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Parahydrogen-induced polarization with a metal-free P–P biradicaloid†

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Metal-free H₂ activations are unusual but interesting for catalytic transformations, particularly in parahydrogen-based nuclear spin hyperpolarization techniques. We demonstrate that metal-free singlet phosphorus biradicaloid, [P(μ-Nter)]₂, provides pronounced ¹H and ³¹P hyperpolarization while activating the parahydrogen molecules. A brief analysis of the resulting NMR signals and the important kinetic parameters are presented.

Metal-free activation of small molecules like dihydrogen attracts a lot of attention, especially in the context of the development of novel and sustainable catalytic systems.¹ On the other hand, it is highly interesting for boosting sensitivity in nuclear magnetic resonance (NMR). Breaking the symmetry of H₂ in chemical transformations is at the heart of nuclear spin hyperpolarization techniques such as parahydrogen-induced polarization (PHIP)² and signal amplification by reversible exchange (SABRE),³ which can be used to enhance the NMR signals by orders of magnitude. Parahydrogen is a nuclear spin isomer of H₂ which accommodates only nuclear spin singlets. It is easily accessible via an *ortho*–*para* conversion process at low temperatures, serving as a source of non-equilibrium nuclear spin order. Typically, metal-based catalysts (transition metal complexes,⁴ metal nanoparticles,⁵ metal oxides⁶) are used to generate hyperpolarized substances. In many cases, a limiting factor for the practical applications of this technique is the presence of the toxic metal catalysts along with the hyperpolarized

product in the reaction mixture, and their separation is not a trivial task. Several approaches have been tested to achieve separation, including hydrolysis/extraction of the hyperpolarized product in the case of homogeneous hydrogenation catalysts,^{7,8} and the utilization of heterogeneous catalysts which, in addition to supported metals and metal oxides mentioned earlier, include surface-immobilized metal complexes^{9–13} and catalytically active isolated surface sites and single-atom catalysts.^{14–17} In this respect, the rather unusual metal-free activations of H₂ can be very interesting for providing metal-free hyperpolarized agents for *in vivo* use and other applications of NMR and MRI.

So far, several metal-free systems have demonstrated nuclear spin hyperpolarization effects upon activation of parahydrogen molecules.^{18–21} They can be divided into two groups: one includes various ansa-aminoboranes^{18–20} while the other presents a single instance of an aromatic phosphabenzene.²¹ Ansa-aminoboranes, referred to as molecular tweezers,²² activate parahydrogen reversibly under mild conditions (room temperature), which leads to continuous hyperpolarization of ansa-aminoborane–H₂ adducts after each fresh portion of parahydrogen is introduced. In a recent publication, it was shown that in addition to ¹H nuclei the ¹⁵N nuclear spins are also substantially polarized as a result of the chemical activation of parahydrogen.²⁰ Moreover, ¹⁵N nuclei of both free ansa-aminoborane and its H₂ adduct were hyperpolarized, constituting the first example of hyperpolarization without actual chemical modification, which is the specific feature of the SABRE technique. In the case of the aromatic phosphabenzene,²¹ the activation of parahydrogen led to hyperpolarization of ¹H nuclei of the resulting adduct molecules at 383 K.

Both the ansa-aminoboranes and the aromatic phosphabenzene activate H₂ molecules by the frustrated Lewis pairs (FLP),²³ the N–B and P–C pairs that these compounds possess, respectively, as part of their structure. Other classes of metal-free H₂ activators such as selected carbenes,²⁴ digermynes²⁵ and biradicaloids²⁶ may be of potential interest for parahydrogen-based hyperpolarization techniques. In particular, the recent results on the open-shell singlet diphosphadiazanediyl

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Scheme 1 Dihydrogen activation with $[P(\mu\text{-NTer})]_2$ biradicaloid.

biradicaloid, $[P(\mu\text{-NTer})]_2$ (Ter = 2,6-Mes₂-C₆H₃),²⁷ have demonstrated that this compound easily activates dihydrogen under ambient conditions (Scheme 1), forming exclusively the thermodynamically and kinetically preferred *cis* isomer in accordance with theory ($\Delta_{298}G_{\text{cis-trans}} = 2.7 \text{ kcal mol}^{-1}$, see ESI†). Since the two electron spins of the biradicaloid form a singlet spin state, we expect that addition of H₂ to the biradicaloid would be akin to H₂ addition to a multiple bond of a closed-shell molecule.

Herein, we present a study of $[P(\mu\text{-NTer})]_2$ in the context of parahydrogen activation and observation of nuclear spin hyperpolarization effects. We demonstrate that the biradicaloid can be used to hyperpolarize ¹H as well as ³¹P nuclei in this process. The reaction kinetics parameters are measured to quantify the rate of *cis*-[HP(μ-NTer)]₂ adduct dissociation, and explain the observed hyperpolarization effects at high and low reaction temperatures.

In the first experiments, we have tested the hyperpolarization effects observed after parahydrogen bubbling through a 0.04 M solution of $[P(\mu\text{-NTer})]_2$ at 293 K and *ca.* 1 bar absolute pressure. Only a few bubbling repetitions were possible before the full conversion of the biradicaloid to the H₂ adduct was reached under these experimental conditions. Importantly, hyperpolarization effects were immediately observed in the ¹H NMR spectra after the first bubbling until the moment of complete consumption of the initial biradicaloid. Fig. 1a shows a representative ¹H NMR spectrum. See also Fig. S1 in the ESI† for the spectra of the full ppm range.

The observed enhanced multiplet has a complex structure of absorption and emission lines, which does not look like the usual PASADENA-type antiphase pattern, which is commonly observed when reaction with parahydrogen takes place in a high magnetic field.²⁸ The reaction results in an AA'XX' spin system, wherein the H–H and P–P spin pairs are strongly coupled. The numerical simulations of multiplet patterns, expected theoretically for the hyperpolarization and the thermal polarization states, are shown in Fig. 1b and c, respectively (see also ESI† for details). The hyperpolarization patterns in the simulation and the experiment do not completely match each other. In particular, the lines with the largest amplitude in the thermal spectrum are not expected to show any polarization according to the simulated spectrum since they correspond to the triplet spin states, specifically T₊ and T₋, of the H–H pair (see Fig. S3 in ESI†). Normally, such states should not be produced because the chemical activation is not expected to induce the transition of the purely singlet nuclear spin state (S) stemming from the parahydrogen to those triplet ones. Only S and T₀ states can be mixed. However, the experimentally detected spectra do show considerable enhancement for these lines. Likely, the observation of the hyperpolarization in the

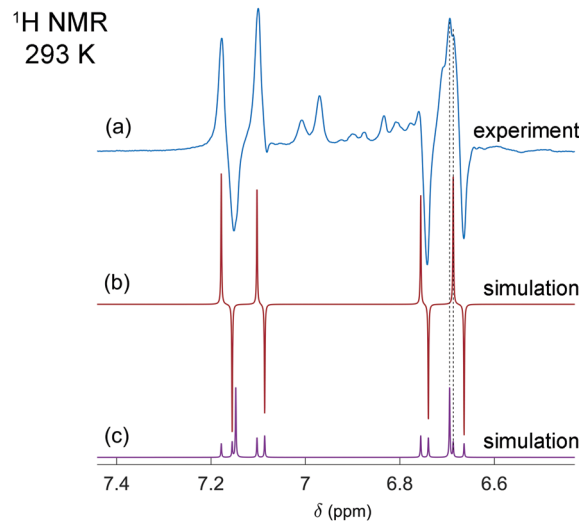


Fig. 1 Experimental (a) and simulated (b and c) ¹H NMR spectra of the [HP(μ-NTer)]₂ adduct. The experimental spectrum (a) is acquired after parahydrogen bubbling through a 0.04 M solution of the biradicaloid at 293 K and 1 bar pressure. The simulation in (b) is based on the assumption that in the experiment the H–H pair in [HP(μ-NTer)]₂ was initially in the singlet nuclear spin state originating from parahydrogen. The simulated spectrum (c) corresponds to the thermally equilibrated spin state. Arbitrary intensity scales are used to draw each spectrum. The black dashed lines show correspondence between the lines in the simulated and in the experimental spectra.

H–H triplet domain indicates transitions induced by the nuclear spin relaxation or possibly some complex spin dynamics, which involves free electrons. More details are present in the ESI.† The full theoretical understanding of this phenomenon, however, is outside the scope of this communication and will be studied separately.

It is interesting that the activation of parahydrogen, which consists of ¹H nuclei only, leads also to the hyperpolarization of ³¹P nuclei in the resulting molecularly symmetric *cis*-[HP(μ-NTer)]₂. Fig. 2a and b show the experimental spectra detected after the parahydrogen bubbling and after the full relaxation to thermal equilibrium, respectively. The enhanced ³¹P multiplet has a shape similar to that observed in ¹H NMR spectra. The same can be noticed in the case of thermal polarization; compare Fig. 1c and 2b. It happens due to the strong coupling in the H–H and P–P pairs and the presence of some coupling between the pairs. In this situation, the spins behave like there are no individual spins but rather their superpositions (see ESI† for details). Then, if one part of the entire spin system is hyperpolarized (¹H pairs), it is also visible in another part (³¹P pairs). The estimation of the signal enhancements was easy to perform for ³¹P, because there are no other background signals masking the weaker thermal signals. The measured enhancements were in the range from 60 to 300 depending on which particular line is considered.

The reaction at 293 K allowed us to observe the hyperpolarization effects for [HP(μ-NTer)]₂ only within a short time frame when some amount of free $[P(\mu\text{-NTer})]_2$ was still available to perform the activation. After the full conversion, the polarization effects disappeared completely. We note, however, that





Fig. 2 Experimental ^{31}P NMR spectra of the $[\text{HP}(\mu\text{-NTer})_2]$ adduct acquired after parahydrogen bubbling (a) and after the relaxation to thermal equilibrium (b). The simulated thermal spectrum is added to (b) for comparison. The same experimental conditions were used as described in Fig. 1 caption. The spectrum (b) is multiplied by the factor of 64 for the sake of better visualization. The spectra reveal the signal enhancement on the order of 60 to 300, depending on the particular spectral line.

upon heating the sample to 353 K we observe the polarized signals repeatedly after every bubbling of parahydrogen (Fig. S2 in ESI †). The enhanced signals observed in both ^1H and ^{31}P NMR spectra were similar to those described above. It is highly likely that this implies that the reaction becomes reversible enough for the new portions of parahydrogen to react with a considerable fraction of available free $[\text{P}(\mu\text{-NTer})_2]$. This means that effectively the elevated temperature allows the replacement of the relaxed hydrogens in the $[\text{HP}(\mu\text{-NTer})_2]$ within a shorter time frame than that needed for the full relaxation of the hyperpolarization. Similar behavior was observed in the previous studies with ansa-aminoboranes.^{18–20}

In order to understand the dissociation kinetics of $[\text{HP}(\mu\text{-NTer})_2]$, which is responsible for the formation of free $[\text{P}(\mu\text{-NTer})_2]$, we have measured the kinetic constants using the spin saturation transfer method, and also have determined the activation energy of the dissociation process (Fig. 3 and ESI †).

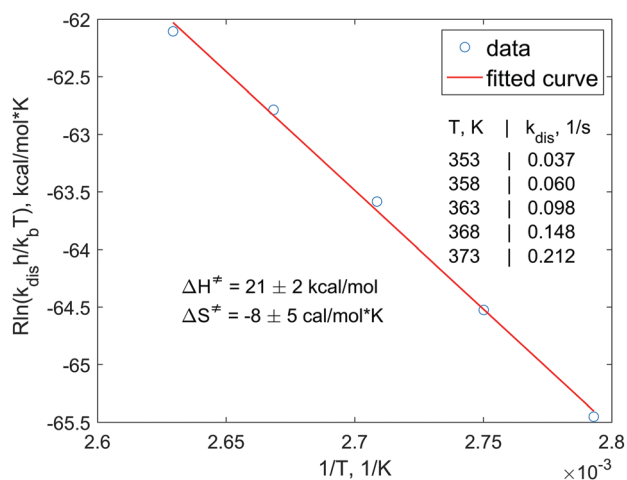


Fig. 3 Eyring plot for the $[\text{HP}(\mu\text{-NTer})_2]$ dissociation process. Experimental points are drawn with circles and the linear fitting result is shown with a red line. Experimentally measured rate constants and the activation parameters obtained from the fitting at 95% confidence level are also shown in the graph.

According to this data, the characteristic exchange time for the H atoms ($1/k_{\text{dis}}$) is *ca.* 27 s at 353 K. This parameter is considerably longer than the corresponding relaxation time of, *e.g.*, ^{31}P nuclei (*ca.* 1 s). Also, the activation energies ($\Delta G_{298}^\ddagger = \Delta H^\ddagger - T\Delta S^\ddagger$) of the dissociation are considerably higher (*ca.* 23 kcal mol $^{-1}$, *calcd.* 24.4 kcal mol $^{-1}$, see ESI †) as compared, *e.g.*, to those observed in reversible activation of parahydrogen with ansa-aminoboranes (*ca.* 18 kcal mol $^{-1}$).^{19,29} Altogether, this shows that $[\text{P}(\mu\text{-NTer})_2]$ is a good but not the best candidate for providing the highest hyperpolarization levels in the reversible activation mode since it takes a relatively long time before the adduct dissociates to be able to accept a fresh portion of parahydrogen. On the other hand, its structure can be optimized to provide the desired kinetic properties.

As the biradicaloid is in the singlet electronic state, we do not expect any effect of unpaired electrons on the observed hyperpolarization. Dealing with radicals, however, care must be taken to exclude the possibility that the hyperpolarization effects are generated by a free radical mechanism such as the chemically induced dynamic nuclear polarization (CIDNP). In this phenomenon, the electron spins participate in the formation of the hyperpolarized state. To prove that potential formation of radical pairs in the process of H_2 activation is not responsible for the hyperpolarization effects reported here, we performed experiments using normal H_2 instead of parahydrogen. This test has unambiguously shown that normal H_2 does not lead to hyperpolarization effects, whereas parahydrogen does, proving the PHIP-based mechanism of the hyperpolarization.

Using the principles of spin-lock induced crossing (SLIC),³⁰ the observed complex ^1H or ^{31}P multiplets consisting of multiple absorption and emission lines can be transformed into strongly enhanced in-phase signals by applying long ^1H or ^{31}P radio frequency pulses of low power followed by the detection with ^{31}P or ^1H decoupling, respectively. The enhanced in-phase signals may be more suitable, for instance, in imaging experiments. An example of such an SLIC experiment for ^{31}P resonances is presented in Fig. S4 (ESI †).

Conclusions

In conclusion, we have demonstrated that the use of $[\text{P}(\mu\text{-NTer})_2]$ biradicaloid leads to the strong hyperpolarization effects detected in ^1H and ^{31}P NMR spectra in the parahydrogen activation process. It is the first time, in general, that a metal-free compound of a biradicaloid structure is shown to produce hyperpolarized nuclear spins, introducing a new class of parahydrogen activators for NMR signal enhancement. This observation also proves that the mechanism of H_2 activation with $[\text{P}(\mu\text{-NTer})_2]$ is pairwise, meaning that the two hydrogen atoms of an H_2 molecule follow each other throughout all the elementary stages of the activation process. As strong as 300-fold signal enhancement was detected in ^{31}P NMR spectra of $[\text{HP}(\mu\text{-NTer})_2]$ without any additional manipulations with magnetic fields, which are commonly required to transfer ^1H hyperpolarization to heteronuclei. It takes place as a result of the formation of an



AA'XX' spin system made out of H–H and P–P pairs in the symmetric adduct. The hyperpolarization transfer from ^1H to ^{31}P happens naturally *via* a coherent process mediated by the *J*-coupling network. Therefore, $[\text{HP}(\mu\text{-Nter})]_2$ is an interesting model molecule for probing the spin dynamics of symmetric molecules. Moreover, the strong NMR signals from ^{31}P have the advantage of insensitivity to the presence of ^1H -containing molecules in a sample under study, which is useful, for instance, in NMR imaging (or MRI) to get rid of background signals. We have also shown that the initial complex ^{31}P multiplet can be converted to an in-phase signal by using the SLIC technique,²⁹ allowing the use of standard NMR spectroscopy or imaging methods in studies involving hyperpolarized $[\text{HP}(\mu\text{-Nter})]_2$. We also believe that new structural/mechanistic details can be uncovered by detailed NMR studies of this molecule, as suggested, for instance, by the lack of the full correspondence between the theoretical and experimental spectra (Fig. 1).

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Conflicts of interest

There are no conflicts to declare.

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