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Complete List of Authors:	Kaneti, Yusuf; National Institute for Materials Science, WPI Center for MANA Salunkhe, Rahul; National Institute for Materials Science, World Premier International (WPI) Research Center for Materials Nanoarchitectonics (MANA) Septiani, Ni; Institut Teknologi Bandung, Engineering Physics Young, Christine; National Institute for Materials Science, WPI Center for MANA Jiang, Xuchuan; Monash University, Chem Eng He, Yanbing; Tsinghua University, Department of Chemistry Sugahara, Yoshiyuki; Waseda University, Department of Applied Chemistry Yamauchi, Yusuke; National Institute for Materials Science, WPI Center for MANA

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General Template-Free Strategy for Fabricating Mesoporous Two-Dimensional Mixed Oxide Nanosheets via Self-Deconstruction/Reconstruction of Monodispersed Metal Glycerate Nanospheres

Yusuf Valentino Kaneti,¹* Rahul R. Salunhke,¹ Ni Luh Wulan Septiani,² Christine Young,¹ Xuchuan Jiang,³ Yan-Bing He,⁴ Yong-Mook Kang,⁵ Yoshiyuki Sugahara⁶ and Yusuke Yamauchi^{7,8}*

- International Center for Materials Nanoarchitectonics (WPI-MANA), National Institute for Materials Science (NIMS),
 1-1 Namiki, Tsukuba, Ibaraki 305-0044, Japan.
- 2 Advanced Functional Materials (AFM) Laboratory, Engineering Physics, Bandung Institute of Technology, Bandung 40132, Indonesia.
- 3 Department of Chemical Engineering, Monash University, Clayton, VIC, 3800, Australia.
- 4 Shenzhen Key Laboratory for Graphene-based Materials, Graduate School at Shenzhen, Tsinghua University, Shenzhen 518055, China.
- 5 Department of Energy and Materials Engineering, Dongguk University-Seoul, Seoul 04620, Republic of Korea
- 6 Department of Nanoscience and Nanoengineering & Department of Applied Chemistry, Waseda University, Okubo-3, Shinjuku-ku, Tokyo 169-8555, Japan.
- 7 Department of Plant & Environmental New Resources, Kyung Hee University, 1732 Deogyeong-daero, Giheung-gu, Yongin-si, Gyeonggi-do 446-701, South Korea.
- 8 School of Chemical Engineering & Australian Institute for Bioengineering and Nanotechnology (AIBN), The University of Queensland, Brisbane, Queensland 4072, Australia.

E-mails: KANETI.Valentino@nims.go.jp; y.yamauchi@uq.edu.au

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ABSTRACT

In this work, we propose a general template-free strategy for fabricating two-dimensional mesoporous mixed oxide nanosheets, such as metal cobaltites (MCo_2O_4 , M = Ni, Zn) through the self-deconstruction/reconstruction of highly uniform Co-based metal glycerate nanospheres into 2D Co-based metal glycerate/hydroxide nanosheets, induced by the so-called "water treatment" process at room temperature followed by their calcination in air at 260 °C. The proposed 'self-deconstruction/reconstruction' strategy is highly advantageous as the resulting 2D metal cobaltite nanosheets possess very high surface areas (150-200 m² g⁻¹) and mesoporous features with narrow pore size distribution. In addition, our proposed method also enables the crystallization temperature to achieve pure metal cobaltite phase from the precursor phase to be lowered by 50 °C. Using the 2D mesoporous NiCo₂O₄ nanosheets synthesized *via* the proposed strategy as a representative sample, we found that they exhibit 6-20 times higher specific capacitance and greatly enhanced capacitance retention compared to the NiCo₂O₄ nanosheets achieved through the direct calcination of the Ni-Co glycerate nanospheres, thus highlighting another advantage of the proposed strategy for enhancing the electrochemical performance of the mixed oxide products for supercapacitor applications. Furthermore, the asymmetric supercapacitor (ASC) assembled using the 2D NiCo₂O₄ nanosheets//graphene oxide (GO) exhibits a maximum energy density of 38.53 W h kg⁻¹, while also showing a high capacitance retention of 91% after 2000 cycles at 5 A g⁻¹. It is expected that the proposed general method may be extended to other transition metal elements for creating 2D mixed oxide nanosheets with enhanced surface areas and improved electrochemical performance.

1. INTRODUCTION

Two-dimensional (2D) metal oxide nanomaterials have attracted significant research interests owing to their unique physical and chemical properties and ultra-high surface to volume ratio, which can provide many active sites for adsorption of ions or molecules or facilitate better transfer of ionic species.¹ As such, they have been utilized for a wide variety of applications, such as energy storage and conversion,^{2, 3} gas sensors,^{4, 5} catalysis,^{6, 7} and so on. To date, the synthesis of 2D transition metal oxide materials has been achieved using both gas and liquid-phase methods. Gas-phase methods, such as chemical vapor deposition (CVD) can produce large-sized high-quality 2D oxide nanosheets on a substrate, however, they exhibit some disadvantages, including low yield, high energy consumption, and time consuming and complex procedures.⁸ On the other hand, solution-based approaches, such as liquid exfoliation or wet-chemical processes are simpler to perform and scalable. However, they may lead to very small particles and have a higher probability of contamination from the synthetic process.⁹ Other techniques, such as exfoliation are typically restricted to layered host materials, which limited their wider usage.

In recent years, several new chemical-based methods have been developed for synthesizing 2D transition metal oxide (TMO) nanomaterials. For instance, Dou et al.¹⁰ have demonstrated a generalized synthesis strategy for fabricating various ultrathin 2D TMO nanosheets (*e.g.* Co_3O_4 , WO₃, TiO₂, etc.) by using the combination of both amphiphilic block copolymers (Pluronic 123) and short-chain alcohol to control the stacking and growth of the metal oxide nanoparticles along the chosen direction. However, such block copolymer-templated method requires careful control over the reaction process and crystal growth. Moreover, post-synthesis removal of the block copolymer is necessary to obtain well-crystallized 2D TMO nanosheets. Another recent strategy is by using salt microcrystals as templates to grow metal oxide precursor@salt composites through the mixing of inorganic salts with the metal oxide precursor solutions which could be converted to 2D TMO nanosheets (*e.g.*, MoO₃, MnO, and WO₃) following calcination at elevated temperatures.⁹ While this method is easily scalable and provides a relatively large yield, the removal of the salts from the TMO nanosheets require careful filtration as incomplete clean-up of the remaining salts may impact the functional performance of the nanosheets.

Mixed oxide nanostructures have attracted tremendous interests owing to their enhanced electronic conductivity compared to pure metal oxides, as a result of the synergistic effect of various metallic species and the presence of multiple valencies of the contributing metals.¹¹ Among various mixed oxides, metal cobaltites (MCo₂O₄, M = Ni, Zn, Mn, *etc.*) have been widely investigated for energy storage applications owing to their layered structures, good electronic conductivity, and low manufacturing costs.^{12, 13} To date, 2D metal cobaltite nanosheets have been fabricated or grown on various conductive substrates through a variety of approaches, such as electrodeposition,¹⁴ hydrothermal/solvothermal, microwave irradiation,¹⁵ and co-precipitation.¹⁶ However, the obtained nanosheets typically exhibit broad pore size distribution and low to moderate surface areas due to the change in their structural integrity from perfect nanosheets into nanoparticle-assembled nanosheets following calcination. Recently, 2D holey metal cobaltite nanosheets $(ZnCo_2O_4 \text{ and } NiCo_2O_4)$ have been successfully fabricated by growing the metal cobaltite precursors on graphene oxide (GO) via solution-phase reactions between transition metal ions and GO, which was partially reduced to reduced graphene oxide (rGO), followed by annealing to remove the rGO templates and promote crystallization of the nanosheets.² Although this method yields metal cobaltite nanosheets with strong mechanical properties inherited from the GO nanosheets, the method requires the initial synthesis of the GO template and subsequent removal of the GO template (to prevent carbon contamination), thereby complicating the synthesis process. Therefore, the development of a facile, general template-free strategy for synthesizing well-defined 2D mesoporous mixed oxide nanosheets with large surface areas (>150 m² g⁻¹) is highly desirable.

Herein, we report a generalized template-free strategy for obtaining 2D mesoporous mixed oxide nanosheets, such as metal cobaltites (MCo_2O_4 , M = Ni, Zn) through the self-deconstruction/reconstruction of monodispersed cobalt (Co)-based

metal glycerate nanospheres into 2D Co-based metal glycerate/hydroxide nanosheets followed by their calcination in air at a relatively low temperature of 260 °C. To induce the self-deconstruction/reconstruction mechanism, the as-synthesized Co-based metal glycerate nanospheres are subjected to a so-called "water treatment" process at room temperature for different duration. The proposed 'self-deconstruction/reconstruction' strategy is highly advantageous as the resulting 2D metal cobaltite nanosheets possess significantly higher surface areas (150-200 m² g⁻¹) than metal cobaltite nanospheres achieved by the direct annealing of the non-treated Co-based glycerate nanospheres (15-75 m² g⁻¹). Furthermore, these metal cobaltite nanosheets exhibit narrow pore size distribution in the mesoscale range, unlike the broad pore size distribution exhibited by the metal cobaltite phase from the precursor phase to be lowered by 50 °C. Finally, as a representative sample, we have evaluated the electrochemical performance of the as-synthesized 2D mesoporous NiCo₂O₄ nanosheets for supercapacitor applications, in terms of specific capacitance, capacitance retention, stability, and also energy and power densities for asymmetric supercapacitor (ASC) device.

2. EXPERIMENTAL SECTION

2.1. Chemicals

Cobalt(II) nitrate hexahydrate (Co(NO₃)₂.6H₂O), nickel(II) nitrate hexahydrate (Ni(NO₃).6H₂O), zinc(II) nitrate hexahydrate (Zn(NO₃).6H₂O), glycerol (>99.5%), 2-propanol (>99.5%), and ethanol (99.5%) were purchased from Wako Reagent Japan. All chemicals were used as received without further purification.

2.2. Synthesis of monodispersed cobalt (Co)-based metal glycerate nanospheres

In this work, monodispersed Co-based metal glycerate nanospheres (including Co, Ni-Co, Zn-Co) were firstly synthesized as seeds for the formation of the 2D Co-based metal glycerate/hydroxide nanosheets. For example, in the synthesis of pure Co glycerate nanospheres, 0.1454 g (0.5 mmol) of $Co(NO_3)_2$ ·6H₂O was firstly dissolved in 40 mL of 2-propanol to form a pink-colored solution. Next, 8 mL of glycerol was added into this solution under magnetic stirring. Following this, the mixture solution was transferred into a Teflon-lined stainless steel autoclave and heated in an electric oven at 180 °C for 16 h. Finally, the obtained precipitate was washed with absolute ethanol three times and then dried in an oven at 60 °C for 4 h. For the synthesis of Ni-Co and Zn-Co glycerate nanospheres, the synthesis procedures were almost similar, except that 0.25 mmol of $Ni(NO_3)_2.6H_2O$ (0.0727 g) or 0.25 mmol of $Zn(NO_3)_2.6H_2O$ (0.0744 g) was firstly mixed with the cobalt(II) nitrate solution prior to the addition of glycerol.

2.3. Conversion of Co-based metal glycerate nanospheres to 2D Co-based metal glycerate/hydroxide nanosheets *via* "water treatment" process

- *Co glycerate/hydroxide nanosheets*: In a typical procedure, 20 mg of the as-synthesized Co-glycerate nanospheres was dispersed in 20 mL of distilled water and stirred for 6 h under mild stirring. After 6 h, the resulting product was washed twice with absolute ethanol, and dried in an oven at 60 °C for 4 h.
- *Ni-Co glycerate/hydroxide nanosheets*: The conversion procedure for Ni-Co was very similar to that of Co-glycerate nanospheres, except that the Co-glycerate nanospheres were replaced with Ni-Co glycerate nanospheres and the dispersion time in water was extended to 24 h.
- **Zn-Co glycerate/hydroxide nanosheets:** In a typical synthesis, 20 mg of the Zn-Co glycerate nanospheres was dispersed in a water (10 mL)/ethanol (10 mL) mixture and reacted for 4 h under mild stirring. After 4 h, the resulting product was washed twice with absolute ethanol, and dried in an oven at 60 °C for 4 h.

2.4. Conversion to porous 2D metal cobaltite nanosheets

The porous 2D Co_3O_4 , NiCo₂O₄ and ZnCo₂O₄ nanosheets were obtained by calcination of the Co, Ni-Co and Zn-Co glycerate/hydroxide nanosheets, respectively, in air at 260 °C, under a slow heating rate of 1 °C/min.

2.5. Characterization

X-ray diffraction (XRD) patterns of the samples were obtained using a Rigaku RINT 2500X diffractometer with a monochromated Cu-K α radiation (λ = 1.5418 Å). The morphological observations of the samples were conducted using fieldemission scanning electron microscope (FESEM, Hitachi SU-8000) operated at an accelerating voltage of 10 kV and transmission electron microscope (TEM, JEM-2100F) operated at an accelerating voltage of 200 kV. The thermogravimetric analysis (TGA) of the samples was performed using a Hitachi HT-Seiko Instrument Exter 6300 TG/DTA under an air atmosphere with a constant heating rate of 10 °C/min from room temperature to 600 °C. X-ray photoelectron spectroscopy (XPS) measurements were carried out with a PHI Quantera SXM (ULVAC-PHI) using Al-K α radiation as the excitation source to determine the composition and electronic state of the as-prepared samples. All XPS spectra were calibrated to the C 1s peak at 285.0 eV. Nitrogen (N₂) adsorption-desorption measurements were performed using a Belsorp-mini II Sorption System at 77 K. The specific surface areas were calculated using the multipoint Brunauer-Emmett-Teller (BET) method at a relative pressure (P/P_0) range of 0.05 to 0.30 and the total pore volumes were calculated by the Barrett-Joyner-Halenda (BJH) method. Prior to the BET measurements, the samples were degassed under vacuum at 150 °C for overnight.

2.6. Electrochemical measurements

The electrochemical measurements were carried out with an electrochemical workstation (CHI 660E, CH Instruments, USA) using standard three-electrode and two-electrode system measurements. For the three-electrode system, Ag/AgCl was used as the reference electrode and a platinum wire was used as a counter electrode and all the measurements were carried out in an aqueous 3.0 M KOH electrolyte. The working electrodes were prepared by mixing the active electrode material (80%) with poly(vinylidene difluoride) (PVDF) (20%) in N-methylpyrrolidinone (NMP) solvent. The resultant slurry was then coated onto graphite substrates and dried at 60 °C for 12 h. Each electrode contained 1 mg cm⁻² of the active material. The specific capacitance value of each electrode was calculated using cyclic voltammetry (CV) using the following equation:

$$C = \frac{1}{ms(v_f - v_i)} \int_{v_i}^{v_f} I(V) dV \tag{1}$$

where *C* is the specific capacitance, *s* is potential scan rate, *V* is the potential window, the integration of I(V) dV is the discharging part of the cyclic voltammograms, *m* is the mass of the active material. For the two electrode-system, a membrane consisting of Whatman glass microfiber filter was used as the separator with the electrolyte. The specific capacitance was calculated by utilizing the following equation:

$$C = \frac{I x \int V \, dt}{M x \, \Delta V^2} \tag{2}$$

where C is the gravimetric capacitance, V is a potential window, I is the current, t is the discharge time, and M is the total mass of active materials of both electrodes.

The electrochemical properties of the assembled asymmetric supercapacitor (ASC) cell were investigated by using CV and galvanostatic charge-discharge (CD) measurements. For the CD measurements of the two-electrode ASC cell, a positive electrode consisting of 2D NiCo₂O₄ nanosheets and a negative electrode consisting of graphene oxide (GO) with a similar charge capacity were employed. To achieve a stable ASC cell operated over a wide potential window, it is important to achieve a mass balance between the positive and negative electrodes, according to the equation:

$$\frac{m_+}{m_-} = \frac{c_- V_-}{c_+ V_+}$$

where C_+ and C_- are the specific capacitances, V_+ and V_- are the potential windows, and m_+ and m_- are the mass of the positive and negative electrode materials, respectively, which were obtained in a three-electrode system. In the case of symmetric (or linear) galvanostatic discharge curve (GDC) behavior, the charge/voltage ratio remains constant over the entire voltage window, and the energy density *E* can be calculated by applying the following equation¹⁷:

(3)

$$E = \frac{CV^2}{2} \tag{4}$$

However, our GDC is non-symmetric and hence, the Faradaic reaction charge/voltage ratio does not remain constant, but rather varies with time.¹⁷⁻¹⁹ As such, the energy density (*E*) and power density (P) of the assembled ASC were calculated using the equations¹⁷:

$$E = i \int V dt$$

$$P = \frac{3600 \, x \, E}{t}$$
(6)

where *i* is the current density, $\int V dt$ is the galvanostatic discharge current area and t is the discharge time.

3. RESULTS AND DISCUSSION

3.1 Morphology and composition



Scheme 1. (a) Schematic illustration showing the proposed general template-free strategy for obtaining mesoporous 2D mixed oxide nanosheets, such as metal cobalities (MCo₂O₄, M = Ni, Zn) as examples: (i) surface deconstruction of the Co-based metal (M-Co) glycerate nanospheres induced by the "water treatment" process; (ii) surface reconstruction of the M-Co glycerate nanospheres to form hierarchical 3D structures; (iii) lateral growth of the sheet-like structures assembling the hierarchical 3D structures to form 2D M-Co glycerate/hydroxide nanosheets; (iv) conversion into mesoporous 2D MCo₂O₄ nanosheets *via* calcination in air at 260 °C. (b) Schematic illustration of the method for obtaining porous MCo₂O₄ (M= Ni, Zn) nanospheres by direct calcination of the M-Co glycerate nanospheres in air at 350 °C (step i).

Scheme 1 illustrates the proposed general strategy for obtaining 2D mesoporous mixed oxide nanosheets, such as metal cobaltites [MCo₂O₄ (M= Ni, Zn)] as examples. First, monodispersed Co-based metal glycerate nanospheres were synthesized through the solvothermal reactions of metal nitrates and glycerol in 2-propanol at 180 °C and used as self-templates for the subsequent conversion steps. Next, these metal glycerate nanospheres are subjected to "water treatment" at room temperature, in which they are dispersed in water for different duration to induce surface deconstruction of the nanospheres as a result of attack by the hydroxide (OH⁻) ions present in the water (*step i* in Scheme 1a). As the reaction progresses, sheet-like sub-units gradually grow on the surface of these nanospheres, eventually reconstructing their surface, leading to the formation of hierarchical 3D flower-like nanosheets (*step ii* in Scheme 1a). Finally, with prolonged treatment time, the nanospheres which

had formed the base of the hierarchical 3D flower-like structures collapse, thus allowing the nanosheets which initially grew only on the surface of the nanospheres to grow laterally to form 2D Co-based metal glycerate/hydroxide nanosheets (*step iii* in **Scheme 1a**). Following calcination in air at a relatively low temperature of 260 °C, these 2D Co-based metal glycerate/hydroxide nanosheets are successfully converted to mesoporous 2D metal cobaltite nanosheets (*step iv* in **Scheme 1a**). The presented work is different from previous reports^{20, 21}, in which hierarchical 3D hollow spheres were obtained from the consumption metal glycerate nanospheres during solvothermal reactions in mixed alcohol-based solvents at high temperatures and no 2D mesoporous nanosheets were reported in these studies. In our work, 2D nanosheets were obtained from a simple prolonged reaction of metal glycerate nanospheres in water at room-temperature which results in gradual, continuous breakdown of the organic groups present in the glycerate nanospheres and subsequent replacement with hydroxyl nanosheets.



Fig. 1. Low and high magnification SEM images of (a, b) pure Co, (c, d) Ni-Co, and (e, f) Zn-Co glycerate nanospheres (insets showing the corresponding size distribution histograms).



Fig. 2. Time-dependent SEM images of the Co glycerate nanospheres after subjected to "water treatment" process for (a) 0 h, (b) 2 h, (c) 4 h, and (d) 6 h. Time-dependent SEM images of the Ni-Co glycerate nanospheres after subjected to "water treatment" process for (e) 0 h, (f) 4 h, (g) 6 h, and (h) 24 h. Time-dependent SEM images of the Zn-Co glycerate nanospheres after treatment in a water/ethanol (v/v = 1:1) mixture for (a) 0 h, (b) 2 h, (c) 4 h, and (d) 6 h.

The phase composition and crystal structures of the Co-based metal glycerate nanospheres obtained from the solvothermal reactions at 180 °C (as described in *step i* of **Scheme 1a**) were analyzed by XRD. As shown in **Fig. S1a-**, these particles are mostly amorphous, however a pronounced broad diffraction peak is observed at ~12° in all three samples, which is the characteristic peak of metal glycerates (alkoxides).^{22, 23} Correspondingly, these three products can be assigned as Co, Ni-Co, and Zn-Co glycerate, respectively. The SEM images shown in Fig. 1a-f reveal that the as-obtained Co, Ni-Co, and ZnCo glycerate nanospheres are highly uniform in shape with the average diameters being 760, 663, and 779 nm, respectively. The time-dependent morphological evolution of the Co-based metal glycerate nanospheres into 2D nanosheets as a result of the "water treatment" process was monitored by SEM, as presented in Fig. 2. The formation of some very thin sheet-like sub-units is readily observed on the surface of the Co and Ni-Co glycerate nanospheres after 2 h and 4 h of "water treatment", respectively (Fig. 2b, f). When the reaction time is extended for a further 2 h, the sheet-like sub-units grow on the surface of the Co and Ni-Co glycerate nanospheres to form 3D hierarchical flower-like nanosheets (Fig. 2c, g). Finally, at the optimized reaction times of 6 h (for Co glycerate) and 24 h (for Ni-Co glycerate), ultrathin 2D nanosheets are successfully formed from the lateral growth of the nanosheets which assembled the hierarchical 3D flower-like structures (Fig. 2d, h). In the case of Zn-Co glycerate, the use of a water/ethanol mixture is necessary to slow down the rate of release of OH⁻ ions, which would have otherwise lead to the formation of aggregated particles rather than uniform 2D nanosheets. Following the "water treatment" process, the XRD patterns of the Co, Ni-Co, and Zn-Co glycerate nanospheres display two new peaks at $\sim 34^{\circ}$ and $\sim 60^{\circ}$, indexed to hydroxide phases (Co hydroxide, Ni-Co double hydroxides, and Zn-Co double hydroxides, respectively), in addition to the broad glycerate peak at $\sim 12^{\circ}$.^{24, 25} These results imply that the composition of the water-treated products can be assigned as Co, Ni-Co, and Zn-Co glycerate/hydroxide mixtures, respectively.



Fig. 3. SEM images showing the stages of conversion from smooth nanospheres to 2D nanosheets: (a, e, i) original glycerate sphere, (b, f, j) surface-deconstructed sphere, (c, g, k) surface reconstruction of the sphere by nanosheets, and (d, h, l) lateral growth of the nanosheets to form 2D structures for Co, Ni-Co and Zn-Co samples, respectively.

The self-deconstruction/reconstruction of the metal glycerate nanospheres with increasing "water treatment" time is shown more clearly in the SEM images shown in **Fig. 3**. Evidently, the three samples (Co, Ni-Co and Zn-Co) follow a similar mechanism, in which the surface of the nanospheres undergoes self-deconstruction in the initial stage of the reaction due to the attack by the OH⁻ ions present in the water (**Fig. 3b, f, j**) and slowly being reconstructed by the nanosheets formed on the surface of the nanospheres (**Fig. 3c, g, k**). The growth of such hierarchical flower-like structures may be attributed to the formation of metal or mixed-metal hydroxide phases during the early stage of the water treatment, which are known for their layered structures and their strong tendency to assume sheet-like morphology. After prolonged "water treatment", the base nanospheres collapses and the nanosheets whose growth was initially bound to the surface of the nanospheres become free to grow laterally, thereby leading to the formation of such 2D nanosheets (**Fig. 3d, h, l**).

FTIR spectroscopy was conducted to analyze the changes in organic constituents of the Co, Ni-Co, and Zn-Co glycerate nanospheres with increasing "water treatment" time. For the original or non-treated Co, Ni-Co, and Zn-Co glycerate nanospheres (**Fig. 4a-c** (0 h)), the broad IR absorption band between 3200-3400 cm⁻¹ can be assigned to hydrogen-bound hydroxyl groups, whereas the absorption bands between 2850-2950 cm⁻¹ can be indexed to the C-H stretching vibrations.²⁶ The IR band located between ~1640-1650 cm⁻¹ is attributed to the C=O stretching vibration while the band located at ~1585 cm⁻¹ is assigned to the C=C stretching vibration. Moreover, the absorption bands in the range of 1300–1400 cm⁻¹, 1000-1200 cm⁻¹, and 850-1000 cm⁻¹ can be attributed to C-H bending vibration, C-O stretching vibration, and C-C stretching vibration, respectively. As shown in **Fig. 4a, d, g**, the increase in "water treatment" time is observed to shift the broad O-H peak closer toward 3600 cm⁻¹ for all three samples (Co, Ni-Co, and Zn-Co), indicating the gradual transformation toward structurally isolated hydroxyls (*i.e.* metal hydroxides). Furthermore, weakening of the C-H bending and C-C stretching vibrations is observed with increasing treatment time (**Fig. 4b, e, h**), indicating the partial removal of these organic groups. In addition, the gradual disappearance of the C=O stretching vibration and weakening of the C=C stretching vibration are also observed in all three samples (**Fig. 4c, f, i**).

These IR results suggest that compositionally, the 2D nanosheets obtained from the "water treatment" of the metal glycerate nanospheres consist of a mixture of glycerate and hydroxide, thus confirming the XRD results.

TGA measurements were performed on both the Co-based metal glycerate nanospheres and Co-based metal glycerate/hydroxide nanosheets to assess the effect of the "water treatment" process on the crystallization temperature required to obtain pure metal cobaltite phase. The TGA curves of the non-treated Co, Ni-Co, and Zn-Co glycerate spheres (Fig. 5a-c) show two main weight loss steps, with the first weight loss occurring at around 150 °C due to the removal of adsorbed water molecules, and the second one occurring at around 300 °C due to the removal of the organic constituents and subsequent transformation into metal oxides. Similarly, the Co, Ni-Co, and Zn-Co glycerate/hydroxide nanosheets also display two weight loss steps, however, the amount of weight loss due to adsorbed water molecules is two-times higher than those observed for Co. Ni-Co, and Zn-Co glycerate spheres (Fig. 5d-f). Correspondingly, the weight loss percentage due to the decomposition of organic constituents is decreased by half for Co, Ni-Co, and Zn-Co glycerate/hydroxide nanosheets. These trends reveal the obvious increase in the hydroxide content of the precursor nanosheets following the "water treatment" process, thereby confirming their mixed composition (*i.e.* glycerate/hydroxide mixtures). Furthermore, the TGA curves in Fig. 5 reveal that the crystallization temperature for obtaining pure metal cobaltite phase is decreased by ~ 50 °C to 260 °C for all three samples following the conversion of the nanospheres to 2D nanosheets and this temperature is among the lowest conversion temperature reported in literatures (see Table S1). The above results clearly indicate the benefit of the proposed 'selfdeconstruction/reconstruction' strategy for decreasing the crystallization temperature necessary for obtaining pure metal cobaltite products. Accordingly, the calcination of 2D Co, Ni-Co, and Zn-Co glycerate/hydroxide nanosheets at 260 °C yielded pure Co_3O_4 , NiCo₂O₄ and ZnCo₂O₄, respectively, as confirmed by the XRD patterns shown in **Fig. S3**. This is further supported by the EDS analysis of the 2D nanosheets provided in Fig. S4.



Fig. 4. (a) Overall FTIR spectra, (b) Enlarged FTIR spectra from 800-1200 cm⁻¹, and (c) Enlarged FTIR spectra from 1200-1700 cm⁻¹ of Co glycerate nanospheres with increasing "water treatment" time (*from bottom to top: 0 h, 2 h, 4 h, and 6 h*). (d) Overall FTIR spectra, (e) Enlarged FTIR spectra from 800-1200 cm⁻¹, and (f) Enlarged FTIR spectra from 1200-1700 cm⁻¹ of Ni-Co glycerate nanospheres with increasing "water treatment" time (*from bottom to top: 0 h, 2 h, 4 h, 6 h, 16 h, and 24 h*). (g) Overall FTIR spectra, (h) Enlarged FTIR spectra from 800-1200 cm⁻¹, and (i) Enlarged FTIR spectra from 1200-1700 cm⁻¹ of Zn-Co glycerate nanospheres with increasing "water treatment" time (*from bottom to top: 0 h, 2 h, 4 h, 6 h, 16 h, and 24 h*).



Fig. 5. (a-c) TG-DTA curves of Co, Ni-Co, and Zn-Co glycerate nanospheres and (d-f) TG-DTA curves of Co, Ni-Co, and Zn-Co glycerate/hydroxide nanosheets obtained using the proposed 'self-deconstruction/reconstruction' strategy.

Fig. 6a-c show the typical SEM images of the 2D Co₃O₄, NiCo₂O₄ and ZnCo₂O₄ nanosheets obtained by calcination of the 2D Co, Ni-Co, and Zn-Co glycerate/hydroxide nanosheets, respectively. The original nanosheet structure is well-retained without significant destruction into small nanocrystals and no significant aggregation among the nanosheets is observed. From the three metal cobaltite nanosheets, the NiCo₂O₄ nanosheets show the smallest thicknesses of 5-7 nm, whereas the thicknesses of the 2D Co_3O_4 and ZnCo₂O₄ nanosheets range from 6-15 nm and 9-18 nm, respectively. The porous nature of these nanosheets can be observed from the TEM images in Fig. S5a-c, which originated from the release of H₂O and CO₂ during the heat treatment at 260 °C.²⁵ The HRTEM images of the Co₃O₄, NiCo₂O₄ and ZnCo₂O₄ nanosheets show well-defined lattice fringes corresponding to the (111), (220), and (311) planes of Co_3O_4 (Fig. S5d), (400) and (311) planes of NiCo₂O₄ (Fig. S5e), and (311) and (220) planes of ZnCo₂O₄ (Fig. S5f), respectively. N₂ adsorption-desorption isotherms of the 2D Co₃O₄, NiCo₂O₄ and ZnCo₂O₄ nanosheets synthesized using the proposed 'self-deconstruction/reconstruction' strategy reveal their very high surface areas of 175, 155, and 171 m² g⁻¹ (Fig. 6a-c), respectively. These values are approximately 2.5-10 times higher than those of the corresponding metal cobaltite nanospheres (18.7, 16.1, and 71.6 m² g⁻¹, respectively) (Fig. S6a-c). In fact, these surface area values are among the highest reported values for 2D metal cobaltite nanostructures, as evident in Table S1. Moreover, the BJH pore distribution curves of the as-obtained 2D metal cobaltite nanosheets reveal their mesoporous features with narrow pore size distribution in the range of 2-10 nm (Fig. 6g-i). In contrast, the Co₃O₄, NiCo₂O₄, and ZnCo₂O₄ nanospheres all show broad pore size distribution with pore sizes ranging from 2-40 nm (Fig. S6d-f). These results therefore, highlight the advantages of our proposed strategy for increasing the specific surface area and narrowing the pore size distribution of the metal oxide products (see Table 1).



Fig. 6. SEM, N₂ adsorption-desorption isotherms and BJH pore size distribution curves of mesoporous 2D $Co_3O_4(d)$, NiCo₂O₄ (e), and ZnCo₂O₄ (f) nanosheets obtained by calcination of the 2D Co, Ni-Co and Zn-Co glycerate/hydroxide nanosheets, achieved using the proposed 'self-deconstruction/reconstruction' strategy, respectively, in air at 260 °C.

XPS analysis was conducted to analyze the surface chemical states and composition of the 2D metal cobaltite nanosheets obtained using the proposed 'self-deconstruction/reconstruction' method. The high-resolution spectrum of Co 2p of the NiCo₂O₄ nanosheets shows two spin-orbit doublets (Co^{2+} and Co^{3+}) and two shake-up satellites (Fig. 7a). The peaks at 780.1 eV and 795.2 eV are attributed to Co³⁺ and the peaks at 781.8 eV and 797.1 eV are indexed to Co²⁺.²⁷ The O 1s high resolution spectrum of the NiCo₂O₄ nanosheets (Fig. 7b) exhibits three distinct oxygen species labeled as O₁, O₁₁, and O₁₁₁. The O₁ peak at a binding energy of 529.6 eV is typical of metal-oxygen bond, whereas the O_{II} and O_{III} peaks at binding energies of 531.7 eV and 532.7 eV correspond to the high number of defect sites with low oxygen coordination in the material with small particle size and physi- or chemisorbed water molecules, respectively. The Ni 2p spectrum of the NiCo₂O₄ nanosheets can also be fitted into two spin-orbit doublets (Ni^{2+} and Ni^{3+}) and two shake-up satellites (Fig. 7c). The peaks at 854.2 eV and 871.8 eV are attributed to Ni²⁺ and the peaks at 855.8 eV and 873.3 eV can be assigned to Ni³⁺, indicating the mixed valence nature of the Ni in NiCo₂O₄ nanosheets.^{28, 29} Similar to NiCo₂O₄, the Co 2p spectra of the ZnCo₂O₄ nanosheets also exhibit two spin-orbit doublets and two-shake up satellites, as shown in Fig. 7d. The two peaks corresponding to Co^{3+} are located at binding energies of 780.2 eV and 795.2 eV, respectively, whereas the peaks attributed to Co^{2+} are observed at binding energies of 781.4 eV and 796.8 eV, respectively. The O1s high-resolution XPS spectrum of the 2D ZnCo₂O₄ nanosheets can be deconvoluted into three distinct peaks, corresponding to the same oxygen species present in the NiCo₂O₄ nanosheets (Fig. 7e). Furthermore, the Zn 2p spectrum displays two major peaks at binding energies of 1021.2 eV and 1044.5 eV, which can be assigned to Zn 2p_{3/2} and Zn

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 $2p_{1/2}$, respectively, indicating the Zn²⁺ oxidation state of ZnCo₂O₄ (**Fig. 7f**).^{29, 30} In comparison, for the Co₃O₄ nanosheets, the Co³⁺ peaks are positioned at binding energies of 780.1 eV and 795.2 eV, respectively and the Co²⁺ peaks are observed at binding energies of 781.8 eV and 797.2 eV, respectively (**Fig. 7g**), with the O1s spectrum showing the same three distinct oxygen species as their mixed oxide counterparts (**Fig. 7h**).³¹ The above XPS results therefore indicate the mixed valence of Co in all of the as-synthesized metal cobaltite nanosheets. The binding energy values of Co 2p, Ni 2p, and Zn 2p peaks of the as-synthesized metal cobaltite nanosheets are in good agreement with previous literatures, as summarized in **Table S2**.



Fig. 7. High resolution XPS spectra of (a) Co 2p, (b) O 1s, and (c) Ni 2p of NiCo₂O₄ nanosheets. High resolution XPS spectra of (a) Co 2p, (b) O 1s, and (c) Zn 2p for ZnCo₂O₄ nanosheets. High resolution XPS spectra of (g) Co 2p and (h) O 1s for Co₃O₄ nanosheets.

3.2 Electrochemical performance

Inspired by their large surface area and mesoporous features, we have evaluated the electrochemical performance of the as-obtained 2D metal cobaltite nanosheets for supercapacitor applications. **Fig. 8a** compares the cyclic voltammogram (CV) curve of the 2D NiCo₂O₄ NSs with that of the NiCo₂O₄ nanospheres at a scan rate of 20 mV s⁻¹, revealing their higher current density and CV curve area, and therefore higher electrochemical activity compared to the nanospheres.³² Similarly, both Co₃O₄ and ZnCo₂O₄ nanosheets also display higher current densities compared to their corresponding nanospheres (**Fig. S7a, b**). This may be correlated to the significantly larger surface area and pore volume of the metal cobaltite nanosheets (~10 times higher) which enable a higher storage of electrolyte ions. Among the three metal cobaltite nanosheets, the NiCo₂O₄ nanosheets show the highest electrochemical performance, thus for further studies we chose this particular sample to show the benefit of our proposed strategy for enhancing the electrochemical performance of the metal oxide products.

Fig. 8b shows the typical CV curves of the NiCo₂O₄ nanosheets at various scan rates from 5 to 100 mV s⁻¹. The shape of the CV curves reveals the typical pseudocapacitive characteristics. A pair of well-defined redox peaks (cathodic and anodic peaks at ~0.28 V and 0.37 V) is observed at low scan rates (*e.g.* 5 mV s⁻¹), which can be attributed to the Faradaic redox reactions of NiCo₂O₄ in the KOH electrolyte based on the following equations^{13, 33, 34}:

$$NiCo_2O_4 + OH^- + H_2O \leftrightarrow NiOOH + 2CoOOH + 2e^-$$
(7)

$$CoOOH + OH \leftrightarrow CoO_2 + H_2O + e^-$$
(8)

The observed anodic and cathodic peaks are in good agreement with previous reports.^{13, 32} With the increase in scan rate from 5 to 100 mV s⁻¹, the position of the cathodic peak slightly shifts from 0.28 to 0.24 V, indicating that the NiCo₂O₄ nanosheet electrode is favorable for fast redox reactions.^{32, 35} In contrast, the anodic peak is shifted to higher potential at higher scan rates; however the voltage window is not wide enough to show this shift. At low scan rates, the NiCo₂O₄ electrode can perform well as the ions from the KOH electrolyte have enough time to utilize both the outer and inner surface of the electrode. However, at higher scan rates, some irreversible redox reactions are observed as the area which can be occupied by the electrolyte ions decreases as a result of the decrease in the diffusive path length.³⁶ The specific capacitance values of the 2D NiCo₂O₄ nanosheets are measured to be 200, 198, 175, 150, 140, and 125 F g⁻¹, at scan rates of 5, 20, 40, 60, 80 and 100 mV s⁻¹, respectively, corresponding to relatively high capacitance retention of 62.5%. In comparison, the specific capacitance values of the NiCo₂O₄ nanosheets are 49.0, 23.0, 14.4, 10.2, 7.97, and 6.39 F g⁻¹, respectively, corresponding to a very low capacitance retention of 13% (**Fig. 8c**). These results clearly indicate the superiority of the 2D NiCo₂O₄ nanosheets in terms of both specific capacitance and capacitance retention, which may be attributed to their mesoporous features and much larger surface area which provides significantly more electroactive sites and improved diffusion of the electrolyte.¹² The explanations for the CV curves and specific capacitance *vs*. scan rate curves for the other metal cobaltite samples are provided in the notes for **Fig. S7**.



Fig. 8. (a) Comparison of CV curves between NiCo₂O₄ nanospheres and 2D NiCo₂O₄ nanosheets. (b) CV curves of 2D NiCo₂O₄ nanosheets at various scan rates from 5-100 mV s⁻¹. (c) Scan rate dependence of specific capacitance for NiCo₂O₄ nanospheres, 2D NiCo₂O₄ nanosheets, and GO. (d) Potential window variation for the upper potential windows ranging from 1.1 V to 1.5 V for ASC. (e) Galvanostatic discharge curves of the assembled 2D NiCo₂O₄ nanosheets//GO ASC at various current densities from 0.5 to 5 A g⁻¹. (f) Dependence of specific capacitance of the 2D NiCo₂O₄ nanosheets//GO ASC on the applied current density.

A two-electrode asymmetric supercapacitor (ASC) cell was subsequently assembled using the porous 2D NiCo₂O₄ nanosheets as the positive electrode, GO as the negative electrode, and 3.0 M KOH aqueous solution as the electrolyte. The total weight loading on both electrodes was adjusted to 1 mg. As shown in **Fig. 8d**, by combining the NiCo₂O₄ cathode and GO anode, the cell voltage of the as-fabricated ASC can be expanded to 1.6 V without an obvious IR drop. Galvanostatic CD measurements were performed on the NiCo₂O₄ nanosheets//GO ASC cell and the discharge curves for current densities from 0.5 to 5 A g⁻¹ are given in Fig. 8e. The specific capacitance values of the ASC cell are 61.0, 58.7, 57.8, 55.2, 53.2, 49.8, 48.3 at current densities of 0.5, 0.7, 0.8, 1, 2, 3, 4, and 5 A g⁻¹, respectively, corresponding to a capacitance retention of 75.8% (Fig. 8f). This value is better than previously reported ASCs based on Co₃O₄//AC (activated carbon) (46%),³⁷ NiCo₂O₄ nanosheets@HMRAs//AC (46%),38 NiCo2S4//AC (56%),39 NC (nanoporous carbon)//NC (60%),40 and NiCo2O4-NC //NC (56%).⁴¹ The decrease in specific capacitance with the increase in current density can be correlated to the increased barrier to penetration and diffusion of electrolyte.⁴² The good capacitance retention of the assembled NiCo₂O₄ nanosheets//GO ASC cell may be contributed by the small thickness (5-7 nm) and mesoporous feature of the as-synthesized 2D NiCo₂O₄ nanosheets and correspondingly their large surface area which can provide many electrochemically active sites for the redox reactions and facilitate the diffusion of the electrolyte, thereby leading to more efficient utilization of the active material.^{12, 32} Moreover, the well-interconnected nanosheets can facilitate the transport of the electrolyte, thus giving rise to an improved capacitance retention.14

The Ragone plot (energy density *vs.* power density) of our ASC is given in **Fig. S8b**. The assembled 2D NiCo₂O₄ NSs//GO ASC shows a high energy density of 38.53 W h kg¹ at a power density of 299.3 W kg⁻¹ which decreases to 21.05 W h

kg⁻¹ at a higher power density of 340 W kg⁻¹. This energy density is higher than those of ASCs based on porous NiCo₂O₄//activated carbon (AC),⁴³ mesoporous NiCo₂O₄//AC,⁴⁴ ZnCo₂O₄ microspheres//AC,⁴⁵ ZnCo₂O₄ nanowires//AC,⁴⁶ FeCo₂O₄ nanowires//AC,⁴⁷ NiO nanopetals//AC,⁴⁸ and some hybrid materials, including NiCo₂O₄@CQDs//AC,⁴⁹ NiCo₂O₄ NSs-CNTs//AC,⁵⁰ NiCo₂O₄-reduced graphene oxide (RGO)//AC,³⁴ Co₃O₄ NSs-RGO//AC,⁵¹ and NiCo₂O₄-MnO₂//AG,⁵² as summarized in Table S3. The cycling performance of the ASC was evaluated by charge-discharge studies at a current density of 5 A g⁻¹ up to 2000 cycles (Fig. S8c). The assembled ASC cell exhibits a good cycling stability with high capacitance retention of 91% after 2000 cycles. This is better than previously reported ASCs based on porous NiCo₂O₄//AC (85% after 5000 cycles at 1.5 A g⁻¹),⁴³ NiCo₂O₄-RGO//AC (83% after 2500 cycles at 2 A g⁻¹),³⁴ NiCo₂O₄-MnO₂//AC (73.8% after 3000 cycles at 5 A g⁻¹) ¹), ⁵² Co₃O₄ nanosheets-RGO//AC (89% after 1000 cycles at 1 A g⁻¹), ⁵¹ and ZnCo₂O₄ microspheres//AC (76.68% after 1000 cycles at 0.5 A g^{-1}).⁴⁵ The SEM images of the NiCo₂O₄ nanosheet electrode after 2000 cycles at 5 A g^{-1} show that the sheet-like morphology is still well-maintained, albeit with some degree of agglomeration due to repeated charge-discharge processes (Fig. **S9**). These results indicate the relatively good chemical stability of the fabricated $NiCo_2O_4$ nanosheets. In the future, the assynthesized 2D metal cobaltite nanosheets can be hybridized with other metal oxide and/or carbon-based materials to improve their power density and specific capacitance further. However, in this work, we focus on showing the benefit of the proposed synthesis strategy for obtaining 2D metal cobaltite product with enhanced electrochemical performance compared to that obtained by the direct calcination process.

4. CONCLUSIONS

In summary, we have developed a general template-free strategy for obtaining 2D mesoporous mixed oxide nanosheets, such as metal cobaltites (MCo₂O₄, M = Ni, Zn) through the self-deconstruction/reconstruction of monodispersed Co-based metal glycerate nanospheres into 2D Co-based metal glycerate/hydroxide nanosheets followed by their calcination in air at a relatively low temperature of 260 °C. The self-deconstruction/reconstruction of the Co-based metal glycerate nanospheres is initiated by the released OH⁻ ions as a result of the "water treatment" process. The proposed general strategy is highly advantageous for generating 2D mixed oxide nanosheets with very high surface areas (150-200 m² g⁻¹) and mesoporous features with narrow pore size distribution at lower crystallization temperatures. Using the 2D NiCo₂O₄ nanosheets synthesized *via* the proposed strategy as a representative sample, we found that they exhibit higher capacitance retention and significantly higher specific capacitance compared to the NiCo₂O₄ nanospheres achieved by the direct calcination of the Ni-Co glycerate nanospheres, thus highlighting the benefit of the proposed 'self-deconstruction/reconstruction' strategy for enhancing the electrochemical performance. Finally, the assembled 2D NiCo₂O₄ nanosheets//graphene oxide ASC shows a maximum energy density of 38.53 W h kg⁻¹ and good cycling stability with a high capacitance retention of 91% after 2000 cycles at 5 A g⁻¹. It is expected that the proposed general strategy may be expanded to many other transition metal elements for creating 2D mixed oxide nanosheets with greatly enhanced surface areas and improved functional performance.

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LIST OF TABLES

Table 1. Comparison of the properties of 2D mesoporous metal cobaltite nanosheets obtained using the proposed 'self-deconstruction/reconstruction' strategy with the metal cobaltite nanospheres achieved by the direct calcination of the Co-based metal glycerate nanospheres.

Properties	C0 ₃ O ₄	2D Co ₃ O ₄	NiCo ₂ O ₄	2D NiCo ₂ O ₄	ZnCo ₂ O ₄	2D ZnCo ₂ O ₄
	nanospheres	nanosheets	nanospheres	nanosheets	nanospheres	nanosheets
Crystallization	320	260	310	260	310	260
temperature (°C)						
Specific surface	18.7	175	16.3	155	71.6	171
area (m ² g ⁻¹)						
Pore volume	0.127	0.785	0.057	0.452	0.207	0.867
$(cm^3 g^{-1})$						

TABLE OF CONTENT GRAPHIC DESCRIPTION

A general strategy for fabricating 2-D mesoporous mixed oxide nanosheets through the self-deconstruction/reconstruction of monodispersed metal glycerate nanospheres is described.





38x16mm (300 x 300 DPI)