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Emerging ruthenium single-atom catalysts for the electrocatalytic hydrogen evolution reaction

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The electrocatalytic hydrogen evolution reaction (HER) is an efficient approach for producing hydrogen, which is a sustainable and eco-friendly energy carrier. Ruthenium-based HER catalysts are considered good alternatives to commercial platinum-based ones, because they have similar hydrogen bonding energy, lower water decomposition barrier and considerably lower price. Recently, emerging Ru single-atom catalysts (SACs) have shown greater advantage for HER than Ru nanoparticles, owing to their high atomic utilization efficiency, catalytic activity and selectivity. This review provides a comprehensive summary of the recent development of Ru SACs for HER applications. An overview of synthesis strategies, atomically resolved characterization methods and electrocatalytic studies with different support materials is provided. Finally, the unresolved challenges in the development of Ru SACs for industrial HER applications are discussed, and future research priorities are proposed. This review is expected to guide the rational design, appropriate fabrication, and performance optimization of advanced Ru SACs toward HER applications.

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Introduction

As an efficient and clean energy carrier, H₂ provides a high heat of combustion without pollutant emissions, and can be used in fuel cells to convert chemical energy to electrical energy. Additionally, H₂ can be produced from water, which is an abundant resource on Earth. Therefore, it is considered the ideal energy carrier among all kinds of renewable energy sources.^{1,2} Current industrial techniques produce H₂ from fossil fuels, which consume a large amount of non-renewable energy and inevitably bring about CO₂ emission.^{3,4} For large-scale H₂ production, the hydrogen evolution reaction (HER) based on water electrolysis has attracted considerable attention, which is an economically viable and highly efficient approach with low environmental impact due to its sustainable and non-polluting nature.⁵ However, the electrocatalytic HER generally requires a high overpotential (applied voltage), leading to high electrical energy consumption.³ Therefore, an efficient and stable catalyst is urgently required to reduce the overpotential and the corresponding energy consumption.

Currently, Pt is considered the most efficient catalyst for HER, although its scarcity and high cost limit its use in the industrial-scale production of H₂.⁶ Ru is considered a less expensive alternative to Pt, because it is available at one half of the cost of Pt (e.g., \$18.5 g⁻¹, March 2022 price⁷) and has

a similar bond strength with H₂ (~272 kJ mol⁻¹).⁸ According to experimental results and density functional theory (DFT) calculations, the HER activity of Ru is similar to that of Pt. In addition, Ru is sufficiently stable in electrolytes with a wide range of pH.⁹ Therefore, Ru-based HER catalysts have been widely investigated, and review articles that focus on their synthesis processes¹⁰⁻¹² or performance optimization^{2,13} have been extensively published. With increasing attention given to single-atom catalysts (SACs), Ru SACs with isolated Ru single atoms (SAs) dispersed on specific supports have emerged as a new research frontier in materials science and catalysis.^{14,15} Compared with clusters and nanoparticles (NPs), Ru SAs have inherent advantages in terms of their maximum atomic utilization efficiency, higher mass activity and unique quantum-size effect. More importantly, the strong interaction between Ru SAs and their support can effectively modify the electronic structure of active Ru catalytic sites and redistribute the localized charges, which may facilitate the Volmer step and H-H coupling process, contributing to high catalytic activity, selectivity and stability.^{16,17} In recent years, an increasing number of Ru SACs with excellent HER catalytic activity have been reported. However, to date, there is still no review focusing on Ru SACs for HER applications.

The aim of this review is to overview the recent progress in the development of Ru SACs for HER. First, various synthesis strategies for Ru SACs are summarized. Then, the characterization techniques for probing and identifying the active Ru sites at the atomic level are presented. Subsequently, a detailed review of the HER performance of Ru SACs with different supports is provided. In addition, the discussion covers the

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Review

mechanisms how the unique electronic and structural characteristics of Ru SACs enhance their electrocatalytic HER performance. Finally, the existing challenges are discussed and some prospects for future development of Ru SACs for HER applications are proposed.

Synthesis of Ru single-atom catalysts

Controllable fabrication of stable metal SACs is a big challenge. Due to the high surface free energy of isolated metal atoms, SAC synthesis usually requires strictly controlled conditions to prevent metal-atom aggregation and cluster/nanocrystal growth.¹⁸ In recent years, various approaches to Ru SAC synthesis have been developed, including wetness impregnation (WI), electrodeposition, photochemical reduction (PR) and high-temperature pyrolysis. Based on emerging advances, several strategies for preparing Ru SACs are summarized here.

Wetness impregnation

WI is a common method for Ru SAC synthesis. In a typical WI process, the Ru precursor is uniformly mixed into a suspension of the support material, and the mixture is dried and calcined to remove volatile components, resulting in the deposition of Ru on the support surface. When the Ru loading content is reduced sufficiently, SAs are obtained on the support. However, it is difficult to achieve homogeneous SA distribution on the support surface. Therefore, the synthesis parameters, including the support material's type, the type and concentration of Ru precursor and the solution pH, should be optimized to ensure uniform Ru SA distribution.¹⁹

For instance, Cao *et al.* prepared Ru SAs anchored on a C_3N_4 support ($Ru_{SA}-C_3N_4$) via a WI method, in which $RuCl_3$ aqueous solution was mixed with P-decorated C_3N_4 , and the mixture was then calcined in an Ar atmosphere.²⁰ The as-prepared $Ru_{SA}-C_3N_4$ catalyst had a two-dimensional nanosheet (NS) structure without apparent particles or clusters of Ru species. This study confirmed that C_3N_4 with abundant unsaturated N (rich with lone pair electrons) contains ideal anchoring sites for immobilizing metal ions to achieve atomic-scale dispersion. Li *et al.* developed a thermo-driven WI method to insert Ru SAs into GaS NSs.²¹ In this study, pristine GaS NSs were dispersed in deionized water via ultrasonication followed by dropwise adding $RuCl_3$ solution. Ru SAC was obtained by subsequent treatment in an oil bath (80 °C for 24 h), followed by vacuum drying. It was noteworthy that the strong geometric confinement of GaS interlayers was found to inhibit atom aggregation, resulting in the effective formation of Ru SAs on GaS NS supports. Recently, Ru-based multi-site atomically dispersed catalyst (ADC) supported on S-doped carbon black (S-CB) was fabricated by a universal WI method.²² The highly active Ru ADC was obtained by mixing $RuCl_3 \cdot xH_2O$ and S-CB in an aqueous solution followed by vacuum drying at room temperature. Moreover, Ru SAC was synthesized by washing Ru ADC with an acidic solution at 50 °C (Fig. 1a). This room-temperature WI method can also be extended to fabricate Pt, Rh, Ir, Au and Mo ADCs, which promotes the multiple applications of ADCs.

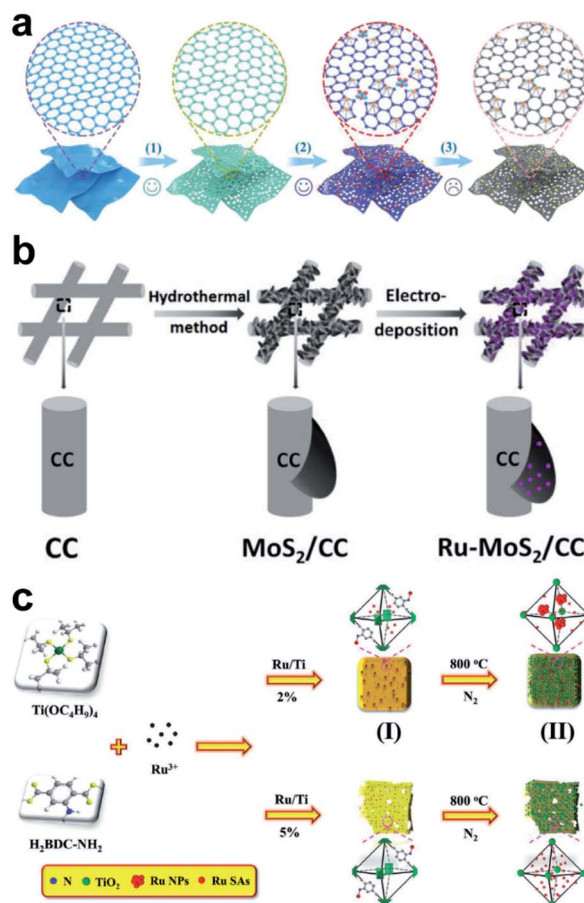


Fig. 1 (a) WI synthesis route of Ru ADC and Ru SAC. (1) S doping in carbon black, (2) room-temperature WI for Ru ADC and (3) acid washing step for Ru SAC. Reprinted with permission from ref. 22. Copyright 2021 John Wiley and Sons. (b) The electrodeposition fabrication process of Ru-MoS₂/CC catalyst. Reprinted with permission from ref. 23. Copyright 2019 Elsevier. (c) Schematic illustration for high-temperature pyrolysis preparation of Ru_{NP}/SA@N-TC and Ru_{SA}@N-TC samples. Reprinted with permission from ref. 32. Copyright 2020 John Wiley and Sons.

Electrodeposition

Electrodeposition is a simple and effective approach for the uniform deposition of Ru SAs on a selected conductive matrix, such as carbon cloth (CC), Ni foam and their composites with other materials. In the synthesis via an electrolytic reaction, the conductive matrix and a graphite material are used as the working electrode and counter electrode, respectively, and a solution containing Ru precursor is used as the electrolyte. The reaction time should be controlled precisely to prevent the growth of Ru NPs. Noted that, the Ru SAC based on conductive matrix can be directly used as H₂ evolution cathode in the electrocatalytic HER process, which greatly simplifies the electrode preparation process. Additionally, this 3D self-supported Ru SAs electrode is favorable for charge transfer and H₂ release, which may contribute to better HER performance.

For instance, Wang *et al.* electrodeposited Ru SAs on the surfaces of MoS₂ NS arrays supported by CC (Ru-MoS₂/CC)

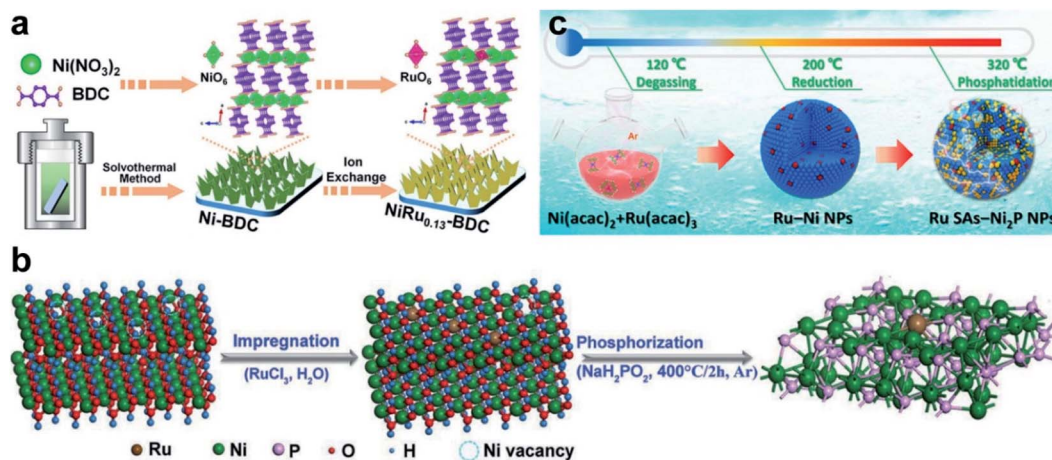


Fig. 2 (a) Schematic illustration for ion-exchange preparation of NiRu_{0.13}-BDC catalyst. Reprinted with permission from ref. 33. Copyright 2021 Nature Publishing Group. (b) Schematic illustration for impregnation-phosphorization synthesis of Ni₅P₄-Ru_{SA}. Reprinted with permission from ref. 36. Copyright 2020 John Wiley and Sons. (c) Schematic illustration of phosphorization preparation process of Ru SAs-Ni₂P. Reprinted with permission from ref. 37. Copyright 2020 Elsevier.

(Fig. 1b).²³ The electrodeposition was performed in a three-electrode cell using MoS₂/CC as the working electrode, a graphite plate as the counter electrode, a saturated calomel electrode (SCE) as the reference electrode, and a mixed solution of RuCl₃ and H₂SO₄ as the electrolyte. Ru-MoS₂/CC was obtained by cyclic voltammetry (CV) from -0.5 to 0.4 V (*vs.* SCE) at a sweep rate of 20 mV s⁻¹ for 20 cycles. Li *et al.* reported an electrodeposition strategy to anchor Ru SAs on the surfaces of MoS₂/MoP heterostructures supported by CC (CC@MoS₂/MoP/Ru_{SA}).²⁴ The electrodeposition was conducted in a two-electrode system using CC@MoS₂/MoP as the working electrode, a graphite rod as the counter electrode, and a mixed solution of RuCl₃ and NH₂SO₃H as the electrolyte. Ru SAs were electrodeposited on CC@MoS₂/MoP under cathodic current of 0.2 mA cm⁻² for 450 s.

Photochemical reduction

Over the past decades, PR has been considered one of the most effective strategies for preparing metal NPs, which has the advantages of simplicity and scalability.²⁵ In this process, the size of final product mainly depends on the rate of nucleation and growth of the metal. To prepare Ru SACs by PR, it is crucial to prevent the agglomeration of Ru atoms by the strict control of precursor concentration and irradiation conditions.

For example, Yu *et al.* synthesized highly robust Ru SACs by mild ultraviolet PR.²⁶ They mixed B-doped mesoporous carbon spheres with RuCl₃ and urea, then stirred the mixture under UV irradiation for 120 min. Owing to the adjacent B,N co-doped pairs, Ru atoms were firmly anchored on B,N co-doped carbon (N/BC) by Ru-N-B-C sites, leading to enhanced metal-support interaction. Recently, Yu *et al.* fabricated Ru SAs supported on N-doped Mo₂C NSs by PR combined with calcination.²⁷ They firstly prepared Ru NPs/MoO₂ NSs by stirring the mixture of MoO₂ NSs and RuCl₃·3H₂O under the irradiation of a 300 W xenon lamp, and then Ru SAs/N-Mo₂C NSs were obtained by

calcining the as-prepared products mixed with commercial dicyandiamide powders *via* anti-Ostwald ripening.

High-temperature pyrolysis

High-temperature pyrolysis is considered as a facile and robust method for synthesizing Ru SACs. This strategy involves thermal decomposition of suitable Ru precursors at high temperature in a controlled inert atmosphere, such as N₂,^{28,29} Ar,³⁰ or NH₃.³¹ The advantage of pyrolysis is the easy control of Ru loading, but the process uses a large amount of energy, requires strictly controlled reaction conditions and has a high cost. These disadvantages limit its suitability for large-scale application.

For example, Lu *et al.* demonstrated a pyrolysis strategy to fabricate an atomically dispersed Ru catalyst on N-doped carbon nanowires (Ru/NC NWs).²⁸ A melamine formaldehyde polymer was coated onto Te NWs, and the core-sheath NWs were pyrolyzed at a controlled temperature after adding a calculated amount of RuCl₃. This resulted in Ru,N co-doped carbon NWs where both Ru NPs and Ru SAs were embedded in the carbon matrix. Yan *et al.* introduced RuCl₃ into NH₂-MIL-125, where MIL (Materials of Institute Lavoisier)-125 is a metal organic framework, and prepared Ru NP and/or SA@N-doped TiO₂/C hybrid catalysts (Ru@N-TC) *via* a pyrolysis process (Fig. 1c).³² The dispersion states of Ru species were directly regulated by varying the initial feeding content of Ru³⁺ ions, where Ru_{NP/SA}@N-TC and Ru_{SA}@N-TC were derived from 2% Ru³⁺-NH₂-MIL-125 and 5% Ru³⁺-NH₂-MIL-125, respectively.

Other strategies

In addition to the strategies for synthesizing Ru SACs discussed in above sections, several other effective approaches have been reported in recent years. For instance, an ion-exchange method was applied to stabilize Ru SAs on Ni-BDC (Ni₂(OH)₂(C₆H₄O₄)) grown on Ni foam³³ (Fig. 2a). By varying the concentration of

RuCl₃ ethanol solution, a series of Ru SACs were synthesized through a solvothermal process, with different loading amounts of Ru atoms partially replacing Ni atoms. Similarly, ion exchange for preparing Ru SACs has been achieved by hydrothermal treatment.^{34,35} He *et al.* reported an impregnation-phosphorization treatment to synthesize a Ni₅P₄ electrocatalyst incorporating Ru SAs (Ni₅P₄-Ru_{SA}) (Fig. 2b). As a support precursor, Ni-vacancy-rich Ni(OH)₂ firstly stabilized the Ru³⁺ species from RuCl₃, and then the Ni₅P₄-Ru_{SA} NPs were obtained through subsequent phosphorization treatment.³⁶ Similarly, Ru_{SA}-doped Ni₂P NPs (Ru SAs-Ni₂P) were prepared by degassing a mixture of Ni(acac)₂ and Ru(acac)₂, followed by the subsequent phosphorization (Fig. 2c).³⁷ Moreover, a simple spontaneous reduction method was developed recently to fabricate Ru SACs, where Ru SACs were deposited on monolayer MoS₂ with a nanoporous structure (np-MoS₂).³⁸ In this method, an np-MoS₂ film was transferred to the RuCl₃·H₂O solution to adsorb Ru species, then transferred to CC, and dried under vacuum to obtain Ru_{SA}/np-MoS₂.

Summary

In summary, Ru SACs can be obtained by various synthesis strategies, considering key factors such as time, cost, procedural complexity and yield. Generally, the synthesis approaches are classified into “bottom-up” and “top-down” routes.^{39,40} One of the most promising bottom-up strategies for preparing Ru SACs is WI due to its low cost and simple procedure. The Ru SAC products prepared by electrodeposition and PR generally have excellent catalytic activity. However, increasing the Ru loading

is difficult using these three methods, because local agglomeration occurs easily due to their high nucleation rate.^{40,41} Previous studies have shown that the top-down strategies for preparing Ru SACs have higher synthesis efficiency than bottom-up ones. High-temperature pyrolysis is a commonly used top-down strategy. Ru SACs obtained by pyrolysis usually have excellent conductivity and catalytic performance. However, the main limitation of this strategy is the tendency of Ru atoms to aggregate at high temperatures. Therefore, a high level of optimization is generally required to achieve the desired isolated Ru SACs.⁴² Although some good progress has been made in preparing Ru SACs, the current preparation methods still have limitations, such as low and hard-to-control Ru SA loading and relatively low stability and repeatability. The small particle size of Ru SAs considerably increases their surface free energy, resulting in their agglomeration at high Ru loading. Thus, further research is required to fabricate Ru SACs with high Ru SA loading, high catalytic activity, sufficient stability, and a low cost of production.

Characterization of Ru single-atom catalysts

In recent years, the rapid development of electron microscopic technology and spectral characterization methods has supported an in-depth understanding of the spatial configuration and coordination of SAC active centers. The atomic-scale morphological characterization and *in situ/operando* spectroscopy methods with structural sensitivity have gradually clarified

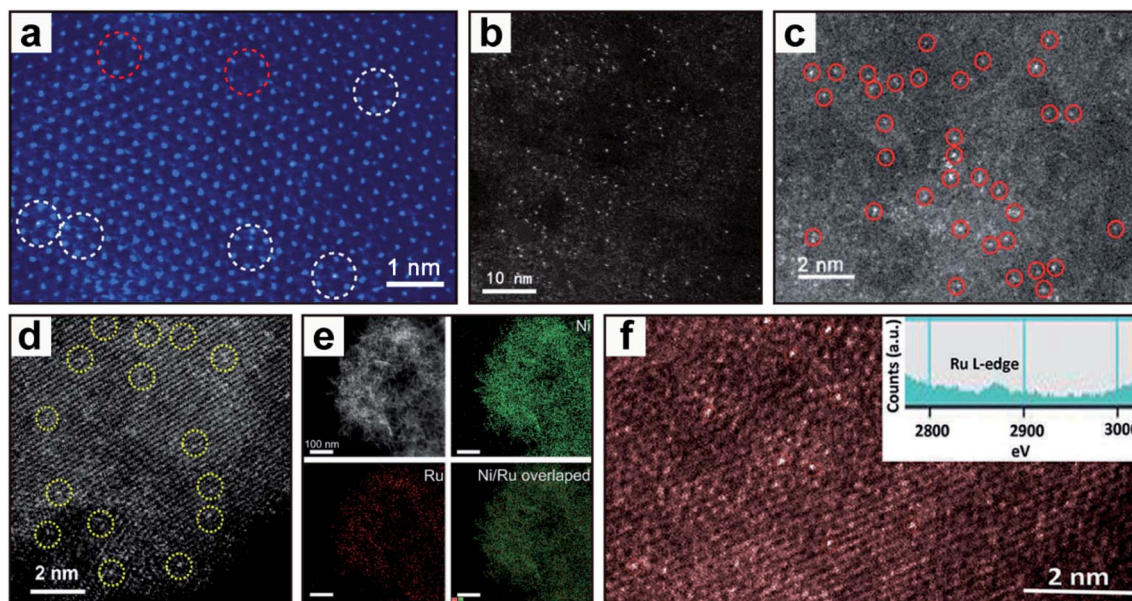


Fig. 3 (a) HAADF-STEM image of Ru_{SA}/np-MoS₂, showing the existence of Mo vacancies (red circles) and isolated Ru atoms (white circles). Reprinted with permission from ref. 38. Copyright 2021 Nature Publishing Group. (b) HAADF-STEM image of Ru_{SA}-C₃N₄ catalyst. Reprinted with permission from ref. 20. Copyright 2019 Nature Publishing Group. (c) HAADF-STEM image of Ru_{SA}-N-Ti₃C₂T_x. Reprinted with permission from ref. 48. Copyright 2020 The Royal Society of Chemistry. (d) HAADF-STEM image of Ru_{SA}-TiO₂ NSs. Reprinted with permission from ref. 15. Copyright 2019 American Chemical Society. (e) EDXS elemental maps of Ru_{SA}-Ni(OH)₂. Reprinted with permission from ref. 34. Copyright 2021 John Wiley and Sons. (f) HAADF-STEM image of Ni₅P₄-Ru_{SA} (inset: corresponding EELS spectrum at Ru L-edge). Reprinted with permission from ref. 36. Copyright 2020 John Wiley and Sons.

the structure–activity relationship of SACs. Representative methods for effectively verifying the distribution of isolated SACs include aberration-corrected scanning transmission electron microscopy (AC-STEM) with electron energy loss spectroscopy (EELS), X-ray absorption spectroscopy (XAS) and X-ray photoelectron spectroscopy (XPS).^{16,43,44} Specific examples of these methods for characterizing Ru SACs are described in detail in this section.

Aberration-corrected scanning transmission electron microscopy

Electron microscopy can be used to observe the morphology and structural characteristics at the microscale and plays a vital role in direct imaging of nanomaterials. However, the resolution of conventional electron microscopes is limited to the nanoscale, which remains a great challenge for the imaging and characterization at the atomic scale. With the development of aberration-correction technology, AC-STEM can enable atomic-scale imaging owing to the higher beam current and resulting higher resolution.⁴⁵ Particularly, aberration-corrected high-angle annular dark-field scanning transmission electron microscopy (AC HAADF-STEM) can provide atomic-resolution images by collecting the electrons scattered from an annulus around the beam using an annular dark-field detector. This method can provide a distribution of different atoms within the material because the brightness increases with increasing atomic

number. Therefore, the high-resolution imaging of AC-STEM makes it possible to visualize the sample at the atomic level, which lays a firm foundation for understanding the structure and composition of catalysts at the atomic level.^{46,47} For instance, isolated Ru atoms uniformly distributed on MoS₂,³⁸ C₃N₄,²⁰ MXene (N-doped Ti₃C₂T_x)⁴⁸ and TiO₂¹⁵ supports were clearly observed as bright dots in AC HAADF-STEM images (Fig. 3a–d). No Ru NPs or clusters were observed in any of these samples, further confirming the successful synthesis of Ru SACs.

Energy-dispersive X-ray spectroscopy (EDXS) and EELS are other important material analysis techniques that supplement HAADF-STEM imaging to further probe the structure and chemical composition of SACs. Due to its limited resolution, EDXS can only analyze the nanoscale composition of Ru SACs with high Ru loading. Taking the EDXS elemental maps in Fig. 3e as an example, the presence of Ru without obvious aggregation indirectly indicated the uniform distribution of Ru atoms.³⁴ Compared with EDXS, EELS can analyze the atomic-scale composition of Ru SACs with much higher resolution and signal-to-noise ratio.^{44,49,50} For example, in Fig. 3f, the EELS spectrum (inset in Fig. 3f) verified the presence of Ru in the area of HAADF-STEM imaging, and the Ru SACs were confirmed by the visible bright dots.³⁶ Although the combination of HAADF-STEM and EDXS/EELS provides visual confirmation of Ru SACs, it can only provide information about the atomic distribution of Ru in small local areas, which may not be representative of the

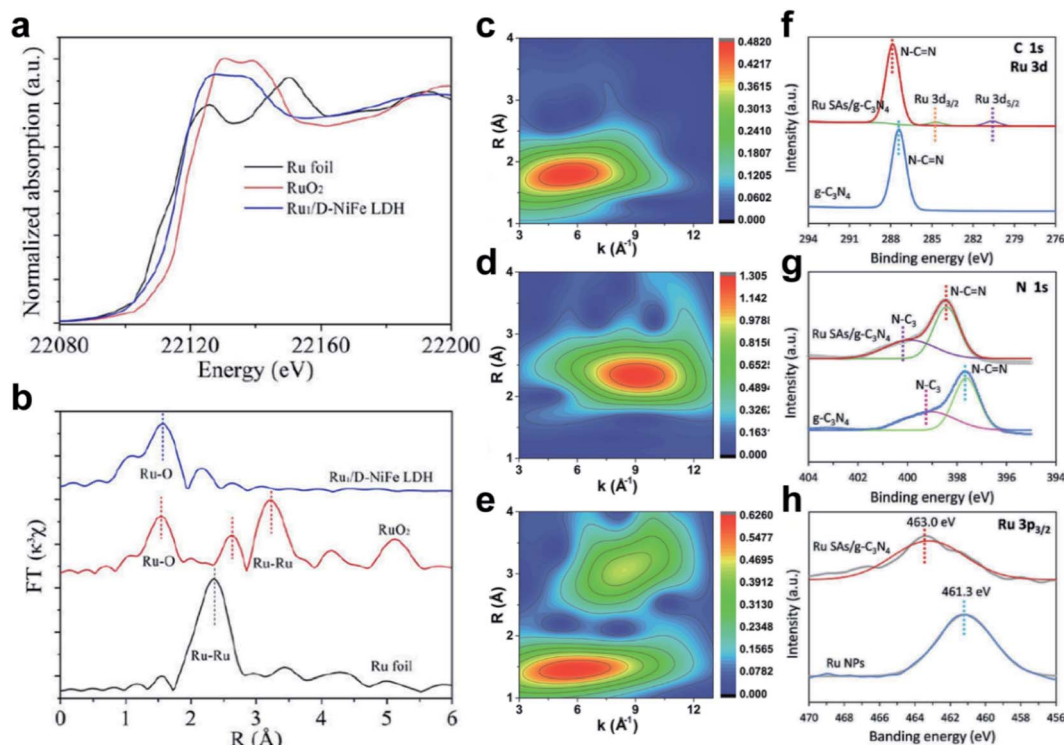


Fig. 4 (a) XANES spectra at Ru K-edge of Ru₁/D–NiFe LDH, Ru foil and RuO₂; (b) FT-EXAFS spectra from a. Reprinted with permission from ref. 55. Copyright 2021 Nature Publishing Group. WT-EXAFS spectra at Ru K-edge of (c) Ru_{SA}–CoP/CD, (d) Ru foil and (e) RuO₂. Reprinted with permission from ref. 56. Copyright 2021 John Wiley and Sons. High-resolution XPS spectra of (f) C 1s and Ru 3d, and (g) N 1s electrons for Ru_{SA}/g–C₃N₄ and g–C₃N₄; (h) XPS spectra of Ru 3p_{3/2} for Ru_{SA}/g–C₃N₄ and Ru NPs. Reprinted with permission from ref. 57. Copyright 2019 John Wiley and Sons.

entire sample. Therefore, it is necessary to combine other characterization techniques with existing electron microscopic methods to provide comprehensive characterization of Ru SACs.

X-ray absorption spectroscopy

Because the high spatial resolution of microscopic methods mentioned above limits the imaging to local areas, it is difficult to obtain statistical information about the entire sample *via* microscopy. Therefore, XAS is a good supplement to microscopy. Based on a synchrotron radiation X-ray source, XAS can provide statistical spatial structural information about a certain element and recognize the coordination and valence of the element in a sample.^{51,52} XAS includes both X-ray absorption near-edge structure (XANES) and extended X-ray absorption fine structure (EXAFS) spectroscopy. Among them, XANES can characterize the oxidation state of metal atoms; EXAFS and the corresponding Fourier-transform (FT) spectroscopy can determine the coordination information around metal atoms, including the type of coordination atoms, coordination number, bond length and bond angle, *etc.*^{53,54} In the XAS characterization of Ru SACs, detecting the presence or absence of Ru–Ru bonds is a typical method to determine Ru in the form of NPs or SAs. Recently, Zhai *et al.* investigated the coordination environment of Ru SAs stabilized on defective Ni–Fe-layered double hydroxide NSs (Ru₁/D–NiFe LDH) by XANES and EXAFS characterization. The XANES spectra (Fig. 4a) revealed that the near-edge absorption energy of Ru in Ru₁/D–NiFe LDH was between those in Ru foil and RuO₂, demonstrating that Ru in Ru₁/D–NiFe LDH was positively charged. The FT-EXAFS spectra of Ru₁/D–NiFe LDH (Fig. 4b) had a first-shell Ru–O peak at 1.56 Å and a weak peak related to Ru–O–M (M = Ni or Fe) in the higher shells.⁵⁵ Unlike Ru foil and RuO₂, there was no characteristic peak for Ru–Ru scattering in Ru₁/D–NiFe LDH, implying that Ru was atomically dispersed in D–NiFe LDH. In another example, Ru_{SA}-doped CoP supported by carbon dots (Ru_{SA}–CoP/CD) was analyzed by wavelet-transform EXAFS (WT-EXAFS) to identify the presence of Ru SACs.⁵⁶ As shown in Fig. 4c, Ru_{SA}–CoP/CD exhibited a strong Ru–P signal at 5.9 Å^{–1} without Ru–Ru signal which could be observed in Ru foil (Fig. 4d) and RuO₂ (Fig. 4e). The results demonstrated that Ru was atomically dispersed in Ru_{SA}–CoP/CD.

X-ray photoelectron spectroscopy

XPS is another auxiliary technology for studying the composition and valence of Ru SACs. It can also reveal the changes in electron density between interacting atoms. For example, the valence state and coordination environment of Ru atoms in Ru_{SA}-decorated graphitic C₃N₄ (Ru_{SA}/g–C₃N₄) were investigated by XPS, as shown in Fig. 4f–h.⁵⁷ Fig. 4f showed the XPS spectra of C 1s; the peak of sp² C in N–C=N⁵⁸ for Ru_{SA}/g–C₃N₄ was positively shifted compared with that for pure g–C₃N₄, which implied a reduction in the electron density of sp² C in g–C₃N₄ due to charge transfer from g–C₃N₄ to Ru centers.⁵⁹ In addition, two peaks related to the 3d_{5/2} and 3d_{3/2} electrons of Ru ions in Ru–N moieties were observed for Ru_{SA}/g–C₃N₄, indicating that

Ru ions were successfully incorporated into the g–C₃N₄ matrix *via* Ru–N coordination bonds. Fig. 4g showed the XPS spectra of N 1s; both the N–C=N and N–C₃ peaks⁶⁰ for Ru_{SA}/g–C₃N₄ also positively shifted due to the charge-transfer process mentioned above. Fig. 4h showed the XPS spectra of Ru 3p_{3/2}; a metallic Ru peak was observed for Ru NPs, while an oxidized Ru peak was observed for Ru_{SA}/g–C₃N₄.⁶¹ These results confirmed the absence of crystalline Ru in Ru_{SA}/g–C₃N₄ and proved that the Ru atoms were atomically dispersed. However, XPS technology is limited by its relatively low atomic resolution and ability to analyze only the surface; thus, it is usually combined with other techniques (*e.g.*, HAADF-STEM and XAS) to analyze Ru SACs.^{24,62}

Summary

In the study of geometric and electronic structure of SACs, HAADF-STEM and XAS are the two main characterization methods used to identify the presence of SAs in the catalyst. If these two methods are not used together, the research results of SACs may be misleading. With the recent rapid development of *in situ/operando* characterization technologies, researchers have been able to explore the structural evolution of SACs in catalytic reactions and speculate on the reaction mechanisms. However, further improvements on the resolution and accuracy of current techniques are still required to identify the catalytic reaction process of SACs in HER. At this time, the above-mentioned characterization techniques should complement each other to support the comprehensive understanding of Ru SACs.

Ru single-atom catalysts for the hydrogen evolution reaction

In general, HER is a multistep electrochemical process.⁶³ The first step is electrochemical hydrogen adsorption, *i.e.*, the Volmer step:

in acidic solutions:

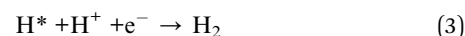


in alkaline and neutral solutions:

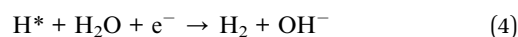


where H* is a hydrogen atom adsorbed on an active site of the catalyst surface.^{64,65} The following step has two different pathways to generate H₂. The first is electrochemical desorption, *i.e.*, the Heyrovsky step, in which H* couples with a new electron and another H⁺ in the electrolyte to form H₂:

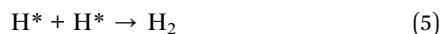
in acidic solutions:



in alkaline and neutral solutions:



The other step is chemical desorption, *i.e.*, the Tafel step, in which two adjacent H* combine directly to form H₂:



The rate-determining step is the Volmer–Heyrovsky or Volmer–Tafel paths at a relatively low or high H^* coverage, respectively. Both pathways strongly depend on the inherent chemical and electronic properties of catalyst surface, and the rate-determining step of HER can be identified from the Tafel slope of corresponding HER polarization curve:⁶⁶

$$\eta = a + b \log_{10}(j) \quad (6)$$

where η is the overpotential (mV), a is a constant, j is the current density (mA cm^{-2}), and b is the Tafel slope (mV dec^{-1}). The catalytic performance can be improved by decreasing b . Electrocatalysts are commonly compared by evaluating the external applied potential required to produce a constant electrical

current, usually using the overpotential at a current density of 10 mA cm^{-2} (η_{10}).

To date, various Ru SACs have been successfully prepared and applied to HER. They have shown good HER performance with small η_{10} and b values, which mainly benefits from Ru SA active sites. Specifically, (1) the incorporated Ru sites can regulate the electronic states and d-band center, leading to accelerated electron transfer and enhanced water adsorption. (2) When the Ru SACs are designed, obvious charge density redistribution and intensified electron accumulation on Ru sites can be expected. The electron-rich Ru sites may reduce the energy barrier of water dissociation and realize thermodynamically favorable H adsorption for enhanced HER performance. (3) Ru SAs can also modify the electron structure of adjacent catalytic sites, thereby promoting the Volmer step and H–H coupling step *via* a synergistic effect. (4) The

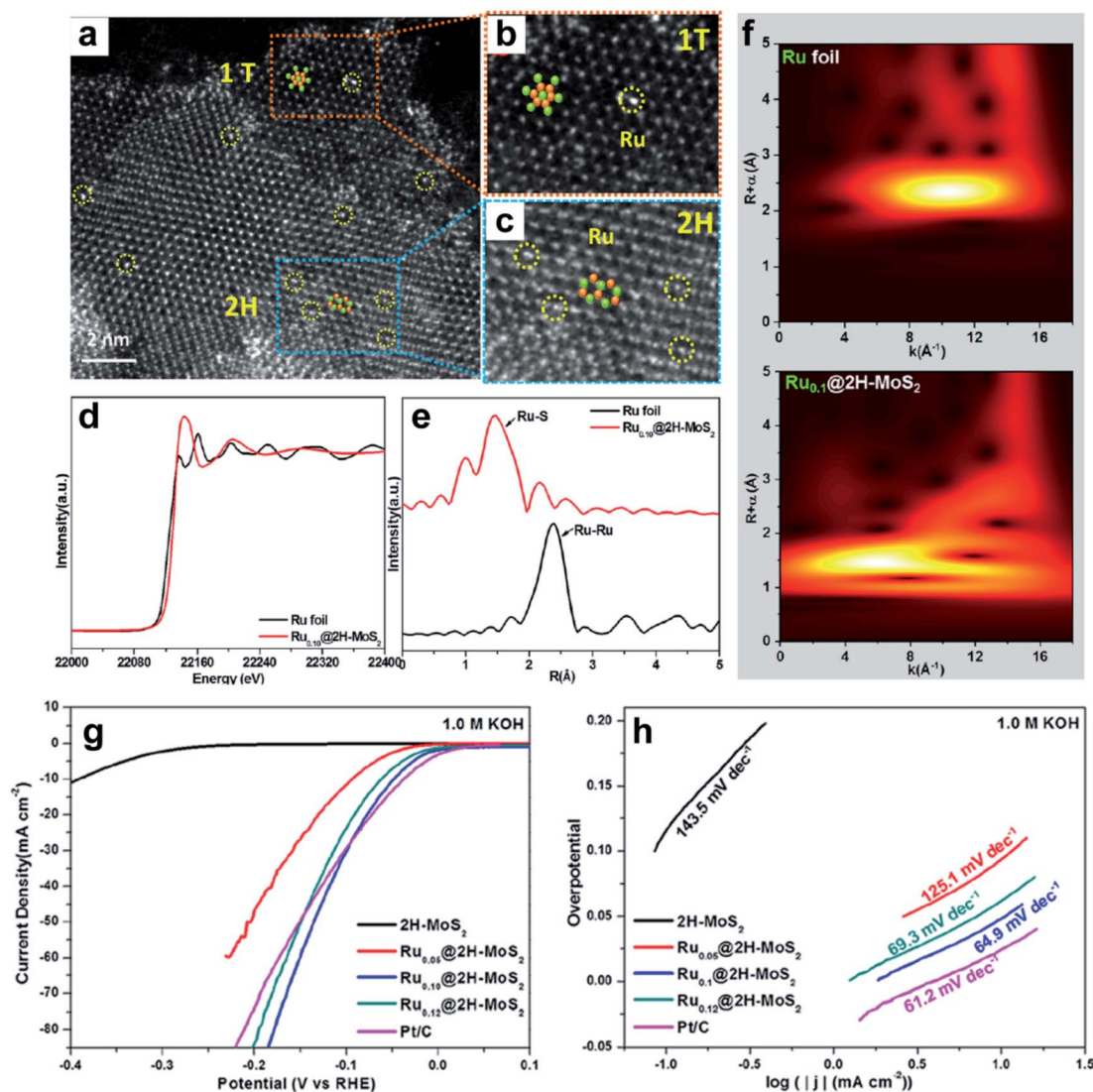


Fig. 5 (a) HAADF-STEM image of $\text{Ru}_{0.10}@2\text{H-MoS}_2$; (b and c) magnified domains of the dashed rectangles of 1T phase, 2H phase and single Ru atoms (marked by yellow dashed circles) dispersed in the MoS_2 plane shown in a. (d) The normalized Ru K-edge XANES spectra, (e) FT-EXAFS spectra and (f) WT-EXAFS spectra of Ru foil and $\text{Ru}_{0.10}@2\text{H-MoS}_2$. (g) Polarization curves and (h) Tafel plots for 2H- MoS_2 , $\text{Ru}_{0.05}@2\text{H-MoS}_2$, $\text{Ru}_{0.10}@2\text{H-MoS}_2$ and $\text{Ru}_{0.12}@2\text{H-MoS}_2$ in 1.0 M KOH. Reprinted with permission from ref. 35. Copyright 2021 Elsevier.

localized coordination and structural polarization of Ru SAs further enhance the water adsorption and dissociation processes.

In Ru SAs, the support material plays an important role in anchoring and stabilizing Ru SAs. Therefore, selecting an appropriate catalyst support is vital. In recent years, various

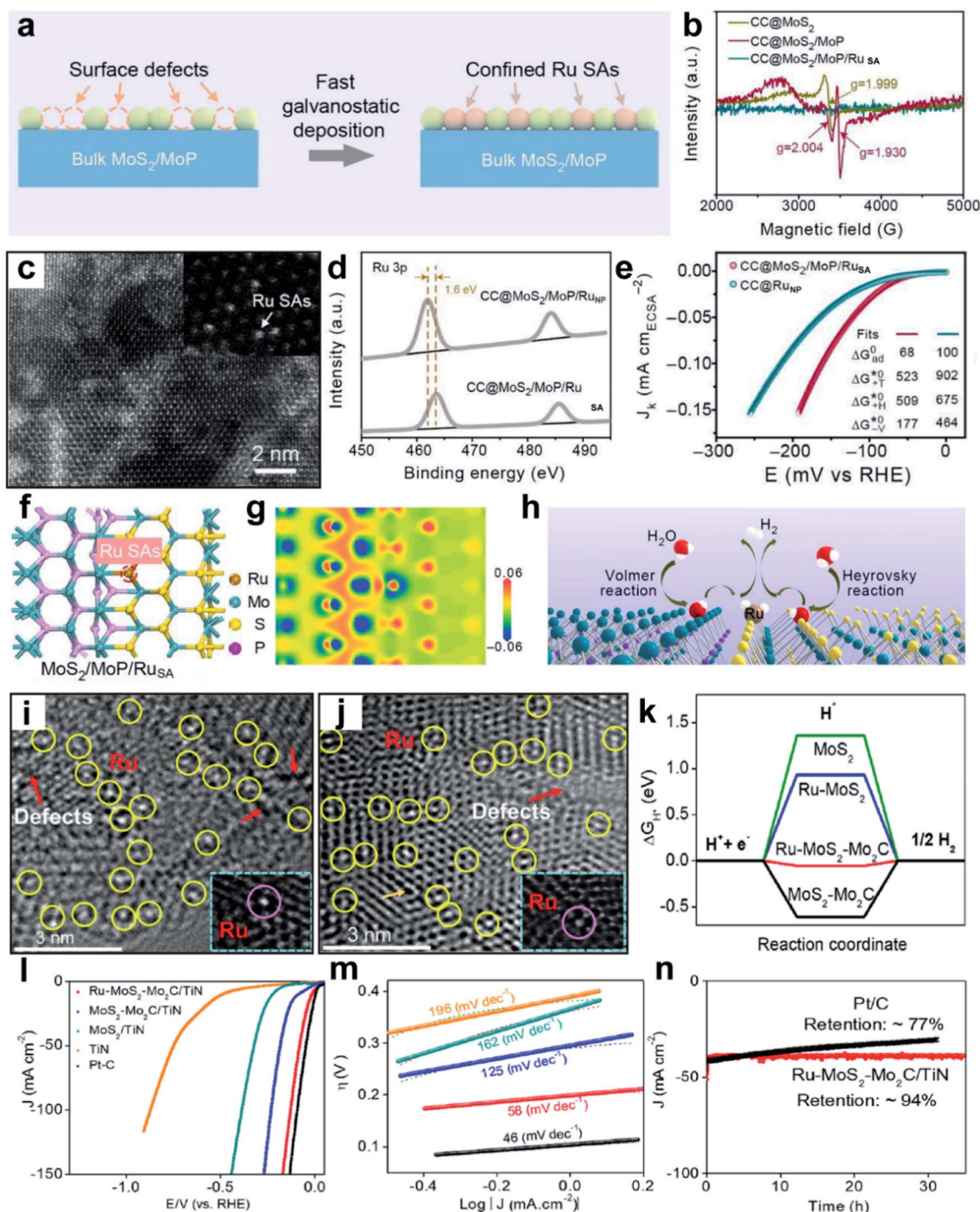


Fig. 6 (a) Schematic illustration of Ru SAs that were confined in the defects of MoS₂/MoP. (b) EPR spectra of CC@MoS₂, CC@MoS₂/MoP and CC@MoS₂/MoP/Ru_{SA}. (c) HAADF-STEM image of MoS₂/MoP/Ru_{SA}. (d) High-resolution XPS spectra of Ru 3p signals for CC@MoS₂/MoP/Ru_{NP} and CC@MoS₂/MoP/Ru_{SA}. (e) Electrochemical surface area normalized experimental LSV curves (circles line) of CC@MoS₂/MoP/Ru_{SA} and CC@Ru_{NP} with the best fits (solid line); (f) optimized structure of the top view for MoS₂/MoP/Ru_{SA}; (g) corresponding charge density maps. (h) Schematic illustration of alkaline HER mechanism for MoS₂/MoP/Ru_{SA}. Reprinted with permission from ref. 24. Copyright 2021 Elsevier. (i) and (j) HAADF-STEM images of Ru–MoS₂–Mo₂C NS. (k) ΔG_{H^+} of MoS₂, Ru–MoS₂, MoS₂–Mo₂C and Ru–MoS₂–Mo₂C material models. (l) LSV measurements and (m) Tafel slopes of different materials for HER in 1.0 M KOH; (n) chronoamperometric measurement of the Ru–MoS₂–Mo₂C/TiN and Pt/C on CC for alkaline HER at an initial current response of 40 mA cm⁻². Reprinted with permission from ref. 70. Copyright 2021 Elsevier.

supports have been extensively reported for anchoring Ru SAs, such as transition metal chalcogenides (TMCs),^{23,38,67} transition metal phosphides (TMPs),^{56,68} carbon materials,^{22,28,31,69} MXenes,⁴⁸ metal organic frameworks (MOFs)³³ and transition-metal-based layered metal hydroxides (LMHs).⁵⁵ In the following discussion, we summarize the recent progress in Ru SACs for HER, according to the support categories above.

Transition metal chalcogenide supports

The synergistic effect between the Ru SA site and the support is favorable for HER performance. Therefore, TMCs with high

intrinsic catalytic activity are promising supports for Ru SAs. As one of the presentative TMC supports, MoS₂ has been widely investigated to serve as the support for Ru SAs. For instance, Wang *et al.* synthesized Ru_{SA}-doped MoS₂ with high 2H phase content (Ru@2H-MoS₂) by a two-step hydrothermal method.³⁵ The HAADF-STEM images (Fig. 5a-c) showed atomically dispersed Ru atoms mainly located in the position of Mo atoms, which revealed that Ru atoms were mainly embedded in the MoS₂ plane by substituting Mo atoms. XANES measurements (Fig. 5d) showed that Ru atoms in Ru@2H-MoS₂ were in a cationic form. The FT-EXAFS spectrum of Ru@2H-MoS₂ showed a first-shell scattering peak at ~ 1.44 Å, smaller than

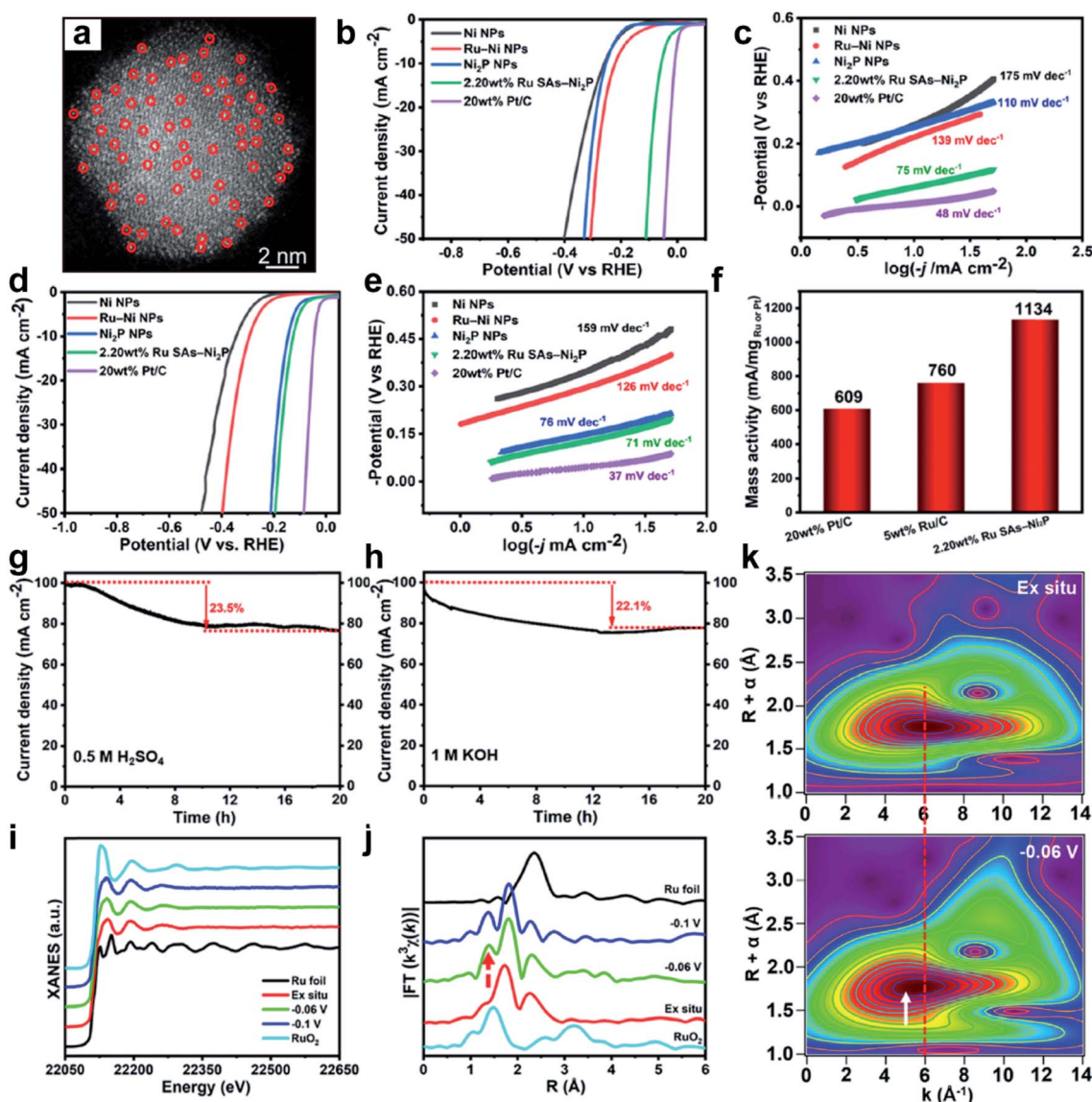


Fig. 7 (a) AC HADDF-STEM image of 2.20 wt% Ru SAs-Ni₂P. (b) LSV curves and (c) Tafel plots of Ni NPs, Ru-Ni NPs, pure Ni₂P, 2.20 wt% Ru SAs-Ni₂P and 20 wt% Pt/C in 1 M KOH; (d) LSV curves and (e) Tafel plots of Ni NPs, Ru-Ni NPs, pure Ni₂P, 2.20 wt% Ru SAs-Ni₂P and 20 wt% Pt/C in 0.5 M H₂SO₄; (f) mass activities of 20 wt% Pt/C, 5 wt% Ru/C, and 2.20 wt% Ru SAs-Ni₂P at the overpotential of 57 mV. Time-dependent current density curves for 2.20 wt% Ru SAs-Ni₂P catalyst in (g) 1 M KOH at the overpotential of 57 mV and (h) 0.5 M H₂SO₄ at the overpotential of 125 mV, respectively. (i) *Operando* XANES spectra at Ru K-edge of 2.20 wt% Ru SAs-Ni₂P under different overpotentials (vs. RHE) during HER, and reference standards of Ru foil and RuO₂; (j) corresponding k³-weighted FT-EXAFS spectra; (k) WT-EXAFS spectra at Ru K-edge of *ex situ* and -0.06 V (vs. RHE) for 2.20 wt% Ru SAs-Ni₂P. Reprinted with permission from ref. 37. Copyright 2020 Elsevier.

that of Ru foil (2.38 Å) (Fig. 5e). Further, the WT-EXAFS spectrum of Ru@2H-MoS₂ exhibited a strong Ru-S signal, apart from the Ru-Ru signal from Ru foil (Fig. 5f). These results consistently indicated the formation of Ru SAs embedded inside the MoS₂ lattice, likely through substitution of Mo and stabilization *via* Ru-S coordination. In HER tests (Fig. 5g and h), the Ru_{0.10}@2H-MoS₂ (Ru_x@2H-MoS₂ means *x* mmol RuCl₃·*x*H₂O was used in preparation) showed excellent alkaline HER performance (η_{10} of 51 mV and *b* of 64.9 mV dec⁻¹). It also performed well in 1.0 M phosphate-buffered saline (PBS) and 0.5 M H₂SO₄ with η_{10} of 137 and 168 mV, respectively. In addition, the good stability of the as-prepared Ru@2H-MoS₂ was identified by similar linear-sweep voltammetry (LSV) curves before and after scanning for 3000 cycles.

Furthermore, various MoS₂-based heterostructures have been developed as the supports for anchoring Ru SAs. Taking

CC@MoS₂/MoP/Ru_{SA} as an example, which has been mentioned above, the composite showed excellent alkaline HER activity with a η_{10} of 45 mV and *b* of 52.9 mV dec⁻¹.²⁴ The electro-deposited Ru atoms were anchored preferentially on the defect sites of MoS₂/MoP (Fig. 6a), which was confirmed by the electron paramagnetic resonance (EPR) spectra in Fig. 6b; the number of defects increased by the phosphorization reaction and significantly decreased after Ru SA deposition. The as-prepared Ru SAs were identified by AC HAADF-STEM measurement (Fig. 6c). The XPS spectra (Fig. 6d) showed that the peaks of Ru 3p for CC@MoS₂/MoP/Ru_{SA} had higher energy than those for CC@MoS₂/MoP/Ru_{NP}, indicating the absence of metallic Ru in CC@MoS₂/MoP/Ru_{SA}. Dual-pathway kinetic analysis (Fig. 6e) clearly illustrated the synergistic effect between MoS₂/MoP and Ru SAs; the kinetic current of CC@MoS₂/MoP/Ru_{SA} was much larger than that of CC@Ru_{NP} at

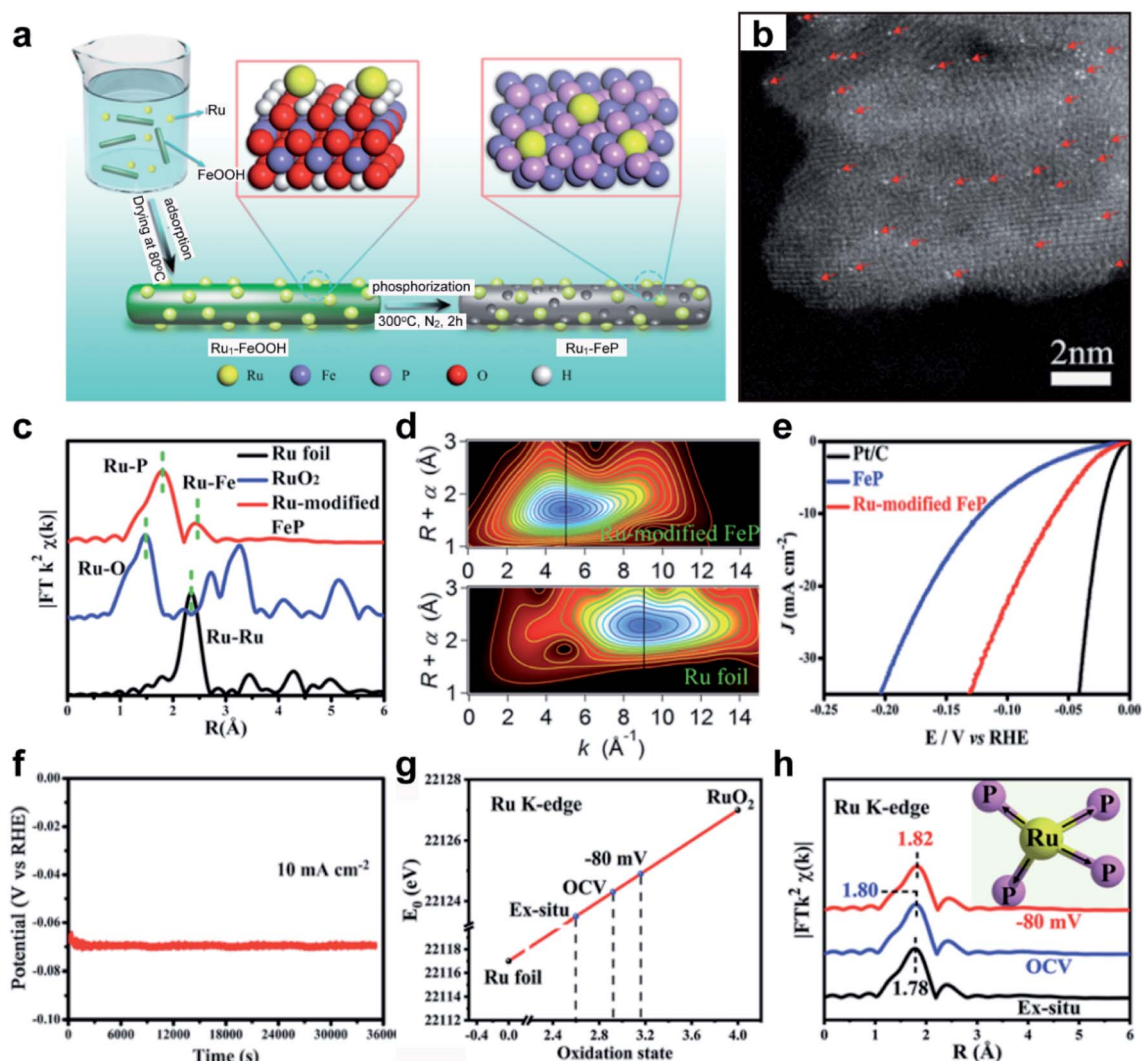


Fig. 8 (a) Illustration of the formation of isolated Ru_{SA}-modified FeP. (b) HAADF-STEM image of Ru-modified FeP. (c) Ru K-edge FT-EXAFS curves of Ru-modified FeP, Ru foil and RuO₂; (d) WT-EXAFS of Ru-modified FeP and Ru foil. (e) HER polarization curve for Ru-modified FeP, compared with FeP and Pt/C. (f) The chronopotentiometric curve at a current density of 10 mA cm⁻². (g) The fitted oxidation states of Ru from XANES spectra and (h) FT-EXAFS spectra of isolated Ru_{SA}-modified FeP during HER. Reprinted with permission from ref. 71. Copyright 2020 The Royal Society of Chemistry.

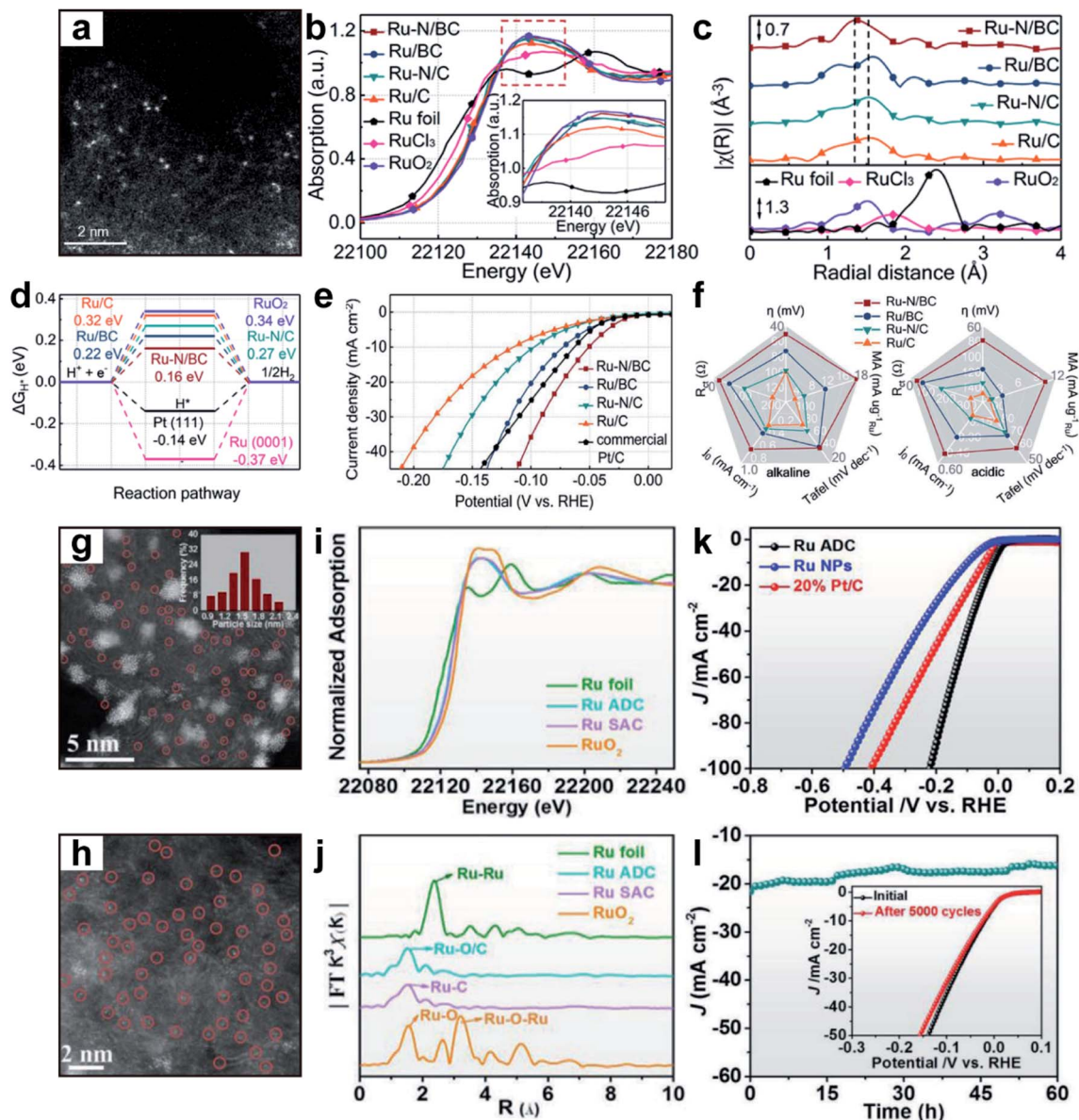


Fig. 9 (a) HAADF-STEM images of Ru-N/BC. (b) The normalized Ru K-edge XANES and (c) FT-EXAFS spectra of Ru-N/BC, Ru/BC, Ru-N/C, Ru/C, Ru foil, RuCl₃ and RuO₂. (d) The calculated ΔG_{H^*} for Pt (111), RuO₂ (110), Ru (0001), Ru-N/BC, Ru/BC, Ru-N/C and Ru/C. (e) LSV curves (iR compensated) of Ru-N/BC, Ru/BC, Ru-N/C, Ru/C and commercial Pt/C (20 wt%) electrodes in N₂-saturated 1 M KOH solution at a sweep rate of 5 mV s⁻¹; (f) radar patterns of η_{10} , mass activity (MA) (at -0.100 V), Tafel slope, j_0 and charge transfer resistance (R_{ct}) for Ru-N/BC, Ru/BC, Ru-N/C and Ru/C in 1 M KOH (left) and 0.5 M H₂SO₄ (right) solutions. Reprinted with permission from ref. 26. Copyright 2020 The Royal Society of Chemistry. AC HAADF-TEM images of (g) Ru ADC and (h) Ru SAC, respectively, the inset in g is diameter statistical distribution histogram of pure clusters in Ru ADC. (i) Ru XANES spectra and (j) Ru FT-EXAFS spectra of Ru foil, Ru ADC, Ru SAC and RuO₂. (k) LSV curves for alkaline HER of Ru ADC, Ru NPs and 20% Pt/C. (l) Stability tests of Ru ADC, including CV cyclic curves and chronoamperometric curve. Reprinted with permission from ref. 22. Copyright 2021 John Wiley and Sons.

the same overpotential, and the free energies on CC@MoS₂/MoP/Ru_{SA} were all lower than those on CC@Ru_{NP}. The optimized structure (Fig. 6f) of MoS₂/MoP with one Ru SA isolated in the S-vacancy of MoS₂/MoP (MoS₂/MoP/Ru_{SA}) and its charge density map (Fig. 6g) revealed substantial charge redistribution at the Ru-bonding region of MoS₂/MoP/Ru_{SA}. The authors explained that both synergistic effect and charge redistribution between the interfaces of MoS₂/MoP and Ru SAs modulated the adsorption and desorption of intermediates, promoting the

alkaline HER catalytic activity of MoS₂/MoP/Ru_{SA}, illustrated schematically in Fig. 6h.

In another study, Hoa *et al.* reported a MoS₂-Mo₂C heterostructure incorporated with Ru SAs (2.02 at%) and supported by 1D TiN nanorod arrays to form a 3D hierarchical porous material (Ru-MoS₂-Mo₂C/TiN).⁷⁰ The HAADF-STEM images (Fig. 6i and j) showed a uniform distribution of atomically dispersed Ru atoms in the MoS₂-Mo₂C heterostructure. According to DFT calculations, the ΔG_{H^*} (Gibbs free energy of

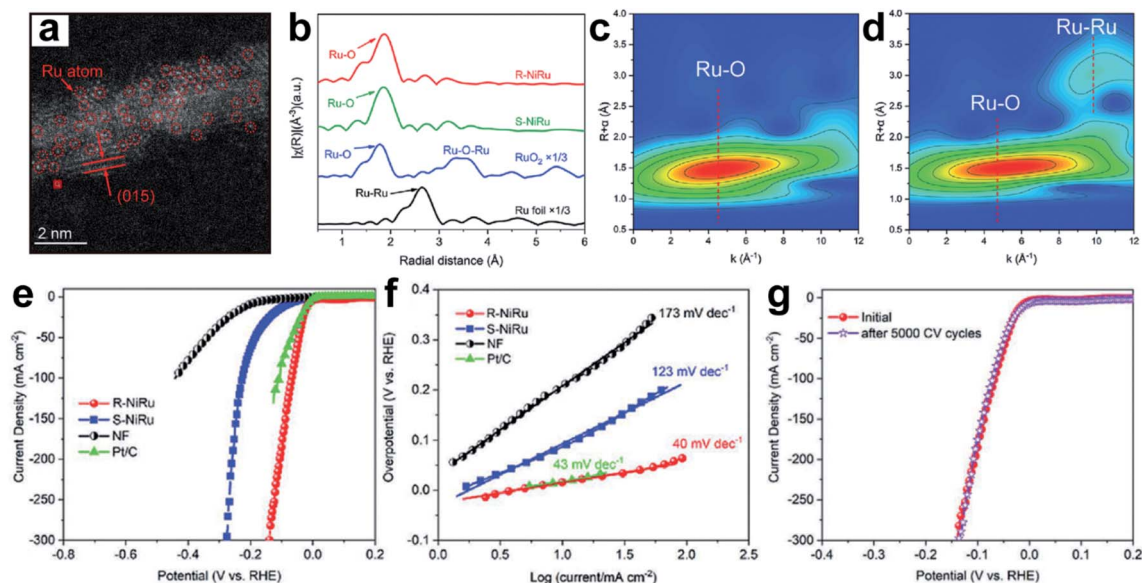


Fig. 10 (a) HAADF-STEM image of R-NiRu and most Ru atoms are marked by red dotted circles. (b) Ru K-edge FT-EXAFS spectra of R-NiRu, S-NiRu, RuO₂ and Ru metal; K² weighted WT-EXAFS spectra of (c) R-NiRu and (d) S-NiRu, respectively. (e) LSV comparative tests and (f) corresponding Tafel slopes of R-NiRu, S-NiRu, NF (Ni foam) and commercial Pt/C. (g) Comparison of LSV plots between the R-NiRu initial and after 5000 CV cycles test. Reprinted with permission from ref. 34. Copyright 2021 John Wiley and Sons.

H* absorption, in Fig. 6k) of the Ru-MoS₂-Mo₂C was much closer to 0 than that of MoS₂, Ru-MoS₂ and MoS₂-Mo₂C material models, suggesting that Ru-MoS₂-Mo₂C should achieve the optimal HER performance among them. Fig. 6l and m showed the HER LSV and Tafel curves of different catalysts, among which Ru-MoS₂-Mo₂C/TiN had the best performance, with a η_{10} of 25 mV and b of 56 mV dec⁻¹, consistent with the calculated results. The stability for HER was evaluated through chronopotentiometry conducted at an initial current of 40 mA cm⁻² (Fig. 6n); the results showed that Ru-MoS₂-Mo₂C/TiN had a current retention of ~94% after 35 h in 1.0 M KOH, whereas Pt/C had a current retention of 77%, implying that Ru-MoS₂-Mo₂C/TiN was more stable than Pt/C.

Transition metal phosphide supports

TMPs have emerged recently as a representative class of low-cost HER electrocatalysts. Therefore, they have drawn broad attention as attractive supports for Ru SACs, with the Ru SAs dispersed *via* coordination with P sites. Wu *et al.* reported the formation of Ru SAs-Ni₂P as mentioned above.³⁷ The HAADF-STEM images (Fig. 7a) demonstrated the isolated distribution of Ru atoms in Ni₂P NPs. The as-prepared Ru SAs-Ni₂P sample showed high HER catalytic activity, with η_{10} of 57 and 125 mV and b of 75 and 71 mV dec⁻¹ in alkaline and acidic solutions, respectively (Fig. 7b-e). In particular, 2.20 wt% Ru SAs-Ni₂P had a considerably higher mass activity (1134 mA mg⁻¹_{Ru}) than 5 wt% Ru/C (760 mA mg⁻¹_{Ru}) and 20 wt% Pt/C (609 mA mg⁻¹_{Pt}) at an overpotential of 57 mV (Fig. 7f). In addition, during long-term stability tests of the Ru SAs-Ni₂P sample, they observed a loss in the current density of 22.1% in 1 M KOH at an overpotential of 57 mV (Fig. 7g), and 23.5% in 0.5 M H₂SO₄ at an overpotential of 125 mV (Fig. 7h). The *operando* XANES spectra

(Fig. 7i) showed that the oxidation of Ru in the Ru SAs-Ni₂P catalyst increased slightly with increasing overpotential to -0.06 or -0.1 V (*vs.* RHE, reversible hydrogen electrode). Moreover, a new peak at 1.37-1.40 Å (absent in the *ex situ* result) was observed in the *operando* FT-EXAFS spectrum (Fig. 7j) for Ru SAs-Ni₂P at -0.06 or -0.1 V (*vs.* RHE). The k -space value of Ru at -0.06 V from the WT-EXAFS spectrum (Fig. 7k) shifted to a lower value (marked by the white arrow) compared with that of the *ex situ* result. Both the new peak in the FT-EXAFS spectrum and the lower k -space value in the WT-EXAFS spectrum indicated the adsorption of hydroxyl or water molecules on the surfaces of Ru SA sites during HER. Based on the *operando* XAS results, the authors indicated that the Ru SA sites played an active role in HER and participated in the catalytic process.

In another study, Shang *et al.* obtained isolated Ru_{SA}-modified FeP by WI combined with phosphorization treatment (Fig. 8a).⁷¹ The atomic dispersion of Ru was directly detected by HAADF-STEM (Fig. 8b). The XANES (Fig. 8c) and WT-EXAFS (Fig. 8d) measurements of Ru-modified FeP mainly detected backscattering from Ru-P, indicating the presence of Ru-P₄-Fe interface sites. Fig. 8e showed the high HER activity of Ru-modified FeP in 0.5 M H₂SO₄ solution, *i.e.*, η_{10} of 62 mV and b of 45 mV dec⁻¹. The good stability of Ru-modified FeP was confirmed through chronopotentiometry conducted over 10 h (Fig. 8f). The fitted average oxidation states of Ru from the *operando* XANES spectra (Fig. 8g) suggested that the mean valence state of Ru increased in the order of *ex situ*, open-circuit voltage (OCV) and -80 mV (*vs.* RHE). The shift of the Ru-P peak in the *operando* FT-EXAFS spectrum (Fig. 8h) implied the reconstruction of Ru-P bonds during the HER process. Overall, the bond lengthening of isolated Ru-P₄-Fe sites under catalytic conditions was demonstrated to be responsible for the

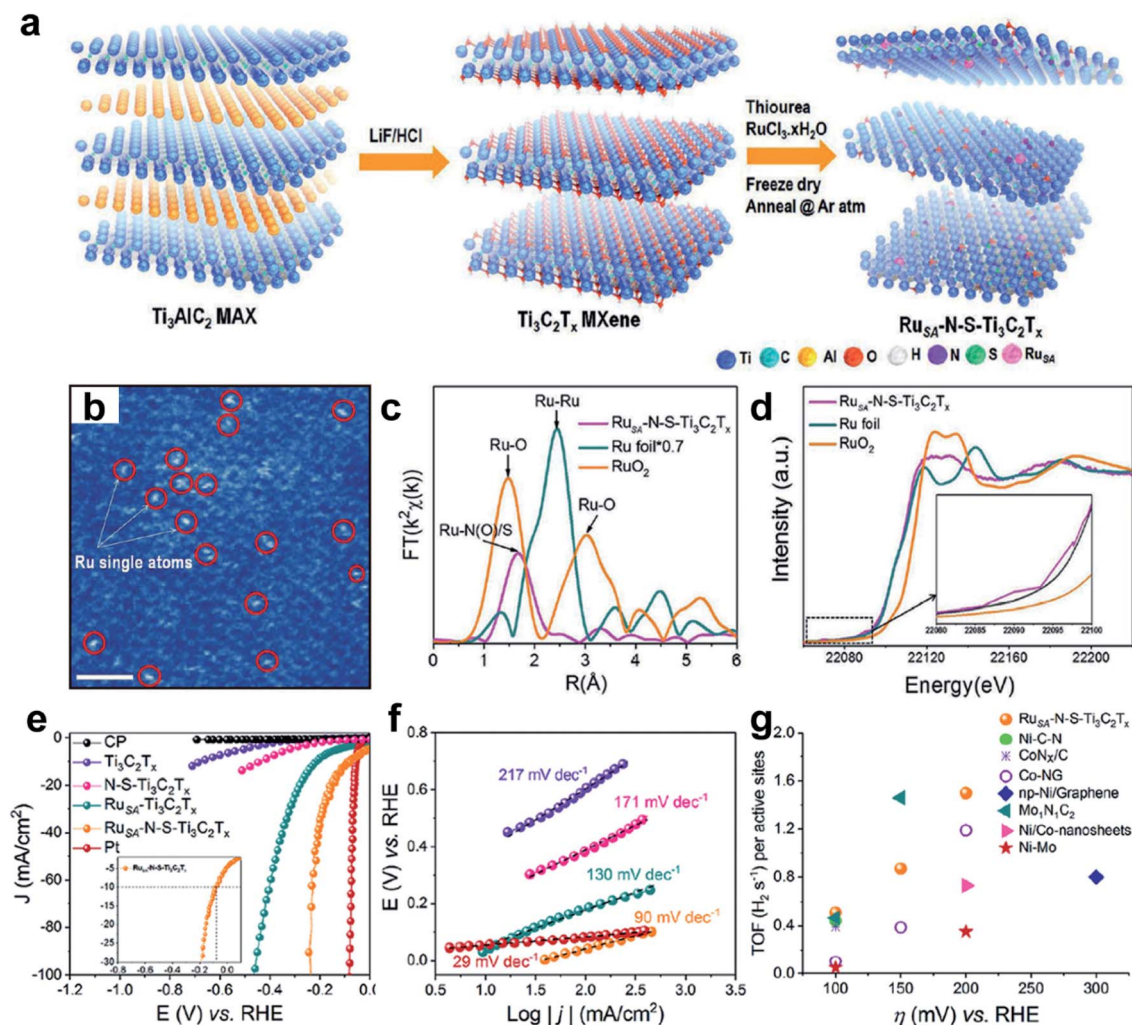


Fig. 11 (a) Schematic illustration of the $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$ synthetic route. (b) HAADF-STEM image of $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$. Scale bar, 2 nm. (c) FT-EXAFS spectra and (d) the normalized Ru K-edge XANES spectra of Ru foil, RuO_2 and $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$. (e) HER polarization curves of bare carbon paper (CP), $\text{Ti}_3\text{C}_2\text{T}_x$, $\text{N-S-Ti}_3\text{C}_2\text{T}_x$, $\text{Ru}_{\text{SA}}\text{-Ti}_3\text{C}_2\text{T}_x$, Pt and $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$ in 0.5 M H_2SO_4 ; inset: the magnified view of $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$. (f) Tafel plots corresponding to e; (g) TOF of the $\text{Ru}_{\text{SA}}\text{-N-S-Ti}_3\text{C}_2\text{T}_x$ catalyst compared with previously reported metal-based HER electrocatalysts. Reprinted with permission from ref. 75. Copyright 2019 John Wiley and Sons.

improved HER activity of Ru_{SA} -modified FeP compared with that of pure FeP.

Carbon supports

Owing to their low cost, high electrical conductivity and acceptable corrosion resistance, carbon materials have been extensively used as the supports for Ru SACs. Their electronic structures can be readily modulated by doping with selected heteroatoms (N, P, S, etc.). As a result, Ru SAs are commonly stabilized on carbon materials by bonding with these heteroatoms. For instance, Yu *et al.* stabilized Ru SAs on B,N co-doped carbon (Ru-N/BC) as mentioned above.²⁶ The HAADF-STEM image (Fig. 9a) indicated the high degree of Ru dispersion at the atomic scale. The XANES spectra (Fig. 9b) showed that the Ru in Ru-N/BC carried more positive charges than any other Ru-based samples; the FT-EXAFS spectra (Fig. 9c) exhibited a dominant peak attributed to Ru-N (or Ru-C) in all Ru supported samples. It suggested a strong metal-support interaction between Ru and

N,B co-doped pairs. Moreover, owing to the close-to-zero ΔG_{H^*} (Fig. 9d), Ru-N/BC exhibited excellent HER activity with η_{10} of 51 and 79 mV in alkaline and acidic electrolytes, respectively (Fig. 9e). Fig. 9f showed that Ru-N/BC had a lower η_{10} , Tafel slope and charge transfer resistance (R_{ct}), and a higher exchange current density (j_0) and mass activity (MA) compared with other Ru supported samples.

Cao *et al.* fabricated Ru ADC and Ru SAC supported on S-CB as mentioned above.²² The HAADF-STEM image of Ru ADC (Fig. 9g) showed that atomically dispersed nanoclusters and abundant SAs were simultaneously present on the carbon support, and the average size of the monodispersed Ru sub-nanoclusters was ~ 1.5 nm (inset in Fig. 9g). The HAADF-STEM image of Ru SAC (Fig. 9h) showed isolated Ru atoms dispersed on the support. The XANES spectra (Fig. 9i) showed that positive charges from the Ru element were observed in both Ru SAC and Ru ADC. The absence of Ru-Ru bonds in the FT-EXAFS spectra of both Ru SAC and Ru ADC (Fig. 9j) further confirmed the

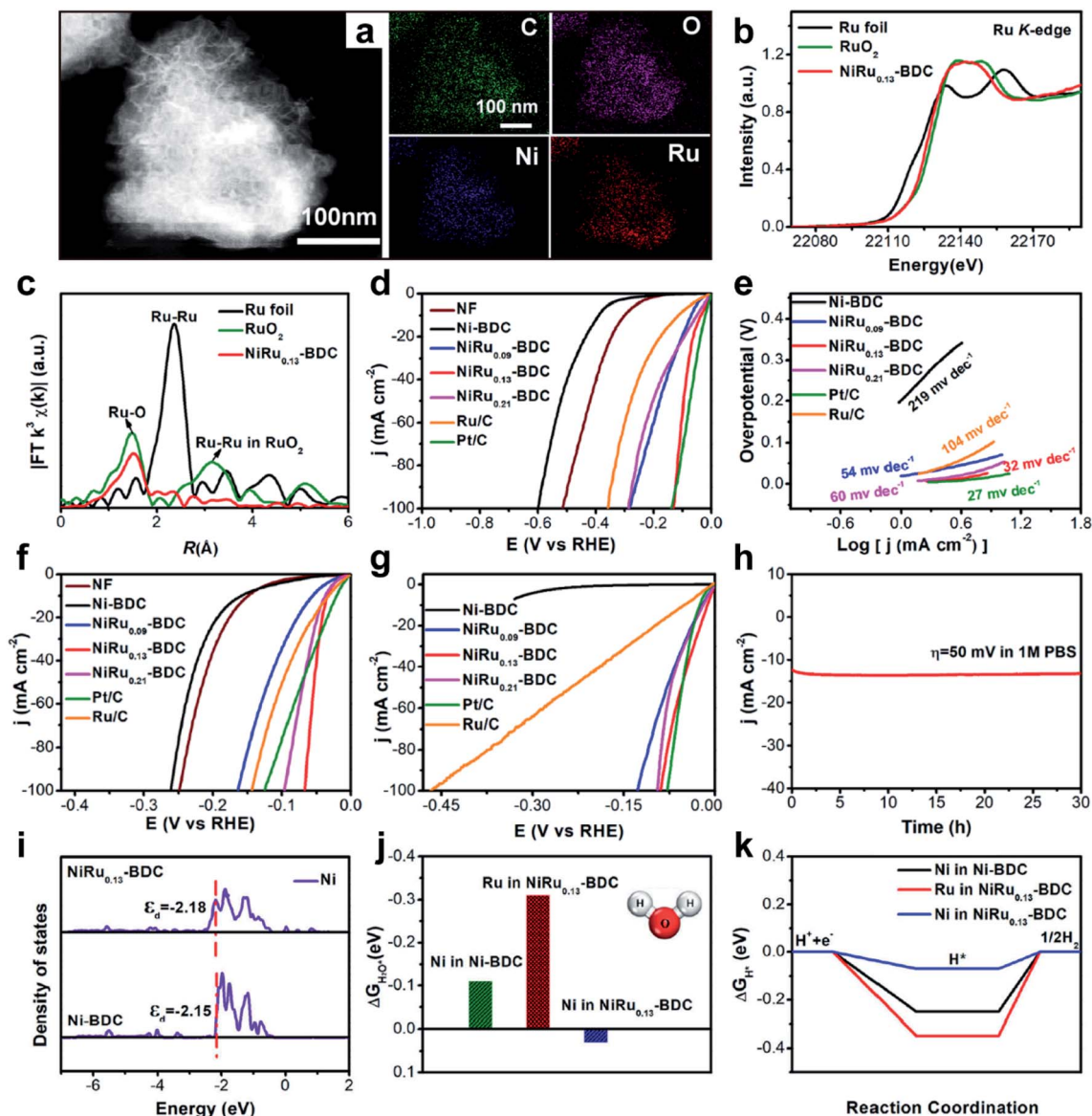


Fig. 12 (a) HAADF-STEM image and the corresponding STEM-EDXS elemental maps of NiRu_{0.13}-BDC. (b) Ru K-edge XANES spectra and (c) FT-EXAFS spectra of NiRu_{0.13}-BDC, Ru foil and RuO₂. (d) LSV curves toward HER and (e) Tafel plots of Ni-BDC, NiRu_{0.09}-BDC, NiRu_{0.13}-BDC, NiRu_{0.21}-BDC in 1 M PBS; LSV curves of Ni-BDC, NiRu_{0.09}-BDC, NiRu_{0.13}-BDC, NiRu_{0.21}-BDC toward HER in (f) 1 M KOH and (g) 1 M HCl. (h) Chronoamperometric curves of NiRu_{0.13}-BDC in 1 M PBS. (i) Calculated DOS of Ni in Ni-BDC and NiRu_{0.13}-BDC; (j) the calculated adsorption free energy of water and (k) ΔG_{H^+} diagram of Ru in NiRu_{0.13}-BDC compared with Ni in Ni-BDC and NiRu_{0.13}-BDC. Reprinted with permission from ref. 33. Copyright 2021 Nature Publishing Group.

formation of atomically dispersed Ru on the S-CB support. In addition, the Ru ADC showed a low η_{10} (18 mV) (Fig. 9k) and b (41 mV dec⁻¹) in 1 M KOH solution, which were much lower than those of 20% Pt/C ($\eta_{10} = 46$ mV, $b = 53$ mV dec⁻¹). The good alkaline HER performance was ascribed to the synergistic effect of Ru SAs and Ru oxide nanoclusters, which enhanced water molecule capture and dissociation by coupling sites and hydrogen release by SAs. Furthermore, the Ru ADC exhibited high durability for 60 h with a negligible decrease in the current density (Fig. 9l), and its LSV curve after 5000 cycles was almost the same as that recorded in the initial state (inset in Fig. 9l).

Layered metal hydroxide supports

LMHs with abundant negatively charged hydroxyl groups demonstrate great potential as supports for Ru SACs applied in alkaline HER because of their confinement effect on the loaded SAs and strong interaction between the surface hydroxyl groups and SAs. For example, Chen *et al.* synthesized atomic Ru-loaded Ni(OH)₂ nanoribbons (R-NiRu) with the atomic Ru loading up to ~7.7 wt% *via* a one-step hydrothermal method.³⁴ In the HAADF-STEM image (Fig. 10a), the lattice spacing corresponded to the (015) crystal plane of α -Ni(OH)₂, and the Ru atoms (marked with red circles) showed higher brightness than

Ni and O atoms.⁷² The FT-EXAFS (Fig. 10b) and WT-EXAFS (Fig. 10c and d) results verified that Ru was atomically dispersed on the surface of Ni(OH)₂ in R-NiRu, while both Ru SAs and particles were present in S-NiRu (Ru-loaded Ni(OH)₂ NSs). Taking advantage of the synergistic effect between Ru SAs and nanoribbon morphology of Ni(OH)₂, R-NiRu had a η_{10} of 16 mV and b of 40 mV dec⁻¹ in 1.0 M KOH solution (Fig. 10e and f). The results of CV conducted for 5000 cycles (Fig. 10g) demonstrated the good catalytic stability of R-NiRu.

MXene supports

MXenes are a class of 2D transition metal carbides/nitrides that have exceptional properties, including excellent electronic conductivity, catalytically active basal planes, hydrophilic surface functionalities (such as -O, -OH and -F groups) and a unique layered structure.^{73,74} These properties make MXenes excellent candidates for appropriate supports for Ru SACs.

Ramalingam *et al.* used a titanium carbide (Ti₃C₂T_x) MXene as a solid support for N,S-coordinated Ru SAC (Ru_{SA}-N-S-Ti₃C₂T_x).⁷⁵ The Ru SAs were stabilized on the MXene support by forming Ru-N and Ru-S bonds originating from successive mixing of Ti₃C₂T_x, RuCl₃·xH₂O and thiourea, followed by freeze drying and annealing (Fig. 11a). In the HAADF-STEM image (Fig. 11b), the small homogeneously distributed bright dots confirmed the presence of atomically dispersed Ru atoms isolated on the Ti₃C₂T_x support. The FT-EXAFS (Fig. 11c) and XANES (Fig. 11d) results revealed the atomic dispersion of Ru on the Ti₃C₂T_x MXene support and the strong electronic coupling between Ru SA and Ti₃C₂T_x *via* N and S atoms. The resultant Ru_{SA}-N-S-Ti₃C₂T_x catalyst had a η_{10} of 76 mV and b of 90 mV dec⁻¹ in 0.5 M H₂SO₄ (Fig. 11e and f), and η_{10} of 99 and 275 mV in 0.5 M NaOH and 0.5 M Na₂SO₄, respectively, indicating the high HER performance of the Ru_{SA}-N-S-Ti₃C₂T_x catalyst over a wide pH range. In addition, Ru_{SA}-N-S-Ti₃C₂T_x showed high TOF values (0.52, 0.87 and 1.50H₂ s⁻¹ at 100, 150

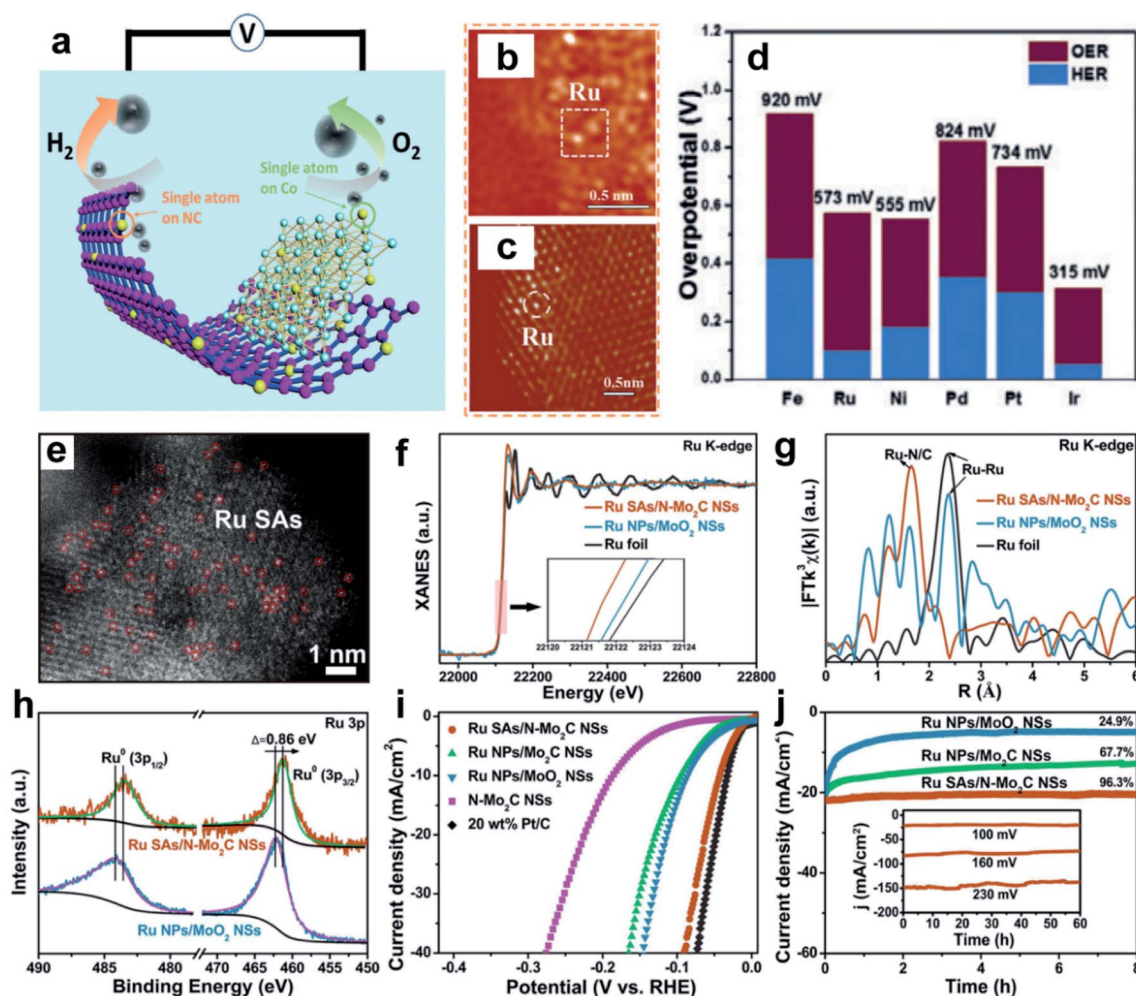


Fig. 13 (a) Illustration of the working mechanism of the prepared electrodes. FFTI-HAADF images of Ru_{SA} (b) on NC and (c) on Co particles. (d) The overall η_{10} of Fe_{SA}@Co/NC, Ru_{SA}@Co/NC, Ni_{SA}@Co/NC, Pd_{SA}@Co/NC and Ir_{SA}@Co/NC in N₂-saturated 1.0 M KOH. Reprinted with permission from ref. 30. Copyright 2019 John Wiley and Sons. (e) AC HAADF-STEM image of Ru SAs/N-Mo₂C NSs. (f) XANES spectra and (g) k^3 -weighted FT-EXAFS spectra for Ru K-edge of Ru NPs/MoO₂ NSs, Ru SAs/N-Mo₂C NSs and Ru foil. (h) High-resolution XPS spectra of Ru 3d for Ru NPs/MoO₂ NSs and Ru SAs/N-Mo₂C NSs. (i) HER polarization curves and (j) time-dependent current density curves in 1.0 M KOH. Reprinted with permission from ref. 27. Copyright 2020 Elsevier.

and 200 mV, respectively), comparable with reported metal-based HER catalysts in the acidic electrolyte (Fig. 11g).

Metal organic framework supports

MOFs are a class of emerging porous crystalline materials composed of various organic ligands and metal centers. Benefiting from their broad tunability, well-defined porous structure and large specific surface area, MOFs are often adopted as supports for designing Ru SACs. For example, Sun *et al.* developed the Ni-BDC MOF and introduced atomically dispersed Ru into it (named NiRu_x-BDC, where *x* represents the molar ratio of Ni and Ru) as mentioned above.³³ The EDXS results of NiRu_{0.13}-BDC in Fig. 12a demonstrated that C, O, Ni and Ru were distributed uniformly. The XANES spectra (Fig. 12b) indicated that the valence of Ru in NiRu_{0.13}-BDC was between 0 and +4. The FT-EXAFS spectrum of NiRu_{0.13}-BDC (Fig. 12c) only showed a primary peak at 1.5 Å assigned to the Ru-O bond. These results revealed that the Ru SAs were successfully dispersed in the Ni-BDC. Moreover, the as-synthesized NiRu_{0.13}-BDC showed excellent HER activity over a wide pH range (Fig. 12d-g), specifically delivering a η_{10} of 36 mV and *b* of 32 mV dec⁻¹ in 1 M PBS. In addition, NiRu_{0.13}-BDC exhibited high stability with a negligible current decrease after 30 h of chronoamperometry conducted at an overpotential of 50 mV (vs. RHE) in 1M PBS solution (Fig. 12h). According to DFT calculations, adding Ru SAs into the MOF regulated the electronic states of Ni and Ru and the d-band center of Ni (Fig. 12i), resulting in enhanced water adsorption by Ru in NiRu_{0.13}-BDC (Fig. 12j) and a more thermoneutral ΔG_{H^*} by Ni in NiRu_{0.13}-BDC (Fig. 12k), thus improving HER performance.

Other supports

Other supports have also been reported for Ru SACs for HER applications. Taking metal NPs as an example, Lai *et al.* anchored SA sites (M = Ir, Pt, Ru, Pd, Fe and Ni) on heterogeneous support with Co NPs dispersed in N-doped porous carbon (Co/NC) *via* a general π -electron-assisted strategy. In this preparation, M_{SA}@Co and M_{SA}@NC were simultaneously formed, accelerating OER and HER, respectively (Fig. 13a).³⁰ Fast-FT inverse high-resolution HAADF (FFTI-HAADF) images clearly showed Ru SAs uniformly dispersed on both the NC matrix (Fig. 13b) and Co NP (Fig. 13c) without agglomeration. Among the M_{SA}@Co/NC catalysts, the obtained Ir_{SA}@Co/NC showed the highest activity toward HER and OER in an alkaline solution (Fig. 13d), *i.e.*, toward overall water splitting.

Taking transition metal carbides as another example, Mo₂C has been widely applied as a support for active metal catalysts in many reactions due to its outstanding chemical, mechanical and thermal stability.^{76,77} Yu *et al.* reported Ru SAs dispersed on N-doped Mo₂C NSs as mentioned above.²⁷ Isolated Ru SAs were confirmed by AC HAADF-STEM (Fig. 13e), XAFS (XANES and EXAFS in Fig. 13f and g, respectively) and XPS (Fig. 13h) measurements. When the as-prepared Ru SAs/N-Mo₂C NSs were tested as an electrocatalyst, they showed obvious HER activity with a η_{10} of 43 mV (Fig. 13i) and long-term stability at high current densities (Fig. 13j) in 1.0 M KOH.

Phosphorus nitride (PN) consists of a three-dimensional framework of corner-sharing PN₄ tetrahedral units.⁷⁸ Compared to the uniform electron density of carbon, the electron density of the carbon-free PN matrix is extremely inhomogeneous.⁷⁹ This property could greatly facilitate the activation of reaction substrates when the SAs are anchored on the PN matrix. Hence, PN has been suggested as the ideal support for Ru SACs. For instance, Yang *et al.* anchored Ru SAs on a PN matrix (Ru_{SA}@-PN) by strong coordination interactions between the d orbitals of Ru and the lone pair electrons of N.⁸⁰ DFT calculations demonstrated that the ΔG_{H^*} of the Ru SAs on PN was much

Table 1 Comparison of the reported electrocatalytic HER activity of Ru SACs with different supports^a

	Support	Electrolyte	η_{10} (mV)	<i>b</i> (mV dec ⁻¹)
TMC	2H-MoS ₂ ³⁵	0.5 M H ₂ SO ₄	167	77.5
		1 M KOH	51	64.9
		1 M PBS	137	81.1
	MoS ₂ ⁶⁷	1 M KOH	76	21
		1 M KOH	30	31
	Nanoporous MoS ₂ ³⁸	1 M KOH	41	114
		1 M KOH	50	62
	MoS ₂ /CC ²³	1 M KOH	45	52.9
		1 M KOH	25	56
	MoS ₂ /CNT ⁸²	1 M KOH	125	71
1 M KOH		57	75	
TMP	Ni ₂ P ³⁷	0.5 M H ₂ SO ₄	125	45
		1 M KOH	54	52
	FeP ⁷¹	0.5 M H ₂ SO ₄	49	51.6
		1 M KOH	51	73.4
Carbon	N/BC ²⁶	0.5 M H ₂ SO ₄	79	62
		1 M KOH	51	44
	NC NWS ²⁸	0.5 M H ₂ SO ₄	29	28
		0.1 M KOH	47	14
		1 M KOH	12	—
	S-CB ²²	1 M KOH	18	41
		0.5 M H ₂ SO ₄	63	47
	ECM ⁶⁹	1 M KOH	83	59
		0.5 M H ₂ SO ₄	93	59.4
	MXene	C ₃ N ₄ ⁸⁴	0.5 M H ₂ SO ₄	140
0.5 M H ₂ SO ₄			80	55
C ₃ N ₄ /rGO ⁵⁹		0.5 M H ₂ SO ₄	23	42
		1 M KOH	27	29
N-Ti ₃ C ₂ T _x ⁴⁸		1 M PBS	81	—
	0.5 M H ₂ SO ₄	76	90	
	0.5 M NaOH	99	—	
MOF	N-S-Ti ₃ C ₂ T _x ⁷⁵	0.5 M Na ₂ SO ₄	275	—
		1 M HCl	13	—
	Ni ₂ (OH) ₂ (C ₈ H ₄ O ₄) ³³	1 M KOH	34	32
		1 M PBS	36	32
		1 M KOH	16	40
LMH	D-NiFe LDH ⁵⁵	1 M KOH	18	29
		1 M KOH	~190	210
Other	Co/NC ³⁰	1 M KOH	43	38.67
		1 M KOH	24	38
	N-Mo ₂ C ²⁷	0.5 M H ₂ SO ₄	112	83
		1 M KOH	107	65
	PN ⁸⁰	0.5 M H ₂ SO ₄	112	83
1 M KOH		107	65	
G-C ₃ N ₄ -C-TiO ₂ ⁸¹	1 M KOH	159	75	
	1 M KOH	159	75	

^a CNT: multiwalled carbon nanotube; CDs: carbon dots; ECM: edge-rich carbon matrix; NPG: N,P co-doped graphene; rGO: reduced graphene oxide; D-NiFe LDH: defective Ni-Fe layered double hydroxide.

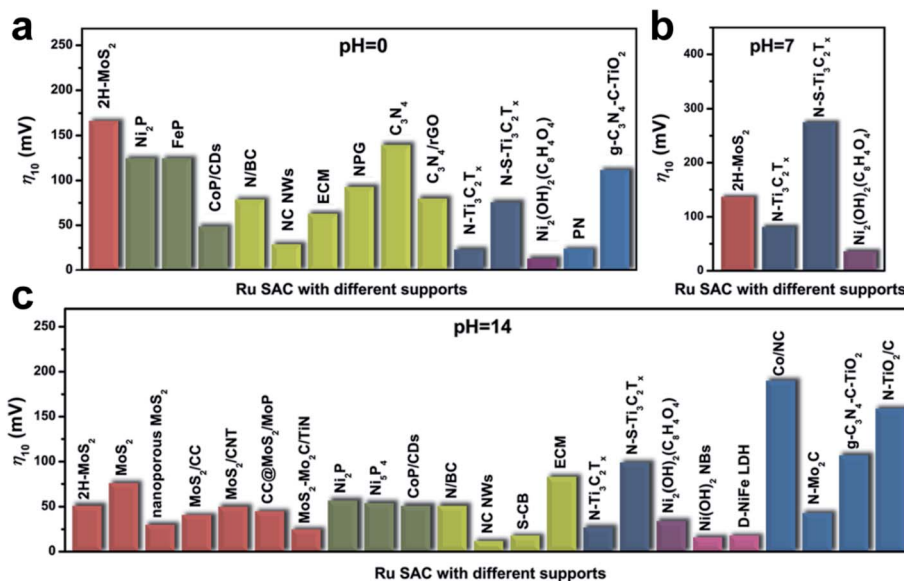


Fig. 14 Overpotentials of reported Ru SACs with different supports at (a) j of 10 mA cm^{-2} in electrolyte of a pH = 0, (b) pH = 7 and (c) pH = 14.

closer to zero compared with those of Ru/C and Ru SAs supported on carbon or C₃N₄, thus considerably facilitating the HER performance. As a result, Ru_{SA}@PN delivered a η_{10} of 24 mV and b of 38 mV dec^{-1} in 0.5 M H₂SO₄ in their experiments.

Recently, Li *et al.* fabricated g-C₃N₄-C-TiO₂ nanospheres with oxygen-rich vacancies for anchoring abundant Ru SAs (12.4 wt%).⁸¹ They proposed a configuration with each Ru atom bonded with two oxygen and two nitrogen atoms and coupled with adjacent oxygen vacancies on the g-C₃N₄-C-TiO₂ nanosphere. The as-prepared Ru_{SA}/g-C₃N₄-C-TiO₂ had a η_{10} of 107 mV and TOF of $0.28 \text{ H}_2 \text{ s}^{-1}$ at 100 mV toward alkaline HER. DFT calculations revealed that the remaining oxygen vacancies benefited the water dissociation, while Ru SAs increased the hydrogen adsorption strength. Therefore, oxygen vacancies and Ru SAs cooperatively enhanced H₂ evolution in alkaline media.

Summary

Ru SACs on various supports have demonstrated promising potential for HER electrocatalysis. Such supports should have intrinsic catalytic activity, excellent electrical conductivity and a large specific surface area. Among the above-mentioned supports, TMCs and TMPs have high intrinsic catalytic activity, and their hybrids with Ru SAs have been shown to have synergistic catalytic performance; carbon materials have excellent conductivity, and they can easily stabilize Ru SAs *via* their doping heteroatoms (N, P, S, *etc.*); LMHs are very suitable supports for alkaline HER; MXenes and MOFs have large specific surface areas. The optimization of support materials should continue to provide more Ru SA anchoring sites, enhance the binding force with Ru SAs to increase stability, and take full advantage of synergistic effect between Ru SAs and supports. Comparison of the reported electrocatalytic HER activity of Ru SACs with different supports is shown in Table 1. For clarification, η_{10} of these Ru SACs with different supports in electrolyte of pH = 0, 7 and 14 are displayed in Fig. 14a, b and c, respectively. There are

more Ru SACs suitable for alkaline electrolytes than acidic ones, and their HER performance in alkalis is also better than those in acids. In acidic conditions, the best HER activity was achieved using a Ru SAC based on Ni₂(OH)₂(C₈H₄O₄) (MOF support), followed by N-Ti₃C₂T_x (MXene support), PN, NC NWs (carbon support) and CoP/CDS (TMP support). In alkaline conditions, most Ru SACs showed high HER activity, and they were fabricated with various support types, including TMC, TMP, carbon, MXene, MOF and LMH supports. However, the research on Ru SACs in neutral conditions is lacking and the reported catalytic activity is still very low. Therefore, the research and development of Ru SACs suitable for neutral electrolytes is considered a key research direction in the future.

Conclusion and perspectives

As the most promising renewable energy source, H₂ is expected to play an important role in alleviating the increasingly severe energy and environmental crises. To achieve large-scale hydrogen production as soon as possible, researchers have performed many studies on high-efficiency HER catalysts in recent years. SACs are effective and low-cost alternatives to traditional catalysts. Their maximum atom utilization efficiency, unique quantum-size effect and strong interaction with the support enable excellent catalytic activity, selectivity and stability. Compared with the most widely studied Pt SACs, Ru SACs have more extensive application prospects because of their lower cost and competitive HER catalytic performance.

Various synthesis strategies (*e.g.*, WI, electrodeposition, PR and high-temperature pyrolysis) have been proposed and conducted to effectively produce Ru SACs and tailor their catalytic performance. However, the suitability of these methods for upscaling to industrial production has yet to be demonstrated.

As to the characterization techniques, AC-TEM, XAS and XPS are used to identify isolated Ru SAs at the atomic level and

understand the unsaturated coordination environment and local electronic structure of Ru SAs. Combining such characterization methods is vital for revealing the size, distribution and coordination of Ru SAs in both micro and macro scales to confirm the successful fabrication of Ru SACs. However, it is still challenging to comprehensively characterize specific changes in Ru SACs during HER.

Considering the catalytic performance of Ru SACs supported on different substrates (*e.g.*, TMCs, TMPs, carbon materials, MXenes, MOFs and LMHs) for HER applications, it is found that most Ru SACs have excellent HER performance in alkaline electrolytes, while some perform well in acidic electrolytes, but few show good performance in neutral electrolytes. For practical application, it is effective to choose inexpensive supports for anchoring Ru SAs, thereby balancing the cost and catalytic performance is necessary to promote the application of Ru SACs for HER. Despite the significant progress in the development of Ru SACs in recent years, there are still some key challenges before these materials are viable for practical HER applications at industrial scales.

(1) Developing Ru SACs for neutral solutions

In electrolytic hydrogen production systems, the use of neutral electrolyte is beneficial to the stability and safety of the system. Therefore, the development of catalysts suitable for neutral conditions is conducive to the industrialization of HER. Among the current studies, most of them mainly focused on improving the HER performance of Ru SACs in alkaline electrolytes, some performed in acidic electrolytes, and only a few used neutral electrolytes. In addition, the related HER performance for neutral conditions has not been adequate for industrial HER applications. Therefore, it is significant to develop effective strategies for enhancing the HER performance of Ru SACs in neutral conditions or develop new high-activity Ru SACs suitable for neutral electrolytes.

(2) Accurate measurements and improved SA stability

Due to the high surface energy of SAs, SAs tend to aggregate into nanoclusters or NPs on the support surface, especially under high metal loading or high-temperature conditions.⁸⁵ Therefore, compared with other catalysts, SACs are more sensitive to environment and may degrade easier during storage. However, the current methods of studying the stability of HER catalysts, *e.g.*, CV conducted over thousands of cycles, and chronoamperometry or chronopotentiometry over a few hours, only consider the influence of the catalytic process but neglect the storage time and ambient environment. Therefore, establishing an accelerated laboratory measurement for accurately evaluating the storage aging failure time of SACs is urgently required. In addition, the interaction between the SAs and the substrate is important in achieving uniform distribution and increasing the stability of SACs, based on many previous studies.^{50,86} Therefore, it is meaningful to further explore effective strategies to generate specific SA anchoring sites with strong interactions (*e.g.*, vacancies and coordination of non-metal ions) on suitable substrates to enhance the stability.

(3) Increasing Ru SA loading

In most studies, the Ru_{SA} loading in Ru SACs is not high enough to achieve sufficient catalytic activity for commercial HER applications, which is ascribed to the tendency of SAs to

agglomerate and the limited number of effective anchoring sites on the supports. Hence, stronger coordination environment and more SA anchoring sites are required to increase the Ru_{SA} loading. In addition, theoretical modeling and simulation can assist the design of Ru SACs with high Ru_{SA} loading. However, a previous research has also demonstrated that a high loading Ru SACs (12.4 wt%) obtained by anchoring Ru_{SA} on oxygen-rich vacancies showed no improvement in catalytic activity when compared to other Ru SACs with lower loading in other studies.⁸¹ Therefore, it is worth deeply exploring the relationship between the loading of Ru SAs on different supports and their final catalytic activity for HER.

(4) Achieving a more comprehensive understanding

The lack of a comprehensive understanding of the electronic structure and catalytic mechanism of SA sites is another major challenge for the development of Ru SACs. At present, advanced characterization techniques, such as AC-TEM, XAS and XPS, have been widely used to study the local coordination environment of isolated Ru SAs. However, effective characterization methods are still needed to study the structural changes of Ru SAs during catalytic process and their relationship with catalytic activity. In recent years, *operando* XAS characterization has been applied to analyze Ru SACs. This method can characterize changes in the SA coordination environment during catalytic process, but there is still a lack of knowledge regarding their correlation with catalytic mechanism. Therefore, more efforts should be devoted to developing advanced *in situ/operando* characterization strategies and suitable theoretical modeling methods to identify the catalytic mechanism of Ru SACs at the atomic level.

Conflicts of interest

There are no conflicts to declare.

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