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# Unravelling microRNA regulation and miRNA–mRNA regulatory networks in osteogenesis driven by 3D nanotopographical cues†

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Three-dimensional (3D) culturing of cells is being adopted for developing tissues for various applications such as mechanistic studies, drug testing, tissue regeneration, and animal-free meat. These approaches often involve cost-effective differentiation of stem or progenitor cells. One approach is to exploit architectural cues on a 3D substrate to drive cellular differentiation, which has been shown to be effective in various studies. Although extensive gene expression data from such studies have shown that gene expression patterns might differ, the gene regulatory networks controlling the expression of genes are rarely studied. In this study, we profiled genes and microRNAs (miRNAs) *via* next-generation sequencing (NGS) in human mesenchymal stem cells (hMSCs) driven toward osteogenesis *via* architectural cues in 3D matrices (3D conditions) and compared with cells in two-dimensional (2D) culture driven toward osteogenesis *via* soluble osteoinductive factors (OF conditions). The total number of differentially expressed genes was smaller in 3D compared to OF conditions. A distinct set of genes was observed under these conditions that have been shown to control osteogenic differentiation *via* different pathways. Small RNA sequencing revealed a core set of miRNAs to be differentially expressed under these conditions, similar to those that have been previously implicated in osteogenesis. We also observed a distinct regulation of miRNAs in these samples that can modulate gene expression, suggesting supplementary gene regulatory networks operative under different stimuli. This study provides insights into studying gene regulatory networks for identifying critical nodes to target for enhanced cellular differentiation and reveal the differences in physical and biochemical cues to drive cell fates.

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## 1. Introduction

Culturing cells in three dimensions (3D) is becoming the convention for studying cellular behavior for mechanistic understanding and developing tissues for testing.<sup>1–4</sup> Emerging technologies such as animal-free meat and 3D bioprinting are critically dependent on 3D culture. This has been facilitated by

the success of 3D models in tissue mimicry<sup>5,6</sup> and regenerative and precision medicine.<sup>7,8</sup> 3D cultures could be developed scaffold-free such as organoids, or they could be developed on natural or synthetic matrices. Whereas the former derives from self-assembly and allows the natural patterning of cells,<sup>9</sup> the latter provides a variety of engineering controls such as confinement, stresses, and stiffness. These biophysical stimuli can be used and controlled to achieve targeted and accelerated tissue development.<sup>10</sup>

Cells react to a 3D substrate by changing their shape,<sup>11</sup> force fields<sup>12</sup> and cell–cell/matrix adhesions,<sup>13</sup> which in turn alter several signaling processes inside the cells in an outside-in manner.<sup>14</sup> These actuate a series of bio-chemical signaling processes inside the cells that translate to gene and protein expression changes, which influence cellular behavior.<sup>15,16</sup> Gene expression changes upon growth in 3D have been extensively studied.<sup>17,18</sup> However, the changes in the microRNAs (miRNAs) that control mRNA translation in response to growth in 3D have been less explored.<sup>19</sup> miRNAs are short non-coding

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RNAs, typically of length 18–22 nucleotides that bind to complementary sequences in the mRNA and prevent the access of the ribosome to the mRNA, thereby negatively modulating the translation of the mRNA. The level of complementarity dictates the level of translational repression; complete complementary sequences lead to mRNA degradation.<sup>20</sup> miRNAs were first discovered to be involved in the temporal control of gene expression in larvae development and since then, several other functions have been reported.<sup>21</sup> miRNAs are critically implicated in the differentiation of stem cells and organogenesis and in protecting the developmental robustness of the system.<sup>22</sup> It is probable that such post-transcriptional controls are also perturbed when cells are cultured in 3D and such changes can achieve significant effects on protein expression and phenotypic outcomes even without major changes in gene expression.

We aim to understand how miRNAs are differentially regulated when stem cells undergo differentiation solely driven by biophysical cues from a 3D substrate compared to differentiation driven by supplementation of growth factors. We hypothesize that an alternate set of miRNAs operates under these two different but functionally equivalent stimuli. To address this, we adopted the experimental strategy from our previous work.<sup>23</sup> We cultured human mesenchymal stem cells (hMSCs) on 2D poly( $\epsilon$ -caprolactone) (PCL) films and on 3D nanofibrous PCL matrices fabricated by electrospinning. While the cells cultured on 2D films were cultured in media with osteogenic factors to induce differentiation, the cells on 3D PCL matrices were cultured in growth medium, without supplementation of osteogenic factors. The cells were cultured under these two conditions for 14 days, for which similar levels of mineralization were observed earlier. This indicated that culturing cells on 3D nanofibrous matrices could achieve osteogenic differentiation to the same extent as achieved by osteogenic supplements. We sequenced the mRNAs and miRNAs from these conditions and analyzed their regulation. We integrated the miRNAs with the target gene expression to identify differential sets of miRNAs operative under these conditions and built networks to understand how these differential miRNAs might influence the expression of target genes. These studies have important implications in elucidating molecular mechanisms underlying biophysical regulation of cell fate toward engineering efficient culture platforms.

## 2. Materials and methods

Bone marrow-derived hMSCs were cultured on 3D nanofibrous scaffolds and 2D spun-coated PCL films, as described previously.<sup>23</sup> Fabrication of scaffolds and cell culture methods are described briefly here.

### 2.1 Scaffold fabrication

Nanofibrous 3D PCL scaffolds were fabricated using the electrospinning technique (Espin Nano, India). 12% of the PCL solution was prepared by dissolving PCL pellets ( $M_n \approx$

80 000, Sigma Aldrich) in trifluoroethanol (TFE, Spectrochem Pvt Ltd) and stirred for 12 h. For spinning, a 2.5 mL syringe with a 22-gauge needle, an operating voltage of 12 kV, a flow rate of 0.5 mL h<sup>-1</sup>, and a distance of 12 cm between the syringe needle and collector was used. An aluminium sheet was used to collect spun nanofibers. Spin coater (spinNXG-P1) was used to make flat PCL films as 2D substrates. Uniform thin films were prepared using the same PCL solution at 5000 rpm for 40 s.

### 2.2 Cell culture

hMSCs (Lonza, USA) isolated from a 22-year-old male donor were used in the study. hMSCs were cultured in mesenchymal stem cell (MSC) basal growth medium (GM, Lonza) supplemented with SingleQuot supplements (MSCGM, Lonza, USA) containing serum, L-glutamine, and gentamicin + amphotericin B at 37 °C in a humidified CO<sub>2</sub> incubator. The hMSCs were replenished with the growth medium every 48 h until 70–80% confluency was reached. The cells were subcultured using 0.25% trypsin containing 0.5 mM EDTA (Gibco). 2D films and 3D nanofibrous mats were cut into a circular disc of 10 mm diameter to be used in 48 well plates. Before cell seeding, samples were UV sterilized for 1 h.  $1 \times 10^4$  MSCs were seeded on samples along with 400  $\mu$ L of growth medium. Cells seeded on 2D spun-coated films were cultured in growth medium (GM) or osteogenic medium (OM). OM was prepared by adding soluble osteoinductive factors (10 nM dexamethasone, 20 mM  $\beta$ -glycerophosphate and 50  $\mu$ M L-ascorbic acid 2-phosphate) to GM. Cells on 3D nanofibrous matrices were cultured in GM. The medium was refreshed every 3 days. Hereupon, the three conditions are referred with respect to the samples and medium used as 2D GM, 2D OM, and 3D GM.

### 2.3 RNA extraction and NGS ontological analysis

Total RNA was extracted from hMSCs cultured under 2D GM, 2D OM, and 3D GM conditions for 14 days; during this time, the differentiation in the 3D GM was similar to the differentiation under the 2D OM conditions, using the Absolute RNA Miniprep kit (Agilent Technologies, USA). RNA pooled from 6 different samples was used for NGS. The transcriptome sequencing was performed by Genotypic Technology Pvt Ltd (Bangalore, India) through a commercial contract on the Illumina NextSeq500 platform. The quality of the raw data generated was checked using FastQC.<sup>24</sup> An in-house Perl script was used to preprocess the reads which included the removal of adapter sequences and low-quality bases (<q30). Tophat-2.0.13,<sup>25</sup> which is a splice aligner, was used to align the high-quality data to the reference genome with the default parameters. Cufflinks<sup>26</sup> was used to estimate and calculate transcript abundance, which was obtained as FPKM (Fragments Per Kilobase of transcript per Million mapped reads) values. Cuffmerge<sup>26</sup> was used to further merge together several Cufflinks assemblies by automatically filtering a number of transfrags that are probably artifacts. Cuffdiff was used to find significant changes in transcript expression across the control

and treatment samples.<sup>26</sup> A merged GTF file produced by Cuffmerge was used as input in Cuffdiff.

Two comparisons were carried out between the samples, *i.e.*, 2D OM *vs.* 2D GM, which is referred to as the effect of osteogenic factors (OF), and 2D GM *vs.* 3D GM as the effect of geometry/dimension (3D). 2D GM was taken as the control in both comparisons. The condition of  $\log_2(\text{fold change}) > |1|$  was applied to categories of differentially regulated genes (DEGs) in sample comparisons. Pathways for each gene were mapped using the PANTHER database.<sup>27</sup>

#### 2.4 miRNA sequencing, target prediction and integration of miRNA–mRNA

The miRNAs were extracted from total RNA according to the Illumina TruSeq Small library protocol at Genotypic Technology Pvt Ltd. 1 µg of total RNA was used as the starting material. Firstly, the ligation of '3' and '5' adapters was carried out. The ligated products were reverse transcribed and amplified by PCR for 15 cycles and cleaned using polyacrylamide gels. The prepared library was analyzed for quality using a bioanalyzer chip and quantified using a Qubit fluorometer. The sequencing of the library was carried out using the Illumina NextSeq500 platform. Quality of the raw data generated was checked using FastQC.<sup>24</sup> *snrworkbenchV3.0\_ALPHA*<sup>28</sup> was used to trim the 3' TruSeq adapter sequences from the raw reads obtained after sequencing. The trimmed reads were filtered based on the length criteria (minimum length 16 bp and maximum 36 bp). Sequences  $\geq 16$  bp and  $\leq 36$  bp length were considered for further analysis. All reads that qualified QC check were aligned against the *Homo sapiens* reference genome using bowtie-0.12.9.<sup>29</sup> The aligned reads to reference were checked for non-coding RNA (ncRNA) such as ribosomal RNA (rRNA), transfer RNA (tRNA), small nuclear RNA (snRNA) and small nucleolar (snoRNA) contamination. Only reads that did not align to ncRNAs sequences were used for known miRNA prediction.

Reads were made unique and hence a read count profile was generated. Further, homology search of these miRNAs was performed against mature human miRNA sequences retrieved from the miRbase-21 database using NCBI-BLAST-2.2.30+.<sup>30</sup> Sequences showing a hit against mature miRNA sequences from the miRbase were reported as known. Sequences that did not show any hits against known miRNAs were separated and considered for novel miRNA prediction. These reads were aligned to the reference using bowtie. Novel miRNAs were predicted from the aligned data using Mireap\_0.25.<sup>31</sup> DGE analysis was carried out using the DESeq tool.<sup>32</sup> The differentially expressed miRNAs (DEmiRNAs) were identified between OF and 3D comparisons, keeping 2D GM as the control in both cases. The reads were normalized using the DESeq process, and fold changes were calculated accordingly.  $\log_2(\text{fold change}) > |1|$  was applied to identify DEmiRNAs. Target prediction for the known miRNAs with copy numbers equal to or more than 5 was performed using the miRanda 3.3a tool.<sup>33</sup> A minimum free energy  $\leq -30$  and bonding identity  $> 80\%$  were used as cutoffs to filter targets for the miRNAs. Further inte-

gration analysis was performed to merge the transcriptome and small-RNA results; an Inhouse Perl script was used to map the regulation of transcripts from transcriptome analysis against the mapped targets. miRNA–mRNA interaction networks were built using the Cytoscape platform.<sup>34</sup>

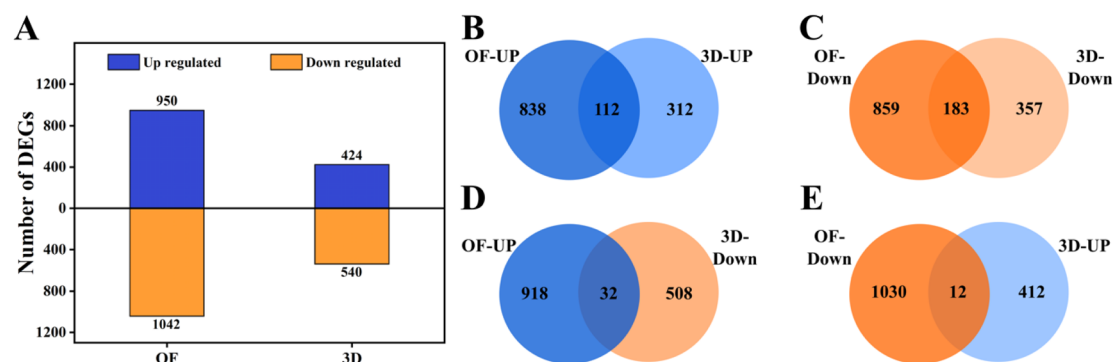
## 3. Results

### 3.1 Differential expression of genes in hMSCs upon osteogenic induction with growth factors *versus* 3D nanofibrous scaffolds

We sequenced and profiled the genes expressed in hMSCs undergoing osteogenesis *via* induction using growth factors and under 3D topographical cues on nanofibrous scaffolds, as described above. A total of 950 genes were upregulated and 1042 genes were downregulated in OF (ESI Sheet 1†); 424 genes were upregulated and 540 genes were downregulated in 3D (ESI Sheet 2†) (Fig. 1A). A total of 112 genes were commonly upregulated (Fig. 1B), and a total of 183 genes were commonly downregulated under these two conditions (Fig. 1C). We also observed contrasting regulation of certain genes under these two comparisons; 32 genes that were upregulated in OF were downregulated in 3D (Fig. 1D), and 12 genes that were downregulated were upregulated in 3D (Fig. 1E). Overall, fewer genes were differentially regulated upon growth in 3D compared to exposure to biochemical cues, although both these cues lead to osteogenic differentiation. This suggests that cellular differentiation does not entirely depend on the quantum of gene expression; perhaps other mechanisms are activated and cooperate with transcription to achieve a phenotypic output. Several genes differentially regulated in the OF and 3D conditions have been shown to play important roles in osteogenesis as described in Table 1, which shows that the gene expression profiles from our study corroborate with the literature. Interestingly IGF1, which has shown to be critical for responding to mechanical loading in osteoblasts, is only upregulated in the 3D condition. It has been shown that cells can pull or push the electrospun fibers, thereby stimulating mechanical signals, the modulus of which depends on the direction of the cell-induced load.<sup>35</sup> It is plausible that the 3D nanofibrous matrices provide such mechanical signals in addition to the nanotopography that induce osteogenic differentiation of the hMSCs cultured on them.

### 3.2 Pathway analyses of differentially regulated genes in osteogenic media and nanofibrous scaffolds

We performed pathway analyses using the Panther database for the differentially expressed genes in OF and 3D comparisons. As expected, we observed genes from the Wnt,<sup>46</sup> integrin,<sup>47</sup> angiogenesis<sup>48</sup> and cadherin<sup>49</sup> signaling pathways to be the top hits in the pathway classification for the differentially regulated genes in the OF comparison (Fig. 2A and C). Modulation of these pathways has been documented for osteogenesis differentiation of stem cells,<sup>50–52</sup> corroborating our data for growth factor-mediated osteogenic differentiation with



**Fig. 1** Analysis of differentially expressed genes in hMSCs upon osteogenic induction with growth factors *versus* 3D nanofibrous scaffolds. (A) Numbers of DEGs upregulated and downregulated in the OF and 3D conditions. Common and unique sets of genes upregulated (B) and downregulated (C) in the OF and 3D conditions are shown using Venn diagrams. Genes upregulated in OF and downregulated in 3D (D) and vice versa (E) are shown using Venn diagrams.

**Table 1** mRNAs differentially regulated in the OF and 3D conditions with their reported roles in osteogenesis

mRNA	Regulation in OF and 3D	Role in osteogenesis	References
DCN	Upregulated only in OF	Promotes osteogenesis through the ERK1/2 signalling pathway	Adachi <i>et al.</i> , 2022 <sup>36</sup>
CRYAB	Upregulated only in OF	Promotes osteogenesis through the canonical Wnt/ $\beta$ -catenin signalling pathway	Zhu <i>et al.</i> , 2020 <sup>37</sup>
COL1A1	Upregulated only in OF	Promotes osteogenesis <i>via</i> the ERK/AKT pathway	Tsai <i>et al.</i> , 2010 <sup>38</sup>
COMP	Upregulated only in OF	Promotes osteogenesis by targeting the BMP-2 protein	Ishida <i>et al.</i> , 2020 <sup>39</sup>
BMP-6	Upregulated only in OF	Promotes bone formation through the intramembranous ossification pathways; induces alkaline phosphatase activity and osteocalcin expression	Mizrahi <i>et al.</i> , 2013 <sup>40,41</sup>
IGF-1	Upregulated only in 3D	Promotes osteogenesis by conducting mechanical signals <i>via</i> IGF-R1 to activate PI3K/AKT/mTOR signaling	Tian <i>et al.</i> , 2018 <sup>42</sup>
MGP	Upregulated only in 3D	Inhibits osteogenesis through the Wnt/ $\beta$ -catenin signalling pathway	Zhang <i>et al.</i> , 2019 <sup>43</sup>
IL-6	Downregulated only in OF	Delays osteoblast differentiation by activating STAT3 and thereby inducing the IGFBP5 expression	Peruzzi <i>et al.</i> , 2012 <sup>44</sup>
DKK1	Downregulated only in OF	Inhibits osteogenic differentiation by targeting the canonical Wnt pathway	Chen <i>et al.</i> , 2007 <sup>45</sup>

the reported literature. However, for the differentially regulated genes in 3D, only a few genes could be classified into some of the aforementioned pathways (Fig. 2B and D). This could be due to the lower number of genes in this group and the stringent criteria used for pathway classification. Also, while growth factor supplementation directly impinges on transcription factor activation and gene expression, growth in 3D could work through other mechanisms that affect osteogenic differentiation.

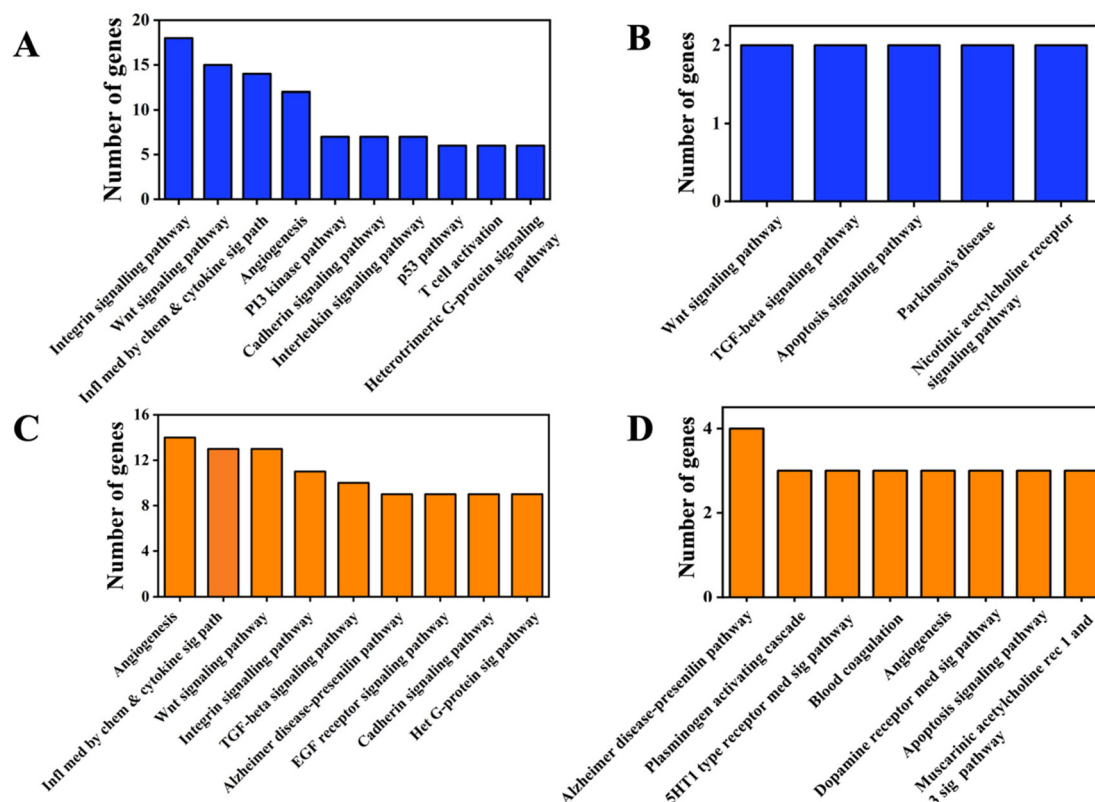
### 3.3 Differential expression of miRNAs in hMSCs upon osteogenic induction with growth factors *versus* 3D nanofibrous scaffolds

We profiled the miRNAs that were expressed in these conditions as explained in the methods. A total of 127 and 119 known miRNAs were upregulated and downregulated in OF (ESI Sheet 3†); 89 and 98 known miRNAs were upregulated and downregulated in 3D (Fig. 3A) (ESI Sheet 4†). Of these, 32 and 38 miRNAs were commonly upregulated (Fig. 3B) and

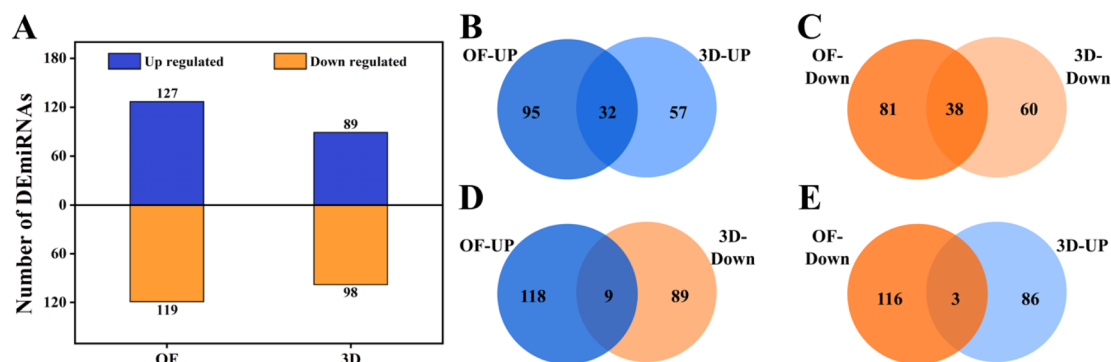
downregulated (Fig. 3C) in OF and 3D. A set of 9 miRNAs were upregulated in OF and downregulated in 3D (Fig. 3D), while 3 miRNAs (Fig. 3E) had the opposite regulation.

Several of the miRNAs that are differentially regulated in the 3D and OF conditions were previously shown in the literature to affect osteogenesis, and we have compiled this in Table 2. This showed that the miRNA profiles from our studies corroborated with the literature on miRNA control in osteogenesis. Interestingly, several of these miRNAs were differentially regulated only in either OF or 3D. A set of 84 novel miRNAs were expressed in the cells cultured in 2D PCL mats in a growth medium, 142 novel miRNAs in the cells in 2D PCL mats in an osteogenic medium, and 81 miRNAs in the cells on 3D nanofibrous scaffolds. The lists of these novel miRNAs (ESI Sheet 5†) and their differential expressions in OF (ESI Sheet 6†) and 3D (ESI Sheet 7†) are given in the ESI.† We have not discussed the novel miRNA expression and regulation in detail as they are not our focus for the current manuscript.





**Fig. 2** Pathway analysis of the DEGs in the OF and 3D conditions. The DEGs in the OF and 3D conditions were classified into pathways in the Panther database using DAVID. (A) Pathways of the upregulated genes in the OF condition. (B) Pathways of the upregulated genes in the 3D condition. (C) Pathways of the downregulated genes in the OF condition. (D) Pathways of the downregulated genes in the 3D condition.



**Fig. 3** Analysis of the differentially expressed miRNAs in hMSCs upon osteogenic induction with growth factors *versus* 3D nanofibrous scaffolds. (A) Numbers of DE miRNAs upregulated and downregulated in the OF and 3D conditions. Common and unique sets of miRNAs upregulated (B) and downregulated (C) in the OF and 3D conditions are shown using Venn diagrams. miRNAs upregulated in OF and downregulated in 3D (D) and *vice versa* (E) are shown using Venn diagrams.

### 3.4 Integration of miRNA and their targets shows differential miRNAs targeting osteogenic genes under OF and 3D conditions

We aimed to understand the miRNA-mediated control of gene regulation in osteogenesis driven by growth factors *versus* 3D topographical cues. For this, we predicted the targets of the differentially expressed miRNAs in the two conditions and

matched them with the genes that are known to be important for osteogenesis (Fig. 4) (ESI Sheet 8†). As the set of genes important for osteogenesis are well characterized, this would reveal how the expressions of such important genes are controlled by different miRNAs under these two conditions to drive osteogenesis. For example, RUNX2 is a transcription factor which is required for commitment of mesenchymal stem cells into osteoblast lineage.<sup>65</sup> As depicted in Fig. 4,

**Table 2** miRNAs differentially regulated in the OF and 3D conditions with their reported roles in osteogenesis

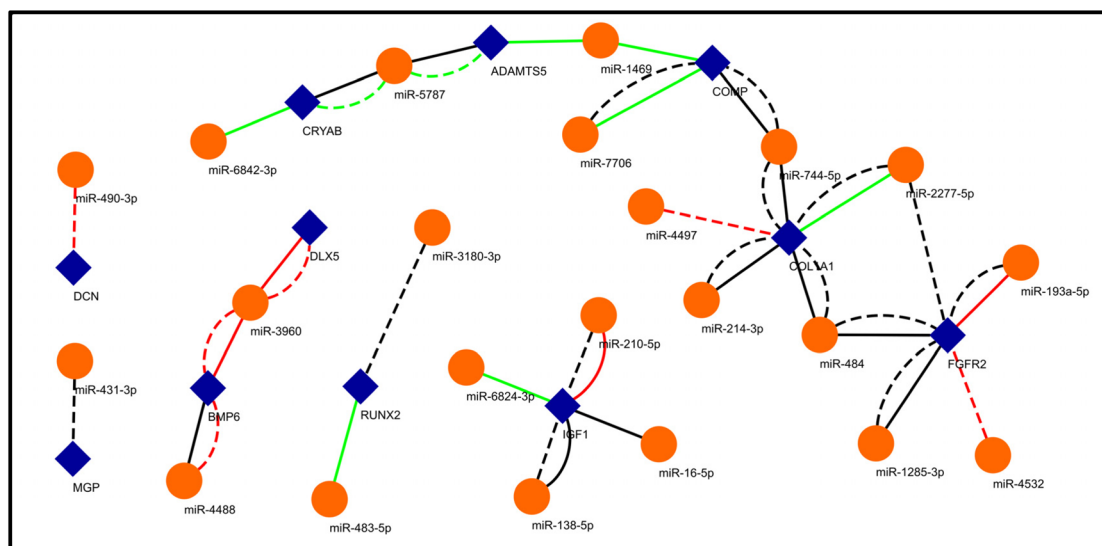
S. no.	miRNA	Regulation in OF and 3D	Role in osteogenesis	References
1	miR-1303	Commonly upregulated	Promotes osteogenesis by targeting the COCH expression	Lin <i>et al.</i> , 2023 <sup>53</sup>
2	miR-106a-5p	Commonly upregulated	Promotes osteogenesis by targeting Fam134a	Wu <i>et al.</i> , 2023 <sup>54</sup>
3	miR-92b-5p	Commonly upregulated	Promotes osteogenesis by targeting ICAM	Li <i>et al.</i> , 2019 <sup>55</sup>
4	miR-483-3p	Upregulated only in OF	Promotes osteogenesis by targeting DKK2, an antagonist of the Wnt pathway	Zhou <i>et al.</i> , 2020 <sup>56</sup>
5	miR-365a-5p	Upregulated only in 3D	Promotes osteogenesis <i>via</i> activation of the Hippo signalling pathway	Kuang <i>et al.</i> , 2020 <sup>57</sup>
6	miR-140-3p	Upregulated only in 3D	Promotes osteogenesis by targeting KMT5B	Zhang <i>et al.</i> , 2021 <sup>58</sup>
7	miR-141-3p	Commonly downregulated	Inhibits osteogenesis by targeting E2F3	Xue <i>et al.</i> , 2022 <sup>59</sup>
8	miR-146a-5p	Downregulated only in OF	Inhibits osteogenesis by targeting SIRT1	Zheng <i>et al.</i> , 2021 <sup>60</sup>
9	miR-216a-3p	Downregulated only in OF	Inhibits osteogenic differentiation by targeting the Wnt3a expression	Liang, Song and Zhang 2022 <sup>61</sup>
10	miR-188-3p	Downregulated only in 3D	Inhibits osteogenesis by targeting Beclin-1 mediated autophagy and RUNX1	Ji <i>et al.</i> , 2020 <sup>62</sup>
11	miR-31-5p	Downregulated only in OF	Inhibits osteogenesis by targeting the SATB2 pathway	Xu <i>et al.</i> , 2017 <sup>63</sup>
12	miR-505-3p	Downregulated only in OF	Inhibits osteogenesis by targeting RUNX2	Li <i>et al.</i> , 2020 <sup>64</sup>

miR-483-5p and miR-3180-3p are predicted to target RUNX2 and are upregulated in OF and neutrally regulated in 3D conditions, respectively. FGFR2 has been shown to drive the osteogenic differentiation of mesenchymal stem cells.<sup>66,67</sup> miR-2277-5p, miR-193a-5p, miR-4532, miR-1285-3p and miR-484 are predicted to target FGFR2. miR-1285-3p and miR-484 are neutrally regulated under OF and 3D conditions, while miR-2277-5p and miR-4532 have neutral and downregulation under 3D conditions, respectively, but are undetected under the OF conditions. The expression of type I collagen is a marker for osteogenic differentiation and it promotes the activation of ERK and AKT pathways that further enhances the proliferation and osteogenesis of MSCs.<sup>38</sup> miR-4497, miR-744-5p, miR-2277-5p, miR-484 and miR-214-3p are predicted to target COL1A1. Of these, miR-4497 is downregulated in 3D and undetected under OF conditions. miR-2277-5p is upregulated under OF conditions, but neutrally regulated in 3D, and the rest of the miRNAs are neutrally regulated in the two conditions. Fig. 4 depicts further examples of how osteogenic genes can be differentially targeted by miRNAs under substrate specific conditions.

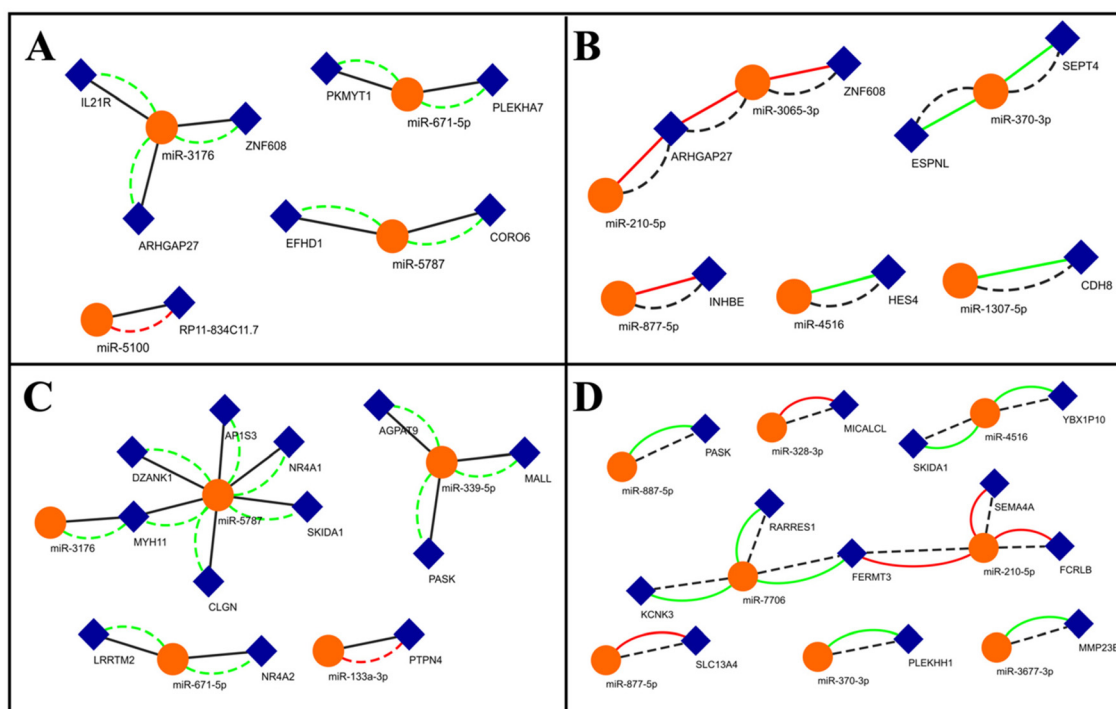
### 3.5 Unbiased miRNA–mRNA networks predict centres of miRNA control of gene translation

The previous approach shows the miRNA-mediated control of the translation of specific genes implicated in osteogenesis. In order to comprehend the totality of differential regulation of miRNAs in these two conditions and their control on mRNA translation, we followed an unbiased approach. We first screened for commonly up and downregulated genes ( $\log_2$ -fold change) under these conditions. We then matched these genes against the predicted targets of the miRNAs that are up or downregulated in one condition ( $\log_2$ -

fold change) and neutrally regulated in the other and developed networks (Fig. 5). While lower cut-offs might provide larger networks, we used high stringency to filter out low-probability interactions. Such networks will provide insights into how miRNAs are differentially expressed (up or downregulated) in a specific condition and how it might affect the expression of its target. For example, miR-5100 is downregulated only in the 3D condition and is predicted to target the long non-coding RNA (lncRNA) RP11-834C11.7 (Fig. 5A). RP11-834C11.7 is commonly upregulated in both these conditions, implying a positive role in osteogenesis. This network suggests that the miR-5100 targeting of RP11 might be exclusively operative only under the 3D conditions in comparison to the OF conditions. miR-877-5p is only downregulated under OF conditions and is predicted to target INHBE, which is commonly upregulated under both these conditions, suggesting that this miRNA–mRNA interaction is exclusive to growth factor-driven osteogenesis (Fig. 5B). miR-5787 is exclusively upregulated under 3D conditions (Fig. 5C). Several of its predicted targets were downregulated under both these conditions (Fig. 5C), implying that they are negatively associated with osteogenesis. While the role of miR-5787 in cancer has been investigated,<sup>68</sup> our network shows the induction of this miRNA upon biophysical stimuli and its role in osteogenesis. miR-7706 is upregulated only in OF, while several of its targets are downregulated in both the conditions (Fig. 5D). miR-7706 has previously been shown to be downregulated in rheumatoid arthritis,<sup>69</sup> suggesting that it might be more responsive to biochemical cues from the inflammatory response than to substrate-driven mechanical cues. From these networks, we identify several important miRNA nodes that can be central to differential control of gene expression under these conditions.



**Fig. 4** The miRNA-mRNA network for osteogenic genes. The blue diamonds represent mRNA and the orange spheres represent miRNA. Green, red and black colours denote upregulation, downregulation and neutral expression of the miRNA, respectively. The solid line denotes regulation in the OF condition and the dotted line shows regulation in the 3D condition. Absence of a solid or a dotted line denotes that the miRNA was undetected in the OF or 3D condition, respectively.



**Fig. 5** The miRNA-mRNA network for commonly upregulated (A and B) and downregulated genes (C and D) in the 3D and OF conditions. (A) Networks for the commonly upregulated genes and their targeting miRNAs that are neutrally regulated in the OF condition and differentially regulated in the 3D conditions. (B) Networks for the miRNAs that are neutrally regulated in the 3D condition and differentially regulated in the OF conditions. (C) Networks for the commonly downregulated genes and their targeting miRNAs that are neutrally regulated in the OF condition and differentially regulated in the 3D conditions. (D) Networks for the miRNAs that are neutrally regulated in the 3D condition and differentially regulated in the OF conditions. The blue diamonds represent mRNA and the orange spheres represent miRNA. Green, red and black colours denote upregulation, downregulation and neutral expression of the miRNA, respectively. The solid line denotes regulation in the OF condition and the dotted line shows regulation in the 3D condition.

## 4. Discussion

Gene regulatory networks help us understand the interactions between genes and their regulatory elements, such as promoters, transcription factors, silencers, epigenetic modulators, *etc.*, and the effect of such interactions in determining cell behaviour and responses to stimuli.<sup>70</sup> Several experimental and mathematical approaches have been adopted to study these gene regulatory networks.<sup>71</sup> Decoding gene regulatory networks is critical to the understanding of cell behavior and responses and for repairing of deregulated controls.<sup>72</sup>

miRNAs have been added to the complex of interactions in the gene regulatory networks. They control the expression of genes through various mechanisms such as direct repression of translation *via* complementary binding, feedback and feed-forward loops and competition with shared miRNAs and shared regulation.<sup>73,74</sup> miRNA control in the biochemically guided differentiation of MSCs into osteogenic lineage is known;<sup>75–77</sup> however, the miRNA regulation in the matrix-guided differentiation of MSCs into osteogenic lineage is unknown, and the comparison of miRNA regulation under biochemical *versus* matrix cues have not been attempted.

In this study, we have aimed to understand the miRNA–mRNA gene networks that operate when hMSCs undergo osteogenesis under the influence of growth factors in 2D substrates in comparison to osteogenesis induced by architectural cues in 3D matrices. Our previous study showed that these two different stimuli yield similar cell fates.<sup>23</sup> Quantification of osteogenic markers revealed similar mineral deposition in 2D OF and in 3D GM at 14 days in this experimental design. However, at 21 days, the mineral deposition in 2D OF was higher than in 3D GM. Cell crowding due to an increased surface area in 3D could lead to lower layers of cells exposed to nanotopography, while the cells growing on top of other cells are devoid of nanotopographical cues that are driving osteogenesis. Therefore, parameters such as the choice of factors, cell seeding density, *etc.*, can influence the extent of differentiation. However, different studies have independently confirmed that nanotopography alone can induce osteogenesis in hMSCs.<sup>78–80</sup> As the focus of the current study is to understand the differential gene expression under OF and 3D conditions and the modulation of miRNAs that control the translation of the expressed genes, we analysed samples at day 14 when the differentiation in these conditions was comparable.

Herein, we performed sequencing of the small RNA and the transcripts to understand their regulation under these conditions. Interestingly, the numbers of differentially expressed transcripts were much lower in 3D compared to those induced by growth factors (Fig. 1). Major signaling factors were differentially regulated in these conditions, suggesting an alternate set of genes transcribed under these conditions. We then looked at the miRNA profiles and identified several miRNAs that were previously implicated in osteogenesis to be differentially regulated in these conditions in a manner to promote osteogenesis (Table 2). We integrated the miRNAs and their predicted targets, from our transcript data, and made net-

works to understand the miRNA–mRNA interactions under these two conditions. We first sampled genes that are well-studied and known to be critical for osteogenesis and mapped their miRNAs under these two conditions (Fig. 4). We observed that distinct sets of miRNAs that were expressed at different levels were observed in these two conditions. Then, following an unbiased approach, we sampled the entire sets of miRNAs that had distinct regulation in each of these conditions that could target the same genes regulated to the same extent in these conditions (Fig. 5). Our analyses provided two key insights. Firstly, a core set of miRNAs might be operative for osteogenesis that does not depend on the stimulus. Secondly, a stimulus-specific set of miRNAs can be induced, which could either reinforce the core pathways or might provide feedback to them. These stimuli-specific miRNAs might also assist to modulate the translation of osteogenic genes without having to depend solely on transcriptional control, which is a slow process. This might also explain the rapid phenotypic changes observed in 3D models, faster than ones achieved *via* biochemical signaling, such as the rapid development of lung epithelium under 3D perfusion conditions.<sup>81</sup>

Identifying miRNAs that majorly control translation in 3D can open newer avenues for research in improving cellular differentiation and identifying potential alternatives for expensive growth factors.<sup>82</sup> For example, Mariner *et al.* transfected hMSCs with miRNAs that were shown to improve alkaline phosphatase activity in a screening assay.<sup>83</sup> The cells showed a similar improvement of osteogenesis in 2D and 3D substrates upon transfection with the miRNAs. Although the study exhibited the applications of miRNAs in improving osteogenesis, it did not consider alternate miRNAs operating in 3D, which could be highly effective in osteogenic induction.

This study is a primer to understanding gene regulatory networks when cells are subjected to nanotopographical stimuli. While detailed experimentation is required to prove the specific miRNA–mRNA network and to identify the critical nodes, it nevertheless shows possibilities of different subsets of miRNAs operating to produce the same stimuli and provides avenues for designing and targeting these networks for enhanced differentiation and therapies.

## 5. Conclusion

We profiled miRNA and transcripts in hMSCs undergoing osteogenic differentiation under the influence of growth factors and *via* matrix-driven architectural cues, which have previously shown to induce similar levels of osteogenic differentiation. The data from the differential gene and miRNA profiling and integration showed that certain sets of genes and miRNAs were regulated to the same extent under these two conditions, depicting that a core of miRNA–mRNA networks is operative during osteogenesis. We also found a distinct set of genes and miRNAs under either of the conditions, suggesting that other stimuli-specific miRNA–mRNA networks might be operative under these conditions which might be supplemen-



tary or provide feedback to the core networks. This study provides insights into a distinct set of miRNAs that can control gene expression in 3D and open avenues for designing targets to improve differentiation.

## Conflicts of interest

There are no conflicts to declare.

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