

# Chemical Science

Volume 15  
Number 41  
7 November 2024  
Pages 16807-17258

rsc.li/chemical-science



ISSN 2041-6539

Cite this: *Chem. Sci.*, 2024, 15, 16908

All publication charges for this article have been paid for by the Royal Society of Chemistry

## Designer pseudopeptides: autofluorescent polygonal tubes *via* Phe-zipper and triple helix†

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Chemists are increasingly turning to biology for inspiration to develop novel and superior synthetic materials. Here, we present an innovative peptide design strategy for tubular assembly. In this simple design, a phenylene urea unit is introduced as an aglet at the N-terminus of the peptide. When  $\alpha$ -amino isobutyric acid (Aib) is the first residue and phenylalanine (Phe) is the second residue from the phenylene urea entity, it induces an edge-to-face  $\pi$ - $\pi$  interaction resulting in a turn conformation. The peptides with a unique reverse turn conformation associate to form polygonal peptide tubes *via* a Phe-zipper arrangement, as evidenced by microscopic and single crystal X-ray studies. Ultra-microscopic imaging revealed that the tubular assembly is hexagonal, square, and triangular in shape. This hierarchical assembly reveals the interplay between  $\pi$ - $\pi$  interactions and hydrogen bonding. In another design, pseudopeptide 5, wherein a Phe-Phe (FF) unit is linked to phenylene urea, formed polygonal tubes *via* a triple helical arrangement. Interestingly, the extension of this design to the bis-urea core resulted in vesicular assembly. These supramolecular polygonal tubes and vesicles showed autofluorescence, which allowed confocal imaging. The observed fluorescence is an additional advantage for applications in biological and medical sciences.

Received 19th June 2024  
Accepted 15th September 2024

DOI: 10.1039/d4sc04023f

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## Introduction

The functions of biomacromolecules are associated with their uniquely folded three-dimensional structures.<sup>1</sup> The folded biomacromolecules can further associate to form functional assemblies. The complex folding and assembly processes are hallmarks of the biomolecular world. The knowledge of molecular association is essential for creating artificial functional systems. Therefore, the design of small self-assembling molecules can provide useful models for an in-depth understanding of the association of biomacromolecules.<sup>2</sup> A powerful strategy for designing self-assembling peptides is the scaffold approach.<sup>3</sup> In this strategy, a well-designed scaffold places the amino acids/peptides, for facilitating a specific self-assembling pattern.<sup>4</sup> The self-assembly of intricately folded biomolecules involves the interplay of various non-covalent forces such as hydrogen bonding, van der Waals interactions,  $\pi$ - $\pi$  stacking, and hydrophobic effects, resulting in functional assemblies.<sup>5</sup> The chirality of self-assembled structures is one of the recently emerging topics in the area of biomolecular assembly.<sup>6</sup>

Self-assembly is a promising approach for fabricating novel functional materials that can be used for various applications, such as, drug delivery, ion transport, biosensing and catalysis.<sup>7</sup> The design of functional materials based on molecular self-assembly with supramolecular chirality has received increasing attention in recent years.<sup>8</sup> Among them, peptides are recognized as versatile building blocks,<sup>9</sup> since such systems open more avenues for biocompatible designs. Additionally, the side chains of amino acids play an important role in supramolecular organization.<sup>10</sup>

Self-assembly has been used by Ghadiri and co-workers for creating cyclic peptide nanotubes.<sup>11</sup> Heterochiral and hybrid peptide nanotubes are excellent candidates for the transmembrane transport of  $\text{Na}^+/\text{K}^+$  ions *via* channel mechanisms.<sup>12</sup> Lynn and co-workers used an amyloid-based strategy for peptide nanotube fabrication.<sup>13</sup> Gazit and co-workers utilized simple dipeptide nanotubes for the fabrication of silver nanowires.<sup>5b,14</sup> Alternatively, carbon nanotubes are extensively explored for several applications.<sup>15</sup> Self-assembly is a powerful strategy for the design of functional tubular assemblies; however the designs are still limited.<sup>3e,12b-d</sup>

Creating versatile molecular inserts to control the conformation regardless of the amino acid sequence is a challenging endeavor.<sup>16</sup> Here, we delineate that the introduction of a simple phenylene urea unit at the N-terminus, as an aglet, controls the conformation and thereby facilitates peptide assembly. The simple N-terminal modification not only influences the conformation, but also leads to hierarchical self-assembly. The

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† Electronic supplementary information (ESI) available. CCDC 2354491–2354493. For ESI and crystallographic data in CIF or other electronic format see DOI: <https://doi.org/10.1039/d4sc04023f>

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unique and rare hexagonal, square, and triangular peptide microtubes are a new finding. Additionally, the microtubes have been found to be autofluorescent in nature, further enhancing their value for applications in the fields of biological and medical sciences.

## Results and discussion

The introduction of a phenylene urea unit at the N-terminus of the peptide provides additional hydrogen bond donors and acceptors along with a  $\pi$ -bonding unit. We envisioned that the additional donors (NH) and acceptors (CO) could enhance hydrogen bonding (intra and inter), leading to folding and facile self-assembly. In our design, we envisioned that a phenyl unit attached to urea could enhance the potential for  $\pi$ - $\pi$  interactions.

Commercially available phenyl isocyanate upon reaction with the N-deprotected peptide yielded a urea peptide. Simple peptides bearing this phenylene urea unit as an aglet at the N-terminus were synthesized and investigated for their conformation and self-assembly. A series of monourea peptides (1–5) was readily synthesized from the corresponding peptide fragments and phenyl isocyanate.

To probe the conformation of the molecules, we initially used NMR spectroscopic methods. The possibility of intramolecular H-bonding in **1** (Fig. 1) was investigated by NMR titration upon addition of DMSO- $d_6$  to the acetonitrile- $d_3$  solution. The addition of DMSO- $d_6$  to the acetonitrile- $d_3$  solution of mono-urea **1** resulted in downfield shifts of  $NH_c$ ,  $NH_a$  and  $NH_b$  protons (Fig. 1 and S1a $\dagger$ ).

The downfield shifts of  $\Delta\delta$  0.241,  $\Delta\delta$  0.678 and  $\Delta\delta$  0.943 ppm were observed for  $NH_c$ ,  $NH_a$  and  $NH_b$ , respectively (Fig. S1b $\dagger$ ). The significantly lower downfield shift of  $NH_c$ , indicates an intramolecular hydrogen bond between  $NH_c$  and the ester carbonyl group (Fig. S1c $\dagger$ ). Upon analyzing all the possibilities of H-bonds (Fig. S2 $\dagger$ ), we could arrive at the intramolecular C5 hydrogen bonded structure. The  $J$ -value of  $NH_c$  was found to be 5 Hz. The CD data of compound **1**, showed two positive bands at 200 and 220 nm, indicating the turn conformation (Fig. 2b).<sup>17</sup>



Fig. 1 Chemical structures of the amino acid-based mono-urea compounds 1–5 and bis-urea compounds 6–9.

The infrared (IR) spectra showed that the stretching frequency of ester carbonyls in **1** and **2** is at  $1737\text{ cm}^{-1}$ , while in peptide **5**, it is at  $1743\text{ cm}^{-1}$  (Fig. S3 $\dagger$ ). The lower wavenumber of ester carbonyl stretching in **1** and **2** compared to that in **5**, revealed the presence of hydrogen bonding in **1** and **2**. Both NMR and IR data together support the intramolecular C5 hydrogen bonding in **1** and **2**.

The chemical shifts of  $C_\alpha H$  of amino acid were used to ascertain the nature of the secondary structure.<sup>18</sup> This chemical shift index (CSI) evaluates the folding, if any. The CSI value of Phe in peptides **1** and **2** was found to be “0”, thereby indicating a random coil or a turn conformation (Table S4 $\dagger$ ).

The crystals of pseudopeptide **1** suitable for single crystal X-ray crystallography were obtained from an acetonitrile solution after slow evaporation. The solid state structure revealed that peptide **1** crystallizes in the P 21 21 21 space group (Fig. 2a). Careful examination of the crystal structure of **1** showed that the aromatic ring of Phe forms an intramolecular edge-to-face  $\pi$ - $\pi$  interaction with the phenyl ring of the phenylene urea motif, thereby adopting a turn-like conformation (Fig. 2a). The X-ray structure revealed an intramolecular C5 hydrogen bond, involving Phe carbonyl and amide NH. The important backbone torsion angles are listed in Table 1 and the hydrogen bonding interactions are listed in Table S5. $\dagger$  The phenyl ring of Phe is at a distance of  $3.5\text{ \AA}$  from the aromatic ring of phenylene urea, causing a turn conformation (Fig. 2a). This type of unusual turn has some resemblance to the turns observed in proteins, wherein an intramolecular 10-membered hydrogen bond is observed.

The intramolecular CH- $\pi$  interaction in peptide **1** resembles the 10-membered H-bond found in a classical  $\beta$ -turn (Fig. 3). Considering each aromatic unit as an atom (numbered as 1 to 10 in Fig. 3), the turn structure with CH- $\pi$  interactions at the terminal is analogous to a  $\beta$ -turn (Fig. 3). In a typical  $\beta$ -turn, the distance between terminal residues ( $C_i^\alpha$  and  $C_{i+3}^\alpha$ ) is  $\sim 7\text{ \AA}$ ,<sup>19,20</sup> while in the case of peptide **1**, the distance between terminal aromatic units is  $\sim 5.6\text{ \AA}$ . The backbone topology and some torsional angles of peptide **1** are similar to those found in the classical type I' turn.<sup>19b,c</sup> Therefore, peptide **1** can be considered a topological mimic of the  $\beta$ -turn due to its short  $C_i^\alpha$  and  $C_{i+3}^\alpha$  distance and topology.

Furthermore, peptide **1** assembles through intermolecular H-bonding and  $\pi$ - $\pi$  interactions. This intermolecular H-bonding is also evident from concentration-dependent NMR studies of peptide **1**. Increasing the concentration results in a downfield shift of NHs in  $CD_3CN$  (Fig. S4 $\dagger$ ). The broadening of  $^1H$  NMR signals is evident in the concentration dependent studies (Fig. S4 $\dagger$ ), which also indicates association of the molecules at higher concentrations. There are two intermolecular N-H $\cdots$ O hydrogen bonds between Aib amide and urea carbonyl involving urea NHs. The distances of these hydrogen bonds are  $2.2$  and  $2.3\text{ \AA}$ , respectively (Fig. S5 $\dagger$ ). The association through intermolecular  $\pi$ - $\pi$  interactions between aromatic rings and H-bonding completes the tubular structure (Fig. S6a $\dagger$ ).

From the crystal structure analysis, the dimensions of the cavity of the nanotube are found to be  $5\text{ \AA}$  and  $14\text{ \AA}$  (Fig. S6b $\dagger$ ). A





Fig. 2 (a) Crystal structure of peptide 1 showing the turn conformation. Intramolecular edge-to-face  $\pi$ - $\pi$  interaction is shown as green dotted lines, (b) CD spectrum of peptide 1 in acetonitrile, (c) space-filling model of aromatic rings showing the Phe-Phe zipper arrangement. The zoomed-in part shows the orientation of aromatic rings.

Table 1 Selected backbone torsional angles ( $^{\circ}$ ) for peptides 1, 2 and 5

	$\phi_1/^{\circ}$	$\psi_1/^{\circ}$	$\phi_2/^{\circ}$	$\psi_2/^{\circ}$
Peptide 1	59.41	46.31	-146.41	172.60
Peptide 2	-59.00	-46.69	146.99	-172.81
Peptide 5	-61.32	138.63	-59.83	135.53

careful study of the packing of molecules revealed that the reverse turn further assembles through a Phe-zipper arrangement (Fig. 2c). Ultramicroscopic imaging revealed that the mono urea derivative **1** self-assembled to form a nanotubular structure (Fig. 4a, red arrow). The morphology of **1** was studied by scanning electron microscopy (SEM) and transmission electron microscopy (TEM) (Fig. 4d, red arrow). SEM and TEM imaging show that the width of the tube is in the range of 100–400 nm, which indicates that the tube is formed from the aggregation of several nanotubular structures into a microtube

Fig. 3 (a) Typical type I'  $\beta$ -turn (PDB ID: 1KKO) and (b) typical type I  $\beta$ -turn (PDB ID: 2BK9). The green ribbon traces the backbone of protein. Overlaid images of (c) peptide 1 over a typical type I'  $\beta$ -turn and (d) peptide 2 placed over typical type I  $\beta$ -turn. The numbering has been done considering each aromatic unit as one atom.

(Fig. 4c, e and g). The tubular structure of **1** was further confirmed by atomic force microscopy (AFM) imaging (Fig. 4f and S7†).

In order to delineate the formation of the microtube, a careful analysis of SEM and TEM images was performed. The microscopic images clearly showed the semi-tubular portion of the microtube (Fig. 4b and d, red arrow). This semi-tubular arrangement is an indication of hierarchical organization of nanotubes to microtubes. The peptide nanotubes further associate through several non-covalent interactions to a micro-tubular structure. FESEM imaging of **1** at an angle of  $10^{\circ}$  revealed the open-ended nature of the assembly (Fig. 5a and b). Additionally, we observed hexagonal, square, and triangular tubes with diameters ranging from 500–1600 nm and a wall thickness of 100 nm.





Fig. 4 SEM images of **1** show (a) tubular assembly (indicated by red arrows), (b) intermediate stage of microtube formation (marked by red arrows) and (c) microtube structure. TEM images of **1** show (d) tubular assembly (indicated by red arrows) and (e) microtube structure (indicated by red arrows). AFM image of **1** shows (f) microtubular assembly and (g) schematic representation of self-assembly of **1** to a microtube.

In another design, we replaced L-Phe of **1** with D-Phe to obtain **2**. The single crystal X-ray diffraction study of **2** revealed a similar conformation, but the assembly was right-handed

instead of left-handed as in **1**. Peptide **2** also showed a Phe-zipper arrangement as in **1**. The SEM (Fig. 6a) and FESEM (Fig. S8†) images of **2** also show polygonal tubular assembly.

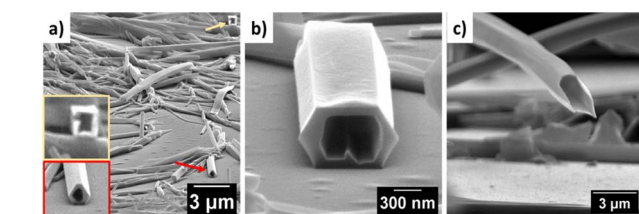


Fig. 5 FESEM images of **1** taken at an angle of  $10^\circ$  from the surface showing the open end of the microtubular assembly. The images reveal that tubular assembly is (a) triangular, square, and (b) hexagonal in shape. Zoomed images are shown in the insets (red arrows showing triangular tubes and yellow arrows showing square-shaped tubes); (c) FESEM images of **5** taken at an angle of  $10^\circ$  from the surface showing the open end of the microtubular assembly.

To investigate the role of  $\pi$ -interactions in the formation of the bioactive turn conformation and the tube assembly, we designed a few mutant versions of peptide **1**. The shuffling of the amino acids in **1**, resulted in **3**. We envisioned that peptide **3** will not be able to make a turn as in **1**, and hence would not exhibit nanotube formation. Investigation of the self-assembly of the mono-urea derivative **3** revealed the same. To delineate the scope of the assembly, we designed a series of peptides (Fig. 1 and Table 2), where the first and second residues were systematically changed. We also designed another peptide with Gly as the third residue to peptide **1** to obtain peptide **4**, which showed tubular assembly in SEM imaging (Fig. 6b). Hence the strategy is somewhat versatile, as we can add a third residue to design a longer peptide, still making a similar self-assembling pattern.





Fig. 6 SEM images of (a) 2, (b) 4 and (c) 5 showing their tubular morphology, and SEM images of (d) 6, (e) 7 and (f) 8 showing their spherical morphology. The samples were prepared by dissolving 1 mg of respective compounds in 1 mL of ACN.

Table 2 Morphology of peptides 1–9

Compounds	Morphology of the self-assembled structure
Peptide 1	Tubular
Peptide 2	Tubular
Peptide 3	—
Peptide 4	Tubular
Peptide 5	Tubular
Peptide 6	Vesicle
Peptide 7	Vesicle
Peptide 8	Vesicle
Peptide 9	Vesicle

In another design, Aib was replaced with Phe to obtain a diphenylalanine peptide with urea at the end. The FF motif is known to assemble to form nanotubes.<sup>5b</sup> The SEM imaging of 5 showed tubular assembly (Fig. 6c). The FESEM imaging of 5 at an angle of 10° revealed the open-ended nature of the assembly (Fig. 5c).

The X-ray quality crystal of 5 was obtained from an acetonitrile–hexane mixture solution upon slow evaporation. The solid state structure revealed that 5 crystallizes in the P65 space group. Careful analysis reveals that there exist three intermolecular hydrogen bonds in between two consecutive molecules. Both the urea NHs show H-bonding with C=O of the urea group of the next molecule. The amide C=O is H-bonded with the amide-NH of the neighboring molecule. The packing showed a left-handed helical arrangement. All the phenyl groups are arranged in a helical fashion, hence forming a triple helical arrangement (Fig. 7c). The X-ray structure revealed no intramolecular CH– $\pi$  interaction as in 1. However, the phenyl group of the C-terminal Phe (Phe<sup>2</sup>) shows an intermolecular edge-to-face  $\pi$ – $\pi$  interaction with the phenyl ring of the phenylene urea motif of the next molecule (distance 2.66 Å) (Fig. 8). Repeating six molecular units with an average twist of  $\sim 60^\circ$  between each molecule results in a complete turn of 360° (Fig. S9†).

In peptide 5, the aromatic units make intermolecular contact through  $\pi$ – $\pi$  interactions. All the three different aromatic units (phenyl of urea, Phe<sup>1</sup> and Phe<sup>2</sup>) are arranged in a helical fashion (Fig. 7) and appear as a left-handed triple helical arrangement. The aromatic ring close to the urea unit is involved in intermolecular edge-to-face  $\pi$ – $\pi$  interaction with the phenyl ring of the C-terminal Phe-residue. This arrangement keeps the phenyl ring of the first Phe-residue (Phe<sup>1</sup>) also in a helical fashion.

To study the self-assembly by spectroscopic investigation, we monitored the absorption and fluorescence spectra of 1 upon increasing concentration. Careful analysis of the absorption spectra revealed a small absorption at longer wavelengths at higher concentrations (Fig. S10a†). Recently, we have found that autofluorescence is observed in vesicular self-assembly.<sup>21</sup> The pseudopeptide 1 at higher concentrations ( $\lambda_{\text{ex}} = 365 \text{ nm}$ ) exhibited fluorescence (Fig. S10b†).

We utilized this autofluorescence to image the assembled pseudopeptide tubes using a confocal microscope. The confocal microscopic images were acquired upon excitation at 405 nm, 488 nm, and 560 nm (Fig. 9a–c). The wider excitation and emission range is a noteworthy observation.

We envisaged that two urea moieties could strengthen and extend the association bidirectionally, thereby leading to a new self-assembled system. With this in mind, we synthesized bis-urea peptides 6 and 7 with phenylalanine positioned near the urea unit and another peptide 8 in which phenylalanine was located farthest from the urea unit (Fig. 1). Previously, we reported that Trp-appended bis-urea facilitates vesicle formation through Trp-zipper assembly.<sup>22</sup> In the present investigation, the bis-urea peptide appended with Phe exhibited a self-assembly different from that observed with mono-urea peptides. The <sup>1</sup>H NMR titration study showed that upon addition of DMSO-d<sub>6</sub> to the acetonitrile-d<sub>3</sub> solution of 6 resulted in a downfield shift of NH<sub>a</sub> ( $\Delta\delta$  0.66 ppm) and NH<sub>b</sub> ( $\Delta\delta$  1.02 ppm) of the urea moiety, indicating the strong intermolecular hydrogen bonding between the molecules (Fig. 1 and S11†).<sup>23</sup>

The *J*-values of NHs (8.0 Hz) of compounds 6 and 7 indicate an extended conformation, favorable for self-assembly by stacking.

The CD spectra of 6 and 7, in which the phenylalanine units are close to the urea unit, showed a strong positive cotton effect at 230 nm and a negative band at 210 nm, as a result of exciton coupling (Fig. S12c and d†). The zero-crossover observed at 218 nm, close to the  $\lambda_{\text{max}}$  of the absorption spectrum indicates a supramolecular helical arrangement in 6 and 7.<sup>24</sup> The positive band (230 nm) and negative band at 210 nm indicate the right-handed helicity of 6 and 7 (Fig. S12c and d†). The chiral helical organization in 6 was further confirmed by synthesizing the *D*-chiral compound 9 (Fig. 1). The CD spectrum of 9 is opposite in sign to that of 6, inferring left-handed organization (Fig. S13†). To probe the impact of the amino acid sequence on the assembly, we designed peptide 8. The <sup>1</sup>H NMR spectra recorded after the addition of DMSO-d<sub>6</sub> (15%) to a solution of 8 in CD<sub>3</sub>CN showed a downfield shift of NH<sub>a</sub> ( $\Delta\delta$  0.61 ppm) and NH<sub>b</sub> ( $\Delta\delta$  0.90 ppm) protons of the urea moiety. However, the amide proton NH<sub>c</sub> displayed a very small ( $\Delta\delta$  0.20 ppm) shift





Fig. 7 (a) Single crystal structure of compound 5, (b) left-handed helical arrangement of 5, and (c) the left-handed helical arrangement of (I) phenyl ring of phenylene urea, (II) middle phenyl unit (Phe<sup>1</sup>), (III) terminal phenyl unit (Phe<sup>2</sup>), and (IV) overlap of (I), (II) and (III) showing a triple helical arrangement.

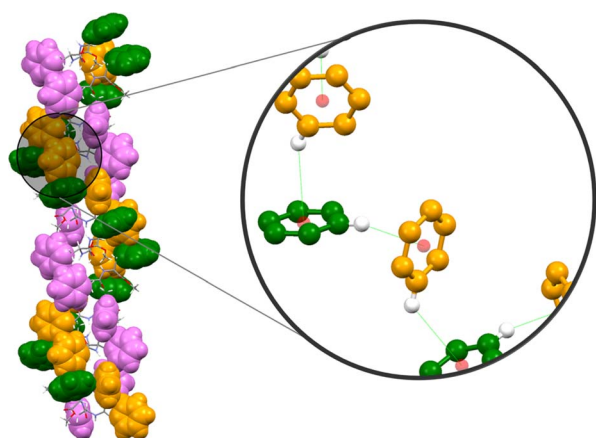


Fig. 8 Zoomed-in image of the triple helix formed by peptide 5 showing edge-to-face  $\pi$ - $\pi$  interactions between the aromatic ring of the urea unit (colored in orange) and the phenyl ring of the second Phe-residue (Phe<sup>2</sup>) (colored in green).

(Fig. S14<sup>†</sup>), indicating its involvement in intramolecular hydrogen bonding.

The CD spectrum of **8**, in which phenylalanine was placed far from the urea moiety, showed two positive bands at 200 and 220 nm, indicative of the turn conformation (Fig. S15b<sup>†</sup>).<sup>17,25</sup> The CSI value of Phe in peptide **8** was found to be “0”, indicating a random coil or a turn conformation (Table S4<sup>†</sup>). The results underscore that the position of Phe is crucial for the supramolecular helical arrangement. The CD spectrum of **8** (Fig. S15b<sup>†</sup>) was similar to that of **1** (Fig. 2b), which further supports the presence of a turn conformation in both compounds **1** and **8**. In the case of **8**, the CD spectrum remains unchanged with varying concentrations, indicating the absence of any chiral assembly (Fig. S15c<sup>†</sup>).



Fig. 9 Confocal images of compound 1 upon excitation at (a) 405 nm, (b) 488 nm, and (c) 560 nm. Confocal images of compound 7 upon excitation at (d) 405 nm, (e) 488 nm, and (f) 560 nm.

The urea moiety containing two NH protons and one C=O unit can associate through  $\alpha$ -type H-bonding. The urea NHs can act as hydrogen bond donors to anionic species. The anion binding ability of bis-urea derivatives **6**, **7** and **8** was analyzed by various spectroscopic methods such as UV-vis, fluorescence, CD, and NMR spectroscopy. Various anions have been screened for binding studies. Fluoride (F<sup>-</sup>), chloride (Cl<sup>-</sup>), bromide (Br<sup>-</sup>), iodide (I<sup>-</sup>) and sulphate (HSO<sub>4</sub><sup>-</sup>) did not show significant binding (Fig. S16<sup>†</sup>). However, dihydrogen phosphate (H<sub>2</sub>PO<sub>4</sub><sup>-</sup>) showed considerable binding ability. The CD spectra showed changes upon addition of H<sub>2</sub>PO<sub>4</sub><sup>-</sup> to **6** and **7**. The addition of one equivalent of H<sub>2</sub>PO<sub>4</sub><sup>-</sup> to **6** and **7** resulted in the inversion of the CD spectra (Fig. 10a and b). The CD spectral changes indicate the chiral switching from a right- to a left-handed helical arrangement upon binding with H<sub>2</sub>PO<sub>4</sub><sup>-</sup> ions. The observed





Fig. 10 CD spectra of (a) 6, (b) 7 and (c) 8 alone and with  $\text{H}_2\text{PO}_4^-$ , followed by addition of water.

crossover at 230 nm, corresponds to  $\lambda_{\text{max}}$  indicating a left-handed helical arrangement (Fig. 10a and b). The CD spectra of the urea- $\text{H}_2\text{PO}_4^-$  complex of 6 and 7, changed upon addition of water, indicating the reversible nature of the supramolecular helix (Fig. 10a and b). The addition of  $\text{H}_2\text{PO}_4^-$  to 8, showed a strong negative band at 238 nm and a positive band at 220 nm, indicating a change from a turn conformation to a left-handed helix (Fig. 10c). The reversibility was not observed in the case of 8 upon addition of  $\text{H}_2\text{O}$ .

The UV-vis spectra of urea peptides 6, 7 and 8 showed two bands at 287 and 294 nm (Fig. S17a-c†). On addition of  $\text{H}_2\text{PO}_4^-$  to 6, 7 and 8, a bathochromic shift of about 5 nm was observed along with an isosbestic point at 295 nm, indicating  $\text{H}_2\text{PO}_4^-$  binding (inset Fig. S17a-c†). Anion binding was also investigated by fluorescence spectroscopy. The fluorescence emission spectra of 6, 7 and 8 showed an emission band at 311 nm upon excitation at 280 nm. The emission band showed a bathochromic shift of about 5 nm along with an increase in emission intensity upon phosphate binding (Fig. S17d-f†). The stoichiometry of the complex formed by 6, 7 and 8 with  $\text{H}_2\text{PO}_4^-$  was determined by Job plot using UV-vis spectroscopy. The stoichiometry of the host-guest complex suggested the formation of 1 : 1 complex (Fig. S18a-c†). The binding constants for  $\text{H}_2\text{PO}_4^-$  were calculated using the Benesi-Hildebrand (BH) plot<sup>26</sup> and found to be  $2.75 \times 10^3 \text{ M}^{-1}$  (6),  $1.1 \times 10^3 \text{ M}^{-1}$  (7) and  $1.6 \times 10^3 \text{ M}^{-1}$  (8) (Fig. S18d-f†).

The binding of  $\text{H}_2\text{PO}_4^-$  was further confirmed by the  $^1\text{H}$  NMR titration experiment. On addition of  $\text{H}_2\text{PO}_4^-$  to the solutions of 6 and 8, the urea NHs ( $\text{NH}_a$  and  $\text{NH}_b$ ) were downfield shifted (Fig. S19†), indicating strong binding to  $\text{H}_2\text{PO}_4^-$ . The aromatic protons on the central core showed an upfield shift, indicating electron reorganization in the aromatic ring upon anion binding.<sup>22</sup> The aromatic protons of phenylalanine showed a downfield shift upon phosphate binding.

The bis-urea compounds containing urea linkages and amides could facilitate the formation of extended self-assembled structures through non-covalent interactions. The presence of an aromatic amino acid further enhances the association through  $\pi$ - $\pi$  interactions. We monitored the self-assembly of 6, 7 and 8 using SEM imaging. Vesicular self-assembly (Fig. 6d-f) was observed in all the bis-urea compounds. The vesicles formed by peptides 6 and 7 were found to have diameters in the range of 1100–1400 nm, while

the vesicles of 8 were in the range of 500–650 nm in diameter (Fig. S20†). The bis-urea vesicles showed autofluorescence. The confocal images of compound 7 were acquired upon excitation at 405 nm, 488 nm, and 560 nm (Fig. 9d-f).

The bent nature of the 1,3-phenyl unit provides adequate curvature, while the presence of urea and amide bonds favors self-assembly, leading to vesicles. The results from ultramicroscopic imaging revealed that bis-urea-cored molecules have strong tendency to associate to form vesicles. The self-assembly of all Phe-containing compounds to vesicles, irrespective of their conformational preferences, implies the overarching role of  $\pi$ - $\pi$  interactions in the vesicular assembly.

## Conclusions

In conclusion, we presented an innovative strategy for designing a bioactive turn conformation utilizing  $\pi$ - $\pi$  interactions. Additionally, the turn-forming peptides associate *via* a Phe-zipper arrangement to form polygonal microtubes. This hierarchical assembly depends on the amino acid sequence and is supported by crystallographic and microscopic studies. Phenylene urea containing the FF peptide assembles to form a left-handed triple helical structure through  $\pi$ - $\pi$  interactions. The design is further extended to bis-urea peptides that showed vesicular assembly, attributed to the kink in the backbone. Both tubular and vesicular assemblies showed auto-fluorescence, which enabled us to image the self-assembled structure using confocal microscopy.

## Data availability

The data that support the findings of this study are available in the ESI† of this article.

## Author contributions

VH conceived the idea and designed the molecules. GPM and SD synthesized all the compounds, performed all the experiments, and analysed all the collected data under the supervision of VH. GPM and SD contributed equally.



## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

We acknowledge the funding (grant number EMR/2017/003192/OC) from the Science & Engineering Research Board (SERB), Government of India. We thank the Department of Chemistry, Central Research Facility (CRF) and Sophisticated Analytical & Technical Help Institutes (SATHI) of IIT Delhi for all the experimental facilities. We also thank DST: SR/FST/CSII-07/2014 and the Institutions of Eminence (IoE) grant from the University Grants Commission India for funding the single-crystal diffractometer at the Department of Chemistry, IIT Delhi. GPM thanks the University Grants Commission (UGC) for the doctoral fellowship. SD thanks IIT Delhi for the Institute Fellowship. VH thanks IIT Palakkad for the seed grant.

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