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Title: A microfluidic ExoSearch chip for multiplexed exosome detection towards blood-based ovarian cancer diagnosis

A continuous-flow ExoSearch chip was introduced for preparation of enriched, tumor-derived circulating exosomes. Integrated with in situ, multiplexed exosomal marker detection, blood-based diagnosis of ovarian cancer has been demonstrated. It offers an essentially needed platform for utilization of exosomes in clinical cancer diagnosis.

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A microfluidic ExoSearch chip for multiplexed exosome detection towards blood-based ovarian cancer diagnosis†

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Tumor-derived circulating exosomes, enriched with a group of tumor antigens, have been recognized as a promising biomarker source for cancer diagnosis via a less invasive procedure. Quantitatively pinpointing exosome tumor markers is appealing, yet challenging. In this study, we developed a simple microfluidic approach (ExoSearch) which provides enriched preparation of blood plasma exosomes for *in situ*, multiplexed detection using immunomagnetic beads. The ExoSearch chip offers a robust, continuous-flow design for quantitative isolation and release of blood plasma exosomes in a wide range of preparation volumes (10 μ L to 10 mL). We employed the ExoSearch chip for blood-based diagnosis of ovarian cancer by multiplexed measurement of three exosomal tumor markers (CA-125, EpCAM, CD24) using a training set of ovarian cancer patient plasma, which showed significant diagnostic power (a.u.c. = 1.0, p = 0.001) and was comparable with the standard Bradford assay. This work provides an essentially needed platform for utilization of exosomes in clinical cancer diagnosis, as well as fundamental exosome research.

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1. Introduction

Extracellular vesicles, particularly exosomes, have become essential for intercellular communications involved in many pathophysiological conditions, such as cancer progression and metastasis.^{1–6} Exosomes are a distinct population of small microvesicles (50–150 nm) that are released from multivesicular bodies (MVBs) through an endolysosomal pathway, as opposed to other subcellular membrane derived vesicles.^{7,8} Studies have shown that exosomes are abundant in cancer patient blood.^{9–11} Probing of tumor-derived circulating exosomes has been emerging to better aid in non-invasive cancer diagnosis and monitoring of treatment response.¹² However, exosome biogenesis at the molecular level is still not well understood, as well as clinical utilization of exosomes lags, due to current technical challenges in rapid isolation and molecular identification of exosomes.^{8,13}

The most common procedure for purifying exosomes involves a series of high-speed ultracentrifugation steps in order to remove cell debris and pellet exosomes. However, this procedure does not discriminate exosomes from other vesicular structures or large protein aggregates.^{14–16} Moreover, the isolation protocols are extremely tedious, time-consuming (>10 h), and inefficient especially for blood samples, making clinical application difficult.^{17–20} Although physical size is employed to define exosomes, this property has not completely distinguished exosomes as a specific population apart from other vesicles that originate from different cellular locations, such as apoptotic vesicles, exosome-like vesicles, membrane particles, and ectosomes.⁵ Exosomes carry a group of specific proteins, RNAs, and mitochondrial DNA, that represents their cells of origin.^{21,22} The molecular signature of exosomes is essential for defining exosome populations and origins.^{23,24} However, conventional flow cytometry for molecular marker identification is limited by detectable size (>200 nm), thereby excluding the majority of exosomes.²⁵ Standard benchtop ultracentrifugation, western blotting and enzyme-linked immunosorbent assay (ELISA) require lengthy processes and large amounts of purified, concentrated exosomes from blood (~2 mL) or cell culture media (~300 mL).^{15,26}

Herein, we developed a simple and robust microfluidic continuous-flow platform (ExoSearch chip) for rapid exosome isolation streamlined with *in situ*, multiplexed detection of exosomes. Several microfluidic approaches have been previously developed for exosome study,^{27,28} such as isolation,^{29,30} quantification,^{31,32} and molecular profiling.^{33–35} However,

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these platforms require either complicated fabrication or sophisticated sensing methods. We previously developed a microfluidic system for integrated exosome lysis and detection of intravesicular protein markers that exosomes carry.²⁸ However, on-chip isolation and enrichment of exosomes streamlined with multiplexed detection of marker combinations have not been established yet. In addition, the previous approach involves off-chip exosome capture using a small amount of magnetic beads and thus lacks the ability to prepare large-scale enriched exosomes for variable downstream molecular characterizations. Therefore, we developed the ExoSearch chip which combines on-chip continuous-flow mixing and immunomagnetic isolation with an *in situ*, multiplexed exosome immunoassay. Compared to other existing microfluidic methods, the ExoSearch chip possesses distinct features: first, continuous-flow operation affords dynamic scalability in processing sample volumes from microliter for on-chip analysis to millilitre preparation for variable downstream measurements; second, it enables multiplexed quantification of marker combinations in one sample with much improved speed (~40 min); lastly, because of simplicity, cost-effectiveness and robustness, the ExoSearch chip holds the potential to be developed into a viable technology in point-of-care and clinical settings. The one-step exosome assay enabled by the ExoSearch chip has been applied for ovarian cancer diagnosis *via* quantifying a panel of tumor markers from exosomes in a small-volume of blood plasma (20 μL), which showed significant diagnostic accuracy and was comparable with the standard Bradford assay.

2. Experimental

2.1 ExoSearch chip fabrication and operation

The microfluidic chip was fabricated using a 10 : 1 mixture of PDMS base and curing agent over a master wafer, and then bound with a microscope glass slide. The master was the pattern of SU8 photoresist on a 4-inch silicon wafer and was silanized to facilitate generation of many replicas as needed. A 2 mm magnet disk was molded into a PDMS layer during the curing process at the desired location; the magnet is removable for switching off magnetic force. A surface treatment for the PDMS chip was applied to avoid non-specific adsorption and generation of bubbles in the microchannel, using a blocking buffer (2.5 w/w% BSA and 0.01 w/w% Tween-20 in 1 \times PBS) with 30 min flushing at a flow rate of 1 $\mu\text{L min}^{-1}$. A programmable syringe pump (picoliter precision) with two 20 μL micro-syringes was used to provide the optimized flow rate for continuous, on-line mixing of the plasma sample and immunomagnetic beads. The magnetic beads (2.8 μm , 0.1 mg mL^{-1}) were conjugated with capture antibodies for isolating intact plasma exosomes. A washing buffer (1 w/w% BSA in 1 \times PBS) was applied for 5 min after exosome capturing. A mixture of three probing antibodies (anti CA-125/A488, anti EpCAM/A550, anti CD24/A633) labeled with distinct fluorescent dyes was introduced afterwards for 10 min incubation at a slow flow rate of 100 nL

min^{-1} , followed by 5 min washing. The non-specific adsorption, specificity of probing antibodies, and incubation were well characterized in the ESI.†

For comparison with standard benchtop approaches, differential centrifugations were carried out on the collected fresh frozen blood plasma (2 mL) to obtain exosomes. The amount of protein recovered from pellets was measured by the Bradford assay (BioRad). The exosome vesicles were conserved at $-80\text{ }^{\circ}\text{C}$ until use. Nanoparticle tracking analysis (NTA) was performed using NanoSight V2.3 following the standard protocols. By monitoring the trajectory of microvesicle movement, the particle numbers within the size range of 0–500 nm were estimated in serial dilutions. The concentrations were calibrated back to the human plasma concentration. For consistent reading, the measurement settings were optimized and five replicas were performed to obtain the average measurements. Transmission electron microscopy and image analysis were performed for characterizing the morphology and size of the exosomes captured on the bead surface. The agar and resin embedding protocols were employed to ensure that the exosome morphology was maximally maintained under TEM imaging. Ultra-thin sections (80 nm) were cut on a Leica Ultracut-S Ultramicrotome and viewed after counterstaining in a JEOL JEM-1400 Transmission Electron Microscope operating at 80 kV. Micrographs were prepared to a known scale, and exosome sizes were measured and calculated using TEM imaging software with a ruler function at 20 K magnification and normalized to the scale bar.

2.2 Data collection and analysis

Fluorescence images were collected by an inverted epifluorescence microscope with a 20 \times (N.A. = 0.35) Zeiss objective lens and a scientific CMOS camera (OptiMOS, QImaging). The camera exposure time was set to 2000 ms with a 10 MHz frequency controlled by the open source software Micro-Manager 1.4. The filter sets of FITC, Rhodamine and Cy-5 were used for multiplexed three-color fluorescence detection with a LED light source for excitation. Fluorescence image analysis was performed using ImageJ with an in-house written Macro to determine 1000 points randomly across consistent regions of bead aggregates for obtaining averaged fluorescence intensity. Two fluorescence images were collected right before and after antibody detection in three fluorescence channels respectively, for calculating the difference of fluorescence signals. The measured fluorescence signal was then normalized to the background.

3. Results & discussion

3.1 Working principle of the ExoSearch chip

Exosomes contain a variety of surface markers originating from their host cells.^{36,37} Selective isolation and specific analysis of disease-responsive exosome subpopulations is essential to evaluate the clinical relevance of circulating





Fig. 2 Microfluidic continuous-flow mixing for efficient exosome isolation. (a) Two-stream particle mixing in the microchannel. Left: Fluorescence CCD images of the mixing process for a stream of Texas Red labeled nanoparticles (50 nm) co-flowed with a bead solution. Middle: Immunomagnetic beads (2.8 μm) tracked under bright field for mixing with human blood plasma. Right: Mixing of fluorescently labeled exosomes with antibody beads. Exosomes were purified from ovarian cancer patient plasma by ultracentrifugation. Scale bars: 300 μm . (b) Plots of the minimum travel length required for uniform mixing over a flow rate range. The grey dashed line indicates the mixing channel length in the ExoSearch chip. (c) Exosome capture efficiency as a function of the mixing flow rate measured using purified, fluorescently labeled exosomes and capture beads. RSD is $\sim 5\%$ from replicate measurements.

achieved at flow rates from 50 to 10^4 nL min^{-1} (Fig. 2c). Subsequent studies were performed at the flow rate of $1 \mu\text{L min}^{-1}$ which result in a fairly good capture efficiency of 72%. This flow speed allows exosome isolation from a 20 μL plasma sample in 20 min. For preparing enriched exosomes from large-volume samples, the throughput can be increased by using a relatively faster flow rate or expanding the single-channel device to a multi-channel system. For instance, a 2 mL blood plasma can be processed within 3 hours ($10 \mu\text{L min}^{-1}$) without the need of manual intervention, which is at least 3 times faster than standard ultracentrifugation for processing the same amount of plasma with only 25% exosome recovery rate.⁴⁴

3.3 Specificity for isolating tumor-derived exosomes

Recent studies have suggested that both tumor cells and normal cells secrete exosomes, although significantly higher

amounts of exosomes have been observed from tumor cells.⁴⁵ Therefore, specifically isolating, purifying and characterizing tumor cell derived exosomes are essential.⁴⁶ We characterized the specificity for on-chip immunomagnetic isolation of exosomes from ovarian cancer patient blood plasma. On-chip isolation of variable exosome subpopulations was conducted by targeting both ovarian tumor-associated markers (EpCAM and CA-125) and common exosomal markers (CD9, CD81, and CD63). EpCAM is a cargo protein in exosomes and is highly overexpressed in multiple types of carcinomas, including ovarian tumor. CA-125 antigen is the most commonly measured biomarker for epithelial ovarian tumors, which accounts for 85–90% of ovarian cancer. The exosome-bound beads were washed on the chip and then released and concentrated for morphology evaluation and counting of intact exosomes using TEM, as presented in Fig. 3a. Significantly higher amounts of round membrane vesicles (smaller than 150 nm) were observed for EpCAM+, CA-125+, and CD9+



Fig. 3 Microfluidic ExoSearch chip for specific isolation of ovarian cancer plasma derived exosomes. (a) TEM images of on-chip immunomagnetically isolated exosomes from ovarian cancer plasma, compared to healthy control. Scale bar is 100 nm. IgG-conjugated immunomagnetic beads were negative control beads. (b) Exosome counts analyzed from surfaces of variable capture beads (EpCAM+, CA-125+, CD9+, CD81+, CD63+) using TEM particle analysis ($n = 25$, $\text{CV} = 2.8\text{--}10\%$). Single bead diameter was 2.8 μm and sliced bead layer was 80 nm thick. (c) Size distribution of on-chip isolated exosomes (CD9+) using TEM particle analysis, compared to standard NTA analysis of ultracentrifugation-purified exosomes. Dashed lines were log-normal fit ($R^2 > 0.98$).



subpopulations from ovarian cancer plasma, compared to healthy controls. Negative control beads with IgG conjugation showed negative capture of vesicles, demonstrating a good specificity of immunomagnetic isolation. The relative expression levels of the five surface markers were measured by counting the number of intact exosomes bound to the beads ($n = 25$). The results showed a ~3–5 fold increase in expression levels of the five markers from the ovarian cancer patient, compared to the healthy control (Fig. 3b, $p = 0.001$).

To verify the results of on-chip isolation, we conducted nanoparticle tracking analysis (NTA) of ultracentrifugation-isolated exosomes to measure their size distribution and concentrations. In Fig. 3c, on-chip isolated exosomes (CD9+) exhibited a notably narrower range with the log-normal fitted size distribution ($R^2 > 0.98$). The smaller size than 150 nm is a commonly used criterion to differentiate exosomes from larger microvesicles.⁵ Compared to ultracentrifugation approaches, microfluidic immunoaffinity isolation yields a higher percentage of vesicles smaller than 150 nm (~79.7% vs. 60.7%), suggesting that the developed ExoSearch chip offers high specificity in isolation of circulating exosomes.

3.4 Quantitative and multiplexed exosomal marker detection

We first characterized the ExoSearch chip for quantitative isolation and detection of exosomes. Fig. 4a shows the fluorescence images of exosomes isolated from serial dilutions of purified, fluorescently labeled plasma exosomes. The concentrations of purified plasma exosomes were determined by NTA measurements. Employing the same mixing and isolating conditions, increased fluorescence signals (ΔFL) were

observed and found to be proportional to exosome concentrations. Using fluorescently labeled anti-EpCAM as the detection antibody, exosome titration curves were obtained for a healthy plasma sample and ovarian cancer plasma, which exhibited good linear response as seen in Fig. 4b ($R^2 > 0.98$, CV = ~5%). The small variation of measurements indicates the good robustness of the method. Moreover, a much higher ΔFL signal (~30-fold increase) was observed for the ovarian cancer sample, compared to the healthy control under the same concentration. These results demonstrated the ability of the ExoSearch chip to quantitatively measure exosome surface markers for differentiating changes associated with disease. The results were consistent with other recent reports that EpCAM is highly overexpressed in ovarian tumor exosomes.⁴⁷ The quantitative detection of intact exosomes was achieved with a limit of detection of 7.5×10^5 particles per mL (LOD, S/N = 3), which is 1000-fold sensitive than Western blotting.³⁴ While such sensitivity is comparable with that of the previously reported microfluidic method,³⁴ our method features simple fabrication, easy operation and low cost.

In situ, multiplexed biomarker detection was then developed for rapid and quantitative microfluidic analysis of ovarian tumor derived plasma exosomes. We chose the common exosome marker CD9 as the capture antibody for selective isolation of exosomes, because of the consistently high expression of CD9 we observed from human plasma derived exosomes (Fig. S3†). In addition to the established ovarian cancer biomarker CA-125, human epididymis protein 4 (HE4) has been recognized for improving the diagnostic specificity of CA-125 in pathological tests. We did not observe substantial expression of HE4 from the exosome samples (Fig. S2†), which could be due to the different secretion pathway of HE4.²² This observation was consistent with other recent reports.^{34,48} Previous observations have indicated that CD24 could be a significant marker in ovarian tumor prognosis and diagnosis.⁴⁹ Therefore, we developed a multiplexed sandwich immunofluorescence assay to quantify isolated exosomes by targeting three markers, CA-125, EpCAM, and CD24 from the same population of exosomes, as exemplified in Fig. 4c. Quantitative tests of raw human plasma collected from 20 subjects ($n_{\text{OvCa}} = 15$, $n_{\text{healthy}} = 5$) were conducted for three-marker classification of ovarian tumor derived exosomes, and a distinctive three-marker expression pattern was observed for ovarian cancer patients (Fig. 4d). The average expression levels of individual exosomal markers from ovarian cancer patients were statistically higher as compared to healthy controls (CD24: 3-fold increase, $p = 0.003$; EpCAM: 6.5-fold increase, $p = 0.0009$; CA-125: 12.4-fold increase, $p < 0.0001$).

Non-specific adsorption of exosomes and antibody cross-reactivity were characterized in Fig. S2.† The negative and positive control experiments were designed and conducted in parallel for testing the four antibodies we used in this study (CA-125, EpCAM, CD24, and HE4). Slight auto-fluorescence of capture beads and negligible non-specific adsorption fluorescence were observed, and no cross-reaction was observed



Fig. 4 (a) CCD images of bead aggregates in the ExoSearch chip captured with fluorescence-labeled plasma exosomes in serial dilutions (from left to right: 5×10^5 , 1×10^6 , 5×10^6 , 1×10^7 particles per mL). Scale bar was 100 μm . (b) Calibration curves for quantitative detection of intact exosomes ($R^2 > 0.98$, CV = ~5%). Exosomes were purified from one healthy control plasma and one ovarian cancer patient plasma using ultracentrifugation. Concentrations were measured by NTA. (c) CCD images of multiplexed three-color fluorescence detection of tumor markers (CA-125, EpCAM, CD24) from captured exosome subpopulation (CD9+). Scale bar was 50 μm , indicating the bead aggregate size. (d) Average expression levels of three ovarian tumor markers measured by the ExoSearch chip from 20 human subjects ($n_{\text{OvCa}} = 15$, $n_{\text{healthy}} = 5$). Error bars indicate standard deviations.



conventional approaches, such as NTA and flow cytometry, exosome quantitation is limited primarily by minimum detectable vesicle sizes, resulting in relatively large variation (CV = ~20%).^{52,54} The ExoSearch chip enables simultaneous, quantitative evaluation of multiple markers from the same exosome subpopulation with much improved measurement reproducibility (CV < 10%), indicating the good robustness of this method. Such robustness is essential for precision medicine and diagnostics involving exosomes. In addition, the continuous-flow design affords capability for obtaining distinct populations of exosomes from a wide range of preparation volumes (10 μ L to 10 mL), which is useful for downstream comparative molecular profiling or therapeutic use.

As surrogates of tumor cells, exosomes hold great promise for precise and personalized cancer diagnosis. Combinations of exosomal protein markers may constitute a “cancer signature” and provide improved detection as the first step in multimodal screening.⁵⁴ However, to our best knowledge, multiplexed assay of exosomes has not been well established yet. We demonstrated the feasibility of ExoSearch chip for non-invasive diagnosis of ovarian cancer using a combination of three exosomal tumor markers (CA-125, EpCAM, CD24), which showed comparable accuracy and diagnostic power (a.u.c. = 1.0, p = 0.001) with the standard Bradford assay (a.u.c. = 1.0, p = 0.0009). However, the ExoSearch chip requires only 20 μ L of human plasma for multiplexed detection of the three tumor proteins within 40 min, as compared to ~1 mL of plasma and ~12 hours required by the Bradford assay.

To date, conventional tissue biopsy for pathological diagnosis of ovarian cancer is extremely invasive, as a difficult surgery. General imaging screenings, including tomography (CT) scans and magnetic resonance imaging (MRI) scans, are costly and unavailable in a majority of clinics. Therefore, blood-based assay for pre-screening is highly valuable and can dramatically decrease healthcare costs. The ExoSearch chip provides a cost-effective, accessible approach for specific, rapid isolation of blood diagnostic exosomes, paving the way for clinical utilization of exosomes. We will further validate the diagnostic effectiveness of the ExoSearch chip in various sample cohorts and enhance the disease discrimination power, including the use of large-scale sample size and benign tumor group as a positive control. This work, as a preliminary proof-of-concept in discovery phase, is an essential step and could serve as a basic platform for developing clinical tests in other diseases, as well as fundamental laboratory research.

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