

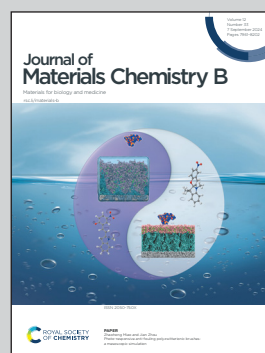


Showcasing research from Professor Indu Pal Kaur (IPK Labs), UIPS, Panjab University, India. Co-authors from: Rutgers, NJ, USA, University of Technology, Sydney & Swinburne University of Technology, Australia, Tynor Orthotics, GHG Khalsa COP and LPU, India.

Innovative approaches to wound healing: insights into interactive dressings and future directions

IPK labs & colleagues describe scope and limitations of biopolymer/biosensor-based, bioactive-containing smart & interactive dressings. IPK labs specialize in designing novel nanostructured vesicles, hydrogels, 2D scaffolds, and probiotic-based sponges for ocular, topical, wound dressing applications.

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## REVIEW

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2024, 12, 7977Innovative approaches to wound healing: insights  
into interactive dressings and future directionsRadhika Yadav,<sup>a</sup> Rohtash Kumar,<sup>†a</sup> Muskan Kathpalia,<sup>a</sup> Bakr Ahmed,<sup>a</sup>  
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The objective of this review is to provide an up-to-date and all-encompassing account of the recent advancements in the domain of interactive wound dressings. Considering the gap between the achieved and desired clinical outcomes with currently available or under-study wound healing therapies, newer more specific options based on the wound type and healing phase are reviewed. Starting from the comprehensive description of the wound healing process, a detailed classification of wound dressings is presented. Subsequently, we present an elaborate and significant discussion describing interactive (unconventional) wound dressings. Latter includes biopolymer-based, bioactive-containing and biosensor-based smart dressings, which are discussed in separate sections together with their applications and limitations. Moreover, recent (2–5 years) clinical trials, patents on unconventional dressings, marketed products, and other information on advanced wound care designs and techniques are discussed. Subsequently, the future research direction is highlighted, describing peptides, proteins, and human amniotic membranes as potential wound dressings. Finally, we conclude that this field needs further development and offers scope for integrating information on the healing process with newer technologies.

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## Introduction

Wound assessment has been a persistent therapeutic challenge for the medical community since ancient times. Wounds are usually associated with increased morbidity and significant mortality.<sup>1</sup> In 2022, the World Health Organization (WHO) reported that about 4.4 million people worldwide lose their lives annually due to injuries, both unintentional and

caused by violence. Collectively, this accounts for almost 8% of all mortalities.<sup>2</sup> These data are noteworthy compared to cancer deaths ( $\approx 10$  million deaths globally as of 2020), one of the leading cause of death worldwide.<sup>3</sup> A wound can be defined as any injury to the epithelial lining of the skin that is caused by physical or thermal damage. This type of injury can lead to various mental health issues, including anxiety, depression, or stress, which may impose a considerable effect on the balanced lifestyle and well-being of an individual.<sup>4</sup>

Wound healing is an intricate and dynamic physiological process that involves numerous cellular events to rejuvenate damaged tissues.<sup>5</sup> It relies on the interaction among extracellular matrix (ECM) molecules, mediators, fibroblasts, keratinocytes, and invading leukocyte subtypes within the human body.<sup>6</sup> These components work together in a coordinated manner to restore the integrity of injured tissue and regenerate what has been lost. The process of wound healing can be divided into four sequential stages: hemostasis, inflammation, proliferation, and maturation.<sup>7</sup> Table 1 provides a detailed overview of the different phases of wound healing, including the duration of each phase, the specific events that occur during each phase to prepare the tissue for healing, and visual illustrations depicting the wound in each phase. Each stage of wound healing is interconnected and interdependent. In this

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Table 1 Phases of wound healing

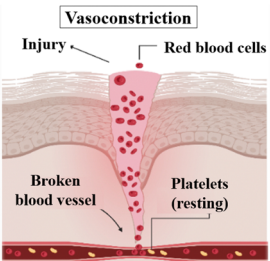
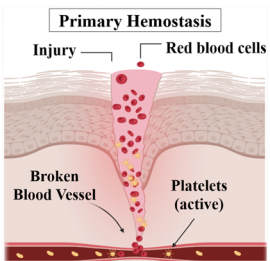
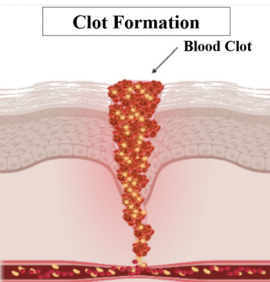
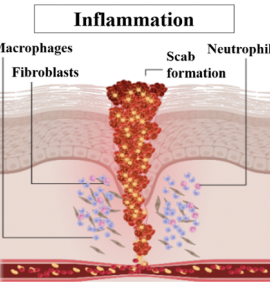
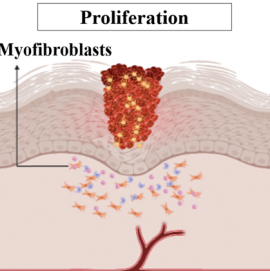
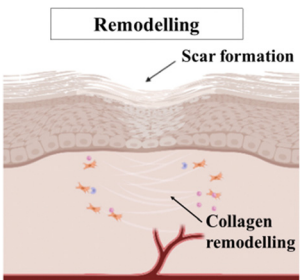
Phase	Events	Pictorial illustration	Importance
Hemostasis	Vasoconstriction: reduced blood flow and prevention of bleeding		
Time span <sup>a</sup> : 5–10 minutes <sup>8</sup>	Primary hemostasis: platelet aggregation		This stage begins immediately after tissue injury and aims to stop bleeding and promote blood clot formation. Platelets and clotting factors come into action, forming a clot that seals the wound and creates a provisional matrix. This initial matrix acts as a scaffold for the subsequent stages of healing.
	Secondary hemostasis: formation of fibrin resulting in a strong blood clot. <sup>6,9</sup>		
Inflammatory Time span: 0–4 days <sup>10</sup>	Swelling, redness and pain. Chemotactic movement of neutrophils.  Macrophages engulf bacteria, apoptotic neutrophils and necrotic tissues. <sup>11</sup>		Following hemostasis, the inflammation stage begins. Although inflammation is often associated with negative connotations, it is an essential and carefully regulated process in wound healing. Inflammation serves multiple purposes, including removing debris, clearing pathogens, and initiating the recruitment of various cell types necessary for tissue repair. Inflammatory cells such as neutrophils and macrophages play a critical role in this stage, releasing growth factors and cytokines that stimulate subsequent phases of healing.
Proliferative (reconstruction/repair phase) Time span: 3–24 days <sup>10</sup>	Stimulation of angiogenesis by macrophages.  Characterised by migration and proliferation of fibroblasts. Fibroblasts (produce collagen) are stimulated by macrophages and differentiate into myofibroblasts (important in wound contraction process). <sup>12</sup>		During this stage, new tissue formation occurs, primarily driven by the activity of fibroblasts and keratinocytes. Fibroblasts produce collagen, the main component of the ECM, which provides strength and support for wound healing. Alternatively, keratinocytes contribute to re-epithelialization, where they migrate and proliferate to cover the wound surface.



Table 1 (continued)

Phase	Events	Pictorial illustration	Importance
Remodelling/ maturation Time span: 24 days–2 years <sup>8</sup>	Indicated by wound contraction and collagen remodelling. Increase in the wound tensile strength (cannot regain the full strength of original tissue). Formation of a scar. <sup>9,12</sup>		The final stage of wound healing is maturation. In this phase, the newly formed tissue undergoes remodelling and maturation to attain its optimal strength and functionality. Collagen fibers reorganize and align along the lines of tension, making the healed tissue more resistant to stress. Excessive scar tissue formation is minimized through a balance of collagen synthesis and degradation.

<sup>a</sup> The time frames for each stage mentioned in this table are approximate and can vary depending on the size of wound, location, and individual factors.

case, a disruption or imbalance in any stage can lead to impaired healing or the formation of chronic wounds.

Wound dressings play a crucial role in the healing process by preventing the wound from becoming worse or getting infected, as well as facilitating the development of granulation tissue at the wound site.<sup>13</sup> They not only provide protection but also promote natural healing.<sup>14</sup> With the aim of treating various types of wounds, numerous dressings have been developed and used in clinics. The use of wound dressings offers diverse benefits, including superficial protection of the wound surface, maintenance of a moist wound healing environment, appropriate temperature regulation, removal of excess fluid, and alleviation of discomfort during dressing changes.<sup>15</sup> To ensure effective treatment, wound dressings must consider various wound-related factors, such as the type and depth of the wound and the amount of exudate.<sup>16</sup> However, if a dressing fails to sufficiently soak the exudate, it can cause maceration, increasing the chances of infection. Alternatively, dressings with high absorbing capacity may disrupt the tissue moisture balance and cause irritation.<sup>17</sup> Therefore, improper wound treatment and unsuitable dressing choices can create a barrier to effective wound healing.<sup>13</sup>

Passive conventional dressings, such as bandages and gauzes, are essential wound care products primarily used for drying and cleaning wounds to control bleeding and shield against external contaminants.<sup>18</sup> However, these dressings have significant limitations and issues when applied to highly exuding chronic wounds, which can lead to discomfort and pain during dressing removal. Therefore, these dressings are more appropriate for dry wounds.<sup>19</sup> Furthermore, these dressings are unsuitable for wounds with excessive exudate given that they quickly become saturated, risking leakage and infection.<sup>20</sup> Additionally, they may adhere to the wound surface, potentially causing harm during removal, and disrupting the healing process.<sup>21</sup> Moreover, their limited breathability, incompatibility with some topical treatments, and the risk of secondary trauma when changed frequently highlight their limitations.<sup>22</sup> Consequently, healthcare professionals are now exploring advanced wound care solutions tailored to specific wound types and conditions to effectively mitigate these challenges and optimize the healing process.<sup>23</sup>

Interactive or modern wound dressings represent a significant advancement in wound care, offering a tailored and advanced approach to treatment compared to traditional passive dressings.<sup>24</sup> Unlike passive dressings, interactive dressings actively engage with the wound environment.<sup>25</sup> Typically, they are composed of specialized materials, such as hydrogels, foams, and silicone, which contribute to the healing process. Interactive dressings demonstrate proficiency in maintaining an optimal moisture balance within the wound, preventing excessive dryness and excessive moisture.<sup>26</sup> Their ability to promote the formation of granulation tissue is a key feature, providing a supportive scaffold for the growth of blood vessels and epithelial cells, ultimately leading to wound closure.<sup>27</sup> Moreover, interactive dressings effectively manage exudate, preventing saturation and leakage, reducing the need for frequent dressing changes, and minimizing the risk of infection.<sup>28</sup> Their transparency facilitates wound monitoring without disturbing the wound bed, and they adhere gently to the wound surface, causing minimal pain and trauma during removal.<sup>26</sup> These attributes make interactive dressings a superior choice in wound care, particularly for highly exuding chronic wounds, complex cases, and situations where optimizing the healing process is paramount.

This review is dedicated to exploring the recent innovations in interactive wound dressings, as well as examining patents and providing an update on their clinical status. Furthermore, we analyze the effectiveness of dressings, evaluate treatment advantages and limitations, and highlight promising new materials for future wound care applications. To exemplify the transformative potential of advanced interactive dressings in wound care, two notable examples stand out. Firstly, 3D patches of manuka honey-gelatin possess potent antibacterial properties effective against both Gram-negative and Gram-positive bacteria, thereby addressing common wound infections, while concurrently promoting angiogenesis and the production of skin cells.<sup>29</sup> Additionally, there is a smart and flexible wound bandage equipped with sensors for detecting uric acid (UA), pH, and temperature at the wound site. This innovative bandage has shown exceptional clinical performance, delivering precision and stability in the monitoring of UA, pH, and temperature levels, both in controlled



environments and real-world scenarios.<sup>30</sup> These examples emphasize the promising future of interactive dressings in revolutionizing wound care by integrating sensors and drug delivery capabilities. These innovations enable personalized therapy and real-time monitoring, underlining the critical importance of ongoing research to unlock the full therapeutic potential of wound healing dressings, ultimately benefiting both patients and healthcare providers.

## Wound management and dressing selection

The term “wound management” refers to all facets of patient care related to wounds, including initial injury assessment, infection control, fluid loss management, tissue regeneration, wound closure, scar development and remodelling.<sup>31</sup> There are several wound-care items on the market, such as simple protecting layers, hydrogels, metal ion-impregnated dressings, and antimicrobial dressings, which aid in wound healing by promoting the closure of the wound surface.<sup>32</sup> The choice of wound care product is influenced by several factors, including the wound characteristics such as type of wound, its colour, depth, shape, size, amount of exudate, location, and the care setting. Given that acute and chronic wounds differ signifi-

cantly in terms of their etiology, different approaches to wound care management need to be adopted.<sup>12</sup> With a wide range of products available on the market, choosing the right dressing can be challenging. The choice of wound care product will often change at each stage of wound healing given that wounds are dynamic and go through distinct phases of healing, as depicted in Fig. 1.<sup>33</sup> For instance, possible dressing options to treat wounds in the hemostasis phase of wound healing involve hydrocolloids and transparent films, and their commercially available products include Comfeel<sup>®</sup>, Tegaserb<sup>®</sup>, Oxyband<sup>®</sup>, Bioclusive<sup>®</sup>, and Polyskin II.<sup>32</sup> Further, factors such as ease of use, cost-effectiveness, and patient compliance are also considered to identify the most suitable product.<sup>34</sup>

Dressings can be broadly classified into two categories, traditional and modern dressings, considering the advanced innovations in manufacturing techniques and associated properties.<sup>25,35</sup> However, dressings can also be categorised based on factors such as clinical performance, material origin and type,<sup>36</sup> functions and interaction with the wound surface,<sup>37</sup> physical forms,<sup>38</sup> and adaptability to changing wound conditions.<sup>14,39</sup> Other classification criteria include skin replacement products, wound healing devices, and traditional, contemporary, and advanced dressings.<sup>7</sup> The various classes of wound dressings based on these parameters are summarised in Fig. 2.

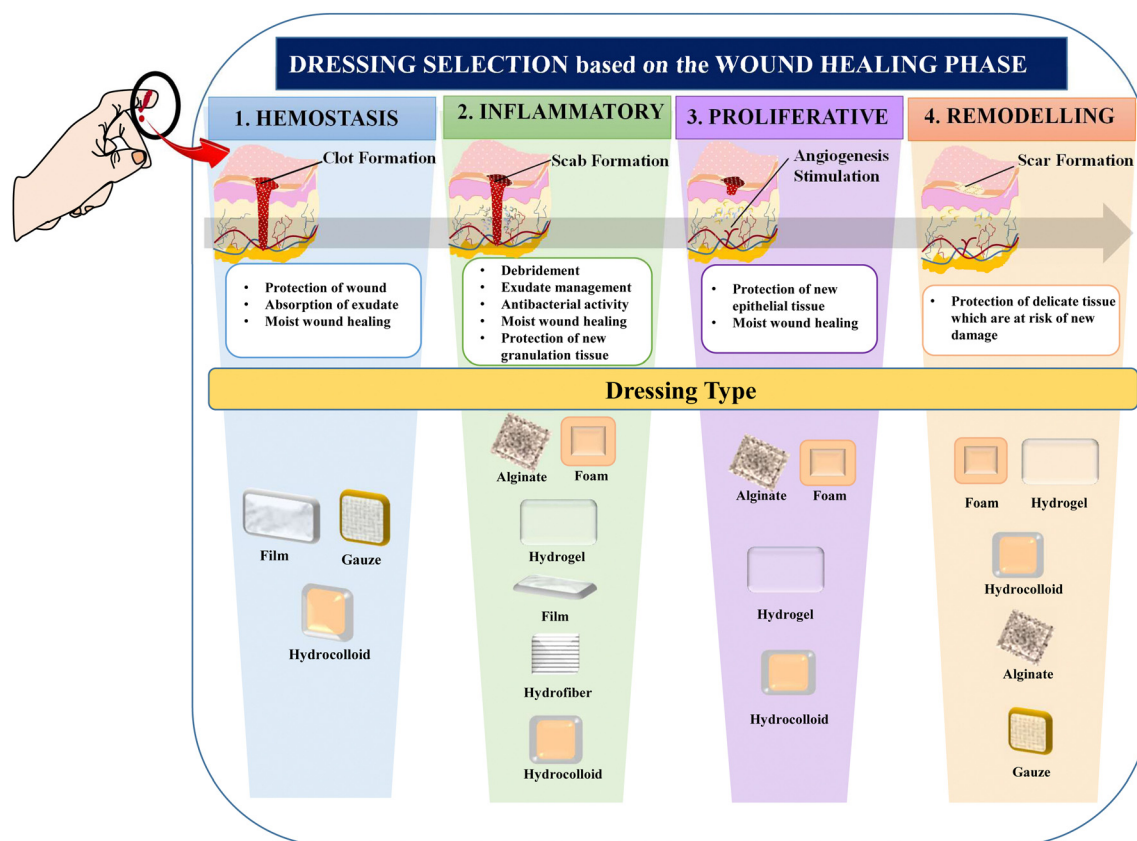


Fig. 1 Dressing selection based on wound healing phase.

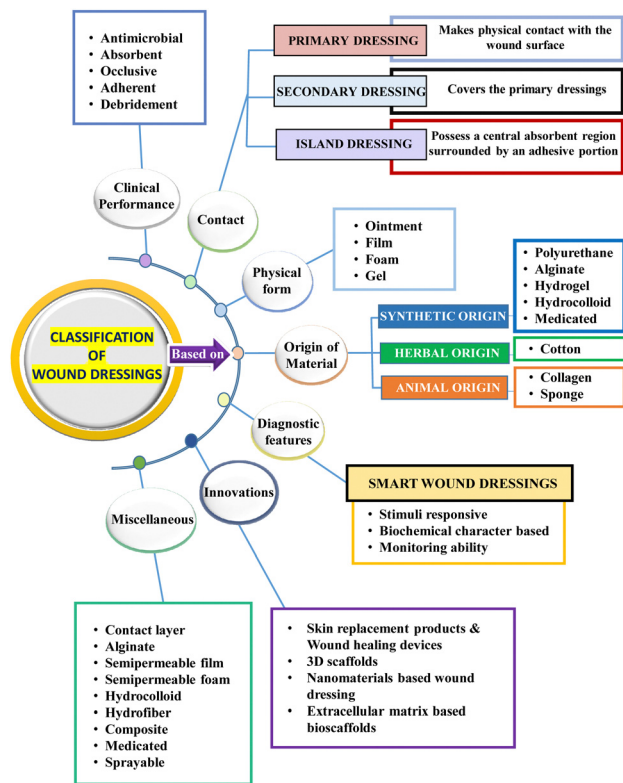


Fig. 2 Summary of the classification of wound dressings based on different parameters.

## Interactive wound dressings

Interactive wound dressings are dressings that actively interact with the wound surface to enhance the healing process and water vapor transmission rate (WVTR).<sup>40</sup> These dressings include unconventional dressings such as biopolymer-based dressings, bioactive-supplemented dressings, and smart dressings<sup>41</sup> (Fig. 3). Biopolymer-based dressings, such as films, foams, hydrogels, and hydrocolloids, serve as a barrier against

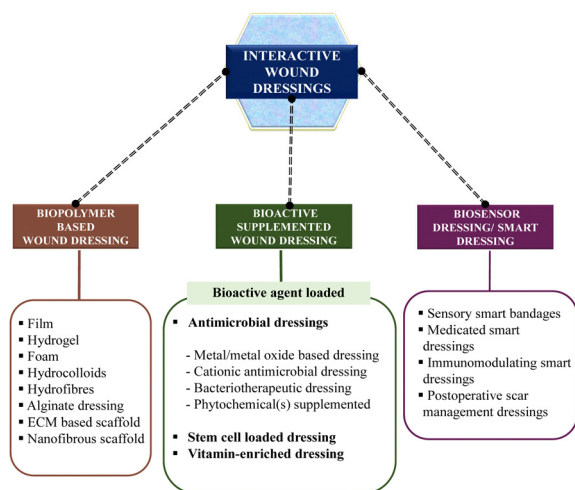


Fig. 3 Classification of interactive wound dressings in this review.

microorganisms entering the wound environment.<sup>4</sup> Bioactive dressings may be loaded with bioactive agents, exhibiting biodegradability and biocompatibility, while actively interacting with the wound surroundings.<sup>42,43</sup> The commonly used bioactive agents include vitamins, antibiotics, and growth factors, which aid in the wound healing process.<sup>44</sup> Smart dressings, a newer concept in wound healing, utilize technological advancements and biomaterials embedded with sensors to sense and monitor the healing process in real-time, providing an optimal healing environment.<sup>7,14</sup>

## Biopolymer-based dressings

Biopolymers or biomaterials are widely used in the design of wound dressings due to their high biocompatibility, biodegradability, bioactivity, and non-toxicity.<sup>45</sup> A biomaterial is defined as any combination of synthetic or naturally derived polymers, excluding drugs, which can be utilized as a whole or as part of a system to treat, augment, or replace any tissue, organ, or physiological process within the body (Fig. 4).<sup>46,47</sup> A wide range of biomaterials is available to meet the challenges of customization and provide specialised solutions for tissue regeneration in various circumstances, such as wound healing.<sup>48,49</sup> Biomaterials for wound healing can be categorised depending on their source, chemical composition, type of dressing, and application.<sup>18,46</sup> Natural biomaterials, such as collagen, alginate, chitosan, and silk, have gained prominence due to their inherent biocompatibility and their ability to promote tissue regeneration and maintain a favourable wound environment.<sup>50</sup> They naturally degrade, aligning with the wound healing process, which eliminates the need for removal and reduces the risk of additional harm.<sup>51</sup> Furthermore, natural biomaterials

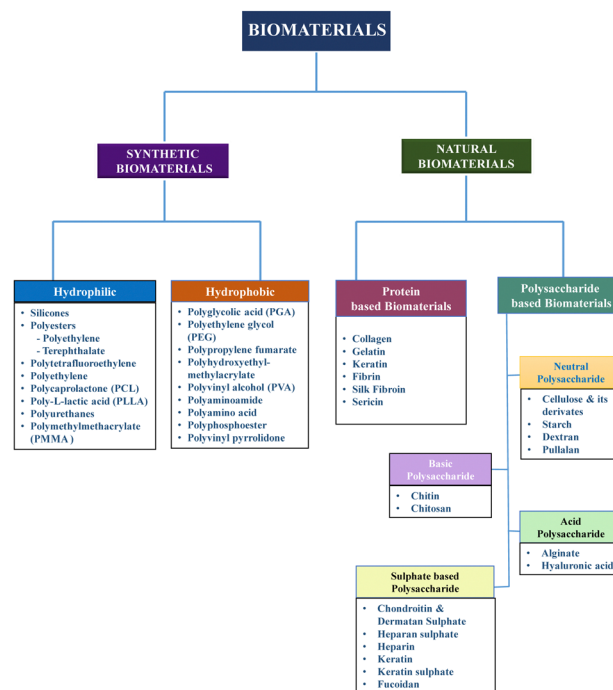


Fig. 4 Classification of biomaterials.

may have antimicrobial properties and help maintain a moist wound environment, which are critical factors in optimizing the healing process.<sup>52</sup> In contrast, synthetic biomaterials such as polycaprolactone, while offering versatility and ease of manufacture, often necessitate removal procedures, which can pose a risk of additional wound damage.<sup>53</sup> This inherent difference underscores the preference for natural biomaterials in many wound dressing applications, given that they contribute to a more seamless and minimally invasive healing process.<sup>54,55</sup>

In each phase of wound healing, several growth factors and cytokines play a role in advancing the wound to the next healing stage. These biological factors are responsible for promoting cell proliferation, angiogenesis, collagen synthesis, and other processes essential for tissue regeneration.<sup>55</sup> However, the hostile environment inside a non-healing wound frequently causes the disappearance or degradation of essential growth factors and cytokines.<sup>56</sup> Therefore, the administration of growth factors and cytokines to wounds *via* biomaterials has been studied for regenerative purposes.<sup>57</sup> Furthermore, the effectiveness of polymeric biomaterials can be enhanced by incorporating medicinal compounds, growth factors, and antimicrobial medications, given that they can expedite wound closure by inducing collagen deposition and vascularization.<sup>58</sup> Different wound dressings have been developed using these biomaterials, which are elaborated in the following sections.

### Film dressings

Film dressings are thin, transparent, flexible, and semi-permeable sheets used in wound care to protect the wound from external contaminants while allowing moisture vapor transmission and gas exchange.<sup>59</sup> One side of these sheets is coated with adhesive, allowing them to securely cling to the wound surface.<sup>60</sup> Film dressings are commonly made from various polymers, with polyurethane emerging as a widely favoured option.<sup>61</sup> Other polymers such as silicone and hydrocolloid are also utilized in the manufacturing of film dressings.<sup>62</sup> The specific formulation may vary depending on the brand and type of film dressing. In the study by Mistry *et al.* on diabetic wound healing, it was found that chitosan–polygalacturonic acid polyelectrolyte complex films significantly accelerated wound closure and promoted hair growth in diabetic mice.<sup>63</sup> These dressings offer convenience in wound management due to their unique characteristics. For example, their elasticity allows them to fit any body contour, and their thin and flexible nature makes them easy to apply, even in difficult-to-reach areas such as joints.<sup>64</sup> Films can be utilised for direct medicine administration to the wound site given that they are permeable to gas and impermeable to liquid and germs. They allow some moisture to evaporate, act as a barrier against external contamination, and support wound bed inspection without removing the dressing.<sup>60</sup> These dressings are utilized mainly for wounds that do not exude heavily.<sup>9</sup> The composition and thickness of the film affect its mean vapour transmission rate (MVTR), which determines how much moisture can pass through it.<sup>65</sup> Adding adhesive to the plastic film

reduces the MVTR, potentially leading to the build-up of exudate. Therefore, understanding the MVTR is crucial when using film dressings.<sup>9</sup> Hence, maceration from wound exudate is a drawback of film dressings.<sup>66</sup> Film dressings are cost-effective, soft, transparent, resilient, and adhesive.<sup>67</sup> Films are appropriate for superficial pressure wounds.<sup>68</sup> Commercially available film dressings for various indications, are shown below in Table 2.

### Hydrogel dressings

Hydrogel dressings offer several therapeutic benefits, including a calming effect, reduced risk of infection, and promotion of moist wound healing.<sup>77</sup> These benefits are closely linked to the unique properties of hydrogels. Hydrogel dressings are created using a three-dimensional network scaffold of hydrophilic polymer that has good water and biological fluid absorption capacity without disintegrating.<sup>78</sup> By absorbing a significant amount of fluid from the injury site, hydrogel-based dressings provide a soothing effect and reduce the infection risk.<sup>77</sup> Furthermore, their ability to maintain a moist environment promotes optimal wound healing conditions (Table 2).<sup>79</sup> Hydrogels possess other properties that contribute to their therapeutic benefits. They can serve as effective drug delivery systems due to their high porosity and the ability to incorporate and release medications at the wound site.<sup>80</sup> The cross-linked networks of hydrogels, formed through reversible physical interactions such as hydrogen bonds and van der Waals forces, allow for controlled release.<sup>81</sup> Additionally, hydrogels have emerged as highly competitive candidates due to their unique capability to mimic the ECM (extracellular matrix), providing a suitable environment for cell growth and tissue regeneration.<sup>77</sup>

Natural polymers such as gelatin, chitosan, alginate, hyaluronic acid, and dextran are typically used for the manufacturing of hydrogel dressings owing to their favourable biocompatibility and biodegradability.<sup>82</sup> The technique of manufacturing is particularly crucial given that the ultimate form, stability, and mechanical behaviour of the gel may be determined by the backbone chemistry and crosslinking procedure.<sup>83</sup> Crosslinking can be achieved chemically (through polymerization, radiation, small-molecule or polymer–polymer crosslinking), or physically (*via* ionic interaction, hydrophobic interaction, hydrogen bonding, stereo complexation, and supramolecular chemistry).<sup>84</sup> Material choice is perhaps the most important factor influencing the properties of hydrogels.<sup>85</sup> Recently, Yang *et al.* developed hydrogen-bonding supramolecular hydrogels with promising mechanical strength and shape memory properties for postoperative anti-adhesion application, showcasing a superior performance.<sup>86</sup> Xin Zhao *et al.* conducted a study focusing on the development of injectable hydrogels with unique properties. These hydrogels exhibit anti-swelling characteristics, high strength, and wet adhesion. They also demonstrate a rapid gelling process, facilitating sutureless wound closure and scar-free repair of infectious wounds.<sup>87</sup> By understanding the interplay between the therapeutic benefits and the properties of hydrogels, researchers and healthcare professionals can harness the potential of



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Table 2 Comprehensive overview of commercial wound dressing products

Type of dressings	Commercial products	Indications	Pros	Cons	Ref.
Biopolymer wound dressings					
Film dressings	Tegaderm <sup>®</sup>	For small, minimally exudative wounds as a primary dressing	Allows monitoring of skin, conformable, cheap; Fluid will become trapped and macerate; allo-		8, 32, 41, 70 and 71
	OpSite <sup>®</sup>		absorbs significant volume of exudate, remains genic; scab formation and dryness in the		
	Mepilex <sup>®</sup>	As a secondary dressing for other wounds	in position for many days	presence of low exudates	
	Bioclusive <sup>®</sup>	Moderately to heavily exuding wounds			
	Kendall <sup>™</sup>				
	Polyskin <sup>™</sup>				
	Transeal <sup>®</sup>				
	OmniDerm <sup>®</sup>				
	Mepore <sup>®</sup>				
	Carrafilm <sup>™</sup>				
	Blisterfilm <sup>™</sup>				
Hydrogel dressings	Hydrosorb <sup>®</sup>	Necrotic wounds, low to medium exudating wounds, leg ulcers and pressure sores	Maintains moist environment, allows vapour and oxygen exchange, aids tissue debridement, biocompatible	Fluid accumulation leads to maceration or infection of skin mechanically weak	8, 32, 41, 70 and 71
	Intrasite <sup>®</sup>				
	SAF-gel <sup>®</sup>				
	Gel purilon <sup>®</sup>				
	Aquasite <sup>®</sup>				
	Aquaform <sup>®</sup>				
	Carrasyn <sup>®</sup>				
	Nu-Gel <sup>®</sup>				
	2nd skin <sup>®</sup>				
	Clearsite <sup>®</sup>				
Foam dressings	Elasto-Gel <sup>™</sup>				8, 32, 41, 70 and 71
	FlexiGel <sup>™</sup>				
	Hypergel <sup>®</sup>				
	Kendall <sup>™</sup>				
	Curafil <sup>™</sup>				
	Kendall <sup>™</sup>				
	Curagel <sup>™</sup>				
	Normlgel <sup>®</sup>				
	Burn shield hydrogel <sup>®</sup>				
	Tegagel <sup>™</sup>				
Foam dressings	Transigel <sup>™</sup>				8, 32, 41, 46 and 70
	Vigilon <sup>®</sup>				
	XCell hydrogel <sup>®</sup>				
	Geliperm <sup>®</sup>				
	Biatain Ag <sup>®</sup>	Ulcers or other chronic wounds, mainly stage 1 pressure ulcer	Promote autolytic debridement, conformable; prevents skin deterioration	Relatively expensive; often cause localized erythematous reaction	
	Mepilex <sup>®</sup>	First-degree burns			
	Border				
	Allevyn <sup>®</sup>	As secondary dressings for foams, hydrogels, and alginates			
	Tegaderm <sup>®</sup>				
	Lyof foam <sup>®</sup>				
Foam dressings	PermaFoam <sup>®</sup>				8, 32, 41, 46 and 70
	Mepilex <sup>®</sup>				
	Cavi-Care <sup>®</sup>				

Table 2 (continued)

Type of dressings	Commercial products	Indications	Pros	Cons	Ref.
Biopolymer wound dressings					
Hydrocolloid dressings	Betafoam <sup>®</sup>				
	Biopatch <sup>®</sup>				
	Aquacel <sup>™</sup>				
	Flexzan <sup>®</sup>				
	Kendall <sup>™</sup>				
	Curaflex <sup>™</sup>				
	Kendall <sup>™</sup>				
	Hydrasorb <sup>®</sup>				
	PolyMem <sup>®</sup>				
	MitraFlex <sup>™</sup>				
	DuoDERM <sup>®</sup>	Light to moderate exuding wounds, sloughing or granulating wounds, ulcers, leg ulcers, stoma sites	Formation of gel provides moisture and fluid exchange from the injury site; promotes autolytic debridement	Not suited for infected or heavily exuding wounds; cannot be used on dry wounds	8, 32, 41, 46, 70 and 71
	CombiDERM <sup>®</sup>				
	GranuGel <sup>®</sup>				
	Aquacel <sup>®</sup>				
	GranuFlex <sup>®</sup>				
	Comfeel <sup>®</sup>				
Hydrofiber dressings	Tegasorb <sup>®</sup>				
	Oxyband <sup>®</sup>				
	Cutinova <sup>®</sup>				
	Hydrocol <sup>®</sup>				
	NuDerm <sup>®</sup>				
	Replicare <sup>®</sup>				
	Karayahesive <sup>®</sup>				
	Restore <sup>®</sup>				
	Aquacel <sup>®</sup> Ag	Chronic ulcers including pyoderma gangrenosum, deep exuding pressure ulcers, severe injuries, diabetic wounds and second-degree burns	Highly absorbent; non-adherent	Usually requires a secondary dressing	8, 70 and 72
	Aquacel <sup>®</sup> Extra <sup>™</sup>				
Alginate dressings	Exufiber <sup>®</sup>				
	Kaltostat <sup>®</sup>				
	Algidity <sup>®</sup>				
	Ultra last <sup>®</sup>				
	Sorbsan <sup>®</sup>				
	Algosteril <sup>®</sup>				
	Kendall <sup>™</sup>				
	Curasorb <sup>™</sup>				
	Kalginat <sup>®</sup>				
	Melgisorb <sup>®</sup>				
	Seasorb <sup>®</sup>				
	Sorbalgon <sup>®</sup>				
	Kaltocarb <sup>®</sup>				
	Kaltogel <sup>®</sup>				
		Second degree burns, wounds with moderate to heavy exudates	High absorption capacity; maintains moist wound environment; promotes clotting	Secondary dressing is required	8, 32, 41, 46, 70 and 71

Table 2 (continued)

Type of dressings	Commercial products	Indications	Pros	Cons	Ref.
<b>Biopolymer wound dressings</b>					
ECM-based scaffolds	AlloDerm <sup>®</sup>	Skin regeneration, chronic wound treatment, and tissue repair.	Enhance wound healing, promote tissue regeneration, and improve scar quality	Limited scalability, potential immunogenicity, variable scaffold quality, and higher costs	73 and 74
	Oasis <sup>®</sup>				
	Graftjacket <sup>®</sup>				
	Allopatch				
	HD <sup>™</sup>				
Nanofibrous scaffolds	CardioCel <sup>®</sup>	Chronic wounds, acute wounds, burns, and skin grafts	Enhance cell adhesion, natural matrix mimicry, controlled drug release, versatility, and promotes healing.	Challenges in achieving consistent scaffold morphology, scalability, cytotoxicity, integrity maintenance, and higher costs	75 and 76
	Synergraft <sup>®</sup>				
	Bioweb <sup>™</sup>				

hydrogel dressings for enhanced wound care and improved patient outcomes.<sup>88</sup>

### Foam dressings

Foam dressings are versatile wound care products that come in the form of hydrophilic or hydrophobic foam.<sup>89</sup> They are typically made from polyurethane or silicone, which sometimes can be equipped with an adhesive border that aids in the thermal insulation of the wound bed and transportation of oxygen and moisture vapour.<sup>4</sup> This enables the exudate to pass through the semi-permeable, non-adherent surface and into the insulated foam. Highly absorbent polyurethane foams are made up of two or three layers, comprising a hydrophilic wound contact surface and a hydrophobic backing.<sup>60</sup> Due to the presence of a semipermeable backing, they aid in the uniform distribution of exudate throughout the absorbent layer and prevent outside leakage.<sup>69</sup> This design helps maintain the integrity of the dressing and reduces the risk of contamination.<sup>90</sup> Silastic foam dressings, a type of silicone-based rubber foam, offer flexibility and conform to the shape of wounds.<sup>4</sup> This feature allows for better wound coverage and promotes wound healing by maintaining a close and secure contact between the dressing and wound bed.<sup>91</sup> Compared to traditional gauze dressings, foam dressings provide greater comfort during nursing time and dressing changes.<sup>92</sup> This is an important consideration given that patient comfort plays a crucial role in overall wound management and compliance with treatment protocols.<sup>21</sup> Foam dressings are versatile and considered appropriate for mild to severely exuding wounds and lower leg ulcers, and are also recommended for granulating wounds.<sup>4</sup> Their effectiveness in managing these types of wounds has been supported by clinical practice and recommendations from healthcare professionals. Additionally, foam dressings are commercialized under different names, as listed in Table 2.

### Hydrocolloid dressings

The most commonly used moisture-retaining dressings are hydrocolloid dressings (Table 2). These dressings contain a combination of gelling agents (gelatin, sodium carboxymethyl cellulose, and pectin), elastic materials, and adhesives.<sup>93</sup> They are supported by an appropriate carrier, such as film and foam, to form a self-adhesive, absorbent and a waterproof lining.<sup>33</sup> Hydrocolloid wound dressings are typically made up of two layers, an outer semi-occlusive layer and an inner hydrocolloid layer.<sup>9</sup> Hydrocolloids have the potential to adhere to both the moist and dry surfaces of wounds. Upon interaction with the wound exudates, hydrocolloids swell, leading to the formation of a cohesive gel-like substance at the site of injury.<sup>90</sup> In addition, their occlusive nature provides resistance to the entry of water, oxygen and air contaminants, which facilitates the process of granulation and angiogenesis.<sup>94</sup> Depending on the amount of exudate and the type of hydrocolloid dressing, hydrocolloid interaction can reduce the dressing frequency to up to seven days wear time.<sup>33</sup>



### Hydrofiber dressings

Hydrofiber dressings are fabricated using sodium carboxymethylcellulose, which forms a gel-like substance on interaction with exudating wounds.<sup>95</sup> These dressings are available in the form of sheets or ribbons of sodium carboxymethylcellulose with high absorbing capacity.<sup>22</sup> In the process of absorbing wound exudate, hydrofibres change into gels that help maintain a moist environment, while promoting autolytic debridement.<sup>28</sup> Hydrofiber ribbons can be packed into deep concave regions, making them particularly beneficial for deep wounds.<sup>96</sup> However, they should only be packed up to 4/5th of the wound area because they swell as they turn into a gel. After application, the hydrofiber dressings must be changed every three days.<sup>97</sup> Additionally, they have been shown to work well on donor sites with partial thickness and second-degree burns.<sup>70</sup> The commercially available products of hydrofiber dressings together with their indications, advantages, and associated drawbacks are depicted in Table 2.

### Alginate dressings

Alginate dressings are biodegradable and highly absorbent dressings derived from naturally occurring calcium and sodium salts of alginic acid found in seaweed rich in mannuronic acid and guluronic acid.<sup>98</sup> When applied to wounds, alginate dressings exchange sodium ions on the wound surface with the calcium ions from alginate to produce a protective layer, and thus provide a moist wound environment and minimize bacterial infections at the wound site.<sup>98</sup> Most alginates have a fibrous structure, which means that if there is not enough wound exudate to gel the fibres, leftover fibres may remain in the wound.<sup>99</sup> Given that they prompt a foreign body response, they may lead to an inflammatory response.<sup>98</sup> The therapeutic effectiveness of alginate dressings is affected by the proportion of other polymers used in combination with alginate, the type of cross linkers used, the length of time the crosslinks are formed, the type of excipients used, the incorporation of nanoparticles, and the presence of antibacterial agents.<sup>98</sup> Moreover, the benefits and drawbacks of alginate dressings are listed in Table 2.

### ECM-based scaffolds

An innovative approach, namely extracellular matrix (ECM)-based scaffolds, is intricately linked to the ongoing advancements in natural biomaterials for wound care and tissue regeneration.<sup>100</sup> ECM-based scaffolds derived from natural resources such as dermal proteins are typically generated by decellularizing mammalian tissues, retaining the native ECM and its signalling proteins.<sup>57,101</sup> However, various factors, such as the choice of donor tissue,<sup>102</sup> the decellularization procedure,<sup>103</sup> and post-decellularization processing steps, including terminal sterilization and chemical crosslinking, influence the quality and efficacy of ECM scaffolds.<sup>104</sup> The quality of the ECM scaffold plays a crucial role in constructive healing responses and clinical outcomes.<sup>105</sup> For instance, researchers have successfully created ECM scaffolds by

combining sericin, a naturally occurring silk protein, with ECM obtained from human placenta, demonstrating non-toxicity, angiogenic properties, and wound healing efficacy.<sup>106</sup> This innovative biomaterial offers potential applications in tissue regeneration, showcasing the advantages of natural biomaterials in advancing wound care (Table 2).

### Nanofibrous scaffolds

Nanofibrous scaffolds have emerged as promising candidates for wound care and skin tissue regeneration due to their unique properties.<sup>107</sup> These scaffolds offer biological compatibility, biodegradability, adhesive properties, moisture absorption, and mechanical strength.<sup>108</sup> Nanofibrous scaffolds fabricated with both natural and synthetic polymers have shown promise in developing drug delivery systems, enabling the controlled release of bioactive compounds such as growth factors, vitamins, antimicrobial substances, antioxidants, and hormones.<sup>109</sup> This is achieved through techniques such as electrospinning of blended polymers or coaxial spinning of two different polymers together with drugs and active agents.<sup>110</sup> These scaffolds serve as artificial extracellular matrices, providing a natural environment for tissue formation.<sup>111</sup> Compared to other forms of scaffolds, nanofibrous scaffolds offer enhanced cell adhesion, proliferation, and differentiation efficiency, which are attributed to their high surface-to-volume ratio.<sup>112</sup> Additionally, the incorporation of nanomaterials, such as CuO/Ag nanoparticles (AgNPs), within electrospun cellulose acetate nanofibers has shown potential bacteriostatic and bactericidal properties.<sup>113</sup> These capabilities highlight the versatility and potential applications of nanofibrous scaffolds in wound healing and tissue regeneration (Table 2).

### Bioactive-supplemented wound dressings

Bioactive-supplemented wound dressings target specific bioactive compounds including antimicrobial agents, stem cells, growth factors and vitamins to the wound site for accelerating the healing process and creating a dynamic interaction with the wound surface.<sup>114</sup> The bioactive dressings employed in wound healing comprise a range of options, such as antimicrobial-boosted dressings, dressings loaded with stem cells, and vitamin-enriched dressings.

### Supplemented antimicrobial dressings

Although microbial bioburden has long been acknowledged as a potential hindrance to wound healing, biofilms are now regarded as a major microbiological obstruction.<sup>115</sup> Biofilms are extracellular polymeric substances that are self-produced by the surface-attached microbial communities, shielding the microbes from dangers outside their environment, and thus preventing the action of antimicrobial medications.<sup>116</sup> It has been suggested that biofilms contribute to chronic inflammation in wounds, defective granulation-tissue development, and epithelialization.<sup>117,118</sup> Antimicrobial-impregnated dressings can be utilised for superficial wounds that are highly susceptible to infection.<sup>70</sup> Hydrofiber technology has been used to create a novel, next-generation antibacterial dressing (NGAD) that can regulate exudate as well as two major local barriers to

wound healing, *i.e.*, biofilm and infection.<sup>118</sup> Recently, Xun Wang *et al.* created a multifunctional hydrogel dressing containing cypate-conjugated antimicrobial peptides (AMP-cypates), liposome-encapsulated perfluorodecalin, and recombinant type III collagen, which showed antimicrobial action to aid healing of chronic wounds in a hypoxic environment.<sup>119</sup> These dressings include metal or metal oxide-based dressings, cationic antimicrobial-based dressing, bacteriotherapeutic dressing, and phytochemical(s) supplemented dressing.

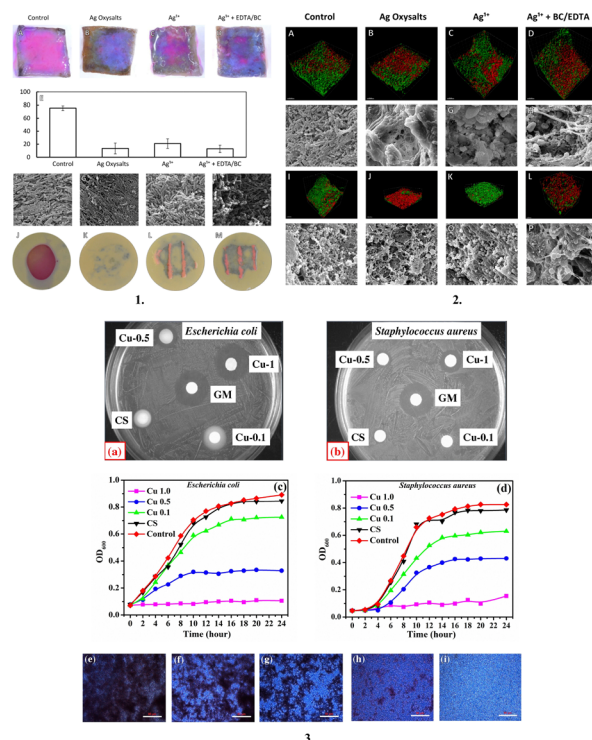
### Metal- or metal oxide-based dressing

Metal and metal oxide-based bioactive augmented wound dressings include metallic or metal oxide components (silver, copper, zinc) in wound dressings, which are frequently used for antibacterial or therapeutic properties. These dressings can help promote wound healing and prevent infections.<sup>120</sup>

Silver is regarded as a broad-spectrum antimicrobial agent with potential application for superficial infections. Hydrogels, alginates and foams can be impregnated with silver particles in addition to conventional topical wound treatments.<sup>70</sup> Small amounts of silver are released by slow-release dressings that have been impregnated with silver, and the chloride ions present in wound exudate immediately bind with these silver ions, exhibiting structural changes to the bacterial cell membrane, as follows: (a) binding to tissue proteins; (b) denaturing bacterial DNA/RNA and preventing replication; (c) stimulating the synthesis of reactive oxygen species (ROS); (d) interacting with bacterial proteins; and (e) inhibiting the respiratory chain and interfering with respiratory enzymes.<sup>11,121</sup> According to research, Acticoat, a three- or five-layered silver mesh-based dressing containing silver nanocrystals, reduces wound infection, lessens the need for dressing changes, lowers the levels of matrix metalloproteinase activity, bioburden and wound exudate, and expedites wound healing in chronic conditions in a cost-effective way.<sup>122</sup> Precautions for the usage of these dressings over epithelializing and proliferating wounds should be taken, given that *in vitro* studies have shown that Acticoat is toxic to squamous cells and fibroblasts.<sup>122</sup> Further, the study by Christopher Doherty *et al.* compared the *in vitro* and *in vivo* effectiveness of different silver-based dressings against *Staphylococcus aureus* (*S. aureus*) and *Pseudomonas aeruginosa* biofilm models and reported their varying effects on biofilms depending on their physicochemical properties<sup>123</sup> (Fig. 5).

Zinc is essential in regulating the wound healing remodeling process at all stages. This encompasses activities such as repairing the cell membrane, managing oxidative stress, coordinating blood clotting, moderating inflammation and immune response, facilitating tissue re-epithelialization, promoting the growth of new blood vessels (angiogenesis), and participating in the formation of fibrous tissue and scars.<sup>125</sup>

Copper, a trace mineral, plays a pivotal role in numerous wound healing processes.<sup>126</sup> It actively encourages wound healing through several mechanisms.<sup>126</sup> Firstly, it fosters the growth of new blood vessels (angiogenesis) by elevating the levels of hypoxia-induced factor 1alpha (HIF-1 $\alpha$ ), vascular



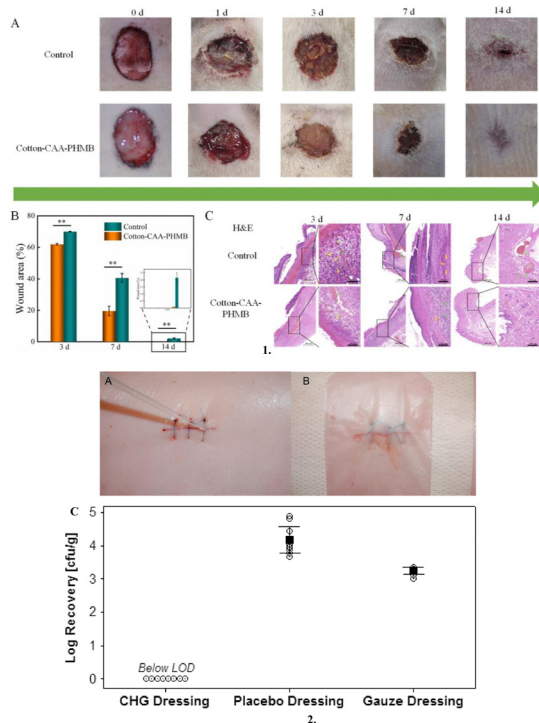
**Fig. 5** Metal- or metal oxide-based dressing: (1) Visualisation of *P. aeruginosa* biofilms after treatment with silver dressings. (A)–(D) Viability of bacteria within *P. aeruginosa* biofilms grown on the porcine skin was visualised with the PrestoBlue viability dye after 24 h treatment with silver dressings or non-antimicrobial control dressings. Viable bacteria appear pink, whereas non-viable bacteria and the porcine skin appear blue. (E) Viable bacteria (pink staining) were quantified using Image Pro version 10. (F)–(I) Scanning electron microscopy images of *P. aeruginosa* biofilms grown on the porcine skin and treated with silver dressings or non-antimicrobial control dressing for 24 h. SEM scale bar = 5  $\mu$ m. (J)–(M) Colony biofilms grown on filter membranes and stained with PrestoBlue viability dye following 24 h incubation with silver dressings. (2) Visualisation of *in vivo* wound biofilms after 3 days of treatment with control or silver dressings. Confocal images of *P. aeruginosa* (A)–(D) and *S. aureus* (I)–(L) stained with Toto 1 (green) to visualise the extracellular nucleic acids, a component of the biofilm extracellular polymeric substance, and Syto 60 (red), which stains intracellular nucleic acids. Scanning electron microscopy images of *P. aeruginosa* (E)–(H) and *S. aureus* (M)–(P) biofilm-infected wounds after 3 days of treatment with control and silver dressings. SEM scale bars = 5  $\mu$ m. Confocal imaging scale bars = 50  $\mu$ m; (3) Inhibition zone against (a) *E. coli* and (b) *S. aureus* and growth inhibition curve in TGY broth against (c) *E. coli* and (d) *S. aureus*. Biofilm development on the surface of films (e) CS, (f) Cu 0.0, (g) Cu 0.1, (h) Cu 0.5 and (i) Cu 1.0. White scale bars represent 80  $\mu$ m. Reproduced from ref. 123 and 124 with permission from [Springer, Elsevier], 2023.

endothelial growth factor (VEGF), and copper-dependent transcription factor Atox1.<sup>127</sup> Moreover, copper supports the expression of integrin, a protein vital for cell adhesion and signalling.<sup>128</sup> It also stimulates dermal fibroblasts to secrete essential structural proteins such as fibrinogen, elastin, and collagen, while contributing to the stabilization of these proteins.<sup>129</sup> Furthermore, copper plays a pivotal role in upregulating copper-dependent enzymes and polysaccharides, including lysyl oxidase, metalloproteinases, glycosaminoglycans, and small proteoglycans, all crucial

for processes such as matrix remodeling, cell proliferation, and re-epithelization. Lastly, copper facilitates the migration of both skin and stem cells, which is imperative for effective wound healing.<sup>130</sup> Recently, Mishra *et al.* synthesised copper-incorporated micro-porous chitosan–polyethylene glycol hydrogels loaded with naproxen, and the results showed superior antibacterial activity with sustained drug release, excellent keratinocyte cell response, and inhibition of biofilm formation.<sup>124</sup>

### Cationic antimicrobial-based dressings

A cationic antimicrobial-based dressing is a form of wound dressing that contains cationic antimicrobial compounds to aid in the prevention or treatment of wound infections.<sup>131</sup> There are several examples of cationic antimicrobial-based dressings used in wound care including polyhexamethylene biguanide-containing dressing, chlorhexidine, and iodine-supplemented dressings (Fig. 6).



**Fig. 6** Cationic antimicrobial-based dressings: 1. (A) Images post-surgery at different time points, (B) Statistics of the wound area during the healing process and (C) H&E staining of wound tissue from both groups on day 3, 7 and 14 after surgery (scale bar 500  $\mu$ m and 100  $\mu$ m). 2. (A) Representative photograph of a sutured incision being inoculated with MRSA (methicillin-resistant *Staphylococcus aureus*) suspension, (B) Photograph of post-operative wound with chlorhexidine gluconate dressing applied, and (C) MRSA recovered from the wound specimens excised 3 days postoperatively. Individual data points are represented with open circles. The means and 95% confidence intervals are represented by black squares and lines. All 8 CHG dressing data points were below the LOD. Cotton-CAA PHMB, Cotton-chloroacetic acid-polyhexamethylene biguanide; cfu, colony-forming units; CHG, chlorhexidine gluconate; LOD, limit of detection; and MRSA, methicillin-resistant *Staphylococcus aureus*. Reproduced from ref. 132 and 133 with permission from [Elsevier], 2023.

Iodine is considered a broad-spectrum antimicrobial that enters the cell wall of bacteria and disrupts the cell membrane by breaking the hydrogen bonds, which eventually results in cell death.<sup>134</sup> Iodine dressings exist in two distinct forms of sheets and gels.<sup>70</sup> Iodine dressings are available as povidone iodine (acts as a reservoir of free active iodine<sup>135</sup> and cadexomer iodine, as well as several commercial formulations).<sup>70</sup> Povidone–iodine, an antiseptic, is infused with gauze. A more recent composition of dextran beads called cadexomer-iodine (a 3-D starch lattice containing 0.9% iodine)<sup>69</sup> promotes the sustained release of iodine, which lowers the bacterial burden and aids in the debridement of the wound by absorbing up to 7 times its weight in exudate. Shaydier Argel *et al.* assessed bacterial nanocellulose loaded with povidone–iodine as a bioactive dressing for skin and soft tissue infections and demonstrated the antibacterial and anti-inflammatory properties of the dressing.<sup>136</sup>

Polyhexamethylene biguanide (PHMB) is a biguanide, a strong base that is strongly positively charged at physiological pH.<sup>137</sup> PHMB functions similarly to iodine in that it penetrates bacterial cells and breaks the cell membrane, allowing potassium ions and cytosolic components to flow out and cause cell death.<sup>138</sup> To treat acute and chronic wounds that are heavily colonised and locally infected, PHMB is the most frequently used antiseptic.<sup>132,135</sup> Chlorhexidine-containing dressings are especially useful in surgical wounds, burns, and chronic wounds, where the risk of infection is high.<sup>139</sup> By breaking the cell membrane, chlorhexidine kills a wide range of microorganisms, including bacteria and fungi. This aids in the regulation of bioburden inside the wound environment, thereby helping in the overall healing process.<sup>140</sup> A recent study by Mana *et al.* examined the efficacy of a post-operative wound dressing containing chlorhexidine gluconate against methicillin-resistant *Staphylococcus aureus* (MRSA) in an *in vivo* porcine incisional wound model and concluded that it showed an excellent antimicrobial activity against MRSA contaminating a surgical wound.<sup>133</sup>

### Bacteriotherapeutic dressings

Dysbiosis in the skin microbiota is inherently associated with wounds due to the exposure of the subcutaneous tissue to a wide variety of opportunistic microorganisms and activation of the immune response. The application of topical bacteriotherapeutics, both pre- and post-biotics, has been reported to restore the skin eubiosis, prevent infection, reduce inflammation and enhance healing.<sup>77,78</sup> There are numerous reports wherein different probiotic impregnated dressings have shown superior wound healing activity in different stages of wound healing compared to conventional dressings<sup>79,81</sup> (Fig. 7).

Nisin is one of the most widely reported postbiotics for augmenting the wound healing effect.<sup>71,92,143</sup> The recent trend of incorporating postbiotics in dressing materials consisting of probiotics such as chitosan, gums, and alginate has also shown promise.<sup>94</sup> Furthermore, due to the biocompatibility and positive benefits on skin health, probiotics are now again receiving attention in pharmaceutical research.<sup>81,117</sup> Throughout their growth, these living microorganisms produce compounds such



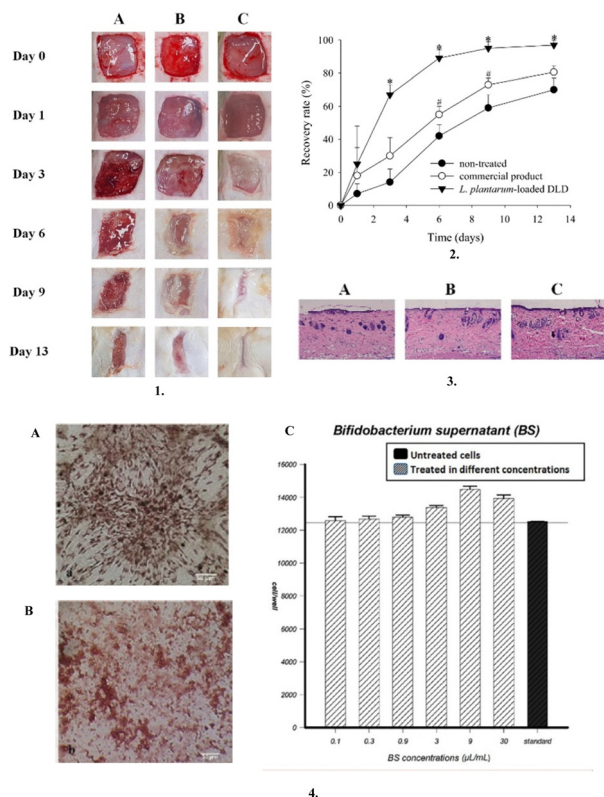


Fig. 7 Bacteriotherapeutic dressings: 1. Representative images of *P. aeruginosa*-infected wound model: (A) non-treated, (B) commercial product, and (C) *L. plantarum*-loaded DLD. 2. Wound recovery rate (%) of the *P. aeruginosa*-infected wound model. \* $p < 0.05$  compared with non-treated and commercial product, # $p < 0.05$  compared with non-treated. 3. Representative histopathological profiles of wounds recovery in *P. aeruginosa*-infected model: (A) non-treated, (B) commercial product, and (C) *L. plantarum*-loaded DLD. 4. (A) Rat bone marrow stromal cells after 14 days of treatment with *Bifidobacterium bifidum* supernatant; stained with Alizarin red, (B) Rat bone marrow stromal cells after 14 days of treatment with *Bifidobacterium bifidum* supernatant; stained with Oil red-O (400 $\times$  using the inverted microscopic system), and (C) Effect of the logarithmic concentrations of *Bifidobacterium bifidum* supernatant on rat bone marrow stromal cells. The MTT assay showed that the highest proliferation occurred in 9  $\mu\text{L mL}^{-1}$  concentration. The control group included cells with standard culture medium without *Bifidobacterium bifidum* supernatant and bacterial cell mass as a negative control. Reproduced from ref. 141 and 142 with permission from [Elsevier, Shiraz University of Medical Sciences], 2023.

as bacteriocins and organic acids, which have antibacterial properties and aid in accelerating the wound healing process.<sup>144</sup> Recently, Jung Suk Kim *et al.* created a dual-layer wound dressing (DLD) that contains *Lactobacillus plantarum* (*L. plantarum*) by encasing a hydrogel in a hydrocolloid and proved that it is an efficient wound treatment system compared to commercial products due to its superior mechanical and wound healing qualities.<sup>141</sup> Moreover, owing to the therapeutic efficacy of probiotics by boosting immune cell production, invading inflammatory cells, and possessing antimicrobial properties, the study by Atena Bazjoo *et al.* demonstrated that the biodegradable film made of chitosan and *Bifidobacterium*

*bifidum* cell-free supernatant accelerated wound healing in rat models.<sup>142,145</sup>

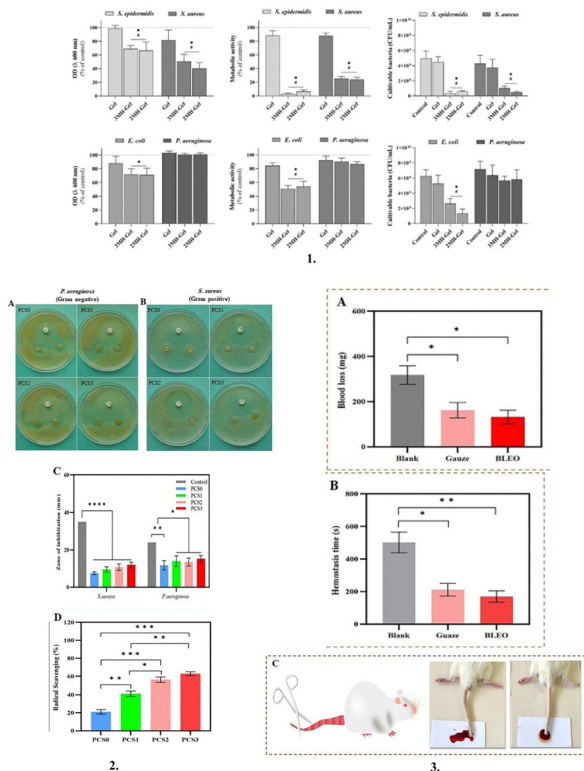
### Phytochemical-supplemented dressings

Phytochemical-supplemented dressings are wound dressings enriched with phytochemicals, which are bioactive molecules derived from plants. These dressings including curcumin-, honey- or essential oil-supplemented dressings use the inherent healing abilities of phytochemicals to accelerate wound healing.

Curcumin is obtained from the rhizome of *Curcuma longa* and is frequently utilised in both acute and chronic wound healing with anti-inflammatory, anti-infection, and antioxidant properties.<sup>146</sup> Moreover, it fights free radicals by acting as an antioxidant and has been proven to be a potential candidate for reducing reactive oxygen species (ROS) and can accelerate healing due to its diketone structure and phenolic hydroxyl groups.<sup>42</sup> Gabriela Isopencu *et al.* in their study demonstrated the antimicrobial activity of turmeric extract-loaded bacterial cellulose-carboxymethyl cellulose composites against *S. aureus*, *Escherichia coli* (*E. coli*), and *Candida albicans* (*C. albicans*) and revealed the significantly high absorbing capacity of these composite dressings for exudates of chronic wounds.<sup>147</sup>

Honey is recommended for use in wound dressings due to its medicinal qualities, which include the capacity to nourish wounds topically, reduce inflammation, stimulate granulation and angiogenesis, and epithelialize wounds.<sup>148</sup> Honey can prevent the development of microorganisms, which is ascribed to its acidity, endogenous hydrogen peroxide, and a high sugar to water ratio.<sup>70</sup> Due to the high sugar content in honey, it exerts an osmotic pressure, which inhibits bacterial development and cell proliferation.<sup>149</sup> With an acidic pH (3.4–6.1), honey may help macrophages destroy bacteria and prevent the growth of microbial biofilms.<sup>149</sup> Honey has proven to be effective in the management of burns and ulcers, especially ulcers related to diabetes such as DFU (diabetic foot ulcers).<sup>150</sup> Using an extrusion-based printing process, Ana Brites *et al.* developed antibacterial manuka honey-gelatin 3D patches with antibacterial properties against both Gram-negative (*E. coli*) and Gram-positive bacteria (*Staphylococcus epidermidis* and *S. aureus*), which are common in wound infection.<sup>29</sup> Furthermore, it promoted angiogenesis and increased the production of human skin fibroblasts and epidermal keratin cells<sup>29</sup> (Fig. 8).

Essential oils are volatile natural mixtures that contain volatile secondary plant metabolites with antibacterial, anti-inflammatory, antioxidant, anti-allergic, anti-inflammatory, and chemoprotective properties.<sup>152</sup> It has been reported that essential oils attack the phospholipids in bacterial cell membranes and the lipids present on their cell walls, increase the rate of permeation, and eventually cause cell death, leading to a drop in pH level, as well as the termination of cellular processes including ATP production, gene transcription and translation.<sup>153</sup> *In vitro* and *in vivo* analysis of a novel bilayer hydrogel dressing fabricated by incorporating Saez essential oil, polyvinyl alcohol and chitosan demonstrated enhanced antibacterial activity and potent antioxidant properties,



**Fig. 8** Phytochemical supplemented dressings: 1. Antibacterial activity of 3D hydrogels (Gel, 3MH-Gel, and 2MH-Gel) against *S. epidermidis*, *S. aureus*, *E. coli* and *P. aeruginosa*, after 24 h of incubation. Optical density (OD), metabolic activity (resazurin reduction) and CFU counting. \* Significantly different from the control (C+, normal growth medium). # Significantly different from the Gel patch. 2. Antibacterial inhibitory effects of PCS (polyvinyl alcohol/chitosan/Saez essential oil) bilayer hydrogels against (A) *S. aureus* and (B) *P. aeruginosa* (Disk diameter = 6 mm). (C) Zone of inhibition diagram of PCS bilayer hydrogels and (D) Antioxidant activity of PCS bilayer hydrogels. 3. (A) Results of the blood loss in the bilayer hydrogel with SEO using the mouse tail amputation model (bleeding blood volume in mg), (B) Results of the hemostasis time in the bilayer hydrogel with SEO (Saez essential oil) using the mouse tail amputation model (bleeding blood time in seconds), and (C) Images of the hemostatic ability and effectiveness of bilayer hydrogel. The right-side image is BLEO sample and the left-side image is control (with SEO using the mouse tail amputation model). Reproduced from ref. 29 and 151 with permission from [Elsevier], 2023.

coupled with their non-toxic nature, biocompatibility, and effective hemostatic properties.<sup>151</sup>

### Stem cell-loaded dressings

Stem cell-based therapies can contribute to tissue repair and regeneration by the incorporation of stem cells into dressing materials, enabling these cells to differentiate into various types based on the wound.<sup>154</sup>

They have emerged as a new paradigm in managing wound treatment and skin repair.<sup>155</sup> However, in general, stem cells used in skin tissue engineering have some drawbacks, including immunological sensitivity, a decreased survival rate, and slower rates of proliferation and differentiation.<sup>156</sup> Thus, to overcome these challenges, preclinical studies have suggested

the use of various stem cells, including that from the umbilical cord, bone marrow, and placenta, together with natural and synthetic polymeric substances, such as gelatin, hyaluronic acid, poly(lactic-co-glycolic acid), and polycaprolactone, to create stem cell 3D scaffolds, which are equivalent to ECM.<sup>156</sup> ECM is a noncellular component of tissues that acts as a scaffold for cells and plays a critical role in regulating growth, homeostasis, inflammation, and repair,<sup>157</sup> and helps in providing a suitable environment for wound healing for optimum functioning around the wound bed.<sup>46,158</sup> In the study by Mohanty *et al.*, they developed a bioconjugate of human epidermal growth factor and curcumin loaded with mesenchymal stem cells for *in vivo* diabetic wound healing, which enhanced the production of granulation tissue, collagen, and angiogenesis (Fig. 9).<sup>159</sup>

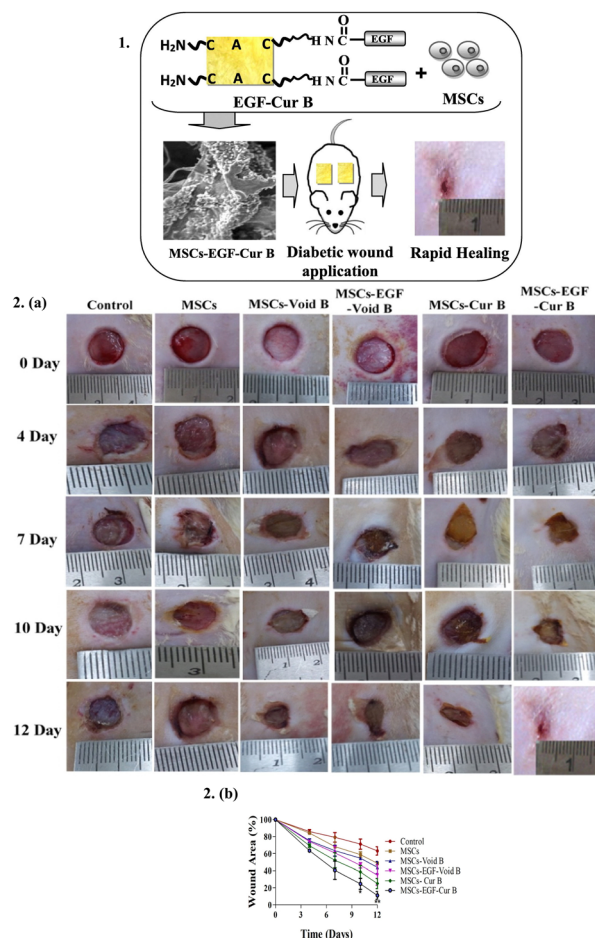
### Vitamin-enriched dressings

Vitamin-enriched dressings, another type of bioactive wound dressing, offer advanced therapeutic benefits by delivering essential vitamins directly to the wound site, promoting the healing process.<sup>160</sup> Studies have demonstrated the efficacy of vitamin-enriched dressings in various wound healing applications. These dressings are often loaded with vitamin C, vitamin A, and vitamin E, each known for their unique roles in supporting wound repair and skin health.<sup>160</sup> For instance, vitamin A contributes significantly to wound healing by increasing fibroblast proliferation and aiding in the formation of granulation tissue.<sup>161</sup> Vitamin E provides antioxidant protection, stabilizes granulation tissue, and stimulates re-epithelialization, which are crucial for wound closure.<sup>162</sup> For example, combining vitamin C with propolis resulted in synergistic effects on wound closure, while vitamin B12-enriched nanofibrous dressings accelerated wound healing and re-epithelialization processes (Fig. 10).<sup>163,164</sup> Additionally, vitamin D<sub>3</sub>-loaded hydrogels enhanced cell proliferation and the wound closure rates.<sup>165</sup> By incorporating vitamins in biomaterial-based dressings, researchers aimed to overcome challenges such as low bioavailability and rapid oxidation, ensuring sustained release and optimal therapeutic efficacy.<sup>166</sup> These advancements hold promise for improving wound care outcomes, particularly in chronic wound management, by harnessing the regenerative potential of vitamins within innovative dressing formulations.

### Biosensor dressings/smart dressings

A smart and multipurpose dressing with on-demand therapeutic properties, strong adhesive and antimicrobial properties, extensive wireless communication, and real-time sensing by monitoring physiological conditions (temperature and moisture) along with relevant biomarkers (pH, glucose, uric acid, oxygen, nitric oxide, inflammatory factors, toxins, and enzymes secreted by bacteria) has been developed in response to the growing need for rapid wound healing.<sup>167–171</sup> Advancements in technology and knowledge of the interactions among biochemical factors, cells, and the surfaces of biomaterials have led to the development of theranostic wound dressings.<sup>172</sup> Furthermore, with the rapid growth of wearable wound monitor



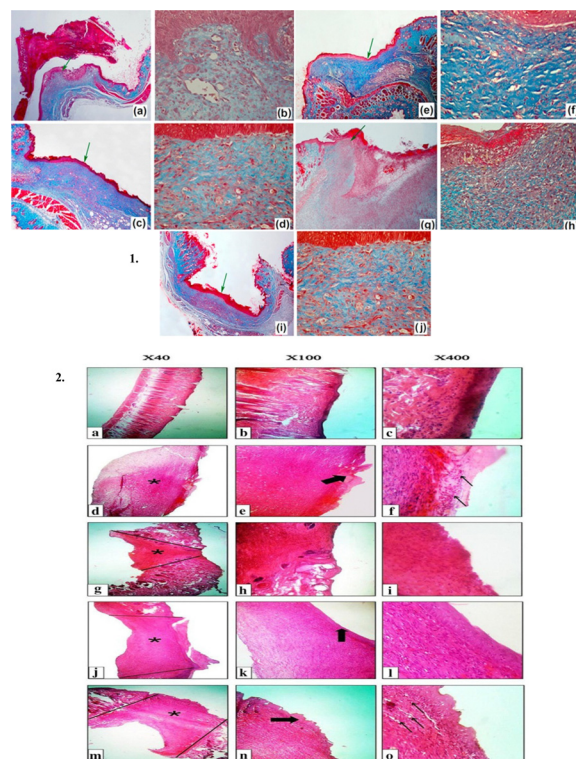


**Fig. 9** Stem cell loaded dressings: (1) Schematic representation of a human epidermal growth factor-curcumin bandage bioconjugate (EGF-Cur B) loaded with mesenchymal stem cells (MSCs) for *in vivo* diabetic wound healing. (2) Effective wound healing activity of MSCs-EGF-Cur B after topical application on full thickness diabetic wound in a rat. (a) Macroscopic appearance of diabetic wounds of a rat treated with NS (as control), MSCs, MSCs-void B, MSCs-EGF-void B, MSCs-Cur B, and MSCs-EGF-Cur B at different days of post-wounding. (b) Dermal wound area at different post-wounding days as a percentage calculated with respect to the original size. Data as mean  $\pm$  SEM,  $n = 5$ ;  $p < 0.05^*$  and  $p < 0.005^{**}$ , All groups vs. Control. Reproduced from ref. 159 with permission from [Elsevier], 2023.

technology for temperature and pH monitoring, wound diagnosis and care have improved.<sup>173</sup> According to a study, changes in wound temperature by 2.2 °C may be a warning sign of imminent wound degeneration,<sup>174</sup> and keeping the pH at 7.4 at the site of the injury gives room for bacterial growth and can lead to subsequent wound infection.<sup>175</sup> Chronic wounds have a pH between 7 and 9, and this alkaline environment makes them more prone to bacterial colonisation.<sup>176</sup> Recently, Nan Pan *et al.* electrospun curcumin with a polycaprolactone matrix and generated a pH-responsive film, which showed potent wound healing capabilities.<sup>177</sup>

### Sensory smart bandages

To speed up the decision-making process for wound care, sensors in the wound environment can provide crucial information.<sup>178</sup>

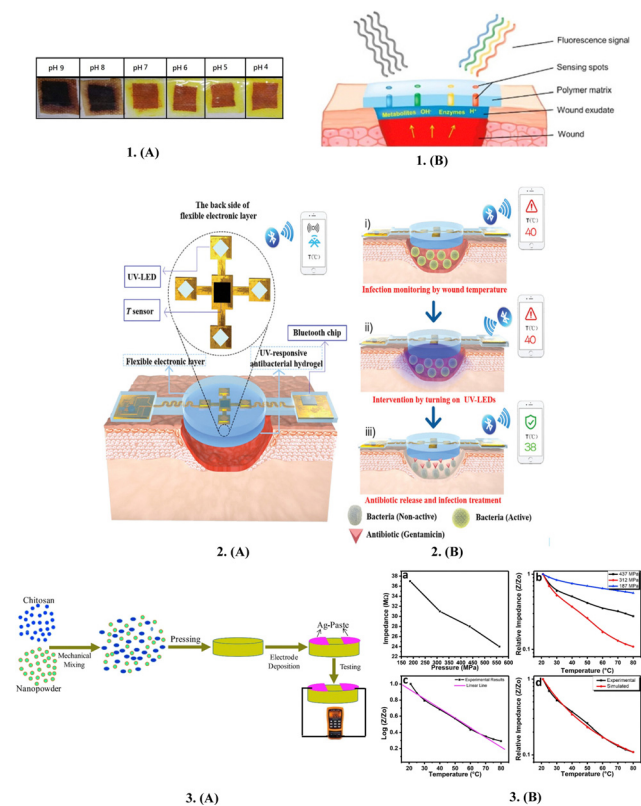


**Fig. 10** Vitamin-enriched dressings: (1) Histological profiles of wound area in diabetic (STZ) mice after 15 days of treatment with the cellulose-based films using MT staining. (a) and (b) Control of the diabetic (STZ) group. (c) and (d) Cel-PVA (cellulose–polyvinyl alcohol) treatment, (e) and (f) Cel-PVA/VitC treatment, (g) and (h) Cel-PVA/Prop (cellulose–polyvinyl alcohol/propolis) treatment and (i) and (j) Cel-PVA/VitC/Prop treatments. Note: the images presented in the left column have low magnification (40 $\times$ ), whereas the images presented in the right column have high magnification (400 $\times$ ). (2) H&E-stained microscopic sections of healed incisions in rats at 14 days. (a), (b), and (c) Positive control, (d), (e), and (f) sterile gauze-treated wound, (g), (h), and (i) alginate hydrogel without vitamin D3, (j), (k), and (l) alginate hydrogel/3000 IU vitamin D3, and (m), (n), and (o) alginate hydrogel/30 000 IU vitamin D3. Reproduced from ref. 164 and 165 with permission from [Elsevier], 2024.

They can also reduce the frequency of changing the wound dressing. Additionally, there are substantial advantages in terms of decreased healthcare costs and hospital stays.<sup>41,179</sup>

The pH of the wound affects a wide range of significant processes, including angiogenesis, protease activity, oxygen release, bacterial toxicity, biofilm development, fibroblast proliferation and migration, antibiotic efficiency, and take-rate in skin grafting (Fig. 11).<sup>180</sup> Given that the pH of the wound fluctuates depending on the stage of wound healing, non-invasive, pH testing of the wound can be helpful to assess the wound condition and the effectiveness of the therapeutic approach.<sup>181</sup> Normal healthy skin has a pH in the range of 4–6, which is slightly acidic.<sup>182</sup> However, when the skin is damaged, the internal body pH of 7.4 is exposed, which disturbs this acidic environment.<sup>183</sup> Numerous studies have examined the possibility of using wound dressings as an indicator for the pH condition of the wound. For instance, Arafat *et al.* prepared an environmentally safe pH-sensing





**Fig. 11** Sensory smart bandages: 1. (A) Smart therapeutic pH-sensitive wound dressing based on CLE (*Curcuma longa* extract) and HEC (hydroxyethylcellulose) hydrogel at different pH values (4–9). (B) Scheme of the sensing principle for non-invasive wound monitoring based on the detection of pH-values. 2. Schematics of the structures and working principles of smart flexible electronic-integrated wound dressing. (A) Flexible electronic device is integrated with a sensor for monitoring temperature and four UV-LEDs for emitting UV light (365 nm) to trigger the release of antibiotics from the UV-responsive antibacterial hydrogel. (B) Conceptual view of the integrated system for infected-wound monitoring and on-demand treatment: (i) real-time monitoring of wound temperature and providing an alert of hyperthermia caused by infection; (ii) turning on UV-LEDs to trigger the release of antibiotics; and (iii) infection inhibition by the released antibiotics, resulting in decreased wound temperature. 3. (A) Schematic diagram of the fabricated sensors. (B) Relationship between (a) initial impedance and fabrication pressure, (b) relative impedance and temperature, (c) log of impedance and temperature and (d) comparison between simulated and experimental results of the fabricated sensors. Reproduced from ref. 168 and 184–186 with permission from [Elsevier, Wiley], 2023.

wound dressing by incorporating *Curcuma longa* extract in an itaconic acid-grafted hydrogel made of hydroxyethyl cellulose.<sup>184</sup> A colour change from clearly yellow to dark red was observed for pH values above 7. It was determined that the manufactured wound dressing can visibly display the pH of the wound bed, in addition to having the therapeutic effects of CLE.<sup>184</sup> Furthermore, to track the condition of the wound, Jankowska *et al.* inserted a fluorescent pH-sensing dye in the hydrogel and showed that the hydrogel had high sensitivity for varying pH.<sup>168</sup>

One of the most crucial and promising signs is temperature, which is intimately related to the inflammation and infection

states at the wound site.<sup>187</sup> Before any other visible symptom, abnormal fluctuations in wound temperature may be considered a preliminary indication of infection.<sup>185</sup> For instance, temperatures between 36 °C and 38 °C suggest a decrease in infection and make it easier for more water molecules to enter the film, leading to activation of humidity sensors with great sensitivity. However, temperatures below 33 °C cause fibroblasts, neutrophils, and epithelial cells to function less actively, delaying the healing of wounds.<sup>185</sup> Furthermore, in wound assessment, the relevance of portable infrared sensor-based technologies that offer structural assessment of clinical tissues by thermal imaging is growing.<sup>185</sup> Pang *et al.* created a smart versatile double-layered dressing with adaptable electrical parts paired with an antimicrobial hydrogel to offer real-time assessment of temperature at the injury site and deliver antibiotics by *in situ* UV irradiation.<sup>185</sup>

Oxygen is a critical mediator in the healing of wounds and is necessary for the deposition of collagen, epithelialization, fibroplasia, angiogenesis, and infection resistance.<sup>188</sup> The inability of the peripheral vasculature to properly carry O<sub>2</sub>-rich blood to the tissue, which results in wound hypoxia, is one of the main problems frequently associated with chronic wounds.<sup>189,190</sup> Moreover, in non-healing wound exudate, the partial pressure of oxygen is between 5 and 20 mm Hg, while in healthy tissue, it is between 30 and 50 mm Hg.<sup>191</sup> In the study by Mostafalu *et al.*, they designed and implemented a flexible smart bandage with embedded flexible oxygen sensors, small readout electronics, and a wireless data transfer system.<sup>192</sup> Flexible oxygen sensors were created, and it was demonstrated that they had good linear output and sensitivity. To act as a mechanically robust wound bandage, the bandage was further 3D printed utilising an elastomeric material with high strength and flexibility.<sup>191</sup>

Moisture balance is crucial for achieving ideal wound healing conditions.<sup>193</sup> It has been demonstrated that the right amount of moisture in the wound is essential for initiating the re-epithelialization and granulation processes.<sup>193</sup> However, it is important to recognise that excessive hydration, particularly when coupled with a high level of matrix metalloproteinases, can cause wound maceration, which can be typical in chronic wounds and will impede the healing process.<sup>194</sup> Chani *et al.* created an impedimetric humidity and temperature sensor based on organic–inorganic nanocomposites using chitosan and CuMn<sub>2</sub>O<sub>4</sub>-spinel nanopowder. The findings showed that impedance change serves as the foundation for the temperature and humidity sensing mechanisms.<sup>186</sup> The absorption and adsorption of water molecules are attributed to the decrease in impedance, which occurs in response to rising humidity.<sup>194</sup> Furthermore, Rani *et al.* created a metal oxide platform-based highly nanoporous niobium oxide (Nb<sub>2</sub>O<sub>5</sub>) film with distinctive three-dimensional vein-like structures.<sup>195</sup> They concluded that the formation of this nanoporous vein structure across the film promotes the surface area available for sites for water molecule adsorption and makes it easier for more water molecules to penetrate the film, leading to humidity sensors with high sensitivity.<sup>196</sup>

To enable wound monitoring, several sophisticated flexible bandages equipped with various sensors have been created. However, most of them are still at the level of sensor integration, which do not address the issues and difficulties encountered in real-world applications, such as the lack of multi-task detection systems on dressings or the requirement for additional external batteries or power supplies for detection.<sup>185</sup> Smart bandages with an embedded flexible multipurpose sensor that can diagnose the wound status by accurately detecting various wound parameters (uric acid (UA), pH, and temperature) simultaneously have the potential to revolutionise the concept of wound management and significantly impact the outcomes of therapy.<sup>30,185,197</sup> To detect UA, pH, and temperature at the wound site, Sharifuzzaman *et al.* created a smart, stretchable, and flexible multifunctional sensor-integrated wound bandage based on an MXene-functionalized porous graphene scaffold.<sup>30</sup> This bandage demonstrated excellent clinical linearity, sensitivity, repeatability, and stability for detecting UA, pH, and temperature in both analytical and real samples (Fig. 12).<sup>30</sup>

### Medicated smart dressings

A promising method to treat wound infections and hasten the healing process involves the real-time monitoring of the wound status and prompt therapy delivery with smart wound dressings.<sup>30</sup> On-demand therapy with actively regulated drug delivery appears to be more crucial for wound healing than wound monitoring.<sup>198</sup> Extensive efforts have been undertaken to incorporate responsive drug delivery systems in smart wound dressings for more precise administration and on-demand therapy.<sup>30</sup> For an instance, Lou *et al.* created a smart flexible wound dressing with integrated electronics that can track the temperature of the wound in real time to detect infections early and deliver immediate relief *via* the UV-activated release of antibiotics<sup>185</sup> (Fig. 13).

Chronic wounds frequently become difficult to treat because of the biofilm created by bacterial infections. Moreover, there is a limited number of available treatments due to bacterial medication resistance.<sup>201</sup> Thus, to overcome these limitations, numerous studies are being conducted to create new types of wound dressing that can deliver treatments on demand, while also allowing for continuous evaluation of the wound status.<sup>202</sup> For instance, recently Juan Ma *et al.* proposed a novel hydrogel-forming microneedle fabricated by integrating polyvinyl alcohol hydrogels with a nitric oxide (NO)-releasing agent and graphene oxide at freezing temperatures.<sup>201</sup> This heat-sensitive, light-regulated microneedle patch releases nitric oxide, which is an antimicrobial agent, directly into the wound and prevents bacterial growth.<sup>201</sup> In another study by Chen *et al.*, an amphiphilic pentapeptide fabricated pH-switchable antimicrobial supramolecular hydrogel was prepared for effective biofilm elimination and wound healing promotion. Thus, an effective way for treating clinically infected wounds may be provided by the suggested synergistic strategy of reducing biofilm growth and promoting healing.<sup>203</sup>

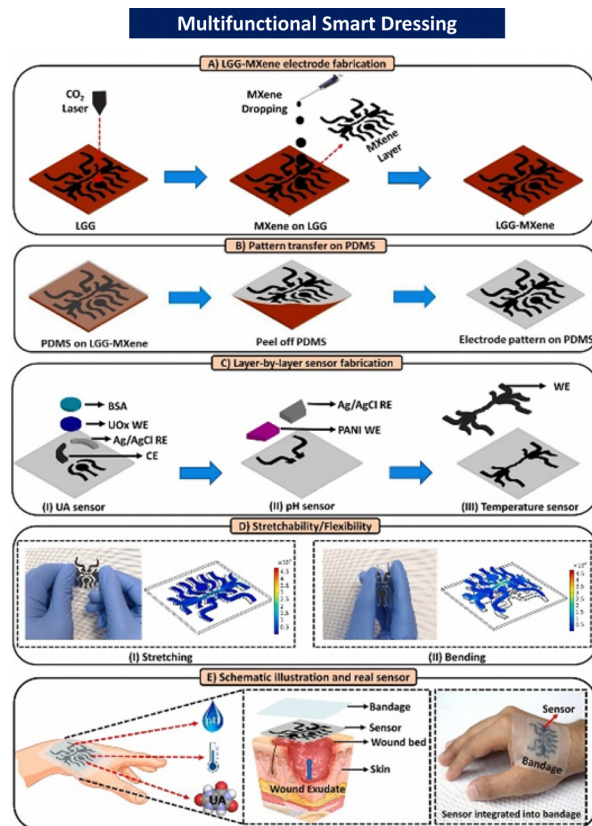
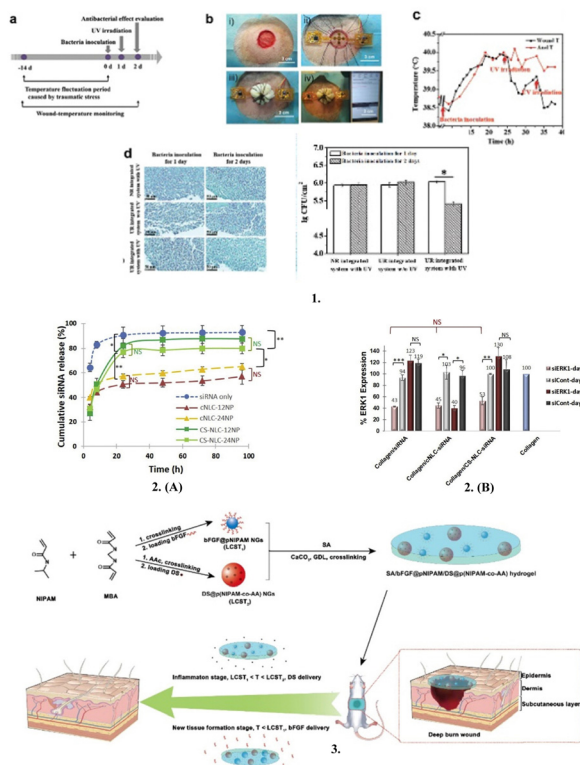


Fig. 12 Stepwise fabrication scheme of the proposed stretchable and flexible smart bandage with an integrated multifunctional sensor. MXene (a novel class of 2D multilayered nanosheets); LGG-MXene (laser-guided graphene-MXene); PDM (polydimethylsiloxane); BSA (bovine serum albumin); WE (LGG-MXene/PDMS); CE (LGG-MXene/PDMS); RE (Ag/AgCl); UOx (uricase enzyme); and PANI (pH-sensitive membrane). Reproduced from ref. 30 with permission from [Elsevier], 2023.

Research on nucleic acids including the transfer of silencing RNA (siRNA), microRNA, extrachromosomal plasmid DNA, and oligonucleotides including aptamers and antisense oligonucleotides into specialised cells and affected tissues has recently led to the advancement of new treatment approaches for effective wound care.<sup>204</sup> Furthermore, the utilisation of siRNA and miRNA-based wound healing has gained popularity during the past few years among nucleic acid-based wound healing techniques.<sup>205</sup> These nucleic acids can regulate injury by focusing on a particular gene associated with irritation, cell motility, angiogenesis, epithelialization, and oxidative stress, among other methods for the repair and regeneration of chronic wounds.<sup>206,207</sup> Tezgel *et al.* prepared collagen loaded with cationic nanostructured lipid carriers nanoparticles and showed that it has extended siRNA release capability and demonstrates *in vitro* downregulation of ERK-1 protein, which is important in cell proliferation and wound healing.<sup>199</sup>

Chronic ulcers may heal more quickly with the direct infusion of growth factors, and thus scarring after healing may be completely avoided or drastically diminished.<sup>208</sup> These growth factors are secreted by local cells and are crucial for the normal healing of cutaneous wounds; however, injured



**Fig. 13** Medicated smart dressings (1) *In vivo* studies on infection monitoring and on-demand treatment. (a) Timeline of the animal experiments. (b) Operational procedure: (i) wound creation, (ii) implantation of the integrated system, (iii) pressure dressing, and (iv) real-time wound-temperature monitoring. (c) Curve of the recorded wound temperatures by the integrated system in real time. Anal temperature was measured as a reference. (d) Gram staining (left) and statistical analysis of bacteria densities (right) of the infected wounds treated by different groups. 2. (A) *In vitro* release of fluorescently labeled free siRNA (siRNA only) or siRNA complexed with either cationic (cNLC-12NP, cNLC-24NP) or chitosan (CS-NLC-12NP, CS-NLC-24NP) particles from collagen scaffolds. (B) Down-regulation of ERK 1 in NIH 3T3 cells when incubated on the different collagen scaffolds for 4 or 7 days. 3. Synthesis of SA/bFGF@pNIPAM/DS@p(NIPAM-co-AA) (sodium alginate/basic fibroblast growth factor-loaded poly(*N*-isopropylacrylamide)/diclofenac sodium-loaded@p(*N*-isopropylacrylamide-co-acrylic acid)) composite hydrogel and step-wise delivery of DS and bFGF in wound repair by tailoring the temperature. Reproduced from ref. 185, 199 and 200 with permission from [Elsevier], 2023.

tissue frequently lacks them severely.<sup>208</sup> Furthermore, the creation of a biomembrane with regulated growth factor release using two biomaterials, sericin and alginate, and a platelet derivative was studied by Nardini *et al.* as a potential advanced medical procedure to promote wound healing.<sup>209</sup> In another study by Lin *et al.*, a hydrogel dressing fabricated using alginate and poly(*N*-isopropylacrylamide) was shown to release sequentially diclofenac sodium during the inflammation phase and basic fibroblast growth factors at the tissue development stage.<sup>200</sup>

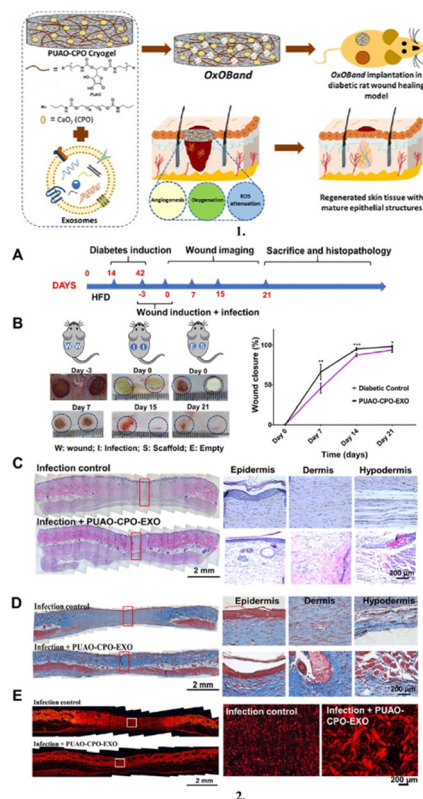
Mesenchymal stromal cells (MSCs) and their exosomes have recently attracted increasing attention from academics due to their capacity to produce skin cells such as fibroblasts and

keratinocytes as well as their distinct ability to reduce inflammation at the site of wounds.<sup>210</sup> Additionally, exosomes (a category of extracellular vesicles) surround a variety of bioactive substances, including lipids, proteins, messenger RNA (mRNA), transfer RNA (tRNA), long non-coding RNAs (lncRNAs), mitochondrial DNA (mtDNA), and microRNAs (miRNAs).<sup>211</sup> Recently, in the study by Ferroni *et al.*, human mesenchymal stem cell-loaded 3D printed methacrylated hyaluronic acid patches demonstrated enhanced human fibroblast and human endothelial cell proliferation, migration, angiogenic potential, and expression of certain markers associated with the wound healing process.<sup>212</sup> Furthermore, Shiekh *et al.* reported the development and assessment of an exosome-laden oxygen-releasing antioxidant wound dressing called OxOBand to promote wound closure and skin regeneration in diabetic wounds.<sup>213</sup> It was concluded that OxOBand containing adipose-derived stem cell (ADSC) exosomes and antioxidant polyurethane (PUAO) in the form of highly porous cryogels with sustained oxygen releasing capabilities is a considerably more recent treatment approach for improving diabetic wound healing and may open the door for cutting-edge treatment strategies to manage diabetic ulcers (Fig. 14).<sup>213</sup>

### Immunomodulating smart dressings

Chronic wounds arise due to dysregulated inflammation, impacting the wound microenvironment.<sup>187</sup> Immunomodulatory biomaterials play a vital role by delivering factors such as stem cells, growth hormones, and cytokines, which are crucial for activating inflammatory cells such as macrophages (Fig. 15).<sup>214,215</sup> These macrophages exhibit two critical phenotypes, *i.e.*, M1, which is pro-inflammatory and essential for pathogen elimination (classical activation), and M2, which is anti-inflammatory and aids tissue repair (alternative activation).<sup>216</sup> Environmental variations prompt macrophages to switch phenotypes, regulated by cytokines and growth factors. However, under conditions such as obesity or diabetes, M1 polarization dominates, leading to prolonged inflammation.<sup>217</sup> In diabetic wounds, this imbalance delays healing, highlighting the importance of macrophage coordination in transitioning from pro-inflammatory to anti-inflammatory phenotypes for effective wound repair.<sup>205,217</sup> Recently, Zhou *et al.* proposed a novel spatiotemporal on-off immunomodulatory therapy (SOIT) for the treatment of biofilm-infected diabetic wounds by targeting NLRP3 (nucleotide-binding domain, leucine-rich-containing family, pyrin domain-containing-3) inflammasomes.<sup>218</sup> In their study, they created a dual-control release nanocomposite hydrogel (MGO@GM). The hydrogel was fabricated using methacrylate gelatin (Gel-MA), graphene oxide (GO) nanosheets, and mesoporous silicone nanospheres (MSN) loaded with metformin (M). GO was released in the first step under near IR activation. The previously upregulated NLRP3 and the resulting inflammatory response eliminated bacterial biofilm infection in the diabetic wound.<sup>218</sup> They also initiated the production of reactive oxygen species (ROS). In the second phase, metformin was released after the degradation of MGO@GM. This helped lower the local hyperglycemia,



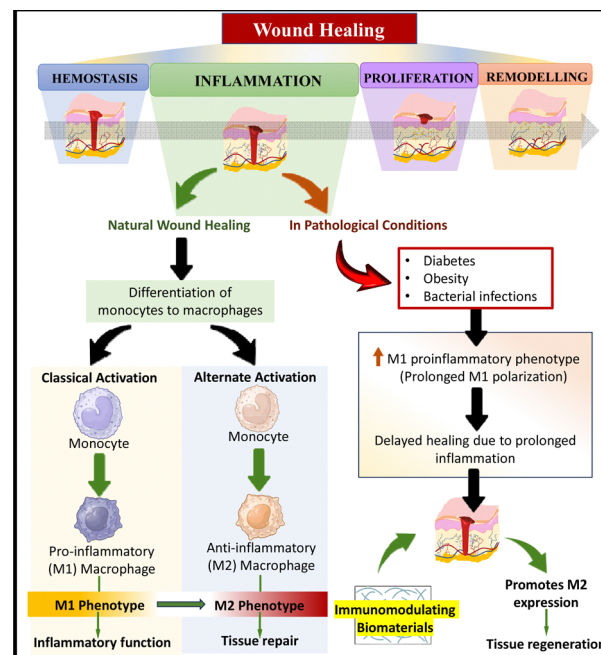


**Fig. 14** Exosome-laden oxygen-releasing antioxidant wound dressing-OxOband: (1) Schematic representation of the formation of OxOband from oxygen-releasing antioxidant PUAO-CPO (polyurethane antioxidant-calcium peroxide) cryogels with adipose-derived stem cells exosomes. (2) Exosome-laden oxygen-releasing antioxidant scaffold enhanced wound closure, regeneration, and prevented infection in infectious diabetic wounds. (A) Experimental design. Rats were fed a high-fat diet, and diabetes was induced by streptozocin. After 4 weeks of diabetic induction, wounds were created on the back of the rat. Wounds were infected with  $1 \times 10^8$  bacterial count of *P. aeruginosa* and *S. aureus* in the ratio of 1:1. Infection and ulceration were allowed to develop for 3 days after which wounds were treated with PUAO-CPO-EXO scaffolds, and the contralateral wound was kept empty. Regeneration was observed for 21 days. (B) Representative images of wound closure after 7, 15, and 21 days. PUAO-CPO-EXO-treated wounds showed a faster wound closure compared to the empty wound. Also, PUAO-CPO-EXO scaffolds prevented subsequent infection. (C) Histological H&E-stained tissues demonstrated granulation tissue formation and complete wound closure (scale bar: 2 mm) (left). Magnified images showing epidermal remodelling and formation of mature epithelial structures (scale bar: 200  $\mu$ m) (right). (D) Masson's trichrome stained wound tissue demonstrated enhanced collagen deposition (blue color) in exosome-laden oxygen-releasing antioxidant scaffold (PUAO-CPO-EXO)-treated animals compared to diabetic infection control (scale bar: 2 mm) (left). The hair follicle and gland formation were also observed (scale bar: 200  $\mu$ m) (right). (E) Picrosirius red staining showing enhanced collagen remodelling in exosome-laden PUAO-CPO-EXO-treated wounds. Reproduced from ref. 213 with permission from [Elsevier], 2023.

downregulation of NLRP3, and M2 repolarization of macrophages and tissue repair, all of which reduced inflammation and assisted in the regeneration of wound tissue.<sup>218</sup>

### Postoperative scar management dressings

Skin scarring is a common undesirable by-product of healing cutaneous wounds, and because of the development of keloid



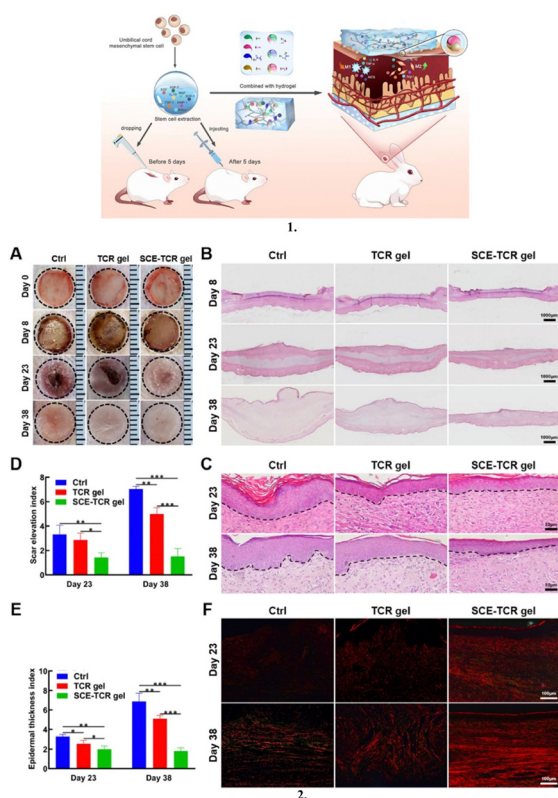
**Fig. 15** Mechanism of action of immunomodulating smart dressings.

scars or hypertrophic scar contractures, it can significantly impair functional ability.<sup>219</sup> It has long been understood that by imitating the scarless wound healing process of the foetal system, adequate inhibition or control of inflammatory response will be useful for reducing scars.<sup>220</sup> For instance, interleukin-6 (IL-6) and tumour necrosis factor alpha (TNF- $\alpha$ ), which are pro-inflammatory cytokines that are primarily released by M1 macrophages, can interfere with one or more phases of the wound healing process and cause prolonged inflammation, resulting in additional tissue damage, including tissue fibrosis.<sup>221</sup> However, M2 macrophages support tissue regeneration through anti-inflammation, immunological regulation, and tissue remodelling.<sup>222,223</sup> In the recent study by Dai *et al.*, many *in vitro* tests were performed to establish the effectiveness and possible mechanism of umbilical cord mesenchymal stem cell extract in a rat excisional wound and further concluded that this innovative SCE-hydrogel wound dressing can regenerate wound tissue and suppress hypertrophic scar development in a rabbit ear scar model, primarily proving its viability, effectiveness, and adaptability for prospective clinical translation (Fig. 16).<sup>224</sup>

## Clinical trials within last 5 years

To obtain information on clinical trials conducted in the last 5 years for the evaluation, comparison and effectiveness of various wound dressings, a search was conducted using the keyword "Wound Dressing" on clinicalTrials.gov.<sup>225</sup> The initial search yielded 1325 clinical trials, of which completed trials totaling 412 were screened. The number of on-going clinical trials on wound dressings indicates that there is a developing interest by researchers in the domain of wound care. This is

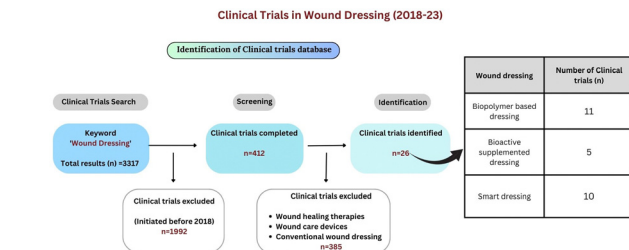




**Fig. 16** Postoperative scar management dressings: (1) Schematic illustration of umbilical cord mesenchymal stem cell extract (UC-SCE) preparation and its anti-scarring functional verification in a rat wound model, and the design of a novel hydrogel wound dressing and its efficacy proof for UC-SCE delivery and hypertrophic scar inhibition in a rabbit ear wound model. (2) SCE-TCR (stem cell extract-tandem crosslinking reaction) hydrogel promoted rabbit ear wound tissue regeneration with less scar formation. (A) Gross observation of wound healing and formed hypertrophic scar tissues at postoperative days 0, 8, 23, and 38. (B) Histology of hypertrophic scar formation under different treatments (control, TCR (tandem crosslinking reaction) gel, and SCE-TCR gel) at postoperative days 8, 23, and 38. Magnification  $\times 40$  and bar = 1000  $\mu\text{m}$ . (C) Corresponding H&E (hematoxylin and eosin) staining of the epidermis of rabbit ear wounds with different treatments (control, TCR gel, and SCE-TCR gel) at postoperative days 8, 23, and 38. Magnification  $\times 200$  and bar = 50  $\mu\text{m}$ . (D) Scar Elevation Index (SEI) and (E) Epidermal Thickness Index (ETI) of hypertrophic scar with different treatments (control, TCR gel, and SCE-TCR gel) at postoperative days 23 and 38. (F) Polarized microscopy images of Sirius red stained wound tissues with different treatments (control, TCR gel, and SCE-TCR gel) at postoperative days 23 and 38. Magnification  $\times 200$  and bar = 100  $\mu\text{m}$ . (\* $p < 0.05$ , \*\* $p < 0.01$ , and \*\*\* $p < 0.001$ ). Reproduced from ref. 224 with permission from [Elsevier], 2023.

also expressed in the global advanced wound dressing market, which was valued at USD 7.4 billion in 2022 and is expected to expand at a compound annual growth rate (CAGR) of 4.5% from 2023 to 2030.

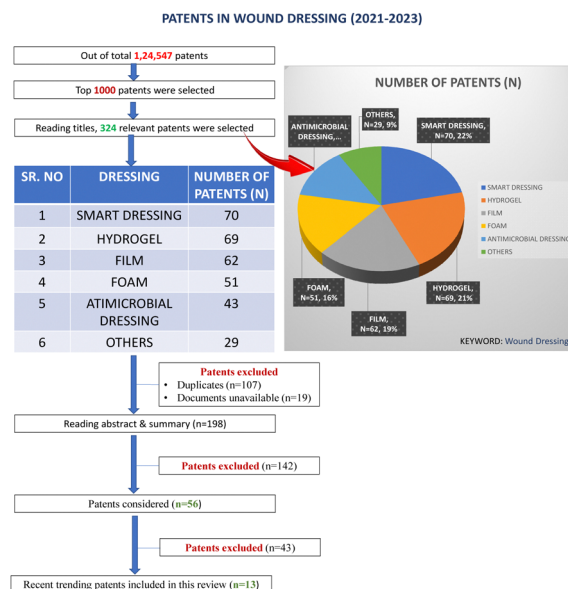
Most of the 412 completed trials describe wound healing therapies, devices, and conventional dressings and only 26 describe novel dressings including smart dressings, bioactive-supplemented dressings and biopolymer-based dressings used for healing burns and diabetic foot ulcers, which are currently described here (Fig. 17). Some interesting clinical trials include



**Fig. 17** Clinical trials in wound dressings (2018–23).

the one entitled 'Bioactive smart dressings for diabetic foot ulcers: randomized controlled trial' assessing the efficacy of a cryogel dressing (Trigel) for the treatment of chronic diabetic foot ulcers. Another clinical trial with the title 'Antimicrobial dressing *versus* standard dressing in obese women undergoing cesarean delivery' compared the efficacy of a chlorohexidine gluconate (CHG) impregnated wound dressing (ReliaTect™ Post-Op Dressing) and standard wound care dressing in women undergoing cesarean delivery.

The restricted number of clinical trials exploring innovative wound dressings, despite their potential advantages over traditional options, can be ascribed to several factors. Firstly, we believe that the formulation development and pre-clinical research in this area is still in its nascent stage. Once the scope and application of such innovative dressings are established, then more frequent clinical trials will be initiated. Further obstacles include obtaining research funding, navigating intricate regulatory processes, and industry reluctance to take risks. All of these may impede the commencement and completion of trials for these novel dressings. Prevailing practices and limited awareness in wound care coupled with the time-intensive development of new dressings, transfer of technology to industry and its scaling-up viability may further contribute to the



**Fig. 18** Patents on wound dressings (2021–2023).

**Table 3** Recent trends in patents on unconventional wound dressings (2021–2023)

S. Patent number no (Ref.)	Applications and significant features	Brief product description
1 US11559438B2 <sup>229</sup>	Offers improved sensor monitoring of wounds.	A highly stretchable base with electronic parts like sensors and a range of electronic circuits.
2 CN112566592B <sup>230</sup>	Enhanced wound sensor monitoring was observed.	Devices and procedures for encapsulating a section of a wound dressing with a biocompatible material.
3 CN110960352B <sup>231</sup>	Continuous monitoring of changes in wound pH, prevents wound infection.	The smart dressing is structured as a transparent patch with a pH sensor unit and a wound contact layer and is fabricated by blending and electrospinning the dye-loaded silicon dioxide nanoparticles, polyethylene oxide, and alginate polymer.
4 US11351153B2 <sup>232</sup>	Exhibits increased antifungal and antibacterial effects of imidazole and activated creatinine respectively.	A synergistic mixture of an antifungal drug in the imidazole family and activated creatinine is provided in an anti-microbial composition.
5 CN113509590B <sup>233</sup>	Better biocompatibility and reliability; promotes angiogenesis and collagen synthesis; lesser chances of infection and scar formation.	Characterised by encasing mesenchymal stem cell exosomes in hyaluronic acid hydrogel, wherein latter is made by periodic refrigerating and melting hyaluronic acid aqueous solution, followed by crosslinking with carbodiimide hydrochloride and adipic dihydrazide.
6 US11540950B2 <sup>234</sup>	Assist in reliable wound monitoring and operation.	Wound dressing is a three-layered structure; an adhesive layer with a distal side and a proximal surface (attached to the wound surface), an absorbent core layer comprising an electrode assembly with several electrodes and sensor points positioned on its distal side, and a top layer.
7 CN111686092B <sup>235</sup>	Convenient for self-health monitoring, individual diagnosis, and therapy dressing of diabetic and other wound patients; concurrently release drugs in response to oxidative stimulation and monitor active oxygen in the wounds; high-efficiency drug delivery.	Wound dressing is obtained by mixing porous silicone particles with graphene quantum dot solution, oscillating, centrifuging, and cleaning to create porous silicone/graphene quantum dot composite particles, and then incorporating these particles into a 0.5–5 mg mL <sup>-1</sup> polypeptide drug solution.
8 US11484640B2 <sup>236</sup>	Accelerates wound healing process; benefits a wide variety of wounds including abdominal, incisional, and open wounds.	A dressing with electronic circuitry capable of wirelessly communicating a dressing identifier or dressing details to a control system in a pump assembly, can further automatically change operating conditions depending on the information obtained.
9 AU2021105727A4 <sup>237</sup>	Biocompatible dressing that is non-toxic, simple to apply and remove, prevents dehydration, shows blood compatibility, maintains the appropriate level of moist environment around the wound to allow for gas permeability, and shows antimicrobial properties.	Biomaterials-based composite materials made of silk fibroin, polyvinyl alcohol, and zinc oxide nanoparticles are synthesised into wound dressing materials.
10 CN110755678B <sup>238</sup>	Gelatin antibacterial hydrogel wound dressing was prepared by a safe and eco-friendly method and showed improved bacterial resistance.	Dressing is made by: (i) preparing a nano-based solution of silver and gelatin; (ii) forming polyvinyl alcohol, chitosan and gelatin mixture; (iii) creating a printing solution; (iv) printing 3D hydrogel on non-woven material; and (v) cross-linking the sample prepared in step (iv).
11 CN113262105B <sup>239</sup>	No requirement to charge and detach wound dressing.	A piezoelectric wound dressing including an encapsulating material, electrodes, a piezoelectric material (inorganic such as BaTiO <sub>3</sub> , GaN, ZnSnO <sub>3</sub> or organic such as polyvinylidene fluoride), a substrate, and an adhesive.
12 CN114618006B <sup>240</sup>	Good response to humidity and pressure.	A flexible sensor for wound intelligent monitoring is characterised by an electrode layer placed on the surface of a functional layer in the dressing; the dressing is made of chitosan hemostatic sponge for the substrate, and the functional layer is made of a citric acid-thermoplastic elastomer polyurethane composite nanofiber for the functional layer.
13 CN113289053B <sup>241</sup>	Antibacterial effect, promotes circulation and development of fibroblastic cells, and effective wound healing.	A hydrogel body, two-dimensional borolene nanosheets loaded in the hydrogel body, and a substance that can react with boric acid to release Zn <sup>2+</sup> are the distinguishing features of an antibacterial hydrogel wound dressing.

limited focus on trials for these pioneering approaches. Overcoming these challenges is pivotal to fostering increased research efforts, and ultimately integrating these innovative dressings, which offer distinct therapeutic benefits, into mainstream wound care practices.

## Patents of unconventional wound dressings

To study the vast amount of intellectual property and understand the intricate network of innovation woven throughout the wound care sector, a search was conducted using the keywords “Wound dressing” and timeframe 2021 to 2023 on Google Patents,<sup>226</sup> The Lens,<sup>227</sup> and Espacenet.<sup>228</sup> This search yielded a total of 124 547 patents (Fig. 18).

The intent was to identify the trend in these patent applications on unconventional wound dressings incorporating contemporary technology and design. To narrow the search and note the latest trend, only the top 1000 patents were selected, among which, the patents related to devices, apparatus, methods, textile materials, composition, wound treatment systems, data collection protocols, wound healing methods, products and techniques in wound dressings were considered out of the scope, and hence excluded. This funnelled down to 324 patents, out of which 107 were duplicates in terms of filing in different zones and details of 19 others were unavailable, while upon reading the abstract and summary, another 142 applications were considered less relevant. Hence, a total of 56 were finally screened.

The trend in these patents revealed a significant focus on smart dressings, accounting for the highest number of patents. This category reflects a growing interest in integrating advanced technologies into wound care solutions. Hydrogel dressings are another prominent area, which is valued for their moisture retention and healing properties. Film dressings, providing a protective yet breathable barrier, are another significant category. A variety of other dressing types was also listed, indicating that versatile advancements are happening in the wound care sector. This underscores the fact that multi-functional solutions are now created in wound management, which are also clinically tested or awaiting physician, patient and regulatory approval.

Expanding on this trend, some of the patents, as mentioned in Table 3, exemplify the innovative strides in wound care technology. For instance, patents are targeting continuous monitoring of wound pH, promoting angiogenesis and collagen synthesis, and accelerating wound healing through electronic circuitry, showcasing the diverse range of advancements in the field. Furthermore, patents facilitating convenient self-health monitoring for diabetic patients and offering eco-friendly wound dressing solutions reflect the ongoing evolution of wound care technology. These patents collectively represent a significant leap forward in addressing various challenges in wound treatment and healing.

## Future considerations

Due to the complicated pathophysiological processes involved in wound healing, the use of conventional treatment methods has yielded satisfactory outcomes to date. The dressings available in the market hold certain limitations when applied to burns or chronic wounds.<sup>22</sup> For instance, these dressings may not be transparent, thereby resulting in a poor interpretation of the wound status. Furthermore, they can harm the dermal layer, cause scarring, and poor oxygen absorption. In addition, most of these dressings are unaffordable and can cause adverse effects if used with other drugs.<sup>23</sup>

The statistics and information gathered from searches for patents and clinical studies indicate a significant surge in research and innovation related to wound dressing. The extensive exploration of these domains reveals a strong interest among scientists in advancing this field. The human amniotic membrane (HAM) serves as an effective wound dressing due to its anti-inflammatory and anti-fibrotic properties.<sup>242</sup> It promotes epithelialization, inhibits infection through antibacterial activity and preserves moisture for an ideal healing environment.<sup>243</sup> Furthermore, HAM contains angiogenic elements that promote the formation of new blood vessels.<sup>244</sup> Its compatibility with the human body and observed reduction in pain make it a potential material for wound care.<sup>245</sup> Ongoing research continues to improve its application in a variety of wound healing circumstances. Recently, Kafili *et al.* demonstrated that printable decellularized amniotic membrane-derived hydrogels supplemented with sodium alginate and LAPONITE<sup>®</sup> nanoplatelets exhibited adequate structural integrity and biocompatibility, underlining their potential for therapeutic applications.<sup>246</sup>

In wound dressings, peptides and proteins play critical roles in cell signalling, proliferation, and extracellular matrix synthesis.<sup>247</sup> They induce angiogenesis, have antibacterial properties, and control inflammation, all of which aid in wound healing.<sup>248</sup> These biomolecules also control collagen synthesis, tissue healing, and matrix metalloproteinase activity.<sup>249</sup> Zhou *et al.* developed a natural peptide hydrogel with outstanding efficacy in promoting wound healing in MRSA-infected burn wounds, demonstrating strong *in vitro* and *in vivo* antimicrobial effects and biocompatibility.<sup>250</sup> It offered a novel approach for designing and synthesizing inherently antimicrobial or multifunctional peptide hydrogels.<sup>250</sup> By utilising these diverse functions for improved wound care and quicker healing, peptides and proteins can be incorporated into wound dressings to increase their effectiveness.

## Conclusions

Interest in the field of wound dressings has surged in recent years due to the rising prevalence of lifestyle and metabolic diseases such as diabetes and obesity, as well as the aging population worldwide. Consequently, infected and chronic wounds pose significant clinical, social, and economic

challenges. Conventional passive dressings have been proven to be insufficient to meet current wound healing demands, emphasizing the need for interactive wound dressings.

The innovative materials and technologies presented above aim to tackle the existing challenges. Employing newer delivery options for extended effects is advocated to promote healing and reduce the need for daily dressing changes. Bio-sensors can aid in monitoring infections and healing progress to identify the need to change the dressing when indicated. Alternatively, appropriate antibiotics and antimicrobials, including phytochemicals, especially when incorporated in suitable carriers can address resistant infections. Advanced materials such as hydrogels and biological components mimicking natural healing processes are also being explored, together with nanofibrous and extracellular matrix-based scaffolds.

Infected wounds present a serious threat, leading to high morbidity and mortality. Bacteriotherapeutic agents such as probiotics and postbiotics can restore healthy flora, minimizing infection and inflammation to facilitate wound healing. Novel concepts such as vitamin enrichment at the wound site and the use of stem cells for tissue repair and regeneration were also discussed. This comprehensive analysis of clinical studies conducted over the past five years, together with recent patents, provides valuable insights into the dynamic trends in interactive wound dressing technology. This analysis is indispensable for the scientific community, offering crucial understanding of the efficacy, market potential, and patient needs to develop tailored solutions.

## Author contributions

Radhika Yadav and Rohtash were involved in conceptualization, data curation, methodology, writing – original draft, writing – review & editing of the manuscript. Muskan was involved in conceptualization, data curation, and writing – original draft. Bakr Ahmed contributed to conceptualization, methodology, visualization, writing – review & editing. Kamal Dua, Monica Gulati, Pushvinder Jit Singh, Sachin Singh, Suneel Kumar, and Rohan M. Shah were involved in visualization, writing – review & editing. Parneet Kaur Deol, and Indu Pal Kaur worked on conceptualization, methodology, supervision, and writing – review & editing. All authors have read and approved the final manuscript.

## Conflicts of interest

There are no conflicts to declare.

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