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# An *endo*-functionalized molecular cage for selective potentiometric determination of creatinine†

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Potentiometric ion-selective electrodes (ISEs), which rely on selective and lipophilic ionophores, are commonly employed in clinical diagnostics. However, there are very limited specific ionophores for the detection of creatinine, a critical biomarker for renal function assessment. In the present research, we designed and synthesized an *endo*-functionalized cage, which is able to selectively bind the creatinium cation ( $K_a = 8.6 \times 10^5 \text{ M}^{-1}$ ) through the formation of multiple C–H...O and N–H...N hydrogen bonds and cation... $\pi$  interactions. ISEs prepared with this host show a Nernstian response to creatinine and exhibit excellent selectivity and a low detection limit of 0.95  $\mu\text{M}$ . In addition, the creatinine levels in urine or plasma samples determined by our sensor are consistent with those analyzed using enzymatic assay on a Cobas c702. The method is simple, fast and accurate, and amenable to clinical detection of creatinine levels.

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## Introduction

Kidney diseases are common clinical conditions and increasingly recognized global public health concerns.<sup>1</sup> Currently, creatinine level measurement is a routine clinical test for diagnosing kidney disease and monitoring kidney function.<sup>2</sup> Creatinine is a metabolic byproduct of phosphocreatine in the muscles, mainly cleared through glomerular filtration in the kidneys and excreted in urine during blood circulation.<sup>3</sup> Normally, the serum creatinine level in the body remains relatively stable. However, when there is kidney dysfunction, creatinine accumulates in the bloodstream and thus leads to an increase in serum creatinine levels. Therefore, the determination of creatinine levels in plasma and urine is the most commonly used and fundamental indicator of kidney function in clinical practice.<sup>4</sup> The creatinine test results' accuracy significantly impacts kidney function assessment, choice of treatment plans, treatment effectiveness monitoring, and prognosis prediction.

This diagnostic method has been the gold standard for evaluation and management of chronic kidney disease for a century.<sup>5</sup> Therefore, the development of rapid, efficient, user-friendly, and highly accurate creatinine testing methods is essential for the diagnosis and treatment of related diseases.<sup>6</sup>

In 1886, Max Jaffé discovered that creatinine could react with picric acid in an alkaline solution, forming a measurable chromogenic compound using photometric techniques.<sup>7</sup> The Jaffe reaction has been employed for creatinine detection for more than a century, but it is easily affected by proteins, glucose, bilirubin, and some drugs.<sup>8</sup> Since 1980, enzymatic assays have been developed to enhance the specificity of creatinine measurement, and these approaches are increasingly employed in clinical detection settings.<sup>9</sup> Besides, other biosensing methods have also been developed in recent years. However, these detection methods still suffer from some limitations, which hinder their practical application.<sup>10</sup> Ion-selective electrodes (ISEs), as potentiometric-based sensors, have been commonly employed in clinical detection techniques benefiting from the development of artificial ionophores.<sup>11</sup> However, the application of this technique for creatinine detection is extremely rare, primarily due to the scarcity of suitable ionophores.<sup>12</sup> From 2016, several elegant applications of aryl-extended calix[4]pyrrole as the ionophores in the potentiometric determination of creatinine levels in serum and urine were reported by Ballester and co-workers.<sup>13</sup> To date, this class of synthetic ionophores still stands alone as the only one capable of achieving accurate creatinine detection in biological fluids. Herein, developing affordable macrocyclic ionophores for creatinine detection remains of great clinical significance.

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The creatinium cation has a  $pK_a$  value of 4.8, thus the cationic species will be predominant at pH values below 4.8 (Fig. 1a). To achieve sensitive and selective creatinine sensing by ISEs, a tailored ionophore with strong and selective binding affinity for the creatinium cation is necessary. To fulfill this requirement, an ideal host should possess certain characteristics. Firstly, it should have a well-defined cavity that exhibits shape and charge complementarity with creatinium cations to ensure binding affinity. In addition, the decoration of appropriate binding sites inside the host cavity will enhance the selectivity. In recent years, the “endo-functionalized cavity” strategy has emerged as an effective approach for enhancing selectivity in molecular recognition.<sup>14</sup> This strategy involves incorporating specific functional groups within the interior of a host, leading to exceptional selectivity in recognizing target molecules and further promising exciting advancements in spectroscopic analysis,<sup>15</sup> biomedicine,<sup>16</sup> and materials science.<sup>17</sup> In this study, we reported a molecular cage that followed the concept of “endo-functionalized cavity” (Fig. 1a). The host exhibits high selectivity for binding creatinium cations, with a binding constant of  $8.6 \times 10^5 \text{ M}^{-1}$ , placing it at the forefront among synthetic hosts for creatinium cations. By utilizing the cage as an ionophore, we developed an ISE sensor capable of accurate determination of creatinine levels. This electrode demonstrated superiority in terms of selectivity, sensitivity, and other critical parameters, enabling accurate measurement of creatinine levels in both urine and serum samples.

## Results and discussion

### Design and synthesis

Synthetic hosts that exhibit selective recognition abilities towards creatinine or its cationic species are extremely rare in the literature.<sup>13,18</sup> In this study, we designed and synthesized an *endo*-functionalized cage (**2a**) tailored to the structural characteristics of the creatinium cation. The molecular cage exhibits

the following features in its structure: (a) triethylbenzene is chosen as the top and bottom planes, creating an electron-rich environment in the cavity to match the charge of the creatinium cation. The calculated electrostatic potential surface (Fig. 1b) suggests that the cavity of **2a** is rather electron-rich, providing a favorable electrostatic milieu capable of accommodating the electron-deficient creatinium cation. (b) The preorganization of triethylbenzene due to steric gearing<sup>19</sup> may facilitate the synthesis, as a similar amide-linked cage (Anslyn's cage) for recognizing anions was synthesized in surprisingly high yield (40%).<sup>20</sup> (c) Pyridine is selected as the sidewalls because the inwardly directed nitrogen atoms may serve as hydrogen bonding receptors. This not only enhances the binding strength but also ensures selectivity for the creatinium cation. (d) By incorporating relatively rigid ester groups as linkers, it is possible to create a pre-organized three-dimensional cavity, thereby avoiding the unfavorable effects of entropy during binding processes. (e) In comparison to pyridine, 2,6-ester substituted pyridine exhibits a lower  $pK_a$  value, decreasing from 5.2 to approximately 2.0,<sup>21</sup> which ensures that the *endo*-functionalized nitrogen-atoms remain deprotonated at lower pH values, thus they are able to act as hydrogen-bonding receptors. (f) The ester linker may get involved in binding when the oxygen atoms are inwardly directed.

Ester-bridged cage **2a** was synthesized from commercially available pyridine-2,6-dicarboxylic acid and 1,3,5-tris(bromomethyl)-2,4,6-triethylbenzene using carbonate-promoted reactions similar to those employed for ester naphthocage synthesis.<sup>22</sup> By optimizing reaction conditions by changing the reaction time and choice of carbonate, the highest isolated yield for **2a** reached 23% (Table S1,† entry 1) with  $K_2CO_3$  as the base and a reaction time of 4 hours. This result suggests that the template effect of the potassium cation likely plays a significant role in the formation of **2a**. For comparison, cage **2b** featuring benzene sidewalls was synthesized using a similar procedure. Notably, its yield reached 42% with  $Na_2CO_3$  as the base (Table S2,† entry 5), again benefiting from the template effect of alkali metal ions. The structure of **2a** and **2b** was characterized by NMR spectroscopy and HRMS spectrometry. The X-ray diffraction structure analysis reveals that the two hosts exhibit similar well-defined cavity structures (Fig. 1c). The primary difference lies in the atoms pointing towards the interior cavity, which may lead to differences in recognition performance.

### Guest-binding properties

The working principle of ISEs is based on the analyte's distribution equilibrium at the membrane interface and the liquid phase. Therefore, the binding ability of the ionophores to the target analyte determines the usability of the ISE. In this regard, it is crucial for the molecular cage to effectively and selectively bind with the protonated species of creatinine for it to function as an ionophore in a creatinine ISE. As a result, we initially investigated the binding interaction between the molecular cages and creatinine ion through NMR and isothermal titration calorimetry (ITC). For the NMR and ITC experiments, the non-coordinating tetrakis[3,5-bis(trifluoromethyl)phenyl]borate

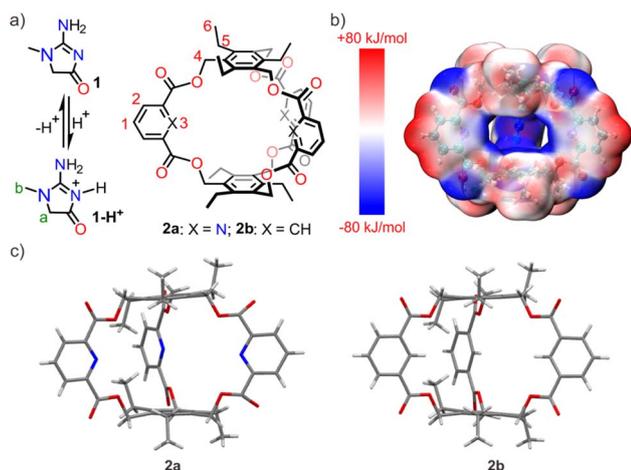


Fig. 1 (a) Chemical structures of creatinine (**1**) and its protonated form (**1-H<sup>+</sup>**), and two cages **2a** and **2b**; (b) electrostatic potential surface of **2a** calculated and visualized by Multiwfn 3.8 (dev) and VMD 1.9.3 programs after optimizing with DFT ( $\omega$ B97XD/6-311+G(d,p)) in a vacuum; (c) X-ray single crystal structures of **2a** and **2b**.



anion ( $\text{BARF}^-$ ) was employed as the counterion for the creatinium cation in order to maintain solubility in non-polar solvents such as  $\text{CH}_2\text{Cl}_2$ . The binding of **2a** with the creatinium cation can be evidenced through analysis of the  $^1\text{H}$  NMR spectra (Fig. 2a–c and S1†). When host **2a** and the guest were mixed in a 1 : 1 ratio in  $\text{CD}_2\text{Cl}_2$ , significant chemical shifts of the NMR peaks on both the guest and the host were observed. Notably, the methyl protons b of creatinium exhibited an upfield shift of 0.63 ppm, indicating that the guest is encapsulated inside the host cavity. It should be noted that the methylene protons a on the guest displayed much smaller upfield shifts, which may be attributed to the formation of  $\text{C-H}\cdots\text{O}$  hydrogen bonds with the ester linker and thus the shielding effect by the host cavity was balanced. Control experiments (Fig. S1†) employing excess guest or host support a slow exchange on the NMR timescale. No free guest or host was detected, indicating highly stable binding ( $K_a > 9.0 \times 10^4 \text{ M}^{-1}$ ). The binding affinity of the creatinium cation with cage **2a** was then determined using ITC titrations, and the corresponding thermodynamic parameters,  $\Delta H^\circ$  and  $T\Delta S^\circ$ , were also obtained (Fig. S2†). The association constant was found to be  $8.6 \times 10^5 \text{ M}^{-1}$ , mainly driven by enthalpic contributions with a slightly favorable entropic contribution. This association constant is the highest reported for synthetic hosts to the creatinium cation.

However,  $^1\text{H}$ -NMR spectra suggest that there is no obvious binding interaction between the creatinium cation and the molecular cage **2b** with benzene as the sidewalls (Fig. 2c–e and S3†). We also synthesized Anslyn's cage according to ref. <sup>20b</sup> and investigated its interaction with the creatinium cation by  $^1\text{H}$  NMR. The results showed that the interaction between the Anslyn's cage and creatinium cation is very weak (Fig. S4†). These results implied that the *endo*-functionalized sites play an indispensable role in the binding process, and subtle variations of *endo*-functionalized sites result in significant differences in recognition capabilities. This phenomenon parallels selective recognition by biological receptors, where a single atom difference can lead to substantial changes in recognition behavior, thereby influencing function.<sup>23</sup> Additionally, through comparing the binding with possible interfering substances or analogs such

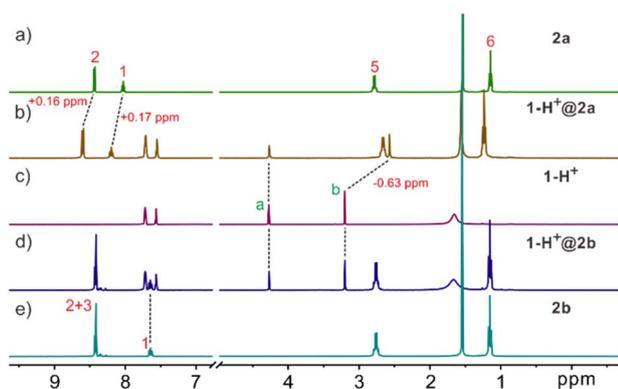


Fig. 2 Partial  $^1\text{H}$  NMR spectra (500 MHz,  $\text{CD}_2\text{Cl}_2$ , 2.0 mM, 25 °C) of (a) **2a**, (b) a 1 : 1 mixture of **2a** and  $1\text{-H}^+$ , (c)  $1\text{-H}^+$ , (d) a 1 : 1 mixture of **2b** and  $1\text{-H}^+$ , and (e) **2b**.

as tetramethyl ammonium (core structure of choline and acetylcholine, Fig. S5†), *N*-phenylacetamide (an aromatic compound with an H-bond donor, Fig. S6†), and 5-*N*-propyluracil (a uracil analog, Fig. S7†), it was discovered that **2a** exhibits very high selectivity in recognizing the creatinium cation.

To reveal the binding geometry between the *endo*-functionalized cage and the creatinium cation, the complex structures in a vacuum (Fig. 3) and in water (Fig. S8†) were calculated using density functional theory (DFT) at the  $\omega\text{B97XD}/6\text{-311+G(d,p)}$  level of theory.<sup>24</sup> The results indicated that both the energy-minimized structures in the vacuum and in water share a similar sandwich-like structure where the creatinium cation is encased between two aromatic planes. The peripheral hydrogen atoms are stabilized by the *endo*-functionalized sidewalls through the formation of multiple intramolecular  $\text{N-H}\cdots\text{N}$  or  $\text{C-H}\cdots\text{O}$  hydrogen bonds, with bond lengths ranging from 2.1 Å to 2.4 Å. Visual analysis of intermolecular interactions (independent gradient models based on Hirshfeld partition of molecular density, IGMH)<sup>25</sup> further supports the presence of multiple hydrogen bonds, and cation $\cdots\pi$  interactions are also involved in the binding. Therefore, the combination of charge and size complementation, along with the cooperative effects of these weak interactions, results in a highly selective interaction between the *endo*-functionalized cage and the creatinium cation. For comparison, the energy-minimized structure the complex structure of **2b** with the creatinium cation (Fig. S9†) indicates that **2b** cannot form multiple effective hydrogen bonds with the guest as effectively as **2a** does. Meanwhile, the packing coefficient of the **2a** complex is closer to the ideal 55% (Fig. S10 and S11 and Table S3†),<sup>26</sup> which further supports the superior binding of creatinium cations within the cavity of **2a**.

### Fabrication and analytical performance of membrane sensors

ISEs are frequently fabricated by incorporating PVC-based electrode membranes doped with plasticizers, ion exchangers and ionophores. Ion exchangers and ionophores are responsible for augmenting selectivity, whereby ionophores should exhibit a superior binding affinity towards the targeted analyte, subsequently lowering the free energy required for the analyte's permeation across the aqueous membrane interface. In this study, we prepared three membrane electrodes to investigate the performance of *endo*-functionalized cages as ionophores for

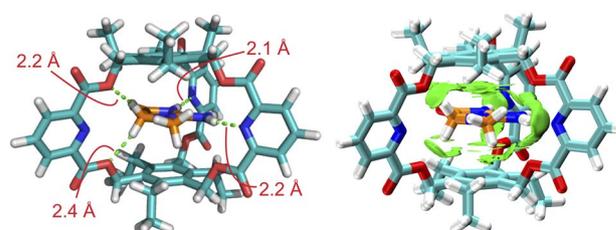


Fig. 3 Energy-minimized structures and visual analysis of intermolecular interactions (IGMH) of  $1\text{-H}^+\text{@}2\text{a}$  in a vacuum obtained by DFT ( $\omega\text{B97XD}/6\text{-31G(d)}$ ) calculations and visualized by Multiwfn 3.8 (dev) and VMD 1.9.3 programs. The dotted lines indicate the hydrogen bonds.



creatinine. The electrode membrane preparation method was adopted from previous literature,<sup>27</sup> employing PVC as the polymer matrix, *ortho*-nitrophenyl octyl ether (*o*-NPOE) as the plasticizer, and potassium tetrakis[3,5-bis(trifluoromethyl)phenyl] borate as the ion exchanger. **2a** or **2b** was used as the ionophore, with a “blank” sensor serving as a control without any ionophores. To determine the most suitable creatinine ionophore, Bu<sub>4</sub>N<sup>+</sup> was employed as a reference compound given its wide application in potentiometry for characterizing ionophores owing to its high hydrophobicity.<sup>28</sup> The ionophore that exhibited the optimal response could be identified by comparing the responses of the creatinium cation from different ionophores. Fig. 4a depicts the potential differences, measured in terms of electromotive force (EMF) values, between the ion-selective electrodes (ionophore-free, containing **2a**, and containing **2b**) for the creatinium cation relative to Bu<sub>4</sub>N<sup>+</sup>. The ion-selective electrode containing **2a** demonstrated the smallest potential difference (54 mV) compared to the electrode containing **2b** (422 mV) and the ionophore-free electrode (441 mV). This result confirms that **2a** possesses a stronger affinity for creatinine than **2b**.

After determining the optimal ionophore, we optimized the selection of plasticizer, electrode and working pH. The results revealed that *o*-NPOE exhibited significantly higher sensitivity as a plasticizer compared to dioctyl sebacate (Fig. S13†). Furthermore, the sensitivity of the glassy carbon electrode was noticeably superior to that of the gold and platinum electrodes (Fig. S14†). During the pH optimization process, we observed a potential response to pH changes in the buffer solution, with the maximum electromotive force occurring at pH 3.5 (Fig. S15†). Therefore, the optimal working pH was determined to be 3.5. For the subsequent experiments, a 10 mM acetic acid/sodium acetate buffer with a pH of 3.5 was used.

Fig. 4b illustrates the measured EMF response at different creatinine concentrations for the electrode doped with ionophore **2a**. The limit of detection (LOD) for the electrode was determined to be 0.95 μM, which is comparable to the reported value.<sup>13a</sup> The calibration curve displayed a linear relationship, with a slope of 58.2 mV per decade, consistent with the expected Nernstian slope and even slightly better than that of Ballester's sensor.<sup>13a</sup> The linear range is from 1.0 μM up to 10 mM, which fully covers the concentration range of creatinine in bodily fluids, enabling reliable analysis of real biological samples such

as urine and blood. In contrast, the sensor without ionophore or **2b**-based sensor both shows lower sensitivity (Fig. S16†). To ensure the reliability and longevity of ISEs, ionophores must exhibit hydrophobic properties to prevent undesired leakage from the electrode membrane into the sample solution. Host **2a** exhibits exceptional hydrophobicity, thus the electrode potentials in a solution containing 0.1 mM creatinine were very stable over time, indicating the absence of any leakage of the ionophore from the electrode membrane (Fig. S17†).

### Interference studies

One obstacle in the accurate determination of creatinine levels in real samples through potentiometric measurements is to avoid interference of cations commonly seen in biological samples with high concentrations (Na<sup>+</sup>, K<sup>+</sup>, NH<sub>4</sub><sup>+</sup> and Ca<sup>2+</sup>). This is why only very limited creatinine potentiometric sensors are suitable for practical applications. To address this issue, we evaluated the influence of these common cations on the sensor and calculated their selectivity coefficients. As shown in Fig. 4c, the sensor containing **2a** showed excellent selectivity against these cations. The stability constant of **2a** with creatinium cations in the electrode membrane in the buffer medium was determined to be  $(4.9 \pm 0.1) \times 10^6 \text{ M}^{-1}$  through the Stefanova-Mokrov method.<sup>29</sup> The selectivity coefficients of the **2a**-based electrode for creatinium over other cations were all over 3.0 (Table S4†), meaning that it is nearly 1000 times more selective for creatinium over other cations. Additionally, the presence of high concentrations of neutral substances such as urea, uric acid, creatinine, and glucose in urine or blood can also significantly compromise the accuracy of detecting authentic samples during testing, thus we also calculated the selectivity coefficients of these compounds, finding that they were also lower by more than three orders of magnitude compared to creatinium (Table S4†). When compared with Ballester's sensor,<sup>13</sup> we have found that our sensor has selectivity parameters that are essentially comparable to or even better than those of his sensor (Table S5†). This indicates that our sensor holds promising potential for real sample detection applications.

### Analysis of real samples

To accurately measure creatinine levels in real samples, it is essential to have a sensor with high selectivity, as well as the

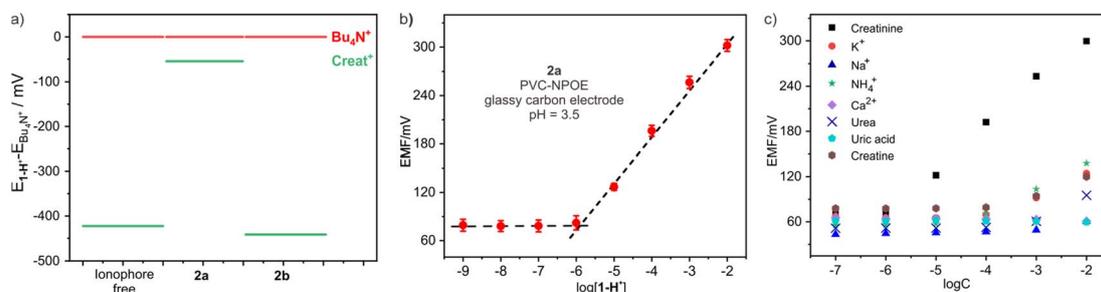


Fig. 4 (a) The EMF values of ISEs containing diverse ionophores exposure to 1.0 mM creatinium cation subtracted the corresponding EMF value exposure to 1.0 mM Bu<sub>4</sub>N<sup>+</sup>; (b) calibration curves of the **2a**-based electrode to 1-H<sup>+</sup>; (c) the selectivity for 1-H<sup>+</sup> over Na<sup>+</sup>, K<sup>+</sup>, NH<sub>4</sub><sup>2+</sup>, Ca<sup>2+</sup>, Mg<sup>2+</sup>, urea, uric acid, and creatine of the electrodes containing **2a**.



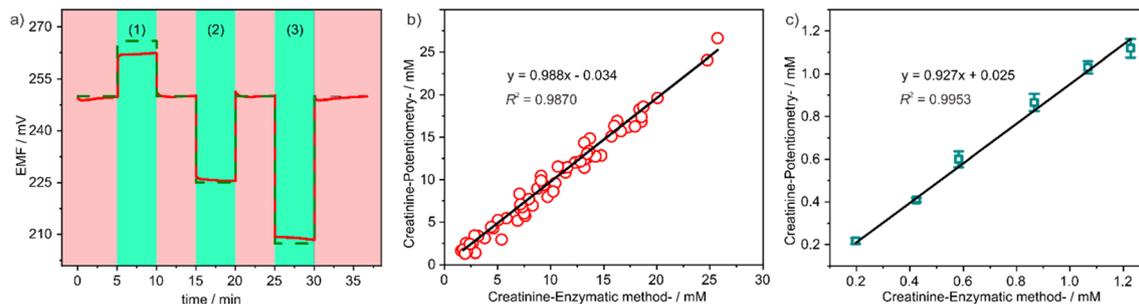


Fig. 5 (a) Expected (dashed line) and experimental (full line) potentiometric response obtained for 1 : 10 (1), 1 : 50 (2) and 1 : 100 (3) dilutions of urine (red) for the sensor. The baseline in between samples (green) corresponds to a 1.0 mM creatinine standard; creatinine values obtained in several urine ((b),  $N = 60$ ) and serum ((c),  $N = 6$ ) samples with the creatinine ion-selective electrode compared with the standard colorimetric standard method – the enzymatic method.

ability to resist non-specific interference, such as biological fouling caused by the adhesion of matrix components on the electrode membrane. This can lead to serious signal drift and permanent electrode damage if left unchecked. Non-specific interference significantly affects the accuracy of creatinine level detection. To overcome this, common methods include diluting the sample before measurement. In our study, we utilized this technique to investigate the measurement of creatinine in actual urine samples. We first measured the creatinine content of a real urine sample using a standard enzymatic method using a Cobas c702, which yielded a result of 21.3 mM. We then diluted the sample three times with a pH 3.5 buffer, using dilutions of 1 : 10, 1 : 50, and 1 : 100. Between each sample, a 1.0 mM creatinine standard solution was measured to check the accuracy of the sensor. The obtained potential time trajectory showed that the signal from our sensor was relatively stable under different dilutions, with a drift of less than  $2 \text{ mV min}^{-1}$ , and a high recovery rate of up to nearly 100% (Fig. 5a). Moreover, the signal from the 1.0 mM creatinine standard indicated that the sensor's response did not change during the experiment, demonstrating that the accuracy of the sensor is ensured when continuously testing different samples. Subsequently, we used the dilution method to measure real biological samples.

In order to assess the accuracy of the sensor in real sample detection, a total of 60 urine samples and 6 serum samples were randomly collected at the Affiliated Nanhua Hospital, University of South China. The creatinine levels of these samples were firstly quantified using a Cobas c702 instrument. The urine samples exhibited creatinine concentrations ranging from 2.0 mM to 28 mM, while the serum samples displayed creatinine concentrations ranging from 0.2 mM to 1.2 mM. Consequently, the urine samples were diluted 100-fold and the serum samples were diluted 10-fold before measurement using our potentiometric sensor. The obtained measurement results were subsequently compared with those obtained from the Cobas c702 instrument. As illustrated in Fig. 5b and c, a strong linear correlation was observed, with a slope close to 1 and an intercept close to 0. This finding signifies the effectiveness of our method in accurately analysing creatinine levels in actual biological samples.<sup>30</sup>

## Conclusions

In summary, we have designed and synthesized an *endo*-functionalized molecular cage to target the structural features of creatinine cations. The cage consists of benzene rings as the upper and lower planes, connected by ester bonds to three pyridine side walls, forming a three-dimensional cavity with an electron-rich environment. This molecular cage not only exhibits a precise charge and shape complementarity with the creatinine cation but also provides multiple hydrogen bonding sites inside the cavity to ensure strong and selective binding with the guest. The binding affinity between the cage and creatinine cations reached a remarkable value of  $8.6 \times 10^5 \text{ M}^{-1}$ .

The subtle variations at *endo*-functionalized sites yield significant differences in recognition capabilities, which is reminiscent of the selective recognition seen in biological receptors. A mere single-atom difference can greatly alter recognition behavior and thus impact biological functions.<sup>23</sup> This study further highlights the efficacy of the *endo*-functionalized macrocyclic design concept in the selective recognition of relevant disease biomarkers.

In application, we employed this molecular cage to fabricate an ion-selective electrode for creatinine detection, which exhibited comparable or even superior performance in terms of detection range, sensitivity, and selectivity compared to Ballester's sensor, which is currently the only ISE sensor capable of accurately measuring creatinine levels in real biological samples. Furthermore, our sensor successfully detected creatinine levels in urine and plasma, exhibiting excellent agreement with the enzymatic methods from the Cobas c702 instrument. Notably, our ionophore offers an easy synthesis route and the proposed detection method is convenient and precise, representing a highly promising approach for clinical creatinine measurement.

## Data availability

The datasets supporting this article have been uploaded as part of the ESI.†

## Author contributions

W. Jiang and L.-P. Yang conceived the project with contributions from L.-L. Wang and H. Yao. Y. Lu, Q.-C. Huang, C.-D.



Zhao and S. Yu performed the experiments with help from S.-S. He. S.-M. Wang performed the DFT calculations. L.-P. Yang, L.-L. Wang and H. Yao wrote the manuscript.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

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- 30 One may wonder about the LOD of our sensor in the real urine and serum samples. However, considering the inherent variability of creatinine levels in blood and urine, precise lower detection limits are challenging to ascertain. Nevertheless, experiments using real samples diluted 100-fold for urine and 10-fold for blood consistently yield reliable detection results, suggesting that detection limits in blood and urine should not exceed 20  $\mu\text{M}$ , which could be adequate for the analysis of real biological samples.

