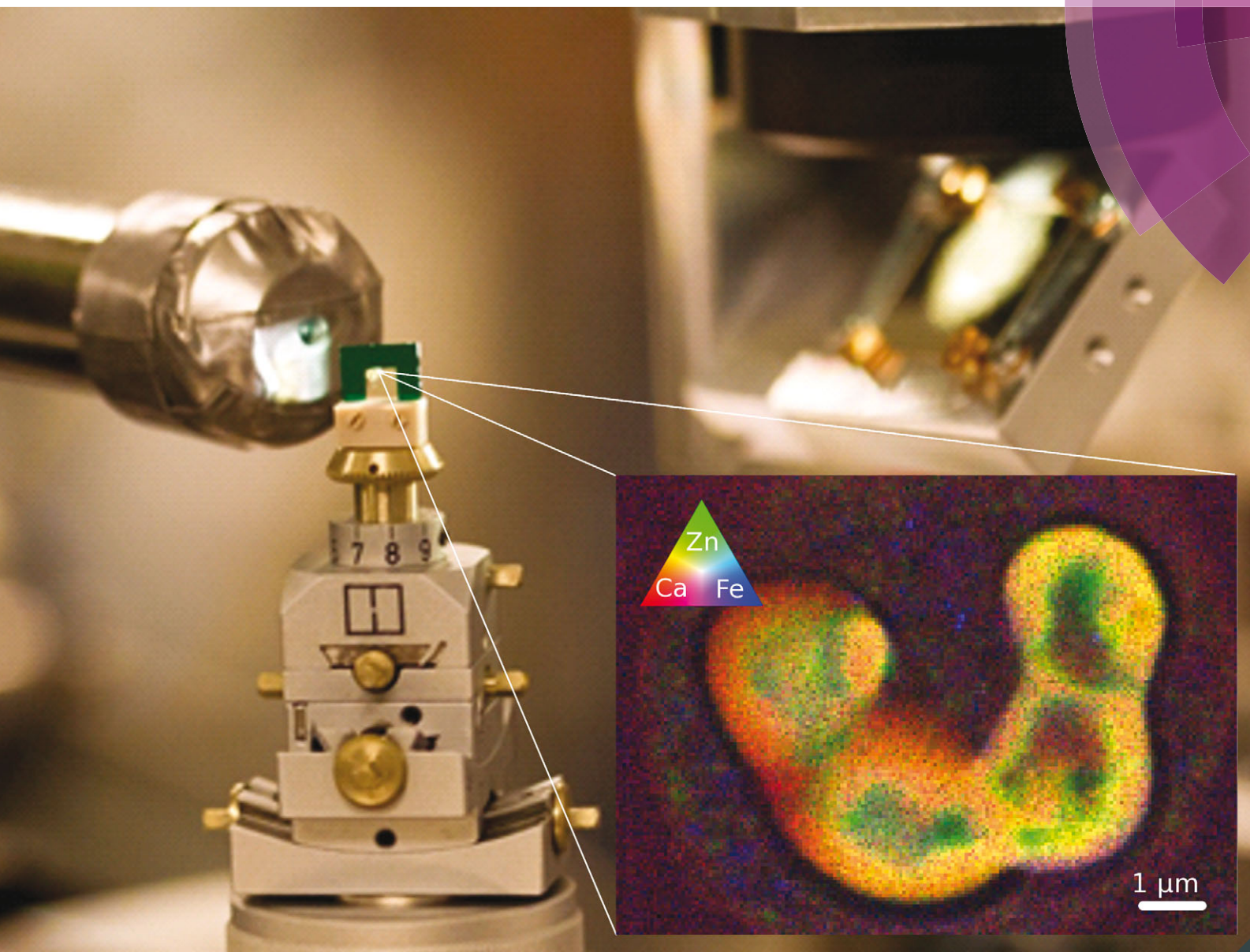


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Trace element landscape of resting and activated human neutrophils on the sub-micrometer level

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## Trace element landscape of resting and activated human neutrophils on the sub-micrometer level†

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Every infection is a battle for trace elements. Neutrophils migrate first to the infection site and accumulate quickly to high numbers. They fight pathogens by phagocytosis and intracellular toxication. Additionally, neutrophils form neutrophil extracellular traps (NETs) to inhibit extracellular microbes. Yet, neutrophil trace element characteristics are largely unexplored. We investigated unstimulated and phorbol myristate acetate-stimulated neutrophils using synchrotron radiation X-ray fluorescence (SR-XRF) on the sub-micron spatial resolution level. PMA activates pinocytosis, cytoskeletal rearrangements and the release of NETs, all mechanisms deployed by neutrophils to combat infection. By analyzing Zn, Fe, Cu, Mn, P, S, and Ca, not only the nucleus but also vesicular granules were identifiable in the elemental maps. Inductively Coupled Plasma Mass Spectrometry (ICP-MS) revealed a neutrophil-specific composition of Zn, Fe, Cu, and Mn in comparison with J774 and HeLa cells, indicating a neutrophil-specific metallome complying with their designated functions. When investigating PMA-activated neutrophils, the SR-XRF analysis depicted typical subcellular morphological changes: the transformation of nucleus and granules and the emergence of void vacuoles. Mature NETs were evenly composed of Fe, P, S, and Ca with occasional hot spots containing Zn, Fe, and Ca. An ICP-MS-based quantification of NET supernatants revealed a NETosis-induced decrease of soluble Zn, whereas Fe, Cu, and Mn concentrations were only slightly affected. In summary, we present a combination of SR-XRF and ICP-MS as a powerful tool to analyze trace elements in human neutrophils. The approach will be applicable and valuable to numerous aspects of nutritional immunity.

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## Introduction

Metal ions play an important role in many biological processes. They catalyze reactions, stabilize structures, and act during gene regulation or cell signaling.<sup>1–5</sup> Their usage is conserved in prokaryotes and eukaryotes.<sup>6</sup> During infections, when the host encounters microbial invaders, metal ions are essential for survival of both parties. The host therefore restricts the availability of metal ions in order to avoid microbial growth – a strategy named “nutritional immunity” and described in animals and plants.<sup>7</sup> In response,

many pathogens have evolved sophisticated tools to chelate metal ions from the host and these tools are targeted by the host in return. This interplay illustrates co-evolution of host and pathogen and is best exemplified by the well-studied fight for Fe.<sup>8</sup> In the host, Fe is mainly kept intracellular – free Fe is essentially unavailable in blood or other extracellular liquids. It is bound to transferrin in plasma and lactoferrin in external secretions. Microbial pathogens have two mechanisms to cope with these limitations. In case of direct contact between the host Fe source and the pathogen, host Fe-retaining proteins are modified to release their Fe load into the extracellular environment for uptake. Secondly, many bacteria and fungi secrete siderophores, small molecules with exceptionally high Fe affinity that free Fe from host proteins followed by resorption into the pathogenic cell. As a response, mammals produce lipocalin-2, to intercept siderophores. This can in turn be counteracted by many pathogens which disguise their siderophores by glycosylation.<sup>8</sup>

Fe is not the only transition metal important in nutritional immunity. Zn, Mn and Cu are also shown to be critical.<sup>9,10</sup> Especially Zn has been demonstrated to be crucial during fungal pathogenicity.<sup>11</sup> This can be explained by its unique biochemical

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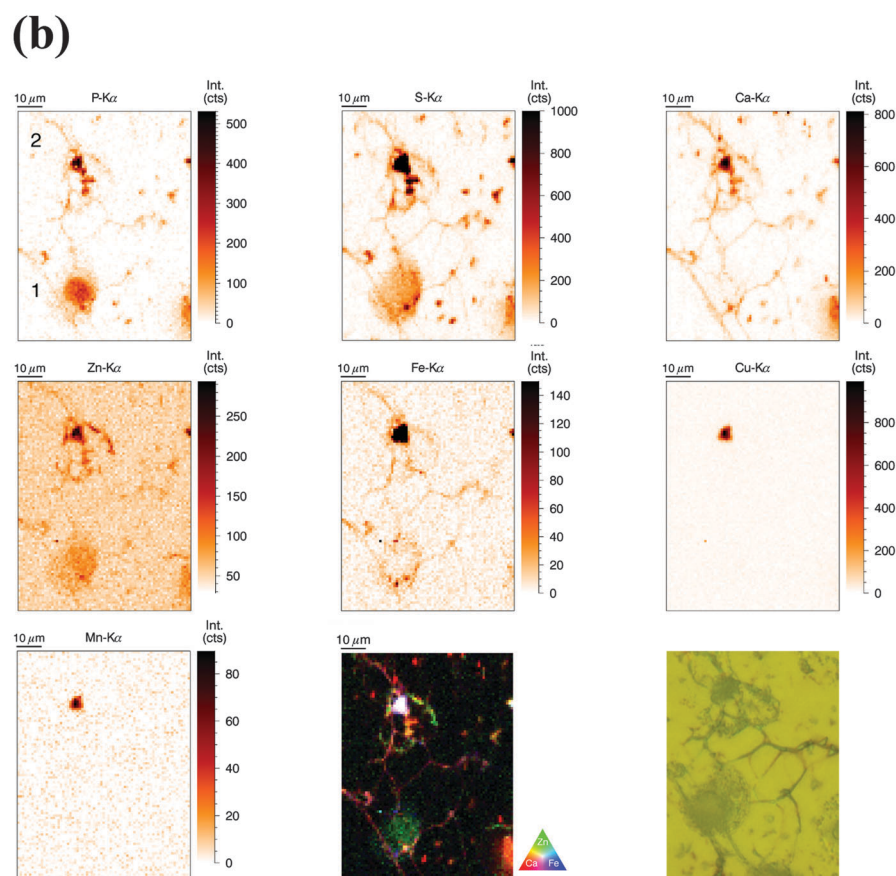
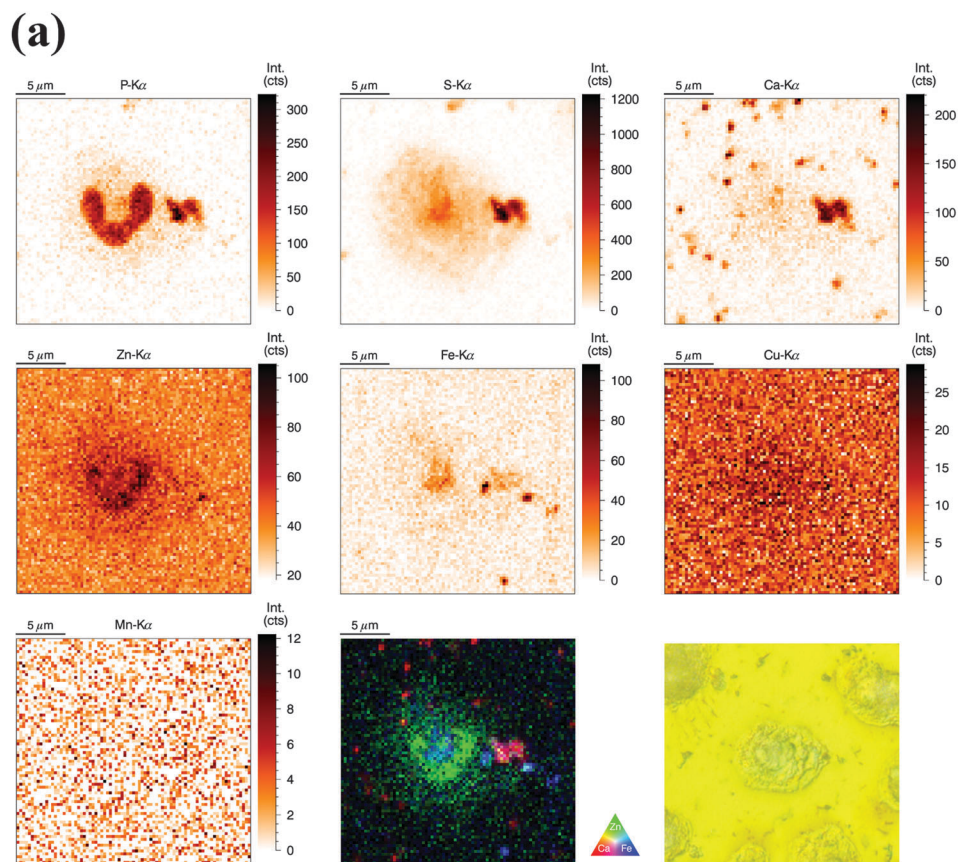
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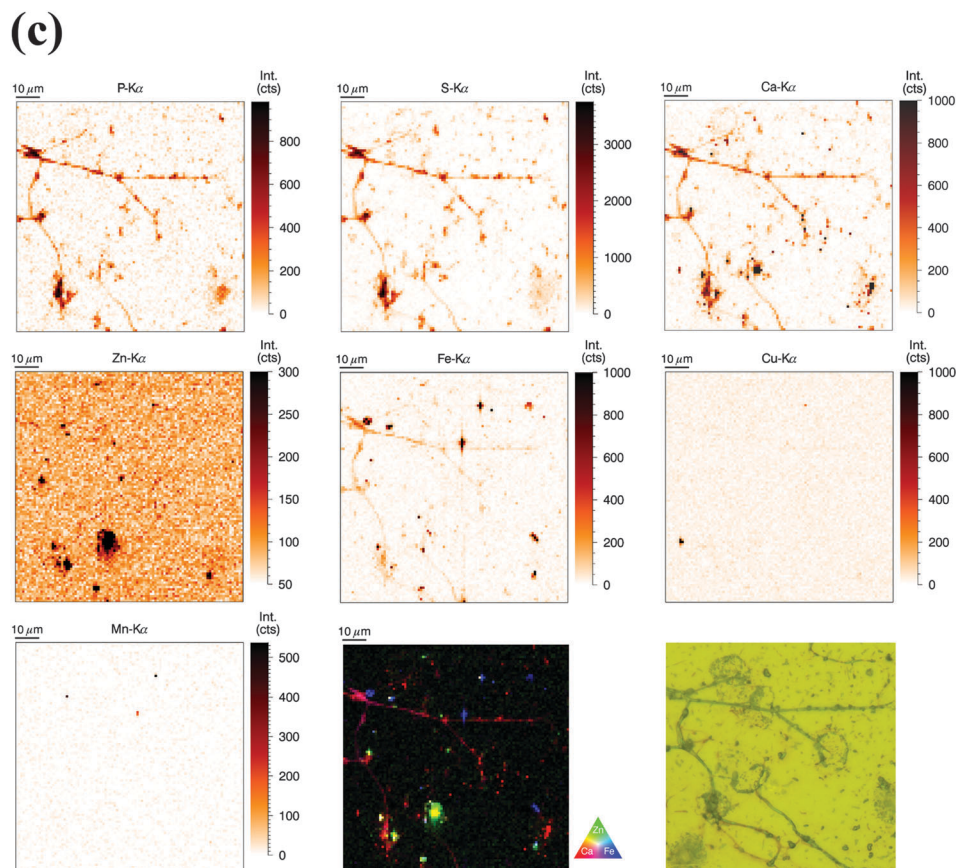
† Electronic supplementary information (ESI) available. See DOI: 10.1039/c4mt00346b











**Fig. 2** (a) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of a single resting human neutrophil obtained at P06 beamline (PETRA III, Hamburg). Freshly isolated neutrophils were seeded on a  $\text{Si}_3\text{N}_4$  membrane and subsequently freeze-dried. Image size is  $81 \mu\text{m} \times 78 \mu\text{m}$ , step size is  $300 \text{ nm}$  and  $4 \text{ s}$  dwell time per point. The RGB image represents a colored overlay of the elemental intensities corresponding to Ca (red)–Zn (green) and Fe (blue). An optical image was taken by the beamline microscope ( $2500\times$  magnification). (b) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of two activated human neutrophils (2 h stimulation) obtained at P06 beamline. Freshly isolated neutrophils were seeded on a  $\text{Si}_3\text{N}_4$  membrane, stimulated with PMA for 2 h and subsequently freeze-dried. Image size:  $73 \mu\text{m}$  (hor.)  $\times 97 \mu\text{m}$  (vert.), step size:  $1 \mu\text{m}$  and  $5 \text{ s}$  dwell time per point. The RGB image represents a colored overlay of the elemental intensities corresponding to Ca (red)–Zn (green) and Fe (blue). An optical image was taken by the beamline microscope ( $2500\times$  magnification). (c) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of human neutrophils (4 h stimulation) obtained at the PETRA III P06 beamline. Freshly isolated neutrophils were seeded on a  $\text{Si}_3\text{N}_4$  membrane, stimulated with PMA for 4 h and subsequently freeze-dried. Image size:  $100 \mu\text{m} \times 100 \mu\text{m}$ , step size:  $1 \mu\text{m}$  and  $3 \text{ s}$  scanning time per point. The RGB image represents a colored overlay of the elemental intensities corresponding to Ca (red)–Zn (green) and Fe (blue). An optical image was taken by the beamline microscope ( $2500\times$  magnification).

stage (Fig. 2b). As mentioned, the analysis of unstimulated neutrophils revealed clear differences between the nucleus and the cytoplasm. After 2 h stimulation, the morphology of the neutrophils changed considerably, but not in a perfectly synchronized fashion. Some neutrophils engaged in the process of NET formation earlier than others. The progress of NET formation is most apparent when following the nucleus. In early NET formation, the nucleus loses its lobulation and shrinks to form a smaller and round shape (Fig. S3, \* + a, ESI<sup>†</sup>). The lower neutrophil #1 is representative of this stage (Fig. 2b). As in unstimulated neutrophils, the nucleus contained a higher areal concentration of P and Zn, whereas the cytoplasm featured a homogeneous distribution of P and S (higher areal concentration than background level). Interestingly, the intact stimulated neutrophil also showed the presence of an Fe rich region, distributed in a ring-like manner in the cell periphery. The upper neutrophil #2 is representative of a later stage of NET formation,

characterized by the loss of membrane integrity, first of the nucleus, then of the cytoplasmic membrane – the cell opens up and lyses (Fig. S3, b + c, ESI<sup>†</sup>). When comparing the light microscope images of neutrophil #2 with neutrophil #1, we observe that from the area initially covered by neutrophil #1, only cell residues in neutrophil #2 remain visible. The SR-XRF element maps confirm that the upper cell has likely lysed: Within the area of the cell (shape of an inverted heart or leaf), we could no longer observe the homogeneous distribution of P and S. In contrast, the remaining cell debris was enriched in P, S, Ca, Fe, and Zn. A hotspot containing not only these elements, but also Cu and Mn was found to lie within the area of neutrophil #2. This is most likely a non-biological contamination. Short fiber-like structures, which we identified as NETs, are protruding out of the cell debris. Their areal concentrations for P, S, Zn, and Fe were found to be above background level. Similar to the unstimulated sample, several ‘hot-spots’ ( $1\text{--}4 \mu\text{m}$  size) containing P, S and Ca are present which could be cell remnants.



After 4 h of stimulation, NET formation was completed and no intact neutrophils were remaining (Fig. 2c). The typical orbital patches of cellular debris were as prominent as long filamentous fibers of NETs with a thickness at least below 1  $\mu\text{m}$  (estimation of size was limited by the chosen step size of the scanning stages). The SR-XRF analysis clearly showed the NET structure in the element maps of P, S, Ca and Fe. No strong accumulation of Zn could be detected in NETs, which is remarkable considering the high intracellular content of Zn in the neutrophil. This indicates that freshly released NETs, under the given cell culture conditions with very low medium concentrations of Zn, are not loaded with Zn, yet. As mentioned, we observed high local Ca and Fe concentrations in NETs which were not detected within intact neutrophils. This finding correlates well with rather high concentrations of Ca (400  $\mu\text{M}$  Ca, according to manufacturer's information) and Fe (0.7  $\mu\text{M}$  according to ICP-MS quantification, data not shown) in the surrounding medium. Several Ca, Fe and Zn rich spots having varying XRF intensity were detected in the vicinity of the NET structures. Consulting the microscopy images, these could be contaminations, cell debris or uneven twisting of numerous NETs from numerous neutrophils.

In summary, SR-XRF scans providing elemental distributions reconstitute the typical architecture of neutrophils at the microscopic level and allowed discrimination of nucleus, cytoplasm and far-reaching (up to 100  $\mu\text{m}$ ) NETs. Strikingly, cellular morphology changes accompanying NET formation and even NET filaments were visible in the element maps.

### Trace level metal distribution of nucleus and cytoplasm in resting neutrophils (obtained at ID22NI beamline, ESRF)

For the analysis of human neutrophils at the ID22NI (nano-imaging) beamline (European Synchrotron Radiation Facility (ESRF), Grenoble, France), cells were seeded onto sapphire disks, conducted to high pressure freezing (HPF) and cryo-substituted into resin before being sliced into 2  $\mu\text{m}$  thin sections. We will refer to this as the 'sectioned' approach. In order to slice neutrophils at this scale, fixation and embedding were inevitable.<sup>31</sup> We minimized the procedure's impact on element integrity by including wash steps and reducing exposure time to potential contamination sources. The beam size was estimated to be 64 nm (vert.) by 54 nm (hor.) and the step size of the scans was 50 nm. Images of representative cells are discussed in the following.

As observed before, the neutrophil nucleus stood out due to its distinct increase in metal content relative to the cytoplasm. Remarkably, the higher resolution revealed more subcellular detail than observed in the previous analysis (Fig. 3a). As a morphology reference, we used corresponding sections from the same sample imaged with transmission electron microscopy. The typical lobulated nucleus of an unstimulated neutrophil was distinguishable by increased areal concentrations of P, Ca, Zn, Fe, and Mn. These elements were not evenly distributed within the nucleus, but seemed to be more abundant in the outer region, closer to the nuclear membrane. The pattern is reminiscent of hetero- and euchromatin. Additionally, the Fe distribution showed round patches with increased Fe intensity, which might

be nucleoli, the largest structures within the nucleus. Interestingly, S and Cu displayed an inverted pattern compared to the other elements: Lowest intensity in peripheral regions of the nucleus and presence in higher amounts within inner nuclear regions and cell cytoplasm. As we find both elements also in the surrounding matrix material, their presence in the cytoplasm must be considered very cautiously. Then again, a higher concentration of S in the cytoplasm is consistent with the high prevalence of reducing, S-containing, molecules and proteins in the cytosol.<sup>39</sup> The presence of Cu in the neutrophil cytoplasm appears likely, as Cu is an essential trace element.<sup>4</sup> In the periphery of the cells (at the edges of the scans), we observed a halo-like area of higher S and Cu concentration. This halo in the S and Cu maps very likely originates from S and Cu presence in the embedding resin. In areas with low biological mass, the beam-induced warm up of the samples probably caused the resin to shrink, and therefore locally increased the concentration of elements in the resin. In the cytoplasm, Ca was homogeneously present, whereas Fe and Zn showed a speckled pattern, most probably resulting from neutrophil-characteristic granules loaded with antimicrobial proteins. The speckles had a average size of 200 nm, which matches earlier studies that have shown granule size varying between 0.14  $\mu\text{m}$  and 0.29  $\mu\text{m}$ .<sup>40</sup> The Zn speckles were generally smaller in size than those formed by Fe. An overlay of the Zn and Fe elemental maps revealed that the granular speckles did not always co-localize, which indicates the presence of a variety of granules.

For our comparative analysis of nucleus and cytoplasm (Table 2), the speckles (potentially granular) or subnuclear structures were too small to be excluded. Since 2  $\mu\text{m}$  thin sections of single neutrophils were analyzed, the integration of the total illuminated mass signal of the entire cell depth along the beam path can be ruled out. Average areal concentrations of P, S, Ca, Zn, Fe, Cu, and Mn confirm our previous observation that most elements were preferentially enriched in nucleus or cytoplasm – only Fe seemed to be almost evenly distributed. In order to obtain quantitative insight in the inhomogeneous presence of metals in the nucleus as compared to the cytoplasm, we calculated a so-called 'enrichment factor': P (50.11 $\times$ ) > Zn (3.19 $\times$ ) > Ca (2.83 $\times$ ) > Mn (3.98 $\times$ ) > Fe (1.29 $\times$ ). For the less abundant elements we found: S (0.47 $\times$ ) < Cu (0.63 $\times$ ). In summary, this data indicate higher concentrations of P, Zn, Ca, and Mn, as well as lower concentrations of S and Cu in the nucleus as compared to the cytoplasm.

Clearly, the measurements at ID22NI allowed the detection and spatial analysis with higher sensitivity than SR-XRF measurements at PETRA III. The major differences between the two experiments and results in spatial distribution are mentioned in the text where appropriate and were additionally summarized in a comparing table (Table S4, ESI<sup>†</sup>).

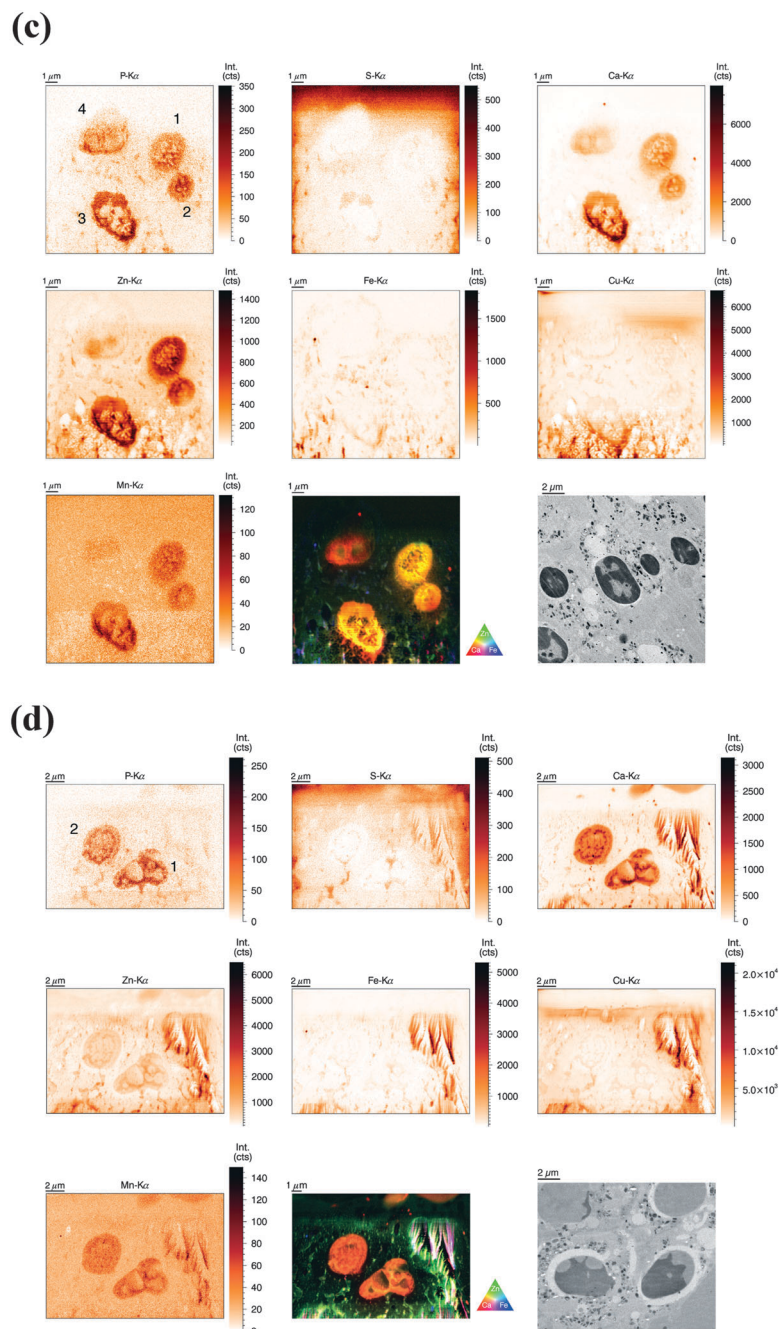
### Nanoscale elemental distributions of P, S, Ca, Zn, Fe, Cu, and Mn in activated human neutrophils (obtained at ID22NI beamline, ESRF)

Similar to unstimulated cell preparations, cells were seeded on sapphire disks and, apart from PMA stimulation, prepared









**Fig. 3** (a) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of a single resting human neutrophil obtained at ID22NI beamline (ESRF, Grenoble). Freshly isolated neutrophils were high pressure frozen, cryosubstituted in resin, sliced in  $2\ \mu\text{m}$  thin sections before deposition onto a  $\text{Si}_3\text{N}_4$  wafer. Image area is  $9\ \mu\text{m}$  (hor.)  $\times$   $7.4\ \mu\text{m}$  (vert.), step size is  $50\ \text{nm}$  and  $300\ \text{ms}$  dwell time per point. The RGB image represents a colored overlay of the elements Ca (red)–Zn (green) and Fe (blue). The additional TEM image (lower right panel) was derived from the same sample and selected by similarity in morphology ( $10\ 000\times$  magnification). (b) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of two activated human neutrophils (1 h stimulation) obtained at ID22NI beamline (ESRF, Grenoble). Freshly isolated neutrophils were stimulated with PMA for 1 h, high pressure frozen, cryosubstituted in resin and sliced in  $2\ \mu\text{m}$  thin sections before deposition onto a  $\text{Si}_3\text{N}_4$  wafer. Image area is  $15\ \mu\text{m}$  (hor.)  $\times$   $11.2\ \mu\text{m}$  (vert.), step size is  $50\ \text{nm}$  and  $400\ \text{ms}$  dwell time per point. The RGB image represents a colored overlay of the elemental intensities corresponding to Ca (red)–Zn (green) and Fe (blue). The additional TEM image (lower right panel) was derived from the same sample and selected by similarity in morphology ( $2500\times$  magnification). (c) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of activated human neutrophils (2 h stimulation) obtained at ID22NI beamline (ESRF, Grenoble). Freshly isolated neutrophils were stimulated with PMA for 2 h, high pressure frozen, cryosubstituted in resin, sliced in  $2\ \mu\text{m}$  thin sections before deposition onto a  $\text{Si}_3\text{N}_4$  wafer. Image area is  $15\ \mu\text{m}$  (hor.)  $\times$   $15\ \mu\text{m}$  (vert.), step size is  $50\ \text{nm}$  and  $300\ \text{ms}$  dwell time per point. The RGB image represents a colored overlay of the elemental intensities corresponding to Ca (red)–Zn (green) and Fe (blue). The additional TEM image (lower right panel) was derived from the same sample and selected by similarity in morphology ( $2500\times$  magnification). (d) Normalized elemental distributions (P, S, Ca, Zn, Fe, Cu, and Mn) of activated human neutrophils (3 h stimulation) obtained at ID22NI beamline (ESRF, Grenoble). Freshly isolated neutrophils were stimulated with PMA for 3 h, high pressure frozen, cryosubstituted in resin, sliced in  $2\ \mu\text{m}$  thin sections before deposition onto a  $\text{Si}_3\text{N}_4$  wafer. Image area is  $20\ \mu\text{m}$  (hor.)  $\times$   $14\ \mu\text{m}$  (vert.), step size is  $50\ \text{nm}$  and  $300\ \text{ms}$  dwell time per point. The RGB image represents a colored overlay of the elements Ca (red)–Zn (green) and Fe (blue). The additional TEM image (lower right panel) was derived from the same sample and selected by similarity in morphology ( $2500\times$  magnification).





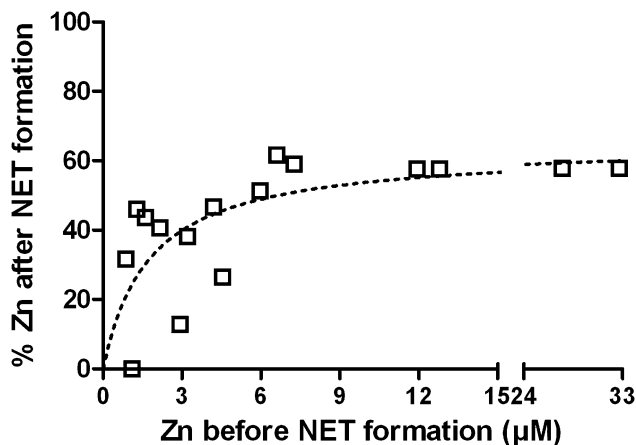


Fig. 4 NET-mediated reduction of Zn availability. NET formation was induced in neutrophils with PMA for 4 h in the presence of different  $\text{Zn}^{2+}$  concentrations. The remaining Zn concentration was quantified by ICP-MS. Pooled data from three independent ICP-MS experiments including samples from 8 healthy donors is shown.

presence of increasing  $\text{Zn}^{2+}$  concentrations up to 33  $\mu\text{M}$  and the  $\text{Zn}^{2+}$  concentration of the supernatant was quantified with ICP-MS before and after NET formation (Fig. 4). We found the remaining  $\text{Zn}^{2+}$  concentration to be depending on the initial  $\text{Zn}^{2+}$  concentration, following a saturation curve. With low initial  $\text{Zn}^{2+}$  concentrations up to *ca.* 6  $\mu\text{M}$ , the resulting Zn concentration was in the range of 0–51% of the initial concentration. At initial concentration beyond this, the resulting concentration reached a maximum of approximately 63% (Fig. 4). We conclude that NET formation indeed reduces the availability of Zn and that there is specific binding at low to medium (<3–6  $\mu\text{M}$ ) and unspecific association at high Zn concentrations (>6  $\mu\text{M}$ ). We additionally measured Fe, Cu, and Mn concentrations before and after NET formation and detected only slight reductions of 9%, 5%, and 7%, respectively (Table S7, ESI<sup>†</sup>).

#### FluoZin-labeling of labile Zn pool during neutrophil activation

The analysis of activated neutrophils using SR-XRF under routine conditions (*i.e.* without combining it with *e.g.* X-ray absorption spectroscopic techniques, XANES/EXAFS) is only providing element information. Therefore, distinguishing between strongly and loosely bound Zn is not possible. Strongly bound Zn exists in proteins of the Zn proteome, *e.g.* superoxide dismutase and ribosomes. Loosely bound Zn, also called labile or “free” Zn, is associated with all kinds of negatively charged molecules like DNA, organic acids or glutathione.<sup>12</sup> An earlier study analyzing the distribution of “soluble” and “particulated” Zn in fractions of HepG2 cells found 65% of the Zn to be soluble and 35% to be in the pellet of a high-speed centrifuged cell extract.<sup>43</sup> FluoZin can detect the labile Zn pool in living cells and was therefore used to complement our findings about the Zn distribution in neutrophils during activation and NET release.<sup>44</sup> FluoZin-stained neutrophils were stimulated with PMA and followed by fluorescence-based live cell imaging over *ca.* 3 h (video V1, ESI<sup>†</sup>). Four observations were most striking: First, the nucleus did not show a stronger fluorescence signal compared to

the cytoplasm, indicating that the labile Zn is not higher concentrated in this organelle. Comparing this with the higher total areal Zn concentration in the nucleus observed with SR-XRF, we can deduce that most of the cellular Zn is strongly bound and present in the nucleus. Second, void vacuoles with low metal content, which were indicated by SR-XRF, were also visualized by FluoZin-labeling, confirming the low Zn content of these membrane-surrounded vesicles. Third, small round organelles high in labile Zn exclusively appeared after stimulation. We cannot distinguish at this point what type of intracellular vesicles these are. They also partially remained in the typical cell residues left after full NETosis and could therefore additionally contribute to the reduced Zn level after NET formation (Fig. 4). Lastly, major reshaping of the intracellular architecture occurred when the cells opened up just before NET release. Once this happened, the evenly distributed intracellular labile Zn disappeared, probably because Zn was diluted into the low-Zn medium. As expected, NETs were not visible in this setting. The cell culture medium used contained very low concentrations of Zn to avoid background fluorescence, and NETs were probably not saturated with Zn under these conditions. Similar effects were also seen with strongly bound Zn in the SR-XRF images from PETRA III (Fig. 2b and c).

Altogether, by FluoZin-labeling we were able to follow the major morphological changes in activated neutrophils up to final NET release visualizing the labile Zn pool. In contrast to SR-XRF, where Zn showed a higher total Zn areal concentration in the nucleus, FluoZin-imaging of free Zn indicates a homogenous distribution of the labile Zn pool in nucleus and cytoplasm.

## Discussion

Neutrophils patrol in circulation, quickly invade a site of infection in high numbers, and fulfill their antimicrobial task until they reach cell death. The neutrophil life time is limited, since their weaponry is too dangerous for the host's own tissue to be stored for too long. Apoptosis and NETosis are two important cellular death mechanisms of neutrophils. During NETosis, the entire neutrophil opens up to release its intracellular content. During apoptosis, the cell stays surrounded by an intact membrane and is eventually removed by efferocytosis. A high influx of neutrophils into the infectious site, where individual neutrophils end their life by either NETosis or apoptosis, serves to remove the threat of invading microbes on the one hand, but probably also delivers a sudden nutritional enrichment of the infection niche. On these grounds, we performed an in-depth analysis of the trace element landscape of human neutrophils. By applying SR-XRF for the first time on single neutrophils, we obtained trace element distributions in resting and activated neutrophils undergoing pinocytotic events, intracellular rearrangements and NETosis. We were able to detect intracellular structures at the size of cytoplasmic granules ( $\approx 200$  nm) and thin filamentous NETs (below 1  $\mu\text{m}$  diameter, up to 100  $\mu\text{m}$  length). We identified the lobulated nucleus and subnuclear structures, compared element distributions of nucleus and cytoplasm and followed neutrophil activation







Samples were stored at  $-20\text{ }^{\circ}\text{C}$  up to further use. J774 cells ( $9 \times 10^6$ ) and HeLa cells ( $5 \times 10^6$ ) were handled accordingly. A biological replicate was therefore either a different blood donor or a different flask and passage of the cultured cells.

### NET supernatant preparation for ICP-MS

Neutrophils were diluted in HEPES-buffered RPMI with or without supplementation of different concentrations of Zn sulfate (99.999% metals basis). To avoid variations, RPMI from only one batch was used for all sample preparations for ICP-MS. Into each well of a 24-well plate, 500  $\mu\text{l}$  cell suspension containing  $10^6$  cells were seeded and then stimulated with 100 nM PMA (Sigma-Aldrich). NET formation occurred during a 4 h incubation at  $37\text{ }^{\circ}\text{C}$  with 5%  $\text{CO}_2$ . After this, 400  $\mu\text{l}$  of the supernatant were harvested and cell debris was pelleted by centrifugation for 10 min at  $21\,000 \times g$ . 300  $\mu\text{l}$  of the supernatant were transferred onto a Vivaspin-500 centrifugal column (Sartorius) with a molecular weight cut-off of 3 kDa (corresponding *ca.* 27 amino acids). The supernatants were filtered by centrifugation for 30 min at  $10\,000 \times g$  at  $4\text{ }^{\circ}\text{C}$ . 200  $\mu\text{l}$  of the flow through were collected into new reaction tubes and stored at  $-20\text{ }^{\circ}\text{C}$  for further use.

### ICP-MS measurement

The concentrations of trace metals were determined with inductively coupled plasma mass spectrometry (ICP-MS, PerkinElmer/Sciex Elan DRC-e instrument) operated in reaction cell mode with  $0.6\text{ ml min}^{-1}$  oxygen and an RPq-value of 0.45. The instrument was equipped with a microconcentric PFA nebulizer (Elemental Scientific Inc.) combined with a quartz cyclonic spray chamber (Elemental Scientific Inc.) set to  $4\text{ }^{\circ}\text{C}$ . A nebulizer gas flow rate of  $0.66\text{ l min}^{-1}$  and a plasma RF power of 1200 W were used. The  $^{55}\text{Mn}$ ,  $^{56}\text{Fe}$ ,  $^{57}\text{Fe}$ ,  $^{63}\text{Cu}$ ,  $^{65}\text{Cu}$ ,  $^{64}\text{Zn}$ ,  $^{66}\text{Zn}$  and  $^{68}\text{Zn}$  isotopes were monitored with a dwell time of 50 ms and a total measurement time of 1 min 48 s. The obtained isotope distributions were compared with the theoretical patterns to verify the absence of spectral interferences. Quantification was done by external calibration using indium (monitoring isotope  $^{115}\text{In}$ ) as internal standard. Sample solutions were typically diluted 40 times with Milli-Q water ( $>18\text{ M}\Omega\text{ cm}$ , Milli-Q Advantage A10 Ultrapure Water Purification System, Merck Millipore) containing 1%  $\text{HNO}_3$  prior to analysis.

### Sample preparation for beamline P06, PETRA III

Neutrophils were seeded directly on a  $5 \times 5\text{ mm}^2$  silicon nitride window (Silson Ltd, Northampton, UK,  $1.5 \times 1.5\text{ mm}^2$  membrane size, 200 nm membrane thickness).  $5 \times 10^3$  cells were added in a 10  $\mu\text{l}$  drop of HEPES-buffered RPMI and NET formation was induced with 100 nM PMA. Incubation occurred as described earlier. After the incubation, cells were washed very briefly with ultraclean  $\text{H}_2\text{O}$  and plunge-frozen in liquid ethane. After 1 h storage in liquid nitrogen, samples were transferred into a home-built freeze dryer, based on conventional metal block cooled with liquid nitrogen, and samples were lyophilized for 48 h.

### Experimental set-up beamline P06, PETRA III

Measurements were performed at the P06 Hard X-ray Micro/Nanoprobe at PETRA III, Hamburg, Germany. The primary beam

is generated by a 2 m long spectroscopy undulator U32 having 60 periods with 31.4 mm period length and output power of 3.8 kW. The beam was monochromatized by a Si(111) double crystal monochromator having an energy resolution of  $1.4 \times 10^{-4} \Delta E/E$ , set to a beam energy of 20.5 keV. A KB-system (JTEC Corporation, Osaka, Japan) was used to provide at the time of experiment a beam size of 0.5  $\mu\text{m}$  horizontally and 0.4  $\mu\text{m}$  vertically at a working distance of 200 mm measured from the second mirror, with an estimated flux density of approx.  $10^{11}$  photons per s per  $\mu\text{m}^2$ .

### Sample preparation for beamline ID22NI, ESRF

In a 45  $\mu\text{l}$  droplet,  $2.5 \times 10^4$  neutrophils in HEPES-buffered RPMI were seeded onto a 1.4 mm sapphire disk (Leica consumables no. 16706849). NET formation was induced by adding 100 nM PMA or cells were left unstimulated. Stimulated cells were incubated for up to 4 h at  $37\text{ }^{\circ}\text{C}$  with 5%  $\text{CO}_2$ . Then, the medium was carefully removed, cells were washed twice very briefly with a droplet of ultraclean  $\text{H}_2\text{O}$  (to avoid osmotic burst) and 50  $\mu\text{l}$  of 20% w/v BSA in PBS (Sigma) were added onto each sapphire disk as a cryoprotectant. Cells were in contact with the BSA-containing PBS only very briefly to minimize this inevitable step affecting the element integrity of the cells. The sapphire disc was then very quickly inserted in a membrane carrier (Leica consumables no. 16707898, 1.4 mm diameter, 100  $\mu\text{m}$  thickness) and frozen immediately in a high-pressure freezer (EM PACT; Leica Microsystems, Vienna, Austria). Freeze substitution was carried out using a Leica EM AFS2 (Leica Microsystems) in dry acetone with 0.1% glutaraldehyde over 4 days as follows:  $-90\text{ }^{\circ}\text{C}$  per hour increase for 15 hours, and  $-30\text{ }^{\circ}\text{C}$  for 24 hours. Samples were then washed 3 times in pure acetone and slowly warmed up to  $4\text{ }^{\circ}\text{C}$ , infiltrated stepwise over 3 days at  $4\text{ }^{\circ}\text{C}$  in Spurr's resin (solution composed of NSA, ERL 4221, DER 736 and DMAE from emsdiasum.com, Hatfield) and embedded in capsules. The polymerization was performed at  $70\text{ }^{\circ}\text{C}$  for 16 h. Ultrathin ( $\sim 60\text{ nm}$ ) sections intended for EM were made using an ultramicrotome (Leica EM UC6) and post-stained in a Leica EM AC20 for 40 min in uranyl acetate at  $20\text{ }^{\circ}\text{C}$  and for 10 min in lead citrate at  $20\text{ }^{\circ}\text{C}$ . Grids were viewed with a JEM 1010 transmission electron microscope (JEOL, Tokyo, Japan) operating at 80 kV using Image Plate Technology from Ditabis (Pforzheim, Germany). Thin sections (2  $\mu\text{m}$ ) were cut and deposited on square silicon nitride ( $\text{Si}_3\text{N}_4$ ) ultra-thin membranes in square silicon nitride supporting frames from Silson Ltd, Northampton, UK ( $3.0 \times 3.0\text{ mm}$  membrane size, 500 nm membrane thickness,  $7.5 \times 7.5\text{ mm}$  frame size and 200  $\mu\text{m}$  frame thickness).

### Experimental set-up beamline ID22NI, ESRF

The scanning nano-XRF experiments were performed at the ID22NI XRF nanoprobe at the European Synchrotron Radiation Facility (ESRF). This instrument was installed at a high- $\beta$  straight section equipped with two different undulators covering an energy range of 6–70 keV. The ID22NI nanoprobe (currently replaced by NINA) was dedicated to hard X-ray nanoanalysis allowing nano-XRF and absorption/phase contrast nanotomography.



X-ray focusing was obtained by a crossed elliptical Rh coated graded-multilayer mirror-pair in the Kirkpatrick–Baez (KB) geometry. X-rays are collected and focused in both vertical and horizontal axis at a glancing angle ( $<3.5$  mrad). The first mirror, coated with a graded multilayer plays both the role of vertical focusing device and monochromator, resulting in a very high flux (exceeding  $10^{11}$  photons per s) and a medium monochromaticity ( $\Delta E/E \approx 10^{-2}$ ). In our case the beam size was determined by knife-edge scans of a Au test pattern and determined to be 64 nm vertically and 54 nm horizontally at an excitation energy of 17 keV.

### Live cell imaging of Zn pool during NET formation

Human neutrophils ( $5 \times 10^6$ ), stained with 20  $\mu\text{M}$  FluoZin-3 (Life Technologies), were seeded into a 35 mm glass bottom micro-well dish (MatTek, Ashland, MA, USA). Neutrophils were stimulated with 100 nM PMA and kept at cell-culture conditions throughout the entire measurement (5%  $\text{CO}_2$  and 37  $^\circ\text{C}$ ). Pictures, phase contrast and green fluorescence, were taken using a 60 $\times$  objective every 2 min for a period of 2.5 h (beginning at 15 min post stimulation) using a Nikon eclipse Ti live-cell microscope operated by NIS-Elements AR 3.2. software.

### Quantification of SR-XRF measurements and image segmentation

All quantitative results shown were obtained by measuring NIST standard reference materials (SRMs). For the ID22NI measurements (ESRF, Grenoble, France), a total amount of 17.4 mg powder of NIST SRM 1577c (bovine liver) was pressed into a self-supporting pellet of 13 mm diameter resulting in an areal density of 13.11  $\text{mg cm}^{-2}$ . The pellet was measured for 1100 s using a raster scan to compensate for possible inhomogeneities. For the P06 beamline measurements (PETRA III, Hamburg, Germany), a NIST SRM 613 (trace elements in glass) and a MPI DING ATHO standard (both prepared as flat samples with a thickness of 100  $\mu\text{m}$ ) were measured for 1100 seconds using the same measuring strategy described previously. The obtained spectra were deconvoluted using analysis of X-ray spectra using Iterative Least squares AXIL<sup>53</sup> to obtain the net line intensities, which were then normalised to the incoming photon flux, corrected for detector dead time and for self absorption effects. Spectral data was then batch processed using an inhouse developed software package called MICROXRF2. Manual image segmentation (or clustering) was performed on the obtained element maps of the unstimulated neutrophils, indicating nucleus, cytoplasm and cell. The individual point spectra belonging to a single segment were then summed and net line intensities of the segment were obtained using AXIL.

Quantification was based on a fundamental parameter approach which exploits the theoretical relation between the net-line intensities and the elemental concentrations (Sherman, 1955). The elemental yields of the elements of interest were calculated from the measured standard reference material taking into account: (1) variations in incoming beam intensity (related to varying synchrotron ring current and small variations in alignment of beamline optical components) by using ionisation chamber

values, (2) the use of absorbers (1500  $\mu\text{m}$  Al in case of NIST SRM 1577c) and (3) detector dead time (registered for every scanned point).

The elemental intensity maps were converted into areal concentration distributions (expressed in  $\mu\text{g cm}^{-2}$ ) by dividing the pixel values in the normalised elemental maps (normalised to dead time and storage ring current) by the areal elemental yields. In order to determine the so-called “relative enrichment factors” for the relevant elements in the nucleus *versus* the cytoplasm, the sum spectra of the nucleus and the cytoplasm were first normalised to the Compton scattering peak and the ratios of the relevant elemental intensities were taken.

### Statistical analysis

Unless stated otherwise, all statistical calculations have been performed using Microsoft Excel. Further statistical analysis was performed using Graphpad Prism Software 5. For the quantification of NETs supernatants, data was fitted using a non-linear Michaelis–Menten fit.

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