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In situ real-time tracing of hierarchical targeting nanostructures in drug resistant tumors using diffuse fluorescence tomography†

Qianqian Guo,^{‡a} Yangyun Wang,^{‡b} Limin Zhang,^{‡c} Peng Zhang,^{id d} Yunjian Yu,^a Yanqi Zhang,^c Chaoxing Li,^a Shaoyi Jiang^{*d} and Xinge Zhang^{id *a}

Nanoparticles that respond to specific endogenous or exogenous stimuli in tumor tissues are actively being developed to address multidrug resistance owing to multiple advantages, including a prolonged circulation time, enhanced permeability and retention effect, and superior cellular uptake. Although some exciting results have been obtained, existing nanoparticles have limited routes to overcome the drug resistance of tumor cells; this limitation results in a failure to ablate resistant tumors *via* intravenous administration. To resolve this dilemma, we developed a smart theranostic nanoplatform with programmable particle size, activatable target ligands and *in vivo* multimodal imaging. This nanoplatform, which includes stealth zwitterionic coating, was shown to be quickly trapped in tumor tissue from the blood circulation within 5 min. Subsequently, the targeting moieties were activated in response to the acidic tumor microenvironment by triggering the zwitterionic shell detachment, driving the peeled nanoparticles to penetrate into tumor cells. These smart nanoparticles completely inhibited drug-resistant tumor growth and did not cause any damage to normal organ tissues in live animals. The designed nanoplatforms simultaneously acted as a nanoprobe for fluorescence imaging. Moreover, we also used noninvasive pharmacokinetic diffuse fluorescence tomography (DFT) to dynamically monitor and *in situ* real-time trace the nanoplatforms' behavior throughout the entire tumor in live animals. The nanoplatforms enabled rapid drug accumulation and deep penetration throughout the entire tumor. The rate of drug accumulation after the administration of nanoplatforms was five-fold higher compared with that after the administration of the free drug, which resulted in increased drug delivery efficiency and improved antitumor efficacy. Collectively, this hierarchical vehicle design provides promising insights for the development of theragnosis for multidrug resistant tumors.

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Multidrug resistance (MDR) has become a major obstacle to the success of cancer chemotherapy. The major mechanism of MDR involves the P-glycoprotein (P-gp), which is overexpressed in cancer cells and is able to pump various chemotherapeutics out

of the cells, resulting in a reduced intracellular drug concentration with a limited therapeutic effect.¹ Tumor-targeting drug delivery nanoparticles have been actively developed to overcome MDR,² owing to their preferential accumulation at tumor sites due to enhanced permeability and retention (EPR) and active targeting effects.³ In contrast to small drug molecules, these nanoparticles are internalized into cells *via* endocytosis, and thus they are not affected by the overexpression of the P-gp efflux pump on the MDR cell surface.^{2d} However, the remarkable abnormality and complexity of the tumor microenvironment often pose barriers to the supply, penetration and distribution of nanoparticles.⁴ To address these predicaments, taking into consideration the intra-tumor tissue accumulation, retention and penetration of drugs, an emerging delivery strategy was developed wherein vehicles respond to the specific endogenous or exogenous stimuli within tumor tissues.⁵ Although exciting results have been obtained previously, existing nanoparticles have limited routes to inhibit the resistance of tumor cells, and this limitation results in the failure to ablate

^aKey Laboratory of Functional Polymer Materials of Ministry of Education, Institute of Polymer Chemistry, College of Chemistry, Nankai University, Tianjin 300071, China. E-mail: zhangxingge@nankai.edu.cn

^bState Key Laboratory of Radiation Medicine and Protection, School for Radiological & Interdisciplinary Sciences (RAD-X), Collaborative Innovation Center of Radiation Medicine of Jiangsu Higher Education Institutions, Soochow University, Suzhou 215123, China

^cCollege of Precision Instrument and Optoelectronics Engineering, Tianjin University, Tianjin 300072, China

^dDepartment of Chemical Engineering, University of Washington, Seattle, WA 98195, USA. E-mail: sjiang@uw.edu

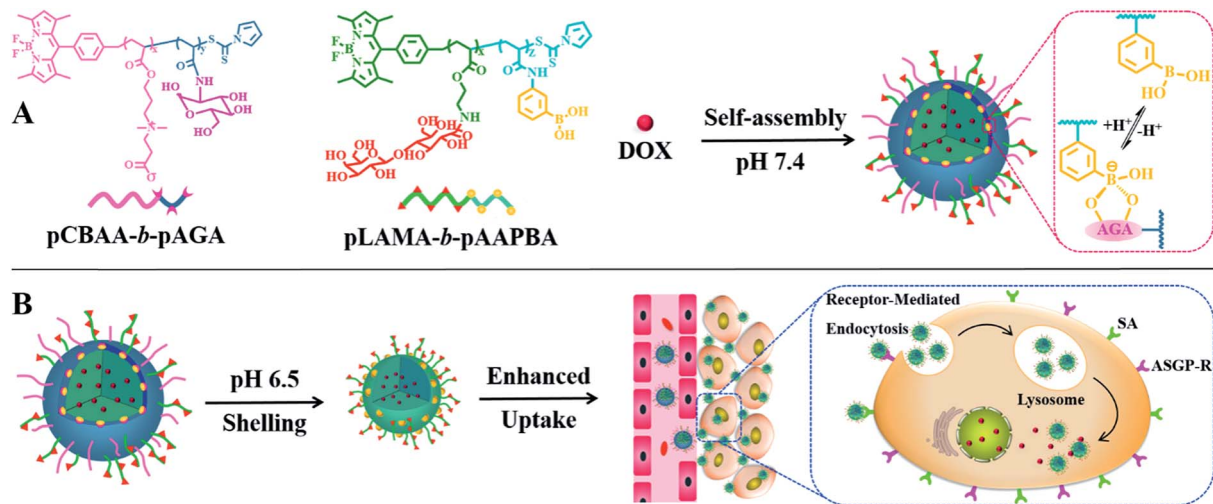
† Electronic supplementary information (ESI) available: Polymer synthesis, self-assembly, and characterization; drug loading and *in vitro* drug release; treatment of tumour cells with drug and drug-loaded nanoparticles; cytocompatibility assay; *in vitro* cellular internalization; *in vivo* administration of nanoparticles; *in vivo* imaging. See DOI: 10.1039/c9sc01841g

‡ These authors contributed equally.



A nanoplatform for use as an anticancer drug vehicle was fabricated by the self-assembly of sophisticated copolymers, namely boron-dipyrromethene dye (BODIPY)-conjugated poly(carboxybetaine acrylate)-*b*-poly(2-(acrylamido) glucopyranose) (pCBAA-*b*-pAGA) and poly(2-lactobionamidoethyl methacrylate)-*b*-poly(3-acrylamidophenylboronic acid)) (pLAMA-*b*-pAAPBA).

The fluorescence emission and UV-vis absorption spectra of BODIPY dye-labeled pCA/pLB nanoparticles were recorded (Fig. S9†), and the excitation/emission spectra presented a well-defined bandwidth with a visible absorption maximum at 506 nm and emission maximum at 523 nm. To evaluate the effect of the copolymer composition on the particle properties, three nanoparticles with different PBA contents (named pCA/pLB Np1, pCA/pLB Np2 and pCA/pLB Np3) were prepared (Table S2†). Dynamic light scattering (DLS) was used to demonstrate that the majority of the particles had a size in the range of 110–170 nm with a narrow polydispersity index (Table S2 and Fig. S10†). The zeta potential was slightly negative (Table S2†), which may contribute to enhanced biocompatibility and the avoidance of undesirable clearance by the reticuloendothelial system.¹² The particle size exhibited no significant variation in serum within 48 h of incubation, indicating that the



Scheme 1 (A) Self-assembly of pCBAA-*b*-pAGA and pLAMA-*b*-pAAPBA copolymers into nanoparticles in phosphate buffered saline (PBS) at pH 7.4; (B) shell detachment and drug release in extracellular/intracellular environments.

nanostructures are stable in complex blood medium (Fig. S11†). To enable a larger core size to increase the drug loading capacity, pCA/pLB Np3 was chosen for the following study.

To demonstrate their size-switching behavior (Fig. 1A), pCA/pLB Np3 was treated with pH 7.4 and 6.5 buffers before being subjected to measurements. The particle size, as measured by

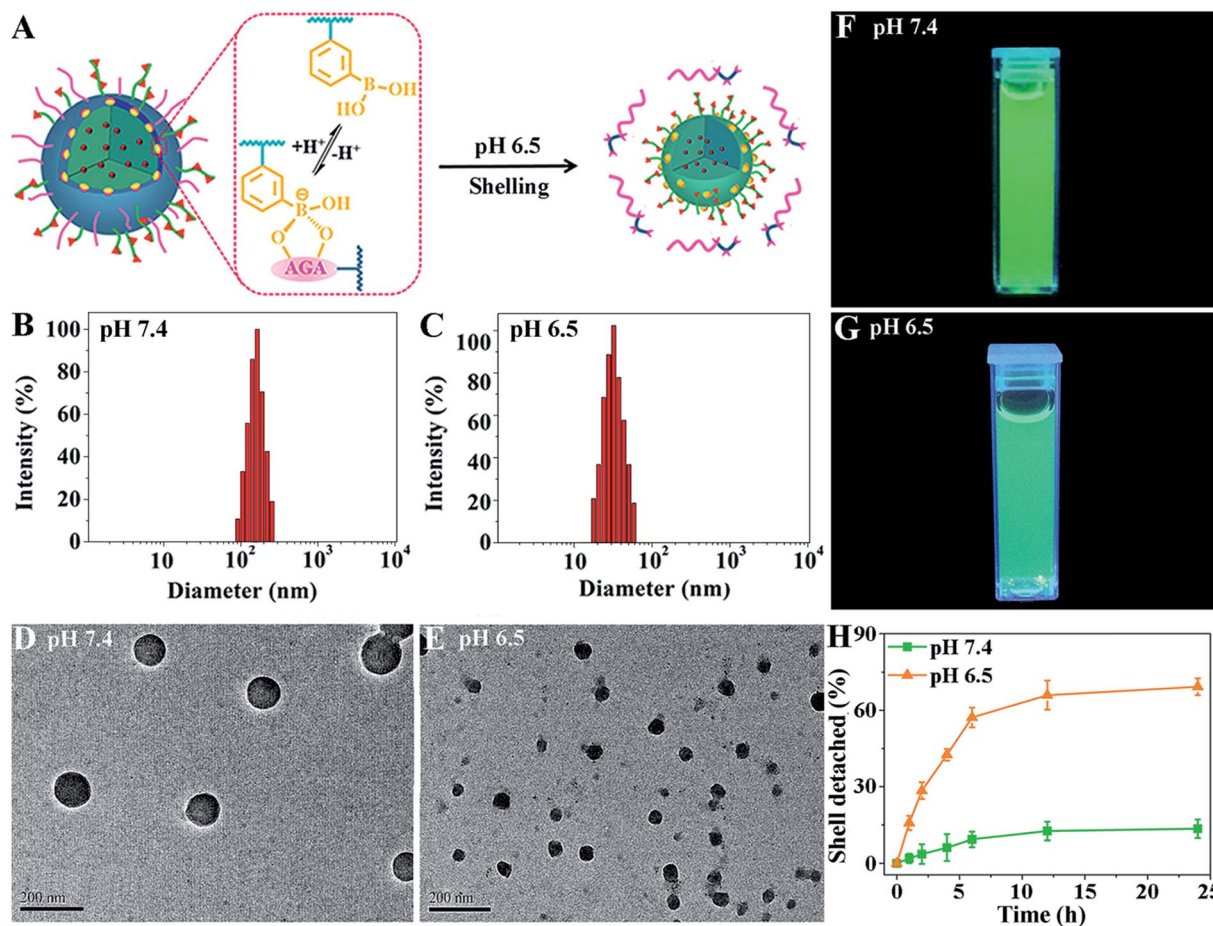


Fig. 1 (A) The size-switching behavior in response to the pH 6.5 medium. The size distribution measured by DLS (B and C), TEM micrograph (D and E) and fluorescence graph (F and G) of pCA/pLB Np. (H) Quantitative analysis of the dissociation of pCA/pLB Np-NF in different media.



DLS at pH 7.4, was mainly approximately 165 nm (Fig. 1B). The shape was spherical, and the polydispersity was narrow (Fig. 1D). When treated with pH 6.5 buffer, the nanoparticle size decreased to ~48 nm (Fig. 1C), confirmed by both DLS and TEM (Fig. 1C and E). The ^1H NMR spectra (Fig. S12†) showed less pCBAA content in the nanoparticles that were treated in a weakly acidic medium compared with those treated in a medium at pH 7.4, demonstrating that the boronate ester dissociation mediated the zwitterionic shell detachment.

To further validate the switching mechanism, pLAMA₃₀-b-pAAPBA₂₀ without fluorescence was synthesized (Scheme S2†). Then, a new nanoparticle was obtained by the self-assembly of the fluorescent pCBAA-b-pAGA with non-fluorescent pLAMA-b-pAAPBA; this new particle was denoted as pCA/pLB Np-NF. After incubation under different pH conditions (pH 7.4 or 6.5), the fluorescence intensity of the nanoparticles was measured. As shown in Fig. 1F and G, the much weaker fluorescence at pH 6.5 indicates that a considerable amount of pCBAA-b-pAGA was detached from the nanostructures. This detachment was also quantified; as shown in Fig. 1H, nearly 69% of pCBAA-b-pAGA had dissociated within 24 h in the pH 6.5 medium.

The dynamic boronate ester in this nanostructure facilitates the rapid release of drugs in cancer cells because the boronate ester is stable under physiological conditions but easily dissociates in the acidic tumor microenvironment.¹³ This property of boronate ester prevents drug leakage during circulation but ensures the rapid cellular internalization of vehicles in tumors. To explore drug loading and release behavior of this system, doxorubicin (DOX) was used as the model drug. The encapsulation efficiency (EE) and loading capacity (LC) of DOX are shown in Table S3.† The LC of pCA/pLB Np3 was higher (11.3%) than that of pCA/pLB Np1 (8.9%) and pCA/pLB Np2 (9.4%), indicating that the chain length of hydrophobic pAAPBA plays an important role in drug loading. Since insufficient intracellular drug release remains the rate-limiting step for reaching a drug concentration level within the therapeutic window, and given that the pH values of endosomes and lysosomes in tumor cells are 5.0–5.5, while those in the blood are ~7.4, we investigated the *in vitro* DOX-release behavior from drug-loaded pCA/pLB Np3 in different media (pH 5.4 and 7.4, respectively). As shown in Fig. 2A, we determined that the cumulative DOX release at pH 7.4 was only 11% over 60 h, implying that DOX was steadily sequestered in the nanoparticles. In the pH 5.4 medium, the DOX release profile presented a burst release of ~21% after 3 h and 73% after 96 h, possibly due to the dissociation of boronate ester bonds. In general, dynamic boronic ester bonds could be cleaved not only under the acidic conditions but also under the condition where other glucose molecules are neighbors. Since the normal blood glucose level is 0.7–1.1 mg mL⁻¹ in the human body, which may present a hidden danger to the nanocarriers by disrupting the boronate ester bonds, DOX release was further analyzed in a pH 7.4 medium that contained glucose (1 mg mL⁻¹). The DOX release was only 18% over 60 h, indicating that the normal blood glucose levels would not trigger DOX leakage during circulation.

Zwitterionic polymers prolong the *in vivo* circulation of nanoparticles by inhibiting nonspecific protein adsorption and

cellular-uptake.¹⁴ However, this property may become an obstacle when nanoparticle cellular internalization is needed inside the tumor tissue. The incorporation of targeted ligands, such as galactose and PBA, onto the nanoparticle surface can enhance cellular internalization.¹⁵ In our nanocarrier design, the weakly acidic tumor microenvironment triggers the detachment of the zwitterionic shell and simultaneously activates the surface ligand PBA to enhance cellular internalization. We compared the nanoparticle cellular uptake in different media with different pH values using multidrug resistant HepG2/ADR tumor cells. As shown in Fig. 2B, much weaker green but stronger red fluorescent signals were observed at pH 6.5 compared with those at pH 7.4. The green signal came from the BODIPY groups, representing the polymer molecules, while the red fluorescence was emitted by DOX. Weak acids triggered the dissociation of dynamic boronate esters and peeled off the pCBAA-b-pAGA polymer shell, resulting in a much weaker green fluorescence. The detachment of the zwitterionic shell greatly enhanced cellular uptake and drug release, and the released drug was primarily detected in the nuclear region. This finding is attributed to the fact that the PBA and galactose targeting moieties were activated in response to the acidic medium triggering the zwitterionic shell detachment, driving the peeled nanoparticles to penetrate into the tumor cells. It has been validated that a typical PBA-rich nanoplatform can be transported into the nuclei for effective action.^{15d} DOX is a DNA toxin that induces cell death by targeting nuclear DNA to cause DNA damage and inhibiting topoisomerase II to block DNA replication inside the nucleus.¹⁶ The significantly elevated drug nuclear concentration in the nucleus indicates the successful intracellular release and potentially enhanced therapeutic efficacy.

The emergence and development of multidrug resistance have limited the success of cancer chemotherapy, and addressing the cellular uptake mechanism of nanocarriers is critical for solving this problem. A competitive inhibition assay was performed to study the cellular internalization pathway of the peeled nanoparticles. As shown in Fig. 2C, the addition of galactose or PBA resulted in decreased nanoparticle cellular uptake, indicating that the nanoparticle surface ligands (galactose and PBA moieties) effectively facilitated internalization *via* receptor-mediated endocytosis. Fig. 2D shows that there was no obvious difference between the fluorescent signals of the nanoparticles and DOX, indicating that the drug-loaded nanoparticles were taken up by certain pathways but not *via* the P-glycoprotein. Selective inhibitors and nanocarriers were cocultured with cells to determine the intracellular drug content using flow cytometry to explore the major pathway of cellular internalization. Fig. 2E shows that the inhibition of clathrin and raft/caveolae-mediated endocytosis with sucrose, nystatin and methyl- β -cyclodextrin, respectively remarkably reduced the amount of intracellular DOX and nanoparticles. However, the inhibition of macropinocytosis with macrowortmannin and amiloride did not have a strong influence on cellular uptake, indicating that the clathrin and raft/caveolae-mediated endocytosis is the major pathway of cellular internalization for the obtained nanoparticles.



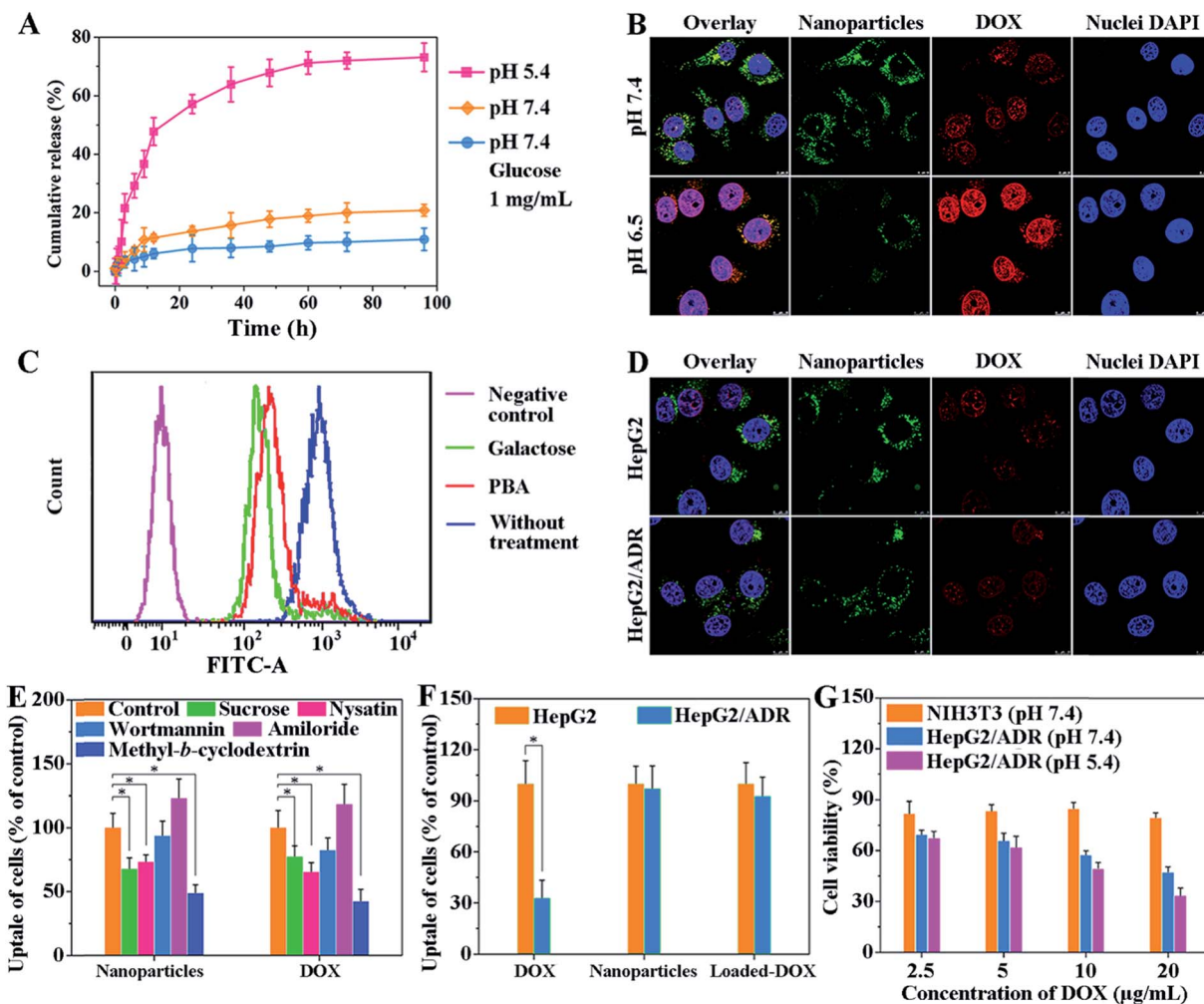


Fig. 2 (A) *In vitro* DOX release from pCA/pLB Np3 in different media. (B) Confocal images of HepG2/ADR cells after incubation with DOX-loaded pCA/pLB Np3-NF at 10 $\mu\text{g mL}^{-1}$ of DOX at pH 7.4 or 6.5. (C) Flow cytometry results of HepG2/ADR cells incubated with galactose and PBA-NH₂, respectively. (D) Cellular uptake of DOX-loaded pCA/pLB Np3 in the presence of inhibitors detected by CLSM. (E) Cellular uptake of DOX-loaded pCA/pLB Np3 in the presence of inhibitors determined by flow cytometry. (F) Naked DOX uptake in HepG2 and HepG2/ADR cells determined by flow cytometry after the cells were incubated with naked DOX for 3 h. (G) Cell viability of NIH3T3 and HepG2/ADR cells after exposure to different concentrations of drug-loaded pCA/pLB Np3.

The cellular uptake behavior was further compared between normal HepG2 cells and drug resistant HepG2/ADR cells. We first used flow cytometry to verify that the DOX-induced HepG2/ADR cells were resistant to DOX treatment. Fig. 2F shows that significantly less DOX accumulated in HepG2/ADR cells owing to the overexpression of the multidrug resistance efflux pump.^{2e} When DOX-loaded pCA/pLB Np3 was incubated with HepG2 or HepG2/ADR cells, no significant difference was observed between the two groups, indicating that the nanocarrier is capable of overcoming the multidrug drug resistance barrier (Fig. 2D and F).

For drug carriers, good cytocompatibility is essential for clinical applications. The *in vitro* cytotoxicity of blank pCA/pLB Np3 and the anticancer efficacy of DOX-loaded pCA/pLB Np3 in NIH3T3 and HepG2/ADR cells were analyzed by MTT assay. As shown in Fig. S13,† no obvious cytotoxicity was observed after NIH3T3 and HepG2/ADR cells were treated with blank pCA/pLB Np3. However, drug-loaded pCA/pLB Np3

displayed stronger cytotoxicity to HepG2/ADR cells, likely due to the ligand-mediated enhanced cellular uptake. The cell-killing efficacy of DOX-loaded pCA/pLB Np3 in media at different pH levels was evaluated by incubating drug-loaded pCA/pLB Np3 with HepG2/ADR cells for 24 h. Compared with pH 7.4, cell growth was strongly inhibited at pH 5.4 after the treatment with DOX-loaded pCA/pLB Np3 (Fig. 2G), due to the enhanced internalization and drug release of the peeled nanoparticles.

The zwitterionic pCBAA coating on the surface of the nanoparticles is expected to resist opsonization, inhibit nonspecific cell uptake, and prolong the circulation time *in vivo*.¹⁷ As shown in Fig. S14,† pCA/pLB Np3 exhibited a much longer circulation profile ($t_{1/2} \sim 13.59$ h) in mice compared with their counterparts, which were assembled solely from the pLAMA₃₀-b-pAAPBA₂₀ copolymer ($t_{1/2} \sim 5.57$ h). The significantly extended vascular residence time of pCA/pLB Np3 is expected to greatly facilitate drug accumulation in the tumor and reduce adverse effects.



To evaluate the antitumor efficacy of the obtained nanoparticles, two groups of HepG2/ADR tumor-bearing Balb/c mice were intravenously administered the same (doxorubicin equivalent) dose of free DOX and DOX-loaded nanoparticles, and the control group was administered PBS only. As shown in Fig. 3A, the tumors grew rapidly without treatment, and a 4.16-fold increase in tumor volume was observed in a period of two weeks. Free DOX showed a moderate inhibitory effect, with only a 3.27-fold increase in tumor volume during the same period. In contrast, the nanoparticle-treated group displayed complete tumor inhibition following the administrations. The rapid blood clearance and insufficient tumor accumulation of free DOX limited its therapeutic efficacy, while pCA/pLB Np3 restrained tumor growth more effectively by protecting DOX from premature clearance as well as enhancing tumor accumulation and retention. No obvious body weight loss was observed, suggesting that the drug dosage was safe for mice (Fig. 3B). Administered DOX is generally metabolized *via* the slow hepatobiliary route, and long-term drug retention in the reticuloendothelial system increases the risk of organ toxicity.¹⁸ To evaluate drug-induced organ damage, a histological analysis was performed on the major organs (heart, liver, spleen, lungs and kidneys). As shown in Fig. 3C, multifocal hepatic necrosis

and apparent inflammatory cell infiltration were observed in the livers of the mice treated with free DOX, while no apparent cell or tissue injuries were detected in the PBS or DOX-loaded nanoparticle groups.

Currently, the integration of diagnosis and therapy has become an inevitable tendency in multifunctional nanoparticle-based drug delivery systems to achieve targeted drug transport, real time tracing and therapy. Herein, a HepG2/ADR tumor-bearing mouse model was exploited to study the *in vivo* fate of the designed nanocarrier, using its integrated extraordinary imaging capacity. As shown in Fig. S15A,† pCA/pLB Np3 exhibited remarkable fluorescence signals in the tumor post-injection, indicating its rapid tumor accumulation. A similar phenomenon was detected in the tumor tissues harvested from tumor acid-sensitive polymeric vectors 2 h postinjection.^{5b} Importantly, rapid tumor accumulation and a long retention time are useful for cancer therapy, though many previous nanoparticles have been shown to accumulate in other tissues. The decisive step for the rapid tumor accumulation of this nanocarrier is its robust tumor penetration owing to the smaller size resulting from the pH-triggered detachment of its zwitterionic shell at tumor sites. It has been validated that the penetration of nanoparticles into the tumor relies heavily on particle

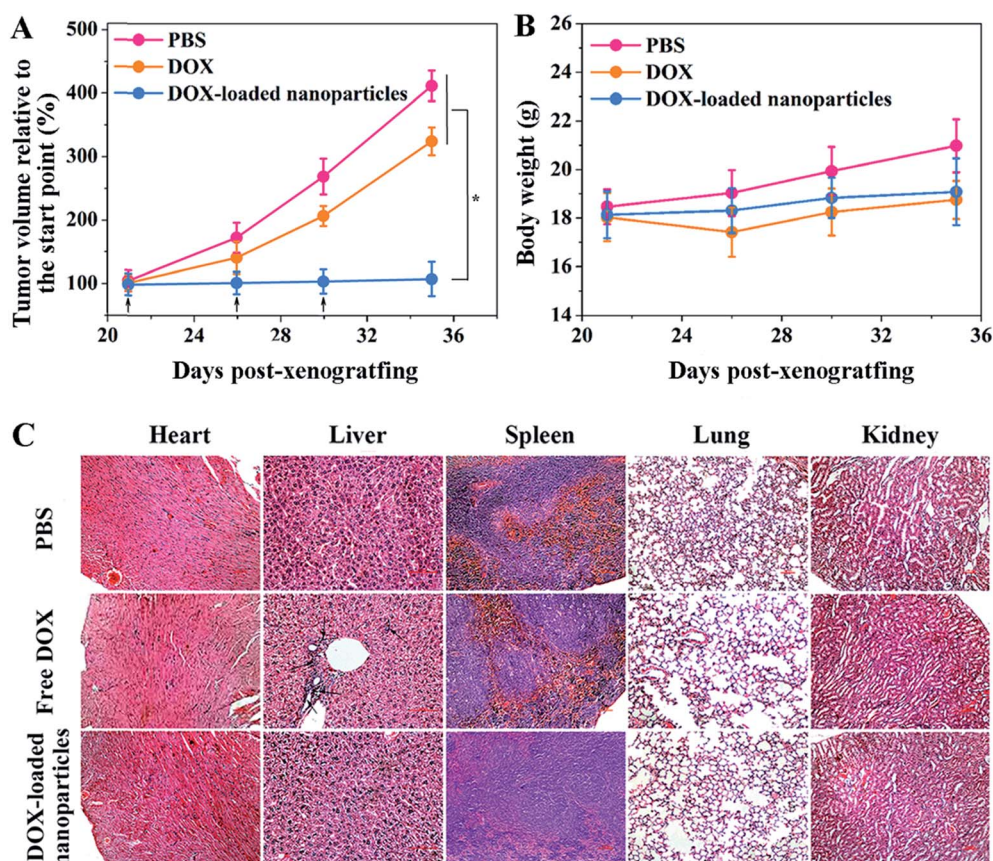


Fig. 3 (A) Inhibition of tumor growth in a murine HepG2/ADR xenograft model after treatment with different formulations ($p < 0.05$). The mice were treated through repeated tail vein injection at 1 mg per kg of DOX on days 21, 26 and 30 (marked by arrows). (B) Body weight changes of different groups of mice after treatment with PBS, free DOX and DOX-loaded nanoparticles. (C) Histological analysis of H&E-stained liver, spleen and kidney tissue sections from mice treated with PBS, free DOX and DOX-loaded nanoparticles. The level of statistical significance was set at $p < 0.05$.

size, with the consensus that smaller particles have enhanced tissue penetration.^{5h} The tumor fluorescence signals were quantified and shown to reach $1.8 \times 10^7 \text{ ps}^{-1} \text{ cm}^{-2} \text{ sr}^{-1}$ even at 24 h post-injection. Since the short excitation/emission wavelength (506/523 nm) of BODIPY limits deep photon tissue penetration, the fluorescence in BODIPY was not very intense. Twenty-four hours after the intravenous administration of the nanocarriers, the mice were sacrificed to isolate the major organs and tumors for *ex vivo* imaging. Fig. S15B† shows the biodistribution and quantified BODIPY fluorescence signal intensity. A significant fraction of the injected nanoparticles was still observed at the tumor site, while far less accumulation was detected in the heart, suggesting that these nanoparticles may effectively mitigate DOX cardiotoxicity.

To thoroughly understand the rapid accumulation and long retention time of the nanoparticles within the tumor, it is indispensable to monitor the nanocarrier pharmacokinetics inside the targeted tumor tissue *in situ* in real-time with a high spatial resolution. In this work, a combination of DFT technology (Fig. S16†) and indocyanine green (ICG) as a tracer agent was used to track the fate of the nanocarriers and semi-quantitatively monitor the content of the released drug by combining pharmacokinetic principles with mathematical models. A sequence of fluorescence yield images was reconstructed, and then pharmacokinetic images were estimated from the fluorescence concentration–time curve. The relationship between fluorescence yield $\gamma(t)$ and concentration $C(t)$ at time t could be linearly described using eqn (1).

$$\gamma(t) = \ln 10 \xi C \quad (1)$$

Where ξ and η are the fluorescence extinction coefficient and quantum efficiency, respectively. For ICG, $\xi = 0.013 \text{ mm}^{-1} \mu\text{M}^{-1}$, and $\eta = 0.016$.

The concentration–time curve was obtained by a biexponential-curve-fitting method based on the normally used two-compartment model.

$$C(t) = -A \exp(-\alpha t) + B \exp(-\beta t) \quad (2)$$

Where A and B are the zero-time intercepts, representing the initial fluorescent agent concentration; α and β (min^{-1}) are the uptake and excretion rate, representing the fluorescent agent influx into the tumor and disappearance from the tumor, respectively.

As shown in Fig. 4A–D, S16 and S17,† the location of fluorescence in the tumor was in accordance with that in the slice images of the mice, indicating the nanoparticle exposure throughout the entire tumor and not on the tumor surface alone. It is indispensable to use DFT technology to verify that the nanoparticles can penetrate into the tumor and accumulate throughout the entire tumor, rather than only imaging nanoparticles on the surface of the tumor through live imaging technology similar to the results shown in Fig. 4A. The nanocarriers enabled rapid drug accumulation in the tumor within 5 min, which was consistent with the BODIPY fluorescence observations. Subsequently, a drug

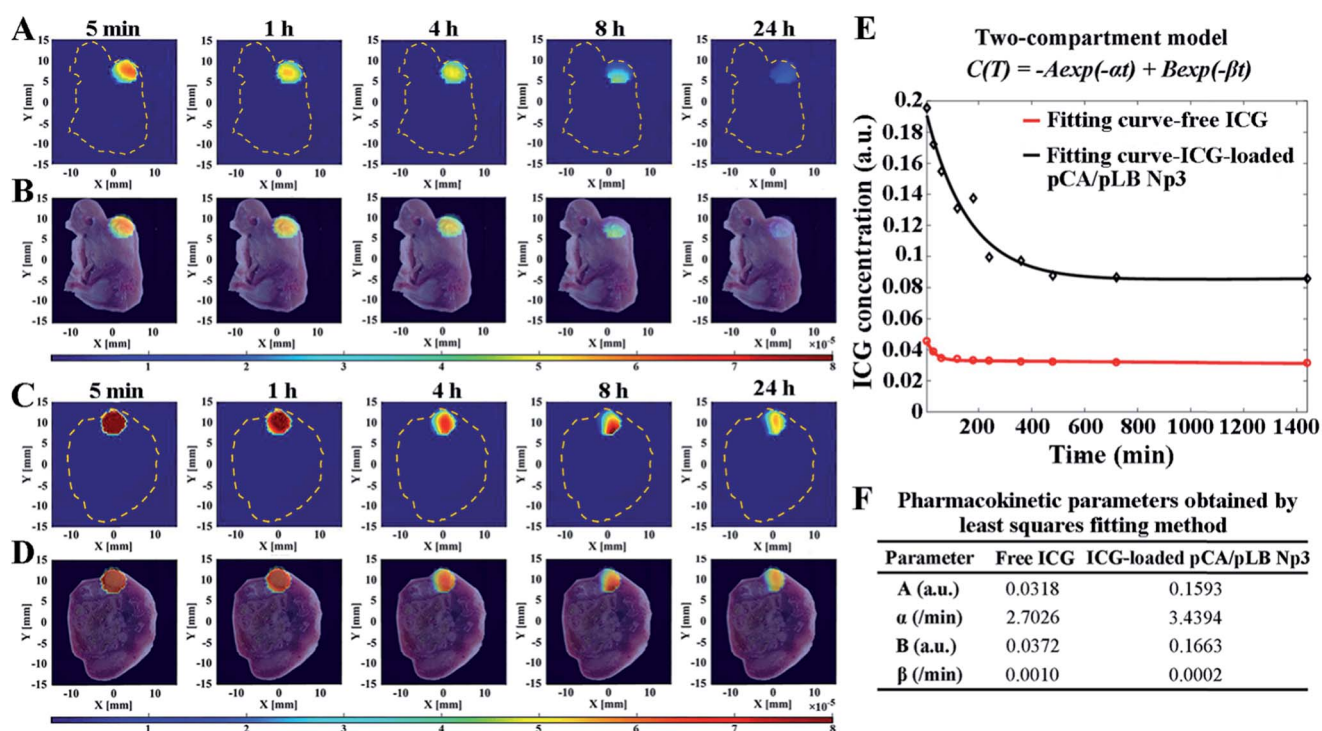


Fig. 4 *In vivo* fluorescence imaging of the Balb/c nude mice bearing HepG2/ADR tumor injected with (A and B) free ICG and (C and D) ICG-loaded pCA/pLB Np3 over 24 h using a DFT system. (A and C) DFT images, and (B and D) the overlay of DFT and slice images. (E) Fitting curves of ICG concentrations vs. time for the tumor *via* tail intravenous injection with free ICG and ICG-loaded PCA/PLB Np3. (F) Double-exponential and pharmacokinetic parameters obtained by the least squares fitting method.



concentration–time curve and the pharmacokinetic parameters were obtained by the least squares fitting method, as shown in Fig. 4E and F. The parameters *A* and *B* of the ICG-loaded nanoparticle group were significantly increased compared with those of the free ICG group, indicating the enhanced drug accumulation in the tumor cells. Furthermore, the larger α and smaller β indicate more efficient drug accumulation and longer retention in the tumor, respectively. Each mouse was given a single dose of 20 μg of ICG, and the pCA/pLB Np3 group exhibited a five-fold higher (6.03 μg) tumor accumulation than the free ICG group (1.13 μg) within 5 min after administration. The free ICG, however, was then quickly cleared from the tumor, whereas the nanoparticle delivered ICG exhibited much higher tumor retention at 24 h. The intratumor AUC of free and nanoparticle delivered ICG from 5 min to 24 h was extrapolated to 47.78 and 139.05 a.u. min^{-1} ($p < 0.05$), respectively. The lack of nanomedicine accumulation throughout the entire tumor may be one of the primary reasons for the compromised therapeutic efficacy, which is caused by both the tumor pathological characteristics and the inappropriate physicochemical properties of nanomedicines. In this study, our nanoparticle system enables its basic physicochemical properties to adaptively change in response to the endogenous stimuli of the tumor microenvironment to achieve improved therapeutic efficacy by successively increasing the blood circulation time, improving tumor accumulation, facilitating cell internalization and accelerating intracellular drug release. We used the acidic extracellular pH as the stimulus to release small particles and activate the targeting moieties at the tumor sites, driving the peeled nanoparticles to penetrate into tumor cells. It should be noted that the post shrinkage size is the pivotal determinant of the therapeutic efficacy of nanoparticles.^{11a} To the best of our knowledge, this is the first report of real-time tracing of nanovehicles inside tumors at the spatial level.

In conclusion, we have designed a hierarchical nano-assembly for efficient drug delivery to overcome multidrug resistant tumors and to facilitate real-time imaging. This strategy utilized dynamic covalent chemistry to surmount a series of drug delivery obstacles. A zwitterionic polymer shell is retained in the systemic circulation for a long time to achieve rapid accumulation in the tumor and to mitigate side effects. When the designed nanoparticle reaches the tumor tissue, the acidic microenvironment triggers the detachment of the zwitterionic shell and activates the surface-binding ligands. The particle size decreases from 165 to 48 nm, which greatly facilitates tissue penetration and cellular uptake. Collectively, these merits endow the nanocarriers with a superior anti-tumor therapeutic efficacy. In addition, the intrinsic fluorescence from the BODIPY groups makes these nanocarriers a potential theragnostic platform. Finally, the intratumoral pharmacokinetic properties of these nanocarriers were evaluated *in situ* in real-time using noninvasive and radiation-free 3D imaging technology. Collectively, our findings advance the understanding of the behavior of nanovehicles *in vivo*, and provide guidance to improve drug delivery strategies.

Conflicts of interest

The authors declare no competing financial interest.

Acknowledgements

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