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Accurate flow in augmented networks (AFAN): an approach to generating three-dimensional biomimetic microfluidic networks with controlled flow

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In vivo, microvasculature provides oxygen, nutrients, and soluble factors necessary for cell survival and function. The highly tortuous, densely-packed, and interconnected three-dimensional (3D) architecture of microvasculature ensures that cells receive these crucial components. The ability to duplicate microvascular architecture in tissue-engineered models could provide a means to generate large-volume constructs as well as advanced microphysiological systems. Similarly, the ability to induce realistic flow in engineered microvasculature is crucial to recapitulating *in vivo*-like flow and transport. Advanced biofabrication techniques are capable of generating 3D, biomimetic microfluidic networks in hydrogels, however, these models can exhibit systemic aberrations in flow due to incorrect boundary conditions. To overcome this problem, we developed an automated method for generating synthetic augmented channels that induce the desired flow properties within three-dimensional microfluidic networks. These augmented inlets and outlets enforce the appropriate boundary conditions for achieving specified flow properties and create a three-dimensional output useful for image-guided fabrication techniques to create biomimetic microvascular networks.

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Introduction

The ability to generate vascularized tissue constructs has been a major challenge in the field of tissue engineering for decades.^{1–3} To overcome this limitation, small volume constructs have been implemented that rely on diffusion-mediated transport to deliver oxygen, nutrients, and soluble factors, and to remove waste products. The ability to generate hydrogels laden with microvasculature that recapitulates the dense and tortuous architecture of *in vivo* vascular networks could aid in fabricating larger volume tissue constructs⁴ and advanced cell culture platforms to model physiological and pathological processes.

Two general approaches to generate vascularized constructs have been developed: self-assembly of networks by vascular cells and formation of pre-defined, engineered vasculature followed by vascular cell seeding. Self-assembly provides a straightforward approach to create microvasculature in both natural^{5–9} and synthetic^{10,11} hydrogels. When performed in hydrogels housed in a microfluidic device, self-assembled networks can anastomose with larger microfluidic channels

allowing for fluid flow through the networks.^{5,8,12} This approach has been implemented to investigate leukocyte adhesion to vessel walls,⁸ cancer cell extravasation,¹³ convective transport,¹⁰ soluble factor signaling during vasculogenesis,¹⁴ and endothelial cell response to fluid flow.⁸ While self-assembly is a powerful approach to generate microvascular networks, there is no control over the final architecture, therefore making it impossible to use the same network across multiple experiments or to easily couple experimental data with computational fluid dynamics (CFD) models. Furthermore, self-assembly has not been implemented to generate larger diameter arterioles and arteries needed to reproduce the hierarchical structure of *in vivo* vasculature.

To overcome these limitations, various biofabrication techniques have been developed that allow pre-definition of network architecture prior to seeding with vascular cells. Many of these techniques are amenable to generating two-dimensional (2D), planar networks embedded in hydrogels which have been implemented for drug screening,^{15,16} blood flow modeling,^{17–19} disease modeling,^{20,21} to investigate flow-mediated signaling between tumor and endothelial cells,²² cancer cell extravasation,²³ self-healing of vasculature post inflammation,²⁴ and thrombotic response of vessels due to inflammation.²⁰ While many existing microfabrication approaches allow for direct control over 2D, planar networks,

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they do not duplicate the complex 3D structure of *in vivo* networks.²⁵ A few techniques to generate 3D, non-planar networks have been developed, including 3D printing of sacrificial carbohydrate glass,²⁶ modular assembly,²⁷ and 3D bio-printing.²⁸ These approaches have been implemented to increase cell viability in larger volume constructs,²⁶ to create a perfusable microfluidic hydrogel,²⁷ and to spatially organize both cells and vasculature in a tissue construct.²⁸ Although these approaches allow repeated fabrication of 3D vascular networks with well-defined geometry, they are incapable of fabricating dense and tortuous small-diameter structures needed to recapitulate *in vivo* microvascular architecture. Direct-write assembly²⁹ and omnidirectional printing,³⁰ are capable of generating a hierarchical vascular system with a wide range of diameters, 10–530 μm for direct-write assembly and 18–600 μm for omnidirectional printing, but are not yet amenable to generating dense, tortuous, and highly interconnected microvascular networks. To overcome this problem, we recently developed an image-guided, laser-induced hydrogel degradation (LIHD) technique that utilizes either computer aided design (CAD) synthetic networks or 3D image stacks of *in vivo* vasculature as digital templates to fabricate 3D, biomimetic, hydrogel-embedded microfluidic networks whose architecture closely matches that of *in vivo* microvasculature.^{31,32} Laser-induced degradation is amenable to both synthetic and natural hydrogels^{31–39} and has been utilized to generate microfluidic networks in cell-laden constructs.⁴⁰

One limitation of using 3D image stacks of *in vivo* vasculature as a digital template is the presence of dead-end vascular structures that impede flow (Fig. 1c). Similar to modeling synthetic microvascular networks (SMNs), real microvascular networks (RMNs) must be cropped to fit within designed volumes. Since RMNs exhibit a high degree of connectivity, the selection of any region results in an incomplete network with multiple terminations, making it difficult to prescribe desired boundary conditions. Two generalized methods have been proposed to overcome this problem: incorporating multiple inlets and outlets to the network (Fig. 1b)⁴¹ or completing the network with additional connections to force the terminating vessels to converge to a single bounding channel (Fig. 1a).⁴⁰ While the first approach is capable of generating physiologically realistic flow through the network,⁴² it is limited to 2D, planar networks. This approach also requires the implementation of multiple syringe pumps and connectors which is experimentally cumbersome. The second method (Fig. 1a) offers a simple solution to this problem by adding an additional bounding channel that connects all of the network dead-ends to a single inlet and outlet, but has only been implemented for 2D, planar networks and does not provide control over which dead-ends are inlets or outlets, thereby limiting control over flow properties. To overcome these problems, we developed a network design approach that constructs synthetic connections between boundary nodes and two feeders (Fig. 1d), an inlet and outlet, allowing for well-controlled boundary pressure, at previous dead-ends based on established models or *in vivo* measurements. Accurate flow simulations are required to calculate these boundary connections. Rigorous numerical methods, such as



Fig. 1 An illustration demonstrating the challenges for addressing boundary conditions in microfluidics-based microvascular models (a–c), along with our solution (d). (a) A single-inlet, single-outlet network created by adding a bounding channel that connects all dead-ends. As there is no direct control over the bounding connections, the resulting model exhibits irregular flow. (b) A multi-inlet, multi-outlet network created by attaching a series of peripheral pumps to provide necessary boundary conditions, which is impractical for 3D, non-planar networks. (c) A single-inlet, single-outlet network effectively eliminates flow through a majority of branches by blocking most terminations (red X's). (d) Our solution constructs connections between network terminations and pre-defined feeders to enforce the appropriate boundary conditions and thus desired flow properties in both 2D and 3D networks.

the finite element method⁴³ and finite difference method⁴⁴ are frequently used in CFD. However, determining the parameters for the necessary augmented elements would require a time-consuming iterative optimization step that is impractical on most workstations. Accordingly, we performed this optimization using the linear Hagen–Poiseuille (H–P) method, which allows for a rapid extrapolation of pressure-driven flow through fabricated networks. We implemented these features in an interactive software package called Accurate Flow in Augmented Networks (AFAN) using C++ and CUDA for fast evaluation and real-time visualization.

We demonstrate that the resulting augmented network design can be fabricated using LIHD. We also demonstrated that our augmented microvascular model has a high level of flow predictive capability based on comprehensive CFD models and microfluidic experiments. This approach lays the foundation for implementing 3D image stacks as digital templates for fabrication of biomimetic vascular networks embedded in hydrogels whose architecture and flow properties accurately mimic *in vivo* vasculature.

Materials and methods

Two-dimensional Wheatstone bridge network

We designed and fabricated a microfluidic network based on the Wheatstone bridge using the AFAN user interface. Based on



user input describing network architecture and flow properties, AFAN generates a binary mask used as the basis for fabrication.

The fabricated network was constructed based on our previously published protocols.³² Plasma-bonded polydimethylsiloxane (PDMS) and glass microfluidic devices were fabricated to provide connections for a syringe pump. For hydrogel incorporation within a device, devices were functionalized by washing with 2,2-dimethoxy-2-phenylacetophenone, and 3-(trimethoxysilyl)propyl methacrylate, to allow hydrogel bonding to the PDMS and glass.¹⁰ A pre-polymer solution of 5% weight per volume 3.5 kDa poly(ethylene glycol) diacrylate (PEGDA), 3.7 mM Alexa Fluor 633-labeled acryl-poly(ethylene glycol), and 10.2 mM lithium phenyl-2,4,6-trimethylbenzoyl-phosphinate (LAP) in HEPES-buffered saline (HBS) (pH 8.3, 10 mM HEPES, 100 mM NaCl) was photopolymerized inside the microfluidic device *via* exposure to UV light at 6 mW cm^{-2} for 30 seconds. A photo-mask placed in the light path was used to define the geometry of the hydrogel within the device. LIHD was used to create a microfluidic network in the PEGDA hydrogels as previously described.^{31–33} A series of virtual masks⁴⁵ defining ROIs in x , y , and z , were generated to guide the position of a 140 fs pulsed Ti:S laser operating at 790 nm at $37.7 \text{ nJ } \mu\text{m}^{-2}$ focused through a $20\times$ ($\text{NA} = 1.0$) water immersion objective for selective hydrogel degradation.

The fabricated network was filled with 2000 kDa FITC-labeled dextran at 1 mg mL^{-1} in HBS and imaged *via* structured illumination. Particle image velocimetry was used to quantify the average velocity in each segment of the microfluidic network. Using a syringe pump, $3 \mu\text{m}$ diameter polystyrene spheres, at 8.4×10^6 particles per mL in HBS, were flowed through the network at $25 \mu\text{L h}^{-1}$. Images of the particles were acquired using a 2 ms image acquisition time over 3 min intervals. An average of 200 particles per 3 min interval were analyzed per segment in triplicate. The center-to-center distance traveled by each particle was measured using ImageJ and the particle velocity was calculated by dividing the distance traveled by the 2 ms acquisition time. Particles that spanned segments, or that overlapped, were excluded and particle velocities were averaged for each segment. Constant fluid flow was maintained and verified throughout the image collection period. The particle streaks collected are colored to help distinguish particles from each other (Fig. 6b).

Three-dimensional microvascular network

The overview for our approach is shown in Fig. 2. We used a whole mouse brain microvascular data set (Fig. 7a) collected using knife-edge scanning microscopy (KESM)^{46,47} available through the KESM Brain Atlas (<https://www.kesm.cs.tamu.edu>).⁴⁸ A $652 \times 652 \times 100$ pixel ($120 \times 120 \times 100 \mu\text{m}$) region of interest (ROI) was identified and extracted from the whole-brain data set. Microvessel centerlines and connectivity were segmented using a predictor–corrector algorithm,⁴⁹ while the surface model and radii were extracted manually by setting a threshold to separate the microvascular structure from the background. This data was combined to generate a graph-based model used as input to the AFAN software.



Fig. 2 Overview of our method. An inset shows a viable ROI network culled from a larger microvascular network for augmentation and fabrication.

The AFAN user interface was used to specify boundary pressures producing flow velocities based on *in vivo* measurements.^{50,51} The AFAN H–P method was used to extrapolate flow properties throughout the ROI. The segmented network was then augmented with connections to enforce the desired boundary conditions. The augmented network was constructed such that an input volumetric flow rate Q_i produced the desired flow characteristics in the ROI (Fig. 1d).

A comparative CFD model was generated from an AFAN-produced binary mask and imported into OnShape (<https://www.onshape.com>), an online CAD package. The geometric mesh was constructed using a built-in meshing function in SimScale (<https://www.simscale.com>), which creates polyhedral meshes for fluid-based models. SimScale was used to integrate an incompressible steady laminar fluid flow into the simulation with the simpleFoam solver in the OpenFOAM toolbox.⁵² We specified the appropriate materials and boundary conditions (inlet velocity, outlet pressure, and *no slip* walls), and conducted simulations on the cloud. The results were visualized and analyzed using ParaView,⁵³ which offers a host of post-processing operations for data analysis. The augmented, 3D biomimetic network was fabricated in PEGDA hydrogels and visualized with fluorescent dextran in the same manner as the 2D network.

Results and discussion

Network characterization

Characterizing the hydraulic resistance of each synthetic connection relies on accurate boundary measurements of either boundary pressures or flow rates. The proposed interpretation



Analytical Methods

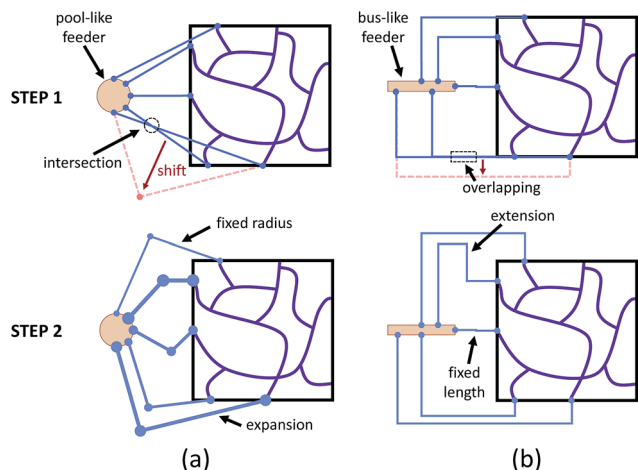


Fig. 3 Augmenting networks with synthetic connections. (a) For planar networks, the *pool-like* feeders (orange circle) and direct connections are placed and arranged to avoid intersections. After fixing one channel radius, the rest of the connections are expanded to satisfy pressure constraints. (b) For non-planar networks, the *bus-like* feeders (orange rectangle) are placed and connected using homogeneously axis-aligned paths without overlap. After fixing one channel length, the rest of the connections are extended to satisfy pressure constraints.

network difficult to fabricate. More complex paths, such as Hilbert curves,⁶⁰ provide an efficient use of space, but are incompatible with our fabrication method as our hydrogels may not be able to mechanically support such a densely-packed structure. We address this by adopting a space-filling method using square curves (Fig. 4), which provides a compromise between simplicity, space efficiency, and fabrication integrity. Each of the square wave-like connections was constructed inside of a user-defined axis-aligned bounding box (AABB), which allowed for rapid testing of intersections and overlaps. The workflow to construct these connections is summarized as follows:

- (1) Construct initial connections and arrange to avoid overlap.
- (2) Optimize the curve order, n , based on an input parameter, s , used to control the channel sparsity.
- (3) Optimize the channel width, w , and channel length, h , based on the desired total channel length, L' .
- (4) Build an AABB for each connection and check for intersections using AABB collision detection algorithms.

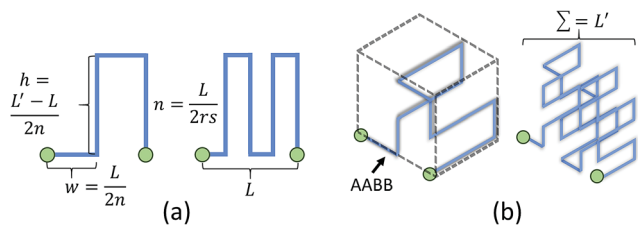


Fig. 4 Two iterations of 2D and 3D square curves. (a) The total channel length L' of a 2D square curve is computed by equation: $L' = L + 2hn$. (b) The total channel length L' of a 3D square curve is computed by equation: $L' = (1 + 2n)L + 4hn^2$.

Refinement of square curves and other interactive functions have been incorporated into AFAN. Microvessels were rendered as truncated generalized cones (TGCs)⁶¹ defined by two adjacent points along a fiber that outline the local vessel shape and diameter (Fig. 7d). Volumetric flow and pressure were interactively calculated and visualized using arrow glyphs color-

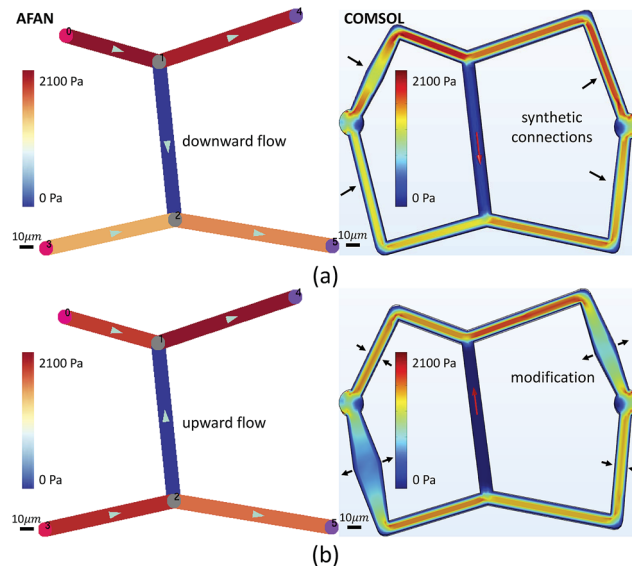


Fig. 5 Validation of the flow-controlling capability of our method using a Wheatstone bridge planar network. A blue-red Brewer color map is used to visualize the flow velocity of each channel. The AFAN results closely match COMSOL results in predicting the flow direction throughout the ROI network. (a) The augmented network is designed to have downward flow in the central channel. (b) Augmented connections are modified to induce upward flow in the central channel. (a and b) SB = 10 μm .

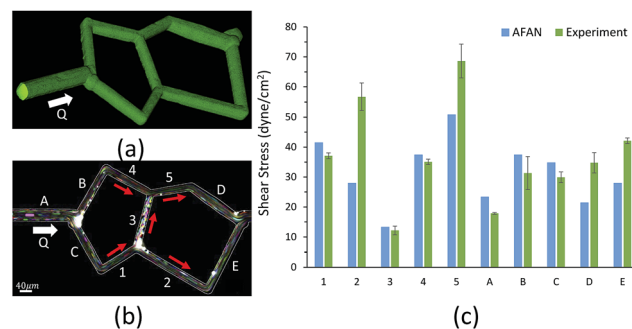


Fig. 6 Microfluidic validation of the AFAN method based on an SMN. The designed network is fabricated *via* laser-induced degradation of a PEGDA hydrogel polymerized in a microfluidic housing. (a) A 3D rendering of the fabricated network shows circular cross-sections filled with 2000 kDa FITC-labeled dextran. (b) A 2D projection image composed of 988 time-lapse images of the microfluidic network depicts flowing 3 μm polystyrene particles, presented as colored streaks, that are used for particle image velocimetry. White lines indicate channel boundaries, determined using 2000 kDa FITC-labeled dextran. (c) The wall shear stress in each segment was calculated based on the average flow velocity and compared to the simulation results using AFAN, where the error bars represent standard deviation. (b) SB = 40 μm .



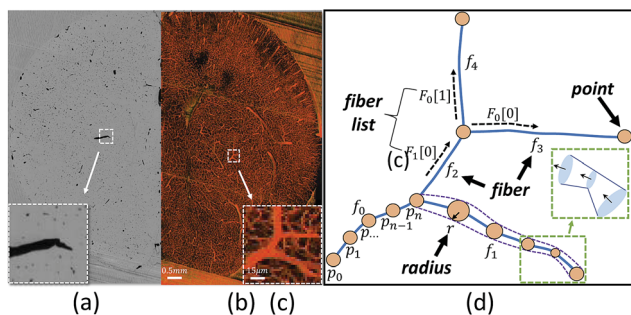


Fig. 7 Mouse brain microvasculature reconstructed from 1000 KESM sections. (a) A raw section (x - y image) is shown, with microvascular cross-sections stained black using an India-ink perfusion. An inset shows a close-up of the India-ink embedded sample, in which vessels are stained black. (b) A maximum intensity projection of all 1000 KESM sections shows the overall structure of the sample. (c) An inset shows a viable ROI containing several inlets and outlets problematic for modeling. (d) Our approach represents the ROI network as a graph-like model with geometric components including points (orange dots), fibers (blue lines), and radii (dashed purple lines). The fiber lists F_0 and F_1 associated with each pivot point store fiber connectivity (e.g. a fiber in F_0 has geometry specified outward from the given point). An inset shows visualizing fibers as a series of truncated generalized cones (TGCs) in AFAN. (b) SB = 0.5 mm. (c) SB = 15 μ m.

mapped by flow speed. A group of keyboard and mouse commands are registered for interactive purposes, allowing users to create customized augmented channels attached to an RMN. Conveniently, boundary pressure values are specified with only a few clicks.

Two-dimensional Wheatstone bridge network

We first designed a simple planar network based on the Wheatstone bridge structure which allows for control of the flow direction in the central channel based on varying boundary conditions. We used AFAN to specify two sets of boundary conditions with inverse flow directions in the central channel *via* different augmented connections (Fig. 5). We imported the resulting volumes into COMSOL (<https://www.comsol.com>) to simulate a laminar flow using the same boundary setups. The comparison shows consistency of flow directions between two results, demonstrating our ability to control the flow profile within the ROI network *via* synthetic connections, or augmentation channels.

After fabrication, analysis of FITC-dextran images (Fig. 6a) showed a close agreement in vessel diameters between the mask and fabricated network as previously demonstrated.³¹ Segment diameters range from 18.2 μ m to 19.2 μ m in segments

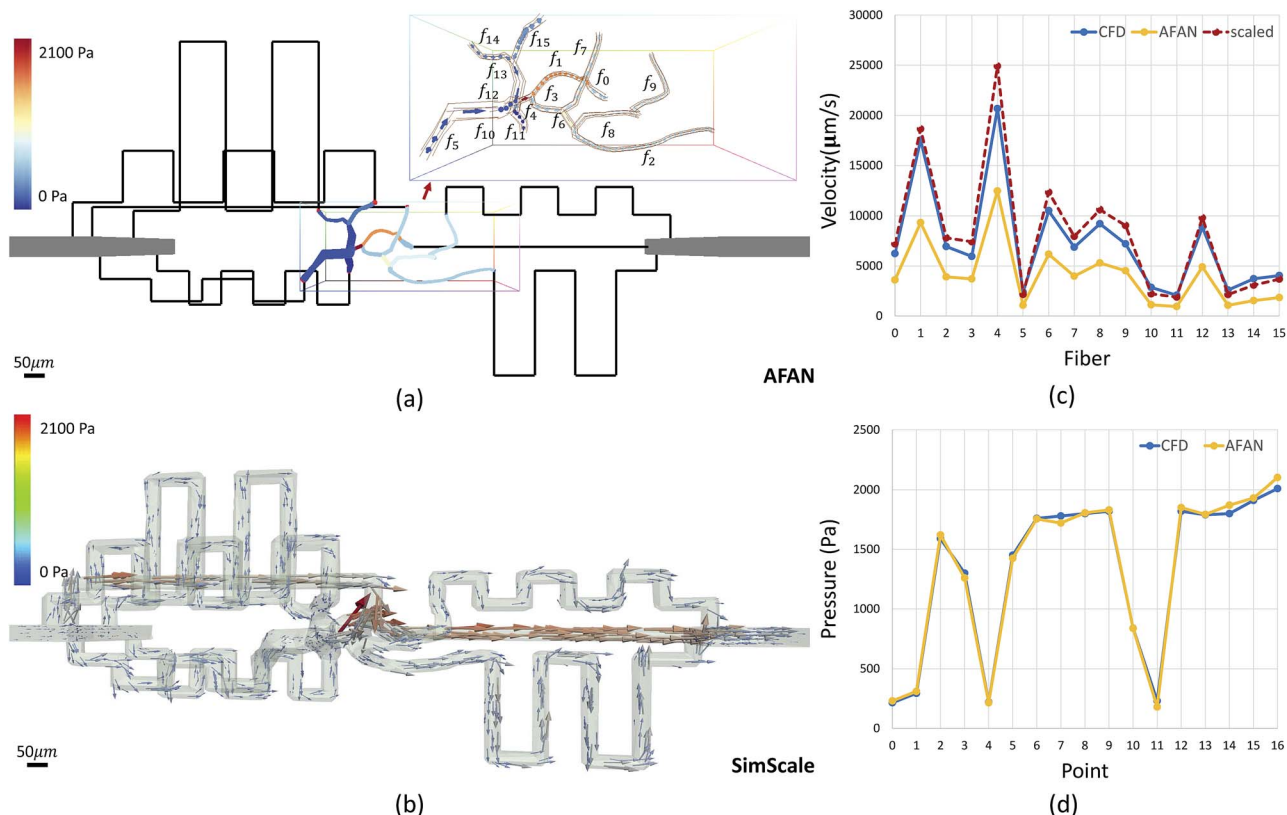


Fig. 8 CFD validation of the AFAN method based on an RMN. (a) The simulation and visualization of laminar flow through a designed network using AFAN. Synthetic connections are rendered as black lines to reduce the memory usage for better visualization of the ROI network. An inset shows the velocity field across the ROI and its associated vessel segment numbering. (b) Visualizing and analyzing the CFD model using ParaView. The velocity field is visualized using arrow glyphs color-mapped by the flow velocity. (c) A velocity comparison between AFAN and SimScale simulations. Dashed red line represent maximum velocity values computed from AFAN average velocities values. (d) A pressure comparison shows great consistency between two methods. (a–b) SB = 50 μ m.



1–5 of the fabricated network, and 19.2 μm to 30.6 μm in segments A–E; note that segments A and D were purposefully set larger than the rest of the segments. Segment diameters are 20.0 μm in segments 1–5 of the original network; 30.0 μm in segment A, 20.0 μm in segment B, 22.0 μm in segment C, 26.0 μm in segment D, and 20.0 μm in segment E; this shows a close agreement in network architecture between the fabricated network and its model counterpart. The measured velocity and calculated wall shear stress in all of the segments closely matched the AFAN simulation results (Fig. 6c). Segment 2 shows a slightly higher value than the simulation; this is likely due to particle lodging in the bifurcation between segments 1, 2, and 3 that causes a slight narrowing at the inlet of segment 2. Nevertheless, this experiment demonstrates that our AFAN software can be used to design and model physiologically relevant microfluidic networks. Here, we are referring to relevance with respect to wall shear stress that averaged 45 dynes per cm^2 in the synthetic network which closely matches measured *in vivo* values for capillaries.⁵⁵

Three-dimensional, augmented, biomimetic network

Microvascular networks are difficult to accurately reconstruct due to the high spatial resolution and large volumes required (Fig. 7b). Microvessels within these networks are often less than 10 μm in diameter (Fig. 7c),⁶² however large volumes are necessary for understanding connectivity patterns and identifying the desired ROIs within microvascular beds.⁶³ Images were therefore acquired using knife edge scanning microscopy (KESM)⁴⁶ at a resolution of 0.6 μm laterally and 1.0 μm axially, which is sufficient to resolve the smallest microvessels.⁴⁷ This method provides whole organ images at high contrast, making them easier to reconstruct. Vessel center lines and radii were extracted using an automated predictor-corrector algorithm⁴⁹ that reconstructs the medial axis of each capillary fiber. This created an explicit graph model storing the architecture of the segmented network (Fig. 7d) and provided an accurate description of connectivity for flow simulations.

The average velocity of each channel was initially estimated using AFAN (Fig. 8a) while the maximum velocity of each channel was calculated using SimScale (Fig. 8b). The

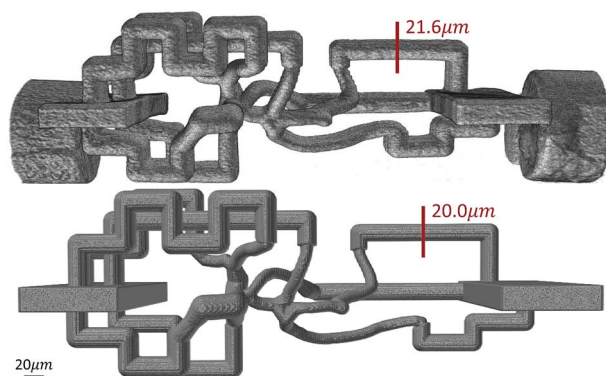


Fig. 9 3D volume rendering of a fabricated microvascular network (top) and its digital mask (bottom) shows a close agreement in overall architecture and channel diameters between them. SB = 20 μm .

comparison shows that our linear method succeeds in quantifying the velocity and pressure fields across the augmented network (Fig. 8c and d). It also shows that the deviation between the average flow velocity and maximum velocity can be compensated by a scaling factor, which is equal to 2 for circular channels (Fig. 8c). This is the result of integrating the velocity profile along the channel cross-section.

An RMN with vessel diameters ranging from 10–20 μm (Fig. 2) was also designed and fabricated. A 3D volume rendering of the fabricated network (Fig. 9) was created using Amira (ThermoFisher Scientific), which demonstrates a great agreement in network structure between the mask and fabricated network.

Conclusion

In this paper, we proposed a new method for designing microvascular networks to enforce controlled flow when fabricated in microfluidic devices. To fulfill this aim, we developed software for simulating, characterizing, and visualizing microvascular networks for *in vitro* applications. We demonstrated the flow predictability of our linear model using rigorous CFD methods. We also demonstrated the viability of our network augmentation technique by fabricating an AFAN-developed microfluidic device and tracking fluid flow. The predicted network characteristics, including the structure, fluid velocity, and wall shear stress, closely match experimental results. This opens the door to creating microfluidic models of microvascular networks whose structure and fluid flow parameters mimic that of their *in vivo* counterparts. This will enhance the use of *in vitro* cell culture models by allowing researchers to more closely recapitulate *in vivo* flow patterns. Ideally, we can bridge different sub-networks in series to study blood circulation between different regions or across whole organs, such as the brain.^{64,65} AFAN has been integrated into an open-source application available online (<https://www.stim.ee.uh.edu>). However, this current approach is based on the assumption of Newtonian flow, and thus limited to microvessels with high shear rates. To fully represent realistic *in vivo* flow, we plan to explore future modifications to our algorithm that will account for non-Newtonian effects, as well as validate our results using more accurate flow media.

Authors' contributions

Jiaming Guo implemented the AFAN software, optimized the network augmenting method, and conducted CFD-based simulations. Pavel Goyadinov segmented and reconstructed the microvascular data. Keely Keller and John Slater fabricated the microfluidic networks and conducted the particle tracking experiments. Paul Ruchhoeft and David Mayerich developed the theoretical model. All authors reviewed and contributed to the final manuscript.

Conflicts of interest

There are no conflicts to declare.



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