

PAPER

View Article Online
View Journal | View Issue



Cite this: *Biomater. Sci.*, 2025, **13**, 3264

Biocompatible composite hydrogel with on-demand swelling-shrinking properties for 4D bioprinting†

Peter J. Jensen,^a Josh P. Graham,^a Trevor K. Busch,^a Owen Fitz,^a Sivani Jayanadh,^{a,b} Thomas E. Pashuck^{a,c} and Tomas Gonzalez-Fernandez^{a,c}

Hydrogels with tunable swelling and shrinking properties are of great interest in biomedical applications, particularly in wound healing, tissue regeneration, and drug delivery. Traditional hydrogels often fail to achieve high swelling without mechanical failure. In contrast, high-swelling hydrogels can absorb large amounts of liquid, expanding their volume by 10–1000 times, due to low crosslink density and the presence of hydrophilic groups. Additionally, some high-swelling hydrogels can also shrink in response to external stimuli, making them promising candidates for applications like on-demand drug delivery and biosensing. An emerging application of high-swelling hydrogels is four-dimensional (4D) printing, where controlled swelling induces structural transformations in a 3D printed construct. However, current hydrogel systems show limited swelling capacity, restricting their ability to undergo significant shape changes. To address these limitations, we developed a high-swelling composite hydrogel, termed SwellIMA, by combining gelatin methacryloyl (GelMA) and sodium polyacrylate (SPA). SwellIMA exhibits a swelling capacity over 500% of its original area and can increase its original water weight by 100-fold, outperforming existing materials in 4D bioprinting. Furthermore, SwellIMA constructs can cyclically swell and shrink on-demand upon changing the ionic strength of the aqueous solution. Additionally, SwellIMA demonstrates superior cytocompatibility and cell culture properties than SPA, along with enhanced 3D printing fidelity. These findings demonstrate SwellIMA's potential for advanced 4D printing and a broad range of biomedical applications requiring precise and dynamic control over hydrogel swelling and shrinking.

Received 11th April 2025,
Accepted 28th April 2025
DOI: 10.1039/d5bm00551e
rsc.li/biomaterials-science

1. Introduction

Hydrogels with customizable swelling and shrinking properties have gained significant interest in various biomedical fields. Due to the crucial role of swelling in the absorption of blood and wound exudates, the transfer of nutrients and metabolites, and drug diffusion and release, hydrogels with a high swelling capacity have been extensively used in wound healing,¹ tissue regeneration,² and drug delivery.^{3,4} However, conventional hydrogels often fail to swell beyond 20% of their original volume without becoming brittle and experiencing mechanical failure. High-swelling hydrogels, defined as materials capable of swelling more than 10–1000 times their initial weight, can

absorb large amounts of liquid within their three dimensional (3D) structure without dissolving, resulting in rapid volume expansion.^{5,6} This property is due to the low crosslink density in the hydrogel network and the presence of hydrophilic groups, such as amino, hydroxyl, and carboxyl groups, on the polymer chains.^{5,6} Additionally, some high-swelling hydrogels can also shrink in response to environmental stimuli such as pH,⁷ temperature,⁸ and ionic strength.⁹ This stimuli-responsive behavior is promising for different applications such as promoting wound closure,¹⁰ inducing cell condensation,¹¹ triggering drug release,¹² and biosensor design.¹³

The versatility of high-swelling hydrogels has enabled their integration into advanced fabrication techniques such as 3D bioprinting, allowing the production cell-laden constructs for biomedical applications. Using techniques such as extrusion-based bioprinting (EBB), jetting-based bioprinting, and vat photopolymerization, 3D bioprinting replicates biological tissues for applications in tissue engineering, drug delivery, and active cell delivery. EBB uses controlled pressure to extrude hydrogels and cells through a hollow-tip needle, enabling the fabrication of well-defined 3D structures.¹⁴ Jia *et al.* applied this approach to address the need for angiogenesis in living tissues,

^aDepartment of Bioengineering, Lehigh University, Bethlehem, PA, USA.
E-mail: tomasgf@lehigh.edu

^bDepartment of Biomedical Engineering, SRM Institute of Science and Technology, Kattankulathur, Tamil Nadu, India

^cPolymer Science and Engineering Program, Lehigh University, Bethlehem, Pennsylvania, USA

†Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d5bm00551e>



designing a material that combines GelMA, alginate, and poly(ethylene glycol)-tetra-acrylate using EBB methods.¹⁵ Jetting-based bioprinting builds 3D structures layer by layer using sub-nanoliter droplets of biomaterials and cells, while vat photopolymerization employs ultraviolet (UV) or visible light lasers within a resin bath to generate high-resolution constructs.¹⁶ Although these methods provide precise control over structure and resolution, the static nature of printed constructs limits their adaptability to environmental changes *in vivo*.¹⁷

To overcome this limitation, an emerging approach known as four-dimensional (4D) printing incorporates the dynamic properties of high-swelling hydrogels to induce structural or functional transformations in 3D-printed structures.^{18,19} One of the most studied mechanisms in 4D printing involves shape transformation through hydrogel swelling. This is achieved by immersing the 3D-printed constructs in a swelling medium, such as water, phosphate-buffered saline (PBS), or cell culture medium, depending on the specific application.¹⁹ A common approach is to use a two-layer strategy, where hydrogels with varying swelling capacities are patterned in a bilayer configuration.^{20–23} This anisotropic swelling induces internal strain, causing the structure to bend towards the side with lower swelling capacity.^{20–23} Ding *et al.* explored this strategy by patterning UV-curable hydrogels with varying swelling capacities.²³ These hydrogels were produced by tuning crosslinking parameters such as the UV exposure time, photoinitiator concentration, polymer concentration and layer thickness, allowing precise control over the bending angle after hydration.²³ Similarly, Díaz-Payno *et al.* 3D-printed tyramine-functionalized hyaluronan (HAT, high-swelling) and alginate with HAT (AHAT, low-swelling) bioinks in a bilayer configuration, enabling fine control over the bending curvature of the constructs post-hydration.²⁰ While these swelling-based approaches enable high-resolution shape changes, these hydrogels exhibit a limited swelling capacity, typically expanding only 2–3 times their original volume. This moderate swelling can restrict their ability to undergo significant shape changes, especially in biological environments where external forces are exerted on the hydrogels. To overcome this limitation, Hiendlmeier *et al.* used stereolithography (SLA) to 3D print a super-swelling hydrogel composed of hydroxyethyl-methacrylate (HEMA) and sodium polyacrylate (SPA).²⁴ Upon hydration, the hydrophilic sodium polyacrylate residues absorbed water, causing swelling up to 20 times the hydrogel's original weight and enabling it to resist external forces of up to 100 kPa.²⁴ Although the authors confirmed that the hydrogel is non-cytotoxic, the synthetic nature of its components limits its bioactivity, making it less suitable for physiological applications. Therefore, there is a need for super-swelling materials for 4D bioprinting that can interact more effectively with biological systems and support dynamic cellular processes.

Gelatin methacryloyl (GelMA) is one of the most used UV-crosslinkable natural polymers in the fields of biomaterials, tissue engineering, and 3D printing due to its biocompatibility and favorable rheological properties. GelMA is synthesized by reacting gelatin with methacrylic anhydride, substituting

amine and hydroxyl groups on the side chains of gelatin with methacryloyl groups.²⁵ Gelatin contributes to the cytocompatibility of GelMA by providing abundant integrin-binding motifs and matrix-metalloproteinase-sensitive groups.^{25–27} The methacrylation process allows for UV crosslinking of the GelMA chains in the presence of a photoinitiator such as lithium phenyl-2,4,6-trimethyl-benzoyl phosphinate (LAP) and 2-hydroxy-4'-(2-hydroxyethyl)-2-methylpropiophenone (Irgacure-2959). Additionally, by tuning its concentration and environmental temperature, GelMA can be used as bioink, offering viscosity and shear thinning properties suitable for extrusion-based 3D printing.²⁸ Due to these properties, GelMA has been explored for 4D printing applications. Yang *et al.* achieved differential GelMA swelling by adjusting the crosslinking time of 20% GelMA, which allowed for non-reversible folding of 3D-printed films along the z-axis.²⁹ Similarly, Gugulothu *et al.* developed a differential crosslinking approach using a photoabsorber to decrease the crosslinking density of GelMA by attenuating UV light exposure.³⁰ This technique generated structural anisotropy in the 3D-printed constructs, leading to rapid shape deformation upon hydration.³⁰ However, these techniques, which rely on modulating GelMA crosslinking density, are limited by the low swelling capacity of GelMA and the potential cytotoxic effects of photoabsorbers and prolonged UV exposure. Furthermore, the swelling achieved through these strategies is not reversible, limiting their use in stimuli-responsive applications.

In this study, we aim to overcome these limitations by producing a biocompatible and stimuli-responsive high-swelling composite hydrogel by combining GelMA, sodium polyacrylate (SPA) and poly(ethylene glycol) diacrylate (PEGDA). This high-swelling hydrogel, hereafter referred to as SwellMA, exhibited a swelling capacity over 500% its original area and was able to increase 100 times its initial water weight, significantly exceeding the capacities of other materials used in 4D bioprinting.^{20,22,23} SwellMA addresses these issues, exhibiting similar cytocompatibility and cell adhesion to GelMA, along with superior cell culture properties than SPA. Furthermore, SwellMA offered excellent 3D printing properties, enabling the fabrication of constructs with high fidelity that could swell and shrink on-demand while retaining their shape by varying the ionic strength of the aqueous medium. These results demonstrate the potential of SwellMA for a wide range of biomedical applications in 4D printing and beyond, where controlled swelling and shrinking are essential.

2. Materials and methods

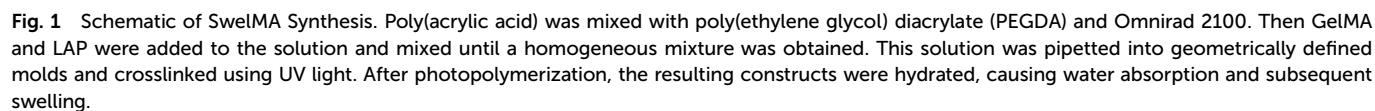
2.1. GelMA synthesis

GelMA was synthesized using a sequential method as previously described.³¹ Briefly, 0.25 M carbonate-bicarbonate buffer was produced with 100 mL deionized (DI) water, 2.65 g sodium carbonate, and 2.1 g sodium bicarbonate (Sigma-Aldrich). The solution was heated at 50 °C under stirring of 50 rpm and its pH was adjusted using 3 M hydrochloric acid



37.0% sodium acrylate and 63.0% acrylic acid, which has been optimized as the greatest swelling ratio for sodium polyacrylate (SPA) in previous reports.³² Briefly, acrylic acid was added to a 5 mL glass vial with a stir bar, then placed on a hotplate at 50 °C with 150 rpm. The 16.206 M sodium hydroxide solution was then added dropwise to the mix. For SwellMA formation, poly(ethylene glycol) diacrylate (PEGDA) M_n 575 (Sigma-Aldrich) was added to the SPA at a concentration of 0.25% w/v as a cross linker between SPA chains. Additionally, the photoinitiators Omnirad 2100 (iGM Resins) at a concentration of 1.0% w/v, and lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP) (Sigma-Aldrich) 0.5% w/v were added to the solution. PEGDA M_n 575 at 0.25% w/v and Omnirad 2100 at 1% w/v were used as crosslinker and photoinitiator respectively based on previous reports.²⁴ Previously synthesized GelMA was then added to the solution at a concentration of 10% w/v and dissolved for 30 min at 50 °C with 150 rpm. For the formation of geometrically defined constructs, GelMA, SwellMA, and SPA solutions were then casted into a mold and exposed to UV light of 405 nm at an intensity of

SwellMA was produced by combining SPA with PEGDA, Omnirad 2100, GelMA, and lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP) to form a homogeneous mixture as described in Fig. 1. First, SPA was synthesized through the acid-base reaction of acrylic acid (Sigma-Aldrich) with 16.206 M sodium hydroxide (Thermo Fisher) to yield a molar ratio of



Biomater. Sci., 2025, **13**, 3264–3279 | 3267

femurs were removed and cleaned. The bone marrow from each extract was collected by flushing with warm Dulbecco's Modified Eagle Medium (DMEM, low glucose; Gibco) via a 25-gauge needle. The resulting suspension was filtered using a 70 μm sieve and seeded at 1×10^6 cells per cm^2 onto tissue culture plastic treated for cell adhesion. Cells were grown in expansion media (DMEM) supplemented with 10% fetal bovine serum (FBS) (Gemini Bio) 1% penicillin/streptomycin (Thermo Fisher) for 7 days with media changes every 2–3 days. To passage cells, they were first treated with trypsin (0.25% trypsin), 0.1% disodium ethylene diaminetetraacetic acid (EDTA) in Hanks' balanced salt solution (HBSS) (Corning) for 5 min. Trypsin was then inactivated with expansion media. Cells were then pelleted and removed by centrifugation for 5 min at 200g. Cells were resuspended in fresh expansion media and reseeded at 5.7×10^3 cells per cm^2 on tissue culture plastic treated for cell adhesion. 100 000 cells were seeded onto pre-swollen SwellMA, GelMA, and SPA gels of 8 mm in diameter and 1.02 mm in height. Cell adhesion and morphology was analyzed 24 and 72 h after seeding through staining with Alexa Fluor™ 488 Phalloidin and 4',6-diamidino-2-phenylindole, dihydrochloride (DAPI) (Thermo Fisher). Fluorescent imaging was performed using a Keyence BZ-X100 microscope and the BZ-X GFP (Excitation 470/40 nm; Emission 525/50 nm) and BZ-X DAPI (Excitation 360/40 nm; Emission 460/50 nm) filters respectively.

Cell adhesion was assessed using viable cell counts obtained from a Beckman Coulter Cytoflex flow cytometer. At 24 h after seeding, scaffolds were incubated in 0.25% Trypsin, 0.1% EDTA to remove cells which were centrifuged at 500x g to remove residual trypsin and resuspended in PBS. Flow cytometry was performed with a gain of 14 and 20 for forward scatter (FSC) and side scatter (SSC) respectively. Finally, the resulting data was gated based on FSC-area and SSC-area to remove debris yielding the final cell count.

Cell viability and metabolic activity was determined using the alamarBlue reagent (Invitrogen). At 24 h after seeding, alamarBlue was diluted 1:10 in expansion media and incubated with the seeded scaffolds for 3 h. The media was then collected and analyzed by reading the fluorescent intensity at 560/590 ex./em. using a Cytation 5 plate reader (BioTek). The scaffolds were then thoroughly washed with PBS and returned to expansion media until the alamarBlue assay was repeated 72 h after seeding. The fold change in metabolic activity was calculated by dividing the fluorescent intensity at 72 h by the intensity at 24 h.

2.8. Characterization of SwellMA biodegradation

The biodegradation of SwellMA was characterized through incubation with collagenase type II, which has been previously used to degrade gelatin and GelMA.³³ GelMA, SwellMA, and SPA samples ($n = 6$) were produced with 6 mm diameter and 1.59 mm height. 2 units per mL of type II collagenase (Thermo Fisher) in PBS were used to degrade the samples, which corresponds with the concentration of collagenase in initial wound healing.^{33,34} Three samples for each group were lyophilized

and weighed before degradation to obtain the starting polymer weight. The samples ($n = 3$) were incubated in an oven at 37 °C for 14 days. The collagenase solution was changed every 2 days throughout the experiment. The percent remaining was calculated at the end of the experiment by averaging the first three samples, then dividing each sample by the average.

2.9. SwellMA 3D bioprinting characterization

For all the prints in this publication a Regen HU R-200 3D bioprinter was used. The Shaper software (RegenHU, Switzerland) was used for all computer automated designs required for 3D bioprinting. The 3D printing characterization of SwellMA was conducted through filament fusion test, porosity test, and cylinder print test as previously defined.^{35–39} The parameters for each of the three tests for both gelMA and SwellMA can be found in Table 1. The three tests described below give a characterization of the printability of SwellMA in one, two, and three dimensions. The filament fusion test is a linear test that begins with two lines at 0.25 mm distance and increases by 0.05 mm each consecutive line until reaching the max distance of 1 mm (ESI Fig. 1A†).^{35,36} The filament fusion test is used to characterize the spreading of the filament being dispensed from the needle head (ESI Fig. 1B†). The filament width was analyzed using imageJ. The SPA filament fusion test was printed using the same conditions as the SwellMA filament fusion test. The filament spreading ratio was calculated through eqn (3).

$$\text{Spreading ratio} = \frac{\text{filament size}}{\text{needle diameter}} \quad (3)$$

The porosity test is a 20 mm by 20 mm grid with 2 mm by 2 mm squares within (ESI Fig. 2A†). The porosity test provides a two-dimensional analysis of the printability characterization involving the ratio of the experimental pore size to the expected pore size, as illustrated in (ESI Fig. 2B†).^{35,36} The pore area of the print was analyzed using imageJ. The porosity ratio is calculated by eqn (4);

$$\text{Porosity ratio} = \frac{\text{experimental pore size}}{\text{expected pore size}} \quad (4)$$

The cylinder print test is a 5 cm diameter cylinder printed to a height of 5 cm (ESI Fig. 3A†).^{38,39} The height of the cylinder was measured using imageJ, which can then be used to calculate the height ratio by eqn (5);

$$\text{Height ratio} = \frac{\text{experimental cylinder height}}{\text{expected cylinder height}} \quad (5)$$

The interior area of the cylinder is measured in the same manner as the porosity test to provide a ratio of the experimental area size as a ratio of the expected pore size (ESI Fig. 3B†).

2.10. Statistical analysis

Data was checked for normality with a Shapiro-Wilks test. Statistical significance was tested with a one-way analysis of



	Printing and curing parameters					
	Needle size (mm)	Pressure (kPa)	Temperature (°C)	UV wavelength (nm)	UV intensity (mW cm ⁻²)	UV dose (mJ mm ⁻²)
GelMA filament fusion	0.2	300	20	405	25	N/A
GelMA porosity	0.2	300	20	405	25	N/A
GelMA cylinder	0.2	300	20	365	N/A	12
SwellMA filament	0.15	200	15	405	25	N/A
SwellMA porosity	0.41	150	5	365	N/A	12
SwellMA cylinder	0.41	150	5	365	N/A	12

area, while 10 mM CaCl_2 induced a maximum $70.04 \pm 2.65\%$ shrinkage, which was not statistically different from the shrinkage observed with the 25, 50, 75, and 100 mM solutions (Fig. 4A). Therefore, 10 mM was determined to be the minimum concentration for maximum SwellMA gel shrinking (Fig. 4A). Additionally, the cyclic swelling-shrinking behavior was assessed for GelMA, SPA, and SwellMA gels over four consecutive cycles using 10 mM CaCl_2 (Fig. 4B). While SwellMA and SPA did not re-swell to their initial swelling area, both exhibited cyclic swelling and shrinking behavior in response to CaCl_2 addition (Fig. 4B). In contrast, GelMA did not show cyclic swelling-shrinking behavior and remained relatively unchanged (Fig. 4B).

3.2. Characterization of SwellMA mechanical properties

After establishing the swelling and shrinking capacities of SwellMA, we assessed the mechanical properties using strain (Fig. 5A–C) and frequency sweeps (Fig. 5D–F). The frequency sweeps at a 1 Hz storage modulus for GelMA, SwellMA, and SPA were 1810.33 ± 83.64 Pa, 17833.33 ± 1234.19 Pa, and 3309 ± 237.21 Pa, respectively (Fig. 5D–F). SwellMA consistently showed higher G' and G'' values in comparison to GelMA and SPA in both tests. However, SwellMA demonstrated a lower yield point during the strain sweep (Fig. 5A–C). Despite SwellMA transitions to a viscous state earlier GelMA or SPA, its yield point of 21% indicates that SwellMA has suitable mechanics to sustain cell migration, proliferation, and remodeling.⁴⁰ Further, the frequency sweep results revealed that SwellMA exhibits a higher tangent delta ($\tan \delta$) at 1 Hz (ESI Fig. 5†), indicating greater viscoelasticity.

GelMA is highly biocompatible due to the presence of integrin-binding motifs for cell adhesion and matrix-metalloproteinase-sensitive groups which allow for its cell-mediated degradation.²⁵ To test the SwellMA's biodegradation profile in comparison to GelMA and SPA, cylindrical gels were produced and incubated in collagenase type II for 14 days. Collagenase type II is a matrix metalloprotease (MMP) enzyme that directs collagen remodeling during tissue repair and regeneration.³⁴ Additionally, collagenase type II has been previously characterized for the degradation of gelatin and GelMA.³³ After 14 days

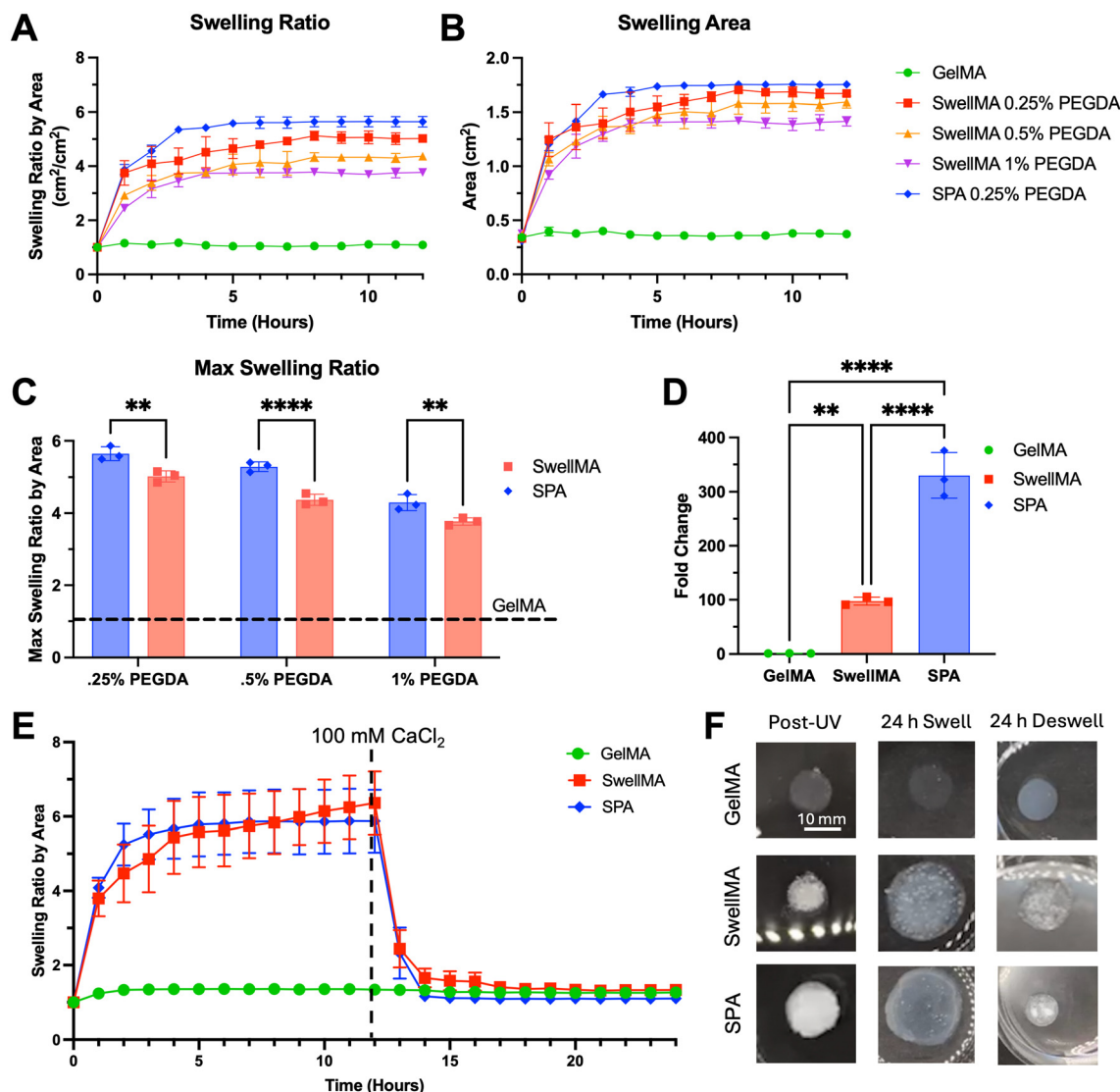


Fig. 3 Swelling characterization of SwellMA. (A and B) The swelling ratio and area of cylindrical samples swelling over 12 h, (C) with a max swelling ratio comparison of SwellMA, SPA, and GelMA. (D) The fold change in water weight, normalized to nonswelled day 0 samples. (E) Swelling ratio measurements over the course 12 h in PBS, then swelled in calcium chloride for 12 h. (F) Representative images of the samples swelling and deswelling over 24 h, scale bar = 10 mm. ****Denotes significance ($p < 0.0001$), ** ($p < 0.01$), $n = 3$ in A–D and $n = 4$ in E, data shown as mean \pm SD.

of collagenase type II exposure, the GelMA gels were completely degraded but no differences could be observed in the SwellMA and SPA gels (Fig. 6A).

In addition to SwellMA's biodegradation, we also explored SwellMA's cytocompatibility in comparison to GelMA and SPA. Cylindrical gels were produced and incubated in PBS for 24 h to achieve maximum swelling. After swelling, primary human bone marrow-derived MSCs were seeded on the gels and the cell count was observed after one day to quantify cell adhesion (Fig. 6B). After 24 h, cell adhesion on SwellMA was consistent with adhesion to GelMA (Fig. 6B), confirming the cytocompatibility of the material. In comparison, cells failed to adhere to SPA gels due to the lack of cell adhesion domains in this material (Fig. 6B). Cell viability and proliferation was also assessed using Alamar Blue to quantify the metabolic activity

of the seeded cells (Fig. 6C). Cell metabolism in SwellMA increased proportionally to GelMA suggesting cells remained both viable and metabolically active. Conversely, no change in metabolic activity was observed on SPA gels (Fig. 6C). Cell morphology was also analyzed through staining of the cell cytoskeleton and nucleus (Fig. 6D). While cells in GelMA showed a spindle-like morphology with well-defined actin cytoskeleton, MSCs in SwellMA and SPA exhibited a round morphology (Fig. 6D).

3.4. SwellMA 3D printability assessment

GelMA has been widely explored for 3D printing applications due to its tunable rheological properties which allow for high fidelity after extrusion.^{37,41} The reversible thermal gelation of GelMA allows for aqueous solutions of 7–10% GelMA concen-



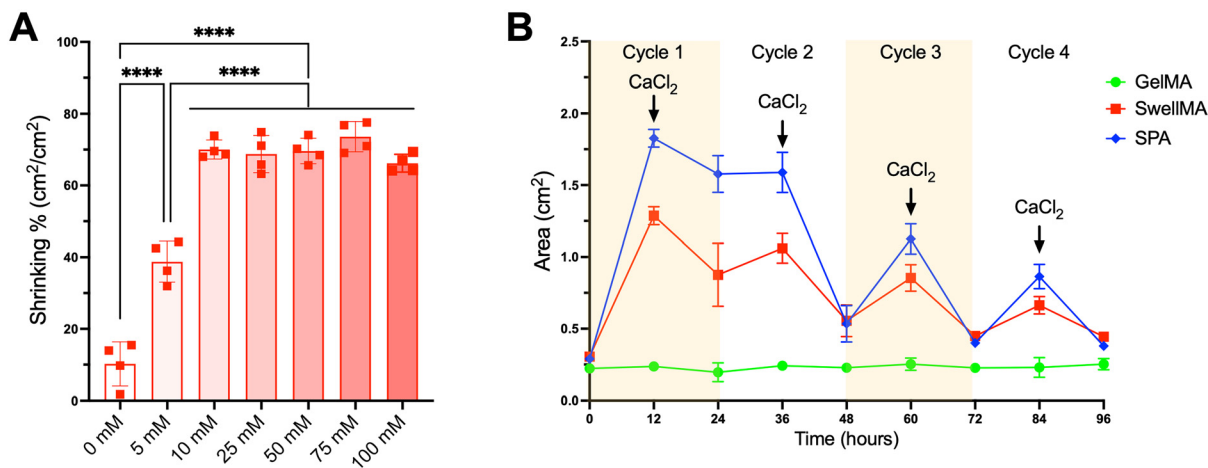


Fig. 4 Characterization of SwellMA on-demand swelling and shrinking properties. (A) Shrinking percentage of swollen SwellMA gels after incubation in 0, 5, 10, 25, 50, 75, or 100 mM CaCl_2 solutions for 12 h. (B) Cyclic swelling-shrinking behavior of GelMA, SPA, and SwellMA gels over four consecutive cycles, with each cycle consisting of 12 h of swelling followed by 12 h of shrinking through the addition of 10 mM CaCl_2 . ***Denotes significance ($p < 0.001$). **** ($p < 0.0001$), $n = 4$ for A and B, data shown as mean + SD.

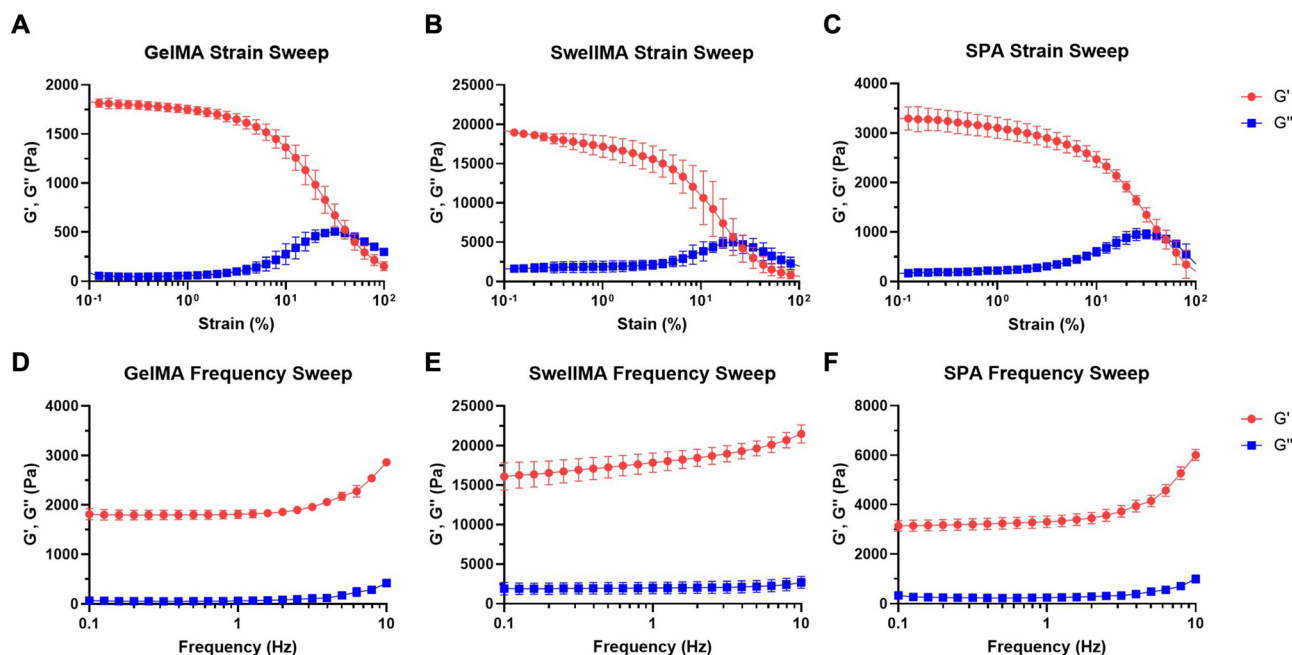


Fig. 5 Rheology characterization for GelMA, SwellMA, and SPA. (A–C) Strain sweep of GelMA, SwellMA, and SPA with 1 Hz frequency at 37 °C. (D–F) Frequency sweep of GelMA, SwellMA, and SPA with 1% strain at 37 °C. $N = 3$, data shown as mean + SD.

trations to exhibit viscous shear-thinning properties when 3D-printed at temperatures lower than 20 °C.^{41,42} To test the printability of SwellMA in comparison to GelMA and SPA, we performed the filament fusion test to characterize the spreading of the filament being dispensed from the needle head.^{35,36} SwellMA exhibited high 3D printability in comparison to SPA, which was not printable due to the lack of defined filaments after extrusion (Fig. 7A). Additionally, the filament architecture of 3D-printed SwellMA was preserved after UV crosslinking (Fig. 7A). Despite SwellMA's increased in printability in com-

parison to SPA, the spreading ratio of SwellMA was significantly higher than GelMA, suggesting lower printing fidelity (Fig. 7B).

3.5. On-demand swelling and shrinking capacity of 3D-printed SwellMA constructs

After characterizing SwellMA's printability through the filament fusion and spreading ratio tests, we assessed the capacity of SwellMA to 3D print constructs with a defined architecture and the swelling and on-demand shrinking capacities of these

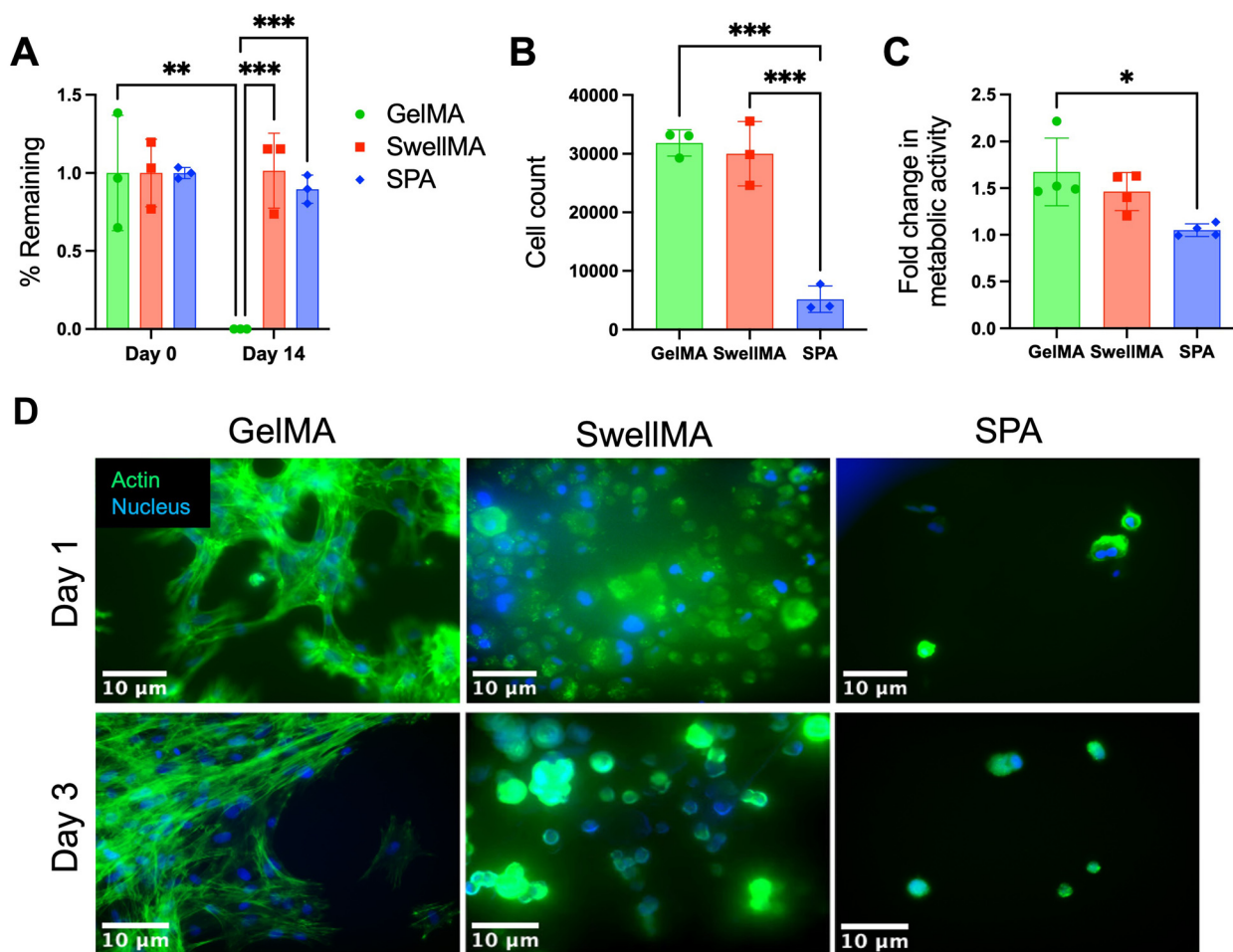


Fig. 6 Biodegradation and cytocompatibility analysis of SwellMA constructs. (A) Quantification of % of polymer remaining after incubation with collagenase type II over 14 days. (B) Cell adhesion on SwellMA, GelMA, and SPA at day 1, quantified by flow cytometry. (C) Cell proliferation assessed by the change in metabolic activity from day 1 to day 3 for cells seeded on each hydrogel. (D) Cell morphology on days 1 and 3 represented by fluorescent images of seeded cells (green = actin cytoskeleton, blue = nucleus, scale bar = 10 μm). ****Denotes significance ($p < 0.0001$), ** ($p < 0.01$), * ($p < 0.05$), $n = 3$, mean \pm SD.

constructs. First, we 3D-printed geometrically defined grid constructs with defined internal porosity (Fig. 8). After 3D printing and UV crosslinking, 3D-printed constructs were swelled in PBS for 24 h (Fig. 8A and ESI Video 1†), showing a ~ 5 times increase of its initial area (from $\sim 4 \text{ cm}^2$ to $\sim 20 \text{ cm}^2$), proving that 3D-printed constructs conserve the swelling capacities of casted gels as characterized in section 3.1. To test the shrinking properties of swelled 3D-printed constructs, constructs were incubated in 100 mM CaCl_2 for 24 h, after which constructs were able to recover their initial shape (Fig. 8A, and ESI Video 2†). This swelling-shrinking capacity was further characterized by calculating the porosity ratio of the 3D-printed constructs (Fig. 8B). After swelling, the porosity ratio of the printed constructs increased ~ 5 times its initial value (from 0.37 ± 0.04 to 1.92 ± 0.11) (Fig. 8B). This increased porosity ratio decreased when the constructs were incubated in 100 CaCl_2 for 24 h, coming back to almost its original value (from 0.37 ± 0.04 to 0.61 ± 0.004) (Fig. 8B). SwellMA's swelling-

shrinking capacity was also compared to 3D-printed GelMA constructs, which did not significantly change their area or porosity ratio after hydration or exposure to 100 mM CaCl_2 (ESI Fig. 6†). Finally, we assessed the handling and robustness of the swelled 3D-printed constructs, which could be easily picked up with metal tweezers and remained intact after manipulation (Fig. 8C).

To further confirm the capacity of SwellMA to 3D print geometrically defined constructs with on-demand swelling-shrinking capabilities, we used SwellMA to 3D print cylindrical constructs and compared their swelling and shrinking properties to GelMA prints (Fig. 9). In comparison to GelMA prints which shape remained unchanged, 3D-printed SwellMA cylinders were able to swell ~ 3 times their initial height (Fig. 9A and B) and ~ 6 times their initial cross-sectional area (Fig. 9C and D) after 24 h in PBS (ESI Video 3†). Additionally, when the swelled SwellMA constructs were incubated for 24 h in a 100 mM CaCl_2 solution, their height and cross-sectional area



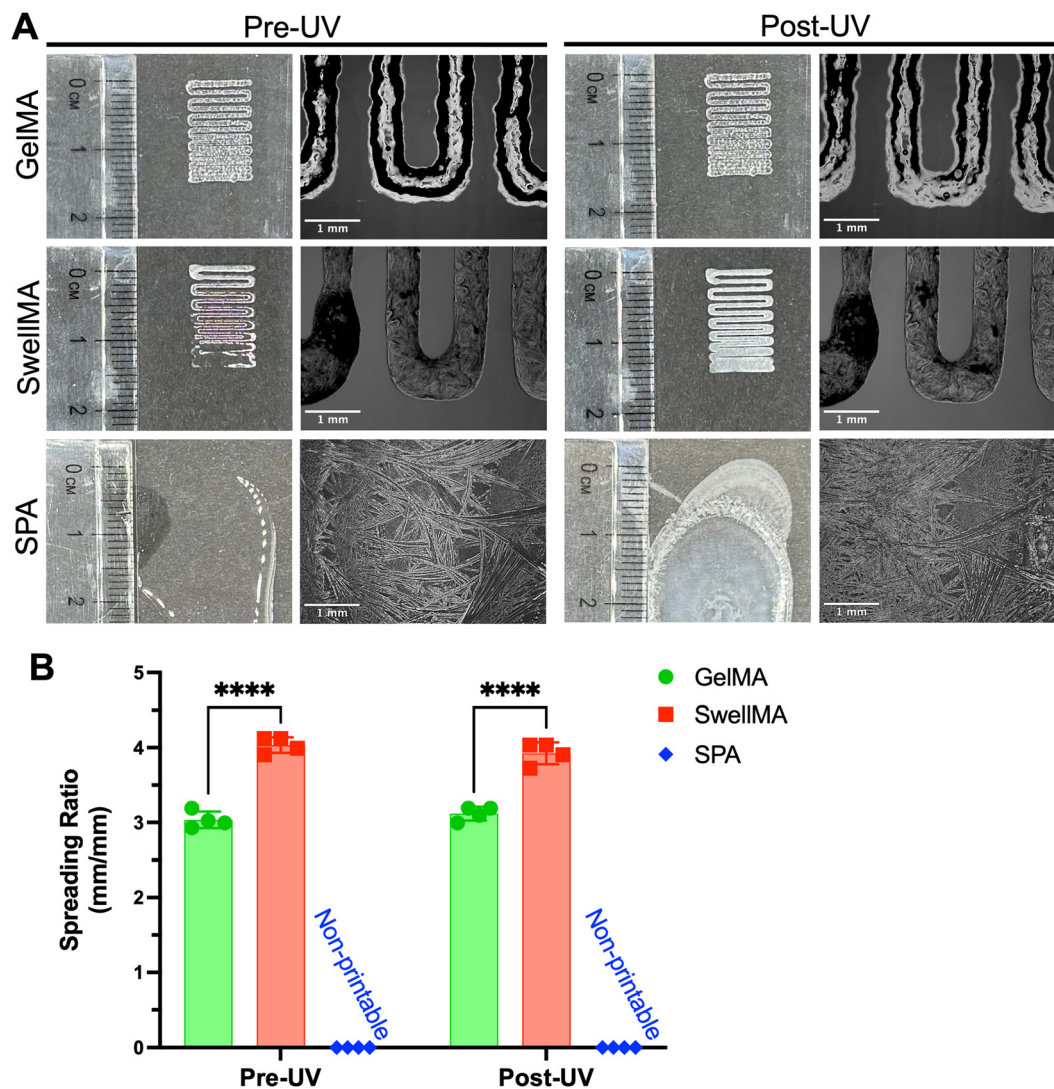


Fig. 7 Filament fusion and filament spreading test of GelMA, SwellMA, and SPA. (A) Macroscopic and microscopic images of filament before and after UV curing, scale bar = 1 mm. (B) Quantification of the filament spreading ratio. ****Denotes significance ($p < 0.0001$), $n = 4$, data shown as mean \pm SD.

was able to shrink back almost to their initial shape (Fig. 9A–D and ESI Video 4†). Therefore, these data demonstrate the superior capacity of 3D-printed SwellMA constructs to swell and shrink on-demand in comparison to GelMA.

4. Discussion

In this study, we introduce SwellMA for the first time, a bio-compatible, stimuli-responsive, high-swelling composite hydrogel that uniquely combines the super-swelling properties of SPA with the bioactivity of GelMA. SPA was selected for its exceptional ability to absorb 100 to 1000 times its mass in water, due to the presence of sodium and carboxylic groups in its structure.^{43,44} GelMA was chosen for its capacity to support cell adhesion and matrix remodeling while providing favorable

rheological properties for 3D printing and biofabrication.^{25,26,41,42} We synthesized SwellMA by reacting the alkene groups in GelMA, SPA, and PEGDA with photo-initiators, resulting in a material that harnesses the super-swelling properties of SPA alongside the biocompatibility of GelMA. This composite structure is hypothesized based on previous research using UV light to cure a hydrogel made from SPA, PEGDA and 2-hydroxyethyl methacrylate (HEMA).²⁴ However, further structural analysis is needed to confirm the exact bonding mechanism in SwellMA.

SwellMA addresses the need for controlled super-swelling in the field of 4D printing, demonstrating a 500% increase in area, and a 100-fold weight increase. The swelling behavior of SwellMA depended on factors such as salt concentration, the ratio of monovalent to divalent cations in the external solution, the surface area-to-polymer mass ratio, and the polymer



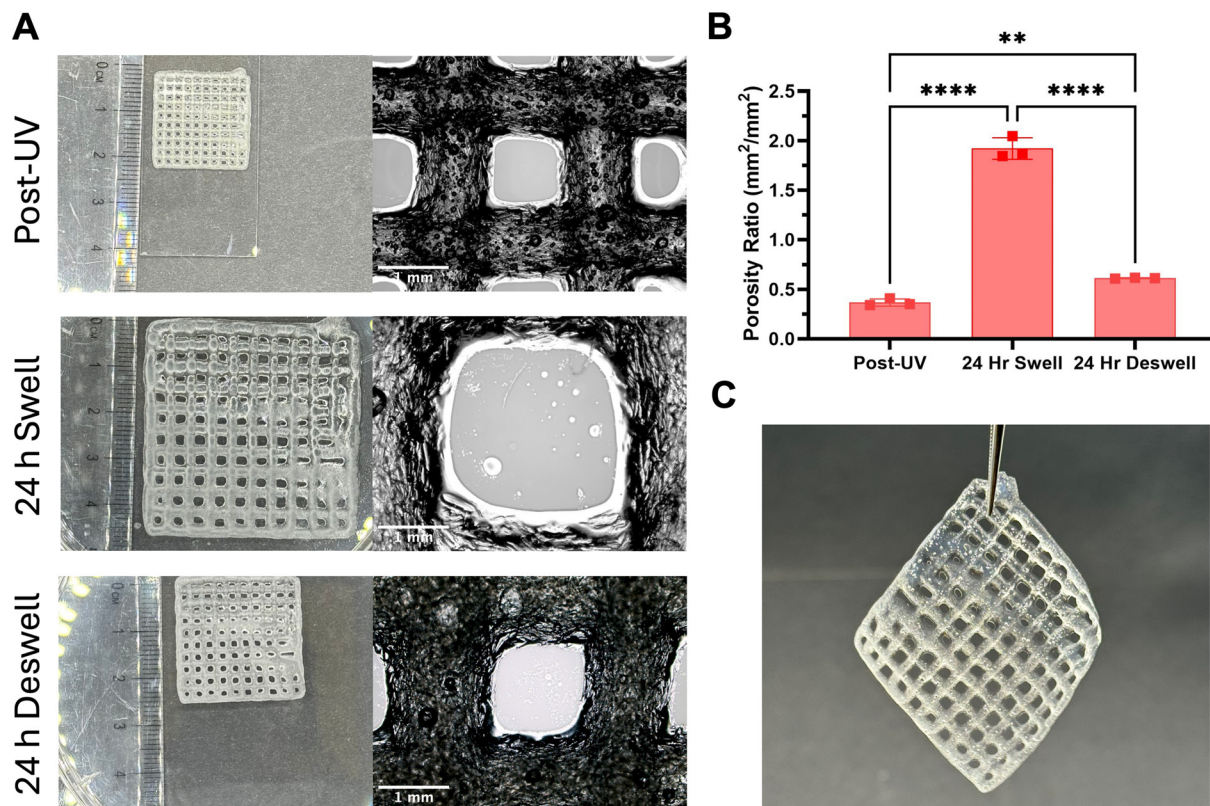


Fig. 8 Assessment of SwellMA for the 3D printing of geometrically defined macroporous constructs. (A) Macroscopic and microscopic imaging of SwellMA 3D printed grids after 24 h of swelling and 24 h of shrinking, scale bar = 1 mm. (B) Quantification of porosity ratio after UV crosslinking, swelling and shrinking. (C) Image of 3D-printed SwellMA constructs after swelling when picked up with metal tweezers. ****Denotes significance ($p < 0.0001$), ** ($p < 0.01$), $n = 3$, data shown as mean \pm SD.

crosslinking density.^{43,44} Additionally, SwellMA demonstrated on-demand shrinking properties when incubated with CaCl_2 solutions, with 10 mM CaCl_2 being the minimum concentration required to achieve maximum shrinking. This concentration falls within a biocompatible range. For example, culture media supplemented with 6 to 10 mM CaCl_2 has been shown to enhance MSC migration and proliferation.⁴⁵ Furthermore, SwellMA exhibited cyclic swelling and shrinking behavior, responding to the addition and removal of CaCl_2 . However, SwellMA was not able to swell back to its initial area after shrinking, which aligns with previously reported limitations of SPA reswelling.⁴⁶ Despite this limitation, the dynamic behavior of SwellMA highlights its potential for 4D bioprinting applications and for investigating the cellular effects of dynamic changes in substrate shape and configuration.^{22,47,48}

The unique interactions between the components of SwellMA resulted in specific mechanical properties distinct from those of GelMA and SPA. In frequency sweeps, SwellMA exhibited a higher storage modulus than both SPA and GelMA at 1 Hz, along with a yield point of 21% and higher $\tan \delta$. The higher storage modulus may result from increased covalent bonding within the polymer network.^{49,50} The synthesis method for SPA produces a solution consisting of 37% sodium acrylate and 67% acrylic acid, to which 10% (w/v) GelMA is

added. This addition raises the storage modulus from 3309 ± 237.21 Pa in SPA to $17\,833.33 \pm 1234.19$ Pa in SwellMA, supporting the hypothesis of increased covalent bonding due to the additional alkene groups from GelMA. The alkene-based network enhances the number of physical bonds capable of storing energy within the gel. The yield point and higher viscoelasticity together suggest that the mechanical properties of SwellMA recapitulate the dynamic viscoelasticity of tissues. For example, chemically modified GelMA with greater viscoelasticity improved cell-material interactions to enhance the chondrogenesis and osteogenesis of MSCs.⁵¹ Furthermore, the storage modulus of SwellMA falls within the range of hydrogels with mechanical properties optimized for the induction of MSC osteogenesis,²⁷ further highlighting its potential for applications in tissue engineering and regenerative medicine.

To explore the biological implications of SwellMA's mechanical properties, we investigated its degradation kinetics and assessed its potential as a cell culture platform. SwellMA was incubated in collagenase type II for 14 days, and unlike GelMA, which was fully degraded, SwellMA showed no significant degradation. Previous studies have shown that collagenase-resistant methacrylamide crosslinks in GelMA hinder its degradation compared to collagen hydrogels.³³ The presence of additional methacrylamide crosslinks in SwellMA could



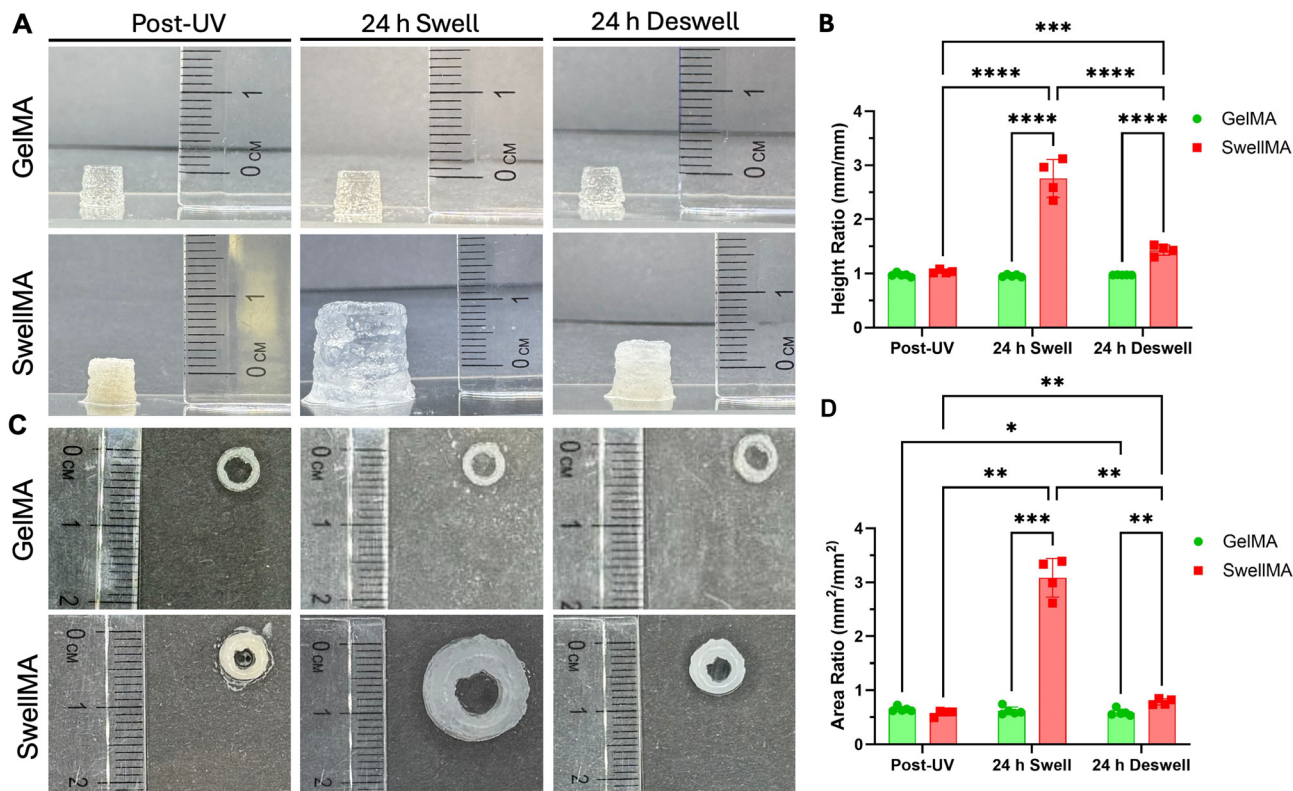


Fig. 9 Cylinder print test of GelMA and SwellMA after UV crosslinking and after 24 h of swelling and shrinking. (A) Macroscopic profile images and (B) quantification of cylinder height ratio. (C) Macroscopic top view images and (D) quantification of the crosssectional area ratio. ****Denotes significance ($p < 0.0001$), *** ($p < 0.001$), ** ($p < 0.01$), * ($p < 0.05$), $n = 3$, data shown as mean \pm SD.

explain the material's reduced degradation. Furthermore, SPA is resistant to enzymatic degradation by collagenases, and it has been reported to inhibit the action of MMP-2, MMP-9 and collagenase during wound healing.⁵² SwellMA's reduced degradation capacity could be advantageous for its use to achieve exudate control in chronic wounds with high proteolytic activity.⁵² Cell-SwellMA interactions were analyzed by seeding 100 000 MSCs onto swollen GelMA, SwellMA, and SPA hydrogels. Cell adhesion and proliferation were comparable between GelMA and SwellMA, as indicated by similar cell counts at day 1 and increased metabolic activity over 3 days, whereas few cells adhered to SPA. Despite efficient adhesion and survival, MSCs in SwellMA exhibited a distinct rounded morphology, unlike the spread morphology in GelMA. This could result from the increased distance between adhesion domains following SwellMA swelling, which, along with its higher elasticity, may prevent the ligand clustering required for efficient adhesion.^{40,53,54} While GelMA also provides an elastic substrate through methacrylamide crosslinking,⁵⁵ its enzymatic degradability enables matrix remodeling and ligand clustering, promoting cell spreading.⁵⁶ In contrast, SwellMA's resistance to degradation may impair ligand clustering, favoring cell-cell interactions while limiting adhesion and spreading. Notably, MSCs in SwellMA remained metabolically active at rates comparable to GelMA, suggesting its potential for tissue engineer-

ing applications where a rounded morphology is desirable for chondrogenic or adipogenic differentiation.^{57–59} Future studies will focus on improving cell-SwellMA interactions through adhesion ligand functionalization and by optimizing the ratios of GelMA, SPA, and PEGDA in the SwellMA mixture.

The favorable swelling, rheological, and cytocompatibility properties of SwellMA were leveraged for additive manufacturing through EBB. Printability was evaluated across all three dimensions through well-established printability tests,³⁶ using GelMA as the gold standard for comparison. While SwellMA exhibited lower printing fidelity in filament spread and porosity tests compared to GelMA, its 3D printing performance was superior to SPA, which was non-printable. Future studies will optimize SwellMA's printing fidelity by adjusting the concentrations of GelMA, PEGDA, and SPA in the mixture and evaluating their impact on its rheological properties. In contrast to the 2D printability tests, SwellMA exhibited no significant differences from GelMA in the 3D cylinder printing test. Additionally, the 3D printed SwellMA constructs were able to maintain their shape during swelling and exhibited controlled shrinking in response to variable osmotic conditions, demonstrating its potential for 4D bioprinting. These properties surpass those of previous bioinks with enhanced swelling capabilities. Jia *et al.* explored the use of GelMA, alginate, and PEGTA, a different PEG derivative, capable of printing defined



shapes for angiogenesis applications.¹⁵ However, it lacked the swelling properties necessary for time-dependent morphological changes, requiring the insertion of large 3D-printed structures into biological systems. In contrast, SwellMA offers a minimally invasive implantation alternative. Liu *et al.* addressed the need for minimally invasive technology by developing an amphiphilic dynamic thermoset polyurethane with programmable swelling to restore 3D shapes from 2D patterns.²⁰ However, cell adhesion and cytocompatibility were not demonstrated. SwellMA overcomes these limitations by supporting MSC adhesion at levels comparable to GelMA. SwellMA's unique swelling-shrinking capabilities, rheological properties, and cell adhesion potential position it as a valuable tool for 4D bioprinting. Future studies will explore the 3D printing of GelMA and SwellMA patterns to achieve controlled shape transformations.^{20–23} For example, Díaz-Payno *et al.* demonstrated that printing a high-swelling tyramine-functionalized hyaluronan (HAT) bioink as the bottom layer and a low-swelling alginate-HAT bioink as the top layer resulted in an upward concave bending upon immersion.²² A similar approach could be applied with SwellMA by printing it as the bottom layer for providing high swelling and low swelling GelMA as the top layer to induce a concave curvature transformation.

5. Conclusions

In this study we introduce SwellMA, a novel composite material that exhibits significantly higher swelling capacity than GelMA while preserving GelMA's cytocompatibility and 3D printability. Notably, SwellMA's on-demand shrinking capability, achieved by adjusting the ionic strength of the surrounding aqueous medium, represents a substantial advancement over previous strategies for enhancing GelMA's swelling, which lacked the ability for controlled shrinking. This controllable swelling and shrinking feature highlights SwellMA's potential for 4D bioprinting applications, where shape transformations of 3D-printed structures are triggered by an external stimulus. Future research will focus on enhancing SwellMA's biocompatibility and printability by optimizing the concentration of its components, and on exploring complex 4D printing transformations through SwellMA-GelMA patterning. Additionally, SwellMA provides a promising platform for studying the effects of cyclic swelling and shrinking on cellular processes, particularly in comparison to other 4D printing materials that do not support on-demand shrinking.

Author contributions

Conceptualization: Josh P. Graham (JPG), Tomas Gonzalez-Fernandez (TGF) and Peter J. Jensen (PJJ). Methodology: PJJ, JPG, TGF, Owen R. Fitz (ORF), Sivani Jayanadh and Trevor K. Busch (TKB). Investigation: PJJ, JPG, TGF. Data analysis: PJJ, JPG. Data curation: PJJ, JPG, TGF. Supervision: TGF, E. Thomas Pashuck

(ETP). Writing – original draft: PJJ, JPG, TGF. Writing – review & editing: PJJ, JPG, TGF, ETP. Funding acquisition: TGF.

Data availability

All data are available upon reasonable request.

Conflicts of interest

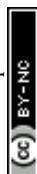
PJJ, JPG and TGF have filed a patent for the described material.

Acknowledgements

Tomas Gonzalez-Fernandez would like to acknowledge the start-up funds provided by the Department of Bioengineering and the P.C. Rossin College of Engineering & Applied Science at Lehigh University, the Orthoregeneration Network (ON) Kick Starter grant, and the Career Development Award from the American Society of Gene & Cell Therapy. The content is solely the responsibility of the authors and does not necessarily represent the official views of the American Society of Gene & Cell Therapy. Joshua P. Graham would like to acknowledge the support provided through the National Science Foundation Graduate Research Fellowship under Grant No. 2234658. Trevor K. Busch would like to acknowledge the funding provided through the IDEAS Experiential Learning Grant and the Forum Research Grant provided by the Lehigh University.

References

- 1 S. Zhu, J. Wang, H. Yan, Y. Wang, Y. Zhao, B. Feng, K. Duan and J. Weng, An Injectable Supramolecular Self-Healing Bio-Hydrogel with High Stretchability, Extensibility and Ductility, and a High Swelling Ratio, *J. Mater. Chem. B*, 2017, **5**, 7021–7034.
- 2 J. H. Choi, O. K. Choi, J. Lee, J. Noh, S. Lee, A. Park, M. A. Rim, R. L. Reis and G. Khang, Evaluation of Double Network Hydrogel of Poloxamer-Heparin/Gellan Gum for Bone Marrow Stem Cells Delivery Carrier, *Colloids Surf., B*, 2019, **181**, 879–889.
- 3 A. Torchio, C. Cassino, M. Lavella, A. Gallina, A. Stefani, M. Boffito and G. Ciardelli, Injectable Supramolecular Hydrogels Based on Custom-Made Poly(ether urethane)s and G-Cyclodextrins as Efficient Delivery Vehicles of Curcumin, *Mater. Sci. Eng., C*, 2021, **127**, 112194.
- 4 X. Ma, T. Xu, W. Chen, H. Qin, B. Chi and Z. Ye, Injectable Hydrogels Based on the Hyaluronic Acid and Poly (γ -glutamic acid) for Controlled Protein Delivery, *Carbohydr. Polym.*, 2018, **179**, 100–109.
- 5 W. Feng and Z. Wang, Tailoring the Swelling–Shrinkable Behavior of Hydrogels for Biomedical Applications, *Adv. Sci.*, 2023, **10**, 2303326.



- 6 M. J. Zohuriaan-Mehr, H. Omidian, S. Doroudiani and K. Kabiri, Advances in Non-Hygienic Applications of Superabsorbent Hydrogel Materials, *J. Mater. Sci.*, 2010, **45**, 5711–5735.
- 7 R. Yu, L. Cornette de Saint-Cyr, L. Soussan, M. Barboiu and S. Li, Anti-Bacterial Dynamic Hydrogels Prepared from O-Carboxymethyl Chitosan by Dual Imine Bond Crosslinking for Biomedical Applications, *Int. J. Biol. Macromol.*, 2021, **167**, 1146–1155.
- 8 K. Cui, C. Yu, Y. N. Ye, X. Li and J. P. Gong, Mechanism of Temperature-Induced Asymmetric Swelling and Shrinking Kinetics in Self-Healing Hydrogels, *Proc. Natl. Acad. Sci. U. S. A.*, 2022, **119**, e2207422119.
- 9 X. Wen, Y. Zhang, D. Chen and Q. Zhao, Reversible Shape-Shifting of an Ionic Strength Responsive Hydrogel Enabled by Programmable Network Anisotropy, *ACS Appl. Mater. Interfaces*, 2022, **14**, 40344–40350.
- 10 H. Huang, D. He, X. Liao, H. Zeng and Z. Fan, An Excellent Antibacterial and High Self-Adhesive Hydrogel Can Promote Wound Fully Healing Driven by Its Shrinkage under NIR, *Mater. Sci. Eng., C*, 2021, **129**, 112395.
- 11 A. Mahajan, A. Singh, D. Datta and D. S. Katti, Bioinspired Injectable Hydrogels Dynamically Stiffen and Contract to Promote Mechanosensing-Mediated Chondrogenic Commitment of Stem Cells, *ACS Appl. Mater. Interfaces*, 2022, **14**, 7531–7550.
- 12 A. Gangrade, B. Gawali, P. K. Jadi, V. G. M. Naidu and B. B. Mandal, Photo-Electro Active Nanocomposite Silk Hydrogel for Spatiotemporal Controlled Release of Chemotherapeutics: An In Vivo Approach toward Suppressing Solid Tumor Growth, *ACS Appl. Mater. Interfaces*, 2020, **12**, 27905–27916.
- 13 B. Ahmed, C. F. Reiche, J. J. Magda, F. Solzbacher and J. Körner, Smart Hydrogel Swelling State Detection Based on a Power-Transfer Transduction Principle, *ACS Appl. Polym. Mater.*, 2024, **6**, 5544–5554.
- 14 T. Zhang, W. Zhao, Z. Xiahou, X. Wang, K. Zhang and J. Yin, Bioink Design for Extrusion-Based Bioprinting, *Appl. Mater. Today*, 2021, **25**, 101227.
- 15 W. Jia, P. S. Gungor-Ozkerim, Y. S. Zhang, K. Yue, K. Zhu, W. Liu, Q. Pi, B. Byambaa, M. R. Dokmeci, S. R. Shin and A. Khademhosseini, Direct 3D Bioprinting of Perfusable Vascular Constructs Using a Blend Bioink, *Biomaterials*, 2016, **106**, 58–68.
- 16 Y. Li, X. Zhang, X. Zhang, Y. Zhang and D. Hou, Recent Progress of the Vat Photopolymerization Technique in Tissue Engineering: A Brief Review of Mechanisms, Methods, Materials, and Applications, *Polymers*, 2023, **15**, 3940.
- 17 T. Zhang, W. Zhao, Z. Xiahou, X. Wang, K. Zhang and J. Yin, Bioink Design for Extrusion-Based Bioprinting, *Appl. Mater. Today*, 2021, **25**, 101227.
- 18 A. S. Gladman, E. A. Matsumoto, R. G. Nuzzo, L. Mahadevan and J. A. Lewis, Biomimetic 4D Printing, *Nat. Mater.*, 2016, **15**, 413–418.
- 19 M. Kalogeropoulou, P. J. Díaz-Payno, M. J. Mirzaali, G. J. V. M. van Osch, L. E. Fratila-Apachitei and A. A. Zadpoor, 4D Printed Shape-Shifting Biomaterials for Tissue Engineering and Regenerative Medicine Applications, *Biofabrication*, 2024, **16**, 022002.
- 20 B. Liu, H. Li, F. Meng, Z. Xu, L. Hao, Y. Yao, H. Zhu, C. Wang, J. Wu, S. Bian, W. W. Lu, W. Liu, H. Pan and X. Zhao, 4D Printed Hydrogel Scaffold with Swelling-Stiffening Properties and Programmable Deformation for Minimally Invasive Implantation, *Nat. Commun.*, 2024, **15**, 1587.
- 21 S. Miao, H. Cui, M. Nowicki, L. Xia, X. Zhou, S. Lee, W. Zhu, K. Sarkar, Z. Zhang and L. G. Zhang, Stereolithographic 4D Bioprinting of Multiresponsive Architectures for Neural Engineering, *Adv. Biosyst.*, 2018, **2**, 1800101.
- 22 P. J. Díaz-Payno, M. Kalogeropoulou, I. Muntz, E. Kingma, N. Kops, M. D'Este, G. H. Koenderink, L. E. Fratila-Apachitei, G. J. V. M. van Osch and A. A. Zadpoor, Swelling-Dependent Shape-Based Transformation of a Human Mesenchymal Stromal Cells-Laden 4D Bioprinted Construct for Cartilage Tissue Engineering, *Adv. Healthcare Mater.*, 2023, **12**, 2201891.
- 23 A. Ding, S. J. Lee, S. Ayyagari, R. Tang, C. T. Huynh and E. Alsberg, 4D Biofabrication via Instantly Generated Graded Hydrogel Scaffolds, *Bioact. Mater.*, 2022, **7**, 324–332.
- 24 L. Hiendlmeier, T. F. Teshima, F. Zurita, H. Url, P. Rinklin and B. Wolfrum, A Superabsorbent Sodium Polyacrylate Printing Resin as Actuator Material in 4D Printing, *Macromol. Mater. Eng.*, 2022, **307**, 2200306.
- 25 J. W. Nichol, S. T. Koshy, H. Bae, C. M. Hwang, S. Yamanlar and A. Khademhosseini, Cell-laden microengineered gelatin methacrylate hydrogels, *Biomaterials*, 2010, **31**, 5536–5544.
- 26 E. Cirves, A. Vargas, E. E. Wheeler, J. K. Leach, S. I. Simon and T. Gonzalez-Fernandez, Neutrophil Granulopoiesis Optimized Through Ex Vivo Expansion of Hematopoietic Progenitors in Engineered 3D Gelatin Methacrylate Hydrogels, *Adv. Healthcare Mater.*, 2024, **13**, e2301966.
- 27 T. Gonzalez-Fernandez, P. Sikorski and J. K. Leach, Bio-Instructive Materials for Musculoskeletal Regeneration, *Acta Biomater.*, 2019, **96**, 20–34.
- 28 R. N. Ghosh, J. Thomas, B. R. Vaideh, N. G. Devi, A. Janardanan, P. K. Namboothiri and M. Peter, An Insight into Synthesis, Properties and Applications of Gelatin Methacryloyl Hydrogel for 3D Bioprinting, *Mater. Adv.*, 2023, **4**, 5496–5529.
- 29 G. H. Yang, W. Kim, J. Kim and G. Kim, A Skeleton Muscle Model using GelMA-Based Cell-Aligned Bioink Processed with an Electric-Field Assisted 3D/4D Bioprinting, *Theranostics*, 2021, **11**, 48–63.
- 30 S. B. Gugulothu and K. Chatterjee, Visible Light-Based 4D-Bioprinted Tissue Scaffold, *ACS Macro Lett.*, 2023, **12**, 494–502.
- 31 H. Shirahama, B. H. Lee, L. P. Tan and N.-J. Cho, Precise Tuning of Facile One-Pot Gelatin Methacryloyl (GelMA) Synthesis, *Sci. Rep.*, 2016, **6**, 31036.



- 32 K. J. Buchanan, B. Hird and T. M. Letcher, Crosslinked Poly(Sodium Acrylate) Hydrogels, *Polym. Bull.*, 1986, **15**, 325–332.
- 33 X. Zhao, Q. Lang, L. Yildirimer, Z. Y. Lin, W. Cui, N. Annabi, K. W. Ng, M. R. Dokmeci, A. M. Ghaemmaghami and A. Khademhosseini, Photocrosslinkable Gelatin Hydrogel for Epidermal Tissue Engineering, *Adv. Healthcare Mater.*, 2016, **5**, 108–118.
- 34 M. S. Ågren, C. J. Taplin, J. F. Woessner, W. H. Eagstein and P. M. Mertz, Collagenase in Wound Healing: Effect of Wound Age and Type, *J. Invest. Dermatol.*, 1992, **99**, 709–714.
- 35 A. Ribeiro, M. M. Blokzijl, R. Levato, C. W. Visser, M. Castilho, W. E. Hennink, T. Vermonden and J. Malda, Assessing Bioink Shape Fidelity to Aid Material Development in 3D Bioprinting, *Biofabrication*, 2017, **10**, 014102.
- 36 T. Gonzalez-Fernandez, A. J. Tenorio, K. T. Campbell, E. A. Silva and J. K. Leach, Alginate-Based Bioinks for 3D Bioprinting and Fabrication of Anatomically Accurate Bone Grafts, *Tissue Eng., Part A*, 2021, **27**, 1168–1181.
- 37 A. C. Daly, S. E. Critchley, E. M. Rencsok and D. J. Kelly, A Comparison of Different Bioinks for 3D Bioprinting of Fibrocartilage and Hyaline Cartilage, *Biofabrication*, 2016, **8**, 045002.
- 38 G. J. Gillispie, J. Copus, M. Uzun-Per, J. J. Yoo, A. Atala, M. K. K. Niazi and S. J. Lee, The Correlation between Rheological Properties and Extrusion-Based Printability in Bioink Artifact Quantification, *Mater. Des.*, 2023, **233**, 112237.
- 39 T. Gao, G. J. Gillispie, J. S. Copus, A. K. PR, Y.-J. Seol, A. Atala, J. J. Yoo and S. J. Lee, Optimization of Gelatin–Alginate Composite Bioink Printability Using Rheological Parameters: A Systematic Approach, *Biofabrication*, 2018, **10**, 034106.
- 40 O. Chaudhuri, L. Gu, D. Klumpers, M. Darnell, S. A. Bencherif, J. C. Weaver, N. Huebsch, H. Lee, E. Lippens, G. N. Duda and D. J. Mooney, Hydrogels with Tunable Stress Relaxation Regulate Stem Cell Fate and Activity, *Nat. Mater.*, 2016, **15**, 326–334.
- 41 L. E. Bertassoni, J. C. Cardoso, V. Manoharan, A. L. Cristino, N. S. Bhise, W. A. Araujo, P. Zorlutuna, N. E. Vrana, A. M. Ghaemmaghami, M. R. Dokmeci and A. Khademhosseini, Direct-Write Bioprinting of Cell-Laden Methacrylated Gelatin Hydrogels, *Biofabrication*, 2014, **6**, 024105.
- 42 M. Janmaleki, J. Liu, M. Kamkar, M. Azarmanesh, U. Sundararaj and A. S. Nezhad, Role of Temperature on Bio-Printability of Gelatin Methacryloyl Bioink in Two-Step Cross-Linking Strategy for Tissue Engineering Applications, *Biomed. Mater.*, 2021, **16**, 015021.
- 43 R. Mahon, Y. Balogun, G. Oluyemi and J. Njuguna, Swelling Performance of Sodium Polyacrylate and Poly(acrylamide-co-acrylic acid) Potassium Salt, *SN Appl. Sci.*, 2020, **2**, 117.
- 44 O. Sohn and D. Kim, Theoretical and Experimental Investigation of the Swelling Behavior of Sodium Polyacrylate Superabsorbent Particles, *J. Appl. Polym. Sci.*, 2003, **87**, 252–257.
- 45 M. N. Lee, H.-S. Hwang, S.-H. Oh, A. Roshanzadeh, J.-W. Kim, J. H. Song, E.-S. Kim and J.-T. Koh, Elevated Extracellular Calcium Ions Promote Proliferation and Migration of Mesenchymal Stem Cells via Increasing Osteopontin Expression, *Exp. Mol. Med.*, 2018, **50**, 1–16.
- 46 T. D. Nguyen, K. Sakakibara, T. Imai, Y. Tsujii, Y. Kohdzuma and J. Sugiyama, Shrinkage and Swelling Behavior of Archaeological Waterlogged Wood Preserved with Slightly Crosslinked Sodium Polyacrylate, *J. Wood Sci.*, 2018, **64**, 294–300.
- 47 I. Chiesa, A. Esposito, G. Vozzi, R. Gottardi and C. De Maria, 4D Bioprinted Self-Folding Scaffolds Enhance Cartilage Formation in the Engineering of Trachea, *Adv. Mater. Technol.*, 2025, **10**, 2401210.
- 48 L. P. Dow, S. Surace, K. Morozov, R. Kennedy and B. L. Pruitt, Cyclic Stretch Regulates Epithelial Cell Migration in a Frequency Dependent Manner via Intercellular Vinculin Recruitment, *npj Biol. Phys. Mech.*, 2024, **1**, 2.
- 49 M. Naebe, J. Wang, A. Amini, H. Khayyam, N. Hameed, L. H. Li, Y. Chen and B. Fox, Mechanical Property and Structure of Covalent Functionalised Graphene/Epoxy Nanocomposites, *Sci. Rep.*, 2014, **4**, 4375.
- 50 B. Zhang, I. M. Jayalath, J. Ke, J. L. Sparks, C. S. Hartley and D. Konkolewicz, Chemically Fueled Covalent Crosslinking of Polymer Materials, *Chem. Commun.*, 2019, **55**, 2086–2089.
- 51 C. Liu, Q. Yu, Z. Yuan, Q. Guo, X. Liao, F. Han, T. Feng, G. Liu, R. Zhao, Z. Zhu, H. Mao, C. Zhu and B. Li, Engineering the Viscoelasticity of Gelatin Methacryloyl (GelMA) Hydrogels via Small “Dynamic Bridges” to Regulate BMSC Behaviors for Osteochondral Regeneration, *Bioact. Mater.*, 2023, **25**, 445–459.
- 52 C. Wiegand and U.-C. Hipler, A Superabsorbent Polymer-Containing Wound Dressing Efficiently Sequesters MMPs and Inhibits Collagenase Activity In Vitro, *J. Mater. Sci. Mater. Med.*, 2013, **24**, 2473–2478.
- 53 B. P. Hung, T. Gonzalez-Fernandez, J. B. Lin, T. Campbell, Y. B. Lee, A. Panitch, E. Alsberg and J. K. Leach, Multi-Peptide Presentation and Hydrogel Mechanics Jointly Enhance Therapeutic Duo-Potential of Entrapped Stromal Cells, *Biomaterials*, 2020, **245**, 119973.
- 54 E. A. Cavalcanti-Adam, T. Volberg, A. Micoulet, H. Kessler, B. Geiger and J. P. Spatz, Cell Spreading and Focal Adhesion Dynamics Are Regulated by Spacing of Integrin Ligands, *Biophys. J.*, 2007, **92**, 2964–2974.
- 55 G. Tansik and R. Stowers, Viscoelastic and Phototunable GelMA-Alginate Hydrogels for 3D Cell Culture, *MRS Adv.*, 2024, **9**, 505–511.
- 56 N. J. Walters and E. Gentleman, Evolving Insights in Cell–Matrix Interactions: Elucidating How Non-Soluble Properties of the Extracellular Niche Direct Stem Cell Fate, *Acta Biomater.*, 2015, **11**, 3–16.



- 57 P. S. Mathieu and E. G. Lobo, Cytoskeletal and Focal Adhesion Influences on Mesenchymal Stem Cell Shape, Mechanical Properties, and Differentiation Down Osteogenic, Adipogenic, and Chondrogenic Pathways, *Tissue Eng., Part B*, 2012, **18**, 436–444.
- 58 R. McBeath, D. M. Pirone, C. M. Nelson, K. Bhadriraju and C. S. Chen, Cell Shape, Cytoskeletal Tension, and RhoA Regulate Stem Cell Lineage Commitment, *Dev. Cell*, 2004, **6**, 483–495.
- 59 T. Gonzalez-Fernandez, B. N. Sathy, C. Hobbs, G. M. Cunniffe, H. O. McCarthy, N. J. Dunne, V. Nicolosi, F. J. O'Brien and D. J. Kelly, Mesenchymal Stem Cell Fate Following Non-Viral Gene Transfection Strongly Depends on the Choice of Delivery Vector, *Acta Biomater.*, 2017, **55**, 226–238.

