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# Manufacturing, characterization, and degradation of a poly(lactic acid) warp-knitted spacer fabric scaffold as a candidate for tissue engineering applications

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Three-dimensional bioabsorbable textiles represent a novel technology for the manufacturing of tissue engineering scaffolds. In the present study, 3D bioabsorbable poly(lactic acid) (PLA) spacer fabric scaffolds are fabricated by warp-knitting and their potential for tissue engineering is explored *in vitro*. Changes in physical properties and mechanical performance with different heat setting treatments are assessed. To characterize the microenvironment experienced by cells in the scaffolds, yarn properties are investigated prior to, and during, hydrolytic degradation. The differences in yarn morphology, thermal properties, infrared spectra, and mechanical properties are investigated and monitored during temperature accelerated *in vitro* degradation tests in phosphate buffered saline (PBS) solution at 58 °C and pH 7.4 for 55 days. Yarn and textile cytocompatibility are tested to assess the effect of materials employed, manufacturing conditions, post processing and sterilization on cell viability, together with the cytocompatibility of the textile degradation products. Results show that the heat setting process can be used to modify scaffold properties, such as thickness, porosity, pore size and stiffness within the range useful for tissue regeneration. Scaffold degradation rate in physiological conditions is estimated by comparing yarn degradation data with PLA degradation data from literature. This will potentially allow the prediction of scaffold mechanical stability in the long term and thus its suitability for the remodelling of different tissues. Mouse calvaria preosteoblast MC3T3-E1 cells attachment and proliferation are observed on the scaffold over 12 days of *in vitro* culture by 4',6-diamidino-2-phenylindole (DAPI) fluorescent staining and DNA quantification. The present work shows the potential of spacer fabric scaffolds as a versatile and scalable scaffold fabrication technique, having the ability to create a microenvironment with appropriate physical, mechanical, and degradation properties for 3D tissue engineering. The high control and tunability of spacer fabric properties makes it a promising candidate for the regeneration of different tissues in patient-specific applications.

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## Introduction

Traditional surgical approaches for the repair or replacement of severely damaged tissue (including autograft and allograft) are expensive and painful, providing the potential for infection and foreign body rejection. Furthermore, major reconstructive surgeries (*e.g.*, following trauma or tumour resection) are limited by a paucity of tissue availability and donor site morbidity.<sup>1</sup> Tissue engineering, or regenerative medicine, aims to

develop new functional tissues by combining highly porous scaffold biomaterials with cells from the body and mechano-biological or biophysical cues, to regenerate damaged tissue *in vitro* or *in vivo*.<sup>2,3</sup> The field of regenerative medicine is in continuous growth, with the global tissue engineering market size computed at USD 9.9 billion in 2019 and expected to witness a compound annual growth rate of 14.2% from 2020 to 2027.<sup>4</sup> The ideal tissue engineering scaffold should act as a template for tissue formation. It should feature excellent biocompatibility and provide a 3D interconnected open porous architecture allowing cells infiltration, nutrient diffusion, and waste removal, with suitable pore size distribution to stimulate tissue ingrowth and promote vascularization.<sup>5</sup> Physical and chemical scaffold surface properties should be optimized to stimulate the attachment, proliferation, differentiation of the cell type of interest (depending on the target tissue to regener-

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ate) promoting fully functional new tissue ingrowth.<sup>6</sup> A tissue engineering scaffold must also have adequate mechanical properties to be handled during surgical procedure. It must provide enough mechanical stability at the time of implantation, allowing for sufficient load transfer to the host tissue, which is necessary to promote tissue regeneration and integration. Scaffold constructs, should be able to degrade in the body at a suitable rate to allow for gradual load transfer to the newly formed tissue, until achieving complete scaffold replacement.<sup>2,7</sup> The balance of suitable 3D architecture, surface characteristics, mechanical properties, and degradation kinetics becomes the main challenge for the development of a scaffold for each specific tissue engineering application. Additionally, scaffold target requirements vary, not only due to the structural and functional diversity between various tissues, but also within the same tissue, according to implant location, pathologic conditions, patient age and activity level.<sup>2</sup> A suitable scaffold manufacturing method should then enable the tailoring of physical, biochemical, and mechanical properties of the construct to facilitate the manufacturing of tissue and patient specific implants. Additionally, scaffold fabrication should be cost effective and easily scalable to large volumes of production.<sup>8,9</sup> In this context, combining textile technology and bioabsorbable polymers has the potential to fulfil the complex requirements of optimal scaffold manufacturing.

Textile technology offers versatile tools for precise control of material, pore size, geometry, morphology, interconnectivity, and mechanical properties. It provides design freedom at the micro (fibre) and macro (fabric) scale, while allowing production at an industrial scale. Textile fibres can mimic fibrous biological structures of the extracellular matrix, such as collagen and elastin fibre.<sup>10,11</sup> Several fibre-based structures, such as woven,<sup>12</sup> braided,<sup>13</sup> knitted<sup>14</sup> and non-woven<sup>15</sup> constructs, and their combination,<sup>16</sup> have been studied as tissue engineering scaffolds. Among the wide and diverse range of textile technologies, knitting enables a high control over complex fabric architectures and provides highly flexible and extensible fabrics with optimal bursting properties. The qualities of knitted fabrics highlights such structures for the engineering of both non- and load-bearing tissues.<sup>17</sup> Besides two-dimensional knits,<sup>14,18</sup> 3D knitted spacer fabrics (*i.e.*, textiles composed of two flat cover areas knitted using multifilament yarns and interconnected by a stiff monofilament yarn) better resemble the natural 3D microenvironment offered by the extracellular matrix to cells during tissue formation.<sup>11</sup> For example, Schäfer *et al.*<sup>19</sup> developed poly(ethylene terephthalate) warp-knitted spacer fabric reinforced hydrogels for soft tissue engineering, whereas Ribeiro *et al.*<sup>20</sup> demonstrated the potential of weft-knitted silk based spacer fabrics for flat bone regeneration, both *in vitro* and *in vivo*.

Bioabsorbable polyesters, *i.e.*, polymers having the ability to disintegrate into smaller fragments metabolizable by the human body,<sup>21</sup> have become very attractive for use in scaffold-based implants. Degradation of such polymers when implanted *in vivo*, occurs through chemical bond cleavage

mostly by hydrolyzation of covalent bonds, with consequent decrease of their molecular weight and, in turn, mechanical integrity. Several factors influence degradation such as material properties, geometry, and microstructure.<sup>21</sup> Among bioabsorbable polyesters, poly(lactic acid) (PLA) can be produced by renewable resources, and it is promising due to its excellent biocompatibility, good mechanical properties, and predictable degradation rate.<sup>22</sup> The degradation of bioabsorbable polyesters has been extensively studied using both experimental<sup>23</sup> and computational<sup>24,25</sup> approaches. However, there is no good description of the degradation of bioabsorbable yarns, which is highly influenced by the characteristics of the base material and processing routes (*e.g.*, spinning method, drawing ratio, spinneret geometry, filament number).<sup>21,26,27</sup> Additionally, studying the evolution of mechanical properties at a yarn level can provide useful information on the micro-environment experienced by cells in the different parts of the fabric prior to and during degradation.

To the authors' knowledge, no studies have previously investigated the use of plain PLA warp-knitted spacer fabric scaffolds for tissue engineering applications. It is unknown how warp-knitted spacer fabric properties, which are relevant for tissue regeneration, change with post processing treatments. Heat setting, which is a thermal treatment performed after manufacturing, is of particular interest; being necessary to stabilize a structure in the equilibrium form which a textile assumes.<sup>26</sup>

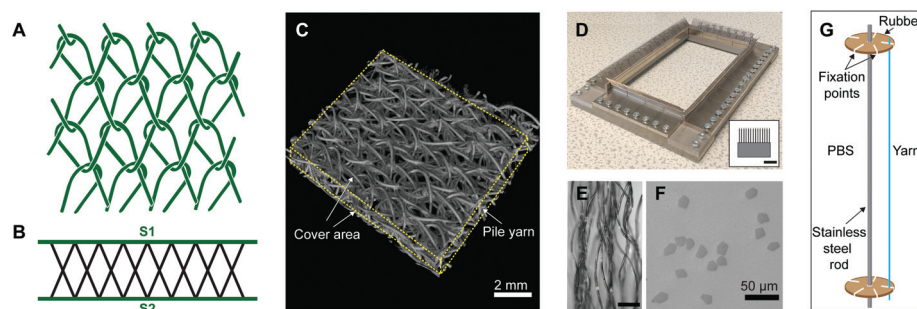
In the present study, novel warp-knitted spacer fabric scaffolds were designed for 3D tissue engineering applications using commercially available PLA monofilament and multifilament yarns. The effect of heat setting on scaffold morphology and 3D structure was evaluated using micro-computed tomography (micro-CT). Mechanical properties of heat set fabrics were assessed through compression tests. Temperature accelerated *in vitro* degradation tests were carried out on the same PLA yarns employed for scaffold manufacturing. With the aim to predict scaffold behaviour during long-term degradation at physiological temperature, the yarns' mechanical properties, thermal response, and infrared spectra were investigated throughout hydrolytic degradation. The yarns employed for the fabrication of the textile, the best performing textile scaffold, and its degradation products were tested for *in vitro* cytocompatibility, to assess any potential cytotoxic effect of base materials, and manufacturing/sterilization processes in the short and long term. Considering the possible application of the scaffold for bone tissue regeneration, spontaneously immortalized murine calvarial preosteoblast MC3T3-E1 cell line attachment and proliferation on the scaffold were qualitatively and quantitatively assessed over 12 days of culture *in vitro*.

## Materials and methods

### Textile manufacturing and post processing

**Spacer fabric production.** A spacer fabric textile is a three-dimensional textile made of two parallel cover areas interconnected by a stiff pile yarn, which maintains a fixed distance





**Fig. 1** (A) Schematic diagram of warp-knitted pattern used on faces S1 and S2. (B) Simplified illustration of pile yarn geometry. (C)  $\mu$ CT image of PLA warp-knitted spacer fabric after manufacturing. (D) Custom made heat setting stenter frame with schematic diagram of stenter pin. Scale bar 1 cm. (E) Optical image of PLA multifilament yarn, 200  $\mu$ m scale bar. (F) Detail of the cross section of multifilament yarn after embedding in epoxy resin. (G) Schematic diagram of samples for mechanical testing during degradation.

between the two surfaces. PLA spacer fabric textiles were manufactured using a Karl Mayer double needle bar Raschel warp-knitting machine DR 16 EEC/EAC. Three 6-inch-long guide bars with 18 needles per inch were used, with one guide bar per each face of the knit and one for the pile yarn. Bars B1 and B16 produced the cover areas according to the following lapping diagram: bar B1: 1-0/1-1/1-2/1-1//, bar B16: 1-1/1-0/1-1/1-2//. Bars B1 and B16 were threaded with PLA 86 dtex multifilament yarn (linear density of yarns,  $LD$ , given using decitex count: 86.76 g per 10 000 m of yarn) (TREVIRA® 41053588, 32 filaments) supplied by Trevira GmbH. The spacer was prepared using bar B10, according to the following chart: bar B10: 1-0/1-0/1-2/1-2//. Bar B10 was threaded with PLLA 99 dtex monofilament yarn from Luxilon Industries NV, to give thickness and stiffness to the three-dimensional structure. The manufactured textile featured a Tricot lapping and an X pile yarn configuration (Fig. 1A–C). Linear density of the yarns was measured prior to the experiments following DIN EN ISO 2060. A value of 8 effective arches per centimetre (EAC) (which is a machine parameter that regulates the drawing speed of the produced fabric, and thus the theoretical number of stitch courses per centimetre in production direction) was employed for fabric manufacturing.

**Textile heat setting.** Heat setting can be performed in free or constrained shrinkage conditions, *i.e.*, applying tension to the textile during the process. The latter is the preferred method for industrial production since it allows for a better control of the textile final shape. One of the main parameters that influences the properties of heat set textiles is the setting temperature,<sup>28</sup> which ranges between  $T_G + (20\text{--}40\text{ }^\circ\text{C})$  and  $T_M - (20\text{--}60\text{ }^\circ\text{C})$ , where  $T_G$  is the glass transition and  $T_M$  the melting temperature of the polymer fibres. A custom-made stainless steel stenter frame (Fig. 1D) was employed to heat set the textile in constrained conditions.<sup>29</sup> Each fabric sample was fixed in the frame (constrained area of 10 cm  $\times$  14 cm) and placed in a gravity convection oven (Heratherm OGS100, Thermo Scientific), for 5 minutes at either 90  $^\circ\text{C}$ , 120  $^\circ\text{C}$  or 150  $^\circ\text{C}$ . Heat set textile samples were allowed to cool down for 10 minutes in air before being removed from the frame. Due to inhomogeneous temperature distribution in the proximity

of the frame metal bars, a fabric width of 1.5 cm from each fixation point was discarded.

### Textile characterization

**Micro-computed tomography.** Computed tomography was employed to analyse the morphology of produced textiles, using a CT-ALPHA system (Procon X-Ray, Sarstedt, Germany). For the not-set and various heat set textile samples, specimens were created from three different parts of the fabric and scanned ( $n = 3$ ) to capture potential variabilities induced by the manufacturing process. These scans were employed for the evaluation of thickness, porosity, and pore size distribution of the fabrics.

**Thickness, porosity, and pore size evaluation.** Fabric thickness was measured from 2D images obtained from CT-data using Fiji ImageJ,<sup>30</sup> averaging at least five measurements per textile. Using the Porodict module of GeoDict® software v2014 (Math2Market GmbH) to analyse CT images, samples porosity and pore size distribution were measured. Due to the periodicity of the structure along the textile surface, only a unit cell of each specimen was analysed. Pore size distribution was calculated *via* granulometry by fitting spheres into the pore volume to determine pore radius. Values of pore diameter at 10, 50 and 90% cumulative fraction of pores are reported. Only open porosity is calculated and reported here.

**Mechanical testing.** Unconfined uniaxial compression tests were performed employing a ZwickRoell Z2.5 testing machine equipped with 1187 mm<sup>2</sup> (lower) and 857 mm<sup>2</sup> (upper) compression plates, and a 10 N load cell and in standard atmosphere for textile conditioning and testing according to DIN EN ISO 139.<sup>31</sup> To avoid potential size effects observed in spacer fabrics,<sup>32</sup> fabric specimens featured a wider area with respect to the upper compression plate (sample area of approximately 1134 mm<sup>2</sup>). Samples were tested at a constant strain rate of 1 mm min<sup>-1</sup> until reaching either a 1 mm maximum displacement of the upper plate or 8 N maximum compression force.<sup>29</sup> A preload of 10 cN was applied to ensure adequate contact of the textile with the compression plate. Three specimens were tested per each heat setting condition. Average stress–strain curves for each condition were obtained by pointwise calcu-



lation of average and standard deviation of the stress at each strain value. Young's modulus was calculated in the linear elastic deformation range between 30% and 35% strain.

### Yarn characterization

**Yarn morphology.** A Leica DM 4000M microscope in transmitted light mode was used to inspect the filament size, morphology, and cross section of PLA yarns prior to degradation; Leica Application Suite v4.12 was used for imaging and analysis. The filament diameter in the multifilament yarns and of the monofilament yarns were approximately 16  $\mu\text{m}$  (Fig. 1E) and 98  $\mu\text{m}$  respectively. To measure the filaments cross section, yarns were cold embedded in a two-component epoxy resin. After curing, samples were cut, ground using the grinding device EcoMet™ 250 by Buehler Ltd, sanded with sanding paper (80 to 1  $\mu\text{m}$  grit), and polished with a polishing cloth. An example of the cross section of epoxy embedded PLA multifilament yarn is shown in Fig. 1F. Filament cross section values from 7 longitudinal positions across the yarn length were averaged ( $n = 7$ ).

**Temperature accelerated degradation tests.** Temperature accelerated degradation tests were carried out on PLA yarns *in vitro* in phosphate buffered saline (PBS) solution at 58 °C and constant pH of 7.4 following the indications from ISO 13781:2017.<sup>33</sup> A temperature of 58 °C, lower than the glass transition temperature of both yarns, was chosen to increase the rate of the hydrolysis reaction without affecting its mechanisms, thus obtaining results which can be extrapolated to degradation at physiological temperature.<sup>34</sup> One specimen per each yarn type and time point ( $n = 1$ ) was placed in 30 mL screw-top glass bottles and fully immersed in PBS, for use in thermal and spectroscopic analysis. For each yarn type and time point, five specimens ( $n = 5$ ) were degraded in a straight configuration to allow the testing of yarns mechanical properties in wet conditions. Each yarn extremity was fixed in a rubber sheet inserted on a thin stainless-steel rod, as shown schematically in Fig. 1G. The prepared assemblies, containing five specimen each, were then placed in 60 mL screw-top glass bottles and immersed in PBS. Samples were kept in a convection oven for 55 days, removing six specimens per type at each time point, *i.e.*, at day 1, 2, 4, 6, 15, 22, 35 and 55. The pH of the solutions was monitored at regular intervals using a ThermoScientific OrionStar A111 pH meter and adjusted if necessary, according to the standard.<sup>33</sup> Due to the high liquid to mass ratio of samples used for mechanical tests, solution pH was monitored in 30 mL bottles only. Prior to thermal and spectroscopic analysis, degraded samples were filtered and dried in an oven at 50 °C for at least 24 h. An Arrhenius relationship, eqn (1), is used to extrapolate yarn degradation results from 58 °C to physiological temperature:<sup>35</sup>

$$k = Ae^{-\frac{E_a}{RT}} \quad (1)$$

where  $k$  is the degradation rate constant;  $A$  is a constant;  $E_a$  is the activation energy of the reaction in  $\text{J mol}^{-1}$ ;  $R$  is the universal gas constant ( $R = 8.314 \text{ J mol}^{-1} \text{ K}^{-1}$ ), and  $T$  is the tempera-

ture in Kelvin, K. Based on the activation energy results from Weir *et al.*,<sup>35</sup> the *in vitro* degradation rate was expected to be accelerated by approximately 12-fold at 58 °C compared to 37 °C.

**Yarn mechanical testing.** Yarn mechanical properties were determined by a variation of a tensile test based on ISO 2062:2009,<sup>36</sup> employing a Zwick 2.5 machine equipped with smooth Vulkollan jaws and 5 N load cell, using a gauge length of 100 mm, a strain rate of  $100 \text{ mm min}^{-1}$  and a preload of  $0.5 \text{ cN tex}^{-1}$  (1 tex = 1 gram per 1000 m of yarn) in a climatized testing environment as per DIN EN ISO 139.<sup>31</sup> Degraded yarns were tested in wet conditions as prescribed by ISO 13781. The ultimate tensile strength, UTS (MPa), extension at ultimate strength,  $\epsilon_{\text{max}}$  (%) and Young's modulus,  $E$  (GPa) of yarns were analysed during degradation. To eliminate the effects of any potential sample misalignment and avoid the initial toe region in the force–displacement curves for all samples,  $\epsilon_{\text{max}}$  and  $E$  were calculated considering zero strain in correspondence to the preload force  $F_0$  recommended by the norm for the tensile testing of multifilament yarns:<sup>36</sup>

$$F_0 [\text{cN}] = 2 [\text{cN tex}^{-1}] \times LD_{\text{Multi}} [\text{tex}] \quad (2)$$

where  $2 \text{ cN tex}^{-1}$  is the recommended preload for multifilament yarns and  $LD_{\text{Multi}}$  is the linear density of the yarn in tex. Yarn cross section values were measured by optical microscopy for the calculation of Young's modulus, which was calculated between 0% and 0.5% strain using a secant approach.

**Differential scanning calorimetry.** A DSC 214 Polyma (NETZSCH) machine was employed to analyse the thermal properties of dried, degraded yarns. The pre-weighed sample ( $\sim 5 \text{ mg}$ ) was sealed in an aluminium pan and then heated in a nitrogen atmosphere from 0 °C to 200 °C at a heating rate of  $10 \text{ K min}^{-1}$ , kept at 200 °C for 5 minutes, cooled until 0 °C at  $10 \text{ K min}^{-1}$ , kept at 0 °C for 5 minutes and heated again to 200 °C at  $10 \text{ K min}^{-1}$  following ISO 11357.<sup>37</sup> The enthalpy of fusion of the sample  $\Delta H_f$  ( $\text{J g}^{-1}$ ) was obtained by integration of the heat flow curve in correspondence to the melting endothermic transition from the first heating cycle, to provide a true indication of changes in the yarn thermal properties due to hydrolysis. The degree of crystallinity,  $X_C$  (%) (volume fraction) was then calculated using eqn (3), dividing the measured  $\Delta H_f$ , by the theoretical enthalpy of fusion of 100%-crystalline PLA,  $\Delta H_{f100\%}$  equal to  $93 \text{ J g}^{-1}$ .<sup>38</sup>

$$X_C = \frac{\Delta H_f}{\Delta H_{f100\%}} \times 100 \quad (3)$$

Glass transition temperature and melting point were also monitored during degradation. The cooling and second heating cycle were analysed to gain insights on crystalline morphology, material properties, and yarn manufacturing processes which may be of interest for degradation process characterization.

**Fourier transformed infrared spectroscopy.** Fourier transformed infrared (FTIR) spectroscopy is a promising tool for the study of bioabsorbable polymers, since their degradation pro-



properties depend on the chemical structure of their repeating units, and on their macromolecular characteristics, such as chiral unit distribution, tacticity<sup>39</sup> and crystalline morphology.<sup>40,41</sup> A Nicolet iS10 FTIR machine by Thermo Fisher Scientific, Waltham, USA was employed to analyse Infrared Spectra of degraded samples. For each sample, a total of 64 background measurements and 36 sample measurements were performed. The test output is the spectrum of measured transmittance  $T$  (%), calculated as the ratio between the intensity of the measured wavelength in the beam,  $I$  ( $\text{W m}^{-2}$ ), and the intensity of the background spectrum at the same wavelength,  $I_0$ , as shown in eqn (4).

$$T = \frac{I}{I_0} \quad (4)$$

### *In vitro* cell study

**Yarns and textile cytocompatibility.** The biocompatibility of the PLA yarns used for scaffold manufacturing is dependent on proprietary supplier information such as raw material composition and on the yarn manufacturing process (spinning). The resulting textile biocompatibility is influenced by these factors as well as the textile manufacturing processes and following treatments (heat setting and sterilization). Therefore, both yarns and textile were assessed to evaluate the effects of raw materials and scaffold manufacturing processes on the final scaffold biocompatibility. The potential of this technology for regenerative medicine was tested on the example of bone tissue engineering. The *in vitro* cytocompatibility of PLA (i) monofilament yarn, (ii) multifilament yarn, and (iii) warp-knitted spacer fabric scaffold heat set at 150 °C was assessed following ISO 10993-5/-12<sup>42,43</sup> using extract testing.

Prior to extraction, the PLA monofilament and multifilament yarns (i and ii) were autoclaved at 121 °C and the textile was sterilized *via* Ethylene Oxide (EtO) by Tephra Medical Inc. While steam sterilization has been shown to cause damage under autoclave conditions,<sup>21,44</sup> PLA yarns were steam sterilized to assess their cytocompatibility *in vitro*. To closely represent the intended clinical use of the scaffold, the cytocompatibility of the final textile scaffold sterilized *via* EtO, and its degradation products (described in the next section), were also assessed.

Supplemented culture medium consisting of  $\alpha$ MEM (Minimum Essential Eagle with Alpha modification) supplemented with 2 mM L-glutamine, 100 U  $\text{mL}^{-1}$  penicillin, 100  $\mu\text{g mL}^{-1}$  streptomycin, and 10% foetal bovine serum (FBS) (all supplied by Sigma Aldrich) was used as both culture and extraction medium. Sample extracts of (i–iii) were prepared by immersing the test material in supplemented culture medium at sample mass per extract liquid volume ratio of 0.1  $\text{g mL}^{-1}$ , as the ISO standard suggests for irregularly shaped porous devices. Extraction was performed for  $72 \pm 2$  h at  $37 \pm 1$  °C. To account for the absorbency of test samples, as suggested by the ISO standard, the volume of extraction media absorbed per 0.1 g of material was measured beforehand and then, performing the extraction of each sample, this extra volume was added to each respective extraction mixture.

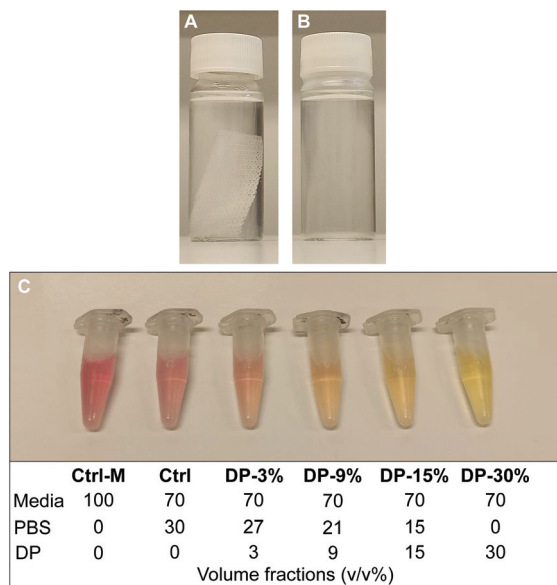
After 72 h incubation time, the liquid extracts from each sample type (i–iii) were diluted in fresh supplemented media to reach concentrations of 10, 50 and 100% (non-diluted) sample extracts. In parallel, osteoblast precursor cell line MC3T3-E1 from the American Type Culture Collection (ATCC, Manassas, VA, USA) (passage 24–25) were seeded at a density of  $10^4$  cells per well in a 96-well plate dispensing 100  $\mu\text{L}$  cell suspension ( $1 \times 10^5$  cells per mL) in each well, using 12 wells per each condition studied ( $n = 12$ ). The cells were then incubated for 24 h under standard conditions to allow attachment. After 24 h, the media was replaced with 100  $\mu\text{L}$  of treatment medium containing either the appropriate concentration of sample extract (conditioned media), control media or cytotoxic media. Control media consisted of supplemented  $\alpha$ MEM (100% viability), while the cytotoxic media consisted of 10% DMSO in complete culture medium (0% viability).<sup>45</sup> After further 24 h, alamarBlue™ (Thermo Scientific™ Cell Viability Reagent) assay was used to determine metabolic activity of the cells according to manufacturer's instructions. After 4 h incubation with Alamar Blue solution, samples fluorescence was read at an excitation wavelength of 530 nm and emission wavelength of 590 nm, using black-walled 96-well plates and a Synergy™ HT multi-mode microplate reader (BioTek).

### Cytocompatibility of textile degradation products

To further investigate cytocompatibility, PLA textile scaffold degradation products were assessed for *in vitro* cytotoxicity using an adaption of the testing method described in the previous section. The degradation products of the textile (iv) were obtained by immersing an EtO sterilized PLA textile samples in cell culture grade PBS at ratio of 0.004  $\text{g mL}^{-1}$  (sample mass to volume of PBS, as recommended by the standard for *in vitro* degradation testing of PLA<sup>33</sup>) in an oven at 100 °C for 5 days. Almost complete textile degradation (>95%) was achieved during this process. The PBS containing the degradation products of the textile was then mixed with fresh PBS and culture media and used as conditioned media on cells. Since in a physiological environment, complete hydrolytic degradation of the textile would take place over several years, with a gradual release and metabolization of degradation products (mainly monomers, *i.e.*, lactic acid), the conditions studied here represents an exaggerated release condition, suitable to study potential cytotoxicity effects of a substance *in vitro*. The immersed textile sample before and after degradation is shown in Fig. 2A and B, with the pH of the PBS solution, measured using pH stripes, dropping from 7.4 (Fig. 2A) to 3–3.5 (Fig. 2B) after degradation, confirming the presence of lactic acid in solution. Prior to the test, the effect of fresh PBS on cells in culture was investigated. It was observed that cells treated with 30% v/v PBS in complete culture media maintained the same metabolic activity of cells treated with media only. As a result, a concentration of 30% v/v PBS in culture media was employed for the present test.

MC3T3-E1 cells (passage 22) were seeded at a density of  $10^4$  cells per well in a 96-well plate dispensing 100  $\mu\text{L}$  cell suspen-





**Fig. 2** PLA textile immersed in PBS ( $0.004 \text{ g mL}^{-1}$ ) (A) before and (B) after degradation at  $100 \text{ }^\circ\text{C}$  for 5 days. (C) Aliquots of conditioned media. Ctrl-M = fresh media only, Ctrl = control with 30% fresh PBS in fresh media, DP-3% = 3% PBS from degraded sample in media. Samples compositions are also reported in volume fractions (v/v%).

sion ( $1 \times 10^5$  cells per mL) in each well, using 6 wells per each condition studied ( $n = 6$ ). 24 h after seeding, the media was replaced with  $100 \mu\text{L}$  of treatment medium containing either the appropriate concentration of PBS mixture (PBS with degradation products, Fig. 2B), control media or cytotoxic media. Control media consisted of 30% v/v fresh PBS in supplemented  $\alpha\text{MEM}$  (positive control), another control was used consisting of supplemented  $\alpha\text{MEM}$  only (untreated healthy cells), while the cytotoxic media consisted of 10% DMSO in complete culture medium (negative control). The PBS from the degraded samples was mixed with fresh PBS in different ratios, reaching a final concentration of 30% total PBS in media. Cells were therefore exposed to conditioned media with a final concentration of 3, 9, 15 and 30% v/v of PBS from degraded samples. The composition of all conditioned and control media is reported in Fig. 2C. A change of the colour of conditioned media solutions, containing media with phenol red as pH indicator, was observed with increasing concentration of degradation products, with  $\text{pH} = 7.7\text{--}8$  for Ctrl-M, Ctrl and DP-3% groups,  $\text{pH} = 7.4\text{--}7.7$  for DP-9% group, and  $\text{pH} = 7\text{--}7.2$  for DP-15% and DP-30%. After further 24 h, alamarBlue™ assay was used to determine metabolic activity of the cells as described in the previous section.

**Cell infiltration, attachment, and proliferation on the scaffold.** To investigate cell infiltration, attachment, and growth on the produced textile, MC3T3-E1 cells were seeded on PLA warp-knitted spacer fabric previously heat set at  $150 \text{ }^\circ\text{C}$ . Scaffold samples were cut out of sterile textile sheets using 6 mm-diameter disposable punches, and then soaked in ethanol for 1 h since both are hydrophobic. Following

thorough washing with sterile PBS, scaffolds were incubated in culture media for 1 h.<sup>15</sup> MC3T3-E1 cells at passages 20–22 were plated onto the top of scaffolds in 96-well plates. Seeding density was  $10^4$  cells per 3D scaffold. After seeding, scaffolds were incubated for 30 minutes, and then fresh culture media was added, to reach a working volume of  $200 \mu\text{L}$  per well. To visualize cells distribution on the scaffold after 1 and 12 days of culture, samples were rinsed with PBS and fixed with 4% formalin for 30 min at room temperature. After washing three times with PBS, the samples were incubated with 0.5% Triton-X 100 in PBS for 15 minutes, followed by 1 hour incubation in 1% bovine serum albumin in PBS. After rinsing the samples three times with PBS, cell nuclei were stained using 4',6-diamidino-2-phenylindole (DAPI; Sigma-Aldrich) incubating for 30 minutes in the dark at room temperature. The cell-scaffold samples were observed under a fluorescence microscope (Olympus BX43 Microscope). To quantify cell proliferation during culture, cells on 4 samples per time point ( $n = 4$ ), were lysed directly on the scaffolds using 0.1% Triton X-100, 5 mM Tris-HCL at pH 8 at day 1 and 12 of culture. The supernatant was then transferred to Eppendorf vials and subjected to four freeze/thaw cycles. Pico 488 dsDNA quantification kit (Lumiprobe) was used to quantify the amount of double stranded DNA in cell lysates following manufacturer's instructions. Fluorescent intensity was measured at an excitation wavelength of 485 nm, and emission wavelength of 528 nm.

**Statistical analysis.** Statistical analysis was performed using Minitab software (Minitab® 19). First, a Ryan-Joiner test was used to determine data normality. To determine statistical comparisons between multiple groups, a one-way ANOVA followed by pair-wise comparison with Tukey's test or Games-Howell test (in case of non-equal variances of data) was performed. Independent *t*-test was performed when comparing two groups only (thickness and DNA results). Statistical significance was set to  $*p \leq 0.05$ ,  $**p \leq 0.01$ . Data are shown as mean value  $\pm$  standard deviation.

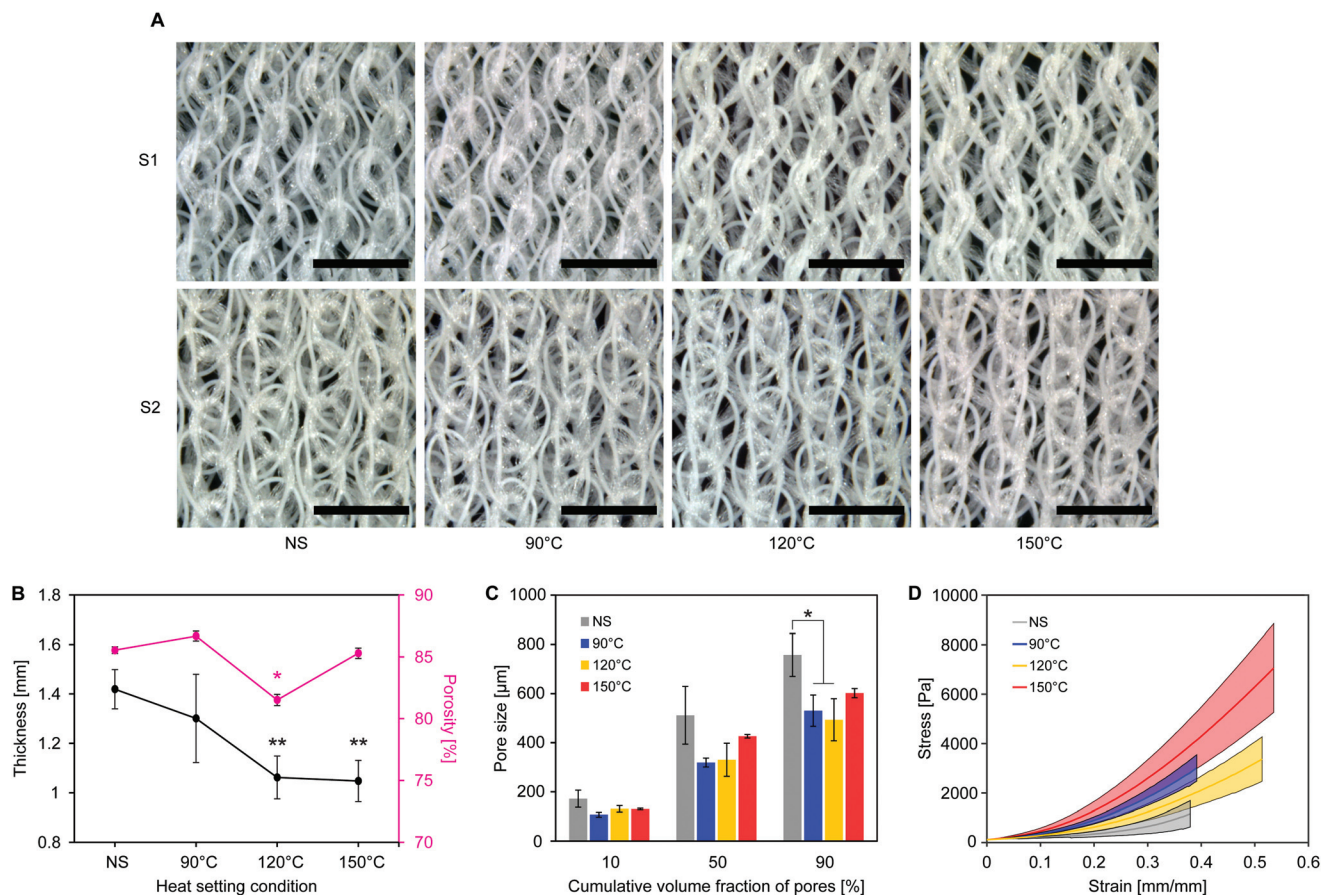
## Results

### Warp-knitted textiles properties

**Morphological characterization of the textiles.** In Fig. 3A microscopy images show the morphology of upper (S1) and lower (S2) textile surfaces of textiles heat set at different temperatures. The images confirmed the high porosity of the structure with interconnected open pores with slightly different morphologies on the two cover faces. Both monofilament (white) and multifilament (transparent) yarns are visible on the cover areas, with monofilament forming wider loops with respect to the multifilament, due to the higher stiffness of the yarn. Visual examination of the textiles confirms a change of surface morphology with heat setting, with a shift from a loose to a tight knit structure evident at higher temperatures ( $120$  and  $150 \text{ }^\circ\text{C}$ ).

As shown in Fig. 3B, the average textile thickness ( $1.42 \pm 0.08 \text{ mm}$  before heat setting) significantly decreased with high





**Fig. 3** (A) Optical images of fabric surfaces (S1 and S2) before (NS = not heat set) and after heat setting, 2 mm scale bar. (B) Fabric thickness and porosity with and without heat setting. (C) Pore size (diameter) distribution. (D) Stress–strain curves from uniaxial compression tests, for different heat setting conditions ( $\pm$  standard deviation). Significance (in B and C) refers to non-set textile.

setting temperatures ( $1.06 \pm 0.9$  mm for 120 °C and  $1.05 \pm 0.08$  mm for 150 °C,  $p = 0.01$ ), while not being significantly affected when setting at 90 °C ( $1.30 \pm 0.18$  mm,  $p = 0.36$ ).

**Porosity and pore size analysis.** Overall textile porosity significantly decreased from  $85.55 \pm 0.27\%$  to  $81.51 \pm 0.45\%$  after setting at 120 °C,  $p < 0.001$ , while not being affected when heat setting at other temperatures. CT images showed that the textiles featured both macropores, such as those between the two cover areas, and micropores, between single filaments or yarns on the surfaces. Pore size distribution in Fig. 3C is given as the maximum diameter of the pores occupying 10, 50 or 90% of the total pore volume, counting pores from the smallest to the biggest. A decrease in pore size at all heat setting conditions is observed, with a significant drop of the overall pore diameter, *i.e.*, at 90% volume fraction of pores, at 90 and 120 °C,  $p = 0.023$ , with the majority of pores in heat set textiles being smaller than 500–600  $\mu\text{m}$  on average.

Textile shrinkage during heat setting causes the observed decrease in thickness and pore size. At low setting temperatures (90 °C), pore size decreases more than thickness, suggesting that yarn shrinkage in the cover areas is taking place without affecting the spacer yarn between the surfaces. When increasing the setting temperature, shrinkage of the pile

yarn leads to a concurrent decrease of thickness and pore size. Overall porosity does not change considerably, as the decrease in textile thickness is accompanied by a drop of pore size. Pore definition is improved, being the structure in a position of lower minimum energy from the state prior to heat setting,<sup>26</sup> thus providing a stable environment for cell attachment and growth.

**Mechanical characterization of the textiles.** Fig. 3D shows the average stress–strain curves obtained from uniaxial compression tests on textiles heat set at different temperatures. An increase in scaffold compressive modulus with heat setting was observed at all conditions, with compressive modulus being  $5.7 \pm 3.1$  kPa for non-set textile,  $12.1 \pm 1.3$  kPa for the 90 °C condition,  $9.3 \pm 2.2$  kPa for the 120 °C condition and  $16.1 \pm 4.4$  kPa for the 150 °C condition, the latter featuring the highest modulus. The curves present an initial stage with low slope due to the compression of the yarns in the loose outer layers. When the fabric is further compressed, multifilament stitches fasten the structure, with the monofilaments partially constrained by the multifilament stitches, undergoing buckling. Textile behaviour in the second stage is linear elastic, so a representative Young's modulus for the structure was calculated in this region. Due to the limited thickness of the textile,



the mechanical tests were stopped before reaching the last phases of spacer fabric deformation, which usually involve a plateau stage followed by rapid increase of the compression stress due to densification of the structure.<sup>32,46</sup>

### Yarns degradation properties

**Morphological characterization.** The microscopy images of epoxy embedded yarns reveal a circular cross section for the monofilament yarns, with the single filaments which constitute the multifilament yarn featuring polygonal shapes of variable sizes. The average cross sections of undegraded monofilament and multifilament yarn, being 7519 and 7178  $\mu\text{m}^2$ , respectively, are used for the calculation of the Young's modulus of the yarns during degradation. Fig. 4 shows the morphology of PLA yarns samples for thermal and spectroscopic analyses at different stages of degradation. No apparent change in monofilament morphology occurred at the initial stages of degradation, with yarn breakdown becoming visible on samples degraded for 35 days (Fig. 4A). Filaments in the multifilament yarn readily entangle when immersed in water, assuming a compact shape, where single strands of yarns become undistinguishable (Fig. 4B); however, if the multifilament yarn is immersed in a straight geometry, *i.e.*, samples for mechanical tests, no entanglement occurs. After 35 days of degradation, the multifilament yarn disintegrated into a powder. Increased brittleness of yarns on handling was observed for both yarns during degradation.

**Mechanical characterization.** At day 0, the two yarns featured different ultimate strength, comparable elongation at ultimate strength and distinct Young's modulus (Fig. 5A–C), with monofilament being stiffer and stronger ( $6.8 \pm 0.3$  GPa and  $359 \pm 14.9$  MPa compared to  $2.6 \pm 0.2$  GPa and  $211.7 \pm 11.7$  MPa of multifilament yarn). Due to the loss of mechanical integrity, yarns could not be clamped and mechanically tested after 15 (multifilament) and 22 (monofilament) days of accelerated degradation. A steady decrease of the ultimate tensile

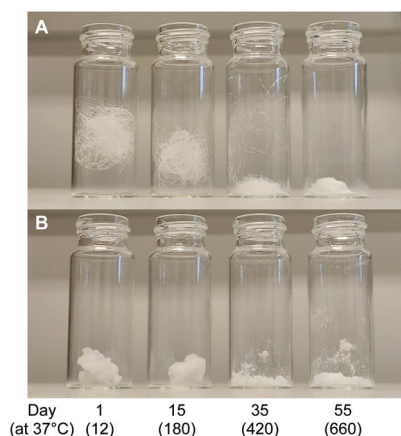
strength, UTS, is observed for both yarns, with a minimum of  $57.7 \pm 12.7$  MPa at day 15 for the multifilament yarn and  $42.2 \pm 11.3$  MPa at day 22 for the monofilament yarn (Fig. 5A). The elongation at ultimate strength,  $\epsilon_{\text{max}}$ , of the monofilament yarn increased from 31.1% to 41.5% during the first 6 days of accelerated degradation, featuring a sharp drop at 15 days (to  $1.6 \pm 0.1\%$ ) also observed for the multifilament yarn (to  $1.4 \pm 0.8\%$ ) (Fig. 5B). For both yarns, Young's modulus remained approximately constant during degradation (Fig. 5C), which is in line with the general trend observed in literature.<sup>24,35,47</sup> Assuming a 12-fold acceleration of the degradation processes based on eqn (1), the mechanical integrity of PLA monofilament yarn would be maintained for more than 8 months at physiological temperature (37 °C), whereas multifilament yarns would resist for more than 6 months.

**Thermal analysis.** Fig. 5D–I show the DSC thermographs of PLA monofilament and multifilament yarns obtained at different stages of degradation. The small change in heat capacity at glass transition indicates that both yarns have high degree of crystallinity. The degree of crystallinity calculated from DSC curves featured high variability at day 0 (monofilament  $63.88 \pm 4.22\%$  and multifilament  $58.1 \pm 7.96\%$ ) and did not show a general increasing trend during degradation as reported for other PLA structures.<sup>24,35,47</sup>

For both PLA yarns, during the first heating curve, no observable cold crystallization takes place (Fig. 5D and G) with a defined melting peak (onset temperature of 169 °C at day 0), and a small endothermic peak preceding the main one (measured at around 150 °C at day 0), which was included for enthalpy calculations and crystallinity measurements. This peak might indicate the presence of a conformationally disordered  $\alpha'$  polymorph together with a main ordered  $\alpha$  phase, with the small peak being the result of the combination of an endothermic heat flow due to melting of  $\alpha'$ -crystals at around 150 °C, superimposed to the exothermic formation of new  $\alpha$ -crystals that melt at higher temperature.<sup>48,49</sup> This phenomenon is even more evident in the second heating cycle of monofilament yarn (Fig. 5F) where an exothermic dip appears. Another possible explanation is that the two peaks are due to melting of crystals of different structural arrangement and directionality, not necessarily of  $\alpha$  or  $\alpha'$  form.<sup>50</sup> It is also possible that  $\beta$  polymorph was obtained during fibre manufacturing *via* stretching the  $\alpha$  polymorph at high temperature to a high drawing ratio.<sup>51</sup>

The thermal plots show a decrease of yarn melting temperature during degradation, clearly observable from day 15 for both yarns, which may indicate an increase of the content of amorphous phase and molecular weight reduction with degradation,<sup>52</sup> with the two melting peaks gradually merging into one.

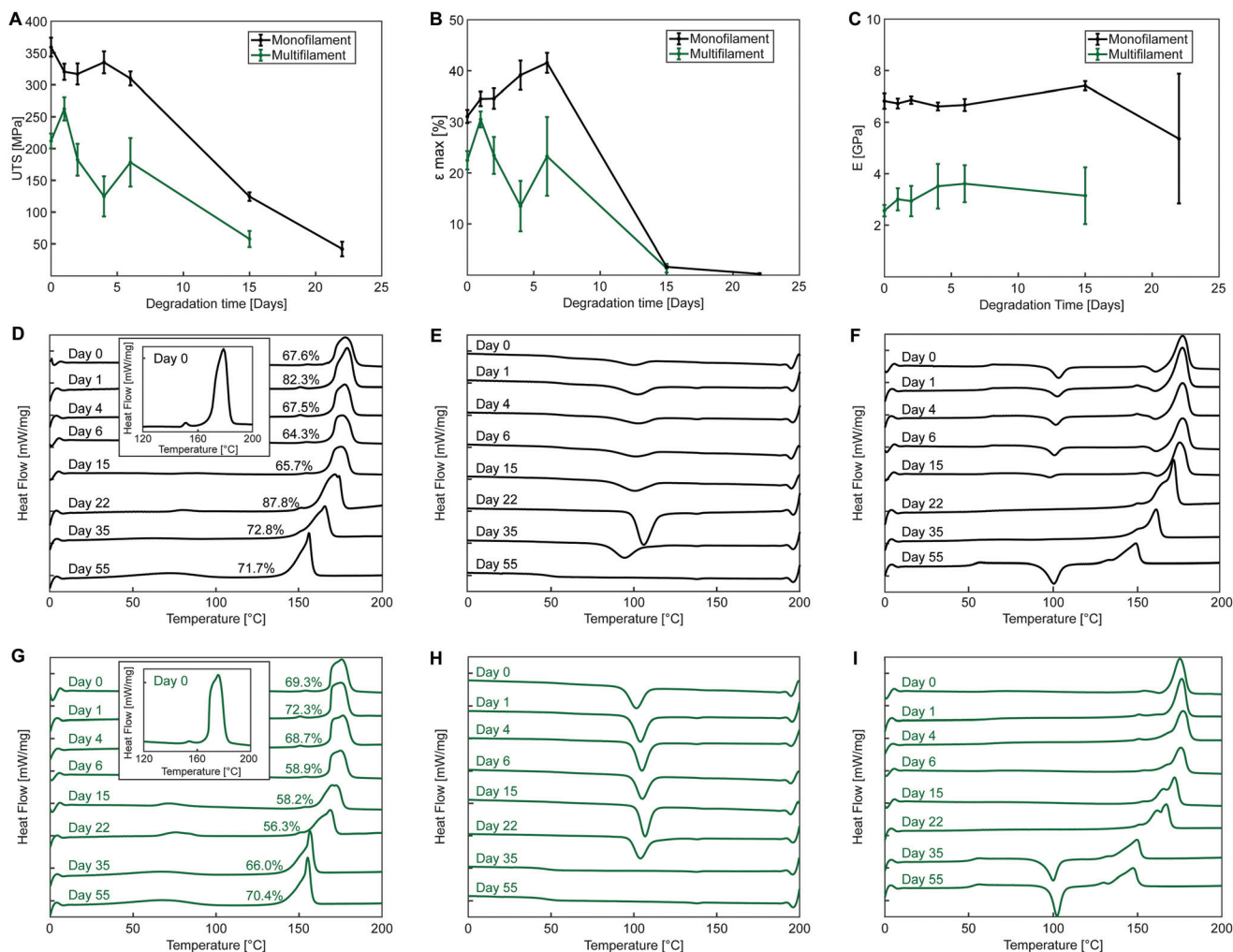
The exothermic dip in the cooling cycles (Fig. 5E and H) indicates polymer crystallization from the melt. A more pronounced crystallization dip is observed for the multifilament yarn, suggesting a higher ability of sample molecules to rearrange and crystallize during cooling at the employed rate. The second heating curve (Fig. 5F and I) can be used to investigate the characteristics of the polymer once its thermal history has been erased by the first heating cycle.



**Fig. 4** (A) Monofilament and (B) multifilament yarn samples at different days of accelerated degradation at 58 °C. Estimated equivalent duration at 37 °C is also shown. Note: samples in (A and B) are used for DSC and FTIR analysis.







**Fig. 5** Yarns characterization during degradation. (A) Ultimate tensile strength (UTS) (B) elongation at ultimate strength ( $\epsilon_{max}$ ) and (C) Young's modulus ( $E$ ) of PLA monofilament and multifilament yarns during degradation. DSC heat flows for monofilament (D–F) and multifilament (G–I) yarns during degradation showing first heating curve (D and G), cooling curve (E and H) and second heating curve (F and I). In all DSC plots, the tick marks are at  $1 \text{ mW mg}^{-1}$  intervals with each sample offset vertically for clarity. Degree of crystallinity indicated for all curves during first heating. Inset in (D and G) shows additional peak at  $\sim 150$  °C.

Thermographs of monofilament samples during second heating shown in Fig. 5F feature the typical shape observed for semicrystalline polymers, with cold crystallization, *i.e.*, exothermic transition where molecular rearrangement takes place in the amorphous phase at temperatures higher than  $T_G$ , causing an increase of polymer crystallinity, followed by melting. Cold crystallization observed for the monofilament samples indicates that, differently from the multifilament yarn, not all the molecules were able to organize during cooling, which might suggest that a lower cooling rate was employed during manufacturing. In the second heating cycle shown in Fig. 5F, the glass transition is also more pronounced, most likely due to the lowered crystallinity of monofilament samples after cooling.

Fig. 5E and H show that the crystallization peak during cooling flattens for both yarns with increasing degradation time. This suggests a decrease in molecular chain length with degradation, leading towards an amorphous structure, with

cooling rate of  $10 \text{ K min}^{-1}$  being unable to allow the complete crystallization of the melt. Flattening of the cooling curve is accompanied by cold crystallization during second heating and occurs at day 55 for the monofilament and at day 35 for the multifilament yarn. This might be an indication of a faster degradation rate of the multifilament compared to the monofilament yarn, with faster molecular weight loss. The reported difference could be related to a lower initial molecular weight or a different crystals arrangement and morphology, favouring degradation in multifilament yarn.

Glass transition temperature decreases with degradation with  $T_G$  at the inflection point reaching values of  $53.2$  °C for the monofilament and  $51.7$  °C for the multifilament yarn after 55 days of accelerated degradation of monofilament.

**Spectroscopic analysis.** The composition of the yarns was confirmed comparing FTIR peak values with those reported for PLA in literature. Overall, no major differences in FTIR



peak position and relative intensity were observed between the yarns and during degradation (data not shown).

### *In vitro* assessment of yarns and textile

Results from the cytocompatibility study on PLA yarns and textile extracts, and textile degradation products are shown in Fig. 6. For all materials, Alamar Blue reduction, directly proportional to cells metabolic activity, is significantly different ( $p < 0.001$ ) to the cytotoxic media control (DMSO treated cells), confirming the assay's capability to detect cytotoxic effects. No significant decrease of cells metabolic activity with respect to the control is observed for cells treated with extracts of all samples studied (PLA monofilament, multifilament, and textile) or with PLA textile degradation products.

A significant difference with respect to the control media is observed for cells treated with 10% extract of PLA monofilament yarn, which show a higher metabolic activity ( $44.6 \pm 4.0\%$  vs.  $36.8 \pm 5.4\%$  reduction of Alamar Blue,  $p = 0.009$ ). No significant increase was observed with cells treated with 50 or 100% extracts of PLA monofilament.

There was no significant increase in metabolic activity with cells treated with 10% extract of PLA multifilament yarn compared to the control ( $52.1 \pm 6.7\%$  vs.  $44.4 \pm 7.9\%$ ,  $p = 0.13$ ), however a significantly higher metabolic activity was seen with cells treated with 10% compared to cells treated with 50 and 100% extracts ( $52.1 \pm 6.7\%$  vs.  $40.1 \pm 6.2\%$  vs.  $39 \pm 4.4\%$ ,  $p < 0.001$ ). These results (Fig. 6A) suggest that the yarns and textile are not cytotoxic, since cells exposed to all materials extracts showed comparable or higher metabolic activity than 2D controls.

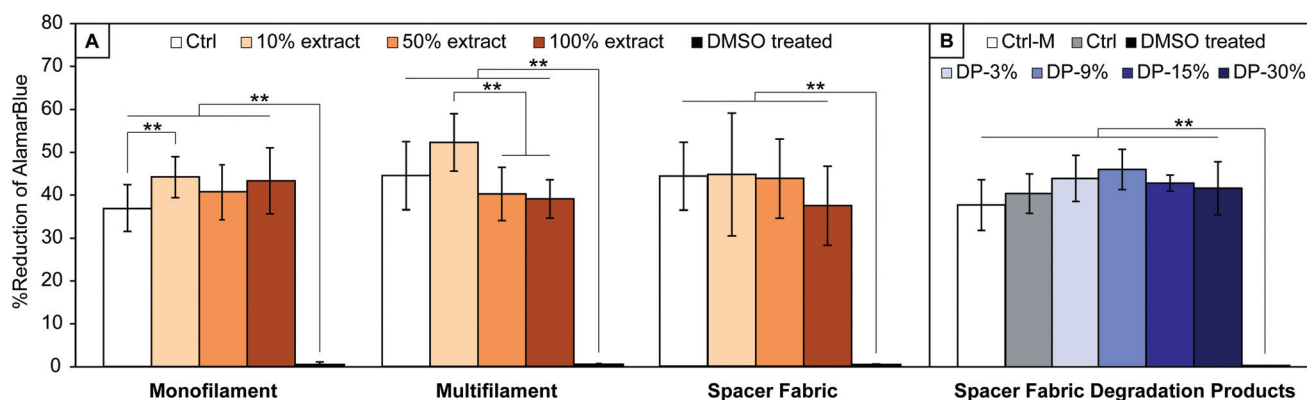
When treating cells with PLA textile degradation products, no significant change of cells metabolic activity is observed for any concentration of degradation products with respect to the control (Ctrl) (Fig. 6B). The metabolic activity of cells treated with media only (Ctrl-M) was also not significantly different than those of other groups. The present results suggest that the degradation products of the manufactured PLA textile are

not cytotoxic, since cells exposed to all conditioned media at any concentrations showed comparable metabolic activity to that of healthy controls. These conclusions are in agreement with the *in vivo* metabolization of lactic acid reported in literature,<sup>21,22</sup> and show that no additional cytotoxic components are present in the yarns' raw material, whose exact composition is unknown.

Histological staining of cells nuclei shows that PLA textile supports MC3T3-E1 cells attachment (Fig. 7A). Considerable cell infiltration occurred in the 3D fabric, with a higher portion of cells attached on the fabric top surface (seeding surface), with cell attachment also observed on both the bottom surface and spacer yarn. Cells proliferation occurs on the fabric, with a qualitative increase in the number of DAPI stained nuclei at day 12 (Fig. 7B). Good cell attachment is observed on monofilament yarns (Fig. 7C), with higher cell density observed on multifilament yarns (Fig. 7D), likely due to the higher surface area of the latter. DNA quantification results in Fig. 7E confirm that cell proliferation occurred on the scaffolds, with an approximate 5-fold increase of the average amount of double stranded DNA over 12 days of culture ( $70.4 \pm 10.3 \text{ pg } \mu\text{L}^{-1}$  at day 1 and  $343.8 \pm 93.7 \text{ pg } \mu\text{L}^{-1}$  at day 12,  $p = 0.015$ ).

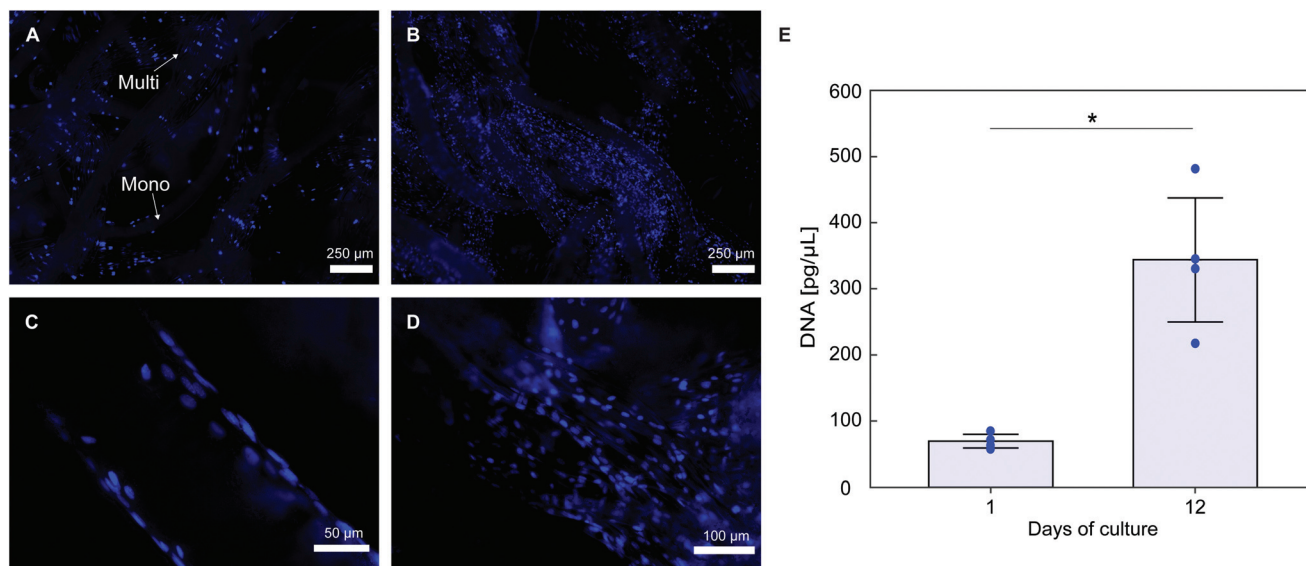
## Discussion

Medical textiles are widely used in clinical practice as medical implants for treating pelvic organ prolapse, hernia, and vascular diseases.<sup>17</sup> Textiles and fibre-based structures are currently being investigated for a variety of tissue engineering applications in the cardiovascular and musculoskeletal areas.<sup>10</sup> Fibre-based structures allow design control at a variety of scales, from yarn material, morphology, to fabric topography, pore shape and distribution, and structure mechanical properties; all of which are responsible for different pivotal phenomena occurring during the complex tissue regeneration process.<sup>10</sup> Several technologies can also be combined to opti-



**Fig. 6** Results of cytotoxicity tests on extracts of (A) PLA monofilament yarn, multifilament yarn and spacer fabric heat set at 150 °C and sterilized via EtO (in orange scale), and (B) on degradation products of the latter (blue scale). Results are given in % of reduction of AlamarBlue which is proportional to MC3T3-E1 cells metabolic activity, with 100% extract being the most concentrated one, DP-30% = 30% v/v degradation products in media, Ctrl-M = media only, Ctrl = control (30% v/v fresh PBS in media). \* $p \leq 0.05$ , \*\* $p \leq 0.01$ .





**Fig. 7** DAPI stained nuclei of MC3T3-E1 cells on the textile after (A) 1 day of culture and (B) 12 days of culture. Detail of cells attachment on (C) monofilament yarn and (D) multifilament yarn in the textile at day 12. (E) DNA content in scaffolds quantified using Pico488 assay at day 1 and 12 of culture. Individual data from 4 different samples ( $n = 4$ ) for each time point are presented, together with average value (bar)  $\pm$  standard deviation.

mize scaffold properties for the regeneration of a specific tissue<sup>53</sup> or imitate *in vivo*-like tissue development processes.<sup>54</sup>

In the present work, three-dimensional bioabsorbable spacer fabric structures made of PLA monofilament and multifilament yarns are warp-knitted, heat set, and investigated as a possible strategy for tissue engineering applications. The characteristics of the manufactured spacer fabrics are described, and the effect of thermal post processing treatments assessed in regard to the main properties of scaffold-based implants. The heat setting process is performed to enhance the fabric's dimensional stability during use<sup>55</sup> by causing a release of the stresses generated within the fibre structure during textile manufacturing. The present analysis of thickness, porosity, and pore size of the heat set PLA fabrics from CT scans confirms that the heat setting process led to an improved pore definition and textile structure homogeneity. These characteristics are pivotal to allow a stable environment for cell support, with scaffold porosity and pore size correlating well with those of tissue engineering scaffolds in literature.<sup>7,56–58</sup> The presence of both macropores and micropores, the first within and between the cover areas, the second between yarns and filaments, allows nutrients and waste diffusion, while offering a wide available surface area for cell proliferation and tissue formation.

Heat setting the PLA textile at the highest studied temperature (150 °C), lead to minimum fabric thickness ( $1.05 \pm 0.08$  mm) and maximum stiffness ( $16.1 \pm 4.4$  kPa) due to textile shrinkage upon heating. There is no standard consensus about the mechanical testing of spacer fabric textiles;<sup>32</sup> they are commonly tested for compression properties since often used as energy absorbing structures.<sup>46</sup> Testing other mechanical properties, *e.g.*, burst strength, commonly measured for 2D surgical meshes,<sup>14</sup> or uniaxial/biaxial

strength retention,<sup>19</sup> may be more relevant according to the specific mechanical requirements of the tissue to regenerate. Nevertheless, the mechanical properties of a scaffold do not necessarily need to match those of the native tissue to regenerate<sup>20</sup> and the modulus is used primarily to quantitatively differentiate between treatments. Internal or external fixation systems can be used to shield the tissue engineering construct from part of the load until sufficient tissue maturation.<sup>59</sup> However, the scaffold must resist flow *in vivo* and maintain cell physical integrity while transferring adequate biomechanical forces to stimulate initial tissue formation. In the present study, we have manufactured a bioabsorbable 3D construct able to fold and be adjusted to complex shapes, featuring sufficient mechanical integrity to support cells and withstand handling and fluid flow *in vitro*.

As an essential preliminary step for the development of tissue engineering scaffolds, yarns, textile, and degradation products cytocompatibility was assessed and confirmed *in vitro*, based on the ISO standard for *in vitro* cytotoxicity testing. An adaption of the standard method to test the cytotoxicity of degradation products is reported here as a fast and effective method. It is suitable for hydrolytically degradable polymers with a glass transition temperature which allows fast and complete degradation in temperature accelerated conditions. In addition, it was shown that the manufactured scaffold supports cell infiltration, attachment, and proliferation over 12 days of culture *in vitro*, being a basic property necessary for all tissue engineering applications.

Poly(lactide), or poly(lactic acid), is a biodegradable polyester which has been widely employed in drug delivery systems, sutures, vascular grafts, surgical implants together with porous scaffolds for soft and hard tissue regeneration.<sup>22</sup> The mechanism of bulk degradation of bioabsorbable polyesters is



well known, with a number of numerical models currently under investigation for predicting the degradation of 3D structures with different geometries<sup>25,60</sup> as well as their mechanical properties evolution during hydrolysis.

In the present work, the activation energy for the *in vitro* hydrolytic degradation of PLLA calculated by Weir *et al.*<sup>35</sup> was used to estimate the time range for yarn degradation in physiological conditions. The results presented here are consistent with the PLA degradation time scale from literature,<sup>23,35</sup> however, care must be taken when comparing the hydrolysis of constructs of different shapes and crystalline fractions, since both device geometry and material crystallinity are known to affect the degradation rate of bioabsorbable polymeric devices.<sup>41,52</sup> In the present study, hydrolytic degradation has limited effect on the mechanical properties of PLA yarns up to 6 days of accelerated degradation (72 days at physiological temperature). Therefore, the stability of yarn mechanical properties in the initial stage is expected to favour cells attachment, proliferation, and differentiation, together with initial tissue formation. The higher cell density observed on multifilament yarns suggests that substantial tissue formation is more likely to happen on the cover areas. The latter, based on hydrolysis results *in vitro*, are expected to experience a faster loss of mechanical properties with respect to the pile yarn, with multifilament strength dropping after approximately 6 months at 37 °C, which implies subsequent gradual load transfer to the newly formed tissue. The monofilament yarn, primarily responsible for the compressive properties of the scaffold, is expected to retain its strength for a longer time (8–9 months at 37 °C), thus offering mechanical support to the entire developing tissue construct. Full structure resorption at physiological temperature is expected to occur after more than 660 days. The results obtained for PLA multifilament yarn demonstrate its high cytocompatibility, together with the increased MC3T3-E1 cell attachment and proliferation, and are in a countertendency compared with other studies, showing a higher susceptibility of multifilament yarns to infections.<sup>14</sup>

The faster degradation of the studied PLA yarns with respect to some other PLA devices<sup>24,47</sup> might be due to the high initial degree of crystallinity of the studied yarns.<sup>41</sup> In the present work, crystallinity increases only slightly during degradation (consistent with PLA yarns degradation data from literature<sup>61</sup>). These results suggest that during the studied time frame, polymer chains in the amorphous region have limited mobility, with hydrolysis induced crystallization not contributing to slow down the yarn's degradation rate, as is likely to happen for constructs with lower initial crystallinity.<sup>24</sup>

The high regularity of the developed structure together with its high porosity will likely result in a homogeneous degradation of the overall construct. Macroporosities likely favour acid diffusion outside the textile, with little autocatalysis happening at yarn and filament geometrical scale, as observed for other bioabsorbable polyesters.<sup>25</sup> Taken together, these results demonstrate the potential of 3D bioabsorbable textile scaffolds.

Although technologies such as 3D printing or additive manufacturing allow for quick innovation and testing of new

designs and production of patient specific scaffolds, they are slow, with limited resolution and usable materials, and difficult to scale up in manufacturing.<sup>62</sup> Additionally, the act of thermal processing of bioabsorbable polymers in presence of moisture introduces an additional degradation mechanism, occurring rapidly due to the elevated processing temperatures.<sup>44</sup> Textile production has continuously developed starting from the industrial era to fulfil the growing demand for textiles at a reasonable cost.<sup>63</sup> Fibre-based scaffolds benefit from the easy scalability of textile production, its cost effectiveness and high structural control, together with the existing expertise on a wide range of technical textiles. In concert with novel materials, textile technology represent a multidisciplinary design strategy with the textile industry having the potential to accelerate the fabrication, translation, and commercialization of tissue engineering scaffolds.<sup>11</sup>

The limitations of the current study also need to be discussed. It must be noted that *in vitro* degradation tests only partially model the complex environment surrounding a tissue *in vivo*. When a device is implanted, mechanical load and fluid flow contribute to its degradation,<sup>64</sup> surface erosion occurs due to enzymatic attack,<sup>65</sup> and acid release from the degrading implant can cause inflammation of neighbouring tissue.<sup>21</sup> Additionally, yarn glass transition temperature during the later stages of degradation decreased to values below the immersion temperature (58 °C). However, Weir *et al.*,<sup>35</sup> comparing *in vitro* degradation results for PLLA degraded at 37 and 70 °C, demonstrated that the activation energy of the hydrolytic reaction remained unchanged. This confirms the assumption that no major alteration of the material degradation kinetic occurred in the present study with respect to physiological temperature. MC3T3-E1 pre-osteoblast cell line was chosen in the present work, being a reliable alternative to primary human osteoblast for testing the *in vitro* cytocompatibility and osteogenicity of novel biomaterials.<sup>66</sup> While it is necessary to show that a scaffold is cytocompatible at all stages and can support cell invasion, attachment, and proliferation; a tissue specific investigation at both *in vitro* and *in vivo* level is required to demonstrate the suitability of the presented scaffold for each specific tissue engineering application. Polymeric synthetic three-dimensional scaffolds which can incorporate cells or growth factors are crucial for the development of a tissue engineered construct to induce the growth of normal tissue. For investigating the use of cell-loaded scaffolds, depending on the repair strategy chosen, *in vivo* or *ex vivo* bioreactor studies would be needed to confirm the growth of tissue with functional and mechanical properties similar to the native target tissue. For vascularized native tissues, this includes investigating the formation of interconnected, functional, and perfused vascular networks in the construct, which is a major challenge. Furthermore, studying the host immune response is of critical importance to prevent the risk of infection after implantation.<sup>2</sup>

Future outlooks of this research include the stacking and sewing of multiple layers of the manufactured PLA spacer fabric textile, to produce modular scaffolds with adaptable



size, with fixed overall porosity and pore size distribution. Moreover, the work of Entezari *et al.*,<sup>67</sup> who demonstrated numerically the possibility of using weak biomaterials in modular scaffolds for repairing large bone defects, with only few percent of strain being sufficient to promote osteogenesis, supports our proposed use of the present scaffold for the repair of non and load-bearing tissues. The bioabsorbable scaffold developed here can also be used in bottom-up tissue engineering strategies,<sup>54,68</sup> culturing different cell types on different fabric layers, which assembled could better mimic the native tissue environment and improve tissue healing. Even though some scaffold requirements are specific to each tissue and a single scaffold design is unlikely to meet the requirements of all human tissues; we propose bioabsorbable warp-knitted spacer fabrics as versatile platform for scaffold manufacturing. These structures offer design freedom in terms of yarns material, size and shape, cover area structure, pile yarn arrangement, scaffold thickness and mechanical properties, and have the potential to be used directly, in modules, or in combination with other materials or constructs, thus meriting further exploration in the tissue engineering field. All structural, biological and degradation features of the scaffold make it a potential candidate for further investigation in the fields of hard and soft tissue regeneration. Scaffold porosity and pore size fall in the range of those used for bone<sup>3</sup> and cartilage<sup>69</sup> tissue engineering, where scaffold biodegradation is desired. Bioabsorbable 2D and 3D knitted structures are also being investigated for the repair of large complex abdominal wall defects,<sup>14,70</sup> as either an alternative to permanent meshes when contraindicated (*e.g.*, repair of infected defects), or to improve tissue healing. The drapability of warp-knitted spacer fabric scaffolds also makes them attractive candidates in complex tissue engineering applications such as muscle-tendon junctions.<sup>71</sup>

With only few engineered tissues successfully used for clinical purposes,<sup>54</sup> the present work describes the design and manufacturing of a 3D textile scaffold able to support cell attachment and growth, and gives insights on the properties of bioabsorbable polymeric yarns during degradation and their potential effects on cell behaviour, thus contributing to the further development of bioabsorbable tissue engineering scaffolds.

## Conclusions

In this study, a highly cytocompatible 3D bioabsorbable warp-knitted spacer fabric scaffold featuring a regular and highly interconnected open porous structure was manufactured employing commercially available monofilament and multifilament PLA yarns, through a highly automated manufacturing method. It was demonstrated that the heat setting process can be used to tune the physical and mechanical properties of the manufactured PLA spacer fabric scaffolds. All manufactured fabrics presented suitable porosity and pore size to allow cell infiltration, nutrients, and waste diffusion, with sufficient

mechanical strength to withstand handling and flow *in vivo*, providing a stable environment for cell attachment and growth. The cytocompatibility of degradation products of the manufactured PLA textile is also assessed. From yarn mechanical data obtained during temperature-accelerated *in vitro* degradation tests, scaffold degradation in the long term is predicted together with cell-scaffold interactions in the different parts of the constructs. Complete loss of scaffold mechanical integrity is predicted to occur after 6–8 months of hydrolysis at physiological temperature. The developed bioabsorbable PLA textile (heat set at 150 °C) was able to support MC3T3-E1 cells attachment and proliferation, up to a 5-fold DNA increase on the scaffold, during 12 days of culture *in vitro*. The employed 3D-knitting technology allows high structural control while permitting the manufacturing of high volumes of production, which is a necessary requirement for the clinical development of tissue engineering. An easily mass-manufactured PLA textile scaffold is proposed here as potential candidate for 3D tissue engineering research due to its biological properties, ability to adapt to complex shapes, tunability of its physical and mechanical properties, and predictable degradation rate. Superimposition of multiple textile layers is proposed for future investigation for bottom-up tissue regeneration approaches.

## Author contributions

Flavia Caronna: conceptualization, data curation, formal analysis, methodology, investigation, writing – original draft, visualization. Nikola Glimpel: methodology, writing – review & editing. Georg-Philipp Paar: methodology, writing – review & editing. Thomas Gries: resources, supervision. Andreas Blaeser: conceptualization, writing – review & editing. Khoa Do: supervision, funding acquisition. Eimear B. Dolan: conceptualization, resources, writing – review & editing, supervision. William Ronan: conceptualization, funding acquisition, resources, writing – review & editing, supervision.

## Conflicts of interest

There are no conflicts to declare.

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