



Cite this: *Lab Chip*, 2024, 24, 2237

Deep learning-enabled detection of rare circulating tumor cell clusters in whole blood using label-free, flow cytometry†

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Metastatic tumors have poor prognoses for progression-free and overall survival for all cancer patients. Rare circulating tumor cells (CTCs) and rarer circulating tumor cell clusters (CTCCs) are potential biomarkers of metastatic growth, with CTCCs representing an increased risk factor for metastasis. Current detection platforms are optimized for *ex vivo* detection of CTCs only. Microfluidic chips and size exclusion methods have been proposed for CTCC detection; however, they lack *in vivo* utility and real-time monitoring capability. Confocal backscatter and fluorescence flow cytometry (BSFC) has been used for label-free detection of CTCCs in whole blood based on machine learning (ML) enabled peak classification. Here, we expand to a deep-learning (DL)-based, peak detection and classification model to detect CTCCs in whole blood data. We demonstrate that DL-based BSFC has a low false alarm rate of 0.78 events per min with a high Pearson correlation coefficient of 0.943 between detected events and expected events. DL-based BSFC of whole blood maintains a detection purity of 72% and a sensitivity of 35.3% for both homotypic and heterotypic CTCCs starting at a minimum size of two cells. We also demonstrate through artificial spiking studies that DL-based BSFC is sensitive to changes in the number of CTCCs present in the samples and does not add variability in detection beyond the expected variability from Poisson statistics. The performance established by DL-based BSFC motivates its use for *in vivo* detection of CTCCs. Using transfer learning, we additionally validate DL-based BSFC on blood samples from different species and cancer cell types. Further developments of label-free BSFC to enhance throughput could lead to critical applications in the clinical detection of CTCCs and *ex vivo* isolation of CTCC from whole blood with minimal disruption and processing steps.

Received 10th August 2023,
Accepted 19th January 2024

DOI: 10.1039/d3lc00694h

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Introduction

Metastatic tumor growth is the leading cause of all cancer-related deaths.¹ During cancer progression, individual cells are observed to detach from the primary tumor and enter the bloodstream in a process known as intravasation.² Once in the bloodstream, these cells called circulating tumor cells (CTCs), can extravasate into distal organs, forming secondary

tumors.^{3–6} Multiple studies have correlated the dissemination of CTCs with poor prognosis and treatment resistance.⁷

During the metastatic cascade, CTCs and naturally occurring cells in blood can also form aggregates called CTC clusters (CTCCs).^{1,8–11} CTCCs typically vary in size from as few as two cells to more than nine cells and are extremely rare, with less than four CTCCs being observed per 7.5 mL of blood.^{1,7,12} While rare, CTCCs have gained significant attention due to their distinct characteristics and behaviors compared to individual CTCs. CTCC formation provides certain advantages to cancer cells, including increased survival rates in the bloodstream and enhanced ability to colonize distant tissues.^{1,12} The collective presence of multiple cancer cells within a cluster can provide protection against immune system attacks, promote resistance to therapies, and facilitate the formation of secondary tumors.^{1,9,10}

While interest in CTC and CTCC detection and isolation has grown, the only FDA-approved technique to date is CellSearch.^{8,13} CellSearch is optimized for the enrichment,

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† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d3lc00694h>

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labeling, and detection of rare CTCs in whole blood with greater than 85% recovery.^{13,14} However, no conclusive data are available on the enrichment and detection of CTCCs by CellSearch, with only two studies listing anywhere from 0–53% enrichment efficiency.^{7,13,15,16}

Microfluidic and size-based approaches provide an epitope-independent technique for CTCC isolation.^{1,7,9,17–21} New isolation devices can provide up to 90% detection sensitivity for CTCCs in whole blood.²¹ However, microfluidic devices depend on *ex vivo* blood processing of small volumes of blood compared to the total blood volume, leading to over or underestimation of CTCCs.¹² As liquid biopsy interrogation for CTCs and CTCCs has advanced, multiple groups have highlighted shifts in CTC dissemination due to hormonal changes during sleep cycles.^{22–26} Further, the temporal selection of blood draws demonstrates high variability (order of magnitude or more) in CTC counts and consequently, CTCC counts, in as little as a few minutes.^{24,25} *Ex vivo* processing of blood samples in microfluidic channels is, therefore, likely to lead to poor correlation with prognosis.

In vivo flow cytometry (IVFC) provides a robust, highly sensitive and specific platform for CTCC detection continuously.^{5,24,27–33} Fluorescence-based IVFCs (FIVFC) have been used to detect both rare CTCs and CTCCs; however, they are limited by the need for exogenous contrast agents.^{1,5,24,27–30,34,35} Label-free IVFC (Lf-IVFC) systems utilize intrinsic contrast from CTCs and CTCCs, enabling wider clinical utility.^{31–33} One such Lf-IVFC system, the photoacoustic flow cytometer (PAFC), has already demonstrated successful clinical detection of CTCCs *in vivo* in humans; however, the absorbance of melanoma cells is crucial in enabling detection of the CTCCs with this platform.³¹ To expand the PAFC for broader use, photoacoustic contrast agents would need to be developed and approved by the FDA for *in vivo* use, limiting full clinical adoption.

A critical gap between broad CTCC detection and label-free techniques exists. To address this, our group has focused on developing label-free, backscatter flow cytometry (BSFC). BSFC monitors intrinsic light scattering and fluorescence to detect CTCCs.^{12,36} We have previously demonstrated using *in vitro* BSFC that CTCCs have unique light scattering signatures,³⁶ which can be used to detect and classify CTCCs in whole blood using machine-learning (ML) based algorithms.¹² However, exogenous fluorescence was used in these studies to identify CTCCs from non-CTCCs (NCs) events.¹² In this study, we aim to improve our ML model for fully label-free detection of CTCCs in whole blood and assess the clinical utility of BSFC for CTCC detection.

For the work described here, fresh rodent blood samples were spiked with green fluorescence protein- (GFP-) expressing CTCs and CTCCs. Light scatter and fluorescence data were collected using BSFC to design a peak detection and classification algorithm, herein referred to as the DeepPeak model. The model's performance was assessed using the criteria proposed by Allard *et al.* (2004) for validation of the CellSearch platform.¹⁴ Namely, we sought to answer two

questions. First, what is the lowest number of CTCCs needed in a blood sample to detect one CTCC? Second, what is the potential extent of variability at a theoretical level when measuring the reproducibility of rare events based on a random distribution?¹⁴ We further assessed the error rate of BSFC on blood samples not expected to contain any CTCCs to determine the false alarm rate (FAR) of the DeepPeak model. Finally, we compared all relevant performance metrics reported against other key CTCC detection platforms. We demonstrate that the DeepPeak model with BSFC provides a clinically relevant, label-free CTCC detection platform with comparable performance to other CTCC detection platforms and unique potential to be extended to *in vivo* human studies.

Methods

Sample preparation

Blood samples were collected as previously described.¹² Briefly, 500 μ L of blood from healthy, non-experimentally manipulated rats from other studies was collected *via* cardiac puncture immediately after CO₂ euthanasia in K2EDTA-coated blood tubes.¹² All blood collections were performed in accordance with Tufts University Institutional Animal Care and Use Committee regulations (Protocol #M2022-132; formally M2019-158). All collected blood samples were processed within 24 hours of the blood draw. Blood samples stored in K2EDTA tubes have been demonstrated to remain stable for up to 24 hours post collection.³⁷ This timeframe was also in line with reported blood processing times used in modern day transfusion medicine.³⁸

CTCCs were introduced to the blood samples prior to flow data collection. MDA-MB-231 cells, a well-characterized human triple-negative metastatic breast cancer cell line, were used for all studies. CTCCs were generated using a previously established protocol.^{12,18} Briefly, GFP-associated MDA-MB-231 cells were grown on a 10 cm culture plate to 90% confluency. Following a wash step with phosphate buffer saline (Invitrogen), 1.5 mL of 0.25% trypsin (Gibco) was added to cleave the bonds between the cells and the plastic culture plate. As a result of the trypsin, natural aggregates (CTCCs) were observed to form (see ESI† Fig. S1 online). Fully prepared media with serum was used to deactivate excess trypsin. Floating CTCCs were then carefully transferred for spiking into whole blood samples. Mechanical dissociation was expected to impact the size of CTCCs and the number of CTCs found in the sample; as such, it was critical to minimize introducing excessive forces during transfer and spiking steps.

During spiking, 100 μ L of the mixture of CTCCs and CTCs were added to the blood tube. A tube rotator (VWR) was used to gently mix the CTCCs/CTCs into whole blood for 3–5 minutes. Once mixed, the samples were brought to the flow cytometer system for the collection of light scatter and fluorescence data. All studies conducted were approved by the Tufts University Institutional Biosafety Committee (Protocol #2022-M71; formally 2020-M1) (Fig. 1a).



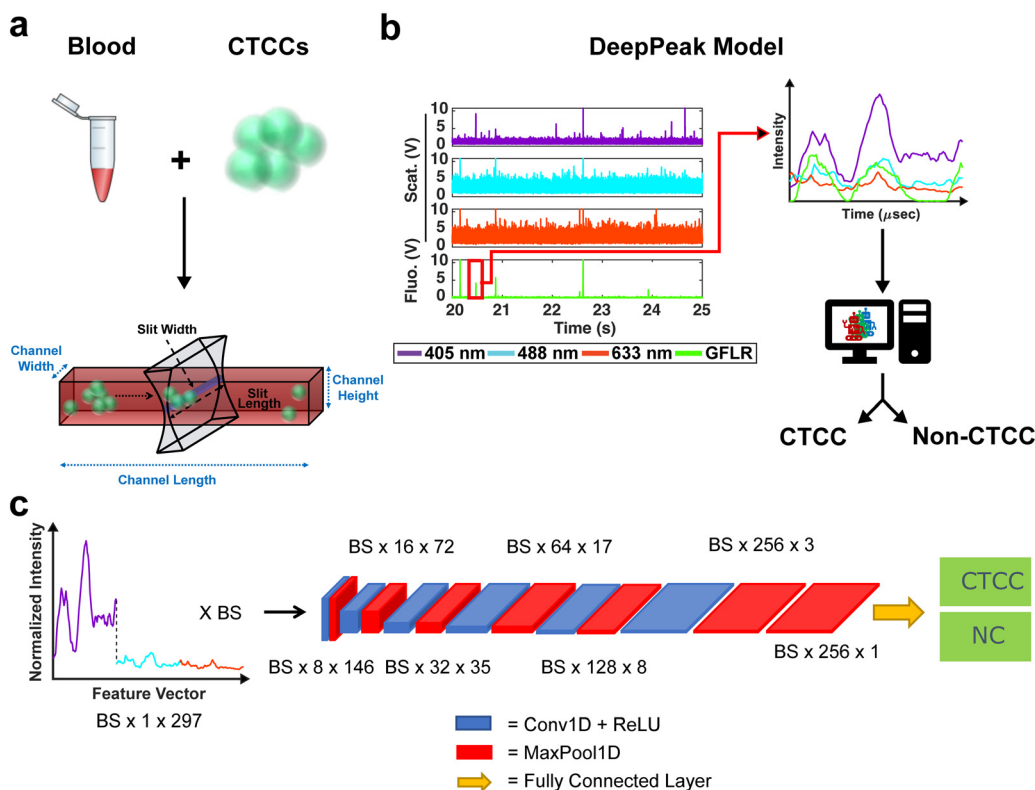


Fig. 1 (a) Schematic of experimental design. Whole blood is collected for rodents and spiked with MDA-MB-231 breast cancer cell clusters. Data are collected through a microfluidic channel using a sharp illumination slit. (b) Data are processed using the DeepPeak model. Regions of interest (ROIs) are first selected using a new ROI detection algorithm before being passed to an ROI classification algorithm. (c) The classification algorithm utilizes a 1-D feature vector containing normalized scattering intensity from the three scattering wavelengths and a convolutional neural network (CNN) to classify CTCC peaks from non-CTCC (NC) peaks.

Flow cytometer and data collection

The BSFC instrument has been previously described (see ESI† Fig. S2 and S3 online).^{12,36} A 405 nm, 488 nm, and 633 nm laser were used as excitation sources. Photomultiplier tubes (PMTs) were configured for the collection of light scattering from the three excitation lasers and red autofluorescence (670 ± 20 nm) and green exogenous fluorescence (525 ± 25 nm). Green exogenous fluorescence (GFLR) was used as a ground truth label for the location in the light scatter data corresponding to CTCC scattering. Based on the excitation and emission spectra of the green fluorescence protein used to label our cells, no/negligible signal is expected to contribute to the three light scattering detection bands, all of which have narrow bandpass filters centered at each excitation wavelength (± 5 nm).

Whole blood samples drawn from rodents were spiked with CTCCs prior to flow through a $30 \times 30 \mu\text{m}^2$ rectangular microfluidic channel (see ESI† Fig. S3 online). CTCCs have previously been observed to deform to traverse small capillary-like structures (as small as $\sim 5 \mu\text{m}$) and reform after size constraints were removed.³⁹ It was therefore assumed that CTCCs were able to traverse our microfluidic channels. The width of the peaks we detected from the CTCCs as they were flowing in the microfluidic channels were used as the

metric for assessing how large the CTCCs we detected were instead of their sizes prior to spiking them in the whole blood samples. Light scatter data were sampled at 60 kHz and stored using a data acquisition (NI-DAQ) unit (National Instruments; USB-6341). A custom Lab-VIEW (v18.0; National Instruments) project was written to read data output from the NI-DAQ and save it as a comma-separated values (CSV) file. A wrapper function was written in MATLAB to read the CSV files and store the data into smaller 1.5 minute-long data segments. Each segment was then processed for CTCC detection by the DeepPeak model (Fig. 1b), which was composed of a region-of-interest (ROI) detection (Fig. 2) and ROI classification algorithm (Fig. 1c).

ROI detection algorithm

To detect ROIs, data segments were processed one at a time. Baseline variance was assessed to determine whether blood clots existed in the data. A blood clot was found to be present if the standard deviation of the cumulative scattering signal was greater than 1.75 V. A threshold of 1.75 V was selected based on the inspection of data without clots. Baseline variance for the 405 nm, 488 nm, and 633 nm data traces was first examined across 10 different experimental recordings. An average variance of 0.169 V^2 , 0.452 V^2 , and



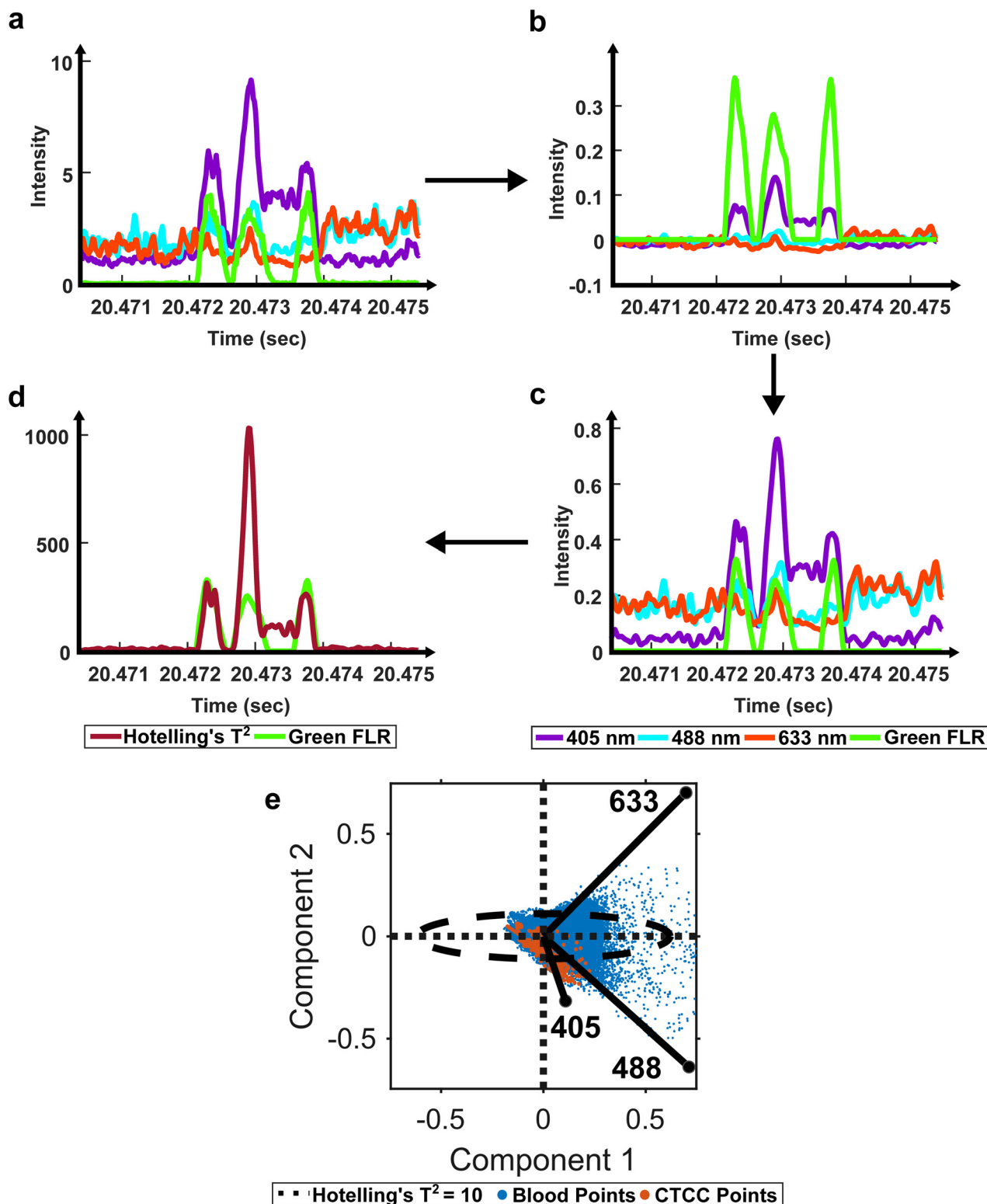


Fig. 2 Schematic of the ROI detection algorithm. (a) Raw data is loaded in and (b) filtered using a second-order Butterworth filter. (c) Filtered data is normalized between 0 and 1 using the maximum intensity. (d) PCA and Hotelling's T^2 test are used to calculate the distance of each observation from the centroid, generating a new cumulative scattering trace. (e) Loadings for two principal components and the corresponding data are shown, along with the threshold used for peak detection. Points outside the oval represent strong outliers and are part of a suspected CTCC peak.

0.511 V^2 was observed for the 405 nm, 488 nm, and 633 nm light scatter channels, respectively. As the cumulative

scattering signal was the sum of the independent signals, the average variance in the cumulative signal was expected to be



and the scattering channel, the event was labeled as a CTCC event; if the event was only found in the scattering channel, it was labeled as a non-CTCC (NC) event. A total of 34 independent days of experimental data were formatted for classification. 32% of the data (11 days) were set aside as a test set. The remaining 68% were used to train and validate the ROI classification model. During training, 21% of the training set (5 days) was used for validation, with the remaining 18 days used for training. A total of five training-validation folds were used to verify model performance.

The Tufts high performance cluster was used for all ROI classification algorithm training. A single, eight-core CPU with a 40-gigabyte NVIDIA Tesla A100 GPU card was used for all training and evaluation. The classification algorithm utilized a convolutional neural network (CNN) to classify NC events from CTCC events accurately. The CNN architecture was based on prior work by Melnikov *et al.* (2020), which examined peak detection in noisy liquid chromatography-mass spectrometry (LC-MS) data.⁴⁵ The designed CNN featured six convolutional + max pooling layers followed by an additional max pooling layer and a fully connected layer (Fig. 1c).

The classification algorithm was implemented using PyTorch in an anaconda environment.^{46,47} A starting learning rate of 1×10^{-3} was used with an Adam optimizer.⁴⁸ During training, the maximum number of epochs was set to 15 with an early stop condition if performance failed to improve after seven epochs. As class imbalance was expected to be significant, a weighted binary cross-entropy (BCE) loss function was combined with the focal Tversky loss function.^{49,50}

BCE loss is a robust loss function for equally balanced datasets; however, in the case of high-class imbalance, models learn little from the misclassification of the minority class. Weighted BCE loss attempts to improve application on imbalanced datasets by increasing the penalty on minority class misclassification. However, weighted BCE loss may not perform well on highly-imbalanced datasets.⁵⁰ Focal Tversky loss (FTL) was designed for use on highly-imbalanced datasets.⁴⁹ FTL enables flexibility in false negative (FN) and false positive (FP) detection based on hyperparameters controlling the acceptable limits of FNs and FPs. However, FTL can be unstable in learning based on parameter selection. To account for this, we combined BCE loss with FTL to stabilize learning while promoting accurate classification of a largely imbalanced dataset.

To further improve the model's performance, we used an ensemble of CNNs to improve detection purity. Each model was independently trained based on the output from the previous model. For example, model one was trained until performance stabilized, after which all FPs, FNs, and true positive (TP) events were separated from the events the CNN accurately classified as NC peaks (true negatives; TN). The isolated FP + FN + TP events were then inputted into the second CNN as the training set. This process was repeated for ten networks. The assumption was that each successive CNN would learn new boundaries to separate hard-to-discern NC and CTCC peaks. After training, the

test set was evaluated through all ten networks. During evaluation, only the FP and TP events were passed as inputs into the subsequent network. Performance was logged after each network. The number of networks used was selected after the performance was observed to stagnate. The final classification algorithm's performance was assessed after all ten networks had evaluated the test data set.

Metrics

To determine the performance of the DeepPeak model, six metrics of performance were examined: purity (also referred to as precision), sensitivity, specificity, FAR, F_1 score, and Pearson correlation coefficient (PCC) between the predicted number of events and the number of spiked events present (calculated based on green fluorescence signal). These metrics were defined as follows:

$$\text{Purity} = \frac{\text{True Positive}}{\text{True Positive} + \text{False Positive}} \quad (1)$$

$$\text{Sensitivity} = \frac{\text{True Positive}}{\text{True Positive} + \text{False Negative}} \quad (2)$$

$$\text{Specificity} = \frac{\text{True Negative}}{\text{True Negative} + \text{False Positive}} \quad (3)$$

$$\text{FAR} = \frac{\text{False Positive}}{\text{Acquisition Time}} \quad (4)$$

$$F_1 = 2 \cdot \frac{\text{Sensitivity} \cdot \text{Purity}}{\text{Sensitivity} + \text{Purity}} \quad (5)$$

Metrics were selected to compare the DeepPeak model's performance against other CTCC detection platforms. Performance targets were not available for all metrics from other platforms, but we present a complete list of all reported performance metrics below.

Statistics

Poisson statistics have long been used to describe randomly distributed objects in a given volume and are frequently used to describe the detection of CTCs in liquid biopsies.^{14,51} Based on Poisson statistics, to detect an average of x events at a probability of detection (p), a minimum of n events would be needed in the sample (eqn (6)). In this study, we assessed the minimum volume of blood needed to detect a minimum of 1 CTCC based on a Poisson distribution.

$$x = n \cdot p \quad (6)$$

To calculate the necessary interrogation volume of blood, we first determined the minimum number of CTCCs needed in a sample to detect 1 CTCC based on the DeepPeak model's sensitivity. Then, we estimated the blood volume necessary to detect a single CTCC based on the average concentration of



detection. To improve detection purity, we utilized a CNN-based classification algorithm. The classification algorithm included 10 CNNs ensemble to enhance the detection of rare cellular events in whole blood. The ensemble procedure was consistent with prior implementations completed by our group.¹² Peaks were labeled before classification based on the width of the scattering peak and ground truth (GFLR) signal. If the peak was greater than 17 points in FWHM in the cumulative light scatter trace and featured GFLR signal or was greater than 17 points in FWHM in the GFLR channel, the peak was considered a CTCC. Sample CTCC peaks are shown in Fig. 3a and b. Classification performance was assessed using purity, specificity, sensitivity, accuracy, and Pearson correlation coefficient. *K*-fold validation was used to verify the reproducibility of the classification on varying validation sets with a *k* = 5. On an independent test set, we observed approximately 69.0% detection purity, 98.7% specificity, 43.8% sensitivity, 95.5% accuracy, and *r* = 0.943 correlation between detected events and spiked events (Fig. 3c and d). Across the entire dataset, including training and validation data, performance was stable with approximately 72.5% detection purity, 98.6% specificity, 60.5% sensitivity, 96.5% accuracy, and *r* = 0.944 correlation between detected events and actual events (Fig. 3c and d). Confusion matrices for the test set and the full dataset for one of the folds are shown in Fig. 3c.

A challenge in rare event detection was the large class imbalance. Consequently, while the classification algorithm improved detection purity, the low TP rate led to decreased sensitivity. Pearson correlation coefficient (PCC) was used to assess how well the detected events correlated with the anticipated CTCC count. We observed that the

test set and full dataset detected event counts correlated highly with the expected number of events (Fig. 3d). To further assess the impact of outliers in the linear fit, we refit the lower 30% of peak counts in the full dataset. PCC of the full dataset fell from 0.94 to 0.88 (data not shown), suggesting that while the outliers impacted our fit, the detected events were still well correlated with the actual event counts.

Assessment of the DeepPeak model on unspiked blood data

For *in vivo* clinical utility, it was important for the DeepPeak model to minimize the number of FP events reported when no CTCCs were present, *i.e.* the false alarm rate (FAR). To assess the FAR of the DeepPeak model, unspiked blood samples from control animals were flowed for up to 60 minutes. Collected data were processed using an identical ROI detection algorithm as the spiked blood samples. Selected ROIs were then classified using the trained ROI classification algorithm. 175 minutes of data from five experimental days were used for FAR assessment. A total of 137 FP events were detected in the negative control blood dataset (Fig. 4a). Detected FP events mimicked many of the characteristics of CTCCs in the light scatter channel (Fig. 3a/b and 4b). Interestingly, some FPs displayed weak autofluorescence, although the source of the autofluorescence was not confirmed in this study (Fig. 4b). Potential sources of autofluorescence include lipo-pigments (found in RBCs and plasma) and FAD/other flavoproteins (found in WBCs) which fluoresce at 520 nm with 405 nm excitation.⁵⁶ However, as millions of RBCs are traversing the illumination slit continuously, we would not expect to see

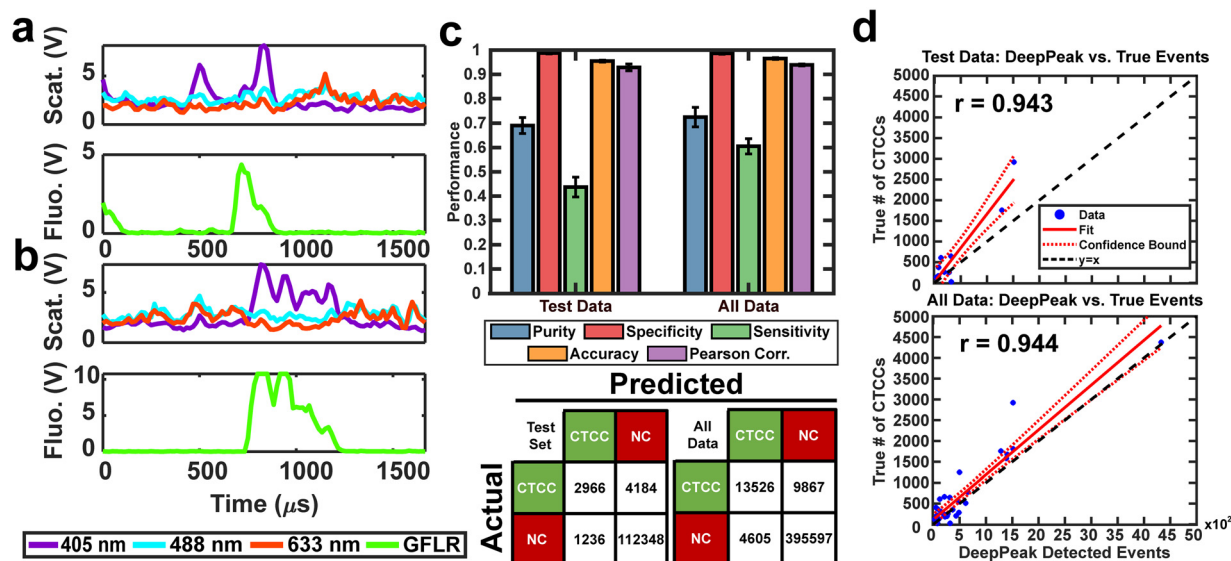


Fig. 3 (a) A representative 2-cell CTCC peak. Peaks are defined as CTCCs based on the GFLR signal and FWHM. (b) A representative 3–6 cell CTCC peak. Larger CTCC events are expected to have broader peak widths. (c) Assessment of 5-fold validation on an independent test set and the full dataset (all data). Confusion matrices are shown for the test set and full dataset. (d) Correlation plots for true CTCC numbers (based on detected GFP peak numbers and widths) compared to the number of events detected by the DeepPeak model.



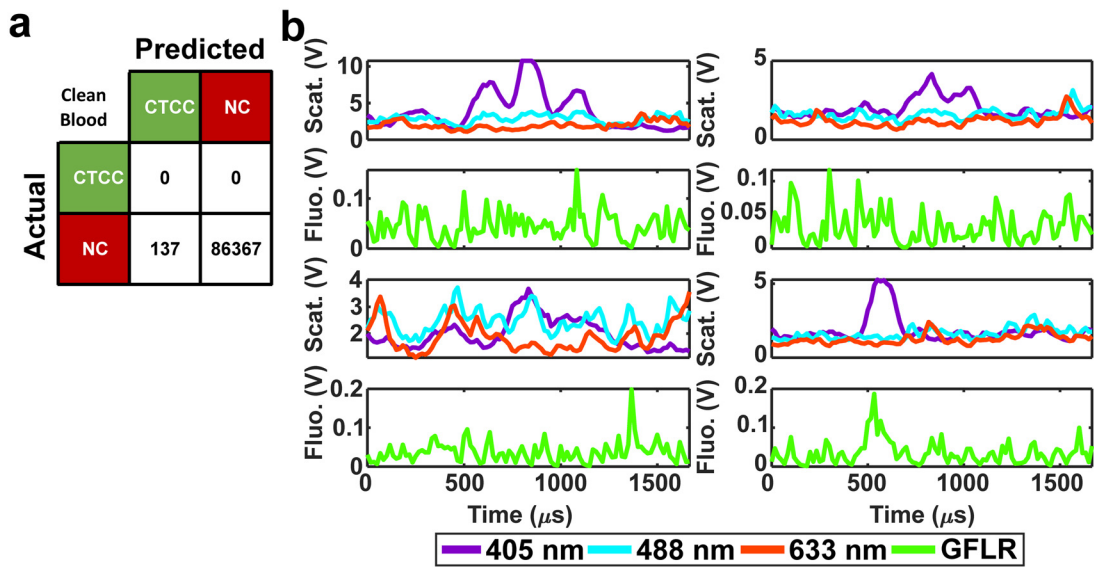


Fig. 4 (a) Confusion matrix for events in negative control blood data after classification by the DeepPeak model. (b) Four examples of misclassified peaks by the DeepPeak model. Paired images show light scattering and fluorescence signals. Autofluorescence is observed in some FP events, such as the bottom right event.

RBC autofluorescence from such a limited subset of events. The width of the autofluorescence peaks corresponds to cell sizes in the 12–15 μm range, suggestive of a subpopulation of

WBCs. Based on the detected number of events in the control blood samples and time of collection, the FAR was estimated to be 0.78 events per min.

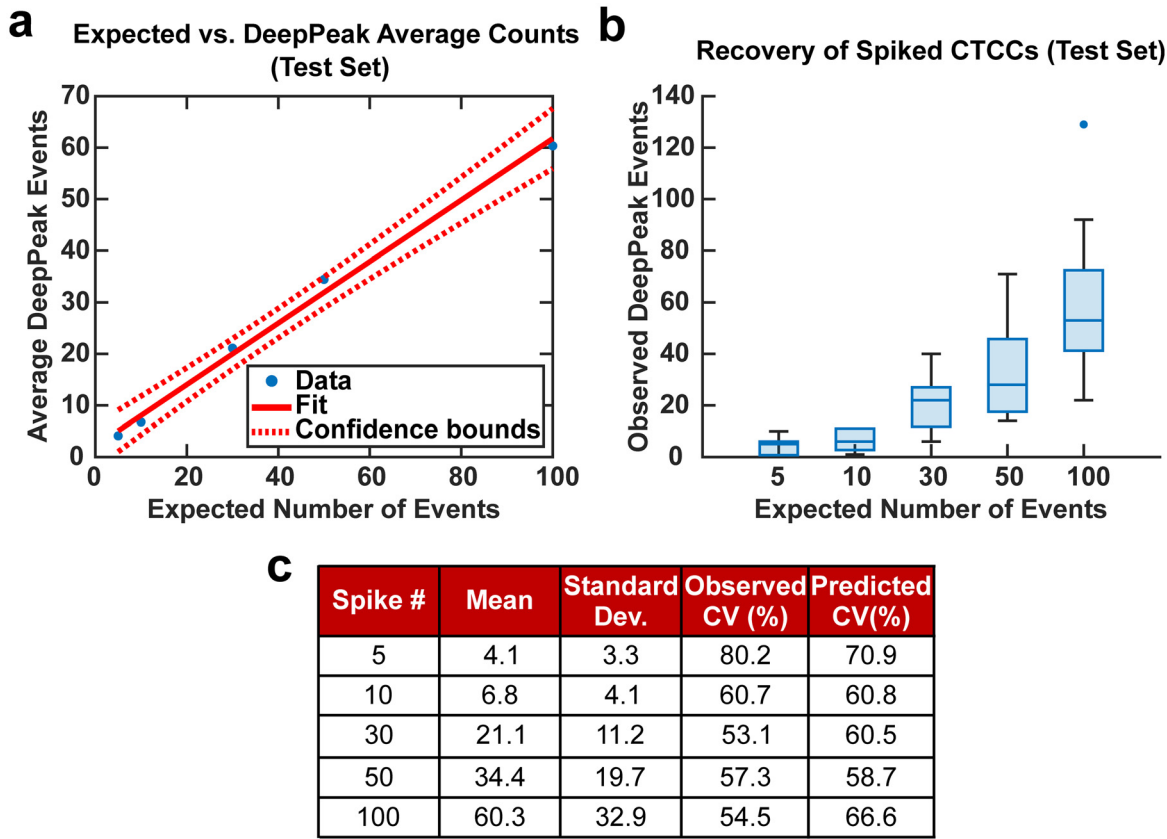


Fig. 5 (a) Linear fit for controlled spiking study between the number of events detected by the DeepPeak model and the expected number of events. (b) Box plot for the various spike concentration compared to the number of events detected by the DeepPeak model. Variability is observed to increase with the number of events spiked in. (c) Summary table for assessing sources of variability in spiked cell study.

Assessment of the DeepPeak model consistency in spiked samples

Spiking CTCCs into blood has frequently been used to assess device performance in cell sorting and flow cytometry studies. However, to simulate *in vivo* concentrations of CTCCs, controlled spiking studies were needed to validate how sensitive the DeepPeak model was to changes in CTCC concentration and the limit of detection for the DeepPeak model. Further, replication of spiked CTCC concentrations enabled us to validate the detection consistency of the DeepPeak model. Five concentrations were selected: 5, 10, 30, 50, and 100 CTCCs. Formatted datasets containing the specified number of CTCCs and an assortment of NC peaks were evaluated by the trained model. The DeepPeak model demonstrated high sensitivity to changes in the concentration of CTCCs ($r = 0.996$) (Fig. 5a). At a minimum, the DeepPeak model recovered 60.3% of the expected counts. To assess the variability in detection, theoretical %CV and observed %CV were calculated for each spiked concentration. Despite the variance increasing with the number of expected events (Fig. 5b), %CV decreased for all spiked concentrations outside of the 100 CTCC spiked concentration (Fig. 5c). More significantly, observed %CV values were similar to the predicted (theoretical) %CV values. This implied that variability resulted from rare event detection based on Poisson statistics and no variability was added by the DeepPeak model. Overall, this suggested that the DeepPeak model could measure changes in and reliably assess CTCC concentrations.

Net DeepPeak model performance

To assess the overall performance of the DeepPeak model, initial ROI detection sensitivity and specificity were combined with the ROI classification performance. For all performance metric analyses, we used weights from an ensemble of models trained on a specific data fold. Net sensitivity was calculated by multiplying the ROI detection algorithm sensitivity with the ROI classification algorithm sensitivity for the test set. Based on this formula, the observed net sensitivity for CTCC events was 35.3% ($85.1\% \times 41.5\%$). To assess the net specificity, the total number of NC scattering events labeled by both the ROI detection and classification algorithms were summed together ($TN_{\text{total}} = TN_{\text{detect}} + TN_{\text{class}}$) and compared to the total number of NC scattering events ($FP + TN_{\text{total}}$). In total, the DeepPeak model demonstrated a net specificity of 99.97%.

Additional metrics considered included the FAR and F_1 score. Minimizing FAR was considered important in preventing the misidentification of rare events when handling clinical samples. The F_1 score was calculated to determine how well the model performed as a harmonic mean of sensitivity and purity. A high F_1 score would indicate that both sensitivity and purity were high; however, a low F_1 score could indicate that the performance favored only high sensitivity/high purity or had low sensitivity and purity. For

clinical use, it was important for the DeepPeak model to be both sensitive to CTCCs and to minimize the number of FPs detected (maximize purity), as such, achieving high F_1 scores was desirable. Owing to the high detection purity/specificity of the DeepPeak model, less than one FP event per minute of data collection ($FAR = 0.78 \text{ min}^{-1}$) was measured (Fig. 4). Further, based on our detection purity and sensitivity (72% and 35%, respectively), the F_1 score was approximately 0.474.

Discerning the clinical utility of BSFC and the DeepPeak model

To demonstrate the potential clinical value of BSFC and the DeepPeak model, we explored the final DeepPeak model performance metrics in the context of clinical use. Allard *et al.* (2004), in their characterization of the CellSearch platform for CTC detection, provided a blueprint for contextualizing the clinical utility of a rare event detection platform.¹⁴ Two questions were proposed in the study to quantify the performance of rare event detection platforms. The first question addressed the minimum number of CTCCs needed in a blood sample to detect a single CTCC. As the DeepPeak model's net sensitivity was $\sim 35.3\%$, to detect a single CTCC, we would need ~ 3 CTCCs ($1/0.353$) to be present within the sample. Using a relatively low estimate concentration of CTCCs in whole blood (0.4–0.5 CTCCs per mL of blood), we estimated that 5–7 mL of blood would need to be processed to detect a single CTCC. Accounting for our current throughput ($3 \mu\text{L min}^{-1}$), this would require between 27–39 hours of blood processing.

The second question proposed by Allard *et al.* (2004) was to determine the extent of variability present in measuring rare events reproducibly based on a random distribution. In artificially spiked samples, we observed variability in measurements that were consistent with theoretical values of variability at varying spike concentrations (Fig. 5). Our results suggested that BSFC with the DeepPeak model did not increase the variation in CTCC measurements beyond the inherent variation in a random distribution. As the only source of variation originated from Poisson statistics for counting rare events, we determined that BSFC with the DeepPeak model could reliably detect rare CTCC events.

To understand the performance of our model in the context of broader CTCC detection, we compared our performance values against three flow cytometer systems, CellSearch, and two microfluidic platforms that have been used for CTCC detection (Table 1).^{7,16,18,19,31,57,58} Comparisons between different platforms were challenging due to numerous studies reporting a mixture of performance metrics from varying event types. However, we sought to identify performance targets based on the listed metrics in literature to the best of our ability.

In our results, we observed improved detection purity compared to the non-equilibrium inertial separation array-extralarge (NISA-XL) chip for CTCCs. However, sensitivity trailed both the deterministic lateral displacement (DLD) chip (CTCCs only), NISA-XL chip (CTCCs only), and PAFC



Table 1 Summary of all performance metrics available from various CTCC detection platforms. Metrics are calculated using eqn (1)–(5). For clarity in the comparison of metrics, the type of cell events included in performance calculation is also indicated. Label-free systems are bolded

System	Purity	Sensitivity	Specificity	False alarm rate	F_1 score	PCC	Event inclusion
PAFC ³¹	—	62 ± 18%	94.7%	—	—	—	CTC/CTCC
DiFC ^{5,58}	No comparable metrics discussed in paper	—	—	0.017 per minute	—	0.906	CTC/CTCC
VIFFI FC ⁵⁷	—	29%	99.9984%	—	—	—	CTC/CTCC
DLD Chip ¹⁸	—	66.7 ± 6.4%	—	—	—	—	CTCC
NISA-XL ¹⁹	5.5%	84%	—	—	0.1	—	CTCC
Cell Search ^{7,16}	—	0–53%	—	—	—	—	CTCC
DeepPeak (our model)	72.0%	35.3%	99.97%	0.78 per minute	0.474	0.943	CTCC

(CTCs and CTCCs). Compared to epitope-based detection platforms, the DeepPeak model demonstrated greater consistency in sensitivity compared to CellSearch, which has been reported as having anywhere between 0% to 53% sensitivity for CTCCs. Against other flow cytometer platforms, the DeepPeak model demonstrated greater sensitivity compared to the virtual freezing fluorescence imaging flow cytometer (VIFFI FC) and comparable levels of specificity without the use of fluorescence. Finally, despite a higher FAR compared to the diffuse *in vivo* flow cytometer (DiFC), events detected by the DeepPeak model demonstrated higher PCC compared to the DiFC. A higher FAR was expected due to increased background signals from light scatter compared to fluorescence signals used by the DiFC for detection. In DiFC fluorescence detection, autofluorescence was the principal source of background signal and was less prevalent compared to light scatter signal.

A limitation of the DeepPeak model compared to other label-free detection platforms was the lower detection sensitivity. Higher sensitivity was achievable by reducing the number of ensemble models but came at the cost of purity, specificity, PCC, and FAR (Fig. 6). Higher sensitivity would reduce the volume of blood needed to be interrogated, but poor PCC and high FAR represented undesirable artifacts in rare event detection. As such, we prioritized lower FAR and higher PCC compared to maximizing the detection sensitivity (Table 2).

Discussion

In summary, we demonstrate a robust platform for label-free detection and enumeration of rare cellular events in whole blood. BSFC, in combination with deep learning models (the DeepPeak model), have implications for clinical detection

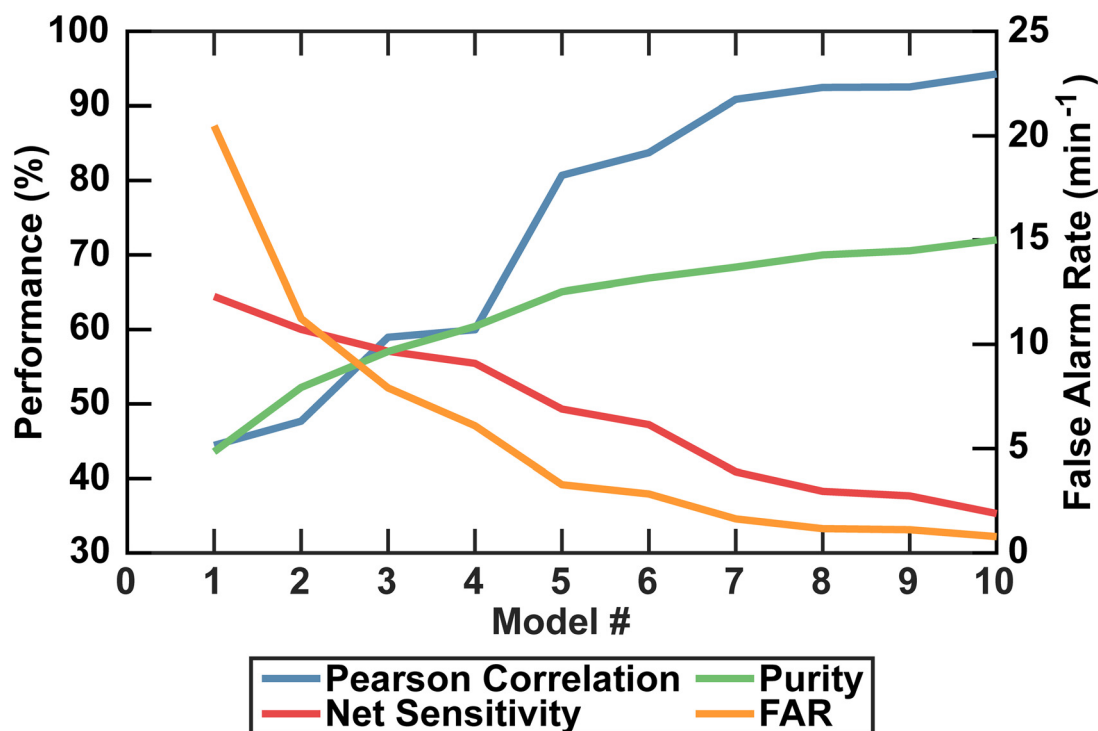


Fig. 6 Visual summary of the impact of varying the number of ensemble models used in the ROI classification algorithm on the DeepPeak model performance. FAR is shown on the right axis. A tradeoff between sensitivity and purity leads to changes in FAR and PCC.



DeepPeak model count	Purity	Sensitivity	Specificity	FAR	F_1 score	PCC
Single model	43.6%	64.4%	99.8%	20.5 per minute	0.52	0.44
Three models	57.0%	57.1%	99.88%	7.91 per minute	0.57	0.59
Ten models	72.0%	35.3%	99.97%	0.783 per minute	0.474	0.94

PAFC-enabled detection of CTCs and CTCCs, it is limited to melanoma CTC/CTCC detection until probes for photoacoustic contrast are approved.^{31,59–61} These probes would face similar technical development and regulatory limitations as fluorescence-based probes preventing broad label-free monitoring of CTCCs *in vivo*.

In this study, we show that BSFC yields 72% detection purity, 99.97% net specificity, and 35.3% net sensitivity for CTCC detection. Based on this performance, 5–7 mL of blood would need to be interrogated for BSFC to detect a single CTCC. While this volume of blood is high, assessment of CTCC concentration *in vivo* could vastly impact the needed volume. Multiple studies have published conflicting concentrations of CTCCs in blood ranging from 0.44 CTCCs per mL to 10 CTCCs per mL of blood.^{7,52,53} A challenge in assessing CTCC concentration is that all measurements to date have been collected *ex vivo* and are subject to over or underestimation. Defining an average concentration of 10 CTCCs per mL, for example, would only necessitate processing 300 μ L of blood compared to 5–7 mL of blood. The range of uncertainty between concentrations highlights the need for *in vivo* detection methods to ascertain the actual concentration of CTCCs in whole blood. Here, we assume CTCC concentration is near the lower end of literature concentrations (0.4–0.5 CTCCs per mL) to determine the maximum volume and collection time needed in a clinical setting. While processing 5–7 mL of blood is within the normal ranges for blood processing, at the throughput used in this study, processing time would approach close to 39 hours. Enhanced throughput is needed to reduce the processing time.

Multichannel flow could be used to improve BSFC throughput. A limitation in multichannel illumination and detection in our current set up is the available slit characteristics ($5 \times 30 \mu\text{m}^2$). Future efforts will be focused on implementing straightforward modifications to our illumination scheme and microfluidic device design to enable data collection from whole blood flowing through multiple microfluidic channels. More complex illumination schemes will be required for simultaneous interrogation of multiple blood vessels *in vivo*. Structured illumination or multi-lens array schemes may be suitable for this purpose.⁶²

To understand the limitations of detection sensitivity, we carefully examined FN peaks from the ROI classification algorithm (sample FN peaks are included in ESI† Fig. S6 (online)). Considering the FWHM of all mislabeled events, >80% of mislabeled events were 2-cell CTCCs, 14–16% were 3–6 cell CTCCs, and less than 4% of mislabeled events were 6+ cell CTCCs. This suggests that the classification errors

center around mostly smaller CTCC events, which are known to be more challenging to classify from large single-cell events and WBCs. While these events could be excluded to achieve improved performance, these events were included as the role of smaller clusters may be significant.

There are a number of scenarios that introduce challenges in separating a two cell CTCC cluster from a single CTC. Currently, we assume a CTC is ~ 13 microns in diameter and is flowing at a speed of 55.6 mm s^{-1} within the channel, corresponding to FWHM of ~ 12 points. However, the size and speed of a CTC as well as the size, speed, and orientation of a two-cell CTCC can vary. When we consider one of the larger size CTCs ($15 \text{ }\mu\text{m}$) flowing at a speed on the lower range of what we encounter when there is no clot (42.4 mm s^{-1}), we have a peak with a FWHM of 17 points, which we set as our threshold for CTCC detection. Thus, the chances of mislabeling such events are small (the lower speed threshold is based on FWHM of peaks measured from $7 \text{ }\mu\text{m}$ calibration beads flowing in the blood samples we assay along with CTCCs). If the combined size of a CTCC flowing at an average speed is less than $21.3 \text{ }\mu\text{m}$, such a CTCC would be mislabeled as a single CTC, but we do not encounter many CTCs lower than $11 \text{ }\mu\text{m}$ in diameter. Variations in flow velocity as a function of time and along the channel cross-section can also limit the accuracy of distinguishing CTCs from two cell CTCCs. Assuming an average size two cell CTCC ($26 \text{ }\mu\text{m}$) flowing at a speed on the faster side of what we detect (61.7 mm s^{-1} , based on the width of the bead peaks FWHM), we would have a peak FWHM of 18 points, which is still larger than our threshold. However, if this two cell CTCC is flowing at an orientation, such that its long axis is at an angle greater than 21.9° with respect to the flow direction, then we would mislabel this CTCC as a CTC. This angle is larger (35.2°) for a two-cell CTCC flowing at an average speed, and lower for a smaller size two-cell CTCC. It is therefore possible that some two-cell CTCCs may be mislabeled as CTCs, based on limitations of our ground truth GFP+ fluorescence-based two cell CTCC assessments. In future studies, it may be possible to assess the prevalence of such CTCCs by establishing two color, two cell CTCCs by mixing CTCs expressing different fluorescent proteins. Scattering-angle dependent BSFC measurements or more advanced algorithms specifically optimized for this purpose may then be used to improve two cell CTCC detection, if needed.⁶³

More intriguingly, detection purity remained constant between the test set and the full dataset while detection sensitivity decreased. This would suggest that the classification model has sufficiently learned parameters for FPs but was limited by the number of TP (CTCC) peaks included in training. The disparity in CTCC (16 243) and NC peaks (286 618) in the training set likely accounts for the difference between training and test set performance. A greater distribution of CTCC data in the training data could improve sensitivity. As we move forward, we aim to collect more training data and examine alternative training schemes to prioritize maximizing sensitivity, such as implementing data augmentation.

We previously reported that detection based on only two interrogation wavelengths was sufficient to achieve comparable levels of performance as using all three interrogation wavelengths.¹² In this study, we observed similar results when using only two of the three interrogation wavelengths for classification (see ESI† Fig. S7 online). Surprisingly, using only 405 nm excitation, also led to comparable levels of classification sensitivity and PCC, albeit with a loss in detection purity. This suggests that sensitivity was highly correlated with the 405 nm channel. Alternatively, exclusion of the 405 nm signal (using only 488 and 633 nm channels) led to comparable levels of detection sensitivity but a significant decrease in detection purity and PCC, suggesting that the 488 and 633 nm channels contain sufficient information for identifying CTCCs but insufficient information for discriminating against NC events. The increased sensitivity from the 405 nm channel is attributed to the significantly higher absorption coefficient of blood at 405 nm relative to scattering, leading to lower overall levels of background scattering signal for this wavelength. These lower background levels enable more sensitive detection of scattering from a CTCC. The corresponding 488 and 633 nm CTCC scattering peaks are harder to distinguish because blood scattering at these wavelengths becomes significantly stronger (and either similar or much higher than the corresponding absorption) leading to overall higher levels of background and lower SNR. Further exploration is needed to determine how optimization of the 488 and 633 nm channels data could improve model sensitivity.

In vivo translation of BSFC with the DeepPeak model is yet to be explored. However, as a label-free detection and monitoring platform, clinical translation of BSFC holds promise. An important first step toward clinical translation is the collection of data and training of new models for application on human blood. Light scattering and absorption properties of blood are highly dependent on those of red blood cells (RBCs) and plasma, composing up to 99% of whole blood samples.⁵⁵ In rats, on average, there are expected to be 5.2×10^6 RBCs per μL , 0.34×10^6 platelets per μL , and 9.1×10^3 white blood cells (WBCs)/ μL .⁶⁴ Comparatively, in human blood, there are typically 5.4×10^6 RBCs per μL , 0.28×10^6 platelets per μL , and 5.5×10^3 WBCs per μL .⁶⁵ Further, human blood cells are larger than rat blood cells.⁶⁶ These differences in blood composition and cell size are anticipated to lead to variations in the measured background scattering signal and CTCC scattering signal-to-noise ratio. We expect that the impact of such differences will be accounted for *via* established transfer learning methods.⁶⁷ In preliminary studies, to assess the potential of transfer learning as a means to readily optimize the CTCC DeepPeak model for use with blood specimens from different species, we acquired data from mouse blood samples spiked with GFP+ MDA-MB-231 cells. Mouse blood was used instead of human blood due to the ease in collection and transport of animal blood compared to human subjects. Mouse blood cell sizes and composition are also distinct from those of rat



blood.^{68,69} Using data from three days for training and validation of an optimized model and testing using data from two different experiments and the validation data set, we achieved similar performance as with our extensive rat blood sample studies: sensitivity of 41.4%, purity of 59.7%, specificity of 99.8%, and an accuracy of 99.4% (see ESI† Methods online for greater details).

Transfer learning is also a reasonable approach for optimizing the use of the DeepPeak model to detect different types of CTCCs using BSFC. Our preliminary studies with data from five different experimental days performed with rat blood spiked with GFP+ CAL 27 CTCCs have also yielded promising results (CAL 27 is an epithelial squamous cell carcinoma cell line). Initial testing of an optimized DeepPeak model led to detection sensitivity of 43.0%, detection purity of 67.6%, specificity of 98.8%, and overall accuracy of 95.7% (see ESI† Methods online for greater details). These values are similar to the ones observed with the MDA-MB-231 CTCCs. Even though these results are derived from a small preliminary dataset, they highlight that the DeepPeak model is adaptable to other cell types and can be used for detection of various types of cancer.

A limitation in the development and application of DL models is the availability of large, labelled datasets.⁶⁷ The acquisition of new annotated training data and subsequent training of DL models is both expensive and time-consuming. In recent years, the advancement of transfer learning has enabled the development of new DL models from scarce datasets by adapting knowledge acquired from a related, larger dataset.⁶⁷ In the development of the DeepPeak model, efforts for collection and annotation of data primarily focused on rat blood samples spiked with MDA-MB-231 cells, generating a large dataset of this type of data. Transfer learning on smaller datasets is well suited to quickly adapt the learned knowledge of blood scattering and CTCC scattering to different blood types and cancer cells. The benefit of using transfer learning is the possibility to train reliable models using a small scarce dataset. This is particularly beneficial when data is hard to collect, a particular challenge we encounter with human blood samples. As more diverse data from varying blood types and cancer cells become available, it will be possible to adapt the DeepPeak model for broad use, something we are actively working towards.

The use of deep learning is instrumental in the accurate and sensitive detection of CTCCs in noisy, label-free blood scatter data. As a greater number of datasets and optimized instrumental setups become available, we plan to present a more advanced BSFC capable of sensitive detection of CTCCs in whole blood with high throughput. In addition to *in vitro* throughput enhancement, we aim to improve *in vivo* throughput, addressing one of the major limitations of label-free confocal detection-based flow cytometry.^{5,35} In its current form, label-free BSFC has potential uses in the non-destructive isolation of CTCCs, *ex vivo* monitoring of CTCC dynamics, and *ex vivo* treatment monitoring. Detection of

CTCs, in addition to CTCCs, could provide greater insights into tumor stage and therapy effects and have significant clinical impact. However, label-free detection of CTCs from blood cell scattering is difficult due to the similarity in size of CTCs and white blood cells. Additional, scattering-angle sensitive detection approaches or more sophisticated data analysis algorithms may enable detection of more subtle scattering differences for this purpose.⁶³

Author contributions

N. V., under guidance by I. G., conducted all experiments, analyzed data, and prepared all figures. With guidance from I. G., A. P., and P. S., N. V. developed the DeepPeak model. T. H. performed the BSFC measurements with the GFP+ CAL27 cells in rat blood and was involved in the calibration and analysis of this data set. M. E. aided with animal-related work and blood acquisitions. I. G. supervised the project and along with N. V. prepared the manuscript text. All authors have reviewed and approved the manuscript.

Conflicts of interest

The authors declare no competing interests.

Acknowledgements

We would like to thank the National Institute of Biomedical Imaging and Bioengineering (R03 EB027363) and National Cancer Institute (R21 CA271679) for funding this work. We would also like to thank Dr. Madeleine Oudin (Tufts University) for her guidance with cell culture and providing us with the necessary cell lines for this study. Additionally we would like to thank Dr. Tayaba Hasan and Dr. Mohammad Saad (Wellman Center for Photomedicine, Massachusetts General Hospital, Harvard Medical School) for the kind gift of the GFP+ CAL27 oral squamous cell carcinoma cells. The authors acknowledge the Tufts University High Performance Compute Cluster (<https://it.tufts.edu/high-performance-computing>) which was utilized for the research reported in this paper. Finally, we would like to thank Dr. Jeffrey Guasto (Tufts University) for their guidance on microfluidic design and device fabrication and Dr. Shannon Stott (Massachusetts General Hospital) for her guidance on interpreting results in the field of CTCC detection.

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