



Showcasing a cutting-edge research for catalytic hydrogen production on $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ from Dr Ejaz Hussain and Dr Khezina Rafiq's laboratory 52s, Institute of Chemistry, The Islamia University of Bahawalpur-63100, Pakistan.

Scaling up the charge transfer on $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts: a sustainable approach for H_2 generation *via* water splitting

This study represents an advanced scientific approach for hydrogen generation from water splitting. As reported catalysts *i.e.* $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ have been found to be extremely stable and attractive for hydrogen generation. The results depict that, Pd, along with TiO_2 , not only controls the charge transfer but also enhances the catalytic performances during photoreaction. Findings of this study can be anticipated to guide design of new catalysts for hydrogen energy applications. Moreover, comprehensive assessment has made this work distinct among other reported studies in the same area.

As featured in:



See Khezina Rafiq,
Ejaz Hussain *et al.*,
Mater. Adv., 2024, **5**, 2238.

Cite this: *Mater. Adv.*, 2024,
5, 2238

Scaling up the charge transfer on Pd@Ti₃C₂T_x-TiO₂ catalysts: a sustainable approach for H₂ generation *via* water splitting†

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The increasing energy demands have led modern societies to search for green and renewable alternatives that can replace traditional energy sources (*i.e.* fossil fuels). The aim of this project is to generate sustainable hydrogen from renewable sources. For this purpose, we synthesized highly active MXene-supported catalysts (Pd@Ti₃C₂T_x-TiO₂). In this work, Pd²⁺ ions were directly reduced on Ti₃C₂T_x surfaces without using an additional reducing agent. Morphology and optical characteristics were evaluated using XRD, UV-vis/DRS, SEM, TEM, Raman, and FT-IR techniques. Chemical compositions and surface terminations of the catalysts were examined *via* EDX and XPS techniques. It was found that low Fermi levels of Pd@Ti₃C₂T_x effectively quench photogenerated electrons and facilitate H₂ evolution without using any sacrificial reagents. This innovative approach enhanced the stability and ability of TiO₂ to effectively transfer the photoinduced charges on the Pd@Ti₃C₂T_x cocatalysts. The role of Pd was elucidated and demonstrated for hydrogen generation progress. The results suggest that the presence of Pd metal over Ti₃C₂T_x surfaces boosted H₂ generation. Overall, Pd@Ti₃C₂T_x-TiO₂ catalysts delivered 35.11 mmol g⁻¹ h⁻¹ of hydrogen. Thus, it was concluded that the as-synthesized catalysts hold promise to replace costly and conventional hydrogen generation technologies.

Received 15th September 2023,
Accepted 20th December 2023

DOI: 10.1039/d3ma00710c

rsc.li/materials-advances

Introduction

Energy shortages have become a real challenge, specifically for the developing countries. However, this issue is less common in developed countries because of multiple alternatives (*i.e.*, nuclear, wind, and hydropower sources). In the world, the most common and conventional sources of energy are fossil fuels (coal, petroleum, and natural gas). The combustion of fossil fuel is becoming a serious threat to our environment and climate,¹ of which the climate change is proof. Moreover, increase in human population and industrialization is becoming a source of torment and curse.² Undoubtedly if the environment is not safe, we should be ready for the ruin and end of the world.

To develop energy sources other than fossil fuels, it is essential to explore green and renewable energy sources.³ Therefore, it is urgent to generate hydrogen energy that can not only meet

energy demands but also protect our climate and environment. Generally, the production of hydrogen *via* water splitting is hectic and challenging because water is an extremely stable molecule, and its splitting needs ~237 KJ mol⁻¹ of energy. Although various methods have been reported for hydrogen generation, such as electrolysis, photolysis, thermolysis, and photoelectrolysis,^{4,5} they have many drawbacks. The use of solar radiation combined with photocatalysts is believed to have the potential to replace conventional fossil fuels. The conversion of solar energy into chemical energy is not only reliable but also a practically sustainable approach.^{6,7} Thus, the utilization of advanced, reliable, and stable catalysts can be practically helpful in generating hydrogen energy from renewable sources, *i.e.* water and biomass.⁸

Since the last few decades, water splitting has attracted significant attention as a sustainable and eco-friendly approach for renewable energy production.⁹ Up to now, various transition metal oxides (*i.e.* TiO₂, CuO, and ZnO^{10–13}), mixed metal oxides (*i.e.* Zn₃V₂O₈ and SrTiO₃¹⁴), metal sulphides (*i.e.* CdS, ZnS, CuS, and CdZnS^{15–17}), perovskites and chalcogenides,^{18,19} and metal and non-metal doped catalysts have been employed for water reduction.^{20,21} Similarly, graphene and g-C₃N₄ supported metal or non-metal fabricated catalysts^{22–25} have been extensively utilized for H₂ generation. It has been found and well justified

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† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d3ma00710c>

that the ability of TiO_2 to split water can be extended by the use of cocatalysts.²⁶ The employment of cocatalysts on TiO_2 has been found to be more effective for sustainable water splitting.^{27,28} Cocatalysts with the ability to quench the electrons from semiconductor systems can be effective for excellent charge transportation, specifically in water-splitting reactions.^{29,30} The higher charge separation ability of the cocatalyst is attributed to its chemical properties (*i.e.*, conductivity and stability). Furthermore, cocatalysts certainly enhance active sites and the life of the photoreaction.^{30,31} Numerous noble metal cocatalysts like Pd, Pt, Au, Ru, Rh, Os and Ag are considered to be crucial for enhancing photocatalytic performances.^{32–34}

MXenes ($\text{Ti}_3\text{C}_2\text{T}_x$), where 'T' represents surface terminations, 'T' corresponds to functional groups like $-\text{F}$, $-\text{OH}$, $=\text{O}$, *etc.*, while 'x' denotes variability.³⁵ MXenes have distinct chemical characteristics and can be employed as a cocatalyst with other semiconductor systems.³⁶ Due to two-dimensional structures, a substantial surface area, and chemical properties, $\text{Ti}_3\text{C}_2\text{T}_x$ enhances the electrical conductivity of the host semiconductor.³⁷ These unique characteristics make MXenes attractive cocatalysts for higher charge transfer to accelerate the photocatalytic water-splitting reactions.³⁸ The utilization of MXenes as a cocatalyst has been found to be very successful in enhancing the photocatalytic performances of semiconductor systems. Several reports have been found very supportive for the use of Ti_3C_2 as a cocatalyst. Examples of such reports are $\text{CdZnS@Ti}_3\text{C}_2$,³⁹ $\text{CdS@Ti}_3\text{C}_2$,⁴⁰ $\text{BiVO}_4\text{@Ti}_3\text{C}_2$,⁴¹ $\text{g-C}_3\text{N}_4\text{@Ti}_3\text{C}_2$ ⁴² and $\text{TiO}_2\text{@Ti}_3\text{C}_2$.⁴³ For example, $\text{g-C}_3\text{N}_4$ with Ti_3C_2 cocatalysts exhibited higher hydrogen generation efficiencies (seven times higher than bare $\text{g-C}_3\text{N}_4$).⁴⁴ Similarly, bare $\text{Cd}_{0.5}\text{Zn}_{0.5}\text{S}$ is less stable and a bad semiconductor due to charge recombination during photoreaction, but when coupled with Ti_3C_2 , its photocatalytic efficiency was remarkably enhanced.⁴⁵

Surprisingly, the work function (ϕ) of Ti_3C_2 is (5.78 eV)⁴⁶ is comparable to the noble metals,^{47,48} and thus it has an inherent ability to quench free electrons from semiconductor systems. The finding of this study depicts that the stability, conductivity, and electron quenching ability of Ti_3C_2 can be enhanced by fabricating it with noble metals.⁴⁹ Among transition metals, palladium (Pd) exhibits a higher electron quenching ability for various photocatalytic reactions.⁵⁰ The fabrication of Ti_3C_2 surface with Pd can provide additional active sites for sustainable H_2 evolution reactions.^{51,52}

This work aims to explore the effectiveness of Pd on MXenes ($\text{Ti}_3\text{C}_2\text{T}_x$) with higher charge transport for efficient H_2 evolution. This study further demonstrates the novel design and sustainable approach for green fuel production (hydrogen energy) *via* water-splitting reactions. In addition, the results of this study depict and justify the mutual role of TiO_2 (semiconductor) and $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ cocatalyst. For the very first time, the mechanistic insights have been explored and explained with evidence. The work reported herein demonstrates and justifies the synergistic effects between TiO_2 and Pd@MXenes cocatalysts that offer excellent insights about the design of catalyst synthesis, optimized role of semiconductor systems and cocatalysts, and progress of photoreaction. In brief, this

work contributes to the fundamental understanding of catalyst engineering and its effectiveness for sustainable hydrogen energy systems.

Experimental

Chemicals

The following chemicals were used to prepare the catalysts: Degussa P25 (Evonik Germany), Ti_3AlC_2 (Forsman Scientific Beijing), $\text{Pd}(\text{O}_2\text{CCH}_3)_2$ (99.0% Sigma-Aldrich), 40% HF Solution (MERK, 48%), absolute ethanol (99.0% Sigma-Aldrich), and distilled water (PAEC-PK).

Catalyst synthesis

$\text{Ti}_3\text{C}_2\text{T}_x$ was prepared by exfoliating the Al layers from MAX (Ti_3AlC_2).⁵³ Briefly, 2 g of Ti_3AlC_2 was gradually transferred to 60 mL HF solution (40%) in a 100 mL Teflon reactor (Technis-tro/China). This precursor was continuously stirred for 8 h under ambient conditions.⁵⁴ After obtaining the slurry (dull black), progressive slurry was separated *via* multiple centrifugations (at 5000 rpm, 20 min for each) and a similar process was repeated multiple times (seven-eight times) for washing with distilled water. Note: at this stage, careful washing is mandatory to leach and eliminate HF properly. The washing of the MXene slurry was continued until the pH of the waste liquid approached 7 to 7.2. Finally, the product was dried under vacuum conditions at 70 °C for 10 h.⁵⁵ The protocol employed for the synthesis of $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ is demonstrated in Fig. 1.

To develop and fabricate the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces with palladium contents, typically, 500 mg of $\text{Ti}_3\text{C}_2\text{T}_x$ is dispersed in 100 mL of deoxygenated water (*i.e.*, water obtained after 20 min purging with high-purity dry N_2) and sonicated for 25 min. Then, a nominal amount of $\text{Pd}(\text{O}_2\text{CCH}_3)_2$ was added to the $\text{Ti}_3\text{C}_2\text{T}_x$ slurry to maintain the Pd^{2+} to $\text{Ti}_3\text{C}_2\text{T}_x$ ratios (2:98). After vigorous stirring for 5 h, $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ was thoroughly washed first with deionized water and then with ethanol (analytical grade). Finally, the 2%- $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ powder was dried under vacuum conditions at 70 °C for 10 h.⁵⁶ Various $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ ratios (1%, 2%, and 3%) were prepared under similar conditions to examine the impact of Pd loading over the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces.

To develop $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, appropriate amounts of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ (2.5, 5.0, 7.5, and 10% W/W) were dispersed (*via* sonication) in 40 mL of distilled water. Then, TiO_2 (200 mg) was dispersed in 30 mL of deoxygenated water. To produce a uniform mixture, the $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ slurry was gradually transferred to TiO_2 suspensions and the mixture was stirred/sonicated repeatedly for 3 h. After confirming the phase transformation, the precipitates were rinsed with distilled water. Using vacuum atmosphere, catalysts were dried at 70 °C for 10 h and preserved for characterisations and photoreactions.

Characterizations

To get insights into their atomic arrangements and crystallographic properties, an XRD instrument (Bruker D2 Phaser)





Fig. 1 Synthesis scheme of the Pd@Ti₃C₂T_x-TiO₂ catalyst.

was used in the 2θ range from $5\text{--}80^\circ$ with a 2° min^{-1} scan rate. To study the structural characteristics of synthesized materials, Raman spectra were recorded using a Raman spectrometer RMP-500/JASCO. An infrared spectrometer Bruker Alpha Platinum (ATR mode) was used to measure the Fourier transform infrared (FTIR) results collected in the $400\text{--}4000 \text{ cm}^{-1}$ range. To determine the morphology and elemental composition, FEI-Nova-450/Nano SEM equipped with an EDX detector was employed. A JEOL model JEM 2100 F instrument was used to investigate images generated *via* TEM and high-resolution TEM (HRTEM). To investigate the surface morphology at the nanometer scale, atomic force microscopy (AFM) was performed using an AFM-5500/Agilent-USA. The oxidation states and terminations were examined using an X-ray photoelectron spectrometer (Thermo ESCALAB 250Xi) coupled with an Al K α X-ray source (1486.6 eV). To measure the optical properties *via* diffuse reflectance spectroscopy, UV-2550/Shimadzu was used for the powder sample. Photoluminescence (PL) spectra were achieved using LS-45, PerkinElmer spectrometer. A Micromeritics-Tristar II 3020 analyzer was employed to examine the specific surface areas based on the Brunauer-Emmett-Teller method. Solartron impedance analyzer-1260 was employed for EIS analysis, whereas the photo-responses were monitored on a conventional three-electrode system ($\lambda > 420 \text{ nm}$).

Experiments for water-splitting reactions

The photocatalytic H₂ production activities were performed using a solar simulator (94043A/450W Xenon lamp). For photo-reactions, a source with an AM1.5 filter and output power of 100 mW cm^{-2} was used for all catalysts. For each photo-reaction, 25 mg of photocatalysts were dispersed in 40 mL of deionized water in a 100 mL Pyrex reactor. Note: in order to

remove dissolved oxygen contents, the reaction mixture was purged using high-purity argon (Ar) for 25 min prior to starting the photocatalytic reactions. During the photoreaction, gas samples were collected from the headspace of the photoreactor using a syringe (0.5 mL sizes) at regular intervals, and hydrogen (H₂) generation was monitored on GC-TCD (Shimadzu 2010/Japan). It is important to declare that high-purity argon was used as the carrier gas to the GC-TCD outfitted with a molecular sieve capillary column. The H₂ gas produced was quantified using the system's internal calibration curves, and the results for each photoreaction were compared. Units of mmol g^{-1} and $\text{mmol g}^{-1} \text{ h}^{-1}$ were used to measure the rates of H₂ generation. The apparent quantum yield (AQY) for each photoreaction was calculated by employing the formula represented in eqn (1).^{57,58}

$$\text{AQY}(\%) = \frac{2 \cdot n_{\text{H}_2} \cdot N_A \cdot h \cdot c}{P \cdot A \cdot t \cdot \lambda} \times 100 \quad (1)$$

n_{H_2} represents the quantity of hydrogen produced (mol), N_A is Avogadro's number (mol^{-1}), P is the power density of light (W m^{-2}), h is Planck's constant (J s), A is the irradiation area (m^2), c is the speed of light (m s^{-1}), t is time (sec), and λ is the wavelength (m).⁵⁹

Results and discussion

Structural characteristics

The structural characteristics of synthesized catalysts were obtained using XRD, Raman, and FT-IR techniques. The results are illustrated in Fig. 2. It has been found that the XRD pattern of the precursor material Ti₃AlC₂ (MAX phase) was well matched to JCPDS No. 52-0875, which confirms its purity and crystalline structure.⁶⁰ The extraction of Al atoms from Ti₃AlC₂





Fig. 2 (a) XRD patterns of Ti_3AlC_2 , $\text{Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x$. (b) FT-IR results of Ti_3AlC_2 and $\text{Ti}_3\text{C}_2\text{T}_x$. (c) XRD diffraction patterns of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$. (d) Raman spectra of TiO_2 and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$.

is evident from the shifting of the (002) peak towards smaller angles. The XRD (002) peaks of $\text{Ti}_3\text{C}_2\text{T}_x$ display broader profiles as compared to Ti_3AlC_2 . Additionally, the complete depletion of Al is further confirmed by the absence of a peak at 39° (104). These significant changes confirm the MXene's phase purity achieved in the current work.⁶¹ It has been further justified that due to the deposition of Pd over the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces, the intensity of the peak (002) decreased. In the XRD pattern, no additional peaks corresponding to Pd were observed, as shown in Fig. 2a.⁶²

The FT-IR results (Fig. 2b) of MAX phases exhibit vibrations located at 498 cm^{-1} that correspond to the Ti-Al-C bond (bending vibrations). The conversion of MAX to MXene was confirmed by the removal of the peak primarily observed at 498 cm^{-1} . The appearance of new peak patterns in FT-IR results was attributed to Ti-O, C-F, C-O, and C-OH bonds, confirming the formation of $\text{Ti}_3\text{C}_2\text{T}_x$ (*i.e.*, MXene).⁶³ In the FTIR spectra of $\text{Ti}_3\text{C}_2\text{T}_x$, the vibrations at 567 cm^{-1} , 707 cm^{-1} , 854 cm^{-1} , and 921 cm^{-1} represent the Ti-C bond stretching vibrations.⁶⁴ It has been reported that the interaction between atoms of Ti and the O-H groups on the surface of $\text{Ti}_3\text{C}_2\text{T}_x$ causes deformation vibrations of the Ti-O bond at 617 cm^{-1} .⁶⁵ The vibrations at 1057 and 1097 cm^{-1} indicate the existence of C-F functional groups, whereas the peaks at 1229 cm^{-1} and 1343 cm^{-1} were attributed to oxygen-containing (C-O) functional groups

whereas the O-H terminations were detected at 1399 and 1437 cm^{-1} .⁶⁶ The existence of OH is due to the absorbed external water through absorption peaks at 1636 and 3437 cm^{-1} .⁶⁷ The results confirm the formation of a multilayer $\text{Ti}_3\text{C}_2\text{T}_x$ structure. During the etching, the elimination of the Al layers will cause the beginning of surface terminations (T_x) like hydroxyl (-OH), oxygen (=O), or fluorine (-F) groups.

The powder XRD patterns of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ have been revealed in Fig. 2c. The peaks of rutile and anatase are distinctive in the pattern; however, the anatase phase of TiO_2 dominates due to higher percentage.⁶⁸ The additional peaks are due to the existence of as-synthesized $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts. The additional peaks at 2 theta 9.9° (002) and 19.9° (006) correspond to the $\text{Ti}_3\text{C}_2\text{T}_x$ diffraction peaks.⁶⁹ Note: neither the peak positions of anatase nor the peak of rutile changed, which indicates the stable morphologies of as-developed catalysts. Moreover, the deposition of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ on TiO_2 did not alter the TiO_2 crystal lattice or phase transition between anatase and rutile structures.⁵⁶

Raman spectroscopy was employed to investigate the vibrational and rotational modes of catalysts. This technique provides valuable information about the structure, chemical composition, and physical properties.⁷⁰ The Raman spectroscopy results of TiO_2 and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ photocatalysts are



depicted in Fig. 2(d). In the Raman spectrum, the TiO_2 sample shows prominent peaks at 144.5 cm^{-1} (E_g), 396.1 cm^{-1} (B_{1g}), 452.2 cm^{-1} (A_{1g}), 518.5 cm^{-1} (B_{1g}), and 637.8 cm^{-1} (E_g). The E_g mode of vibrations corresponds to the oxygen in the O–Ti–O bond.⁷¹ The modes (A_{1g} and B_{1g}) are associated with the anti-symmetric and symmetric bending vibrations of the O–Ti–O bonds in anatase TiO_2 . A weak rutile peak is observed at 452.2 cm^{-1} due to its low concentration. The fabrication of TiO_2 with $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ shifts the E_g peak from 144.5 cm^{-1} to 147.2 cm^{-1} . This shifting was attributed to interactions of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ with TiO_2 catalyst.⁷²

Morphological analysis

The surface features and structural morphology of catalysts were determined with scanning electron microscopy (SEM). The schematic illustration, digital photograph, and SEM results of the starting material Ti_3AlC_2 , as well as $\text{Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x$, are demonstrated in Fig. 3a–i. The scheme used herein to achieve the required morphology of catalysts clarifies the transformation process from Ti_3AlC_2 to $\text{Ti}_3\text{C}_2\text{T}_x$ and the subsequent deposition of Pd onto $\text{Ti}_3\text{C}_2\text{T}_x$ ($\text{Pd@Ti}_3\text{C}_2\text{T}_x$). The digital photographs (Fig. 3b, e and h) provide evidence of the apparent changes occurring during the conversion of Ti_3AlC_2 to $\text{Ti}_3\text{C}_2\text{T}_x$ and the fabrication of Pd metal over $\text{Ti}_3\text{C}_2\text{T}_x$.⁷³

Fig. 3c represents the SEM micrograms of commercial Ti_3AlC_2 particles. Fig. 3f suggests that the etching of Ti_3AlC_2 produced the unsymmetrical accordion-like multilayer structures, which justify the $\text{Ti}_3\text{C}_2\text{T}_x$ developments.⁷⁴ The SEM results (Fig. 3i) reveal the distribution and morphology of the deposited Pd particles over the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces.

The SEM images of $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ are demonstrated in Fig. 4a and b. The results elucidate the uniform dispersion of TiO_2 particles having exfoliated $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ structures. The absence of agglomeration is due to the layered structure of $\text{Ti}_3\text{C}_2\text{T}_x$ that reduces the TiO_2 accumulations.⁷⁵ It has been noted that the intimate contact between TiO_2 (101) and $\text{Ti}_3\text{C}_2\text{T}_x$ facets in the photoreaction facilitates the transfer of photo-generated electrons to the active sites where the rate of water reduction is remarkably enhanced. Surprisingly, Pd nanoparticles located on $\text{Ti}_3\text{C}_2\text{T}_x$ remain un-oxidized (*i.e.*, exist in a metallic state) due to the free electrons of MXene.⁵⁶ The lattice images in Fig. 4c display the interplanar spacing of Pd (111) at 0.22 nm. TEM results confirm the presence of Pd particles on the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces. The SEM, TEM, and XPS further confirm the high degree of dispersion and metallic state of palladium. It is well accepted that Pd, in its metallic state, quenches more electrons and is utilized in the H^+ reductions in photoreactions.^{68,76}



Fig. 3 (a) Schematic illustration, (b) digital photograph, and (c) SEM image of MAX (Ti_3AlC_2). (d) Schematic illustration, (e) digital photograph, (f) SEM image of MXene ($\text{Ti}_3\text{C}_2\text{T}_x$). (g) Schematic illustration, (h) digital photograph, and (i) SEM image of Pd@MXene ($\text{Pd@Ti}_3\text{C}_2\text{T}_x$).





Fig. 4 SEM images at (a) 1 μm and (b) 200 nm, (c) HR-TEM, (d) TEM diffraction pattern, and (e) EDX analysis of $\text{Pd}@\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$.

The HRTEM result clearly justifies the high crystalline nature of metallic Pd (Fig. 4c and d). Moreover, the existence of crystalline structures of palladium can be revealed by concentric rings.⁷⁷ The TEM results provide important information about the structural conformations of as-fabricated catalysts. The EDX (Fig. 4e) results confirm the

purity and existence of elements in the $\text{Pd}@\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts.

Atomic force microscopy (AFM) provides essential insights into the surface roughness, morphology, and size distribution of catalysts at high resolutions.⁷⁸ In this study, AFM (5500/Agilent-USA) was employed to examine the $\text{Pd}@\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$

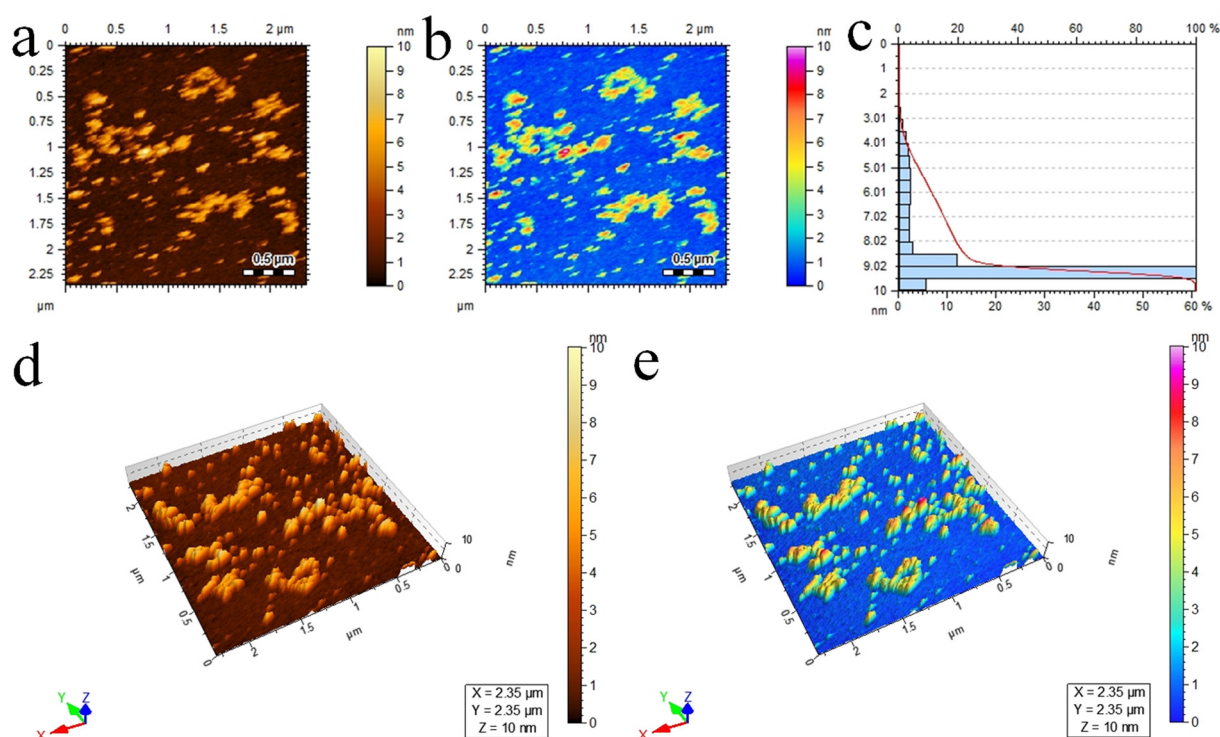


Fig. 5 AFM results of $\text{Pd}@\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ photocatalysts: (a) and (b) 2D-tapping modes, (c) size distribution and (d) and (e) 3D images.



photocatalysts, and the resulting 2D topographical results are presented in Fig. 5a and b. The scrutinized area of $2.35 \times 2.35 \mu\text{m}$ was covered to evaluate the particle size distribution in 3 to 10 nm ranges. The average particle size was 9.5 nm; see Fig. 5c for the size distribution. Additionally, Fig. 5d and e display three-dimensional images, revealing the surface roughness and morphology of $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ photocatalysts.⁷⁹

Terminations and chemical compositions

XPS was employed to examine the chemical composition and oxidation states of elements present in $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts (Fig. 6). The results confirm the existence of Ti, O, C, and with various terminal groups (*i.e.* Ti-C, Ti-X, $\text{Ti}_x\text{-O}_y$, C-Ti-(OH)_x, C-Ti-O_x, C-F, C-O and C-Ti).⁸⁰ To get deeper insights into the formation and terminal characteristics of $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts, individual analysis for Ti, O, Pd, and C was performed, and the results are shown in Fig. 6a-d. The Ti 2p peaks for $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts are illustrated in Fig. 6a; the Ti

2p_{3/2} peak in $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ have components at 454.78, 455.78, 457.28, and 458.98 eV, corresponding to Ti-C, Ti-X, $\text{Ti}_x\text{-O}_y$, and TiO_2 , respectively. In $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts, the TiO_2 peak intensity has been increased while the intensity of other peaks has decreased, demonstrating the successful incorporation of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ in TiO_2 structures. Fig. 6b shows O 1s peaks for the $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts. The $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ cocatalyst exhibits C-Ti-(OH)_x, C-Ti-O_x, and TiO_2 peaks at binding energies of 532.98, 530.78, and 529.18 eV, respectively. The increase in the intensity of Ti-O bonds decreases in the C-Ti peak, confirming the successful fabrication of palladium on the $\text{Ti}_3\text{C}_2\text{T}_x$ cocatalyst into TiO_2 .⁸¹ Numerous oxygen terminal groups were established during the conversion and transformations of cocatalysts. The C 1s spectrum shows four distinct peaks fitted at 281.78, 284.78, 286.68, and 289.08 eV, which were allocated to C-Ti, C=C, C-O, and C-F bonds, respectively (Fig. 6c). The C-Ti peak's intensity declines due to the conversion of surface and edge Ti-C bonds into Ti-O bonds. The peak locations of Pd 3d_{5/2} and Pd 3d_{3/2} are



Fig. 6 XPS results of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$: (a) Ti 2p, (b) O 1s, (c) C 1s, and (d) Pd 3d.



situated at 335.68 eV and 340.88 eV, respectively, as illustrated in Fig. 6d.^{82,83}

Optical properties

The UV-Vis/DRS results of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x$, $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts are illustrated in Fig. 7a; TiO_2 exhibits excellent absorption in the UV-region owing to its large bandgap (3.2 eV). $\text{Ti}_3\text{C}_2\text{T}_x$ exhibits absorption throughout the entire UV-visible region due to its black colour, whereas the absence of an apparent absorption edge indicates its highly conductive nature.⁸⁴ It has been found that in the case of $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalysts, $\text{Ti}_3\text{C}_2\text{T}_x$ increases the absorption and impacts on the band edges. Thus, $\text{Ti}_3\text{C}_2\text{T}_x$ expresses its ability for red shift (extended absorption) when it combines with TiO_2 . However, in comparison with $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, the presence of Pd metal resulted in further red shift.⁸⁵ Moreover, due to inherent d-d transitions, Pd exhibits its absorption at 550 nm.⁸⁶ Fig. 7b illustrates the band gaps of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, which are 3.10 eV, 2.99 eV, and 2.95 eV, respectively.

The photoluminescence (PL) results provide valuable insights about the excitations, charge traps, and transportations.⁸⁷ The PL demonstrates the emission spectrum due to de-excitations in TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$.⁸⁸ The result (indicated in Fig. 7c) for pristine TiO_2 indicates the back reaction (higher recombination of photoexcited charges). However, $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ catalyst effectively reduces charge recombination by promoting the electron transfer to $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces.⁸⁹ Meanwhile, the presence of Pd over $\text{Ti}_3\text{C}_2\text{T}_x$ further enhances the charge transport and enhances the active sites. The comparison of PL results indicates that $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ delivers comparatively higher H_2 production activities that are attributed to higher charge transfer.

The electrochemical measurements (*i.e.*, photocurrent and EIS) were conducted to examine the dynamics of charge carrier generation, recombination, and charge transportation reactions.⁹⁰ The photocurrent responses of $\text{Ti}_3\text{C}_2\text{T}_x$, $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ under on/off cycles were analyzed (Fig. 7d). The results clearly indicate that $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ photocatalysts exhibit higher photocurrent density compared to $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, which is linked with their stability and

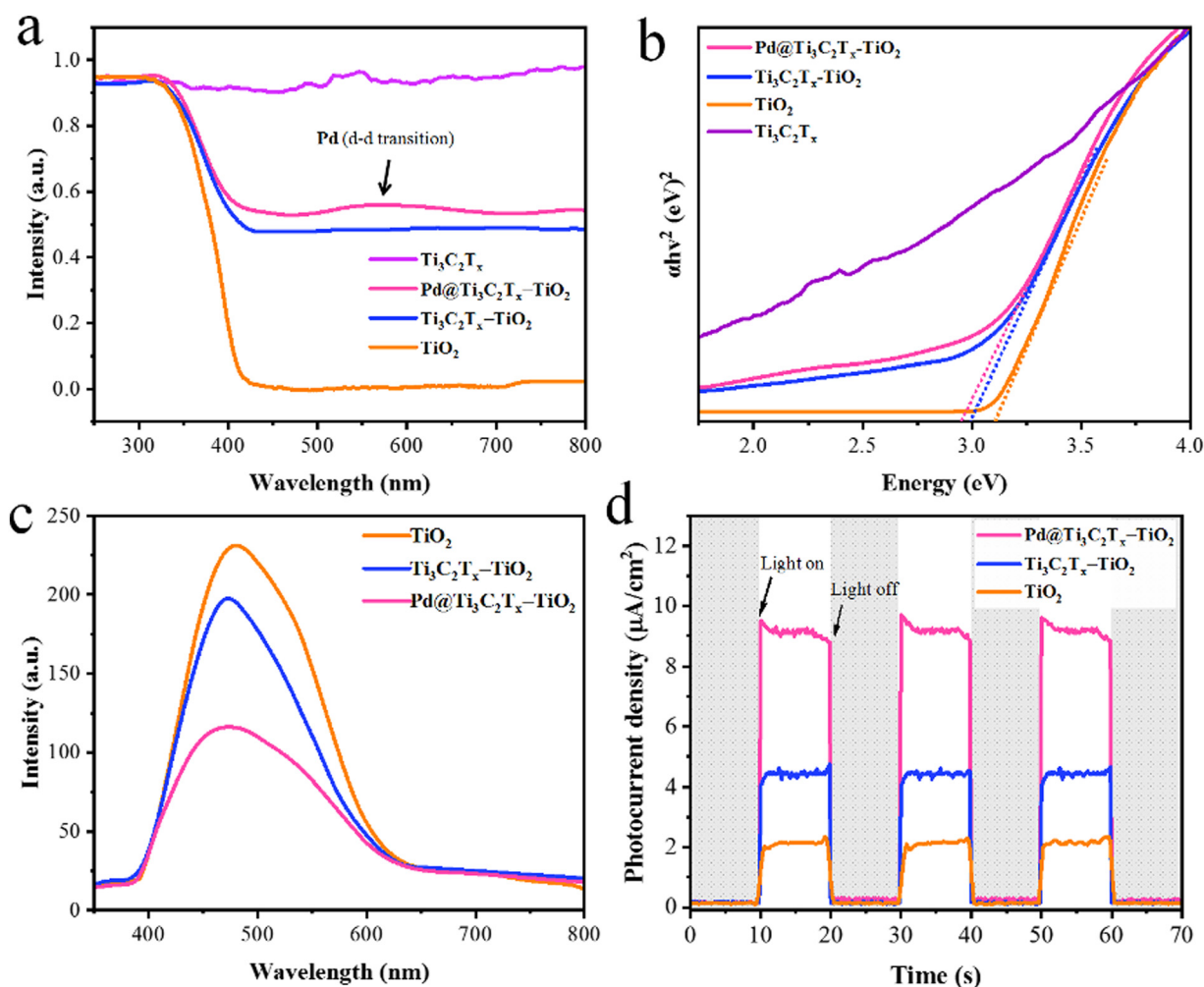


Fig. 7 (a) The UV-vis/DRS and (b) energy diagram of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x$, $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$. (c) and (d) PL and photocurrent density of TiO_2 , $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$, and $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$.

durability for photoreaction. These higher photocatalytic performances were attributed to the higher charge separation offered by Pd@Ti₃C₂T_x cocatalysts. The existence of Pd on the surfaces of MXene promotes the charge transfer dynamics. Moreover, the low Fermi level of Pd suppresses the recombinations between charges and promotes catalytic performances.¹¹ The EIS studies further provide evidence about the effectiveness of cocatalysts. Comparatively, the smallest arc EIS radius of Pd@Ti₃C₂T_x-TiO₂ as compared to Ti₃C₂T_x-TiO₂ or pristine TiO₂ indicates reduced interfacial charge resistance (Fig. 8a). Evidence obtained from PL, photocurrent, and EIS results are completely in accordance with higher hydrogen evolution performances of Pd@Ti₃C₂T_x-TiO₂ catalysts.

Surface area and electronic band structures

N₂ adsorption-desorption study was carried out to examine the specific surface area of synthesised catalysts.⁹¹ The specific surface area of Pd@Ti₃C₂T_x-TiO₂ was found (68.24 m² g⁻¹), which is greater than that of TiO₂ (52.65 m² g⁻¹) (Fig. 8b). This increased surface area was attributed to the addition of Pd@Ti₃C₂T_x cocatalysts. Ti₃C₂T_x being a two-dimensional

material contributes a relatively high surface. When Ti₃C₂T_x combined with TiO₂, it increased the overall specific surface area⁹² of the composite material. Obviously, due to fabrication with MXene, the distribution of TiO₂ particles increased; hence, the chances of agglomeration between TiO₂ particles became quite low.

Positions of the energy bands (*i.e.*, VB and CB) of Pd@Ti₃C₂T_x-TiO₂ and TiO₂ catalysts were calculated using the Mott-Schottky (M-S) technique (Fig. 8c). The study clearly demonstrates that the flat-band potential of TiO₂ was at -0.36 eV, whereas it is -0.51 eV for Pd@Ti₃C₂T_x-TiO₂.⁹³ The valence band positions were calculated with the help of UV-VIS/DRS and M-S techniques as reported,¹⁵ indicated by eqn (2) and Fig. 8d. It is worth mentioning that the M-S results were highly supportive in elucidating the electron transfer mechanism discussed in this work.

$$E_{VB} = E_{CB} - E_G \quad (2)$$

E_{CB} and E_{VB} represent the conduction as well as valence band potentials, respectively. The E_{VB} values of TiO₂ and



Fig. 8 (a) EIS results of TiO₂, Ti₃C₂T_x-TiO₂ and Pd@Ti₃C₂T_x-TiO₂. (b) BET results, (c) Mott-Schottky and (d) calculated band positions of TiO₂ and Pd@Ti₃C₂T_x-TiO₂.



$\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ were calculated as 2.74 and 2.44 eV, respectively.⁹⁴

Comparative study of photocatalyst activities

The comparative H_2 evolution rates of as-designed photocatalysts are illustrated in Fig. 9. The hydrogen evolution rate on pristine TiO_2 (P25) was found to be $0.68 \text{ mmol g}^{-1} \text{ h}^{-1}$, which is considerably low due to the rapid recombination of charges. To enhance its photocatalytic performance, $\text{Ti}_3\text{C}_2\text{T}_x$ was employed as a co-catalyst. In order to fix the optimal ratio of $\text{Ti}_3\text{C}_2\text{T}_x$ over TiO_2 , various weight percentages, *i.e.*, 2.5, 5, 7.5, and 10%, were designed. It was found that by increasing the $\text{Ti}_3\text{C}_2\text{T}_x$ ratio, the H_2 evolution rate remarkably increased. The maximum H_2 evolution rate was observed with 7.5% $\text{Ti}_3\text{C}_2\text{T}_x$ on TiO_2 , *i.e.*, $12.04 \text{ mmol g}^{-1} \text{ h}^{-1}$ (see results in Table 1 and Fig. 9a). The improved activity was attributed to the lowering of Fermi levels for rapid electron transfer to active sites.⁹⁵ Subsequently, a concentration of MXene higher than 7.5% causes a decline in the activities. This drawback was attributed to the blocking of

light penetrations. To overcome this drawback, Pd metal was fabricated with $\text{Ti}_3\text{C}_2\text{T}_x$ and then employed on a TiO_2 support. The introduction of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ on TiO_2 progressively enhances the active sites where actual water reduction occurs. Because of the inherent higher work function,^{10,68} Pd quenches more electrons to utilize for water reduction reactions even in the absence of a sacrificial agent.⁹⁶ In this work, 2% Pd with 7.5% $\text{Ti}_3\text{C}_2\text{T}_x$ on TiO_2 was found to be the most active catalyst that delivered $35.11 \text{ mmol g}^{-1} \text{ h}^{-1}$ of hydrogen (see results in Fig. 9b). Surprisingly, this activity is 50 times higher than bare TiO_2 . The higher activities on $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ compared to bare TiO_2 were attributed to the higher electron transfer progress during the photoreactions. It has been found that in the absence of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ cocatalyst, TiO_2 is unable to resist the recombination of charges.

The higher hydrogen evolution results justify the electron-promoting behaviour of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ cocatalysts. The simultaneous enhancement of hydrogen evolution was attributed to the higher active sites available on $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ as compared to TiO_2

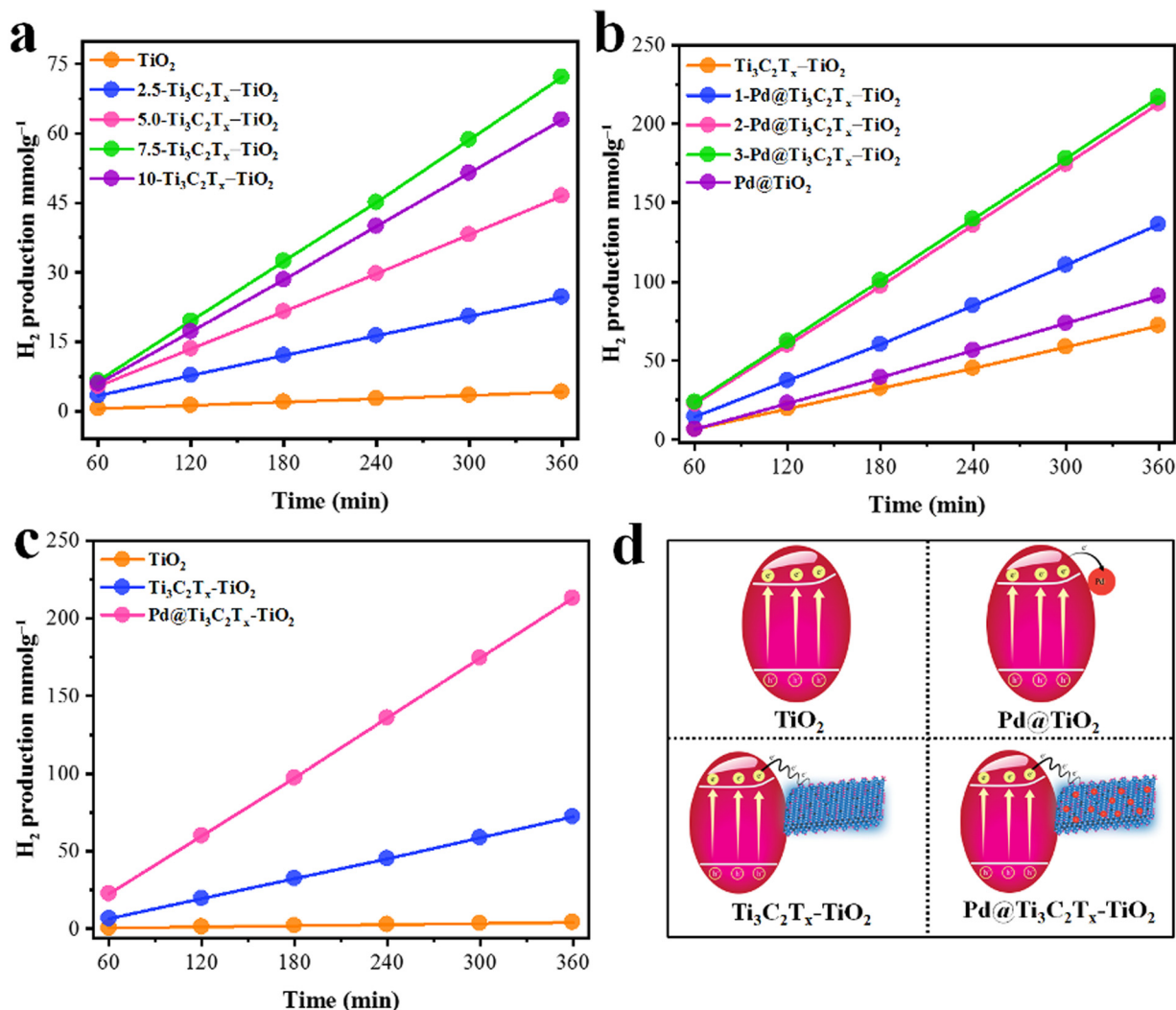


Fig. 9 (a) Optimization of $\text{Ti}_3\text{C}_2\text{T}_x$ over TiO_2 . (b) Optimization of Pd over $\text{Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$; (c) comparison of optimised catalysts; (d) corresponding scheme of catalysts.

Table 1 Comparison of the H₂ evolution rate for the optimization of Pd and Ti₃C₂T_x (wt%) over TiO₂

Sr. No.	Photocatalyst	Ti ₃ C ₂ T _x (wt%)	Pd (wt%)	H ₂ (mmol g ⁻¹)	H ₂ (mmol g ⁻¹ h ⁻¹)	AQY (%)
1	TiO ₂	0	0	4.12	0.68	0.7
2	2.5-Ti ₃ C ₂ T _x -TiO ₂	2.5	0	24.69	4.11	4.19
3	5-Ti ₃ C ₂ T _x -TiO ₂	5.0	0	46.54	7.75	7.9
4	7.5-Ti ₃ C ₂ T _x -TiO ₂	7.5	0	72.24	12.04	12.6
5	10-Ti ₃ C ₂ T _x -TiO ₂	10	0	63.04	10.54	10.7
6	Pd@TiO ₂	0	2.0	90.95	15.15	15.4
7	1-Pd@Ti ₃ C ₂ T _x -TiO ₂	7.5	1.0	134.16	22.35	22.8
8	2-Pd@Ti ₃ C ₂ T _x -TiO ₂	7.5	2.0	213.06	35.11	35.8
9	3-Pd@Ti ₃ C ₂ T _x -TiO ₂	7.5	3.0	216.88	36.14	36.8

and Ti₃C₂T_x-TiO₂. The other important role of Pd is contributing to a higher work function during the photoreactions.⁹⁷ Similarly, the effective role of MXenes has become prominent in the presence of Pd on TiO₂ support. MXenes, due to their conducting nature, facilitate the more reactive and labile electrons available for anticipating the higher water reductions (*i.e.*, more hydrogen evolution). To make this work more distinctive, hydrogen generation experiments were also done for Pd on TiO₂ to elucidate the individual role of Titania and MXene. It has been found that Pd@TiO₂ produces 15.15 mmol g⁻¹ h⁻¹ of hydrogen in the absence of MXene. The comparative performances of hydrogen generation on TiO₂, Ti₃C₂T_x-TiO₂, and Pd@Ti₃C₂T_x-TiO₂ were evaluated in terms of mmol g⁻¹, as depicted in Fig. 9c. The activities calculated in mmol g⁻¹ h⁻¹ are included in the supporting information section; See results in Fig. S1 (ESI[†]). The challenging task of this work was to affix the optimised ratio of the metal and MXene on TiO₂, which is less common in the literature. The development and design of catalysts have proven to be a big advantage compared to other conventional catalysts utilized for water splitting.⁹⁸ The comparison of related reported catalysts is tabulated in Table S1 (ESI[†]).

Recyclability

Monitoring of the recyclability of any catalysts is an important factor.⁹⁹ This study emphasizes experiments to check the recyclability or reusability of as-designed and prepared catalysts. For the comparative study, Pd@Ti₃C₂T_x-TiO₂ and Ti₃C₂T_x-TiO₂ were chosen to perform the recyclability tests. It has been found that Pd@Ti₃C₂T_x-TiO₂ catalysts show no significant loss in photoactivity (Fig S2, ESI[†]) after three cycles.¹⁰⁰ Meanwhile, Ti₃C₂T_x-TiO₂ exhibits a 22% loss in activity after three consecutive runs. The results obtained during the recyclability tests clearly demonstrate the stability of Pd@Ti₃C₂T_x-TiO₂, which is higher than that of other catalysts of this project. The phase transformations, structural changes, and surface chemical states during the photoreaction were assessed through XRD and XPS analyses.⁹⁶ It has been found that the XRD of Pd@Ti₃C₂T_x-TiO₂ exhibits no phase transformations even after photoreactions (see results in Fig S3, ESI[†]). The XPS of the used Pd@Ti₃C₂T_x-TiO₂ catalysts demonstrate that the oxidation states remain unchanged (illustrated in Fig S4, ESI[†]). Moreover, the MXene F-terminations have been reduced (*i.e.*, replaced by -OH terminations during photoreactions).¹⁰¹ Surprisingly, the morphology of Ti₃C₂T_x-TiO₂ was masked

due to little loss of crystallinity (absence of metallic Pd site). The other reason is that due to the presence of Pd, more electrons were utilized for water reduction occurring on the metal centres. The extra stability was in accordance with the design of the catalyst, *i.e.*, Pd@Ti₃C₂T_x-TiO₂.

Charge transportation and hydrogen evolution

Insights into understanding the mechanism is one of the crucial factors for any photocatalytic process.^{102,103} It has been reported that the progress of a photocatalytic reaction depends upon the bandgap and redox potentials of catalysts.¹⁰⁴ The bandgap of TiO₂ and Pd@Ti₃C₂T_x-TiO₂ were measured to be 3.10 eV and 2.95 eV, respectively (see UV-Vis/DRS results in Fig. 7b).¹⁰⁵ The major drawback linked to TiO₂ is its over potential and poor charge transportation ability, due to which it cannot control the back reaction between surface charges. When catalyst surfaces are exposed to light, the electrons are excited and move to the conduction band, leaving the holes at the valence band.¹⁰⁶ However, by fabricating TiO₂ with Ti₃C₂T_x, the transfer of charges towards active sites was significantly enhanced. Due to the conducting nature of Ti₃C₂T_x, TiO₂ becomes more progressive for water reduction reactions.¹⁰⁷ Thus, due to the higher charge conduction and transfer ability, MXene cocatalysts dramatically reduce the overpotential of TiO₂. Another chemical property of MXene is the possession of lower Fermi levels compared to TiO₂, which holds promise to lower the recombination of charges (*i.e.*, back reaction between e⁻/h⁺). This lowering of charge recombination during photoreactions is responsible for higher catalytic performances. Fig. 10a elucidated the mechanism of hydrogen generation on Pd@Ti₃C₂T_x-TiO₂. It has been found that Pd@Ti₃C₂T_x-TiO₂ exhibits the highest rate of H₂ production that is attributed to the presence of higher active sites.¹⁰⁸ Note: it has been predicted that the presence of Pd@Ti₃C₂T_x at the interfaces of TiO₂ acted as electron sinks to facilitate water reduction (*i.e.*, redox sites) (see Fig. 10b). Moreover, it is worth mentioning that the work function of Pd@Ti₃C₂T_x is higher than TiO₂. The higher work function of Pd@Ti₃C₂T_x led to the formation of a space charge layer between the interfaces (TiO₂ and Pd@Ti₃C₂T_x cocatalysts) that causes alteration in the potentials for new energy bands (electron rich maxima) on a semiconductor.^{68,109} This alteration in the potentials enhances the developments of Schottky barriers during the photoreaction.¹¹⁰ These Schottky barriers hold promise to stop the backflow of electrons





Fig. 10 Mechanism of (a) H_2 generation. (b) Charge transfer via $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$.

(recombination). The presence of Pd further promotes Schottky barriers to trap and transfer more electrons from the conduction bands and boost hydrogen generation reaction on metal active sites.⁴⁵ Pd has the ability to quench the electrons and then release these electrons due to low electron affinities. Due to its high metallic character, Pd metal enhances the conductivity and electron transfer in the semiconductor system. Thus, the presence of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ on the TiO_2 system holds promise as a novel approach for researchers to design the catalysts for water-splitting reactions.

Conclusions

In the current study, $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ photocatalysts were synthesized and employed for hydrogen generation reactions. The phase transformations from MAX (*i.e.*, Ti_3AlC_2) to MXene (*i.e.*, $\text{Ti}_3\text{C}_2\text{T}_x$ 2D structures) were obtained by HF etching in a high-grade Teflon reactor (Techinistro/China). Reduction of Pd^{2+} to Pd^0 on the $\text{Ti}_3\text{C}_2\text{T}_x$ surfaces was successfully achieved without a reducing agent, *i.e.*, *in situ* reduction by the interaction of localized/free electrons of $\text{Ti}_3\text{C}_2\text{T}_x$. The fabrication of $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ on TiO_2 was achieved *via in situ* phase transformation reactions. The phase transformations from MAX to MXene were confirmed with XRD, FT-IR, SEM and XPS results. The chemical compositions and surface terminations of $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ were confirmed and evaluated with EDX and XPS analyses. The nature of the chemical bonding of catalysts was investigated *via* FT-IR and Raman spectroscopes. The presence of Pd on $\text{Ti}_3\text{C}_2\text{T}_x$ was determined and confirmed using HRTEM. The electron traps and transfer from supports to the cocatalyst ($\text{Pd@Ti}_3\text{C}_2\text{T}_x$) were investigated *via* PL, EIS, and photocurrent results. Hydrogen generation activities were monitored on GC-TCD (Shimadzu-2010/Japan). The higher photocatalytic progress was attributed to the higher charge transfer, alteration in Fermi levels, and higher work function of cocatalysts. The ability of cocatalysts to effectively

quench more electrons to promote and facilitate higher hydrogen generation has been investigated. In addition, the results depict that under similar conditions, $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$ delivers higher hydrogen as compared to bare TiO_2 . Overall, $35.11 \text{ mmol g}^{-1} \text{ h}^{-1}$ of hydrogen was obtained on optimized catalysts (*i.e.*, $\text{Pd@Ti}_3\text{C}_2\text{T}_x\text{-TiO}_2$). Based on the results, it can be anticipated that fabrications of TiO_2 with $\text{Pd@Ti}_3\text{C}_2\text{T}_x$ cocatalysts hold promise as an attractive approach to designing new catalysts for hydrogen energy applications.

Conflicts of interest

The author declares no competing financial interest.

Acknowledgements

This work was financially supported by the Higher Education Commission of Pakistan award No. 377/IPFP-II/Batch-I/SRGP/NAHE/HEC/2020/27 and ASIP/R&D HEC/2023/5/22696/124 grants. Experimental work was conducted at the Institute of Chemistry, The Islamia University of Bahawalpur (Inorganic Material Laboratory (52s). Dr E.H. thanks the Carnegie Mellon University of USA for providing access to advanced instruments that were mandatory for catalyst characterizations.

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