



Cite this: *Nanoscale*, 2023, **15**, 18489

Differential labelling of human sub-cellular compartments with fluorescent dye esters and expansion microscopy†

Thomas M. D. Sheard,^{id} *^a Tayla B. Shakespeare,^a Rajpinder S. Seehra,^{id} ^a
 Michael E. Spencer,^a Kin M. Suen^b and Izzy Jayasinghe^{*a,c}

Amine-reactive esters of aromatic fluorescent dyes are emerging as imaging probes for nondescript staining of cellular and tissue architectures. We characterised the staining patterns of 14 fluorescent dye ester species with varying physical and spectral properties in the broadly studied human HeLa cell line. When combined with the super-resolution technique expansion microscopy (ExM) involving swellable acrylamide hydrogels, fluorescent esters reveal nanoscale features including cytoplasmic membrane-bound compartments and nucleolar densities. We observe differential labelling patterns linked to the biochemical properties of the conjugated dye. Alterations in staining density and compartment specificity were seen depending on the timepoint of application in the ExM protocol. Additional complexity in labelling patterns was detected arising from inter-ester interactions. Our findings raise a number of considerations for the use of fluorescent esters. We demonstrate esters as a useful addition to the repertoire of stains of the cellular proteome, whether applied either on their own to visualise overall cellular morphology, or as counterstains providing ultrastructural context alongside specific target markers like antibodies.

Received 10th March 2023,
 Accepted 7th October 2023
 DOI: 10.1039/d3nr01129a

rsc.li/nanoscale

Introduction

Modern microscopy techniques offer a view into the finest of length-scales in which the fundamental mechanisms of life operate. Variants of electron microscopy (EM) and super-resolution optical microscopies have been the primary tools for visualising the nanometre-scale features of biomolecular assemblies, cytoskeletons, membrane-bound and membrane-less compartments in cells. Due to the lack of intrinsic contrast in most biological samples, staining techniques are required to delineate the structures within. Staining strategies are either passive (for instance heavy metal stains for EM) or targeted (such as immuno-labelling and click chemistry strategies). Super-resolution techniques particularly rely on the contrast and specificity offered by targeted fluorescent probes.

A recent optical technique called expansion microscopy (ExM) achieves improved resolution by physically expanding an imprint of the sample inside a swellable acrylamide hydrogel,¹

enabling super resolution (10–50 nm) imaging with diffraction-limited microscopes. This tissue clearing approach involves proteolytic digestion of the sample (necessary to allow isotropic expansion) which effectively ‘de-crowds’ molecular structures, significantly reducing levels of background signal and thus enhancing targets of interest. ExM, like other super-resolution microscopy approaches, has enabled insights into the nanoscale distribution of molecular targets, but until recently has proven less useful for localizing nanoscale structures in the context of the broader cellular architecture.

A novel labelling strategy to visualise cellular compartments entails the use of amine reactive *N*-hydroxysuccinimide (NHS) esters, used commonly for fluorescently tagging purified proteins such as antibodies. When applied to biological samples (cells, tissues, or whole organisms), these fluorescent esters produce a nondescript staining of the entire proteome, allowing for the interpretation of compartments such as organelles, or the ability to differentiate between cell and tissue types. NHS esters were recently introduced in pan-ExM,² wherein 16-fold expansion allowed fine cellular ultrastructure such as mitochondrial cristae, golgi cisternae, and nucleolar sub-compartments to be seen. Several groups have used NHS esters with ExM to understand cellular structures,^{3–7} with many others implementing esters alongside direct protein labels in order to understand the arrangement of specific molecular targets.^{8–15} More recently, one nanometer ExM used NHS esters to enable unprecedented visualisations of the confor-

^aSchool of Biosciences, Faculty of Science, University of Sheffield, Sheffield S10 2TN, UK. E-mail: t.sheard@sheffield.ac.uk

^bSchool of Molecular and Cellular Biology, University of Leeds, LS2 9JT, UK

^cEMBL Australia Node in Single Molecule Science, School of Biomedical Sciences, University of New South Wales, Sydney, Australia.

E-mail: i.jayasinghe@sheffield.ac.uk

† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d3nr01129a>



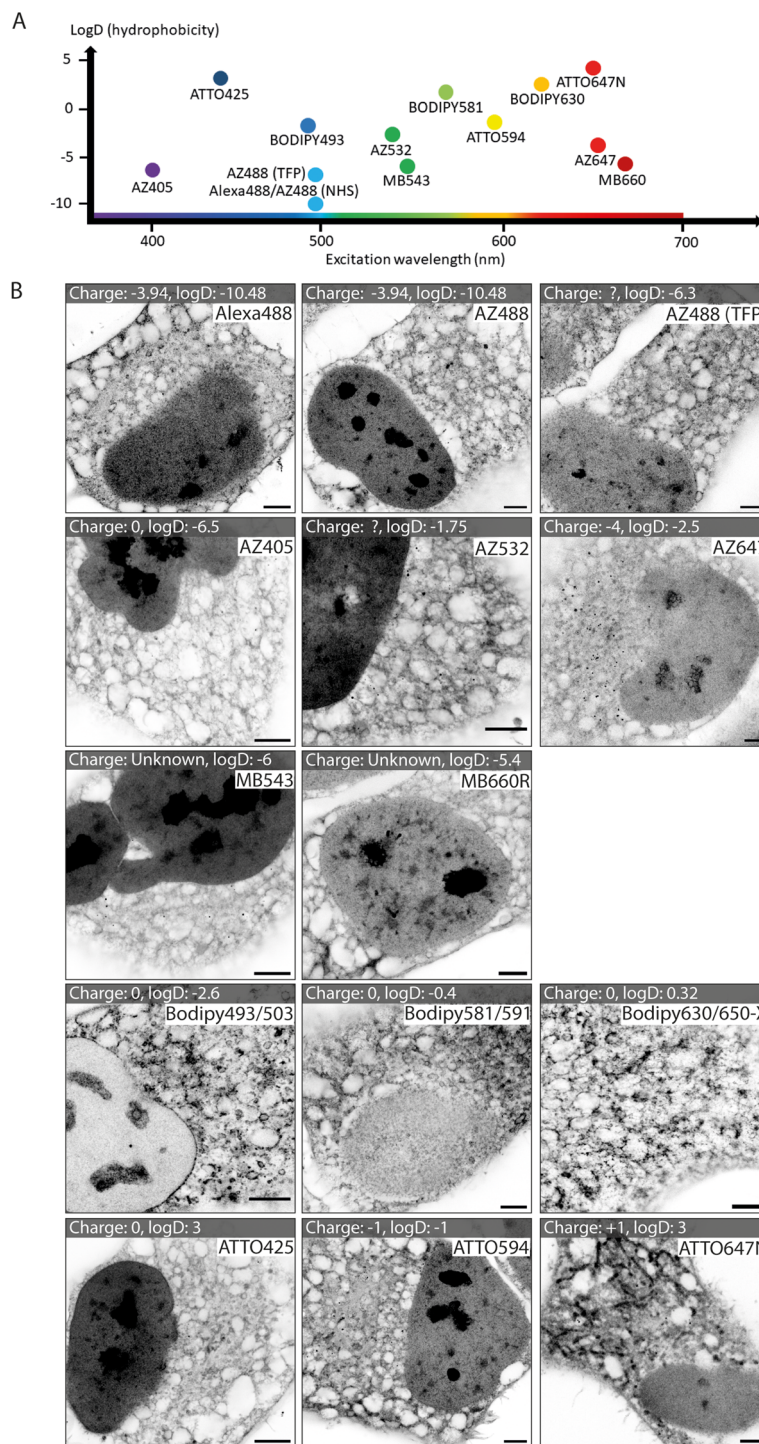


Fig. 1 Imaging HeLa cell staining patterns of fourteen dye esters with 4 \times expansion microscopy. (A) Chart displaying the ester dyes, distributed based on their excitation wavelength and hydrophobicity (determined from log *D* values). (B) A gallery of expanded images of each of the esters in HeLa cells, whereby each ester is added pre-gelation. Between different dye families there are substantial differences, and within a single dye family there are similarities in patterns. Scale bars (expansion factor rescaled): 2.5 μ m.

channels, with considerable overlapping and non-overlapping elements. For example, NHS BODIPY493/503 labelled elongated structures adjacent to the nucleus (arrowheads in Fig. 2B-ii) which were not observed as clearly with NHS AZ647.

Differential staining morphologies were further examined with 4 \times EExM of a chosen subset of NHS ester dyes, showing highly preferential staining of different cellular regions. These included nucleolar structures and the chromatin-associated



Table 1 Ester properties

Dye	Exc. max (nm)	Em. max (nm)	Hydrophobicity (log <i>D</i>)	Overall charge	Source
NHS Alexa488	494	517	(−10.48) ^a	(−3.94) ^a	Thermo Fisher Scientific
NHS AZ488	490	525	(−9.4) ^e	(−3.94) ^a	Fluoroprobes
TFP AZ488	495	515	(−6.3) ^e	Unknown	Fluoroprobes
NHS AZ405	401	421	(−6.5) ^e	Unknown	Fluoroprobes
NHS AZ532	532	554	(−3.26), ^b (−1.75) ^e	Unknown	Fluoroprobes
NHS AZ647	650	665	(−6.72), ^b (−2.5) ^e	−(4) ^e	Fluoroprobes
NHS BODIPY493/503	493	503	(−2.6) ^e	0	Thermo Fisher Scientific
NHS BODIPY581/591	581	591	(−0.4) ^e	0	Thermo Fisher Scientific
NHS BODIPY630/650-X	625	640	(0.32) ^e	0	Thermo Fisher Scientific
NHS ATTO425	439	485	(3) ^e	(0) ^d	Sigma-Aldrich
NHS ATTO594	597	625	(−1) ^e	(−1) ^d	Sigma-Aldrich
NHS ATTO647N	645	669	(1.96), ^a (3) ^e	(1), ^d (0.61) ^a	Sigma-Aldrich
NHS MB543	543	566	(−6) ^e	1 more negative sulfo group vs. equivalent Alexa dye	Fluoroprobes
NHS MB660R	673	694	(−5.4) ^e	1 more negative sulfo group vs. equivalent Alexa dye	Fluoroprobes

Details of each ester-dye conjugate are provided, specifically the light maximum excitation and emission wavelengths, and the chemical properties of hydrophobicity (inferred from the log *D* value, *D* being the ratio of the solute between a nonpolar and a polar solvent) and the charge. The more positive value of log *D*, the more hydrophobic the molecule. Information was obtained from the following sources: ^a Zanetti-Domingues *et al.*, (2013).²⁹ ^b Hughes *et al.*, (2014).³⁰ ^c Zhang *et al.*, (2017).²³ ^d https://www.spectra.arizona.edu/supplemental/ATTO_Dye_Properties_01.pdf, accessed 15/02/2023. ^e Calculated using Chemaxon log *D* predictor.

proteome (Fig. 2C-i, NHS MB543 pre-gelation), complex cytoplasmic meshes of various organelles (Fig. 2C-ii, NHS AZ532 pre-gelation), and the Golgi apparatus located adjacent to the nucleus (Fig. 2C-iii, NHS BODIPY630 post-digestion).

Fluorescent esters as counterstains alongside antibody-labelled structures

Whole proteome staining with NHS esters is rapidly emerging as an insightful counterstain to the localisation of targeted markers such as antibodies. Fig. 3A features exemplar 4× EExM images from a triple stain of the Golgi apparatus (*via* anti-GM130; yellow) and mitochondria (*via* anti-ATP synthase ATP5A1; magenta) against a counterstain of NHS Alexa488 (cyan). The Golgi network and the mitochondrial staining were seen to occupy largely non-overlapping cytoplasmic regions. The reticular staining of NHS Alexa488 indiscriminately occupied regions that were stained either for Golgi or mitochondrial targets, indicating that the composite nature of the cytoplasmic staining by esters relates to multiple different organelles and ultrastructural elements.

A series of 4× EExM images illustrates compartment-specific antibody stains visualised against NHS esters selected based on the greatest weighting of staining to the compartment of interest. The ER protein retention tag, targeted using anti-KDEL antibodies (green), labelled elements of the ER network more distal from the nucleus as visualised alongside NHS AZ488 (Fig. 3B-i). The outlines of mitochondria were labelled with anti-ATP5A1 antibodies (Fig. 3B-ii), visualised in the context of loops of reticular components labelled with NHS ATTO647N. Finally, the *cis*-golgi was targeted using anti-GM130 antibodies, and appeared to be preferentially labelled by the hydrophobic NHS BODIPY493/503,

which was also closely positioned adjacent to the nuclear membrane (Fig. 3B-iii).

Considerations affecting fluorescent ester staining morphologies

Application at different time-points of the ExM protocol. The timing of application of fluorescent NHS esters has been hypothesised to impact their compartment labelling preferences,⁷ relating to the presence of the hydrogel and the decrowding effect from proteolytic digestion and expansion. To investigate this, we applied NHS ATTO647N within separate samples at three time-points: pre-gelation, inter-digestion (4 hours of proteinase digestion, followed by NHS ester application, and subsequent digestion of 4 hours), and post-digestion (ESI Fig. 2A†). When applied pre-gelation NHS ATTO647N stained elongated compartments surrounding the nuclei that bore resemblance to mitochondria, with a moderate density of staining also present in the nucleoplasm (ESI Fig. 2B†). In contrast, when applied inter-digestion the labelling was completely excluded from the nucleoplasm, and the cytoplasmic labelling appeared at discrete protein densities (resembling rough ER or small vesicles). The labelling pattern observed pre-gelation was completely reversed when the same dye ester was applied post-digestion, most strongly labelling the nucleus. The cytoplasmic labelling in these samples appeared weaker in intensity and the protein densities sparser.

Interactions between multiple fluorescent esters. We examined whether simultaneous application of two dye esters could shift their target specificity through inter-ester interactions. We dual-labelled HeLa cells with hydrophilic TFP AZ488 at the same time as one of two esters of distinctly different log *D* values. In the first instance we paired TFP AZ488 (predicted log *D* of −6.3; see Table 1) with another hydrophilic dye NHS



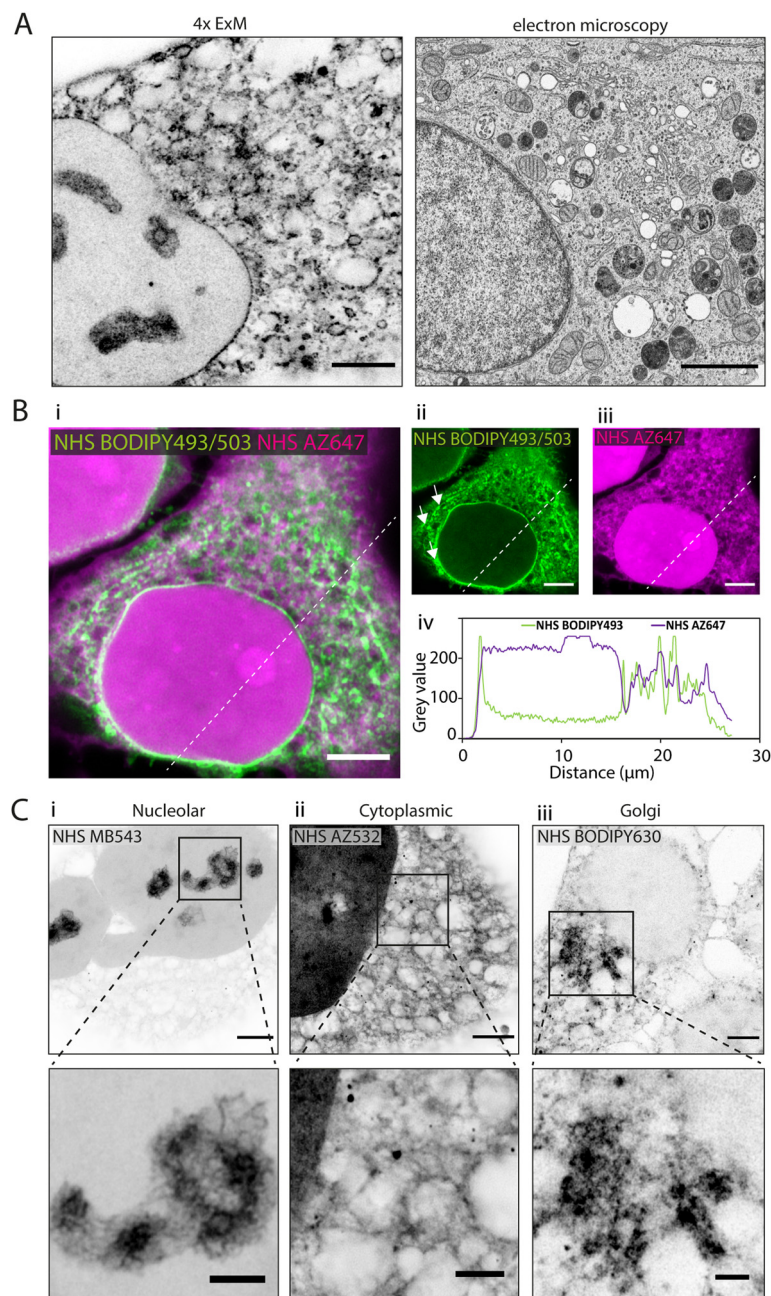


Fig. 2 Differential subcellular labelling patterns of directly applied fluorescent esters observed in expansion microscopy. (A) Intracellular compartments can be observed in a HeLa cell labelled with NHS BODIPY493/503 (applied pre-gelation) and imaged with 4x EEEM (left). The level of spatial detail is comparable to that in a 2D transmission electron micrograph (right). Image adapted from Hennies *et al.* with permission (Hennies *et al.*, 2020).²² (B) Pre-expansion images show how ester labelling patterns differ depending on the properties of the conjugated dye. (i–iii) The hydrophilic NHS AZ647 (magenta) labels the nucleus more strongly than the hydrophobic NHS BODIPY493/503 (green) as indicated by the increased intensity shown in the line profile chart (iv). (C) 4x EEEM images demonstrate examples of the sub-cellular compartments that can be preferentially labelled by esters, including (i) nucleoli (NHS MB543 applied pre-gelation), (ii) the complex web-like appearance of membranes and organelles in the cytoplasm (NHS AZ532 applied pre-gelation), and (iii) dense regions adjacent to the nucleus belonging to the golgi apparatus (NHS BODIPY630 applied post-digestion). Scale bars (expansion factor rescaled): (A) (left) 2.5 μm , (right) 2 μm ; (B) 10 μm , (C) (upper) 2.5 μm , (lower) 1 μm .

AZ647 (predicted $\log D$ of -2.5). In Airyscan images we observed a strong intensity of TFP AZ488 staining of cytoplasmic and non-nuclear compartments (Fig. 4A-i). In the second experiment we applied TFP AZ488 alongside the hydrophobic NHS ATTO647N ($\log D$ of $+3$). The TFP AZ488 labelling

density from the non-nuclear compartment in the latter experiment was considerably weaker in the presence of the hydrophobic dye (Fig. 4A-ii). This difference in labelling densities, particularly that of the nucleoplasm, is shown in the comparative line profile plots (Fig. 4A-iii).



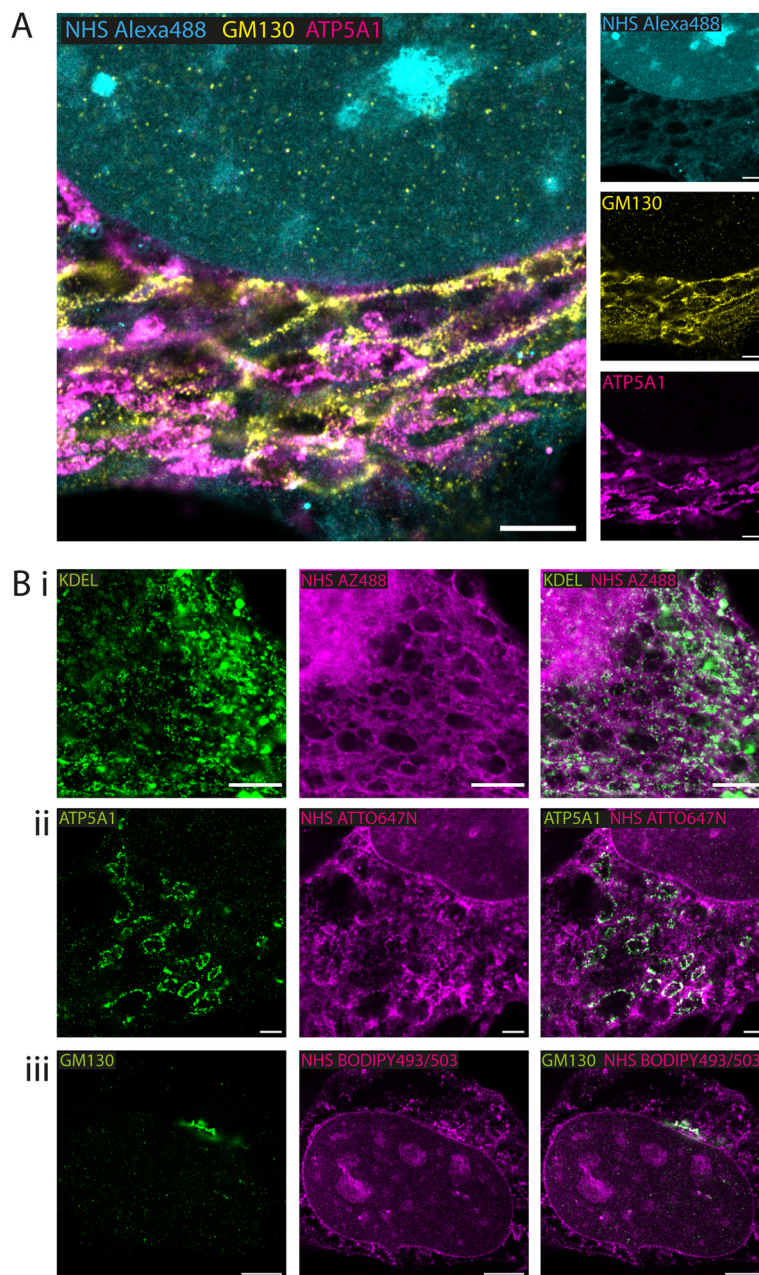


Fig. 3 Fluorescent esters as counterstains alongside antibody benchmarks. Combining NHS esters with immunofluorescence provided with spatial context for the localisation of the antigens in HeLa cells. (A) 4x EEM images of antibody labels for the *cis*-golgi marker GM130 (yellow) and the mitochondrial ATP5A1 ATP synthase (magenta) alongside NHS Alexa488 (cyan) applied pre-gelation. (B) 4x EEM images shows examples of antibody labelling for targets at specific compartments alongside ester counterstains (all applied pre-gelation), including (i) the KDEL endoplasmic reticulum retention sequence, alongside NHS AZ488 revealing aspects of the cytoplasmic reticular network and organelles, (ii) the mitochondria ATP synthase subunit ATP5A1 alongside NHS ATTO647N, and (iii) the *cis*-golgi matrix protein GM130 alongside NHS BODIPY493/503. Scale bars (expansion factor rescaled): (A) 3.75 μm ; (Bi) 2.5 μm , (Bii) 2.5 μm , (Biii) 5 μm .

To examine any role of fluorescence resonance energy transfer (FRET) between two probes in the morphologies in NHS ester multi-staining (e.g. NHS Alexa488 and NHS ATTO647N), we carried out bleaching of the FRET acceptor NHS ATTO647N in a small region of interest using a 633 nm laser (ESI Fig. 3A[†]). In post-bleach re-imaging we observed a corresponding increase in the signal intensity in the Alexa488 fluo-

rescence by $\sim 85\%$ with no apparent change to the labelling pattern itself (ESI Fig. 3B[†]).

To examine an impact of inter-ester interactions of hydrophilic and hydrophobic pairings, we applied the esters sequentially by labelling firstly with hydrophilic NHS AZ488, and then with the hydrophobic NHS ATTO647N (Fig. 4B-i). In a second experiment we switched the order around, first labelling with



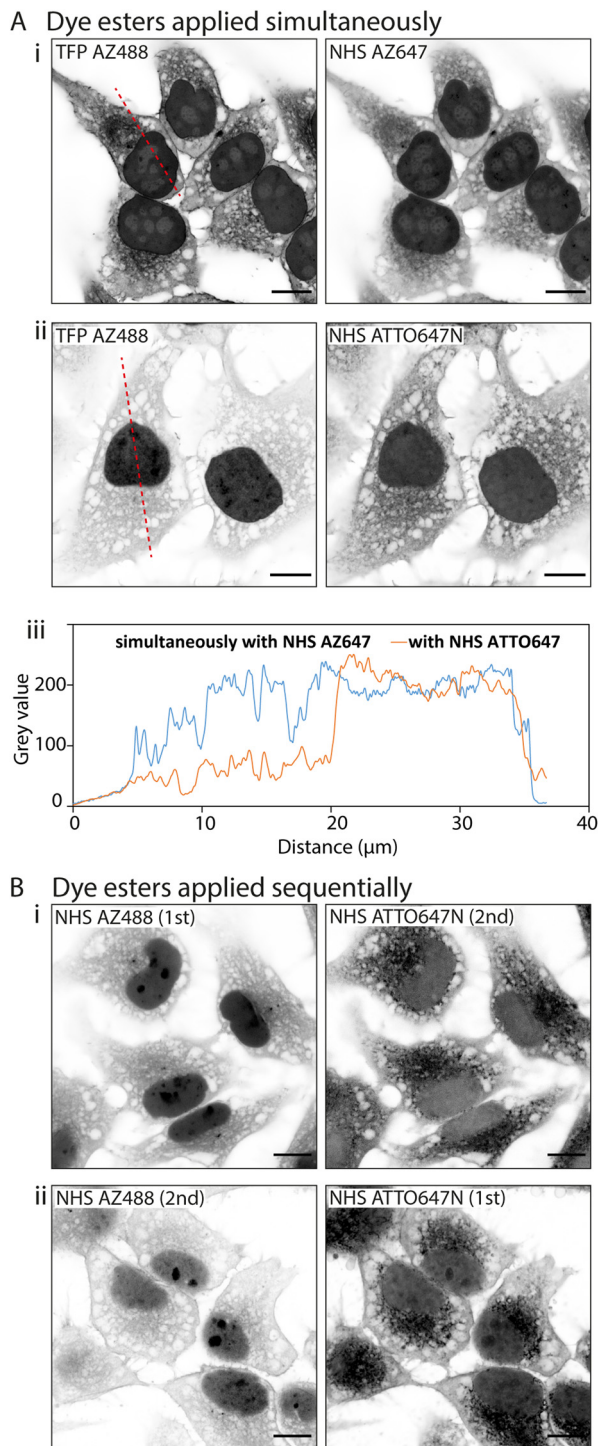


Fig. 4 Interactions between multiple fluorescent ester species. When multiple fluorescent esters are added into a single HeLa cell sample, interactions between esters alter their labelling patterns. (A) Unexpanded images show that when esters are added simultaneously, (i) TFP AZ488 (which is hydrophilic) labels the cytoplasm and nucleus in a uniform way when paired with NHS AZ647 (also hydrophilic), (ii) but more strongly labels the nucleus when paired with NHS ATTO647N (hydrophobic). (iii) Line profile plot demonstrates the differing intensities across the cells. (B) When dye esters are added sequentially their labelling can be altered. (i) When applying NHS AZ488 first and then NHS ATTO647N second, the intensity of NHS AZ488 is much stronger than (ii) when the order of application is reversed. Scale bars: 10 μm .

hydrophobic NHS ATTO647N followed by the hydrophilic NHS AZ488 (Fig. 4B-i). In both situations the labelling patterns of NHS ATTO647N were qualitatively unchanged. However, when applied second the NHS AZ488 stained at a lower density, most notably in the nucleus (Fig. 4B-ii).

Alternative cell types. Lastly, we compared the NHS ester staining morphologies in HeLa cells with that in hTERT human retinal pigment epithelial (RPE-1) cells (ESI Fig. 4†). Very strong similarities in the stain distribution and morphology between compartments was consistently observed between the cell types with NHS Alexa 488, NHS ATTO425, and NHS ATTO647N. As an exception to this trend, clear intranuclear and nucleolar staining was observed in RPE-1 cells with NHS BODIPY493/503 whilst these regions in HeLa cells were completely devoid of this stain.

Discussion

Utility of fluorescent esters as counter-stains for subcellular context

The direct application of fluorescent esters as nondescript stains has allowed optical microscopy to visualise subcellular ultrastructure,² a feature previously reserved for electron microscopy. The 14 fluorescent esters used in this study considerably broadens the range of probes to be characterised. To our knowledge, this is the first comprehensive assessment of a broad range of fluorescent dye ester species as stains for ExM of a broadly used human cell line.

The mechanism(s) of differential compartment staining are yet to be fully resolved, made particularly challenging due to the complexity of labelling patterns in relation to experimental alterations (discussed below). Our observations point to multiple mechanisms at play, including the charge and hydrophobicity of the conjugated dye proposed previously,⁷ accessibility to reactive amine groups (subject to anchoring and digestion), and FRET between other fluorescent species present within the sample. Previous work has shown how dyes preferentially label certain compartments, for instance the affinity of ATTO647N for mitochondria, both as a stand-alone dye (without the reactive NHS ester) in live cell experiments,^{23,24} as well as in NHS ester form when applied with ExM.²¹ In order to better understand preferential labelling it would be desirable to obtain detailed descriptions of the cellular landscape for different biomolecules, such as that produced for lipids,²⁵ characterising the hydrophobicity and charges of a range of organelles. Future insights into labelling mechanisms would be possible through *in vitro* dye ester binding studies on fractionated immuno-co-precipitation of specific cell compartments.

Ester staining patterns result from a projection of multiple, co-stained, compartment types, rather than being exclusive to specific organelles, a limitation that proteome staining strategies share with generic membrane staining protocols such as mCLING.³ For this reason, it is challenging to perform segmentation and subsequent quantification. However, future applications of machine learning approaches for organelle



recognition, as have been effectively implemented to understand subcellular landmarks,²⁶ will likely enable better understanding of how the complex labelling patterns of esters arise.

Ester stains make it possible to identify the location, geometry, and boundaries of compartments in a way that may not be fully captured by targeted labels such as antibodies. In our observation, proteome labelling with esters is most useful for enabling insights into overall cellular morphology and as a valuable counterstain alongside other molecular targets for interpreting protein localisation. The valuable contextual information provided by fluorescent esters make it possible to investigate spatial relationships of specific molecular targets (through antibody epitopes or endogenous labels) to neighbouring cellular compartments. Its utility was demonstrated in pan-ExM² and ester counterstain of membraneless organelles known as P-granules.¹⁴

Considerations affecting fluorescent ester labelling patterns

In addition to the properties of the fluorescent molecule directly conjugated to the ester, several factors can alter ester labelling patterns, including the timing of addition during the ExM protocol, and interactions with other fluorescent markers. Altogether, the possible variations in labelling may be viewed as additional degrees of versatility of fluorescent esters.

We observed differences in labelling patterns depending on timing of addition, as has been reported previously.⁷ The resulting morphologies likely depends on (1) varying availability of amine groups at different time-points, and (2) the fluorescence loss of dyes exposed to the gel polymerisation free radicals and digestive enzymes. Availability of amines is likely to vary in relation to the anchoring step, given that AcX reacts with amines,²⁷ and also the effects of proteinase K hydrolysing peptide bonds, potentially exposing new amine groups in previously inaccessible regions, or losing protein fragments from the gel altogether.²⁸ Our investigation of labelling timepoints made use of the hydrophobic NHS ATTO647N, however it is possible that more hydrophilic esters may experience different time-specific staining pattern alterations. In addition, it is well documented that certain dyes are less resistant to bleaching during the expansion process.²⁷ The application of the dye esters at the post-digestion stage could therefore yield more efficient labelling. Nevertheless, these sequence-dependent differential labelling outcomes emphasise the importance of optimising experiments for each ester.

Further, we identified inter-ester interactions in co-staining experiments, wherein multiple esters added together can result in alterations to the reported morphology compared to that in single-stain experiments. While such interactions could relate to direct competition for amines or charge/hydrophobic interactions between the dyes, our data support multiple inter-ester interactions impacted by FRET between dyes and the sequence of dye application.

An additional factor that we did not investigate in this study relates to the composition of the buffers used in the ester incubation steps. It has been suggested that the pH and

salt content of the buffer can influence labelling patterns⁴ which pose additional sources of staining variability.

Up-take of fluorescent dye esters in the microscopy community

This study tested a broad palette of esters from different dye families in one of the most widely studied human cell lines, HeLa. When considering how labelling patterns could translate to alternate sample types, we showed that labelling patterns for esters observed in HeLa cells did not translate identically when implemented in RPE-1 human cell lines, however the broad staining patterns were conserved (ESI Fig. 4†).

The following esters are recommended as ideal starting candidates for adopting NHS ester counter stains. As a single stain for an overview of the sample, NHS Alexa488 is recommended due to its ability to label a range of structures, its robust brightness and fluorescence retention, as well as its easy visibility down the eyepiece. For a dual label approach, NHS Alexa488 and NHS ATTO647N make a useful pairing of hydrophilic and hydrophobic tendencies respectively to visualise different aspects of subcellular architecture. For labelling organelles with higher specificity, it is advised to survey a wider catalogue of candidate dyes, taking into account the properties of the dye and carrying out validation of staining morphologies through antibody-based dual stain experiments. In addition, benchmarking the timing and sequence of dye ester application as well as spectral and solubility interactions and buffers need to be established for the sample type of choice.

Conclusions

We have characterised a collection of 14 fluorescent dye esters in HeLa cells, with increased resolution from ExM, and observed differential compartment labelling. We have shown the utility of esters for providing subcellular context alongside immunolabelled targets. We highlight a number of key factors which introduce complexities to ester labelling patterns, including the timing of application, as well as novel inter-ester interactions.

Methods

Experimental model

Key resources are listed in ESI Table 1,† specifying the source and product codes for each item.

HeLa-CCL2 cells (human cervix epitheloid carcinoma), originally sourced from the European Collection of Authenticated Cell Cultures (ECACC 93021013), were gifted to us by the Department of Infection, Immunity and Cardiovascular Disease, Medical School, University of Sheffield, Beech Hill Rd, Sheffield S10 2RX. HeLa cells were maintained in Dulbecco's Modified Eagle Medium (Thermo Fisher Scientific) (containing 10% (v/v) foetal bovine serum (Thermo Fisher Scientific) and 1% (v/v) penicillin–streptomycin (Thermo Fisher Scientific)) and were stored in an incubator with 37 °C with 5% CO₂. Cells used in these experiments were from passage numbers



between 13 and 25. Following a passage the cells were counted with a haemocytometer and made into a $75\,000\text{ cells ml}^{-1}$ solution. 2 ml of this solution (150 000 cells total) was plated onto $22 \times 22\text{ mm}$ glass coverslips (Menzel Gläser, thickness #1.5) in the bottom of 6-well plates, which had been coated with 0.01 mg ml^{-1} poly-D-lysine (Cultrex). Two days of culture on coverslips enabled the cells to attach and present an elongated morphology, which was preferable to observe structures in the cytoplasm.

As a second model of human cell lines, we used hTERT retinal pigment epithelial (RPE-1) cells, originally sourced from ATCC (CRL-4000) were gifted to us by Phillip Woodman, Division of Molecular & Cellular Function, Faculty of Biology Medicine and Health, University of Manchester, UK. RPE-1 cells were maintained in Dulbecco's modified Eagle's medium nutrient mixture F12 Ham (Sigma-Aldrich) with non-essential amino acids (Thermo Fisher Scientific) and 10% foetal bovine serum, and were stored in an incubator with $37\text{ }^\circ\text{C}$ with 5% CO_2 . Following a passage, these cells were plated onto uncoated coverslips.

Cells on coverslips were fixed at Day 2 by immersion in 2% (v/v) paraformaldehyde (Sigma-Aldrich) made up in phosphate-buffered saline (PBS, Sigma-Aldrich) for 10 minutes at room temperature. Samples were washed three times with PBS for 10 minutes each. Fixed samples were stored until labelling experiments in storage solution (containing 0.05% (w/v) bovine serum albumin (Thermo Fisher Scientific), 0.1% (v/v) sodium azide (Sigma-Aldrich), made up in PBS) in $4\text{ }^\circ\text{C}$. Samples were used within 3 months of fixation.

Fluorescent dye esters

Information regarding each fluorescent dye ester, including excitation and emission wavelengths, reported hydrophobicity and charge, has been summarised in Table 1. The $\log D$ value for each fluorescent ester was estimated as a measure of its hydrophobicity, using Chemaxon Calculator Plugin (address: <https://disco.chemaxon.com/calculators/demo/plugins/logd/>).

Ester stock solutions were prepared by reconstituting in DMSO (Biotium) to 10 mg ml^{-1} concentration. Stock aliquots were stored in the $-20\text{ }^\circ\text{C}$ freezer, within a desiccator chamber containing silica. Working solutions of dye esters were prepared by diluting the stock solution to working concentration of $10\text{ }\mu\text{g ml}^{-1}$ in ester stain solution, containing 100 mM sodium bicarbonate (Sigma-Aldrich), 1 M sodium chloride (Sigma-Aldrich), made to pH 6 in dH_2O .

Ester labelling was performed was performed for 1 hour 30 minutes at room temperature, at various stages of the ExM protocol; either pre-gelation, inter-digestion (whereby gels were digested for 4 hours, then incubated with the dye esters, before another 4 hours of digestion), or post-digestion.

Immunolabelling

Fixed samples were permeabilised with 0.1% (v/v) Triton X-100 (Sigma-Aldrich) in PBS for 10 minutes at room temperature and underwent a blocking step with 0.05% (v/v) Triton X-100

and 10% (v/v) normal goat serum (Thermo Fisher Scientific) in PBS, for one hour at room temperature.

For immunolabelled samples, after blocking the samples were incubated with primary antibodies overnight at $4\text{ }^\circ\text{C}$. The primary antibodies used in this study were rabbit polyclonal anti-KDEL (Thermo Fisher Scientific, code: PA1-013), rabbit monoclonal anti-GM130 (abcam, code: ab52649), and mouse monoclonal anti-ATP5A1 (Thermo Fisher Scientific, code: 43-9800). Antibodies were diluted 1 : 200 in antibody incubation solution (containing 2% (w/v) bovine serum albumin, 0.05% (v/v) Triton X-100, 2% (v/v) normal goat serum, 0.05% (v/v) sodium azide, made up in PBS).

The following day, samples were washed three times with PBS for 20 minutes each, and then incubated with secondary antibodies at room temperature for 2 hours. The secondary antibodies used were Alexa Fluor 488 (anti-mouse and anti-rabbit IgG), Alexa Fluor 594 (anti-mouse and anti-rabbit IgG), and Atto647N (anti-rabbit-IgG) diluted 1 : 200 in antibody incubation solution.

Immunolabelled samples were checked on the microscope to ensure suitable labelling quality and density prior to proceeding with the ExM protocol. Sample coverslips were attached to acrylic slides to facilitate viewing on the microscope stage.

Expansion microscopy

Immunolabelled samples were incubated with 0.1 mg ml^{-1} acryloyl-X (Thermo Fisher Scientific) overnight at $4\text{ }^\circ\text{C}$ for the anchoring step, then washed three times in PBS prior to the addition of gel solution.

$4\times$ expanding gels were prepared according to the recipe from the protein retention ExM approach.²⁷ In short, monomer solution (containing 8.6% (w/v) sodium acrylate (Sigma-Aldrich), 2.5% (w/v) acrylamide (Sigma-Aldrich), 0.15% (w/v) *N,N'*-methylenebisacrylamide (Sigma-Aldrich), 11.7% (w/v) NaCl, PBS) was pre-made and stored in aliquots at $-20\text{ }^\circ\text{C}$. Samples were incubated in monomer solution for 30 minutes at $4\text{ }^\circ\text{C}$, this was then removed before adding the polymerisation solution, made by mixing monomer solution with 0.2% (w/v) ammonium persulfate (Sigma-Aldrich), 0.2% (v/v) *N,N,N',N'*-tetramethylethylenediamine (Sigma-Aldrich), and PBS. This solution was placed onto a parafilm-coated slide, between two coverslip spacers defining the dimensions of the final gel. The coverslip bearing the sample was then inverted onto the gel solution. Polymerisation was enabled at $37\text{ }^\circ\text{C}$ for two hours.

Polymerised gels were removed from the coverslip chamber, cut into an asymmetric shape (to allow the correct orientation of the gel to be confirmed), and measured to obtain the pre-expansion size. Gels were transferred to a foil-coated 6-well plate for the digestion step, 8 U ml^{-1} proteinase K (New England Biolabs) diluted in digestion buffer (containing 50 mM Tris pH 8.0 (Invitrogen), 1 mM ethylenediaminetetraacetic acid (Sigma-Aldrich), 0.5% (v/v) Triton X-100, 0.8M guanidine HCl (Sigma-Aldrich) and deionised water (dH_2O)). Digestion was performed overnight at room temperature, and



then terminated by removing the digestion solution and adding dH₂O.

Gels were transferred to foil-coated Petri dishes for the expansion step, which was achieved by five 30-minute washes in dH₂O. Once expansion had reached a plateau, gels were measured to obtain the post-expansion size.

Prior to imaging, squares of gel were cut and loaded into imaging chambers (formed of a glass coverslip attached to an acrylic slide with a 18 × 18 mm cut-out). The imaging chamber coverslip was coated with 0.1% (v/v) poly-L-lysine (Sigma-Aldrich) for 30 minutes at room temperature, before three washes in dH₂O.

Image acquisition

Airyscan imaging was performed on an inverted LSM 880 Airyscan microscope (Carl Zeiss, Jena), using a 40× oil immersion 1.3 NA objective (working distance 210 μm). Airyscan imaging enables a roughly two-fold improvement in resolution over confocal imaging. Dyes were excited using the following lasers; Argon 488 nm, DPSS 561 nm and HeNe 633 nm, while emission bands were selected using the spectral detector and recorded with the 32-element GaAsP detector. Pixel sampling was 40 nm per pixel.

Additional imaging was performed on an inverted Zeiss LSM 980 Airyscan 2 microscope (Carl Zeiss, Jena), using a 40× oil immersion 1.3 NA objective, where excitation was provided by 488 nm, 561 nm and 639 nm lasers.

The FRET interaction experiment involved was performed on a HeLa sample dual labelled with NHS Alexa488 and NHS ATTO647N. A region within the NHS ATTO647N channel was bleached by illuminating the sample with the 639 nm laser at high intensity (approximately 20 times higher than usual) for two minutes.

Image analysis

Airyscan processing, entailing pixel-reassignment and deconvolution, was performed using the Zen software. Applications of colour-tables and composite multi-channel overlays were performed in FIJI (ImageJ 1.53c). Scalebars presented on images indicate the 'pre-expansion' size, as they have been normalised for the expansion factor calculated from the physical gel size. The grey colour-tables of Airyscan and single-colour 4× EExM images have been inverted to bring the morphological appearances in line with that of thin-section EM. Therefore, the regions shown in darker pixels represented higher density of staining, therefore fluorescence intensity, compared to pixels that were lighter or white.

Data availability

Further information and requests for resources should be directed to and will be fulfilled by the lead contacts, Izzy Jayasinghe Izzy.Jayasinghe@unsw.edu.au or Tom Sheard t.sheard@sheffield.ac.uk. Data will be shared by the lead con-

tacts upon request. This study did not generate new unique reagents and does not report original code.

Author contributions

TMDS, KMS, IJ designed research and acquired the funding required. MS, TS, RSS provided materials towards experiments. TMDS performed experiments, made primary observations, carried out data curation, and analysis. IJ provided the supervision. TMDS and IJ wrote the manuscript.

Conflicts of interest

The authors declare no conflict of interests.

Acknowledgements

The NHS ester staining patterns described in this paper relate to the HeLa cell line. Henrietta Lacks, and the HeLa cell line that was established from her tumour cells without her knowledge or consent in 1951, have made significant contributions to scientific progress and advances in human health. We are grateful to Henrietta Lacks and to her surviving family members for their contributions to biomedical research. The authors acknowledge funding from the UK Research and Innovation (MR/S03241X/1) and the Integrated Biological Imaging Network (RE13780) pump-priming scheme funded by the Medical Research Council and managed by King's College London. The authors would like to thank the University of Sheffield's Medical School for gifting the HeLa cells, Philip Woodman (University of Manchester) and Jason King (University of Sheffield) for gifting RPE-1 cells, and the El-Khamisy lab for access to cell culture facilities. Imaging work was performed at the Wolfson Light Microscopy Facility at the University of Sheffield, using the Zeiss LSM 880 Airyscan and the Zeiss LSM980 Airyscan 2 Confocal (MRC Grant MR/X012077/1).

References

- 1 F. Chen, P. W. Tillberg and E. S. Boyden, Expansion microscopy, *Science*, 2015, **347**(6221), 543–548.
- 2 O. M'Saad and J. Bewersdorf, Light microscopy of proteins in their ultrastructural context, *Nat. Commun.*, 2020, **11**(1), 3850.
- 3 H. G. Damstra, B. Mohar, M. Eddison, A. Akhmanova, L. C. Kapitein and P. W. Tillberg, Visualizing cellular and tissue ultrastructure using Ten-fold Robust Expansion Microscopy (TReX), *eLife*, 2022, **11**, e73775.
- 4 M. Y. Lee, C. Mao, A. K. Glaser, M. A. Woodworth, A. R. Halpern, A. Ali, *et al.*, Fluorescent labeling of abundant reactive entities (FLARE) for cleared-tissue and super-resolution microscopy, *Nat. Protoc.*, 2022, 1–28.



- 5 V. Louvel, R. Haase, O. Mercey, M. H. Laporte, D. Soldati-Favre and V. Hamel, *et al.*, Nanoscopy of organelles and tissues with iterative ultrastructure expansion microscopy (iU-ExM), *bioRxiv*, 2022, p. 2022.11.14.516383. Available from: <https://www.biorxiv.org/content/10.1101/2022.11.14.516383v1>.
- 6 C. Mao, M. Y. Lee, J. R. Jhan, A. R. Halpern, M. A. Woodworth, A. K. Glaser, *et al.*, Feature-rich covalent stains for super-resolution and cleared tissue fluorescence microscopy, *Sci. Adv.*, 2020, **6**(22), eaba4542.
- 7 J. Sim, C. E. Park, I. Cho, K. Min, M. Eom and S. Han, *et al.*, Nanoscale resolution imaging of the whole mouse embryos and larval zebrafish using expansion microscopy, *bioRxiv*, 2022, p. 2021.05.18.443629. Available from: <https://www.biorxiv.org/content/10.1101/2021.05.18.443629v2>.
- 8 E. Bertiaux, A. C. Balestra, L. Bournonville, V. Louvel, B. Maco, D. Soldati-Favre, *et al.*, Expansion microscopy provides new insights into the cytoskeleton of malaria parasites including the conservation of a conoid, *PLoS Biol.*, 2021, **19**(3), e3001020.
- 9 L. A. Chacko, F. Mikus, N. Ariotti, G. Dey and V. Ananthanarayanan, Microtubule-mitochondrial attachment facilitates cell division symmetry and mitochondrial partitioning in fission yeast, *J. Cell Sci.*, 2023, **136**(1), jcs260705.
- 10 K. Hinterndorfer, M. H. Laporte, F. Mikus, L. Tafur, C. Bourgoignat, M. Prouteau, *et al.*, Ultrastructure expansion microscopy reveals the cellular architecture of budding and fission yeast, *J. Cell Sci.*, 2022, **135**(24), jcs260240.
- 11 M. H. Laporte, N. Klena, V. Hamel and P. Guichard, Visualizing the native cellular organization by coupling cryofixation with expansion microscopy (Cryo-ExM), *Nat. Methods*, 2022, **19**(2), 216–222.
- 12 O. M'Saad, R. Kasula, I. Kondratiuk, P. Kidd, H. Falahati and J. E. Gentile, *et al.*, All-optical visualization of specific molecules in the ultrastructural context of brain tissue, *bioRxiv*, 2022, p. 2022.04.04.486901. Available from: <https://www.biorxiv.org/content/10.1101/2022.04.04.486901v1>.
- 13 R. Rashpa and M. Brochet, Expansion microscopy of Plasmodium gametocytes reveals the molecular architecture of a bipartite microtubule organisation centre coordinating mitosis with axoneme assembly, *PLoS Pathog.*, 2022, **18**(1), e1010223.
- 14 K. M. Suen, T. M. D. Sheard, C. C. Lin, D. Milonaitytė, I. Jayasinghe and J. E. Ladbury, Expansion microscopy reveals subdomains in *C. elegans* germ granules, *Life Sci Alliance [Internet]*, 2023 Apr, 1 [cited 2023 Mar 7], 6(4). Available from: <https://www.life-science-alliance.org/content/6/4/e202201650>.
- 15 C. C. Yu, N. C. Barry, A. T. Wassie, A. Sinha, A. Bhattacharya, S. Asano, *et al.*, Expansion microscopy of *C. elegans*, *eLife*, 2020, **9**, e46249.
- 16 A. H. Shaib, A. A. Chouaib, V. Imani, R. Chowdhury, S. V. Georgiev and N. Mougios, *et al.*, Expansion microscopy at one nanometer resolution, *bioRxiv*, 2022, p. 2022.08.03.502284. Available from: <https://www.biorxiv.org/content/10.1101/2022.08.03.502284v1>.
- 17 T. M. D. Sheard, M. E. Hurley, J. Colyer, E. White, R. Norman, E. Pervolaraki, *et al.*, Three-Dimensional and Chemical Mapping of Intracellular Signaling Nanodomains in Health and Disease with Enhanced Expansion Microscopy, *ACS Nano*, 2019, **13**(2), 2143–2157.
- 18 T. M. D. Sheard and I. Jayasinghe, Enhanced expansion microscopy to measure nanoscale structural and biochemical remodeling in single cells, in *Methods in Cell Biology*, Academic Press, 2020. Available from: <https://www.science-direct.com/science/article/pii/S0091679X20301084>.
- 19 N. Panchuk-Voloshina, R. P. Haugland, J. Bishop-Stewart, M. K. Bhalgat, P. J. Millard, F. Mao, *et al.*, Alexa dyes, a series of new fluorescent dyes that yield exceptionally bright, photostable conjugates, *J. Histochem. Cytochem.*, 1999, **47**(9), 1179–1188.
- 20 J. Rumin, H. Bonnefond, B. Saint-Jean, C. Rouxel, A. Sciandra, O. Bernard, *et al.*, The use of fluorescent Nile red and BODIPY for lipid measurement in microalgae, *Biotechnol. Biofuels*, 2015, **8**(1), 42.
- 21 Y. Han, S. Tu, W. Gong, W. Tao, M. Tang, Y. Wei, *et al.*, Three-dimensional multi-color optical nanoscopy at sub-10-nm resolution based on small-molecule organic probes, *Cells Rep. Methods*, 2023, 100556.
- 22 J. Hennies, J. M. S. Lleti, N. L. Schieber, R. M. Templin, A. M. Steyer and Y. Schwab, AMST: Alignment to Median Smoothed Template for Focused Ion Beam Scanning Electron Microscopy Image Stacks, *Sci. Rep.*, 2020, **10**(1), 2004.
- 23 Y. Han, M. Li, F. Qiu, M. Zhang and Y. H. Zhang, Cell-permeable organic fluorescent probes for live-cell long-term super-resolution imaging reveal lysosome-mitochondrion interactions, *Nat. Commun.*, 2017, **8**(1), 1307.
- 24 K. Kolmakov, V. N. Belov, J. Bierwagen, C. Ringemann, V. Müller, C. Eggeling, *et al.* Red-Emitting Rhodamine Dyes for Fluorescence Microscopy and Nanoscopy, *Chem. – Eur. J.*, 2010, **16**(1), 158–166.
- 25 G. van Meer and A. I. P. M. de Kroon, Lipid map of the mammalian cell, *J. Cell Sci.*, 2011, **124**(1), 5–8.
- 26 H. Spitzer, S. Berry, M. Donoghoe, L. Pelkmans and F. J. Theis, Learning consistent subcellular landmarks to quantify changes in multiplexed protein maps, *Nat. Methods*, 2023, **20**(7), 1058–1069.
- 27 P. W. Tillberg, F. Chen, K. D. Piatkevich, Y. Zhao, C. C. Yu, B. P. English, *et al.* Protein-retention expansion microscopy of cells and tissues labeled using standard fluorescent proteins and antibodies, *Nat. Biotechnol.*, 2016, **34**(9), 987–992.
- 28 R. Thielhorn, I. Heing-Becker, N. Humpfer, J. Rentsch, R. Haag, K. Licha, *et al.*, Controlled Grafting Expansion Microscopy, *Angew. Chem., Int. Ed.*, 2023, **62**(28), e202302318.
- 29 L. C. Zanetti-Domingues, C. J. Tynan, D. J. Rolfe, D. T. Clarke and M. Martin-Fernandez, Hydrophobic Fluorescent Probes Introduce Artifacts into Single Molecule Tracking Experiments Due to Non-Specific Binding, *PLOS ONE*, 2013, **8**(9), e74200.
- 30 L. D. Hughes, R. J. Rawle and S. G. Boxer, Choose Your Label Wisely: Water-Soluble Fluorophores Often Interact with Lipid Bilayers, *PLOS ONE*, 2014, **9**(2), e87649.

