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# **Environmental Significance Statement**

The pervasive presence of microplastics in diverse environmental matrices poses significant threats to ecosystems and human health. This review, "Microplastics Analysis: from Qualitative to Quantitative," provides a comprehensive overview of the methods used to identify and quantify microplastics, highlighting the advancements from qualitative assessments to quantitative analyses. By synthesizing current methodologies and addressing the challenges in microplastic detection and measurement, this paper underscores the urgent need for standardized approaches to better understand the distribution, sources, and impacts of microplastics. The insights provided are crucial for informing policy decisions, improving waste management practices, and developing mitigation strategies to protect environmental and public health. Environmental Significance Statement<br>
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# **Microplastics Analysis: from Qualitative to Quantitative**

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Microplastics (MPs) are a class of non-degradable pollutants of global concern. MPs ubiquitously exist in the natural environment and can inevitably transfer to the human body. Although the impacts of MPs on the ecosystem are not clearly defined yet, the harmfulness to human health is becoming a consensus. The complexity of MPs caused by the habitation of heavy metals and organic pollution further makes it a great challenge to analyze MPs rapidly and accurately. Demanding pretreatment and insufficient data acquisition seriously hinder the precise understanding of the risk of MPs to the ecosystem and human health. Here, this review covers recent advances in the MPs separation, identification, and quantification methods while discussing their mechanisms and efficacy. Furthermore, this review details the use of Fourier infrared spectroscopy, Raman spectroscopy, and mass spectrometry for qualitative and quantitative analysis of MPs, offering a comprehensive overview of the up-to-date strategies that overcome current technological limitations. Finally, challenges and prospective outlooks for rapid and accurate analysis of MPs are presented.

### **1. Introduction**

Plastics are essential materials for our lives and play an important part in the smooth operation of modern society and industry<sup>1</sup>. However, insufficient plastic management, such as improper disposal or recycling, resulted in the amount of plastic waste rising from 156 in 2000 to 353 million tons in 20192-6. Due to their non-degradability, plastics can stay for centuries and undergo complex physical, chemical, and biological processes, producing plastic particles with tiny diameters It is widely acknowledged in numerous studies that plastic particles smaller than 5 mm are MPs<sup>8</sup>, which have made their way everywhere: in Arctic snow and Antarctic ice<sup>9</sup>, in deep-sea sediments<sup>10</sup>, in sea fishes<sup>11</sup>, in tap and bottled water<sup>12, 13</sup>, in tomatoes<sup>14</sup>, and even in human placenta<sup>15</sup> and blood<sup>16</sup>. The sources of MPs can be divided into primary MPs and secondary MPs. Primary MPs refer to purposely manufactured plastics that are in microscopic sizes, such as microbeads found in facial cleansers and cosmetics, as well as microscopic scrubbers in airborne spray media<sup>17</sup>. Secondary MPs are formed when large plastic debris undergoes mechanical abrasion, photooxidation, or biological processes. This can usually result in the breakdown of the plastic into smaller fragments, such as those released from mulch films to soil, and the MPs discharged from plastic wastes in the ocean<sup>18</sup>. MPs pollution in some representative matrices is detailed in **Table 1**. ARTICLE<br>
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The extensive prevalence of MPs provides distinct risks to ecosystems and human health<sup>19</sup>. The tiny size and large surface area of MPs make them easily adsorb heavy metal ions and organic pollutants<sup>20, 21</sup>, resulting in severe threats to plants and animals in aquatic and terrestrial environments impairment<sup>22, 23, 24</sup>. Phytophagous and animals of higher trophic levels ingest these tiny plastic particles, enriching MPs in advanced organisms and cycling them<sup>25</sup>. For instance, numerous aquacultured fish species, such as common carp, crucian carp, and silver carp, have been found to accumulate MPs, with average counts of  $2.5 \pm 1.3$ ,  $1.9 \pm 1.0$ , and 3.8  $\pm$  2.0 items per individual, respectively<sup>26</sup>. MPs are also detected in 33 of 34 commercial fish species in the South Pacific. In each fish body, 2.4  $\pm$  0.2 microplastic items were found in average<sup>27</sup>.

Furthermore, MPs present interrelated hazards to the health of ecosystems, humans, and animals<sup>28</sup>. MPs enter the human body in three main ways, which are inhalation, ingestion, and dermal contact<sup>29</sup>. Catarino et al. discovered that during the meal period, the potential of humans to inhale MPs resulting from household dust was 3 to 15 times more than to ingest MPs from eating mussels<sup>30</sup>. Cox et al. analyzed the American diet and estimated that individuals consume a range of 39,000 to 52,000 MPs annually through ingestion, whereas inhalation exposure is estimated to be between 35,000 and 69,000 MPs per year $31$ . Regarding dermal contact, the quantification of human exposure to MPs through the skin is still unclear due to factors such as ethical constraints, sample biosecurity, and methodological limitations<sup>32</sup>. Numerous vitro and vivo studies have demonstrated that MPs can cause a range of biological effects, including metabolic disorders, oxidative stress, inflammation, tissue damage, and disruption of intestinal flora<sup>33, 34</sup>. Therefore, more research efforts should be made to investigate the risks associated with MPs.

The analytical methods for MPs in complex matrices are essential for fully understanding the ecological impacts and health risks of MPs<sup>35</sup>. MPs as a complex include polymers and additives, heavy metals and/or organic pollutants adsorbed<sup>36, 37</sup>, colonized pathogenic and/or microorganisms <sup>38</sup>, as well as fragmentation and

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degradation products (biodegradation, UV radiation, and mechanical abrasion)<sup>39</sup>. MPs also exhibit diverse forms, such as spheres, flakes, fibres, and threads $40$ . Thus, MPs are highly varied and complex composite contaminants, which poses significant challenges for their analysis across different matrices. Separating MPs from complex matrices, such as food, organisms, and environmental samples like sediment and effluent, is also difficult, particularly due to their tiny size effect<sup>41</sup>. Recently, several studies have been conducted on analytical methods for MPs, with a part or whole emphasis on identification and quantification<sup>42, 43</sup>. However, a comprehensive understanding of the entire procedure involved in analyzing MPs in

complex matrices, which is crucial for establishing scientific standards, has only been partially explored thus far.1039/D4VA00244J

Recently, some reviews have been published on MPs analysis, with an emphasis on either separation or chemical identification<sup>44, 45</sup>. This review provides a critical overview of the literature on analytical techniques of MPs in environmental and food matrices, emphasizing the latest methods for MPs separation, identification, and quantification (Fig. 1). It highlights the benefits and limitations of these methods, as well as the technological challenges. The review also offers perspectives on future challenges and opportunities and outlooks on strategic goals for rapid and precise quantitative analysis of MPs.

**Table 1** Typical content of MPs in our environment and foods.



Note: PP for polypropylene; PET for polyethyne terephthalate; PE for polyethyne; PA for polyamide/nylon; PS for polystyrene; PES for polyethersulfone resin; PTFE for polytetrafluoroethylene; EAA for ethylene acrylic acid copolymer.

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**Fig. 1** Schematic representation that summarizes the separation, identification and quantification methods established for the analysis of MPs, which are introduced in the review.

# **2. Methods for separation of MPs**

It has been reported that MPs exist ubiquitously in the environment and even in foods<sup>56</sup>. A greater challenge is that MPs are persistent and pernicious despite their tiny size<sup>57</sup>. Therefore, it is essential to develop and select suitable methods to separate MPs from complex matrices to understand their distribution and hazardous effects. Although no standardized separation method exists, various techniques for separating MPs from the environment and foods have been developed. The separation process usually involves pretreatment and purification using methods like density flotation, membrane filtration, oil leaching and pressurized fluid

extraction, magnetic separation and electrostatic separation. These methods will be discussed and compared in detail, focusing on operation steps, advantages, disadvantages, and application scope.

#### 2.1 Sample pretreatment

Sample pretreatment of environment and foods represents a crucial step toward separating MPs from realwould matrices, which can remove organic matters for reduced interference without affecting MPs. The pretreatment process can also concentrate MPs, making it easy to separate and analyze them. Sample pretreatment based on chemical reactions usually involves the digestion of organic matter using redox, enzyme digestion, alkaline digestion, and acid digestion, as shown in Table 2. The reagents usually employed in the redox method include 30%  $H_2O_2$  and NaClO<sub>4</sub>. However, the Fenton's reagent, which consists of 0.05 M Fe<sup>2+</sup> and 30%  $H_2O_2$ , can produce hydroxyl radicals and other reactive oxidizing substances that exhibit significantly higher oxidation potential than H<sub>2</sub>O<sub>2</sub><sup>58, 59</sup>. Enzyme digestion, utilizing proteases, cellulases, and oxidizing agents, is as effective for tougher organic matter**<sup>60</sup>** . Unlike acid digestion by  $HNO<sub>3</sub>$  which may hydrolyze or oxidize MPs, alkaline digestion using reagents like KOH and NaOH can effectively decompose organic matter without affecting MPs**<sup>61</sup>** . A proper digestion method can improve the pretreatment efficiency depending on the characteristics of the sample. The redox and enzyme digestion methods are preferred for samples containing organic matter, such as soil, sediment and fish<sup>17, 62, 63</sup>. Acid or alkaline digestion is suitable for easier-to-digest products, such as scallop soft tissues, fruits, and vegetables**16,62, 64, 17** . ARTICLE<br>
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Ultrasound extraction and solid phase microextraction (SPME) are representative pretreatment methods that avoid the need for complex chemical reactions. Both of the two methods exert minimal destruption effect on the sample. In specific, ultrasonic treatment is highly suggested for eliminating impurities that have been absorbed onto the surfaces of MPs, suitable for separating MPs from both environmental and food samples, including wastewater, soil, honey, and milk**17, 65** . SPME is solvent-free, and usually in conjunction with chromatography-mass spectrometry (MS)**<sup>66</sup>** . SPME has been used for microextraction of MPs from soil**<sup>67</sup>** .

**Table 2** Detailed information on the sample pretreatment methods for MPs in foods.







**Fig.2** Flow charts of MPs separation based on density flotation. (a) Basic flow of density flotation. Reproduced with permission.<sup>[66]</sup>, Copyright 2021, Elsevier. (b) The detailed process of separating MPs by NaI-enabled density flotation. The recycling and reuse of NaI in the process can help reduce the cost and waste of the method. Reproduced with permission.[83], Copyright 2016,

#### 2.2 Density flotation

The density flotation method is capable of separating materials based on the density difference between MPs and other substances, as illustrated in Fig. 2a. This method involves the process of phase separation, in which a sample containing MPs is mixed with salt solutions like NaCl or NaI, allowing low-density MPs to rise while those with high density to settle. This can help successfully separate them and then filter them using a membrane<sup>79</sup>. The U.S. National Oceanic and Atmospheric Administration (NOAA) has developed a standard method for separating marine MPs, which is applicable to the separation of MPs from wastewater. Typically, samples are digested with  $H_2O_2$  using an aqueous ferrous solution (Fe(II)) as a catalyst. Subsequently, a NaCl or ZnCl<sub>2</sub> solution is used to obtain an extracting solution containing MPs, which is then filtered through membranes with pore sizes ranging from 0.7 to 125 μm. It is worth noting that the efficacy of density flotation greatly depends on the type and concentration of the salt solution. The saturated NaCl solution (1.2  $g/cm<sup>3</sup>$ ) is suitable for separating MPs with relatively low density and is widely recommended due to its low cost, safety, and easy operation commonly used. However, it is less effective for highdensity MPs, such as PET  $(1.38 \text{ g/cm}^3)$  and PVC  $(1.35 \text{ g/cm}^3)^{80}$ . Saturated NaI (1.8  $g/cm^3$ ) and ZnCl<sub>2</sub> solutions (1.55  $g/cm^3$ ) are efficient ways to separate high-density MPs. For example, a study introduced a portable device using a saturated  $ZnCl<sub>2</sub>$  solution that vields a 95.8% separation efficiency $81$ . Nevertheless, ZnCl<sub>2</sub> may react with carbonates in the sample, leading to sedimentation, and its

corrosiveness may reduce flotation efficacy<sup>82</sup>. Furthermore, this strategy has other drawbacks, including high costs, toxicity, and environmental damage with waste liquid disposal<sup>74</sup>. Kedzierski et al. reduced the cost of NaI-based density flotation by recycling and reuse of NaI solution83. In that work, the efficiency for MPs extraction was as high as over 90%. Meanwhile, a loss of 4.8% of NaI after 10 times-recycling was observed (Fig. 2b), greatly reducing the cost and waste of the method.

Therefore, the evaluation of a separation method for practical applications depends on many factors, including environmental impact, cost, and effectiveness.

#### 2.3 Membrane filtration

Membrane filtration collects MPs on various membrane filter surfaces through a pressure difference generated by vacuum pumps<sup>84</sup>. This method is commonly used to separate MPs from environment and food samples, due to its simple operation and lack of need for a complex device. Based on pore size selection, membrane filtration separates MPs from other substances, as shown in Fig. 3a. This process can be classified as ultrafiltration, microfiltration, nanofiltration, and reverse osmosis. Membrane filters are made of various materials, such as glass fiber, polycarbonate, and cellulose. Each material has unique characteristics. For example, glass fiber with rough surfaces can potentially retain impurities and release fibers that may contaminate the sample. Polycarbonate lacks hydrophilicity, reducing its filtration

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efficiency and effectiveness. This may result in prolonged water molecules on the surface, which in turn increases pollutant adsorption and clogging of the membrane, thus reducing its lifespan. It is worth noting that polycarbonate may interfere with infrared signals, making detecting and identifying MPs challenging. Nylon and

MPs from complex matrix composition. Typically, It starts with a larger pore-size filter, followed by a smaller one, to awoid clogging and enhance filtration efficiency and membrane lifespan. Hernandez et al. developed a filtration device that utilized different pore sizes of polycarbonate membranes, effectively separating nanoplastics (NPs)



**Fig.3** Working principle of various filtration methods for MPs separation. (a) Mechanistic scheme for separation of MPs by membrane filtration. Reproduced with permission.[66], Copyright 2021, Elsevier. (b) Schematic diagram of SMI. (c) Scheme of filtration process with complex mechanism. Reproduced with permission.[88], Copyright 2017, American Chemical Society.

alumina membranes lack chemical corrosion resistance<sup>85</sup>.

Compared with the abovementioned materials, cellulose acetate and cellulose nitrate offer superior overall performance. Depending on the characteristics of a sample, a membrane with different pore sizes may be used. For example, a pore size of 1 μm to 0.5 mm is suitable for small molecule liquid matrices such as seawater, and a 5 μm-pore size is suitable for food takeaway packaging<sup>86</sup>. Coppock et al. developed the sediment-microplastic isolation (SMI) method, a small-scale process for MPs sampling in marine sediments (Fig. 3b)<sup>87</sup>. The SMI process begins with placing the equipment under a laminar flow cover to extract MPs from sediments. Each trial involves adding a dry sample (30-50 g), a clean magnetic stirring bar, and ZnCl<sub>2</sub> solution to the purged SMI unit. Then, the mixture was left to settle until the supernatant was clarified. The clarified supernatant was then vacuum filtered, transferred to a clean petri dish, and examined under an optical microscope, showing the effectiveness of the SMI device with an average recovery of 95.8%. This method applies to various sediment types and is suitable for laboratory and field separation of MPs from benthic samples. A multi-aperture membrane filtration process is suggested to separate

from facial scrubs, as illustrated in Fig.  $3c^{88}$ . Besides using multiaperture membranes, combining membrane filtration with treatments, such as disk filters, sand filtration, and ozone, can enhance efficiency. Through this strategy, a study conducted by Lee and co-workers successfully removed 75%-91.9% MPs in a wastewater plant<sup>89</sup>. Wang et al. developed a sustainable, highly porous, and ultra-light sponge to eliminate MPs from environmental and food samples<sup>90</sup>. By either filtration using the sponge pores or simply pressing the sponge in a sample containing MPs, it is possible to obtain an efficiency of up to 90% without affecting the mechanical strength of the sponge. The sponge could rapidly degrade to glucose by enzymes and completely degrade within 12 days once buried in the soil. This work represents an important step forward in using degradable materials for sustainable MPs separation. Overall, the membrane filtration method is easy to operate and adaptable to different treatment scales and water quality conditions. It can also be easily integrated with other separation methods. Nevertheless, this method also has some limitations, including strong dependence of removal efficiency on the size distribution of MPs, and frequent occurrence of membrane fouling.

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Fig. 4 Separation and analysis of MPs based on the affinity of MPs and oil. (a) Schematic diagram of extracting MPs from agricultural soil using rapeseed oil and unsaturated sodium chloride solution. (b) Schematic diagram of MPs separation by olive oil emulsion enrichment. Reproduced with permission.<sup>[93]</sup>, Copyright 2023, Elsevier.

#### 2.4 Oil leaching

Oil leaching as a density-independent method exploits the hydrophobic interaction between oil and MPs to separate MPs in soil and aquatic sediments. The separation involves shaking a mixture of oil, water, and the sample containing MPs until three-phase separation occurs. Due to their hydrophobic nature, MPs tend to migrate to the oil phase. Solvents like ethanol are then used to remove residual oil, facilitating the subsequent detection and identification of MPs. Crichton et al. introduced a petroleum-based protocol using rapeseed oil to extract MPs with a recovery rate of 96%<sup>91</sup>. The process enriches MPs during the separation as other impurities are hydrophilic and hardly interfere with the separation. However, solid samples may clog dispensing funnels. The partition funnel limits the recovery of MPs from the upper side when hydrophilic particles are discharged as underflow. Also, residual oil traces may hinder the separation of oil film, which requires further cleaning with solvents like ethanol and hexane. Kononov et al. reported a simple method for extracting PE, PP and PVC MPs from soil using the buoyancy of canola oil and the density separation process using NaCl (Fig. 4a)<sup>92</sup>. In the system, the MPs in soil are extracted in the oil phase and separated after soil sedimentation. After ethanol rinsing and  $H_2O_2$  digestion of organic adherents, the MPs can be recovered at high efficiency ranging from 76.0% to 98.7%, depending on MP composition. To reduce the amount of oil as well as to improve the efficiency of separation based on oil enrichment, Li et al. optimized the oil-water ratio, using sustainable olive oil and emulsifiers to create stable and well-dispersed olive oil microemulsions that are effective over a broad pH range and in high salt conditions<sup>93</sup>. As depicted in Fig. 4b, upon addition of an demulsifier, hydrophobic interaction between the emulsion of olive

oil with high surface area and MPs causes them to rise to the upper layer of the system, separating MPs from the aqueous



**Fig. 5** Typical examples of magnetic separation of MPs. (a) Schematic diagram of the principle of using magnetic nanoparticles to remove microplastics. Fe nanoparticles were modified with cetyltrimethoxysilane (HDTMS) to produce hydrophobic Fe nanoparticles, which bind to the plastic due to hydrophobic interactions. HDTMS binds to the nanoparticles to produce hydrophobic tails. © The bound Fe nanoparticles allow for magnetic recycling of the MPs as the magnetic force acts on the particles. Graphical representation of HDTMS bonded to OH groups on the natural oxide layer of Fe. Reproduced with permission.<sup>[94]</sup>, Copyright 2019, American Chemical Society. (b) Schematic representation of the process of MPs removal by magnetic nanoparticles. Reproduced with permission.<sup>[6]</sup>, Copyright 2021, Elsevier.

environment with up to 87% efficiency. The components of MPs are further identifiable through Raman characterization. The strategy based on olive oil and rapeseed oil emulsions offers a straightforward, efficient, and sustainable approach to separating and identifying MPs.

### 2.5 Magnetic separation

Magnetic separation involves adsorbing magnetic nanoparticles onto MPs, making them magnetic, and then employing magnets to separate the composite of magnetic nanoparticles and MPs from the liquid. This method is widely used in biomedical environments and other fields because of its ease of separation, recyclability, large surface area, strong adsorption capacity, and cost-effectiveness. Grbic et al. developed a magnetic extraction method using cetyltrimethoxysilane-modified iron particles that bond to plastics through their hydrophobic surfaces to facilitate their recovery from the sample, as shown in Fig.  $5a^{94}$ . A key feature of this method is its reliance on the surface area to volume ratio; smaller particles allow more iron nanoparticles to bind per unit mass of plastic, enhancing effectiveness. Shi et al. introduced a method using hydrophilic  $Fe<sub>3</sub>O<sub>4</sub>$ magnetic nanoparticles for MPs removal, which optimized the concentration and magnetization time of  $Fe<sub>3</sub>O<sub>4</sub>$  magnetic nanoparticles, giving rise to a removal rate of 80% in environmental waters, as depicted in Fig. 5b<sup>6</sup>. Based on the typical hydrophobic nature of plastics, magnetic  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles are often modified with hydrophobic ligands, such as polydopamine, carbon nanotubes, and linseed ash, which enhances their adhesion to MPs and further improves the separation efficiency. However,  $Fe<sub>3</sub>O<sub>4</sub>$  nanoparticles with hydrophobic layers are difficult to disperse in water and costly to produce, highlighting the need for a more cost-effective and efficient magnetic separation method for MPs.

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#### 2.6 Pressurized liquid extraction (PLE)

PLE is often used to collect semivolatile organic/compounds from solid materials at subcritical temperatures and pressures. Recently, scientists have applied this method to remove MPs from soils, sediments, and wastes. The basic PLE procedure, illustrated in Fig. 6a, is carried out at 180°C and 1000 psi with methylene chloride as an extractant. The equipment and operating principles of PLE are depicted in Fig. 6b, where the solvent (S) and the sample (A) are first injected into the extraction cell. The extraction cell includes an oven (O) and a pressure valve (P), which together achieve the desired temperature and pressure to extract MPs from the sample. Extracted MPs are subsequently cooled and collected in a carousel. Studies have demonstrated that using PLE at 160°C could efficiently separate MPs from samples, while extended loading at this temperature may cause the static valve to be clogged with 100 µm of glass material. To prevent this issue, it is recommended to raise extraction temperatures to the range of 180-190°C and reduce the amount of plastic loaded95, 96. Derkies et al. developed an analytical method that combines PLE and pyrolysis gas chromatography-MS (GC-MS) for MPs in various environmental samples, including sediment, suspension, soil, and sewage sludge<sup>97</sup>. In that work, sample separation involved a pre-extraction step with methanol, followed by PLE using tetrahydrofuran to realize the automated extraction of MPs. The limit of quantification for this method was as low as 0.007 mg/g for common synthetic polymers, such as PE, PP, and PS. Despite high removal efficiency for MPs, PLE is a costly method. The primary cost of PLE at the beginning is equipment purchase. Solvent cost in this method is related to the type and quantity of organic solvents used during the extraction process, while energy expense arises from the electricity consumed to operate under high-temperature and high-pressure conditions.



![](_page_9_Figure_10.jpeg)

![](_page_9_Figure_11.jpeg)

**Fig. 7** Schemes of the mechanism and process for separation of MPs based on electrostatic interaction. (a) Schematic diagram of the electrostatic separator. Reproduced with permission.<sup>[98]</sup>, Copyright 2017, Elsevier. (b) Working mechanism of the corona roller separator type hamos KWS. Reproduced with permission.[7], Copyright 2019, Springer-Verlag. (c) Physical view of a KWS electrostatic separator (hamos 1521-1). Reproduced with permission.<sup>[7]</sup>, Copyright 2019, Springer-Verlag.

#### 2.7 Electrostatic separation

Electrostatic separation utilizes electrically charged MPs to separate them from other impurities of samples using an electrically charged metal or plastic separator. The Hamos Electrostatic Metal/Plastic Separator, also known as a Korona-Walzen-Scheider (KWS) system manufactured by Hamos GmbH, has been studied in previous works for the electrostatic separation of MPs<sup>98</sup>. In the usual procedure, dry samples containing MPs are fed into the KWS through a filling funnel and slowly dispersed onto a rotating metal drum via a vibrating conveyor belt, as shown in Fig. 7a. The drum and conveyor belt speeds are individually adjustable. As the drum rotates, particles enter a high-voltage corona field, which discharges materials at different speeds based on their conductivity. The particles are then divided into non-conducting sample parts (MPs and some residues) and discarded materials. Fig. 7b illustrates the functional principle of the corona roller separator, where a vibrating conveyor applies the

mixture separated to a grounded roll and electrostatically charged by corona electrodes of 15,000-30,000 volts. Dhis charge pmakes 2the particles stick to the roll surface due to mirror forces. Once particles leave the electrostatic field, they are discharged onto the surface of the grounded roller. Metal particles quickly lose their charge and fall off the roller in a parabola path. Plastic particles, being excellent insulators, release their charge very slowly and remain on the drum until brushed off. The distinct behavior of metal and plastic particles facilitates their separation. Adjustable separation plates are used to prevent remixing of conductive and non-conductive materials postseparation. Unlike other separation methods like density separation, the KWS system offers a 99% recovery rate with minimal dependence on particle size<sup>5</sup>. Fig. 7c shows a digital photograph of a typical KWS equipment. It handles large on-site samples efficiently and operates safely with corrosive liquids, enhancing its efficiency. However, KWS can only separate dry materials. The sample should be dried before separation.

#### **Table 3** Detailed information on purification of MPs in complex matrices.

![](_page_10_Picture_636.jpeg)

#### **ARTICLE Journal Name**

Pressurized liquid extraction Pressurized fluid

Extraction by a highpressure fluid and separation from the liquid by altering temperature or pressure

Separation without dependence on particle size

Possible morphological change of MPs

Soil sediment, Ol: 10.1039/D and urban compost

### **3. Identification and quantification of MPs**

extractor

Detection and identification of MPs after separation can help us better understand their sources and distribution in the environment and foods, providing essential information for environmental protection, food processing and packing improvement, and health effect assessment. From the management and policy standpoint, effective monitoring and identification of MPs are also important for developing regulations and standards to control and mitigate pollution by MPs. The detection and identification of data should be vital for informing and implementing environmental management practices and protection strategies. Nevertheless, people are facing difficulties in detecting and identifying MPs from environmental and food samples. First, the tiny sizes of MPs, ranging from millimeters and even micrometers to nanometers , make them challenging to detect and analyze using standard laboratory equipment and tools. Second, MPs occur in varying compositions and types, each requiring specific analytic methods due to their different properties. Third, environmental and food samples contain a complex mix of organic and inorganic matter, which are different from completely removing and can interfere with detecting and identifying MPs. Careful handling is needed to avoid any background contamination of intrinsic MPs from air, reagents and vessels. To date, there is still no widely accepted standard for the detection and identification of MPs, leading to variability in results by different laboratories and from different studies. The following discussion will describe the state-ofthe-art analytical techniques for MPs concerning detection and identification. NAME PRODUCTS CONTINUES INTO A CONTINUES IN CONTINUES IN THE CONTINUES IN THE CONTINUES IN CONTINUES IN THE CONTINUES

3.1 Optical microscopic identification and quantification methods

Microscopic observation is the simplest and most commonly used method for quantitative detection of MPs. Researchers use various microscopes, such as the stereo microscope, fluorescence microscope, 3D confocal microscope, and atomic force microscope, to identify and quantify the number, size, shape, and color of MPs, as detailed in Table 4. Image analysis is also necessary and is performed using Image J or Motic Image Plus 2.0 to measure the size and count of microscopic particles<sup>106, 107</sup>. A stereo microscope equipped with a digital camera is a standard method for quantitatively detecting MPs in food. However, stereo microscopes cannot accurately differentiate between natural and synthetic particles. Visual identification is ineffective for particles smaller than 500 μm. Therefore, studies often combine microscopy with analytical methods like FTIR spectrometry to reduce errors. Fluorescence microscopy and 3D confocal microscopy are also used to quantify trace MPs in food<sup>108-111</sup>.

3.2 Chemical identification and quantity quantification methods Detailed analysis of the molecular structure of microplastic polymers allows for precise identification of the chemical composition of MPs. Currently, chemical identification and quantification techniques include the following. First, spectroscopic techniques, such as infrared spectroscopy and Raman spectroscopy, are commonly used due to their fingerprinting characteristics and good applicability in many contexts<sup>112</sup>. Second, the combined use of thermal analysis and chromatographic techniques, such as thermal extraction-thermal desorption GC-MS (TEDE-GC-MS) represents another powerful platform for precise analysis of  $MPs<sup>113</sup>$ . Furthermore, the combination of microscopy and spectroscopy, such as scanning electron microscopy coupled with energy dispersive xray spectroscopy (SEM/EDS) can usually provide highly resolved morphological information for MPs<sup>114</sup>.

#### 3.2.1 Fourier Transform Infrared (FTIR) spectroscopy

FTIR spectroscopy is developed from the principle of Fourier Transform of interfered infrared light. FTIR spectroscopy is commonly used in MPs characterization studies due to its high sensitivity and efficiency. FTIR spectroscopy identified MPs by comparing the infrared spectra of samples with a known reference polymer spectrum library, offering accurate analysis of small-sized MPs. FTIR spectroscopy can detect particles larger than 100 μm, while micro-FTIR, which combines FTIR spectroscopy with microscopy, reduces the detection limit to 5 μm, making it ideal for MPs characterization<sup>115</sup>. Additionally, the attenuated total reflection (ATR) technique applied to FTIR facilitates quicker and easier analysis, particularly for irregularly shaped MPs<sup>116</sup>. Liu et al. developed a method to identify MPs in Chinese coastal mussels by combining thermogravimetric analysis (TGA), FTIR, and GC/MS, improving the capability of discriminating MPs<sup>117</sup>. Recycling rates could be up to 97% without degrading MPs. However, the high cost of Fourier spectroscopy-related instruments and extensive operation training hinder the widespread detection of MPs using FTIR.

#### 3.2.2 Raman Spectroscopy

Raman spectroscopy, which is based on the inelastic scattering of incident radiation through its interaction with vibrating molecules, has demonstrated the potential in detection of MPs smaller than 50 μm. Although it is complicated in principle, the availability of automated equipment and dedicated algorithms makes Raman spectroscopy a user-friendly and convenient method for analysis of MPs. In general, substances in samples are characterized by matching over 70% of their characteristic peaks with the reference database<sup>118</sup>. Currenlty, Raman spectroscopy is exploited in different formats for MPs analysis, including micro-Raman spectroscopy, surface-enhanced Raman spectroscopy (SERS), and Raman tweezers (RTs). Micro-Raman spectroscopy, which combines Raman spectroscopy with a microscope, is ideal for qualitative detection of MPs in food down to 1 μm, which is complementary to micro-FTIR spectroscopy (> 50  $\mu$ m)<sup>119</sup>. The integration of Raman and infrared spectroscopy as a new trend in MPs detection enables the detection of plastic particles as small as  $3 \mu m^{120}$ . SERS and RTs have also been employed for the qualitative analysis of MPs. SERS can detect MPs by adsorbing MPs onto corrugated plasmonic metal surfaces (e.g., gold or silver nanoparticles), which boosts the Raman signal of MPs and allows for detecting

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small-sized (~450 nm) MPs at low concentration levels. Regarding RTs, it can perform both optical trapping and chemical identification, allowing for the detection of MPs in a single-particle level, with a diameter down to the 50 nm range $^{121}$ . Based on the above comparison, it is suggested that micro-Raman featured with portability is suitable for convenient and field analysis of MPs; Despite the need for enhancement substrate and relatively complicated instrumentation compared with micro-Raman, SERS

usually possesses much higher detection sensitivity. Although RTs can analyze small single MPs, suitable extraction and concentration protocols are required for their practical applications. In addition, the presence of microorganisms, organic or inorganic substances on MPs may produce interfering signals that affect the Raman spectra. Therefore, careful sample collection is essential to minimize background signals for Raman spectroscopic analysis of MPs.

Table 4 Detailed information on the identification and quantification methods for analysis of MPs in complex matrices.

![](_page_12_Picture_773.jpeg)

3.2.3 Quantification based on thermal treatment

Thermal treatment of MPs exploits the thermal characteristics of polymers and facilitates the analysis of their physical and chemical properties to identify their components. Primary thermal analysis techniques include pyrolysis GC-MS (Pyr-GC-MS), thermal extractionthermal desorption GC-MS (TED-GC-MS), and thermogravimetric analysis coupled with differential scanning calorimetry (TGA-DSC).

Pyr-GC-MS involves sending samples containing MPs to a pyrolysis chamber, analyzing their composition using GC, and simultaneously analyzing polymers and additives, which can avoid mechanical preselection and background contamination<sup>126</sup>. Compared to FTIR and Raman spectroscopy, Pyr-GC-MS can achieve a higher recovery rate (97%-110%) and excellent sensitivity for detecting airborne MPs, with fewer errors in observing and detecting small-sized MPs<sup>127</sup>. For

TED-GC-MS, the sample is placed in a horizontal thermal balance for thermogravimetric analysis, with pyrolysis gases adsorbed by a polydimethyl siloxane twister as a solid phase sorbent for the subsequent GC-MS analysis.128, 129. TED-GC-MS offers a quick and straightforward way to detect and quantify MPs, and can directly identify and quantify polymers in environmental samples without the need for pre-treatment. TGA-DSC identifies chemicals by measuring the melting temperature of samples. TGA-DSC provides both qualitative and quantitative information on the gaseous products of MPs<sup>19</sup>, requiring minimal sample preparation and being the most economical among the three methods. The accuracy of TGA-DSC is influenced by factors like additives, impurities, and polymerization chain segments, which can interfere with the identification of complex polymers. Therefore, TGA-DSC is not suitable for analysis of samples containing high-content organic matter<sup>125</sup>. Note that size and morphological information of MPs is not available from all the methods based on thermal treatment due to the thermal disruption in the analysis procedures.

#### 3.3 Integrated techniques

Due to the difficulty in precise and detailed analysis of MPs, recently, some techniques with integrated functions have also been applied to MPs analysis. For instance, electron microscopy is of high resolution and accuracy in the morphological analysis of small particles, while the chemical information of particles is lost. One can use electron microscopy (SEM) integrated with energy dispersive spectroscopy (EDS) for chemical information acquisition. The details are discussed below.

#### 3.3.1 Scanning Electron Microscopy and Energy Dispersive Spectroscopy (SEM/EDS)

Electron microscopy combined with energy dispersive x-ray spectroscopy (SEM-EDS) reveals the morphology of MPs, like surface fractures and cracks, and provides detailed information on their elemental composition and inorganic additives. The heterogeneity of samples, which often combines organic and inorganic substances with MPs, results in detected emission spectra that can differ significantly from those in the reference libraries, a notable limitation of FTIR. As for SEM/EDS, it is not affected by this limitation. SEM-EDS provides highly magnified, high-resolution images that minimize the likelihood of misclassifying tiny organics as MPs, a significant improvement over optical microscopy<sup>130</sup>. Giulia Furfaro et al. employed two types of microscope for MPs analysis: a JSM-6480LV scanning electron microscope with a Sirius SD energy dispersive Xray (EDX) spectrometer for initial morphological assessment and detailed microanalysis and a Sigma 300 VP field emission scanning electron microscope for high-resolution imaging  $144.0$  High-resolution images of the particle surfaces of small plastic fibers and fragments and their elemental composition characteristics were attained based on these techniques. The EDX spectra perfectly reflect the wide variety of MPs currently found in the natural environment. In addition to the observed peaks for carbon and oxygen, some metal elements, such as Ti, Ba, and Zn, were also detected, and these are considered additives in some plastics. Indeed,  $TiO<sub>2</sub>$  is widely used as a colorant and filler to enhance the whiteness, gloss, and color stability of plastics, while also improving hardness, durability and mechanical properties, which plays an essential role in plastics  $industry<sup>131</sup>$ . Embedding tetrapod-shaped zinc oxide whiskers and barium titanate nanoparticles into a PP matrix can also create a ternary nanocomposite material with enhanced dielectric properties<sup>132</sup>. Some fragments and fibers containing nitrogen were identified as non-plastics (e.g., natural fibers, mollusc shell fragments, and plant fragments), since nitrogen is one of the main compositions in biological compounds<sup>133</sup>.

#### 3.3.2 Other techniques

Wang et al. introduced a new technique termed artificial intelligence-assisted nano digital inline holographic microscopy (AI-Assisted Nano-DIHM) for in situ detection of MPs and NPs in aquatic systems<sup>134</sup>. The technique generated an interference hologram by interacting with a reference wave and the sample scattering. Equipped with thousands of raw holograms of MPs and non-plastic particles found in rivers or lakes, it allowed for automated particle characterization and classification in milliseconds using a deep neural network with Nano-DIHM without sample pretreatment. Zhang et al. proposed an approach that combines SERS and stimulated Raman scattering (SRS) for qualitative and quantitative analysis of MPs and NPs in salt samples with different origins<sup>135</sup>. After filtering a salt solution and undergoing a digestion process, the enriched MPs were subjected to SERS using Au-loaded anodized aluminum oxide substrates, while SRS was used to image and quantify MPs. Using this method, it is estimated that a person may ingest up to an average of 6 million MPs per year. Qian et al. developed a hyperspectral SRS imaging platform incorporating an automated plastic identification algorithm to analyze MPs and NPs with high chemical specificity and throughput $136$ . The proposed method enabled the quantification of NPs through particle counting and estimation, including NPs smaller than 100 nm on a single particle level. The results revealed that the total concentration of MPs and NPs bottled water was around 2.4×10<sup>5</sup> per liter, with NPs accounting for 90%. From the results and solid propose of solid propose of the absorption of the change of the state of the

**Table 5** Detailed information on microscopic methods for analysis of MPs.

![](_page_13_Picture_551.jpeg)

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### **4. Quality assurance and control for MPs**

under the microscope

Quality assurance and control for MPs primarily revolve around standardized procedures for sample preparation, detection, and identification to minimize the contamination of foreign MPs and enhance the precision and accuracy of qualitative and quantitative analysis. In practice, we can control several entry points that may influence the interpretation of sample data, such as MPs the experiment itself carried, residues from experimental equipment, and airborne plastic fibers.

The presence of foreign MPs in the laboratory environment should be minimized to ensure the sample separation of MPs. For example, all extraction cells and collection bottles should be precleaned with HPLC-grade acetone and heated for approximately 1 h. All glassware should be cleaned with HPLC-grade ethanol using a dead-end process before and after oil extraction. Sieves used in preparation should be cleaned with an air gun to remove any remaining MPs and prevent contamination of subsequent samples. Additionally, a complete program blank should be run alongside each sample series to identify and quantify any secondary contamination. During experiments, lab coats without plastic materials like PVC and PE and nitrile gloves are used to prevent cross-contamination when handling samples and glassware<sup>103</sup>.

Regarding the detection and identification of MPs, air pollution should be treated seriously owing to the presence of plastic microfibers in air<sup>140</sup>. A combination of an air shower room and an ultra-clean stainless steel room is highly recommended to prevent the contamination of plastic microfibers. Unlike a fume hood, this combination effectively filters fine fibers in addition to replacing the air, making it particularly suitable for experiments that are sensitive to air factors<sup>141, 142</sup>. Verifying contamination control can be done by exposing a blank glass dish to air post-operation and subsequently checking for the presence of MPs on its surface.

# **5. Conclusion and Outlook**

In conclusion, this review offers a reference for the reliable and representative analysis of MPs in typical matrices by reviewing stateof-the-art methods of sample separation, identification and quantification. It discusses the advantages, disadvantages, and application scenarios of detection and identification methods, with particular attention to their size limitation and detection sensitivity. A clear trend in the field is also demonstrated towards quantitative analysis of MPs by integrating various techniques. Still, the analysis of MPs is complicated by their varied environmental interactions that interfere with their detection and identification, posing challenges for applying standardized operation protocol across different studies.

Direct *in-situ* detection of MPs-containing samples is an ideal way to conduct rapid analysis. However, it is a great challenge to realize high sensitivity and accuracy due to the complexity and low MPs concentration in complex matrices. In most cases, the interference signal from the sample background is much stronger than the characteristic signal of plastics (for instance, IR and Raman). In this regard, signal enhancement technology is critical for the development of novel *in-situ* analysis strategies. Although the indirect *ex-situ* strategy has a relatively complexity of sample processing and associated costs, it is now considered as an easy realizable strategy because of its high data reliability.

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The as-presented *ex-situ* analysis strategy contains an individual separation procedure where redox or alkali/acid digestion treatment is employed to eliminate the interference of most organic compounds from chemical inert plastics, i.e. PP, PS, PE. However, strong redox, alkaline, and/or acid conditions may not be suitable for the separation of some degradable plastics, such as polylactic acid, polyvinyl alcohol, and polyethylene glycol. Similarly, other separation methods, such as density flotation and oil leaching, are commonly available to purify and separate specific MPs. When the sample contains unknown and/or various kinds of MPs, it is difficult to accurately separate and quantitatively analyze all types of MPs. To this regard, it is necessary to develop non-targeted analysis methods. However, the environmental and health impacts may vary significantly depending on the unique structures and properties of MPs, such as stability, degradation rate, conditions, released monomers, or additives. Therefore, it is of significance to establish standard and universal separation, identification, and quantification methods for a certain size range, especially for each type of plastics, like PET or PS, contributing to precise identification of the hazards from the environment. Realization of this goal requires development of targeted methods that leverage specific properties such as density, hydrophilic and lipophilic lamps, or specific functional groups including ester group and benzene ring. 4. Quality assurance and control for MPs<br>
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Although people have understood the widespread presence and serious harmfulness of MPs in the environment and food, the detection and identification of MPs still require time-consuming and labor-intensive sample processing. State-of-the-art detection and identification methods typically can only identify plastic particles at the micrometer scale. Also, they have poor specificity in polymer identification. Precise detection and identification are of great need by making efforts to the following parts.

(1) Detection and polymer-specific identification methods for MPs are in high demand. Although GC-MS is a powerful method for identifying functional chemical groups, it may not be suited for quantification and size and morphological characterization. Raman microscope can help observe both morphology and spectral information of MPs; while observation and spectral detection of smaller-sized MPs may still be challenging with sample pretreatment and purification.

(2) A globally recognized standardized protocol for MPs in typical matrices such as environment and foods should be established. Each protocol for a given sample may encompass sample pretreatment, detection procedure, and equipment required for chemical identification.

(3) Data analysis in conjunction with artificial intelligence (AI) is highly recommended for performing MPs analysis tasks. Starting by gathering a large image dataset of MPs with different shapes, sizes and types, for instance, a deep learning model can be trained to detect and classify MPs in microscopic images. AI algorithms for autonomous microscope scanning can be developed to focus on regions with a higher probability of containing MPs, reducing time and increasing observation efficiency. To identify the composition and type of MPs based on their chemical signatures, machine learning algorithms can be trained on FTIR and Raman spectra, which

![](_page_14_Picture_22.jpeg)

can improve identification accuracy. Furthermore, integrated AI models with spectral imaging for direct detection and chemical identification of MPs in microscopic workflow.

(4) Automation, miniaturization and optimization of the analytical workflow based on AI are important for the cost reduction of MPs analysis. Smartphone-based microscopy may be sufficient for preliminary screening, provided that a pre-processing algorithm is developed for denoising and contrast enhancement of lowresolution microscopic images. Similarly, AI-intergrated portable spectrometers, including RTIR and Raman systems should be less expensive and easier to use than the traditional lab-scale counterparts. It is also suggested that the development and improvement of high-throughput analytical methods can greatly reduce per-sample cost. The use of AI can also process data in large volumes quickly, cutting down manual labor and instrument use time. By leveraging AI and optimizing workflows, one may also achieve cost reduction in both larbor and materials without compromising analytical accuracy.

![](_page_15_Figure_6.jpeg)

**Fig.8** Summary of the established methods for separation, identification, and quantification of MPs.

### **Conflicts of interest**

There are no conflicts of interest to declare.

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# **Data availability statements**

No primary research results, software or code have been included and no new

data were generated or analysed as part of this review.