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## Natural cationic polymer-derived injectable hydrogels for targeted chemotherapy

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Injectable hydrogels have the potential to revolutionize therapeutics. Therapeutic hydrogels exhibit distinctive physicochemical properties, including flexible porous structure, binding affinity for biological fluids, porous structural configuration, higher water content, high flexibility, biodegradability, and biocompatibility. These technologies have had tremendous clinical implications, specifically for the site-specific and sustained delivery of chemotherapeutic drugs. Drug-encapsulated injectable hydrogels showcase significant superiority over conventional therapeutics, such as minimized adverse effects, enhanced therapeutic efficacy, augmented pharmacological profile, and superior patient compliance. Conventional approaches mainly include intravenous chemotherapy, which can potentially cause adverse effects such as myelosuppression, nephro- or hepatic dysfunction, and neurotoxicity. The injectable hydrogel is a potent approach to overcome these impediments by releasing the chemotherapeutic drugs at specific tumor sites after topical administration. Moreover, the therapeutic efficiency of cancer immunotherapy is majorly dependent upon the tumor microenvironment, which can be targeted with chemotherapeutic drug-loaded injectable hydrogels for improved cancer therapy. In addition, natural cationic polymers such as chitosan, cyclodextrins, gelatin, cellulose, dextran, and others have received substantial attention from investigators in drug delivery due to their easy obtainability, high encapsulation efficiency, improved bioavailability, sustained drug release properties, biodegradability, and biocompatibility. This review summarizes the mainstream approaches for synthesizing injectable hydrogels and the biological properties of different natural cationic polymers. We have also focused on the notable studies of cationic polymers used definitively to fabricate hydrogel-mediated systems for anticancer drug delivery. Further, the therapeutic approaches, molecular insights, pharmacological actions, and clinical significance have been discussed.

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### 1. Introduction

Cancer is one of the leading causes of social, clinical, and economic burden compared to all other various human diseases. With 18 million newly reported cancer cases, the most recurrently occurring cancers are lung, breast, and prostate

cancers.<sup>1</sup> Cancer's increasing frequency, prevalence, and morbidity indicate the burden of malignant diseases for a prolonged time.<sup>2</sup> Breakthrough technological and scientific advancements in targeted delivery for cancer treatment hold the potential for revolutionizing cancer care worldwide.<sup>3</sup> Environmental and lifestyle factors are the leading causes of cancer. Early identification of various causes of cancer and the proposal of a multi-stage model of cancer by epidemiologists have paved the way for extraordinary advances in the treatment and identification of cancers through various cellular and molecular approaches.<sup>4</sup> Long suspected risks which are minor in nature are now being estimated more precisely due to various advancements in theranostics and drug delivery approaches. The impact of the COVID-19 pandemic across various regions around the globe has resulted in delay in terms of diagnosis and treatment thereby resulting in an overall increase in mortality caused by cancer.<sup>1,5</sup>

Elementary results of clinical studies suggest combining combinational therapies with the standard conventional

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therapies for cancer treatment. The mode of delivery used during combinational therapy can enhance treatment efficacy and influence disease progression due to prolonged time.<sup>6</sup> Research has suggested using molecular and immunological factors to inhibit cancer progression at later stages, which is effective.<sup>7</sup> Studies have demonstrated that cancer chemotherapy usually causes nausea and vomiting. However, present treatments to regulate and monitor acute chemotherapy-induced nausea and vomiting (CINV) are practically effective in most patients, but deferred CINV is more vital and challenging.<sup>8</sup> The consolidative perception associated with the various hallmarks of cancer has helped to refine the

complexities of cancer and re-occurrence. The understanding can lead to the establishment of the mechanisms of cancer development and malignant progression, and to the development of effective cancer therapies with negligible toxicity possibilities.<sup>9,10</sup> Apart from this, one of the most critical limitations related to chemotherapy is their inability to sensitivity to currently accessible chemotherapeutic drugs and occurrence of drug resistance. In addition, precise information and understanding of various mechanisms associated with chemotherapeutic effects is highly needed to establish significant findings or outcomes.<sup>11</sup>



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Conventional therapies for cancer, such as chemotherapy, radiation therapy, and surgery, have several side effects. Thus, various targeted and non-conventional ways are being researched to treat cancer.<sup>7,12</sup> One of them is the use of exosomes. Exosomes can be categorized as diagnostic markers and therapeutic agents in cancer therapy due to their ability to have high biocompatibility, stability, immunogenicity, pharmacokinetics, biodistribution, and a cellular uptake mechanism. Due to their size and heterogeneity, exosomal delivery is still being researched.<sup>13</sup> Certain limitations of various conventional therapies, like immunosuppression, modulation of tumor microenvironment's expression of tumor antigens, *etc.*, are still being researched, leading to surpassing these limitations.<sup>14</sup> Studies have shown that chemotherapy has demonstrated disruption of the various suppressive pathways and lymphodepletion post administration of chemotherapy.<sup>15</sup>

Even injectable biomaterials have several challenges for the design of optimal therapies, including optimization of the material form, method of injection, and the mechanisms of action of the same.<sup>16,17</sup> Injectable hydrogels with desired response to pH and self-healing ability can be used for anti-cancer drug-delivery.<sup>18</sup> Making a pH-responsive injectable hydrogel is crucial for efficient drug release in the targeted acidic environment. The self-healing property of an injectable hydrogel can prolong the life during the implantation and provide the benefit of minimally invasive surgery.<sup>19</sup> In addition, it has been reported that the functionalized-fluorescent nanoparticle conjugated hydrogel systems can simultaneously exhibit fluorescence properties and can be tagged with therapeutics to accomplish their therapeutic efficacy, leading to improved

theranostic applications.<sup>20</sup> The intelligent hydrogel drug delivery system that released doxorubicin for hepatocellular carcinoma enhanced anti-cancer response generation. Injectable hydrogel's self-healing ability can be confirmed by forming Schiff's base.<sup>21</sup> In addition, recent studies have reported that fluorescent nanoparticle conjugated hydrogels have been extensively explored for drug delivery, biosensing and imaging applications.<sup>20</sup>

As an alternative approach, injectable hydrogels for localized chemotherapy have shown diminishing effects of systemic chemotherapy and provide the sustained release of chemotherapeutics at the targeted tumor site.<sup>22</sup> Injectable hydrogels formed *in situ* include thermosensitive hydrogels, photosensitive hydrogels, active targeting hydrogels, *etc.* the systemic administration of various chemotherapeutics is dose limited and shows off-target toxicity. Smart injectable hydrogel delivery systems for localized chemotherapeutic administration are promising ways to combat the side effects and toxicity.<sup>23</sup> Injectable hydrogels possess a sol-gel transition phase dependent on the concentration of the polymer and crosslinker used. This makes them physically responsive to various body-specific factors like pH and temperature. Synthetic and natural polymers have been studied based on their structure, chemical bonding, and mechanical properties for making controlled drug release systems to enhance therapeutic efficacy.<sup>23</sup>

The injectable hydrogel's efficacy greatly depends on the polymeric properties and what kind of anti-cancer drugs are being used. Thus, in this review, we have summarized the method of preparation and characterization studies essential for hydrogels. Further, we have discussed the therapeutic potential of various natural cationic polymeric injectable hydrogels to deliver chemotherapeutic agents in cancer therapy effectively. Finally, we have listed various reported or ongoing clinical/pre-clinical studies associated with anticancer drug-encapsulated polymeric injectable hydrogels for treating multiple cancers.

## 2. Injectable hydrogels: methods of preparation and characterization

Owing to their high water content and mechanical strength as in the case of natural tissues, hydrogels have emerged as promising sources for biomedical applications.<sup>24</sup> Hydrogels can be formed as an injectable material to fulfill the criteria of non-invasiveness, thereby significantly decreasing the costs of surgery and recovery.<sup>25</sup> Self-healing hydrogels in liquid form are injected inside the body and rapidly form a gel eliminating the risks of the crosslinker used. Injectable hydrogels can surpass phase-1 of drug metabolism.<sup>26</sup> Specific requirements should be considered while forming the injectable hydrogel for biomedical/clinical applications, such as viscosity, mechanical properties, biocompatibility, *etc.*<sup>26</sup> The two widely used approaches for the crosslinking of polymers include physical cross-linking and chemical cross-linking for the application of



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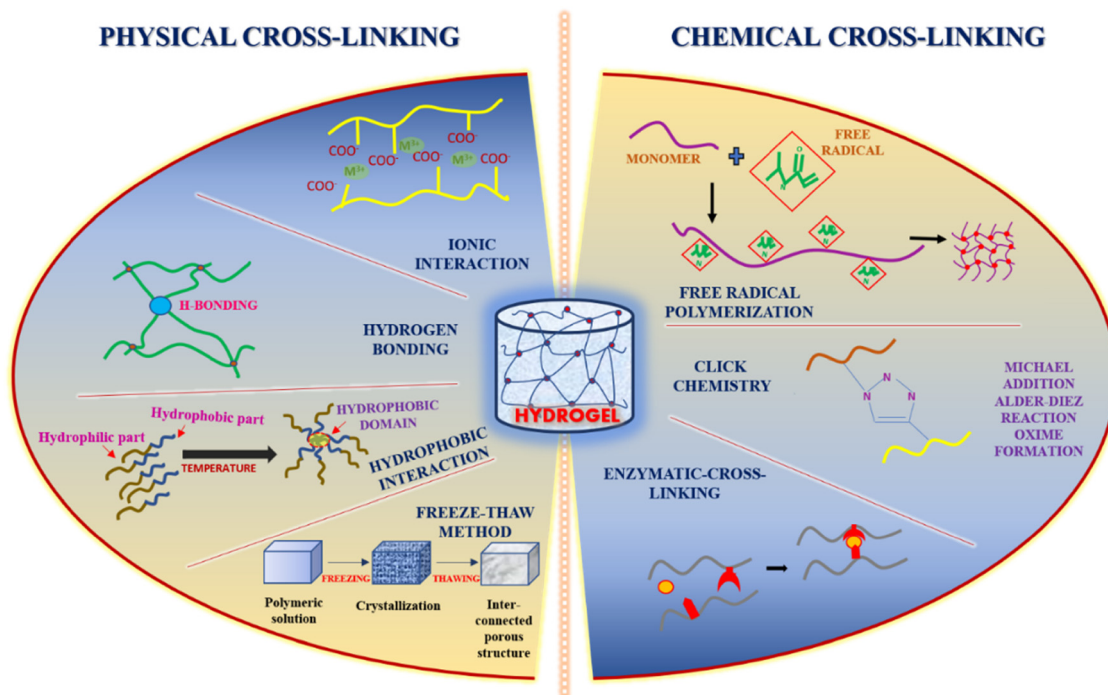


Fig. 1 Various strategies for the synthesis of various hydrogel-based systems.

drug delivery (Fig. 1). However, many laboratories that developed injectable hydrogels still face significant challenges regarding translation into clinical use.<sup>25</sup> Hydrogels are attractive delivery systems for localized and targeted therapy due to their sustained delivery. In addition, unlike active and passive targeting techniques, hydrogels work well regardless of tumor blood supply and microvasculature.<sup>27,28</sup> Moreover, they can enhance the physical stability of the therapeutic drugs inhibiting drug precipitation.<sup>29</sup>

In the recent era, *in situ* stimuli-responsive hydrogel-based systems, also known as smart hydrogels, have shown immense importance for delivering chemotherapeutic agents with no or negligible systemic toxicity.<sup>19</sup> These smart hydrogels exhibit properties such as superior injectability, biocompatibility, and sensitivity to various stimuli, including pH, heat, enzyme, light, electric potential, and magnetic field (Fig. 2a). Interestingly, the behavior of drug release is well regulated in several types of smart hydrogels as a response to different stimuli such as enzymes, electric impulses, magnetic field, and glutathione (Fig. 2b). In particular, the pH-responsive hydrogel exhibits enhanced antitumor activity by enhancing the acidity within the tumor microenvironment and again neutralizing to normal pH leading to suppression of tumor growth (Fig. 2c).<sup>30</sup>

The several mechanisms currently used for preparing injectable hydrogels are physical cross-linking, chemical cross-linking, ionic cross-linking, *i.e.*, self-assembly, and enzyme-initiated cross-linking.<sup>25</sup> Injectable hydrogels that are physically cross-linked have the gelation triggered by temperature, pH, *etc.* However, it is a one-phase system; during delivery, there is a significant chance of a higher burst release of drug

from the hydrogel.<sup>31</sup> Chemical cross-linking results in enhanced elasticity properties but has the drawback of toxic precursors used for cross-linking.<sup>25</sup> Aldehyde chemistry used during chemical cross-linking lacks specificity even if paired cross-linking occurs.<sup>25</sup> Enzyme-initiated crosslinking is highly specific and depends mainly on the enzyme concentration.<sup>25</sup> Injectable tissue engineering constructs are well-structured cell carriers that showcase the potential of the minimally invasive techniques of delivery.<sup>25</sup> In physically cross-linked injectable hydrogels, the gelation occurs after the injection, and the most significant aspect to drive the gelation is the body temperature.<sup>32</sup> Hence, the crosslinking properties of the polymeric precursors through physical or chemical medium and their response to external stimuli such as temperature and ionic concentration control injectable hydrogel formation.<sup>26</sup> The self-healing behavior of the injectable hydrogel is governed by non-covalent interactions and dynamic covalent bonds or sometimes both.<sup>33</sup> Hydrogels that show shear-thinning can also be categorized as injectable hydrogels due to the adequate control of gelation kinetics.<sup>34</sup>

### 2.1. Physical cross-linking approaches

The safest crosslinking method showcasing non-toxic behavior, high biocompatibility, and intense self-healing ability is through physical non-covalent polymerization by the bonds.<sup>35</sup> The structure formed by the physical cross-linking method depends on the type of interaction between the molecules.<sup>35</sup> Several types of interactions can occur, *i.e.* ionic interaction (based on the negative charges present in different functional groups or *via* metal–ligand interaction),<sup>36</sup> hydrogen bond



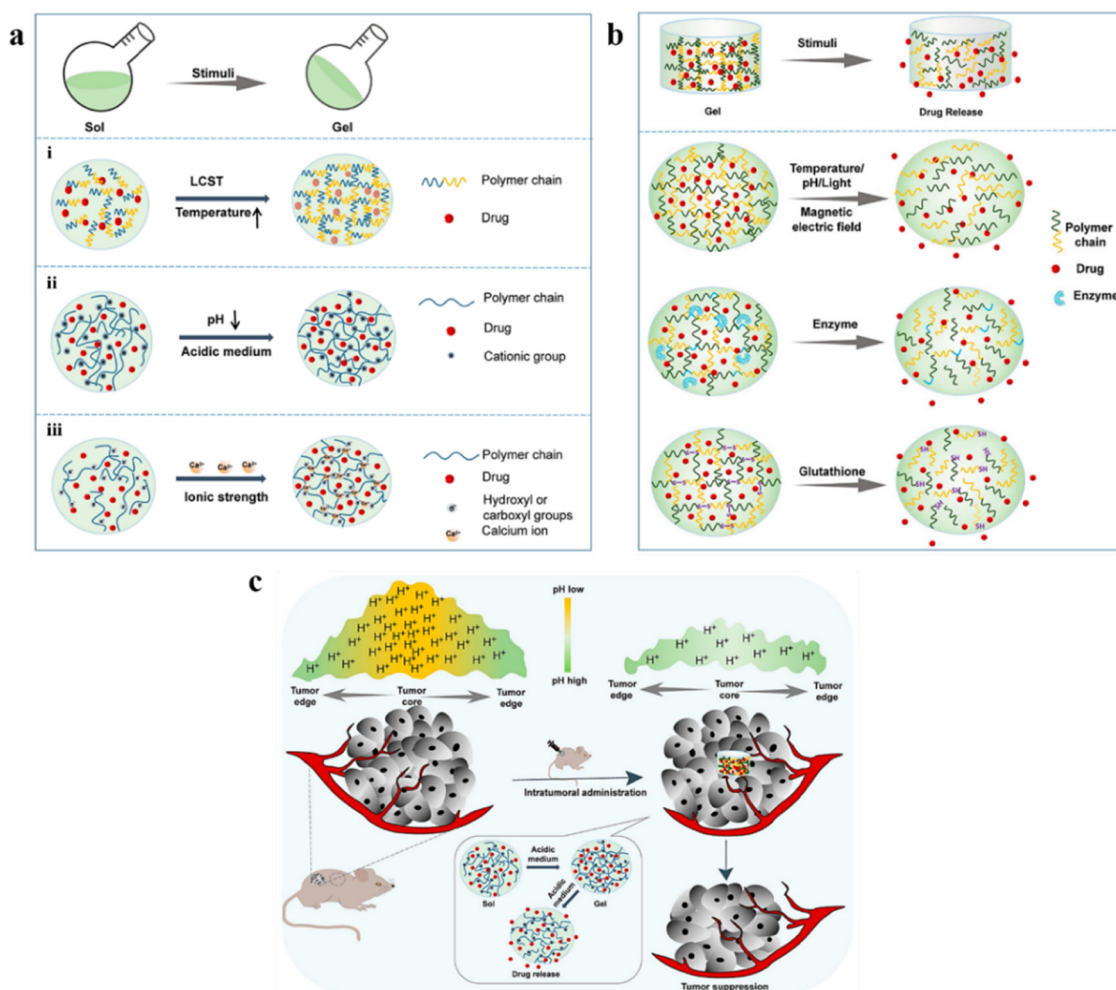


Fig. 2 (a) Schematic phase transition of representative hydrogels: (i) temperature-responsive hydrogel; (ii) pH-responsive hydrogel; (iii) ionic strength-responsive hydrogel. (b) Schematic presentation of drug release from representative smart hydrogels upon various stimuli. (c) *In situ* pH-responsive hydrogel alleviates the tumor's acidic microenvironment and inhibits tumor growth. Reproduced from ref. 30 with permission from MDPI, copyright 2022.

formation resulting in enhanced self-recovery property of the hydrogel and high efficacy in terms of self-repair,<sup>37</sup> and crystallization (*via* freeze-thawing), hydrophobic interactions (mainly for the hydrophobic water-soluble polymers) and lastly through protein interaction and conjugation<sup>38</sup> where the proteins are synthesized rationally, *e.g.* T4 lysozyme mutant which has several free amine groups on the surface. These customized covalent interactions can increase the strength of the hydrogel network, constitutively exhibiting specific binding affinity for different metal ions such as zinc and magnesium.<sup>39</sup> Cross-linking through UV (ultraviolet) irradiation has also been extensively explored for the various kinds of hydrogel.<sup>40</sup>

## 2.2. Chemical cross-linking approaches

The structural linkages formed through chemical cross-linking are stronger than the physically cross-linked hydrogels. The cross-linking is induced through the induction of free radical polymerization, a “click” reaction known as the Diels–Alder reaction, a reaction involving the formation of Schiff base, a Michael type-addition reaction, and the formation of oximes.<sup>41</sup>

One of the significant advantages of using the chemical cross-linking method is its controllable degradation behavior.<sup>42</sup> Enzymatic cross-linking has paved the way for actively manipulating the kinetics of the *in situ* gel formation by varying the concentration of enzymes which results in covalent solid bond formation and interaction, thereby causing gelation rapidly.<sup>41</sup> Transglutaminase has been widely used as the enzymatic cross-linker for several injectable hydrogels due to its formation of amide linkages.<sup>43</sup>

The widely recognized click chemistry has proven advantageous due to high yield even under milder conditions, high selectivity and specificity, and less by-product formation.<sup>44</sup> Cross-linking through the Diels–Alder reaction, which involves cycloaddition between a dienophile and a diene, is highly selective in nature but has the significant advantage of the reaction being a one-step process without using any catalysts, initiators, or coupling reagents; however, it requires the modification of the hydrogel polymers with furan derivatives or furan alone.<sup>45</sup> Another reaction involving click-chemistry that results in the formation of Schiff base occurs between amino



and aldehyde groups that generate imine linkage under physiological conditions. This reaction helps enhance the hydrogel's self-healing capacity, and the self-healing behavior is highly dependent on the pH of the surrounding medium.<sup>46</sup>

Hydrogels cross-linked by oximes and through Michael's addition reaction result in self-healing hydrogels with good mechanical strength. The oxime bond formation exhibits elevated hydrolytic stability. Oxime crosslinking occurs between the hydroxylamine/aminooxy group and a ketone/aldehyde, group showcasing high specificity, and also with few other functional groups.<sup>47</sup> Michael's addition reaction tends to be a more simplistic response involving nucleophiles and electrophilic olefins/alkynes in an activated form, which are added across C–C multiple bonds. The advantage of the Michael addition reaction is the favourable reaction rates and the reaction occurring even under mild conditions.<sup>48</sup>

As the functionality and properties of hydrogels depend on the density of cross-linking, polymeric composition, strength, internal structure, and the water holding capacity, these parameters can be judged by the physicochemical and mechanochemical characterization to provide both quantitative and qualitative data.<sup>49</sup> Hydrogel properties such as mechanical strength, viscosity, swelling, and elasticity highly depend on the polymer chain's dimensions, the fibers' orientation and the chemical bonds present.<sup>50</sup> The characterization methods are based on rheology, scattering, microscopy, composition, and strength measurements.<sup>51</sup> The microscopy methods successfully provide real-space images of the hydrogel structure. Hydrogels are broadly characterized in two ways, *i.e.*, dried (freeze-dried or in the air) or hydrated (according to the water content present).<sup>52</sup> Various kinds of hydrogels require different instrumental settings.<sup>52</sup> For mechanochemical characterization, rheology is the most appropriate method because it is sensitive, quick, and has a small sample size requirement and the potential to reveal the degree to which the cross-linking has been done, homogeneity/heterogeneity of structure, *etc.*<sup>53</sup> Rheology involves the characterization of hydrogels *via* small-amplitude oscillatory shear (SAOS).

Physicochemical characterization involves phase analysis through XRD, and for chemical description, FTIR is done. For morphological analysis and to view the microstructure and pore size, characterization of the lyophilized hydrogel samples is done through FESEM.<sup>54</sup> Density measurement is also an important factor for the characterization of hydrogels, which is estimated by attaining integrated function of density. However, it requires a desiccator before analysis.<sup>55</sup> DLS-zeta potential is used to determine the surface charge, thereby determining the stability of the nano-formulation.<sup>56</sup> Each type of technique requires a precise methodology for sample preparation resulting in accurate and efficient qualitative data generation.<sup>57</sup>

### 3. Natural cationic polymers: preparation methods and anticancer mechanism

Cationic polymer-mediated hydrogels are synthesized using cationic monomers and/or polymers isolated from natural,

synthetic, and semi-synthetic sources. In the last few decades, such biomaterials have gained much interest due to diverse therapeutics and biomedical applications. These hydrogel systems are biocompatible, biodegradable, and bio-responsive, accelerate tissue regeneration, exhibit antimicrobial activity, and enable controlled release of drugs/biomolecules, leading to their high applicability in therapeutics.<sup>58</sup> The pH of the hydrogel plays a crucial role in deciding if the behavior of the hydrogel would be hydrophobic or hydrophilic. Also, charged groups over the polymeric backbone affect the osmotic equilibrium between the hydrogel and the adjacent medium.<sup>59</sup> In addition, cellular adhesion enhancement and heparin immobilization are significantly affected by the cationic hydrogels.<sup>58</sup> Natural cationic polymers are obtained from natural biodegradable sources exhibiting low toxicity and immunogenicity. Modifying external reactive sites can alter most of their physicochemical properties.<sup>58,60</sup> This aids in their wide biomedical applications, including drug and gene delivery and other tissue engineering applications. Cationic polymeric hydrogels are composed of various cationic polymers; however, the most used naturally occurring cationic polymers include chitosan, dextran, cellulose, and gelatin alone or in combination.

Chitosan, a cationic polymer, comprises randomly distributed D-glucosamine and N-acetyl glucosamine units (Fig. 3a). It is a potential carrier for drug delivery applications due to its biodegradability, biocompatibility, and mucoadhesive properties.<sup>62</sup> Cationic chitosan polymer particles can be obtained by various methods, including emulsion crosslinking,<sup>63</sup> polyelectrolyte complexation,<sup>64</sup> and the most widely used ionic gelation method.<sup>65</sup> Studies have shown that chitosan strongly attracts the sialic acid (negatively charged) residues over the red blood cells, leading to severe hemagglutination.<sup>66</sup> Additionally, chitosan has been demonstrated to augment the function of fibroblasts, macrophages, and leukocytes, leading to significant improvement in granulation and tissue regeneration.<sup>60</sup> Lu *et al.* prepared a lanthanum-doped chitosan hydrogel. When evaluated on mouse melanoma cells (B-16) and skin fibroblast cells (L929), it prevented the proliferation of B-16 melanoma cells and further reduced the accumulation of toxic side effects for L929 skin fibroblast cells.<sup>67</sup> Similarly, in another study by Highton *et al.*, the chitosan hydrogel was evaluated on CD8+ T cells in a mouse model and it was found that vaccination with the chitosan hydrogel was equally effective as dendritic cell vaccination in terms of tumor protection.<sup>68</sup>

Cyclodextrins are a class of cyclic oligosaccharides formed by D-(+)-glucopyranoses linked by a 1,4- $\alpha$ -glucosidic bond (Fig. 3b). Industrially they are produced *via* amylose zymolysis in the presence of glucose transferase.  $\alpha$ -,  $\beta$ -,  $\gamma$ -forms of cyclodextrins are the most common forms, and they mainly differ owing to the presence of glucopyranose units.  $\alpha$ -,  $\beta$ -,  $\gamma$ -forms contain 6, 7, and 8 glucopyranose units, respectively.<sup>69</sup> Although they differ in their internal diameter, owing to stable intramolecular hydrogen bonding, they have the same depth of 7.9 Å.

Cellulose, the main constituent of the plant cell wall, is one of the most abundant organic materials. It consists of ringed  $\beta$ -1,4-D-glucan molecules that are arranged linearly (Fig. 3c).



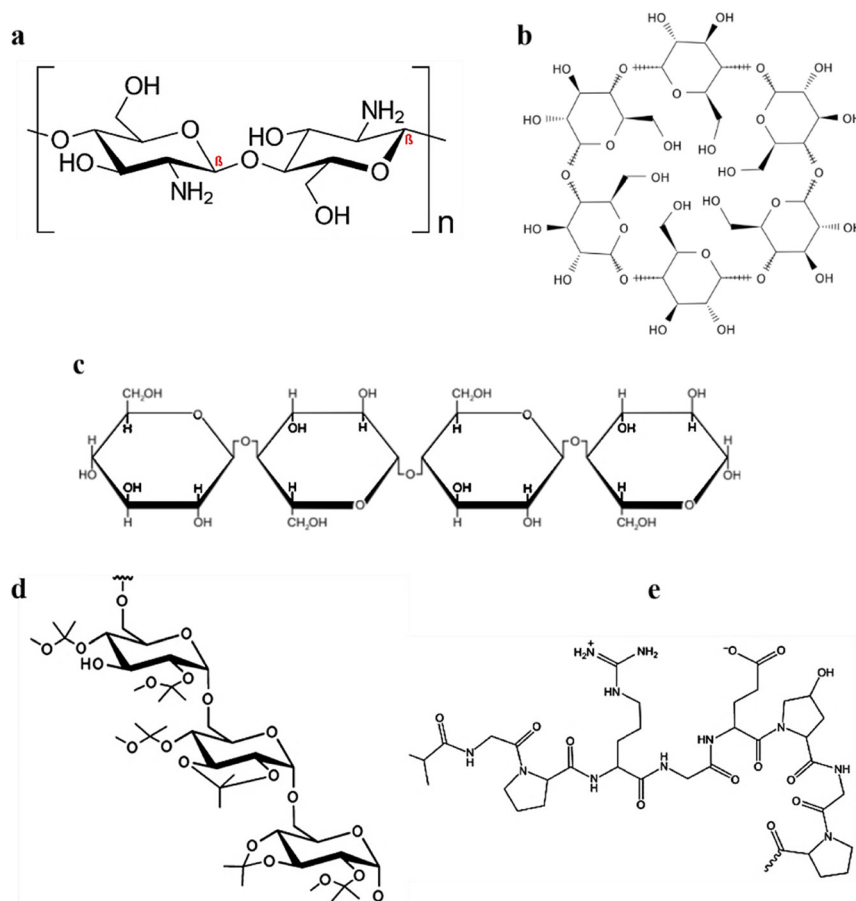


Fig. 3 Chemical configurations of (a) chitosan, (b) cyclodextrin/s, (c) cellulose, (d) acetalated dextran, and (e) gelatin. An image of gelatin reproduced from ref. 61 with permission from MDPI, copyright 2021.

Although numerous preparative strategies exist, enzymatic hydrolysis<sup>70</sup> and acid hydrolysis<sup>71</sup> are the most widely used. The anticancer effects of doxorubicin-loaded carboxymethylcellulose hydrogel was reported against HEK 293T cells, and A375 melanoma cancer cells with improved cytotoxicity.<sup>72</sup>

Gelatin, a biodegradable and inexpensive polymer of natural origin, is obtained from collagen and has wide biomedical applications.<sup>73–75</sup> The cationic property of gelatin is inherited by the arginine and lysine residues (Fig. 3d). Along with lysine and arginine, it consists of 18 amino acids dispersed in a non-uniform manner. Gelatin is obtained from a variety of methods, including green extraction technologies,<sup>61</sup> emulsification solvent evaporation,<sup>76</sup> coacervation phase separation,<sup>77</sup> reverse phase microemulsion,<sup>77</sup> and desolvation.<sup>78</sup>

Dextran is a hydrophilic homopolysaccharide of glucose (Fig. 3e) and possesses exceptional properties such as biodegradability, bioavailability, and hydrophilicity.<sup>79</sup> Doxorubicin-loaded dextran composite hydrogels substantially suppressed tumor cells when evaluated for skin cancer on mouse myoblast cells (C2C12) and human liver cells (HL7702).<sup>80</sup>

### 3.1. Cationic polymers targeting hallmarks of cancer

Various physiological events regulate the divergence, apoptosis, proliferation, and cell arrest which further control homeostasis

and activities of cells/tissues. Any irregularity amongst these consecutive events changes the proportion between cell death, cell variation, and proliferation leading to the formation of carcinogenic cells and/or tumors.<sup>81,82</sup> Furthermore, various macromolecular transport pathways within the tumor vessels appear through open gaps, vesicular organelles, and apertures. The physicochemical and physiological properties of the interstitium and the physicochemical characteristics of the chemotherapeutics play a crucial role in governing the transportation of anticancer drugs.<sup>83</sup> Thus, successful delivery of a chemotherapeutic drug to cancer or tumor cells *in vivo* can be attained by overcoming the various physiological barriers of the tumor microenvironment at the cellular level. The cationic polymeric hydrogel systems have shown immense progress as carriers for chemotherapeutic drugs at targeted carcinogenic sites with negligible cytotoxicity.<sup>84,85</sup>

**3.1.1. Chemoimmunotherapy for cancer targeting.** Cancer chemoimmunotherapy is a treatment that combines chemotherapy and immunotherapy. Chemotherapy generally includes administering traditional cytotoxic drugs and novel therapeutic agents targeting novel molecular targets. In contrast, immunotherapy targets and combats malignant cells *via* the individual's immune system. This includes using cancer vaccines and cytokines, along with exploring techniques such





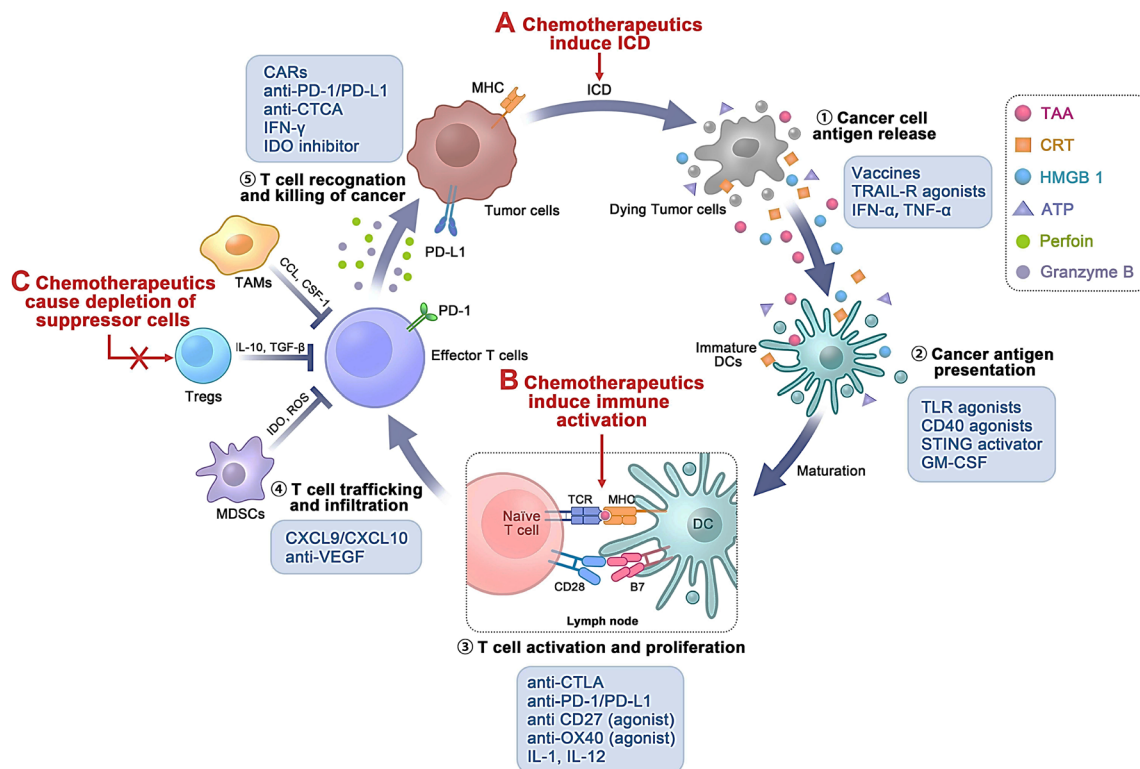


Fig. 4 Various biological targets of chemo-immunotherapeutic agents during the cancer immune process. Chemotherapeutics assist in immunomodulatory effects mainly through (A) inducing immunogenic cell death (ICD); (B) inducing immune activation; and (C) triggering reduction of suppressor cells. *Int. J. Nanomed.*, 2022, **17**, 5209–5227 ref. 88. Originally published by and used with permission from Dove Medical Press Ltd.

as utilizing immune checkpoint inhibitors and adoptive cell therapy.<sup>86</sup> The cancer immune cycle refers to the cyclical process of the immune response regulated by immune signals that are either stimulatory or inhibitory. Significant steps in these cyclic processes include tumour-specific T cell activation, multiplication, migration, and infiltration into the tumor site and antigen presentation by antigen-presenting cells (APCs), further T cell recognition, and eventually killing tumor cells.<sup>87</sup>

Immunotherapy enhances the antitumor immune response by activating or suppressing immune system components, resulting in a highly active long-lasting T-cell response against the tumor and forming a stable immune memory. However, immunosuppressive TME limits the clinical application of immunotherapy. For instance, suppressive molecule expressions are affected by cancer cells, which can compromise immune system surveillance, further reducing the effectiveness of immunotherapeutic methods and eventually making mono-immunotherapy ineffective against tumor cells.

Preclinical evidence suggests that chemotherapeutic and immunotherapeutic agents work in tandem to modulate various targets' immune reactions throughout the cancer immune cycle by stimulating or suppressing different cellular and molecular pathways (Fig. 4).<sup>88</sup> Combination therapy can potentially increase antitumor activity, promoting autoimmune system rebuilding while minimizing toxicity and long-term effects. Cancer vaccines, adoptive cell therapies, immune-checkpoint blockade, and cytokine methods are some of the cancer

immunotherapy approaches that have been successfully developed.<sup>89</sup> Chemotherapy continues to be the most effective option in cancer treatment. Owing to the TME's synergistic effects, it has been demonstrated that chemotherapy and immunotherapy, when combined, are potentially helpful in cancer therapy.<sup>90</sup> Simply using chemotherapy and immunotherapy simultaneously does not result in chemoimmunotherapy, as the mechanisms of these therapeutic modalities may interact. Most chemotherapeutic agents (agents with no specific targets) are cytotoxic that can influence the majority of cell types in the human body's reproduction and growth in addition to killing cancer cells.<sup>90</sup> In conclusion, combining immunotherapy and chemotherapeutic agents can improve cancer therapy by increasing the antitumor response in the TME.

Cancer therapy has been immensely reformed through immune checkpoint blockade (ICB) immunotherapy, particularly antibodies against PD-1, CTLA-4, and PD-L1.<sup>91</sup> However, ICB immunotherapy exhibits inadequate efficiency in most patients and may lead to substantial toxicity.<sup>92</sup> Thus, more efficient, safer combinatorial therapeutic approaches including ICB are underway. PD-L1 is expressed over the tumor surface, and the antigen-presenting cells can interrelate with PD-1 expressed over the stimulated T cells, causing T-cell apoptosis, inactivation, and depletion.<sup>93,94</sup> Thus, hindering the PD-1/PD-L1 pathway using anti-PD-1 and/or anti-PD-L1 antibodies has established potential therapeutic efficiency in various cancer





types, including melanoma.<sup>95–98</sup> Furthermore, repetitive administration of anti-PD-1 antibodies can lead to severe immune-mediated adverse effects.<sup>99,100</sup>

Additionally, tumor-associated macrophages (TAMs), a vital constituent of the tumor microenvironment, play a crucial role in tumor development and progression.<sup>101</sup> TAMs are broadly categorized as M1 macrophages (M1-TAMs) and M2 macrophages (M2-TAMs). Foreign antigens and tumor cell eradication can be attained by M1-TAMs, which express higher levels of IL-12 and IL-23.<sup>102</sup> The stability of M1-TAM and M2-TAMs has been related to angiogenesis, drug resistance, and immunosuppression within the tumor cells.<sup>103</sup> Additionally, CSF-1/CSF-1R and CCL2/CCR2-1R-targeting approaches often lead to monocyte and macrophage formation, increasing neo-angiogenesis and metastasis.<sup>104</sup>

### 3.1.2. Chemo-photothermal therapy for cancer targeting.

The integration of multimodal treatment modalities in one system has demonstrated good therapeutic efficacy relative to single therapy. Chemo-photothermal combined therapy can maximize the synergistic effect, in which PTT accelerates the penetration and intracellular delivery of chemotherapeutic drugs into the tumour.<sup>105,106</sup> Photothermal therapy is capable of exhibiting anticancer activity, but it usually needs direct contact with the source of light irradiation, which prevents its efficacy against distributed and metastatic tumors. Thus, it was observed that photothermal therapy combined with chemotherapy can activate potent anti-tumor resistance against distributed and metastatic tumors.<sup>13</sup>

Qing *et al.*<sup>107</sup> developed bortezomib (BZ), luteolin (LT) and indocyanine green (ICG) co-loaded pH-mediated supramolecular mPEG-based (BZ/LT-ICN@mPEG) hydrogels for the effective management of colorectal cancer through the combination of chemo-photothermal-photodynamic therapy.<sup>107</sup> In another study, Kong *et al.*<sup>108</sup> reported the anticancer potential of a fabricated injectable thermosensitive liposomal hydrogel system using a chemo (gemcitabine, a chemotherapeutic drug)-photothermal (DPP-BTz, a NIR-II photothermal agent) combined approach. The hydrogels significantly reduced the treated tumors by generating heat under the irradiation of a 1064 nm laser, breaching the liposomal layer and releasing the drug leading to death of tumor cells.<sup>108</sup> Costa *et al.*<sup>109</sup> developed polymeric (hyaluronic acid-conjugated with thiol groups/deacetylated chitosan grafted with maleimide groups) hydrogels for treating breast cancer through combined chemo-photothermal therapy. On the other hand, doxorubicin-loaded dopamine-condensed graphene oxide (DDGO) was synthesized for accomplishing NIR-responsive chemo-photothermal nanocarriers. Further, the polymeric hydrogel was simply mixed with DDGO to form a stable chemo-photothermal agent. These hybrid hydrogels significantly reduced the viability of breast cancer cells, showing improved combinatorial effects.<sup>109</sup>

The combinatorial strategy has also assisted in overcoming the limitations of multi-drug resistance which is a complex cellular defensive mechanism of tumorous/carcinogenic cells to resist chemotherapeutic drugs leading to chemotherapy failure.<sup>110</sup> In a study researchers reported the potential activity

of injectable hydrogels composed of doxorubicin (chemotherapeutic drug) conjugated with gold-manganese oxide nanoparticles which were further loaded with liposome-based self-assembled micelles against MDR hepatocellular carcinoma. The hydrogel significantly released the drug in a sustained manner under the presence of NIR laser irradiation (808 nm; 1 W cm<sup>-2</sup>; 10 min.) with enhanced antitumor efficiency against MDR HCC. Moreover, the *in vivo* results confirmed that the hydrogel system downregulated the *P*-glycoprotein, p53 and Bcl-2 level, while upregulated the Bax and caspase-3 level.<sup>110</sup>

**3.1.3. Cationic polymer-mediated hydrogel systems for chemoimmunotherapy and chemophotothermal therapy.** Traditional intravenous chemotherapeutic approaches have been reported with diverse limitations and systemic adverse effects such as hepatic or kidney dysfunction, myelosuppression, and neurotoxicity.<sup>111</sup> The injectable hydrogels can be significantly improved as per specific stimuli for specific cancer targeting including pH-sensitive, thermosensitive, photosensitive, and dual-sensitive hydrogels.<sup>111</sup> Alternatively, the injectable hydrogel-mediated systems help overcome the limitations of traditional intravenous chemotherapeutic approaches by releasing drugs/biomolecules to the targeted cancer or tumor site when conjugated with immunotherapy or radiotherapy or both, as described in Fig. 5.

Postsurgical treatment has exhibited significant importance for combating tumor reappearance and metastasis. Chen *et al.*<sup>112</sup> synthesized an *in situ* gel implant using pullulan and crosslinking chitosan for postsurgical care. They co-loaded cyclophosphamide (Cyc) with aCD47 for gel chemoimmunotherapy. The gels showed sequential drug release kinetics, with nanotherapeutics killing residual tumor cells and releasing tumor antigens. To restore macrophage functionality and activate anti-tumor immune responses, aCD47 was released over time in a sustained manner. Further investigations on 4T1 mouse breast cancer models concluded that *in situ* chemoimmunotherapy was effective, effectively augmenting anti-tumor effects and establishing a long-term immune memory to combat tumor metastasis.<sup>112</sup> The combinatorial effect of chemotherapy and immunotherapy for treating tumour or cancer has been well-explored. Han *et al.*<sup>113</sup> explored a unique chemoimmunotherapy technique for targeting cancer cells that uses hydrogels as a localized drug delivery system. Chemoimmunotherapeutic agents such as doxorubicin (DOX) and vaccinia virus vaccine expressing Sig/E7/LAMP-1 (Vac-Sig/E7/LAMP-1) were loaded into chitosan hydrogels (CH-DOX). Co-administration of vaccinia virus-based vaccine and CH-DOX resulted in a synergistic antitumor effect as the hydrogel inhibited tumor growth. Moreover, it also elevated the CD8(+) T lymphocytes that are tumor-specific, extending the antitumor effects up to 60 days compared to monotherapy alone. This led to the foundation to rationally explore chemoimmunotherapy's antitumor efficacy.<sup>113</sup>

Similarly, Seo *et al.*<sup>114</sup> used a biodegradable hydrogel platform to simultaneously administer an immunoadjuvant and an anti-cancer medication to patients for chemoimmunotherapy. The effect of the chitosan hydrogel (CH), loaded with a cancer



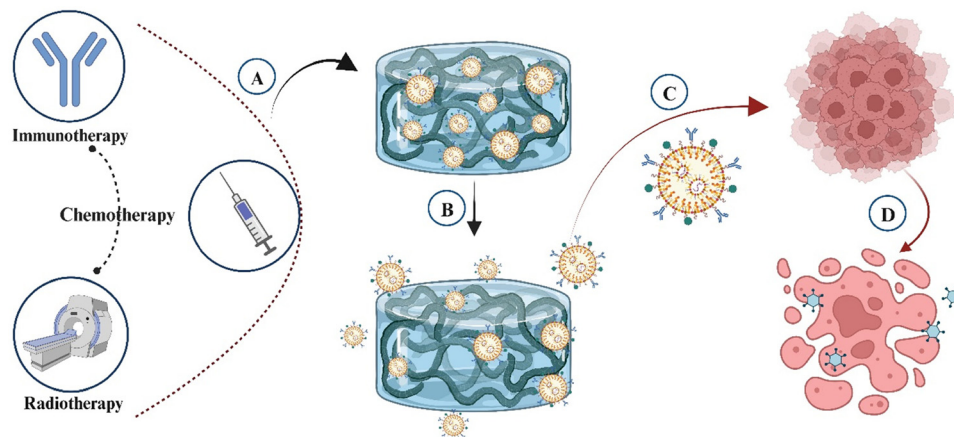


Fig. 5 Illustration representing various processes involved in injectable hydrogel-mediated cancer therapy: (A) chemotherapeutic strategies conjugated with immunotherapy or radiotherapy or both. (B) Injectable hydrogel system composed of bioactive molecules (chemotherapeutic agents or immunotherapeutic agents or both). (C) Controlled- or sustained release behaviour of bioactive molecules from the hydrogel matrix. (D) Biomolecules targeting cancer or tumors with improved efficacy leading to oncolysis or cell death.

drug and GM-CSF, on TC-1 cervical tumor growth in mice was assessed. The TC-1 tumor growth was decreased post-administration of the hydrogel containing cancer drug (DOX, cisplatin, or cyclophosphamide (CTX)) and GM-CSF. While CTX was found to be a more potent anti-cancer agent, intra-tumoral treatment of CH, a cancer medication, in combination with GM-CSF elicited a significant immunological response in E7-specific CD8(+) T cells.<sup>114</sup> Gu *et al.*<sup>115</sup> developed a silk-chitosan composite scaffold encapsulating the drug DOX and JQ1 (a small chemical inhibitor of the protein BRD4 and its bromodomain) for localized delivery in the acidic TME. The DOX-JQ1@Gel contains a pH-degradable group, which triggers an antitumor immunity response. Antitumor immunity was associated with chemotherapy-induced antigen release and JQ1-mediated PD-L1 checkpoint blockade. Local DOX-JQ1@Gel injection is anticipated to reduce systemic side effects while increasing immunotherapy's objective response rate.<sup>115</sup> Wang *et al.*<sup>116</sup> created twin-like core-shell nanoparticles (TCNs) composed of sorafenib and IMD-0354 (a TAM repolarization drug) focused on tumor-targeted chemoimmunotherapy. The *in vivo* investigations in Hepa1-6 tumor-bearing mice and phenotype analysis revealed that TCNs had superior effects to sorafenib alone. The combination treatment revealed enhanced and synergistic anticancer effects and superior polarisation capacities towards M2-type TAMs.<sup>116</sup>

The effectiveness of the available therapy options for cancer treatment is currently limited. A novel chemo-immunotherapy system combining DOX, IL-2 (interleukin-2), and IFN- $\gamma$  (interferon-gamma) offers promise for improved treatment outcomes. It was developed for the local treatment of melanoma xenografts. The system showed short-term bursts and long-term sustained releases, with the hydrogel degrading completely. Within 3 weeks, the chemo-immunotherapy system including DOX, IL-2, and IFN- $\gamma$  demonstrated effectiveness without inducing inflammatory reactions. In B16F10 cells, the DOX/IL-2/IFN- $\gamma$  co-loaded hydrogel increased cell apoptosis and

induced G2/S phase cell cycle arrest. On the other hand, in an *in vivo* nude mouse model, the combined method improved therapy against B16F10 melanoma xenografts while causing no systemic adverse effects. Overall, using polypeptide hydrogels for localized DOX/IL-2/IFN- $\gamma$  co-delivery offers a promising approach for efficient melanoma therapy.<sup>117</sup>

Chen *et al.*<sup>118</sup> developed a hydrogel for localized chemoimmunotherapy. A polypeptide hydrogel with thermo-gelling capabilities was produced, including anti-cytotoxic T-lymphocyte-associated protein 4 (aCTLA-4), immune checkpoint blockade antibodies (anti-programmed cell death protein 1, aPD-1) and DOX. *In vitro* results showed that the hydrogel displayed sustained release of DOX and IgG model antibodies for more than 12 days. The DOX/aCTLA-4/aPD-1 co-loaded hydrogel dramatically increased tumor suppression, boosted anticancer immune response, and extended the survival time in mice with B16F10 melanoma. Furthermore, after surgical site injection, the hydrogel-based chemo-immunotherapy method substantially prevented tumor recurrence, demonstrating its promise for anti-tumor therapy and prevention.<sup>118</sup> Akbari *et al.*<sup>119</sup> loaded macrophage colony-stimulating factor (GM-CSF) and paclitaxel (PTX) into a hyaluronic acid (HA) hydrogel for cancer therapy. Further, tocopheryl polyethylene glycol (TPGS) and pluronic F127 were used to prepare micelles which were later loaded with PTX. *In vitro* and *in vivo* immunological activities were also assessed. The optimized formulation was tested in a mouse model of subcutaneous melanoma using the B16 F10 cell line. The hydrogel exhibited prolonged PTX release when compared to GM-CSF. Moreover, in melanoma-affected mice, the optimized formulation exhibited a potent anti-tumor effect compared to GM-CSF and PTX alone, post intra-tumoral administration.<sup>119</sup> A melittin-RADA32 hybrid peptide hydrogel encapsulating doxorubicin (DOX) was developed by Jin *et al.*<sup>120</sup> for treating melanoma. The synthesized hydrogel exhibited an interweaving nanofiber structure and excellent biocompatibility, offered controlled drug release properties, and enhanced







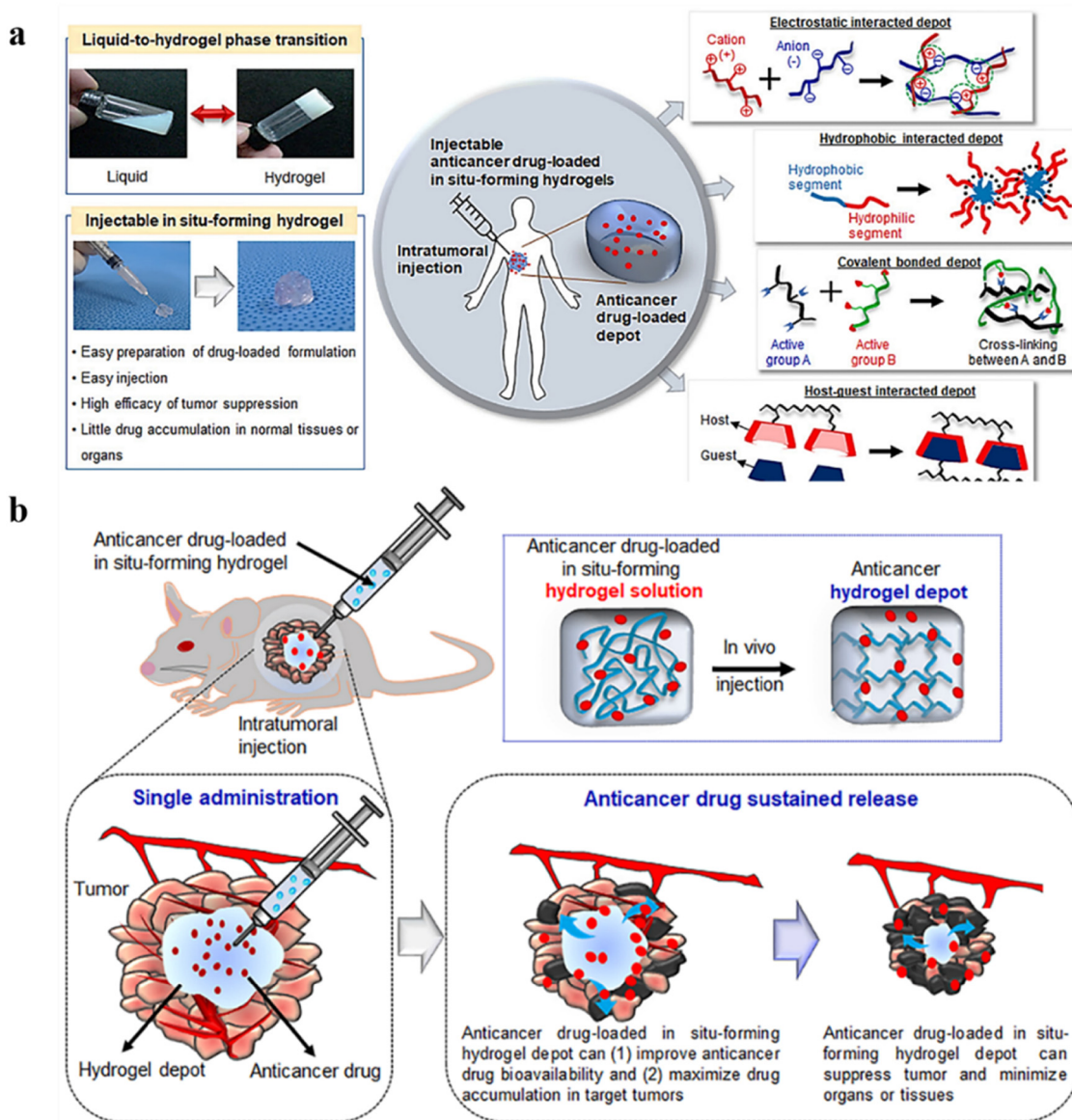


Fig. 6 (a) Schematic representation of an injectable *in situ* forming hydrogel for intratumoral injection. (b) Schematic illustration of intratumoral injection of anticancer drug-loaded injectable hydrogels. Reproduced from ref. 133 with permission from MDPI, copyright 2021.

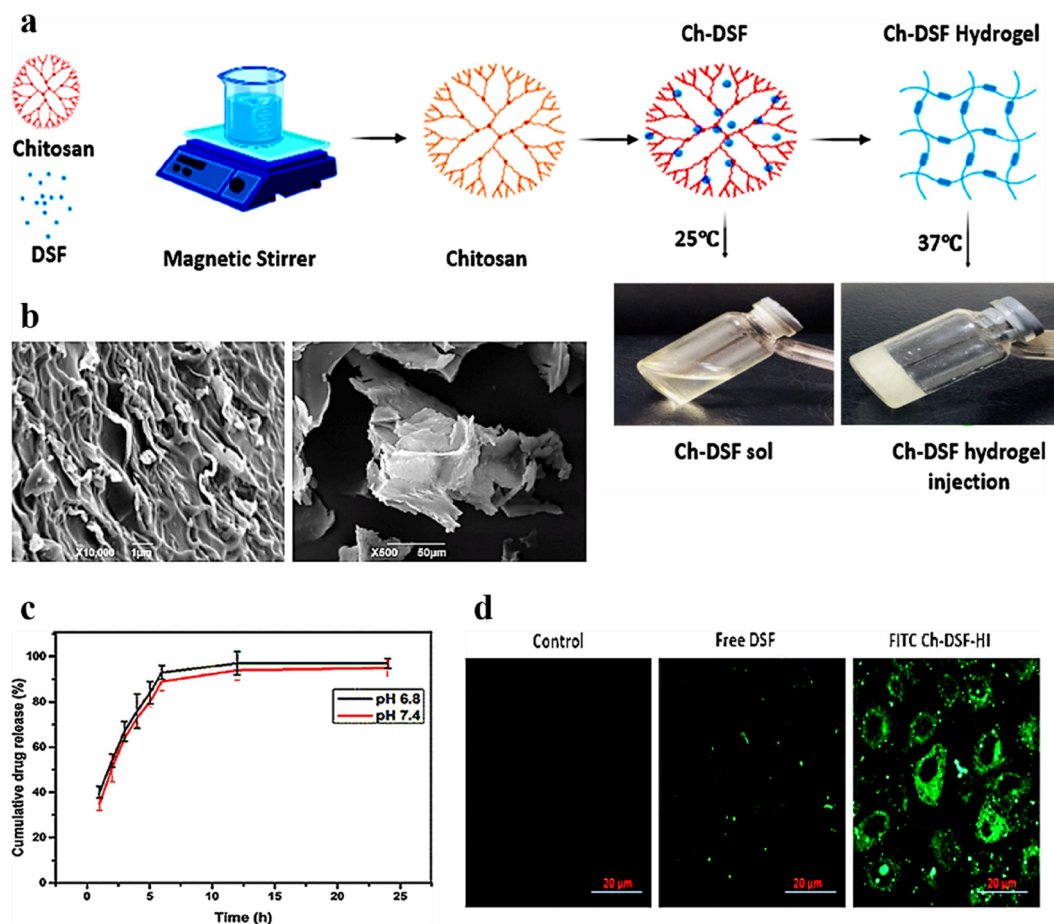
A chitosan-based thermo-responsive hydrogel was prepared by Ahsan *et al.* for efficient and sustained delivery of disulfiram (CS-DS) (Fig. 7a). The drug was firmly distributed in the injectable thermo-responsive hydrogels, confirmed by SEM micrographs (Fig. 7b). The cumulative drug release profile showed a better release of DS from injectable hydrogels (Fig. 7c). Moreover, CS-DS injectable hydrogels exhibited better cellular uptake in the treated SMMC-7721 cell line (Fig. 7d), ensuing significant anticancer activity against hepatocellular carcinoma.<sup>144</sup> Similarly, dialdehyde-functionalized polyethylene glycol (DF-PEG) and  $\beta$ -glycerophosphate (GP) cross-linked chitosan (CS) hydrogels were prepared by Han *et al.* for sustained delivery of doxorubicin hydrochloride (DOX) for antitumor therapy *via* intratumoral injection. In Heps tumor-bearing mice, the resultant hydrogel exhibited a superior tumor

inhibition rate.<sup>145</sup> Moreover, for localized delivery of an anti-cancer drug, 5-fluorouracil, for breast cancer treatment, Abdelatif *et al.* prepared a chitosan hydrogel and investigated its efficacy in the MCF-7 cell line both *in vitro* and *in vivo*. Reduction in tumor volume and tumor marker levels in blood showed that injectable hydrogels are potential drug delivery systems for anticancer drugs.<sup>146</sup>

Wu *et al.* constructed a crosslinked chemical and physical composite injectable gel for co-delivery of doxorubicin, recombinant human interferon-gamma (IFN- $\gamma$ ), and the protein cytokine recombinant human interleukin-2 (IL-2).<sup>147</sup> When administered to the xenograft tumor-bearing mice, this exhibited a synergistic anticancer effect by downregulating Janus kinase/signal transducer and activating JAK/STAT pathways. Further, a pH-responsive self-healing injectable hydrogel based







**Fig. 7** (a) Schematic illustration of the steps involved in the formulation of thermo-responsive CS-DS injectable hydrogels. (b) SEM micrographs of thermo-responsive CS-DS injectable hydrogels at various magnifications and cross sections. (c) Cumulative release (%) of DS from thermo-responsive CS-DS injectable hydrogels over time at varying pH ( $n = 3$ ). (d) Cell uptake of free DS and FITC-tagged CS-DS injectable hydrogels in the hepatocellular carcinoma SMMC-7721 cell line after 4 h incubation; scale bar: 20  $\mu\text{m}$ . Reproduced from ref. 144 with permission from American Chemical Society, copyright 2020.

on *N*-carboxyethyl chitosan was prepared by Qu *et al.* for hepatocellular carcinoma therapy.<sup>21</sup> Wang *et al.* prepared an injectable chitosan-based hydrogel for antitumor and antimetastatic effects on hepatocarcinoma using Bel-7402 cells.<sup>148</sup> Belali *et al.* prepared a cell-specific and pH-sensitive nanostructured chitosan hydrogel as a potential photosensitizer carrier for selective photodynamic therapy.<sup>149</sup> To improve intraperitoneal chemotherapy in colon carcinoma, Chen *et al.* constructed a thermosensitive poly(*N*-isopropyl acrylamide)-based hydrogel (HACPN) loaded with doxorubicin and investigated its effects on CT-26 cells *in vitro*.<sup>150</sup>

#### 4.2. Cyclodextrin-based injectable hydrogels for targeted chemotherapy

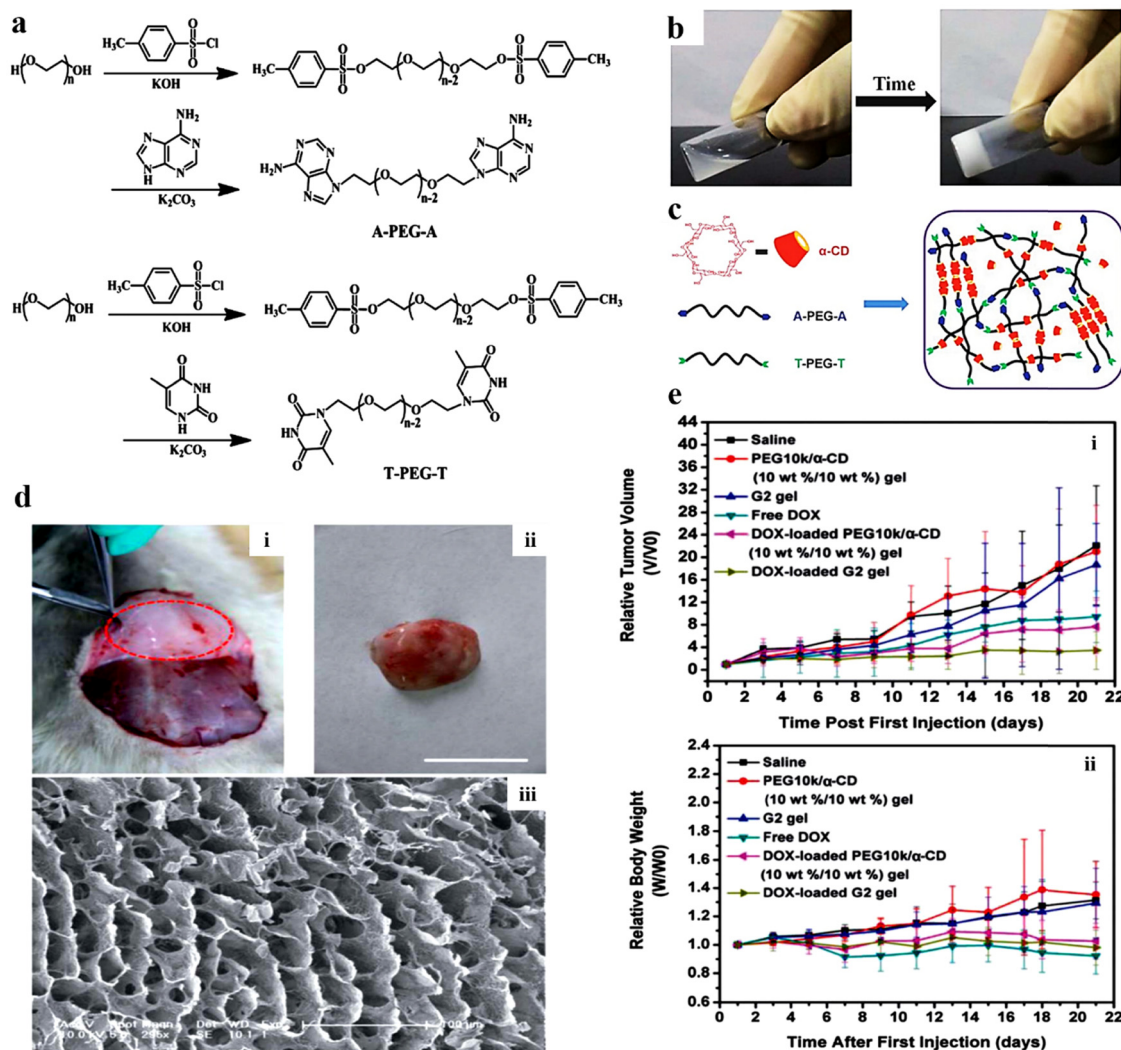
Injectable hydrogels can be employed for dual loading of both hydrophilic and hydrophobic drugs, as their primary (6-OH) and secondary surfaces (2-OH, 3-OH) are formed by hydroxy hydrophilic medicines whereas ether along with carbon-hydrogen accounts for the hydrophobic cavities.<sup>151</sup> Due to their good solubility and permeability, along with specific recognition and bonding abilities with numerous inorganic, organic, and

biological substrates and polymer chains,<sup>152–154</sup> cyclodextrins can be efficiently used as a carrier for drug delivery applications.

Kuang *et al.* synthesized A-PEG-A and -PEG-T (Fig. 8a), and further conjugated with  $\alpha$ -cyclodextrin ( $\alpha$ -CD) for developing injectable hydrogels (Fig. 8b and c) for sustained release of antitumor drugs. Initially, the *in vivo* development of the G2 hydrogel was performed (Fig. 8d). Later on, *in vivo*, experiments employing U14 cancer cell xenograft-bearing mice (Fig. 8e) showed that the intratumoral injection of a DOX-loaded A-PEG-A/T-PEG-T/ $\alpha$ -CD gel inhibited tumor growth more effectively than that of free DOX.<sup>155</sup> In another study, Fiorica *et al.* investigated the penetration (in solid tumors) and release profile of anticancer drug DOX, embedded in hyaluronic-((2-aminoethyl)-carbamate) acid (HA-EDA) conjugated with sulfone functionalized  $\beta$ -cyclodextrins (HA-EDA/ $\beta$ -CD-VS(DOX)). The complex hydrogels significantly inhibited the growth of colorectal carcinoma micro-masses cultured under 3D conditions. *In vivo*, studies have validated that tumor mass was reduced considerably without inducing any localized or systematic side effects.<sup>156</sup> Similarly, Fu *et al.* prepared a paclitaxel-loaded







**Fig. 8** (a) Scheme for the synthesis of adenine-terminated poly(ethylene glycol) (A-PEG-A) and thymine-terminated poly(ethylene glycol) (T-PEG-T). (b) Images of an A-PEG-A/T-PEG-T/ $\alpha$ -CD aqueous solution and G2 (B-PEG10k-B: 10% w/w) sample injectable hydrogel. (c) The mechanism associated with the gelation of the supramolecular hydrogel. (d) Photographs of (i) *in vivo* development of the G2 hydrogel within subcutaneous tissue post-treatment of 30 min (marked with red dots); (ii) G2 hydrogel-separated skin of a treated animal (rat); (iii) the equivalent SEM images of the hydrogel. (e) Graphs highlighting the alterations in (i) relative tumor volume and (ii) relative body weight of varying samples that were injected intratumorally into the xenograft-bearing mice (U14) after showing an initial tumor volume of 150–250 mm<sup>3</sup>. Reproduced from ref. 155 with permission from Royal Society of Chemistry, copyright 2014.

rabbit head and neck cancer model.<sup>178</sup> Solomevich *et al.* designed biodegradable pH-sensitive dextran phosphate hydrogels loaded with prospidine (DP-PrH) for local tumor therapy. The hydrogels inhibited the propagation of Hep-2 and HeLa cells in a dose-dependent manner. In addition, the hydrogels demonstrated superior antitumor effects than pure drugs.<sup>179</sup> Saboktakin *et al.* encapsulated 5,10,15,20-tetrakis (meso-hydroxyphenyl)porphyrin (mTHPP), a porphyrin-based PS agent, into hydrogels for photodynamic treatment of cancer.<sup>180</sup>

#### 4.5. Gelatin-based injectable hydrogels for targeted chemotherapy

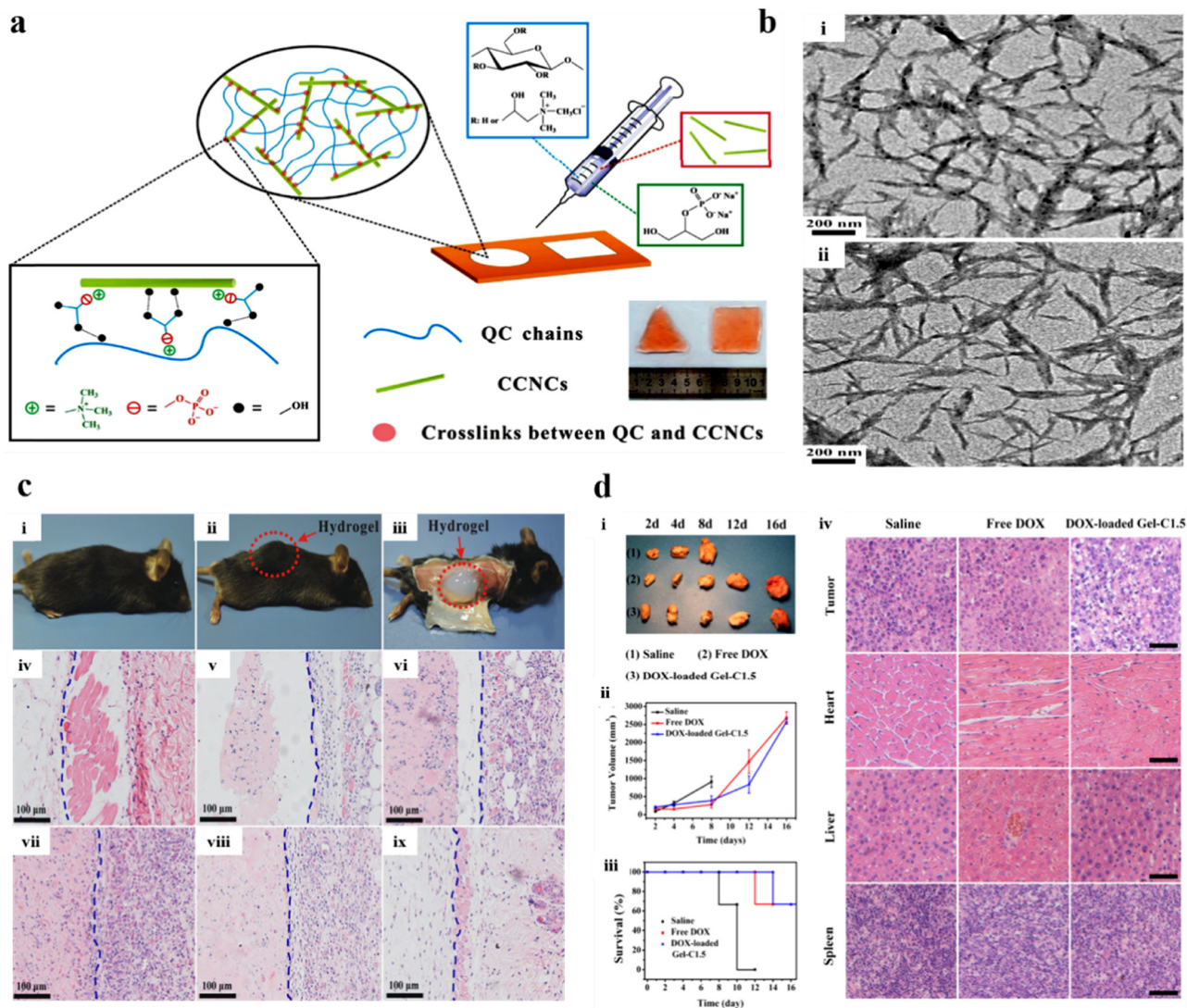
Gelatin is a naturally occurring biodegradable polymer obtained from acid/alkali hydrolysis of collagen. It is non-toxic, non-irritant,

consists of denatured proteins, and has been widely used in pharmaceutical and biomedical industries due to its biodegradability.<sup>181–184</sup> It comprises 18 different amino acids, arranged randomly with ample free carboxyl and amino groups that pave the way for electrostatic interactions. Further, increased free carboxyl and amino groups in alkali and acid-treated gelatin make it a suitable carrier for the controlled release of drugs and peptides.<sup>185</sup>

Laser-triggered injectable gelatin hydrogels were prepared by Li *et al.*, for combinatorial up-conversion of fluorescence imaging and antitumor chemo-photothermal therapy.<sup>187</sup> Ding *et al.* prepared a gelatin hydrogel containing cisplatin loaded with gelatin (CDPP)/poly(acrylic acid) nanoparticles (Fig. 11a and b). It was observed that due to body temperature, the CDDP-NP-Jelly (CNJ) coating over the tumour progressively







converted into a gelatinous sol *in vivo* (Fig. 11c). Results of *in vitro* cytotoxicity studies for 48 h showed significant findings for free CDDP, CNPs, and CNJ against treated adenocarcinoma (MKN-28) cells and mouse hepatoma (H22) cells (Fig. 11d–f). Further, significant *in vivo* findings were noticed for the samples isolated from the treated mouse model using typical fluorescence microscopy (Fig. 11g), dark-field microscopy images (Fig. 11h), and immunohistochemical assay (Fig. 11i). The implantation of the jellies comprising CDDP-loaded nanoparticles over the tumor tissue hindered tumor growth. It extended the lifetime of the treated animals (mice) compared to animals treated with i.v. injection of CDDP-loaded nanoparticles in a murine hepatoma H22 cancer model.<sup>186</sup> In another study, Yamashita *et al.* reported the effectiveness of

cisplatin-loaded gelatin hydrogels and anti-tumor activity in the peritoneal metastasis murine model of the human gastric cancer MKN45-Luc cell line.<sup>188</sup> The formulation further prolonged the survival time ( $p = 0.0012$ ) and suppressed the *in vivo* tumor growth ( $p = 0.02$ ), additionally releasing cisplatin in a controlled manner (30% drug remaining in the murine abdominal cavity after 7 days). An interleukin-12 (IL-12) loaded gelatin hydrogel was prepared by Liu *et al.*, and was investigated for sustained release of IL-12 in transplanted colon carcinoma C57BC/6 N mice.<sup>189</sup>

Studies have also reported a few other cationic polymeric hydrogel-based systems for effectively delivering chemotherapeutic agents. In a study, hyaluronic acid (HA), a non-sulfated glycosaminoglycan, predominantly found in joints







**Fig. 10** Schematic illustration representing preparation of the sericin/dextran-based (SC/DX) composite hydrogel: (a) extraction steps involved in isolating sericin from *Bombyx mori*, Baiyu cocoons (wild-type). (b) Chemical modifications (oxidation) of SC and DX. (c) Illustration showing the usage of the SC/DX cross-linked hydrogel as an injectable and photoluminescence-detectable drug delivery system. (d) Gelation time of the composite hydrogels (SDH-1, SDH-2, and SDH-3) formed at 4, 25, and  $37^\circ\text{C}$  (mean  $\pm$  SD,  $n = 3$ ;  $*P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$ ; and Student's  $t$ -tests). (e) Time evolution of the storage modulus ( $G'$ ) and loss modulus ( $G''$ ) of SDH-1, SDH-2, and SDH-3 at  $15^\circ\text{C}$ . (f) SEM images of SDH-1, SDH-2, and SDH-3 [scale bars:  $10\ \mu\text{m}$ ]. (g) *In vivo* antitumor effects of the DOX-loaded SDH-2 hydrogel. Quantification of (h) tumor size, (i) body weight, and (j) the survival rate in B16-F10-induced mice treated with various samples. (k) Images of the isolated tumors from the mice administered with mentioned treatments (day 14). (l) H&E histological staining of the tumors of mentioned treatments (day 14). (m) TUNEL staining of the isolated tumors in (l). Reproduced from ref. 80 with permission from American Chemical Society, copyright 2011.

and connective tissue and which is highly biocompatible was used to fabricate numerous injectable hydrogels.<sup>190–193</sup> Injectable hydrogels of HA suitable for delivery of doxorubicin for breast cancer<sup>194</sup> and colon cancer<sup>195</sup> or co-delivery of doxorubicin and docetaxel for treatment of colon carcinoma<sup>196</sup> were prepared in the presence of PF127. Another polysaccharide alginate, a biopolymer consisting of units of guluronic acid and mannuronic acid in irregular blocks,<sup>197</sup> owing to its

biocompatibility and hydrophobicity is widely used in the biomedical field. Moreover, its hydroxyl and carboxyl groups can be chemically altered to achieve the desired properties.<sup>198</sup> Cisplatin dendrimers to breast and lung cancer cells were delivered efficiently through an injectable hydrogel prepared *via* ionic gelation.<sup>199</sup> Moreover, incorporating moieties such as N-isopropyl acrylamide led to the formation of thermo-responsive hydrogels to deliver





**Fig. 11** (a) Schematic representation of the synthesis of CDDP-loaded gelatin-poly(acrylic acid) nanoparticles (CNPs). (b) Schematic representation of CDDP-NP-Jelly (CNJ) coating over the tumor, which progressively converts into a gelatinous sol *in vivo*, because of body temperature. *In vitro* cytotoxicity (48 h) of (c) free CDDP and CNPs against adenocarcinoma (MKN-28) cells (48 h); (d) free CDDP and CNPs against mouse hepatoma (H22) cells; (e) free CDDP and CNJ against MKN-28 cells. (f) LSCM image of MKN-28 cells incubated with CNPs, labeled by RBITC (37 °C, 2 h). (g) Typical fluorescence microscopy micrographs of tumor slices isolated from mentioned FITC-sample-treated mouse models. (h) Illustrative dark-field microscopy image of tumor slices isolated from sample-treated mice. Dark-field microscopy image overlapped with vasculature fluorescence, displaying the spreading of the groups of GEL-PAAu hybrid NPs (bright spots) related to the blood vessels (red) in the internal portions of the tumor. The arrows indicate the site of bright spots. (i) Characteristic photos of immunohistochemical samples comprising sliced caspase-3 (green) and PECAM-1 (red) in diverse groups specified. Reproduced from ref. 186 with permission from American Chemical Society, copyright 2011.

doxorubicin micelles<sup>200</sup> and genes<sup>201</sup> for osteosarcoma and prostate cancer.

#### 4.6. Polypeptide-based injectable hydrogels for targeted chemotherapy

Traditional chemotherapeutic drugs have significant drawbacks. Tumors, for example, can develop resistance to treatment, higher relapse chances post-treatment, and secondary malignancies due to drugs used against metastatic cancer.<sup>202</sup>

Drugs that may specifically eliminate cancer cells are still in high demand, effectively treating slow-growing and dormant cells while avoiding chemoresistance mechanisms. A steadily increasing amount of research suggests that peptides may help discover and develop cancer drugs.<sup>202</sup> Peptides are ideal candidates for cancer treatment due to their excellent tissue penetrability, low immunogenicity, and low manufacturing costs, and modification is simple for enhancing *in vivo* stability and biological activity.<sup>202</sup> Due to secondary conformations that are







Table 1 Studies (*in vitro* and *in vivo*) showing the anti-cancer effects of various chemotherapeutic drug-encapsulated natural cationic polymeric hydrogel systems

Composition	Cancer model			Major outcomes	Ref.	
	Therapeutic agent	Type	<i>In vivo</i>			
Hydrogel	Major components	Type	<i>In vitro</i>	<i>In vivo</i>	Major outcomes	Ref.
CS	TA-ZnPc	Breast	MDA-MB-231	—	The TA-ZnPc was directly released in a sustained manner for 8 days evading the circulation system in the tumour acidic environment.	218
CS/β-GP/HA	DOX	Cervix	HeLa	—	The hydrogel adhered to the tumor site promoting site specific release. Reinforced mechanical strength helped in reduction of initial burst release from the hydrogel.	219
CS/β-GP	DOX	Ovarian	A 2780	—	A thermoresponsive hydrogel for localized therapy, activated by the external thermal stimuli which resulted in on-demand scheduled dosing of medicaments.	220
CS/β-GP/CNT	Methotrexate	Breast	MCF-7	—	The hydrogel enhanced the anti-tumour effects of methotrexate by releasing the drug in a controlled manner.	221
CS/β-GP	DOX	Liver	N1-S1	N1-S1	The C/GP/DOX/Re-188-Tin colloids significantly inhibited tumors when compared with the control group post treatment.	222
CS-DA/oxPLN	DOX	Colon	HCT116	—	The release profile of DOX was enhanced by hydrogels effectively killing colon tumor cells.	223
oxHA	Anti-2B11	Breast	MDA-MB-231	MDA-MB-231	The hydrogel system induced cell apoptosis, and further reduced the invasive ability of cells by reducing the mitochondrial membrane potential of MCF-7 and MDA-MB-231 cells.	224
HA	MSNs	Breast	SKBR3	—	The hydrogel nanocomposite was able to provide a microenvironment with rich anticancer drugs for a prolonged period.	225
HA-Tyr	Interferon-α	Liver	HAK-1B	HAK-1B	HA-Tyr hydrogels effectively inhibited tumor growth with lower cell density and proliferating cells, and with more apoptotic cells.	226
HA-αCD	DOX	Squamous carcinoma	SCC	—	The hydrogel nanocomposite was able to provide a microenvironment with rich anticancer drugs for a prolonged period.	227
HA-Gln/PEG-8-SH-Lys	—	Breast	MCF7	—	—	228
PF127/HA	DOX	Colorectal	—	CT26	Co-delivery enhanced the efficacy of tumor inhibition	196
oxALG-PEI	Cisplatin and paclitaxel	Breast	MDA-MB-231	—	Programmed cell death was promoted by significant accumulation of mitochondrial ROS upon treatment.	229
oxALG-PEI	Cisplatin and paclitaxel	Liver	HepG2	—	The premature release of drugs was prevented by the hydrogel which provided an additional diffusion barrier against Cis-DDP.	pro- 230
QCL-CCNGs	DOX	Murine Liver	—	H22	The hydrogel acts as a depot system for anticancer therapy	162
CL	—	Murine melanoma	B16	—	The hydrogel exhibited excellent photothermal response and enhanced stability and flexibility by possessing strong cellulosic walls and 3D networks with irregular micrometer-sized pores.	231
ALG	Cisplatin	Breast	MFC7	—	The hydrogel/DEP is-mediated repeated photothermal therapy suppressed tumor growth efficiently.	199
oxDEX-SRC	HRP and DOX	Melanoma	—	B16F10	The hydrogel achieved efficient drug loading and released the encapsulated drugs in a controlled manner suppressing tumour growth.	80
oxDEX	Platinum	Breast	MDA-MB-231	MDA-MB-231	For repeated photothermal therapy, the hydrogel was able to remain in tumors for prolonged periods leading to complete tumor regression.	174
MADEX-SH/MAHA	DOX	Murine breast	4T1	4T1	The macroporous hydrogels aided in the sequential release of BI NPs and DOX significantly exhibiting synergistic antitumor effects <i>in vitro</i> .	175
GG	Paclitaxel	Bladder	T24	—	The LP-Gel exhibited enhanced adhesion on the urothelium, and increased bladder wall penetration, along with appreciable cytotoxicity in rat and human bladder cancer cells.	232
GG	DOX	Murine breast	4T1	4T1	—	233
AGR	DOX	Breast	MDA-MB-231	—	The entrapment efficiency of DOX was enhanced by the addition of divalent metal ions in the complex further prolonging the DOX release profile.	234
HPMCL/PF127/ALG	Paclitaxel and temozolomide	Murine glioma	C6	—	The gel exhibited superior antitumor performance by inducing autophagy.	165







Table 2 Pre-clinical/clinical status of natural polymeric hydrogels in cancer therapy

Hydrogel characteristics			Pre-clinical/clinical studies			
Component(s)	Stimuli responsiveness	Drug	<i>In vitro</i>	<i>In vivo</i>	Major outcomes	Ref.
CS/GB	Thermosensitive	ICG	HCC	—	The hydrogel was feasible for drug delivery and fluorescence imaging.	244
PLGA	Thermosensitive	PTX	M234-p	Mammary tumour	The hydrogel exhibits a four fold increase in efficacy over existing marketed formulations.	245
CS/GB	Thermosensitive	DOX	H22 and SMMC7721	Hepatoma	The thermosensitive hydrogel delivered DOX to the tumour site efficiently and constantly.	246
Hyaluronic acid (HA) and PF127	Thermosensitive	DOX and DOC	CT26	Colorectal carcinoma	The hydrogel was efficient in co-delivery of DOX and DOC further decreasing associated side effects and improving cancer management.	196
CS and GP	pH-sensitive	DOX	MCF-7	Breast cancer	The hydrogel exhibited pH dependent drug release at pH 5.5	143
CS-DA and oxidized pullulan	pH-sensitive	DOX and Amoxicillin	HCT-116	Colon tumour	Ideal for management of mucosal localised tumour and infection	223
CS/HA/GP	pH-sensitive	DOX	HeLa	Cervical cancer	The hydrogel was successful in cervical cancer management.	219
PPM	Photosensitive	PPM	A549	Lung cancer	The hydrogel was ideal for management of mucosal localised tumour and infection	247
DPC	Photosensitive	DOX and DNA	CEM	Lymphocytic leukaemia	The photosensitive hydrogel crosslinked with DNA helped in controlled release of DOX.	248
HA	Photosensitive	MMP	MDA-MB-231	—	The HA hydrogel proved to be an ideal biomimetic cell culture model for breast cancer research.	249

Abbreviations: CS: chitosan; GB: glycerophosphate; ICG: indocyanine green; HCC: hepatocellular carcinoma; PLGA: poly(lactic-co-glycolic acid); PTX: paclitaxel; DOX: doxorubicin; PF127: pluronic F127; DOC: docetaxel; CS-DA: chitosan dihydrocaffeic acid; PPM: hyperbranched polyprodrug; DPC: DNA polyacrylamide conjugate; MMP: matrix metalloproteinase.

clinical trials (Table 2) related to various hydrogel formulations gives an idea about the current research being conducted in this area.

## 6. Conclusion and future perspectives

The peculiar characteristics of hydrogels make them efficient carriers for drug delivery. Elementary results of clinical studies suggest combining combinational therapies with the standard conventional therapies for cancer treatment. The mode of delivery used during combinational therapy can enhance treatment efficacy and influence disease progression due to prolonged drug release time.<sup>6</sup> This review brings forward the various therapeutic applications of cationic polymer-mediated injectable hydrogels. Different preparative strategies for synthesizing cationic polymers with desired properties and transport mechanisms for effective and specific delivery were discussed. Certain limitations of various conventional cancer therapies, like immunosuppression, modulation of tumor microenvironment's expression of tumor antigens, *etc.*, are still being researched, leading to surpassing these limitations.<sup>14</sup> Studies have shown that chemotherapy has demonstrated disruption of the various suppressive pathways and lymphodepletion post administration of chemotherapy.<sup>15</sup>

Furthermore, the development of biodegradable cationic polymers with reduced toxicity and massive growth in polymer science have led to numerous therapeutic applications. Continuous research in multi-disciplinary areas of cationic polymers has further elucidated their role in cellular processes and established a guide for different designs. The bottleneck for

designing cationic polymers lies in surpassing the subcellular barrier, endosomal escape, and nuclear translocation. However, non-degradability and toxicity hindered the success of cationic polymers traditionally. Surface and structure modifications and novel carriers have been developed over the past few years to overcome these drawbacks. Incorporating more biodegradable cationic polysaccharides and natural cationic polymers may be widely used. The use of injectable hydrogels for anticancer therapy is widely recognized among researchers, but to effectively replace conventional therapies, continuous innovations and developments in the field of polymer science and injectables concerning structural aspects and design strategies are required. To effectively translate injectable hydrogels into clinical reality, future research should explore and emphasize combination therapy, utilizing chemotherapy, immunotherapy, and radiotherapy, by selecting suitable polymers tested both *in vitro* and *in vivo*, evaluating their cellular and molecular mechanisms.

## Author contributions

SSD, MKA and KKK: conceptualization of the work. SSD, DS, BVKR, HS, and MKA: data collection and drafting. SSD and DS: made illustrations. JR, SSD, MD and KKK: finalized and reviewed the manuscript.

## Conflicts of interest

The authors declare no conflict of interest for this work.



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