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## Recent trends on the application of phytochemical-based compounds as additives in the fabrication of perovskite solar cells

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Perovskite solar cells (PSCs) are promising photovoltaic systems that hold the capacity to bring about a paradigm shift within the field of renewable energy. They possess exceptional photophysical properties, and their advancement is accelerating because of multidimensional research initiatives. Nevertheless, PSCs are faced with the challenges of non-radiative recombination power losses and rapid degradation in performance. These problems are mainly engendered by defects that form during the perovskite crystallization. Among the many ways to address these issues are compositional engineering, architectural modification, control of deposition parameters, solvent engineering, doping, use of additives and interface engineering. Incorporating additives into the perovskite layer is an easy and effective approach to enhance both their photophysical characteristics and resistance to degradation. As PSC additives, natural products, including phytochemicals, are gaining popularity due to their low cost and environmental friendliness. This review provides a survey on the use of natural products as additives in PSCs with particular emphasis on phytochemicals. It also highlights the roles of phytochemical-based additives in modulating the optoelectronic and degradation resistance properties of perovskite films through control of the crystallization dynamics, defect passivation and structural stabilization. Focus has been given to the functional groups in these phytochemical-based additives and how they interact with the perovskite components through hydrogen-bonding, coordination with uncoordinated ionic/atomic species and scavenging of free radicals. Overall, the use of phytochemical-based additives could enhance the performance and stability of PSCs and accelerate their commercialization. **EXAMPLE SERVIEW ARTICLE<br>
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### 1. Introduction

Global energy statistics continue to report a consistent increase in energy demand, usually driven by factors such as rapid industrialization, increasing human population, rising standards of living, and advancement in information and communication technology.<sup>1</sup> In order to meet the rising energy

demand in a sustainable manner, a shift from conventional fossil-fuel-based energy resources to abundant renewable energy resources has been emphasized.<sup>2-6</sup> The utilization of renewable and low-carbon energy resources is expected to reduce dependence on fossil fuels, mitigate climate change, ensure energy security, cushion nations against possible price fluctuations caused by disruptions of energy supplies, and guarantee sustainability.<sup>7</sup>

Solar energy is one of the most abundant renewable energy resources that can be harnessed to provide much-needed electrical energy through photovoltaic (PV) technology. PV technology is a promising alternative to fossil fuels owing to its rapid pace of development and reduction in manufacturing costs.<sup>8</sup> Recent advancements in material science and nanotechnology, as well as numerous research initiatives aimed at enhancing solar energy conversion efficiencies and lowering production costs, have all contributed to the remarkable progress in PV technology.<sup>9</sup> In line with these initiatives, different types of materials have been used as active layers (ALs) in solar



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cells. These include crystalline and amorphous silicon, cadmium telluride, copper indium diselenide, gallium arsenide, organic dyes, and perovskite materials.<sup>9-12</sup> Emerging PV technologies such as dye-sensitized solar cells (DSSCs), organic photovoltaics (OPVs), and perovskite solar cells (PSCs), which are relatively cheap, are being developed and are likely to be in the forefront in addressing the global energy challenges. $^{13}$ 

### 2. Perovskite solar cells

Perovskite solar cell (PSC) is a technology that has gained preference among the emerging PV technologies due to the remarkable increase in their power conversion efficiency (PCE) within a short period of time (3.8% in 2009 to the current achievable efficiency of  $25.8\%$ ).<sup>14</sup> They utilize a material with a

(ACE II)–Phytochemicals, Textile & Renewable Energy (PTRE)-Moi University. Naomy's long-term goal is to mentor more young girls to

perovskite crystal structure  $(ABX_3)$  as their AL. In the structure, A is a large monovalent cation usually methyl ammonium (MA)  $CH_3NH_3^+$ , formamidinium (FA),  $NH_2CH=NH_2^+$ , and cesium (Cs<sup>+</sup>), B is a divalent cation (Pb<sup>2+</sup> or Sn<sup>2+</sup>), and X is a halide anion  $(I^-, Br^-, Cl^-)$ .<sup>14-16</sup> The ionic radii of the various materials control the Goldschmidt's tolerance factor  $(t)$  and the octahedral factor  $(\mu)$ , which determine whether a particular mixture of materials can form a perovskite crystal structure or not.<sup>16</sup> The  $ABX<sub>3</sub>$  crystal structure of a hybrid organic–inorganic perovskite is shown in Fig. 1. Perovskite materials, made of organic and inorganic compounds, are good light absorbers and transform sunlight effectively into electrical energy. $17,18$  They exhibit excellent properties such as controllable band gaps, small Urbach energies, low defect densities, long charge carrier diffusion lengths, high dielectric constants, and low exciton binding energies.<sup>19,20</sup> Review Energy and annualities and annualities article. The composition of the state of the common comm



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Fig. 1 Crystal structure of a perovskite; reproduced from ref. 15 with permission from American Chemical Society, Copyright [2009].

### 2.1 Structure, properties, and working principle of PSCs

A perovskite layer, acting as the AL in PSCs, is usually sandwiched between two charge transport layers (CTLs) with electrodes on either side.<sup>18</sup> In this arrangement, the AL absorbs the incident sunlight and generates charge carriers, which are separated and transported via the CTLs to their corresponding electrodes.<sup>18</sup> This PV technology has become a game changer in PV research on account of several factors. First, their effectiveness in converting sunlight into electricity is quite remarkable and is expected to outperform the crystalline silicon-based



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technology, which has long been in the PV market. Also, because their optoelectronic properties can be changed, they can be made to absorb a wider range of solar radiation. This makes them the best candidates for next-generation photovoltaics.<sup>21</sup> Furthermore, unlike the energy-intensive crystalline silicon-based PV technologies, PSCs can be fabricated easily using low-temperature solution-based processes that can easily be scaled up. $^{22}$  This intrinsic cost efficiency might make solar energy more inexpensive and available to more consumers. PSCs' ability to be fabricated on flexible substrates is another notable feature that makes them very useful for applications in flexible, semi-transparent solar panels, integrated construction materials, and lightweight portable gadgets. $^{23}$ PSCs can be designed with different device architectures, namely the mesoscopic (mesoporous) structure and planar structures. In the planar configuration, the intrinsic absorber layer is sandwiched between a compact electron transport material (ETM) and the hole transport material (HTM). In the mesoscopic structure, a mesoporous material is deposited on the ETM before the deposition of the AL. These structures can further be categorized into an n-i-p (regular) structure, where light is incident from the ETM side, or an p–i–n (inverted) structure, where light is incident from the HTM side. $24,25$  The different PSC device architectures are illustrated in Fig. 2. Example the start of the common common the start of the common com

Therefore, a PSC is a device with a multi-layered structure, made via a step-by-step process that starts with substrate and precursor preparation, and ends with the deposition of the last electrode, as summarized in Fig. 3. The structure and material properties of the various layers that make up the device have a significant impact on the charge carrier dynamics, which influences the performance of  $PSCs$ <sup>26-30</sup> They control the values of the series resistance  $(R_s)$ , the shunt resistance  $(R_{sh})$ and the interfacial band offsets, which are linked to the nonradiative power losses that greatly affect the values of the saturation current density  $(J_{\rm sc})$ , open circuit voltage  $(V_{\rm oc})$ , fill factor (FF), and power conversion efficiency (PCE) of the PSC device.<sup>31,32</sup>  $R_s$ ,  $R_{sh}$ , and the interfacial band offsets are related to the bulk and surface properties of the thin film, which are determined by the film homogeneity, surface coverage, surface roughness, the presence of defects, and the surface work function.33,34 Improving the film quality of the different layers and reducing the interfacial energy mismatch is therefore the best strategy to achieve higher PCEs in PSCs.

Various strategies, which include compositional engineering, solvent engineering, architectural control, controlling the deposition conditions, doping, use of additives, and interface engineering, have been explored to improve the crystal quality and morphology of the films of the different components of PSCs.27,35–39 With all these strategies, good progress has been achieved with regards to the PCE of PSCs, though the defectmediated recombination losses limit it below what is theoretically achievable. $40,41$  Despite this remarkable progress, stability remains the main bottleneck to the commercialization of PSC technology. The performance of such devices decreases with time under exposure to environmental and measuring conditions.<sup>42,43</sup> The decrease in performance is caused by



Fig. 2 PSC device architectures: (a) n–i–p planar, (b) n–i–p mesoscopic, (c) p–i–n planar, and (d) p–i–n mesoscopic.

Deposition of the metal top contact **PSC** device

Fig. 3 A simplified procedure for the fabrication of  $n-i-p$  planar PSCs.

degradation in PSC, which has been attributed to intrinsic and extrinsic factors like lattice shrinkage, phase segregation, and morphological deformation in perovskite films due to hydration, oxidation, elemental diffusion, ion migration, exposure to UV, mechanical stress, and heat. $44-47$  The hysteresis phenomenon is another common problem in PSCs where there is a mismatch in the current density-voltage  $(J-V)$  curves under different bias conditions, scan direction, and scan rates. $48,49$ It is mainly attributed to ion migration, ferroelectricity, unbalanced charge transport, and defects induced through the electronic traps.<sup>50,51</sup>

Most of these challenges in PSCs can be controlled through the proper design of the different device components to reduce the defects in the bulk and the interfaces between them.<sup>52,53</sup> The design of a perovskite AL with good bulk and surface properties is very important in improving the overall photophysical properties and structural integrity of PSCs. It plays a critical role in improving the quality of the interface with the CTLs and is therefore important in reducing the non-radiative recombination power losses and J–V hysteresis, and improving the stability of PSCs. Research efforts geared towards decelerating the crystallization dynamics in the perovskite AL with a view to fabricating quality films with increased grain sizes, reduced grain boundaries, and improved surface coverage have been carried out.<sup>50</sup> These include compositional engineering, antisolvent treatment, solvent engineering, post-treatment, and incorporation of additives to the perovskite precursors.54–56 In recent years, more research has been done on adding additives to the photoactive perovskite layer because they play a bigger role in improving the quality of the film and the movement of charge carriers, even for large-area PSC devices. This strategy is therefore very important as efforts to scale up the fabrication process of PSCs intensify.

### 2.2 Role of additives in PSCs

Additives are chemicals that are often mixed into perovskite precursor solutions to help the film crystallize well. They do not always help make the perovskite crystal structure but play a significant role in the film formation process. The incorporation of additives in perovskite film serves the following purposes: first, the additives slow down the crystallization rate while the perovskite film is being grown. This improves the quality and shape of the crystals, which in turn improves their optoelectronic properties and durability.35,55,57,58 They can also improve the structural characteristics of perovskite films through strong chemical interactions and coordination among different cations and anions in the film, thus enhancing the PCE, stability, and reproducibility of PSCs.<sup>59,60</sup> Secondly, it can improve the phase stability of the perovskite material by the suppressing phase transition at room temperature, which is

one of the major causes of instability in PSCs. $61,62$  Thirdly, additives help to passivate the defects on the surface and bulk of the perovskite film through proper coordination and bonding with uncoordinated ionic species (e.g.  $Pb^{2+}$ ), which not only reduces the defect densities but also reduces ion migration. The functional groups present in the additives help in the formation of Lewis adducts with the perovskite and act as molecular cross-linkers at grain boundaries, leading to the formation of perovskite films with reduced defect densities and longer charge carrier lifetimes.<sup>63-65</sup> They can also inhibit the formation of some impurities, such as metallic lead  $(Pb^0)$ , that are detrimental to the performance of PSCs during crystallization of the perovskite. $66,67$  Fourthly, additives can act as dopants, thereby modulating the interfacial energetics of PSCs by altering the work function of the perovskite film.<sup>68</sup> This helps in reducing the energy mismatch at the interface with the CTLs, thus improving charge carrier extraction. Finally, some additives are hydrophobic and may have antioxidant properties. This will significantly increase the perovskite film's resistance to oxidation, heat, and water damage.<sup>69</sup> Additionally, the steric effects of additives can make the film resistant to degradation by water and oxygen and also stop phase redistribution as the film ages.<sup>70,71</sup> Energy Advances Werelet on 11 2024. The same of invaliding in PAC,<sup>31,24</sup> Thirdly, positive way.<sup>74</sup> The 4(a) and (b) show he different anguest<br>and the height measurements and both of malinters, how they are namely neergo

Some important substances that have been used as additives to change the properties of perovskite film are metal salts, nanoparticles, polymers, fullerenes and their derivatives, organic halides, inorganic salts, metal organic frameworks, and some solvents.59,63,72,73 The additives can be introduced into the perovskite films by mixing with the precursor solutions as anti-solvents or via interdiffusion. These additives have different roles in modulating the material properties of the specific component of the PSC depending on their chemical structures, the functional groups they contain, and their chemical interactions with the precursors.<sup>74</sup> When they are incorporated into the perovskite film in the right proportions, they can improve the optoelectronic properties by altering the defect state and defect density, surface chemistry, charge carrier mobility, and light absorption capacity of the film in a

positive way.<sup>75-77</sup> Fig. 4(a) and (b) show the different categories of additives, how they are usually incorporated into the perovskite film, and the material properties of the film that they can modify.

In order to achieve a good performance, the resulting material properties of the constituent layers should ensure efficient incident light absorption, enhanced charge carrier dynamics, and improved resistance to degradation.<sup>26,78,79</sup> This can be achieved through enhancement in film morphology and crystallinity, better interfacial band alignment with the CTLs, and reduction in interfacial defect density, as well as increased water repellency and increased resistance to oxidation, heat, and UV-induced degradation.<sup>80</sup> As a consequence, the PV parameters of the resulting PSC device will be improved, and their values will be maintained for a longer period. Fig. 5 shows the comparison of the J–V and internal power conversion efficiency (IPCE) curves for PSCs with and without  $poly(9,9)$ . bis(3'-N,N-dimethylamino)-propyl)-2,7-fluorene-alt-2,7-9,9-

dioctylfluorene (PFN-P1), where it is seen that the PSC with the PFN-P1 additive displays better charge carrier collection efficiency and better performance in terms of higher open-circuit voltage,  $V_{\text{oc}}$  and short circuit current density  $(J_{\text{sc}})$  relative to their counterparts without the additive.<sup>59</sup>

Different additives can modulate the properties of perovskite films and the J–V characteristics of PSCs to different degrees, even if they are incorporated in equal proportions. For instance, Wang et al. used methylammonium thiocyanate (MASCN), methylammonium acetate (MAAc), and methylammonium chloride (MACl), which are all volatile methyl ammonium salts, to change how the perovskite film crystallized.<sup>50</sup> They observed that the different methylamine salt additives modulated the crystal growth in perovskite films by different degrees, with perovskite films modified with MACl additives yielding quality films and PSC devices with better PCE, improved stability, and reduced hysteresis. Wang et al.<sup>77</sup> also made a PSC that worked better by adding a small molecular additive called hydrobromide additive (a-amino-gbutyrolactone, ABL) to the perovskite film. The functional



Fig. 4 (a) Categories of additives, <sup>59,63</sup> and (b) targeted material properties of the perovskite film.



Fig. 5 (a)  $J-V$  curves and (b) IPCE curves and (c) variation in PCE under continuous illumination for PSCs with and without PFN-P1 additive reproduced from ref. 81 with permission from American Chemical Society, Copyright (2016).

groups  $(-NH_2)$  and  $C=O$ ) and hydrophobic nature of the ABL additive respectively terminated the  $Pb^{2+}$  dangling bond and reduced moisture ingress in the film, leading to a reduction in non-radiative recombination power losses and moistureinduced degradation in the resulting PSC device.<sup>74,82</sup> As such, additive engineering has therefore played a central role in the efforts to synergistically improve the PCE, stability, and reproducibility of PSCs.<sup>83</sup> A comprehensive review on additive engineering and its important role in PSCs has been given by Li *et al.*,<sup>59</sup> Zhang & Zhu, $^{84}$  and Mahapatra *et al.*, $^{85}$  and recently updated by Pereyra et  $al.^{74}$ 

Recent trends in the use of additives in PSCs have shifted towards the use of natural products owing to their ecofriendliness, biocompatibility, availability, and low cost when compared to their synthetic counterparts.<sup>86</sup> These products have multiple functional groups that can coordinate with uncoordinated ions in perovskite films, form strong bonding interactions with atoms in the perovskite material, suppress crystal imperfections and passivate defects, and help in scavenging free radicals in the perovskite, thus improving its optoelectronic properties and degradation resistance. $64,87$  They therefore play a great role in morphological control, acting as cross-linkers at grain boundaries and modulating interfacial band alignment, thus improving charge carrier transport and collection in PSCs.

### 3. Natural products as additives in PSCs

Natural products have unique and diverse structural, chemical, and biological properties that are of great interest in the biomedical, industrial, and energy fields.<sup>88-90</sup> In the field of energy, some natural products have found applications in photonics and photovoltaics. $91,92$  They include amino acids, fatty acids, vitamins, carbohydrates, keratin, cellulose, and phenolic compounds, among others. $93-96$  They can be added directly to precursor solutions to make thin films for optoelectronic devices, or they can be used indirectly as raw materials to make specific nanostructured materials.<sup>97</sup>

Amino acids are natural products that form the basic building blocks of proteins. Carboxyl  $(-COOH)$  and amino  $(-NH<sub>2</sub>)$ 

groups are the main functional groups in these compounds. They can strongly interact with the non-coordinated ions in the perovskite film thus eliminating possible defect sources. Though different amino acid classes can have the same functional groups, they can produce different impacts on the properties of their PSCs due to differences in their steric effects that influence their coordination capabilities.<sup>98</sup> Hu et al.<sup>99</sup> carried out a comparative study to understand the effects of four amino acid molecules as additives (proline, glutamic acid, arginine, and glycine) on the properties and performance of blade-coated PSCs.<sup>98,99</sup> They found that the arginine additive coordinated strongly with  $Pb^{2+}$  through its guanidine group, producing better passivation effects on the perovskite film, suppression of non-radiative recombination power losses, improvement in the PCE, and enhanced moisture stability in the modified PSC device. The chemical structures of the different groups of amino acids and the morphology of the different perovskite films are shown in Fig. 6. These structures have an impact on the shape and crystallinity of the perovskite films as well as the performance of the whole PSC device. Amino acids derived from plants, such as L-Theanine (Thea), have also been shown to be effective in improving the PCE and stability of PSCs through the promotion of nucleation and crystallization of the perovskite film, inhibition of metallic lead  $(Pb<sup>0</sup>)$  and passivation of  $Pb<sup>2+</sup>$  ions. The functional (-C=O and  $-NH<sub>2</sub>$ ) groups present in Thea effectively reduced the nonradiative recombination of charge carriers with a consequent improvement in PSC device PCE from 22.29% to 24.58%.<sup>66</sup> Review Energy Articles. Published on 11 2022. The **Creative Commons Article** is the set of the common and the common and the common and the common and the common attention of the common and  $\frac{1}{2}$  are  $\frac{1}{2}$  and  $\frac$ 

> Vitamins represent another class of natural products, with some of their members attracting applications in PSCs due to their interesting properties. For example, ascorbic acid is a water-soluble vitamin with good antioxidant properties, which is mainly found in fruits and vegetables.<sup>100</sup> Apart from their significant role in human life, they are also seen to enhance the performance and stability of PSCs. It has been shown that adding ascorbic acids to the perovskite films reduces oxidation, thus improving their stability.<sup>101</sup> Uric acid, a natural antioxidant, has also been used as an additive in tin (Sn)-based PSCs, yielding useful results in terms of improving the PCE and stability.<sup>102</sup> A summary of the use of natural biomaterials and natural molecules as additives in perovskites, their interaction mechanisms with the perovskite material, and their effects on



Fig. 6 (a) Chemical structures of the different amino acids and SEM images of (b) pristine and (c) glycine-, (d) glutamine-, (e) proline- and (f) argentinemodified perovskite films; (g) grain sizes of the pristine and modified perovskite films. Reproduced from ref. 99 with permission from Royal Society of Chemistry, Copyright (2021).

the performance of PSCs has been done by Chen and his team.<sup>103</sup> The area of natural products is broad, as it encompasses animal-derived and plant-derived products (phytochemicals). This review narrows the focus to the application of phytochemical-based natural products as additives in PSCs. By limiting the scope, a proper and in-depth analysis will be performed on the use of phytochemicals, making it easier for the reader to understand the roles of these compounds and to observe the trends in their application in PSCs.

### 3.1 Phytochemicals as additives in PSCs

Phytochemical-based additives are becoming more popular over the synthetic ones because they are more sustainable, environmentally friendly, and readily available. The existing literature reports, which are in the form of reviews, focus mainly on the use of synthetic additives in engineering the properties of PSCs.<sup>59</sup> However, literature reviews on the use of phytochemicals to guide further research in the fabrication of PSCs are yet to be reported. Therefore, a summary of the recent research articles on the use of phytochemicals as additives in PSCs is the focus of this review. Phytochemicals are compounds obtained from plant extracts as natural products.<sup>104</sup> They are classified into several broad categories or classes, which include flavonoids, carotenoids, phenols or polyphenols, glycosides, tannins, saponins, lipids, fatty acids, alkaloids, and terpenoids; based on their basic structural features, biosynthetic pathways, or biological functions.105 A summary of the major classes of phytochemicals and their percentage composition in plant extracts is given in Fig.  $7.^{106}$ 

Phytochemicals have widely been studied for their biological properties for biomedical applications. They are endowed with different functional groups, and some of them exhibit scavenging properties on free radical species such as reactive oxygen species (ROS) and reactive nitrogen species  $(RNS)^{107}$ Quercetin, for instance, is well-known as an effective antioxidant against ROS and can have excellent stability under ultraviolet (UV) light exposure. $107$  These properties can improve the stability in PSCs under exposure to oxygen and UV radiation. In addition, some of these phytochemicals have displayed interesting photophysical properties upon interaction with light photons, an indication that they can be useful in the field of energy.<sup>108</sup> Suwa et al.<sup>109</sup> used a small quantity of two commercial antioxidant phenolic compounds, 2,6-di-tert-butyl-4-cresol (BHT) and pentaerythritol tetrakis [3-(3,5-di-tert-butyl-4 hydroxyphenyl)propionate] (PTP), to make a mixed-cation lead halide PSC for photovoltaic applications. They observed that the presence of these compounds in the perovskite film reduced degradation by virtue of their ROS-scavenging capabilities. Furthermore, the interaction between O atoms in the phenolic compounds and  $Pb^{2+}$  in lead halide perovskite films helps in the formation of films with large grains, fewer grain boundaries, and a low density of defect states.<sup>110</sup>

Phytochemicals such as chlorophyll, anthocyanins, and their combinations have found application as light sensitizers in DSSCs due to their good photophysical properties and ability



Fig. 7 (a) Major classes of phytochemicals; (b) histogram with estimates of the percent composition of the major classes of phytochemicals

to improve light absorption in the visible region of the solar spectrum.<sup>111-115</sup> This led to appreciable improvement in PCE and stability of these devices. Their applications as additives in the fabrication of PSCs is a recent development that has been found to boost the PCE and stability in PSCs.<sup>109,116,117</sup> This review explores the different categories of phytochemicals that have been utilized as additives in the fabrication of PSCs. Emphasis will be placed on the chemical structures of the phytochemicals, their interaction with the ionic or atomic species in perovskite materials and how they impact on the optoelectronic properties, degradation resistance and overall performance of the fabricated PSCs.

3.1.1 Carotenes and carotenoids. These are phytochemicals that exhibit antioxidant properties and are responsible for the yellow, orange, red, or purple coloration of plants. They possess various functional groups such as hydrocarbons (C–H), carbonyls  $(-C=O)$ , and hydroxyls  $(-OH)$  among others, which can play important roles in engineering the properties of PSCs.<sup>118</sup> These compounds include lycopene, bixin, crocin, cucurmin, zeaxanthin, and fucoxanthin among others.<sup>119</sup> They have mainly been used as light sensitizers in DSSCs.<sup>119</sup> As of now, it is only lycopene which has found recent application as an additive in the fabrication of PSCs. The  $C=C$  bonds form the main functional groups in lycopene that interact with the components of perovskite to yield useful results. The incorporation of lycopene into the perovskite film was found to help in crystal formation, reduction in trap density state, and passivation of defects at the surface, hence improving the PCE and durability of the PSCs.<sup>117</sup>

3.1.2 Phenolic compounds. Another group of phytochemicals is the phenolic compounds, which have one or more phenyl rings and -OH that serves as a functional group.<sup>120-122</sup> Depending on their chemical structures, these compounds can be subdivided into several classes, which are summarized in Fig. 8.

Phenolic acids exist in the form of hydroxybenzoic acid (HBA) or hydroxycinnamic acid (HCA). They include gallic acid, cinnamic acid, ferulic acid, vanillic acid, caffeic acid, and sinapic acid among others. $121,123$  Flavonoids, stilbenes, and lignans, such as catechin, anthocyanidin, hydroquinone,



Fig. 8 Classification of phenolic compounds. Reproduced from ref. 120 with permission from Ebrahimi & Lante, Copyright (2021).

resveratrol, piceatannol, and lignins, are the other types of phenolic compounds.<sup>121,123</sup> The presence of an -OH functional group in their structure gives phenolic compounds the ability to scavenge free radicals and block UV light, making them good for reducing degradation and defects in PSCs.<sup>123</sup>

The application of phenolic compounds as additives in the fabrication of PSCs has been reported to improve the crystal quality as well as the antioxidant and water repellent properties of the perovskite film, with an overall improvement in PCE and stability.<sup>109,110</sup> Wang et al. reported an improvement in the PCE and stability of tin-based PSCs by using gallic acid as a coadditive during its fabrication.<sup>124</sup> Usually, the addition of  $Sn^{2+}$ to the thermodynamically stable  $Sn^{4+}$  leads to stability issues in Sn-based PSCs. This causes additional trap states and  $Sn^{2+}$ vacancies in the perovskite film, which makes the PSC work less well. Through FTIR spectroscopy and XRD analysis, the carboxyl (–COOH) group of the gallic acid was shown to coordinate with the uncoordinated  $Sn^{2+}$  ions in the perovskite film, thereby improving its crystal quality and reducing the defect densities. The presence of gallic acid also reduced oxidationinduced degradation due to its oxygen scavenging capability. As a result, there were fewer charge carrier trapping states, and the PCE of the PSC that contained gallic acid remained stable for a



Fig. 9 (a) Structure of gallic acid and its mode of oxygen radical scavenging; (b) the coordinative interaction between gallate and SnCl<sub>2</sub> reprinted with permission from ref. 124, Copyright@2020, American Chemical Society, (c) structure of caffeic acid and its mode of oxygen radical scavenging; (d) coordination of caffeic acid with Sn<sup>4+</sup> vacancies in the perovskite film; (e) dark  $I-V$  curve of the control device; and (f) dark  $I-V$  for the caffeic acidmodified perovskite film; (c)–(f), reproduced from ref. 125 with permission American Chemical Society, Copyright (2021).

longer time. Fig. 9(a) and (b) illustrates the respective free radical scavenging mechanisms and the coordinative effects of gallic acid on  $\text{Sn}^{2+}$  in the film, which led to the operational stability of the PSC devices. Liu et  $al$ .<sup>125</sup> added caffeic acid to the perovskite precursor solution, which improved the shape of the perovskite film by blocking defects at the grain boundaries and the surface of the film in a manner similar to that of gallic acid (Fig. 9(c) and (d)). This was supported by the observed reduction in the root mean square roughness ( $\triangle RMS$ ) of the film by about 6.3 nm and a reduction in defect density as seen in Fig. 9(e) and (f). This significant improvement in defect passivation was associated with the hydrogen bonding and the coordination interactions between the –COOH group and the uncoordinated Pb<sup>2+</sup>, Sn<sup>2+</sup> ions or Sn<sup>4+</sup> vacancies in the perovskite film. The overall improvement in the stability of the caffeic acid-modified PSC ( $\Delta$ PCE = 1.59%) was attributed to the caffeic acid's ability to scavenge oxygen radical species through its phenolic group.

Ferulic acid has also been shown to be effective in suppressing light-induced halide segregation in perovskite films because of its ability to bring about strain relaxation. Liu and co-workers<sup>126</sup> incorporated *trans*-ferulic acid into a wide band gap PSC and reported a great improvement in performance. They attributed the improvement to *trans-ferulic acid's ability* to increase the perovskite crystal sizes and to stabilize the perovskite lattice structure. In one of the most recent studies, Zhang et  $al$ .<sup>127</sup> utilized flavonoids (quercetin, morin, kaempferol, and myricetin) to stabilize Sn-based PSCs. They reported

remarkable improvement in the performance of the PSC in the order of myricetin ( $\triangle PCE = 0.84\%$  w.r.t. the reference pristine)  $>$  quercetin ( $\triangle PCE = 0.65\%$ )  $>$  morin ( $\triangle PCE = 0.50\%$ ). However, the kaempferol additive decreased the PCE of PSC ( $\triangle$ PCE = -1.02%). The multifunctional groups in myricetin favored interactions with the perovskite film, and myricetin was found to anchor on the grain boundaries and the surface of the perovskite film. Hydrogen bonding interactions with the –NH groups of the perovskite film promoted crystallization kinetics, which led to improved crystal quality. Moreover, its multiple phenolic groups boosted the free radical-scavenging properties of myricetin, which hindered  $Sn^{2+}$  ion oxidation. Under the same experimental conditions, the other flavonoids quercetin, morin, and kaempferol performed less well than myricetin and, in order, correlated to the number of –OH groups in the phenyl ring C attached to the pyran structure. The myricetin-modified PSCs exhibited negligible hysteresis index (HI) relative to the pristine device. The use of myricetin also led to improved hole mobility  $(3.77\times 10^{-3}~\rm cm^{-2}~V^{-1}~s^{-1}$  versus  $1.19\times 10^{-3}~\rm cm^{-2}~V^{-1}~s^{-1}$  for the pristine device) and a reduction in defect density  $(0.396 \times$  $10^{16}$  cm<sup>-2</sup> versus 3.16  $\times$  10<sup>16</sup> cm<sup>-2</sup> for the pristine device), which indicates its excellent surface passivation properties. Taken together, these factors led to the improved performance and enhanced stability of the myricetin-modified PSC. Even though these flavonoids have fascinating properties (Table 1), their application was limited to Sn-based PSCs and therefore might present an interesting development when considered in future research on Pb-based PSCs.







Catechin, a flavanol that occurs naturally and is a great antioxidant, was added to a Sn-based perovskite film to reduce the oxidation problem.<sup>128</sup> By using catechin, the researchers were able to simultaneously improve the stability and PCE of Sn-based PSCs. With catechin as a dopant, the PCE improved from an average value of 4.29% to an average value of 5.45% (Champion = 6.69%) for catechin-doped PSC devices.

3.1.3 Terpenes and terpenoids. These groups of phytochemicals are identified by the isoprene structural units that are present in their structures. They are classified into monoterpenes (two isoprene), sesquiterpenes (three isoprene), diterpenes (four isoprene), and triterpenes (six isoprene units) depending on the number of isoprene units in their structures. Terpenoids are functionalized terpenes, with the oxidized terpenes forming the largest percentage of terpenoids. Alpha  $(\alpha)$ -terpineol belongs to the terpenoids group and can be extracted from oil plants. $129$  It has recently been used as a solvent additive to boost the performance of PSCs. The film was more uniform and had better crystallinity after  $\alpha$ -terpineol was added to the perovskite precursors. So, the PSC that was made with the  $\alpha$ -terpineol additive had better PCE, stability, and repeatability compared to the control device. $130$  Fig. 10 shows a comparison of the properties of the perovskite film and the behavior of PSCs with and without the  $\alpha$ -terpineol additive. It is seen that the presence of the  $\alpha$ -terpineol additive improved the water repellency of the perovskite film and the PCE and stability of the PSC (Fig. 10(e)). Review Energy Articles<br>
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Xiong *et al.*<sup>131</sup> used betulin as an additive to control the crystallization of the MAP $bI_3$ -based perovskite film. Fig. 11 shows how the presence of betulin in the perovskite precursors

improved the morphology of the film, thereby reducing its surface roughness. The improvement in the PCE and stability stemmed from betulin's ability to passivate uncoordinated  $Pb^{2+}$ via Lewis acid-based reactions, as revealed by the XPS analysis. The strong hydrogen bonding interaction between the H atom from  $-NH_3^+$  in the perovskite and the O atom from the -OH group of betulin stabilized the perovskite structure and suppressed ion migration and surface charge trapping. Furthermore, the hydrophobicity of betulin increased the water contact angle from  $36.6^{\circ}$  to  $71.4^{\circ}$ , improving the water repellency of the perovskite film, which improved its stability against moisture exposure. With the incorporation of betulin additive in the perovskite film, the PCE of PSC improved from 19.14% to 21.15%, and the hysteresis index decreased from 0.054 to 0.029.

3.1.4 Alkaloids. Alkaloids are nitrogen-containing phytochemicals commonly referred to as organic bases. They include nicotine, quinoline, capsaicinoids, acridone, theophylline, caffeine, and theobromine, among others. $132$  Capsaicin, a common alkaloid from the capsaicinoids class majorly obtained from chili pepper, has been used in the fabrication of PSCs.<sup>133</sup> Xiong and his team added capsaicin to a perovskite film as an antisolvent. They observed that it improved the shape of the perovskite film, made charge carriers move around more easily, reduced defect-mediated recombination, and modified the interface with the CTL, which led to improved charge carrier extraction and PCE in the  $PSC<sup>134</sup>$  This improvement was attributed to the favorable interactions, mainly hydrogen bonding, between the  $-NH_2$  and  $-C=O$  groups of capsaicin with the  $MA<sup>+</sup>$  and the uncoordinated Pb<sup>2+</sup> ions of the MAPbI<sub>3</sub>-based



Fig. 10 (a) Chemical structure of  $\alpha$ -terpineol and the steps involved in the fabrication of the perovskite film, (b)  $J-V$  curves for the PSC fabricated with and without  $\alpha$ -terpineol, (c) normalized PCE for the PSC with and without  $\alpha$ -terpineol, (d) FTIR spectra of the perovskite film with and without  $\alpha$ -terpineol, and (e) water contact angle for the perovskite film with and without a-terpineol. Reproduced from ref. 130 with permission from America Chemical Society, Copyright (2021).



Fig. 11 Comparison of the surface roughness of the perovskite film (a) without and (b) with betulin; reproduced from ref. 131 with permission from Elsevier Inc., Copyright (2019).

perovskite film, which reduced the density of defects in the perovskite film leading to an enhancement in the charge carrier collection efficiency in the capsaicin-modified PSC device. The HI was also reduced by about 1.8% for the capsaicin-based PSC (HI = 1.4%) relative to the control device (HI = 3.4%).<sup>137</sup> Li and co-workers used quinoline as an additive in perovskite precursor solutions and reported that the presence of quinoline in the right amounts improved the perovskite film morphology and crystallinity, reducing the density of defects and consequently the non-radiative recombination power losses, which led to the observed improvement in the PCE and stability of the PSC.<sup>135</sup> The presence of quinoline also led to a reduction in hysteresis in the PSC as indicated by the reduction in HI from 0.049 to 0.012.

Caffeine has also been incorporated into PSCs as an additive during their fabrication.<sup>136</sup> The presence of the  $-C=O$  group interacted with  $Pb^{2+}$  ions in the perovskite, modulating its crystallization, inducing preferred crystal orientation, and improving the film morphology, thereby reducing the defect density and improving the charge transport in the resulting PSC device. Fig. 12 shows a comparison of the charge carrier dynamics, J–V curves, and EQE of the control and caffeinecontaining PSC devices. The latest study on the use of caffeine as an additive in PSCs was carried out by Dhanabal et  $al.$ ,  $137$ 



Fig. 12 Comparison of (A) J–V curves; (B) EQE curves; (C) normalized transient photovoltage decay; and (D) normalized transient photocurrent decay for pristine and caffeine-modified PSC devices. Reproduced from ref. 136 with permission from Elsevier Inc. (2019).

who incorporated caffeine into a MAPI-based perovskite film in different proportions. In their study, they also observed an improvement in the performance of PSC devices when modified with caffeine. They found that 5 wt% of caffeine was the optimum proportion that yielded the highest PCE and stability.

Wang and his research team<sup>138</sup> used three purine alkaloids (caffeine, theophylline, and theobromine) as molecular additives in the fabrication of PSCs. Their study focused on the interaction between the defects and the functional groups  $(-C=O$  and  $-NH<sub>2</sub>)$  in these molecular additives and how this could influence the device PCE and stability. Their results revealed that the presence of both  $-C=O$  and  $-NH$  groups played a pivotal role in surface defect passivation in the perovskite film where the hydrogen-bond formation between  $-NH<sub>2</sub>$  and iodine aided  $-C=O$  binding with Pb antisite defects. The theophylline and caffeine additives effectively passivated the surface defects in the perovskite films, leading to improvements in the PCE and stability of the PSC. The PSC device with theophylline additive had a higher PCE and better operational stability compared to the control and the devices with caffeine. However, the theobromine-containing PSC device showed a decline in the PCE relative to the control device. The difference in the observed performance is due to the differences in the way these molecular additives interact with the defects in the perovskite film. Fig. 13 shows the top view of the surface defects, the interaction of the different additives with the defects, and the J–V curves of the PSC devices. Review Energy dented of the transition of NOP-based perso-kite film in this perspective film person<br>interact of the dented on 12 are observed in the second on 12 and 2022. The second of the second interaction<br>interaction

Liu et al.<sup>139</sup> used coumarin 343 (C343) dye as a defect passivator in FA-based PSCs. The presence of the  $-C=O$  group

in this compound helped in passivating defects on the surface of the perovskite film by coordinating with the uncoordinated  $Pb^{2+}$ , thereby prolonging the charge carrier lifetime and improving interfacial charge carrier extraction. This led to an improvement in device PCE and operational stability. In addition to defect passivation, coumarin improved the hydrophobicity of the perovskite film, thus improving the moisture stability of the PSCs.<sup>139</sup> Coumarin is also said to be a good residual stress reliever, a phase segregation inhibitor, and deformable. This means that it can be used to make flexible PSCs that are stable mechanically and have good performance.<sup>140</sup>

3.1.5 Indigoids. These are classes of natural dyes obtained from the Indigofera genus plant. $141$  They are insoluble in water and have functional groups that make them suitable for improving moisture-tolerance and passivating defects in perovskite films. Indigo molecules were used by Guo and his team<sup>142</sup> to make a perovskite film that had good morphological properties and better crystal quality. The  $-C=O$  and  $-NH<sub>2</sub>$ groups present in indigo acted as chemical defect passivators, improving the PCE and stability of PSC. Fig. 14 shows the effects of indigo molecules on the properties of the perovskite film and the effects on the PV parameters and degradation properties of the PSC. It is seen that the presence of indigo in the film improves the  $J_{\rm sc}$  and  $V_{\rm oc}$ , and the indigo-modified PSC device can retain over 80% of its initial PCE for a longer time compared to the control device.

3.1.6 Carboxylic acids. Carboxylic acids are phytochemicals characterized by the presence of the –COOH functional group



Fig. 13 (A) Top view of the surface defects in the perovskite films. (B) Interaction of the defects with additives; and (C) comparison of the J–V curves of theophylline-, caffeine-, and theobromine-based PSCs and the control device, reproduced from ref. 138 with permission from American Association for the Advancement of Science (2019).



Fig. 14 (a) Structures of indigotin (left) and its oxidized derivative indirubin (right),<sup>141</sup> (b) J–V curves for PSCs with and without indigo. (c) Normalized PCE for PSCs with and without indigo; reproduced from ref. 142 with permission from Wiley-VCH GmbH (2022).

in their structures. Recently, carboxylic acids have attracted the attention of researchers in the solar cell industry, mainly in the development of PSCs.<sup>143</sup> This has been attributed to the attractive properties of the –COOH functional group in coordination with the uncoordinated divalent cations of the perovskite films and their hydrogen bonding interactions, which are known to influence the crystallization quality of the perovskite film.<sup>144</sup> By using lauric acid as an interfacial modifier in the perovskite film, Yang's team was able to improve the performance and stability of PSCs significantly ( $\triangle$ PCE = 3.28%).<sup>144</sup> The -COOH of lauric acid passivated in the surface defects leading to a reduction in non-radiative power losses whereas its alkyl chain improved the moisture resistance of the perovskite film, and hence the stability in the PSC. Fig. 15 compares the *I–V* curves and variation in PCE over time for the control and lauric acidmodified PSC, showing the importance of lauric acid in improving the PV parameters and operational stability of the PSC. Similarly, the use of stearic acid as an additive enhanced the moisture stability of the PSC and its morphology through defect passivation.<sup>145</sup>



Fig. 15 (a) Structure of lauric acid, (b) J–V curves for PSC with and without lauric acid additive and (c) variation of PCE with time for PSC with and without lauric acid additive, reproduced from ref. 144 with permission from American Chemical Society (2022).

In a recent study, Abdelmageed et  $al.^{146}$  reported improved PSC stability by using oleic acid (OA) as an interfacial modifier under a highly humid environment (relative humidity, RH  $\sim$  76.7%). The –COOH group of OA passivated the defects and led to the formation of a thin hydrophobic layer over the perovskite film surface that prevented water ingress. This is what brought the observed improvement in PCE and stability of the OA-modified PSC device.

Other non-fatty acids, such as oxalic acid, citric acid, malonic acid, and malic acid, have also been used as additives in the fabrication of PSCs.<sup>147-149</sup> Guo et al.<sup>148</sup> observed that the introduction of citric acid into the perovskite film modulated



Fig. 16 Chemical structures of some of the phytochemicals that have been used in PSCs.

the crystallization kinetics of the film, leading to an improvement in its crystal quality. Whereas the pristine device gave a polycrystalline mixture of cuboid and elongated dodecahedral crystals on crystallization, the addition of citric acid to the precursor solution led to the formation of closely packed, cuboidal crystals, which resulted in a perovskite film with better morphology. As a result, the citric acid-modified PSC device showed a better PCE relative to the pristine device ( $\Delta PCE = 3.51\%$ ). A fascinating observation in this system is that the PCE of the citric acid-based PSC displayed light illumination-dependent performance in the order of 28.1% (under white light LED  $100Ix$ )  $> 20.4\%$  0.087 suns (equivalent to a rainy day)  $> 16.75\%$  under 1 sun (100 mW  $\rm cm^{-2}$ ). This implies that the citric acid-based PSCs are suitable for applications under low light illumination, which include indoor applications. These notable properties of citric acid in crystal engineering are associated with stronger hydrogen bonding of the –COOH of citric acid (compared to that of malonic acid used in the same study) $148$  to the -NH of the film and the coordination ability of the multiple –COOH groups to the uncoordinated divalent cations of the perovskite film. By adding malonic acid (Fig. 16) to the precursor solution, Mohammed et al.<sup>149</sup> made a better MAPI-based PSC without a hole transport material, which had a PCE of 14.14% (relative to 11.88% for the reference device). The better performance  $(\Delta PCE = 2.26\%)$  of this malonic acid-modified PSC was achieved on account of suppressed charge carrier recombination due to improved film morphology. The malonic acid-based PSC device also showed improved stability as it could retain over 80% of the initial PCE for over 800 h. Expery Advances Weeklyndian kiesis; of the film, leading to an inquire the storag hydrogen bonding from the behind of the storage area which multiple in expectation and leading the storage area which multiple in expectatio

Adil Afroz et  $al^{147}$  used oxalic acid as an additive in the precursor solution to fabricate a MAPI-based PSC, which further demonstrates the performance versatility of the carboxylic acids. In their study, they obtained an oxalic acidmodified PSC with a better PCE ( $\Delta$ PCE = 3.06%) and enhanced stability (retained over 90% of the initial PCE at 100  $^{\circ}$ C versus 14% of the reference pristine after 9 h). This was attributed to

the strong hydrogen bonding from the bifacial –COOH group, which modulated the perovskite film crystallization and led to excellent crystal quality, increased grain sizes and improved surface passivation. Phytochemical-based esters, also known as carboxylic acid derivatives, have also been applied as additives in the fabrication of PSCs. For example, Huang et  $al$ <sup>150</sup> reported an improved performance of a Sn-based PSC ( $\triangle$ PCE = 0.65%) relative to the reference device) and a reduction in hysteresis index on using octocrylene as an additive. Octocrylene (Fig. 16) is a phytochemical-based lipophilic ester ( $log k_{ow} = 6.88$ ) which is resistant to sunlight degradation and hence a common UV filter. The improved moisture stability of the octocrylene-modified PSC was attributed to the lipophilic nature of octocrylene and defect passivation through  $-C=O$  coordination. Fig. 16 shows the chemical structures of some of the phytochemical-based additives that have been used in PSCs.

Overall, most of the phytochemical-based additives that have been applied in the literature to fabricate PSCs have shown good performances, as indicated by the reported improvement in the PCE (i.e., positive values of  $\Delta PCE$ ) and improvement in stability under exposure to varied environmental conditions. The improvement in performance has mainly been attributed to the presence of various functional groups in their chemical structures, which interacted with different ionic or atomic species in the perovskite films, thus modulating their crystal quality, morphology, charge carrier mobilities, defect chemistry, work function, and resistance to degradation. All these lead to a reduction in defect-mediated recombination power losses as well as reduction in the oxygen-, moisture-, heat- and light-induced degradation, which improves the PCE and stability of PSCs. A summary of the relative improvement in the PCE in PSCs with different classes of phytochemical-based additives relative to the pristine devices used in the empirical studies is provided in Fig. 17.

It is worth noting that several phytochemical-based compounds exist, and their effects on the overall performance of PSC are dependent on the strength of the chemical bonding



Fig. 17 Comparison of  $\Delta$ PCE values for PSCs modified with different phytochemical-based additives.

interaction and coordination between their functional groups (FGs) and the ionic or atomic species in the perovskite material. This interaction determines their defect passivation efficacy and longevity as well as perovskite lattice stabilization, residual stress relief, phase segregation, ion migration and degradation inhibition capabilities. FGs with a terminal O atom and those with lone pairs of electrons on their N or S functionalities are effective in controlling perovskite crystal growth and defect passivation by virtue of their ability to bond and coordinate well with atoms in the perovskite material, form Lewis acid–base adducts and anchor well to the perovskite surface. Other FGs are effective in stabilizing perovskite precursors and the perovskite structure as well as improving the interfacial energetics in PSCs for improved charge transport. Whenever a number of FGs co-exist, their synergistic effects may lead to the formation of perovskite films with excellent optoelectronic properties and PSCs with good performance. However, other factors such as the molecular configuration of the additive, nature of the perovskite precursors and solvents used, steric hindrance effects, design of PSC, and post-treatment techniques also play a role in the performance of PSCs. A summary of the PV parameters of PSCs with and without phytochemical-based additives is given in Table 1. It is seen that different phytochemicals can improve the PCE of PSCs to different degrees and no generalization can be made about the best class of phytochemicals to use. With regards to the stability of PSCs, the ability of the phytochemical-based additive to passivate defects and suppress oxygen-, moisture-, UV-light- and thermal-induced degradation depends on their ability to modulate the perovskite film morphology and crystal quality as well as their free radical scavenging, residual stress relief, perovskite surface anchoring, hydrophobic surface layer formation and perovskite phase stabilization capabilities. This is usually controlled by the interaction and coordination effects between their FGs and the atoms or ions in the perovskite material. It is therefore important to explore the use of more phytochemical-based additives in the preparation of PSCs, as this can help in establishing the criteria to use when selecting the best phytochemical to use as additives and can bring a breakthrough in addressing the challenges hindering the commercialization of PSC technology. Review Energy in the control of the provide interferior of the properties are the properties are the properties are the properties are the computer and the common the set of the common the set of the common the common the

### 4. Conclusion and future prospects for the development of PSCs

In summary, this review focused on the recent empirical results on the use of phytochemicals as additives in PSCs. A detailed assessment of the effects of each category of phytochemicals on the properties of perovskite films and performance of PSCs was performed, as a means to unravel the key factors responsible for them. It is clear from the comparison that the functional groups present in the phytochemical-based additives play important roles during perovskite film formation ranging from modulating the nucleation and crystallization dynamics, to inhibiting precipitation of defects, passivating defects at grain boundaries and engineering the work function. All these help in the formation of perovskite films with good morphology,

improved crystal quality and improved resistance to degradation. For carboxylic acid-based phytochemicals, the hydrogen bonding interactions with the –NH groups and the uncoordinated Pb<sup>2+</sup> or Sn<sup>2+</sup> ions were found to influence the perovskite crystallization kinetics leading to perovskite films with improved crystal quality and reduced defect density. The multifunctional groups present in phenolic compounds were also found to play a key role as degradation inhibitors in perovskite films by virtue of their free radical scavenging capability, precursor stabilization and ability to passivate defects in the bulk and on the surface of perovskite films.

In addition to the functional group-rich chemical structures, the high antioxidant activities and hydrophobic nature of some phytochemicals endows them with excellent qualities for addressing the challenges of non-radiative recombination power loss and stability in PSCs. Future research on PSCs should consider using phytochemical-based additives in perovskite precursors to improve their performance. Special attention should be given to phytochemicals derived from invasive wild plants, commonly known in the agricultural sector as weeds, which in the context of agricultural production, present an economic burden to farmers and reduce crop yields. Furthermore, phytochemicals can also be extracted from agricultural plant wastes such as stalks, fruit peels and other parts that are usually thrown away as waste. The use of phytochemicals derived from such weed plants or plant wastes in additive engineering of PSC technology will render them beneficial and of great economic importance to farmers. More research work in the future should therefore focus on investigating the effects of specific classes of phytochemicals derived from weed plants or agricultural plant wastes and their synergistic effects when applied in combined forms or as mixtures.

## Data availability

No data was collected in this study. The data used in the review has been included in the main text of the document.

### Author contributions

NC: writing original draft; GMM: writing original draft; MMG: writing original draft and editing; KKR: review and editing; GKY: review and editing; SCC: review and editing; RKC: review and editing; DS: review and editing; BA: review and editing; EN: review and editing.

## Conflicts of interest

The authors declare no competing interest.

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