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Application of bacteriocins in food preservation and infectious disease treatment for humans and livestock: a review

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Infectious diseases caused by bacteria that can be transmitted *via* food, livestock and humans are always a concern to the public, as majority of them may cause severe illnesses and death. Antibacterial agents have been investigated for the treatment of bacterial infections. Antibiotics are the most successful antibacterial agents that have been used widely for decades to ease human pain caused by bacterial infections. Nevertheless, the emergence of antibiotic-resistant bacteria has raised awareness amongst public about the downside of using antibiotics. The threat of antibiotic resistance to global health, food security and development has been emphasized by the World Health Organization (WHO), and research studies have been focused on alternative antimicrobial agents. Bacteriocin, a natural antimicrobial peptide, has been chosen to replace antibiotics for its application in food preservation and infectious disease treatment for livestock and humans, as it is less toxic.

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1. Introduction

A pathogen is an organism, which can be an infectious agent in causing diseases in human beings, animals or plants. Pathogens raise concerns from us due to their impacts on human health by infection *via* foods, livestock or animals. Previously, antimicrobial drugs or antibiotics have been chosen in the treatment of infectious diseases caused by pathogens. However, the increase of the usage of antibiotics in killing pathogens has led to the emergence of antibiotic-resistant bacteria, which will be the next challenges for humankind.¹ Recently, studies on bacteriocin or bacteriocin-like inhibitory substances (BLIS) have been focused on finding out an alternative therapeutic option for bacterial infections. Bacteriocin has been chosen as a potential drug candidate to replace chemicals and antibiotics in future due to its lower toxicity and proteinaceous nature. Besides, the usage of antibiotics in killing pathogens may cause a disruption of the gut microbiota, as it is not only killing the targeted microbial community, but also the surrounding microbial community, as shown in Fig. 1(a).² Consequently, the disruption of the gut microbiota leads to immunological, metabolic and neurological disorders.³ In contrast, bacteriocin re-shape the microbiota by killing the targeted pathogens without killing the other surrounding microbial community, as shown in Fig. 1(b).⁴ Bacteriocin is a natural antimicrobial peptide produced by bacteria to protect themselves from other bacteria or pathogens by inhibiting or killing it without harming themselves.⁵ Bacteriocin is usually produced by lactic acid

bacteria (LAB) or other bacteria, such as *Bacillus* strains, *Staphylococcus* strains and *Escherichia coli* strains. LAB is a group of Gram-positive bacteria with high tolerance to acidic environment, non-spore forming, either rod or spherical in shape, which shares similar characteristics in terms of metabolism and physiology.⁶ They play a vital role in fermentation by using carbohydrates as their main source, producing lactic acids as the main product.⁷ Basically, LAB can be divided into a few genera, which comprise *Lactobacillus*, *Lactococcus*, *Leuconostoc*, *Pediococcus*, *Streptococcus*, *Aerococcus*, *Alloiococcus*, *Carnobacterium*, *Dolosigranulum*, *Enterococcus*, *Oenococcus*, *Tetragenococcus*, *Vagococcus* and *Weissella*.⁸ They are mainly grouped into two categories, which are homofermentative and heterofermentative LAB. During the process of fermentation, lactic acid is mainly produced by homofermentative LAB, whereas lactic acid, acetic acid or alcohol and carbon dioxide are produced by heterofermentative LAB.⁹ From previous studies, some LAB were found to have an ability to produce antimicrobial substances, especially bacteriocin, to protect themselves from other spoilage bacteria and pathogen.

Bacteriocins can be categorized into mainly three classes. Class I bacteriocins are made of peptides that are small in size, which is less than 5 kDa. They contain specific post-translationally modified residues, which include lanthionine and β -methylanthionine. The representative bacteriocin from class I are nisin Z, A and Q, enterocin W and nukacin ISK-1.¹⁰ Class II bacteriocins are bacteriocin with sizes of less than 10 kDa, resistant to heat, non-modified and hydrophobic peptides. Usually, they can be grouped into two sub-classes, which are class IIa and class IIb. Class IIa bacteriocin, such as leucocin A and pediocin PA1, are widely used in food preservation due to

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Fig. 1 Killing or inhibition actions of (a) antibiotics and (b) bacteriocin on gut microbiota.

its pediocin-like *Listeria*. Class IIb bacteriocins exert or improve the antimicrobial effects *via* synergistic activity of two complementary peptides, such as plantaricin A and enterocin X. They contain amphiphilic and hydrophobic regions, and are mostly cationic and active in the range of nanomolar to picomolar concentrations.¹¹ Class III bacteriocins are made of large proteins with sizes of more than 30 kDa, and are likely to be altered or degraded when subjected to heat. The representative bacteriocins from class III are lysostaphin, enterolysin A, and helveticin J.¹² Nisin Z is a bacteriocin used to reduce the adhesion of *Candida albicans* to human oral cells.¹³ It is a class I bacteriocin with a size of 3.5 kDa that can be extracted from *Lactococcus lactis* NZ22186 or *L. lactis* NZ9800.¹⁴ Besides that, the combination of nisin, pediocin 34 and enterocin FH99 was found to have high antimicrobial activity against *Listeria monocytogenes* ATCC 53135.¹⁵ There are so many studies that have been done on the investigation of the purification techniques and application of bacteriocin. In this paper, the application of bacteriocin in food preservation, livestock health and medicine will be discussed.

2. Application of bacteriocins in food preservation

Living environments, which include soil, sea, river and air, are occupied with microorganisms.¹⁶ Some of them may cause food and beverage contamination, which leads to food and beverage spoilage. Food and beverage spoilage is always a concern in the food industry, as it may destroy the taste of the food and beverage, as well as cause some foodborne illnesses in human beings.¹⁷ The harmful microbes that cause foodborne illness can be divided into five groups, which are bacteria, viruses, parasites, protozoa, and fungi.¹⁸ They are called pathogens, in which they are usually found as the root causes of food

intoxication and food infection.¹⁹ Food intoxication is caused by toxic substances produced by bacteria in food, leading to a rapid reaction of our body system after consuming the contaminated food.²⁰ For instance, *Staphylococcus aureus* can cause inflammation of the small intestine in humans after consuming food contaminated with enterotoxin produced by it.²¹ Food infection will occur after eating the food containing living pathogens that are able to grow and multiply in the human intestinal tract, leading to an intestinal infection.²² However, the reaction will be slower. One of the examples is diarrhea illness in humans, which is caused by *Salmonella* infection.²³

Chemical additives have been used widely to preserve food, but they can cause a lot of human health problems due to the toxicity of the chemical additives. This concern has led to the high demand of natural and chemical-free products used to preserve food in the market to avoid health problems.²⁴ Thus, so many research studies have been recently done on investigating bio-preservatives that can be used for inhibiting pathogens that can cause food spoilage.^{25–28} Bio-preservation refers to the method of using non-pathogenic microorganisms or metabolites produced by microorganisms to prolong the storage period of the food.²⁹ The most remarkable bio-preservative that has been used in food factories to prevent food spoilage is bacteriocin or BLIS, such as nisin, pediocin, enterocin and leucocin.²⁶ Table 1 shows the bacteriocins used in food preservation, which includes nisin, enterocin, pediocin, leucocin, lactococin, carnocyclin, carnobacteriocin, piscicolin, sukacin, aureocin, mycocin, bacteriocin 7393A, bacteriocin 7293B and bacteriocin CAMT2.

2.1 Nisin

Nisin is one of the bacteriocins that has been approved by the US Food and Drug Administration (FDA) and World Health Organization (WHO) to be applied in food factories.³⁰ The first identification of Nisin was done in 1928 from fermented milk



Table 1 Application of bacteriocin from LAB in food preservation

| Producing strain | Types of bacteriocin | Food application | Targeted pathogens | Pros and cons | References |
|---|--|--|--|--|------------|
| <i>L. lactis</i> spp | Nisin | Cheddar cheese | <i>L. monocytogenes</i> and <i>S. aureus</i> | Pros: from sensory test, the acidic and bitter taste of cheddar cheese can be improved by adding nisin Cons: the use of nisin in free form is costly and low in stability | 38 and 167 |
| | | Milk and milk products | <i>B. cereus</i> , <i>C. botulinum</i> and <i>C. perfringens</i> | Pros: the taste of milk is not affected by the additional of nisin Cons: the stability of nisin at neutral pH is low and the binding of cationic nisin to anionic casein will occur | 39 and 168 |
| | | Dairy, culinary, bakery products and beverages | <i>L. monocytogenes</i> , <i>B. cereus</i> and <i>C. botulinum</i> | Pros: the taste of dairy, culinary, bakery products and beverages is not affected by the additional of nisin Cons: the stability of nisin at neutral pH is low and the binding of cationic nisin to anionic casein may occur | 40 and 168 |
| <i>L. lactis</i> MG1614 | Enterocin A | Meat and sausages | <i>C. botulinum</i> and <i>L. monocytogenes</i> | Pros: the taste of meat and sausages is not affected by the additional of nisin Cons: the solubility of nisin to meat and sausage product is low and enzymatic destruction may occur | 31 and 41 |
| | | Cottage cheese | <i>L. monocytogenes</i> | Pros: plasmid pEnt02 that containing entA gene can be introduced into <i>L. lactis</i> strain in the production of cottage cheese. The number of pathogen can be reduced to below detectable level within two days with enterocin | 57 and 169 |
| | | Cooked pork | <i>L. sakei</i> CTC746 | Pros: the reductions of up to 8 and 9 orders of magnitude in products stored at 7 °C for 37 days Cons: the hydrophobic molecules of the enterocins may bind to the hydrophobic phase of cooked pork (emulsion) which may reduce the activity of bacteriocin | 60 and 170 |
| <i>E. faecium</i> WHB 81 <i>E. faecium</i> CTC492 | Enterocins A and B Enterocins A and B | Munster cheese | <i>L. monocytogenes</i> | Pros: no growth of <i>L. monocytogenes</i> was found even after 20 days | 169 |
| | | Dry fermented sausages | <i>L. innocua</i> | Pros: enterocins are found to be inactive against LAB but active against <i>L. innocua</i> | 61 |
| | | Cooked ham | <i>L. monocytogenes</i> | Pros: 2000 AU per cm ² of enterocin A and B with air packaging and vacuum packaging can reduce the growth of <i>L. monocytogenes</i> significantly for 8 and 15 days, respectively Cons: for long term storage, the cooked ham with enterocin A and B need to be submitted to a high pressure treatment of 600 MPa which may increase the cost | 61 and 171 |
| <i>E. faecium</i> F58 <i>E. casseliflavus</i> IM 416K1 | Enterocins L50A and B Enterocin 416K1 | Cooked ham blended with distilled water | <i>L. monocytogenes</i> and <i>L. sakei</i> | Pros: enterocins A and B reduce the growth of <i>L. monocytogenes</i> and <i>L. sakei</i> throughout the storage period Cons: for long term storage, the pressurization process is needed, which will increase the cost | 61 |
| | | Goat's milk and goat milk's cheese | <i>L. monocytogenes</i> | Pros: the growth of <i>L. monocytogenes</i> can be inhibited to a undetectable level even after one week storage at 22 °C | 169 |
| | | Italian sausages and cottage cheese | <i>L. monocytogenes</i> | Pros: enterocin can either be added to the sausages with 10 AU per g or produced <i>in situ</i> by the addition of about 105 cfu g ⁻¹ of producer strain. The <i>L. monocytogenes</i> counts were found to be decreased significantly ($P < 0.05$) during storage for both Cons: <i>L. monocytogenes</i> (at below detection limit) can only be achieved by inoculation of enterocin producing strain to the sausage for long term storage | 62 |





Table 1 (Contd.)

| Producing strain | Types of bacteriocin | Food application | Targeted pathogens | Pros and cons | References |
|----------------------------|----------------------|--|--|---|------------|
| <i>E. faecalis</i> A-48-32 | Enterocin AS-48 | Non-fat hard cheese | <i>B. cereus</i> | Pros: no viable of <i>B. cereus</i> found in the milk used in cheese production that coinoculated with AS-48-producing strain and <i>B. cereus</i> after 72 h Pros: <i>E. faecalis</i> A-48-32 can produce high amounts of AS-48 in milk and give higher inhibition zones which is around 18–20 mm in the inhibition test for <i>S. aureus</i> Cons: for long term storage, heat treatment at 65 °C is needed to reduce the amount of enterocin used for cost reduction | 172 |
| | | Skimmed milk and non-fat unripened soft cheese | <i>S. aureus</i> | Pros: the viable cell count of <i>B. cereus</i> decreases rapidly with adding of 20–35 µg mL ⁻¹ enterocin. Enterocin AS-48 also increase the heat sensitivity of endospores in which the inactivation of endospores can be achieved at 90 °C and 95 °C for 1 min for boiled rice and rice-based gruel, respectively Cons: the enterocin activity is very stable for 15 days at 4 °C, and the activity is still detectable after 30 days | 38 and 173 |
| | | Infant rice-based food | <i>B. cereus</i> | Pros: the viable cell count of <i>B. cereus</i> decreases rapidly with adding of 20–35 µg mL ⁻¹ enterocin. Enterocin AS-48 also increase the heat sensitivity of endospores in which the inactivation of endospores can be achieved at 90 °C and 95 °C for 1 min for boiled rice and rice-based gruel, respectively Cons: the enterocin activity is very stable for 15 days at 4 °C, and the activity is still detectable after 30 days | 49 and 174 |
| | | Fruit juices | <i>A. acidoterrestris</i> | Pros: the enterocin activity is very stable for 15 days at 4 °C, and the activity is still detectable after 30 days Cons: the activity is inactivated faster at room or higher temperature. Activity of bacteriocin is losing gradually in juices stored at 15 and 28 °C | 49 and 175 |
| | | Apple cider | <i>B. licheniformis</i> | Pros: in fresh-made apple cider, 3 µg mL ⁻¹ of enterocin AS-48 can inactivate <i>B. licheniformis</i> rapidly. Besides that, it also increases the heat sensitivity of spores | 49 and 176 |
| | | Vegetable soups and puree | <i>B. cereus</i> , <i>B. macroides</i> and <i>Paenibacillus</i> spp. | Pros: <i>Bacillus</i> strains are completely inhibited with 10 µg mL ⁻¹ of enterocin AS-48 in all six vegetable products tested, which include natural vegetable cream, asparagus cream, traditional soup, homemade-style traditional soup, vegetable soup, and vichyssoise for up to 30 days at 6, 15, and 22 °C Cons: cocktails of <i>B. cereus</i> , <i>B. macroides</i> and <i>Paenibacillus</i> spp exhibit higher resistance to enterocin AS-48, in which up to 50 µg mL ⁻¹ of enterocin AS-48 required to inactivate them at 22 °C. The effectiveness of enterocin on the cocktail in natural vegetable cream can only be enhanced by combination with nisin Pros: only 25 µg mL ⁻¹ of enterocin AS-48 is needed for the inactivation of all staphylococci in napoletana and pesto sauces stored at 22 °C. All detectable staphylococci in napoletana, pesto, and green sauce for fish can be eliminated at 80 µg mL ⁻¹ of enterocin AS-48 regardless of storage temperature Cons: limited effect of enterocin was found in carbonara sauce. The combinations of 80 µg mL ⁻¹ AS-48 and 20 mM hydroxynamic acid or 126 mM carvacrol are needed to reduce the staphylococci below detection limits for up to 30 days at 22 °C in carbonara sauce | 177 |
| | | Vegetable sauces | <i>S. aureus</i> | Pros: enterocin AS-48 with concentration of 20–60 µg g ⁻¹ can work actively against <i>L. monocytogenes</i> at 5 and 15 °C Cons: enterocin alone is not sufficient to avoid the regrowth of <i>L. monocytogenes</i> during the 60 days storage. Combination of enterocin at 40 µg g ⁻¹ with 0.007% of nitrite/nitrate can reduce <i>L.</i> | 49 and 178 |
| | | Cooked ham | <i>L. monocytogenes</i> | Pros: enterocin AS-48 with concentration of 20–60 µg g ⁻¹ can work actively against <i>L. monocytogenes</i> at 5 and 15 °C Cons: enterocin alone is not sufficient to avoid the regrowth of <i>L. monocytogenes</i> during the 60 days storage. Combination of enterocin at 40 µg g ⁻¹ with 0.007% of nitrite/nitrate can reduce <i>L.</i> | 49 and 179 |



Table 1 (Contd.)

| Producing strain | Types of bacteriocin | Food application | Targeted pathogens | Pros and cons | References |
|--|--|--|--|---|------------|
| | | Canned fruits and vegetable foods | <i>B. coagulans</i> | <i>monocytogenes</i> to below detection level from beginning to end of the storage Pros: no viable cells are detected in any samples after 15 days with enterocin AS-48 Cons: enterocin AS-48 shows no significant effect on <i>B. coagulans</i> spores. The combination of enterocin AS-48 and heat treatment at 80–95 °C for 5 min is needed to eliminate the spores Pros: the taste of sausages is not affected and the bacteriocins are active against <i>L. monocytogenes</i> and <i>L. innocua</i> but not LAB | 180 |
| <i>E. faecium</i> CCM 4231, <i>E. faecium</i> , RZS C13 and <i>L. sakei</i> CTC494 | Enterocin CCM 4231, enterocin 13 and sakacin K | Spanish style dry fermented sausages | <i>L. monocytogenes</i> and <i>L. innocua</i> | Pros: the number of microbial cell can be reduced from 1×10^8 to 8×10^6 in fish spread with enterocin after 21 days at 4 °C Cons: enterocin is not proved to inactivate the pathogens in fish spread to below detectable level | 63 |
| <i>E. faecalis</i> BFE 1071 | Enterocin 1071 A and B | Fish spread | <i>L. innocua</i> , <i>S. epidermis</i> and <i>P. vulgaris</i> | Pros: enterocin CRL 35 is stable at extreme pH, heat treatment and storage in different conditions Cons: inhibition of <i>B. macroides</i> and <i>B. maroccanus</i> in vegetable puree needs 10-fold of enterocin E97 higher than in cell culture | 64 and 181 |
| <i>E. faecium</i> CRL35 | Enterocin CRL 35 | Goat cheese | <i>L. monocytogenes</i> | Pros: enterocin CRL 35 is stable at extreme pH, heat treatment and storage in different conditions Cons: inhibition of <i>B. macroides</i> and <i>B. maroccanus</i> in vegetable puree needs 10-fold of enterocin E97 higher than in cell culture | 52 and 182 |
| <i>E. faecalis</i> E97 | Enterocin E97 | Vegetable (Zucchini) puree | <i>B. macroides</i> and <i>B. maroccanus</i> | Pros: <i>B. cereus</i> in custard cream was found to be inhibited for 3 days at neutral pH. It is also stable to heat and cooking process | 183 |
| <i>E. faecalis</i> N1-33 | Enterocin MR-10A | Custard cream | <i>B. cereus</i> | Pros: enterocins L50A and B can withstand heat treatment, which is beneficial to the alcoholic and non-alcoholic beer. It still retain the antimicrobial activity after long term storage at 8 and 25 °C | 66 |
| <i>E. faecium</i> L50 | Enterocins L50A and B | Alcoholic and non-alcoholic beer | <i>L. brevis</i> and <i>P. damnosus</i> | Pros: the viable bacterial cells were decreased by $3.77 \log \text{cfu mL}^{-1}$ in skimmed milk and yoghurt | 66 |
| <i>E. faecium</i> CCM 4231 | Enterocin CCM 4231 | Skimmed milk and yoghurt | <i>S. aureus</i> and <i>L. monocytogenes</i> | Cons: this application at present is legislation and lack of experimental data | 63 and 184 |
| | | Byndza | <i>L. innocua</i> , <i>E. coli</i> and <i>S. aureus</i> | Pros: pathogen in sample is inhibited with 6400 AU per mL Cons: the inhibitory effect of enterocin on <i>L. innocua</i> , <i>E. coli</i> and <i>S. aureus</i> in Byndza only last for 4 days, 103 cfu mL^{-1} g^{-1} is found on samples on 7th day | 63 |
| | | Saint-Paulin cheese | <i>L. monocytogenes</i> | Pros: the taste of cheese is not affected by the addition of enterocin Cons: the bacteriocin activity cannot be tested via agar test even it is clearly shown in 1 week cheese | 37 and 185 |
| | | Dry fermented Hornad salami | <i>L. monocytogenes</i> | Pros: pH and the water content of the salami were not affected | 186 |
| <i>P. acidilactici</i> MCH14 | Pediocin PA-1 | Dried sausages and fermented meat products | <i>L. monocytogenes</i> and <i>C. perfringens</i> | Pros: 5000 BU per mL of pediocin PA-1 was proved able to reduce the <i>L. monocytogenes</i> by 2 or 0.6 log cycles after storage at 4 °C for 60 days and at 15 °C for 30 days, respectively, as compared to the control. Besides that, 5000 BU per mL of pediocin can reduce <i>C. perfringens</i> by 2 and 0.8 log cycles after storage at 10 °C for 60 days and at 15 °C for 30 days, respectively, as compared to the control | 69 |
| | | Salad dressings | <i>Lactobacillus biofermentans</i> | Pros: the taste of salad dressings is not affected by the bacteriocin | 70 |



Table 1 (Contd.)

| Producing strain | Types of bacteriocin | Food application | Targeted pathogens | Pros and cons | References |
|--|--|---|--|---|------------|
| | | Fresh beef, vacuum-packed beef, cottage cheese, ice cream mix | <i>Ln. mesenteroides</i> | Pros: the activity of pediocin PA-1 is stable in the environment of food, and the taste of foods was not affected by the bacteriocin | 71 |
| | | Fish fillets, chicken meat | <i>L. monocytogenes</i> | Pros: the taste of foods was not affected by the bacteriocin | 72 |
| | | Sous vide products | <i>B. subtilis</i> , <i>B. licheniformis</i> | Pros: with the presence of pediocin in sous vide products, no vegetative cells is detected after 90 days Cons: pediocin alone is not enough in the preservation of sous vide products. Combination of pediocin and nisin is needed as nisin is more effective in reducing the thermal resistance of <i>B. subtilis</i> spores and pediocin is more effective against <i>B. licheniformis</i> | 46 and 187 |
| <i>E. faecium</i> NCIM 5423 and <i>L. plantarum</i> Act2 | Pediocin PA-1 | Fermented soy milk products | <i>L. monocytogenes</i> | Pros: the curd formed from the soy milk fermentation has good firmness, anti-oxidant property and acceptable sensory score in the presence of the bacteriocin. The shelf life of soy milk product is extended | 188 |
| <i>P. pentosaceus</i> 34 | Pediocin 34 | Milk products and meat | <i>L. monocytogenes</i> | Pros: the pH and taste of milk products and meat are not affected by pediocin 34 | 15 |
| <i>Ln. gelidium</i> UAL187 | Leucocin A | Milk product, fresh meat and sausage | <i>L. monocytogenes</i> | Pros: the activity of leucocin A on <i>L. monocytogenes</i> is stable in foods | 76 |
| <i>Ln. mensenteroides</i> K7 | Leucocin K7 | Meat Milk | <i>C. divergens</i> UAL9 <i>L. monocytogenes</i> | Pros: the storage of meat is extended and the taste is not affected Pros: 80 AU per mL of leucocin K7 able to inhibit the growth of <i>L. monocytogenes</i> by 2.3–3.9 log units in milk Cons: leucocin alone is unable to eliminate <i>L. monocytogenes</i> in milk. For completely eliminate <i>L. monocytogenes</i> over 7 days, leucocin need to be mixed with 5 mg mL ⁻¹ of glycine | 77 189 |
| <i>Ln. pseudomesenteroides</i> KM432Bz | Leucocin B-KM432Bz | Spanish style dry fermented sausages | <i>L. innocua</i> CIP 80.11 | Pros: the inhibitory effect of leucocin B-KM432Bz on <i>L. innocua</i> CIP 80.11 is 4 to 32 fold better efficiency than pediocin PA-1 | 78 and 190 |
| | | Meat and meat products | <i>L. monocytogenes</i> CIP 82.110 | Pros: the MIC of leucocin B-KM432Bz needed to inhibit <i>L. monocytogenes</i> CIP 82.110 is lower than pediocin PA-1. The MIC of leucocin B-KM432Bz and pediocin PA-1 needed to inhibit <i>L. monocytogenes</i> CIP 82.110 are 16 and 512 nM, respectively | 79 and 190 |
| <i>Leuconostoc carnosum</i> Ta11a | Leucocin B | Meat and meat products | <i>L. monocytogenes</i> | Pros: the pH and taste of meat and meat products are not affected | 79 |
| <i>L. lactis</i> spp. (<i>lactis</i> BZ) | Lactococin BZ | Both skim and full-fat milk | <i>L. monocytogenes</i> | Pros: lactococin BZ has high antibacterial activity. The viable cell numbers of <i>L. monocytogenes</i> can be reduced to undetectable level with 400–2500 AU per mL of lactococin BZ at 4 °C or 20 °C Cons: the antibacterial activities of lactococin BZ will be decreased by increasing the fat content of milk | 191 |
| <i>C. maltaromaticum</i> UAL307 | Carnocyclin A, carnobacteriocin BM1 and piscicolin 126 | Milk products and meat | <i>E. coli</i> DH5 α , <i>P. aeruginosa</i> ATCC 14207 and <i>S. typhimurium</i> ATCC 23564 | Pros: carnocyclin A, carnobacteriocin BM1 and piscicolin 126 have high antimicrobial activities against pathogens in milk products and meat as compared to leucocin A. Besides that, the taste of food is not affected | 81 |
| <i>L. sakei</i> | Sukacin | Meat product | <i>L. monocytogenes</i> | Pros: the pH and taste of meat product are not affected by sukacin | 80 |



Table 1 (Contd.)

| Producing strain | Types of bacteriocin | Food application | Targeted pathogens | Pros and cons | References |
|---|------------------------------|--|--|--|------------|
| <i>S. aureus</i> | Aureocin A70 | Skimmed milk | <i>L. monocytogenes</i> | Pros: aureocin A70 is not toxic to the Vero and the L-929 cell lines. Besides that, it does not exhibit a hemolytic activity against sheep red blood cells. Aureocin A70 was proved to be completely stable for one month at 25 °C, 16 weeks at 4 °C and 20 weeks at –20 °C Pros: the inhibitory activities of natamycin were stable, and it does not affect the taste of foods | 192 |
| <i>S. natalensis</i> or <i>S. glabrosporeus</i> | Natamycin | Cheese, fresh dairy products, processed meat and beverages | Yeasts and molds | | 193 |
| <i>D. hansenii</i> DSMZ70238 | Mycocin | Meat and meat products | <i>L. monocytogenes</i> | Pros: the antibacterial effect of mycocin on meat and meat products is stable during storage and the taste of meat is not affected | 85 |
| <i>W. hellenica</i> BCC 7239 | Bacteriocins 7293A and 7293B | Meat and meat products | <i>P. aeruginosa</i> , <i>A. hydrophila</i> , <i>S. typhimurium</i> and <i>E. coli</i> | Pros: the bacteriocins are stable in the environment of foods and it does not affect pH and taste of foods | 31 |
| <i>B. amyloliquefaciens</i> ZJHD3-06 | Bacteriocin CAMT2 | Meat, milk products and meat products | <i>L. monocytogenes</i> , <i>S. aureus</i> , <i>E. coli</i> and <i>Vibrio parahaemolyticus</i> | Pros: the bacteriocin is stable to heat up to 100 °C and pH with range pH 2–10 | 86 and 194 |

cultures, and sold in England in 1953 as a bio-preservative due to its ability to inhibit the growth of pathogens, which is beneficial to food preservation.³¹ Nisin is a bacteriocin with a molecular size of 3354 kDa, and is made up of 34 amino acids. It is produced by Gram-positive bacteria, including *Lactococcus* and *Streptococcus* species. Nisin belongs to class I (lantibiotic) bacteriocin, which contains five lanthionine rings. Its solubility in water and stability can be increased by decreasing the pH value, with the highest solubility of 57 mg mL⁻¹ achieved at pH 2–3.³² Nisin is safe to be used for humans with a concentration of less than 83.25 mg kg⁻¹ and less than 66.7 mg kg⁻¹ for mouse. However, it may cause a contraceptive effect in humans at a concentration of 300–400 µg mL⁻¹.³³ Nisin is found to exert inhibition activities against many groups of Gram-positive foodborne bacteria, such as *Bacillus cereus*, *Clostridium botulinum*, *L. monocytogenes* and *S. aureus*.³⁴ Besides that, many studies proved that the combination of nisin with antibiotics can kill or inhibit the growth of Gram-negative pathogens. Up to now, there are a lot of natural and bio-engineered variants of nisin that have been reported. Natural nisin refers to the nisin that has been extracted from *Lactococcus* or *Streptococcus* strains without gene modification, while the bio-engineered nisin variant is derived from the genetically modified *Lactococcus* or *Streptococcus* strains to enhance their inhibitory effects against Gram-negative pathogens.³⁵ For example, nisin Z can be produced by *L. lactis* NZ22186 naturally, while nisin Z N20K can be extracted from the genetically modified *L. lactis* NZ9800.³⁶

Nisin plays a vital role in preventing food spoilage, as it can kill or inhibit many foodborne pathogens in a wide range of foods, either in liquid form or solid form.³⁷ Nisin is widely used to inhibit the growth or kill *L. monocytogenes* and *S. aureus* in cheese to prolong its storage duration.³⁸ Besides that, a previous study demonstrated that the prevention of milk and milk product spoilage can be done by adding nisin to the food matrix to inhibit the growth of *B. cereus*, *C. botulinum* and *Clostridium perfringens*.³⁹ Furthermore, *L. monocytogenes*, *B. cereus* and *C. botulinum* are always found in dairy, culinary, bakery products and beverages, which may cause food spoilage and bacterial infection. Nisin, as an antimicrobial agent, can inhibit the growth of these pathogens and prolong the expiration date.⁴⁰ Nisin is also used in meat and meat products to inhibit the growth of *C. botulinum* and *L. monocytogenes*.⁴¹ From previous studies, nisin Z was proved to exhibit inhibition activity against *L. monocytogenes* 13 and 699 with MIC of 1 and 0.2 µg mL⁻¹, respectively.⁴² Besides that, nisin Z was found to exert inhibitory activity against methicillin-resistant *Staphylococcus aureus* (MRSA), a pathogen that might cause skin and lung infection in humans with MIC of 4.17 µg mL⁻¹.⁴³ *B. cereus* is a Gram-positive, motile and facultative anaerobe with a rod-like shape that may cause abdominal pain, watery diarrhea, rectal tenesmus and moderate nausea.⁴⁴ *B. cereus* IFR-NL94–25 was proved to be inhibited by nisin with MIC around 5–10 µg mL⁻¹.⁴⁵ Furthermore, 25 µg mL⁻¹ of MIC of nisin was needed for the inhibition of *C. botulinum*.⁴⁶ Moreover, *C. perfringens* is a Gram-positive anaerobe with a rod-like shape that may cause food poisoning, leading to diarrhea and abdominal cramps.⁴⁷ It was proved to be inhibited by nisin with MIC at 0.75 µg mL⁻¹.⁴⁸

2.2 Enterocin

Enterocin is a circular bacteriocin produced by *Enterococcus* spp., which comprises 70 amino acid chains. *Enterococcus* is a Gram-positive bacteria that belongs to the large genus of LAB.⁴⁹ Two species of *Enterococcus* that can be found in the human intestines are *Enterococcus faecalis* and *Enterococcus faecium*.⁵⁰ In 1899, Thiercelin was the first scientist to describe the *Enterococci* group as 'entero-coque' due to their enteral habit. However, the genus *Enterococcus* was described by Thiercelin and Jouhaud in 1903, and classification of *Streptococci* was done by Lancefield in 1933.⁵¹ Basically, enterocin can be divided into four classes. However, classes II and III enterocins, such as enterocin AS-48, have been of interest due to their ability to inhibit a wide range of pathogens that cause food spoilage. Basically, enterocin can be used as a food preservative in two ways, either produce it with *in situ* method, in which enterocin-producing strains are added to food to produce enterocin, or adding purified or semi-purified enterocin to food for preventing food spoilage.⁵² The *Enterococcus* species are used wisely as a artisanal starter culture in dairy food production, such as cheeses.⁵³ Meanwhile, some of the enterococcal strains are able to produce enterocin, which can inhibit the growth of other foodborne pathogens in food, prolonging the storage period. The *in situ* bacteriocin production is definitely giving double advantages to food industry, in which the enterococcal strain can be used as a starter culture for food and as a food preservative.⁵² However, many researchers have proved that the use of purified or semi-purified enterocin for the sole purpose of food preservation is more beneficial, as compared to *in situ* enterocin production, due to some negative effects of the enterocin-producing strains to the environment of hostile foods.³⁸

Nowadays, there is a trend to take ready-to-eat vegetables without or with minimal food processing to minimize the lost nutrients. Nevertheless, the consumption of ready-to-eat vegetables may cause food contamination by pathogens, leading to infectious diseases in humans.⁵⁴ To solve this problem, the use of enterocin AS-48 produced by *E. faecalis* A-48-32 was found to be an effective antimicrobial agent in inhibiting the growth of *B. cereus*, *Bacillus macroides*, *Paenibacillus* spp. and *S. aureus* in fresh vegetable sources. The growth of *B. cereus*, *B. macroides*, *Paenibacillus polymyxa*, *Paenibacillus amylolyticus* and *S. aureus* in food was proved to be inhibited by 10 $\mu\text{g mL}^{-1}$ of enterocin AS-48.⁴⁹ Besides that, enterocin AS-48 is also used to preserve soybean sprouts, canned fruits and vegetable foods by inhibiting the growth of *L. monocytogenes* at MIC of 1 $\mu\text{g mL}^{-1}$ and *Bacillus coagulans* at MIC of 6 $\mu\text{g mL}^{-1}$.⁴⁹ Milk is a dairy product consumed by humans for the source of protein, and it is widely used in cheese production. However, it can be easily contaminated with pathogens due to its high nutrient content. Enterocin plays an important role in preserving milk and milk products. There have been so many previous research studies done on investigating the inhibitory effects of enterocin on the pathogens found in milk and milk products.^{31,55,56} Enterocin A from *E. faecium* CTC492 and Enterocin 416K1 from *E. casseliflavus* IM 416K1 were found to be used in cottage cheese to inhibit the growth of *L. monocytogenes* with 4.57 $\mu\text{g mL}^{-1}$ of

MIC.⁵⁷ The combination of enterocins A and B was also applied in the bio-preservation of munster cheese against the pathogen *L. monocytogenes*.⁵⁸ For the preservation of goat's milk and goat milk's cheese, enterocins L50A and B from *E. faecium* F58 and enterocin CRL 35 from *E. faecium* CRL35 were utilized in the inhibition of the growth of *L. monocytogenes*.⁵² In the production of non-fat hard cheese, enterocin AS-48 produced by *E. faecalis* A-48-32 was added to inhibit the growth of *B. cereus*.⁴⁹ Furthermore, it was also used in the preservation of skimmed milk to inhibit the growth of *S. aureus*.³⁸ Besides that, enterocin CCM 4231 from *E. faecium* CCM 4231 was claimed to have antimicrobial effects against *S. aureus* and *L. monocytogenes* in the preservation of skimmed milk, yoghurt and Saint-Paulin cheese.³⁷ In addition, enterocin is also widely used in meat, fish, meat products and some beverages.⁵⁹ Enterocins A and B, and sakacin K from *E. faecium* CTC492 and *L. sakei* CTC494, respectively, were used to inhibit the growth of *Lactobacillus sakei* CTC746 for maintaining the quality of cooked pork.⁶⁰ Enterocins A and B produced from *E. faecium* CTC492 were claimed to have antimicrobial effects against pathogens, such as *Listeria innocua*, *L. monocytogenes* and *L. sakei*, that can be found in dry fermented sausages and cooked ham.⁶¹ Enterocin 416K1 extracted from *Enterococcus casseliflavus* IM 416K1 was found to be a bio-preservative in Cacciatore (Italian sausages) to inhibit the growth of *L. monocytogenes*.⁶² Furthermore, enterocin AS-48 produced by *E. faecalis* A-48-32 is used widely in the preservation of infant rice-based food, fruit juices and apple cider against the growth of *B. cereus*, *Alicyclobacillus acidoterrestris* and *Bacillus licheniformis*.⁴⁹ The combination of enterocin CCM 4231, enterocin 13 and sakacin K from *E. faecium* CCM 4231, *E. faecium* RZS C13 and *L. sakei* CTC494, respectively, were demonstrated to have antimicrobial effects against *L. monocytogenes* and *L. innocua* in Spanish style dry fermented sausages.⁶³ In the production of fish spread, enterocin 1071 A and B extracted from *E. faecalis* BFE 1071 was found to have an inhibitory effect against *L. innocua*, *Staphylococcus epidermidis* and *Proteus vulgaris*.⁶⁴ It was claimed that enterocin EJ97 from *E. faecalis* EJ97 can be used in the production of vegetable (Zucchini) puree to inhibit *B. macroides* and *Bacillus maroccanus*.⁶⁵ Besides that, *B. cereus* (that causes spoilage of custard cream) can be inhibited by enterocin MR-10A produced by *E. faecalis* N1-33. In the production of alcoholic and non-alcoholic beer, enterocins L50A and B from *E. faecium* L50 play the important roles in inhibiting the growth of *Lactobacillus brevis* and *Pediococcus damnosus* for preventing spoilage.⁶⁶

2.3 Pediocin

Pediocin is a class II bacteriocin with a molecular weight of 2.7–17 kDa, which comprises a hydrophilic N-terminal and a hydrophobic C-terminal variable.⁶⁷ It was first described in 1990. It is made of 44 non-posttranslational modified peptides, which comprises aliphatic and aromatic amino acids.⁶⁸ Pediocin, which is produced by *Pediococcus* strains, has high stability towards heat, a wide range of pH values, and some protease enzymes. Pediocin was found to have ability in the inhibition of pathogens that may cause food spoilage, such as



C. perfringens and *L. monocytogenes*, by absorbing the amino acids at the phospholipid layer of the cytoplasmic membrane of the targeted cells.⁶⁹ Pediocin can be applied in food *via* two ways, either through the *in situ* method by inoculating the food matrix with *Pediococcus*, *Enterococcus* or *Lactobacillus* strains with the optimal control to produce pediocin for inhibiting the growth of pathogens in food, or the direct use of pediocin to the food matrix with optimal concentration. However, adding pediocin directly to food has some disadvantages, such as changes in its solubility and amphiphilic nature.³⁸

Pediocin plays a vital role in preventing the problems of food and beverage spoilage. For instant, pediocin PA-1 produced by *Pediococcus acidilactici* MCH14 was demonstrated to exert antimicrobial effects against *L. monocytogenes* and *C. perfringens*, which extend the shelf life of dried sausages and fermented meat products. The count of *L. monocytogenes* was proved to be reduced by 2 log cycle after 1 month storage at 4 °C and 0.6 log cycle after a half-month storage at 15 °C by adding 5000 BU per mL. Besides that, the count of *L. monocytogenes* was proved to be reduced by 2 log cycle after 1 month storage at 10 °C and 0.8 log cycle after half month storage at 15 °C by adding 5000 BU per mL.⁶⁹ Pediocin PA-1 was also used in salad dressings to inhibit the growth of *Lactobacillus bifementans*.⁷⁰ Besides that, it was found to exert an antimicrobial effect against *Leuconostoc mesenteroides*, which is beneficial to the preservation of fresh beef, vacuum-packed beef and cottage cheese with MIC of 4 mg mL⁻¹.⁷¹ Furthermore, pediocin PA-1 has been proved that it can help in preserving the fish fillets by inhibiting the growth of *L. monocytogenes*.⁷² For sous vide products, *Bacillus subtilis* and *B. licheniformis* can be inhibited by pediocin PA-1 to extend its shelf life.⁴⁶ In the production of fermented soymilk, pediocin PA-1 from *E. faecium* NCIM 5423 or *Lactobacillus plantarum* Acr was claimed to exert the antimicrobial effect against *L. monocytogenes* to prolong the storage period.⁷³ Besides that, pediocin 34 extracted from *Pediococcus pentosaceus* 34 was proved to have an inhibitory effect on *L. monocytogenes* in milk products and meat.¹⁵

2.4 Leucocin

Leucocin is a class IIa bacteriocin that is produced by *Leuconostoc* spp. Leucocin A produced by *Leuconostoc gelidum* UAL187 was demonstrated to exhibit an antimicrobial effect on the growth of *L. monocytogenes* in the preservation of milk products, fresh meat and sausage.⁷⁴ Leucocin A is a plasmid-mediated bacteriocin with a molecular size of 3.93 kDa that is made up of 37 amino acid residues.⁷⁵ It was found to exhibit inhibition activity against *L. monocytogenes* FSL C1-056, FSL J1-177, FSL N3-013, FSL R2-499 and FSL N1-227 with MIC of >2200.0 μM.⁷⁶ Besides that, it was proved to exert an inhibitory effect against *C. divergens* UAL9, a pathogen that may cause the spoilage of meats. *C. divergens* UAL9 was proved to be inhibited by leucocin A with MIC of 1.7 μM.⁷⁷ In the preservation of milk, leucocin K7 from *Leuconostoc mesenteroides* K7 was claimed to has inhibition activity against *L. monocytogenes* with MIC of 28 μg mL⁻¹.⁴² Furthermore, *L. innocua* CIP 80.11, which had been found in Spanish style dry fermented sausages, was proved to be

inhibited by leucocin B-KM432Bz produced by *Leuconostoc pseudomesenteroides* KM432Bz with MIC of 64 nM.⁷⁸ Moreover, it was claimed to exhibit an inhibitory effect on the foodborne pathogen *L. monocytogenes* CIP 82.110 in meat and meat products. The MIC of leucocin B-KM432Bz needed in the inhibition of *L. monocytogenes* CIP 82.110 was 16 nM.⁷⁹

2.5 Other bacteriocins

There are still many other bacteriocins that have been demonstrated by researchers to be used as antimicrobial agents in food preservation, which includes leucocin A,⁷⁵ leucocin B,⁷⁹ sukacin,⁸⁰ carnocyclin A,⁸¹ carnobacteriocin BM,⁸¹ piscicolin 126,⁸¹ lactococcin BZ,⁸² aureocin A70,⁸³ natamycin,⁸⁴ mycocin,⁸⁵ bacteriocin CAMT2,⁸⁶ bacteriocin 7293A³¹ and bacteriocin 7293B.³¹ The combined use of carnocyclin A, carnobacteriocin BM1 and piscicolin 126 produced by *Carnobacterium maltaromaticum* UAL307 was proved to exert antimicrobial effects against food pathogens, such as *E. coli* DH5α, *Pseudomonas aeruginosa* ATCC 14207 and *Salmonella typhimurium* ATCC 23564 in milk products and meat.⁸¹ Besides that, for the preservation of meat products, sukacin produced by *L. sakei* is also used to inhibit the growth of *L. monocytogenes*.⁸⁰ In the production of skimmed and full-fat milk, lactococcin BZ was demonstrated to exert an antimicrobial effect against *L. monocytogenes* to prevent the spoilage of milk.⁸² Besides that, aureocin A70 produced by *S. aureus* was proved to have an inhibitory ability against *L. monocytogenes* in skimmed milk.⁸³ The contamination of yeasts and molds in cheese, fresh dairy products, processed meat and beverages are always of concerns in food industries as it causes food spoilage, which influences the revenue of the company. To solve this problem, natamycin extracted from *Streptomyces natalensis* or *Streptomyces gilvosporeus* is claimed to have antimicrobial effects against yeasts and molds, which can prolong the storage period of cheese, fresh dairy products, processed meat and beverages.⁸⁴ In addition, mycocin is a bacteriocin produced by *Debaryomyces hansenii* DSMZ70238 that can be used in the preservation of meat and meat products by inhibiting the growth of *L. monocytogenes*.⁸⁵ Furthermore, bacteriocins 7293A and 7293B, which are produced by lactic acid bacteria, *Weissella hellenica* BCC 7239 was proved to be an effective antimicrobial agent for the inhibition of *P. aeruginosa*, *Aeromonas hydrophila*, *S. typhimurium* and *E. coli* in meat and meat products.³¹ In the production of meat, milk products and meat products, bacteriocin CAMT2 from *Bacillus amyloliquefaciens* ZJHD3-06 can be used to inhibit the growth of *L. monocytogenes*, *S. aureus*, *E. coli* and *Vibrio parahaemolyticus*.⁸⁶

3. Application of bacteriocin in medicine

The antimicrobial effects of penicillin against a wide range of pathogens were considered a big contribution in the medical field to cure many infections caused by bacteria or viruses. During the 1950s and 1960s, there were a lot of new antibiotics that had been discovered and used in the treatment of





Table 2 Application of bacteriocin from LAB in infectious disease treatment for humans

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|--|-------------------------------------|--|---|---|-------------------|
| <i>L. lactis</i> spp. | Nisin | Skin infections | MRSA | Pros: the wound dressing with nisin can stimulate wound closure and accelerate wound healing of excisional wounds with no adverse effects Pros: nisin can be used to enhance the efficacy of polymyxins in the lung infection treatment by reducing the concentration of polymyxins needed. This may reduce polymyxin toxicity through the administration of significantly lower levels of polymyxin antibiotics Pros: nisin is a potential antibacterial agent for the treatment of stomach ulcers due to its high resistance to a wide range of pH environments | 93 101 and 195 |
| | Nisin Z | Lung infections | <i>P. aeruginosa</i> | Pros: nisin Z inhibits the transformation of <i>C. albicans</i> from the blastospore to hyphal form, leading to ultrastructural disturbances | 13 |
| | Nisin A | Stomach ulcers | <i>H. pylori</i> | Pros: it can be alternative therapeutic for HNSCC instead of undergoing surgery and chemo- and radiation therapy, which are detrimental to normal cells and tissues and cause further morbidity. It inhibits tumorigenesis <i>in vivo</i> and prolongs survival <i>in vivo</i> Cons: no preliminary study with an animal model and humans is carried out | 196 |
| | Nisin Z | Mucosal and bloodstream infections | <i>C. albicans</i> | Pros: the combination of nisin A with doxorubicin shows significant increase in treatment effect of cancer as compared to doxorubicin alone. This may decrease the doses of doxorubicin and its side effects Cons: no preliminary study with an animal model and humans is carried out | 197 |
| | Nisin A (combined with doxorubicin) | Cancer | Reduce HNSCC tumorigenesis by inducing preferential apoptosis | Pros: nisin with concentration at 8192 AU was proved to be safe as no abnormal of trachea, lungs, bronchi and haematology of rats detected Cons: no preliminary study with an animal model and humans is carried out | 198 |
| | Nisin F | Respiratory tract infection | <i>S. aureus</i> | Cons: no preliminary study with an animal model and humans is carried out | 199 |
| | Nisin A and Z | Diarrhoea and inflammation of colon | <i>C. difficile</i> | Pros: both nisin A and Z can inhibit the growth of <i>C. difficile</i> and <i>C. difficile</i> spores were also susceptible to nisin A Cons: there is no <i>in vivo</i> test for the activity of nisin A and Z on <i>C. difficile</i> | 14 and 104 |
| <i>L. lactis</i> spp. <i>lactis</i> DPC3147 | Lactacin 3147 | Skin and surgical site and prosthetic joint infections | MRSA and <i>C. acnes</i> | Pros: lactacin 3147 improve the antimicrobial efficacy of penicillin G or vancomycin against and reduce the dose of antibiotics needed | 106 |
| | | Dental carries | <i>S. mutans</i> | Pros: a food grade lactacin 3147 spray dried powder can reduce <i>S. mutans</i> in human saliva up to a 4-log reduction in counts after 20 min | 107 |
| <i>L. lactis</i> subsp. <i>lactis</i> A164 and <i>L. lactis</i> subsp. <i>lactis</i> BH5 | Lactacin A164 and BH5 | Stomach ulcers | <i>H. pylori</i> | Pros: lactacin A164 and BH5 are potential antibacterial agents for the treatment of stomach ulcers due to its high resistance to a wide range of pH environment | |



Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|---------------------------|----------------------|--|-----------------------------|--|------------|
| <i>S. salivarius</i> K12 | Salivaricin A2 | Pneumonia, sinus infection, ear infection, bacteremia and meningitis | <i>S. pneumoniae</i> | Pros: salivaricin A2 has high resistance to heat and a wide range pH environment Cons: no preliminary study with an animal model and humans is carried out | 110 |
| | Salivaricin B | Scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis | <i>S. pyogenes</i> | Pros: salivaricin B has high resistance to heat and a wide range pH environment Cons: no preliminary study with an animal model and humans is carried out | 112 |
| | | Pharyngitis, endocarditis, gastrointestinal tract infection and skin infection | <i>Corynebacterium</i> spp | Pros: salivaricin B has high resistance to heat and a wide range pH environment Cons: no preliminary study with an animal model and humans is carried out | 112 |
| <i>S. salivarius</i> 5M6c | Salivaricin D | Empyema and pneumonia | <i>C. bifementans</i> | Pros: salivaricin D is heat stable and the MIC needed to inhibit <i>C. bifementans</i> is very low, which is 0.01 nM Cons: no preliminary study with an animal model and humans is carried out | 109 |
| | | Infections in immunocompromised humans | <i>Ln. lactis</i> | Pros: salivaricin D is heat stable and the MIC needed to inhibit <i>Ln. lactis</i> is low, which is 0.1 nM Cons: no preliminary study with an animal model and humans is carried out | 109 |
| | | Pneumonia, sinus infection, ear infection, bacteremia and meningitis | <i>S. pneumoniae</i> | Pros: salivaricin D is heat stable and the MIC needed to inhibit <i>S. pneumoniae</i> is very low, which is around 0.03–0.06 nM Cons: no preliminary study with an animal model and humans is carried out | 109 |
| | | Scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis | <i>S. pyogenes</i> | Pros: salivaricin D is heat stable Cons: no preliminary study with an animal model and humans is carried out | 109 |
| <i>B. subtilis</i> 168 | Subtilosin A | Urinary tract infection | <i>E. faecalis</i> | Pros: subtilosin A exert inhibitory effect against <i>E. faecalis</i> with MIC of 3.125 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out | 109 |
| | | Periodontitis and tooth loss | <i>P. gingivalis</i> | Pros: subtilosin A exert inhibitory effect against <i>P. gingivalis</i> with MIC of 3.125–6.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out | 109 |
| | | Pneumonia, urinary tract infection, skin infections and meningitis | <i>K. pneumoniae</i> | Pros: subtilosin A exert inhibitory effect against <i>K. pneumoniae</i> with MIC of 1.25–25 mg L ⁻¹ | 120 |



Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|--|----------------------|--|--|---|------------|
| | | Methylmalonic aciduria in immuno-compromised patients | <i>K. rhizophila</i> | Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available Pros: subtilosin A exert inhibitory effect against <i>K. rhizophila</i> with MIC of 1.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 121 |
| | | Gastrointestinal infection, meningitis, urinary tract infection, skin infection and respiratory infection | <i>E. aerogenes</i> or <i>K. aerogenes</i> | Pros: subtilosin A exert inhibitory effect against <i>K. aerogenes</i> with MIC of 1.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 109 |
| | | Scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis | <i>S. pyogenes</i> | Pros: subtilosin A exert inhibitory effect against <i>S. pyogenes</i> with MIC of 1.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 109 |
| | | Shigellosis | <i>S. sonnei</i> | Pros: subtilosin A exert inhibitory effect against <i>S. sonnei</i> with MIC of 1.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 123 |
| | | Pneumonia, urinary tract infections and bacteremia | <i>P. aeruginosa</i> | Pros: subtilosin A exerts inhibitory effect against <i>P. aeruginosa</i> with MIC of 50 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 124 |
| | | Dental plaque formation | <i>S. gordonii</i> | Pros: subtilosin A exerts inhibitory effect against <i>S. gordonii</i> with MIC of 83.25 mg L ⁻¹ Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available | 109 |
| <i>Bacillus</i> sp. strain HIL Y-85, 54728 | Mersacidin | Abscesses, furuncle, bloodstream infection and pneumonia | MRSA | Pros: mersacidin is heat stable. Elevated interleukin-1 β and tumour necrosis factor- α titres were not found in mice treated with mersacidin, but found in untreated mice. Besides that, differences in the cytokine profiles were not induced by mersacidin Cons: no study on site of action (epithelium <i>versus</i> blood) of mersacidin and its application on humans is carried out | 200 |
| | | Pneumonia, sinus infection, ear infection, bacteremia and meningitis | <i>S. pneumoniae</i> | Pros: mersacidin is heat stable. It can be used to enhance the inhibition effect of antibiotics such as penicillin and ampicillin on <i>S. pneumoniae</i> and reduce the dosage of antibiotics | 128 |

Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|-------------------------|----------------------|--|--|--|-------------|
| | | Pneumonia and meningitis | <i>M. luteus</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: mersacidin is heat stable and produces antibacterial activity earlier than nisin and subtilin. It can be used to enhance the inhibition effect of antibiotics such as penicillin and ampicillin on <i>M. luteus</i> and reduce the dosage of antibiotics</p> <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: mersacidin is heat stable. It can be used to enhance the inhibition effect of antibiotics such as ampicillin on <i>E. faecium</i> and <i>E. faecalis</i> and reduce the dosage of antibiotics</p> | 125 and 129 |
| | | Infections of abdomen, skin, bloodstream and urinary tract | <i>E. faecium</i> and <i>E. faecalis</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin A is thermostable, proteinaceous, resistant to catalase and does not produce hemolysin</p> <p>Cons: the inhibition effect of enterocin A on <i>L. monocytogenes</i> is not obvious. It can be enhanced by the combination use of thyme essential oils and enterocin A</p> <p>Pros: enterocin A is thermostable, proteinaceous, resistant to catalase and does not produce hemolysin</p> <p>Cons: the inhibition effect of enterocin A on <i>E. coli</i> is not obvious. It can be enhanced by the combination use of thyme essential oils and enterocin A</p> | 130 |
| <i>L. lactis</i> MG1614 | Enterocin A | Listeriosis | <i>L. monocytogenes</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin A is thermostable, proteinaceous, resistant to catalase and does not produce hemolysin</p> <p>Cons: the inhibition effect of enterocin A on <i>L. monocytogenes</i> is not obvious. It can be enhanced by the combination use of thyme essential oils and enterocin A</p> <p>Pros: enterocin A is thermostable, proteinaceous, resistant to catalase and does not produce hemolysin</p> <p>Cons: the inhibition effect of enterocin A on <i>E. coli</i> is not obvious. It can be enhanced by the combination use of thyme essential oils and enterocin A</p> | 132 and 133 |
| | | Infection of bladder | <i>E. coli</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin A is thermostable, proteinaceous, resistant to catalase and does not produce hemolysin</p> <p>Cons: the inhibition effect of enterocin A on <i>E. coli</i> is not obvious. It can be enhanced by the combination use of thyme essential oils and enterocin A</p> <p>Pros: enterocin LD3 is thermostable up to 121 °C (at 15 psi pressure) and high resistance to acidic environment with range pH 2–6</p> <p>Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available</p> <p>Pros: the viable cell count of <i>B. cereus</i> decreases rapidly with adding of 20–35 µg mL⁻¹ enterocin. Enterocin AS-48 also increase the heat sensitivity of endospores in which the inactivation of endospores can be achieved at 90 °C and 95 °C for 1 min</p> <p>Pros: enterocin E20C is not only can be used alone in the treatment of gastroenteritis, bacteremia and enteric fever, but also has synergistic interaction with antibiotics such as ampicillin, penicillin, ceftriaxone, and ciprofloxacin against a ciprofloxacin- and penicillin-resistant strain of <i>S. enterica</i>. It was proved to reduce the MIC needed by ampicillin, penicillin, ceftriaxone, and ciprofloxacin to inhibit <i>S. enterica</i>, which were decreased 6.9, 13.1, 6.4 and 12.8 folds, respectively</p> | 132 and 133 |
| <i>E. hirae</i> LD3 | Enterocin LD3 | Pneumonia and meningitis | <i>M. luteus</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin LD3 is thermostable up to 121 °C (at 15 psi pressure) and high resistance to acidic environment with range pH 2–6</p> <p>Cons: no preliminary study with an animal model and humans is carried out. Besides that, no information about characterization of the bacteriocin is available</p> <p>Pros: the viable cell count of <i>B. cereus</i> decreases rapidly with adding of 20–35 µg mL⁻¹ enterocin. Enterocin AS-48 also increase the heat sensitivity of endospores in which the inactivation of endospores can be achieved at 90 °C and 95 °C for 1 min</p> <p>Pros: enterocin E20C is not only can be used alone in the treatment of gastroenteritis, bacteremia and enteric fever, but also has synergistic interaction with antibiotics such as ampicillin, penicillin, ceftriaxone, and ciprofloxacin against a ciprofloxacin- and penicillin-resistant strain of <i>S. enterica</i>. It was proved to reduce the MIC needed by ampicillin, penicillin, ceftriaxone, and ciprofloxacin to inhibit <i>S. enterica</i>, which were decreased 6.9, 13.1, 6.4 and 12.8 folds, respectively</p> | 56 and 134 |
| <i>E. faecalis</i> | Enterocin AS-48 | Diarrhoea and infections of respiration tract and wounds | <i>B. cereus</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin AS-48 also increase the heat sensitivity of endospores in which the inactivation of endospores can be achieved at 90 °C and 95 °C for 1 min</p> <p>Pros: enterocin E20C is not only can be used alone in the treatment of gastroenteritis, bacteremia and enteric fever, but also has synergistic interaction with antibiotics such as ampicillin, penicillin, ceftriaxone, and ciprofloxacin against a ciprofloxacin- and penicillin-resistant strain of <i>S. enterica</i>. It was proved to reduce the MIC needed by ampicillin, penicillin, ceftriaxone, and ciprofloxacin to inhibit <i>S. enterica</i>, which were decreased 6.9, 13.1, 6.4 and 12.8 folds, respectively</p> | 49 |
| <i>E. hirae</i> 20C | Enterocin E20C | Gastroenteritis, bacteremia and enteric fever | <i>S. enterica</i> | <p>Cons: no study on site of action (epithelium versus blood) of mersacidin and its application on humans is carried out</p> <p>Pros: enterocin E20C is not only can be used alone in the treatment of gastroenteritis, bacteremia and enteric fever, but also has synergistic interaction with antibiotics such as ampicillin, penicillin, ceftriaxone, and ciprofloxacin against a ciprofloxacin- and penicillin-resistant strain of <i>S. enterica</i>. It was proved to reduce the MIC needed by ampicillin, penicillin, ceftriaxone, and ciprofloxacin to inhibit <i>S. enterica</i>, which were decreased 6.9, 13.1, 6.4 and 12.8 folds, respectively</p> | 55 |





Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|-----------------------|----------------------|---|-----------------------------|--|------------|
| <i>S. epidermidis</i> | Epidermin | Infections of respiratory tract, skin and surgical site | <i>S. aureus</i> | Pros: epidermin has high resistance to heat and a wide range pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>S. aureus</i> with an animal model and humans is carried out | 137 |
| | | Pneumonia, sinus infection, ear infection, bacteremia and meningitis | <i>S. pneumoniae</i> | Pros: epidermin has high resistance to heat and a wide range pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>S. pneumoniae</i> with an animal model and humans is carried out | 137 |
| | | Scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis | <i>S. pyogenes</i> | Pros: epidermin has high resistance to heat and a wide range pH environment. Besides that, it can reduce the dose of penicillin Cons: no preliminary study of the inhibition effect of epidermin on <i>S. pyogenes</i> with an animal model and humans is carried out | 138 |
| | | Infections of urinary tract, wound and soft tissue | <i>S. faecalis</i> | Pros: epidermin has high resistance to heat and a wide range pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>S. faecalis</i> with an animal model and humans is carried out | 139 |
| | | Endocarditis, cerebrospinal fluid shunt infection in an infant, mediastinitis and spontaneous bacterial peritonitis | <i>C. xerosis</i> | Pros: epidermin has high resistance to heat and a wide range pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>C. xerosis</i> with an animal model and humans is carried out | 137 |
| | | Pneumonia and meningitis | <i>M. luteus</i> | Pros: epidermin has high resistance to heat and a wide range pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>M. luteus</i> with an animal model and humans is carried out | 140 |
| | | Infection of brain, liver, breast, and lung abscesses | <i>P. anaerobicus</i> | Pros: epidermin has high resistance to heat and a wide range of pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>P. anaerobicus</i> with an animal model and humans is carried out | 138 |
| | | Acnes | <i>P. acnes</i> | Pros: epidermin has high resistance to heat and a wide range of pH environment Cons: no preliminary study of the inhibition effect of epidermin on <i>P. acnes</i> with an animal model and humans is carried out | 138 |
| | | Infections of respiratory tract, skin and surgical site | <i>S. aureus</i> | Pros: no preliminary study of the inhibition effect of epidermin on <i>P. acnes</i> with an animal model and humans is carried out Pros: gallidermin inhibits not only the growth of <i>S. aureus</i> in a dose-dependent manner but also efficiently prevents biofilm formation. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Prosthetic valve endocarditis (PVE) infections and intracardiac abscesses | <i>S. epidermidis</i> | Pros: gallidermin inhibits not only the growth of <i>S. epidermidis</i> in a dose-dependent manner but also efficiently prevents biofilm formation. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |



Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|------------------|----------------------|---|-----------------------------|--|------------|
| | | Osteoarticular infections | <i>S. simulans</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>S. simulans</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 141 |
| | | Pneumonia, sinus infection, ear infection, bacteremia and meningitis | <i>S. pneumoniae</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>S. pneumoniae</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis | <i>S. pyogenes</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>S. pyogenes</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Infections of urinary tract, wound and soft tissue | <i>S. faecalis</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>S. faecalis</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Endocarditis, cerebrospinal fluid shunt infection in an infant, mediastinitis and spontaneous bacterial peritonitis | <i>C. xerosis</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>C. xerosis</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Pneumonia and meningitis | <i>M. luteus</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>M. luteus</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | Infection of brain, liver, breast, and lung abscesses | <i>P. anaerobicus</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>P. anaerobicus</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | Acnes | | <i>P. acnes</i> | Pros: gallidermin can be used to enhance the inhibition effect of antibiotics on <i>P. acnes</i> and reduce the dosage of antibiotics. Besides that, it displayed no cytotoxic effects on fibroblasts and hemolyzed less than 1% of human RBCs, and did not induce reactive oxygen species production or cell aggregation in whole blood | 89 and 137 |
| | | | <i>P. aeruginosa</i> | Pros: fermencin SA715 possesses high thermal and pH stability | 28 |



Table 2 (Contd.)

| Producing strain | Types of bacteriocin | Application in medicine | Targeted pathogens or cells | Pros and cons | References |
|------------------------------|----------------------|--|--|---|-------------|
| <i>L. fermentum</i> GA715 | Fermencin SA715 | Pneumonia, urinary tract infections and bacteremia | | Cons: no preliminary study of the inhibition effect of fermencin SA715 on <i>P. aeruginosa</i> with an animal model and humans is carried out | 28 |
| | | Pneumonia and meningitis | <i>M. luteus</i> | Pros: fermencin SA715 possesses high thermal and pH stability Cons: no preliminary study of the inhibition effect of fermencin SA715 on <i>M. luteus</i> with an animal model and humans is carried out | 28 |
| | | Infection of bladder | <i>E. coli</i> | Pros: fermencin SA715 possesses high thermal and pH stability Cons: no preliminary study of the inhibition effect of fermencin SA715 on <i>E. coli</i> with an animal model and humans is carried out | 28 |
| | | Infections of respiratory tract, skin and surgical site | <i>S. aureus</i> | Pros: fermencin SA715 possesses high thermal and pH stability Cons: no preliminary study of the inhibition effect of fermencin SA715 on <i>S. aureus</i> with an animal model and humans is carried out | 28 |
| | | Pharyngitis, endocarditis, gastrointestinal tract infection and skin infection | <i>Corynebacterium</i> spp | Pros: fermencin SA715 possesses high thermal and pH stability Cons: no preliminary study of the inhibition effect of fermencin SA715 on <i>Corynebacterium</i> spp with an animal model and humans is carried out | 28 |
| <i>L. fermentum</i> SD11 | Fermencin SD11 | Dental carries and gingivitis | <i>S. mutans</i> , <i>S. sobrinus</i> , <i>A. actinomycetemcomitans</i> , <i>F. nucleatum</i> , <i>P. gingivalis</i> and <i>C. albicans</i> | Pros: fermencin SD11 is stable at acidic environment and may be used an alternative approach for promoting oral health or prevention of oral diseases Cons: no preliminary study of the inhibition effect of fermencin SD11 with an animal model and humans is carried out | 144 and 146 |

infectious diseases.⁸⁷ However, the findings of new antibiotics began decreasing after 1985. Meanwhile, the discoveries of bacteria that were resistant to antibiotics increased significantly, and this threatened human beings. Pathogens had been proved to develop mechanisms for resisting drugs, in which the drug binding sites were altered and the access of the antimicrobial agents to its intracellular site had been reduced or inhibited.⁸⁸ One of the examples of drug-resistant bacteria is MRSA, which is the general pathogen that may cause skin infection. MRSA was first discovered in hospitals during the 1960s after methicillin was used wisely in the treatment of skin infections. This problem alerted humans to find out alternative antimicrobial agents that can be used in killing or inhibiting pathogens. Bacteriocin, with its proteinaceous nature, was recommended by many researchers to replace antibiotics for the treatment of infectious disease due to its low toxicity.^{89–91} Many research studies have been done to investigate bacteriocin, which can be used to solve human health's problems, such as urinary tract infection, skin infection, diarrhoea, dental carries, lung infection, bloodstream infection, mastitis, respiratory tract infection and cancer.⁹² Table 2 shows the bacteriocins applied in the infectious disease treatment for humans, comprising nisin, lactacin, salivaricin, subtilisin, mersacidin, enterocin, gallidermin, epidermin and fermencin.

3.1 Nisin

Nisin, a bacteriocin produced by *Lactococcus lactis* spp., is found to be used not only in the food preservation, but also can be used in the treatment of infectious disease caused by bacteria.³⁴ Skin infection is usually caused by *S. aureus*, and MRSA has emerged from the usage of methicillin in the treatment of the infection.⁴³ Recently, there are many research studies that have been done on the investigation of bacteriocin to replace methicillin in the treatment of skin infection, as the failure to treat the infection caused by MRSA may lead to death. Electrospun nanofibre wound dressing that comprises nisin has been proved that can be used in wound healing to prevent skin infection by MRSA. In the treatment of skin infection, wound dressing (that contains nisin) was found to be effective in the reduction of the colonization of *S. aureus*, and it accelerated the wound healing process.⁹³ Besides that, nisin was demonstrated to have an antimicrobial effect against *Clostridium difficile*. *C. difficile* is a bacterium that may cause diarrhea and inflammation of the colon.⁹⁴ Previous studies proved that older people in hospital, or for those who are taking antibiotics for long term treatment, may be infected by *C. difficile* as compared to others. Around a half million of citizens from United States was reported to be infected by *C. difficile* every year and the infection cases was getting severe and more difficult to treated.⁹⁵ Nisin A and nisin Z were claimed to be effective bacteriocin that can be utilized in the inhibition of the growth of *C. difficile*. The minimum inhibitory concentration (MIC) of nisin A and nisin Z were 0.8 $\mu\text{g mL}^{-1}$ and 6.2 $\mu\text{g mL}^{-1}$, respectively.⁹⁶ Furthermore, dental caries are a common health problem that affects all ages of humans. Nisin was also proved to have inhibitory abilities against pathogens that cause dental caries, which were

Streptococcus mutans, *Streptococcus sanguinis* and *Streptococcus sobrinus*. The MIC of nisin needed to inhibit the growth of *S. mutans*, *S. sanguinis* and *S. sobrinus* are 625–1250 IU per mL, 156.25–312.5 IU per mL and 1250–2500 IU per mL, respectively.⁹⁷

In addition, nisin Z has been demonstrated to be used for the treatment of mucosal and bloodstream infections caused by *C. albicans*.¹³ Bloodstream infection, which is also called candidemia, can lead to infection of other parts of the body, such as the eyes, kidney, liver, and brain by the spreading of *C. albicans* from your bloodstream. Candidemia may cause illness, such as fever, skin rash, low blood pressure and abdominal pain, as well as death if without treatment.⁹⁸ Previous studies proved that nisin Z was able to inhibit the growth of *C. albicans* at 500 $\mu\text{g mL}^{-1}$ by disturbing the cell membrane structure of *C. albicans* and increasing the granulation of the cytoplasm.⁹⁹ Besides that, nisin F was proved to have inhibition activity against *S. aureus*, which may cause infection of the respiratory tract. 8192 AU per mL of nisin F was proved to have significant antimicrobial effect against *S. aureus*.¹⁰⁰ Furthermore, nisin was demonstrated to be used in the treatment of lung infections and stomach ulcers to inhibit the growth of *P. aeruginosa* and *Helicobacter pylori*, respectively.¹⁰¹ In addition, nisin A was proved to be an alternative agent used in the treatment of cancer. Nisin A can be used to reduce tumorigenesis by inducing preferential apoptosis, and the combination of nisin with doxorubicin was claimed to be an effective agent used in the reduction of tumour severity in skin carcinogenesis.¹⁰²

3.2 Lactacin

Lactacin is a broad-spectrum bacteriocin produced by *L. lactis* subsp. that belongs to the lantibiotics groups.¹⁰³ Lactacin 3147 produced by *L. lactis* ssp. *lactis* DPC3147 has been demonstrated to exert an antimicrobial effect against a range of pathogenic bacteria. Lactacin 3147 was proved to be an effective antimicrobial agent that can be used in the treatment of skin and surgical site or prosthetic joint infection.¹⁰⁴ The most common bacterium that causes skin infections is *S. aureus*. Lactacin 3147 was proved to have inhibitory ability on the growth of MRSA ST291. Lactacin 3147 showed lower MIC against MRSA ST291 as compared to nisin Z and penicillin G, which is 3.85 $\mu\text{g mL}^{-1}$.¹⁴ Besides that, lactacin 3147 was claimed to have inhibition activity against the growth of *Cutibacterium acnes*.¹⁰⁴ *C. acnes* is grouped as a lipophilic anaerobic, Gram-positive bacterium that can be commonly found on normal skin, oral environment, nose, urogenital tract and large intestine. *C. acnes* may cause infections during orthopedic surgery, especially those that are related to implants and prosthetic joint infections.¹⁰⁵ The MIC needed for the inhibition of the growth of *C. acnes* LMG 16711 was 2.50 $\mu\text{g mL}^{-1}$.¹⁴

Furthermore, lactacin 3147 can be used in the prevention of dental caries. It was shown to exert inhibitory effect against *S. mutans*, which is the common pathogen that causes oral plaque formation in humans. A previous study reported that the concentration of lactacin 3147 at 1280–5120 AU per mL was needed to inhibit 50% growth of *S. mutans*. The study claimed



that the *S. mutans* strain in human saliva could be eliminated if 40 000 AU per mL was used.¹⁰⁶ In addition, lacticins A164 and BH5 produced by *L. lactis* subsp. *lactis* A164 and *L. lactis* subsp. *lactis* BH5, respectively, were demonstrated as the most strong bacteriocins among lacticins that could be used in the treatment of stomach ulcers caused by *H. pylori*.¹⁰⁷ *H. pylori* is a pathogen that can be found in the gastric mucosa. It is the main root cause of gastritis and peptic ulcer. The antimicrobial activities of lacticin A164 and lacticin BH5 against *H. pylori* ATCC 43504 were 1 310 000 AU per mL and 655 000 AU per mL, respectively. MIC of lacticin A164 and lacticin BH5 needed to inhibit the growth of *H. pylori* ATCC 43504 was 12.5 mg l⁻¹.¹⁰⁸

3.3 Salivaricin

Salivaricin is a bacteriocin that is produced by *Streptococcus salivarius* and belongs to class II lantibiotics.¹⁰⁹ Many research studies proved that salivaricin has contributed to the health sustainability in humans. Salivaricin was shown that it not only can be used to maintain oral health, but also can be used in the treatment or prevention of skin or lung infections. *Streptococcus pneumoniae* is a pathogen that causes pneumonia, sinus infection, ear infection, bacteremia and meningitis. Salivaricin A2 produced by *S. salivarius* K12 was demonstrated to exert antimicrobial effects against *S. pneumoniae* ATCC 27336, AI8, AI11, AI14, AI6 and AI7. The MIC of salivaricin A2 to be required in the inhibition of the growth of *S. pneumoniae* ATCC 27336, AI8, AI11, AI14, AI6 and AI7 were 32, 32, 16, 32, 128 and 128 µg mL⁻¹, respectively.¹¹⁰ Besides that, *Streptococcus pyogenes* is a pathogen that causes many infectious diseases in humans, such as scarlet fever, rheumatic fever, pharyngitis, tonsillitis, cellulitis, erysipelas and necrotizing fasciitis.¹¹¹ Salivaricin B from *S. salivarius* K12 was found to exert inhibition activities against *S. pyogenes* with MIC of 2.16 µM. The growth of *S. pyogenes* was proved to be inhibited by 50% by using 1.0 µM of salivaricin B. The inhibition activity can be increased to 90% by using 2.0 µM of salivaricin B, and the cell will be totally inhibited if treated with 2.5 µM.¹¹²

Furthermore, salivaricin B was also shown to have inhibition activity against *Corynebacterium* spp GH17.¹¹² *Corynebacterium* spp was found in triggering diseases, such as pharyngitis, endocarditis, gastrointestinal tract infection and skin infection.¹¹³ The MIC for the inhibition of growth of *Corynebacterium* spp GH17 by salivaricin B was 2690 nM.¹¹² Besides that, salivaricin D from *S. salivarius* 5M6c was proved to exert inhibitory ability against *Clostridium bifermentans*.¹⁰⁹ *C. bifermentans* is a Gram-positive, spore-forming, anaerobic bacterium that always causes infectious diseases, such as empyema and pneumonia to humans.¹¹⁴ The MIC of salivaricin D for the inhibition of the growth of *C. bifermentans* was found at around 0.01 nM.¹⁰⁹ *Leuconostoc lactis* is a Gram-positive, catalase-negative and facultatively anaerobic, which may cause infections in immunocompromised hosts. Up to now, there are still limited treatments and antibiotics that are available for the infections caused by *Ln. lactis*.¹¹⁵ To solve this problem, salivaricin D was claimed to have an antimicrobial effect on *Ln. lactis*. The MIC of salivaricin D to inhibit the growth of *Ln. lactis*

was proved at around 0.1 nM.¹⁰⁹ Salivaricin D was also demonstrated as an antimicrobial agent in the inhibition of the growth of *S. pneumoniae* D39, TIGR4 and R6 for the prevention of pneumonia. The MIC of salivaricin D to inhibit the growth of *S. pneumoniae* D39, TIGR4 and R6 were proved at 0.03, 0.06 and 12, respectively. Besides that, salivaricin D also exerted inhibitory effects against *S. pyogenes* 08198 with MIC value of 7.2 nM.¹⁰⁹

3.4 Subtilosin

Subtilosin is a bacteriocin that can be produced by *Bacillus* strains. *Bacillus* spp is an aerobic, Gram-positive bacteria with rod shape, which can be usually found in soil, water or natural flora in the intestines.¹¹⁶ Subtilosin A is a bacteriocin with a molecular weight of 3398.9, which consists of 32 usual amino acids and some non-amino acid residues. Subtilosin A, produced by *B. subtilis* 168, was claimed to exert antimicrobial effects against many Gram-positive and Gram-negative pathogens.¹¹⁷ Subtilosin A was proved to have an inhibitory effect against *E. faecalis*. *E. faecalis* is a Gram-positive bacterium that may cause infections in humans, especially infection of the urinary tract. The MIC at 3.125 mg L⁻¹ of subtilosin A was demonstrated to have significant inhibition activity against *E. faecalis* OGX-1. Besides that, subtilosin A was proved that it could be used to inhibit the growth of *Porphyromonas gingivalis*.¹¹⁸ *P. gingivalis* is a Gram-negative, anaerobic, non-motile bacterium with rod shape, which binds to the human oral cavity and always causes periodontitis and tooth loss.¹¹⁹ The MIC values of subtilosin A needed for the inhibition of the growth of *P. gingivalis* ATCC 33277, *P. gingivalis* ATCC 33277 KDP129, *P. gingivalis* ATCC 33277 KDP133 and *P. gingivalis* W83 were 3.125, 3.125, 6.25 and >100 mg L⁻¹, respectively.¹¹⁸

Furthermore, subtilosin A was proved to exert an inhibitory effect against *Klebsiella pneumoniae*. *K. pneumoniae* is a Gram-negative, non-motile and rod-shaped facultative anaerobe that may cause pneumonia, urinary tract infection, skin infections and meningitis. The MIC of subtilosin A for the inhibition of the growth of *K. pneumoniae* ATCC 4352, *K. pneumoniae* UMN1, *K. pneumoniae* UMN5, *K. pneumoniae* UMN3 and *K. pneumoniae* UMN4 were >200, >200, 1.25, 5.0 and 25.0 mg L⁻¹, respectively.¹²⁰ Subtilosin A was also found to have an inhibitory effect against *K. rhizophila*. *K. rhizophila* is a Gram-positive bacterium that can be normally found on the normal skin and mucous membrane of humans, but it may cause infections, such as methylmalonic aciduria in immunocompromised patients. 1.25 mg L⁻¹ of subtilosin A was proved to be the MIC needed to inhibit *K. rhizophila* ATCC 9341.¹²¹ In addition, the growth of *Enterobacter aerogenes* was demonstrated to be inhibited by subtilosin A. *E. aerogenes*, known as *Klebsiella aerogenes* now, is a Gram-negative bacterium with rod shape, which may cause gastrointestinal infection, meningitis, urinary tract infection, skin infection and respiratory infection. The growth of *E. aerogenes* ATCC 13408 was proved to be inhibited by the MIC of subtilosin A at 1.25 mg L⁻¹.¹¹⁸ Subtilosin A was also claimed to have inhibition activity against *S. pyogenes*, a pathogen that may cause infections in human. The MIC of subtilosin A to inhibit *S.*



pyogenes ATCC 19615 was proved at 1.25 mg L^{-1} .¹²² Besides that, subtilisin A was proved to be used as an antimicrobial agent in the treatment of shigellosis. Shigellosis is the infection that may be caused by *Shigella sonnei*, leading to diarrhea, fever and stomach cramps. 1.25 mg L^{-1} of subtilisin A was proved to be the MIC to inhibit the growth of *S. sonnei* ATCC 25931.¹²³ Moreover, the inhibition of the growth of *P. aeruginosa* was achieved using subtilisin A. *P. aeruginosa* is a Gram-negative, encapsulated, rod-shaped bacterium that may cause infectious diseases, such as pneumonia, urinary tract infections and bacteremia in humans. The MIC of subtilisin A needed to inhibit the growth of *P. aeruginosa* ATCC 9027 was 50 mg L^{-1} .¹²⁴ In addition, subtilisin A was proven to exert inhibitory effect against *S. gordonii* Challis, which was the pathogen found in the oral cavity to cause dental plaques. A MIC of 83.25 of subtilisin A was claimed to exert significant inhibitory effect on *S. gordonii* Challis ATCC 49818.¹¹⁸

3.5 Mersacidin

Mersacidin is a bacteriocin that belongs to the lantibiotic group, which consists of 20 amino acids and a lanthionine group in its structure. It is produced by *Bacillus* spp and proved to have inhibition activities against Gram-positive pathogens.¹²⁵ *S. aureus* is a Gram-positive bacterium with rod shape, which may cause infectious diseases in humans, such as abscesses, furuncle, bloodstream infection and pneumonia.¹²⁶ Mersacidin produced by the *Bacillus* sp. strain HIL Y-85, 54728 was claimed to exert antimicrobial effects on a few *S. aureus* strains, which including *S. aureus* SH1000, R33 MRSA, SG511, SA137/93A and SA137/93G. The MIC of mersacidin needed to inhibit the growth of *S. aureus* SH1000, R33 MRSA, SG511, SA137/93A and SA137/93G was proved at 32, 32, 1, 35 and $30 \text{ } \mu\text{g mL}^{-1}$, respectively.¹²⁷ Besides that, mersacidin was shown to have inhibition activities against *S. pneumoniae* BAA-255, a pathogen that causes pneumonia in humans. The MIC of mersacidin needed to inhibit the growth of *S. pneumoniae* BAA-255 was $2 \text{ } \mu\text{g mL}^{-1}$.¹²⁸ Furthermore, mersacidin was demonstrated to have inhibition activity against *Micrococcus luteus*. *M. luteus* is a Gram-positive and non-motile bacterium reported as an opportunistic pathogen that may cause pneumonia and meningitis. The MIC of mersacidin needed to inhibit *M. luteus* ATCC4698 was $1.2 \text{ } \mu\text{g mL}^{-1}$.¹²⁹ In addition, mersacidin was proved to have an inhibitory effect on the *E. faecium* and *E. faecalis* strains, which might cause infections in the abdomen, skin, bloodstream and urinary tract. The MIC of mersacidin needed for the inhibition of the growth of *E. faecium* ATCC19579, *E. faecalis* ATCC29212 and *E. faecium* 7131121 VRE were proved at 32, 64, $64 \text{ } \mu\text{g mL}^{-1}$, respectively.¹³⁰

3.6 Enterocin

Enterocin is a bacteriocin produced by *Enterococcus* spp that is active against Gram-positive pathogens.⁹⁰ Enterocin A was claimed to exert inhibitory effect against *L. monocytogenes*. *L. monocytogenes* is a facultative anaerobic that may cause listeriosis.¹³¹ The groups of people that can be easily infected by *L. monocytogenes* are newborns, older adults, pregnant women, and people with immunodeficiency disorders.¹³² The MIC of

enterocin A needed to inhibit the growth of *L. monocytogenes* EGDe was around $4.57 \text{ } \mu\text{g mL}^{-1}$. It was found that the inhibition activity of enterocin A against *L. monocytogenes* EGDe can be improved by the combination of both enterocin A and thyme essential oil, in which only 0.9 and $1.2 \text{ } \mu\text{g mL}^{-1}$ of MIC of enterocin and thyme essential oil, respectively, were needed for the inhibition of the *L. monocytogenes* EGDe.¹³³ Besides that, enterocin LD3 from *Enterococcus hirae* LD3 was proved to have antimicrobial effects against *M. luteus* MTCC 106 with MIC at $80 \text{ } \mu\text{g mL}^{-1}$ and MBC at $128 \text{ } \mu\text{g mL}^{-1}$.¹³⁴ Enterocin A was also found to have inhibition activity against *E. coli* NCDC 135 with MIC at $112 \text{ } \mu\text{g mL}^{-1}$ and MBC at $180 \text{ } \mu\text{g mL}^{-1}$.¹³⁴ In addition, enterocin AS-48 was proved to have inhibition against *B. cereus* ATCC 14579. *B. cereus* is a Gram-positive, motile and facultative anaerobe with rod shape, which can be usually found in the soil environment, and causes diarrhea and infections in the respiration tract and wounds. The MIC of enterocin AS-48 needed for the inhibition of the growth of *B. cereus* ATCC 14579 was $2.5 \text{ } \mu\text{g mL}^{-1}$.⁴⁹ Enterocin E20C produced by *E. hirae* 20C was also demonstrated to exert an antimicrobial effect against *Salmonella enterica*. *S. enterica* is a Gram-negative and facultative aerobe with rod shape that may cause gastroenteritis, bacteremia and enteric fever. The MIC of enterocin E20C needed for the inhibition of the growth of *S. enterica* was $0.5 \text{ } \mu\text{g mL}^{-1}$.⁵⁵

3.7 Epidermin

Epidermin is a tetracyclic bacteriocin that belongs to type A lantibiotic. It comprises 21 amino acids with meso-lanthionine, 3-methylanthionine, and S-(2-aminovinyl)-D-cysteine in the structure. Epidermin produced by *Staphylococcus epidermidis* exhibits antimicrobial activities against a wide range of Gram-positive bacteria.¹³⁵ Epidermin was claimed to exhibit inhibition activities against pathogens *S. aureus* SG 511 and E 88, which might cause respiratory tract, skin and surgical site infections. The MIC of epidermin needed to inhibit the growth of *S. aureus* SG 511 and E 88 were the same at $8 \text{ } \mu\text{g mL}^{-1}$.¹³⁶ Besides that, epidermin was also applied in the treatment of infection caused by *S. epidermidis*. *S. epidermidis* is a Gram-positive and facultative anaerobe that can be usually found in normal human flora. A MIC of $6.25 \text{ } \mu\text{g mL}^{-1}$ epidermin was needed for the inhibition of *S. epidermidis* 12228.¹³⁷ Furthermore, epidermin was also claimed to exhibit inhibitory effect against *S. pneumoniae* ATCC 6302, a pathogen that may cause pneumonia. A MIC of $4 \text{ } \mu\text{g mL}^{-1}$ epidermin was required to inhibit the growth of *S. pneumoniae* ATCC 6302.¹³⁷

Moreover, *S. pyogenes* ATCC 8668, a pathogen that might cause respiratory tract infections in humans, was found to be inhibited by epidermin with MIC of $1 \text{ } \mu\text{g mL}^{-1}$.¹³⁸ Epidermin was also proved to inhibit *S. faecalis* ATCC 29212, a pathogen that may cause infections in the urinary tract, wound and soft tissue. The MIC of epidermin needed to inhibit the growth of *S. faecalis* ATCC 29212 was proved at $64 \text{ } \mu\text{g mL}^{-1}$.¹³⁹ In addition, epidermin was proved to have inhibition activity against *Corynebacterium xerosis*. *C. xerosis* is a Gram-positive aerobe that can be found in the normal flora of the nasopharynx and skin, and may cause endocarditis, cerebrospinal fluid shunt infection in an infant,



mediastinitis and spontaneous bacterial peritonitis. The MIC of epidermin needed to exert inhibition activity against *C. xerosis* was $1 \mu\text{g mL}^{-1}$.¹³⁷ Besides that, *M. luteus* ATCC 9341 and 15957, pathogens that cause pneumonia and meningitis, were proved to be inhibited by epidermin with MIC of 0.25 and $1 \mu\text{g mL}^{-1}$, respectively.¹⁴⁰ *Peptostreptococcus anaerobicus* is a Gram-positive and non-spore forming anaerobe that may lead to infection of the brain, liver, breast, and lung abscesses in humans. It was claimed to be inhibited by epidermin with MIC of $0.25 \mu\text{g mL}^{-1}$.¹³⁸ Furthermore, epidermin exhibited inhibition activity against *Propionibacterium acnes* IF 31002. *P. acnes* is a Gram-positive anaerobe that may cause acne in humans. It was proved to be inhibited by epidermin with MIC of $0.25 \mu\text{g mL}^{-1}$.¹³⁸

3.8 Gallidermin

Gallidermin is a bacteriocin that is produced by *Staphylococcus gallinarum*, which is made up of 22 amino acids in its structure. It is grouped as lantibiotic due to its lanthionine-containing peptide structure.¹³⁸ It was demonstrated to have inhibition activity against a wide range of Gram-positive pathogens, such as *S. aureus* and *S. epidermidis*. *S. aureus* is the common pathogen that causes respiratory tract, skin and surgical site infections in humans. Gallidermin was claimed to exhibit inhibition activities against *S. aureus* SG 511, E 88, MSSA and MRSA with MIC at 4, 8, 5.77 and $0.72 \mu\text{g mL}^{-1}$, respectively.¹³⁷ Besides that, gallidermin was proved to exhibit antimicrobial activity against *S. epidermidis* (12228, 117, RP62A and N15) with MIC of $6.25 \mu\text{g mL}^{-1}$.¹³⁷ Gallidermin was also proved to exert an inhibitory effect on the growth of *Staphylococcus simulans*. *S. simulans* is a Gram-positive pathogen that may cause osteoarticular infections in humans. $0.15 \mu\text{g mL}^{-1}$ of gallidermin was needed to inhibit the growth of *S. simulans* 22.¹⁴¹

Furthermore, gallidermin was claimed to exhibit an inhibitory effect against *S. pneumoniae* ATCC 6302, a pathogen that may cause pneumonia. The MIC of gallidermin required to inhibit the growth of *S. pneumoniae* ATCC 6302 was $4 \mu\text{g mL}^{-1}$.¹³⁷ Moreover, *S. pyogenes* ATCC 8668, a pathogen that might cause respiratory tract infections in humans, was found to be inhibited by gallidermin with MIC of $1 \mu\text{g mL}^{-1}$.¹³⁷ Besides that, gallidermin was proved to inhibit *S. faecalis* ATCC 29212, a pathogen that may cause infections in the urinary tract, wound and soft tissue with MIC of $64 \mu\text{g mL}^{-1}$.⁸⁹ In addition, gallidermin was proved to have inhibition activity against *C. xerosis* with MIC of $1 \mu\text{g mL}^{-1}$.¹⁴² Gallidermin was also proved to exhibit an inhibitory effect against *M. luteus* ATCC 9341 and 15957 with MIC of 0.25 and $0.5 \mu\text{g mL}^{-1}$, respectively.¹³⁷ Furthermore, *P. anaerobicus* was claimed to be inhibited by gallidermin with MIC of $0.5 \mu\text{g mL}^{-1}$. *P. acnes*, a pathogen that causes acne in humans, was demonstrated by gallidermin with MIC of $0.125 \mu\text{g mL}^{-1}$.¹⁴³

3.9 Fermencin

Fermencin is a novel bacteriocin with a broad-spectrum, non-pore forming and cell wall that can be produced and extracted from *Lactobacillus fermentum*. *L. fermentum* is a Gram-positive and facultative anaerobe with rod shape that belongs to the LAB group.²⁸ Up to now, there is still less fermencin to be

reported. From previous studies, there were two types of fermencins, which included fermencin SA715 and SD11, and they had been characterized and proved to have inhibition activities on pathogens. Fermencin SA715 produced from *L. fermentum* GA715 was proved to exhibit an inhibitory effect on the growth of *P. aeruginosa* PA7, a pathogen that might cause infectious diseases such as pneumonia, urinary tract infections and bacteremia in humans. The MIC of fermencin SA715 needed for the inhibition of the growth of *P. aeruginosa* PA7 was proved at around $51.79 \mu\text{M}$.²⁸ Besides that, fermencin SA715 was proved to exert an inhibitory effect on *M. luteus* ATCC 10240, a pathogen that might cause pneumonia and meningitis with a MIC value of $8.93 \mu\text{M}$.²⁸

Furthermore, it was also claimed to have inhibition activity against *E. coli* UT181, a pathogen that might cause diarrhea, urinary tract infection and pneumonia. The MIC of fermencin SA715 needed for the inhibition of *E. coli* UT181 was $103.57 \mu\text{M}$. Moreover, *S. aureus* RF122 was proved to be inhibited by $103.57 \mu\text{M}$ of fermencin SA715.²⁸ Fermencin SA715 was also proved to exhibit inhibition activity against *Corynebacterium* spp. GH17, pathogen that might cause pharyngitis, endocarditis, gastrointestinal tract infection and skin infection with MIC of $12.95 \mu\text{M}$.²⁸ Fermencin SD11 is produced by *L. fermentum* SD11 with a molecular size of 33 593 Da, and was found to exhibit a wide range of inhibition activity against Gram-positive bacteria and fungus.¹⁴⁴ Fermencin SD11 was proved to be a useful antimicrobial agent to combat the oral pathogens, such as *S. mutans* ATCC 25175, *S. sobrinus* ATCC 33478, *Aggregatibacter actinomycetemcomitans* ATCC 33384, *Fusobacterium nucleatum* ATCC 25586, *P. gingivalis* ATCC 33277 and *C. albicans* ATCC 90028.¹⁴⁵ Fermencin SD11 was proved to exhibit more than 125 000 AU per mL of antimicrobial activity against *S. mutans* ATCC 25175 and *S. sobrinus* ATCC 33478, and exhibit more than 9090.9 AU per mL of antimicrobial activity against *A. actinomycetemcomitans* ATCC 33384, *F. nucleatum* ATCC 25586, *P. gingivalis* ATCC 33277 and *C. albicans* ATCC 90028. In addition, it was also claimed to exert an inhibitory effect against LAB strains, which included *Lactobacillus casei* ATCC 393, *L. fermentum* ATCC 14931, *Lactobacillus paracasei* CCUG 32212, *L. plantarum* ATCC 14917, *Lactobacillus rhamnosus* ATCC 7469 and *Lactobacillus salivarius* ATCC 11741 with more than 125 000 AU per mL of antimicrobial activities.¹⁴⁶

4. Application of bacteriocin in livestock health

Livestock are domesticated animals that are raised agriculturally to provide labor and commodities, such as milk, meat, eggs, furs and leathers. Livestock, as food sources, provide nutrients needed by humans everyday, such as proteins, fats and vitamins. It is important to have proper feeding and hygiene to sustain the livestock health and enhance the economic *via* maximized production. However, animals on the farm are still easily infected by viruses and bacteria. The examples of infectious diseases caused by bacteria in livestock are mastitis, post-weaning diarrhea, meningitis, arthritis, endocarditis,





Table 3 Application of bacteriocin from LAB in infectious disease treatment for livestock

| Producing strain | Types of bacteriocin | Application in Livestock | Targeted pathogens | Pros and cons | References |
|---|-----------------------|---|--|--|-------------|
| <i>L. lactis</i> | Nisin | Meningitis, arthritis, endocarditis, pneumonia, and septicemia in swine and cow | <i>S. suis</i> , <i>S. aureus</i> , <i>A. suis</i> , <i>A. pleuropneumoniae</i> and <i>H. parasuis</i> | Pros: nisin possesses rapid bactericidal activity on <i>S. suis</i> , <i>S. aureus</i> , <i>A. suis</i> , <i>A. pleuropneumoniae</i> and <i>H. parasuis</i> . Besides that. It has synergistic effects in combination with several antibiotics, including penicillin, amoxicillin, tetracycline, streptomycin and cefazolin Pros: nisin A can be used to replace cefazolin for mastitis treatment Cons: no preliminary study of the inhibition effect of nisin A with an animal model is carried out | 155 |
| <i>L. lactis</i> subsp. <i>lactis</i> | Nisin A | Mastitis in lactating dairy cows | <i>S. aureus</i> , <i>S. intermedius</i> , <i>S. agalactiae</i> , <i>S. dysgalactiae</i> , <i>E. faecalis</i> and <i>E. coli</i> | Pros: nisin A can enhance the activity of cefazolin and reduce the antibiotic dose for mastitis treatment Cons: no preliminary study of the inhibition effect of combination of nisin A and cefazolin with an animal model is carried out | 151 |
| <i>L. lactis</i> subsp. <i>lactis</i> DP3147 | Nisin A and cefazolin | Mastitis in lactating dairy cows | <i>S. aureus</i> , <i>S. intermedius</i> , <i>S. agalactiae</i> , <i>S. dysgalactiae</i> , <i>E. faecalis</i> and <i>E. coli</i> | Pros: the test seal treated with lacticin 3147 show a decrease in the number of teats shedding viable cells significantly | 201 |
| <i>Lactococcus garvieae</i> KS1546 | Lacticin 3147 | Mastitis in lactating dairy cows | <i>S. dysgalactiae</i> M, <i>S. aureus</i> 10 and <i>S. uberis</i> | Pros: garvicin KS can be used alone in the inhibition of <i>A. baumannii</i> . It also acts synergistically with nisin in the inhibition of <i>S. aureus</i> . The combination of garvicin KS and nisin was proved to cause rapid eradication of all the <i>S. aureus</i> strains tested | 164 and 202 |
| <i>S. gallolyticus</i> subsp. <i>macedonicus</i> ST91KM | Garvicin KS | Mastitis in lactating dairy cows | <i>A. baumannii</i> and <i>S. aureus</i> | Cons: no preliminary study of the inhibition effect of garvicin KS on mastitis with an animal model is carried out | 203 |
| <i>S. gallolyticus</i> subsp. <i>macedonicus</i> ST91KM | Macedocin ST91KM | Mastitis in lactating dairy cows | <i>S. agalactiae</i> , <i>S. dysgalactiae</i> , <i>S. uberis</i> , <i>S. aureus</i> and <i>S. epidermidis</i> | Pros: macedocin ST91KM has high heat stability in which it still remains active even at 100 °C. It shows rapid bacteriocidal mode of action against the mastitis pathogens Cons: no preliminary study of the inhibition effect of macedocin ST91KM on mastitis with an animal model is carried out. Besides that, there is a lack of studies on the synergetic effect of macedocin ST91KM with the currently applied antibiotics on mastitis | 203 |

pneumonia and septicemia.¹⁴⁷ Mastitis is a common disease that can be found in dairy cattle. It refers to the inflammation of the mammary gland and under tissue as the results of bacteria infection, chemical or thermal injury. Mastitis is normally caused by the contamination of the milking machine or hands with pathogens, such as *S. aureus*, *Streptococcus uberis*, and *Streptococcus dysgalactiae*, leading to damage in the milk-secreting tissues and ducts, and can be fatal for severe cases without proper treatments.¹⁴⁸ To solve this problem, there are limitations in using antibiotic treatments, such as gentamicin, which may lead to the emergence of pathogens that are resistant to antibiotics.⁸⁸ Besides that, another infectious disease that can be commonly transmitted in swine is post-weaning diarrhea (PWD). PWD is caused by an *E. coli* infection in the intestine of pigs, leading to diarrhea, dehydration, growth retardation in surviving piglets, as well as death without treatments.¹⁴⁹ As an alternative to antibiotics, many research studies have investigated the use of antimicrobial agents or bacteriocin from LAB or other bacteria that exert inhibitory ability to inhibit or kill the pathogens in livestock.^{150–152} However, the bacteriocins that have been proven for health sustainability in livestock are less, which include nisin, lactacin and garvicin, and macedocin, as shown in Table 3.

4.1 Nisin

Nisin is a bacteriocin with a size of 3.5 kDa that has been approved by the FDA and WHO. Not only it can be applied in food preservation, but also can be used in the treatment of livestock diseases. The inhibitory activity of nisin is higher at neutral pH, and it has high resistance to heat.¹⁵³ Nisin plays an important role in the treatment of respiratory tract infections in swine and cow. The most common respiratory infections caused by bacteria in swine are pneumonia and pleurisy, which lead to losses in the country economy. These diseases are mainly caused by the pathogen found in the respiratory tracts of pigs, such as *S. aureus*, *S. suis*, *Actinobacillus suis*, *Actinobacillus pleuropneumoniae*, and *Haemophilus parasuis*, which may be transmitted *via* contact between swine in a farm. There are broad-spectrum antibiotics needed to kill the pathogens, which cause respiratory infections in swine, leading to the emergence of drug-resistant pathogens that are harmful to animals and humans.¹⁵⁴ To solve this problem, nisin extracted from *L. lactis* was proved to exert inhibitory effect against *S. suis*. Nisin was found to inhibit the growth of *S. suis* by disrupting the cell membrane of *S. suis*, which leads to cell lysis. Other than infection of the respiratory tract, nisin also contributes to the treatment of meningitis, arthritis, endocarditis, pneumonia and septicemia in swine. In the inhibition of the growth of *S. suis*, the minimum inhibitory concentration (MIC) and the minimum bactericidal concentration (MBC) of purified nisin needed are in the range of 1.25–5 $\mu\text{g mL}^{-1}$ and 5–10 $\mu\text{g mL}^{-1}$, respectively.¹⁵⁵ Furthermore, nisin A was demonstrated as an antimicrobial agent that can inhibit the growth of pathogens, which cause mastitis in lactating dairy cows, including *S. aureus*, *Staphylococcus intermedius*, *Streptococcus agalactiae*, *S. dysgalactiae*, *E. faecalis* and *E. coli* with MIC of 1, 0.06, 0.25, 1, 4,

128 $\mu\text{g mL}^{-1}$, respectively. However, the inhibition activity of both nisin A and cefazolin on the growth of mastitis pathogens was claimed to be improved when the combination of nisin A and cefazolin was used instead of using alone. The MIC of cefazolin alone needed for the inhibition of *S. aureus*, *S. intermedius*, *S. agalactiae*, *S. dysgalactiae*, *E. faecalis* and *E. coli* were 0.5, 0.5, 0.13, 0.13, 32 and 2 $\mu\text{g mL}^{-1}$, respectively. For the combination use, the MIC of nisin A and cefazolin needed to inhibit *S. aureus*, *S. intermedius*, *S. agalactiae*, *S. dysgalactiae*, *E. faecalis* and *E. coli* were 0.25 and 0.06 $\mu\text{g mL}^{-1}$, 0.03 and 0.13 $\mu\text{g mL}^{-1}$, 0.13 and 0.06 $\mu\text{g mL}^{-1}$, 0.5 and 0.06 $\mu\text{g mL}^{-1}$, 0.5 and 8 $\mu\text{g mL}^{-1}$, 32 and 1 $\mu\text{g mL}^{-1}$, respectively.¹⁵¹

4.2 Lactacin

Lactacin 3147 is a common bacteriocin that has been used in the treatment of mastitis in lactating dairy cows to inhibit the growth of *S. dysgalactiae* M and *S. aureus* 10.¹⁵¹ In 1995, the first isolation of lactacin 3147 was done by extraction from an Irish kefir grain. Lactacin 3147 is extracted from *L. lactis* subsp. *lactis* DPC3147, which consists of the two peptides, which are Ltn α and Ltn β in structure.¹⁵⁶ There are many *in vivo* tests that have been done in previous studies. In one of the tests, a group of cows was given lactacin 3147 in to their teat seal, while another group of the group was without any addition of lactacin 3147. After that, all of their teats were introduced with *S. dysgalactiae*. The result showed that all of the cows from the group with the help of lactacin 3147 was free from mastitis, but 6 of the cows from the group without the addition of lactacin 3147 was infected by mastitis.¹⁵⁷ Another test was carried out by coating the teats with pathogens that can cause mastitis, dipping with the lactacin 3147-containing fermented teat dip for 10 min. The result proved that there was a obvious reduction in the level of pathogens, in which the growth of staphylococci, *S. dysgalactiae* and *S. uberis* was reduced by 80%, 97% and 90%, respectively. These studies have proven that lactacin 3147 is contributing to the prevention of cows to be infected with mastitis. The concentration of one gram of oil based teat seal that contains 2560 AU lactacin 3147 was proved to have a significant inhibition effect against the pathogens that causes mastitis in cows. However, some studies demonstrated that the addition of Tween 80 can improve the inhibition activity.¹⁵⁸

4.3 Garvicin

Garvicin is a class II bacteriocin produced by *L. garvieae* strains. *L. garvieae* is a Gram-positive, facultative and non-spore forming LAB that produces lactic acid as the final product of fermentation. It is resistant to high pH levels, including at pH 9.6. With the medium that contains 6.5% NaCl, it was able to grow optimally at the temperature range from 4 to 45 °C.¹⁵⁹ *L. garvieae* can be found in the gastrointestinal tract of humans, but it was proved to have very low virulence to humans. *L. garvieae* can be isolated from dairy products, and the majority of them were found to have ability in the production of bacteriocins that can be used to kill or inhibit pathogens.¹⁶⁰ Garvicin can be produced by different strains isolated from different sources. Some examples of garvicin are garvicin Q, KS, L1-5. ML and LG



34.¹⁶¹ Garvicin L1-5 is the first bacteriocin produced by *L. garvieae* to be reported, which can be isolated from cow's milk.¹⁶² Garvicin A belongs to a class IId bacteriocin that can be produced by *L. garvie* 21881. Garvicin Q can be obtained from the *L. garvie* isolated from fermented pork sausage.¹⁵⁹ Besides that, garvicin ML can be produced by *L. garvie* from the intestine of a Mallard duck source, and garvicin LG34 can be produced by *L. garvie* from the Chinese traditional fermented cucumber source.¹⁶³ However, there are only a few types of garvicin that have been proven to have antimicrobial effects on the pathogens found in livestock to cause infection disease. Garvicin KS produced by *L. garvieae* KS1546 has been demonstrated to have inhibitory activity against *Acinetobacter baumannii* and *S. aureus*, which cause mastitis in cows. However, there is a study that indicates the production of garvicin KS by *L. garvieae* KS1546 at the optimal factors in batch culture in GM17 is relatively low, which is only 80 BU per mL. Some research studies proved that the new medium formulation can enhance the productivity of garvicin KS. From the result, a 60-fold of garvicin KS can be produced if medium that contains pasteurized milk and tryptone is used. The production of garvicin KS can be further increased to around 20 000 BU per mL, which is 4-fold further if the increment of the gene dose of their gene cluster, *gak*, in the native producer is done. However, the highest garvicin KS that has been reported is 164 000 BU per mL, which was achieved by increasing the gene dose, maintaining the pH value at 6 and dissolved oxygen level at 50–60% in the medium for *L. garvieae* KS1546.¹⁶⁴

4.4 Macedocin

Macedocin is a bacteriocin produced by *Streptococcus macedonicus* spp with around 2794.76 Da of molecular mass that comprises 22 amino acid residues. It is active within the pH range of 4 and 9, and it is resistant to high temperature and pressure.¹⁶⁵ Macedocin was found to exhibit antimicrobial activities against mastitis pathogens that might be found in cows, which include *S. agalactiae*, *S. dysgalactiae*, *S. uberis*, *S. aureus* and *S. epidermidis*. The MIC of macedocin ST91KM from *Streptococcus gallolyticus* subsp. *macedonicus* ST91KM needed to inhibit the growth of *S. agalactiae* RPSAG1 and RPSAG2, which are resistant to oxacillin and methicillin, were proved at 640 and 1280 AU per mL. Besides that, the MIC of 640 AU per mL of macedocin ST91KM was claimed to exhibit inhibition activities against *S. dysgalactiae* RPSD1, RPSD2, RPSD3 and RPSD4, strains that are resistant to oxacillin and methicillin. Furthermore, the MIC of macedocin ST91KM for the inhibition of the growth of *S. uberis* RPSU1, RPSU2, EDSU1 and EDSU2, which are resistant to oxacillin and methicillin, were 640, 160, 640 and 160 AU per mL, respectively. In addition, the MIC of 640 AU per mL of macedocin ST91KM was proved to exert an inhibitory effect on the growth of *S. aureus* RPSA1, RPSA2, EDSA0267 and EDSA0269, which are resistant to oxacillin, penicillin and methicillin. Moreover, *S. epidermidis* RPSE1 (that is resistant to oxacillin, penicillin and methicillin) was proved to be inhibited with MIC of 2560 AU per mL of macedocin ST91KM.¹⁶⁶

5. Overall conclusion and summary

Many research studies have proved that bacteriocin exerts antimicrobial activities on pathogenic bacteria that may cause infectious diseases such as pneumonia, dental carries, urinary tract infection, mastitis and meningitis. Bacteriocin has high potential to be used as the replacement for antibiotics in the future due to its low toxicity and proteinaceous nature for solving the problem of antibiotic resistance. Besides that, bacteriocin shows synergistic interaction with antibiotics, in which the combination of bacteriocin and antibiotics can enhance the inhibition or killing activities of antibiotics on pathogens, as well as reduce the dose of antibiotics to be used in the treatment of bacterial infections. In addition, bacteriocin reshape the microbiota by killing the targeted pathogens without killing the other surrounding microbial community, which is preferable to be used as an antibacterial agent as compared to antibiotics. From previous studies, there are pros and cons of each bacteriocin species based on their expertise. Recently, the investment in bacteriocin research has shown a clear upward trend in response to the potential applications of these antimicrobial peptides in the field of food, livestock and medicines. The patent development for bacteriocins has been increasing since the last decades. However, there are still less bacteriocins to be marketed and approved for use in food preservation and treatment for infectious diseases by the FDA and WHO, as compared to antibiotics. This may be due to the lack of clinical tests done for bacteriocins to be used in humans or animals. In the future, more research studies should be done to completely characterize potent bacteriocins and clinically test it.

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Conflicts of interest

The authors declare that they have no conflict of interest.

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