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Recent advances in 2D MXene-based heterostructures for gas sensing: mechanisms and applications in environmental and biomedical fields

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MXenes, a unique class of 2D transition metal carbides, have gained attention for gas sensing applications due to their distinctive properties. Since the synthesis of $Ti_3C_2T_x$ MXene in 2011, significant progress has been made in using MXenes as chemiresistive sensors. Their layered structure, abundant surface groups, hydrophilicity, tunable conductivity, and excellent thermal properties make MXenes ideal for low-power, flexible, room temperature gas sensors, fostering scalable and reproducible applications in portable devices. This review evaluates the latest advancements in MXene-based gas sensors, beginning with an overview of the elemental compositions, structures, and typical fabrication process of MXenes. We subsequently examine their applications in gas sensing domains, evaluating the proposed mechanisms for detecting common volatile organic compounds such as acetone, formaldehyde, ethanol, ammonia, and nitrogen oxides. To set this apart from similar reviews, our focus centered on the mechanistic interactions between MXene sensing materials and analytes (particularly for chemiresistive gas sensors), leveraging the distinct functionalities of MXene chemistries, which can be finely tuned for specific applications. Ultimately, we examine the current limitations and prospective research avenues concerning the utilization of MXenes in environmental and biomedical applications.

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Introduction

Gas sensors are critical in various applications, including disease diagnosis, environmental monitoring, public safety, and food quality evaluation.^{1–3} Over the past five decades, numerous technologies have been developed for gas detection, encompassing conductometric, optical, electrochemical, thermoelectric, and acoustic sensors.^{4–12} Among these, chemiresistive sensors are of particular interest due to their scalable production methods, low-cost, small footprint, and seamless integration with standard integrated circuit technologies.^{13–15}

Since the 1960s, metal oxide semiconductors (MOS) have been extensively studied for their application in chemiresistive gas sensors. Their simple structure and high sensitivity to stimuli have positioned MOS-based materials in the ideal space for sensor integration. The gas-sensing properties of pristine MOS, corresponding heterostructures, surface modifications, and micro- and nanostructures have been thoroughly documented in various reviews and book chapters. 16-25 Consequently, MOS-based materials have been successfully commercialized and deployed in many fields ranging from industrial and agriculture to pharmaceutical applications. 26-30 Despite the advantages of MOS-based gas sensors, several practical constraints and unresolved challenges impede their further advancement. A primary concern is the requirement for high operating temperatures, typically 200-500 °C, to activate the adsorption of ionized chemical species necessary for detection reactions. Typically, this requirement translates to incorporating a heating element in the sensor device, limiting their potential application in many fields and low-power devices.31-34 The high operating temperature of MOS-based sensors necessitates increased sensor design and fabrication complexity and diminished sensitivity due to thermally induced Ostwald ripening of nanoparticles.35,36 Furthermore,

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elevated temperature significantly limits these sensors' wide adoption and application, particularly in hazardous environments where flammable gases may ignite. In addition, MOSbased gas sensors face additional technical challenges, including baseline resistance drift, insufficient selectivity, and sensitivity to humidity, further limiting their use-case in many areas. 37-39

To overcome these limitations described above, researchers have focused on exploring a wide range of material combinations and architectures, modifying sensing material surfaces, and scalable production methodologies. As a result, the critical metrics on assessment of a sensor device are often categorized into four key elements: sensitivity, selectivity, recovery time, and stability. Concurrently, there is a growing emphasis on detecting gas molecules at or near room temperature to usher in a new wave of sensing devices that are compatible with the current surge in electronics. 40-43 The rapid growth of the Internet of Things (IoT) and flexible electronics has driven a heightened demand for gas sensors that are flexible, wearable, energy-efficient, and compact.²⁶ Further, advancements in nanotechnology have stimulated interest in gas-sensing technologies that focus on device miniaturization and enhanced sensing performance through the application of innovative low-dimensional materials. 44-46 Recently, emerging 2D materials have attracted significant interest for the development of room temperature chemiresistive gas sensors, thanks to their high surface-to-volume ratio and exceptional physicochemical properties. The introduction of graphene-based gas sensors spurred exploration into a broader range of 2D materials for room temperature gas sensing applications. 47-52 Since 2011, MXenes—a subset of 2D materials including transition metal carbides, nitrides, carbonitrides, and oxycarbides—have gained considerable attention due to their unique surface chemistry, tunable interlayer spacing, 53,54 and diverse physicochemical properties. 55-57

The MXene family consists of a wide variety of materials based on composition and structure, such as single transition metal MXenes, ordered phases, and high-entropy (h) MXenes. 58-67 Recent research 58,68-71 has shown that MXenebased materials offer excellent gas sensing performance at room temperature, capable of detecting ultra-low gas concentrations due to their high signal-to-noise ratio. However, pristine MXene-based gas sensors face challenges, including low sensitivity, baseline drift, susceptibility to cross-interference, and a narrow band gap, which limits surface reactions and sensor responsiveness. Additionally, MXenes' tendency to self-stack hinders gas diffusion and access to active sites, further restricting their ability to detect low-concentration gases.⁷² While pristine MXenes offer a promising foundation for developing selective and sensitive room temperature gas sensors, further research is needed to better understand the gas sensing mechanisms and to scale up production of MXene-based sensors. Overcoming these challenges, such as improving response, selectivity, detection limits, and reversibility, is essential for unlocking the

full potential of MXene-based materials in advanced gas sensing technologies.

In this review, we explored recent advancements in 2D MXene-based heterostructures, focusing specifically on gas sensing mechanisms (particularly for chemiresistive gas sensors) within environmental and biomedical applications. Unlike other studies, we emphasized the unique mechanistic interactions between MXenes and analytes, enabled by the tunable chemistries of MXenes, which facilitate enhanced sensitivity and selectivity for various gases. Our comprehensive analysis includes the distinct functionalities and room temperature capabilities of MXenes, making them viable for lowpower, scalable gas-sensing applications. By addressing existing limitations and proposing future research avenues, this review serves as a valuable resource for researchers, academics, and industry professionals aiming to push the boundaries of MXene-based sensing technologies. We believe this work will contribute to advancing the integration of MXenes into next generation sensor technologies, aligning with the growing demands of environmental and health monitoring.

2D materials for gas sensing 2.

In 2011, the landscape of 2D materials was predominantly composed of semiconductors, semimetals, and insulators characterized by low electronic conductivities and carrier concentrations. At that time, few 2D materials could be produced in quantities sufficient for applications beyond microelectronics. Solution-processed 2D materials, with the exceptions of graphene and hexagonal boron nitrides, exhibited limited flake sizes due to low mechanical strength, which resulted in fracture during delamination. Many of these materials also demonstrated hydrophobic properties and instability in air. 73 The discovery of a family of 2D carbides and nitrides possessing metallic conductivity, hydrophilicity, processing ease, high yields, and large flakes subsequently transformed the materials science field.74 Early transition metal carbides and nitrides had established themselves as an important material class, distinguished by their high metallic electrical conductivity, exceptional hardness, and superior chemical stability. These materials had been extensively studied for decades as bulk ceramic materials, primarily for high-temperature applications and cutting tools. Their applications extended to functional composites, catalysts, and electrochemical energy storage.

The strong bonding between transition metal and carbon/ nitrogen atoms, predominantly through covalent and metallic bonds, 75 had previously made dimensionality reduction—from bulk 3D solids to nanomaterials including 2D sheets and 1D nanoribbons or nanotubes—particularly challenging. This necessitated unconventional approaches to achieve dimensionality reduction, and as a result, Gogotsi and coworkers developed an approach that utilized the difference in strength between metal-metal bonds and metal-carbon/nitrogen bonds to selectively etch monoatomic metal layers from the MAX

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phases. These MAX phases were layered ternary carbides and nitrides with a composition of $M_{n+1}AX_n$, where M represented an early transition metal, A primarily comprised group 13 and 14 elements, X denoted carbon and/or nitrogen, and n ranged from 1 to 4. In 1996, Barsoum and El-Raghy achieved a breakthrough by producing single-phase pure samples of Ti_3SiC_2 , demonstrating its machinability and excellent electrical and thermal conductivity. By 1997, they had established that Ti_3SiC_2 was one of 50 phases, most of 2011 which had been discovered by Nowotny and colleagues in the 1960s. The discovery of Ti_4AlN_3 in 1999 led to the designation of these materials as $M_{n+1}AX_n$ or MAX phases.

Structurally, the MAX phases exhibited layered hexagonal characteristics (P63/mmc space group) and could be described as transition metal carbide/nitride sheets of octahedral blocks, with X atoms positioned in the octahedron centers, connected by pure A layers.80 In 2011, Naguib and coworkers demonstrated that immersing Ti₃AlC₂ in hydrofluoric acid at room temperature enabled selective etching of the Al layers, resulting in the first 2D titanium carbide—Ti₃C₂.81 By 2012,82 this selective etching method had been shown to apply to numerous other MAX phases containing aluminum A-layers, one of the more common A-elements in MAX phases. This development led to the designation of this new family as MXenes, emphasizing their relationship to MAX phases and their dimensionality. While approximately 70 MAX phases existed in 2011,83 by the time of documentation, the number had grown to 150, with new discoveries occurring regularly, providing an expanding array of precursors for MXenes. The critical performance metrics of gas sensor devices (sensitivity, selectivity, response and recovery time, detection limit, etc.) fundamentally depend on the characteristics of the sensing material utilized. Specifically, the large surface area of the sensing material facilitates the interaction between the material's active surface and the target gas molecules, while the availability of active surface sites enables efficient and selective adsorption of gas molecules.84 In this context, two-dimensional nanostructures, which possess unique material properties that inherently differ from bulk structures, have garnered extensive research interest for development of high-performance gas sensors. In addition to providing an extensive surface area and thus increased active sites, 2D materials demonstrate several notable advantages, including facile surface functionalization, adjustable electronic structure, potential for 3D architectural assembly via stacking or sandwich-style approaches, superior flexibility enabling wearable use-cases enabling effective device integration compatibility, and exceptional mechanical durability.85 As a result of implementation of 2D structures in this field, substantial improvements in the "4S" sensor performance parameters (sensitivity, selectivity, stability, and speed—response/recovery time) have been made in the past two decades.86 For gas sensing applications, three primary categories of two-dimensional materials have emerged as the most extensively studied: (i) metal oxides, 87-90 (ii) graphene-based structures, 91-93 and (iii) dichalcogenides. 94-96 Metal oxide-based structures demonstrate exceptional sensitivity to gas molecules while maintaining robust stability.97,98 These materials offer significant advantages in terms of cost-effective production and versatile manufacturing capabilities, enabling the creation of diverse nanostructured morphologies. The operational principle of metal oxide sensors relies on conductivity changes within the sensing surface layer, which vary according to environmental gas presence. The sensing mechanism progresses through distinct stages: initial adsorption of oxygen species on the semiconductor surface, electron transfer between semiconductor and oxygen, adsorption of the target gas, chemical reaction occurrence, electron transfer to the semiconductor, and finally, product desorption. The material's nanostructure and morphology play crucial roles in sensor performance. Specifically, porous structures facilitate enhanced surface-tovolume ratios, while large specific surface areas provide abundant active sites for gas molecule adsorption. 97,99 Graphenebased materials present compelling opportunities for gaseous molecule detection, primarily due to their exceptional electrical conductivity, remarkably high specific surface area, and superior charge carrier mobility. 99-101 These materials operate through a direct charge transfer mechanism, whereby the adsorption and desorption of gas molecules induce changes in local charge carrier concentration. The electrical conductivity undergoes either an increase or decrease, depending on whether the gas acts as an electron donor or acceptor. 102 Twodimensional layered structures of transition metal dichalcogenides, notably MoS₂, MoSe₂, and WS₂ as frequently reported in literature, exhibit favorable semiconducting properties combined with high surface area and exceptional surface sensitivity. These characteristics have led to their widespread adoption in gas detection applications. 103,104 Their sensing mechanism closely parallels that of graphene-based materials, relying on charge transfer processes between the surface and adsorbed molecules. 105

Beyond their general sensing capabilities, 2D materials provide an excellent foundation for developing gas sensors that operate effectively at low or room temperatures. 106 For example, Zhang and Yin successfully demonstrated high ethanol-sensing properties using SnO2 nanosheets at a relatively low operating temperature of 165 °C. The researchers attributed this exceptional sensor performance to the mesoporous texture of the nanosheets, combined with small grain sizes and surface defects, resulting in high response rates, rapid response/recovery times, and excellent selectivity. 107 While metal oxide-based gas sensors are able to function at low temperatures, graphene-based materials and transition metal dichalcogenides enable the development of room-temperature sensors. 108 The creation of graphene/CNT hybrid films and Pd-decorated graphene structures facilitates high-performance NO2 detection at room temperature, presenting opportunities for low-power sensor device development. 109 Similarly, sensors utilizing WS2 nanoflakes or WS2 and MoS2 thin films demonstrate significant potential for room-temperature ammonia detection, offering both high sensitivity and selectivity. 104,110 MXenes represent the next evolution of 2D

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materials particularly suited for high-performance sensor development, further enabling low- and room-temperature applications with excellent sensitivity and response time. These materials possess exceptional electronic, physical, chemical, and mechanical properties, including large specific surface area, narrow and tunable bandgap, rapid electron transfer capability, and adjustable surface chemistry. While MXenes exhibit a 2D layered graphene-like morphology, they distinguish themselves from other 2D materials through superior response characteristics and enhanced signal-to-noise ratios, attributed to strong functional group binding with analytes. Their near-free electron states, positioned around the Fermi level, enable rapid charge-carrier transport through electron transport channels. 111-113 As a result, the superior sensing properties of MXenes stem primarily from their ability to effectively host a wide range of surface functional groups, which form strong bonds with analyte gases, and their metallic conductivity, facilitating rapid electron transfer and mobility.114,115 The selectivity of MXene-based sensors depends significantly on several factors, including surface-gas molecule interactions, MXene compositions and charge states, and flake orientation. Additionally, their controllable surface terminations offer substantial opportunities for structural modification, leading to enhanced properties and improved sensing performance. 116

3. 2D MXenes and MXene heterostructures

3.1 MAX and MXene structure

Since their discovery by Gogotsi et al. in 2011,81 two-dimensional (2D) MXenes with nanosheet (NS) morphology have garnered significant interest due to their unique features, including their 2D structure, high conductance, tunable bandgap, excellent mechanical flexibility, and hydrophilicity. MXenes are derived from their precursor materials known as MAX phases, which have the formula $M_{n+1}AX_n$. In MAX phases, n ranges from 1 to 3, M is a transition metal, and A represents an element from groups 13-16 of the periodic table. Fig. 1 illustrates the elements involved in MAX phases and the corresponding MXenes, depicting a visual categorization of the precursor elements on the periodic table.117 MXenes are characterized by the general formula $M_{n+1}X_nT_x$, where M represents a transition metal (e.g., Mo, Ti, Zr, Cr), X denotes either carbon (C) or nitrogen (N), n ranges from 1 to 4, and Tx indicates surface termination groups (e.g., -H, -O, -OH, -F). The atomic structure of MXenes consists of layers of M atoms arranged in a honeycomb-like 2D lattice, interspersed with X ions occupying the octahedral sites between adjacent metal layers, yielding highly ordered two-dimensional surfaces enabling a wide range of potential surface modifications. 118-120 Typically, the MXene structure is derived from separation of the MAXphase precursor via selective etching and delamination in stages. 121,122 Fig. 1b and c 123,124 depicts a visual of the transition stages of Ti-based MAX phase, illustrating the inception of 2D layered MXene *via* typical HF etching and delamination synthesis route.

3.2 Synthesis of MXenes

3.2.1 HF etching. The first report on the synthesis of 2D $\mathrm{Ti}_3\mathrm{C}_2$ carbide, resulting from the selective removal of the Al atom layer from the $\mathrm{Ti}_3\mathrm{AlC}_2$ MAX-phase structure, was published in Gogotsi's pioneering work. This method demonstrated aluminum etching by HF acid, exploiting the different nature and strength of chemical bonds within the MAX-phase structure following the reaction (1), (2) and (3):⁸¹

$$M_{n+1}AlX_1 + 3HF = M_{n+1}X_n + AlF_3 + 1.5H_2$$
 (1)

$$M_{n+1}X_n + 2HF = M_{n+1}X_nF_2 + H_2$$
 (2)

$$M_{n+1}X_n + 2H_2O = M_{n+1}(OH)_2 + H_2$$
 (3)

The M–X (X = C, N) bonds in $M_{n+1}X_n$ layers are strong covalent-metal interactions, while the M–Al bonds are relatively weak metallic bonds, enabling selective bond cleaving *via* exposure to selective etchants. For MAX-phases containing more electronegative elements like Si instead of Al as the binding element, an additional oxidizing agent (*e.g.*, H_2O_2 , FeCl₃, HNO_3 , $NH_4S_2O_8$, $KMnO_4$) is often used alongside HF.

However, the high toxicity and reactivity of hydrofluoric acid used in the etching process often result in defective MXenes and dramatic heating of the reaction system, leading to potential oxidation of the resulting MXenes. To address these issues, a milder approach was developed using *in situ* generated HF through the interaction of HC acid with various metal fluorides (Li, Na, K, Fe). This method allows for better control of the synthesis process, producing less defective MXenes with fewer M_{n+1} Xn layers. 68,129,130 The etchant composition significantly influences the surface functional groups (*e.g.*, -F,-OH, -O, -Cl) that form, which in turn affect the electrochemical properties of MXenes.

3.2.2 **Delamination.** Obtaining single or few-layered MXene plates using HF or HCl-MF etching systems (where M represents Li⁺, Na⁺, K⁺, NH₄⁺ cations) requires an additional delamination stage, often using intense ultrasound exposure or organic molecule intercalation. However, these processes can reduce the surface area and increase the defect rate. Alternative delamination methods have been recently explored, where Ti₃C₂T_x MXenes are intercalated and exfoliated in polar organic molecules, followed by separation via mechanical vibration to obtain monolayers and few-layer Ti₃C₂T_x MXenes. Alternatively, ultrasonication has been demonstrated to significantly boost high-quality nanosheet yield as well as process time, enabling a scalable pathway towards large-volume production. Furthermore, Dimethyl sulfoxide (DMSO) or tetrabutylammonium hydroxide (TBAOH) have been reported to be effective followed by manual shaking to obtain freestanding MXene "paper", eliminating energy-intensive sonication processes in MXene production. 68,131,132

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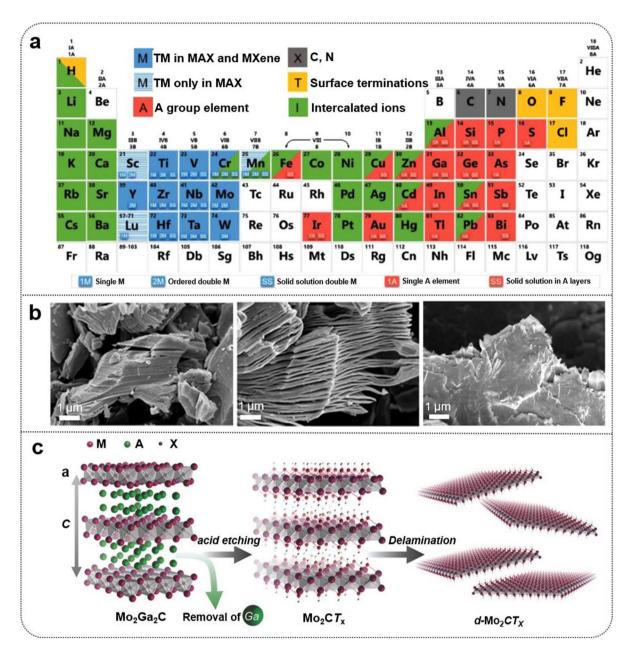


Fig. 1 (a) Periodic table displaying elements in MAX phases and MXenes, including surface terminations and intercalant cations derived from experimental investigations.⁷⁴ (b) left to right: SEM images of Ti₃AlC₂ MAX powder, multilayered Ti₃C₂T_x MXene powder synthesized using 30 wt% HF, single MXene sheet post delamination.⁸⁰ (c) Schematic demonstrating Mo₂Ga₂C MAX and MXene structures.⁸¹

While these delamination strategies demonstrate notable improvements in yield from the original synthesis methodology, a scalable method to synthesize large defect-free MXenes is highly sought after to enable large-volume production. In this effort, to obtain large, non-defective Ti₃C₂T_x particles, the Minimally Intensive Layer Delamination (MILD) technique was developed, optimizing the interaction between the Ti₃AlC₂ MAX-phase and the HCl-LiF system. 121,123 This method employs higher n(LiF): $n(M_{n+1}AlX_n)$ and n(HCl): n(LiF)ratios to facilitate aluminum layer etching and separate accordion-like MXene aggregates into individual plates without

ultrasound, requiring only shaking. MXenes synthesized by the MILD method exhibit distinct morphology, aggregation patterns after drying, and mechanical and electrophysical properties compared to those produced by conventional etching methods using lithium fluoride solution in hydrochloric acid.

Reproducible and scalable MXene synthesis methodologies are still being developed to enable application in sensing devices. Given the similarities between MXenes and other 2D materials, many studies on MXene-based sensor device fabrication employ established methods like dip-coating or dropcoating to apply modified MXene structures for investigation

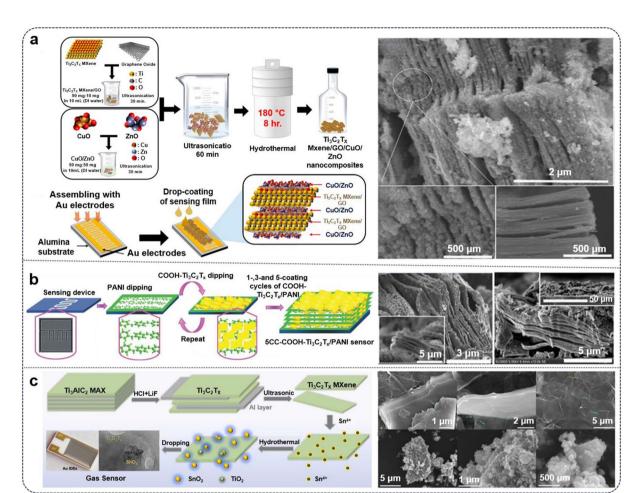


Fig. 2 (a) Synthesis schematic diagram of $Ti_3C_2T_x$ MXene/GO/CuO/ZnO nanocomposites. ⁹⁰ (b) Schematic of sensor fabrication process using dipmethod and coating cycles of COOH- $Ti_3C_2T_x$ /PANI. ⁹¹ (c) Illustration of preparation process of $Ti_3C_2T_x$ -SnO₂ nanocomposite. The right side includes SEM images of the as-prepared MXene composites. ⁹²

of sensing properties [Fig. 2].^{133–135} While the sensor device fabrication is crucial in demonstration of its commercial and scaling viability, device fabrication and integration will not be covered in the scope of this review.

The properties of synthesized MXenes exhibit significant variations depending on the chosen synthetic route, as these characteristics are fundamentally influenced by their surface functional groups, structural defects, and interlayer architectures. These two-dimensional materials demonstrate remarkable versatility, fulfilling the essential requirements for functional gas-sensing devices. The following discussion examines the latest reports on key intrinsic properties of MXenes that contribute to their gas-sensing capabilities, with particular emphasis on their structure–property relationships and sensing mechanisms.

4. Gas sensing principles

The sensing mechanism exhibited by MXene structures represents a distinct paradigm from that of metal oxides, demon-

strating complexity that differs from the conventional surface adsorption or charge transfer mechanisms observed in traditional two-dimensional (2D) materials. While MOS-based sensors operate through well-established mechanisms involving interactions between gas molecules and pre-adsorbed oxygen species at the surface, MXenes exhibit fundamentally different sensing behavior. The intrinsic sensing mechanisms of both 2D MXenes and their heterostructures are central to their gas- sensing capabilities. Computational simulations have provided valuable insights into the gas-sensing mechanisms of pristine 2D MXenes. However, MXene heterostructures introduce additional complexity through their unique attributes, particularly in terms of their electronic structures and adsorption models, resulting in distinct sensing mechanisms.

4.1 Sensing mechanism of 2D MXenes

Since the initial discovery of MXenes, numerous MXene permutations have been reported, 57,67,69 with ${\rm Ti_3C_2T_x}$ has emerged as the most extensively investigated member for gas

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sensing applications. Ti₃C₂T_x sensors exhibit behavior characteristic of p-type semiconductors, a phenomenon attributed to the presence of surface functional groups including -O, -OH, -F and etc. In gas sensing applications, charge carrier transfer is predominantly driven by physisorption and chemisorption. This attribute is influenced by the operating temperature, where at ambient temperatures, physisorption predominates such that a target gas molecule is absorbed onto the MXene surface without the mediation of adsorbed oxygen species. As a result, the measured electrical response of the system is changed via the process of adsorption and desorption, giving rise to gas detection mechanism. 136 This contrasts with MOSbased sensing mechanism, where adsorption of Oxygen on the surface is enabled at high temperature by capturing free electrons of the MOS, such that upon presence of a reducing gas, the surface density of adsorbed oxygen is changed thus allowing current flow, in accordance with its semiconductor properties. This fundamental difference in sensing mechanisms between MOS- and MXene-based gas sensors plays a crucial role in enabling ambient-temperature gas sensors, which are in high demand.

The electrical response is fundamentally determined by the chemical nature of the gas analytes, where reducing gases often induce an increase in electrical resistance, while the opposite is observed for oxidizing gases. This phenomenon is well-illustrated in ${\rm Ti_3C_2}$ MXene interfaces with ammonia, where the generated electrons combine with holes in the MXene structure, resulting in a reduction in surface charge-carrier concentration and a corresponding increase in the resistance of ${\rm Ti_3C_2T_x}$ sensors. 137,138 The p-type ${\rm Ti_3C_2T_x}$ sensing reaction is demonstrated in eqn (4) and (5):

$$2NH_3 + 3O^- \rightarrow N_2 + 3H_2O + 3e^-$$
 (4)

$$NH_3 + OH^- \rightarrow NH_2 + H_2O + e^-$$
 (5)

MXene-based gas sensors generally operate at ambient temperature to avoid surface oxidation; therefore, the dominant adsorbed oxygen ions are typically of the ${\rm O_2}^-$ type. Upon introduction of an external gas, a reaction occurs between the adsorbed ${\rm O_2}^-$ ions and the gas, resulting in a change of MXene electrical conductivity. Further, in the case of a reducing gas, the interaction yields electrons, resulting in both hole formation and electron recombination, leading to an increase in MXene resistivity via hole depletion. Alternatively, when an oxidizing gas is encountered, electrons are consumed, leading to hole accumulation, decreasing resistivity.

4.2 Sensing mechanism of MXenes heterostructures

The gas sensing mechanism in MXene heterostructures is notably more complex due to the interplay between MXene and various materials, including metal oxides, polymers, and metal nanoparticles. These combinations result in diverse energy-band diagram configurations as these components interact with target molecules of either reducing or oxidizing gases. For instance, MXenes with p-type conductivity can be integrated with n-type or p-type semiconductors, forming p-

p¹³⁹ or n-p¹⁴⁰ junctions based on the sensor device arrangement. Further additions of active materials to the MXene composites often adds another layer of complexity into the gas sensing process, where elucidation of fundamental sensing mechanisms aims to optimize the composition of the heterostructures. We chose Sn-based MXene composites as an example to discuss MXene heterostructure sensing mechanisms due to the consensus across many reports on their enhancing effect for MXenes.

Sn-based MXene composites stand out among MXene heterostructures owing to their low cost, non-toxicity, and availability. A first report to the best of our knowledge, on SnO₂/MXene heterostructures capable of sensing NO₂ gas at ppb-level proposed the following mechanistic process. Given the *priori* on SnO₂ as a n-type semiconductor property with high electronegativity and intrinsic oxygen vacancies, a Schottky barrier is formed by addition of MXene, where due to a mismatch in Fermi level, electrons are injected from MXene to SnO₂ until system is equilibrated, leading to the band bending [Fig. 3a]. Further, introduction of target gases results affects the electron depletion layer (EDL), thus modulating electrical conductivity of the system.

Yu and coworkers used Ti₃C₂T_x-SnO₂, which was shown to have excellent NH3 sensing response at room temperature due to the hybridization with SnO₂ via facile hydrothermal synthesis route. 143 Similarly, this work concluded the enhanced sensing property of the Sn-based MXene composite is due to the modulation of the depletion layer because of reactions between NH₃ molecule and the adsorbed oxygen ions [Fig. 3b]. Additionally, $Ti_3C_2T_x$ MXene functional groups provide favorable sites for gas adsorption, although an excessive amount of MXene can reduce response due to the blocking of active sites by numerous -OH termination groups. 143 In another study focused on SnO/MXene sensors for NH3 detection, it was observed that when the Ti₃C₂T_x MXene/SnO nanocomposite was exposed to ambient air at room temperature, adsorbed oxygen ions (O₂⁻) contributed to the development of a thicker electron depletion layer, resulting in increased resistance. When the sensor was then exposed to ammonia vapor, NH3 reacted with water molecules to produce NH₄⁺, which subsequently underwent an oxidation reaction with the adsorbed oxygen O2-. This process released electrons back into the Ti₃C₂T_x MXene/SnO sensing material. Electron transfer occurred from Ti₃C₂T_x to SnO due to Ti₃C₂T_x having a lower work function compared to SnO, causing band bending [Fig. 3c]. Essentially, the formation of a p-n junction enabled a greater return of electrons to the composite, thereby reducing the thickness of the electron depletion layer and resulting in lower resistance for the Ti₃C₂T_x MXene/SnO nanocomposite in the presence of ammonia vapor. The authors remarked that the synergy between thin layer of SnO, high conductivity and specific area of Ti₃C₂T_x MXene, along with the p-n junction forming between the two materials was the enabler for the high response and high selectivity of the sensor towards ammonia. 144

Across the screened reports, the mono- and bi-metallic additions to MXene follows similar trends in terms of mechanistic processes of gas sensing, with many reported optimi-

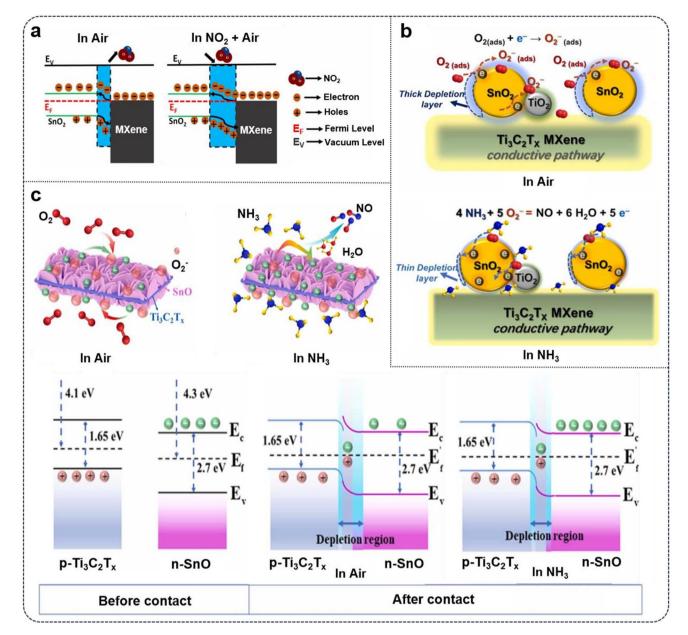


Fig. 3 (a) Sensing mechanism of SnO₂-MXene under air and NO₂ conditions.⁹⁹ (b) NH₃ sensing mechanism of Ti₃C₂T_x-SnO₂ composite sensor.¹⁰⁰ (c) Schematic of NH₃ sensing mechanism of Ti₃C₂T_x MXene and SnO.¹⁰¹

zations in specific surface area and active site accessibly to enable maximum utilization of MXene framework as an ideal chemiresistive gas sensing device. We will dive further into MXene-based heterostructures modified for selective gas sensing towards common gases such as ammonia, and NO2.

5. MXene-nanocomposites for gas sensing

5.1 Volatile organic compounds (VOC) gas sensors

The rapid pace of industrialization has led to higher emissions of toxic, flammable, and explosive gases, posing significant risks to both ecological systems and human health. Of special concern is acetone (CH3COCH3), a vital organic chemical extensively used in various industrial applications. However, despite its widespread utility, the flammable, explosive, and toxic nature of acetone imposes considerable threats to public safety and occupational health. 145-148 Prolonged exposure to acetone can result in severe health issues such as central nervous system depression, irritation of mucous membranes, ocular inflammation, and dizziness. At elevated concentrations, exposure could lead to unconsciousness, coma, or even death. Consequently, developing efficient methods for the rapid detection of acetone has become an urgent research priority. In this subsection, we briefly review a compilation of

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recent reports on modified MXenes designed for selectivity towards VOCs, including acetone, ethanol, and formaldehyde. A recent report by Sun et al. demonstrated the utility of ZnSnO₃/ZnO nanofibers on a Ti₃C₂T_x MXene sheet, whereby inclusion of the MXene component in the composite increased the sensor response value by a factor of 3.5, establishing a significant enhancement over the pristine nanofibers. 149 From an applied point of view, this enhancement in sensor sensitivity was observed in the optimum working temperature of the sensor where the highest response value is achieved, which was reported to be reduced from 200 °C to 120 °C. The synthesis of ZnSnO₃/ZnO/Ti₃C₂T_x MXene composites was realized through a two-step process, initially creating ZnSnO₃/ZnO nanofibers via electrospinning, followed by their attachment to MXene sheets using a self-assembly method, which takes advantage of electrostatic interaction between the MXene and the nanofibers. In this composite architecture, ZnSnO₃/ZnO composite nanofibers acted as the active core material, while Ti₃C₂T_x MXene nanosheets served as the conductive substrate. Furthermore, the composite structure established a p-n heterojunction between the n-type semiconductors (ZnO and ZnSnO₃) and the p-type Ti₃C₂T_x MXene, facilitating enhanced electron transfer within the assembly, demonstrating the typical characteristic of n-type oxide-semiconductors. As a result, the three- dimensional composite structure, composed of ZnSnO₃/ZnO nanofibers distributed on 2D Ti₃C₂T_r MXene nanosheets, was shown to synergistically accelerate electron transfer rates within gas-sensitive materials.

The synergies and heterostructures of Ti₃C₂T_x MXene nanosheets with ZnSnO₃/ZnO in ZnSnO₃/ZnO/Ti₃C₂T_x MXene composites were examined using a surface charge model, revealing intricate interactions between the components. With a band gap of 3.48 eV for ZnSnO₃/ZnO and the metallic nature of MXene-characterized by conduction and valence bands crossing the Fermi level—the composite displayed unique electronic properties. The difference in work functions between the MXene nanosheets (3.9 eV) and ZnSnO₃/ZnO (5.17 eV) triggered a charge transfer mechanism, where free electrons migrated from the MXene nanosheets to the ZnSnO₃/ZnO material. Fig. 4a visualizes this charge redistribution, which

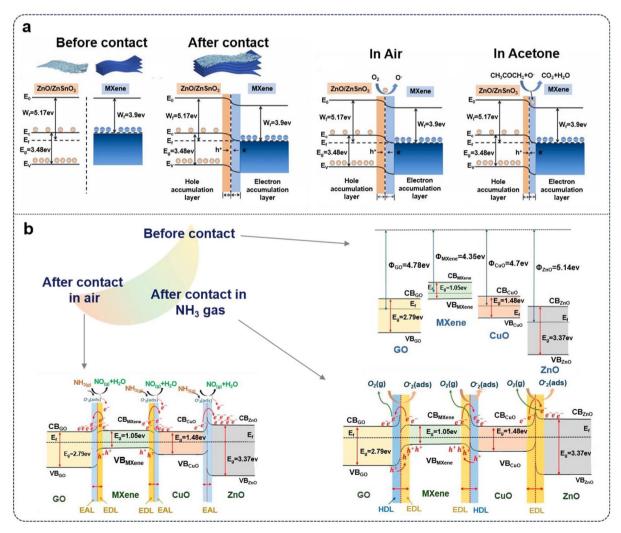


Fig. 4 (a) Illustration of gas sensing mechanism of ZnSnO₃/ZnO/Ti₃C₂T_x, ¹⁰⁶ and (b) In O₂/ZnO₃/Ti₃C₂T_x MXene composites. ¹¹¹

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results in the formation of an electron depletion layer in the MXene nanosheets and an accumulation layer in the ZnSnO₃/ZnO material, consequently generating an internal electric field region akin to a barrier. This barrier ultimately impeded further electron transfer, facilitating the establishment of an equilibrium Fermi level within the ZnSnO₃/ZnO/Ti₃C₂T_x MXene composite. Sun *et al.* further concluded that the enhancement of the ZnSnO₃ MOS perovskite sensing capability by incorporating MXene was proven to be a direct result of formation of heterojunctions with the MXene framework, thereby enabling a new paradigm of improvements to MOS-based sensors.

Considering the widespread use of VOCs in various industrial and consumer applications, researchers recognize their significant contribution to atmospheric pollution and potential for causing irreversible damage to human health. 150,151 Ethanol, a prominent VOC and important chemical raw material extensively utilized in food processing, medical treatment, and industrial production, garnered particular attention due to its pervasive presence and associated health risks. Prolonged exposure to ethanol gas was found to induce a range of adverse effects, including headaches, liver and kidney dysfunction, and paralysis of the central nervous system. 152,153 Consequently, the scientific community emphasized the critical importance of developing high-sensitivity monitoring systems for ethanol detection, aiming to mitigate its detrimental impact on environmental and human health.

In a study by Zhang et al., metal-organic framework (MOF) derived In₂O₃/ZnO was synthesized with Ti₃C₂T_x MXene to make a composite for detecting ethanol at room temperature, presenting a new strategy for room temperature gas sensing via utility of MOF and MXenes. They explored the mechanism of the MOF-MXene composite, finding that In₂O₃ and ZnO acted as n-type semiconductors, with In₂O₃/ZnO/Ti₃C₂T_x MXene nanocomposites demonstrating n-type semiconductor characteristics. 154 Moreover, band structure analysis revealed that both the conduction band and valence band of Ti₃C₂T_x MXene crossed the Fermi level, verifying its metallic properties and superior electrical conductivity [Fig. 4b]. Electrons were the primary charge carriers in the sensing process, thus, electron transfer occurred from In₂O₃ to ZnO, creating an n-n heterojunction at their interface. Similarly, electrons from $Ti_3C_2T_x$ MXene moved to In₂O₃, leading to band bending until reaching Fermi level equilibrium. In an air environment, O2 captured electrons from ZnO, In2O3, and Ti3C2Tx MXene to form oxygen ions (O2-). This process led to the formation of electron accumulation layers (EAL) and electron depletion layers (EDL) at the ZnO/In₂O₃ interface, while a hole accumulation layer (HAL) emerged at the In₂O₃/Ti₃C₂T_x MXene junction. When ethanol gas was introduced, the molecules diffused and reacted with O2 on the In2O3/ZnO/Ti3C2Tx MXene surface. As the reaction progressed, electrons released from the O₂⁻ ions combined with the holes in the HAL, reducing its thickness and increasing the Schottky barrier. Additionally, the formation of an n-n heterojunction reduced the thickness

of the EDL and EAL, increasing electron concentration and decreasing the material's resistance.

Several factors were reported as critical contributors to the superior ethanol sensing capabilities of the In₂O₃/ZnO/Ti₃C₂T_x MXene nanocomposites. First, the substantial specific surface area (48.9 m2g⁻¹) improved the adsorption of oxygen molecules and target gases, significantly enhancing sensor response. Secondly, $Ti_3C_2T_x$ MXene's rich functional groups (-O, -F, -OH) provided ample active sites for gas reactions. The inherent conductivity Ti₃C₂T_x raised the carrier concentration in the material, thereby boosting ethanol sensing performance. Additionally, constructing the ternary In₂O₃/ZnO/ Ti₃C₂T_x MXene nanocomposite system markedly increased oxygen content (39.13%), further enhancing sensing efficiency. This report by Zhang and colleagues provides another excellent example of MXene derivatives that enable a significant boost to traditional sensing active materials that are hindered by low conductivity, selectivity, and poor stability. It is evident that incorporating MXene into traditional structures that excel at target gas adsorption can yield multiplicative and synergistic improvements without a significant synthesis or fabrication barrier, paving the way for applied and scaled-up solutions.

Detection of Formaldehyde (HCHO), a harmful indoor pollutant known to cause severe health issues, including respiratory system damage and cancer risk, has been a focus of investigation in the sensor research community. 155-157 Among various materials proposed for sub-ppm level formaldehyde detection in air, MOS-based materials, particularly SnO2, had been extensively investigated 158-161 due to their fast response and low cost. While pristine Ti3C2Tx MXene exhibited gassensing capability for NH3, NO2, and H2, its performance is known to further improve when combined with metal oxide semiconductors like ZnO and CuO. However, premature oxidation of Ti₃C₂T_x MXenes is a known failure mode wherein affecting the sensor's long-term stability when exposed to high humidity or high temperatures. It is well-documented that pristine MXene can exhibit instability due to the chemical oxidation of Ti₃C₂T_x to TiO₂ in ambient environment, modulating sensor properties which lead to baseline shifts. 129-131 Given the importance of surface chemical states on gas sensing behaviour, the sensing performance of MXenes can be regulated through surface oxidations.

In a study conducted by Niu *et al.*, 162 the authors reported that TiO_2 generated through the synthesis process may form an n-n junction with SnO_2 nanosheets, which prior research indicated could improve the response to formaldehyde sensing. To tackle the stability issues associated with nanocomposites, they developed a hierarchical $SnO_2/MXene$ nanocomposite using a simple one-step hydrothermal method. Additionally, to prevent uncontrolled oxidation of $Ti_3C_2T_x$ MXene, they implemented a strategy involving pre-oxidation of the nanocomposites through an annealing process at 200 °C in air, which resulted in remarkable sensing stability over a four-week duration. The experimental findings showed that the synthesized SnO_2 -based MXene nanocomposite demonstrated improved sensing performance for formaldehyde com-

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In air In formaldehyde

pure SnO₂

SnO₂/TiO₂/Ti₃C₂T_xMXene

SnO₂ TiO₂

TiO₂

Electron
MXene

 $\textbf{Fig. 5} \quad \text{Schematic of formaldehyde sensing mechanism of pure SnO_2 and $SnO_2/TiO_2/Ti_3C_2T_x$ MXene composite.} \\ ^{119}$

pared to pure SnO2 samples, while the pre-oxidized MXene exhibited minimal response to formaldehyde at 160 °C. The authors attributed the enhancements in sensing and selectivity to the synergistic interaction between SnO2 nanosheets and TiO₂/Ti₃C₂T_x MXene within the nanocomposites. 162 The sensing mechanism of SnO2, an n-type metal oxide semiconductor, was explained as the interaction between formaldehyde gas and absorbed oxygen species, resulting in decreased resistance of SnO2 materials [Fig. 5]. In air, oxygen molecules adsorbed onto the surface of SnO2 nanosheets captured electrons from the conduction band, leading to the formation of various oxygen species $(O_2^-, O^-, and O_2^{2-})$. The predominant species in the temperature range of 120-200 °C were O2 and O. This process created an electron depletion region on the SnO₂ surface, which increased the initial resistance. When formaldehyde gas was introduced, the molecules reacted with the O₂⁻ and O⁻ species. In the SnO₂/MXene nanocomposites, pre-oxidizing the Ti₃C₂T_x MXene increased the concentration of oxygen vacancies, providing additional active sites for the adsorption of both oxygen and formaldehyde molecules. As a result, the sensor exhibited more significant changes in resistance in response to formaldehyde exposure.

It is worth noting however, that excessive $Ti_3C_2T_x$ MXene addition resulted in extremely low carrier concentration in the composite and correspondingly high resistance (~700 Mohm for $SnO_2/MXene-5$ and $SnO_2/MXene-10$), whereby electrons released from the sensing reaction had to traverse numerous interfaces/boundaries between $TiO_2/Ti_3C_2T_x$ MXene and SnO_2 in the composites. As such, it is understood that careful

control of synthesis procedures and composition control is critical in application and scale-up of durable MXene composites, with one proven strategy proven to be through pre-oxidation of MXene framework.

region

5.2 NH₃ gas sensors

Ammonia gas was identified as one of the most prevalent gases found in household and industrial cleaners, chemical production, refrigeration systems, agricultural products, and fertilizers. $^{163-168}$ Furthermore, it is well known that NH $_3$ detection could serve as a significant biomarker for disease diagnosis through exhaled breath analysis, particularly for conditions such as chronic liver disease, chronic kidney disease, and peptic ulcer symptoms. Additionally, NH₃ has been established as a quality indicator for various food products, including fish, meat, and marine produce freshness in the produce industry. 169,170 Consequently, room temperature detection of NH₃ became crucial for numerous industries and applications. Although NH₃ is also considered a VOC, due to a wider range of applications and subsequent demand for sensing devices, we selected to dedicate a subsection specifically in recent developments of MXene sensors for detection of ammonia.

In gas sensing applications, pristine $Ti_3C_2T_x$ MXene exhibits high selectivity to NH_3 at room temperature, thanks to its surface terminal functionalities, which include O, F, and OH groups. These functionalities enhance active sites for NH_3 molecule adsorption through hydrogen bonding, making $Ti_3C_2T_x$ MXene a promising material for room temperature NH_3 sensing. However, several challenges remain, such as low

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sensitivity, prolonged recovery time for pristine Ti₃C₂T_x MXene, and resistance drift following NH₃ exposure. ^{171,172}

To address these limitations, researchers incorporated additional carbonaceous nanomaterials such as graphene, carbon nanotubes (CNTs), reduced graphene oxide (rGO), and graphene oxide (GO) to enhance NH₃ gas molecule reactions. For instance, MXene/rGO nanocomposite fibers demonstrated improved NH₃ sensing response at room temperature due to increased concentration in the conduction band and activated adsorption sites. Nevertheless, the sensor response remained relatively low (6.8% at 50 ppm of NH₃) with prolonged recovery times exceeding 20 minutes. ^{173–175} In efforts to further enhance NH₃ sensing properties of MXene-based gas sensors, metal oxides were selected as effective doping materials due to their ability to generate abundant charge carriers. Copper oxide (CuO) and zinc oxide (ZnO) emerged as prominent metal oxides in gas sensing applications, offering advantages such as good electrical conductivity, non-toxicity, high surface activity sites and long-term stability. 176-178

Seekaew et al. 133 reported the synthesis of Ti₃C₂T_x MXene/ GO/CuO/ZnO nanocomposites using the hydrothermal method, exploring various weight ratios to determine the optimal combination for enhanced NH3 sensing at room temperature. The authors demonstrated that the Ti₂C₂T_r MXene/ GO/CuO/ZnO gas sensors exhibited superior response and exceptional selectivity toward NH3 gas under ambient conditions, highlighting the potential of these nanocomposites for room temperature ammonia detection applications. To obtain the composites, the authors added appropriate amounts of Ti₃C₂T_x MXene and graphene oxide (GO) to deionized water and sonication to obtain a homogenous mixture. Separately, CuO and ZnO powders were also mixed in deionized water and sonicated, followed by the two mixture solutions being combined and sonicated again to reach homogeneity. The mixture then underwent a hydrothermal process at 180 °C for 8 h, and dried to obtain the active sensing material [Fig. 2a]. The authors further investigated the selectivity of six different gas sensors based on varying weight ratios of $Ti_3C_2T_x$ MXene/GO/CuO/ZnO nanocomposites. Their study examined the responses of gas sensors to various gases and volatile organic compounds (VOCs) at room temperature, including ammonia (NH₃), formaldehyde (CH₂O), ethanol (C₂H₅OH), methanol (CH₃OH), isopropanol (C₂H₈O), toluene (C₇H₈), and acetone (C₂H₆O), each at a concentration of 200 ppm. As illustrated in Fig. 6a, the results indicated that all gas sensors

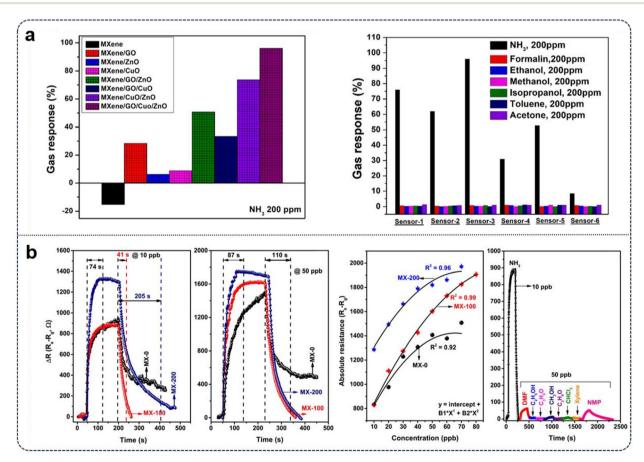


Fig. 6 (a) left: Gas response profile of different compositions of GO, ZnO, and CuO on MXene, right: selectivity histograms of different gases based on different sensor composition rations at room temperature.⁹⁰ (b) left: Absolute response profiles at various gas concentrations, including gas selectivity behaviour of MX-100 towards 10 ppb of NH₃, right: comparison of sensor response recovery after exposure to NH₃ on various sensors at 10 ppb and 50 ppb. 136

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exhibited decreased resistance when exposed to NH2, while showing negligible changes in response to the other VOCs.

Notably, all sensors, particularly Sensor-3, displayed high selectivity for NH₃ compared to the other gases and VOCs, with the Ti₃C₂T_x MXene/GO/CuO/ZnO sensor showing no response to the common oxidizing gas NO2 at room temperature. In evaluating the Ti₃C₂T_x MXene/GO/CuO/ZnO gas sensors with different weight ratios, researchers found that all configurations exhibited high selectivity and responsiveness to NH₃, with the optimal composition determined to be a 9:1:5:5 weight ratio of Ti₃C₂T_x MXene/GO/CuO/ZnO. Under these optimized conditions, the sensor demonstrated impressive performance characteristics at room temperature, including a 59.9% response to 100 ppm of NH₂, along with rapid response and recovery times of 26 and 25 seconds, respectively. Furthermore, the optimized Ti₃C₂T_x MXene/GO/CuO/ZnO gas sensor exhibited a combination of desirable traits, including high selectivity, significant response magnitude, excellent repeatability, long-term stability, and quick response and recovery times, while maintaining consistent performance across a relative humidity range of 30-70% RH.

The room temperature NH3-sensing mechanism of the Ti₃C₂T_x MXene/GO/CuO/ZnO nanocomposite was elucidated based on the formation of multiple p-n heterojunctions at the interfaces of its constituent materials. While Ti₃C₂T_x MXene typically exhibited metallic electronic properties, it demonstrated p-type semiconductor behavior in this work, as evidenced by increased resistance upon exposure to electrondonating NH₃. Conversely, GO, CuO, and ZnO displayed n-type conductivity, although their semiconductor properties were noted to be dependent on various factors such as surface functional groups and thermal treatment. The proposed NH3sensing mechanism was predicated on forming multiple p-n heterojunctions, facilitated by the varying work functions of the composite materials. As illustrated in Fig. 7, upon exposure to NH3 gas, the interaction between NH3 molecules and oxygen species (O2 -) resulted in electron release to the conduction band of the nanocomposite, leading to a reduction in the electron depletion layer width and the upward band bending. This process decreased the potential barrier at the p-n heterojunction. It promoted the formation of a narrow electron accumulation layer in the n-type components, ultimately causing a decrease in the sensor's resistance at room temperature. The high selectivity of the Ti₃C₂T_x MXene/GO/CuO/ZnO gas sensor towards NH3 was attributed to the polar nature of NH₃ molecules and the presence of numerous functional groups on the nanocomposite surface, which facilitated stronger hydrogen bonding and enhanced sensing interactions.

In another study, Dogra et al. 179 diverged from the common approach of synthesizing metal oxide semiconductor (MOS) and MXene composites separately before combination, instead employing a novel bottom-up methodology to grow MOS directly on the MXene surface during calcination. This technique, which improved the junction contact between TiO₂ and Ti₃C₂T_x MXene, emphasized the critical role of an optimum MO_S/MXene ratio in maximizing sensor response. The research-

ers developed a facile approach for synthesizing Ti₃C₂T_r MXene and Ti₃C₂T_x/TiO₂ composites, wherein TiO₂ was grown through a kinetically controlled calcination process. Their findings revealed that calcination temperature was crucial in determining the overall morphology and sensing performance of Ti3C2Tx/ TiO₂ composites. They also demonstrated that both extremely low and high device resistances were unsuitable for effective conductivity modulation during the sensing process. The enhanced sensing performance was attributed to the formation of heterointerfaces between Ti₃C₂T_x and TiO₂, which facilitated conductivity modulation upon interaction with gas molecules and improved overall sensing capabilities.

Moreover, the response transients revealed varying recovery behaviors among the devices, with MX-0 failing to fully recover its base resistance after gas removal, while MX-100 demonstrated nearly identical resistance changes and recovery to its initial state, with a response time comparable to MX-0. MX-200 exhibited the largest resistance change, albeit with a slightly delayed recovery [Fig. 6b]. At lower concentrations (50 ppb), MX-100 and MX-200 displayed similar recovery times, while MX-0 continued to show delayed recovery, suggesting an interplay between increased resistance due to calcination and various sensing parameters. Among the devices tested, MX-200 demonstrated the largest relative response across the investigated range of ammonia concentrations.

The authors concluded that MXene-based sensing devices exhibited real-time sensitivity to NH3 under ambient temperature and relative humidity conditions, showcasing their effectiveness in ammonia detection. The devices were exposed to various interfering gases to assess selectivity, a critical factor in sensor performance. The selectivity, influenced by factors such as adsorption and desorption energies of gas molecules, was favourable towards ammonia. This preferential detection was attributed to the composite nature of the sensor (Ti₃C₂T_x/ TiO₂), with certain crystal planes in TiO₂ being more sensitive to NH₃ adsorption. To validate this selectivity, response transients were acquired for other volatile compounds, including dimethyl formamide, ethanol, isopropyl alcohol, methanol, acetone, chloroform, xylene, and N-methyl pyrrolidone, at a concentration of 50 ppb each. The results demonstrated a significantly larger response to ammonia than these interfering gases, confirming the MXene-based devices' selectivity towards reducing ammonia molecules [Fig. 6b].

The reported sensing mechanism agrees with previous studies, wherein TiO2, an n-type semiconductor with higher electronegativity, exhibited intrinsic oxygen vacancies and, similar to MXene, demonstrated a tendency to absorb atmospheric oxygen on its surface. The adsorbed oxygen is transformed into O₂ after electrons are abstracted from the oxide surface. In the composite system, oxygen adsorption became competitive between the semiconducting oxide and MXene, though in both cases, the adsorbed oxygen converted to O_2^- . TiO₂, with a band gap of 3.2 eV, possessed a work function of 5.1 eV, while the typical work function for MXene ranged from 3.9 eV to 4.8 eV, depending on surface group termination. Assuming a work function of 3.9 eV for MXene, electron flow

a WS₂ LiF/HCI Compounding **Etching Imprinting** Ti3AIC2(MAX) Multilayer Ti₃C₂T_x Ti₃C₂T_x/WS₂ : F or O or OH b Vacuum Contact In air (p-type) (p-type) Ti3C2Tx In NO. Graphen Energy (eV) WS, (p-type C Hydrogen 0.20 16.0 Ethanol Carbon dioxide 0.10 Response (%) 12.0 8.0 80 120 160 Time (s) Acetone AuE+Ti3C2T,/WS Nitric oxide AuE+Ti3C2Tx 4.0 ME+Ti,C,T,/WS

Fig. 7 (a) Schematic of work function and Fermi level positions of $Ti_3C_2T_x$ and p-type WS₂ MXene composite at different gas exposures, illustration of charge transfer process, and work functions of different pristine materials. (b) Synthesis procedure of ME + $To_3C_2T_x$ /WS₂ sensor. (c) Sensing value of $Ti_3C_2T_x$ /WS₂ sensors on various electrodes. ¹³⁹

240

AUE+WS

180

occurred from MXene to TiO_2 (ϕ = 5.1 eV), forming a depletion layer at the $TiO_2/Ti_3C_2T_x$ composite interface.

60

120

Time (s)

The interaction of target gases, whether oxidizing or reducing, modulated the electrical conductivity of the composite. Reducing gases, such as ammonia, donate electrons upon interaction with the sensing surface through two possible mechanisms: interaction with adsorbed O⁻ ions or OH⁻ ions associated with processed MXene, both processes resulting in

electron release. The released electrons compensated for the depletion layer charges after recombination, enhancing device resistance due to reduced p-type character, which was reflected as an increase in overall device resistance.

Ammonia

ME+Ti₃C₂T_x/WS₂

5.3 NO_x gas sensors

Nitrogen dioxide

Among toxic gases, nitrogen dioxide (NO_2) monitoring became particularly crucial due to its association with elevated inci-

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dences of respiratory diseases and mortality. Studies demonstrated that prenatal and postnatal exposures to elevated NO2 levels increased the risk of asthma, hay fever, rhinitis, pneumonia, and eczema in children. 180,181

A study by Quan et al. 182 explored the additional enhancements to the WS₂-based MXene composite by optimization of a flexible electrode material, where three different electrode materials including MXene, graphene, and carbon nanotube, were tested. In a comparative study of flexible printed films, the conductivity of three distinct compositions was evaluated, revealing that the ME composition exhibited superior conductivity, achieving a remarkable 7230 S cm⁻¹. To assess the adhesion properties between the paper substrate, MXene, and

Ti₃C₂T_x/WS₂ material, they further conducted a simple tape stripping test, concurrently measuring changes in baseline resistance and NO₂ response of the ME + Ti₃C₂T_x/WS₂ sensor. Although delamination was observed, the baseline resistance and the response to 200 ppb NO₂ of the flexible Ti₃C₂T_x/WS₂ gas sensor remained stable before and after tape stripping, thus demonstrating the excellent adhesion performance of ME and Ti₃C₂T_x/WS₂ gas sensing materials when printed on qualitative filter paper. Electrodes were fabricated using Au interdigital electrode (AuE) type gas sensors using Ti₃C₂T_x, WS₂, and Ti₃C₂T_x/WS₂, while flexible electrode type gas sensors were fabricated using ME + $Ti_3C_2T_x$ and ME + $Ti_3C_2T_x/WS_2$. As depicted in Fig. 8c, the AuE + $Ti_3C_2T_x$ device exhibited higher conduc-

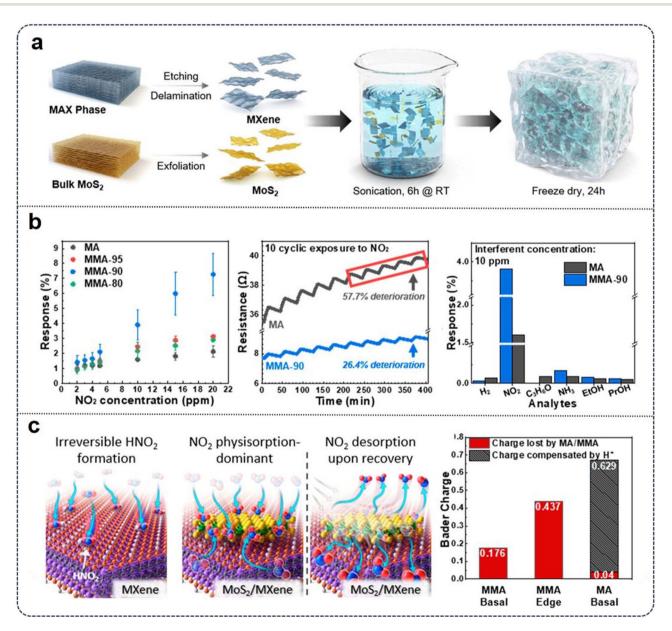


Fig. 8 (a) Fabrication procedure of 3D MoS₂/MXene heterostructure aerogel. (b) Response and recovery profile of MoS₂/MXene towards NO₂, including selectivity profile towards NO2. (c) Illustration of pristine MXene and MoS2/MXene, including Bader charge analysis between NO2 molecules and sensor. 140

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tivity compared to other sensors, however, its NO2 gas sensing performance was poor, primarily due to the high stacking density of synthetic Ti₃C₂T_x. The Schottky-type connection between AuE and WS2, resulted in incomplete recovery response to 1 ppm NO2, indicating hampered charge transfer due to mismatched work functions at the AuE-WS2 interface. The AuE + Ti₃C₂T_x/WS₂ sensor exhibited p-type sensing behavior, suggesting NO2 molecule adsorption inhibited charge carrier transport. Notably, the measured response values showed minimal standard deviations (maximum 0.5%) across various NO2 concentrations, indicating robust electrode manufacturing stability.

Analysis of the calculated work functions, Fermi level values, and electronic band structures revealed the energy level dynamics between metallic Ti₃C₂T_x and semiconductor WS2. Upon contact, electron transfer occurred from WS2 to Ti₃C₂T_x due to work function differences until Fermi level equilibrium was achieved. As illustrated in Fig. 8a, under ambient conditions, oxygen molecules captured electrons from the material, forming chemically adsorbed O2 ions on the surface and creating hole accumulation layers (HALs). Upon NO2 introduction, its higher electron affinity (2.30 eV versus 0.44 eV for O₂) facilitated electron transfer, forming NO₃⁻ and expanding the HALs, thereby reducing resistance. The enhanced NO₂ sensing performance of AuE + Ti₃C₂T_x/ WS₂ was attributed to both the formation of the Ti₃C₂T_x/WS₂ heterojunction layer and the extensive contact areas provided by the 2D/2D heterostructures, which effectively improved carrier transportation.

Continuing the topic of MXene sensing enhancement via optimization of electrode morphology and composition, Kim and coworkers¹⁸³ presented a synthesis strategy for a threedimensional (3D) MoS₂/MXene heterostructure aerogel, which was achieved through physical mixing of MoS2 and MXene nanosheets in deionized water, followed by freeze-drying to form a highly porous hierarchical network, as illustrated in Fig. 8a. Spectroscopic characterization demonstrated that this approach substantially minimized the oxidation degree of the MXene layer while successfully forming van der Waals heterojunctions between MoS2 and MXene, as confirmed by charge density difference analysis. The fabrication process of the MoS₂/MXene composite aerogel (MMA) began with the synthesis of Ti₃C₂Tx sheets through selective etching of Ti₃AlC₂ in a mixture of LiF and HCl, followed by sonication-induced delamination. MoS₂ nanosheets were prepared using a hydrazineassisted ball-milling process on bulk MoS2, whereby the synthesized sheets were then directly assembled into a MoS₂/ MXene gel in an aqueous solution. Due to their similar hydrophilicities and negative charges, a stable aqueous MoS₂/ Ti₃C₂T_x suspension was readily achieved. To prevent significant oxidation and structural damage, authors employed mild sonication conditions. During freeze-casting, $Ti_3C_2T_x$ sheets interconnected to form a 3D framework, with MoS2 nanosheets assembling on the MXene framework surfaces. The final MMA composite aerogel was obtained after removing ice crystal templates through freeze-drying, with MMA-X

samples where X represented the mass ratio of Ti₂C₂T_r to MoS₂.

The incorporation of the MoS2 catalytic layer significantly enhanced the resistance variation response toward NO2 gas. To elucidate the enhancement mechanisms, the researchers investigated charge transfer in two systems: (1) pristine MXene + NO₂ and (2) MXene/MoS₂ + NO₂. Bader charge analysis and charge density calculations revealed decreasing charge transfer from sensing layers to NO2 in the order of MXene surface (-0.669 eV), MoS₂ edge on MMA (-0.437 eV), and MoS₂ basal plane on MMA (-0.176 eV). Although pristine MXene demonstrated the highest charge transfer, the interaction between NO₂ and MXene surface resulted in hydrogen terminating group withdrawal, leading to charge compensation and reduced overall charge density alteration (0.04 eV). The presence of MoS₂ effectively suppressed HNO₂ formation at both basal plane and edge, resulting in higher charge density alterations in the gas-sensing layer compared to the MXene basal plane. Further analysis showed charge transfer occurred primarily from MoS2 (-0.447 eV), while MXene's charge density remained relatively stable (0.011 electron gain). The researchers observed that beyond improved response and accelerated NO2 desorption through transition from chemisorption to physisorption, the MXene's highly selective response toward NO2 was maintained after MoS2 decoration. This suggested that the enhancement mechanism was specific to NO2 gas molecules, as no significant improvements were observed in responses to other interfering gas species (H2, acetone, NH3, ethanol, and propanol). This work further demonstrates the multiple avenues of utilization and optimization of MXenes for selective and responsive gas-sensing applications. In addition, it is evident that many previously reported composite sensing materials and frameworks are easily implementable with MXene, raising significant opportunities for rapid development toward a scalable, cost-effective, room temperature gas sensor.

Designing MXene heterostructures for gas sensing

It has become evident that a single type of MXene or metal oxide (MO) material proves insufficient for achieving optimal gas sensing response levels. Furthermore, it is also well known the sensing performance of metal oxide materials can be enhanced through integration with conductive materials. When developing MXene hybrid materials for superior sensing performance, several critical factors warrant consideration. The primary requirement involves ensuring the metal oxide material possesses a high specific surface area, as this characteristic facilitates an increased number of available contact points. Additionally, the integration methodology between the metal oxide material and MXene must maintain simplicity. Furthermore, careful regulation of the metal oxide material's work function is essential, as this parameter significantly influences the charge transfer processes occurring at the MO-MXene interface. These requirements make metal oxide

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nanoparticles, with their inherent high specific surface area

and straightforward fabrication characteristics, particularly suitable candidates for MXene hybrid development. 184

The resulting composite materials, formed through the combination of MXene and metal oxides, demonstrate distinctive morphological features and properties that result in enhanced sensing capabilities. Moreover, the integration of these heterogeneous structures results in enhanced sensing performance across various volatile organic compounds (VOC) and gaseous molecular species.

Extensive research has been conducted on MXene/metal oxide (hydroxide) materials for gas sensing applications,

encompassing investigations of TiO₂, SnO₂, ZnO, WO₃, Fe₂O₃, CuO, In₂O₃, Co₃O₄, Ni(OH)₂, W₁₈O₄₉, and V₂O₅, among various other compounds as shown in Table 1. Beyond traditional semiconducting metal oxides, researchers have explored a diverse range of materials in developing MXene-metal oxide hybrids for gas sensing applications. Notable examples include Ti₃C₂T_x/1D-K₂W₇O₂₂ for acetone detection, ¹⁸⁵ Ti₃C₂T_x/ Co₃O₄ for formaldehyde sensing, Ti₃C₂T_x/Ni(OH)₂ and Ti₃C₂T_x/V₂O₅/CuWO₄ for NH₃ detection, and Ti₃C₂T_x/ $Fe_2(MoO_4)_3$ for *n*-butane detection. Nanomaterials of varying dimensionality (0D, 1D, 2D, and 3D) demonstrate unique structural characteristics, resulting in substantially different

Table 1 Gas sensing performance and primary selectivity of MXene heterostructured metal/metal oxide gas sensors

Analyte	MXene composite	Operating temperature (°C)	Analyte concentration (ppm)	Response (%)	Response/recovery time (s s ⁻¹)	LOD (ppb)	Ref.
Acetone	Ti ₃ C ₂ T _x /TiO ₂	350	2	180	_	20	186
	$Ti_3C_2T_x/SnO-SnO_2$	25	100	12.1	18/9	_	185,187
	$Ti_3C_2T_x/W_{18}O_{49}$	300	20	11.6	5.6/6	170	185
	$Ti_3C_2T_x/(\alpha-/\gamma-Fe_2O_3)$	255	100	215.2	13/8	_	188
	$Ti_3C_2T_x/\alpha$ -Fe ₂ O ₃	25	5	16.6	5/5	_	189
	$Ti_3C_2T_x/K_2W_7O_{22}$	25	2.86	250	±	_	190
	$Ti_3C_2T_x/ZnO$	320	100	14.4	8/12	_	191
Toluene	Ti ₃ C ₂ T _x /CuO	250	50	11.4	270/10	320	184
Methane	$Ti_3C_2T_r/In_2O_3$	25	5	29.6	6.5/3.5	_	192
Ethanol	Ti ₃ C ₂ T _x /TiO ₂	25	100	22.47	_	_	193
	$Ti_3C_2T_x$ / TiO_2	25	100	5.90	226/79		194
	$Ti_3C_2T_x/SnO_2$	230	10	500	14/26	_	195
	$Ti_3C_2T_x/MOF$ -derived Co_3O_4	200	50	190	50/45	1000	196
	Ti ₃ C ₂ T _x /MoO ₂ /MoO ₃	25	5	3	46/276	_	197
<i>n</i> -Butane	$Ti_3C_2T_x/WOO_2/WOO_3$ $Ti_3C_2T_x/Fe_2(MoO_4)_3$	120	100	43.1	18/24	_	198
Formaldehyde	$Ti_3C_2T_x/Co_3O_4$	25	100	9.2	83/5	10	199
Formardenyde	$Ti_3C_2T_x/CO_3O_4$ $Ti_3C_2T_x/SnO_2$	160	20	10.7	—	_	200
	$Ti_3C_2T_x/SinO_2$ $Ti_3C_2T_x/ZnSnO_3$	25	100	194.7	6.2/5.1	_	200
Hexanal		25	100	3.4	293/461	217	202
	$Ti_3C_2T_x/TiO_2$	140					
Triethylamine	$Ti_3C_2T_x/SnO_2$		50	33.9	1/1		203
Taammamama1	$Ti_3C_2T_x/WO_3$	25	10	277.78	2/3	 50.45	204
Isopropanol	$Ti_3C_2T_x/TiO_2/MoO_3$	25	50	245	100/40	50.45	205
NH_3	$Ti_3C_2T_x/SnO_2$	25	50	40	36/44	4.29	206
	Ti ₃ C ₂ T _x /SnO	23	10	67	61/119	1000	207
	Ti ₂ CT _x /TiO ₂	25	10	3.1	_	100	208
	$Ti_3C_2T_x/TiO_2$	25	10	3.1	33/277	500	209
	$Ti_3C_2T_x$ /(001) TiO_2	25	30	40.6	10/5	5	209
	$Ti_3C_2T_x/WO_3$	25	1	22.3	119/228		210
	$Ti_3C_2T_x/\alpha$ - Fe_2O_3	25	5	18.3	2.5/2	_	211
	Ti ₃ C ₂ T _x /CuO	25	100	24.8	43/26	_	212
	$Ti_3C_2T_x/In_2O_3$	25	30	63.8	42/209		213
	$Ti_3C_2T_x/In_2O_3$	18	20	100.7	60/300	_	214
	Ti ₃ C ₂ T _x /MOF-derived In ₂ O ₃	25	5	60.6	3/2	_	215
	$Ti_3C_2T_x/Ni(OH)_2$	25	50	11.6	78/-		216
	$Ti_3C_2T_x/V_2O_5/CuWO_4$	25	51	53.5	1.6/4	300	217
NO_2	Ti_3C_2/TiO_2	25	5	16.02	_	125	218
	Ti_3C_2/TiO_2	175	100	19.76	150/72	_	219
	$Ti_3C_2T_x/ZnO$	25	100	41.93	34/105		220
	$Ti_3C_2T_x/ZnO$	25	20	367.63	22/10		221
	Ti ₃ C ₂ T _x /ZnO	25	0.05	81	17/24	0.2	222
	$Ti_3C_2T_x/ZnO$	160	8	3.6	191/254	_	223
	Ti ₃ C ₂ T _r /ZnO	25	10	25	_	_	224
	$Ti_3C_2T_x/WO_3$	25	0.06	27	162/19.8	_	225
	$Ti_3C_2T_x/WO_3$	25	20	12	96/129	_	226
	$Ti_3C_2T_x/SnO_2$	25	0.03	231	146/102	_	227
	$Ti_3C_2T_x/SnO_2$	150	10	24.8	_	100	228
	$Ti_3C_2T_x$ - $SinO_2$ - TiO_2	25	10	32.4	_	100	229
	$Ti_3C_2T_x$ $SinO_2$ TiO_2 $Ti_3C_2T_x$ /CuO	25	50	56.99	16.6/31.3	_	230
	$Ti_3C_2T_x/CO_3O_4/Al_2O_3$	25	100	40.3	1.3/13.3	10	231
H_2	$Ti_3C_2T_x/CiO_3O_4/Ai_2O_3$ $Ti_3C_2T_x/TiO_2$	150	500	70		_	232
112	$113O_21_{\chi}/11O_2$	130	300	70		_	232

gas-sensitive layers even when utilizing identical metal oxide compositions. Metal oxide nanomaterials, particularly those with 1D structures (such as nanotubes, nanobelts, and nanowires) and 2D configurations (including nanoflakes, nanoplates, and nanosheets), have gained increasing prominence in the development of chemiresistive gas sensors. The selection of nanomaterials with appropriate structural properties has emerged as a crucial factor in optimizing gas sensor para-

meters, warranting detailed investigation of gas sensors based

on these nanomaterials. SnO₂ represents a highly effective material for gas sensing applications due to its distinctive properties as an inorganic n-type semiconductor exhibiting a wide band gap (3.6 eV to 3.8 eV). The exceptional responsiveness of SnO₂ to various harmful gases and VOCs establishes it as a remarkably promismaterial for gas sensing applications. 185,195,203 Furthermore, the advancement of SnO2-MXene gas sensors has garnered significant attention from the research community owing to its potential to enhance both the selectivity and sensitivity of gas sensing devices. In their research, He et al. 206 investigated a gas-sensing platform through the integration of 2D MXene heterojunctions with SnO₂ nanoparticles, which were synthesized utilizing a hydrothermal method. The resultant MXene/SnO₂ heterojunctions powder was applied to interdigitated electrodes, and the sensor demonstrated a 40% higher sensitivity to 50 ppm NH₃ compared to a pure MXene sensor when operating at room temperature. ZnO, an n-type semiconductor with a band gap of 3.37 eV is often investigated in for use in gas sensing applications owing to its high response signal to various reducing or oxidizing gases, affordability, and abundance. As a result, reports of ZnO or combinations of, have recently become in selective sensing of NO₂ temperature.²²⁰⁻²²⁴ Similar properties have been reported in Tungsten oxide (WO3) where reports demonstrate high sensitivity and selectivity for NH₃, yielding nearly 16 times higher gain than pristine Ti₃C₂T_x. ²¹⁰ Oxides of iron, copper, and indium have been steadily reported to significantly boost MXene-based sensors' performance with sensitivity towards acetone, 189 toluene, ¹⁸⁴ and ammonia, ^{213,214} respectively. Although significant efforts have been made to enable room temperature sensing via incorporation of metal oxide heterojunctions with MXenes as the framework, high operating temperatures, baseline drift, and junction active site degradation or fouling hinder widespread adoption and application of MXene-based sensors.

Challenges and future directions

MXene-based heterostructures have shown significant potential in gas sensing applications, offering high sensitivity, selectivity, and operability at room temperature. However, several challenges must be addressed to enable their widespread adoption and practical implementation. This section outlines the key limitations of current MXene-based gas sensors and proposes future research directions to overcome these challenges.

7.1 Stability and oxidation sensitivity

One of the primary limitations of MXenes is their susceptibility to oxidation under ambient conditions, which can degrade sensor performance over time. For example, the oxidation of ${\rm Ti}_3{\rm C}_2{\rm T}_x$ MXene to ${\rm TiO}_2$ alters its electrical conductivity and sensing properties, leading to baseline drift and inconsistent responses. Future research should focus on developing passivation strategies—such as protective coatings, controlled surface functionalization, or encapsulation techniques—to enhance long-term stability.

7.2 Selectivity and cross-sensitivity

While MXene-based sensors exhibit excellent sensitivity, achieving high selectivity remains a significant challenge. Many target gases exhibit similar adsorption behaviors on MXene surfaces, leading to cross-sensitivity issues. To improve specificity, the incorporation of selective receptors—such as functionalized polymers or molecularly imprinted layers—could be explored. Additionally, machine learning-based signal processing and pattern recognition techniques may help distinguish between different gas analytes.

7.3 Scalability and integration with flexible electronics

The fabrication of MXene-based sensors at a large scale, while maintaining high reproducibility, remains a challenge. Conventional methods like drop-casting and vacuum filtration often result in inhomogeneous film formation, which affects sensor performance. Future research should focus on scalable synthesis and deposition techniques, such as inkjet printing and roll-to-roll manufacturing, to enable cost-effective, large-area sensor fabrication. Additionally, the integration of MXene-based sensors with flexible and wearable electronics represents an exciting opportunity for real-world applications in biomedical and environmental monitoring.

7.4 Understanding sensing mechanisms and gas adsorption behavior

Although experimental and computational studies have provided valuable insights into the gas-sensing mechanisms of MXenes, a comprehensive understanding of charge transfer dynamics, surface interactions, and gas adsorption kinetics is still lacking. In situ characterization techniques—such as operando X-ray spectroscopy, Raman spectroscopy, and atomic-scale imaging—are essential to elucidate fundamental sensing mechanisms and optimize sensor design.

7.5 Balancing sensitivity and response time

While some sensors (e.g., $Ti_3C_2T_x/WO_3$ for NH₃) demonstrate fast response/recovery times (\sim 1–3 s), others with higher sensitivity (e.g., $Ti_3C_2T_x/In_2O_3$ for NH₃) tend to have longer recovery times (\sim 300 s). This highlights an inherent trade-off between rapid gas adsorption/desorption dynamics and strong gas interactions. Understanding and balancing these trade-offs—depending on the specific application—will be critical for optimizing sensor performance.

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8 Summary and outlook

8.1 Summary

In conclusion, MXene-based heterostructures have emerged as highly promising materials for advanced gas sensing applications due to their unique two-dimensional structure, tunable surface chemistry, and excellent conductivity. Since the first synthesis of ${\rm Ti_3C_2T_x}$ MXene in 2011, substantial progress has been made in enhancing the performance of these materials, particularly for room temperature gas detection. The versatility of MXenes, which allows for various surface functionalities such as -F, -O, and -OH groups, provides a means of tailoring their sensing properties. This has enabled MXenes to detect VOCs like acetone, ethanol, formaldehyde, and gases such as ammonia and nitrogen oxides at extremely low concentrations.

Despite their potential, pristine MXenes face challenges such as baseline drift, low sensitivity at sub- ppm levels, and self-stacking tendencies that hinder gas molecule diffusion. Researchers have developed MXene-based heterostructures to overcome these issues by integrating metal oxides (e.g., SnO₂, ZnO, CuO), polymers, and other 2D materials. These heterostructures introduce new p-n and n-n junctions that modulate charge transfer, leading to improved response times, enhanced stability, and increased gas selectivity. For example, MXene-SnO₂ composites have shown exceptional sensitivity to ammonia at room temperature, benefiting from the formation of depletion layers and an abundance of surface-active sites. Similarly, ZnO/MXene composites have successfully lowered operating temperatures for VOC detection, making them well-suited for low-power, portable devices.

Significant advancements have also been made in MXene synthesis techniques, such as the minimally intensive layer delamination method, which improves control over surface defects and functionalization. This has led to the production of higher-quality MXenes with enhanced gas-sensing properties. Additionally, pre-oxidizing MXenes to improve stability in humid and high-temperature environments has addressed a key challenge, enabling more durable and reliable sensor performance.

8.2 Outlook

However, several challenges remain before MXene-based gas sensors can be fully realized in commercial applications. Scalability in synthesis, long-term operational stability, and performance under varying environmental conditions, such as humidity and temperature, require further optimization. Addressing the self-stacking nature of MXenes, which limits gas diffusion, will also be critical for maximizing sensor performance. Several key challenges in sensing chemistries of MXenes are summarized below:

8.2.1 Durability of MXene materials. MXenes are highly susceptible to oxidation, especially in humid and aqueous environments, which can degrade their electrochemical performance over time. Protecting or passivating MXene sensors without compromising their conductivity or sensitivity

remains challenging. Therefore, it is worth considering the location where the sensor is applied and enhancing the material's durability.

8.2.2 Scalability of synthesis. Commercial production of MXene materials (bulk synthesis) can be potentially challenging due to the use of HF to etch MXene. Additional complex heterostructured materials often involve sacrificing several layers of materials and multi-step heat treatment. Lowering the cost, and improving scalability is the next step. Achieving a balance between performance and cost- effectiveness is key for widespread commercial adoption, especially in fields where inexpensive sensors are crucial.

8.2.3 Integration with electric platforms. For MXenes to be commercially viable, they must be compatible with existing sensor manufacturing platforms such as circuit boards. This can be complicated due to their unique properties, like conductivity and hydrophilicity, and they may need specialized processing steps or support materials. Therefore, future studies should examine more of this potential challenge.

Nonetheless, the versatility and room temperature operability of MXene-based heterostructures offer significant potential for applications ranging from environmental monitoring and industrial safety to medical diagnostics and IoT. In-depth studies of the fundamental gas-sensing mechanisms, aided by computational modeling and experimental verification, will be essential for the development of next-generation MXene sensors. Continued progress in this field will pave the way for the large-scale commercialization of MXene-based gas sensors, establishing them as a key technology for future advanced sensing systems.

Data availability

Figures used for this article are available corresponding to the cited articles in the paper. No primary research results, software or code have been included and no new data were generated or analysed as part of this review.

Conflicts of interest

The authors declare no conflict of interest.

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