fostered through a discursive and dialogic approach (Agustian, 2022), which refers to feedback on what students are doing in the laboratory by eliciting their reasoning and chemical thinking.

Guiding Principle 5: include tangible opportunities for students to learn about safe and sustainable practices

Because of the mostly routine nature of scheduling laboratory work, many of the considerations relating to safety and sustainability associated with laboratory teaching are pre-determined well in advance of actual teaching. These considerations are part of the professional practice regarding laboratory work, but students may not be aware of them as they are often implicit in implementation. For example, decisions regarding choice and amount of chemicals to use are typically made in the planning phase, in advance of students' participation. Many of these decisions could afford the opportunity to model professional activities that relate to safe and sustainable practices if they were made explicit. Where feasible, involving students more proactively in these decisions means they can observe and model how professional decisions are made in this context. This relates to factors that are important for building a safety-conscious culture; (i) administrative commitment safety – the infrastructure and supports in place to promote a safety culture; (ii) safety leadership – the explicit and implicit messages from those in teaching scenarios about the importance of safety; (iii) laboratory hazard recognition – identifying hazards involved in teaching laboratories; and (iv) laboratory safety practices – how appropriate safety procedures are practiced in

the laboratory (Marin *et al.*, 2019). As has been said for laboratory teaching as a whole, it is likely that a safety-conscious culture will be productive when all those involved in the teaching context share a common message and perspective.

Promoting a safety-conscious culture therefore involves a combination of approaches (Table 6), from demonstrating and emphasising the importance of safety considerations in curriculum structure and learning materials, through to engaging students directly in the considerations about the identification of hazards and the lowering of associated risks. The most convenient means of engaging students in safety considerations is to involve them as part of their overall experience. A substantial suite of resources aligned to the incorporation of hazard identification and minimisation has been shared through the American Chemical Society Center for Lab Safety (2023), alongside a complementary framework for inclusion of associated activities in undergraduate teaching (Bocwinski *et al.*, 2021; Finster, 2021). Other available materials include various hazardous scenarios (Gaynor, 2021) and quizzes for students to check their understanding of safety issues prior to laboratory work (Loughlin and Cresswell, 2021). These preparatory activities can be continued in the laboratory session itself, such as a focus on the handling and disposal of laboratory materials (Walters *et al.*, 2017). In terms of overall curriculum design, these approaches will scaffold students' approaches in preparation for any future independent laboratory work.

An increasingly important consideration regarding professional identity is the growth in importance of sustainability: 90% of respondents to a large survey ($n = 670$) from the Royal Society of Chemistry who were working in chemistry sciences research laboratories agreed that it is important to consider sustainability in their day-to-day work (Royal Society of Chemistry, 2022). Broader issues relating to sustainability can be introduced either in the laboratory activities or as associated discussion exercises. For example, substantial work on microwave chemistry as alternatives to traditional synthesis approaches is a useful platform for students to consider energy demands of industrial synthesis or as a prompt for considering the sustainability of raw materials involved in the laboratory activities (Diekemper *et al.*, 2019). Emerging work in systems thinking (Reynders *et al.*, 2023) provides curriculum approaches for connecting source of materials being used in the context of overall sustainability (Murphy *et al.*, 2019; Paschalidou *et al.*, 2022). The intention is that discussion about

Table 6 Actions to take to align with Guiding Principle 5 and associated exemplary practices from the literature

Action	Example
Promote a culture of safety by ensuring consistency in message across all dimensions of laboratory work, empowering students to take knowledgeable actions in relation to safety	<ul style="list-style-type: none"> Formalise a framework for embedding safety culture and considerations into curriculum design and delivery (Finster, 2021) Sharing of resources and messaging emphasising strong safety culture giving students agency about their safety (Walters <i>et al.</i>, 2017; Marin <i>et al.</i>, 2019; Gaynor, 2021; Loughlin and Cresswell, 2021)
Incorporate opportunities to discuss sustainability in relation to the conduct of laboratory work, through options of alternative approaches or in consideration material use and source	<ul style="list-style-type: none"> Laboratory activities that consider sustainability in a meaningful way (Diekemper <i>et al.</i>, 2019; Paschalidou <i>et al.</i>, 2022)



how to move towards more sustainable laboratory practices should not be implicit, but rather needs to be made visible to and discussed with students.

Guiding Principle 6: model modern scientific work practices through facilitation of group and interdisciplinary work

To further the development of understanding scientific processes and practices described in previous guiding principles, it is valuable to raise awareness about the extent to which scientific advancements are grounded in work done by large and often multi-disciplinary teams (Fortunato *et al.*, 2018). The average number of authors on research papers increased from 1.9 in 1955 to 3.5 in 2000 (Wuchty *et al.*, 2007). At the undergraduate stage, group and team dynamics can be developed by activities that demonstrate how individual contributions align with overall team goals. This is a challenging task, as it may differ substantially from the predominant experience of viewing learning as a matter of individual acquisition. Furthermore, students' prior experiences may involve only completing a well-defined laboratory task in isolation or in pairs. It also adds challenges to the teaching scenario when facilitating productive groupwork, and useful guidance on rubrics for assessing and thus facilitating group work, including aspects such as interpersonal communication (Reynders *et al.*, 2019).

A common approach to introduce collaboration through teamwork is by facilitating variance in experimental procedures such as reagents or conditions, so as to generate a larger dataset for analysis. Encouraging students to be aware of variance in methods and results has a potential for developing a critical mindset regarding experimental data (Agustian *et al.*, 2022b). Examples from the literature include experiments in organic synthesis (Santos Santos *et al.*, 2010) and spectroscopy (Marincean *et al.*, 2012), demonstrating the utility of this approach in more challenging laboratory contexts. MacKay and Wetzal (2014) provide extensive detail on this approach in an experiment where different students in the cohort are tasked with exploring different aspects that may affect the Wittig reaction, with students required to make a hypothesis about their choice of reagent (from an approved list) and conduct an experiment to test that hypothesis. Data compilation and sharing in an online space at the end of the experiment facilitates further refining of hypotheses and analysis as students prepare their final reports. As well as varying parameters within an individual experiment, other work has explored how differing team contributions in a laboratory setting

can contribute to a shared understanding. An innovative analytical chemistry laboratory course tasked different groups of students with quantitative analysis, but with each team given one of an array of experimental techniques (Schwarz *et al.*, 2020). As a plenary, students were tasked to present their poster in clusters (with each cluster being a combination of all available techniques).

More complex interdisciplinary work involving interaction outside of the teaching context is more challenging to coordinate. However, there are instances where this can be achieved simply, such as where compounds prepared by students in an organic laboratory are used as starting materials for students in another laboratory (Kasting *et al.*, 2015). More tangible interdisciplinary activities – where students interact with topics outside their discipline – are typically reserved for more advanced specialist or research work. Some valuable reports are available as exemplars, such as the synthesis and subsequent biological activity of nanoparticles (Scott *et al.*, 2023), or synthesis and DNA-binding capacity of ruthenium complexes (Rabago Smith *et al.*, 2012).

While dialogue scenarios (*Guiding Principle 4*) are a good way to structure this discussion, this work often extends into post-laboratory work and the consequent laboratory report that students are usually tasked to prepare. Guidance for students on how they can engage in this data sharing and discussion has been elaborated on by McGarvey (2020). This kind of approach offers valuable opportunities for discussion of broader ethical issues relating to recording and representing results obtained in the laboratory. This is an issue that has gained substantial attention in recent years with several high-profile cases of false or misrepresented data, suggesting a need for more pro-active consideration in our curricula. Early work in undergraduate laboratories could focus on appropriate means to handle data and discuss errant results (Johansen and Christiansen, 2020) (Table 7).

Guiding Principle 7: embed opportunities for creativity and open experimentation

Bretz's work on meaningful learning in the laboratory points to the importance of students making a conscious choice to build connections between prior knowledge and their new learning materials (Bretz *et al.*, 2013). Such a choice will be influenced by interest and engagement. Students attending university place

Table 7 Actions to take to align with Guiding Principle 6 and associated exemplary practices from the literature

Action	Example
Encourage students to think about collaborative approaches to doing science though the design of activities whereby each student contributes a component of the overall result	<ul style="list-style-type: none"> • A range of collaborative approaches are possible, through sharing out different experimental protocols (MacKay and Wetzal, 2014; Kasting <i>et al.</i>, 2015) • Tasking students with a range of complementary activities to contribute to a whole result (Schwarz <i>et al.</i>, 2020) • Introducing inter-disciplinarity with different disciplines contributing to an overall conclusion (Rabago Smith <i>et al.</i>, 2012; Scott <i>et al.</i>, 2023)
Structure student work in the processing and interpretation of data in their post-laboratory activities, including guidance on good practice and ethical considerations in relation to data handling	<ul style="list-style-type: none"> • Data pooling activities can open up conversations about data, experimental error, and how to handle variable results in a way that is meaningful to students (Johansen and Christiansen, 2020; McGarvey, 2020)



high emphasis on joining laboratory courses and have high expectations of how they will differ from their prior learning, but are often *underwhelmed* by the laboratory work they experience, and increasingly so as they move through their programme of study (George-Williams *et al.*, 2019b). Even for students who are choosing to specialise in chemistry, their main intention when undertaking laboratory work in traditional settings is to complete the laboratory work as efficiently as possible (DeKorver and Towns, 2016). This observation will not surprise those who teach in laboratories, and it is one that has led to a long legacy of efforts to increase interest and motivation in laboratory learning, such as seeking to connect content with real world context and/or by introducing meaningful “experimentation” by situating laboratory work in the context of particular problems to be addressed (some examples include Kelly and Finlayson, 2007; McDonnell *et al.*, 2007; Flynn and Biggs, 2012; Shultz and Li, 2016; Dood *et al.*, 2018; George-Williams *et al.*, 2018a; Hamper and Meisel, 2020; Varadarajan and Ladage, 2022).

Perhaps the easiest means of introducing interest and allowing for creativity is to situate the laboratory in a real world context (Ziebell *et al.*, 2019). George-Williams *et al.* (2020) describe an impressive array of laboratory experiments set in professional and real-world contexts designed with industry partners. Their work demonstrated that alongside general enjoyment and engagement with context-based laboratories, the specific focus on industry-relevant materials and ‘workforce context’ was appreciated by students, as they were learning chemistry that was relevant to society. This was especially highlighted in the contrast the same students reported about their experience of and engagement with traditional laboratory approaches.

Situating laboratory work in real world contexts allows for some trial and error, making decisions, and other aspects of “doing science” that come under an umbrella term of open experimentation. It is clear that while safety and organisational pragmatism will limit what students can do, there are many examples of empowering students to design and lead their own experimental approaches within guided frameworks. Such an approach means that the associated assessment needs to shift from getting “the right answer” to how students conduct the task – from product to process – as well as time for students to try out things and reconsider approaches based on experimental

observations. Deciding on the extent to which to allow for open-ended approaches needs some care. Substantial work under the umbrella of inquiry based learning has led to the characterisation of different levels of inquiry (Fay *et al.*, 2007; Bruck *et al.*, 2008; Xu and Talanquer, 2013, see rubric included in Supplemental Information to cited article) with levels categorised using terms such as verification, structured, guided, and open. These provide useful templates for thinking about which aspects of the laboratory work to provide guidance for, and which aspects are given to students to decide on. In moving from verification to structured, for example, learners’ specific instructions on what procedure to follow may be replaced by the prompt on what data is to be gathered, along with general procedural guidance that omits specific instructions. Care is needed to appropriately structure increasing extents of openness and this often needs to be built in to curriculum design approaches, so that the overall engagement is supported (George-Williams *et al.*, 2020). Students may be capable of identifying individual components of work in an overall experiment, but less so at drawing those concepts together without prior experience (Scoggin and Smith, 2023), so curriculum design approaches need to consider how to build students’ capacity in these decision-making processes. This can be done by getting students to discuss their choices prior to actual work (Mistry *et al.*, 2016; Varadarajan and Ladage, 2022) or allowing students gain familiarity in approaches before embarking on using it in a more open-ended way (Seery *et al.*, 2019a; 2019b; 2019c; Thomson and Lamie, 2022).

Alongside capstone-research projects in the final year, course based undergraduate research experiences in other years allow further opportunity to include inquiry and creativity. A recent overview on the implementation of CUREs including those with large enrolment classes advocates some core principles that can be embedded in these research experiences; namely building from hypothesis development, providing time in the laboratory to develop the necessary skills and engage in experimentation, and allowing for evaluation of data in light of the hypothesis under consideration (Watts and Rodriguez, 2023). Such activities have been shown to foster increased interest, engagement, and persistence of study in other disciplines (Jordan *et al.*, 2014; Hanauer *et al.*, 2017) (Table 8).

Table 8 Actions to take to align with Guiding Principle 7 and associated exemplary practices from the literature

Action	Example
Incorporate opportunities for students to engage with laboratory content creatively through the use of real-world contexts	<ul style="list-style-type: none"> • Laboratories situated in societal or industrial context enthused and motivated students and offered scope for creative engagement (Dood <i>et al.</i>, 2018; George-Williams <i>et al.</i>, 2018a; George-Williams <i>et al.</i>, 2020) • Course based undergraduate research experiences allow time and space for hypothesis development, skills work and experimentation, and evaluation and analysis of data (Watts and Rodriguez, 2023)
Determine opportunities to build in open experimentation for students that are structured so that they can engage in a meaningful way	<ul style="list-style-type: none"> • Determine the extent of ‘level’ of openness and how current laboratory work could be adopted (Xu and Talanquer, 2013) • Ensure students are supported by considering the various aspects of what is new to them in a given scenario (Scoggin and Smith, 2023) • Build in activities to help students gain confidence or capability in more open-ended approaches (Mistry <i>et al.</i>, 2016; Seery <i>et al.</i>, 2019a; 2019b; 2019c; Thomson and Lamie, 2022)



Table 10 Actions to take to align with Guiding Principle 9 and associated exemplary practices from the literature

Action	Example
Share intentions with students for how formative and summative assessment will be incorporated into the module and ways for students to develop their understanding of feedback	<ul style="list-style-type: none"> • Discuss with students (and staff) intentions relating to feedback, and the role of formative feedback in the laboratory (Jørgensen <i>et al.</i>, 2023) • Opportunities for draft feedback (Basso, 2020), or for feedback given to be meaningfully incorporated into future work (Ellegaard <i>et al.</i>, 2018)
Consider ways to incorporate self- and peer-feedback	<ul style="list-style-type: none"> • Highly structured self- and peer- feedback activities for students to complete as part of their work (Lim, 2009; Lim, 2015; Lau, 2020; Musgrove, 2023; Bertram and Tomas, 2023) • Rubrics provide powerful means for students to engage in self-assessment (Reynders <i>et al.</i>, 2019; Reynders <i>et al.</i>, 2020)

outcomes. Bertram and Tomas (2023) extended this idea to incorporate evaluative judgements in a large project-based course, resulting in a series of feedback reflection stages in curriculum delivery, where students compared their self-assessment with instructor feedback, with action planning for future work incorporated as a means to help students take actionable steps for how they would approach their next activity, or future work. Approaches for prompting student engagement with formative feedback are summarised in Table 10.

Guiding Principle 10: provide a mechanism by which students can document and showcase their learning

Laboratory experiences are a core aspect of learning chemistry, but unlike taught aspects of the curriculum such as lectures, the experience of laboratory work is ephemeral. Lectures generate artefacts such as lecture notes and in more recent times, are video-recorded for review at later date. The experience of laboratory work – because of its specialised nature – remains in the laboratory. Laboratory reports are tangible artefacts generated as a result of laboratory work, but relate more to the documentation of completed work and subsequent analysis, rather than the activities completed within the laboratory itself. This raises the question then that while students are aware of the potential value of laboratory skills for post-graduation employment (Hill *et al.*, 2019; Hill *et al.*, 2022), there is less certainty on how students can showcase their laboratory experience in a meaningful way.

Assessment activities described in *Guiding Principle 8* involving direct assessment of laboratory skills provide one such mechanism. Many of these approaches involved awarding to students tangible certification – known as micro-credentials – realised

in the form of digital badges. These aim to provide statements of achievement in specific techniques, acknowledging students' capacity to complete a technique to a defined standard. The intention is both to highlight to students their own portfolio of skills, and allow them to share it with others. If evidence such as video that led to the awarding of the digital badge is also in the public domain, students can showcase this directly as well, even in the absence of a digital badge (Seery, 2017).

Raising awareness among students themselves of their compilation of learning from a laboratory course likely needs plenary activities, so as to lift attention from the specific aspects of particular laboratory activities to the more general learning gained from a course. Reflection activities have been implemented that aim to prompt students into thinking about their thought processes as they worked in the laboratory, drawing together different forms of knowledge about the experiment and the procedure, as well as how they communicated their work, all in the context of the time available and engaging with others in the laboratory (Davidowitz and Rollnick, 2003). Such an approach aims to help students reflect on the bigger picture of their laboratory work to prompt thoughts of their own capabilities. Modifying reflection “exit interviews” such as those proposed by Crawford and Kloepper (2019) is another way to facilitate these activities. Other approaches to fostering reflection include an end-of-course critical reflection assignment, with students tasked to reflect on learning in a project laboratory, supported by detailed guidance prompts, including thinking about future directions (Burnham, 2020).

Similar structures to promote planning for future were incorporated in a project-based module by Bertram and Tomas (2023). Sharing detailed guidance provided to students, this work advocates working with students so that they can build on

Table 11 Actions to take to align with Guiding Principle 10 and associated exemplary practices from the literature

Action	Example
Include options for students to document their learning and skills in a manner that enables them to be showcased externally	<ul style="list-style-type: none"> • Offering students ability to record and share videos of them working in a professional environment (Seery <i>et al.</i>, 2017) • Sharing of explicit acknowledgement of skills (such as in the form of digital badges) help students express what skills and competencies they have gained as a result of laboratory work (Hill <i>et al.</i>, 2022)
Provide opportunity for reflection so that students can compile and outline their learning on their laboratory course	<ul style="list-style-type: none"> • Embedding assessment and other reflection activities for students to actively think about their progress in learning (Crawford and Kloepper, 2019; Burnham, 2020; Bertram and Tomas, 2023)



their feedback holistically, and plan future approaches, with prompting questions about recognising areas of strength from positive feedback, noting developmental comments, and thinking about actions to take in the future (Table 11).

Conclusions

These 10 guiding principles intend to help those involved in laboratory teaching explore ways in which they can consider their laboratory curriculum design and delivery, and a means to make appropriate changes to their laboratory courses or programmes. By aligning with Hounsell and Hounsell's congruence framework, we intend to consider the various aspects of laboratory curriculum design and delivery as they are enacted in practice. We share them at a time when many institutions and educators are looking at the post-COVID landscape which has prompted significant calls for reform. We intend these guiding principles to be a benchmark – a minimum set of expectations drawn from the past decade of research for considering laboratory teaching and learning environments.

Of course the nature of our disciplinary cultures means that many innovative approaches to teaching and learning in university laboratories have been published over the last decade. Substantial progress has been made, for example, in virtual reality settings for laboratory work (Dunnagan *et al.*, 2020; Gallardo-Williams and Dunnagan, 2022) with reports regarding their benefit to meaningful learning (Williams *et al.*, 2022). Mobile phone technology advancements (Moraes *et al.*, 2014; Koesdjojo *et al.*, 2015; Moraes *et al.*, 2015) and other low cost instrumentation (O'Donoghue and Fitzsimmons, 2022) have meant that students have easy access to a 'scientific instrument', allowing science to be carried out in a range of scenarios outside the lab. Augmented reality has demonstrated new and interesting ways in which contextual information can be shared as and when students engage in laboratory practices (Zhu *et al.*, 2018; Domínguez Alfaro *et al.*, 2022). Chemists – like all educators – are considering the impact of readily accessible artificial intelligence tools in their teaching and learning contexts, including the particular impact on laboratory education (West *et al.*, 2023). These latest tools offered by the forefront of technological advances are exciting (and daunting), but we believe it is feasible to consider them within the remit of our guidelines. Educators pondering the role of virtual reality, for example, may wish to think about the place of experimental craft in their learning outcomes (*Guiding Principle 2*), or whether these materials are valuable for enabling preparation (*Guiding Principle 3*). Augmented reality may be a prompt to consider formative feedback mechanisms – giving students feedback as they conduct a technique, for example (*Guiding Principle 9*). Artificial intelligence tools could be useful dialogue partners to consider results (*Guiding Principle 4*), or prompt reflection on suggested safety protocols (*Guiding Principle 5*). In other words, as with the early reports on video-taped media to help students prepare for laboratories in the 1970s (Simpson, 1973) or interactive simulations in the 1980s

(Moore *et al.*, 1980), educators today can choose how these additional considerations and opportunities can affect their teaching and learning approaches, with those approaches guided by core principles. As our guidelines aim to influence what these core principles are, we hope that they will be of value and use to educators whatever their own particular context.

Conflicts of interest

There are no conflicts to declare.

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