

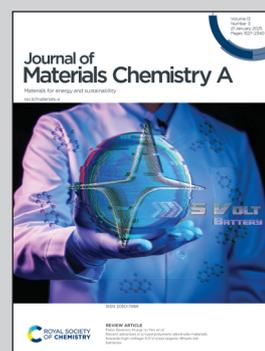


Showcasing a study on biocompatible redox-active ferritin and enzyme assembly-based biofuel cell anodes and their applications for biosensors and wearable devices, led by Prof. Cheong Hoon Kwon, Kangwon National University, South Korea.

Enhancement of electron transfer efficiency in biofuel cell anodes using biocompatible redox-active ferritin and enzyme assemblies

We introduce an innovative approach to biofuel cell anodes by utilizing redox-active ferritin and enzyme assemblies. This strategy allows for the precise assembly of layered structures comprising ferritin and glucose oxidase, thereby enabling the optimization of efficient physiological signal sensing. The design facilitates efficient electron transfer, ensures stable long-term operation, and holds significant promise for applications in bioelectrochemical systems, including biosensors and wearable devices.

As featured in:



See Yongmin Ko,
Cheong Hoon Kwon *et al.*,
J. Mater. Chem. A, 2025, **13**, 1808.

Cite this: *J. Mater. Chem. A*, 2025, 13, 1808

Enhancement of electron transfer efficiency in biofuel cell anodes using biocompatible redox-active ferritin and enzyme assemblies†

Gee Chan Jin, ^a Hye Min Yu, ^a Eui Guk Jung, ^b Seung-Kyum Choi, ^c
Yongmin Ko ^{*d} and Cheong Hoon Kwon ^{*a}

Ferritin, a naturally occurring iron storage protein, plays a critical role in iron oxidation–reduction processes, making it a focus of recent research to improve the performance of biofuel cell (BFC) electrodes. The highly stable Fe^{III}/Fe^{II} redox pairs within the ferritin core allow for reversible electron release/uptake during electrochemical sweeps, making it potentially applicable as a biocompatible redox mediator. In addition, the outermost protein nanoshell provides an effective anchoring site for strong bridging with active components. This dual functionality positions ferritin as a promising candidate for improving electron transfer efficiency in BFCs. In this study, we used a spin coating-assisted layer-by-layer assembly approach to construct and investigate multilayer structures composed of ferritin and glucose oxidase, with a particular focus on the redox properties of ferritin and its role in mediating electron transfer between enzymes and electrodes. Our results show that the strategic integration of ferritin into BFC anodes significantly enhances both current density and operational stability, representing a significant advancement in the development of high performance BFCs. The study provides critical insights into the design of stable and efficient BFCs and/or biosensors, highlighting the potential of ferritin-based assemblies to drive future innovations in bioelectrochemical technologies. These advances have significant implications for a wide range of applications, including medical devices, environmental monitoring, and renewable energy systems.

Received 29th September 2024
Accepted 27th November 2024

DOI: 10.1039/d4ta06947a

rsc.li/materials-a

1. Introduction

Biofuel cells (BFCs) have attracted considerable attention as a promising sustainable and renewable energy solution for effective off-grid power generation in a wide range of portable or implantable personalized medical devices.^{1–7} Despite recent advances, BFCs still face critical challenges that hinder their practical implementation, with two of the most pressing being the relatively low power output and limited operational stability.⁸ These challenges are mainly due to the inefficiency of electron transfer between the enzyme and the electrode, as well

as the propensity of enzymes to detach or deactivate from the host surface during prolonged operation.^{9–11} Importantly, these issues are closely related to the structure of the interfaces within the electrodes where electron transfer occurs.

Various types of enzymes with high catalytic activity have been investigated for reliable biological applications such as biosensors.^{12–14} Among them, glucose oxidase (GOx), a common enzyme used in BFC anodes, has an active site (flavin adenine dinucleotide, FAD) located approximately 7 to 15 Å beneath the insulating protein shell.¹⁵ This structural feature presents a significant energy barrier to efficient electron transfer, which becomes more pronounced as the loading amount is increased for higher power output. Recent advancements in BFCs focus on enhancing the performance of GOx and glucose dehydrogenase (GDH), key enzymes for glucose oxidation, while exploring enzyme cascades to boost efficiency.^{16,17} GOx is highly valued for its specificity and rapid kinetics, with efforts focusing on its integration with carbon-based redox mediators, including activated carbon, carbon nanotubes, and graphene, to enhance electron transfer efficiency.^{18,19} GDH, in contrast, avoids hydrogen peroxide production and operates optimally near physiological pH, making it advantageous for BFCs.²⁰ Enzyme cascades combining GOx or GDH with complementary enzymes are being studied to enhance substrate utilization and system

^aDepartment of Energy Resources and Chemical Engineering, Kangwon National University, 346 Jungang-ro, Samcheok, 25913, Republic of Korea. E-mail: chkwon2@kangwon.ac.kr

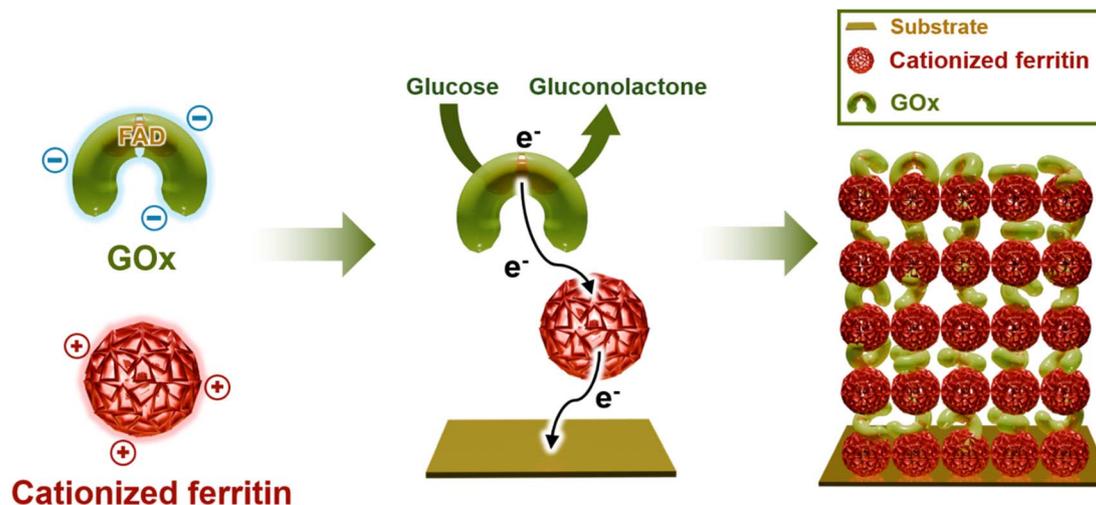
^bSchool of Mechanical System Engineering, Kangwon National University, Kangwondo, 25913, Republic of Korea

^cGeorgeW. Woodruff School of Mechanical Engineering, Georgia Institute of Technology, Atlanta, GA, USA

^dDivision of Energy & Environmental Technology, Material Research Institute, Daegu Gyeongbuk Institute of Science and Technology (DGIST), 333 Techno Jungang-daero, Hyeonpung-eup, Dalseong-gun, Daegu 42988, Republic of Korea. E-mail: yongmin.ko@dgist.ac.kr

† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4ta06947a>





Scheme 1 Schematic representation of the stepwise assembly and function of *n*-FGOx multilayers. The cationized ferritin acts as an electron mediator between GOx and the electrode substrate. In the presence of glucose, GOx catalyzes the conversion of glucose to gluconolactone, releasing electrons (e^-) that are transferred to the electrode *via* ferritin, thereby enhancing the electron transfer efficiency. The multilayer structure, with alternating layers of GOx and cationized ferritin, provides a highly organized pathway for electron flow, promoting optimal electrochemical performance in bioanode applications.

facilitate electron transfer. Fluorescein isothiocyanate (FITC) was obtained from Sigma-Aldrich (USA). Sodium chloride (NaCl) solutions were prepared using Milli-Q deionized water (Millipore, Tokyo, Japan) to ensure high purity for all experimental procedures. Branched polyethyleneimine (PEI, $M_w \sim 800 \text{ g mol}^{-1}$), which was used as a polyelectrolyte to facilitate the LbL assembly process, was purchased from Sigma-Aldrich, along with TC, which was used as a buffering agent to maintain optimal pH conditions during the LbL assembly process.

2.2 Surface treatment of Au-Si wafer

The surface treatment of Au-Si wafers was essential to establish a stable foundation for the subsequent introduction of cationized ferritin as the initial layer of the assembly. The Au-Si wafers were first immersed in RCA solution for 10 min to remove surface contaminants and create a negatively charged surface by oxidizing organic residues and exposing hydroxyl groups. This treatment ensures a clean and reactive surface for subsequent coating steps. The wafers were then immersed in a 1 mg mL^{-1} solution of polyethyleneimine (PEI) for 6 h. During this step, a PEI coating formed on the wafer surface through electrostatic and hydrogen bonding interactions between the positively charged amine (NH_2) groups of PEI and the negatively charged hydroxyl (OH^-) groups on the Au-Si wafer. After the PEI coating step, the wafers were thoroughly rinsed with deionized water to remove any weakly adsorbed PEI molecules, ensuring a uniform and stable layer. To introduce cationized ferritin, the wafers were immersed in a 1 mg mL^{-1} solution of tricarballic acid (TC) for 6 h. In this step, hydrogen bonding occurred between the NH groups of the previously adsorbed PEI layer and the carboxyl groups of TC, further stabilizing the PEI layer and introducing additional functional groups for subsequent LbL assembly. Finally, the wafers were rinsed again in deionized

water to remove any loosely bound TC, and then dried with an air stream. This process results in a clean, functionalized Au-Si wafer surface, ready for the assembly of redox-active proteins and enzymes in the next steps of BFC anode preparation.

2.3 Preparation of the *n*-FGOx multilayer film

The multilayered films of cationized ferritin and GOx were constructed on the pre-treated Au-Si wafer using the spin coating-assisted LbL assembly technique (Fig. S1†). First, the cationized ferritin solution was dropped on the substrate and spun to distribute the material evenly, forming a thin, uniform ferritin layer. Then, the cationized ferritin-coated substrate was washed with pure deionized (DI) water to remove unbound or loosely bound ferritin molecules from the outermost layer. Subsequently, the GOx layer was deposited on the ferritin-coated substrate by the same drop and spin-coating process and then washed with DI water, forming a (cationized ferritin/GOx) bilayer film. In this process, the pH of all solutions, including pure DI water used for the washing step, was adjusted to 7.4. This deposition sequence was repeated 0, 5, 10, 15, 20, 25, and 30 times to build up the desired number of multilayers. Each LbL deposition cycle involved the precise application of a solution containing either cationized ferritin or GOx, followed by spinning the wafer to ensure uniform spreading and adhesion of each layer through electrostatic interactions and hydrogen bonding. The NaCl concentration in the GOx solution was optimized to modulate the deposition behavior. UV-vis spectroscopy showed that increasing the NaCl concentration from 0 to 0.5 mmol L^{-1} enhanced the absorbance at 277 nm for 10-FGOx multilayer films, indicating a higher loading of active materials within the multilayers (Fig. S2†). This suggests that NaCl can modulate the ionic strength of the adsorption solution, which affects both the deposition behavior and the



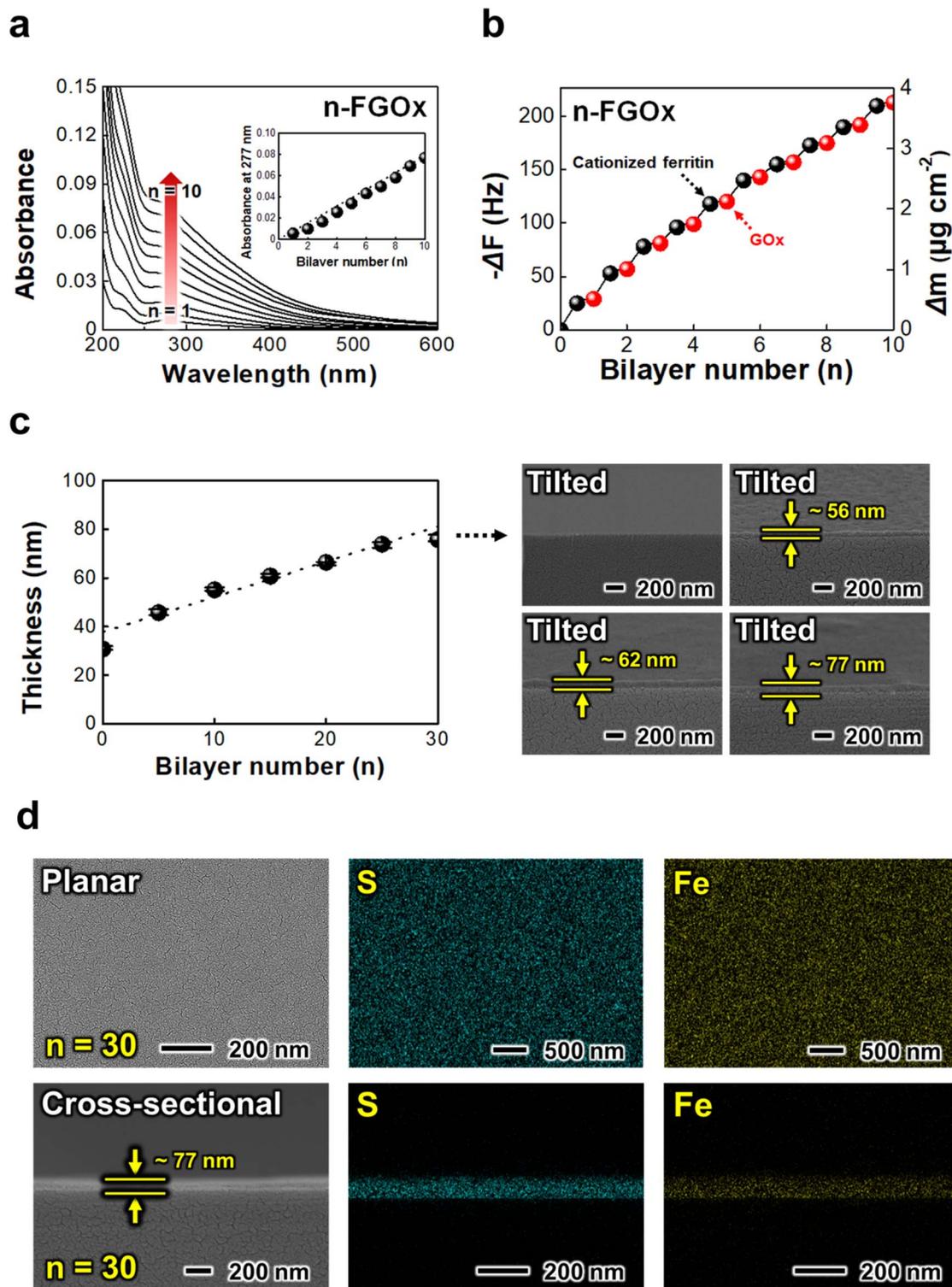


Fig. 1 Preparation of *n*-FGOx multilayers. (a) UV-vis absorption spectra of *n*-FGOx multilayers with the bilayer number (*n*) from 1 to 10. The inset shows the absorption values at 277 nm, showing a nearly linear growth. (b) QCM analysis for the *n*-FGOx multilayers according to the bilayer number. (c) The bilayer number-dependent film thickness of the *n*-FGOx multilayers, obtained from tilted FE-SEM images (right). (d) Planar and cross-sectional FE-SEM images of 30-FGOx multilayers and the corresponding elemental mapping using energy-dispersive X-ray spectroscopy (EDS) for S and Fe atoms.



originating from the redox reaction of the iron complex (ferrihydroxide) within the ferritin core, indicating a highly reversible electrochemical activity towards glucose. This result suggests that ferritin can effectively mediate electron transfer within the BFC systems. As the scan rate increases, the current densities associated with both the anodic (centered around -0.17 V) and cathodic (between -0.41 V and -0.56 V) peaks grow proportionally, indicating that the electrochemical reaction is a surface-redox controlled process (Fig. 2b and c). The widening of the oxidation-reduction gap (ΔE_p) at higher scan rates can be attributed to increased kinetic overpotentials and faster electron transfer rates (Fig. 2d).

Based on these results, the electrochemical properties of the n -FGOx composite films were investigated by CV and electrochemical impedance spectroscopy (EIS). Fig. 3 shows the bilayer number-dependent CV profiles of the n -FGOx and the corresponding Nyquist plots at different glucose concentrations ranging from 0 to 300 mmol L^{-1} in phosphate-buffered saline (PBS) solution. With increasing bilayer number and glucose concentration, the response current densities increased regularly, reaching the highest value of $40 \mu\text{A cm}^{-2}$ at 300 mmol L^{-1} for the 30-FGOx electrodes (Fig. 3a, c, e, S8 and S9[†]). This enhanced catalytic activity of the n -FGOx can be attributed to the higher enzyme loading with increasing bilayer number (n), which also results in

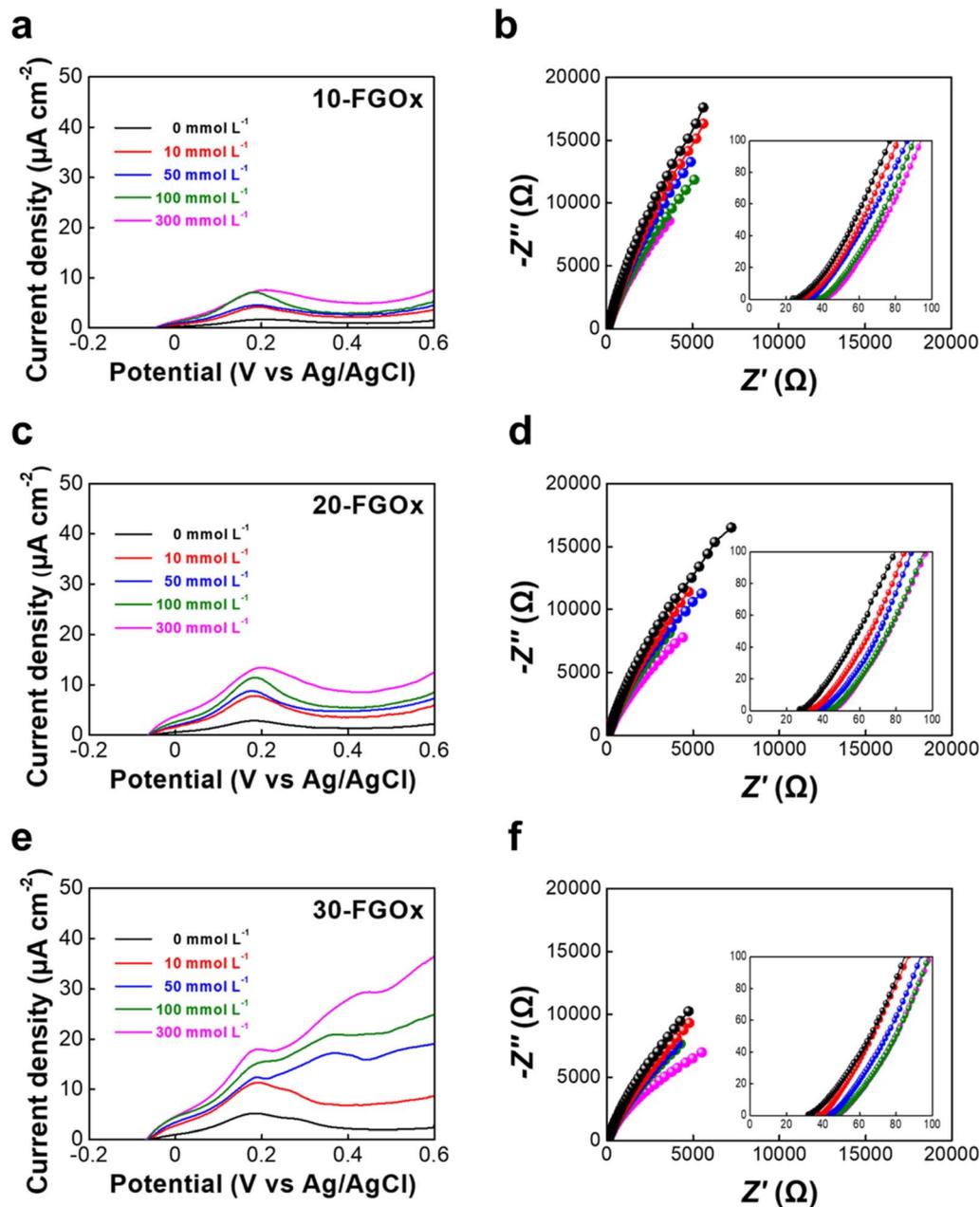


Fig. 3 CVs and EIS Nyquist plots for n -FGOx anodes. (a), (c) and (e) Bilayer number-dependent oxidation current densities of n -FGOx anodes recorded at different glucose concentrations (0, 10, 50, 100, and 300 mmol L^{-1}). (b), (d) and (f) The corresponding Nyquist plots of the n -FGOx anode. Insets indicate the high frequency region of each Nyquist plot.



a larger active surface area for efficient glucose interaction and electron transfer. Although the internal resistance of the *n*-FGOx electrodes tends to increase with increasing bilayer number due to the insulating nature of enzymes (*i.e.*, GOx) (Fig. 3b, d and f), it is worth noting that the thin-film structure with a homogeneous distribution of the electrode components is highly advantageous in overcoming charge transfer kinetics during electrochemical sweeps. For example, in the case of the 30-FGOx anodes, the smallest semicircles were observed at 300 mmol L⁻¹ glucose, suggesting that the electrode exhibits the most efficient electron transfer under these conditions, even at the highest output current density. The enhanced glucose oxidation at higher concentrations is likely due to the multilayer structure, which provides more active sites and facilitates rapid electron transfer between the enzyme and the electrode. In particular, uniformly incorporated cationized ferritin, bridging the interfaces of GOx/GOx and/or GOx/host electrode interfaces, creates continuous and robust pathways for efficient electron flow within the electrodes, significantly minimizing the potential losses typically observed in traditional bio-anode designs.

Furthermore, the electrochemical activity of the ferritin, originating from the reversible redox reaction of its stable iron complex core (Fe^{III}/Fe^{II}), can contribute to the overall current output of the GOx-based anode electrodes. To verify this, the electrochemical behavior of the *n*-FGOx anodes was tested in the absence of glucose in PBS (Fig. S10†). Given that the ferritin molecule itself does not have active sites or functional groups that would typically interact with glucose, the current responses in this system reflect only the contribution of ferritin. The CVs reveal that the current densities of the *n*-FGOx anodes increase regularly with increasing bilayer numbers, indicating that the presence of ferritin enhances the electrochemical activity of the *n*-FGOx anodes.

3.3 Correlation of multilayer deposition behavior with current output

In general, the surface morphology of the electrode has a significant impact on the output performance of

electrochemical systems. Specifically, a smooth, well-covered active layer on the electrode surface enables more efficient energy conversion with low overpotential, even at high fuel concentrations. Fig. 4a shows the relationship between current densities and glucose concentrations (0–300 mmol L⁻¹) for *n*-FGOx anodes with different bilayer numbers at 0.6 V. The results demonstrate that increasing the number of bilayers enhances the glucose oxidation process, as indicated by the rise in current density. For the 10- and 20-FGOx anodes, the current densities increased gradually with glucose concentration but reached relatively low current plateaus at around 8 μA cm⁻² and 13 μA cm⁻², respectively, at 300 mmol L⁻¹ respectively. In contrast, the 30-FGOx anode shows a significantly improved current density, reaching approximately 37 μA cm⁻² at the same glucose concentration, indicating a better catalytic performance compared to lower bilayer assemblies. The electrochemical improvement can be attributed to the higher enzyme immobilization, which ensures better access to the glucose molecules and improved electron transfer kinetics. These phenomena can be explained by the different deposition behavior of the electrostatic interaction-induced LbL assembly of dilute charged materials in water.

As mentioned above, the average thickness per bilayer was quite thin (approximately 2.5 nm), even compared to the ferritin molecule, which has a diameter of ~12 nm. This is due to the electrostatic repulsion between the same charged components, resulting in insufficient surface coverage.^{40,41} Therefore, although the LbL assembly ensures a uniform distribution of the electrode components without noticeable surface agglomeration (Fig. 4b), the quality of the surface coverage resulting from the deposition process can significantly affect performance. Specifically, insufficient surface coverage of the FGOx layer on the electrode, as seen in the case of 10 and 20 bilayers, can result in a limited number of active sites and/or mediators, hindering efficient electron transfer and leading to relatively low current densities. On the other hand, the 30-FGOx anode may have a denser and more continuous layer of ferritin and

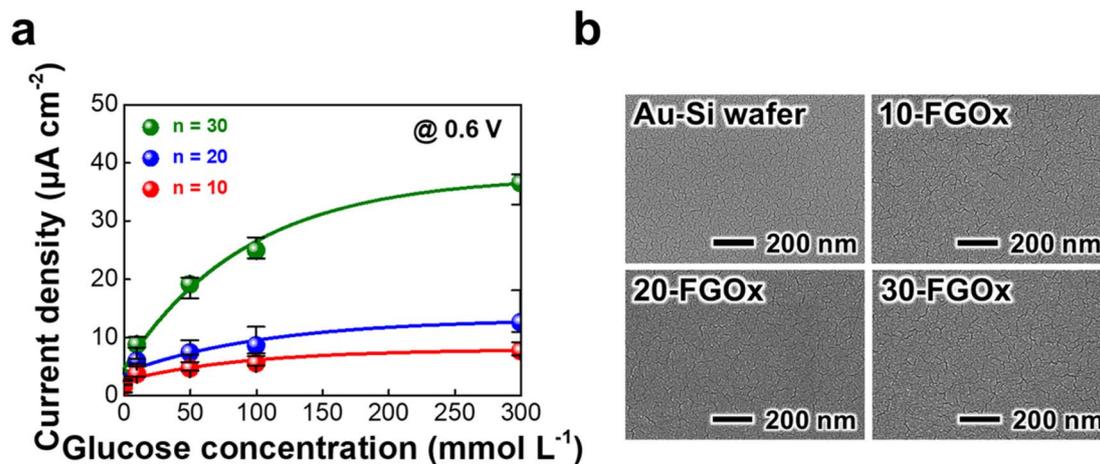


Fig. 4 Relationship between the current response and surface morphology of *n*-FGOx anodes. (a) Normalized current densities of *n*-FGOx anodes as a function of glucose concentration, recorded at 0.6 V. (b) Planar FE-SEM images of *n*-FGOx anodes with varying bilayer numbers of 0 (bare substrate), 10, 20, and 30.



GOx, ensuring better surface coverage and a more interconnected network of redox-active centers. The well-ordered nanostructure also enhances the electron transfer capacity of the electrodes, increasing their maximum potential at higher glucose concentrations. Particularly, the phenomenon of a continuous increase in total current density for 30-FGOx anodes is in good agreement with Michaelis–Menten kinetics,

where an increasing amount of enzyme enhances the rate of glucose oxidation.^{42,43} That is, the 30-FGOx anode with sufficient surface coverage likely facilitates a faster and more efficient catalytic turnover, allowing for a higher maximum current density at high glucose concentrations.

To further demonstrate the impact of surface morphology on performance, we investigated the electrochemical responses of

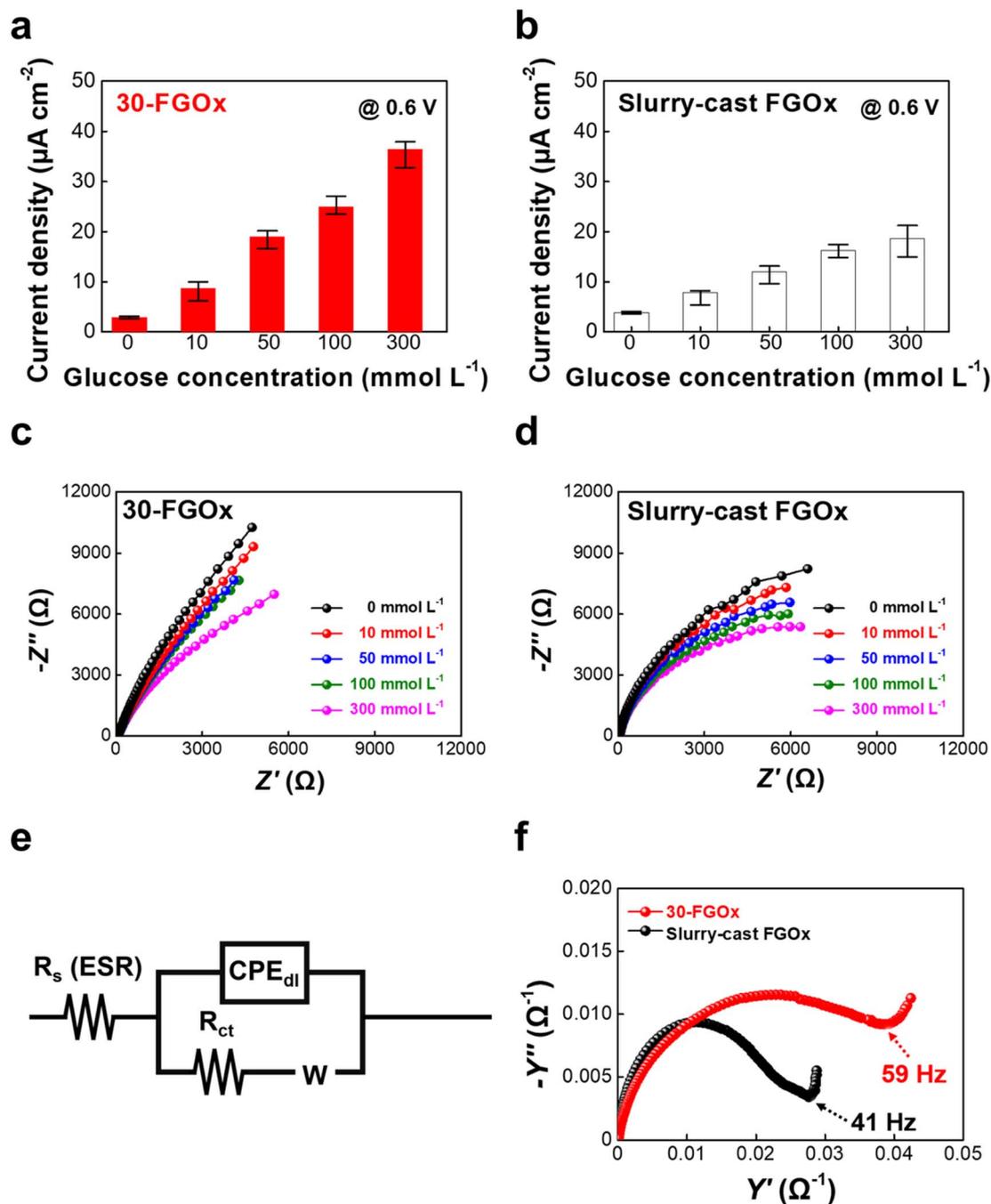


Fig. 5 Comparison of the electrochemical properties of 30-FGOx and slurry-cast FGOx anodes. The normalized current densities for (a) 30-FGOx and (b) slurry-cast FGOx anodes at 0.6 V in different glucose concentrations (0, 10, 50, 100, and 300 mmol L⁻¹) and the corresponding Nyquist plots for (c) 30-FGOx and (d) slurry-cast FGOx anodes. (e) Representative equivalent circuit model derived from the Nyquist plots of both 30-FGOx and slurry-cast FGOx anodes. (f) Admittance plots for each anode. The knee frequency, where the point of charge transition behavior from diffusion-limited to charge-transfer-limited processes, was recorded at 59 Hz for the 30-FGOx anode and 41 Hz for the slurry-cast anode.



FGOx anodes prepared by both LbL assembly and the traditional slurry casting process, at varying glucose concentrations (0, 10, 50, 100, and 300 mmol L⁻¹). The LbL-assembled 30-FGOx anodes exhibited the highest current density of nearly 40 μA cm⁻² at the highest glucose concentration of 300 mmol L⁻¹ (Fig. 5a). However, the slurry-cast FGOx anodes displayed a significantly low current density of approximately 18.7 μA cm⁻² at the same glucose concentration, despite a similar loading amount of each electrode component (Fig. 5b and S11†). These observations clearly demonstrate that insufficient interactions between the components (*i.e.*, ferritin and GOx) within the electrode, caused by the simple mechanical mixing process, may lead to poor uniformity and undesirable material agglomeration (Fig. S12†). Therefore, this results in a low active surface area and ultimately hinders effective electron transfer at the interfaces.

Importantly, the charge diffusion characteristics at the electrode/electrolyte interfaces are also significantly influenced by the structural features of the FGOx anodes. Basically, the facile diffusion of glucose molecules in the electrolyte towards the anode is one of the crucial factors for efficient energy conversion. For glucose, the multiple hydroxyl (-OH) groups have a high affinity for cationized ferritin, specifically forming hydrogen bonding interaction with the -NH groups of DMPA. Therefore, the uniformly distributed ferritin molecules within the LbL-assembled 30-FGOx anodes can act as effective pathways for glucose diffusion from the surface to the interior of the anode, significantly reducing the interfacial resistance. However, partial agglomeration issues in the FGOx slurries can lead to higher interfacial resistance due to electrostatic repulsion between glucose and the negatively charged GOx molecules, resulting in poor ion diffusion kinetics at the electrode/electrolyte interfaces.

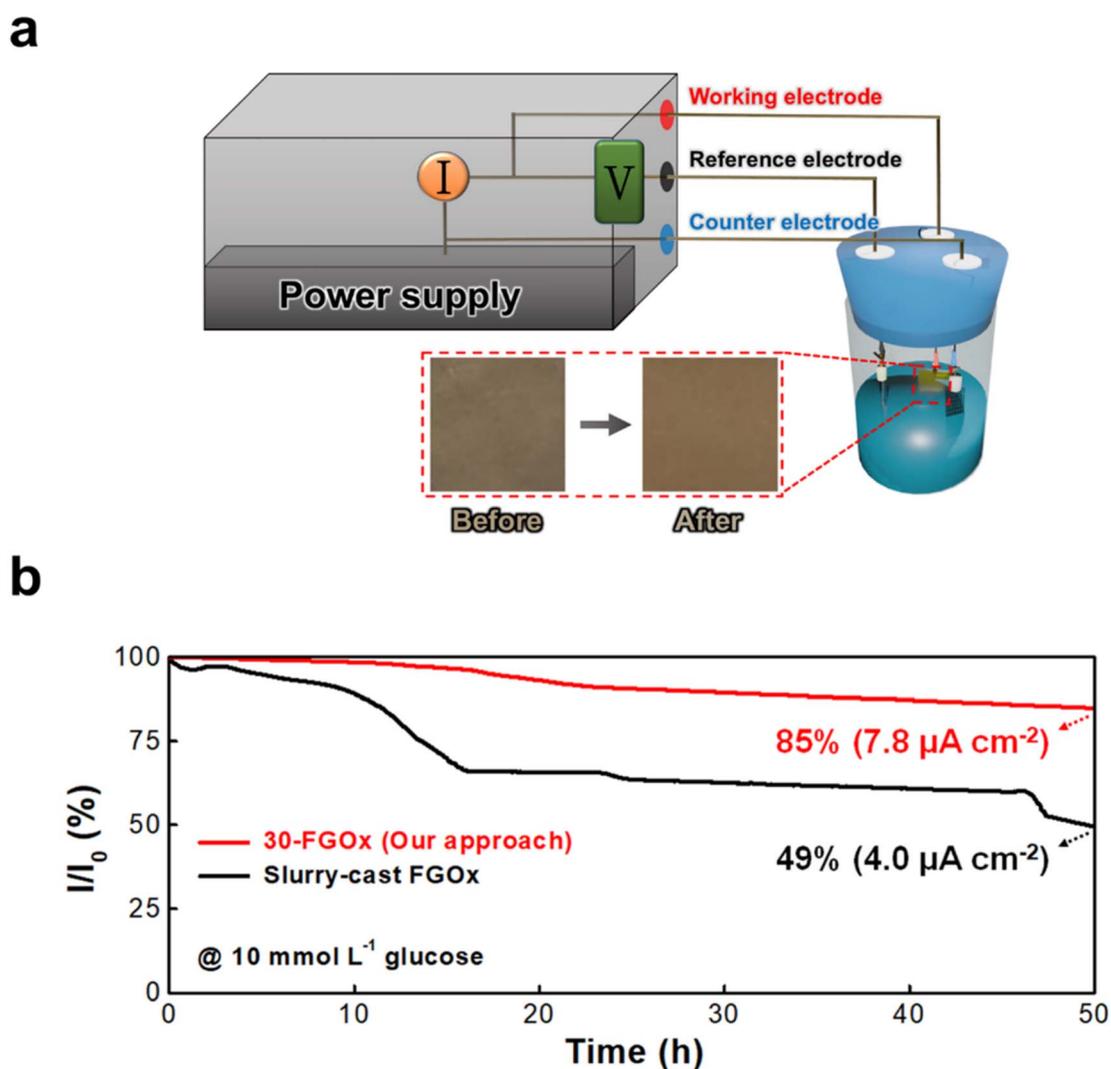


Fig. 6 Electrochemical durability testing. (a) Schematic of a three-electrode setup consisting of a working electrode (FGOx anode), a reference electrode (Ag/AgCl), and a counter electrode connected to a power supply for electrochemical measurements. The inset shows the surface of the 30-FGOx anode before and after prolonged electrochemical operation. (b) Stability tests of the 30-FGOx and slurry-cast anodes in the presence of 10 mmol L⁻¹ glucose over a 50 h continuous operation. The 30-FGOx electrode retains 85% of its initial current density (7.8 μA cm⁻²), while the slurry-cast FGOx retains only 49% (4.0 μA cm⁻²), demonstrating the superior stability and durability of the 30-FGOx electrode.



To verify this, the Nyquist plots for each anode were obtained from the fit with the representative equivalent circuit (Fig. 5c–e). In this case, the Warburg lines of each anode became more sloped with increasing glucose concentration, a typical behavior resulting from the formation of concentration gradients at the anode surface. However, the LbL-assembled 30-FGOx anode exhibited much better ion diffusion kinetics (Warburg impedance coefficient $\sim 273.5 \Omega \text{ s}^{-0.5}$) than that ($\sim 173.6 \Omega \text{ s}^{-0.5}$) of the slurry-cast anode, indicating that the LbL assembly of cationized ferritin and GOx, with well-defined interactions, creates optimal structural features for the formation of efficient charge transfer networks (Fig. S3†). Additionally, the 30-FGOx anode exhibited a higher knee frequency of $\sim 59 \text{ Hz}$ compared to the slurry-cast anode ($\sim 41 \text{ Hz}$), further demonstrating superior mass transport characteristics during electrochemical operation (Fig. 5f).

3.4 Operational stability of the *n*-FGOx anode

Long-term stability is a critical factor in the practical implementation of BFCs, especially for continuous applications such as implantable medical devices or environmental sensors. To evaluate the stability of the *n*-FGOx anode, we performed a 50 h chronoamperometric test in the presence of 10 mmol L^{-1} glucose (Fig. 6a). As shown in Fig. 6b and S13,† the current density of the 30-FGOx anode gradually decreased over time, but maintained 85% of its initial current density after 50 h of continuous operation, corresponding to a final current density of $7.8 \mu\text{A cm}^{-2}$. In this case, the 30-FGOx anodes show no noticeable surface changes, such as corrosion or delamination of the active layer, after prolonged electrochemical operation, indicating good physical stability (inset of Fig. 6a). On the other hand, the slurry-cast FGOx anode retained only 49% ($4.0 \mu\text{A cm}^{-2}$) of its initial value after 50 h, indicating poor operational stability. The superior electrochemical retention stability of the LbL-assembled 30-FGOx anode compared to the slurry-cast anode clearly demonstrates its structural integrity with homogeneous distribution of electrode components. That is, the positively charged ferritin molecules form stable electrostatic interactions with the negatively charged GOx enzymes, forming a well-ordered and durable film. In addition, the ferritin shell protects the redox-active iron core from degradation, while its biocompatible and electroactive properties enhance electron transfer efficiency without compromising stability.

The need for long-term stability in BFC anodes cannot be overstated. Devices that rely on enzymatic reactions for energy conversion require not only high initial catalytic activity, but also sustained performance over time to be viable for continuous use. The stability results for the FGOx anodes suggest that cationized ferritin-based bioanodes can maintain high levels of enzymatic activity and electron transfer for extended periods, making them suitable for real-world BFC applications.

4. Conclusion

This study demonstrates the successful fabrication of *n*-FGOx composite films through electrostatic spin coating-assisted LbL assembly. The LbL-assembled *n*-FGOx films show significant

potential for bioelectronic applications, particularly as bioanodes in BFCs. The uniform integration of cationized ferritin and GOx was confirmed *via* detailed characterization using UV-vis spectroscopy, QCM, and cross-sectional FE-SEM. These techniques consistently revealed a homogeneous distribution, ensuring the structural integrity and uniformity of the composite films.

The precise control of the LbL assembly process was demonstrated by the linear increase in film thickness with the number of bilayers, reaching approximately 77 nm at 30 bilayers. This predictable growth allows the reproducible construction of multilayer films, which is crucial for practical applications. Electrochemical evaluations showed that electrodes with 30 bilayers exhibited optimal performance, primarily due to the role of cationized ferritin as an efficient redox mediator. The observed increase in current density with additional bilayers underscores that the enhanced redox activity of ferritin outweighs the slight increase in resistance due to the additional layers. Furthermore, the efficiency of cationized ferritin as a redox mediator was highlighted by its linear response to increasing glucose concentrations, confirming its applicability in biosensing technologies. The quasi-reversible and surface-controlled electron transfer processes at the anode, as evidenced by the linear relationship between the anodic peak current and scan rate, reinforce the effectiveness of ferritin in facilitating efficient electron transfer. Additionally, the multilayered anode structure demonstrated good stability, retaining 85% of its initial activity after 50 h of exposure to a glucose solution. This durability is critical for long-term use in real-world bioelectronic devices where sustained performance is essential.

In summary, this study establishes the innovative use of cationized ferritin as a promising redox mediator for bioelectronic devices. The electrostatic interactions between cationized ferritin and enzymes enable the construction of robust multilayer films with enhanced electron transport properties. These findings provide a strong foundation for the development of efficient and stable bioanode structures, marking a significant advance in BFC technology and biosensor design. The exploitation of ferritin's unique redox properties represents a valuable advance in the quest for high-performance, durable bioelectronic systems.

Data availability

The data supporting this article have been included as part of the ESI.†

Author contributions

G. C. J., Y. K., and C. H. K. conceived the idea and designed the experiments. G. C. J. performed all the experiments. H. M. Y., E. G. J. and S.-K. C. performed the electrochemical measurements and analyzed the data. G. C. J., Y. K., and C. H. K. wrote and revised the manuscript. All authors discussed the results and commented on the manuscript.



