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The effect of water ingress on additively manufactured electrodes†

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Additive Manufacturing (AM), otherwise known as 3D printing, is becoming increasingly popular in the field of electrochemistry since it allows affordable, on-demand production of bespoke devices. Provided a suitably conductive polymer composite material is used, this can include working electrodes. However, while a number of publications have shown such Additively Manufactured Electrodes (AMEs) to be effective, there remain several fundamental areas which must be understood to continue the development of AM for electrochemistry. One such area is the effect of solvent ingress on AME performance, with water probably representing the most important solvent for study considering the amount of electrochemical sensing directed towards biological and environmental systems. Therefore, in this work we study the effect of up to 28 days of water immersion on the physical properties and electrochemical performance of AMEs made from a commonly used conductive material, Protopasta. It is shown that water immersion leads to water uptake of around 1–1.5% by mass for our specific electrode design, which in turn causes a decrease in measured peak current, but an increase in the heterogeneous electron transfer rate constant, k^0 . These observations are rationalised in terms of Ohmic drop and conductive filler surface chemistry, respectively. Overall, it can be concluded that water ingress is likely to be a concern for any application where AMEs are expected to have extended contact with water, although we note that more work is required to fully understand the extent of the issue.

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1. Introduction

Additive Manufacturing (AM), also known as 3D printing, refers to a group of manufacturing processes in which digital computer-aided design (CAD) files are processed into physical parts by building consecutive, thin-layered cross-sections until a complete 3D object has been produced. Compared to traditional formative and subtractive manufacturing processes, AM has a number of advantages, including: on-demand manufacturing, and subsequently lower waste; shorter lead times and lower costs for short production runs; a high degree of customisability, since CAD files can easily be altered, and the ability to produce complex part geometries (*e.g.* overhangs and nested structures).¹ Such benefits have led to increasing adoption of AM technologies,^{1,2} and they are especially useful in laboratory settings where they can be used to produce a variety of bespoke sample holders, fixtures, and devices, all of which might otherwise be prohibitively expensive.^{3,4}

In particular, Fused Filament Fabrication (FFF) has seen widespread adoption because of the relatively low cost of FFF

printers and the simplicity of their use.² In FFF, a millimetre scale thermoplastic polymer filament is passed through a heated nozzle such that it melts and can be extruded onto a substrate where it cools and re-solidifies. Moving the nozzle horizontally during extrusion allows the production of thin cross-sections, and raising the nozzle allows extrusion of the next cross-section onto the previous, with this layer-by-layer assembly repeated until the desired 3D part has been obtained. A wide range of commercial FFF filaments are available including not only a variety of different polymers,² but also polymer composite materials in which a filler has been added, for example to provide mechanical reinforcement or allow electrical conductivity.

Recently, polymer composite FFF filaments which conduct electricity have received particular interest in the field of electrochemistry. Although the printed filaments typically require chemical or physical surface treatments to endow optimum electrochemical properties,⁵ electrodes produced using FFF are nonetheless becoming increasingly popular as they represent a cheap and convenient means for the production of bespoke devices for electrochemical sensing; literature reviews by Cardoso *et al.*,⁶ Silva *et al.*,⁷ and Omar *et al.*⁸ provide a good overview of the progress of Additively Manufactured Electrodes (AMEs), and Whittingham *et al.*⁴ and Ambrosi and

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Bannani⁹ recently discussed how both AMEs and 3D printing in general can be effectively incorporated into electrochemical and analytical laboratories. However, while it is clear that AMEs are a promising use of FFF technology, there remain understudied issues in the field, one of which is the effect of solvents on the performance of the printed electrodes.

It is basic scientific knowledge that many polymers are soluble in a variety of solvents, and that a polymer which dissolves in a particular solvent would be unsuitable for 3D printed parts intended to have contact with that solvent in their working lives. However, while controlled polymer dissolution has been reported for activation of FFF electrodes,¹⁰ and efforts have recently been made to explore the usefulness of different AM materials for electrochemistry in terms of their solvent stability,¹¹ for many electrochemists, polymer/solvent interactions have not been mentioned as a concern. This is presumably because the most commonly-used conducting filaments are made from poly(lactic acid) (PLA), which is insoluble in the aqueous samples typically of interest. Perhaps under-appreciated by electrochemists is the inherent permeability of polymer materials towards small molecules, with PLA representing a particularly poor barrier compared to other common polymers.¹² Such solvent ingress often results in swelling of the polymer, which can lead to structural damage¹³ to and changes in bulk mechanical properties¹⁴ of the polymer. These physical changes might well prove to be of concern to electrochemists, for example because swelling could change the electroactive area of the electrodes. Perhaps more importantly, it is unknown what effect absorbed water molecules might have on the electrical properties of FFF electrodes, both in terms of the bulk conductivity of the material, and the chemical processes occurring at the electrode/analyte interface.

In order to address this, in this paper we provide the first empirical study regarding the effects of water ingress on AMEs produced using FFF and the commonly used conductive filament, Protopasta (ProtoP).^{6,15} More specifically, we demonstrate that over 28 days of immersion in water at room temperature, such AMEs can absorb sufficient water to cause changes in their electrochemical performance as assessed by cyclic voltammetry (CV). Overall, this work serves to demonstrate the importance of

understanding polymer/solvent interactions for facilitating the further incorporation of polymer AM into the field of electrochemistry.

2. Materials and methods

2.1 Materials

All chemicals were used as received, without further purification or modification. Protoplast “Protopasta Composite Conductive PLA” (1.75 mm diameter) was purchased from Premier Farnell UK Limited. Sodium hydroxide pellets ($\geq 97\%$) and hexaammineruthenium(III) chloride (98%) (RuHex) were obtained from Sigma-Aldrich, and propan-2-ol (HPLC grade, $\geq 99.5\%$) was obtained from Fisher Scientific. Deionised water was generated by a Millipore Milli-Q Integral 3 water purification unit, which dispensed water with a resistivity greater than or equal to 18 M Ω cm at 25 °C.

2.2 Methods

2.2.1 Part manufacture. The electrodes were manufactured in standard “lollipop” shapes with lengths, thicknesses and head diameters of 25 mm, 2 mm, and 5 mm, respectively (as illustrated in Fig. 1A). For each material, a single batch of parts was printed using an ORIGINAL PRUSA i3 MK3 with a 1.75 mm nozzle diameter, a nozzle temperature of 215 °C, and bed temperature of 60 °C. A layer height of 0.2 mm and an infill setting of 100% were used. The parts were printed directly to the print bed without additional supports to avoid any variations caused by manual support removal. A digital rendering of the electrodes arranged on the print bed is shown in Fig. 1B.

2.2.2 Electrode activation. The activation of the AMEs was performed using chronoamperometry in a 0.5 M solution of sodium hydroxide by holding the AME at a potential of +1.4 V for 200 s, followed by holding it at -1.0 V for 200 s. Activation in aqueous alkali solution was chosen to both avoid toxic solvents and to reduce the likelihood of unexpected phenomena caused by interactions between any solvent imbibed by the electrode during activation and the water used for ingress experiments. This specific procedure has previously been shown

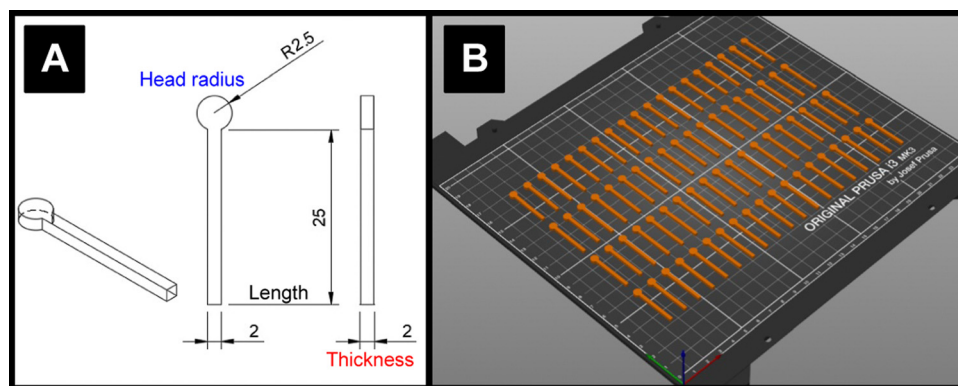


Fig. 1 (A) Engineering drawing illustrating the dimensions (in mm) of the AMEs used in this work; (B) digital rendering of the AMEs arranged on the print bed in the slicer software.



to be an effective method of activation.¹⁶ During activation, as much of the length of each AME as possible was submerged so that the maximum possible area of the electrode could be activated.

2.2.3 Electrode characterisation by XPS, SEM and AFM.

Scanning Electron Microscope (SEM) images were taken using a TM4000Plus Tabletop Microscope from Hitachi High-Tech Europe GmbH. The samples were imaged without coating. Atomic force microscopy (AFM) measurements were obtained using a HQ:NSC14/Cr-Au silicon tip back coated with gold (Mikromasch, France) connected to a Smart SPM1000 coupled to an XploRa PLUS V1.2 (using Omegascope AIST-NT v3.5 and LabSepc 6, respectively; Horiba, France) and a vibration isolation table, all carried out using AC mode. Samples were attached to magnetic disks using double-sided tape. X-Ray Photoelectron Spectroscopy (XPS) data were acquired using an AXIS Supra (Kratos, UK), equipped with a monochromated Al X-ray source (1486.6 eV) operating at 225 W and a hemispherical sector analyser. The analyser was operated in fixed analyzer transmission mode with a pass energy of 160 eV for survey scans and 20 eV for region scans with the collimator operating in slot mode for an analysis area of approximately $700 \times 300 \mu\text{m}$, the FWHM of the Ag 3d5/2 peak using a pass energy of 20 eV was 0.613 eV. Before analysis, each sample was ultrasonicated for 15 min in propan-2-ol then dried for several hours at 65°C as this has been shown in our unpublished data to remove excess contamination from PLA and therefore minimise the risk of misleading data. The binding energy scale was calibrated by setting the adventitious $\text{sp}^3 \text{C}$ 1s peak to 285.0 eV; this calibration is acknowledged to be flawed,¹⁷ but was nonetheless used in the absence of reasonable alternatives, and because only limited information was to be inferred from absolute peak positions.

2.2.4 Water ingress measurements. The AMEs were first weighed using an analytical balance with a precision of $\pm 0.1 \text{ mg}$ and their dimensions measured using digital callipers with precision $\pm 0.01 \text{ mm}$. They were then placed vertically in individual vials to which 10 mL of deionised water was added to fully submerge the part. The vials were then sealed and placed in a water bath maintained at a temperature of $(23 \pm 2)^\circ\text{C}$.

At designated time intervals, each part was carefully retrieved from its vial with tweezers, and gently patted dry with a paper towel. They were then quickly weighed using the analytical balance, and their dimensions measured, before being returned to the vial for further ingress or used for electrochemistry experiments as applicable.

2.2.5 Electrochemical measurements. The resistance of each electrode was measured using a digital multimeter with the probe pins held gently on the extreme ends of the top (as-printed) surface of the electrode. CV experiments were performed in solutions purged for at least 15 min with high purity nitrogen and carried out at $(22 \pm 1)^\circ\text{C}$ using a Metrohm AG Autolab PGSTAT128N (Utrecht, The Netherlands) controlled by NOVA 2.1.5. An Ag|AgCl electrode was used as a reference, and a coil of nichrome wire was used as a counter electrode. For the purposes of CV measurements, care was taken to ensure only the head of the AME was submerged in the electrolyte, with the remaining length of the part from the shoulder onwards kept out of solution. This was to ensure the measurement of an as repeatable-as-possible area of the AME.

3. Results and discussion

3.1 Electrode activation and characterisation

The majority of electrochemistry work using AMEs is carried out after a pre-activation step to remove surface polymer and reveal subsurface conductive carbon particles, which improves electrode performance.¹⁵ Therefore, any part of the surface exposed to water ingress in most real applications is likely to be of this etched nature rather than pristine, as-printed polymer composite. To reflect this, activated ProtoP electrodes (labelled A-ProtoP) were generated by chronoamperometry in alkali solution, which has been established as an effective AME activation method.¹⁶ Unusually, almost the entire lengths of the electrodes were activated (apart from the small section held by the connecting clip), rather than the intended electroactive area alone; this was to ensure that the ingress behaviour of the A-ProtoP parts was reflective solely of activated surface, rather

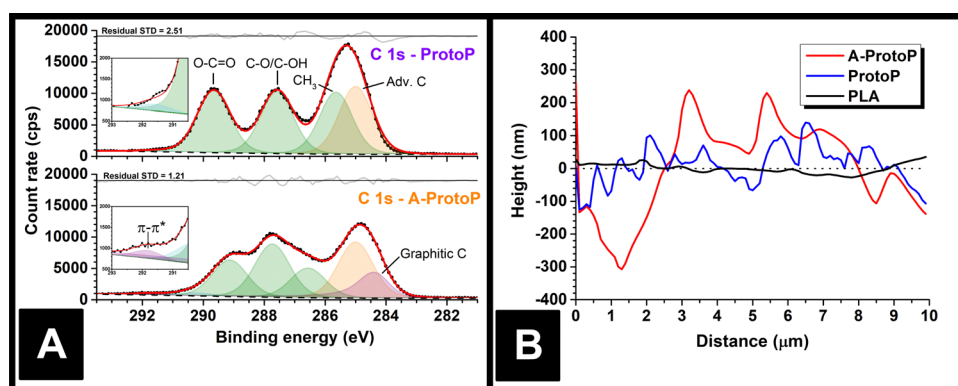


Fig. 2 (A) XPS data for the ProtoP and A-ProtoP AMEs, which highlights the appearance of graphitic carbon at the part surface after activation; (B) AFM height profiles for PLA, ProtoP and A-ProtoP, which demonstrate the significantly increased roughness of the AMEs after activation. In order to allow for easy comparison, the height profiles in the graph have been calibrated such that mean height for all samples is zero.



than a combination of a relatively small area of activated surface and relatively large area of non-activated surface.

Chemical evidence for the success of the surface activation can be found by XPS. Fitting the ProtoP spectrum (Fig. 2A) is very similar to pure PLA (Fig. S1A, ESI[†]), with three peaks of similar intensity corresponding to the three carbon environments in the main PLA chain, and an additional adventitious carbon (Adv. C) peak which was found to persist despite cleaning of the parts before XPS analysis. The similarity of the ProtoP and PLA spectra suggests that, in non-activated ProtoP, the conductive carbon black particles are concealed below the polymer surface beyond the depth explored by XPS (*i.e.*, a few nm). By contrast, the C 1s environment of the A-ProtoP requires the addition of an asymmetric peak centred at 284.3 eV, which is consistent with X-ray photoelectron emission by graphitic carbon,^{18,19} in this case carbon black. Similarly, a high binding energy peak centred at 291.8 eV is required for adequate fitting of the A-ProtoP spectrum, which arises from π - π^* transitions within graphitic carbon.^{18,19} In both ProtoP and A-ProtoP spectra, there is a small peak centred at approximately 290–292 eV. This is difficult to assign but is speculated to arise from carboxyl groups at PLA chain ends. This peak is somewhat larger for A-ProtoP, and there is also enrichment of the region corresponding to alcohol environments for this sample, which indicate successful hydrolysis of the PLA chain during the activation reaction. This conclusion is supported further by the presence of additional environments in the O 1s spectrum of A-ProtoP (Fig. S1B, ESI[†]). Overall, these data show that the activation process successfully removes surface PLA to reveal conductive carbon black particles.

Physical evidence of activation can be seen by AFM of the part surfaces (Fig. 2B), which demonstrates that the A-ProtoP surface was significantly rougher than that of the ProtoP, which in turn was rougher than the pure PLA. This can be quantified in terms of a roughness factor, R_a , which is the arithmetic mean of the absolute deviations in the height measured at each point from the mean value of height calculated for the whole evaluation length.²⁰ For A-ProtoP, ProtoP, and PLA, the calculated R_a were (119 ± 72) nm, (45 ± 38) nm, and (12 ± 9) nm, respectively

(Mean $\pm$ S.D.). The increased roughness of the A-ProtoP can be attributed to the loss of polymer at the part surface as a consequence of activation. SEM images of the samples are shown in Fig. S2 (ESI[†]); these are of relatively low magnification, so do not give evidence of surface modification upon activation, but they do demonstrate that activation does not appear to change the macroscopic structure of the parts in a way that might significantly increase liquid uptake, *e.g.*, by generating holes or cracks between layers.

Finally, it was found that the activation process led to an average mass increase of (0.3 ± 0.2) mg, *i.e.* $(0.2 \pm 0.1)\%$ (Mean $\pm$ S.D.). It is therefore concluded that the activation process itself causes water ingress into the parts, which is surprising because it is carried out over a short timescale, and because one would expect removal of the polymer in the activation process to cause a reduction in part mass. Indeed, the measured mass increase is likely not as large as the total mass of water imbibed during activation because of the competing loss of polymer mass. The cause of this accelerated water ingress is speculated to be localised heating arising from a combination of resistance heating of the polymer composite under the applied potential, and thermal energy released as a consequence of the etching reaction.

3.2 Water ingress into electrodes

The lengths, thicknesses, and head diameters (Fig. 1A) of the PLA and ProtoP electrodes were measured during the course of 28 days of immersion in water. As can be seen in Fig. 3A, the changes in dimensions due to water ingress were generally small, with the largest relative variations being in thickness. The maximum increase in thickness was $(0.7 \pm 0.3)\%$, or (0.013 ± 0.004) mm, seen for the ProtoP samples at 14 days of immersion. This value is close to the instrumental precision and is not part of a wider trend, so is difficult to justify as significant. From these data, it can be concluded that any swelling of AMEs caused by water ingress is likely to be negligible. Because of this, dimensional measurements were omitted for later samples (*i.e.*, A-ProtoP).

The mass ingress *versus* time for the AMEs is shown in Fig. 3B. The initial mass of the A-ProtoP electrodes (*i.e.*, 0% increase) is

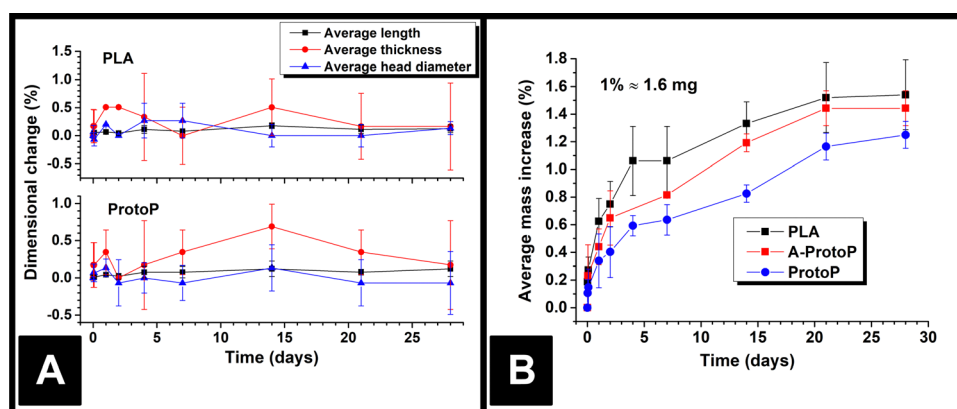


Fig. 3 (A) AME dimensions *versus* time upon water immersion; (B) AME mass *versus* time upon water immersion. In both cases, the data points are (Mean $\pm$ S.D.) for three electrodes.



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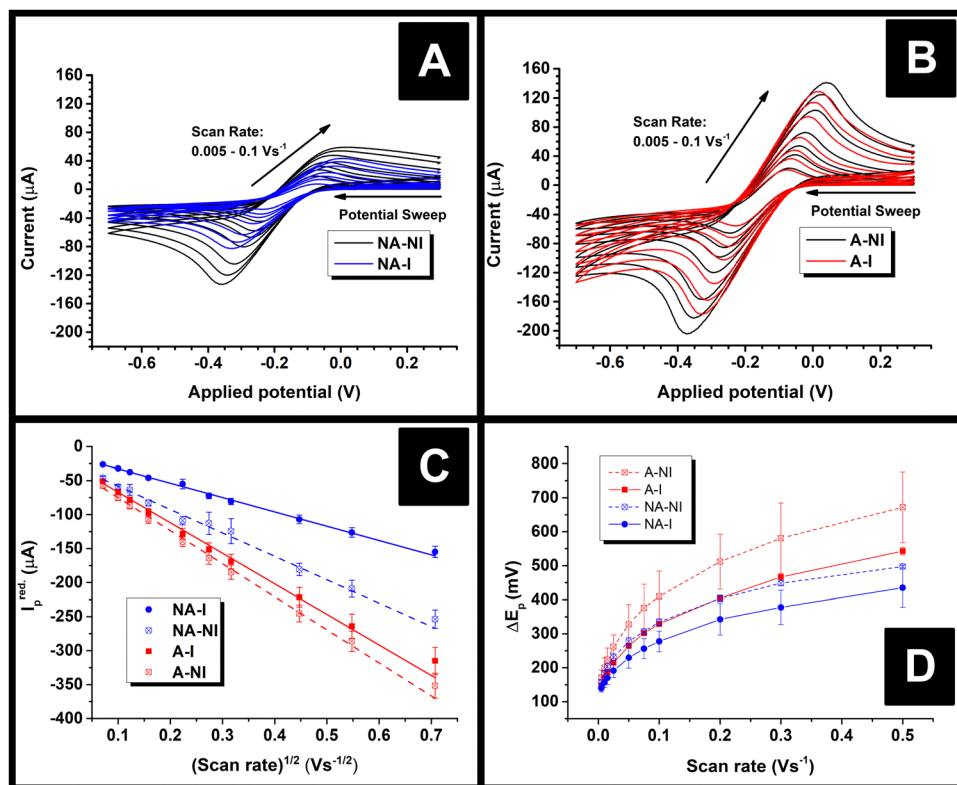


Fig. 4 (A) CV data for example NA-AMEs; (B) CV data for example A-AMEs; (C) Randles–Ševčík plot for the AMEs based on the average data from CV; (D) average ΔE_p versus scan rate for the AMEs. For (C and D), the data points are (Mean $\pm$ S.D.).

although the decrease was much more significant for the NA samples than the A samples (38% versus 8%). The smaller decrease for the A samples is probably due to the fact that measurable water ingress was already found to occur during activation, *i.e.* A-NI samples are already somewhat saturated with water. It is tempting to rationalise these changes in terms of physical or chemical changes at the electrode surfaces, for example, a physical explanation for this phenomenon could be that I samples might have many pores or channels “pre-filled” with water such that electrolyte cannot easily diffuse to the surfaces therein, in contrast to NI samples where capillary forces would cause such pores to be filled with electrolyte immediately upon immersion. However, such an explanation might lead to non-linearity in a Randles–Ševčík plot since electrolyte would still be able to diffuse into such channels over time, which would lead to increasingly higher-than-expected currents later on in an experiment.

Instead, it is more likely that the apparent decreases in area are a result of the changing resistance of the electrodes. According to Ohm's law, current at a constant potential is inversely proportional to resistance, so were the resistance of an electrode to increase, its current response at any given potential should decrease by the same factor. Indeed, the role of circuit resistance with regards to electrochemical measurements is well known as Ohmic drop, but is typically compensated for so as to become negligible.²⁶ Nonetheless, the suggestion that changing Ohmic drop causes the change in current flow seen upon water ingress is supported by the fact that the average ratio of the

current measured at a potential of -249 mV for NA-NI/NA-I samples at 50 mV s⁻¹ was found to be 1.5 ± 0.2 , the uncertainty of which overlaps with the ratio of average resistances NA-I/NA-NI, 1.8 ± 0.2 (Mean $\pm$ S.D.). This proportionality is consistent with Ohm's law: for identical circuits at a constant potential, multiplying resistance by a factor of approximately 1.8 should cause a current decrease of approximately 1/1.8, as described above. If changing Ohmic drop caused by changing electrode resistance is the cause of the observed changes in peak currents, this would also explain why A_{real} was found to be greater than the geometrical area, in contrast to previous literature.²⁴ That is to say, the electrodes used in this work had significantly longer connecting pins than used previously,²⁴ and hence should have significantly higher resistances, thereby reducing the peak currents measured. The resistance of the A electrodes did not appear to change upon water immersion, which might contradict the idea that Ohmic drop is responsible for changing current flow. However, the peak currents (and subsequently calculated A_{real}) for these samples are relatively close, the uncertainty in the resistance of the A-NI samples relatively high, and the means of resistance measurements relatively unsophisticated. Therefore, it is still suggested Ohmic drop is the major factor affecting changing current flow of AMEs after water ingress.

An addition to affecting the measured current, water ingress led to measurable changes in electrode kinetics, which can be inferred from studying the changes in peak-to-peak separation (*i.e.* ΔE_p) between the electrodes, with smaller ΔE_p correlating



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