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Inhibition of metal-induced amyloid β -peptide aggregation by a blood–brain barrier permeable silica–cyclen nanochelator

Jinzhuang Wang,^{ab} Kun Wang,^a Zhenzhu Zhu,^{*c} Yafeng He,^a Changli Zhang,^d Zijian Guo^{ib} ^{*a} and Xiaoyong Wang^{ib} ^{*c}

Alzheimer's disease (AD) is a neurodegenerative malady associated with amyloid β -peptide (A β) aggregation in the brain. Metal ions play important roles in A β aggregation and neurotoxicity. Metal chelators are potential therapeutic agents for AD because they could sequester metal ions from the A β aggregates and reverse the aggregation. The blood–brain barrier (BBB) is a major obstacle for drug delivery to AD patients. Herein, a nanoscale silica–cyclen composite combining cyclen as the metal chelator and silica nanoparticles as a carrier was reported. Silica–cyclen was characterized by scanning electron microscopy (SEM), transmission electron microscopy (TEM), Fourier transform infrared (FT-IR) and dynamic light scattering (DLS). The inhibitory effect of the silica–cyclen nanochelator on Zn²⁺- or Cu²⁺-induced A β aggregation was investigated by using a BCA protein assay and TEM. Similar to cyclen, silica–cyclen can effectively inhibit the A β aggregation and reduce the generation of reactive oxygen species induced by the Cu–A β ₄₀ complex, thereby lessening the metal-induced A β toxicity against PC12 cells. *In vivo* studies indicate that the silica–cyclen nanochelator can cross the BBB, which may provide inspiration for the construction of novel A β inhibitors.

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Introduction

Alzheimer's disease (AD) is a progressive neurodegenerative disorder affecting the memory and cognitive functions of the brain.¹ Although the molecular mechanism of AD pathogenesis is not clearly understood, much research has demonstrated that polymerization of amyloid β -peptides (A β) into amyloid fibrils is a critical step in the pathogenesis.² The pathological hallmark of AD is the aggregation of A β , predominantly A β ₄₀ and A β ₄₂ generated from the amyloid precursor protein (APP), which lead to the formation of oligomers and neuritic plaques in the brain.^{3,4} Metal ions, such as Zn²⁺, Cu²⁺ and Fe³⁺, play important roles in the A β aggregation and neurotoxicity, because they can readily induce A β nucleation and facilitate the formation of neurotoxic reactive oxygen species (ROS).⁵ Thus, metal chelation therapy has been extensively studied as a treatment for AD, which can block the formation of ROS and reduce the A β aggregation induced by metal ions.⁶

Although much research has been directed to the development of AD therapy,^{7–10} effective treatments are still unavailable. One of the major reasons is that most of the drug candidates are unable to cross the blood–brain barrier (BBB),^{11,12} which is formed primarily by endothelial cells that line the cerebral microvasculature and surrounding perivascular elements.¹³ Adjacent endothelial cells form complex tight junctions, creating a physical barrier which severely limits the paracellular transport across the BBB.¹⁴ The BBB allows for the passive diffusion of small lipophilic molecules, whereas limits the passive permeation of hydrophilic substances or molecules with high molecular weight.¹⁵ Since only lipophilic drugs with a molecular weight less than 450 Da can cross the BBB, most of the traditional drug candidates do not meet this requirement.¹⁶

In an attempt to overcome the above limitations, nano-carriers have been investigated as drug delivery vehicles to the central nervous system (CNS).^{17–20} The mesoporous silica (SiO₂) nanoparticles can be utilized to carry various drugs and other functional agents due to their unique properties such as large surface area, stable aqueous dispersion, none toxicity, easy surface modification, excellent biocompatibility and *in vivo* biodegradability.^{21–23} The organically modified SiO₂ nanoparticles have been used as efficient non-viral vectors to delivery gene therapeutic agent into the CNS *in vivo*.²⁴ We and other researchers ever reported that macrocyclic chelator 1,4,7,10-tetraazacyclododecane (cyclen) could reduce the

^aState Key Laboratory of Coordination Chemistry, School of Chemistry and Chemical Engineering, Nanjing University, Nanjing, 210023, P. R. China. E-mail: zgao@nju.edu.cn

^bNanjing Institute of Product Quality Inspection, Nanjing, 210028, P. R. China

^cState Key Laboratory of Pharmaceutical Biotechnology, School of Life Sciences, Nanjing University, Nanjing, 210023, P. R. China. E-mail: zzz070116@126.com; boxwxy@nju.edu.cn

^dSchool of Biochemical and Environmental Engineering, Nanjing Xiaozhuang University, Nanjing, 210017, P. R. China



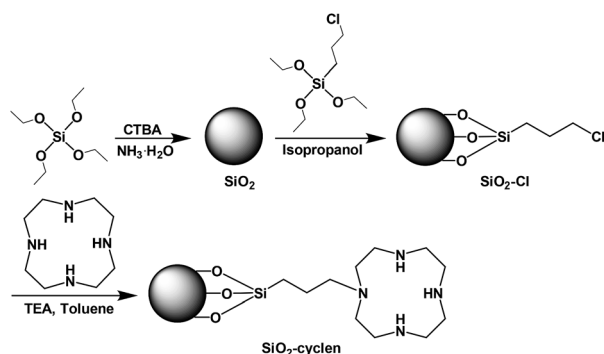
metal-induced A β aggregation and neurotoxicity.^{25,26} However, the hydrophilic cyclen (water solubility: 999 g L⁻¹) may be hard to cross the BBB.

In this study, we designed a novel nanoscale chelator SiO₂-cyclen, which conjugated SiO₂ nanoparticles as delivery carriers with cyclen as a metal chelator, for inhibiting the metal-induced A β toxicity (Scheme 1). The effect of SiO₂-cyclen nanochelator on A β aggregation and neurotoxicity, as well as its BBB permeability were investigated *in vitro* and *in vivo*.

Results and discussion

Synthesis and characterization of SiO₂-cyclen

SiO₂-cyclen nanochelator was designed and fabricated according to a modified literature method.²⁷ Cetyltrimethylammonium bromide (CTAB) was used as the cationic surfactant, tetraethylorthosilicate (TEOS) was served as the silica source, and ammonium hydroxide was used as the catalyst. In order to attach the metal chelator cyclen on the surface of SiO₂ nanoparticles, 3-chloropropyltriethoxysilane was used as a linker to fabricate the nanoscale SiO₂-cyclen chelator. The morphology of the acquired SiO₂-cyclen nanochelator was characterized by SEM (Fig. 1A) and TEM (Fig. 1B). The particles are spherical in shape and their size was smaller than 100 nm, which may enter the cells readily under fluid flow conditions.²⁸ The average hydrodynamic diameter of SiO₂-cyclen particles was determined by dynamic light scattering, which give a mean diameter of 65.2 $\pm$ 4.9 nm (DLS, Fig. 1C). The size of particles is just within the dimension range (40–100 nm) of nanoparticles that is not only suitable for drug carriers and cellular uptake,²⁹ but also suitable for transporting drugs across the BBB.³⁰ In the FT-IR spectra, the peak at 1079 cm⁻¹ is attributed to the bond of Si–O, and those at 2931, 1460, 1353 cm⁻¹ are attributed to the bonds of C–H, N–H, C–N, respectively (Fig. 1D). The relative intensity of C–H and N–H increases as the functionalization goes deeper; by contrast, that of Si–O fluctuates. The changes manifest that cyclen has been linked to the surface of SiO₂ nanoparticles. The results indicate that the SiO₂-cyclen nanochelator exists in single particles and disperses separately in aqueous suspension.



Scheme 1 Fabrication route to the SiO₂-cyclen nanochelator.

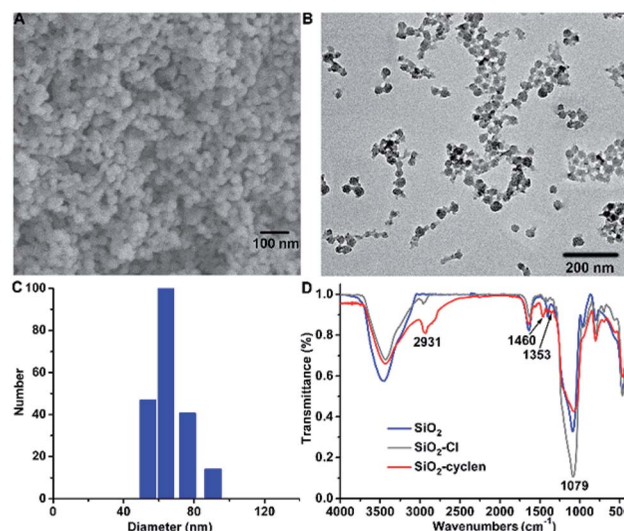


Fig. 1 SEM image (A), TEM image (B), DLS size distribution (C) of SiO₂-cyclen nanochelator, and FT-IR spectra (KBr) of SiO₂, SiO₂-Cl and SiO₂-cyclen (D).

Chelation with Cu²⁺ or Zn²⁺

Cyclen is a metal chelator and has potential to disaggregate the metal-induced A β aggregates as previously reported.^{25,26,31} The chelating ability of SiO₂-cyclen nanochelator was determined by ICP-MS after incubation with Cu²⁺ and Zn²⁺. The Cu and Zn amounts after reacting with SiO₂-cyclen were 22.18 $\pm$ 0.33 and 22.48 $\pm$ 0.29 μ g mg⁻¹ in terms of SiO₂-cyclen weight, respectively. As a control, no Cu and Zn was detected in SiO₂-Cl. The results indicate that cyclen tethered to the surface of SiO₂ nanoparticles still retains the chelating ability to Cu²⁺ and Zn²⁺.

BCA protein assay

The effect of SiO₂-cyclen nanochelator on the Zn²⁺- or Cu²⁺-induced A β aggregation was investigated by measuring the percentage of soluble A β in the supernatant of the reaction

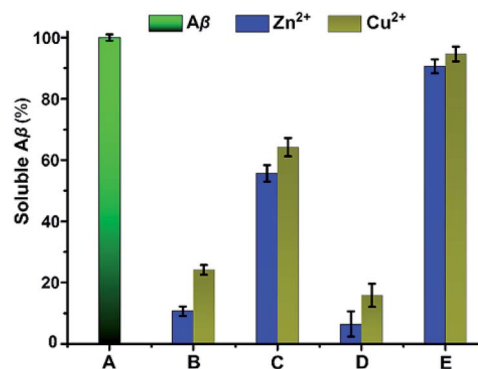


Fig. 2 Percentage of soluble A β in the solution containing Zn²⁺ or Cu²⁺ with or without SiO₂-cyclen after incubation at 37 °C for 24 h. (A) A β ; (B) A β + M²⁺; (C) A β + M²⁺ + SiO₂-cyclen; (D) A β + M²⁺ + SiO₂-Cl; (E) A β + M²⁺ + cyclen. M²⁺ = Cu²⁺ or Zn²⁺, pH = 7.4, [A β ₄₀] = 40 μ M, [A β ₄₀] : [M²⁺] : [chelator] = 1 : 2 : 2.



mixtures, with SiO₂-Cl and cyclen as the references. As shown in Fig. 2, Aβ₄₀ is almost completely soluble in the absence of metal ions and chelators. However, soluble Aβ in the supernatant of Aβ reaction mixtures containing Zn²⁺ or Cu²⁺ decreases to 10% and 24%, respectively, indicating that most Aβ is aggregated and deposited by metal ions. In the presence of SiO₂-cyclen, the solubility of Aβ increases obviously, suggesting that the SiO₂-cyclen nanochelator can inhibit the metal-induced aggregation of Aβ. As a comparison, SiO₂-Cl can hardly inhibit the metal-induced Aβ aggregation. These results show that the cyclen-modified mesoporous silica nanoparticles still have metal-chelating function and can inhibit the metal-induced Aβ aggregation.

Inhibition of ROS generation

Redox-active metal ions are crucial for the production of ROS and oxidative stress. Aβ could promote the production of ROS in the presence of redox-active metal ions, leading to pathological oxidative stress in AD.³² Chelating agents can reduce the generation of ROS through removing Cu²⁺ ions from the Cu-Aβ complex. The generation of ROS induced by the Cu-Aβ complex was monitored using 2',7'-dichlorofluorescein diacetate (DCFH-DA). DCF is a fluorescent marker derived from the reaction of non-fluorescent DCFH with ROS in the presence of horseradish peroxidase (HRP).³³ The fluorescence intensity of DCF correlates with the amount of reactive oxygen radicals. As shown in Fig. 3, strong fluorescence of DCF is measured at 522 nm for the Cu-Aβ₄₀ system without the SiO₂-cyclen nanochelator (b); in the presence of SiO₂-cyclen, the fluorescence intensity decreases obviously (e). The results indicate that SiO₂-cyclen can reduce the generation of ROS induced by the Cu-Aβ₄₀ complex. In contrast, SiO₂-Cl shows no effect on the reduction of ROS (d), because it does not coordinate with the Aβ-bound Cu²⁺ and hence can hardly influence the Cu-Aβ₄₀-mediated redox chemistry. These results indicate that the SiO₂-cyclen nanochelator reduces the production of ROS induced by Cu-Aβ complex almost as effectively as cyclen.

Morphology changes of Aβ aggregates

Negative staining TEM was exploited to investigate the effect of the SiO₂-cyclen nanochelator on the morphology of metal-induced Aβ aggregates. The images of Zn²⁺- or Cu²⁺-induced Aβ aggregates in

the absence and presence of the nanochelator are shown in Fig. 4. Only long unbranched fibrils, a typical structure for amyloid fibrils, were observed in the solution of Aβ₄₀ (Fig. 4A). However, after Zn²⁺ or Cu²⁺ was added, large amounts of amorphous aggregates were formed in the solution of Aβ₄₀ (Fig. 4B and C), which are consistent with our previous observations.^{34,35} In the presence of SiO₂-cyclen, the metal-induced Aβ₄₀ aggregates were almost disappeared, and the morphology of the samples was similar to that of Aβ₄₀ samples (Fig. 4D and G). Cyclen also inhibited the Zn²⁺- or Cu²⁺-induced Aβ₄₀ aggregation and made the morphology similar to that of Aβ₄₀ alone (Fig. 4F and I). More aggregates were observed in the presence of SiO₂-Cl owing to its inability to chelate Zn²⁺ or Cu²⁺ (Fig. 4E and H). The results indicate that the SiO₂-cyclen nanochelator can inhibit the Zn²⁺- or Cu²⁺-induced Aβ₄₀ aggregation.

Inhibition of neurotoxicity

The neurotoxicity of Zn²⁺- or Cu²⁺-Aβ₄₀ complexes against PC12 cells was investigated by the MTT assay. The inhibition of SiO₂-cyclen nanochelator against the Aβ₄₀-induced neurotoxicity was shown in Fig. 5, with cyclen and SiO₂-Cl as the references. Aβ₄₀ in the presence of Zn²⁺ or Cu²⁺ was quite toxic to the rat pheochromocytoma PC12 cells (cell viability is about 70%), while Zn²⁺, Cu²⁺, and Aβ₄₀ alone are almost nontoxic. In the presence of SiO₂-cyclen, the cell viability in the Zn²⁺-Aβ₄₀ system increased from 74% to 91%, and that in the Cu²⁺-Aβ₄₀ system increased from 71% to 93%, respectively. Interestingly, SiO₂-cyclen and its Zn²⁺ or Cu²⁺ complex is nontoxic toward the cells. In the presence of SiO₂-Cl, the cell viability is similar to that in the presence of Aβ₄₀ and Zn²⁺ or Cu²⁺, indicating that SiO₂-Cl had no effect on the neurotoxicity of the Zn²⁺- or Cu²⁺-Aβ₄₀ complex. After incubating with cyclen, the cell viability was above 90%, even in the present of Zn²⁺- or Cu²⁺-Aβ₄₀ complex. These results demonstrate that the SiO₂-cyclen nanochelator can inhibit the neurotoxicity of Zn²⁺- or Cu²⁺-Aβ₄₀ complexes and enhance the viability of neuron cells.

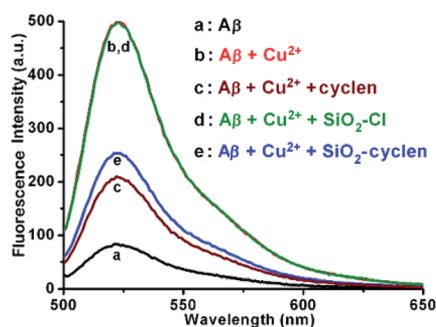


Fig. 3 Fluorescence of DCF ($\lambda_{\text{ex}} = 485 \text{ nm}$) reflecting the effect of SiO₂-cyclen on the production of H₂O₂ by the Cu-Aβ₄₀ complex. [Aβ₄₀] = 0.8 μM, [Cu²⁺] = [chelator] = 0.6 μM, [HRP] = 0.04 μM, [DCFH] = 100 μM, [ascorbate] = 10 μM, pH = 7.4.

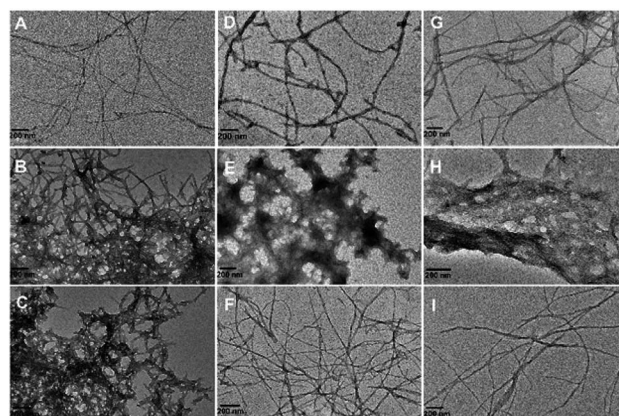


Fig. 4 TEM images of Aβ (A), Aβ + Cu²⁺ (B), Aβ + Zn²⁺ (C), Aβ + Cu²⁺ + SiO₂-cyclen (D), Aβ + Cu²⁺ + SiO₂-Cl (E), Aβ + Cu²⁺ + cyclen (F), Aβ + Zn²⁺ + SiO₂-cyclen (G), Aβ + Zn²⁺ + SiO₂-Cl (H), Aβ + Zn²⁺ + cyclen (I), respectively, after incubation at 37 °C for 24 h. pH = 7.4, [Aβ₄₀] = 20 μM, [Aβ₄₀] : [M²⁺] : [chelator] = 1 : 2 : 2.



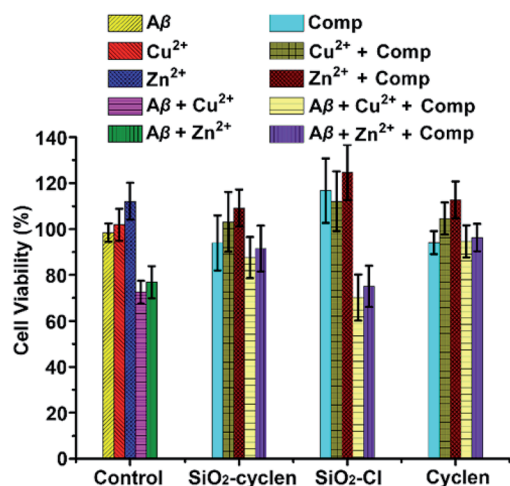


Fig. 5 Neurotoxicity of A β ₄₀ in the absence or presence of metal ions and chelators against PC12 cells after incubation at 37 °C for 48 h. [A β ₄₀] = 10 μ M; [A β ₄₀] : [M²⁺] : [chelator] = 1 : 2 : 2.

Blood–brain barrier permeability

To evaluate the *in vivo* BBB permeability of the SiO₂–cyclen nanochelator, animal experiments were carried out by using C57BL/6J mice. The amount of silicon in mice brain pre- or post-injection of SiO₂–cyclen was listed in Table 1. The amount of Si increased after 6 h, thus suggesting that the nanochelator could penetrate the BBB of mice. The amount of Si decreased at 24 h probably due to the metabolism of SiO₂–cyclen *in vivo*. The SiO₂–cyclen nanochelator may cross the BBB *via* the adsorptive or receptor-mediated transportation, which is similar to the situation of insulin, albumin and low density lipoprotein receptor as reported previously.³⁶

Experimental

Materials and methods

Cetyltrimethylammonium bromide (CTAB), ammonium hydroxide, tetraethylorthosilicate (TEOS), isopropanol, 3-chloropropyltriethoxysilane, 1,4,7,10-tetraazacyclododecane (cyclen), trimethylamine (TEA), toluene, and HNO₃ were purchased from J&K Ltd. (Beijing, China). Human A β ₄₀ was purchased from GL Biochem Ltd. (China). Zinc acetate dehydrate, copper chloride, 2',7'-dichloro-fluorescein diacetate (DCFH-DA), tris(hydroxymethyl)aminomethane (Tris), horseradish peroxidase (HRP), ascorbate, phosphotungstic acid, poly-L-lysine solution (0.01%), nerve growth factor-7S, and 3-(4,5-dimethyl-2-thiazolyl)-2,5-

diphenyl-2-*H*-tetrazolium bromide (MTT) were purchased from Sigma-Aldrich. Micro BCA protein assay kit was purchased from Beyotime biotech. Ltd. (China). All the aqueous solutions were prepared using Milli-Q water and filtered through a 0.22 μ m filter (Millipore). Stock solutions of A β ₄₀, Cu²⁺, and Zn²⁺ were prepared according to the reported procedures.³¹

The scanning electron microscopy (SEM) images were obtained using a Hitachi S-4800 high resolution SEM on the conductive adhesive tapes. The transmission electron microscopy (TEM) images were obtained using a JEOL JEM-2100 transmission electron microscope at an accelerating voltage of 100 kV. Hydrodynamic diameters were determined using a BI-200SM dynamic light scattering system (DLS, Brookhaven Instruments Co., Holtsville, NY). Fourier transform infrared (FT-IR) spectra (KBr pellets) were recorded on a Bruker VECTOR22 spectrometer in the range of 500–4000 cm^{−1}. The content of Si was determined on an inductively coupled plasma mass spectrometer (ICP-MS) using a standard Plasma-Quad II instrument (VG Elemental, Thermo Optek Corp.). Fluorescence spectra were recorded on an LS-50B spectrofluorimeter (Perkin-Elmer, USA). MTT assay and fluorescence spectra (λ_{ex} = 485 nm) in the range of 505–650 nm were measured by a Varioskan Flash microplate reader (Thermo Scientific).

Preparation of SiO₂–cyclen nanochelator

SiO₂ nanoparticles were synthesized by a modified literature procedure.^{37,38} CTAB (0.5 g) was dispersed in water (200 mL) with ultrasonic wave. Ammonium hydroxide (0.75 mL, 28 wt% NH₃ in water) was then added to the solution with strong stirring at room temperature, and TEOS (2.0 mL) was dropped in slowly, giving rise to a white slurry. The resulting product was centrifuged after 3 h, the CTAB was washed out by ethanol and water, and SiO₂ nanoparticles were obtained after drying at vacuum. SiO₂–Cl nanoparticles were prepared according to the modified literature procedure.³⁹ SiO₂ nanoparticles (200 mg) were dispersed in isopropanol (200 mL) solution and were allowed to react with 3-chloropropyltriethoxysilane (4.0 mL, in excess) at 100 °C under nitrogen for 24 h. Excess 3-chloropropyltriethoxysilane was removed by centrifugation and redispersion in ethanol and water, followed by drying at room temperature. Cyclen was tethered to the surface of SiO₂–Cl nanoparticles according to the literature procedure.⁴⁰ In a typical reaction, cyclen (2.0 g, in excess) and triethylamine (6.0 mL) were poured into a flask containing toluene (200 mL) and the SiO₂–Cl nanoparticles with vigorous stirring under argon atmosphere and reflux for 16 h. The sample was washed with water and ethanol by centrifugation and SiO₂–cyclen nanochelators were obtained after drying at vacuum. The surface morphology, size, and components of the nanoparticles were investigated by SEM, TEM, DLS, and FT-IR.

Chelation ability of SiO₂–cyclen

SiO₂–cyclen (6.0 mg) and SiO₂–Cl (6.0 mg) nanoparticles were dispersed into CuCl₂ (1.0 mol L^{−1}, 2.0 mL, in excess) or Zn(Ac)₂ (1.0 mol L^{−1}, 2.0 mL, in excess) solutions respectively, and cultured at 37 °C for 3 h. The samples were cleaned by water to

Table 1 The amount of silicon (μ g g^{−1}) in C57BL/6J mice brain determined by ICP-MS in terms of body weight pre- or post-injection of SiO₂–cyclen

	Post-injection		
	6 h	12 h	24 h
Pre-injection	5.42 ± 0.32	11.11 ± 0.41	13.09 ± 0.37
			10.29 ± 0.34



remove the excess CuCl_2 or $\text{Zn}(\text{Ac})_2$, and digested by concentrated HNO_3 at 95°C for 3 h. The amounts of chelated Cu^{2+} or Zn^{2+} in the SiO_2 -cyclen nanochelators were determined by ICP-MS.

BCA protein assay

$\text{A}\beta_{40}$ (40 μM) in buffer solution (20 mM Tris-HCl/150 mM NaCl, pH 7.4, 197.6 μL) was incubated with or without $\text{Zn}(\text{Ac})_2$ or CuCl_2 (80 μM) for 5 min at room temperature. Metal chelator (2.4 μL , 80 μM) was added to the solution and incubated at 37°C for 24 h. The solution was centrifuged at 12 000 rpm for 30 min and each sample was transferred to individual wells of a flat-bottomed 96-well plate (Corning Costar Corp). The concentration of peptide in the supernatant was analyzed by the Micro BCA protein assay.

ROS assay

DCFH-DA stock solution (1 mM) as ROS probe was prepared in buffer (20 mM Tris-HCl/150 mM NaCl, pH 7.4). Horseradish peroxidase (HRP) stock solution (4 μM) was prepared with the same buffer. Sample solutions containing $\text{A}\beta_{40}$ (0.8 μM) and CuCl_2 (0.6 μM) were incubated with or without chelators (0.6 μM) at 37°C for 20 h. Ascorbate (10 μM) was added to each sample and incubated at 37°C for 1 h. The samples were transferred to individual wells of a flat-bottomed 96-well black plate. HRP (2 μL , 0.04 μM) and DCFH-DA (20 μL , 100 μM) were added to each solution and incubated for 10 min in the dark at room temperature. Fluorescence spectra ($\lambda_{\text{ex}} = 485 \text{ nm}$) in the range of 505–650 nm were measured by a Varioskan Flash microplate reader (Thermo Scientific).

Morphology of $\text{A}\beta$ aggregates

$\text{A}\beta_{40}$ (20 μM) in buffer solution (20 mM Tris-HCl/150 mM NaCl, pH 7.4, 197.6 μL) was incubated with or without $\text{Zn}(\text{Ac})_2$ or CuCl_2 (40 μM) for 5 min at room temperature. Metal chelator (2.4 μL , 40 μM) was added to the solution and incubated at 37°C for 24 h. An aliquot of each solution (5 μL) was spotted onto carbon-coated copper grids for 30 min. The samples were stained with phosphotungstic acid [1.5% (w/v), pH 7.4]. The grids were blotted with filter paper to remove excess solution and air-dried before analysis on the TEM, operating with a voltage of 100 kV.

Cell viability

PC12 cells (American Type Culture Collection) were cultured in RPMI-1640 medium supplemented with 5% fetal bovine serum (FBS), antibiotics, and 10% horse serum in a 5% CO_2 humidified environment at 37°C . The cells were plated at a density of 6000 cells per well on a poly-L-lysine-coated 96-well plates, and differentiated with 100 ng mL^{-1} of nerve growth factor (NGF) in DMEM medium supplemented with 5% FBS at 37°C with 5% CO_2 for 48 h. The cytotoxicity of $\text{A}\beta_{40}$ and Zn^{2+} - or Cu^{2+} - $\text{A}\beta_{40}$ with or without chelators toward the cells was measured after incubation for 48 h. The cells were treated with MTT (20 μL , 5 mg mL^{-1} in PBS) for 4 h at 37°C and lysed in DMSO for 30 min

at room temperature in the dark. Absorbance values of formazan were determined by a Varioskan Flash microplate reader (Thermo Scientific) at 570 nm. The optical density (OD) was used to calculate the percentage of cell viability relative to the untreated control values, that is, $(\text{OD}_{\text{test}} - \text{OD}_{\text{blank}})/(\text{OD}_{\text{control}} - \text{OD}_{\text{blank}}) \times 100\%$, and the mean of three replicates was taken as the final result.

In vivo BBB penetration assay

C57BL/6J mice (8 week, male, 20 g, $n = 12$) were selected as animal models. SiO_2 -cyclen nanochelators were injected intravenously (8 mg kg^{-1} body weight) into the mice (3 mice in each group), and the brains of mice were acquired after 6 h, 12 h and 24 h, with mice without injection as controls. The brain samples were digested by concentrated HNO_3 at 95°C , 30% H_2O_2 and concentrated HCl at 37°C . The silicon amount in the samples was determined by ICP-MS. All experimental procedures are in accordance with the Guidelines for Care and Use of Laboratory Animals of Nanjing University, and experiments were approved by the Animal Ethics Committee of the Model Animal Research Center of Nanjing University.

Conclusions

In this study, a novel nanoscale chelator, SiO_2 -cyclen, was reported, which is composed by cyclen as the metal-chelating unit and silica nanoparticle as a carrier of cyclen, for inhibiting the toxicity of $\text{A}\beta$ aggregates. The results show that the SiO_2 -cyclen nanochelator can effectively inhibit $\text{A}\beta$ aggregation, reduce the generation of reactive oxygen species induced by the Cu - $\text{A}\beta_{40}$ complex, and protect cells from the metal-induced $\text{A}\beta$ toxicity. Blood-brain barrier is a dynamic barrier protecting the brain against invading organisms and unwanted substances; it is also the most important barrier impeding the drug transport into the brain *via* the blood circulation.⁴¹ *In vivo* study demonstrated that the SiO_2 -cyclen nanochelator can overcome the drawbacks of small chemicals (>400 Da) or peptides in passing across the BBB, which may has some reference value for the design of novel $\text{A}\beta$ inhibitors.

Conflicts of interest

There are no conflicts to declare.

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