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Emerging investigator series: identification and transformation of per/polyfluoroalkyl substances (PFASs) in residential wastewater and effluent from alternative treatment systems†

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Onsite wastewater treatment systems (OWTSs) are designed for the removal of pathogens and nutrients from septic effluent. However, many other contaminants are widespread in wastewater including pharmaceuticals, personal care products, and other trace organic chemicals. We analyzed per/polyfluoroalkyl substances (PFASs) in residential septic effluent and investigated their fate in nitrogen-removing biofilters (NRBs), an innovative and alternative type of OWTS. We measured concentrations of 22 targeted PFASs in septic effluent pre- and post-NRB treatment in nine residential OWTSs. We measured total PFAS in septic effluent ranging from 42 to 9795 ng L⁻¹ and in NRB effluent ranging from 72 to 2575 ng L⁻¹, corresponding to estimated effluent loads of 39 to 1423 mg PFASs per household per year. Perfluoroalkyl carboxylates (PFCAs) were generally enriched in NRB effluent *versus* influent while perfluoroalkyl sulfonates appeared to be partially removed during NRB treatment. Grab sampling results were highly variable but passive sampling (microporous polyethylene tubing containing WAX sorbent) consistently showed greater PFAS levels post-NRB treatment. High-resolution mass spectrometry screening of composited grab samples using two different workflows (suspect screening and untargeted analysis with ion mobility spectrometry) resulted in tentative identifications of 40 additional PFASs not included on the target list. The average mass defect of features identified as potential PFASs was significantly lower ($p = 0.014$) in post-NRB samples. This, along with increasing concentrations of PFCAs in effluent, suggested transformation of precursors to end products with greater fluorinated character in the NRB.

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Environmental significance

Per/polyfluoroalkyl substances (PFASs) are highly persistent water pollutants that are now ubiquitous in global water resources. Some PFASs (such as perfluorooctanoate (PFOA) and perfluorooctane sulfonate (PFOS)) are known to be toxic and bioaccumulative. Municipal wastewater is a known source of PFASs but the role of decentralized residential septic systems as sources of PFASs has not been described in detail. This study reports on the occurrence of known and tentatively-identified novel PFASs in residential wastewater, demonstrating the use of three different analytical workflows for PFAS characterization in environmental samples. Further, our data suggest the likely transformation of PFAS precursors to more highly fluorinated products such as perfluoroalkyl acids in nitrogen-removing biofilters used as post-septic treatment, consistent with literature describing municipal treatment facilities.

1. Introduction

Per/polyfluoroalkyl substances (PFASs) are highly persistent pollutants linked to numerous adverse health effects in humans

and wildlife.^{1,2} Due to their widespread applications and recalcitrance, PFASs are ubiquitous in the environment. There are numerous household sources of PFASs including textiles,^{3,4} food packaging,⁵ and personal care products,^{3,6,7} raising concerns about residential wastewater contributions of PFASs to water resources.^{8,9} PFASs have been detected in all corners of the world and are often detected in groundwater and private drinking water wells.^{8,10,11} With drinking water as one of the major routes of human PFAS exposure,¹² there is marked interest in reducing PFAS loads to aquifers.^{13,14}

PFASs have been detected in municipal wastewater treatment plants (WWTPs) around the world^{15–19} with reports of total PFASs in treated effluent ranging from 15–1500 ng L⁻¹,²⁰ well above recent US EPA maximum contaminant levels (MCLs).

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Levels of perfluorinated alkyl acids (PFAAs) often increase as a result of wastewater treatment as they are generated *via* precursor (pre-PFAA) transformation.^{16,20,21} In traditional targeted analyses, the majority of pre-PFAAs are overlooked due to the lack of available reference standards and poor amenability of some pre-PFAAs to traditional analytical methods.²² Total pre-PFAA levels can be inferred using the total oxidizable precursor (TOP) assay,²³ which pairs targeted LC-MS/MS analysis with sample oxidation, which is expected to break down the majority of precursors to measurable PFAAs. These methods can help to determine total amount of PFASs present in samples, though in most cases the specific structures remain unknown.^{24–26} Extractable organofluorine (EOF) typically does not vary greatly between wastewater influent and effluent, though observations have shown the percentage of explained organofluorine to increase in effluent, providing additional evidence of likely transformation of unidentified pre-PFAAs.²⁷

Despite 25% of the United States population being served by onsite wastewater treatment systems (OWTSS) rather than municipal WWTPs, knowledge is lacking concerning the occurrence and fate of trace organic compounds (TOCs) such as PFASs in these systems. In traditional OWTSS, raw wastewater flows from a home, business, or small cluster of buildings to a septic tank where solids settle and decompose over time. Effluent then flows into a drain field or cesspool and is dispersed into the receiving soil environment. Subedi *et al.* (2015) measured PFASs in septic tank effluent (ND – 99 ng L⁻¹) with high detection frequencies, indicating that PFASs are introduced to the environment *via* residential use.²⁸ However, collecting representative samples from highly variable, household-specific systems is challenging.²⁹ Grab samples from OWTSS provide only a snapshot of wastewater fluctuations at a given time. Furthermore, grab sampling for influent and effluent are often done on the same day, which does not account for the residence time of the treatment system.³⁰ Passive sampling has been demonstrated to monitor pharmaceuticals, pesticides, hormones, and PFASs in wastewater and groundwater.^{11,31–33} Kinetic passive samplers consist of a stationary phase in which compounds of interest can accumulate on the order of weeks, providing a means to determine a time-averaged TOC abundance over a given deployment period.³¹ They offer improved sensitivity and typically result in more representative samples in highly variable systems, making them a promising tool for monitoring PFASs and other TOCs in OWTSS.

Significant efforts have been underway to reduce nutrient loads to surface waters on Long Island (NY) using innovative and alternative OWTSS (I/A OWTSS); however, information is limited with respect to the fate of TOCs in I/A OWTSS. PFASs have been detected in Long Island groundwater which feeds municipal drinking water treatment facilities for residents,^{34,35} and despite the presence of more than 350 000 OWTSS across Suffolk County,³⁶ the role OWTSS play in contributing PFASs to groundwater has yet to be directly assessed. One type of I/A OWTSS being evaluated on Long Island is the nitrogen removing biofilter (NRB), a soil-based treatment unit designed to remove reactive nitrogen from septic tank effluent.^{30,37,38}

While NRBs have been studied primarily for the purpose of nitrogen removal, they are also reported to remove some TOCs including several pharmaceuticals and 1,4-dioxane.^{37,39,40} In this study, we investigated the presence and fate of PFASs in nine residential NRBs and estimated PFAS loads entering groundwater from OWTS effluent to inform future OWTS development.

2. Materials and methods

2.1 Sample collection

2.1.1 NRB influent and effluent grab sampling. Wastewater grab samples were collected from eleven I/A OWTSS across Suffolk County (NY) during June ($N = 9$) and October–November ($N = 8$) of 2022, numbered as sites 1–11. Sites 2 and 10 were omitted from analysis as they were not NRB systems. The nine NRBs sampled here were evenly split among three types of NRBs: (i) lined, (ii) unlined, and (iii) woodchip box systems. Detailed descriptions of these three configurations can be found in Gobler *et al.* (2021).³⁷ In all three NRB configurations, wastewater from septic tanks is delivered to the surface of the NRB *via* a subsurface drain field. In unlined NRBs, NRB drainfields discharge to a 46 cm sand bed that lies above a 46 cm layer of sand and woodchips (50 : 50 v : v).³⁷ The lined configuration includes a liner encasing the sand : woodchip layer to maintain saturation, and the woodchip box system consists of a sand layer which flows into a woodchip-containing box prior to dispersal.³⁷ Sites 1, 3, and 5 were lined NRBs; sites 4, 6, and 7 were woodchip box systems; sites 8, 9, and 11 were unlined NRBs.

Grab samples were collected using a peristaltic pump from the septic tank effluent (NRB influent) and NRB effluent reservoirs at each site. Samples were collected directly into clean, pre-labeled 15 mL polypropylene centrifuge tubes. Field blanks of deionized water were passed through the sampling pump and collected on each sampling date during the October–November 2022 sampling trip for a total of three field blanks. One set of duplicate samples was also collected during each October–November sampling trip for a total of three field duplicate samples. Neither field blanks nor duplicates were collected during June 2022 sampling. All collected samples were stored at -30 °C until extraction.

2.1.2 Microporous polyethylene tube passive sampling. Passive sampling was completed at the site with the greatest number of PFAS detections in grab samples (site 3). Passive samplers were prepared following methods described by Kaserzon *et al.*¹¹ Briefly, microporous polyethylene tubes (mPEs) were filled with 400 mg of Septra-ZT WAX sorbent (Phenomenex) and conditioned with methanol (Fisher) for 24 hours followed by conditioning with Optima LCMS-grade water (Fisher) for 48 hours. The mPEs were deployed at site 3 during October to November of 2022 for six weeks. Kaserzon *et al.*¹¹ previously demonstrated linear uptake of PFASs in mPEs packed with weak anion exchange sorbent for up to 83 days, therefore we expected linear uptake of PFASs over the six-week deployment period. Six mPEs were suspended by stainless steel wire in the septic tank and six in the NRB effluent reservoir of the NRB (12 total mPEs). Duplicate samplers were retrieved from both influent and



effluent every two weeks for a total of three retrieval events. Field blank mPEs ($n = 3$) submerged in LCMS-grade water were brought into the field and uncapped during each sampler retrieval. Two laboratory blank mPEs and all field blank mPEs were extracted alongside field-deployed mPEs. Grab samples (NRB influent, effluent, and field blanks) were also collected at four timepoints over the course of the mPE deployment. Grab samples were collected by dipping open 15 mL polypropylene tubes directly into the septic tank and effluent reservoirs to better mimic the mPE exposure without the use of the peristaltic pump. Polypropylene centrifuge tubes filled with Milli-Q water were brought into the field during sampler retrieval to serve as grab sampling field blanks.

2.2 Sample extraction

2.2.1 Extraction of water samples. Grab samples were extracted following a modified version of EPA draft method 3512, solvent dilution for non-potable waters.⁴¹ Wastewater collected in 15 mL polypropylene tubes was thawed and transferred to 50 mL polypropylene centrifuge tubes. Sample containers were weighed before and after sample transfer to determine sample volume. Each 15 mL tube was rinsed $3 \times$ with 5 mL aliquots of methanol, pouring the rinsate into the 50 mL sample tube for a final volume of approximately 30 mL of 1 : 1 water : methanol. Each sample was spiked with 0.2 ng ($2 \mu\text{L}$) of a mixture of 23 mass-labelled PFASs (Wellington Laboratories, Table S1†), vortexed for two minutes, then centrifuged at $1400 \times g$ for 20 minutes to remove suspended particulates. The resulting supernatant was filtered with $0.2 \mu\text{m}$ polyether sulfone (PES) membrane syringe filters and concentrated to near-dryness under nitrogen. Final samples were reconstituted with 300 μL of 0.1% v/v acetic acid in 1 : 1 water : methanol. Injection standard (0.2 ng M4PFOA) was added to each sample right before analysis. Laboratory extraction blanks and matrix spikes were prepared in triplicate using LCMS-grade Optima water as the matrix match. Average matrix spike recoveries of all target PFASs fell between 68 and 135%. Matrix spike recoveries and laboratory blank concentrations are detailed in Table S1 and Fig. S1.†

2.2.2 Extraction of passive samplers. The mPEs were extracted following methods described by Kaserzon *et al.*¹¹ After retrieval, mPEs were gently rinsed with LCMS-grade water to remove particulate matter from the mPE surface and placed into clean 15 mL polypropylene tubes. Four ng ($4 \mu\text{L}$) of mass-labelled PFASs (Table S1†) were spiked onto the surface of each sampler and allowed to equilibrate for 30 minutes. PFASs were extracted by pipetting 4 mL of methanol into the 15 mL tube, submerging the sampler, and sonicating for 20 minutes. The extract was transferred to a clean polypropylene centrifuge tube and the extraction was repeated two more times, for a total of 12 mL of extract per sampler which was then concentrated to near dryness under nitrogen. Extracts were reconstituted in 1 : 1 water : methanol, and injection standard (4 ng M4PFOA) was spiked into each prior to analysis.

2.2.3 Relative sampling rates of mPEs. To derive estimated water concentrations from PFAS mass accumulated in mPEs,

the mass of each PFAS (ng) in each sampler was divided by the total volume of water estimated to be sampled by the mPE. This volume was determined based on average sampling rates (mL d^{-1}) from Kaserzon *et al.*¹¹ The average sampling rate was multiplied by number of days deployed to estimate the volume of water sampled.

Due to differences in NRB influent and effluent water quality, there was concern that passive sampling rates may be significantly different in influent and effluent, potentially posing a challenge in direct comparisons of influent and effluent concentrations. To evaluate relative mPE sampling rates in influent and effluent, we also analyzed sucralose and ibuprofen signals in the mPEs. Sucralose is a known conservative tracer in wastewater studies^{42,43} while ibuprofen is expected to be effectively removed.⁴⁴ Given that mPEs should represent time-averaged concentrations, we reasoned that sucralose would be expected to remain at similar levels in influent and effluent mPEs, while ibuprofen would decrease from influent to effluent, assuming that sampling rates were similar in both groups of samplers. Extracted peak areas of sucralose and ibuprofen were normalized to the mass-labeled PFASs with the closest retention time to minimize analytical matrix effects, as we did not spike labeled analogs for sucralose and ibuprofen prior to extraction.

2.3 Data acquisition and analysis

2.3.1 Quantitative analysis of targeted PFASs. All mPEs and the first set of grab samples (June 2022) were analyzed on an Agilent 6545 quadrupole time of flight (QTOF) mass spectrometer coupled to an Agilent 1290 liquid chromatograph (LC). All remaining grab samples (Oct–Nov 2022) were analyzed on the same LC model with an Agilent 6560 ion mobility QTOF mass spectrometer. A binary gradient of (A) 10 mM ammonium acetate in water and (B) methanol ramped from 5% to 95% organic was used to separate analytes in all analyses. Analytes were separated on an Agilent Poroshell C-18 column ($100 \text{ mm} \times 3 \text{ mm}$, $4.0 \mu\text{m}$) with a C-18 guard column (Phenomenex) preceded by two diol cartridges (Agilent Technologies). A PFC delay column (Agilent Technologies) was installed in the binary pump to minimize interference from PFAS background in the mobile phase. All data used for quantitative analysis was collected in data independent acquisition (DIA) mode (Table S2†). All samples were quantified by isotope dilution. The quantitation method included 26 PFASs including 11 PFCAs, 11 linear and branched perfluoroalkyl sulfonates (PFASs), and 4 fluorotelomer sulfonates (FTSs) (listed in Table S1†).

The limit of quantitation (LOQ) was defined for each analytical run by choosing the greater value between (i) the lowest calibration point falling within $\pm 30\%$ of its known value and having an $S/N \geq 10$ or (ii) the field blank average concentration plus three times the standard deviation. LOQs for grab samples (Table S1†) ranged from 0.74 ng L^{-1} (PFOS and PFHxS in all grab samples) to 282 ng L^{-1} (PFOS in site 3 grabs taken during mPE sampling). LOQs in mPEs ranged from 0.02 ng per sampler for several PFASs to 50 ng per sampler for 6 : 2 FTS.



Values below the detection limit (<DL; no peak observed with S:N > 10:1) were replaced with 0 and values <LOQ were replaced with LOQ/2 in all visualizations and calculations. All calibration curves were linear with 1/x weighting and included at least four calibration points except PFDS in one instance (June grab samples). All LOQs and calibration curve statistics are in Table S1.† Chromatographic peaks outside of ±0.20 minutes of expected retention time or ±10.0 ppm mass error were rejected and defined as <DL. Analytes with detection frequency <50% for a given sample set (e.g., all grab samples, site 3 grab samples, passive samplers) were excluded from further analysis, interpretation, and visualizations unless otherwise noted. Raw, uncensored concentrations for all grab samples are provided in Table S3.† Two data points were extrapolated based on the calibration curve as their measured concentrations were greater than the highest calibration level (site 3 (PFBA) and site 5 (6:2 FTS) influent, June 2022).

The first set of grab samples (June 2022) was not analyzed with a calibration curve, thus were quantified using a representative calibration curve from a separate batch. Samples could not be re-analyzed with a curve as sample volume was limited. The external quantitation was validated by determining the accuracy of method spikes that were analyzed with the June 2022 grabs. The average method spike recoveries (Table S1†) fell within 60–140% for all compounds. Field blanks were not collected alongside the first set of grab samples, therefore field blank LOQs determined from the October–November grab samples were used for the June grab samples. All remaining sample batches were analyzed in the same analytical run as a calibration curve.

2.3.2 Suspect screening and nontarget analysis. Composites of grab sample influent and effluent were analyzed using the Agilent 6560 ion mobility-QTOF to screen for PFASs not included on the target analyte list. Composite samples were prepared by combining equal volumes of each influent extract and effluent extract into respective influent and effluent vials to maximize identification coverage with limited extract volume. Samples were analyzed in triplicate in each of two different analytical workflows (Table S2†). Nontarget analysis of passive sampler extracts was not performed here, but is described in

another study.⁴⁵ The LC method was the same as used in previously described analyses.

First, data was acquired for mass-to-charge (m/z) ratios between 100 and 1700 Da using data-dependent acquisition (DDA) to collect MS/MS fragmentation spectra for the two most abundant ions per cycle at three collision energies (0, 15, and 35 eV). In a second injection, samples were analyzed using All Ions mode with 4 bit multiplexing, without fragmentation, and the drift cell was turned on for ion mobility spectrometry (IMS) to collect drift time measurements for all features with m/z 55–1700 Da. To convert drift times to collision cross section (CCS), a CCS calibration file was acquired with identical MS parameters at the beginning of the analytical run, using a QTOF LC/MS ESI tuning mix (Agilent Technologies).

Suspect screening was completed following the workflow outlined in Fig. 1. Samples were binned into their respective groups (influent, effluent, blanks) and features were matched using formulas listed in the NORMAN S89 PFAS database⁴⁶ in MassHunter Profinder software. Suspect screening matches were filtered as follows: ion count >2, mass error <10.0 ppm, retention time (RT) alignment across sample files within 0.5 minutes, peak height >1000, and detection in 3/3 triplicate injections for at least one sample type (e.g., influent). Resulting peaks were then subject to RT filtering. Data from all target analytes was used to establish a linear relationship between m/z and RT. Predicted RTs were then calculated for each m/z based on the observed relationship and compared to the observed RTs. Because all PFAS standards fell within 4.0 minutes of the line of best fit, ±4.0 minutes was considered a reasonable threshold for differences between predicted and observed RTs. Suspect matches with RTs outside of the predicted value ±4.0 minutes were discarded. Suspects with sample peak areas <10× the average peak area in field blanks were also discarded. The remaining identifications were subject to structural elucidation by fragmentation (MS/MS) analysis when possible and identification confidence levels were assigned as recommended by Charbonnet *et al.* (2022).⁴⁷

Data acquired with the second approach (All Ions with drift time measurements) were processed using Agilent Mass Profiler and FluoroMatch IM to prioritize potential PFASs based on



Fig. 1 Qualitative data analysis workflow. Data were acquired using two approaches, data-dependent acquisition (DDA) and ion mobility QTOF-MS for nontarget analysis (NTA).



homologous series detection. Data processing details are described in the Text S1.† Similarly to suspect screening, suspected PFASs were required to have a signal greater than 10× the field blank average and be present in 3/3 of the replicate injections. An *m/z* vs. CCS filter was then applied to filter out features unlikely to be PFASs. Similar approaches have been demonstrated by Foster *et al.* 2022 and Kirkwood-Donelson *et al.* 2023, where an upper threshold was defined to prioritize likely PFASs in CCS vs. *m/z* space. Here, a CCS vs. *m/z* linear relationship was first determined for target PFASs (Fig. S2†). CCS values for the remaining extracted features were then compared to values predicted based on the observed relationship. It was determined that 96% of FluoroMatch IM library values (*n* = 194) fell within a ±10% deviation of the linear regression, thus ±10% of the predicted value was considered an appropriate range for CCS values of likely PFASs, and these features were retained for further characterization. Confidence levels for all PFASs identified by suspect and nontarget analysis were assigned based on the PFAS Confidence Scale⁴⁷ and are reported in Table S4.†

3. Results and discussion

3.1 Concentrations and composition of PFASs in wastewater across nine NRBs

The average effluent discharge from OWTs was estimated to be 1.07 mg PFAS per household per day, or 390 mg per household per year based on discharge of 400 gallons (1514 L) of water per day (average household use in the United States (US EPA, 2017)). Of 26 targeted PFASs, 22 were detected in at least one grab sample and 19 were detected in at least one influent/effluent pair (Table S5†). Six of these PFASs were >DL but never measured >LOQ. Concentrations of the 11 frequently-detected (DF >50% in influent and/or effluent samples) PFASs are in Table 1. PFCAs were generally the most abundant PFAS subclass contributing to total wastewater loads, with average percent contributions of 46 ± 40% in influent and 58 ± 36% in effluent samples. Median concentrations of most PFCAs (5 out of 7 in Table 1) were higher post-NRB, which is consistent with numerous WWTP studies, including one Australian study in

which both average and median concentrations of C6–C11 PFCAs increased during treatment.¹⁷ Increasing PFCAs are often indicative of transformations of pre-PFAAs during treatment,^{16,27} though grab sampling itself also likely contributes to this variability.⁴⁸ Detection frequencies of the majority (9 out of 11) of frequently detected PFASs were greater in effluent, consistent with several other studies of PFASs in municipal WWTPs,^{15,17,19,49} providing additional evidence suggesting pre-PFAA transformation across systems.

Short-chain PFAAs (PFHxA, PFHpA, and PFBS) were >DL in 100% of effluent samples (*n* = 17), as were long-chain PFOA and PFOS. PFBA and PFHxA were the most frequently detected PFASs in influent samples (100% and 94%, respectively), followed by PFOA (DF = 81%) and PFOS (DF = 75%). Studies of municipal WWTPs in China,⁵⁰ Australia,¹⁹ and Canada¹⁵ also observed frequent detection of PFBA, PFHxA, PFHpA, PFOA, and PFOS, and these PFAS are frequently detected in consumer products.⁴

Median PFAS concentrations in effluent from this study were similar to average concentrations measured in effluent collected from six municipal WWTPs discharging into San Francisco Bay in Fall 2014 (avg = 111.8 ng L⁻¹),²¹ and the contribution of short-chain PFCAs (<C8) was higher here (96%; median) than average short-chain contributions in some previous studies (37%,⁵¹ 45%,¹⁹ 59%,²¹ 64%¹⁷), possibly reflecting continued effects from the phase-out of longer-chain PFASs.²¹ Median influent and effluent concentrations reported here were also fairly similar to those reported for 19 Australian WWTPs by Coggan *et al.*¹⁷ and for 27 Canadian WWTPs in 2021 by Gewurtz *et al.*,¹⁵ showing agreement in relative concentrations to WWTPs.

3.2 Changes in PFAS mixture composition during NRB treatment

Maximum concentrations at individual sites were much greater than typical municipal WWTP studies. The largest individual contributors were 6:2 FTS (47%) and PFBA (25%) and the remaining PFASs in NRBs each accounted for less than 10% of total effluent concentrations, despite municipal WWTP studies

Table 1 Concentrations (ng L⁻¹) of PFASs with detection frequencies ≥50% in two sets of wastewater grab samples (influent *n* = 16, effluent *n* = 17). Summary data for other PFASs are in Table S5

	Influent concentration (ng L ⁻¹)			Effluent concentration (ng L ⁻¹)			Detection frequency	
	Median	Minimum	Maximum	Median	Minimum	Maximum	Influent	Effluent
PFBA	29	4.6	8400	20	<DL	1800	100%	94%
PFPeA	3.7	<DL	89	15	<DL	89	63%	94%
PFHxA	14	<DL	78	21	2.0	96	94%	100%
PFHpA	0.8	<DL	160	25	0.5	25	69%	100%
PFOA	6.7	<DL	65	7.6	6.9	46	81%	100%
PFNA	0.4	<DL	8.8	0.7	<DL	8.5	56%	53%
PFDA	<DL	<DL	69	<DL	<DL	360	44%	53%
PFBS	0.3	<DL	850	5.2	0.4	170	56%	100%
L-PFHxS	0.5	<DL	130	2.0	<DL	14	69%	94%
L-PFOS	2.1	<DL	1400	2.0	0.4	420	75%	100%
6:2 FTS	58	<DL	3600	159	ND	1600	56%	76%





Fig. 2 PFAA concentrations in influent and effluent of nine NRBs from grab sampling in June (upper) and October–November (lower). Branched isomers were not differentiated during the analysis of June grab samples. N/A indicates a sample that was not collected.

reporting PFHxA, PFOA, and PFOS as the largest contributors to total wastewater concentrations.¹⁷ In individual systems, $\sum_{22}\text{PFAS}$ ranged from 42 to 9795 ng L⁻¹ pre-NRB treatment and from 72 to 2575 ng L⁻¹ in treated NRB effluent (Fig. S3 and Table S3[†]). The composition of PFASs in influent and effluent from each system is shown in Fig. 2. Site 3 had the highest ΣPFAS concentrations in both influent and effluent at both time points, where PFBA was the largest contributor in June and PFOS was the largest contributor from October–November. Influent concentrations were over 2000 ng L⁻¹ at both time points, well over median ΣPFAS influent concentrations of 741 ng L⁻¹ and 80 ng L⁻¹ in June and October–November, respectively. June influent and effluent concentrations were dominated by 6 : 2 FTS in the summer samples (>50% in 12/18 measurements) and influent concentrations of 6 : 2 FTS were over 1000 ng L⁻¹ at sites 1, 4, and 5.

Interestingly, similar observations have been made in other recent studies of municipal WWTPs. In some cases, 6 : 2 FTS is the most abundant PFAS, though levels are highly variable. Coggan *et al.*¹⁷ noted high contributions from 6 : 2 FTS with maximum concentrations of 61 ng L⁻¹ in influent, similar to the median influent concentration (58 ng L⁻¹) in this study but much lower than the maximum concentration observed here (3600 ng L⁻¹). In samples collected in 2021, Gewurtz *et al.* reported median 6 : 2 FTS in influent and effluent that were below limits of quantitation in all wastewater influent and effluent samples.¹⁵ However, they measured maximum 6 : 2 FTS

concentrations of 222 ng L⁻¹ and 171 ng L⁻¹ in influent and effluent, respectively, in 2019,¹⁵ similar to median levels here (58 ng L⁻¹ influent; 159 ng L⁻¹ effluent). In samples collected from 2018 to 2019, Gewurtz *et al.* measured maximum 6 : 2 FTS at 1060 ng L⁻¹ in influent and 589 ng L⁻¹ in effluent, attributed to inputs from landfill leachate.¹⁵ Gobelius *et al.* reported a median 6 : 2 FTS concentration of 110 ng L⁻¹ and noted a dominance of 6 : 2 FTS in a wastewater treatment plant, potentially originating from a PFAS-contaminated site.¹⁸ In a 2016 study of 6 WWTPs, one plant was found to have elevated concentrations of 6 : 2 FTS, but was attributed to contributions from an airport.²¹ The wide range of concentrations measured and episodic occurrence of elevated 6 : 2 FTS levels likely points to rapid changes in inputs and source contributions over time, as well as temporal shifts in PFAS manufacturing. For example, some WWTPs receive influent from manufacturing facilities while others receive primarily residential waste.^{20,21,52} The high 6 : 2 FTS levels in this study compared to previous work on municipal wastewater could be due to the lack of community dilution in septic systems relative to WWTPs. Ultimately, an explanation for elevated 6 : 2 FTS observed in NRB wastewater collected in June cannot be deduced without further investigation but is of note for future work.

In five of the 16 influent-effluent pairs, PFASs appeared to be removed (>20% lower concentration) during NRB treatment, while eight of the 16 pairs exhibited >20% greater total PFASs post-treatment. Several sites showed PFAS removal during one season and formation in another (*e.g.*, site 4), highlighting the variability of these systems, potentially due to grab sampling approaches and household use patterns that could not be directly surveyed at the time. Percent removals of individual PFASs were calculated for all sites at both timepoints (Fig. 3) by subtracting the effluent concentration from the influent concentration and dividing the difference by the influent concentration. Negative median percent removals are observed for 7/11 PFCAs and 2/11 PFSAs, generally agreeing with overall observations described in Table 1 and pointing toward likely pre-PFAA transformation. While negative median percent removals were observed, positive removals were observed for



Fig. 3 Percent removal of PFASs in nine NRBs at two time points. All censored values were replaced with LOQ/2. All raw data are also shown in Fig. S4.[†] Each point represents the percent removal at each site and horizontal bars represent the median value for a specific PFAS across all sites in a given season.



some PFAS as well, notably so for L-PFHxS and L-PFOS in both sampling campaigns. Previous studies have shown that PFOS sorbs to solids more than short-chain PFAAs and tends to accumulate in biosolids,¹⁶ indicating that there is likely sorption to NRB media of longer-chain PFAAs such as PFOS.

3.3 PFASs in passive samplers

Site 3 from the grab sampling series was selected for the deployment of passive samplers, as it had the greatest abundances of PFASs in pre-NRB and post-NRB samples across all sites based on June 2022 grab sampling. The four sets of grab samples collected from site 3 exhibited variable influent-effluent relationships over time (Fig. 4). At some timepoints, PFCAs and PFSAs increased in effluent while at other times they appeared to be removed. \sum_{11} PFCAs ranged from 27 to 337 ng L⁻¹ and \sum_{11} PFSAs ranged from 169 to 6500 ng L⁻¹. Time-series variability was greatest for PFSAs in influent, with changes up to 3700% between sequential time points. PFCAs concentrations were also quite variable, changing by up to 318% between sequential time points. A product containing high concentrations of PFHpS and PFOS may have been disposed of shortly prior to the October 13th sampling date though this cannot be confirmed.

Week 2 estimates of water concentration were much lower than the average concentration of PFASs in grab samples during the deployment period, suggesting that passive sampling rates were much lower in onsite wastewater than previously observed in groundwater studies.¹¹ The relative abundance of sucralose appeared unchanged between influent and effluent at week 2

while ibuprofen was much lower in effluent relative to influent (Fig. 6A). These results suggest that the influent-effluent relationship observed for PFASs likely was not an artifact caused by higher sampling rates in effluent *versus* influent.

Concentrations of detected PFASs at week 2, 4, and 6 in the mPEs are displayed in Fig. 5 along with estimated wastewater PFAS concentrations based on literature sampling rates. All mPE values are presented in Table S6.† Greater levels of PFAAs were consistently observed in effluent samplers relative to influent samplers, which is what one might expect due to pre-PFAA transformation during treatment. This consistency in passive sampling results compared to the high variability of grab sampling indicates that passive sampling may be more representative of the overall time-averaged PFAS influent-effluent relationship in NRBs. L-PFOS accounted for the largest percentage of PFASs in both the passive sampler (19% ± 7%) and the grab sample series (53% ± 5%) from site 3, and PFHxA was the most abundant PFCAs in both cases (8% ± 9%, passives; 6% ± 5%, grabs), demonstrating consistent relative composition in grab samples and passive samplers.

Eleven (nine shown, >50% detection frequency) PFASs were detected >LOQ in mPEs and 23 PFASs (12 shown, >50% detection frequency) were detected in the grab sample series collected at site 3. PFHpA and PFNA were <DL in grab samples, but were >DL in mPEs collected from effluent. Several compounds, including PFHpA, PFNA, and branched PFHxS were detected in >1 mPE from effluent but were <DL in mPEs from influent, suggesting pre-PFAA transformation. Conversely, PFPeA, L-PFNS, and 6:2 FTS were detected in grab samples but



Fig. 4 Concentration of PFASs in influent (INF) and effluent (EFF) grab samples at site 3. Values below INF/EFF labels note the date of sample collection. Panel (A) shows concentrations of PFCAs, panel (B) shows concentrations of PFSAs. NA represents sample that was not analyzed.



Fig. 5 Target PFAS detected in mPEs (A), and estimated time-weighted average water concentrations derived from mPE concentrations based on estimated passive sampling rates (B).





Fig. 6 Uptake curves of measured PFAS and two representative compounds; ibuprofen and sucralose. Panel (A) shows the normalized peak areas of sucralose and ibuprofen in influent and effluent. Panels (B) and (C) show total PFCA mass in influent (B) and (C) effluent samplers. Panels D and E show total PFSA mass in (D) influent and (E) effluent samplers.

not captured in mPEs suggesting that brief pulses of more variable PFASs may not be captured by passive samplers.

It was expected that PFASs would accumulate linearly over the entire deployment¹¹ but this was not the case (Fig. 6). The linear uptake phase of the passive samplers appeared to last only for four weeks followed by a drop-off in concentrations between weeks 4 and 6. This may have been due to preferential uptake of organic matter over time⁵³ or clogging of the polyethylene pores reducing sampler extraction efficiencies. The duration of the linear uptake phase did not appear to be the same for all PFASs or sample types (influent vs. effluent). However, all mPE-derived estimated concentrations (Fig. 5B) decreased from week 2 to week 4. This has previously been observed in samplers containing weak anion exchange (WAX) sorbent deployed at a WWTP, potentially due to competitive sorption,⁵³ but was not observed in similar studies using Strata-X sorbent for the uptake of pharmaceuticals in wastewater over a 30 day period.³¹ Sampler configuration and sorbent selection should be optimized in the future for PFASs in wastewater.

3.4 Suspect screening and nontarget analysis

3.4.1 Suspect screening. Suspect screening (SS) initially resulted in >1000 tentative identifications in the composite sample data. After removing features with only one ion and those that were only present in standard mixes and blanks (quality filter), there were 624 suspect identifications, which are plotted by retention time vs. m/z in Fig. 7 (SS). After retention time filtering, replicate injection filtering, blank filtering, and manual review, 37 tentative identifications remained (Fig. 7, SS final), including 15 confirmed target PFASs with confidence level 1. MS/MS fragmentation was not collected for any of the peaks of interest *via* DDA, likely due to low signal, so confidence levels could only be improved by matching to a reference standard or inclusion in a homologous series. The formula $C_6H_9F_6O_4P$ was assigned a level 3d as it fell into a CF_2 homologous series.⁴⁷ The remaining suspects were assigned level 4 (unequivocal molecular formula). All tentatively identified compounds and average peak areas are listed in Table S7† and





Fig. 7 Left: results of suspect screening (SS) and nontarget analysis (NTA) and right: the number of features remaining after each filtering step (described in detail in Section 3.4). In the left panel, SS represents all initial suspect matches ($n = 624$) and NTA represents all features extracted in the non-target workflow ($n = 7889$). SS final ($n = 37$) and NTA final ($n = 30$) are the features that remained after all filtering steps. Targets are PFASs included on the target analyte list.

details on all tentatively identified and known structures from all workflows are shown in Table S4.†

3.4.2 FluoroMatch screening (NTA). The initial Mass Profiler extraction resulted in 7889 unique features (Fig. 7, NTA). After filtering steps, 47 features were flagged as possible PFASs by FluoroMatch IM. Of these, features in homologous series with inconsistent retention times were removed, as were features that represented multiple adducts associated with the same compound. In cases where one compound was represented by multiple adducts (*e.g.* $[M-H-CO_2]^-$ and $[M-H]^-$), the feature with the higher score was retained. In the case of isomers (different CCS or RT, but same m/z), both were retained as separate features. The final list then consisted of 30 features across 17 homologous series (Fig. 7, NTA final). Fourteen of the 30 features were assigned a formula, 12 matching reference standards (level 1) and the remaining two assigned a level 4 confidence. The remaining 16 features with no formula assignments were classified as level 5 identifications (mass of interest).

Of the 18 features from FluoroMatch (Table S8†), only one was detected in both the influent and effluent composite sample ($m/z = 710.9312$). Nine features were detected only in influent, suggesting removal during treatment due to transformation or sorption. Eight features were detected only in effluent, suggesting these may be compounds formed during treatment.

3.4.3 Evidence of precursor transformation. The upregulation of PFCAs in the effluent mPE series and tentative identification of several fluorotelomers in NRB influent (Table S7†) point to likely transformation forming PFCAs in effluent. The

mass recovered for PFCAs in the effluent mPEs was increased by a factor of 1.2 (PFBA) to 8.4 (PFOA) compared to influent. Furthermore, the average mass defect for features detected *via* NTA only in the effluent composite (average = -0.0296 ± 0.0260) was significantly lower ($p = 0.014$) than the average mass defect for features only in influent (average = 0.0074 ± 0.0502). This suggests that the effluent-only detections may have an overall greater perfluorinated character when compared to influent-only detections⁵⁴ and further supports the hypothesis that precursors are transformed to more highly fluorinated products (including PFAAs) during biological treatment in NRBS.

Quantitative measurements could not be completed for tentatively identified PFASs with no defined response factors. However, to better understand the total contribution of pre-PFAAs to final effluent PFASs, the peak area of each tentatively identified PFAS with an unequivocal or tentative molecular formula were normalized to the peak area of the mass-labeled PFASs with the closest retention time to evaluate relative abundance in influent and effluent. Five suspects were unique to the effluent composite, including tentative annotation of two substituted aromatics, one sulfonamide-based pre-PFAS (*N*-methyl perfluorobutane sulfonamido acetic; *N*-MeFBSAA), and two fluorotelomers (4:2 fluorotelomer thio acetic acid; 4:2 FTSEA and 8:2 polyfluoroalkyl phosphate ester; 8:2 PAP). Detections of species only in effluent may be due to formation but could also be due to fluctuations in wastewater composition over time or enhanced detection in effluent extracts, which generally have somewhat less matrix interference than influent. Four features were present at greater relative abundance in



effluent compared to influent, including tentatively identified perfluorobutyl sulfinate (PFBSi), a known intermediate product formed from sulfonamide-based pre-PFAAs. Other features that increased in effluent included two short-chain (C3) carboxylic acids and one fluorotelomer sulfonyl pre-PFAA. These increased abundances could be due to formation, though changes in contaminant composition over time and matrix effects could also play a role, so results should be interpreted cautiously. Overall, these tentatively identified structures were predominantly short-chain, with all but two containing C4 or shorter perfluorinated moieties, and the remaining two containing 6 : 2 and 8 : 2 fluorotelomers.

Ten formulas with perfluorinated chain-length C3 to C5 were unique to the influent composite sample, suggesting removal by transformation or sorption. Most (9 out of 10) proposed structures unique to influent contain secondary amine groups, suggesting they may have been labile to microbial transformation.^{20,55} Four additional suspects were detected at 2–5× lower intensities in effluent than influent, also suggesting removal. All were short-chain (C1–C3) structures, with two (C₇H₃F₇N₂OS and C₁₁H₁₆F₇NO) containing secondary amine groups, suggesting removal *via* transformation. The other two structures (chlorinated perfluoropropane sulfonate (Cl-PFPrS) and 1 : 2 fluorotelomer phosphate diester (1 : 2 diPAP)) may have been transformed, or may be fragments of larger precursors that did not remain intact during analysis.

There are likely many other precursors present in these samples that were not amenable to our analytical methods such as neutral volatile PFASs (*e.g.*, fluorotelomer alcohols). Targeted quantitation suggested formation of C4–C6 PFCAs and C4 PFSA during NRB treatment, which is fairly consistent with the tentative identification of short-chain (C3–C6) fluorotelomer and sulfonamide-based pre-PFAAs. No precursors with 7–9 perfluorinated carbons were identified in influent; however, there were 8.4, 7.0, and 3.9-fold increases in PFOA, PFNA, and PFDA observed in the passive sampler series at site 3, suggesting that longer-chain pre-PFAAs may have been present but missed by our analytical methods. It is also important to consider that grab sample composites may not encompass all pre-PFAAs that may be contributing at any individual site due to dilution. The composite approach used prioritizes PFASs with high detection frequency.

3.4.4 Workflow agreement and homologue binning. Targeted analysis, suspect screening, and nontarget analysis provided different results with respect to the number of identified PFASs or likely PFASs in wastewater samples (Fig. 7). The only PFASs identified by both HRMS workflows were PFASs that were also included on the target analyte list, showing no overlap in tentative identifications between the NTA and SS approaches.

There are a few potential explanations for the lack of overlap between the two workflows. The applied NTA workflow (FluoroMatch IM) prioritizes CF2 homologous series; therefore, the NTA workflow is much more likely to reveal PFASs that are present as homologous series, rather than single suspects that lack series members within the same sample(s). Conversely, the SS workflow may not cover all possible PFAS (*i.e.* novel compounds) as it is limited to the formulas in the screening list

selected for the workflow. This demonstrates the potential of utilizing complementary approaches for comprehensive PFAS analysis. Suspect screening included a retention time filtering step while the NTA workflow included a CCS filtering step, leveraging the available data acquired. Each step potentially rejected features in one workflow that were not rejected by the other. For example, five features passed through the filtering steps in the FluoroMatch workflow that are at lower retention times than expected based on mass *vs.* RT trends and so were filtered out of the suspect screening results. These could be conjugated products, which exhibit lower RTs but greater masses than their parent PFASs.⁵⁶ Such compounds may be preserved by a CCS filtering approach where molecular size rather than solubility (RT) is related to *m/z*.

Confidence levels were also improved here by combining features from different workflows for final identifications. Table S4† lists all identifications in the grab sample composites from suspect screening and NTA workflows in addition to acquired parameters (CCS, RT, *m/z*) of all PFASs regardless of detection frequency. Inclusion in CF2 homologous series increased the confidence level of seven features: FBSAA, Cl-substituted PFPrS, *N*-MeFBSAA, 1 : 2 FTS, 1 : 2 diPAP, 5 : 2 PAP, and 3 : 2 PAP, highlighting the advantage of combining HRMS workflows despite minimal overlap in the workflow results.

4. Conclusions

In this study, we demonstrate that like conventional WWTPs, residential wastewater released from septic treatment is a source of PFASs to the environment and these PFASs do not appear to be significantly removed by NRB treatment. A total of 22 targeted PFASs were detected in wastewater samples and \sum_{22} PFAS ranged from 42 to 9795 ng L⁻¹ in septic tank effluent and 72 to 2575 ng L⁻¹ in NRB effluent. The total effluent load corresponds to approximately 39–1423 mg PFASs per household per year. The largest contributions to \sum_{22} PFAS totals were from 6 : 2 FTS and PFBA, while the most frequently detected PFASs were PFBA and PFHxA. Comparisons of influent and effluent suggest precursor transformation during NRB treatment, as well as potential loss of some PFASs due to sorption in the NRB system. Effluent concentrations are still of environmental concern based on EPA guidelines, similarly to WWTP effluent.

Passive sampling techniques may be more representative of PFAS fate in highly variable systems like onsite septic systems when evaluating the efficacy of treatment, though sampler optimization is warranted for future experimentation. Even so, PFAS concentrations consistently increased during NRB treatment, which was not always the case for grab samples collected at the same time. Grab sampling provides a snapshot of water concentrations at the time that the samples were collected, while passive samplers slowly take up compounds from the surrounding water, providing a time-weighted average. PFASs that are detected in relatively low concentrations sporadically are less likely to be captured by passive samplers, but passive samplers showed consistent trends and captured the most abundant PFASs over time.



Beyond targeted analysis, a total of 22 PFASs were tentatively identified *via* suspect screening and 18 by nontarget analysis using FluoroMatch IM. The average mass defect of features identified as potential PFASs in NRB effluent was lower than in the average mass defect of influent-only PFASs, suggesting that precursor transformations are occurring during NRB treatment similarly to WWTPs. It is recommended that future developments of wastewater treatment systems that directly release effluent into the environment should take into consideration the removal of PFASs, and that OWTs be considered as a source of PFASs to groundwater and subsequent surface waters and private wells.

Data availability

Data acquired by LC-IMS-QTOF-MS from composite pre- and post-NRB wastewater samples are available through the MassIVE repository (<http://massive.ucsd.edu>; <https://doi.org/doi:10.25345/C5TB0Z73K>). Data acquired from samples collected at individual private residences are not available to access in interest of confidentiality. The database used in HRMS suspect screening (NORMAN S89 PFAS database) is publicly available *via* the NORMAN network (<https://norman-network.com/nds/susdat>).

Conflicts of interest

The authors declare no competing financial interest.

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