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**Single particle ICP-MS combined with a data evaluation tool
as a routine technique for the analysis of nanoparticles in
complex matrices**

Journal:	<i>Journal of Analytical Atomic Spectrometry</i>
Manuscript ID:	JA-ART-10-2014-000357.R2
Article Type:	Paper
Date Submitted by the Author:	04-Jan-2015
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3 **1 Single particle ICP-MS combined with a data evaluation tool**
4 **2 as a routine technique for the analysis of nanoparticles in**
5 **3 complex matrices**

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8

9 **Abstract**

10 Detection and characterization of nanoparticles (NPs) in complex media as consumer
11 products, food and toxicological test media is an essential part of understanding the
12 potential benefits and risks of the application of nanoparticles. Single particle ICP-MS
13 (spICP-MS) was studied as a screening tool for the detection and characterization of
14 nanoparticles in complex matrices such as food and biological tissues. A data
15 evaluation tool was created for the calculation of particle size, concentration and size
16 distribution from the raw data. spICP-MS measurements were carried out on a
17 standard quadrupole instrument as well as on a sector-field instrument. Performance
18 characteristics were determined for four types of NPs. For the quadrupole instrument
19 the size detection limits were 20 nm (Au and Ag), 50 (TiO₂) and 200 nm (SiO₂). For
20 the sector-field instrument size detection limits are lower, 10 nm (Au). Concentration
21 detection limits ranged from 1 ng/L for 60 nm Au NPs to 0.1 µg/L for 500 nm SiO₂
22 particles. The dynamic range of spICP-MS is limited to two orders of magnitude and
23 as a consequence sample dilution is often required. The precision of the method was
24 found to be <5% and <10% for the determination of particle size and concentration,
25 respectively while the accuracy for particle size (Au NP only) was <10%. The
26 robustness against potential sample matrix components was investigated. The
27 applicability to routine samples was demonstrated by four examples (food, waste
28 water, culture media and biological tissues).

29 The presented combination of spICP-MS measurements with a powerful data
30 evaluation tool enables the use of this technique as a fast, cost efficient and easy to
31 use screening tool for metal and metal oxide NPs that can be widely implemented in
32 the statutory monitoring of food and consumer products for the presence of NPs, as
33 well as in the analytical evaluation of toxicological studies.
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1. Introduction

The potential benefits of the application of nanotechnology are widely recognized. Products based on nanotechnology or containing engineered nanoparticles (ENPs) are already manufactured in the field of electronics, construction, medicine, textiles, cosmetics, food and other consumer products¹. Applications in the food sector include the use of nano-formulated ingredients and additives. A number of conventional approved food additives have a size distribution that involves a fraction in the size range below 100 nm. Examples with high usage volumes are fumed silica (approved in the European Union as E551) and titanium dioxide (E171). Furthermore, engineered nanomaterials may enter food by migration of ENP from food contact materials (e.g. packaging) or from environmental contamination. Clearly, a variety of nanoparticles (NPs, e.g. silver, silica, titanium-, zinc- and iron oxides) are known or claimed to be used and therefore it is likely that consumers will be directly or indirectly exposed. However, due to the relative novelty of ENPs, the assessment of the risks for the environment and human health has only recently started. Detection and characterization of NPs in food and in samples from biological and toxicological tests is an essential part of understanding the potential benefits as well as the potential risks of the application of ENPs^{2,3,4}.

In contrast to methods for the characterisation of pure nanomaterials analytical methods for the determination of ENP in complex matrices such as food have to cope with a number of additional requirements. Target particles have to be removed from the matrix, separated from interfering matrix components and naturally occurring particles and enriched in the extract to meet the quantification limits of the detection instruments. Routine methods for a statutory monitoring of the presence of ENP in food also have to be cost-efficient. A recommendation for a definition of a nanomaterial published by the European Commission states that “in a nanomaterial more than 50% of the number of particles in an unbound state or as an aggregate or as an agglomerate, are in the size range of 1 to 100 nm”⁵. This inherently requires methods that produce reliable particle number size distributions.

Currently, separation techniques as hydrodynamic chromatography (HDC) and field flow fractionation (FFF) are used to determine NPs in combination with detectors such as multiple angle light scattering (MALS) and inductive coupled mass spectrometry (ICP-MS) in order to achieve a reliable and quantitative determination of ENP^{6,7,8,9,10,11}. For these methods, sample preparation is often required prior to instrumental analysis with the aim of removing interfering matrix components and to

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3 71 meet the required detection limits. Few methods are available for the respective
4 72 sample preparation and the methods that are available are often difficult and time
5 73 consuming.
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7 74 The only direct way to determine true particle number size distributions is to use a
8 75 single particle counting method. Several methods are available: electron microscopy
9 76 is most widely used to generate particle number based size distributions of a wide
10 77 range of particles, nanoparticle tracking analysis (NTA) is used to determine number
11 78 based size distributions in liquids while differential mobility analyzers (DMA) are used
12 79 in aerosol analysis^{12,13}. spICP-MS can also generate a particle number based size
13 80 distribution and since ICP-MS is widely available in many laboratories this is an
14 81 interesting technique to characterize NPs.
15
16 82 The concept of utilizing ICP-MS for single particle analysis and colloid suspensions
17 83 was first published by McCarthy and Degueldre¹⁴ and tested for a series of particles
18 84 in aqueous suspensions. More recently, spICP-MS has been described as a tool for
19 85 the determination of NPs¹⁵ and various applications have been described: Au in bio-
20 86 analytical samples^{16,17}, Pb in airborne particles¹⁸, dissolved and particulate Ag^{19,20,21}.
21 87 Recently, fully validated analytical methods using spICP-MS have been published²²,
22 88 and the suitability of the method has been tested in interlaboratory exercises^{23,24}. In
23 89 spICP-MS, metal or metal oxide based NPs in a sample are introduced into the ICP-
24 90 MS producing a plume of metal ions in the plasma torch. This plume is detected as a
25 91 signal pulse in the mass spectrometer and allows the determination of the NP
26 92 concentration in the sample as well as the mass of the metal in the individually
27 93 detected NPs. Based on the particle mass, composition, density and an assumed
28 94 particle shape, the particle size can be estimated. Adequate time resolution and a
29 95 low particle concentration are required to ensure that each signal pulse originates
30 96 from one particle only, hence the name "single particle" ICP-MS. As a consequence,
31 97 samples generally have to be diluted to reach a particle number concentration that is
32 98 low enough to ensure that the probability of detecting two or more particles
33 99 simultaneously can be neglected. Since sample dilution also results in a dilution of
34 100 the matrix, matrix interferences are minimized which is a fast and easy alternative for
35 101 the often more complex sample preparation techniques and therefore is spICP-MS
36 102 an interesting technique for screening of metal- and metal oxide based NPs in
37 103 complex matrices²⁵.
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39 104 This paper describes the suitability of spICP-MS for routine analysis, including
40 105 adequate and simple sample preparation methods, performance characteristics,
41 106 matrix effects, and most importantly, a spreadsheet tailored for the processing of
42 107 spICP-MS data. In principle, data from each type and brand of ICP-MS can be
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3 108 imported in the spreadsheet that allows for calculation of particle size, particle size
4 109 distribution and the mass- and number-based particle concentration. Practical
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6 110 applications for the determination of NPs in food, waste water and biological samples
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8 111 originating from *in-vitro* and *in-vivo* experiments are shown.

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114 **2. Experimental section**

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116 **2.1 Materials and chemicals**

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118 spICP-MS was tested and validated using the NIST reference materials RM8011, -
119 8012 and -8013, citrate stabilized Au NPs with nominal diameters of 10 nm, 30 nm
120 and 60 nm in aqueous suspension at a mass concentration of 0.005%. Ag NPs with
121 particle diameters of 20, 30, 60 and 110 nm were acquired from NanoComposix (San
122 Diego, USA), and consisted of an aqueous suspension in 2 mM sodium phosphate
123 buffer with a mass concentration of 0.1%. For an *in-vivo* experiment Ag NPs with a
124 diameter <20 nm (NM-300K) were obtained from the JRC (Italy). TiO₂ NPs of 25, 40
125 and 180 nm were purchased from NanoComposix (San Diego, USA) and consisted
126 of a fine white powder. Another powdered TiO₂ nanomaterial with diameter <100 nm
127 was purchased from Sigma Aldrich (Wisconsin, USA). Aqueous suspensions of these
128 TiO₂ NPs were prepared by sonication of a suspension of 8 mg powder in 2 mL water
129 three times 20 minutes prior to further dilution. Suspensions of SiO₂ NPs with
130 diameters of 100 nm to 10 µm were a kind gift of F. von der Kammer, University of
131 Vienna, Austria. Diluted suspensions of all NPs were prepared in MilliQ water after
132 sonication of the NP stock suspensions for 15 minutes.

133 A solution of proteinase K, 822 u/mL, was obtained from Fermentas (Fisher
134 Scientific, Landsmeer, The Netherlands). Triton X-100, SDS, NaCl, EDTA, methanol
135 and calcium acetate monohydrate (Ca(CH₃CO₂)₂·H₂O) were obtained from Sigma-
136 Aldrich (St. Louis, MO, USA), Tris-buffer (hydroxymethyl aminomethane,
137 H₂NC(CH₂OH)₃) was obtained from Merck (Darmstadt, Germany). The digestion
138 buffer was prepared by dissolving 600 mg of Tris-buffer and 90 mg of calcium
139 acetate monohydrate in 200 mL MilliQ water. 5 mL of Triton X-100 was added to the
140 solution and mixed with a magnetic stirrer until completely dissolved. This solution
141 was further diluted with MilliQ water until a final volume of 500 mL. A MilliQ-Plus
142 ultrapure water system from Millipore (Amsterdam, The Netherlands) was used to

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3 143 obtain high purity water used during sample preparation and dilution of standards
4 144 and sample suspensions.
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7 146 **2.2 Instrumentation**

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9 148 **ICP-MS.** Two different types of ICP-MS systems were used in this study, a
10 149 quadrupole based Thermo Scientific X-series 2, and a Thermo Finnigan Element 2, a
11 150 sector field based ICP-MS. Both ICP-MS systems were equipped with a standard
12 151 nebulizer and a quartz impact bead spray chamber. The Thermo Scientific X-series 2
13 152 was operated at a forward power of 1400 W and the gas flows were at the following
14 153 settings; plasma, 13 L/min; nebulizer, 1.1 L/min; auxiliary, 0.7 L/min. The sample flow
15 154 rate to the nebulizer was set at 1.5 mL/min using the integrated peristaltic pump.
16 155 Data acquisition was done using the Thermo PlasmaLab software in the time
17 156 resolved analysis (TRA) mode. The dwell time was set at 3 ms with typical
18 157 acquisition times of 60 s per measurement. Isotopes monitored were the following:
19 158 gold (m/z 197), silver (m/z 107), titanium (m/z 48) and silicon (m/z 28).
20 159

21 160 The Thermo Element 2 was operated at a forward power of 1000 W and the gas
22 161 flows were at the following settings; plasma, 15 L/min; nebulizer, 1.1 L/min; auxiliary,
23 162 1.2 L/min. The sample flow rate to the nebulizer was set at 1.0 mL/min using the
24 163 integrated peristaltic pump. Data acquisition was done using the Thermo Element 2
25 164 software in the time resolved analysis (TRA) mode. For the measurement of gold
26 165 (m/z/ 197) and silver (m/z 109) the spectrometer was used in low resolution mode
27 166 while titanium (m/z 47.78) and silicon (m/z 28.09) were measured in medium
28 167 resolution mode. In both modes the instrument measures not one mass but a range
29 168 of slightly differing masses closely around the monitored isotope and two different
30 169 masses (typically 0.01 amu apart) have to be monitored as a minimum. Measuring a
31 170 single mass as with quadrupole instruments is not possible. In this study typically 3
32 171 masses are measured, the monitored isotope and one mass left and one mass right
33 172 from the monitored isotope. The dwell time was set at 2 ms which means that the
34 173 instrument measures 2 ms for each mass, i.e. 3x2 ms for each data point.
35 174

36 175 The nebulization efficiency was determined by the analyses of NIST material
37 176 RM8013 at a concentration of 50 ng/L under the same instrumental conditions as the
38 177 samples, monitoring m/z 197 for gold. The nebulization efficiency was calculated
39 178 from the observed number of particles in the time scan and the particle flux into the
40 179 ICP-MS system. This, and other methods are described by Pace et al.¹⁵. Mass
41 180 calibration curves were determined by the measurement of ionic standard solutions
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3 179 of the respective elements. Data were exported as csv files to be processed by the
4 180 developed data evaluation tool in Microsoft Excel.
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7 182 **Data evaluation tool.** Data evaluation is carried out using a dedicated spreadsheet,
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9 183 the Single Particle Calculation spreadsheet that was developed in house. The SPC
10 184 spreadsheet consists of two worksheets, a calibration worksheet and a sample
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12 185 calculation worksheet. For each series of measurement the data of the particle
13 186 standard (RM8013) in that sample series is entered in this worksheet to calculate the
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15 187 nebulization efficiency η_n . The response factor of an ionic analyte standard, RF_{ION} , of
16 188 the element to be measured is also entered in this worksheet. The required data are
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18 189 automatically copied to the sample worksheets for calculation of particle sizes and
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20 190 concentrations in sample extracts. Further description of the spreadsheet and it's use
21 191 can be found in the Result section. The SPC spreadsheet and a procedure for
22 192 performing spICP-MS measurements including the SPC spreadsheet can be
23 193 downloaded from the RIKILT website: [http://www.wageningenur.nl/en/Expertise-](http://www.wageningenur.nl/en/Expertise-Services/Research-Institutes/rikilt/Software-and-downloads.htm)
24 194 [Services/Research-Institutes/rikilt/Software-and-downloads.htm](http://www.wageningenur.nl/en/Expertise-Services/Research-Institutes/rikilt/Software-and-downloads.htm).
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29 196 **2.3 Samples and sample processing**

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31 197
32 198 Generally, aqueous samples containing NPs were sonicated for 10 min with a
33 199 Misonix XL-2000 sonicator equipped with a CML-4 needle probe at 22.5 KHz and 4
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35 200 W power.

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37 201 *Food:* Samples of chicken meat fortified with silver NP were obtained from the EC
38 202 Joint Research Centre – Institute of Reference Materials and Measurements. These
39 203 samples were prepared as reference materials in the framework of the NanoLyse
40 204 project and were doped with 0.1 and 0.5 g/kg, respectively, of 60 nm Ag NP. Details
41 205 of the preparation are reported elsewhere²⁶. Enzymatic digestion of the sample was
42 206 carried out in two steps. First, 4 mL of the digestion buffer (10 mM Tris buffer, 1%
43 207 Triton x-100 and 1 mM calcium acetate at pH 9.5) was added to the sample in a 10
44 208 mL PE tube, the sample was vigorously vortexed for 1 min and tip sonicated at 4 W
45 209 power for 5 min. During sonication the sample tube was placed in an ice bath to
46 210 avoid an increase of the sample temperature. Second, 25 μ L of a proteinase K
47 211 solution was added and the tube was incubated for 3 hrs at 35°C. After cooling to
48 212 room temperature the digest was diluted with MilliQ water and measured using
49 213 spICP-MS.
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3 214 *Waste water*: Waste water samples containing Ag NPs were supplied by Alterra
4 215 Wageningen UR. The sample was sonicated for 10 minutes and diluted in MilliQ
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6 216 water.

7 217 *Culture media*: Samples of the apical and basolateral pole of a monolayer of intestine
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9 218 cells after 24 hours exposure to TiO₂ NPs in a translocation experiment were used.
10 219 The samples were sonicated for 10 min prior to dilution in MilliQ water and analysis
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12 220 with spICP-MS.

13 221 *Biological tissues*: Rat liver samples of an oral exposure study with Ag NPs were
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15 222 used. A 200 mg subsample of the liver was collected, cut into small pieces and mixed
16 223 with 2 mL of the digestion buffer (10 mM Tris buffer, 1% Triton x-100 and 1 mM
17
18 224 calcium acetate at pH 9.5). 25 µL of proteinase K solution was added and the tube
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20 225 was incubated for 16 hrs at 55°C for enzymatic sample digestion. After cooling to
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22 226 room temperature the digest was diluted with MilliQ water and measured using
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24 227 spICP-MS.
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26 229 **2.4 Determination of performance characteristics**

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29 231 The size detection limits (LOD_{SIZE}) in spICP-MS were estimated by plotting the signal
30 232 intensity I_p as a function of the diameter to the 3th power (d^3) and verified by the
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32 233 measurement of suspensions of particles of the respective diameters, thus
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34 234 accounting for background level effects. The concentration detection limit (LOD_{CONC})
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36 235 is given by the number of particles in a sample that can significantly be distinguished
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38 236 from the number of particles in a blank sample. The LOD_{CONC} was therefore
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40 237 determined by the measurement of blank samples (before and between actual
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42 238 sample series) as number of particles in blank + 3 x SD (and subsequently
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44 239 transformed to particle and mass concentrations). The dynamic range was
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46 240 determined by measuring suspensions of one particle size at increasing particle
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48 241 concentrations and expressed as the linear range (correlation coefficient) of the
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50 242 resulting calibration curves. Similarly, the upper particle size limit was determined by
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52 243 the measurement of suspensions of particles of increasing size. The precision was
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54 244 determined by replicate analysis (n=6) of standard dispersions in water. Accuracy
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56 245 was determined by replicate analysis (n=6) of NIST reference materials RM8011, -
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58 246 8012 and -8013. Robustness against different components that were expected in the
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60 247 target matrices was evaluated by the determination of the particle concentration and
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249 particle size of 60 nm Au, 60 nm Ag and <100 nm TiO₂ NPs in water containing the
following matrix components at three concentration levels: sodium dodecyl sulphate

(SDS: 1 to 10 mM), methanol (MeOH: 0.05 to 1%), sodium chloride (NaCl: 0.5 to 2 g/L), liver digest (LD: 0.002% to 0.05%) and Dulbecco modified Eagle's minimal essential medium (DMEM: 0.002 to 0.05%).

3. Results and discussion

3.1 Data evaluation

The single particle calculation (SPC) spreadsheet has been thoroughly evaluated in several series of research and routine samples, in two international workshops, as well as in an interlaboratory method performance study²⁷. Upon import of measurement data for calibration and unknown samples and entering information on material and instrument parameters the tool provides particle sizes, concentrations and particle size distribution, both numerically and graphically. In figure 1 the output of the tool is demonstrated in a screenshot of a typical application. The data tool allows the rapid evaluation of measurement data from individual samples which is a pre-requisite for the application of spICP-MS in routine analysis.

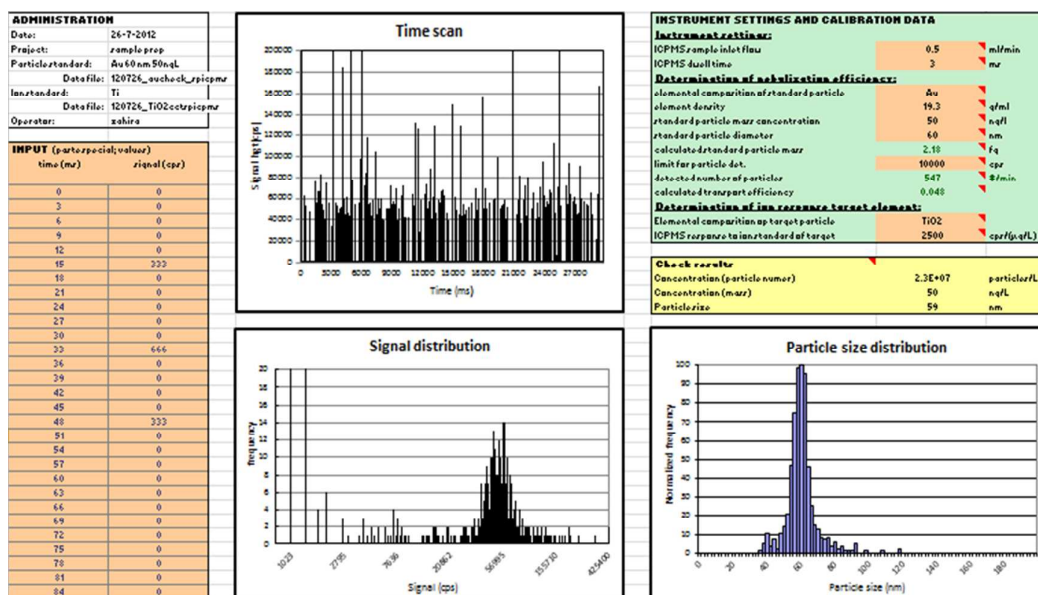


Figure 1: Screenshot of the calibration worksheet of the Single Particle Calculator spreadsheet showing the results for a 60 nm Au particle standard.

The SPC spreadsheet contains two worksheets, a calibration worksheet and a sample calculation worksheet. For each series of measurements one calibration worksheet is filled out and the parameters that are required are the nebulization

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3 275 efficiency η_n and the response factor of an ionic analyte standard RF_{ION} . The
4 276 nebulization efficiency is crucial for correct particle number determination and is
5 277 determined by analyzing a diluted nanoparticle suspension. In principle any well
6 278 characterized nanoparticle suspension can be used for this purpose and the data
7 279 (chemical composition, particle size and mass concentration in the diluted standard
8 280 suspension) have to be entered in the calibration worksheet. The suspension is then
9 281 analyzed and the measurement data (Excel format or CSV) are imported in the
10 282 calibration worksheet and η_n is calculated as:
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$$16 \quad 284 \quad \eta_n = \frac{N_p}{C_p} \times \frac{1000}{V}$$

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19 285
20 286 Where η_n = nebulization efficiency; N_p = number of particles detected in the time
21 287 scan (min^{-1}); C_p = particle number concentration (L^{-1}); V = sample input flow (mL/min).
22 288 Alternatively, η_n can also be determined by a waste collection method which is also
23 289 described in the standard operating procedure that can be downloaded with the SPC-
24 290 spreadsheet. In practice, using a nanoparticle suspension (in this study RM8013) gave
25 291 more accurate results. The other parameter needed in the calibration worksheet of the
26 292 SPC-spreadsheet is the response factor of an ionic analyte standard, RF_{ION} , needed to
27 293 calculate the mass of the individual particle's detected in a sample. Typically, a
28 294 minimum of three different ionic concentrations are analysed to determine an average
29 295 response factor and establish linearity of RF_{ION} . The average RF_{ION} is entered in the
30 296 calibration sheet of the SPC-spreadsheet expressed in counts per second (CPS) per
31 297 concentration unit ($\mu\text{g/L}$).
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40 298
41 299 After importing the measurement data in the sample calculation worksheet a detection
42 300 threshold value has to be entered to differentiate particles from the background.
43 301 Specific cut-off criteria have been published and applied by other authors including
44 302 criteria using 3 or 4 times the standard deviation of the recorded data, repeated outlier
45 303 tests and transferring the data into a signal distribution graph^{15,19}. In the latter method,
46 304 the minimum in the signal distribution separates the background and ions (left side of
47 305 the minimum) from the particles (right side of the minimum) and this method has been
48 306 used in the SPC tool. The ICP-MS response separating particles from the background
49 307 is found as the minimum in the signal distribution graph, the lower left graph in figure 1.
50 308 This minimum is visually determined and entered in the sample calculation worksheet
51 309 as the "limit for particle detection". The other required information is extracted from the
52 310 calibration worksheet and the number of particles in the sample is calculated as:
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$$C_p = \frac{N_p}{\eta_n} \times \frac{1000}{V}$$

313

314 Where C_p = particle number concentration (L^{-1}); N_p = number of particles detected in
315 the time scan (min^{-1}); η_n = nebulization efficiency; V = sample input flow (mL/min).

316 The mass of the individual particles in the sample is calculated as:

317

$$m_p = \frac{I_p t_d}{RF_{ion}} \times \frac{V \eta_n}{60} \times \frac{M_p}{M_a}$$

319

320 Where m_p = particle mass (ng); I_p = particle signal intensity in the sample (cps);
321 RF_{ion} = ICP-MS response for ion standard (cps/ $\mu g/L$); t_d = dwell time (s); V = sample
322 flow (mL/min); η_n = nebulization efficiency; M_p = molar mass nanoparticle material;
323 M_a = molar mass analyte measured. The particle size, expressed as the particle's
324 diameter, and assuming a spherical particle shape, is calculated as follows:

325

$$d_p = \sqrt[3]{\frac{6 m_p}{\pi \rho_p}} \times 10^4$$

327

328 Where: d_p = particle diameter in the sample (nm); m_p = particle mass (ng); ρ_p =
329 particle density (g/mL). From the results for the individual particles, the mean particle
330 diameter and the size distribution of the particles in the sample is calculated and
331 graphically presented. To calculate the total particle mass concentration in the
332 sample the masses of all individual particles are summed:

$$C_m = \frac{\sum m_p}{\eta_n \times V \times 1000}$$

334

335 Where C_m = particle mass concentration (ng/L); m_p = particle mass (ng); η_n =
336 nebulization efficiency; V = sample flow (mL/min).

337

338 3.2 Method performance

339

340 The performance of the spICP-MS method on the quadrupole ICP-MS system was
341 evaluated for four different types of particles, Au, Ag, TiO_2 and SiO_2 particles,
342 according to the procedure described in the Experimental section. The investigated
343 parameters include the limit of detection for particle size as well as for particle

344 concentration, the dynamic range, the precision and accuracy as well as the
345 robustness. An overview of the results is given in table 1.

346

347 *Table 1. Performance characteristics of spICP-MS method on a quadrupole and*
348 *sector-field (LOD_{SIZE} only) ICP-MS instrument for four types of nanoparticles.*

Particle type	Au	Ag	TiO ₂	SiO ₂
Linear size range tested	10-60 nm	20-110 nm	100-1000 nm	100-2500 nm
LOD_{SIZE} quadrupole instr.	20 nm	20 nm	50 nm	200 nm
LOD_{SIZE} sector-field instr.	10 nm	10 nm	20 nm	200 nm
LOD_{CONC}	1 ng/L (60 nm NP)	5 ng/L (60 nm NP)	50 ng/L (150 nm NP)	100 ng/L (500 nm NP)
Linear conc. range (cc >0.99)	10-1000 ng/L (60 nm NP)	5-500 ng/L (60 nm NP)	50-5000 ng/L (150 nm NP)	100-10000 ng/L (500 nm NP)
Precision mass conc. (n=6)	3% (60 nm NP at 50 ng/L)	5% (60 nm NP at 50 ng/L)	8% (100 nm NP at 500 ng/L)	5% (500 nm NP at 1000 ng/L)
Precision particle size (n=6)	3% (60 nm NP)	2% (60 nm NP)	2% (150 nm NP)	1% (500 nm NP)

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351 Additional experiments were carried out with high-resolution sector field ICP-MS.
352 These were carried out to see whether the same method and data processing also
353 work for a different type of ICP-MS and whether smaller particles compared to
354 measurement with a quadrupole ICP-MS. Results will be discussed in the following
355 sections.

356

357 **LOD_{SIZE} .** The smallest nanoparticle that can be detected using spICP-MS is
358 determined by the sensitivity of the ICP-MS system and the ability to differentiate
359 particle signals from background noise. According to the equations in the previous
360 section this can be found by plotting the particle signal intensity I_p as a function of the
361 diameter to the 3th power (d^3). This method, that was proposed by Laborda et al.,
362 describes the minimum particle size is the point where the extrapolated particles
363 signal intensity equals the background plus 3 times the standard deviation¹⁹. For Au
364 NPs measured at a m/z 197, background noise is limited (and in case of the sector-
365 field instrument virtually absent) allowing the detection of particles as small as 20 nm

with a standard quadrupole ICP-MS. For Ag (measured at m/z 107) the background noise in blanks is higher and analyses of a series of 20, 30, 60 and 110 nm Ag NPs indicates that 20 nm is the smallest Ag NP that can be detected. This result was confirmed by the interlaboratory exercise where most laboratories were able to correctly size a 40 nm Ag particle in water, but only a few were able to size a 20 nm Ag particle. Recently, Lee et al. described a method to estimate the LOD_{SIZE} and applied it to nanoparticles composed of 40 different elements²⁸. Using a sector field ICP-MS even smaller nanoparticles can be measured and figure 2 shows the time scan and size distribution of a 10 nm gold particle (RM8011). That smaller sized particles can be measured with a sector-field instrument results from lower background signals and the instrument geometry. In a quadrupole the ion has to travel a complicated path to reach the detector while this path in a sector-field instrument is much more direct. As a result the ion transmission in a sector-field instrument is about 10 times higher than in a quadrupole instrument which translates into a factor of about 2 in size.

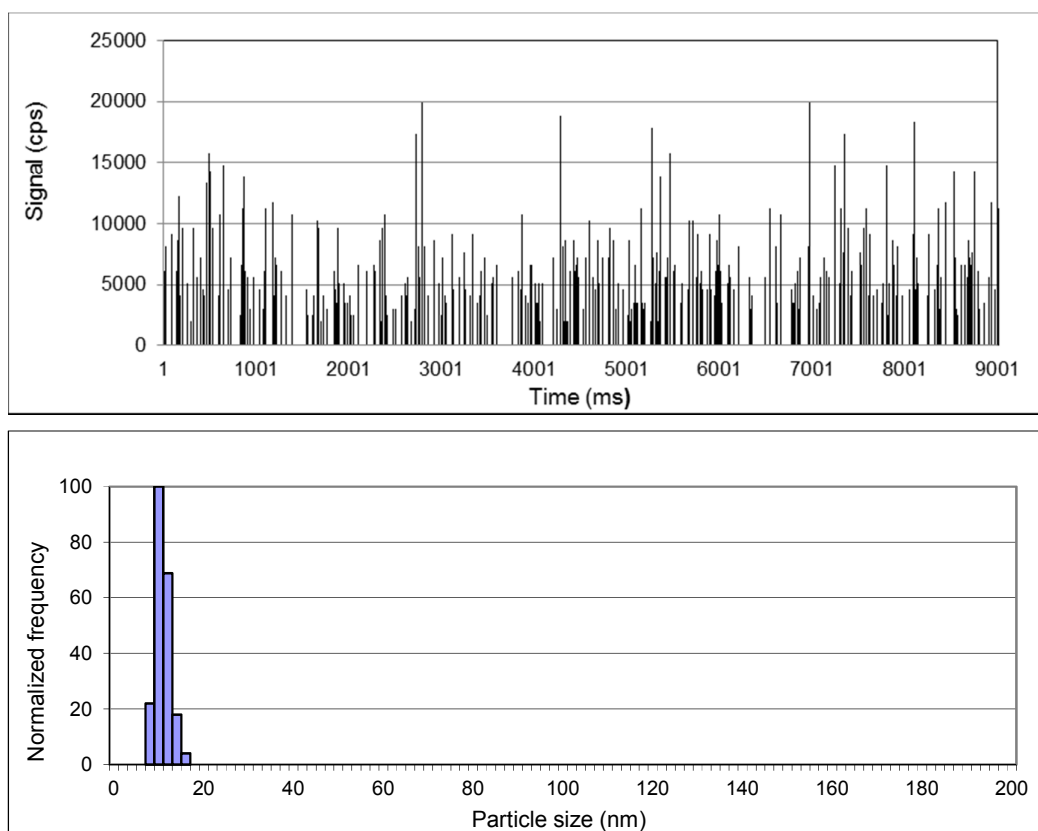


Figure 2. Time scan (top) and size distribution (bottom) of a 10 nm gold particle in MilliQ water at a mass concentration of 200 pg/L measured in single particle mode

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3 386 *using a sector-field instrument and a dwell time of 2 ms. Calculated modal particle*
4 387 *size is 9.5 nm.*

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7 389 NM300, a reference material containing silver particles with a size around 16 nm is
8
9 390 often used in exposure studies. However, a standard quadrupole instrument has a
10
11 391 LOD_{SIZE} of 20 nm and will show only a small fraction of the Ag particles or aggregates
12 392 with sizes >20 nm. The sector-field instrument was able detect and size the particles
13 393 around 16 nm correctly. NM300 also contains a fraction of even smaller silver
14 394 particles, size around 5 nm, which could not be detected even using the sector-field
15 395 instrument. This is to be expected since a 5 nm silver particle contains only about
16 396 4000 atoms and taking into account the ionization and transmission efficiency in the
17 397 sector-field instrument (about $5 \cdot 10^{-4}$) this means that only 1-2 ions will reach the
18 398 detector, well in the range of instrument noise. In principle the ion transmission in a
19 399 time-of-flight mass spectrometer is expected to be best, however, these are not very
20 400 common and in a recent publication Borovinskaja et al. reported LOD_{SIZE} values for
21 401 silver, gold and uranium that are larger than those for quadrupole ICP-MS systems²⁹.

22 402
23
24 403 For TiO₂ NPs which are measured at a relatively low mass (m/z 48), the background
25 404 is higher and the LOD_{SIZE} is 50 nm for a quadrupole instrument. For silica measuring
26 405 at m/z 28 the situation is even worse and the LOD_{SIZE} was found to be about 200 nm.
27 406 The high background levels at m/z 28 arise from silica emissions from the quartz
28 407 materials in the ICP-MS, as well as isobaric interferences from ¹⁴N₂ and ¹²C¹⁶O if
29 408 samples with high carbon content are being processed. Replacing the nebulizer and
30 409 the quartz spray chamber by quartz free materials and by using a reaction cell to
31 410 remove bi-atomic ions does improve the background as does using a higher
32 411 resolution with the sector-field instrument. In the latter case the isobaric interferences
33 412 can be separated from the Si signals based on mass, however, an LOD_{SIZE} <100 nm
34 413 could not be obtained. On the other hand, Aureli et al. showed that by replacing the
35 414 quartz plasma torch tube by a ceramic type and by using a reaction cell with methane
36 415 as the reaction gas, SiO₂ particles smaller than 100 nm can be measured³⁰.

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39 417 **LOD_{CONC}**. Since the concentration is related to the number of signal pulses that are
40 418 observed, this detection limit is related to the number of signal pulses in the blank
41 419 and the total acquisition time. In the absence of nanoparticle contaminations and
42 420 memory effects, the detection limit for a typical counting process as spICP-MS is 3
43 421 pulses during the total acquisition time³¹. Based on the experimental settings and a
44 422 nebulization efficiency of 2%, LOD_{CONC} is 100 particles/mL corresponding to a mass

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3 423 concentration of about 0.2 ng/L for 60 nm Au NPs. However, in practice this is not
4 424 realistic since blanks will be affected by memory effects and the wash-out time of
5 425 NPs adsorbed in the ICP-MS sampling system. Using a good quality MilliQ water we
6 426 observed 5 ± 5 particles/min in blank samples positioned in between 60 nm Au NPs
7 427 standards resulting in an actual LOD_{CONC} of 1 ng/L. For SiO_2 and TiO_2 NPs the
8 428 number of signal pulses observed in blank samples was comparable, 10 ± 3 and $4 \pm$
9 429 4 respectively. For Ag NPs the number of signal pulses in blank samples was
10 430 substantially higher, 26 ± 23 , especially in blanks positioned in between Ag NP
11 431 standards indicating adsorption effects in the sampling system of the ICP-MS. The
12 432 LOD_{CONC} values for the different NPs are given in table 1. Please note that the
13 433 LOD_{CONC} values for TiO_2 and SiO_2 expressed as a mass concentration are 1 to 2
14 434 orders of magnitude higher than those for Au and Ag which is a consequence of the
15 435 larger particle sizes. If the LOD_{CONC} values are expressed as a particle concentration,
16 436 the LOD_{CONC} values for all NPs are comparable.
17 437

18 438 **Concentration dynamic range.** The concentration dynamic range is limited by the
19 439 single particle definition, i.e. the need to avoid multiple particles in each event. Since
20 440 particles arrive independently of one another, Poisson statistics can be used to
21 441 estimate the probability of one or multiple nanoparticles arriving to the plasma during
22 442 one dwell time period and being detected as one particle. Laborda et al. calculated
23 443 probabilities for such events to occur and discussed the selection of a critical
24 444 nanoparticle number concentration to minimize the occurrence of multiple
25 445 nanoparticle events³². In practice, if the number of multiple nanoparticle events
26 446 becomes significant, deviation from linearity will be observed as the particle
27 447 concentration increases. Linear concentration ranges were determined for all four
28 448 types of NPs using this setting. The calibration curve of 60 nm Au NPs was linear
29 449 from 10 up to 1000 ng/L which resulted in ~ 95 signal pulses s^{-1} . The calibration curve
30 450 for 60 nm silver particles is very similar, showing linearity up to ~ 100 signal pulses s^{-1}
31 451 and for silver NPs the calibration curve was linear from 5 to 500 ng/L (as expected
32 452 since the density of Au is twice that of Ag, resulting in identical particle numbers). For
33 453 the TiO_2 and SiO_2 calibration curves particle with sizes of ~ 140 and 500 nm were
34 454 used and linear concentration ranges were 0.05 to 5 $\mu\text{g/L}$ for TiO_2 and 0.1 to 10 $\mu\text{g/L}$
35 455 for SiO_2 (see table 1).
36 456

37 457 **Size dynamic range.** Apart from the maximum number of particles, it is also
38 458 important to know what the maximum particle size can be since the vaporization of
39 459 large particles during flight in the plasma may be partial only. For Au, Ag and TiO_2
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3 460 NPs, the response factors for the different sized particles were all equal, indicating
4 461 that they were all completely vaporized. This however, was not the case for silica.
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6 462 While particles in the range of 500-2000 nm gave the same response factor, a 5000
7 463 nm particle gave a lower response factor. Based on the signal intensity a particle size
8 464 of ~2500 nm is found for the 5000 nm particle. Degueldre et al. have evaluated this
9 465 problem by calculating the vaporization time for UO_2 particles as a function of particle
10 466 size³³. Assuming a residence time of the particle in the plasma of 10^{-4} s their
11 467 calculations indicate that the upper particle size would be ~2000 nm. Aeschliman et
12 468 al. used high-speed digital photography to study the vaporization of micrometer sized
13 469 Y_2O_3 particles and reported that these were completely vaporized³⁴. Carcia et al.
14 470 studied ICP particle vaporization of SiO_2 particles by measuring the intensities of
15 471 silicon emission lines with different excitation energies. Their measurements
16 472 indicated that SiO_2 particles up to 2000 nm will be vaporized completely in the ICP
17 473 plasma³⁵. Therefore it seems safe to adopt a maximum particle size for SiO_2 of 1000
18 474 nm, although it should be kept in mind that micro sized particles may produce a
19 475 signal intensity outside the linear range of the detector.
20 476

21 477 **Precision.** The precision was determined by replicate analysis (n=6) of standards in
22 478 MilliQ water with an acquisition time of 60 s and is presented in table 1. For 60 nm Au
23 479 NPs at a mass concentration of 50 ng/L the precision expressed as the relative
24 480 standard deviation was found to be 3%. For the 60 nm Ag, 100 nm TiO_2 and 500 nm
25 481 SiO_2 NPs, the precision of the concentration was 5%, 8% and 5%, respectively. The
26 482 precision for the size determination, i.e. the height of the signal pulses is also
27 483 determined as the standard deviation in replicate analysis (n=6) of standards in MilliQ
28 484 water and ranged from 1% for the larger SiO_2 particles to 3% for the 60 nm Au NPs
29 485 (see table 1).
30 486

31 487 **Accuracy.** In spICP-MS, particle size determination relies on a number of
32 488 assumptions. The primary measured particle property is the signal intensity from
33 489 which the particle mass is calculated using standard curves prepared from ion
34 490 standards. Based on assumptions on stoichiometry, density and shape the particle
35 491 size is calculated. Therefore, accuracy can only be determined using particles with a
36 492 certified, or well defined particle size. There are only a very limited number of such
37 493 particles available and in this study NIST reference materials RM8011, -8012 and -
38 494 8013 with nominal diameters of 10, 30 and 60 nm are used. For the 10 nm Au NP an
39 495 accurate size of 9.5 ± 1.0 nm was determined using a sector-field ICP-MS instrument
40 496 and calibration based on ion standards. In the same way the accurate sizes of the 30

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3 497 and 60 nm Au NP were determined as 28.2 ± 1.4 and 56.1 ± 2.8 nm using a
4 498 quadrupole ICP-MS system and calibration based on ion standards. However,
5 499 calculating accuracy is not possible since the reference values given by NIST depend
6 500 on the measurement method. For the 10 nm Au NP these values range from 8.5 –
7 501 13.5 nm, for the 30 nm Au NP from 24.9 – 28.6, and for the 60 nm Au NP from 53.2 –
8 502 56.6 nm. The sizes as determined with spICP-MS fit within these ranges.
9 503 However, without any a priori knowledge about particle composition and shape no
10 504 conclusions can be drawn about the true particle size. It is for this reason that spICP-
11 505 MS, despite its being easy and fast, remains a screening method. This can be
12 506 improved by combining spICP-MS with size separation techniques like HDC or AF4
13 507 which allows the determination of true particle sizes³⁶. This however, may be limited
14 508 by the dynamic range, and will require further development of data processing
15 509 software.
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24 511 **Robustness.** Although samples often have to be diluted to a large extent to fit into
25 512 the dynamic range of spICP-MS, the sample matrix may still interfere with the
26 513 nebulization because of differences in droplet surface tension and particle surface
27 514 properties. Particles may have become coated with matrix constituents, for instance
28 515 proteins in a biological matrix. If a matrix component changes the nebulization
29 516 efficiency from 2.5% to 2.0%, then a relative decrease in the particle count rate of
30 517 ~20% is expected, i.e. an underestimation of the particle concentration. Matrix
31 518 components may also interfere with the ionization in the ICP-MS plasma which often
32 519 leads to suppression and sometimes enhancement of the analyte signal, resulting in
33 520 an underestimation or overestimation of particle size, respectively. Both effects were
34 521 studied by the determination of the particle concentration and particle size of 60 nm
35 522 Au, 60 nm Ag and <100 nm TiO₂ NPs at three concentration levels in water
36 523 containing the matrix components sodium dodecyl sulphate (SDS: 1 to 10 mM),
37 524 methanol (MeOH: 0.05 to 1%), sodium chloride (NaCl: 0.5 to 2 g/L), liver digest (LD:
38 525 0.002% to 0.05%) and Dulbecco modified Eagle's minimal essential medium (DMEM:
39 526 0.002 to 0.05%). The results for the Au NPs are summarized in figure 3 and
40 527 expressed relative to what is found in pure water. As expected MeOH results in an
41 528 increase of the observed particle concentration since it lowers the sample viscosity,
42 529 thereby increasing the nebulization efficiency. In addition, an increase in the particle
43 530 size is observed at the highest MeOH concentration which may result from a carbon-
44 531 enhancement ionization effect on hard to ionize elements like Au³⁷. SDS and DMEM
45 532 show a similar effect, however since the highest effects were observed at the lowest
46 533 particle concentrations, this effect probably originates from particle stabilization in the
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sample suspensions and decreasing adsorption in the ICP-MS sampling system. This is expected since SDS is a surfactant and DMEM contains proteins and other materials with surfactant-like properties. The presence of a liver extract and NaCl does not seem to have any influence on the particle count during spICP-MS measurement. On the other hand, NaCl is the only matrix component that is of influence on the observed particle size. This originates from ionization suppression in the plasma leading to lower signal intensities and thus smaller particle sizes.

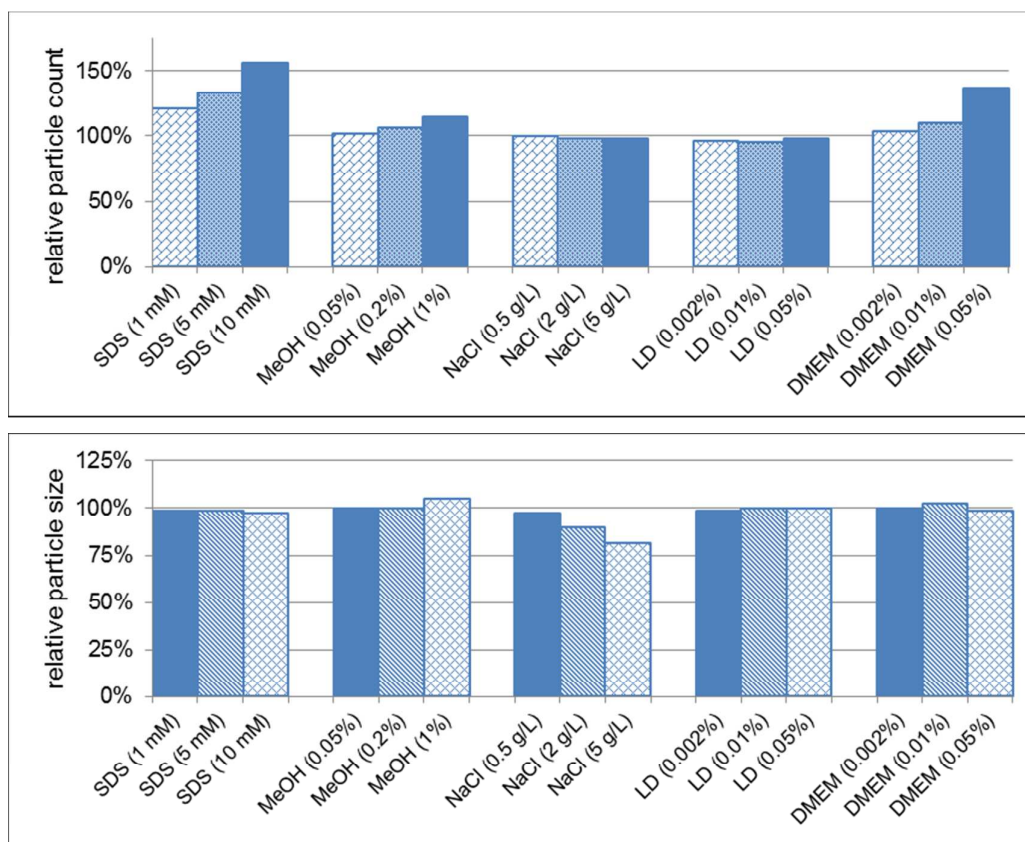


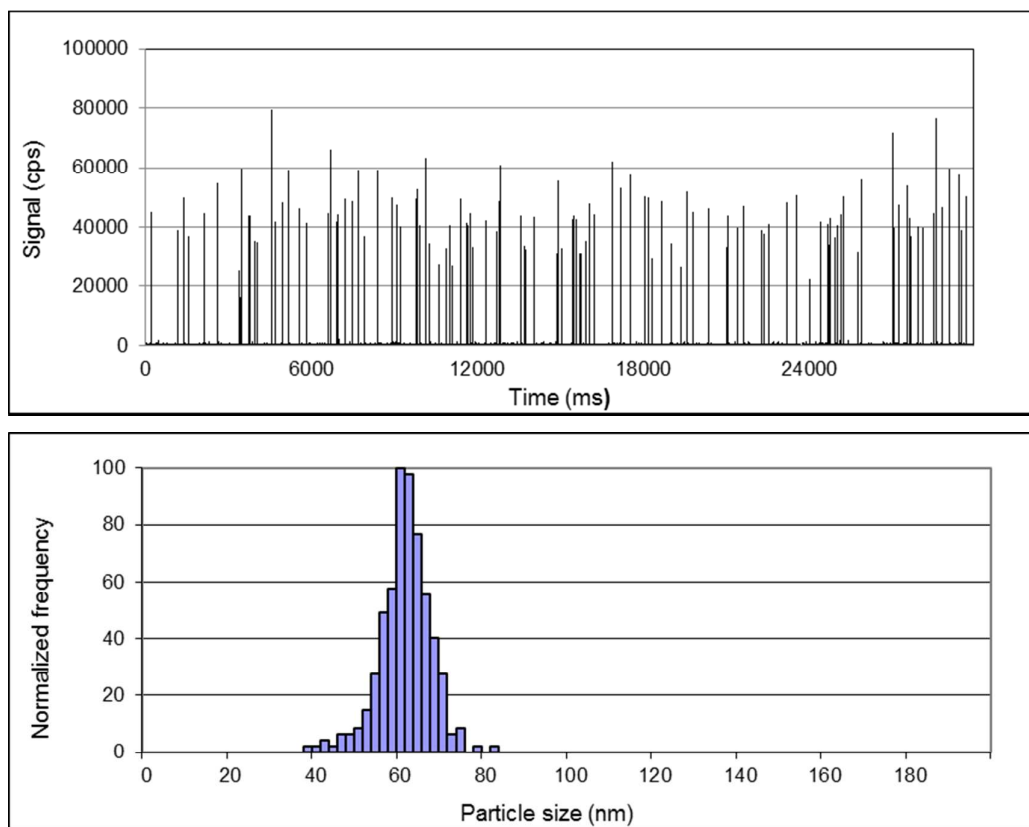
Figure 3. Matrix effects in spICP-MS analysis on the observed particle count (top) and particle size (bottom) of a 60 nm Au NP.

3.3 Applications of spICP-MS in complex samples

Food. Chicken meat samples spiked with silver NP were prepared as reference materials in the frame of the NanoLyse project to mimic migration to food from food contact materials, e.g. cutting boards or food packaging containing Ag NP for antimicrobial activity. Within this study these materials were analyzed by spICP-MS

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3 555 for Ag NP concentrations and stability. After enzymatic digestion and dilution, the
4 556 samples were easily amenable to the developed spICP-MS methods. In freshly
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6 557 spiked blank samples the size distribution was similar to that in the spiking dispersion
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8 558 and the concentration in agreement with the spiked amount (figure 4). Samples that
9 559 had been stored for an extended period showed a decrease in Ag NP concentration
10 560 and a shift of the size distribution to smaller diameters suggesting dissolution and
11 561 possible agglomeration of Ag NPs²². No matrix effect from the chicken samples was
12 562 observed.

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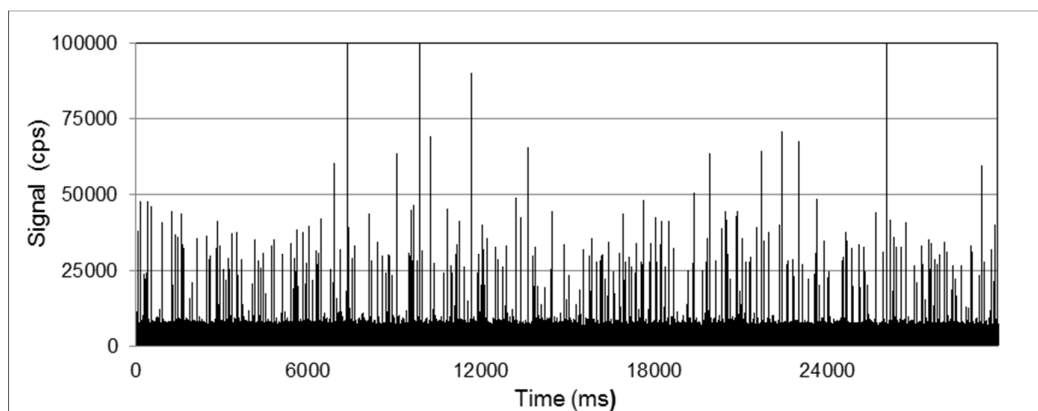


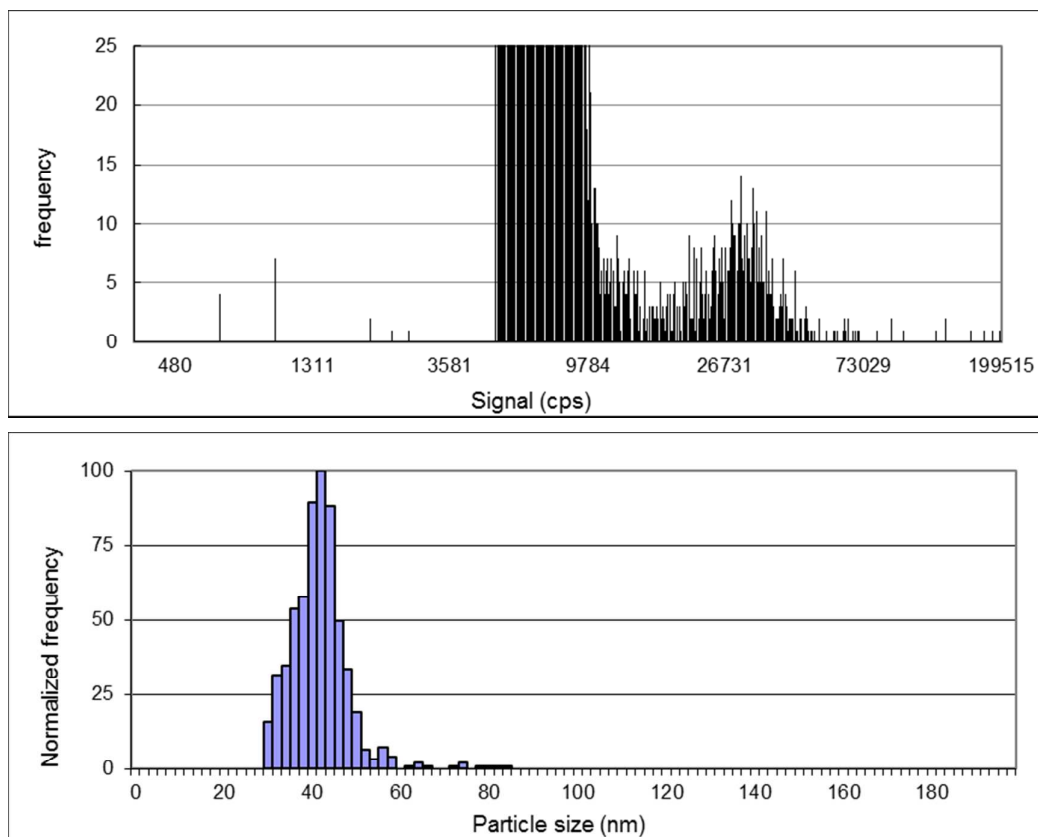
45 567 *Figure 4. Time scan (top) of the spICP-MS analyses of a diluted digest of chicken*
46 568 *meat containing 60 nm silver NP at a mass concentration of 10 mg/kg and the*
47 569 *particle size distribution (bottom) calculated from the time scan showing a modal size*
48 570 *of 62 nm for the silver NP.*

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52 572 **Waste water.** From a risk assessment point of view, solubility is a property of
53 573 importance. If a nanomaterial is soluble then there is no need to consider it as nano
54 574 and thus can be treated in the same way as chemicals. However, discriminating
55 575 between particulate material and free (hydrated) ions or soluble complexes in a

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3 576 sample is not straightforward. Often separation techniques as membrane filtration or
4 577 ultracentrifugation are needed to separate the particulate and dissolved fractions.
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6 578 spICP-MS can be used to differentiate between nanoparticles and free ions of the
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8 579 same element in one sample¹⁹. This is based on the constant signal produced by the
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10 580 dissolved analyte which induces a shift of the continuous background in the time
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12 581 scan to a higher value while maintaining the pulses due to the particles. By plotting
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14 582 the number of readings for each intensity as done in the frequency distribution in the
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16 583 Single Particle Calculation spreadsheet, two distributions are obtained (see figure 5,
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18 584 middle). The first one, at lower intensities, is due to the dissolved analyte, whereas
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20 585 the second one is due to the nanoparticles. The concentration of the dissolved
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22 586 analyte can be calculated directly using the ICP-MS response of the dissolved
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24 587 standard in the calibration worksheet of the calculation spreadsheet. Figure 5 shows
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26 588 the time scan, signal frequency distribution and size distribution of silver
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28 589 nanoparticles in waste water in the presence of dissolved silver. The total silver
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30 590 concentration in the original sample was 500 µg/L. From the spICP-MS data it
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32 591 followed that about 50 µg/L was particulate material with particle sizes around 40 nm
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34 592 while the other 450 µg/L was ionic silver. It should be noted that the increase of the
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36 593 background (and especially the increase of the variance of the background) by
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38 594 dissolved species will negatively affect the smallest particle size that can be
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40 595 detected. In addition, very small particles that are below the LOD_{SIZE} of the spICP-MS
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42 596 method will be undetected and form part of the “dissolved” fraction. Finally, there is a
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44 597 difference between detection limit of nanoparticles and the corresponding dissolved
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46 598 analyte. While the LOD_{CONC} for nanoparticles is in the low ng/L range, the limit of
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48 599 detection for dissolved analytes will generally be in the high ng/L range. As a result,
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50 600 low dissolved analyte concentrations can generally not be measured because of the
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52 601 dilution factor required to observe the particles.
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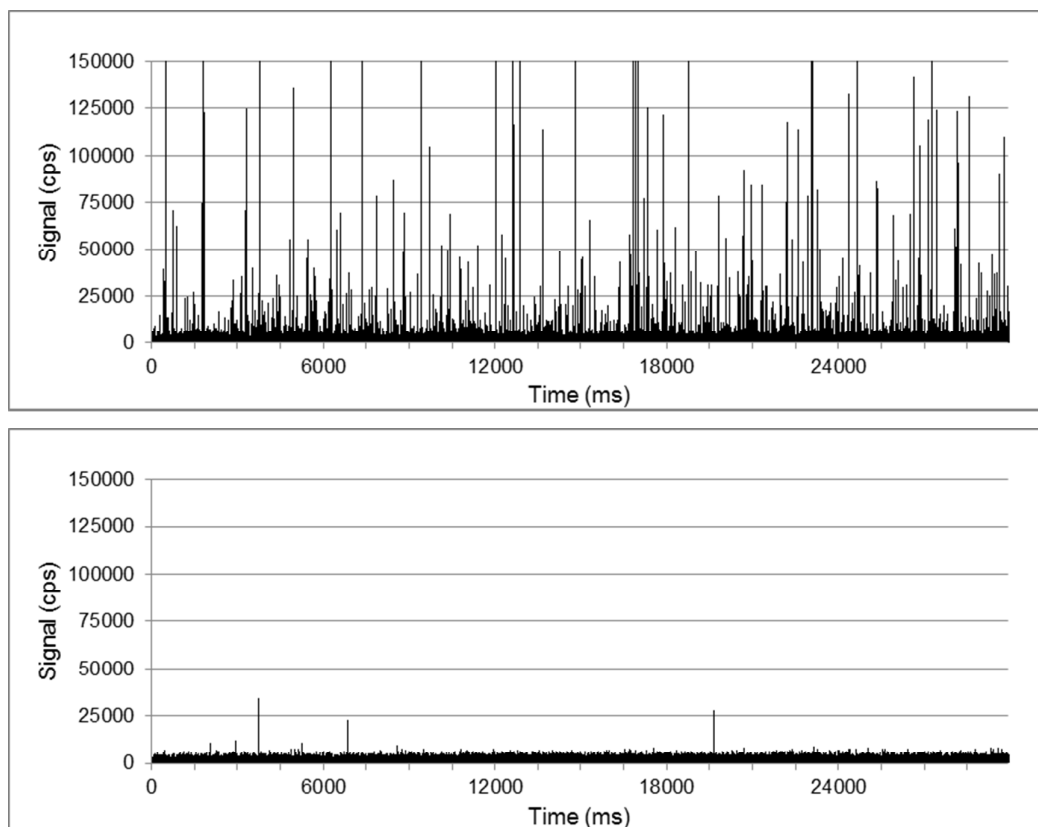
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606 *Figure 5. Time scan (top), signal frequency distribution (middle) and particle size*
607 *distribution (bottom) of Ag NP in a sample of waste water after dilution.*

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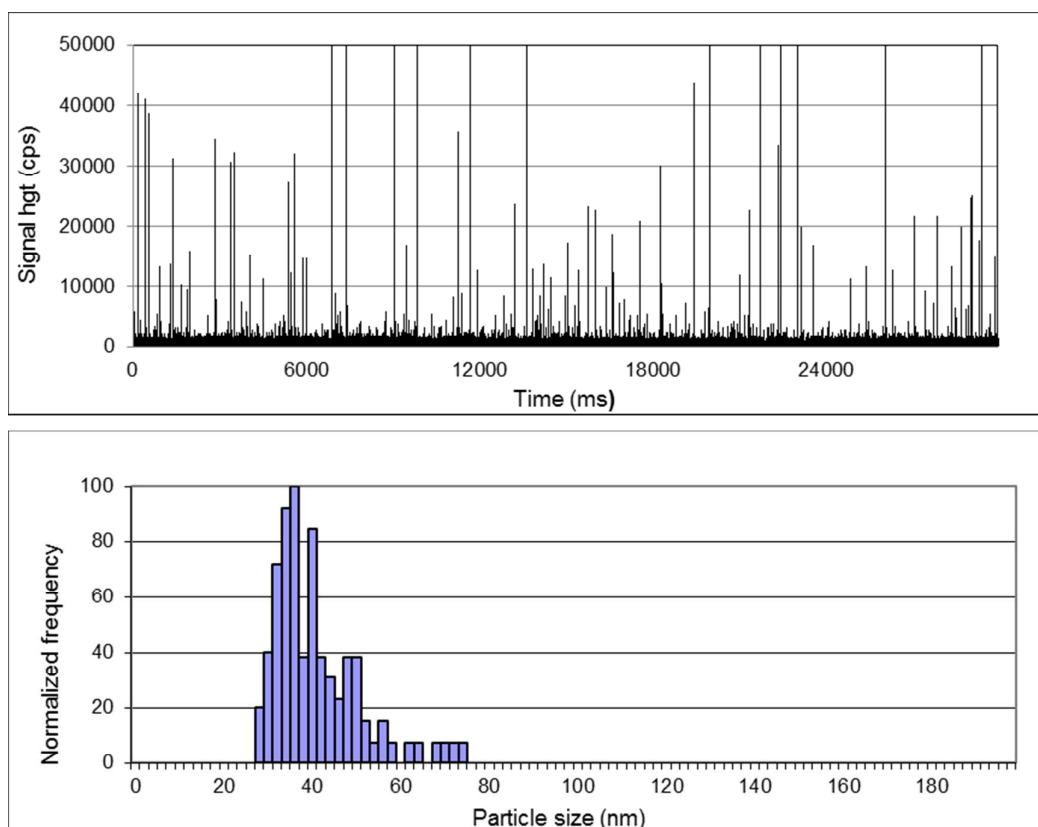
609 **Culture media.** Another interesting area for spICP-MS is the detection of
610 nanoparticles in biological test systems, for instance *in-vitro* (nano) toxicology. Due to
611 the high degree of dilution during sample preparation the influence of salts, organic
612 compounds and biological matrices like DMEM present in cell culture medium are
613 minimized. To illustrate the potential of spICP-MS in these kinds of studies, we show
614 some results from an *in vitro* experiment studying the translocation of TiO₂ across a
615 monolayer of Caco-2 cells. Brun et al studied this translocation using transmission
616 electron microscopy and synchrotron-based micro X-ray fluorescence³⁸. Figure 6
617 show time scans of samples collected from the apical and basolateral pole of these
618 cells collected 24 hours after addition of the NPs. Sample preparation consisted of
619 collection of a subsample, sonication and dilution. Figure 6 (top) shows the presence
620 of a high particle concentration of TiO₂ NPs in the sample from the apical pole while
621 figure 6 (bottom) shows only a few signal pulses in the sample collected from the
622 basolateral pole, indicating that translocation of the TiO₂ NPs appears to be minimal.
623 In fact, the number of signal pulses was not significantly different from blank control
624 samples in the experiment and in that case the translocation was quantified by

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3 625 considering the number of signal pulses plus three times the standard deviation in
4 626 the number of signal pulses in blank samples as the detection limit, LOD_{CONC} . In this
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6 627 experiment LOD_{CONC} was 15 signal pulses while the number of signal pulses in the
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8 628 apical sample during the acquisition time was ~ 1000 indicating that translocation, if
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10 629 any, is smaller than 2%.
11 630



44 636 **Biological tissues.** At present, little is known about the kinetics and bioavailability of
45 637 nanoparticles after oral exposure. The difficulty here is that many toxicological
46 638 studies with NPs are severely hindered by the poor availability of analytical methods
47 639 that can quantify NPs in tissues³⁹. To show the applicability of spICP-MS analysis for
48 640 the detection of NPs in tissues we analyzed liver samples of rats exposed to Ag
49 641 NPs⁴⁰. A subsample was collected from the liver samples, enzymatically digested,
50 642 and the digest diluted and measured using spICP-MS. The raw data, in the form of
51 643 the time scan in figure 7, immediately indicates the presence of nanoparticles
52 644 containing silver and further calculation showed that these had a modal size of 38 nm
53 645 with a few particles having sizes over 100 nm. These are likely aggregates because

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3 646 the NM300 materials the rats were exposed to have a particle size around 16 nm.
4 647 Interestingly, low concentrations of these particles were also found in the liver of
5 648 animals that were exposed to AgNO_3 , while no particles were found in the liver of
6 649 non-exposed animals. Although further research is required to elucidate the kinetics
7 650 of NPs after oral exposure, spICP-MS proved to be a sensitive tool for detection and
8 651 characterization of NPs after oral exposure in biological tissues.
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41 655 *Figure 7. Time scan (top) of the enzymatic digest of a rat liver sample after oral*
42 656 *administration of Ag NPs through the food and drinking water. The size distribution*
43 657 *(bottom), which is skewed to larger particle sizes, indicates a modal particle size of*
44 658 *36 nm.*

659 660 661 **4. Concluding remarks**

662
663 spICP-MS was studied as a screening tool for the detection and characterization of
664 nanoparticles and a data evaluation tool was developed. spICP-MS combined with
665 the Single Particle Calculation tool for data processing is an easy and fast screening
666 technique capable of detecting and characterizing metal and metal oxide NPs at low

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3 667 concentrations in complex samples. The performance characteristics were
4 668 determined for four types of NPs and with two different types of ICP-MS systems.
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6 669 The size detection limits were 20 nm (Au and Ag), 50 nm (TiO₂) and 200 nm (SiO₂)
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8 670 for a quadrupole instrument. A sector-field instrument performed better with size
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10 671 detection limits of 10 nm (Au and Ag), 20 nm (TiO₂) and 200 nm (SiO₂). The main
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12 672 reason for this increased performance is the geometry of the sector-field instrument
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14 673 which allows higher ion transmission. Concentrations detection limits ranged from 1
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16 674 ng/L for 60 nm Au NPs to 0.1 µg/L for 500 nm SiO₂ particles and the dynamic range
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18 675 of spICP-MS is two orders of magnitude, limited by the “single particle” principle. The
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20 676 precision for particle size is <5% while the precision for particle concentration is
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22 677 <10%. The influence of matrix compounds on the accuracy of particle count and size
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24 678 was limited, only soap-like compounds as SDS showed a substantial influence on the
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26 679 particle count. Finally, four applications showed that spICP-MS is an easy and fast
27
28 680 screening technique capable of detecting and characterizing metal and metal oxide
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30 681 NPs in complex samples, generally without extensive sample preparation.
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34 684 **Acknowledgements**

35 685
36 686 This research was commissioned and financed by the Netherlands Ministry of
37
38 687 Economic Affairs and the Netherlands Food and Consumer Product Safety Authority.
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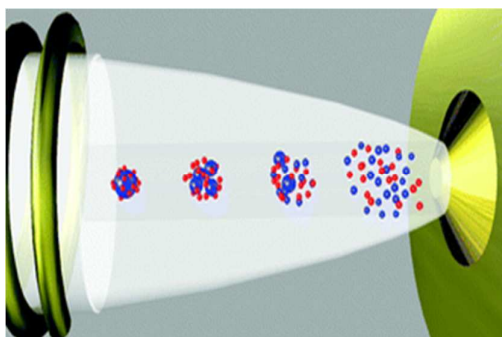
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Single particle ICP-MS as a routine tool for the analysis of nanoparticles in complex matrices

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Graphical and textual abstract for the Table of contents entry



spICP-MS measurement with a powerful data evaluation tool is presented as a fast, cost efficient and easy to use screening tool for metal and metal oxide NPs in complex matrices.

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