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## Transforming waste into a bioactive resource: phenolic profile, antioxidant, and antimutagenic properties of pineapple (*Ananas comosus*) crown infusion

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The pineapple crown accounts for 30% of the waste from pineapple processing. This study investigated the potential of pineapple crown, an upcycled agro-industrial by-product, for the development of infusions with health-promoting properties. The pineapple crown was processed into flour (PCF) to extend its shelf life as a food ingredient. It had a low moisture content (6.30), low pH (4.7) and low water activity (0.36). ICP-MS analysis confirmed the presence of essential minerals, including potassium, calcium and magnesium. The color of the PCF infusion was lighter and less reddish than that of the flour, but both samples were yellowish. HPLC/DAD analysis identified five phenolic compounds in the infusion, with pyrogallol, catechin and *p*-coumaric acid being the most abundant. The 15-minute infusion showed the highest total reducing capacity (TRC) (10.25 ± 0.29 mg GAE per 100 mL), total flavonoid (TF) (1.92 ± 0.055 mg CE per 100 mL), and antioxidant capacity. No significant differences were observed compared to the 10-minute infusion for TRC (9.90 ± 0.49 mg GAE per 100 mL), DPPH (192.48 ± 38.59 µg TE per 100 mL), and FRAP (320.26 ± 7.90 µg TE per 100 mL). A 10-minute infusion was determined to be the optimal preparation time. Toxicological screening showed that PCF was not mutagenic in the Ames test and had no cytotoxic effects on normal liver cells (HepG2 and FC3H). Notably, PCF showed dose-dependent cytotoxicity on gastric adenocarcinoma cells (HGC-27). PCF infusions offer a health-oriented beverage alternative that strengthens the role of upcycled agro-industrial material in food innovation and contributes to circular economy strategies in the food and pharmaceutical sectors.

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### Sustainability spotlight

This study supports the sustainable valorization of pineapple crown, which accounts for 30% of pineapple processing waste, by upcycling it into a bioactive infusion with antioxidant and chemopreventive potential. By transforming an agro-industrial by-product into a health-promoting ingredient, the research promotes food innovation that is in line with the principles of circular economy and waste reduction. The results contribute directly to the United Nations Sustainable Development Goals, in particular SDG 3 (Good Health and Well-being), SDG 9 (Industry, Innovation and Infrastructure) and SDG 12 (Responsible Consumption and Production). The safe, functional use of pineapple crown flour underlines the importance of integrating sustainability and bioeconomy in the development of value-added food and pharmaceutical products.

## 1. Introduction

The pineapple (*Ananas comosus*), a tropical fruit of the bromeliad family (Bromeliaceae), includes varieties cultivated worldwide

such as Smooth Cayenne, Queen and Spanish, with red or green morphological variations.<sup>1</sup> The fruit consists of pulp (46–53%), crown (2–24%), peel (12–28%) and seed (7–17%).<sup>2–5</sup> After minimal processing of pineapple, approximately 50% (w/w) becomes by-

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products (core, peel, and crown).<sup>6</sup> Crowns account for about 2–24% of fruit mass, with major cultivars such as ‘Smooth Cayenne’ (13.6%) and ‘Pérola’ (10%) at the higher end.<sup>2–4,6,7</sup> In a 20-day survey of two fruit and vegetable markets in Rio de Janeiro, 123.52 kg of minimally processed pineapple generated 61.76 kg of residues (50% w/w) (Brito *et al.*,<sup>10</sup> 2020). Assuming a constant rate, this corresponds to 2.25 t processed and 1.13 t of residues per year across the two markets (linear extrapolation).

Accordingly, the pineapple crown is rich in insoluble fibers, including about 60% cellulose, 20% hemicellulose and 5% lignin.<sup>8,9</sup> Previous work with pineapple crown flour (PCF) confirmed the high content of total (67.22%), soluble (58.51%) and insoluble (8.71%) fiber,<sup>10</sup> combined with a remarkable antioxidant potential due to phenolic compounds bound to the lignocellulosic matrix.<sup>11,12</sup> Mass spectrometric analyses revealed the presence of phenolic acids (*e.g.* ferulic acid, *p*-coumaric acid, caffeic acid, vanillic acid, benzoic acid and 5-caffeoylquinic acid) and flavonoids such as catechins, epicatechins and quercetin-3-*O*-rutinoside.<sup>12,13</sup> These compounds contribute to the antioxidant properties of the methanolic and ethanolic extracts of the crown<sup>12</sup> and are responsible for a wide range of bioactivities, including antimicrobial, anti-inflammatory and anticancer effects, as well as technological functionalities relevant to food, pharmaceutical and textile applications.<sup>12,14–16</sup>

Herbal infusions, traditionally consumed for their aromatic and medicinal properties, offer a practical and cost-effective method for extracting bioactives from plant matrices.<sup>17</sup> Many studies have focused on infusions of fruits and herbs with therapeutic potential. For example, raspberry infusions showed higher phenolic content than black tea and comparable levels to green tea, with high antioxidant capacity due to compounds such as gallic acid, ellagic acid, catechins and flavonoids.<sup>18–20</sup> Green tea (*Camellia sinensis*) is often studied for its anti-cancer and anti-inflammatory effects which are attributed to its phytochemical profile.<sup>21–23</sup> In the study by Kaur *et al.*,<sup>24</sup> dehydrated pineapple peels were infused both individually and in combination with green tea. The infusion of green tea with pineapple peel significantly increased these parameters, suggesting that, despite their lower intrinsic antioxidant capacity, pineapple peel – and potentially pineapple crown residues – may serve as valuable additives to enhance the nutritional and bioactive properties of commonly consumed beverages. Infusions prepared from pineapple crowns fermented with *Aspergillus tubingensis* exhibited high levels of phenolic compounds, along with pronounced antioxidant and antimicrobial activities, and demonstrated probiotic potential due to the presence of xylooligosaccharides formed during fermentation.<sup>25</sup>

Despite centuries of traditional use, the biological efficacy and safety of herbal infusions require further scientific confirmation. Some natural substances have shown therapeutic effects, while others have mutagenic or cytotoxic properties, emphasizing the importance of rigorous toxicological evaluation.<sup>26–28</sup>

The upcycling of agro-industrial by-products such as pineapple crowns is in line with the United Nations 2030 Agenda and the Sustainable Development Goals (SDGs), in particular SDG 9 (Industry, Innovation and Infrastructure), SDG 12 (Responsible Consumption and Production) and SDG 13

(Climate Action).<sup>29</sup> These actions are also in line with the principles of the circular economy, which promote the prevention of waste, the conservation of materials in use and the regeneration of natural systems.<sup>30,31</sup>

One of the key targets defined under Sustainable Development Goal (SDG) 12.3 seeks to reduce global per capita food waste by 50% by 2030. This target encompasses the reduction of losses occurring across the entire production and supply chain, as well as reduction of waste at the retail and consumer levels.<sup>32</sup> The valorization of pineapple waste, particularly the crown, can contribute to achieving SDG target 12.3, as pineapple crowns can be recovered at multiple stages along the production, distribution, and commercialization chain.

Against this background, this study hypothesizes that pineapple crown, an agro-industrial by-product, is a valuable resource to produce bioactive infusions with high antioxidant capacity, without mutagenic or cytotoxic effects in healthy cells and with potential selective antitumor activity. Therefore, the aim of this work was to evaluate the potential of pineapple crown for the development of infusions with health-promoting properties.

## 2. Materials and methods

### 2.1. Acquisition of samples and obtaining conventional and organic pineapple crown flour

Conventional pineapple crowns (*Ananas comosus* cv. Pérola) were collected on three nonconsecutive days from a fruit and vegetable market in Rio de Janeiro, Brazil. The pineapple crowns were washed, defoliated, fractionated and dried in a ventilated oven (Marconi, MA 035) at 60 °C for 12 h and then at 90 °C for 1 h as described by Brito *et al.*<sup>10</sup>

### 2.2. Obtaining the infusion of pineapple crown flour

The infusion was obtained according to Moraes *et al.*<sup>33</sup> with modifications. Two grams of PCF were added to 70 mL of boiling distilled water. Then, the infusion was filtered through filter paper after times of 5, 10 and 15 min and transferred to a volumetric flask and made up to 100 mL and frozen (–20 °C) until the analyses were carried out.

### 2.3. Physicochemical characterization

**2.3.1. Water activity.** The determination of water activity of flours was performed in quadruplicate with a portable water activity measurer *Pawkit* (Decagon Devices) after 5 min of reading at 25 °C.

**2.3.2. Colorimetric parameters.** Colorimetric parameters were determined according to Brito *et al.*<sup>34</sup> on a CM-5 colorimeter, Konica Minolta, Japan, by reflectance measurements. The following coordinates were used: brightness ( $L^*$ ), red ( $+a^*$ ), green ( $-a^*$ ), yellow ( $+b^*$ ) and blue ( $-b^*$ ). The main parameters of the colorimetric measurement were diffuse illumination: D65 light source, 8° view, and specular component excluded. The infusion colorimetric parameters were determined by means of transmittance measurements in a glass cell (10 mm). For calibration, a black and a white plate were used as standards (0% and 100%, respectively) for infusion color measurements.



**2.3.3. Determination of pH and titratable acidity.** The pH determination was carried using a digital potentiometer and titratable acidity of the PCF infusion was determined in triplicate using phenolphthalein as an indicator. In an Erlenmeyer flask, 50 mL of the PCF infusion and 0.3 mL of the phenolphthalein indicator were added and then titrated with 0.1 M sodium hydroxide solution until pink color was observed.<sup>35</sup>

**2.3.4. Determination of total and reducing sugar contents.** Total and reducing sugar contents were obtained by the Lane-Eynon method.<sup>36</sup> Hydrolysis was performed with 20 mL of pineapple crown infusion acidified with concentrated HCl and neutralized with boiling 10% NaOH solution. Then, the hydrolyzed solution was diluted to 10% and titrated with 5 mL of Fehling's solution A and 5 mL of Fehling's solution B in an Erlenmeyer flask until the total copper reduced and a brick-red precipitate was seen.<sup>35</sup>

**2.3.5. Total and soluble solid content (%).** Ten grams of sample solution were placed in a water bath until the water evaporated in a pre-weighed porcelain capsule. It was then dried at 105 °C for 3 h, until reaching constant weight. The soluble solid content (°Brix) was analyzed using a manual refractometer (RHB0-80B – Megabrix, Brazil) in triplicate.<sup>35</sup>

## 2.4. Mineral content

Mineral analysis of PCF and PCF infusion was performed using an Inductively Coupled Plasma Mass Spectrometer (ICP MS, Aurora M90, Bruker). Samples were prepared using conventional microwaves. The range of the calibration curve for each mineral was 100–1000 ppb.<sup>37,38</sup>

## 2.5. Antioxidant capacity

**2.5.1. Total reducing capacity (TRC).** The reducing capacity of the Folin–Ciocalteu reagent was determined in microplates using the adapted Folin–Ciocalteu method.<sup>39</sup> A standard curve with seven known concentrations of gallic acid (5–130 mg L<sup>-1</sup>) was used. Absorbances were read using a microplate reader (FlexStation III, Molecular Devices) at 750 nm. The results were expressed in mg of gallic acid equivalents (GAE) per 100 mL.

**2.5.2. Total flavonoid content (TF).** The total flavonoid content (TF) in infusion was determined in a microplate according to the method described by Zhou *et al.*<sup>40</sup> Absorbance was measured using a microplate reader (FlexStation III, Molecular Devices) at 510 nm in triplicate. TF was expressed in mg (+)-catechin equivalents (CE) per 100 mL of infusion.

**2.5.3. Free radical scavenging (DPPH).** The scavenging activity against the radical 1,1-diphenyl-2-picrylhydrazyl (DPPH) was evaluated to measure the antioxidant capacity of the infusion using the Pires *et al.*<sup>41</sup> method with modifications. Absorbance readings were taken at 517 nm using a microplate reader (FlexStation III, Molecular Devices). Twenty µL of the sample and 280 µL of DPPH (80 µM) were added to a 96-well plate (BMG Labtech 96) and stored in the dark for 30 min. The antioxidant capacity was calculated from the linear regression of different concentrations of Trolox (6-hydroxy 2,5,7,8-tetramethylchroman-2-carboxylic acid) (0–10 µg mL<sup>-1</sup>). The results were expressed in µg TE per 100 mL of infusion. The

extract concentration providing 50% inhibition (IC<sub>50</sub>) was calculated according to the equation below:

$$\% \text{ Inhibition}_{\text{DPPH}} = \frac{(\text{Abs}_{\text{DPPH}} - \text{Abs}_{\text{sample}})/\text{Abs}_{\text{DPPH}}}{\text{Abs}_{\text{DPPH}}} \times 100$$

where Abs<sub>DPPH</sub> is the absorbance of the DPPH solution without extracts; Abs<sub>sample</sub> is the absorbance of the sample solution.

**2.5.4. Power reduction antioxidant capacity (FRAP).** For this assay a FRAP solution was prepared with 50 mL of 0.3 M sodium acetate buffer (pH 3.6), 5 mL of 10 mM TPTZ (2,4,6-tripyridyl-s-triazine) and 5 mL of 20 mM FeCl<sub>3</sub>·6H<sub>2</sub>O. Twenty µL of the infusion was added with 15 µL of ultrapure water and 265 µL of FRAP solution and incubated in the dark at 37 °C for 30 min. Readings were performed at 593 nm on a microplate reader. A linear standard curve between 0 and 7.5 µg mL<sup>-1</sup> of Trolox was used. The results were expressed in µg TE per 100 mL.<sup>42</sup>

**2.5.5. ABTS radical scavenging activity.** The ABTS analysis was performed in microplates according to Torres *et al.*<sup>43</sup> One mL of ABTS solution (7 mM) was mixed with 17.6 µL of potassium persulfate (140 mM) and placed in the dark for 16 h. The obtained ABTS solution was diluted in methanol until the absorbance reached 0.8–1.0. The infusion (20 µL) was added with 280 µL of ABTS solution in a microplate and then the absorbance was measured at 734 nm after incubation for 20 min in the dark. A standard curve (2–12 µg mL<sup>-1</sup>) was prepared with Trolox (0.5 mg mL<sup>-1</sup>) and the results were expressed in µg TE per 100 mL.

**2.5.6. Oxygen radical absorbance capacity.** The oxygen radical absorption capacity (ORAC) was analyzed using fluorescein in a fluorimeter and 96-well microplate according to Zulueta *et al.*<sup>44</sup> with modifications. Eighty µL of the fluorescein solution (80 nM) and 80 µL of the samples or blank (75 mM sodium phosphate buffer, pH 7.4) were added to a black microplate followed by the addition of 40 µL of 221 mM AAPH solution [dihydrochloride 2,2'-azobis (2-methylpropanimidamide)]. Antioxidant capacity was monitored every minute for 90 minutes in a microplate reader using a 485 nm excitation filter and a 535 nm emission filter. Antioxidant capacity was expressed as an area under a fluorescence curve integrated over time using GraphPad Prism software. Oxygen radical absorption capacity and antioxidant capacity were expressed in µg TE per 100 mL.

## 2.6. Phenolic compound profile of the PCF infusion by HPLC

Initially, the infusion was centrifuged (2000×g; 5 min) and filtered through a 0.45 µm PTFE membrane filter (Millex; Millipore, Germany). Phenolic compounds were analyzed on an HPLC–DAD system (PerkinElmer, Flexar, USA) using a quaternary pump. The injection of the samples and the standard solution was done through a Rheodyne valve with a 20 µL loop. A C18 reversed-phase column (5 µm × 150 mm × 4.6 mm; Kromasil; AkzoNobel, Sweden) was used. The flow rate of the mobile phase [0.3% aqueous formic acid (eluent A), methanol (eluent B) and acetonitrile (eluent C)] was 0.8 mL min<sup>-1</sup>. The mobile phase gradient was: 0 min, 14.3% B and 0.7% C; 7 min, 29.5% B and 1.5% C; 14 min, 44.6% B and 2.4% C; 21 min, 59.8% B and 3.2% C; and 25 min, 90.3% B and 4.7% C. Column elution was monitored at 260, 280 and 320 nm and the identification of peaks



of phenolic compounds was conducted by comparing relative retention times and PDA spectra ( $\lambda$  from 230 to 350 nm) of commercial standards. To obtain and analyze the data, the Chromera Data system 2012 software (PerkinElmer, USA) was used. Quantitative analysis was performed according to the external calibration curve with the pool of standards (SI Table 1). Analyses were performed in triplicate, and phenolic compound concentrations were expressed in  $\mu\text{g mL}^{-1}$ .<sup>45</sup>

## 2.7. *In vitro* toxicity screening

**2.7.1. Culture conditions of cell lines and bacteria.** Human hepatocellular carcinoma (HepG2), human gastric adenoma (HGC-27) and mouse liver fibroblast (F C3H) cells were maintained in Dulbecco's modified Eagle's medium (DMEM, GIBCO, USA) supplemented with 10% fetal bovine serum (FBS), 100  $\mu\text{g mL}^{-1}$  of streptomycin and 100  $\mu\text{g mL}^{-1}$  of penicillin in T25/75  $\text{cm}^2$  flasks at 37 °C, 95% humidity and 5%  $\text{CO}_2$ . Cell division was performed when they reached 80–90% confluency using a solution with 0.05% trypsin and 0.02% EDTA. Cell counts were performed in a Neubauer chamber by trypan blue exclusion. Confirmation of the genotype of the five histidine-dependent ( $\text{His}^-$ ) strains of *Salmonella enterica* serovar Typhimurium (TA97, TA98, TA100 and TA1535) was previously conducted. In the mutagenicity assays, each tester strain was inoculated in 10 mL of Oxoid no. 2 and incubated (37 °C) on an orbital shaker at 100 rpm for 14 h in order to obtain approximately  $1-2 \times 10^9$  cells per mL.<sup>27</sup> The HepG2 cell line was kindly provided by Professor Danielle Palma de Oliveira from the Faculty of Pharmacy at the University of São Paulo, Ribeirão Preto. The HGC-27 and F C3H cell lines were purchased from the Rio de Janeiro Cell Bank (BCRJ). The bacterial strains utilized in this study were generously provided by Professor Bruce Ames of the University of California, Berkeley, and have been maintained in the stock of the Environmental Mutagenesis Laboratory at UERJ for over three decades. This laboratory is part of the Fourth Brazilian Interlaboratory Program for the Ames test and is recognized as a national reference for this assay.

**2.7.2. *Salmonella*/microsome assay.** The sample was assayed for mutagenicity using the microsuspension version<sup>46</sup> of the *Salmonella*/microsome assay.<sup>47</sup> *Salmonella enterica* serovar Typhimurium TA97 and TA98 (G:C frameshift strain), TA100 and TA1535 (G:C/A:T substitution strain) and TA102 (A:T/G:C substitution and transversion strain) were used, with and without metabolic activation (S9 mix fraction). Five concentrations of each sample (from 0.1 to 1000  $\mu\text{g}$  per plate, in log dilutions) were tested in triplicate and repeated at least twice. The samples were pre-incubated for 90 min. All assays were carried out under yellow light and in the presence of negative (ultrapure water, 5  $\mu\text{L}$  per plate) and positive controls (4-nitroquinoline oxide, 4NQO, 0.1  $\mu\text{g}$  per plate, CAS 56-57-5 for TA97 and TA98 and TA102, sodium azide, SA 0.5  $\mu\text{g}$  per plate, CAS 26628-22-8 for TA100 and TA1535 in the absence of metabolic activation and 2-aminoanthracene, 2AA, 2  $\mu\text{g}$  per plate, CAS 613-13-8 for all strains in the presence of metabolic activation, from Sigma Chemical Company, St. Louis, MO, USA). Plates were incubated in the dark at 37 °C for 60–72 h; after this time,  $\text{His}^+$  revertant colonies were counted. The sample was considered

mutagenic when the concentration reached an induction fold (IF) value of at least twice the colonies counted in the negative control, a significant ANOVA ( $P < 0.05$ ), and a positive dose–response rate were observed. The sample was considered cytotoxic if the number of revertant colonies was less than 60% of the background of spontaneous reversion (IF < 0.6) and/or the presence of petit microcolonies in at one or more concentration plates.<sup>48</sup>

**2.7.3. Mammalian cell viability assays.** The cells were seeded in a 96 well-plate with  $1 \times 10^4$  cells per well and a final volume of 100  $\mu\text{L}$ . After incubation for 24 h at 37 °C and 5%  $\text{CO}_2$ , the cells were treated with PCF (up to 5000  $\mu\text{g mL}^{-1}$ , on a semi log scale), the negative control (ultrapure water 1% in the culture medium) or the positive control (5% Triton X-100) for 24, 48, and 72 h. After the designated time, 90  $\mu\text{L}$  of fresh medium and 10  $\mu\text{L}$  of the WST reagent were added to each well, followed by 3 h of incubation at 37 °C and 5%  $\text{CO}_2$ , and the plate was finally read at 450 nm in the absence of light (Polaris Microplate Reader, Celer, Brazil).<sup>27</sup>

The cells were seeded in a 96 well-plate at  $1 \times 10^4$  cells per well and incubated for 24 h at 37 °C and 5%  $\text{CO}_2$ . The cells received the same treatment as in the WST assay. After the treatment period, the supernatant was moved to a new 96-well plate and the LDH reagent was added. The plate was read at 492 nm (Polaris Microplate Reader, Celer, Brazil) after 30 min of incubation at room temperature protected from light.<sup>27</sup> The percentage of cytotoxicity was calculated according to the kit protocols. The lethal concentration ( $\text{LC}_{50}$ ) for 50% of cultured cells was determined by comparison based on this reference level. The results for  $\text{LC}_{50}$  represent the average  $\pm$  SD of three independent experiments for each cell viability assay. To evaluate the possible impact of PCF self-fluorescence in both assays, a background check was carried out with the medium and the sample (data not shown). No difference in the absorbance profiles was observed, indicating no interference in the optical density measurements.

## 2.8. Statistical analysis

Data on physicochemical and antioxidant parameters were subjected to analysis of variance (one-way ANOVA) and the means were compared using the post-hoc Tukey test (95% confidence level) in the XLSTAT statistical software (Addinsoft, 2023.1.3).<sup>49</sup> Concerning the biological models, both in bacterial and eukaryotic cell assays, the nonlinear regression fit of the dose–response curves was calculated using GraphPad Prism software (version 8.0.2). The same software was applied to determine statistical differences between groups, using one-way ANOVA with Tukey's *post hoc* test. Experiments were repeated at least twice in the bacterial model and three times in the mammal cell model, and in triplicate for each exposure setting.<sup>50</sup>

# 3. Results and discussion

## 3.1. Physicochemical characterization of the pineapple crown flour infusion

Table 1 shows the values of the physical–chemical characteristics of the PCF and the infusion. The PCF showed low humidity ( $6.30 \pm 0.21$ ) and water activity ( $0.36 \pm 0.01$ ), which are important for



Table 1 Physicochemical parameters in the PCF infusion (10 min)<sup>a</sup>

|                                     |            | PCF infusion |
|-------------------------------------|------------|--------------|
| pH                                  |            | 4.84 ± 0.02  |
| Titratable acidity (%) <sup>b</sup> |            | 5.26 ± 0.26  |
| Soluble solids (%)                  |            | 1.0 ± 0.00   |
| Total solids (%)                    |            | 1.08 ± 0.03  |
| Total sugar content (%)             |            | 7.86 ± 0.05  |
| Reducing sugar content (%)          |            | 6.11 ± 0.38  |
| Sucrose (%)                         |            | 1.66 ± 0.37  |
| Colorimetric parameters             | <i>L</i> * | 91.61 ± 0.52 |
|                                     | <i>a</i> * | -1.46 ± 0.05 |
|                                     | <i>b</i> * | 22.20 ± 1.76 |

<sup>a</sup> PCF: pineapple crown flour. <sup>b</sup> Titratable acidity: % citric acid.

the microbiological stability of the flour, inhibiting the growth of microorganisms during the storage period. PCF moisture is similar to that of green tea and commercial black tea of different brands found in the study by Das *et al.*,<sup>51</sup> with values between 7.61 and 8.46% for green tea and 6.13–7.18% for black tea. The pH of the PCF and the infusion was similar (4.75–4.84) and the titratable acidity value increased, characterizing a decrease in acidity when the infusion was prepared (2.88–5.26).

The infusions prepared from fresh and autoclaved pineapple crowns (121 °C for 15 minutes) exhibited similar pH values, ranging from 5.18 to 4.75. However, the titratable acidity of the pineapple crown flour (PCF) infusion was significantly higher than that of both the fresh (0.0084%) and sterilized (0.014%) crown infusions.<sup>25</sup> In the infusion, low values of soluble and total solids and low sugar content can be observed. However, the total solid content in the PCF infusion was approximately ten times greater than that in the other two preparations, while the soluble solid content was also slightly higher, ranging from 0.6% to 0.8%.<sup>25</sup>

Regarding colorimetric properties, the PCF infusion was lighter and exhibited lower red intensity compared to the flour, although both samples presented a yellowish hue.<sup>10</sup> Fig. 1 displays the colorimetric parameters of the pineapple crown flour (PCF) (a) and its corresponding infusion (b). Compared to the PCF infusion, the infusion prepared from fresh pineapple crowns was significantly lighter ( $L^* = 94.38 \pm 0.20$ ), with lower green ( $a^* = 0.69 \pm 0.02$ ) and yellow ( $b^* = 5.36 \pm 0.11$ ) chromaticity values.<sup>25</sup> In contrast, the infusion obtained from autoclaved pineapple crowns exhibited colorimetric values

( $L^* = 92.64 \pm 0.06$ ;  $a^* = 1.35 \pm 0.03$ ;  $b^* = 11.67 \pm 0.10$ ) comparable to those of the PCF infusion.<sup>25</sup> This similarity is likely attributable to thermal processing, which may have promoted chlorophyll degradation and induced Maillard reactions, leading to increased yellowness and a slight darkening of the infusion.<sup>52</sup>

### 3.2. Mineral content

The mineral values found in the PCF and in the PCF infusion are described in Table 2. Cadmium and lead were not found in PCF and the infusion. Nickel and copper were present in the flour sample but in the infusion these minerals were not found. The other minerals (Mn, Cu, Zn, Na, Mg, K, Ca and Fe) were present in amounts similar to those found in previous studies with PCF analyzed by flame atomic absorption spectrometry (FAAS). However, potassium was approximately 5 times lower in this study and manganese was 9 times lower, while sodium content was almost 5 times higher.<sup>10</sup> Regarding the infusion, the values of Na and Ca were higher than those found in the infusion of lemon balm ( $0.3 \pm 0.04$  and  $1.2 \pm 0.05$  mg per 100 mL, respectively) and the same value of Mg ( $3.6 \pm 0.02$  mg per 100 mL). As for Mn, Zn and K, the values found in the infusion of PCF were lower than those in the infusion of lemon balm.<sup>53</sup> The PCF infusion, with a mineral content similar to herbal infusions and widespread herbal residues, presents implications that are worth contemplating. Infusions of hibiscus, horsetail, linden, sage, white mulberry leaf, and yerba mate, for instance, have Ca values similar to PCF (~3.5 mg per 100 mL). Similarly, the K content is akin to chamomile, linden, purga herb, St. John's wort, and white mulberry leaf infusions (~4.7 mg per 100 mL). Other minerals evaluated, such as Mg and Na, in these and other infusions showed significantly lower values than PCF.<sup>54</sup> Among the trace elements (Mn, Zn, and Fe), PCF revealed higher Fe contents than all infusions in the comparative study and lower Mn and Zn contents. These findings underscore the implications of PCF infusion research, which can be compared to teas and infusions popularly consumed worldwide, known for their medicinal and bioactive properties.

### 3.3. Antioxidant capacity

The total reducing capacity, flavonoid content and antioxidant capacity of the PCF infusion were evaluated at three different

Table 2 Mineral composition in PCF (mg per 100 g) and the PCF infusion (mg per 100 mL)

| Minerals | mg per 100 g     | mg per 100 mL       |
|----------|------------------|---------------------|
| C        | 0.00526 ± 0.0005 | ND                  |
| Mn       | 7.5 ± 0.5        | 0.000298 ± 0.000004 |
| Ni       | 0.0062 ± 0.0004  | ND                  |
| Cu       | 0.556 ± 0.009    | ND                  |
| Zn       | 1.46 ± 0.06      | 0.00019 ± 0.00001   |
| Cd       | ND               | ND                  |
| Pb       | ND               | ND                  |
| Na       | 51.0 ± 3.0       | 10.35 ± 0.07        |
| Mg       | 222.0 ± 4.0      | 3.62 ± 0.03         |
| K        | 480.0 ± 40.0     | 4.80 ± 0.02         |
| Ca       | 354.0 ± 7.0      | 4.04 ± 0.03         |
| Fe       | 3.8 ± 0.3        | 0.0781 ± 0.0004     |



Fig. 1 Pineapple crown flour (a) and pineapple crown flour infusion (b).



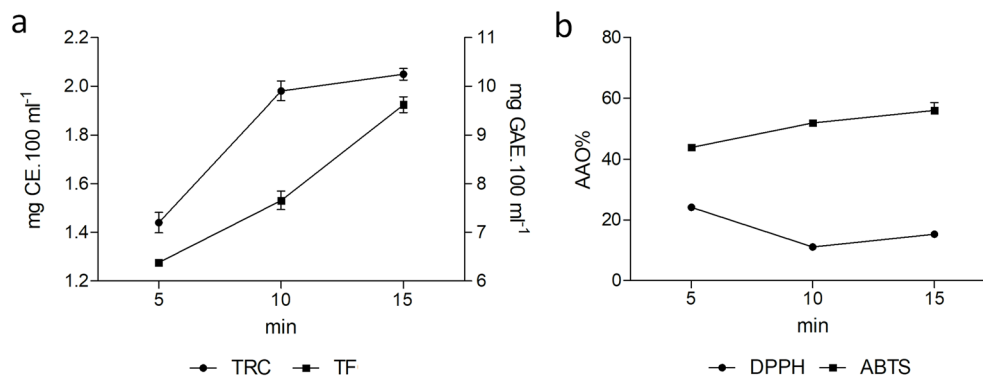


Fig. 2 Total reducing capacity (TRC, mg GAE per 100 mL; right axis), total flavonoid content (TF, mg CE per 100 mL; left axis) (a), and antioxidant capacity (%) (b) of the PCF infusion at different infusion times (min).

infusion times. Fig. 2 and Table 3 show the values at times of 5, 10 and 15 minutes. The sample infused for 15 minutes showed the highest Folin-reducing capacity ( $10.25 \pm 0.29$  mg GAE per 100 mL) and the greatest flavonoid content ( $1.92 \pm 0.055$  mg CE per 100 mL). Nevertheless, no significant differences were observed between the 15- and 10-minute infusion times for TRC ( $9.90 \pm 0.49$  mg GAE per 100 mL), DPPH ( $192.48 \pm 38.59$   $\mu$ g TE per 100 mL), and FRAP ( $320.26 \pm 7.90$   $\mu$ g TE per 100 mL) assays. The 5-minute infusion time showed lower antioxidant capacity in general, but no difference was verified with the 15-minute time in the DPPH and ORAC analyses. In general, commercial teas suggest a preparation time of between 3 and 10 minutes, so a time of 10 minutes can be considered as the recommended time, as it is more effective for extracting phenolic compounds and increasing antioxidant capacity in the infusion. Previous studies have reported high antioxidant capacity and significant phenolic compound content in pineapple crown flour (PCF), in both methanolic and ethanolic extracts, including free and bound phenolic fractions.<sup>12</sup> The total reducing capacity (TRC) ranged from 542.30 to 579.21 mg GAE per 100 g in the free extract and from 953.82 to 1325.70 mg GAE per 100 g in the bound extract.<sup>12</sup> The release of these bound compounds further promoted a 3- or 4-fold increase in PCF antioxidant capacity.

Although the extraction of phenolic compounds by the infusion method does not promote the release of these bound compounds, it can be observed that contact with water for a longer time can release more compounds and increase the antioxidant capacity of the sample. In a study with the infusion of dried tangerine peel at different temperatures, similar values of

TRC were found between 10.84 and 11.75 mg GAE per 100 mL.<sup>55</sup> Pineapple pulp and pineapple peel infusions are popularly consumed but have been little studied. Widowati *et al.*<sup>56</sup> evaluated the antioxidant capacity of Telang infusion (*Clitoria ternatea*) with dehydrated pineapple infusion and found an interesting antioxidant capacity (%) of mixed infusions ( $45.12 \pm 1.09$ ) and pineapple infusion ( $81.79 \pm 6.56$ ) by the DPPH method. However, the pineapple infusion showed the lowest content of total phenolics and flavonoids ( $0.82$   $\mu$ g GAE per 100% and  $0.17$   $\mu$ g QE per 100%) and the lowest antioxidant capacity by FRAP ( $19.56 \pm 2.82$ ) and ABTS ( $22.77 \pm 1.08$ ). Fig. 1 shows the antioxidant capacity calculated by the DPPH and ABTS methods of the infusions prepared at times 5, 10 and 15 min. It is observed that by ABTS the AAO of the infusion increased significantly ( $p < 0.01$ ) with its preparation time, reaching about 56% in the time of 15 min. As for the DPPH, the AAO was not linear where the time of 10 min was the one that presented the lowest AAO (11%) and the time of 5 min the highest AAO (24%). In the study by Veljkovic *et al.*,<sup>20</sup> which analyzed 26 commercial infusions, including 11 fruit infusions, the pineapple infusion ( $45.84 \pm 3.82$  and  $25.35 \pm 0.57$  g kg<sup>-1</sup>) had the highest content of phenolic compounds and flavonoids compared to chamomile ( $36.39 \pm 1.94$  and  $11.79 \pm 0.14$  g per kg). However, among the fruit infusions analyzed (cherry, strawberry, raspberry, forest fruits, apricot, sweet cherry, blueberry, apple, pomegranate and exotic fruits), the pineapple infusion had the lowest CRT and TFC value. In another study, the pineapple peel infusion exhibited lower levels of phenolic compounds ( $49.33 \pm 0.04$  mg TAE per g) and antioxidant capacity ( $15.93 \pm 0.04$  mg AAE per g) compared with green tea. However,

Table 3 Antioxidant capacity (DPPH, FRAP, ABTS and ORAC) ( $\mu$ g TE per 100 mL), total reduction capacity (mg GAE per 100 mL) and total flavonoid compounds (mg CE per 100 mL) of the PCF infusion<sup>a</sup>

|                               | 5 min                        | 10 min                      | 15 min                      |
|-------------------------------|------------------------------|-----------------------------|-----------------------------|
| TRC (mg GAE per 100 mL)       | 7.20 ± 0.51 <sup>b</sup>     | 9.90 ± 0.49 <sup>a</sup>    | 10.25 ± 0.29 <sup>a</sup>   |
| TF (mg CE per 100 mL)         | 1.28 ± 0.01 <sup>c</sup>     | 1.53 ± 0.07 <sup>b</sup>    | 1.92 ± 0.06 <sup>a</sup>    |
| DPPH ( $\mu$ g TE per 100 mL) | 209.04 ± 30.72 <sup>a</sup>  | 192.48 ± 38.59 <sup>a</sup> | 190.47 ± 6.55 <sup>a</sup>  |
| FRAP ( $\mu$ g TE per 100 mL) | 203.17 ± 1.37 <sup>b</sup>   | 320.26 ± 7.90 <sup>a</sup>  | 348.01 ± 7.80 <sup>a</sup>  |
| ABTS ( $\mu$ g TE per 100 mL) | 249.12 ± 2.69 <sup>c</sup>   | 336.79 ± 5.83 <sup>b</sup>  | 369.22 ± 14.40 <sup>a</sup> |
| ORAC ( $\mu$ g TE per 100 mL) | 386.83 ± 69.46 <sup>ab</sup> | 296.67 ± 17.76 <sup>b</sup> | 428.77 ± 5.63 <sup>a</sup>  |

<sup>a</sup> Values are expressed as the mean  $\pm$  standard deviation. After a two-way analysis of variance (ANOVA) a Tukey test ( $p < 0.01$ ) was applied. Different lowercase letters on a line indicate significant differences between teas with different infusion times.



Table 4 Phenolic content ( $\mu\text{g mL}^{-1}$ ) in the PCF infusion identified and quantified by HPLC-DAD

|                         | $\mu\text{g mL}^{-1}$ | Class             | Subclass              |
|-------------------------|-----------------------|-------------------|-----------------------|
| Pyrogallol              | $17.91 \pm 1.72$      | Other polyphenols | Other polyphenols     |
| Vanillic acid           | $0.30 \pm 0.07$       | Other polyphenols | Hydroxybenzaldehydes  |
| Catechin                | $11.07 \pm 2.33$      | Flavonoids        | Flavanols             |
| Chlorogenic acid isomer | $2.34 \pm 0.07$       | Phenolic acid     | Hydroxycinnamic acids |
| <i>p</i> -Coumaric acid | $4.59 \pm 0.04$       | Phenolic acid     | Hydroxycinnamic acids |

when pineapple peel was infused together with green tea, these values increased to  $63.46 \pm 0.05$  mg TAE per g and  $18.93 \pm 0.05$  mg AAE per g, respectively.<sup>24</sup>

In a recent study, infusions were prepared from pineapple crowns fermented for 7, 12, and 15 days with *Aspergillus tubigenensis*.<sup>25</sup> The control infusion, obtained from sterilized (autoclaved) crowns, exhibited lower TRC ( $2.72 \pm 0.22$  mg GAE per 100 mL) and TF ( $2.63 \pm 0.62$  mg CE per 100 mL) values compared with the fermented samples. The infusion produced from crowns fermented for 12 days showed the highest TRC ( $4.10 \pm 0.17$  mg GAE per 100 mL), TF ( $5.34 \pm 0.23$  mg CE per 100 mL), and antioxidant capacity, as determined by the DPPH ( $13.22 \pm 0.49$  mg TE per 100 mL), FRAP ( $5.31 \pm 0.11$  mg TE per 100 mL), and ABTS ( $21.23 \pm 1.22$  mg TE per 100 mL) assays. The authors suggested that enzymes produced during fermentation promoted the release of phenolic compounds previously bound to the lignocellulosic matrix of the pineapple crown.<sup>25</sup> Although fermentation markedly enhanced the TRC, TF, and antioxidant capacity of the crown infusions, the PCF infusion presented a TRC value nearly five times higher than that of the control and twice that of the 12-day fermented crown infusion, possibly due to the particle size and drying process applied to the PCF, which concentrates bioactive compounds.<sup>55</sup>

#### 3.4. Phenolic compound profile of the PCF infusion by HPLC

In the HPLC analysis, 5 phenolic compounds were identified, as shown in Table 4 and SI Fig. 1 and 2. Pyrogallol was the compound present in the largest amount in the sample ( $17.91 \pm 1.72$   $\mu\text{g mL}^{-1}$ ) followed by catechin ( $11.07 \pm 2.33$   $\mu\text{g mL}^{-1}$ ) and *p*-coumaric acid ( $4.59 \pm 0.04$   $\mu\text{g mL}^{-1}$ ). Given pyrogallol's irritation potential<sup>57</sup> and the absence of an EFSA ADI, EFSA's TTC Cramer Class III value ( $1.5$   $\mu\text{g kg}^{-1} \text{ day}^{-1}$ ) was used as a conservative screening threshold. Therefore, the phenolic profile data are interpreted in a screening-level context rather than as a definitive risk assessment.<sup>58</sup> An isomer of chlorogenic acid was found but could not be identified. The CGA isomer assignment by HPLC-DAD is tentative. Confirmation would require LC-HRMS/MS and, if feasible, NMR in future studies. In the previous study with PCF, 177 phenolic compounds were tentatively identified by UPLC-MS<sup>E</sup> in hydroalcoholic extracts containing free and bound compounds.<sup>12</sup> Among them, only pyrogallol and *p*-coumaric acid were identified in free and bound extracts, but the chlorogenic acid isomer, catechin and vanillic acid were not found. In the pineapple infusion analyzed by HPLC<sup>20</sup> interesting amounts of gallic acid ( $0.73 \pm 0.05$ ), caffeic acid ( $0.26 \pm 0.01$ ), (+)-catechin ( $0.028 \pm 0.001$ ), (–)-epicatechin ( $0.039 \pm 0.002$ ), quercetin ( $0.018 \pm 0.001$ ) and

protocatechuic acid ( $0.028 \pm 0.001$ ) were observed. The catechins present in tea are related to several health benefits such as anti-inflammatory, anticarcinogenic, antiviral, and cardioprotective effects, and regulation of carbohydrate metabolism, among others.<sup>59</sup> Pyrogallol present in Awa tea demonstrated anti-allergic activity helping to alleviate nasal symptoms by suppressing NFAT-mediated IL-9 gene expression through inhibition of NFAT dephosphorylation.<sup>60</sup>

#### 3.5. *In vitro* toxicity screening

This study was designed as a screening study to determine concentration–response and LC<sub>50</sub> values; mechanistic assays were not conducted and are identified as priorities for future studies. The results of the bacterial reverse mutation assay in a microsuspension (Fig. 3) point to the absence of mutagenicity of PCF against *Salmonella enterica* Typhimurium strains TA 98 (Fig. 3a), TA97 (Fig. 3b), TA 102 (Fig. 3c), TA 100 (Fig. 3d) and TA 1535 (Fig. 3e), in both the absence and presence of metabolic activation with the S9 mix. It is possible to observe that there is no significant increase in the number of revertant colonies of TA97, TA98, TA100 and TA1535 in any of the tested conditions and a slight reduction of bacterial populations in exposures to the highest concentrations of the extract. Concerning TA102, it is possible to observe a clear dose–response curve of His<sup>+</sup> revertant colonies, with a statistically significant result at the 100  $\mu\text{g}$  per plate exposure dose, followed by a cytotoxic response at the highest dose of PCF in +S9 incubation. These results suggest a cytotoxic effect mainly after metabolic activation, and this is consistent with the profile of plant extracts with antimicrobial activity, as PCF possibly is, and may be considered a limiting factor in the bacterial model for predicting their mutagenicity.<sup>61</sup> Since TA102 displays distinct sensitivity compared to other tester strains in mutagenicity screening due to its susceptibility to chemical oxidants,<sup>62</sup> and considering the intricate nature of phenolic compounds and flavonoids within PCF, which can exhibit an antioxidant/pro-oxidant duality contingent upon the cellular context, experimental conditions (particularly in the presence of metabolic activation that enhances oxidative events), concentration variations, and synergistic combinations,<sup>63</sup> become pivotal in comprehending the mutagenic characteristics of the aforementioned extract in TA102. Considering the cytotoxicity in mammalian cell lineages (SI Table 2), PCF did not induce any cytotoxic effects in liver cell lineages (HepG2 and FC3H). However, PCF was able to induce cell death in HGC-27 gastric cells, in a dose and time-dependent manner. After 24 h of exposure, the LC<sub>50</sub> was  $3289 \pm 33$   $\mu\text{g mL}^{-1}$ , after 48 h of exposure, the LC<sub>50</sub> was  $2813 \pm 41$   $\mu\text{g mL}^{-1}$  and after 72 h of





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