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# A fluorescent calixarene-based dimeric capsule constructed via a $M^{II}$ -terpyridine interaction: cage structure, inclusion properties and drug release†

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Two analogues of capsule-like fluorescent cages have been constructed by dimerization of terpyridine-containing calixarene derivatives utilizing a  $M^{II}$ -terpyridine ( $M = \text{Zn}$  and  $\text{Cd}$ ) interaction.  $^1\text{H}$  NMR spectral studies show that the self-assembled molecular capsules  $\text{Zn}_4\text{L}_2$  and  $\text{Cd}_4\text{L}_2$  have a highly symmetrical  $D_{4h}$ -structure. The encapsulation of the anticancer drug mercaptopurine in their cavities has been documented by NMR, ESI-TOF-MS, fluorescence switching, and molecular simulation, indicating that strong  $S-\pi$  and  $\pi-\pi$  interactions between drug and cage are of importance for the host-guest binding. The nanoscale cages exhibit excellent behaviors to control the release of mercaptopurine in phosphate buffered saline solution ( $\text{pH} = 7.4$ ). These results further highlight the potential of self-assembled  $\text{Zn}_4\text{L}_2$  cages for drug-carrier applications.

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Self-assembled coordination cages with well-defined geometries and cavities have attracted much attention due to their potential applications in molecular recognition, catalytic reactions, biochemistry, and medicine.<sup>1</sup> Concerning medicinal studies, metallocages are promising drug delivery carriers, which can interact with biomolecules, possess anticancer activity, and increase solubility in biological media.<sup>2</sup> Recent reports have demonstrated that coordination cages can act as effective hosts for medicinal guests and have interesting biological properties.<sup>3</sup> For example, Therrien *et al.* reported the first coordination cage, an arene-ruthenium-based metallocage, used as drug-delivery system, which showed anticancer effects against human A2780 ovarian cancer cells upon encapsulation of Pd and Pt acetylacetonato complexes.<sup>3a</sup> Lippard *et al.* developed a new strategy to use a hexanuclear supramolecular  $\text{Pt}^{\text{II}}$  cage as a drug delivery vehicle to deliver  $\text{Pt}^{\text{IV}}$  prodrugs to cancer cells.<sup>3b</sup> Briken and Isaacs *et al.* described that metal-organic polyhedron capped with cucurbit[8]uril could deliver doxorubicin to cancer cells and enhance the cytotoxicity, which was ascribed to a combination of increased cellular uptake of cage and

doxorubicin release.<sup>3c</sup> Su and Jiang *et al.* investigated the binding behavior between drug molecule 5-fluorouracil and  $\text{M}_4\text{L}_4$  type tetrahedral cages, and demonstrated that the porous cage nanoparticle could control release of 5-fluorouracil in simulated human body liquid of phosphate buffer solution.<sup>3d</sup> Despite this growing interest on drug encapsulation into metallocages as drug-delivery systems, the research on the drug adsorption/release processes is still in its infancy, and further studies are necessary to explore their uses in medicinal chemistry. In addition, fluorescent coordination cages, especially for the cages that turn-on their fluorescence in response to external stimuli, are very attractive for both therapeutic and imaging applications in the medicinal chemistry field, because they allow *in vitro* or *in vivo* imaging without specific handling.<sup>4</sup> Therefore, the design of self-assembled cages that ensure the fluorescence response upon the release of an active molecule is more desirable.

Calixarenes are an important class of macrocyclic host molecules in supramolecular chemistry. Calixarene derivatives have been used for the recognition of various molecular species, such as sugars, amino acids, peptides, proteins, and nucleic acids,<sup>5</sup> which are basic substrates in biological processes, and also used in drug delivery investigations.<sup>6</sup> In terms of the calixarene cavity and cage cavity to encapsulate the guests, calixarene-based coordination cages may be employed as drug delivery systems through hydrophobic effects and/or ion-dipole or hydrogen bonding interactions.<sup>7</sup> Moreover, compared with smaller sized coordination complexes studied previously ( $<1.5$  nm), the larger sized calixarene-based supramolecular cages should exhibit slower renal clearance and longer circulation,

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which would be helpful for theranostic applications, because particle size influences the clearance rate of nanoparticles from the bloodstream.<sup>8</sup> Only a few reports on the biological properties of calixarene-based nanoscale cages (>2.0 nm) have appeared.<sup>7,9</sup> Recently, Liao and Hu *et al.* synthesized an extra-large octahedral coordination cage based on  $\text{Co}_4$ -*p*-*tert*-butylsulfonyl calix[4]arene. The calixarene-based cage demonstrated good adsorption properties towards a small drug molecule, ibuprofen (Ibu), and the Ibu release experiment revealed that the cage exhibited a slow drug release behavior.<sup>9</sup> Despite the remarkable size and well-known inclusion properties of calixarene-based cages, studies of their applications in drug delivery are rare.

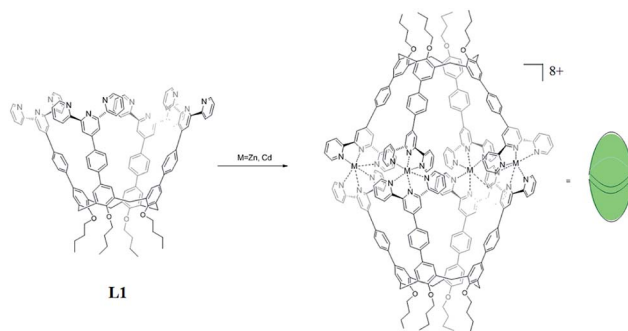
Therefore, in this work, in order to obtain fluorescent calixarene-based nanoscale cages, we designed two self-assembled nanocapsules  $\text{Zn}_4\text{L1}_2$  and  $\text{Cd}_4\text{L1}_2$  based on upper rim terkis-phenyl-terpyridine substituted calix[4]arene derivatives which showed fluorescence properties due to the coordination bond of terpyridine (tpy) and  $\text{Zn}^{2+}/\text{Cd}^{2+}$  ions. In general, the connectivity of  $\text{tpy}-\text{M}(\text{II})-\text{tpy}$  ( $\text{M} = \text{Zn}, \text{Cd}, \text{Fe},$  and  $\text{Ru}$ ) is fixed at  $180^\circ$  and thus, limits the use of metal ions as cornered directing units. Therefore, a few previous studies of  $\text{tpy}-\text{M}(\text{II})-\text{tpy}$  only concentrated on 0-D and 3-D supramolecular cages and prisms<sup>10</sup> compared to the numerous reports of linear and 2-D structures based on tpy.<sup>11</sup> On the other hand, to evaluate the capability of these cages as drug carriers, mercaptopurine was chosen as the drug guest. Mercaptopurine is a medication used for cancer and autoimmune diseases,<sup>12</sup> the interactions of which with cage have rarely been thorough studied in the field of host-guest chemistry.

Herein, two highly symmetrical molecular capsules were constructed by dimerization of tpy-containing calixarene derivatives utilizing a  $\text{Zn}(\text{II})/\text{Cd}(\text{II})-\text{tpy}$  interaction for the first time. The  $D_{4h}$ -structures and binding property of two  $\text{Zn}_4\text{L1}_2$  and  $\text{Cd}_4\text{L1}_2$  cages with mercaptopurine drug were investigated by NMR spectra, ESI-TOF-MS, AFM, UV-Vis and fluorescent spectra, and DFT calculations. The releasing drug experiments were carried out, revealing that nanoscale  $\text{Zn}_4\text{L1}_2$  and  $\text{Cd}_4\text{L1}_2$  cages can significantly delay release of mercaptopurine into the simulated body liquids.

In order to acquire capsules with nanoscale inner space, an upper rim terkis-terpyridine substituted calix[4]arene (**L1**) was used for constructing the capsules. Ligand **1** could be obtained according to our report.<sup>13</sup>

The two nanocapsules  $\text{Zn}_4\text{L1}_2(\text{OTf})_8$  and  $\text{Cd}_4\text{L1}_2(\text{OTf})_8$  could be obtained as yellow precipitation by adding a THF solution of **L1** to a THF solution of zinc(II) or cadmium(II) trifluoromethanesulfonate ( $\text{OTf}^-$ ) with ligand/metal molar ratio of 1 : 2 (Scheme 1). The counter-ions could be exchanged by adding a methanol of ammonium hexafluorophosphate ( $\text{PF}_6^-$ ) to the acetonitrile solution of  $\text{Cd}_4\text{L1}_2$  to give  $\text{Cd}_4\text{L1}_2(\text{PF}_6)_8$ .

All of the capsules were soluble in  $\text{MeCN}-d_3$ , and then their NMR spectra were measured and showed in Fig. 1 and S1.† It could be seen that the signals in the  $^1\text{H}$  NMR spectra of Cd-capsules were well resolved, while the NMR spectra of Zn-capsules exhibited broad  $^1\text{H}$  signals. The  $^1\text{H}$  NMR of  $\text{Cd}_4\text{L1}_2(\text{PF}_6)_8$  (Fig. 1) showed the expected peaks of a tpy-metal



Scheme 1 The synthesis of calix[4]arene based nanocapsules.

complex. In the aromatic region, there were five sets of aromatic protons from tpy units, two sets from phenyl groups, and a single peak from calixarene, which were in agreement with the desired structure. The protons at 4,4'', 5,5'', and 6,6''-position of tpy dramatically shifted upfield because the formation of complex led to the electron shielding effect. The  $^{13}\text{C}$  NMR of  $\text{Zn}_4\text{L1}_2$  and  $\text{Cd}_4\text{L1}_2$  showed only one series of clear and sharp peaks owing to the uniform and symmetrical architecture (Fig. S2†), implying no by-products and uncomplexed tpy moieties existed. At the same time, their DOSY spectra (Fig. 2 and S3†) confirmed only one species in the solution. The  $\log D = -9.3$  and  $-9.2$  were observed and then diameter of 2.5 nm and 2.0 nm were determined in DOSY for  $\text{Cd}_4\text{L1}_2$  and  $\text{Zn}_4\text{L1}_2$ , respectively, consistent with the following molecular modelling results.  $\text{Cd}_4\text{L1}_2(\text{PF}_6)_8$  and  $\text{Zn}_4\text{L1}_2(\text{OTf})_8$  were further characterized by ESI-MS to determine the proposed structures, which have a molecular weight of 5366.0 Da and 5202.2 Da, respectively. It was found that a series of peaks at  $m/z$  2538.0, 1643.7, 1196.5, 928.2, 749.3 and 621.6 with charge states from 2+ to 7+ were detected for  $\text{Cd}_4\text{L1}_2(\text{PF}_6)_8$ , which could be ascribed to the loss of a different number of counterion  $\text{PF}_6^-$  (Fig. 3). As shown in Fig. S4,† the isotope pattern of each peak of  $\text{Cd}_4\text{L1}_2(\text{PF}_6)_8$  was in good accordance with the corresponding simulated isotope distribution. Similarly, the peak series at  $m/z$  2456.1, 1587.7, 1153.5, 893.0, 719.4 and 595.2 for  $[\text{Zn}_4\text{L1}_2(\text{OTf})_{8-n}]^{n+}$  ( $n = 2-7$ ) verify formation of the same dimer cage (Fig. S5†).

Several attempts to obtain diffraction quality single crystals of  $\text{Zn}_4\text{L1}_2$  were unsuccessful. To incur further insight into the

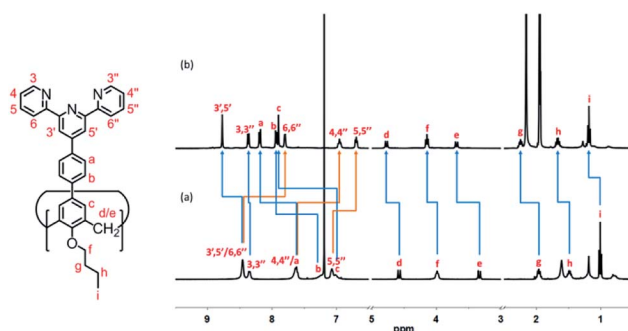


Fig. 1  $^1\text{H}$  NMR spectra (400 MHz, 298 K) of (a) ligand **L1** ( $\text{CDCl}_3$ ) and (b)  $\text{Cd}_4(\text{L1})_2(\text{PF}_6)_8$  MOC ( $\text{CD}_3\text{CN}$ ).



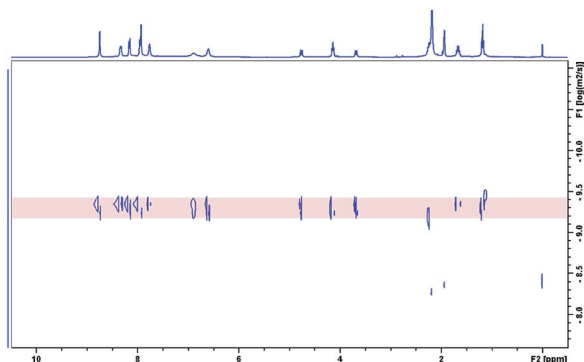


Fig. 2  $^1\text{H}$  DOSY spectrum (400 MHz,  $\text{CD}_3\text{CN}$ , 298 K) of  $\text{Cd}_4(\text{L}1)_2(\text{PF}_6)_8$  MOC.

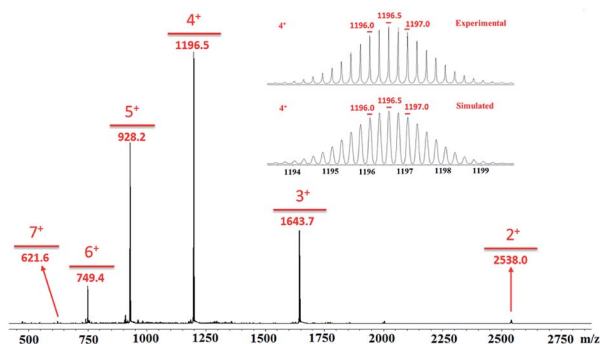


Fig. 3 ESI-MS spectrum of  $\text{Cd}_4(\text{L}1)_2(\text{PF}_6)_8$  MOC.

structural features, we obtained energy optimized structure of  $\text{Zn}_4\text{L}1_2$  using DFT (B3LYP, LANL2DZ) calculations. As illustrated in Fig. 4a and Table S1,<sup>†</sup> a cage in an approximate square bipyramid was constructed when the upper rims of two calix[4]arenes were close to each other and captured four  $\text{Zn}^{2+}$  ions. Six coordination bonds existed between each  $\text{Zn}^{2+}$  ion and each two

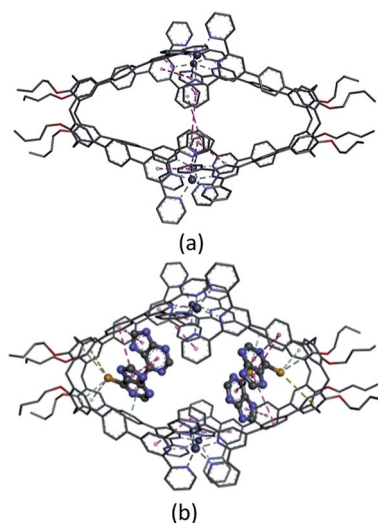


Fig. 4 The optimized structures of  $\text{Zn}_4\text{L}1_2$  (a) and  $4(\text{mercaptapurine})@ \text{Zn}_4\text{L}1_2$  (b). The interactions are colored in dotted lines: coordination bond in gray,  $\text{S}-\pi$  interaction in green,  $\text{S}-\text{H}-\pi$  interaction in yellow and  $\pi-\pi$  interaction in pink. All hydrogens are omitted for clarity.

terpyridine groups from two individual calix[4]arene arms. Four  $\text{Zn}^{2+}$  complex units were tightly interlocked into an approximate square through four  $\pi-\pi$  interactions between terpyridine groups of each adjacent  $\text{Zn}^{2+}$  complex unit. In fact, **L1** was not favored for a dimer capsule and thus there was tension in the dimer capsules. Molecular modelling showed the structure distortion of the dimer was mostly neutralized by bending the phenyl group between calixarene and terpyridine. Therefore, the ligand bending was the major contribution to accommodate the strain. As additional evidence, the images from AFM showed the morphology of the dimer cage  $\text{Zn}_4\text{L}1_2$  as cone-shape dots on the mica surface (Fig. S6<sup>†</sup>). The measured height of these dots exhibited two different values:  $3.9 \pm 0.2$  nm and  $2.2 \pm 0.3$  nm, which were larger than cage height (3.1 nm) and length (2.0 nm) shown in molecular modelling, respectively, due to the unavoidable tip broadening effect.

The host-guest properties of the dimer capsules and mercaptapurine were evaluated in solution. After the dimer capsules were dissolved in an aqueous acetonitrile solution ( $\text{MeCN}/\text{H}_2\text{O} = 2/1$ ), excessive mercaptapurine solids were added and stirred at room temperature for 2 h, and then the filtrate was separated for NMR and ESI-TOF-MS measurement. Considering the Cd-capsules had well-resolved signals and similar inclusion ability to Zn-capsules,  $\text{Cd}_4\text{L}1_2$  were substituted for  $\text{Zn}_4\text{L}1_2$  to study the binding interaction between the dimer capsules and mercaptapurine by  $^1\text{H}$  NMR (Fig. S7<sup>†</sup>) and  $^1\text{H}$  DOSY spectra (Fig. S8<sup>†</sup>). Mercaptapurine guests were observed to interact with cage  $\text{Cd}_4\text{L}1_2$  and were in slow exchange between cavity and bulk solution on the NMR time scale. Two proton signals of the mercaptapurine guests experienced an upfield shift when compared with their free  $^1\text{H}$  resonances measured in the solvent mixture of  $\text{MeCN}-d_3$  and  $\text{D}_2\text{O}$  (2 : 1 v/v). This provided strong evidence for mercaptapurine binding within the cavities of the cages. Meanwhile,  $^1\text{H}$  NMR peaks of cage host corresponding to 3,3'', 4,4'', 5,5'' and 3',5'-H were observed to shift upfield, whereas 6,6''-H shifted downfield.  $^1\text{H}$  DOSY measurements gave similar diffusion coefficients for  $^1\text{H}$  signals of host and guest, which further supported the formation of an inclusion complex. Integration of the guest peaks indicated the cages could accommodate about four mercaptapurine guests (Fig. S8<sup>†</sup>). These observations were consistent with what has been observed in other cases of hydrophobic guest binding in water.<sup>14</sup> In addition, we tried to obtain further information on the stoichiometry of the host-guest interaction from ESI-MS experiments of the host-guest mixtures. As seen in Fig. S9 and S10,<sup>†</sup> the MS signals showed a series of binding species between  $\text{Cd}_4\text{L}1_2/\text{Zn}_4\text{L}1_2$  and mercaptapurine with a general formula of  $[n(\text{mercaptapurine})@ \text{Cd}_4\text{L}1_2/\text{Zn}_4\text{L}1_2]$  ( $n \leq 7$ ), which exhibited higher stoichiometries than that observed for  $^1\text{H}$  NMR measurements ( $n \approx 4$ ). This suggested that the host-guest interaction of mercaptapurine and cage was strong. In addition to observing tightly bound mercaptapurine guests, the presumably weaker association of mercaptapurine with the exohedral binding sites on the exterior surface of the dimer cages could be detected because in the gas phase charged metalcages might produce ions related to extracage association of guests to the metal ions under the conditions of the mass spectral analysis. Similar mass spectra



results were also observed in the reported literature.<sup>15</sup> The control experiments of association of mercaptopurine with Zn(II)(phenyl-tpy)<sub>2</sub>(CF<sub>3</sub>SO<sub>3</sub>)<sub>2</sub> and 25,26,27,28-tetrabutoxycalix[4] arene have been performed. As seen from Fig. S11,† no obvious shifts were observed in <sup>1</sup>H NMR spectra of the mixture, compared with that of 25,26,27,28-tetrabutoxycalix[4]arene, mercaptopurine, and Zn(II)(phenyl-tpy)<sub>2</sub>(CF<sub>3</sub>SO<sub>3</sub>)<sub>2</sub>, respectively, supporting encapsulation of the guest molecules inside of the Zn<sub>4</sub>L1<sub>2</sub> cage.

From <sup>1</sup>H NMR spectra (Fig. S8†), we speculated four mercaptopurine molecules could be encapsulated into the Zn<sub>4</sub>L1<sub>2</sub> cage. To further clarify stoichiometry of the mercaptopurine@Zn<sub>4</sub>L1<sub>2</sub> complex and explore their interaction modes, molecular simulation was executed in this drug-cage supramolecular system of mercaptopurine@Zn<sub>4</sub>L1<sub>2</sub> and the results of their geometry optimization were shown in Fig. 4b and Tables S2 and S3.† As illustrated in Fig. 4b, each pyramid unit encapsulated two mercaptopurine molecules. In one pyramid unit, one mercaptopurine orientated to cavity was captured by calix[4]arene cavity and two arms of the cage with three S-π interactions (3.93, 4.08 and 4.37 Å), one S-H-π interaction (4.37 Å) and one π-π interaction (4.55 Å). The other mercaptopurine was caught by the adjacent mercaptopurine and two arms of the cage with one S-π interactions (4.08 Å) and three π-π interactions (4.08, 4.47 and 4.76 Å). In another pyramid unit, there were similar interactions between the two encapsulated mercaptopurine molecules and the cage. There are two S-π interactions (3.95 and 4.25 Å), one S-H-π interaction (4.25 Å) and three π-π interactions (4.20, 4.55 and 4.58 Å) between the cage and the one mercaptopurine deepened into calix[4]arene cavity. And there are one S-π interactions (4.12 Å) and three π-π interactions (4.20, 4.27 and 4.52 Å) between the cage and the other mercaptopurine caught by the neighboring mercaptopurine. No coordination interaction appeared between mercaptopurine and Zn<sup>2+</sup>. Correspondingly, the symmetric geometrical structure of the cage was remarkably distorted in order to match the interactions with mercaptopurine. Moreover, the π-π interactions between adjacent terpyridine groups partially disappeared although the coordination interactions between terpyridine groups and Zn<sup>2+</sup> still existed. Meanwhile, the stabilization energy -45.3 kcal mol<sup>-1</sup> (see Table S3†) of 4(mercaptopurine)@Zn<sub>4</sub>L1<sub>2</sub> complex also confirmed the fact that four mercaptopurines can be stably captured by the cage.

It is well known that UV/Vis and fluorescent spectra are powerful methods for host-guest inclusion study. Therefore, the UV/Vis and fluorescent spectra of the Zn-capsules upon the addition of mercaptopurine were measured. In the absorption spectra, the titration of Zn<sub>4</sub>L1<sub>2</sub> with mercaptopurine resulted in the decrease of the absorption intensity at 256 nm and 366 nm, respectively, and increase of the intensity at 236 nm and 328 nm with a blue-shift, respectively, while the three isosbestic points at 247 nm, 285 nm, and 350 nm appeared, indicating complex formation (Fig. 5a). Interestingly, the Zn<sub>4</sub>L1<sub>2</sub> cage exhibited excellent fluorescent properties. In the fluorescent spectrum of Zn<sub>4</sub>L1<sub>2</sub>, the maximum excitation and emission wavelengths were observed at 340 and 600 nm, respectively. The fluorescence titration of Zn<sub>4</sub>L1<sub>2</sub> with mercaptopurine showed a gradual decrease in the emission band at 600 nm with a slight blue-shift

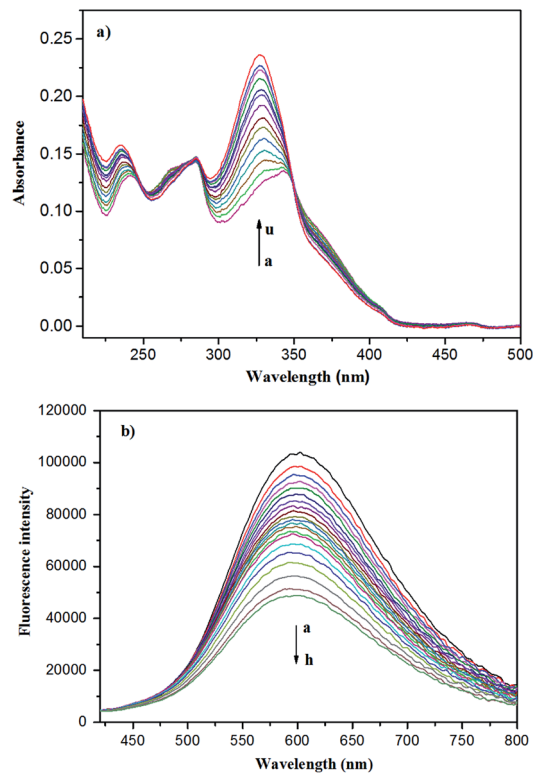


Fig. 5 (a) UV-Vis and (b) fluorescent titrations of Zn<sub>4</sub>L1<sub>2</sub> ( $1.23 \times 10^{-6}$  mol L<sup>-1</sup>) with mercaptopurine in MeCN and H<sub>2</sub>O (2 : 1 v/v). From a to u: 0, 0.5, 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, 4.0, 4.5, 5.0, 5.5, 6.0, 6.5 equiv.; from a to h: 0, 0.5, 1.0, 1.5, 2.0, 3.0, 4.0, 5.0, 6.0, 7.0, 8.0, 9.0, 10.0, 11.0, 15.0, 19.0, 23.0, 28.0, 38.0, 48.0, 58.0 equiv.

within 5 nm over mercaptopurine concentrations range of  $6 \times 10^{-4}$  to  $7 \times 10^{-2}$  mM, which confirmed the interaction between Zn<sub>4</sub>L1<sub>2</sub> and mercaptopurine further (Fig. 5b). Moreover, the interaction provided a fluorescence quenching pathway by the excitation energy transfer or charge transfer from Zn<sub>4</sub>L1<sub>2</sub> to the mercaptopurine guests. It is desirable that the Zn<sub>4</sub>L1<sub>2</sub> cages can make a fluorescence turn-on response upon the release of mercaptopurine.

Since Zn<sub>4</sub>L1<sub>2</sub> has lower toxicity in comparison to Cd<sub>4</sub>L1<sub>2</sub>, Zn<sub>4</sub>L1<sub>2</sub> was chosen as candidate to test its drug delivery property. It is known that drug-carrying materials with the nanometer size can achieve effective drug delivery. Nanoscale mercaptopurine@Zn<sub>4</sub>L1<sub>2</sub> cages have been prepared by the method described above, and the loading amount was determined by <sup>1</sup>H NMR. As seen from Fig. S12,† the loading amount of mercaptopurine encapsulated in Zn<sub>4</sub>L1<sub>2</sub> cages was estimated to be  $13.0 \pm 0.2$  wt%, corresponding to [4(mercaptopurine)@Zn<sub>4</sub>L1<sub>2</sub>].

To simulate drug sustained-release in human body liquid, the release of mercaptopurine from the mercaptopurine@Zn<sub>4</sub>L1<sub>2</sub> nanoparticles was performed in phosphate buffer solution (PBS, pH = 7.4) with dialysis bag and detected by UV/Vis spectrum. The release amount was calculated according to the calibration plots of standard curve of pure mercaptopurine in PBS. The mercaptopurine-loaded Zn<sub>4</sub>L1<sub>2</sub> samples used for the release experiments weighed 10.0 mg and 0.61 mg of Ibu was released from the sample. The release process was considered



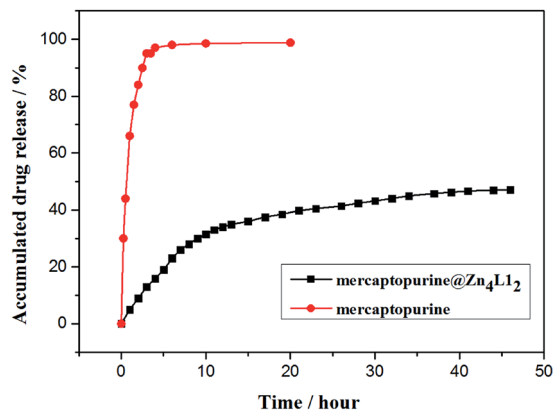


Fig. 6 The release of mercaptopurine from control (red circle) and mercaptopurine@Zn<sub>4</sub>L<sub>12</sub> (black square).

in two stages within 45 hours (Fig. 6). In the first stage (8 h), 0.35 mg of Ibu was released in the first stage and in the second stage 0.26 mg in the next 37 hours. The drug release became very slow after 45 hours. These release behaviors were similar to those for the reported coordination cages.<sup>9,16</sup> For comparison, the pure mercaptopurine in solid state was dialyzed as a control-experiment which indicated that up to 95% of the total mercaptopurine was quickly released within 3 hours. These results suggested that the cage structures of Zn<sub>4</sub>L<sub>12</sub> protracted the release of mercaptopurine. The slow release may be due to the slow diffusion rate of mercaptopurine from the windows of the cavities owing to the strong interaction of S- $\pi$  and the  $\pi$ - $\pi$  interactions between mercaptopurine and the aromatic skeleton of Zn<sub>4</sub>L<sub>12</sub>.

## Conclusions

In conclusion, we have designed a fluorescent system, in which two capsule-like highly symmetrical cage (Zn<sub>4</sub>L<sub>12</sub> and Cd<sub>4</sub>L<sub>12</sub>) based on calixarene were almost quantitatively constructed in a self-assembled manner by a terpyridine-M<sup>II</sup>-terpyridine (M = Zn and Cd) interaction. The nanoscale cages could encapsulate the anticancer drug mercaptopurine, as shown by NMR spectroscopy, AFM and ESI-TOF-MS. UV/Vis and fluorescent spectra confirmed the binding interaction and fluorescence switch behaviors between Zn<sub>4</sub>L<sub>12</sub> and mercaptopurine further. Moreover, the theoretical simulation analysis verified the S- $\pi$  and  $\pi$ - $\pi$  interactions between the cage and mercaptopurine guests, in agreement with the spectroscopic results. Drug release experiment in PBS buffer solution demonstrated that the release process of drug molecules was able to last for 45 hours, effectively retarding burst release of mercaptopurine, which make these cages suitable candidates as drug carriers.

## Conflicts of interest

We have no competing interests.

## Ethics

An ethical assessment is not required for our research.

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## Authors' contributions

J. M. L., J. F. W. and J. H. B. designed the study. J. F. W. and L. Y. H. prepared all samples for analysis. J. F. W., S. Y. L. and S. Q. collected and analysed the data. J. M. L., Y. W. X., and C. Y. S. interpreted the results and wrote the manuscript.

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