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Real-time monitoring of the sialic acid biosynthesis pathway by NMR†

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Sialic acids are part of the outermost component of the glycocalyx of all vertebrates; as such, they are fundamental markers in physiological and pathological processes. In this study, we introduce a real-time assay to monitor individual enzymatic steps of sialic acid biosynthesis, either with recombinant enzymes, in particular using UDP-*N*-acetylglucosamine 2-epimerase (GNE) or *N*-acetylmannosamine kinase (MNK), or in cytosolic rat liver extract. Using state-of-the-art NMR techniques, we are able to follow the characteristic signal of the *N*-acetyl methyl group, which displays different chemical shifts for the biosynthesis intermediates UDP-*N*-acetylglucosamine, *N*-acetylmannosamine (and its 6-phosphate) and *N*-acetylneuraminic acid (and its 9-phosphate). Pseudo 2- and 3-D NMR demonstrated that in rat liver cytosolic extract, the phosphorylation reaction of MNK is exclusive for *N*-acetylmannosamine generated by GNE. Thus, we speculate that phosphorylation of this sugar from other sources (e.g. external application to cells) or *N*-acetylmannosamine derivatives often applied in metabolic glycoengineering is not conducted by MNK but by a yet unknown sugar kinase. Competition experiments with the most prevalent neutral carbohydrates demonstrated that of these, only *N*-acetylglucosamine slowed *N*-acetylmannosamine phosphorylation kinetics, suggesting an *N*-acetylglucosamine-preferring kinase as the acting enzyme.

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Introduction

Sialic acid is the umbrella term for a class of nonose carbohydrates.¹ The individual carbohydrates are called neuraminic acids with their most prevalent form *N*-acetylneuraminic acid (Neu5Ac). Usually, sialic acids are found on glycans' termini, making them a critical component in many cell–cell and host–pathogen interactions.²

In vertebrates, *de novo* sialic acid biosynthesis proceeds in four consecutive steps in the cytosol. First, uridine diphosphate *N*-acetylglucosamine (UDP-GlcNAc), produced from fructose 6-phosphate by the hexosamine biosynthetic pathway,³ is epimerised to produce *N*-acetylmannosamine (ManNAc). Subsequently, using ATP, it is phosphorylated to ManNAc-6-phosphate (ManNAc-6P). Both steps are catalysed by the bifunctional UDP-GlcNAc 2-epimerase/ManNAc kinase (GNE/MNK).⁴ Then, sialic acid synthase (SAS) catalyses the

condensation reaction of phosphoenolpyruvic acid (PEP) and ManNAc-6P to Neu5Ac 9-phosphate (Neu5Ac-9P). Neu5Ac-9P is dephosphorylated by sialic acid phosphatase (SAP), the only non-essential enzyme of this pathway.⁵ Neu5Ac is activated to CMP-Neu5Ac by CMP-Neu5Ac synthetase (CMP-SA) in the nucleus. Afterwards, it is transported by the specific nucleotide sugar transporter solute carrier 35A1 (SLC35A1) into the Golgi,⁶ where it serves as a substrate for sialyltransferases (Scheme 1).

Metabolic glycan engineering (MGE) is a methodology used to introduce specific chemical entities into cells *via* glyco-biological pathways.⁷ Because of the terminal position of sialic acids and the promiscuity of the involved enzymes, many MGE approaches use ManNAc derivatives, which are directly metabolised to sialic acids.^{7,8} The most widely used of these is *N*-azidoacetylmannosamine (ManNAz), usually in its per-acetylated form to ensure cell permeability, which is metabolised to *N*-azidoacetylneuraminic acid (Neu5Az) and can be used as an easily accessible bio-orthogonal handle targeting the azide on cell surface glyco-conjugates^{9,10} and soluble glycoproteins.^{11,12} The first metabolic step of this and related *N*-acyl-modified ManNAc derivatives, after their acetyl esters have been cleaved off by unspecific esterases, is the phosphorylation to ManNAc-6P derivatives. First, it was speculated that MNK catalyses this step. Still, low conversion efficiencies of the recombinant kinase¹³ and studies with GNE/MNK knock-down cells¹⁴ indicated that another kinase

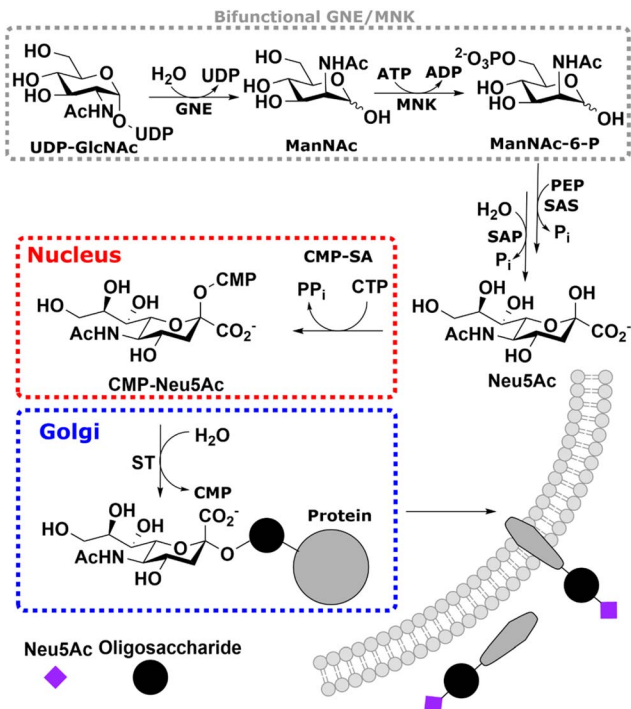
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Scheme 1 – Overview of the sialic acid biosynthetic pathway. The bifunctional UDP-GlcNAc 2-epimerase/ManNAc kinase (GNE/MNK) catalyses the first two steps of the *de novo* synthesis of Neu5Ac in cells. The produced ManNAc-6P is then condensed with PEP to Neu5Ac-9P, followed by dephosphorylation by SAP. Neu5Ac is finally activated to CMP-sialic acid in the nucleus to be used to synthesise sialylated glycans in the Golgi.

might be responsible for this enzymatic step. Furthermore, experiments with external ManNAc (we differentiate between biosynthetic ManNAc produced in cells and external ManNAc, which is added artificially) rescues the cell surface sialic acid content of lymphoma BJA-B cells with a GNE/MNK knock-out.¹⁵

Analysis of sialic acid biosynthesis metabolites is a challenging approach. Recombinant and purified enzymes often allow colourimetric assays or optical tests for the characterisation of single steps of the pathway, including recording of enzyme kinetics.^{16,17} Analysis of the metabolites in a cellular context was initially performed by radioactive compounds, which were separated by paper or thin-layer chromatography.¹⁸ Improved methods allowed high-performance liquid chromatography (HPLC) assays for labelled Neu5Ac and its derivatives¹⁹ or HPLC-mass spectrometry (MS), thereby often employing ¹³C or ¹H labelled compounds.^{20,21} However, all of these methods are endpoint assays, which so far did not allow real-time monitoring of one metabolite or even several compounds in parallel. Therefore, our aim in the current paper was to develop a real-time assay to monitor key steps in sialic acid biosynthesis in a cell-free cytosolic system.

Real-time NMR (RT-NMR) monitoring of metabolic pathways in physiological environments has received considerable attention in recent years. Due to the non-invasive, non-disruptive and quantitative nature of RT-NMR, with NMR signal intensities reflecting the absolute concentrations of

components,^{22–26} we considered RT-NMR to be the ideal method to follow different biosynthetic intermediates of the sialic acid biosynthesis pathway, such as UDP-GlcNAc, ManNAc, ManNAc-6P and Neu5Ac, even in the complex environment of a tissue homogenate. In particular, we envisioned using this approach to obtain more information on the metabolic pathway flux and on the phosphorylation of biosynthetic vs. external ManNAc, due to its importance for MGE.

Results and discussion

Chemical shifts of carbohydrates involved in the sialic acid biosynthesis pathway in ¹H NMR

We started our investigation by identifying suitable NMR peaks of carbohydrates involved in the sialic acid biosynthesis pathway. We focused on ¹H-NMR because it does not require labelled compounds. The *N*-Ac methyl of UDP-GlcNAc, ManNAc, ManNAc-6P and Neu5Ac displayed characteristic chemical shifts around 2.1–1.9 ppm (Fig. 1A and ESI† Fig. 1). Whereas ManNAc and ManNAc-6P showed two peaks, one for each anomer, UDP-GlcNAc and Neu5Ac only presented one signal. Furthermore, Neu5Ac has C3 ring proton signals between 2.15–2.05 ppm (equatorial) and 1.75–1.65 ppm (axial) with characteristic signals (ESI† Fig. 2),^{27,28} which helped to validate its presence in complex mixtures.

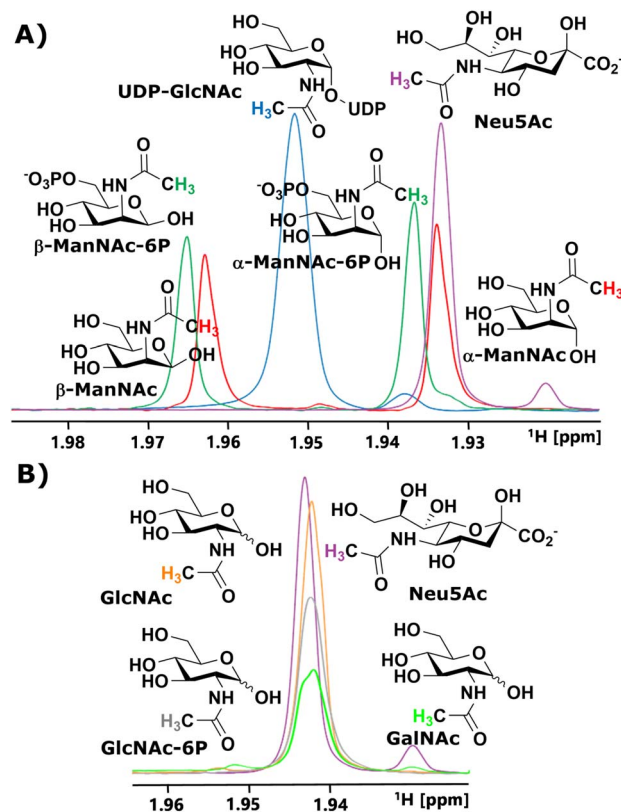


Fig. 1 (A) Characteristic chemical shifts in ¹H-NMR of the *N*-acetyl groups of the intermediates in the sialic acid biosynthesis pathway. (B) Characteristic chemical shifts in ¹H-NMR of the *N*-acetyl groups of GlcNAc, GlcNAc-6P, GalNAc and Neu5Ac.



The α to β ratios of ManNAc and ManNAc-6P were determined by integrating the peaks to roughly be 1.2 : 1 (ESI† Fig. 3). A combination of HMBC and HMQC revealed, in tune with the literature, the downfield peak of ManNAc to be the β -anomer (ESI† Fig. 4).²⁹ The methyl groups of GlcNAc and GalNAc only present one peak for both anomers. Surprisingly, both anomers of ManNAc-6P show the same chemical shift difference of 0.03 ppm for the *N*-Ac methyl in ¹H-NMR compared to ManNAc. This was not the case for the GlcNAc and GlcNAc-6P pair (Fig. 1B). We speculated that the axial orientation of the *N*-Ac methyl in ManNAc and ManNAc-6P positions the methyl group to interact with the anomeric hydroxyl, thus causing peak separation between α - and β -anomer. In the case of the chemical shift between the phosphorylated and the unphosphorylated ManNAc, we considered that the phosphate interacts with the axial amide either sterically, through a salt bridge or a hydrogen bond (ESI† Fig. 5).

In parallel to measuring the chemical shifts of the methyl group of *N*-acetyl hexosamines, ¹H-NMR also enabled the monitoring of many other proton-containing molecules, such as ATP, ADP, AMP, by the aromatic protons of the nucleotides, and PEP and pyruvate by their vinyl and methyl protons, respectively. With the help of standards, characteristic peaks for these molecules could be attributed to their origin, which provided further highly valuable information on coenzymes and substrates from our assay (ESI† Fig. 6).

Monitoring the conversions of the sialic acid biosynthesis pathway by recombinant enzymes with ¹H NMR

To obtain a model system of the first two reactions of the sialic acid biosynthesis pathway, we expressed GNE³⁰ and MNK³¹ recombinantly and purified them based on previously published protocols (ESI† Fig. 7 and 8). Because ¹H-NMR experiments with UDP-GlcNAc, ManNAc and ManNAc-6P showed separate peaks for their methyl groups in the range around 2.1–1.9 ppm (Fig. 1A), we were able to monitor their conversions by the two enzymes in a RT-NMR approach. The key to applying RT-NMR spectroscopy for us was adjusting the pre-measurement calibration to be as quick and efficient as possible, primarily by using pre-optimized parameters. Specific numbers of experiments in regularly interspaced intervals with defined starting time were set up. The specified starting time allowed to pre-mix the reaction components at a predefined time point, ensuring consistent reactions. In this study, all reactions were started 2 min before the time point zero measurements, which gave us enough time to mix the samples, transfer them to an NMR vial and place them into the sample holder (ESI† Fig. 9). To ensure that all experiments fit in their allotted time frame, the speed at which samples were processed once placed in the sample holder was optimised to 5 min.

At 10 $\mu\text{g mL}^{-1}$ (215 nM) GNE converted 400 μM UDP-GlcNAc in about 5 h to ManNAc (half-life 1.1 h, ESI† Table 1). ¹H-NMR spectra were recorded in hourly intervals. The stacking of these spectra enabled the quantification of the epimerization of UDP-GlcNAc to ManNAc. The UDP-GlcNAc signal was normalised to the first measurement. The ManNAc signals were normalised to

the averaged signal of the plateau after 7 h (Fig. 2A). This and all following reactions were analysed using a one-phase decay model (ESI† Fig. 10).

Recombinant MNK proved to be significantly more active than recombinant GNE, 1 $\mu\text{g mL}^{-1}$ (29 nM) MNK was determined to be a more suitable concentration for the 1 h measuring intervals (ESI† Fig. 11). Real-time ¹H-NMR spectroscopy enabled monitoring of the phosphorylation of ManNAc to ManNAc-6P by MNK, but due to poor peak separation the ManNAc and ManNAc-6P peaks could not be integrated separately, which made separate quantification of educt and product unreliable (Fig. 2B).

To demonstrate that we could monitor epimerisation and phosphorylation a cocktail of both enzymes at 10 $\mu\text{g mL}^{-1}$ of each, GNE (215 nM) and MNK (290 nM), was employed to convert UDP-GlcNAc to ManNAc-6P (Fig. 2C). To mimic the production of Neu5Ac by the sialic acid synthase, commercially available sialic acid aldolase from *E. coli* (1 mg mL⁻¹; 29 μM) and pyruvate (200 mM) were used. ManNAc was generated *in situ* using GNE and UDP-GlcNAc. Real-time ¹H-NMR spectroscopy proved to be efficient at monitoring the conversion reactions (ESI† Fig. 12A). Neu5Ac production was corroborated by the characteristic signal of the axial ring protons at C3. Part of the ring proton signal overlapped with unidentified compounds (ESI† Fig. 12B).

SOFAST-HMQC NMR to monitor the phosphorylation of isotopically labelled ManNAc to ManNAc-6P

As mentioned before, the phosphorylation of ManNAc by recombinant MNK could not be monitored separately because the methyl peaks of educt and product overlapped. The topographic view (oblique mode) of the pseudo-2D NMR spectrum appears to show good separation, but a look at an individual plane (contour mode) still revealed substantial overlap of the peaks (Fig. 3A). An HSQC spectrum of 1:1 ManNAc and ManNAc-6P revealed peak separation of the methyl group in ¹H and ¹³C (Fig. 3B and ESI† Fig. 13). Based on this finding, we hypothesized that a SOFAST-HMQC experiment with minimal spectral width in ¹³C could be designed to be used for real-time resolution of this conversion. As such, we synthesized ManNAc-2-¹³C by activating acetic acid-2-¹³C to an NHS ester and coupling it to mannosamine (ESI† Fig. 14).

The phosphorylation of ManNAc-2-¹³C by MNK was monitored using SOFAST-HMQC,³² which was run using non uniform sampling (NUS)³³ measuring only 25% of all data points and reducing the spectral width in the ¹³C-dimension to 0.6 ppm around the ManNAc/-6P signals, which differed on the two utilized spectrometers (22.0 \pm 0.3 ppm). The resulting spectra were stacked in a cube, and the peak separation was achieved through the introduction of pseudo-planes (Fig. 3B), which enabled the separation of the β -ManNAc and the β -ManNAc-6P peaks and the integration (Fig. 3C). The same was possible with the α -ManNAc signal (ESI† Fig. 18). All following experiments were analysed using the β -ManNAc and the β -ManNAc-6P peaks because the α signals in part overlapped with other *N*-acetyl methyl signals, like that of GlcNAc (Fig. 1A/B). To further



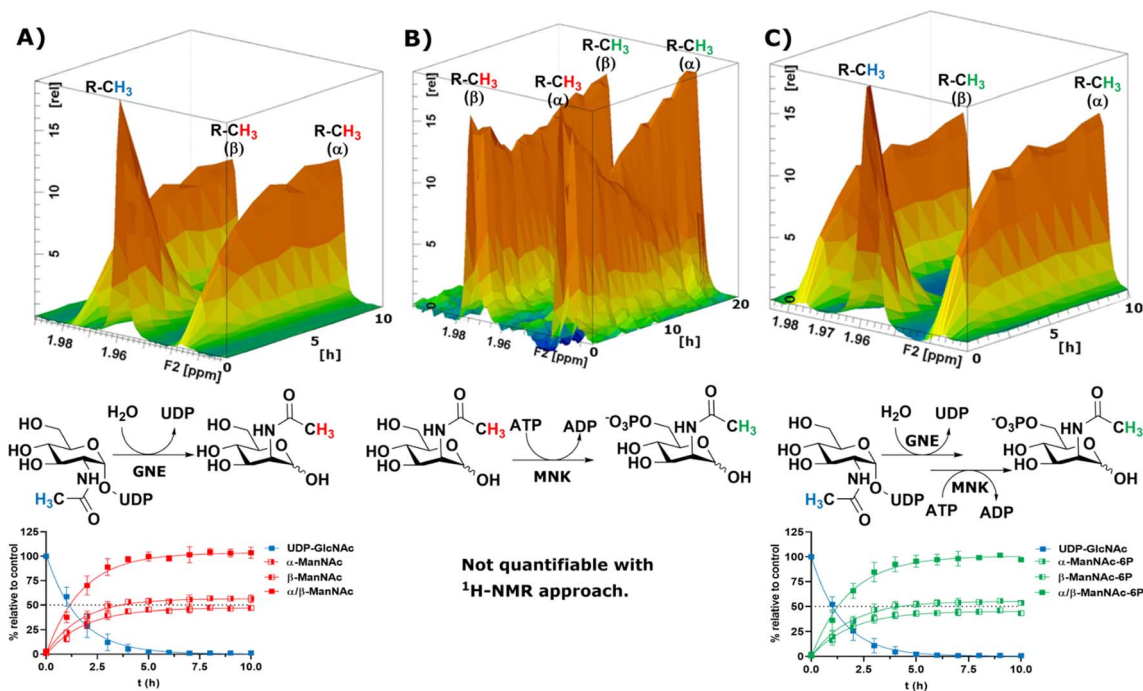


Fig. 2 Topographic view (oblique mode) of the pseudo-2D NMR; the monitored reactions and the graphs resulting from the integration of the raw data are displayed here in triplicates. (A) Real-time $^1\text{H-NMR}$ of the epimerisation of UDP-GlcNAc ($400\ \mu\text{M}$) to ManNAc by recombinant GNE ($10\ \mu\text{g mL}^{-1}$) – nonlinear fit data in ESI† Table 1. (B) Real-time $^1\text{H-NMR}$ of the phosphorylation of ManNAc to ManNAc-6P by recombinant MNK ($1\ \mu\text{g mL}^{-1}$) with ATP ($5\ \text{mM}$). (C) Real-time $^1\text{H-NMR}$ of the conversion of UDP-GlcNAc ($400\ \mu\text{M}$) to ManNAc-6P by recombinant GNE/MNK ($10\ \mu\text{g mL}^{-1}$) with ATP ($5\ \text{mM}$) – nonlinear fit data in ESI† Table 2.

validate this method, a $^{31}\text{P-HMBC}$ approach was designed, which was also facilitated by NUS of 25% of the data points. ManNAc-6P has a characteristic $^{31}\text{P-HMBC}$ signal (Fig. 3D) that can be stacked like the SOFAST-HMQC spectra. Again time-resolved analysis became possible by introducing a pseudo plane and the integration (Fig. 3E). Multiple measurements were run in sequence. First, the $^1\text{H-NMR}$ was run, then the SOFAST-HMQC and last, the $^{31}\text{P-HMBC}$. All three experiments in a row had been optimised to take less than 5 min, which included moving the probe in the autosampler. While the $^1\text{H-NMR}$ provided an initial overview of the data (Fig. 3A), which can also be used to monitor parallel reactions of ATP and PEP, the SOFAST-HMQC offered a powerful method to monitor ManNAc phosphorylation by recombinant enzymes. For recombinant MNK, the $^{31}\text{P-HMBC}$ method could validate the rate constants from the SOFAST-HMQC experiments (Fig. 3F). $^{31}\text{P-HMBC}$ therefore proved to be a robust method to monitor the phosphorylation of monosaccharides by recombinant enzymes.

Monitoring the conversions of the sialic acid biosynthesis pathway in cytosolic extract

After the RT-NMR method had been developed on recombinant enzymes, we applied it to study cytosolic liver extracts. For two reasons liver extracts have long been used as sialic acid biosynthesis pathway model systems.⁴ First, the tissue is available in homogenous quality by laboratory animals. Second, and more important, rat liver displays the highest expression of

sialic acid biosynthesis enzymes of all tissues.³⁴ Liver extracts were obtained by freezing the livers in liquid nitrogen immediately after removing. The tissue was then thawed in buffer, shredded and centrifuged. The supernatant was taken as rat liver cytosolic extract (RLCE), aliquoted and frozen in liquid nitrogen. Although liver is the organ with the highest number of expressed proteins, we performed semi-quantitative proteomics on the enzymes of the sialic acid biosynthesis in our prepared RLCE. GNE/MNK and SAS were found at high expression levels (ESI† Fig. 20). To avoid slight changes in enzyme expression of different RLCE preparations, most presented experiments were conducted using the same extract obtained from one adult female Sprague Dawley rat.

First, we performed a GNE assay with RLCE. In the absence of ATP and PEP, UDP-GlcNAc was converted in roughly equal parts to ManNAc and GlcNAc. This is likely due to the activity of GlcNAc 2-epimerase.^{35,36} However, we could not rule out that UDP-GlcNAc is converted to GlcNAc by a non-physiological activity of GNE/MNK in the absence of ATP, or an independent UDP-GlcNAc hydrolysing enzyme. Because of overlapping signals with GlcNAc, we assumed an α to β ratio of 1.2 : 1 for ManNAc based on our initial experiments (ESI† Table 5). 27% of the initial UDP-GlcNAc signal was not regained by the sum of ManNAc and GlcNAc signals (Fig. 4A). It is likely, that both amino sugars were further converted by catabolic pathways, including release of the *N*-acetyl group. This cleaved group is not detected by our NMR assay, leading to loss of signal.





Fig. 3 (A) Topographic view (oblique mode) of the pseudo 2D NMR spectrum of the phosphorylation of ManNAc (400 μM) to ManNAc-6p by recombinant MNK ($1 \mu\text{g mL}^{-1}$) with ATP (5 mM). The individual plane (contour mode) demonstrates the lack of peak separation of ManNAc and ManNAc-6P in ^1H -NMR. (B) Schematic representation of SOFAST-HMQC coupling of ManNAc/-6P- ^{13}C and the resulting 2D spectra. These 2D spectra can be stacked into a cube, introducing two pseudo planes, each containing separate peaks; (C) pseudo planes of β -ManNAc/-6P described in (B). The ManNAc and ManNAc-6P peaks can be integrated separately. (D) ^{31}P -HMBC spectrum of ManNAc-6P. (E) ^{31}P -HMBC spectra can be stacked into cubes, allowing the introduction of pseudo planes displayed here. (F) Integration of the pseudo planes of the SOFAST-HMQC and ^{31}P -HMBC – non-linear fit data in ESI† Table 4.

External ManNAc (400 μM) was phosphorylated to ManNAc-6P in RLCE (1.6 mg mL^{-1}). The half-life of the reaction was 0.84 h (ESI† Table 6). After 3 h of reaction, ManNAc was completely converted to ManNAc-6P (Fig. 4B). Although significant amounts of PEP were present, ManNAc-6P was not converted to Neu5Ac. It is notable that under the same conditions the half-life of the phosphorylation of external ManNAc to

ManNAc-6P (0.84 h) was more than an order of magnitude higher than the conversion of UDP-GlcNAc to ManNAc-6P 18.83 h (ESI† Table 7), indicating the activity of another kinase than MNK phosphorylating ManNAc.

In the presence of ATP and PEP, RLCE converts UDP-GlcNAc to ManNAc-6P (Fig. 4C). Though, the half-life of UDP-GlcNAc increases by an order of magnitude from 1.66 h (ESI† Table 5)





Fig. 4 Topographic view (oblique mode) of the pseudo-2D NMR; the monitored reactions and the graphs resulting from the integration of the raw data are displayed here in triplicates. (A) Real-time ¹H-NMR of the conversion of UDP-GlcNAc (400 μM) in RLCE (1.6 mg mL⁻¹) without further cofactors. The percentages are given relative to the initial UDP-GlcNAc signal – nonlinear fit data in ESI† Table 5. (B) Real-time ¹H-NMR of the phosphorylation of ManNAc-2-¹³C (400 μM) in RLCE (1.6 mg mL⁻¹) – nonlinear fit data in ESI† Table 6. (C) Real-time ¹H-NMR of the conversion of UDP-GlcNAc (400 μM) to ManNAc-6P with ATP (5 mM) and PEP (25 mM) in RLCE (1.6 mg mL⁻¹) – nonlinear fit data in ESI† Table 7.

to 18.83 h (ESI† Table 7). Under these conditions, the production of ManNAc was faster than the production of ManNAc-6P (ESI† Fig. 22).

Commercially available ManNAc-6P was converted with PEP to Neu5Ac-9P in RLCE (6 mg mL⁻¹). Due to the unavailability of Neu5Ac-9P standards, we could not differentiate whether the detected signal stemmed from the phosphorylated or the dephosphorylated Neu5Ac. Because of overlapping signals with Neu5Ac, we again could not measure the α-anomer signals of ManNAc-6P. Therefore, we calculated Neu5Ac concentrations assuming an α to β ratio of 1.2 : 1 (ESI† Fig. 23 and Table 8). Of all the recorded reactions of the sialic acid biosynthesis pathway in RLCE, the synthase reaction was the slowest – RLCE concentration had to be increased almost 4-fold to obtain a system in which significant concentrations of substrate were converted to product. Under these conditions, the half-life of ManNAc-6P was 6.46 h (ESI† Table 8). GNE/MNK and SAS are expressed in comparable levels in RLCE (ESI† Fig. 20). Therefore, specific activity of SAS must be significantly lower than the ones of GNE/MNK. Former studies revealed that in RLCE both specific activities of GNE/MNK⁴ are more than one order of magnitude higher than the specific activity of SAS.³⁷ In conclusion, SAS could be suggested as the bottleneck for sialic acid biosynthesis in RLCE. This is in agreement with the essential role of SAS in sialic acid biosynthesis,⁵ which is also true for glycoengineering approaches to establish the pathway in sialic acid-deficient cells from insects³⁸ or plants.³⁹

Taken together, we could demonstrate that our RT-NMR approach using ¹H-NMR and SOFAST-HMQC experiments could be employed to measure substrate conversions of GNE/MNK and SAS in RLCE in the complex environment of RLCE. Furthermore, the flexibility of the assay to measure unpredicted side products (*e.g.* GlcNAc) was demonstrated.

Substrate competition for ManNAc phosphorylation in rat liver cytosolic extract

In light of the different reaction velocities in RLCE of UDP-GlcNAc to ManNAc-6P *vs.* the phosphorylation of ManNAc to ManNAc-6P, we hypothesized that a further kinase in addition to MNK is able to phosphorylate external ManNAc in RLCE. To validate the impact of different kinases on the phosphorylation of external ManNAc in RLCE, UDP-GlcNAc and ManNAc were combined in a reaction cocktail at equimolar concentrations (400 μM) with ATP (5 mM) and PEP (25 mM). The two substrates were monitored independently by ¹H-NMR for the decreasing UDP-GlcNAc signal and with HMBC-NMR for the phosphorylation of external ManNAc to ManNAc-6P. The presence of both substrates in the reaction mixture did not significantly alter the conversion velocities of either of them, validating the hypothesis that another kinase than MNK might phosphorylate ManNAc (Fig. 5A). It is important to note, that this experiment was conducted with a different RLCE than the one used in all other experiments, and conversion velocities are not directly comparable.



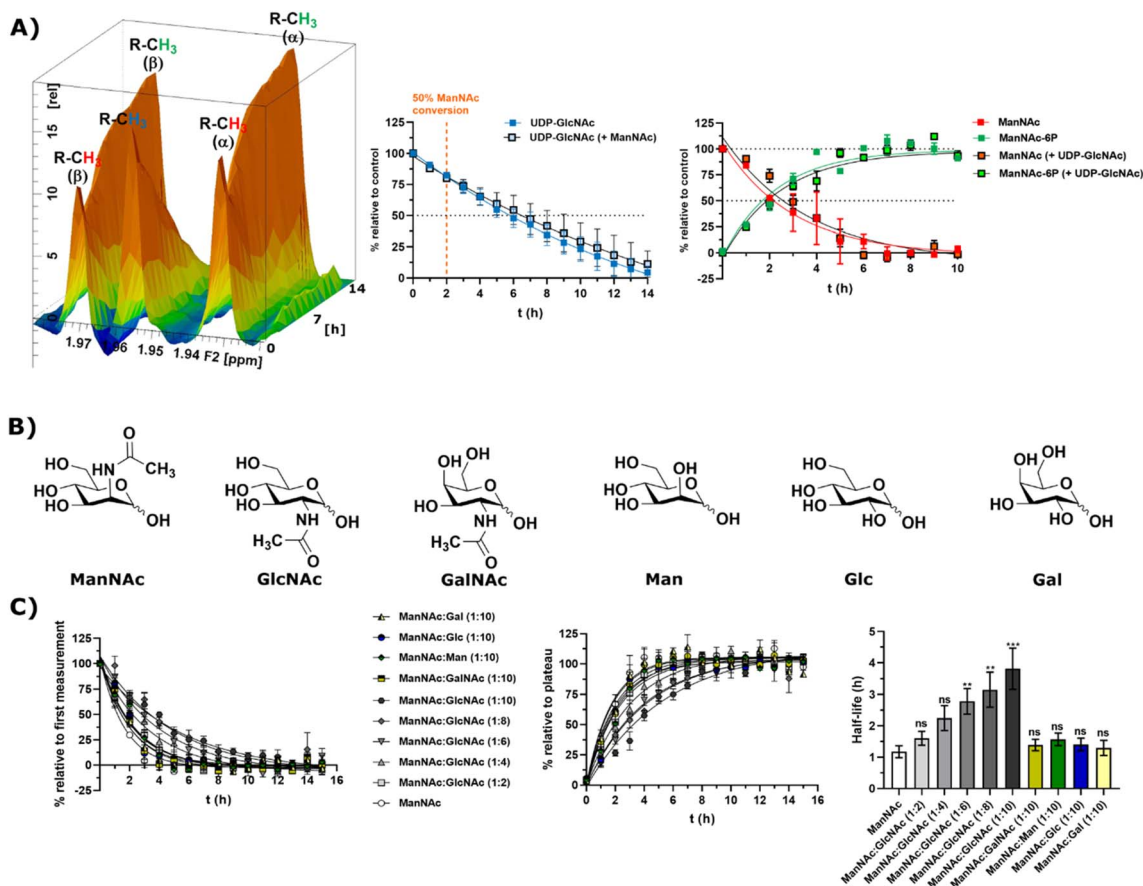


Fig. 5 (A) Simultaneous conversion of UDP-GlcNAc (400 μM) and ManNAc (400 μM) in RLCE (1.6 mg mL^{-1}). The decreasing UDP-GlcNAc signals were monitored and the conversion of ManNAc to ManNAc-6P. The respective systems with either only UDP-GlcNAc or only ManNAc were used as control experiments, to reference the conversion velocities – nonlinear fit data in and ESI† Table 10. This experiment was conducted with a different RLCE than all other experiments. (B) Highly abundant monosaccharides ordered by structural similarity to ManNAc. (C) Competition experiments of the conversion of ManNAc (200 μM) to ManNAc-6P with other carbohydrates. The influence of GlcNAc was assessed at increasing ratios (1:2 to 1:10). Other relevant carbohydrates were only used at the ratio of 1:10. The decreasing ManNAc signal and the increasing ManNAc-6P signals were modelled with a one-phase decay model (nonlinear fit data in ESI† Table 11) and the resulting half-life times were plotted. The significance is given relative to the experiment without competing carbohydrate; data are represented as means \pm SEM ($n = 45$; 15 time points per experiment conducted in triplicates) analysed by multiple t -test (P -value: 0.1234 (ns), 0.0332 (*), 0.0021 (**), 0.0002 (***) and <0.0001).

We assumed that the responsible kinase for external ManNAc phosphorylation uses highly abundant and structurally related monosaccharides as substrates. These encompass primarily the *N*-acetyl hexosamines GlcNAc and GalNAc, and the hexoses mannose (Man), glucose (Glc) and galactose (Gal) (Fig. 5B). Only GlcNAc had a significant effect on the half-life of ManNAc-6P production from ManNAc, which increased from 1.20 h to nearly 3.76 h with a 10-fold excess of GlcNAc over ManNAc (Fig. 5C and ESI† Table 12) by use of a decreased RLCE concentration to 1 mg mL^{-1} . This makes a kinase with a primary activity for GlcNAc a prime candidate to phosphorylate external ManNAc, instead of a kinase with a primary activity for ManNAc phosphorylation. Previously, significant MNK activity was already observed for partially purified *N*-acetylglucosamine kinase (NAGK) from rat liver by Allen and Walker.⁴⁰ This observation was confirmed by homogenous purification of rat liver NAGK; MNK activity of NAGK could clearly be distinguished from the MNK activity of GNE/MNK by

chromatographic separation.⁴¹ Our data were further underlined by human cell lines with low or completely absent GNE/MNK expression, where MNK activity could almost completely assigned to NAGK.¹⁵ Treatment of GNE myopathy, a hereditary inclusion body myopathy caused by mutations in GNE/MNK,⁴² with ManNAc, is currently in a phase 2 clinical study. Understanding the nature of the kinase responsible for the first step of metabolism will enhance the knowledge with regard to failure and success of this trials.^{43,44}

Recombinant MNK and NAGK with different substrates

Next, we decided to test the activity of recombinant human NAGK³¹ (ESI† Fig. 24) in comparison to the recombinant MNK domain of human GNE/MNK, first assessed in a plate reader-based ATP detection assay (ATP-Glo) with 100 μM of carbohydrates and 100 μM of ATP to adjust a useful enzyme concentration. NAGK phosphorylated GlcNAc efficiently at an enzyme



concentration of $0.1 \mu\text{g mL}^{-1}$. At the highest tested concentration ($10 \mu\text{g mL}^{-1}$) NAGK showed minor phosphorylation activity for ManNAc (ESI† Fig. 25B). MNK phosphorylated ManNAc efficiently. However, about 10-fold higher enzyme concentrations are needed compared to NAGK to observe comparable enzyme activities. This is in agreement with the about 10-fold higher specific activity of recombinant NAGK compared to recombinant MNK.^{31,45} At the highest tested concentration ($200 \mu\text{g mL}^{-1}$) MNK does not consume ATP in the presence of GlcNAc (ESI† Fig. 25C), suggesting an exclusive substrate specificity for ManNAc.

Based on the plate-reader experiments, two concentrations were tested for the GlcNAc phosphorylation by NAGK in NMR experiments. Whereas $10 \mu\text{g mL}^{-1}$ NAGK did not allow quantification of enzyme activity because the conversion was finished before the first measurement, $0.1 \mu\text{g mL}^{-1}$ NAGK showed complete phosphorylation of GlcNAc after 6 h (Fig. 6A). The phosphorylation of ManNAc ($400 \mu\text{M}$) by $10 \mu\text{g mL}^{-1}$ MNK with ATP (5 mM) was finished after 48 min. At $1 \mu\text{g mL}^{-1}$, complete transformation was reached at 16 h (Fig. 6B). These data confirm the activities of the two recombinant kinases observed in the plate-reader assay.

GlcNAc-6P standard revealed a similar signal pattern in a ³¹P-HMBC as ManNAc-6P (ESI† Fig. 26). From this, we extrapolated that all hexoses phosphorylated at the hydroxy groups at carbon 6 show similar patterns in ³¹P-HMBC NMR spectra. As such, we used the ³¹P-HMBC real-time NMR assay to do studies over 18 h on the activity of NAGK and MNK with different substrates. At $10 \mu\text{g mL}^{-1}$ NAGK phosphorylates ManNAc, but also Glc and Man with similar rates within the detection limits of this assay. These data are in agreement with the identification of NAGK as “extrahepatic glucokinase”,⁴⁶ suggesting that NAGK is an enzyme with high substrate promiscuity, at least in *in vitro* assays, with high K_m values for ManNAc ($K_m = 0.95 \text{ mM}$) and Glc ($K_m = 600 \text{ mM}$).⁴⁷ On the other hand, NAGK reveals no

activity with Gal and GalNAc (Fig. 6C), revealing a physiologically relevant selection of substrates. MNK does not appear to be promiscuous over longer incubation periods (Fig. 6D), underlining its specificity for ManNAc as a substrate.

In the context of MGE the question is still up to debate, which kinase phosphorylates the ManNAc derivatives. Earlier studies had demonstrated the ability of GNE/MNK knock down cells to still metabolize ManNAz,¹³ the most commonly used ManNAc derivative for MGE.⁷ Previous studies had further shown that recombinant rat GNE/MNK could phosphorylate certain ManNAc derivatives with low efficiency in dependence of the length of their *N*-acyl side chains.¹³ We therefore investigated both kinases for their ability to phosphorylate ManNAz. Surprisingly, MNK showed no activity for this artificial sugar, whereas NAGK was able to phosphorylate ManNAz with the same activity as shown for the other alternative substrates (Fig. 6C and D), again pointing towards NAGK as a responsible kinase in MGE of *N*-acyl-mannosamine derivatives.

Conclusions

In this study, we developed an NMR assay to monitor the conversion velocities during sialic acid biosynthesis by recombinant proteins and in cytosolic liver extract in real time. With this assay, we demonstrated that the phosphorylation of external ManNAc is most likely not performed by GNE/MNK. We observed that the phosphorylation of external ManNAc was inhibited by more than equimolar concentrations of GlcNAc, which is a strong indication that the responsible kinase is NAGK. This finding is in line with several studies indicating that NAGK phosphorylates external ManNAc.^{15,47} Nevertheless, recombinant NAGK did not phosphorylate ManNAc at physiologically relevant velocities, in contrast to GlcNAc. One potential explanation is that specific posttranslational modifications are necessary to give this enzyme the ability to phosphorylate ManNAc.

GNE myopathy is presumably caused by a lack of sialic acid production due to a malfunctioning GNE/MNK. As such, our study supports the clinical application of external ManNAc, because external ManNAc phosphorylation was shown functioning independently of GNE/MNK. Still, it also highlights a problem with this treatment: the deregulation of sialic acid biosynthesis. The utilization of external ManNAc circumvents the master regulator of sialic acid biosynthesis: GNE/MNK.⁴⁸ Without the feedback inhibition of the end-product CMP-Neu5Ac sialic acid production is deregulated and could cause symptoms akin to Sialuria, a hereditary developmental disorder caused by mutations in the CMP-Neu5Ac binding pocket of GNE/MNK.^{49,50} Furthermore, we think that this deregulation of sialic acid biosynthesis is the reason for why MGE with ManNAc derivatives has been employed so successfully. A recent study showed that azide modifications of carbohydrates were hampering metabolism rates.^{51,52} Nonetheless, in a HEK 293T cell model, 65% of the sialome after 24 h of treatment with Ac₄ManNAz carried an azide.⁵³ We speculate that the kinase responsible for the phosphorylation of external ManNAc, also phosphorylates ManNAc derivatives.



Fig. 6 (A and B) Real-time ³¹P-HMBC-NMR of the phosphorylation (ATP 5 mM) of GlcNAc and ManNAc ($400 \mu\text{M}$) by NAGK and MNK at different concentrations - nonlinear fit data in ESI† Table 13 and 14. (C and D) Real-time ³¹P-HMBC-NMR of the phosphorylation of different carbohydrates ($400 \mu\text{M}$) by NAGK and MNK with ATP (5 mM) - nonlinear fit data in ESI† Tables 15 and 16.



In summary, with this study we highlight the power of a real-time NMR assay, which, in contrast to other endpoint methods, can differentiate between forming monosaccharide species *in situ*. As such, we envision this method to be a singularly useful approach to study the conversion velocities of biologically highly relevant carbohydrates in complex environments to evaluate the performance of potential inhibitors and elucidate metabolic pathways.

Data availability

The raw data has been uploaded to Zenodo DOI: [10.5281/zenodo.7648851](https://doi.org/10.5281/zenodo.7648851). The NMR and the proteomics data were uploaded separately under the same DOI. The NMR data-set contains a read-me file designed to guide the future user.

Author contributions

J. L. G. L. and P. S. developed and performed the NMR assay. J. L. G. L., K. K.-H. and A. C. expressed and purified the recombinant proteins. J. L. G. L. and H. C. A. prepared the RCLE and performed experiments with them. C. S. performed the proteomic analysis of the RLCE. J. L. G. L., S. H., P. S. and C. P. R. H. wrote the manuscript. S. H., D. F. and C. P. R. H. supervised the project.

Conflicts of interest

There are no conflicts to declare.

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