



Cite this: *Environ. Sci.: Atmos.*, 2023, 3, 1066

## Influence of ambient and endogenous H<sub>2</sub>O<sub>2</sub> on reactive oxygen species concentrations and OH radical production in the respiratory tract†

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Air pollution is a major health risk, but the underlying chemical mechanisms are not yet well understood. Fine particulate matter (PM<sub>2.5</sub>) and gaseous pollutants can generate reactive oxygen species (ROS) in the epithelial lining fluid (ELF), and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) is the most abundant ROS in the human body. Here, we show that H<sub>2</sub>O<sub>2</sub> concentrations in the ELF may be primarily determined by the release of endogenous H<sub>2</sub>O<sub>2</sub> and the inhalation of ambient gas-phase H<sub>2</sub>O<sub>2</sub>, while the chemical production of H<sub>2</sub>O<sub>2</sub> through inhaled PM<sub>2.5</sub> is less important. The production of hydroxyl radicals (<sup>•</sup>OH), however, was strongly correlated with Fenton chemistry of PM<sub>2.5</sub> in the model calculations. Hence, our findings suggest that the adverse health effects of PM<sub>2.5</sub> may not be primarily related to direct chemical production of H<sub>2</sub>O<sub>2</sub>, but rather to the conversion of peroxides into more reactive species such as the <sup>•</sup>OH radical, or the stimulation of biological ROS production. The analysis highlights remaining uncertainties in the relevant physical, chemical and biological parameters, suggesting a critical reassessment of current paradigms in elucidating and mitigating the health effects of different types of air pollutants.

Received 19th December 2022  
Accepted 28th April 2023

DOI: 10.1039/d2ea00179a

rsc.li/esatmospheres

### Environmental significance

Epidemiological studies show that fine particulate matter (PM<sub>2.5</sub>) is the main component responsible for the adverse health effects of air pollution. The oxidative potential of PM<sub>2.5</sub> is defined as its ability to produce reactive oxygen species (ROS) and it is increasingly used as a marker for the toxicity of PM<sub>2.5</sub> in air quality monitoring and field investigations. Here, we compare and contrast the ability of PM<sub>2.5</sub> to produce ROS in the epithelial lining fluid of the lung with the influence of ambient and endogenous hydrogen peroxide. We find that, under physiological conditions, PM<sub>2.5</sub> may only play a minor role compared to other ROS sources, which may have far-reaching implications for the assessment of air pollution toxicity.

## 1. Introduction

Ambient air pollution is associated with adverse health effects and excess mortality.<sup>1,2</sup> Fine particulate matter (PM<sub>2.5</sub>), ozone (O<sub>3</sub>), and nitrogen oxides (<sup>•</sup>NO<sub>x</sub> ≡ <sup>•</sup>NO, <sup>•</sup>NO<sub>2</sub>) have been identified as the most hazardous components of air pollution.<sup>3,4</sup> The causes of the toxicity of individual components and mixtures, however, remain poorly understood.<sup>5,6</sup> PM<sub>2.5</sub> is a complex mixture of organic and inorganic compounds, containing, also, redox-active components such as transition metals, quinones, and highly oxidized organic molecules.<sup>7–9</sup> In the epithelial lining fluid (ELF) of the respiratory tract, a thin aqueous film

and direct interface between air and body,<sup>10,11</sup> air pollutants can dissolve and undergo chemical reactions that produce reactive oxygen species (ROS), including hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and oxygen-centered free radicals like the superoxide anion (O<sub>2</sub><sup>•−</sup>) and the hydroxyl radical (<sup>•</sup>OH).<sup>12,13</sup> Excessive concentrations of ROS, especially in the form of <sup>•</sup>OH, cause damage to cells and tissue, leading to oxidative stress and inflammation.<sup>13,14</sup> The so-called oxidative potential or the ability to produce H<sub>2</sub>O<sub>2</sub> and other ROS in aqueous solution is often used as a measure for the toxicity of particulate air pollutants.<sup>15–17</sup> The oxidative potential of PM<sub>2.5</sub> samples can be determined in acellular assays, which either detect the formation of ROS such as H<sub>2</sub>O<sub>2</sub> and <sup>•</sup>OH directly, or indirectly through the decay of antioxidants such as glutathione or ascorbic acid.<sup>18,19</sup> However, H<sub>2</sub>O<sub>2</sub> is also produced in cells and tissues and formed in the ozonolysis of surfactant lipids in the ELF.<sup>9,20–22</sup> Additionally, it is an ubiquitous atmospheric trace gas with high water solubility. Atmospheric H<sub>2</sub>O<sub>2</sub> is mainly produced *via* self-reaction of the hydroperoxyl radical (HO<sub>2</sub><sup>•</sup>), which is an abundant atmospheric

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† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d2ea00179a>

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radical formed in many (photo-)chemical processes (ESI Section S1†).<sup>23,24</sup> In contrast to  $\text{H}_2\text{O}_2$  formation by  $\text{PM}_{2.5}$ , the contribution of endogenous aqueous and ambient gaseous  $\text{H}_2\text{O}_2$  to ROS concentrations in the lung is often not considered in the assessment of air pollution toxicity.<sup>7,9,16</sup>

In this work, we develop and apply a detailed kinetic multi-layer model of surface and bulk chemistry in the epithelial lining fluid of the respiratory tract (KM-SUB-ELF 2.0) to quantify the interplay of chemical ROS production from  $\text{PM}_{2.5}$  with the diffusion and exchange of  $\text{H}_2\text{O}_2$  between the air, ELF, cellular tissues and blood vessels in the respiratory tract. Fig. 1 outlines the principal interactions of air pollutants ( $\text{PM}_{2.5}$ ,  $\text{O}_3$ ,  $\text{NO}_x$ , and  $\text{H}_2\text{O}_2$ ) with radical and redox reaction cycles in the ELF and underlying tissues.  $\text{H}_2\text{O}_2$  assumes a central position in the reaction scheme as it is an intermediate in many redox cycles and partitions to and from both the blood stream and inhaled air. Redox-active components of  $\text{PM}_{2.5}$  such as transition metal ions ( $\text{Cu}^+$ ,  $\text{Fe}^{2+}$ ) contribute to formation of  $\text{H}_2\text{O}_2$  through

production and conversion of superoxide.<sup>7,9</sup>  $\text{H}_2\text{O}_2$  is efficiently buffered by enzymes such as catalase in the ELF and peroxidases in the cells, but can be converted into the highly reactive and noxious  $\text{OH}^\bullet$  radical through Fenton chemistry.<sup>7-9</sup> Secondary organic aerosol (SOA) is a major component of ambient  $\text{PM}_{2.5}$  (ref. 25 and 26) and contributes to the formation of ROS in the ELF.<sup>8</sup>

## 2. Methods

### 2.1 Kinetic multi-layer model

The model KM-SUB-ELF 2.0 consists of six compartments: the ambient gas phase, the gas phase of the respiratory tract, the surfactant layer, the aqueous ELF, the cellular layer, and the blood layer (Fig. 1). The model is an extended version of the model KM-SUB-ELF,<sup>7,9</sup> which it expands through the inclusion of the cellular layer, the blood layer, and  $\text{H}_2\text{O}_2$  as gas-phase pollutant. The model explicitly treats inhalation from the



**Fig. 1** Simplified schematic representation of the chemical reactions and diffusion of  $\text{H}_2\text{O}_2$  and other air pollutants ( $\text{PM}_{2.5}$ ,  $\text{NO}_x$ ,  $\text{O}_3$ ) considered in the KM-SUB-ELF 2.0 model. The model consists of five major compartments: the respiratory tract gas phase, surfactant layer, the epithelial lining fluid, a layer of cells, and blood vessels. The cell layer comprises epithelial and endothelial cells as well as an intermediary basement membrane into a single compartment. Transition metals copper (Cu) and iron (Fe) contained in  $\text{PM}_{2.5}$  catalyze the formation and conversion of reactive oxygen species (ROS; red font). Hydroxyl radicals ( $\text{OH}^\bullet$ ) are produced from Fenton(-like) reactions of iron with  $\text{H}_2\text{O}_2$  or organic peroxides contained within secondary organic aerosol (SOA). Antioxidants and enzymes (green font) including ascorbic acid (Asc), uric acid (UA), glutathione (GSH), superoxide dismutase (SOD), catalase, GSH peroxidase, and peroxiredoxins convert and scavenge ROS as well as oxidants such as  $\text{O}_3$  and  $\text{NO}_x$ .



ambient gas phase, adsorption and desorption of gas-phase molecules to and from the surfactant layer, diffusion between the surfactant layer, ELF, cells and blood vessels, as well as 131 chemical reactions across the respiratory tract gas phase, surfactant layer, aqueous ELF, and the cellular layer (Table S1†). The air pollutants considered in the model are fine particulates smaller than 2.5  $\mu\text{m}$  (PM2.5) as well as  $\cdot\text{NO}_2$ ,  $\text{O}_3$ , and  $\text{H}_2\text{O}_2$  from the gas phase. The model simulates a 2 h exposure window in which pollutants are inhaled into the gas phase of the respiratory tract with a breathing rate of  $1.5 \text{ m}^3 \text{ h}^{-1}$ . A fraction of 45% of inhaled particulates is deposited into the ELF at the beginning of the exposure window. We use a standardized PM2.5 composition that was established previously using the median mass fractions of redox-active PM2.5 constituents from a large set of atmospheric field measurements.<sup>9</sup> The median mass fractions are  $3.1 \times 10^{-4}$  for copper,  $8.1 \times 10^{-3}$  for iron,  $1.6 \times 10^{-5}$  across three quinones, and 0.33 for secondary organic aerosol (SOA). For simplicity, the model does not resolve concentration gradients of gases or particulates between the upper and lower parts of the respiratory tract.

The model considers three individual quinone compounds, phenanthrenequinone, 1,2-naphthoquinone, and 1,4-naphthoquinone, which were found to be most important for ROS production in acellular assays.<sup>7,16</sup> Solubilities of the transition metals iron and copper are 10% and 40%, respectively, while quinones and SOA are assumed to fully dissolve. Low molecular mass antioxidants included in the model are ascorbate (Asc), glutathione (GSH), uric acid (UA), and  $\alpha$ -tocopherol ( $\alpha$ -Toc). The concentrations of antioxidants remained fixed during the 2 h exposure simulation. The surfactant layer consists of a surfactant lipid, 1-palmitoyl-2-oleoyl-*sn*-glycerol (POG), a surfactant protein (SP-B<sub>1-25</sub>), and  $\alpha$ -Toc, following Lelieveld *et al.*<sup>9</sup> The ozonolysis of POG in the surfactant layer yields Criegee intermediates, which are assumed to hydrolyze to  $\text{H}_2\text{O}_2$  with a yield of 0.17.<sup>27</sup> Enzymatic reactions are considered within ELF and cellular compartments: superoxide dismutase (SOD) and catalase are included in ELF, while in cells a range of  $\text{H}_2\text{O}_2$ -scavenging enzymes (peroxiredoxins, catalase, GSH peroxidase) are considered. Aside from transport from the blood layer, endogenous  $\text{H}_2\text{O}_2$  is produced at a constant rate of  $1 \times 10^{14} \text{ cm}^{-3} \text{ s}^{-1}$  inside the cellular layer.<sup>28,29</sup> The  $\text{H}_2\text{O}_2$  concentration in the blood layer is held constant due to constant supply from the blood stream. A more detailed description of the model, including antioxidant concentrations, enzymatic reactions, biological ROS production rates, and the treatment of SOA can be found in the ESI (Sections S2–S5†).

The model code solves a system of ordinary differential equations using the stiff differential equation solver ode23tb in Matlab, and calculates the evolution of reactant concentrations over time. An explicit Jacobian matrix is provided to aid in computation. An overview of model input parameters is given in Tables S1–S4.†

## 2.2 Source apportionment of $\text{H}_2\text{O}_2$ and $\cdot\text{OH}$ in ELF

In this study, the source apportionment of  $\text{H}_2\text{O}_2$  in the ELF could not be achieved with traditional flux analyses, *i.e.*

comparing chemical and diffusion fluxes, due to the inherent coupling of chemical reaction and diffusion in multiple compartments. Instead, we performed a sensitivity analysis and compared five scenarios in which only a single source of  $\text{H}_2\text{O}_2$  was present in the model at a time (endogenous  $\text{H}_2\text{O}_2$ , ambient  $\text{H}_2\text{O}_2$ ,  $\cdot\text{NO}_2$ ,  $\text{O}_3$ , and PM2.5) to the scenario with all sources as further detailed in the ESI (Section S6†). Note that this approach was only possible because non-linear effects were almost non-existent, *i.e.* the  $\text{H}_2\text{O}_2$  production in scenario with all sources agrees to more than 99% with the sum of the  $\text{H}_2\text{O}_2$  produced in the single-source scenarios. For source apportionment of  $\cdot\text{OH}$ , a traditional flux analysis could be performed due to negligible diffusion of the reactive radical across compartment boundaries.

## 3. Results and discussion

The model calculations show that concentrations of  $\text{H}_2\text{O}_2$  in ELF and cells are strongly affected by  $\text{H}_2\text{O}_2$  mass transport through membranes and are sensitive to membrane permeability (Fig. 2A). Permeability of  $\text{H}_2\text{O}_2$  through a single cell membrane has been reported over the large range of  $10^{-6}$  to  $10^{-3} \text{ cm s}^{-1}$ .<sup>30–32</sup>  $\text{H}_2\text{O}_2$  permeation in the respiratory tract may involve diffusion through several membranes, which requires introduction of an effective permeability,  $\mu_{\text{eff}}$ , through tissue. Fig. 2A shows the computed  $\text{H}_2\text{O}_2$  concentrations in cells and ELF as a function of  $\mu_{\text{eff}}$ .

In line with previous estimations, the modelled  $\text{H}_2\text{O}_2$  concentration in the cellular layer ( $\sim 5 \text{ nM}$ ) is three orders of magnitude lower than  $\text{H}_2\text{O}_2$  concentration in the blood ( $\sim 5 \mu\text{M}$ ) and four orders of magnitude lower than a liquid that is in equilibrium with the ambient gas concentration of  $\text{H}_2\text{O}_2$  ( $\sim 50 \mu\text{M}$ ). The supply of  $\text{H}_2\text{O}_2$  from inhalation, membrane transport, as well as biological and chemical production is counteracted by enzymatic  $\text{H}_2\text{O}_2$  consumption in the cells, especially peroxiredoxins, maintaining a low cellular concentration of  $\text{H}_2\text{O}_2$  (Fig. S1†). The cellular consumption causes the human respiratory tract to act as a net sink of ambient  $\text{H}_2\text{O}_2$ , *i.e.*, inhaled concentrations are generally larger than exhaled concentrations (Fig. S2†). This leads to very low gas-phase concentrations of  $\text{H}_2\text{O}_2$  in the respiratory tract in the sub-ppt range (Fig. S3†).

The KM-SUB-ELF 2.0 results agree well with reported values for typical  $\text{H}_2\text{O}_2$  concentrations in cells (1–10 nM) when  $\mu_{\text{eff}}$  is smaller than  $4 \times 10^{-5} \text{ cm s}^{-1}$  (Fig. 2A). In this range, the  $\text{H}_2\text{O}_2$  concentration in ELF (black solid line) shows a distinct minimum at a  $\mu_{\text{eff}}$  of  $1 \times 10^{-5} \text{ cm s}^{-1}$ . This minimum marks a change in the regime of  $\text{H}_2\text{O}_2$  supply to the ELF in the model: at  $\mu_{\text{eff}} > 1 \times 10^{-5} \text{ cm s}^{-1}$ ,  $\text{H}_2\text{O}_2$  is transported rapidly and predominantly from the blood, leading to high cellular and ELF concentrations (endogenous  $\text{H}_2\text{O}_2$  regime). In contrast, at a low  $\mu_{\text{eff}} < 1 \times 10^{-5} \text{ cm s}^{-1}$ , the ELF is more insulated from cells and blood vessels and  $\text{H}_2\text{O}_2$  concentration in the ELF is determined rather by inhaled  $\text{H}_2\text{O}_2$  (ambient  $\text{H}_2\text{O}_2$  regime). In the following, we will discuss results in terms of the central value of  $1 \times 10^{-5} \text{ cm s}^{-1}$  for  $\mu_{\text{eff}}$ .

Fig. 2B shows the attribution of the  $\text{H}_2\text{O}_2$  concentration in ELF to its main sources in the model. The analysis is performed





Fig. 2 Influence of membrane permeability and sources of H<sub>2</sub>O<sub>2</sub> in ELF. (A) H<sub>2</sub>O<sub>2</sub> concentration in blood (red line), epithelial lining fluid (ELF; black line), and cells (orange line) as a function of the effective permeability of membranes between ELF and blood layer for H<sub>2</sub>O<sub>2</sub> ( $\mu_{\text{eff}}$ ) under ambient air pollution typical for a clean urban environment (PM<sub>2.5</sub> = 30  $\mu\text{g m}^{-3}$ , \*NO<sub>2</sub> = 30  $\mu\text{g m}^{-3}$ , O<sub>3</sub> = 30 ppb, H<sub>2</sub>O<sub>2</sub> = 1 ppb). The blue line represents an aqueous-phase concentration of H<sub>2</sub>O<sub>2</sub> in equilibrium with the ambient gas phase concentration. The blue, red and orange shaded areas represent characteristic ranges of atmospheric, blood and cellular H<sub>2</sub>O<sub>2</sub> concentration reported in the literature, respectively, where physiological values represent healthy individuals (Table S1†). (B) Relative contributions of different sources to the H<sub>2</sub>O<sub>2</sub> concentration in ELF at a  $\mu_{\text{eff}}$  of  $1 \times 10^{-5}$  cm s<sup>-1</sup> for two ambient pollution scenarios: clean urban conditions (PM<sub>2.5</sub> = 30  $\mu\text{g m}^{-3}$ , \*NO<sub>2</sub> = 30  $\mu\text{g m}^{-3}$ , O<sub>3</sub> = 30 ppb, H<sub>2</sub>O<sub>2</sub> = 1 ppb) and polluted urban conditions (PM<sub>2.5</sub> = 60  $\mu\text{g m}^{-3}$ , \*NO<sub>2</sub> = 60  $\mu\text{g m}^{-3}$ , O<sub>3</sub> = 75 ppb, H<sub>2</sub>O<sub>2</sub> = 2 ppb).

for two different air pollution scenarios. Under clean urban conditions, H<sub>2</sub>O<sub>2</sub> originates mostly from gas-phase and endogenous sources with 33.7% and 58.6%, respectively (Fig. 2B). The endogenous sources include transport from the blood stream and production of H<sub>2</sub>O<sub>2</sub> in the cellular layer. The reaction of O<sub>3</sub> with surfactant lipids accounts for 6.8% of H<sub>2</sub>O<sub>2</sub> production. Only a minor portion, 1%, is due to production by constituents of PM<sub>2.5</sub>. In the scenario reflecting polluted urban conditions, elevated ambient gas-phase H<sub>2</sub>O<sub>2</sub> levels contribute strongest to the H<sub>2</sub>O<sub>2</sub> concentration in ELF at 46.5%. The contribution of O<sub>3</sub> increases to 11.8% while the contribution of PM<sub>2.5</sub> constituents remains minor at 1.2%. \*NO<sub>x</sub> (in the form of \*NO<sub>2</sub>) shows only negligible contributions (<0.1%) to H<sub>2</sub>O<sub>2</sub> in both scenarios. Even higher pollution levels can be observed during haze events in megacities.<sup>33</sup> Under such conditions (PM<sub>2.5</sub> = 300  $\mu\text{g m}^{-3}$ ),<sup>34,35</sup> the contribution of PM<sub>2.5</sub> constituents can reach 10% in the model calculations (Fig. S4†). We note that these numbers must be interpreted as averages over the entire respiratory tract and concentrations of the water-soluble gases H<sub>2</sub>O<sub>2</sub> and O<sub>3</sub> will be higher in the upper parts of the respiratory tract,<sup>36</sup> which likely decreases their importance for the deep lung as detailed in the ESI (Section S7†). A very sensitive and rather uncertain model parameter in these calculations is the cellular production rate of H<sub>2</sub>O<sub>2</sub>, for which we can give only an order of magnitude estimate as detailed in the ESI (Section S4†), and which may dominate H<sub>2</sub>O<sub>2</sub> sources at higher values (Fig. S4d†).

Fig. 3A shows the influence of ambient gas-phase H<sub>2</sub>O<sub>2</sub> and PM<sub>2.5</sub> levels on H<sub>2</sub>O<sub>2</sub> concentration in the ELF for a range of ambient conditions. The predominantly horizontal contour lines indicate that increasing ambient H<sub>2</sub>O<sub>2</sub> has a direct effect

on the aqueous peroxide concentration in the ELF, while the influence of PM<sub>2.5</sub> becomes evident only at very high mass loadings. In contrast, \*OH production is primarily driven by PM<sub>2.5</sub> levels in the model, as indicated by predominantly vertical contour lines in Fig. 3B. The secondary influence of ambient H<sub>2</sub>O<sub>2</sub> becomes evident when levels exceed typical atmospheric values of 0–5 ppb. The concentration of H<sub>2</sub>O<sub>2</sub> in the blood has a similar influence on model results as the ambient H<sub>2</sub>O<sub>2</sub> concentration (Fig. S5†). These model results, however, are highly dependent on the choice of the effective membrane permeability coefficient  $\mu_{\text{eff}}$  as discussed in Section S8† and shown in Fig. S5 and S6 of the ESI.†

Fig. 3 also presents H<sub>2</sub>O<sub>2</sub> concentrations (Fig. 3C) and \*OH production (Fig. 3D) for six selected scenarios of typical atmospheric conditions (Table S2†). We find that remote, rural, and indoor air is associated with the lowest H<sub>2</sub>O<sub>2</sub> concentrations and \*OH production. High ambient gas-phase H<sub>2</sub>O<sub>2</sub> in polluted urban air may cause slightly elevated H<sub>2</sub>O<sub>2</sub> concentrations in ELF, while the high PM<sub>2.5</sub> levels may cause significantly increased \*OH production. In a heavily cleaned indoor space, very high ambient gas-phase H<sub>2</sub>O<sub>2</sub> may not only control the H<sub>2</sub>O<sub>2</sub> concentrations in ELF, but may also raise \*OH production due to Fenton chemistry of H<sub>2</sub>O<sub>2</sub>. This scenario is in the ambient H<sub>2</sub>O<sub>2</sub> regime, while the other scenarios are in the transition range between the ambient H<sub>2</sub>O<sub>2</sub> and endogenous H<sub>2</sub>O<sub>2</sub> regime. Variation of PM<sub>2.5</sub> concentration for all scenarios (solid grey lines in Fig. 3D) reveals a steeper slope and thus a stronger sensitivity to PM<sub>2.5</sub> in the heavily cleaned indoor space compared to the other scenarios. This result shows that ambient gas-phase H<sub>2</sub>O<sub>2</sub> can synergistically increase the \*OH production capability of PM<sub>2.5</sub> and suggests a non-linear effect





Fig. 3  $\text{H}_2\text{O}_2$  concentration and  $\cdot\text{OH}$  production in ELF. (A)  $\text{H}_2\text{O}_2$  concentration in ELF and (B)  $\cdot\text{OH}$  production in ELF as a function of ambient gas-phase  $\text{H}_2\text{O}_2$  and  $\text{PM}_{2.5}$  levels. Dashed contour lines indicate conditions that lead to the same model outcome. (C)  $\text{H}_2\text{O}_2$  concentrations in ELF and (D)  $\cdot\text{OH}$  production in ELF for six selected air pollution scenarios (markers). Solid lines indicate the sensitivity due to variation of only ambient gas-phase  $\text{H}_2\text{O}_2$  (panel C, one scenario representative for all) and  $\text{PM}_{2.5}$  levels (panel D, two representative scenarios).

on oxidative stress upon exposure to both pollutants. Because of the high water solubility and efficient enzymatic removal of  $\text{H}_2\text{O}_2$ , we expect this effect to be most relevant in the upper respiratory tract.

The model KM-SUB-ELF 2.0 applied in this study yields  $\text{H}_2\text{O}_2$  concentration levels ( $\sim 5$  nM) lower than reported in earlier studies that did not consider cellular  $\text{H}_2\text{O}_2$  sinks ( $\sim 100$  nM)<sup>7,9</sup> and lower than measurements of exhaled breath condensate or bronchoalveolar lavage fluid ( $\sim 100$ – $1000$  nM).<sup>37–40</sup> The deviation from measurements may be due to an underestimation of the  $\text{H}_2\text{O}_2$  production rate of epithelial cells (ESI Section S4†) or a missing endogenous source of ROS, possibly superoxide production by alveolar macrophages,<sup>41</sup> which will be further investigated in a follow-up study. This follow-up study will also address the gradients of water-soluble trace gases between the upper and lower respiratory tract. Both aspects may reconcile the agreement with measurement data and would decrease the importance of ambient  $\text{H}_2\text{O}_2$  for the deep lung. First preliminary estimations are outlined and discussed in ESI Section S7.† The main conclusion of this study that aqueous-phase chemistry of  $\text{PM}_{2.5}$  does not have a large contribution to the  $\text{H}_2\text{O}_2$  concentration in ELF, remains unchanged (Fig. S4†).

The principal source of  $\cdot\text{OH}$  among  $\text{PM}_{2.5}$  constituents, however, is directly affected by the  $\text{H}_2\text{O}_2$  concentration in the ELF. At a low  $\text{H}_2\text{O}_2$  concentration,  $\cdot\text{OH}$  is produced predominantly through Fenton-like reactions of the organic peroxides contained in SOA (Fig. S7†), which may be labile and decay with a short half-life<sup>42</sup> or follow a similar chemistry to  $\text{H}_2\text{O}_2$  by forming  $\cdot\text{OH}$  radicals in reactions with transition metals and water.<sup>8</sup> In contrast, previous analyses of ELF redox chemistry identified the Fenton reaction of  $\text{H}_2\text{O}_2$  as dominant  $\cdot\text{OH}$  source, albeit at higher  $\text{H}_2\text{O}_2$  concentrations in the ELF.<sup>7,9,15</sup> We note that the relative contribution of the individual pathways not only depends upon the  $\text{H}_2\text{O}_2$  concentration in the ELF, but may also vary with the exact composition of  $\text{PM}_{2.5}$  and the aqueous-phase chemistry of SOA (Fig. S8†). SOA has a highly complex and variable composition and quantitative  $\cdot\text{OH}$  yields from SOA samples in epithelial lining fluid have only been reported by a few studies.<sup>8,12,43</sup> Furthermore, organic peroxides inhaled through SOA may also be scavenged by enzymes such as peroxidases and peroxidases before significant conversion to  $\cdot\text{OH}$  occurs.<sup>44,45</sup> This gap between the potential high importance of SOA in air pollution health effects and the lack of quantitative kinetic data highlights the need for further studies under





**Fig. 4** Health effects of atmospheric air pollution. The epithelial lining fluid (ELF) is a thin aqueous film at the air–body interface in which inhaled air pollutants dissolve and deposit. H<sub>2</sub>O<sub>2</sub> and other peroxides form a reservoir of reactive oxygen species (ROS) in the ELF. H<sub>2</sub>O<sub>2</sub> levels in the ELF are controlled by endogenous processes (endogenous H<sub>2</sub>O<sub>2</sub> regime) or inhalation of gas-phase H<sub>2</sub>O<sub>2</sub> (ambient H<sub>2</sub>O<sub>2</sub> regime). A small fraction of H<sub>2</sub>O<sub>2</sub> originates from conversion of superoxide (O<sub>2</sub><sup>•-</sup>) generated from interaction of fine particulate matter (PM2.5) and nitrogen oxides (•NO<sub>x</sub>) with ELF. Other peroxides are supplied through secondary organic aerosol (SOA) contained within PM2.5 or by chemical reactions of ozone (O<sub>3</sub>). Transition metal-mediated, catalytic conversion of peroxides leads to formation of the highly reactive •OH radical that can trigger oxidative stress and, ultimately, cell death.

controlled conditions to assess the relative importance of these two major •OH production channels.

## 4. Conclusions

The model simulations in this study show that under typical atmospheric pollution scenarios, the concentration of H<sub>2</sub>O<sub>2</sub> in the respiratory tract is dictated by endogenous sources and ambient gas phase sources (H<sub>2</sub>O<sub>2</sub> and O<sub>3</sub>) with similar contributions. However, a recent study suggests that macrophages contribute to ROS levels in the ELF through release of superoxide, which can be significantly enhanced through stimulation with PM2.5 constituents.<sup>41</sup> Such an additional source of ROS, which is outside the scope of this study, may tip the scales fully in favor of endogenous sources of H<sub>2</sub>O<sub>2</sub>. Air pollution-induced changes of H<sub>2</sub>O<sub>2</sub> concentration in the ELF thus may only be achieved directly during severe haze events, heavy indoor cleaning, or indirectly through stimulation of macrophages causing enhanced endogenous release of superoxide. As superoxide and H<sub>2</sub>O<sub>2</sub> in ELF are likely dominated by endogenous sources, direct chemical production of superoxide and H<sub>2</sub>O<sub>2</sub> may only play a secondary role in the adverse effects of fine particulate matter (PM2.5).

Acellular oxidative potential assays, which are commonly used to assess potential PM2.5 toxicity, tend to be sensitive to superoxide and H<sub>2</sub>O<sub>2</sub> producers such as copper ions and quinones.<sup>46</sup> However, the findings in this study challenge the view that adverse health effects of PM2.5 are closely related to their ability of increasing ROS concentrations in the lungs. ROS are already ubiquitous in the human body, primarily in the form of H<sub>2</sub>O<sub>2</sub>, which can diffuse readily through tissues and epithelial lining fluid.<sup>47</sup> In the ELF, H<sub>2</sub>O<sub>2</sub> and other peroxides form a reservoir of ROS, which is tightly controlled by endogenous processes (Fig. 4). The model simulations in this study show that PM2.5 acts by conversion of peroxides into highly reactive

•OH radicals that cause oxidative stress and damage to cells and tissues. PM2.5 may further act by stimulating the production of superoxide from endogenous sources. We therefore propose that chemical production of superoxide and H<sub>2</sub>O<sub>2</sub> in a cell-free assay may not be a suitable metric for assessing the differential toxicity of individual PM2.5 components and some acellular oxidative potential assays may not capture the actual deleterious effects of PM2.5. Alternatives may be cellular cytotoxicity assays using air–liquid interface cell culture<sup>48</sup> or acellular assays determining the production of •OH radicals,<sup>49</sup> preferably in the presence of physiological concentrations of H<sub>2</sub>O<sub>2</sub>.

Oxidative stress and disease may alter the physiological properties and redox homeostasis in the respiratory tract through effects on membrane permeability, enzyme expression, and pH value.<sup>50</sup> This may further increase the susceptibility of diseased individuals to air pollution in the form of PM2.5 and trigger reinforcing feedback loops.<sup>51</sup> Further investigations will be required to resolve such biological feedbacks, the differential toxicity of individual air pollutants from different sources (traffic, combustion *etc.*), and the cumulative effects of long-term exposure.

## Author contributions

Conceptualization: E. D., S. L., U. P. and T. B., methodology: all authors, numerical simulation and validation: E. D., S. L., A. M., and T. B., formal analysis: E. D. and T. B. with assistance from S. L. and A. M., visualization: E. D., S. L., U. P. and T. B., writing–original draft: E. D. and T. B., writing–review and editing: all authors.

## Conflicts of interest

There are no conflicts to declare.



## Acknowledgements

This work was funded by the Max Planck Society. A. M. and S. L. were supported by the Max Planck Graduate Center with the Johannes Gutenberg-Universität Mainz (MPGC). We gratefully acknowledge Helmut Sies and Roel P. F. Schins for helpful discussions. Open Access funding provided by the Max Planck Society.

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