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Molecular Mechanism of Action of K(D)PT as an IL-1RI Antagonist for the Treatment of Rhinitis

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Abstract

Background: Interleukin-1 receptor type I (IL-1RI) is critical for both innate immunity and inflammation. IL-1RI stimulates thymocyte proliferation and the release of several interleukin cytokines. These properties have increased interest in targeting IL-1RI for the treatment of inflammatory diseases. Here, an IL-1RI antagonist, K(D)PT (Lys-D-Pro-Thr), was tested in an allergic rhinitis model. The mechanism of action was then investigated.

Methods: HEK293/IL-1RI cells and an allergic rhinitis animal model were treated with K(D)PT to evaluate its therapeutic effects. Fifty nanosecond (ns) molecular dynamic (MD) simulations were performed on the K(D)PT/IL-1RI complex, unliganded IL-1RI, and the IL-1 β /IL-1RI complex to explore the mechanism of action of K(D)PT.

Results: K(D)PT down-regulated the IL-1RI-mediated induction of IL-2 and IL-4 mRNA expression by IL-1 β in HEK293/IL-1RI cells. In addition, nose itching was alleviated in mice treated with K(D)PT. Serum levels of IL-2 and IL-4 as well as

28 eosinophil infiltration were also reduced. The data suggested that IL-1RI was highly
29 expressed in the nasal mucosa of mice with allergic rhinitis. MD simulations revealed
30 the following: (1) IL-1RI remains in the open conformation in the IL-1RI/IL-1 β
31 complex; (2) in unliganded IL-1RI, domains I and III randomly moved closer and
32 apart without any significant energetic changes; (3) K(D)PT locks the C- and N-
33 terminals of IL-1RI by forming hydrogen bonds with both terminals to adopt a closed
34 conformation and consequently minimizes the system energy.

35

36 **Conclusions:** IL-1RI antagonist K(D)PT effectively treated allergic rhinitis. The
37 molecular mechanism of action indicated that K(D)PT connects the C- and N-
38 terminals of IL-1RI via hydrogen bond formation to establish a stable conformation
39 and consequently minimize the system energy of IL-1RI.

40

41 1. Introduction

42 Allergic rhinitis, which causes sneezing, rhinorrhea, and nasal obstruction, is an
43 immune system disorder mediated by IgE in response to exposure to allergens, such
44 as house dust or pollen. Allergic rhinitis results in complications such as sleep
45 disorders, sinus diseases, and asthma flares. Histologically, allergic rhinitis is
46 characterized by a significant increase in eosinophils in the respiratory mucosa and
47 epithelium. Disrupting the balance between TH1 and TH2 cells results in an increased
48 number of eosinophils^{1, 2}. The TH2 cytokine IL-4 induces IgE production,
49 eosinophilia, and the release of eosinophil cationic protein^{1, 3, 4}. H1 anti-histamine
50 agents remain the predominant treatments for allergic rhinitis, for example, cetirizine.
51 The acceptability of these therapeutics is limited by their failure as anti-inflammatory
52 agents⁵. Other treatments, such as neural pathway inhibitors and allergen-specific
53 immunotherapies, either possess severe side effects or are longer, complicated
54 therapeutic options⁶⁻¹⁰. Targeting a single cytokine, such as tumor necrosis factor- α
55 (TNF- α), is an effective strategy for treating inflammatory diseases (for example,
56 rheumatoid arthritis)^{11, 12}, increasing interest in therapies targeting cytokines and
57 chemokines. A challenge in this therapeutic approach is the selection of the

58 appropriate cytokine or chemokine targets because allergic rhinitis can express many
59 cytokines with overlapping functions¹³. Many cytokines are induced when IL-1RI is
60 activated because IL-1RI plays a key role in both innate immunity and inflammation.
61 IL-1RI stimulates thymocyte proliferation, accessory growth factor activity for certain
62 T helper cells, and the release of several interleukin cytokines¹⁴⁻¹⁶. Therefore, IL-1RI
63 is closely associated with allergic diseases, including allergic rhinitis, asthma, and
64 skin inflammation¹⁷. Drugs targeting IL-1 or IL-1R are currently clinically available
65 (for example, Anakinra, IL-1 trap, and Pralnacasan). Anakinra is an IL-1 inhibitor
66 used to treat inflammatory diseases^{18, 19}. However, the short half-life of Anakinra
67 limits its acceptability²⁰.

68 IL-1RI consists of three extracellular immunoglobulin domains that host an innate
69 agonist (IL-1 β), undergo a conformational change, and recruit an IL-1RI accessory
70 protein (IL-1RAcP) to form an active heterodimer²¹⁻²³. The tri-peptide K(D)PT is
71 derived from α -MSH (residues 11-13) by replacing Pro12 with D-Pro, and Val13 with
72 Thr²⁴⁻²⁸. K(D)PT is also associated with the IL-1 β (residues 193-195)²⁹ and exerts
73 anti-inflammatory effects through IL-1RI²⁴⁻²⁸. Dominik Bettenworth and co-workers
74 demonstrated that K(D)PT is effective against intestinal inflammation in a mouse
75 model of chronic enterocolitis³⁰.

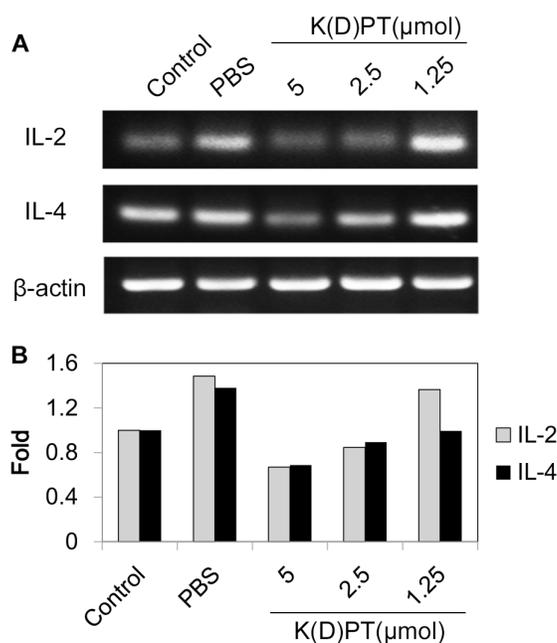
76 We hypothesized that IL-1RI antagonist K(D)PT may exhibit anti-rhinitis activity.
77 To prove this hypothesis, we examined the ability of K(D)PT to antagonize IL-1RI
78 using HEK293/IL-1RI cells and tested the functional activity of K(D)PT in an animal
79 model. MD simulations were performed to determine the binding mode for the
80 K(D)PT/IL-1RI complex. There are two IL-1RI co-crystal structures, IL-1RI with the
81 agonist IL-1 β (Complex A) and IL-1RI with an antagonist³¹ (Complex B). Complex A
82 is structurally open, and Complex B is structurally closed. 50 ns MD simulations were
83 performed on unliganded IL-1RI, the IL-1RI/IL-1 β complex, and the IL-1RI/K(D)PT
84 complex to elucidate the different binding mechanisms of Complexes A and B. These
85 differences may enable the rational design of IL-1RI antagonists.

86

87 2. Results

88 2.1 K(D)PT down-regulates the IL-1RI mediated expression of IL-2 and IL-4

89 T lymphocytes play a pivotal role in the process of airway hyper-responsiveness,
90 which is the main cause of allergic rhinitis and asthma³². The role of T lymphocytes
91 involves the production of various inflammatory cytokines and consequently affects
92 downstream signaling³³. Among these cytokines, IL-2 and IL-4 are considered
93 responsible for T cell resistance in airway inflammation³⁴. Therefore, to elucidate the
94 regulatory effects of K(D)PT on the expression of IL-2 and IL-4, we selected the
95 HEK293/IL-1RI cell line¹⁵, which overexpresses IL-1RI, to perform RT-PCR assays.
96 The mRNA expressions of IL-2 and IL-4 were significantly up-regulated in cells
97 stimulated with 10 ng/ml IL-1 β (Figure 1). K(D)PT significantly down-regulated the
98 mRNA expressions of IL-2 and IL-4 in a dose-dependent manner in HEK293/IL-1RI
99 cells. K(D)PT was most effective at 5 μ mol; 2.5 μ mol K(D)PT had a notable effect,
100 while 1.25 μ mol K(D)PT had little effect.



101

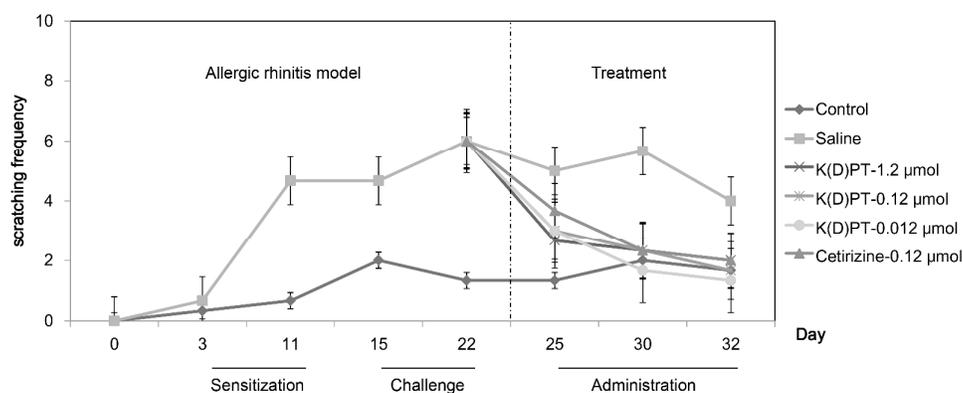
102 Figure 1. K(D)PT down-regulated the IL-1 β -induced mRNA expression of the
103 downstream cytokines IL-2 and IL-4. The cells were treated with K(D)PT at various
104 concentrations for 2 hours and then stimulated with IL-1 β for an additional 2 hours. In
105 the control group, both K(D)PT and IL-1 β were replaced with PBS. In the PBS group,
106 K(D)PT was replaced with PBS. A: mRNA expression of IL-2 and IL-4. B:

107 IL-2/ β -actin and IL-4/ β -actin.

108

109 2.2 K(D)PT alleviates nasal symptoms of mice with allergic rhinitis

110 Nose itching, a major symptom of allergic rhinitis³⁵, results in nose scratching
 111 and causes much discomfort, greatly affecting the quality of life of patients with
 112 allergic rhinitis³⁶. To obtain a mouse model of allergic rhinitis, C57BL/6 mice were
 113 sensitized to OVA via intraperitoneal OVA injection and then challenged with an
 114 intra-nasal dose of OVA. After each treatment, the frequency of nasal scratching was
 115 observed for 5 minutes (Figure 2). Compared with saline-treated mice, the
 116 OVA-treated mice exhibited a significant increase in nasal scratching. K(D)PT
 117 treatment at different doses significantly decreased nasal scratching, whereas saline
 118 had no effect. In addition, the efficacy of K(D)PT was comparable to that of cetirizine,
 119 the second generation antihistamine widely used for treating AR^{37,38}. The effects of
 120 K(D)PT were not substantially affected by different doses and this is in agreement
 121 with previous reports for this compound²⁹. This behavior may mean that the
 122 interaction of K(D)PT and IL-1RI *in vitro* is isolated, but the interaction can be
 123 influenced by many other cytokines *in vivo*.



124

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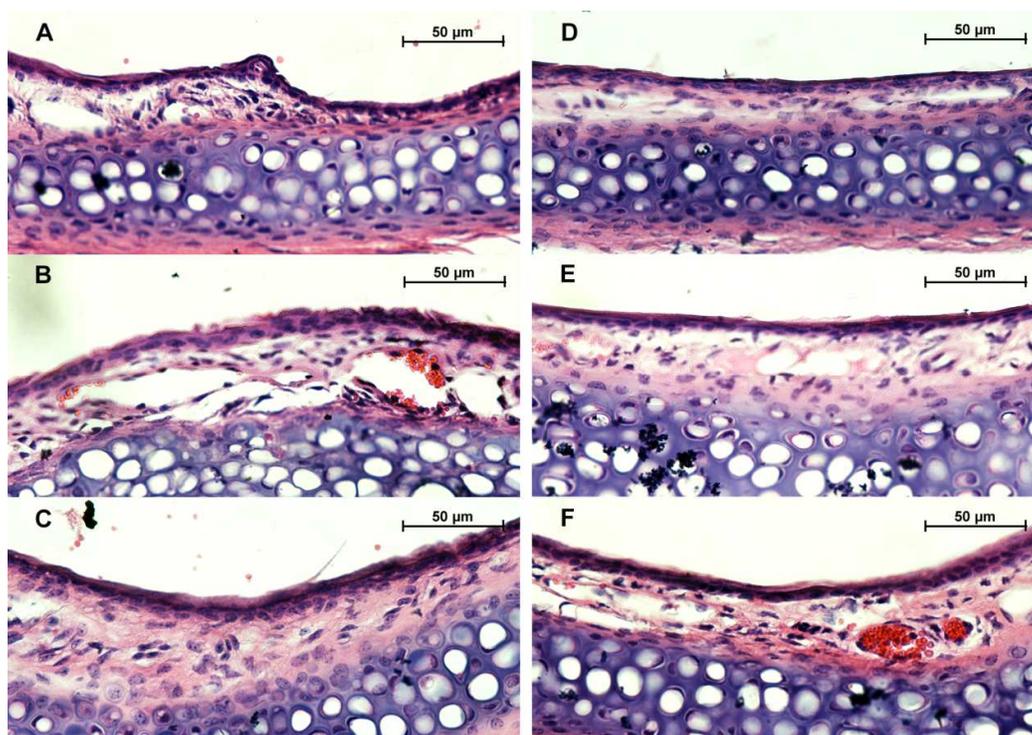
126 Figure 2. K(D)PT prevents the development of nasal scratching. Control: healthy mice
 127 treated with an equivalent volume of saline throughout the experiment. Saline: mice
 128 with allergic rhinitis treated with saline during the treatment period. The experimental
 129 mice were treated with different doses of K(D)PT or cetirizine (n = 5). The data are

130 presented as the mean \pm SE.

131

132 2.3 K(D)PT prevents the infiltration of nasal eosinophilia

133 People with allergic rhinitis experience histological changes in their nasal
134 mucosa, such as varying degrees of inflammatory cell infiltration, solid edema, and
135 epithelial damage. In this study, we assessed the distribution and severity of
136 allergen-induced sub-mucosal eosinophilic infiltration. H&E staining indicated that
137 the membrane of nasal mucosa tissue was intact in the control group (Figure 3). In the
138 mice that were sensitized to OVA, we observed cilia loss and solid edema. In addition,
139 mucosal eosinophil infiltration (bright red staining) was significantly greater in the
140 OVA-sensitized mice than in the control mice. After cetirizine treatment, eosinophil
141 infiltration was significantly alleviated, solid edema was slightly relieved, and cilia
142 loss was recovered. Treatment with 0.12 or 1.2 μmol of K(D)PT improved the
143 morphology of the mucosa tissue by relieving solid edema and decreasing eosinophil
144 infiltration; the low dose of 0.012 μmol of K(D)PT was not sufficient because allergic
145 inflammatory cell infiltration remained, although solid edema was relieved.



146

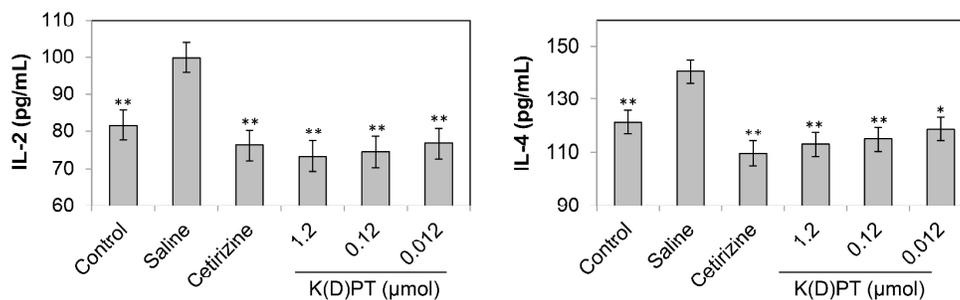
147 Figure 3. Nasal mucosa stained with H&E. Images were obtained using a 400 \times lens.

148 A: Control: healthy mice. B: Negative control: allergic rhinitis model. Mice with
 149 allergic rhinitis treated with saline. C: Cetirizine group: mice with allergic rhinitis
 150 treated with 0.12 μmol of cetirizine as a positive control. D, E, and F: Mice with
 151 allergic rhinitis treated with 1.2, 0.12, or 0.012 μmol of K(D)PT.

152

153 2.4 K(D)PT down-regulates inflammatory cytokines in mouse serum

154 Considering the importance of IL-2 and IL-4 in T cell-mediated inflammation³⁴,
 155 we determined the levels of IL-2 and IL-4 in mouse serum. Serum IL-2 and IL-4
 156 levels were significantly up-regulated in sera from OVA-sensitized mice compared
 157 with normal mice (Figure 4). After treatment with cetirizine or different doses of
 158 K(D)PT, IL-2 and IL-4 levels were notably lower, suggesting that K(D)PT inhibits
 159 inflammation. These data indicate that IL-1RI is involved in inflammatory diseases.



160

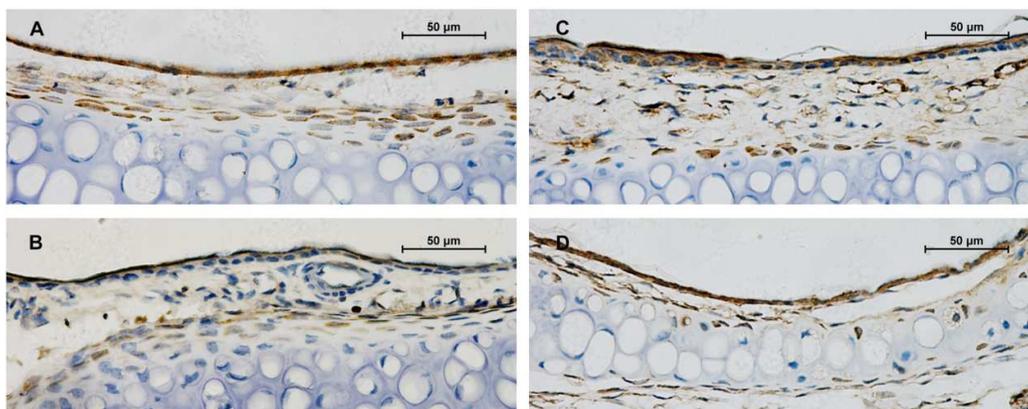
161 Figure 4. K(D)PT down-regulates inflammatory cytokines in mouse serum. Control:
 162 healthy mice. Saline (negative control): mice with allergic rhinitis were treated with
 163 saline during the treatment period after sensitization. Experimental: mice with allergic
 164 rhinitis were treated with different doses of K(D)PT or 0.12 μmol of cetirizine. The
 165 data are presented as the mean \pm SE. Compared with the Saline group: * $P < 0.05$; **
 166 $P < 0.005$; ($n = 5$).

167

168 2.5 IL-1RI is highly expressed in animals with allergic rhinitis

169 Immunohistochemistry was performed to verify IL-1RI expression in the nasal
 170 mucosa of mice after various treatments. K(D)PT decreased IL-1RI expression
 171 (Figure 5). IL-1RI was highly expressed in mice with allergic rhinitis (Figure 5B),
 172 indicating that IL-1RI is a target for the treatment of inflammatory disease. After

173 treatment with 0.12 μmol of K(D)PT or cetirizine daily, IL-1RI expression was
174 significantly reduced in the mice. In summary, K(D)PT exerts anti-inflammatory
175 activity by reducing the expression of IL-1RI under inflammatory conditions.



176
177 Figure 5. K(D)PT reduces IL-1RI expression. IL-1RI is indicated by blue staining in
178 nasal mucosa sections from mice. The images were obtained using a 400 \times lens. A:
179 Blank control: nasal mucosa from healthy mice. B: Negative control: nasal mucosa
180 from mice with allergic rhinitis treated with saline. C: K(D)PT group: nasal mucosa
181 from mice with allergic rhinitis treated with 0.12 μmol of K(D)PT. D: Positive control:
182 nasal mucosa from mice with allergic rhinitis treated with 0.12 μmol of cetirizine.

183

184 2.6 Molecular mechanism of action of K(D)PT as an IL-1RI antagonist

185 Fifty-ns MD simulations on the three systems (unliganded IL-1RI, the
186 IL-1RI/IL-1 β complex, and the IL-1RI/K(D)PT complex) indicated that the backbone
187 RMSD of IL-1RI in the IL-1RI/IL-1 β complex did not undergo notable fluctuations
188 during the entire simulation (Figure 6A). This result is consistent with the snapshots
189 extracted from the MD trajectories. The conformations of the IL-1RI/IL-1 β complex
190 did not undergo major changes (Figure 6B), and the structure remained open.

191 The top-ten docked poses of K(D)PT were chosen as starting points for MD
192 simulations. Ten ns MD simulations demonstrated that one of the ten poses represents
193 stable conformation. Therefore, this pose was used as the starting point to conduct
194 MD simulations. Fifty-ns MD simulation indicated: the backbone RMSD of IL-1RI in
195 the IL-1RI/K(D)PT complex underwent significant change at approximately 3 ns and

196 remained relatively stable after 3 ns. The structure of the IL-1RI/K(D)PT complex
197 remained closed (Figure 6A) during the entire simulation. Initially, IL-1RI formed a
198 pocket (residues 240-264) to host K(D)PT. Hydrogen bonds formed between K(D)PT
199 (Lys and Thr) and IL-1RI (Glu253, Ile244 and Trp237). During the first 5 ns of the
200 simulation, the IL-1RI conformation changed from open to closed (Figure 6B) and
201 remained closed since then. This closed conformation is consistent with the crystal
202 structure (PDB code: 1G0Y) reported by Vigers³¹. Meanwhile, the K(D)PT
203 conformation underwent minor adjustments to accommodate the groove at the
204 C-terminal of IL-1RI (Figure 7). Between 5 and 25 ns in the simulation, the K(D)PT
205 conformation significantly changed; the hydrogen bonds between K(D)PT and IL-1RI
206 (at Trp237 and Asp245) were destroyed, and the Lys residue in K(D)PT flipped to
207 form new hydrogen bonds between K(D)PT (at Lys) and IL-1RI (at Ile244, Glu246,
208 and Glu253) at the C-terminal (Figure 7). Meanwhile, hydrogen bonds formed
209 between the Thr in K(D)PT and Glu2 (at the N-terminal) of IL-1RI (Figure 7).

210 The backbone RMSD of unliganded IL-1RI underwent large fluctuations during
211 the entire simulation (blue curve in Figure 6A). In the absence of ligand, IL-1RI was
212 flexible and capable of recruiting a ligand. The conformation of unliganded IL-1RI
213 randomly switched between open and closed (Figure 6B).

214 Principal component analyses (PCA) of the MD trajectories of the
215 IL-1RI/K(D)PT complex and unliganded IL-1RI identified the most significant
216 motions of the IL-1RI/K(D)PT complex and unliganded IL-1RI. The first two
217 principal components of the IL-1RI/K(D)PT complex accounted for 60.1% and 24.4%
218 of the overall motion; the first two principal components of unliganded IL-1RI
219 accounted for 46.7% and 4.2% of the overall motion. For the IL-1RI/K(D)PT complex,
220 the first component (PCA1) consisted of mainly the closing motion (Figure 8A):
221 domains I and III moved closer to each other. The second component (PCA2)
222 contained several motions (Figure 8B): domains I and III twisted counter-clockwise
223 toward the same plane. To summarize, K(D)PT induced IL-1RI to adopt a closed state
224 by forming hydrogen bonds with domains I and III.

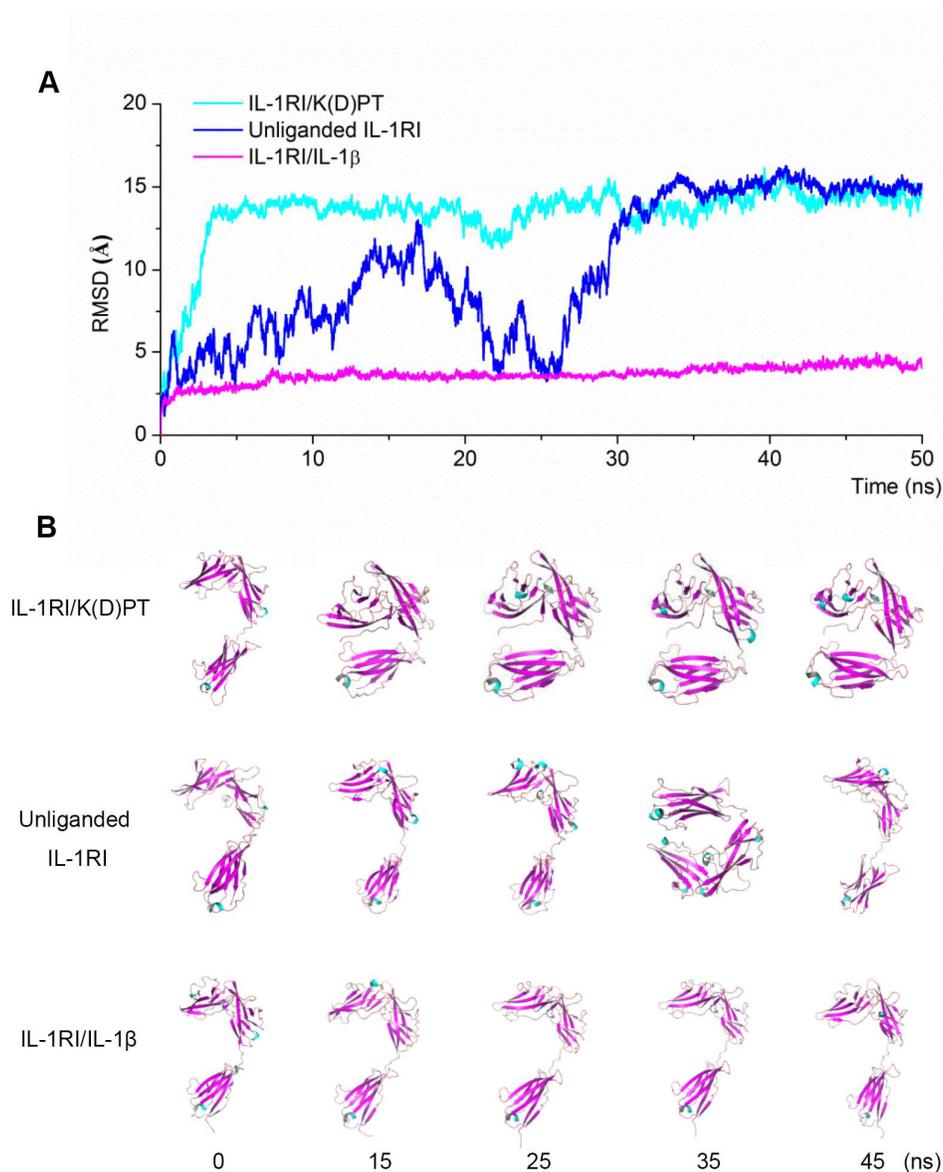
225 In the unliganded IL-1RI system, domains I and III were connected to domain II

226 and randomly moved closer or apart (Figures 8C and 8D).

227 Energy landscape maps for the three systems, IL-1RI/K(D)PT (Figure 9A),
228 unliganded IL-1RI (Figure 9B), and IL-1RI/IL-1 β (Figure 9C), were generated from
229 the 50 ns MD simulations. The energy landscape map of the IL-1RI/K(D)PT complex
230 revealed declining system energy path, starting with a sharp energy decrease of
231 approximately -5 kcal/mol at -25 of PCA1 (equivalent to approximately 25 ns) to
232 approximately -8 kcal/mol at 50 of PCA1 (equivalent to approximately 50 ns) (Figure
233 9A).

234 However, the energy landscape map of unliganded IL-1RI indicated that the
235 system energy remained nearly the same, approximately -6 kcal/mol, during the entire
236 simulation. The system energy evolution path was random (Figure 9B). The
237 IL-1RI/IL-1 β system exhibited similar behavior (Figure 9C).

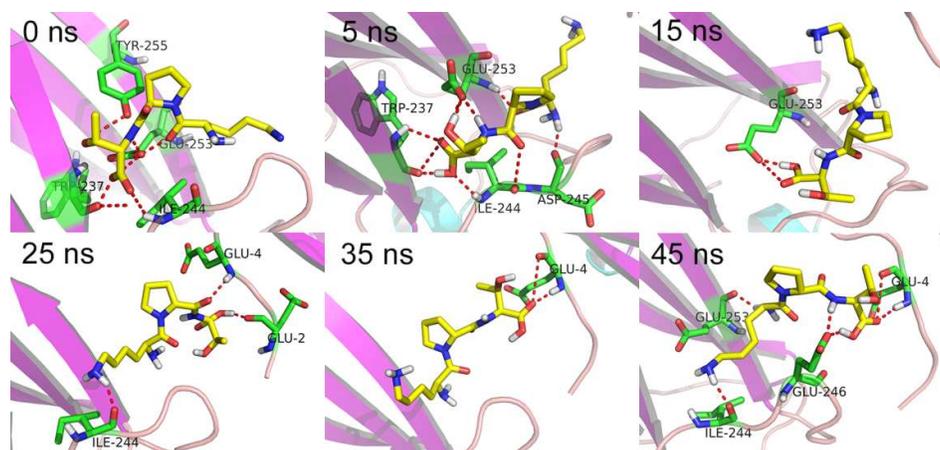
238 The energy landscape analyses further demonstrated that K(D)PT stabilizes the
239 closed conformation of IL-1RI.



240

241 Figure 6. Backbone RMSD curves and conformational snapshots. A: Backbone
242 RMSD curves of the IL-1RI/K(D)PT, unliganded IL-1RI, and IL-1RI/IL-1 β systems
243 generated from the 50 ns MD simulations. B: Snapshots taken from the MD
244 trajectories at different simulation time points to illustrate the conformational changes
245 of the systems. All three simulations were reproduced in differed heating or
246 equilibration protocol.

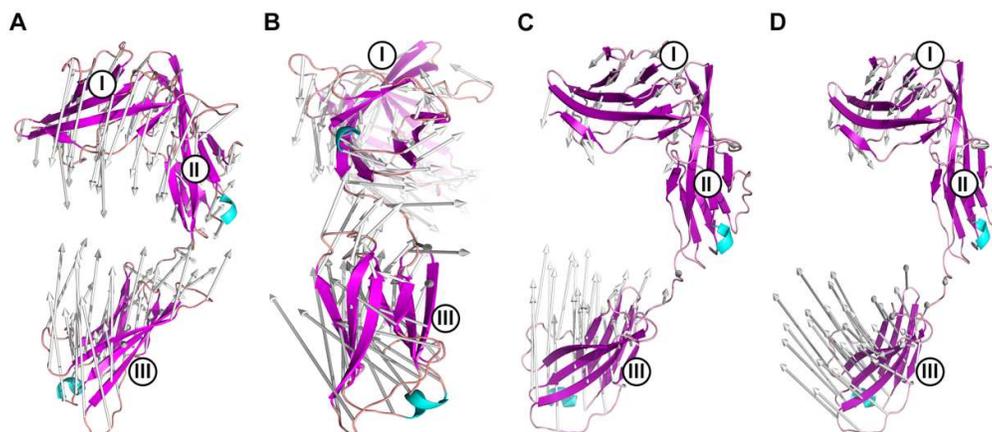
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248

249 Figure 7. Initially, K(D)PT interacts only with C-terminal. After 50 ns MD
 250 simulations, K(D)PT interacts with both C- and N- terminals of IL-1RI via hydrogen
 251 bonds. K(D)PT, the active residues, and the backbone are colored in yellow, green,
 252 and pink, respectively.

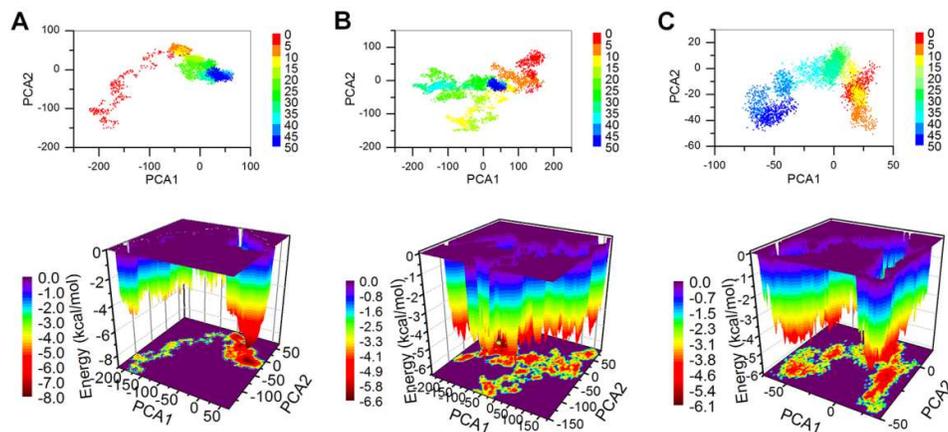
253



254

255 Figure 8. Principal component analyses (PCA) of the MD trajectories of the
 256 IL-1RI/K(D)PT complex and unliganded IL-1RI. A: PCA1 of the IL-1RI/K(D)PT
 257 complex. B: PCA2 of the IL-1RI/K(D)PT complex. C: PCA1 of unliganded IL-1RI. D:
 258 PCA2 of unliganded IL-1RI.

259



260

261 Figure 9. Energy landscape maps for the IL-1RI/K(D)PT, unliganded IL-1RI, and
 262 IL-1RI/IL-1 β systems generated from the 50 ns MD simulations. The top panel
 263 contains projections of the snapshots onto PCA1 and PCA2, showing the motion trail
 264 of the systems. The bottom panel includes the 3D free-energy landscapes, indicating
 265 the temporal change in free energy. A: IL-1RI/K(D)PT complex. B: unliganded
 266 IL-1RI. C: IL-1RI/IL-1 β complex.

267

268 3. Experimental

269 3.1 Ethics statement

270 This study was performed in strict accordance with the recommendations of the
 271 Institutional Animal Care and Use Committee of Sun Yat-Sen University (IACUC,
 272 SYSU). All procedures were approved by the Animal Ethical and Welfare Committee
 273 of Sun Yat-Sen University. All efforts were made to minimize suffering.

274

275 3.2 Cell culture and stimulation

276 HEK293/IL-1RI cells stably expressing IL-1RI¹⁵ were a kind gift from Dr. X. Li
 277 (Cleveland Clinic, OH, USA). The cells were cultured in Dulbecco's modified Eagle's
 278 medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 100 U/ml
 279 penicillin and 100 μ g/ml streptomycin at 37°C in 5% CO₂. For stimulation, the cells
 280 were seeded into 6-well micro-plates. At 80% confluence, the cells were treated with
 281 K(D)PT (Jetway, Guangzhou, China) at the indicated concentrations for 2 hours.
 282 IL-1 β (1 ng/ml) was then added, and the cells were incubated for an additional 2 hours.

283 The cells were then harvested for further analysis.

284

285 3.3 Reverse-transcription PCR

286 Total RNA was isolated using RNAiso Plus (TaKaRa, Dalian, China) according
287 to the manufacturer's protocol. Total RNA (1 μ g) was converted to cDNA using Oligo
288 (dT) 18. cDNA was used to amplify specific target genes by PCR. β -actin was used as
289 the RNA loading control. The PCR products were separated on 1% (w/v) agarose gels
290 and analyzed using an Alpha Imager EP (Alpha Innotech Corp., CA, USA). The
291 following PCR primer sequences were used: β -actin, sense
292 5'-TGGAATCCTGTGGCATCCATGAAA-3' and antisense
293 5'-TAAAACGCAGCTCAGTAACAGTCC-3'; IL-2, sense 5'-
294 TCCAGAACATGCCGCAGAG-3' and antisense 5'-
295 CCTGAGCAGGATGGAGAATTACA-3'; and IL-4, sense 5'-
296 TCGACACCTATTAATGGGTCTCACC-3' and antisense 5'-
297 CAAAGTTTTGATGATCTCCTGTAAG-3'.

298

299 3.4 Animal study

300 Male 4- to 6-week-old C57BL/6 mice were purchased from the Medical
301 Experimental Animal Center of Guangdong province. All animals were housed under
302 Specific Pathogen Free (SPF) conditions at the Laboratory Animal Center of Sun
303 Yat-Sen University. All animal experiments in this study were approved by the
304 Animal Ethical and Welfare Committee of Sun Yat-Sen University.

305 The allergic rhinitis model was developed according to the method published by
306 Hiroko Saito³⁹ with a few modifications. Briefly, after 3 days of adaptive feeding, the
307 mice were sensitized with an intraperitoneal injection of 10 μ g of ovalbumin (OVA,
308 Sigma, St. Louis, USA) in combination with 2 mg of aluminum hydroxide (ALU,
309 Shanghai Chemical Reagent Factory, Shanghai, China) dissolved in saline every
310 second day for a total of 7 injections as a general immunization. The mice in the
311 normal control group were given an intraperitoneal injection of saline on the same
312 schedule. After the general immunization, the mice received daily intra-nasal

313 challenges with 4 μ l of a 10% OVA solution in saline (g/ml) for 10 days (600
314 μ g/day), while the mice in the normal control group received intra-nasal challenges
315 with saline.

316 As a treatment, the sensitized mice received an intra-nasal dose of cetirizine or
317 K(D)PT at different dosages once a day for 10 days. For the control and negative
318 control, an equivalent amount of saline was administered in the same manner.

319

320 3.5 Nasal symptoms

321 To count the number of nasal scratching incidents, all mice were observed for 5
322 minutes after challenge in accordance with the method published by Masanori M.⁴⁰.

323

324 3.6 Cytokine assays

325 Twenty-four hours after the last nasal challenge, blood specimens were collected
326 from the mouse orbit and centrifuged at 2000 rpm for 20 minutes; serum was
327 collected and stored at -70°C. To measure the concentrations of IL-2 and IL-4 in the
328 mouse serum, commercially available ELISA kits (Dakewe Biotech, Beijing, China)
329 were used in accordance with the manufacturer's instructions. Each sample was
330 measured in triplicate.

331

332 3.7 Histological examination

333 To evaluate the infiltration of inflammatory cells into the nasal mucosa,
334 histological examinations were performed according to the method published by
335 Mitsuhiro Okano⁴¹. Briefly, the mice were sacrificed after blood collection, and their
336 heads were removed and fixed in a 10% neutral-buffered formalin solution for two
337 weeks, followed by removal of the nasal mucosa and embedding in paraffin. We then
338 followed the standard procedure for processing biopsy samples with H&E
339 (hematoxylin and eosin) staining. For immunohistochemistry, the samples were
340 deparaffinized and prepared according to standard protocols. IL-1RI was labeled with
341 an IL-1RI antibody (M-20, Santa Cruz, USA) and then detected using a ChemMateTM
342 DAKO EnvisionTM Detection Kit (DAKO, Glostrup, Tokyo, Denmark) with

343 diaminobenzidine staining. Images were acquired on a microscope (Nikon Eclipse 55i,
344 Japan) equipped with a CCD digital camera (Nikon DS-U3, Tokyo, Japan) and
345 analyzed with dedicated Firmware DS-U2 (Nikon, Tokyo, Japan). Constant condenser
346 and light intensity settings were used throughout the imaging process.

347

348 3.8 Statistical analysis

349 The data were analyzed by the unpaired *t*-test using the SPSS software and are
350 presented as the mean \pm SE. P values of less than 0.05 were considered statistically
351 significant.

352

353 3.9 Molecular dynamics simulations

354 The extracellular structure of IL-1RI was obtained from the crystal structure
355 (PDB code: 4DEP)²³. Missing residues (residues 34-35, 44-47, and 224-225 in the
356 loops of IL-1RI; residues 227-242, 268-275, and 297-309 in the loops of IL-1RAcp)
357 were fixed using the homology modeling module of Molecular Operating
358 Environment 2012.10 (MOE, Chemical Computing Group Inc. Montreal, Canada). To
359 study the impact of K(D)PT on IL-1RI, three systems were constructed. In the first
360 system, K(D)PT was docked into the loop between two β strands (fragment 240-264)
361 located in the third Ig-like domain of IL-1RI using the dock module of MOE⁴². The
362 ligand coordinates were taken from docking result. The structure of K(D)PT was
363 subjected to geometric optimization using the HF/6-31G(d) basis set from Gaussian
364 09⁴³. The second system consisted of IL-1RI only, and the third system contained
365 IL-1RI and its endogenous ligand, IL-1 β .

366 GPU-based^{44, 45} MD simulations were performed using the PMEMD module in
367 AMBER 12⁴⁶. The partial atomic charges of the ligands were calculated in the
368 Gaussian 09⁴³ program using the Hartree-Fock method with the 6-31G(d) basis set.
369 The antechamber program was then used to fit the restricted electrostatic potential
370 (RESP) and to assign the GAFF force field parameters⁴⁷. For the proteins, the
371 AMBER ff12SB force field was used^{48, 49}. The ligand-receptor complexes were
372 neutralized by adding sodium/chlorine counter ions and were solvated in an

373 octahedral box of TIP3P⁵⁰ water molecules with solvent layers of 10 Å between the
374 box edges and the solute surface. The SHAKE^{51,52} algorithm was used to restrict all
375 covalent bonds involving hydrogen atoms with a time step of 2 femtoseconds (fs).
376 The Particle-mesh Ewald (PME) method⁵³ was applied to treat long-range
377 electrostatic interactions.

378 For each ligand-receptor system, three steps of minimization were performed
379 before the heating step. First, all atoms in the receptor-ligand complex were restrained
380 with 50 kcal/(mol·Å²), whereas the solvent molecules were not restrained. This step
381 included 2,000 cycles of steepest descent minimization and 2,000 cycles of
382 conjugated gradient minimization. Second, all heavy atoms were restrained with 10
383 kcal/(mol·Å²) during the minimization steps, which included 2,500 cycles of steepest
384 descent minimization and 2,500 cycles of conjugated gradient minimization. The third
385 step included 5,000 cycles of steepest descent minimization and 5,000 cycles of
386 conjugated gradient minimization without restraint.

387 After the energy minimizations, the whole system was first heated from 0 to 300
388 K in 50 picoseconds (ps) using Langevin dynamics at a constant volume and then
389 equilibrated for 400 ps at a constant pressure of 1 atm. A weak constraint of 10 kcal/
390 (mol·Å²) was used to restrain all heavy atoms in the receptor-ligand complexes during
391 the heating steps. Finally, periodic boundary dynamic simulations were conducted on
392 the whole system with an NPT (constant composition, pressure, and temperature)
393 ensemble at a constant pressure of 1 atm and 300 K in the production step. Each
394 receptor-ligand solution complex was simulated for 50 ns. The coordinates of each
395 system were saved every 10 ps. The root-mean-square deviations (RMSDs) of the
396 original receptors in the complexes were calculated.

397

398 3.10 Principle component analysis

399 Principle component analysis (PCA)⁵⁴ was utilized to ascertain the collective
400 motions of each system using the positional covariance matrix C of the atomic
401 coordinates and its eigenvectors. The elements of the positional covariance matrix C
402 were defined by Eq. (1):

403
$$C_{ij} = \langle (x_i - \langle x_i \rangle)(x_j - \langle x_j \rangle) \rangle \quad (i, j = 1, 2, 3, \dots, 3N) \quad (1),$$

404 where x_i is the Cartesian coordinate of the i^{th} C_{α} atom, N is the number of C_{α} atoms
405 being evaluated, and $\langle x_i \rangle$ represents the time average over all configurations obtained
406 in the simulation. The eigenvectors of the covariance matrix, V_k , obtained by solving
407 $V_k^T C V_k = \lambda_k$ represent a set of $3N$ -dimensional directions or principal modes along
408 which the fluctuations observed in the simulation are uncoupled with respect to each
409 other and can be analyzed separately.

410

411 3.11 Energy landscape analysis

412 The energy landscapes of the proteins during the conformational changes were
413 obtained using an appropriate conformational sampling method. Conformations
414 produced by the MD simulations were used for the energy analysis in this study. A
415 covariance matrix of C_{α} was generated and used to analyze 3 eigenvectors to obtain
416 modes for each eigenvector. After calculating the 3 eigenvectors, snapshots were then
417 projected onto these eigenvectors in an additional sweep through the trajectory. In a
418 scatter diagram based on the two eigenvectors, the energy decreased as the intensity
419 of the projections increased. Thus, to obtain a three-dimensional (3D) representation
420 of the energy landscape, we divided the “scatter diagram” into $N \times N$ gridding and
421 calculated the distribution probability of each grid. The energy landscape was then
422 obtained using Eq. (2).⁵⁵⁻⁵⁷

423
$$G(x) = -k_B T \ln P(x) \quad (2),$$

424 where k_B is the Boltzmann constant, T is the temperature of the simulation, and $P(x)$ is
425 the distribution probability. The energy surface was further smoothed using a
426 Gaussian kernel function, and the graphic views were generated using Origin 8.

427

428 4. Conclusion

429 Using HEK293/IL-1RI cellular assays and animal models, we determined that
430 IL-1RI antagonist K(D)PT exhibits anti-rhinitis activity. At the cellular level, K(D)PT
431 down-regulated the IL-1 β -mediated induction of IL-2 and IL-4 mRNA expression. In
432 a mouse model, K(D)PT suppressed the inflammation-induced increase in serum IL-2

433 and IL-4. In addition, K(D)PT alleviated nose itching, mucosal eosinophil infiltration,
434 and solid edema in mice with allergic rhinitis.

435 Based on the 50 ns MD simulations, the following molecular mechanism of
436 action of K(D)PT as an IL-1RI antagonist can be proposed: (1) in the IL-1RI/IL-1 β
437 complex, IL-1RI is in the open conformation; (2) in unliganded IL-1RI, domains I and
438 III randomly move closer or apart without significant energetic changes; (3) K(D)PT
439 induces IL-1RI to adopt a closed conformation by forming hydrogen bonds with
440 domains I and III. The closed conformation significantly reduces the system energy.
441 These findings provide novel avenues for the rational design of IL-1RI antagonists.

442

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449

450 **6. Competing Interests**

451 The authors declare no competing financial interest.

452

453 **7. Author's Contributions**

454 The main concepts, experiment design, manuscript writing: CJL. Cell experiment:
455 CJL and YLL. Animal experiment: CJL, LJC, GDZ, YR and QH. Molecular dynamics
456 simulation and data analysis: CJL, HG, ZZZ, and BC. Revising and Submitting the
457 manuscript: QG and JX.

458

459

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