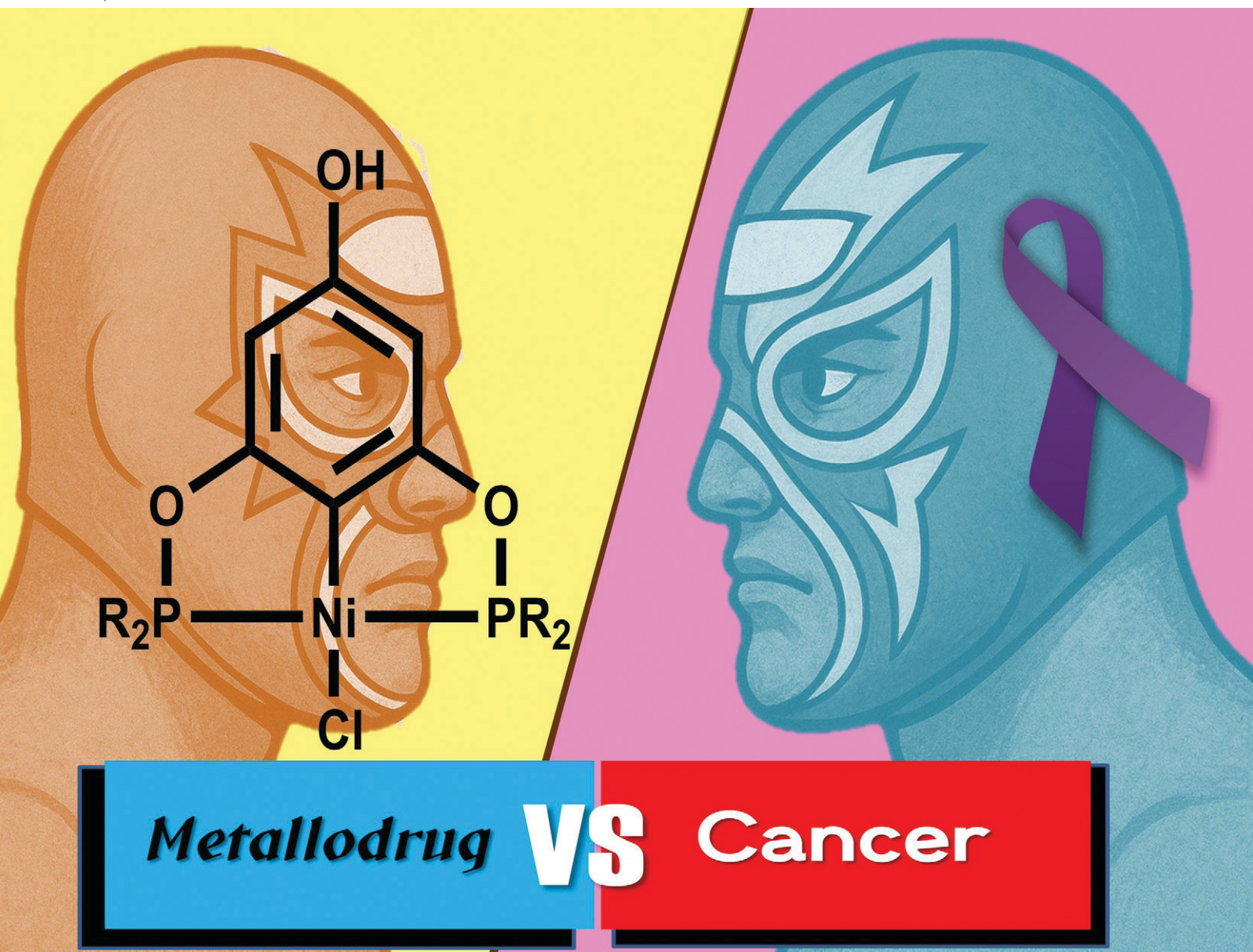


RSC Medicinal Chemistry

rsc.li/medchem



ISSN 2632-8682

REVIEW

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Cyclometalated complexes: promising metallodrugs in the battle against cancer

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Metal-based compounds are excellent alternative drugs for oncological treatment and research. The successful use of cisplatin and its derivatives clearly exemplifies the important role of such compounds in cancer therapy. However, the low selectivity, side effects, and resistance associated with this drug have led to the search for new strategies to overcome these limitations. For this reason, organometallic compounds are gaining significant attention as potential antitumor agents. Compared to platinum-based drugs, these compounds often exhibit greater stability, better lipophilicity, higher selectivity, and reduced resistance in cancer cells. This review aims to illustrate the antitumor properties of cyclometalated compounds containing metals from groups 8, 9, and 10. It also highlights various biochemical studies that attempted to explain how these compounds can enter cells, their different molecular targets, and the types of cell death that they can trigger.

Received 26th February 2025,
Accepted 18th July 2025

DOI: 10.1039/d5md00178a

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1. Introduction

Since the discovery of the first organometallic compound, Zeise's salt,¹ an extremely important field of research emerged that successfully bridged the areas of organic and inorganic chemistry. Organometallic compounds are characterized by the presence of a metal–carbon covalent bond, and they have been widely employed as catalysts^{2–4} in the design of new materials,^{5–7} in energy technology,^{8–10} and in medicinal chemistry.^{11–13} Over the years, this discipline has been honored with 13 Nobel Prizes in Chemistry, including the elucidation of the crystal structure of vitamin B12, highlighting the importance of organometallic compounds in the life sciences, making them attractive for study in biology and medicine.

The first organometallic compound used as a drug was salvarsan, an organoarsenic compound used for the treatment of syphilis. Subsequently, the discovery of ferrocene has been one of the cornerstones for the synthesis of new bioorganometallic compounds, demonstrating antimicrobial,^{14–16} antioxidant,^{17,18} and antitumor properties.^{19,20} Subsequently, another metallocene, titanocene dichloride, which exhibited antitumor

properties was discovered and became the first organometallic compound to reach clinical trials. Due to these developments, today, many rationally designed and synthesized organometallic compounds have been created as potential cytotoxic agents for cancer treatment.

Undoubtedly, cisplatin has been the drug of choice for the treatment of various cancers as it is the first metal-based drug approved by the Food and Drug Administration (FDA) in 1978 for the treatment of testicular, ovarian, and bladder cancers. However, due to its low selectivity and side effects, it was necessary to improve its cytotoxic activity and selectivity.^{21–25} As a result, there have been three generations of platinum-based drugs, of which five drugs (Fig. 1) have been clinically approved: two globally (carboplatin and oxaliplatin) and three regionally (nedaplatin in Japan, lobaplatin in China and heptaplatin in North Korea).

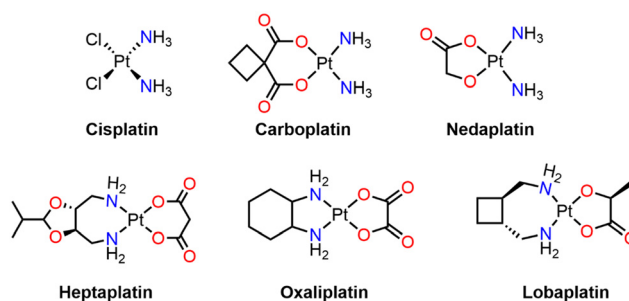


Fig. 1 Platinum metallodrugs approved for cancer treatment.

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It has been proved that one of the main molecular targets of platinum drugs is DNA, where the interaction occurs *via* coordination with nucleobases.²¹ This target is non-specific for cancerous cells and could lead to resistance development and lack of tumor selectivity. Therefore, the design of new metal-based compounds should focus on biomolecules or biological processes that improve selectivity, increase cancer inhibition, and reduce side effects. These properties would be obtained by targeting specific biochemical processes related to cancer through complex antitumor mechanisms and avoiding drug resistance.^{26–28}

In this context, organometallic complexes exhibit great structural versatility, meaning that they can adopt various geometries (usually ranging from linear to octahedral). Furthermore, versatility can be offered by ligands and oxidation state modification, *via* tuning intracellular properties such as kinetic stability and lipophilicity.²⁹ Depending on the type of ligand, antitumor organometallic compounds can be classified into six categories: metal arenes, metal acetylides, metal carbonyls, metal carbenes, metal cyclopentadienyls (Cp), and cyclometalated complexes (Fig. 2).²⁶

From this perspective, arene and cyclopentadienyl complexes have been among the most remarkable organometallic structures in terms of anticancer activity for various reasons. For instance, their typical geometries can be classified into two main types. On the one hand, the so-called piano-stool structures are characterized by an aromatic ring (arenes or cyclopentadienyls) as the central component, which plays a crucial role due to its hydrophobic nature, facilitating the entry of these complexes into the cell. Additionally, they may contain monodentate ligands X and Y or a chelating X⁺Y unit, along with a leaving group Z, which is often a halogen. Modulating the electronic and steric properties of ligands X, Y, and Z allows for fine-tuning the anticancer properties of these compounds, enhancing the synergy between metal centers and ligands.^{30,31}

On the other hand, cyclopentadienyl complexes not only adopt a piano-stool conformation but can also form sandwich-type structures, such as ferrocene, enabling the functionalization of organic groups on the cyclopentadienyl

moiety to improve the cytotoxic properties of these complexes.³² Along the same lines, complexes derived from N-heterocyclic carbenes (NHCs) have gained significant attention in medicinal chemistry, as they can form stable bonds with various metal centers. Moreover, the synthesis of these compounds is simple compared to other organometallic structures. The stability of these complexes is influenced by the aromaticity of the NHC ligand and the nature of the substituents that can be incorporated into the ligand backbone, allowing for the fine-tuning of steric, electronic, and lipophilic properties.³³

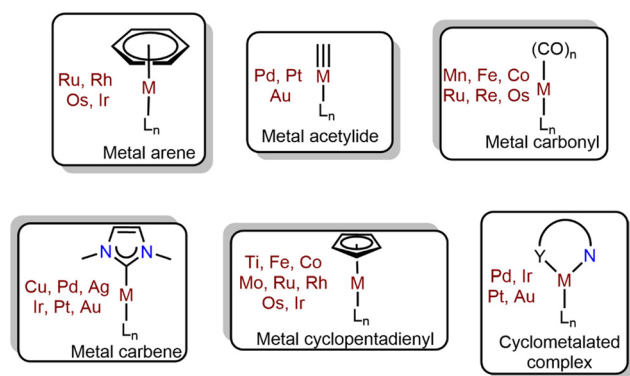
Regarding carbonyl complexes, it has been demonstrated that at low doses, CO exerts beneficial effects on physiopathological functions, preventing inflammation and oxidative stress. This has led to the development of CO-releasing molecules (CORMs), focusing on metal centers, as they provide greater molecular design flexibility, enabling control over the number and spatial arrangement of CO ligands, which, in turn, allows for a broader range of CO release.³⁴

As for metal acetylides, these complexes are characterized by a metal center bonded to one or more alkynyl units through a σ -bond. Such structures have attracted attention due to their unique physicochemical, photophysical, and photochemical properties, with the latter two being particularly relevant for their application in theranostic therapy.³⁵ For a more in-depth discussion on the anticancer activities of the organometallic compounds, the following references may be of great use.^{36–45}

Finally, cyclometalated complexes have played a significant role in medicinal chemistry over the past twenty years. Unlike the previously mentioned organometallic compounds, these complexes can form bi- or tridentate chelates, which confer greater stability and allow them to coordinate with a wide variety of transition metals. Furthermore, due to the structural diversity that these compounds offer, they can give rise to all five of the previously described organometallic structures. For example, a bicyclic metalated structure can form arene, cyclopentadienyl, or carbonyl-type compounds, while a tricyclic metalated structure can yield N-heterocyclic carbene or acetylide complexes as auxiliary ligands.^{46–48}

Metals such as Fe, Ru, and Os have demonstrated superior performance to platinum complexes, as they have been shown to exhibit mechanisms of action distinct from cisplatin, targeting molecular sites other than DNA and activating cell death pathways different from apoptosis.^{49–51} However, Ir and Rh have displayed remarkable photophysical and photochemical properties, which make them particularly attractive for applications in photodynamic therapy (PDT) and theranostic therapy.^{52–54} Lastly, despite belonging to the same group as platinum, Ni and Pd complexes have exhibited more efficient cytotoxic properties and distinct mechanisms of action compared to cisplatin.^{55,56} Moreover, platinum itself has been a constant subject of study, aiming to develop more selective designs that enhance its specificity toward cancer cells while reducing toxicity to healthy cells.^{57,58}

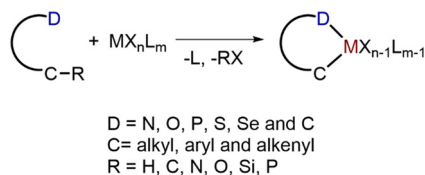
Based on the discussion so far, the rich structural diversity offered by organometallic complexes makes them promising



Antitumor organometallics

Fig. 2 Organometallic compounds used as antitumor agents.





Scheme 1 Formation of cyclometalated compounds.

candidates for the design of new metallodrugs, enabling the disruption of cancer cell homeostasis and the activation of various cell death pathways, which allows them to be used as a unique class of therapeutic agents for cancer.

This review aims to provide an overview of the literature on the anticancer properties of bi- and tridentate cyclometalated compounds of groups 8, 9, and 10 published since 2014. This is aimed to explore the effects of these organometallic compounds from the perspective of the metal center as well as the organic ligands, and how this synergy enables great versatility in the different modes of action that these complexes can offer in cancer therapy.

2. Formation and types of cyclometalated complexes with d-block metals

The formation of cyclometalated compounds occurs through the activation of a transition metal over a C–R bond to form a chelate with a σ M–C bond and a coordination bond D–M (D = N, O, P, S, Se, and C) (Scheme 1). This type of reaction consists of two consecutive steps: first, the coordination of the metal center to the donor atom D, followed by the intramolecular activation of the C–R bond to close the cycle.^{59,60}

These types of compounds are characterized by their great thermodynamic and redox stabilities, as well as the ability to adjust the steric and electronic properties of the anionic ligands (X) or auxiliary ligands (L) to obtain compounds with enhanced lipophilic character. Depending on the type of ligand desired, cyclometalated compounds can be classified as CD type, which is usually mononuclear or dinuclear (Fig. 3a), and DCD type,

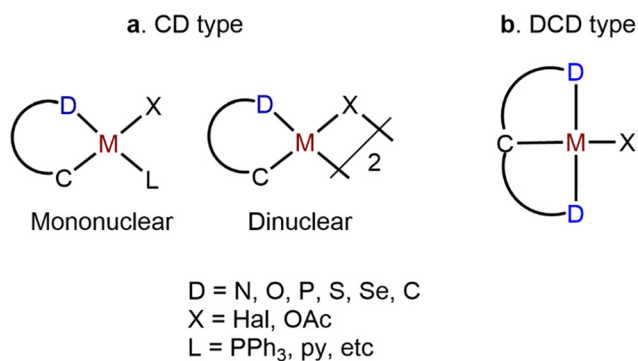


Fig. 3 Types of cyclometalated compounds: a) CD type and b) DCD type.

which bears tridentate ligands to form two metallacycles. These complexes can possess more than one carbon atom as donor atoms (CC, DCC, and CCC) and the carbon atom is not restrictively the central atom (DDC). If the tridentate ligand adopts a meridional geometry around the metal center, they are known as pincer complexes (Fig. 3b).⁶¹ Complexes with more than three donor atoms are less common.

This review will start with cyclometalated compounds from group 8 (Fe, Ru, and Os), followed by groups 9 (Rh and Ir) and 10 (Ni, Pd, and Pt).

3. Cyclometalated compounds of group 8

3.1. Iron

Iron is an essential element for human life, and it is present in important biomolecules such as hemoglobin and iron–sulfur clusters (Fe–S), which are required for energy metabolism, respiration, and so on.⁶² Moreover, cancerous cells require higher iron demand due to higher mitochondrial activity. These processes can be altered with iron complexes, which would lead to reactive oxygen species (ROS) production and cell death.^{63,64} For that reason, Le Lagadeuc's group has synthesized a series of C^N cyclometalated Fe(III) and Fe(II) complexes (**1-Fe** and **2-Fe**) (Fig. 4), which have been used in cytotoxicity studies.^{65,66}

1-Fe was tested on human colon cancer (HCT-15), lung cancer (SKLU-1), and two types of gastric cancer cell lines (AGS and KATO III). These cancer cell lines are distinguished by the type of p53 tumor suppressor gene they typically express. For instance, AGS expresses a wild-type p53, whereas KATO III expresses a mutated form of p53, which leads to a form of resistance in cancer cells to DNA-damaging chemotherapy. **1-Fe** was shown to be more active than cisplatin in all cancer cell lines, with IC₅₀ values ranging from 0.2 to 0.8 μM . Western blot assays revealed that **1-Fe** induces cell death through a pathway independent of p53 and caspase 3 but strongly induces ATF4 (activating transcription factor 4) in AGS cells. Additionally, there was a reduction in the ratio of two forms of LC3 (an autophagy marker), suggesting that **1-Fe** causes cell death *via* a pathway involving endoplasmic reticulum (ER) stress and autophagy.⁶⁵ However, the **2-Fe** complex was tested on three gastric cancer cell lines: AGS, KATO III, and NUGC3, the latter carrying a Y220C mutation in p53 (Table 1).

Regarding the possible mechanism of action, it was found that, unlike the **1-Fe** complex, **2-Fe** does not promote an increase in ATF4 protein (a marker of the endoplasmic reticulum stress response pathway). The results indicate that **2-Fe** reduces the survival of gastric cancer cells, but the molecular mechanisms involved appear to be independent of caspase-induced apoptosis, TP53 stabilization, and ATF4 expression.⁶⁶

Tabrizi prepared a cyclometalated Fe(II) complex (**3-Fe**) that has two tridentate ligands: one of the NCN type, which corresponds to the cyclometalated ligand, and one NNN ligand, where a BODIPY fragment is attached to *meso*-phenyl-4'-ethynyl-2,2':6'2''-terpyridine. Phototoxicity assays showed a



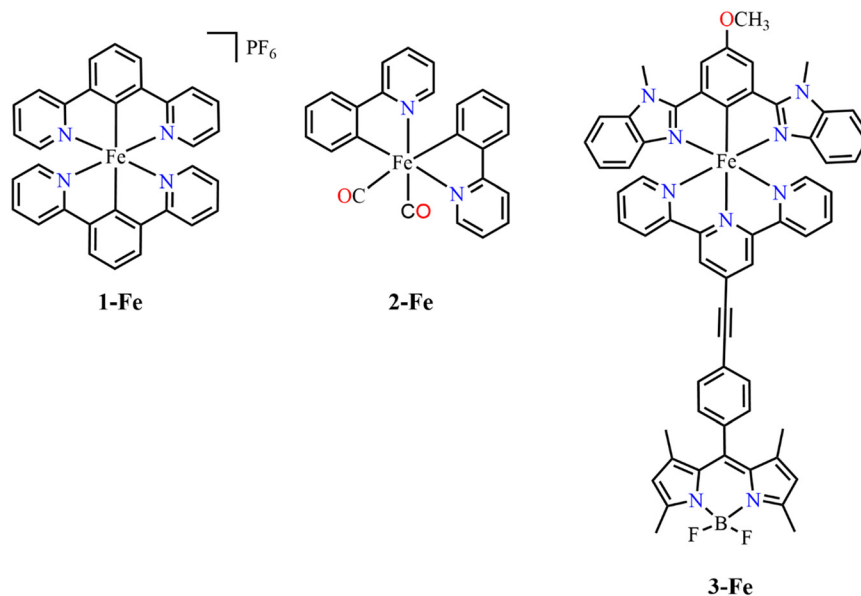


Fig. 4 Cyclometalated Fe(III) (**1-Fe**) and Fe(II) (**2-Fe** and **3-Fe**) complexes evaluated in cytotoxicity studies.

higher cytotoxicity in HeLa cancer cells after irradiation at 500 nm (IC_{50} value of 1.0 μM) than that in the dark (IC_{50} value of 73 μM), yielding a phototoxicity index (PI) of 69.7. It was also observed that it exhibits good absorption in HeLa cells and that its target organelle is the mitochondria.⁶⁷

3.2. Ruthenium

Many ruthenium complexes have displayed elevated cytotoxicity and selectivity against cancerous cell lines, acting as an attractive alternative to platinum-based drugs.⁶⁸ Ruthenium compounds can also be used as prodrugs, which are later activated inside the cell *via* photo-activation or ligand oxidation, for instance.⁶⁹ Ruthenium complexes such as NAMI-A, KP1019, and NKP1339 have reached clinical trials, but more investigation is needed to offer improved treatment against cancer.^{70,71}

3.2.1. Bipyridine and phenanthroline ligands. In recent years, Le Lagadee's group has synthesized a series of Ru(II) cyclometalated compounds (**1a-Ru** to **5b-Ru**), testing them as potential anticancer agents (Fig. 5). Complexes **1a-Ru** to **3-Ru** were used to determine the *in vitro* cytotoxicity on two different gastric cancer cell lines, KATO III and AGS. Cytotoxicity assays using the MTT protocol were conducted in

both the absence and presence of light (Table 2). The coordination analog of complex **1a-Ru** (complex **3-Ru**) was included for comparison purposes. All cyclometalated compounds, being more active than cisplatin and the **3-Ru** compound, demonstrated greater activity in the presence of light for both cancer cell lines. The highest phototoxicity index (PI) was obtained for complexes **1b-Ru** and **2b-Ru** with PI values ranging from 2.56 to 5.70. Both compounds can produce singlet oxygen (1O_2), while the **3-Ru** compound did not generate this radical. In addition, **1b-Ru** was able to damage DNA and cleave caspase 3 (an apoptosis marker) upon light irradiation.⁷²

Lactate dehydrogenase (LDH) is overexpressed in cancerous cells due to high glucose consumption through glycolic metabolism. LDH activity inhibition has been considered an alternative target in cancer treatment. Thus, **4a-Ru** and **4b-Ru** complexes were tested on gastric and colon cancer cells expressing wild-type p53 (AGS and HCT116) and mutant p53 (KATO III and SW480). The assays were performed using the MTT protocol, and it was observed that the **4a-Ru** complex was the most cytotoxic in all cancer cell lines (IC_{50} = 0.7 μM to 1.6 μM) compared to its coordination analog complex **4b-Ru** (>200 μM). Kinetic inhibition studies of LDH demonstrated that they both inhibited the enzyme's activity. Therefore, the higher cytotoxicity of compound **4a-Ru** could be related to other interactions inside the cell.⁷³ Furthermore, through theoretical modeling, binding sites within LDH were identified where **4a-Ru** could hypothetically interact with NADH and oxamate molecules, which are key binding sites for LDH inhibition (Fig. 6a). Therefore, the higher cytotoxicity of the **4a-Ru** compound could be related to its interactions with NADH and oxamate.

The resistance mechanisms of Ru(II) cyclometalated complexes are poorly understood in comparison with those

Table 1 IC_{50} values of the **2-Fe** complex on three gastric cancer cell lines: AGS, KATO III, and NUGC3^a

Compound	IC_{50} (μM)		
	AGS	KATOIII	NUGC3
2-Fe	4.1 $\pm$ 0.6	42 $\pm$ 1.1	26 $\pm$ 1.2
Cisplatin	29 $\pm$ 1.3	11 $\pm$ 0.9	18 $\pm$ 1.1

^a Cell viability determined by the MTT assay after treatment for 48 h.



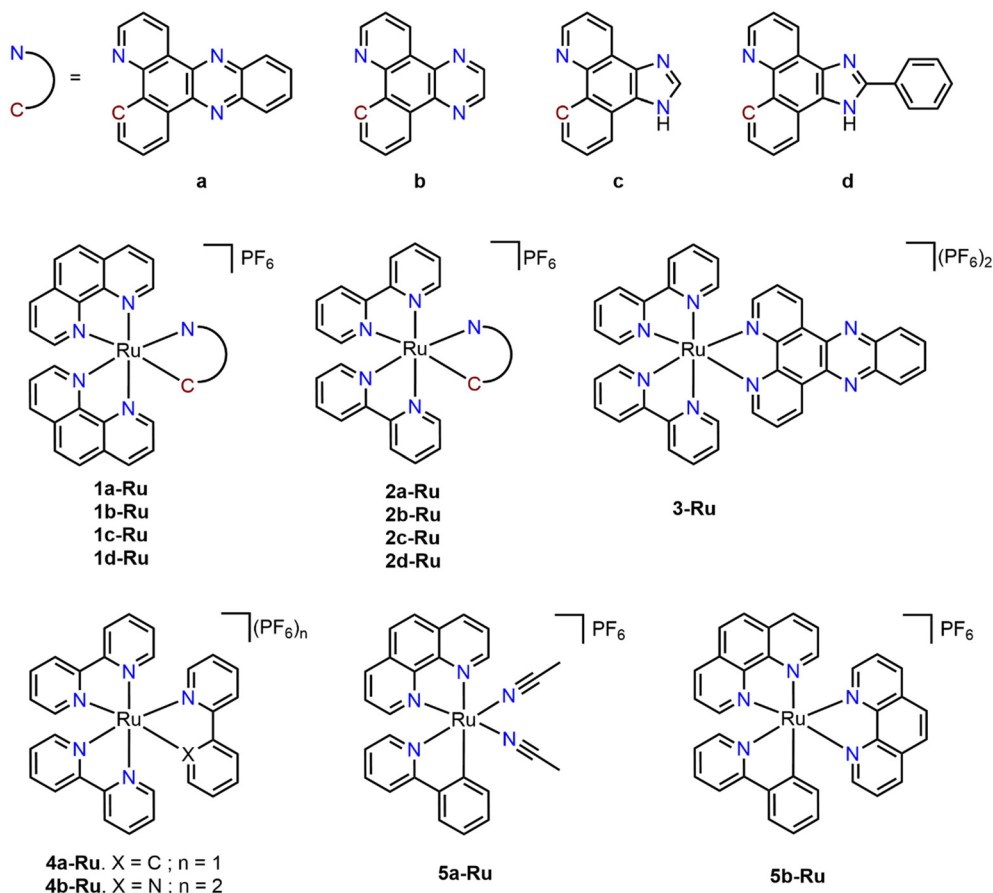


Fig. 5 Cyclometalated Ru(II) complexes with bipyridine and phenanthroline auxiliary ligands (1a-Ru–5b-Ru).

Table 2 IC₅₀ values of the 1a-Ru to 3-Ru complexes at 48 hours under dark and light conditions^a

Compound	IC ₅₀ (μM) KATO III			IC ₅₀ (μM) AGS		
	Dark	Light	PI ^b	Dark	Light	PI ^b
1a-Ru	0.38 ± 0.03	0.32 ± 0.05	1.19	1.30 ± 0.12	0.52 ± 0.04	2.50
1b-Ru	0.57 ± 0.04	0.10 ± 0.03	5.70	0.63 ± 0.03	0.18 ± 0.03	3.50
1d-Ru	0.46 ± 0.07	0.44 ± 0.12	1.05	0.70 ± 0.02	0.50 ± 0.07	1.40
2a-Ru	0.41 ± 0.02	0.35 ± 0.05	1.17	1.30 ± 0.10	0.75 ± 0.08	1.73
2b-Ru	0.91 ± 0.09	0.27 ± 0.06	3.37	0.87 ± 0.04	0.34 ± 0.05	2.56
2c-Ru	5.12 ± 0.02	4.89 ± 0.15	1.05	5.01 ± 0.29	3.88 ± 0.85	1.29
2d-Ru	0.52 ± 0.03	0.50 ± 0.08	1.04	0.85 ± 0.05	0.67 ± 0.09	1.27
3-Ru	100.0 ± 5.0	95.0 ± 8.0	1.05	106.00 ± 5.0	100.00 ± 3.0	1.06
Cisplatin	11.0			29.00		

^a Cell viability determined by the MTT assay after treatment for 48 h in the dark and under irradiation for 1 h. ^b PI (phototoxic index) = IC₅₀ dark/IC₅₀ light.

of Pt(II) compounds. Hence, a study was conducted employing the cytotoxic compounds **5a-Ru** and **5b-Ru**. Resistance was identified from genes *ABCB1* and *EGFR*; the former is responsible for the import/export processes governing the concentration of metallodrugs inside the cell, while the latter is an EGF growth factor receptor that induces proliferative and survival pathways, causing pro-apoptotic effects and cell cycle arrest. *ABCB1* inhibition assays were

carried out with inhibitors of ABC transporters (e.g. verapamil), revealing an increase in cytotoxicity of the complexes after treatment. Theoretical studies revealed that **5a-Ru** could have two binding modes with *ABCB1* (Fig. 6b). In the first site (Fig. 6c), **5a-Ru** binds within a hydrophobic environment, exhibiting π -stacking interactions with various aromatic amino acids. Similarly, in the second site (Fig. 6d), adjacent to the first, π -stacking interactions with aromatic



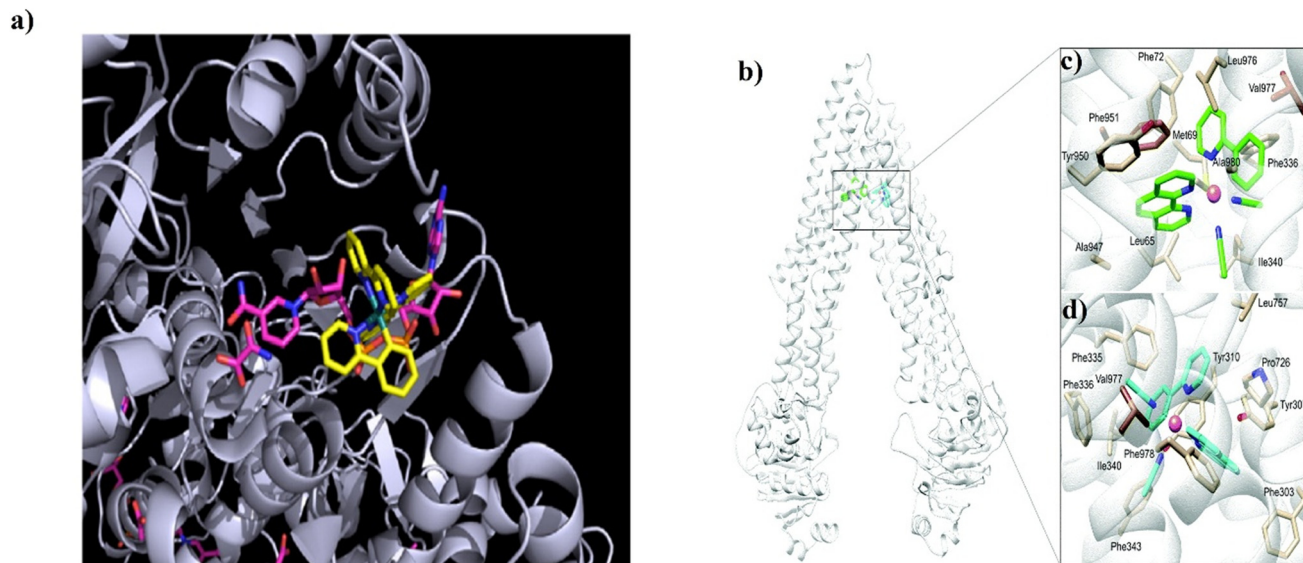


Fig. 6 a) Interaction of **4a-Ru** with LDH. b) Binding modes of **5a-Ru** with ABCB1. c) and d) Binding sites of **5a-Ru**, predominantly exhibiting hydrophobic interactions (reproduced with permission from ref. 73 (Copyright 2016, Elsevier) and 74 (Copyright 2020, Royal Society of Chemistry)).

amino acids also predominate. This suggests that the binding of **5a-Ru** to an internal conformation of *ABCB1* is feasible even in the absence of nucleotides. This is the first study to reveal such resistance pathways.⁷⁴

Furthermore, in a subsequent study, it was identified that the **5a-Ru** complex exhibits higher cytotoxicity towards gastric cancer (GC) cells than the drug oxaliplatin. However, it was established that **5a-Ru** does not induce caspase-3 cleavage nor express the p53 gene, indicating that classical DNA/p53 damage is not the main mode of action. Instead, it induces the expression of proteins such as XBP1 and CHOP, which are two central effectors of the unfolded protein response (UPR) pathway. Additionally, this complex was also capable of reducing glutathione (GSH) levels, resulting in increased ROS production, which may lead to cell death. Moreover, it was confirmed that **5a-Ru** can induce cell death through caspase-independent apoptosis (Fig. 7). *In vivo* studies conducted on mice showed that the ruthenium complex was more efficient in inhibiting tumor growth than oxaliplatin, to the point of eliminating the tumor in the mouse. These findings suggest that **5a-Ru** and similar compounds may bypass classical resistance mechanisms in cancer cells, such as the elevation of GSH production, GSH mutation, and alterations in the p53 pathway.⁷⁵

McFarland group synthesized a series of cyclometalated compounds (**6a-Ru** to **9a-Ru**) bearing ligands with expanded π -systems (Fig. 8), which were subjected to phototoxicity studies against two cancer cell lines: human melanoma (SK-MEL-28) and leukemia (HL60) (Table 3). Coordination analogs (**6b-Ru** to **9b-Ru**) were evaluated as well. Complexes **6a-Ru** to **8-Ru** were more cytotoxic than their coordination analogs in both cancer cell lines under darkness and light irradiation, obtaining PI values ranging from 5.4 to 18. For complex **9a-Ru**, the PI values were 1400 and 410 for SK-MEL-

28 and HL60, respectively. Additionally, **9a-Ru** was tested as a potential diagnostic agent due to its elevated light sensitivity (Fig. 9a–c). Using differential interference contrast (DIC) microscopy and evaluating the fluorescence of **9a-Ru** under dark conditions (Fig. 9a), visible light (Fig. 9b), and red light (Fig. 9c), the complex exhibited luminescence within the cell. Additionally, employing DIC microscopy (central panel) allowed for the determination of cell morphology, revealing that in darkness, **9a-Ru** is localized in the cell nucleus, whereas after exposure to visible and red light, the complex relocates to the cytoplasm. Comparing fluorescence overlays with DIC images, the green signal appears brighter in populations irradiated with visible light (Fig. 9b). The **9b-Ru** complex did not produce any detectable green or red luminescence, suggesting the importance of a σ C–Ru bond for generating these images.⁷⁶

In another work by the McFarland group, the phototoxicity against the SK-MEL-28 cell line was evaluated with ruthenium(II) cyclometalated complexes (**10a-Ru** to **13a-Ru**, and **10b-Ru** to **13b-Ru**) using a series of α -oligothiophene derivatives, aiming to extend the π -conjugation of the ligand.^{77,78} The lipophilicity of the cyclometalated complexes increased as the number of thiophene groups increased, with **13a-Ru** and **13b-Ru** being the most lipophilic compounds. In the dark, these complexes were the least cytotoxic ($EC_{50} > 300 \mu\text{M}$) compared to **10a-Ru–12a-Ru** and **10b-Ru–12b-Ru** complexes, with EC_{50} values ranging from $0.38 \mu\text{M}$ to $19.5 \mu\text{M}$. After irradiation, PI of **13a-Ru** and **13b-Ru** were >1153 and 267 , respectively, while the presence of the methyl groups in the bipyridine backbone seems to play an important role.

Chen and coworkers synthesized a series of complexes based on β -carboline alkaloid-derived ligands as the cyclometalating ligand and bipyridine derivatives (**14a-Ru–16b-Ru**) (Fig. 10), and their antiproliferative activity was



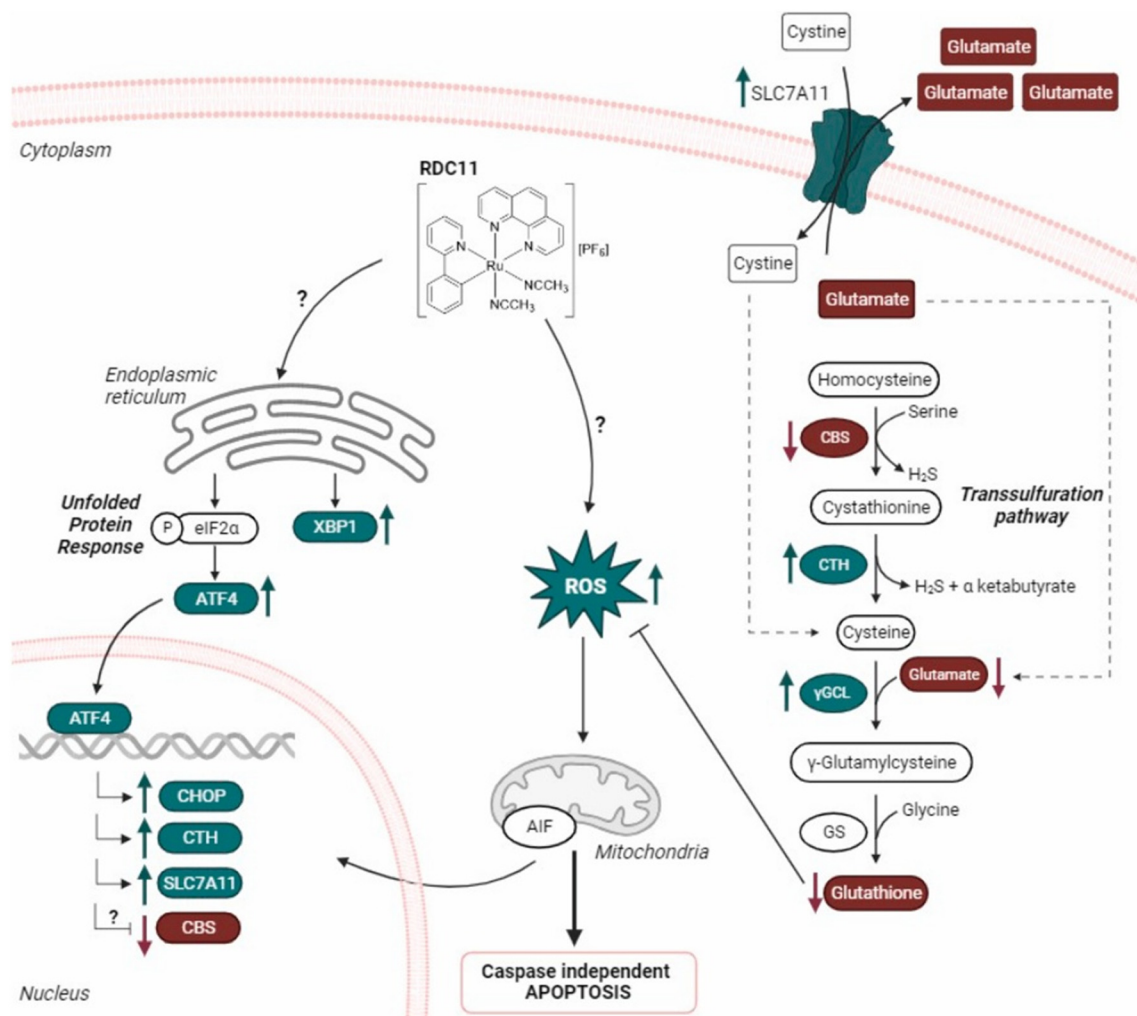


Fig. 7 Plausible mechanism of action of the 5a-Ru complex, which exhibits effects on the transsulfuration pathway while evading classical resistance mechanisms. Green arrows indicate positive regulation, while red arrows indicate negative regulation (reproduced with permission from ref. 75, Copyright 2024, Elsevier).

evaluated against HeLa and BEAS-2B cells (immortalized healthy human bronchial epithelial cells) (Table 4). All complexes presented higher cytotoxicity against HeLa (IC_{50} 1.9–4.1 μ M) than cisplatin (IC_{50} 18.1 μ M), as well as a higher selectivity index (SI).^{79–81}

Chen's group also prepared a series of complexes bearing isoquinoline and phenanthroline ligands (**17a,b-Ru** and **18a,b-Ru**), and studied their cytotoxic activity towards lung cancer cell line (NCI-H460) and HBE cells (normal human bronchial epithelial cells). The cyclometalated complexes **17a-Ru** and **18a-Ru** showed higher antiproliferative activity against NCI-H460 with IC_{50} values of 2.1 ± 0.2 μ M and 1.8 ± 0.3 μ M, respectively. The selectivity indexes were 10.5 and 11.1 for **16a-Ru** and **17a-Ru** and were higher than that of cisplatin (SI = 0.6).⁸² Afterwards, they introduced different substituents into the backbone of the cyclometalated ligand to further enhance the cytotoxic activity of these complexes (**17a-Ru** and **17c-g-Ru**). All these complexes were subjected to MTT assays on various cancer cell lines and a healthy cell line (HBE). All

the complexes exhibited high activity across all cancer cell lines, being most active in the lung adenocarcinoma (A549) and cisplatin-resistant (A549/DDP) cell line, while also showing lower toxicity in the healthy HBE line. Complexes **17a-Ru**, **17f-Ru**, and **17g-Ru** were able to overcome cisplatin resistance through the PI3K/mTOR/Nrf2 signaling pathway, while the Akt/GSK-3 β /Fyn pathway was altered by complexes **17c-Ru**–**17e-Ru**.^{83,84}

The mechanisms of action of complexes **14a-Ru**–**18b-Ru** have been investigated by Chen's group based on biochemical and cytotoxic assays (Fig. 11a–e). Thus, it was observed that all complexes caused DNA damage *via* ROS (Fig. 11a) and mitochondrial dysfunction (Fig. 11b), induced apoptosis (extrinsic and intrinsic) (Fig. 11c), and were mainly accumulated in the nucleus and mitochondria of the cancerous cells. It has been shown that the cyclometalated complexes can actively be transported into the cell *via* endocytosis. Cell cycle arrest was found in the G0/G1 phase for complexes derived from β -carboline (**15a-Ru**–**16b-Ru**), and in the S and G2/M phases



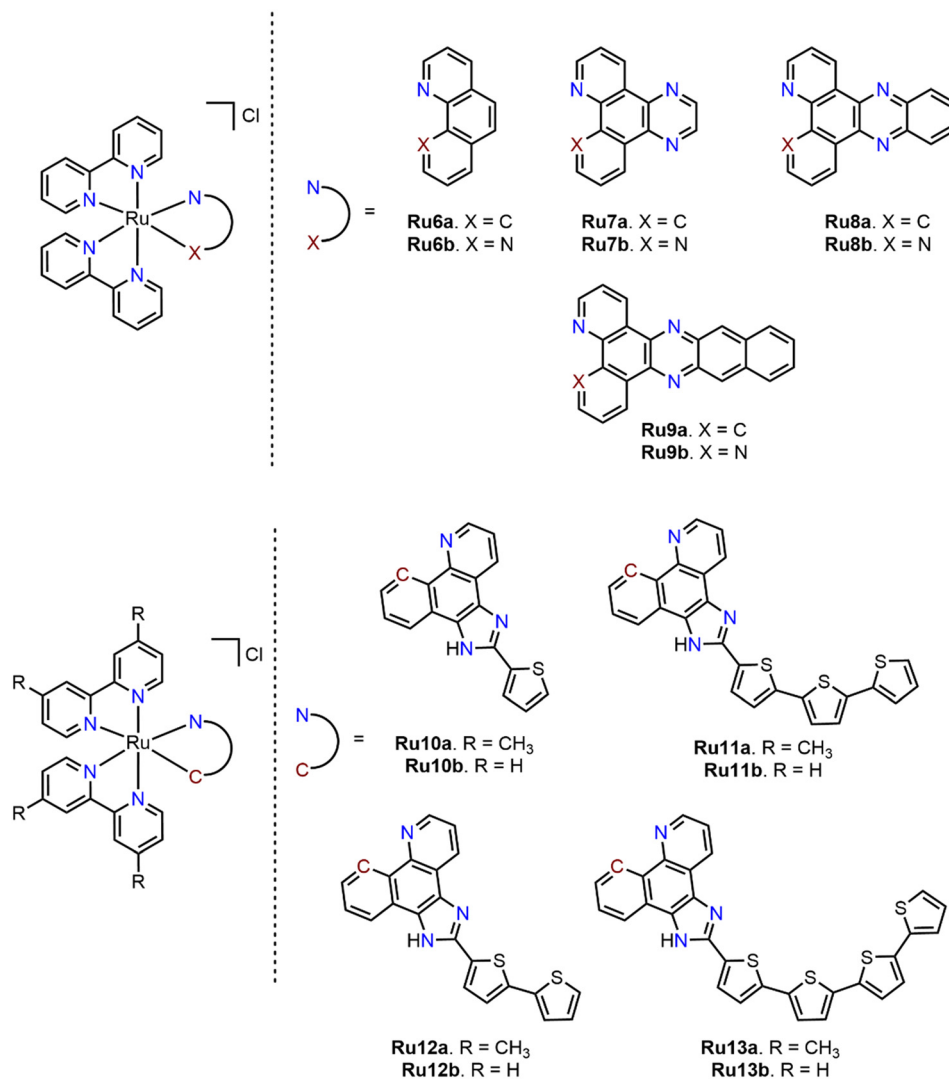


Fig. 8 Cyclometalated Ru(II) complexes bearing expanded π -systems (6a-Ru-13b-Ru).

Table 3 EC₅₀ values of the 6a-Ru-9b-Ru complexes at 48 hours under dark and light conditions^a

Compound	EC ₅₀ (μ M) SK-MEL-28			EC ₅₀ (μ M) HL60		
	Dark	Light	PI ^b	Dark	Light	PI ^b
6a-Ru	1.94 $\pm$ 0.04	0.258 $\pm$ 0.009	7.5	1.29 $\pm$ 0.01	0.151 $\pm$ 0.001	8.6
7a-Ru	1.16 $\pm$ 0.01	0.142 $\pm$ 0.002	8.3	3.06 $\pm$ 0.10	0.167 $\pm$ 0.003	18
8a-Ru	1.92 $\pm$ 0.02	0.208 $\pm$ 0.003	9.1	1.14 $\pm$ 0.01	0.211 $\pm$ 0.004	5.4
9a-Ru	>300	0.206 $\pm$ 0.003	1400	>300	0.741 $\pm$ 0.016	410
6b-Ru	>300	8.86 $\pm$ 0.12	34	>300	19.52 $\pm$ 1.32	15
7b-Ru	>300	237 $\pm$ 7	1.3	>300	253 $\pm$ 11	1.2
8b-Ru	>300	172.5 $\pm$ 5	1.7	>300	166 $\pm$ 4	1.8
9b-Ru	265 $\pm$ 5	0.812 $\pm$ 0.005	1500	282 $\pm$ 19	0.303 $\pm$ 0.020	930

^a Cell viability determined by the MTT assay after treatment for 48 h under darkness and irradiation for 16 h. ^b PI (phototoxic index) = IC₅₀ dark/IC₅₀ light.

with isoquinoline ligands (17a-Ru and 17c-g-Ru) (Fig. 11d). Based on all these studies, Chen's group has proposed various mechanisms of action through which the 14a-Ru-18b-Ru complexes could act on cancer cells (Fig. 11e).

Ruthenium complexes bearing fluorinated cyclometalated ligands were prepared by the Huang group, starting from 2,4-difluorophenylpyridine (19a-Ru) and coumarin (19b-Ru) (Fig. 12). These compounds were subjected to *in vitro* assays



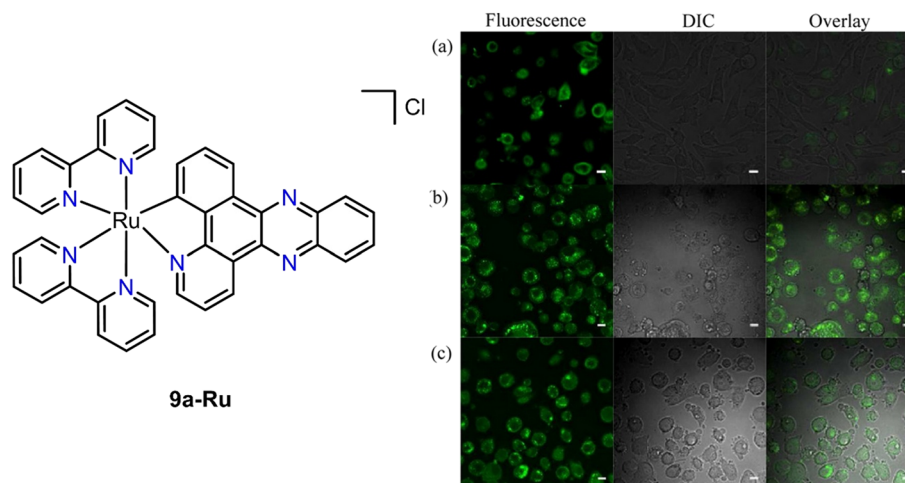


Fig. 9 Comparison of fluorescence emitted by the **9a-Ru** complex in SK-MEL-28 cells under a) dark, b) visible light, and c) red light (50 J cm^{-2}) conditions (reproduced with permission from ref. 76 Copyright 2015, American Chemical Society).

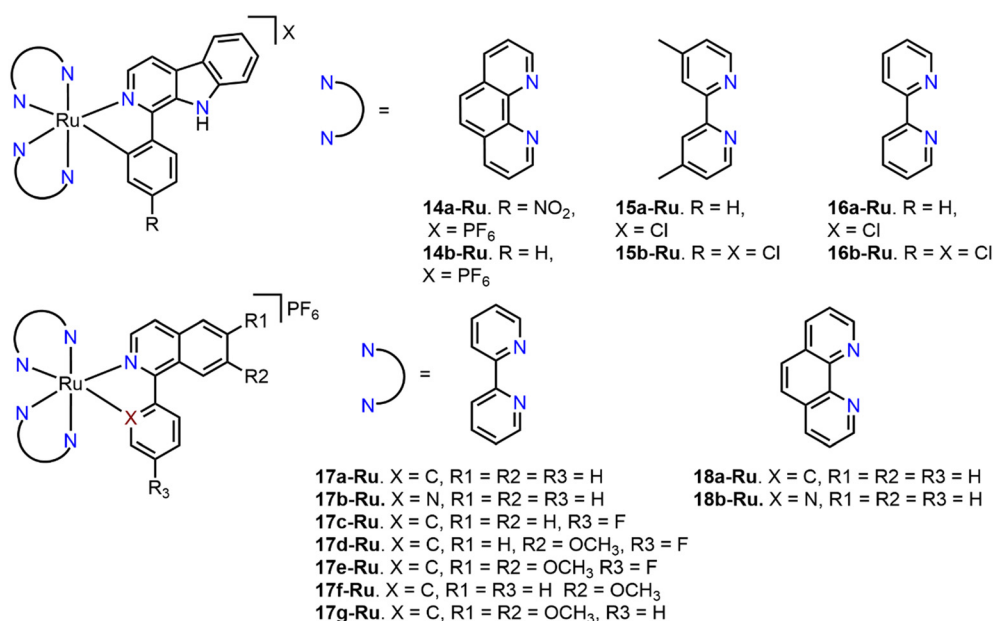


Fig. 10 Ru(II) C^NN compounds with cyclometalated ligands derived from β -carboline (**14a-Ru–16b-Ru**) and isoquinolines (**16a-Ru–18b-Ru**).

Table 4 IC₅₀ values (μM) of **14a-Ru–16b-Ru** complexes in cancerous and healthy cell lines^a

Compound	IC ₅₀ (μM)		
	HeLa	BEAS-2B	SI ^b
14a-Ru	2.4 $\pm$ 0.1	15.2 $\pm$ 0.9	6.3
14b-Ru	2.8 $\pm$ 0.2	16.1 $\pm$ 1.3	5.7
15a-Ru	1.9 $\pm$ 0.4	10.6 $\pm$ 0.6	5.6
15b-Ru	3.4 $\pm$ 0.3	11.2 $\pm$ 0.5	3.3
16a-Ru	3.2 $\pm$ 0.4	13.5 $\pm$ 2.4	4.2
16b-Ru	4.1 $\pm$ 0.6	14.2 $\pm$ 1.8	3.5
Cisplatin	18.1 $\pm$ 0.5	13.8 $\pm$ 0.9	0.8

^a Cell viability determined by the MTT assay after treatment for 48 h.

^b SI (selectivity index) = IC₅₀ (BEAS-2B)/IC₅₀ (HeLa).

(under normoxia and hypoxia conditions) against HeLa cell line under light and dark conditions.⁸⁵ Under normoxia, **19b-Ru** exhibited better cytotoxicity when irradiated with white light with IC₅₀ of *ca.* 2.5 μM , through the generation of hydroxyl radicals. Additionally, **19b-Ru** demonstrated an excellent PDT (photodynamic therapy) effect in *in vivo* assays, almost completely inhibiting the endogenous hypoxic solid tumor in mice.

The cytotoxic activity of the bis-cyclometalated Ru(III) complex (**20-Ru**) was measured in breast cancer (MCF-7) and colon cancer (HT-29), showing higher activity in HT-29 (IC₅₀ = 9.2 $\pm$ 2.3 μM at 48 h) than cisplatin (IC₅₀ = 23.0 $\pm$ 0.6 μM). Since it is a Ru(III) species, it is speculated that it can be reduced to Ru(II), being the active species responsible for carrying out

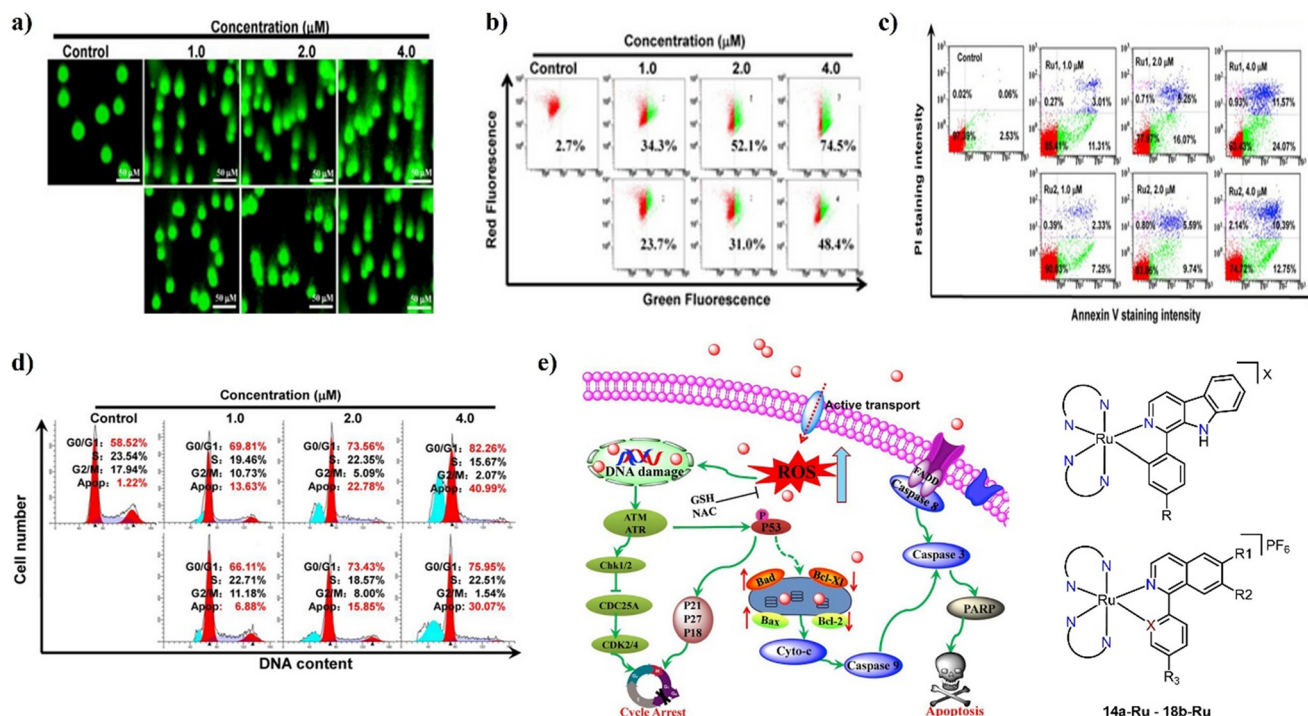


Fig. 11 Schematic summary of the biochemical assays conducted with the 14a-Ru-18b-Ru compounds on different cancer cell lines: a) comet assays for DNA damage, b) mitochondrial dysfunction assessed by flow cytometry, c) apoptosis analysis via flow cytometry, d) cell cycle study using flow cytometry, and e) proposed mechanism of action for 14a-Ru-18b-Ru (reproduced with permission from ref. 79 Copyright 2017, Elsevier).

biochemical processes inside the cancer cells.⁸⁶ Furthermore, 21a-c-Ru complexes (Fig. 12) were tested on the most aggressive breast cancer cell line, triple-negative breast cancer (MDA-MB-231), as well as drug-resistant colon cancer (SW620AD300). These complexes proved to be more active than cisplatin ($\text{IC}_{50} = 29.39 \pm 2.3 \mu\text{M}$) in MDA-MB-231, with IC_{50} ranging from 3.39 μM to 11.06 μM , with 21a-Ru being the most active of the family ($\text{IC}_{50} = 3.39 \pm 2.4 \mu\text{M}$). However, in the SW620AD300 cell line, 21a-Ru ($\text{IC}_{50} = 13.96 \pm 2.2 \mu\text{M}$) and 21b-Ru ($\text{IC}_{50} = 16.19 \pm 1.7 \mu\text{M}$) were less active than cisplatin ($\text{IC}_{50} = 9.55 \pm 1.0 \mu\text{M}$), while 21c-Ru was slightly more active ($\text{IC}_{50} = 9.48 \pm 0.7 \mu\text{M}$). Through cell migration studies on MDA-MB-231 cells, the inhibitory effects of 21a-Ru–21c-Ru were measured (Fig. 13) to evaluate the antimetastatic activity of these complexes. After 24 hours of treatment, all complexes were able to reduce the wound closure of the intermediate space compared to the control group. These compounds showed a preference for the cell nucleus and mitochondria, where the complexes caused a loss of mitochondrial membrane potential (MMP), resulting in ROS overload in the tumor cells, inducing apoptosis.⁸⁷

Complex 22-Ru exhibited notable antiproliferative activity in the A549 cancer cell line and the cisplatin-resistant A549R cell line, showing an RF (resistance factor) of 2.2 compared to cisplatin's RF of 3.9. Furthermore, 22-Ru induces apoptosis and inhibits cell proliferation by arresting the cell cycle at the G2/M phase. Additionally, 22-Ru demonstrated a significantly greater antimetastatic activity than the NAMI-A complex, even efficiently suppressing angiogenesis.⁸⁸

Although apoptosis-mediated programmed cell death is usually the most common pathway among Ru(II) C^N complexes, some of these complexes may lead to other forms of cell death. For example, 23a,b-Ru, and 24a,b-Ru complexes (Fig. 12) were subjected to phototoxicity assays against HeLa, OE33, and A375 cells with IC_{50} values ranging from 0.7 to 9.0 μM in the dark, and from 0.14 to 1.8 μM after light irradiation. Hypoxic conditions were applied to HeLa cell lines and no significant modification in the antiproliferative activity was observed for most of the complexes. The complexes showed greater retention in cell membranes, causing the appearance of membrane protrusions, indicating cell death by oncosis.⁸⁹

One of the peculiarities of ruthenium complexes is that they have shown a preference for organelles such as mitochondria and the endoplasmic reticulum (ER), unlike platinum-based compounds which primarily accumulate in the nucleus. Complexes 25a,b-Ru (Fig. 14) were mainly located in the nucleus (Fig. 15e and f), mitochondria (Fig. 15g and h), and ER (Fig. 15a–d) of human glioblastoma cells (A172). Compound 25a-Ru was the most cytotoxic ($\text{IC}_{50} 0.25\text{--}1.15 \mu\text{M}$) and presented the highest lipophilicity ($\log p_{\text{ow}} = 2.35 \pm 0.04$).⁹⁰ Furthermore, 26a-Ru and 27a-c-Ru complexes were evaluated in an ovarian cancer cell line (A2780), showing main retention in the cell membrane and cytosol, with only a small amount localized in the nucleus. Anticancer effects of the complexes would be related to a decrease in MMP and ROS activation, instead of DNA interaction.⁹¹

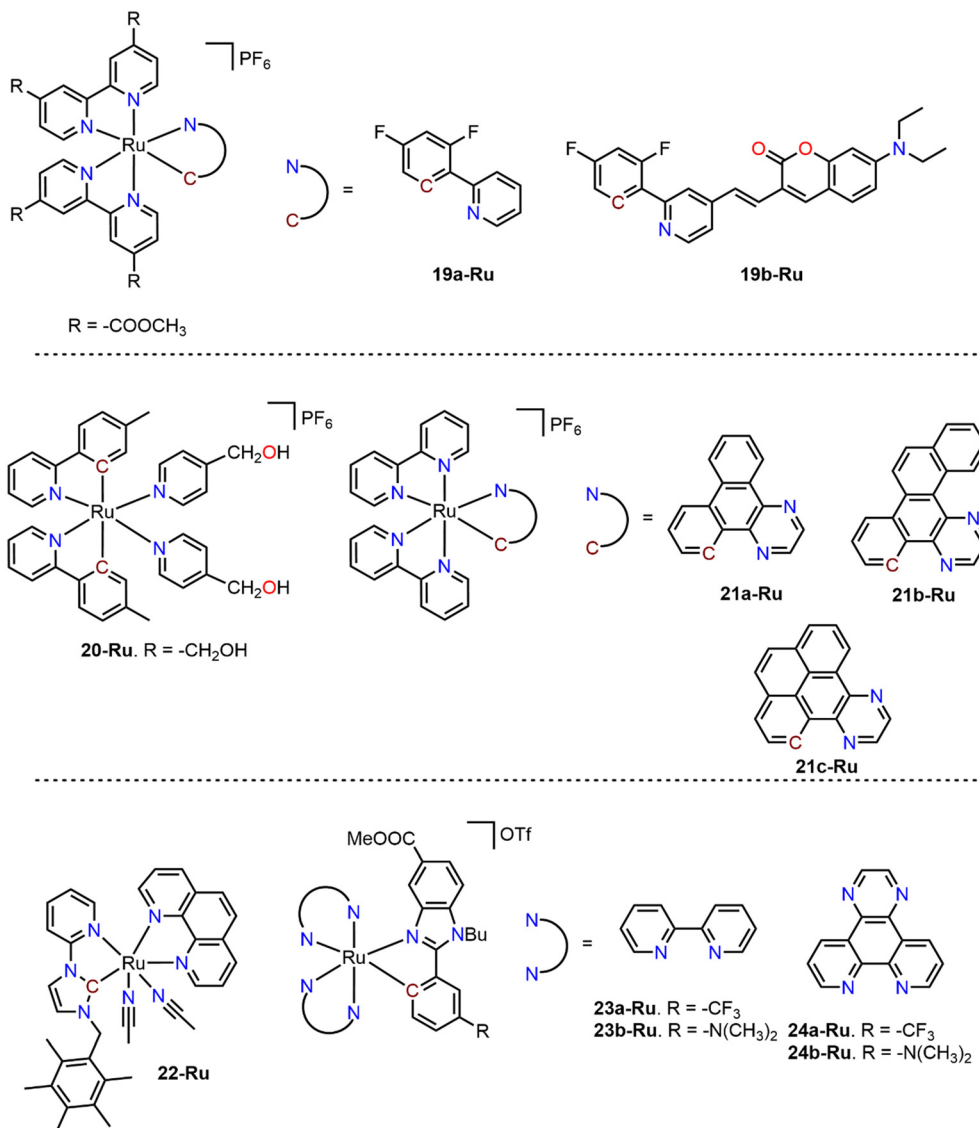


Fig. 12 Cyclometalated ruthenium(II) and (III) complexes evaluated in cytotoxicity studies (19a-Ru–24b-Ru).

Similarly, Le Lagadec's and Gaiddon's groups have contributed to a better understanding of the molecular pathways affected by Ru(II) C[∧]N cyclometalated complexes.⁹² They have evaluated the activity of complex **28-Ru** against human colorectal adenocarcinoma (HCT 116) (Fig. 14). It was determined that this complex altered redox enzymes, affecting the metabolism of cancer cells and tumor growth *in vivo*. This alteration is primarily directed at the glucose oxidase and PHD2 redox enzymes affecting their function and altering the HIF-1 pathway, which is a master regulator of cancer cell survival and tumor angiogenesis.

Gasser *et al.*⁹³ synthesized different Ru(II) cyclometalated complexes (**29a–d-Ru**) with maleimide and benzoylacrylic derivatives as the cyclometalating ligands. The **29a-Ru** complex showed excellent phototoxic performance in the near-infrared region, being probably the first Ru(II) polypyridyl compound to date to exhibit such activity in the near-infrared range. Complex **29a-Ru** displayed a very low ¹O₂

generation, was non-toxic in the dark, and could cause cell death after light irradiation. Complexes **29c–d-Ru** were used to prepare antibody-drug conjugates (ADCs) using cetuximab (CTX), a monoclonal antibody targeting the epidermal growth factor receptor (EGFR), which is overexpressed in some tumors. These **Ru-CTX** bioconjugates were intended to selectively and efficiently target tumor cells. However, these bioconjugates showed only a mild effect on PDT activity. Despite this, these complexes are the first **Ru-CTX** conjugates reported to date, serving as an example for future modifications to potentially enhance their effects.

One of the main strategies in recent years has been the development of compounds that can target multidrug-resistant (MDR) cancer cells, a major challenge in eradicating the disease. Chao and collaborators^{94–97} synthesized various Ru(II) cyclometalated C[∧]N complexes using polypyridyl auxiliary ligands (**30-Ru–32-Ru**) (Fig. 16), evaluating their activity on different cancer cell lines, including drug-resistant cells such as



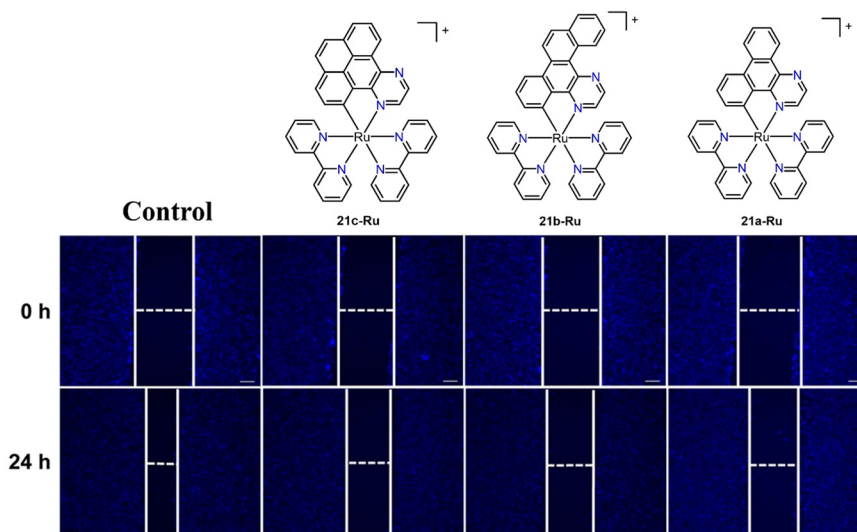


Fig. 13 Study of cell migration of the **21a-Ru-21c-Ru** complexes on MDA-MB-231 cells using the wound healing assay (reproduced with permission from ref. 87 Copyright 2021, Elsevier).

A549/DDP and H460/MX20 resistant to mitoxantrone (Table 5). Compared to cisplatin, **30-Ru-32-Ru** complexes exhibited a higher antitumor activity in both the parental A549 cell line and the cisplatin-resistant line (A549/DDP), with RF values ranging from 0.8 to 3.3. Furthermore, the **33-Ru** complex demonstrated the ability to surpass resistance in mitoxantrone-resistant H460 cancer cells, with a low RF, making it a promising candidate, along with **30-Ru-32-Ru** as potential metallodrugs in the fight against cancer. These complexes also demonstrated high lipophilicity, with preferential cellular accumulation in the nucleus (**30-Ru**, **31a-d-Ru**, and **33-Ru**) and mitochondria (**32-Ru** and **33-Ru**). Additionally, **30-Ru** and **31a-d-Ru** complexes showed the ability to intercalate with DNA, inhibiting cellular transcription and even disrupting the binding of the transcription factor NF- κ B, as observed with **30-Ru**. Meanwhile, **32-Ru** and **33-Ru** complexes exhibited high intracellular ROS production and mitochondrial damage due to the reduction in MMP. All the complexes induced apoptotic cell death in cancer cells.

A series of complexes (**34-Ru-36c-Ru**) synthesized by Ruiz *et al.*⁹⁸ were used in phototoxicity studies under normoxic and hypoxic conditions on the HeLa cell line. It was found that **34-Ru** and **36b-Ru** were non-toxic under dark and hypoxic conditions ($IC_{50} > 100 \mu M$), unlike under normoxic conditions ($IC_{50} = 0.71$ and $7.1 \mu M$, respectively). When irradiating the cells with green light, the complexes were more active under hypoxic conditions ($IC_{50} = 0.17$ and $0.13 \mu M$, respectively), with PI values higher than 588 for **34-Ru** and 769 for **36b-Ru**. The other complexes did not exhibit outstanding PI values, being toxic under both dark and light conditions, as well as under normoxic and hypoxic conditions.

3.2.2. Piano stool complexes. Ruiz *et al.*⁹⁹ synthesized a series of Ru(II) C^NN cyclometalated complexes using different cyclometalating ligands, such as benzimidazole derivatives

(**37a-g-Ru**) and C^N ligands containing non-coordinating CHO groups (**38a-Ru-39c-Ru**) (Fig. 17). Complexes **37a-g-Ru** were tested against A2780 (human ovarian cancer), A427 (human lung cancer), HT29 (human colorectal adenocarcinoma), and A2780cisR (cisplatin-resistant human ovarian cancer) cell lines, as well as a human umbilical vein endothelial cell line (EA.hy926), using cisplatin as a positive control. All ruthenium complexes were active against all cancer cell lines, showing greater activity than cisplatin, as shown in Table 6. Additionally, all the complexes were active against the cisplatin-resistant cell line A2780, with RF values ranging from 0.90 to 2.4, which are lower than that of cisplatin (10.3). These complexes increased the caspase-3 activity, causing caspase-dependent apoptosis-mediated cell death in A2780 cells. Through an *in vitro* tube formation inhibition assay, the ability of the **37a-Ru-37g-Ru** complexes to inhibit angiogenesis was studied (Fig. 18). By analyzing three parameters, namely total length, number of meshes (network structures or polygons), and total mesh area, it was observed that the **37d-Ru** and **37g-Ru** complexes most effectively inhibited vascular tube formation, making them the most potent angiogenesis inhibitors in the EA.hy926 cell line.

In a subsequent study, Ruiz and collaborators investigated the cytotoxic activity of **38a-Ru-39c-Ru** complexes, which exhibited higher antitumor activity than cisplatin against A2780cisR (resistant cell line), with RF values ranging from 0.8 to 2.2. These compounds can affect the cell cycle, halting replication in the G1/S phases, and cause a decrease in MMP and an increase in caspase 3/7 activation, inducing caspase-dependent apoptosis mediated by the mitochondria (extrinsic pathway).¹⁰⁰

Chanda and collaborators initially synthesized complexes **40a,b-Ru**, but their antiproliferative activity was lower than cisplatin.¹⁰¹ Hence, the cyclometalated ligand was then



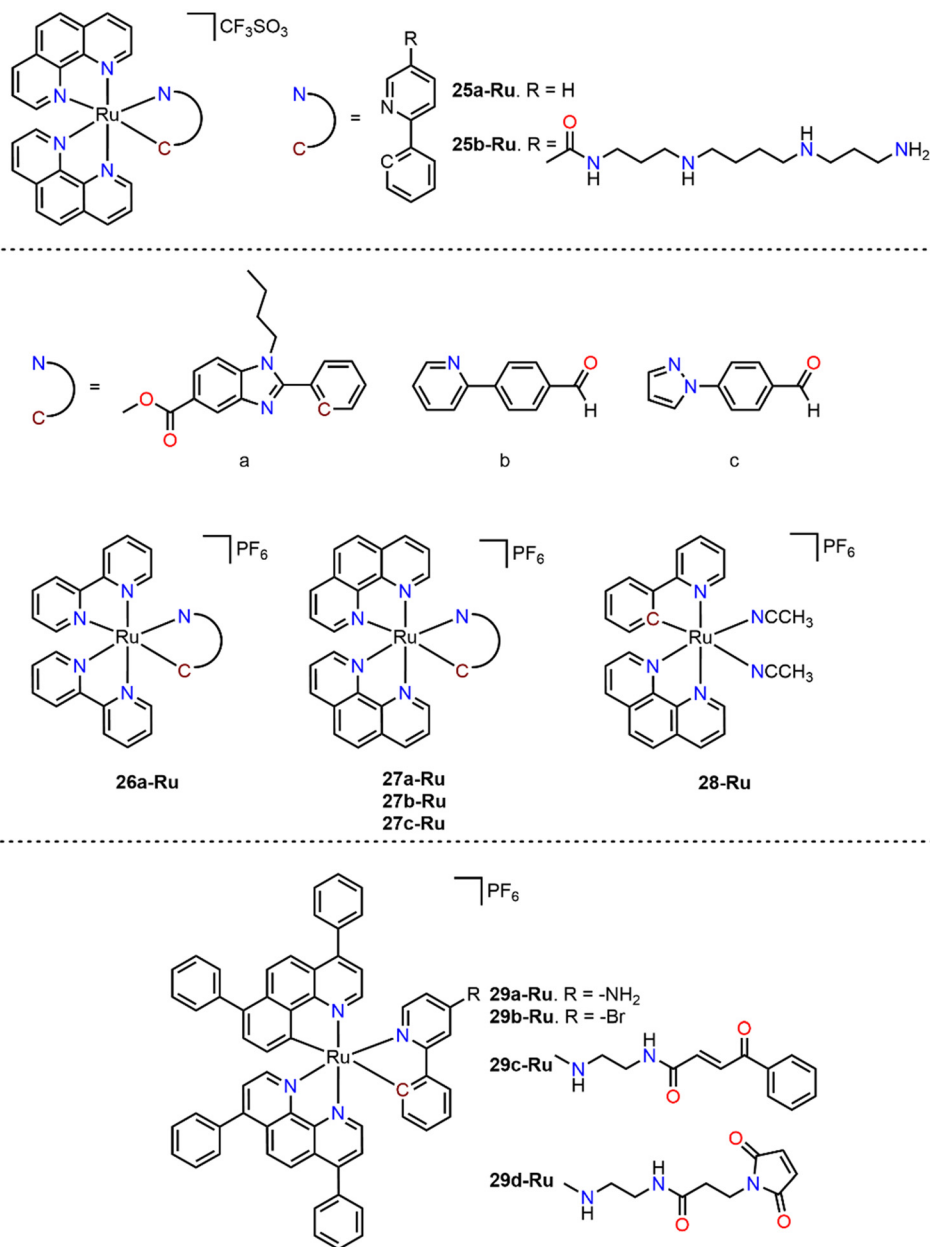


Fig. 14 Ruthenium(II) complexes with different types of cyclometalated ligands (25a-Ru–29d-Ru).

modified to improve their cytotoxicity, yielding complexes **40c-Ru** and **40d-Ru**. As a result, **40c-Ru** complex showed high selectivity towards MDA-MB-231, MDA-MB-468 (triple-negative breast cancer), and HCT-116 (human colon cancer cell) with SI (selectivity index) ranging from 20.57 to 26.75.¹⁰²

Cellular uptake of metal complexes can be improved by incorporating biomolecules like steroids into the ligands, which would later lead to higher cytotoxicity. Thus, Bräse *et al.* synthesized two cyclometalated complexes containing C^N ligands based on epiandrosterone (**42-Ru** and **43a,b-Ru**), as well as a cyclometalated complex without the steroid moiety (**41-Ru**). Complexes **42-Ru** and **43a,b-Ru** proved to be highly active against cisplatin-resistant human bladder carcinoma (RT112 cp) with RF values of 0.33 (**42-Ru**), 1.54

(**43a-Ru**), and 2.20 (**43b-Ru**), which were lower than that of cisplatin (RF = 14). These results suggest that Ru(II) cyclometalated complexes with steroids in their structure are more cytotoxic and can attack cisplatin-resistant cancer cells.¹⁰³

Complexes **44a–e-Ru** bearing a cyclometalated ligand that contains a triazole ring have been evaluated as anticancer compounds against human non-small cell lung cancer (A549), colon adenocarcinoma (SW480), and human ovarian carcinoma (CH1/PA-1). Their anticancer activity was carried out in DMF and in DMSO as solvents. Complexes **44a–c-Ru** presented the highest antiproliferative activity against the human ovarian carcinoma cell line (CH1/PA-1) (IC_{50} = 5.7–15 μM in DMF and IC_{50} = 4.0–8.8 μM in DMSO).¹⁰⁴ DMSO



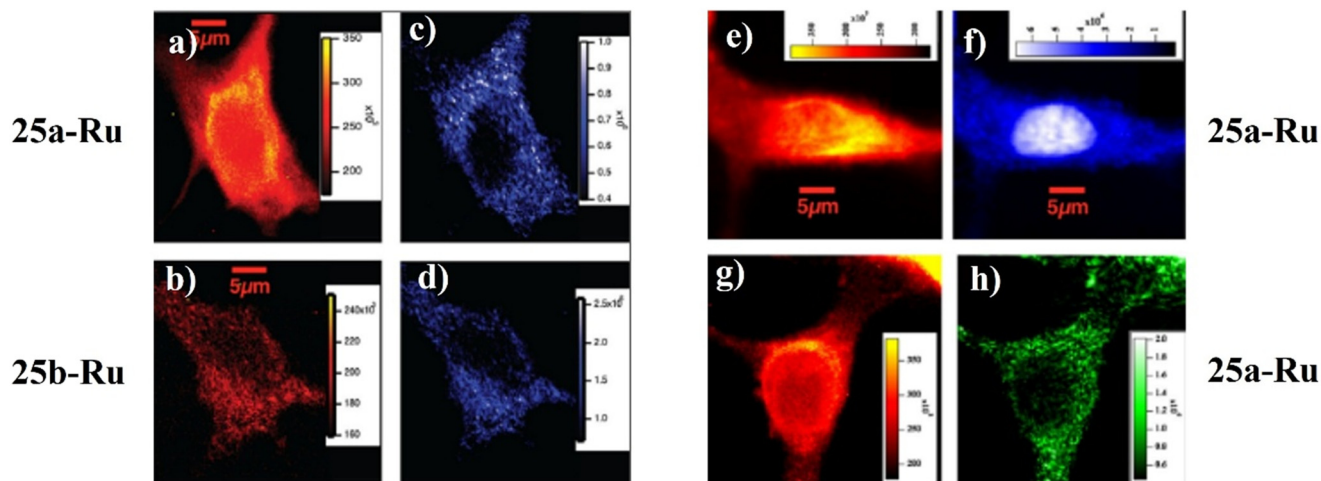


Fig. 15 Accumulation of the 25a-Ru–25b-Ru complexes in different organelles, such as a–d) the ER, e and f) nucleus, and g and h) mitochondria in A172 cells, analyzed by confocal microscopy (reproduced with permission from ref. 90 Copyright 2014, American Chemical Society).

adducts are proposed to improve the cytotoxicity of the complexes since the cytotoxicity is slightly higher in this solvent. However, more studies are required to establish the mechanism of action of these complexes.

Complexes **45a–c-Ru** were tested on the A549 cell line with time-course assays, which resulted in no significant change over time (Table 7). Nevertheless, the antiproliferative activity of all complexes was approximately similar, with **45c-Ru** being the most cytotoxic with DMSO as a ligand.¹⁰⁵

Complex **46-Ru** displayed good antitumor activity on the human hepatoma cell line (HA22T) ($IC_{50} = 9 \pm 3.1 \mu M$) compared to cisplatin ($IC_{50} = 12.6 \pm 2.2 \mu M$). Additionally, the complex exhibited an increase in mitochondrial ROS production (Fig. 19a) as the concentration increased, which was reflected by an increase in red fluorescence. This suggests a potential decrease in mitochondrial membrane potential (MMP), which could trigger caspase activation and lead to possible apoptosis-induced cell death. Furthermore, a study on the morphology of HA22T cells was conducted, revealing that cell morphology changed in a concentration-dependent manner (Fig. 19b).¹⁰⁶

3.2.3. Pincer complexes. Hui Chao *et al.* synthesized a series of bis-tridentate pincer complexes (**47-Ru–48-Ru**) functionalized with organic fragments that exhibited biological synergy with the metal center. Complexes **47-Ru** and **48-Ru** (Fig. 20) bear a functionalized anthraquinone fragment in the NNN pincer ligand. These compounds were tested on various cancer cell lines under hypoxic and normoxic conditions. The complexes showed a higher cytotoxic activity than that of cisplatin, particularly against the cisplatin-resistant cancer cell line A549R (Table 8). The RF values of **47-Ru** and **48-Ru** were much lower than those of cisplatin under both normoxic and hypoxic conditions, indicating that these complexes are active in both environments. They also tested cytotoxic activity in a 3D model or MCTS (multicellular tumor spheroids) using HeLa cells to better mimic physiological conditions. In this study, the viability of the treated MCTS was

assessed by fluorescence microscopy and a live/dead cell assay using the **47-Ru** and **48-Ru** complexes, with cisplatin as a reference (Fig. 21). Live cells exhibited a green fluorescence, while dead cells appeared red. At $2.0 \mu M$, **47-Ru** and **48-Ru**, as well as cisplatin at $60.0 \mu M$, displayed weak green fluorescence and intense red fluorescence, indicating that the cyclometalated ruthenium complexes are more active than cisplatin. However, in the cellular uptake study of compound **47-Ru**, it was found that under normoxic conditions, 60% of the ruthenium was present in the nucleus and 28% in the mitochondria, while in a hypoxic environment, the accumulation of ruthenium in the mitochondria increased to 50%, while in the nucleus, it decreased to 32%. Furthermore, this complex had the ability to inhibit the growth of hypoxia-inducible factor (HIF-1 α) in HeLa cells, which may be related to its anticancer activity in hypoxic tumors.¹⁰⁷

However, most of the **49-Ru** complexes possessed fluorine atoms incorporated into the NNN ligand, which could affect their anticancer activity. Complexes containing fluorine atoms (**49b–f-Ru**) exhibited a higher cytotoxic activity than that of **49a-Ru** on A549 and A549R cancer cell lines. In addition, **49g-Ru** showed the lowest activity compared to the other cyclometalated complexes, although it had the highest number of fluorine atoms. Nonetheless, all the ruthenium complexes were more active than cisplatin (Table 9). Like complexes **47-Ru** and **48-Ru**, these complexes showed a greater preference for accumulating in the nuclei and mitochondria, causing nuclear dysfunction that affected DNA replication. They also induced mitochondrial dysfunction by causing a loss in mitochondrial membrane potential (MMP), with the cell death promoted by apoptosis.¹⁰⁸

Compound **50-Ru** is a CCC pincer that contains fragments of naproxen and ibuprofen, which was tested on different cancer cell lines, and its inhibitory activity on COX enzymes responsible for inflammatory effects was also evaluated. The complex showed greater anticancer activity against the MCF-7 line ($IC_{50} = 0.91 \pm 0.02 \mu M$) compared to cisplatin ($IC_{50} = 2.42$



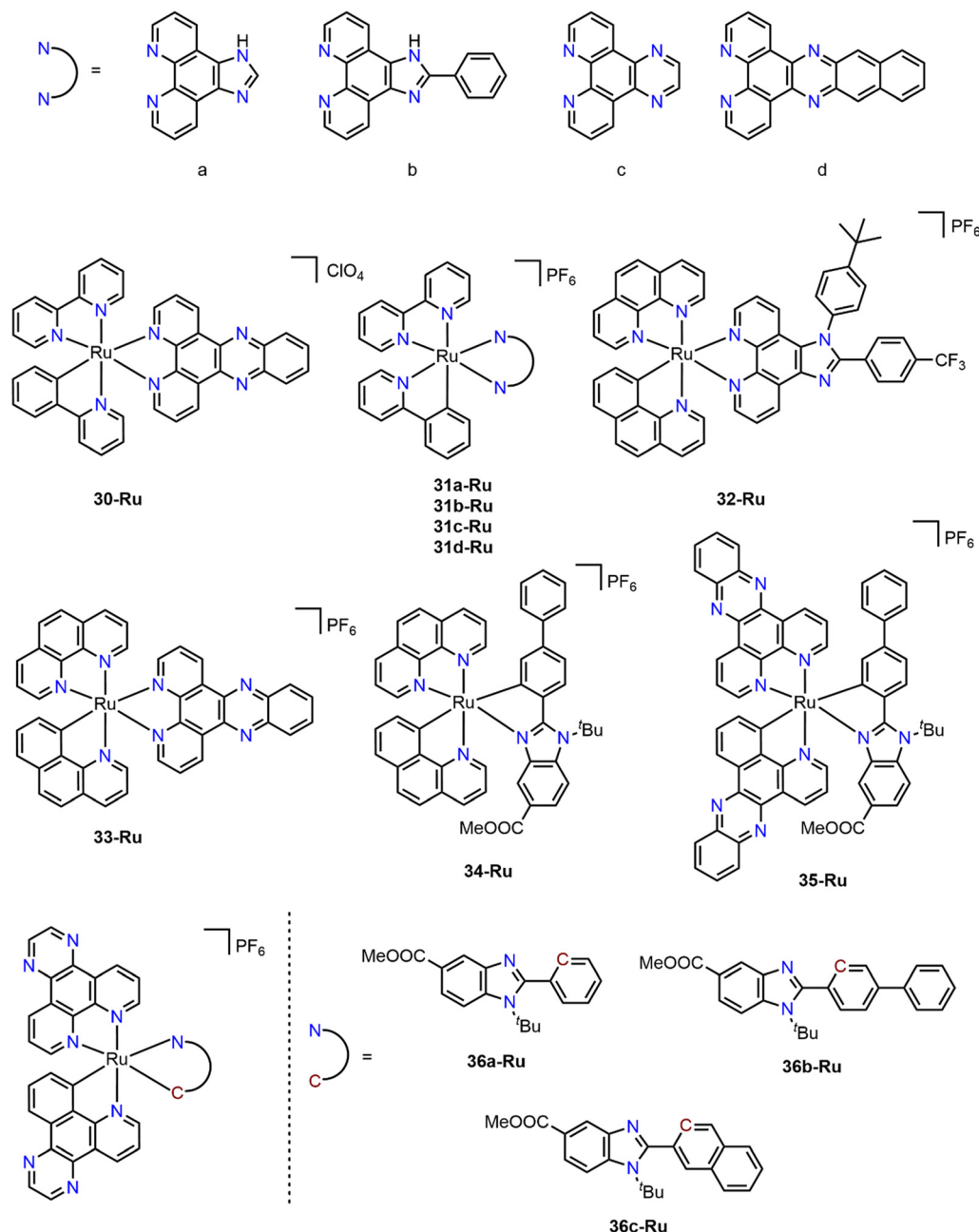


Fig. 16 Ru(II) cyclometalated complexes with polypyridyl-type auxiliary ligands (30-Ru–36c-Ru).

$\pm 0.04 \mu\text{M}$), with a selectivity index (SI) for **50-Ru** of 4.22 compared to 0.17 for cisplatin. Furthermore, **50-Ru** exhibited anti-inflammatory activity by inhibiting the growth of COX-1 and COX-2 isoforms, with an SI of 63.90 compared to that of ibuprofen (SI = 2.93) and the CCC pincer ligand (SI = 34.17), showing that the presence of ruthenium provides a favorable synergy in the anti-inflammatory capacity of the complex.¹⁰⁹

3.2.4. Other types of ligands. Baratta's group synthesized a series of cyclometalated Ru(II) C^N complexes (**51a-Ru–52c-Ru**), which were applied in cytotoxicity studies (Fig. 22). The complexes **51a–d-Ru** were tested on two cell lines: human glioblastoma U87 MG and immortalized human cortical

astrocytes (P10251-IM), using temozolomide (TMZ) as a control drug. The complexes containing a heterocyclic ring in the cyclometalating ligand (**51c–d-Ru**) exhibited the highest cytotoxic activity against U87MG, with IC₅₀ values of 1.4 and 1.7 μM , respectively. These complexes were more active than TMZ in U87 MG, for which IC₅₀ was higher than 150 μM .¹¹⁰

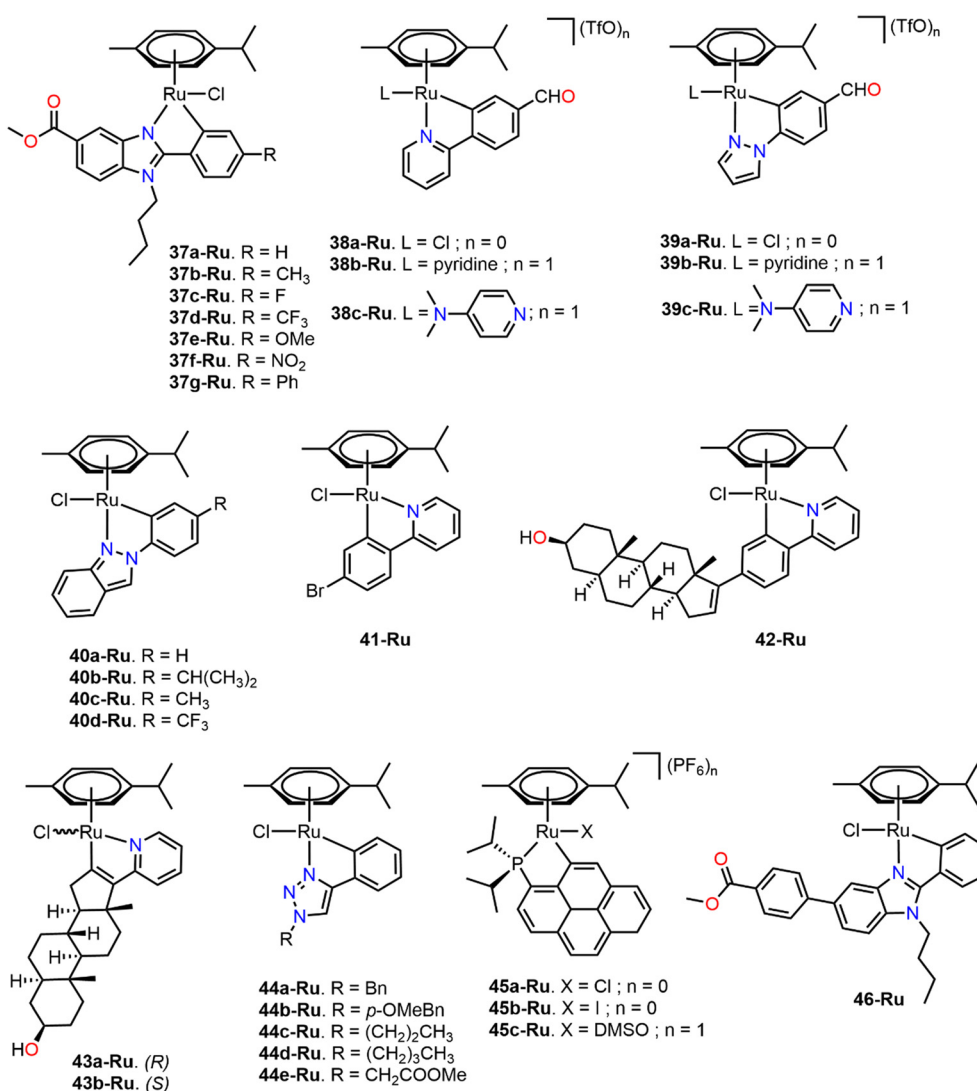
Baratta *et al.* also tested the cytotoxic activity of ruthenium complexes bearing cyclometalated terpyridine and different phosphine ligands (**52a–c-Ru**) on anaplastic thyroid cancer (ATC) cell lines (SW1736 and 8505C) and a healthy thyroid cell line (Nthy-ori 3-1) (Table 10). The complex **52a-Ru**, which has a non-chiral phosphine ligand, showed the lowest



Table 5 IC₅₀ values (μM) for **30-Ru–33-Ru** complexes on MDR cancer cell lines^a

Compound	IC ₅₀ (μM)					
	A549	A549/DDP	RF ^b	H460	H460/MX20	RF ^c
30-Ru	1.4	2.9	2.1	—	—	—
31a-Ru	4.6	7.1	1.5	—	—	—
31b-Ru	2.5	5.2	2.1	—	—	—
31c-Ru	2.8	5.9	2.1	—	—	—
31d-Ru	1.3	4.3	3.3	—	—	—
32-Ru	1.0	0.8	0.8	—	—	—
33-Ru	—	—	—	0.67	0.70	1.0
Cisplatin	21.3	142.5	6.7	—	—	—

^a Cell viability determined by the MTT assay after treatment for 48 h. ^b RF (resistant factor) = IC₅₀ (A2780cisR)/IC₅₀ (A2780). ^c RF (resistant factor) = IC₅₀ (H460/MX20)/IC₅₀ (H460).

**Fig. 17** Cyclometalated piano-stool Ru(II) C^N complexes (**37a-Ru–46-Ru**).

cytotoxic activity, while complexes **Ru-52b–c** were more active on cancer cell lines than cisplatin, suggesting that the presence of chiral centers is a viable strategy to improve the cytotoxic activity.¹¹¹

Ghosh's group synthesized a ruthenium(II) nitrosyl complex (**53-Ru**), able to release NO under visible light irradiation. This complex showed antiproliferative activity against A549 cell line to 2 μM of concentration after visible



Table 6 IC₅₀ of complexes **37a–g–Ru** in various cancer cell lines^a

Compound	IC ₅₀ (μM)					
	A2780	A427	HT29	A2780cisR	EA.hy926	RF ^b
37a–Ru	1.82 ± 0.35	2.58 ± 0.64	2.88 ± 0.55	2.37 ± 0.10	7.05 ± 1.07	1.3
37b–Ru	1.48 ± 0.35	2.99 ± 0.24	3.31 ± 0.04	1.46 ± 0.14	5.49 ± 1.57	0.98
37c–Ru	1.36 ± 0.07	1.85 ± 0.29	2.74 ± 0.11	3.26 ± 0.32	>8	2.4
37d–Ru	1.24 ± 0.45	1.28 ± 0.07	1.93 ± 0.07	1.98 ± 0.23	3.35 ± 0.04	1.6
37e–Ru	1.56 ± 0.48	1.84 ± 0.60	2.76 ± 0.31	2.18 ± 0.22	5.10 ± 0.25	1.4
37f–Ru	1.30 ± 0.45	1.47 ± 0.18	2.35 ± 0.27	2.52 ± 0.16	7.21 ± 0.04	1.9
37g–Ru	1.07 ± 0.34	1.24 ± 0.07	1.99 ± 0.08	0.96 ± 0.23	1.67 ± 0.03	0.90
Cisplatin	1.90 ± 0.20	6.09 ± 1.49	7 ± 0.07	19.57 ± 1.82	9.86 ± 0.64	10.3

^a Cell viability determined by the crystal violet assay after treatment for 48 h. ^b RF (resistant factor) = IC₅₀ (A2780cisR)/IC₅₀ (A2780).

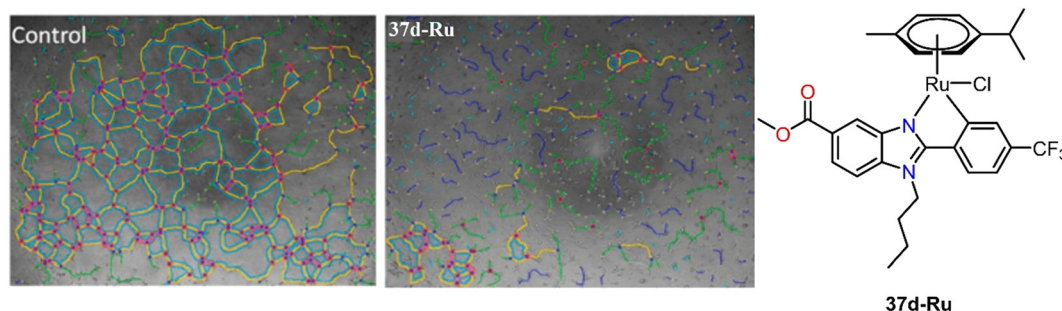


Fig. 18 Effect of the **37d–Ru** complex in the tube formation assay of E.A.hy926 endothelial cells (reproduced with permission from ref. 99 Copyright 2015, American Chemical Society).

light irradiation. Additionally, studies conducted on the HeLa cell line showed that NO is responsible for cell death, suggesting that the release of NO from the cyclometalated complex is crucial.¹¹²

3.3. Osmium

Osmium complexes have been scarcely investigated in comparison with ruthenium and iron complexes. However, osmium derivatives often offer distinct features such as higher oxidation states, stronger π -back-donation, and slower ligand exchange kinetics, which would lead to different mechanisms of action against cancerous cells.^{49,113,114}

3.3.1. Phenanthroline and benzimidazole ligands.

Gaiddon *et al.* conducted an evaluation of the *in vitro* and *in vivo* anticancer properties of cyclometalated **1–Os** and **2–Os**

complexes (Fig. 23), identifying the genes involved in their sensitivity/resistance by correlating their cytotoxicity with transcriptomic data from 60 cancer cell lines. This study showed that osmium complexes, like ruthenium complexes, induce endoplasmic reticulum (ER) stress effectors, such as the transcription factor CHOP, thereby causing cellular apoptosis, which is unaffected by the p53 gene. Finally, a possible mechanism of resistance to osmium complexes was proposed, where it was observed that their cytotoxicity, compared to ruthenium, is less affected due to a higher induction of endoplasmic reticulum (ER) stress, resulting in reduced resistance and favoring cytotoxicity.⁷⁴

Furthermore, the Kašpárková group prepared six osmium complexes (**3a–Os–4c–Os**), with a cyclometalating ligand functionalized with benzimidazole. The complexes were more active than cisplatin, particularly **3b–Os**, with IC₅₀ values ranging from 0.08 to 0.45 μM against the human breast adenocarcinoma cell line (MDA-MB-231). Similarly, assays were conducted in MCTS of MDA-MB-231 cells (Fig. 24), where the complex **3b–Os** was the most active with an IC₅₀ value of 0.82 μM. Additionally, **3b–Os** activated the ER stress pathway by altering calcium homeostasis, and it was confirmed through Western blot analysis by expression of several ER stress biomarkers, such as Bip, Ero1- α , IRE1 α , and CHOP.¹¹⁵

3.3.2. Piano stool complexes. Kandioller's group synthesized a series of osmium complexes from 1,2,3-triazole derivatives (**5a–e–Os**) and 4-phenylthiazole (**6a–e–Os**) (Fig. 25).

Table 7 IC₅₀ values of **45a–c–Ru** complexes at different time points on the A549 cell line^a

Compound	IC ₅₀ (μM)			
	Day 0	Day 1	Day 2	Day 7
45a–Ru	2.26 ± 0.34	2.77 ± 0.38	4.92 ± 0.59	2.67 ± 1.61
45b–Ru	5.82 ± 1.89	5.58 ± 0.47	5.61 ± 2.16	4.32 ± 2.54
45c–Ru	1.72 ± 0.67	2.47 ± 0.57	2.56 ± 0.44	2.34 ± 0.61

^a Day zero corresponds to the first IC₅₀ determination after 24 h incubation by the MTT assay in DMSO.



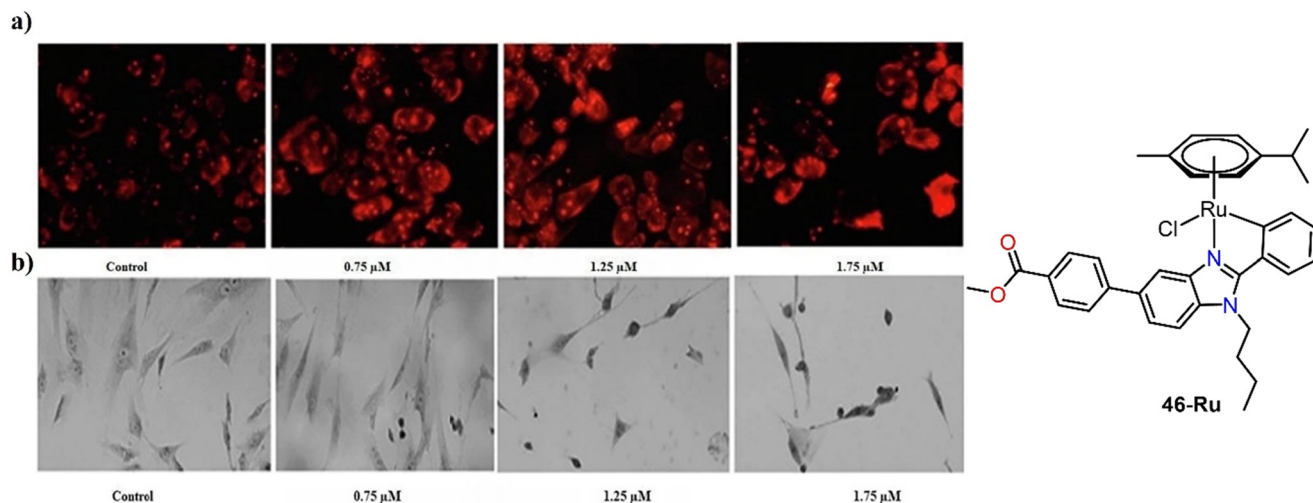


Fig. 19 a) Mitochondrial superoxide generation after treatment with different concentrations of **46-Ru** and b) morphological changes in HA22T cells treated with different doses of **46-Ru** (reproduced with permission from ref. 106 Copyright 2023, Elsevier).

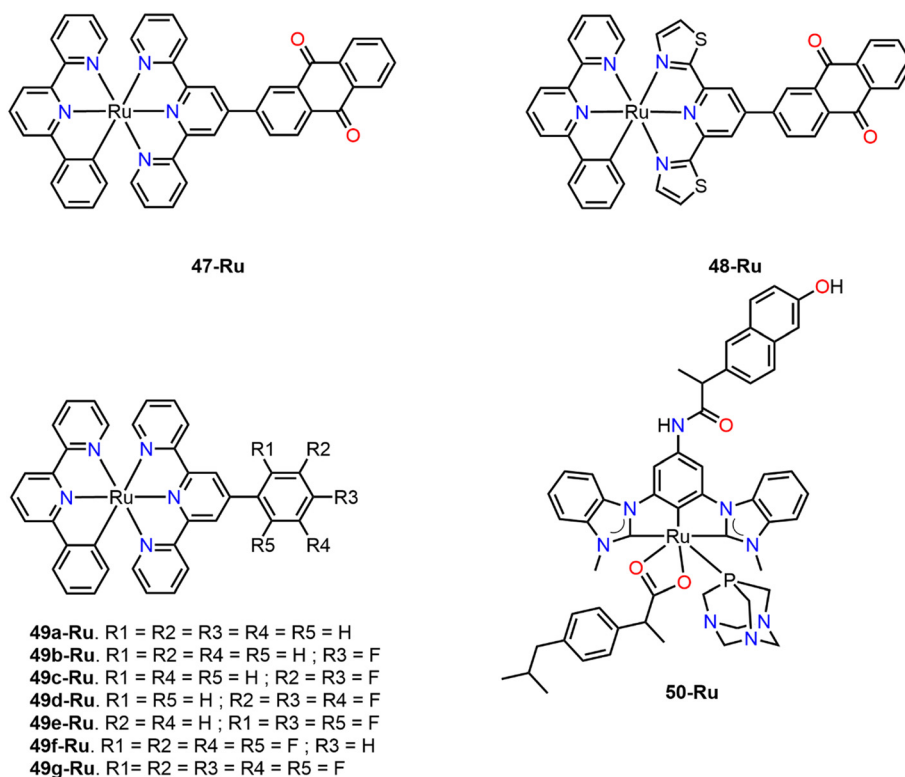


Fig. 20 Pincer Ru(II) complexes (**47-Ru**–**50-Ru**).

For the **5a–e-Os** complexes, cytotoxicity assays were conducted against three human cancer cell lines (A549, SW480, and CH1/PA-1). The studies showed that **5a-Os** and **5b-Os** complexes were more active than cisplatin ($IC_{50} = 6.4 \pm 0.4 \mu M$) on the A549 lines (IC_{50} **5a-Os** = $6.0 \pm 0.4 \mu M$ and IC_{50} **5b-Os** = $5.5 \pm 0.6 \mu M$), while in the SW480 and CH1/PA-1 lines, cisplatin was more active than the osmium complexes. Finally, **5b-Os** was evaluated as a possible inhibitor of topoisomerase II α , an enzyme involved in regulating DNA

topology and considered as a therapeutic target in cancer treatment; however, it did not present such inhibitory activity.¹⁰⁴

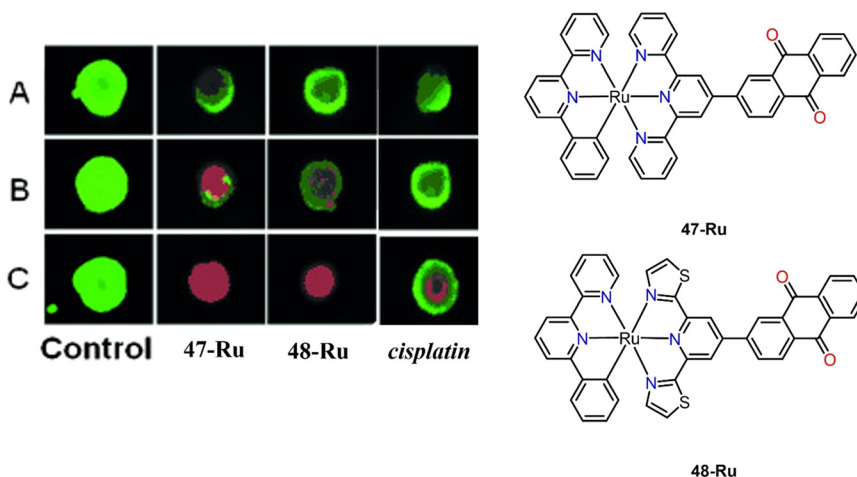
In a subsequent study, **6a–e-Os** complexes were used to determine the anticancer activity against the previously mentioned cancer cell lines (Table 11). Biological studies revealed that the osmium complexes exhibited greater cytotoxic activity on the CH1/PA-1 cell line and lower activity on the A549 cell line. The analysis of cell cycle interaction



Table 8 IC₅₀ values (μM) for complexes **47-Ru** and **48-Ru** under normoxic (20% O₂) and hypoxic (1% O₂) conditions on A549 cancer cells and cisplatin-resistant A549R^a

Compound	IC ₅₀ (μM)				RF _n ^b	RF _h ^c
	A549		A549R			
	Normoxia	Hypoxia	Normoxia	Hypoxia		
47-Ru	0.55 ± 0.10	0.61 ± 0.85	0.57 ± 1.23	0.60 ± 0.68	1.0	1.0
48-Ru	1.39 ± 0.21	1.86 ± 0.10	2.31 ± 0.16	2.54 ± 0.33	1.7	1.4
Cisplatin	22.35 ± 3.18	26.31 ± 2.23	135.36 ± 11.36	150.0 ± 10.64	6.0	5.7

^a Cell viability determined by the MTT assay after treatment for 48 h. ^b RF (resistance factor in normoxia) = IC₅₀ (A549R)/IC₅₀ (A549). ^c RF (resistance factor in hypoxia) = IC₅₀ (A549R)/IC₅₀ (A549).

**Fig. 21** Inhibition of MCTS HeLa growth treated with **47-Ru**, **48-Ru**, and cisplatin analyzed by fluorescence microscopy; A) **47-Ru** and **48-Ru** (0.5 μM), cisplatin (15.0 μM), B) **47-Ru** and **48-Ru** (1.0 μM), cisplatin (30.0 μM), and C) **47-Ru** and **48-Ru** (2.0 μM), cisplatin (60.0 μM) (reproduced with permission from ref. 107 Copyright 2015, Wiley-VCH).

performed using propidium iodide staining, followed by flow cytometry, indicated that the osmium complex **6c-Os** induces significant disturbances in the cell cycle at IC₅₀ levels, resulting in a 10–16% decrease of cells in the G1/G0 phase. Finally, osmacycles **6c-Os** and **6d-Os** showed an induction of apoptosis in SW480 cells after 48 hours, with 25% and 14% respectively, at concentrations twice their IC₅₀ values.¹¹⁶

Table 9 IC₅₀ (μM) of complexes **49a–g-Ru** in cancer cell lines A549 and cisplatin-resistant A549R^a

Compound	IC ₅₀ (μM)		RF ^b
	A549	A549R	
49a-Ru	4.71 ± 0.14	5.53 ± 0.20	1.2
49b-Ru	1.25 ± 0.09	1.44 ± 0.14	1.1
49c-Ru	2.20 ± 0.16	3.11 ± 0.41	1.4
49d-Ru	4.12 ± 0.33	4.54 ± 0.22	1.1
49e-Ru	2.22 ± 0.15	2.69 ± 0.09	1.2
49f-Ru	3.87 ± 0.20	3.85 ± 0.36	1.0
49g-Ru	6.12 ± 0.33	6.43 ± 0.45	1.0
Cisplatin	17.2 ± 1.30	114 ± 10.1	6.6

^a Cell viability determined by the MTT assay after treatment for 48 h.

^b RF (resistance factor) = IC₅₀ (A549R)/IC₅₀ (A549).

Ruiz *et al.* synthesized a series of osmium complexes featuring functionalized 2-arylbenzimidazole as the cyclometalating ligand (**7a–f-Os**). These compounds were used on different cancer cell lines, demonstrating an elevated activity against cancer cell lines A2780 and A2780cisR (Table 12). All complexes were more active in A2780cisR cell line compared to cisplatin, with RF values ranging from 0.9 to 1.9, in contrast to cisplatin (RF = 30.6). Finally, flow cytometry analysis showed that **7b-Os** and **7c-Os** caused a dose-dependent cell cycle arrest in the G0/G1 phase, and apoptosis as mechanisms of cell death induction.¹¹⁷

Košmrlj's group synthesized a series of osmium complexes using mesoionic carbenes functionalized with a bidentate pyridyl type as ligands (**8a–Os–10–Os**) (Fig. 25). The osmium complexes were evaluated against the HeLa cell line and the IC₅₀ values in the range of 24 to 100 μM were obtained for **8b-Os**, **8f-Os**, **9c-Os**, and **10-Os**, with **8f-Os** being the most active. The remaining complexes could not be evaluated due to their low solubility in DMSO.¹¹⁸

The **11a–c-Os** complexes exhibited good cytotoxic properties in human A549 cells with IC₅₀ values down to 1.42 μM. Complex **11c-Os** showed a notable cytotoxic behavior against the MCF-7, MCF10A (non-tumorigenic breast epithelial), and MDA-MB-435



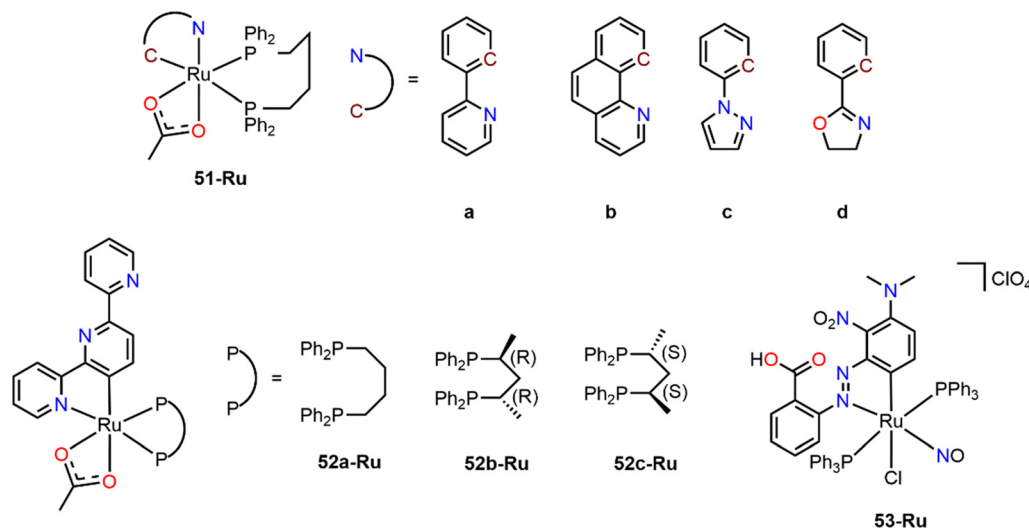


Fig. 22 Phosphine bearing cyclometalated Ru(II) complexes (51a-Ru–53-Ru).

Table 10 ED₅₀ (μM) of complexes 52a–c-Ru on ATC lines and Nthy-ori 3-1^a

Compound	ED ₅₀ (μM)		
	SW1736	8505C	Nthy-ori 3-1
52a-Ru	8.53 ± 0.98	7.73 ± 1.02	10.59 ± 1.28
52b-Ru	2.18 ± 0.16	1.95 ± 0.23	3.88 ± 0.31
52c-Ru	2.11 ± 0.11	2.06 ± 0.26	4.18 ± 0.09
Cisplatin	6.40 ± 1.54	5.20 ± 1.82	11.28 ± 0.96

^a Cell viability determined by the MTT assay after treatment for 72 h.

(melanoma) cell lines with IC₅₀ values of 4.36, 4.71, and 2.32 μM, respectively.¹¹⁹

3.3.3. Pincer complexes. Wong *et al.* prepared a series of cyclometalated osmium complexes linked to a phosphonium ring (12a–d-Os) (Fig. 26). These complexes were evaluated against HeLa, fibrosarcoma (HT1080), MCF-7, and A549 cell lines, exhibiting superior cytotoxic activities with IC₅₀ values ranging from 0.02 to 4 μM. In relation to cisplatin's cytotoxicity, a two-order-of-magnitude increase was observed. Flow cytometry studies demonstrated that 12a-Os induced changes in mitochondrial membrane potential (MMP) in HeLa cells, suggesting that this complex could be a potential anticancer agent.¹²⁰

4. Cyclometalated compounds of group 9

4.1. Rhodium

Various rhodium complexes have exhibited high antiproliferative activity against different cancer cell lines and can potentially inhibit enzymes involved in cancer cell growth.^{121,122} However, few studies have been conducted using cyclometalated complexes. For instance, Sünkel's group has

conducted extensive research on the anticancer activity of Rh(III) cyclometalated complexes containing a phenylpyridine ligand.^{86,123–128} Complexes 1–15-Rh (Fig. 27) were evaluated against HT-29 (human colon carcinoma) and MCF-7 (human breast carcinoma) using MTT assays. The IC₅₀ values ranged from 0.6 to 12.0 μM, with the most cytotoxic compound being the 14-Rh complex, which showed IC₅₀ values of 0.6 ± 0.1 μM and 0.7 ± 0.2 μM against HT-29 and MCF-7, respectively. These values were lower than those of cisplatin (9.9 ± 0.5 μM and 23.0 ± 0.6 μM against HT-29 and MCF-7).

García's group also evaluated the role of cyclometalated phenylpyridine by synthesizing complexes 16-Rh and 17-Rh (Fig. 27).¹²⁹ Their cytotoxicity was assessed against human lung carcinoma (A549) and human colon adenocarcinoma (SW480). The highest cytotoxicity was observed with the 17-Rh complex, which exhibited IC₅₀ values of 4.1 ± 0.2 and 3.3 ± 0.1 μM against A549 and SW480, respectively. The higher antiproliferative activity in A549 cells could be related to a higher cellular uptake of 17-Rh compared to 16-Rh (23.3% ± 2 higher). Additional studies showed that 17-Rh may induce mitochondrial depolarization and an increase in intracellular ROS species concentration (probably superoxide radicals).

4.2. Iridium

Due to their fluorescence properties, the most common cyclometalated iridium(III) complexes possess a C[^]N type chelating ligand. Among the most widely used ligands are derivatives of 2-phenylpyridine (ppy), benzoquinoline (bzq), 2-phenylquinoline (pql), and 1-phenylisoquinoline (piq), which have been employed in studies as anticancer agents. The cytotoxic properties exhibited by these compounds will be discussed below.

4.2.1. Derivatives of phenylpyridine, benzoquinoline, 2-phenylquinoline, and 1-phenylisoquinoline. Liu's group has conducted cytotoxicity studies on different cell lines as well as



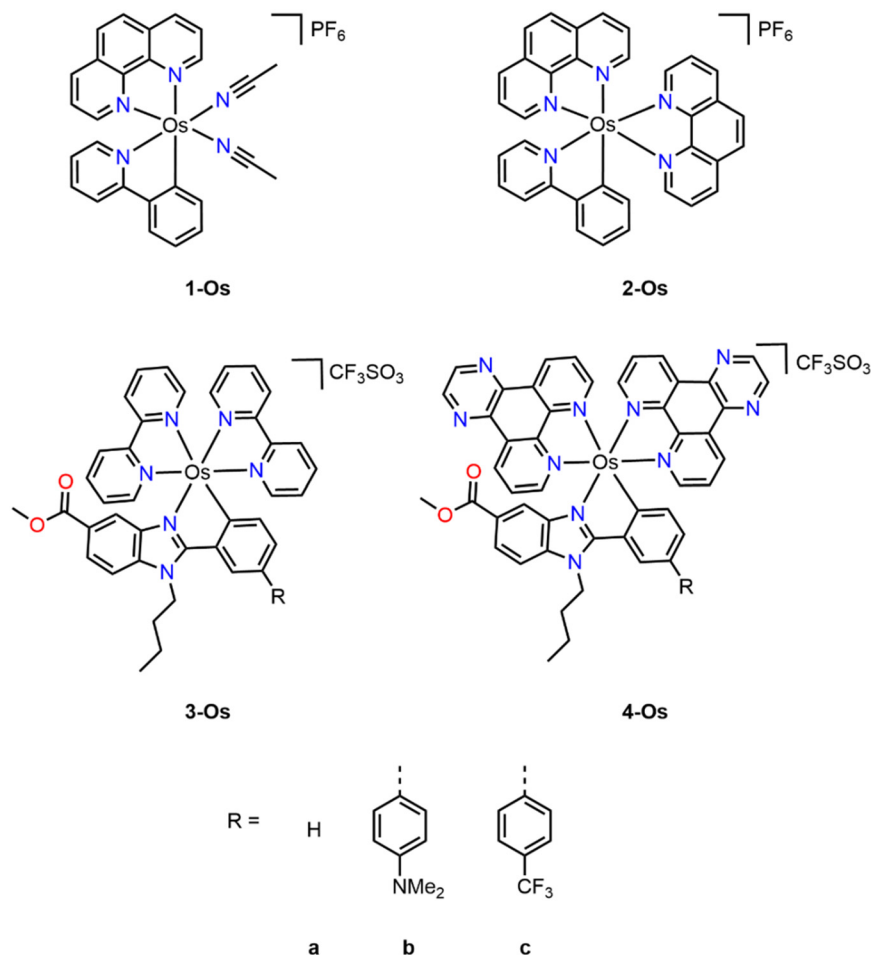


Fig. 23 Osmium cyclometalated complexes with phenanthroline (1-Os and 2-Os) and benzimidazole (3-Os–4-Os) ligands.

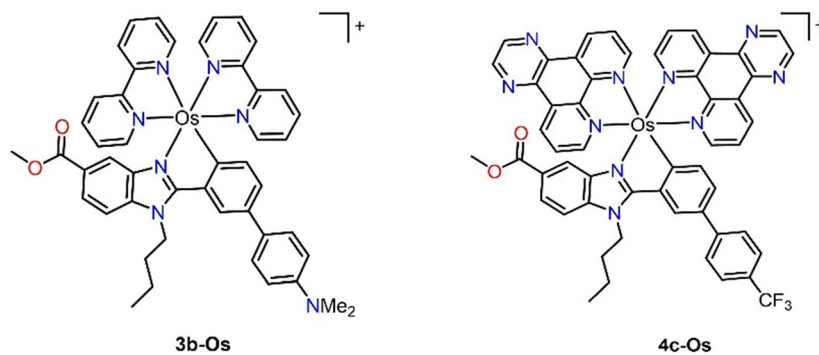
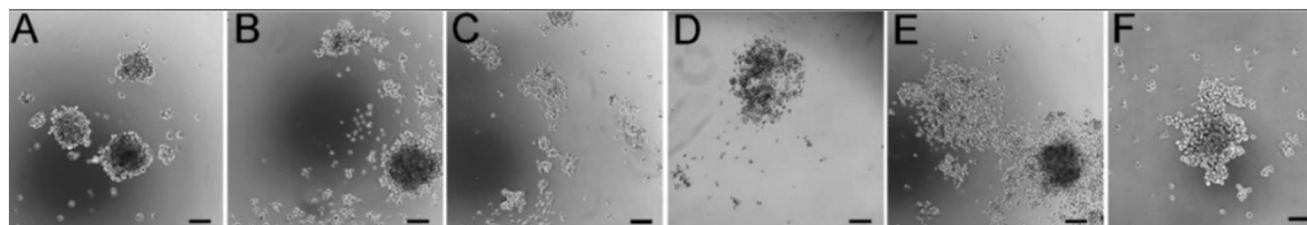


Fig. 24 Images of MDA-MB-231 spheroids; A) untreated, treated with **3b-Os** B) 0.62 μM , C) 1.25 μM , and D) 2.5 μM , complex **4c-Os** E) 2.5 μM , and cisplatin F) 50 μM (reproduced with permission from ref. 115 Copyright 2023 without license, open access American Chemical Society).



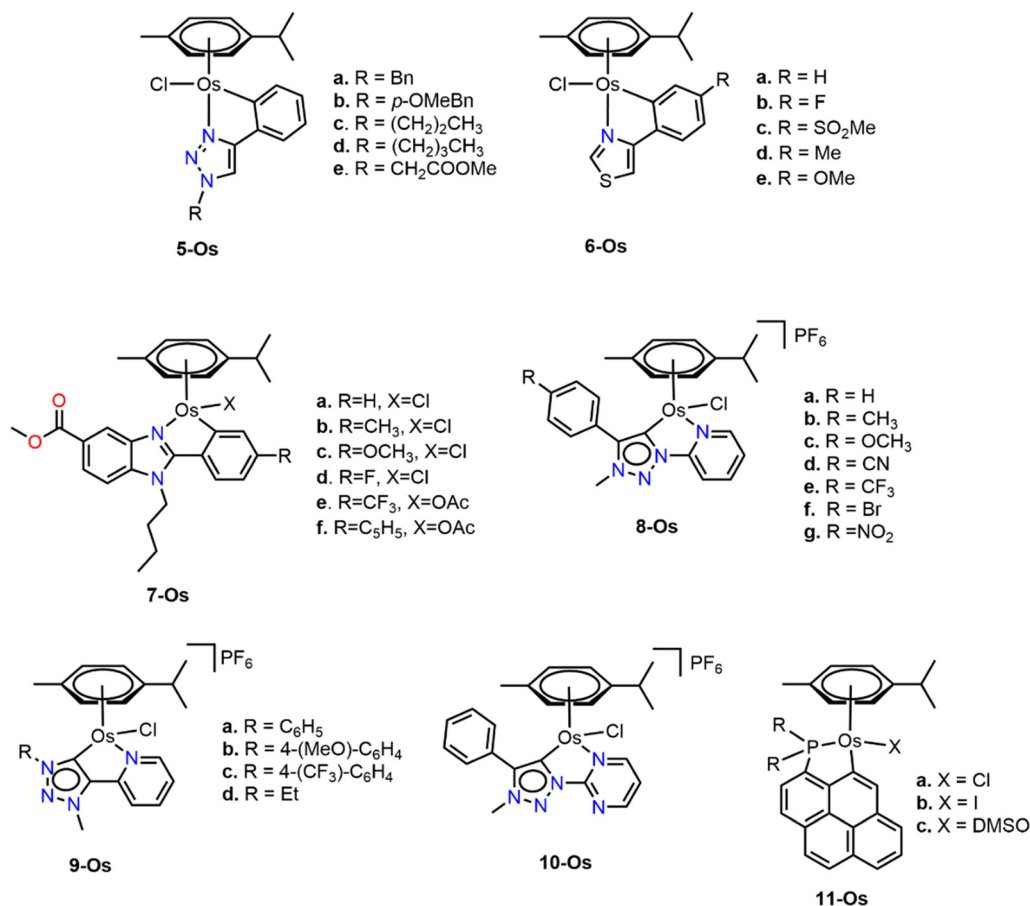


Fig. 25 Piano-stool cyclometalated osmium(II) complexes (5a–11c-Os).

various biochemical assays, aiming to explain the mechanisms of action of different cyclometalated C^N Ir(III) complexes.¹³⁰ Initially, **1a–c-Ir** complexes showed higher selectivity against the A549 cell line (Table 13, Fig. 28), being **1c-Ir** the most active in this series. Using fluorescence microscopy, they determined that all complexes localized in the lysosomes (Fig. 29a), which were initially stained red, while the complexes emitted green fluorescence. Through image overlay, it was suggested that the compounds could enter the lysosomes. Additionally, the complexes were observed in the ER, inducing the opening of Ca²⁺ channels, which was reflected in the appearance of multiple bright green fluorescence spots (Fig. 29b, far right). This resulted

in changes in mitochondrial and ER Ca²⁺ levels, ultimately triggering apoptosis. In *in vivo* studies conducted on nude mice, doses of 2.0 mg kg^{−1} of cisplatin and 1.14 mg kg^{−1} and 2.28 mg kg^{−1} of **1c-Ir** were administered. It was observed that at a dose of 2.28 mg kg^{−1}, the tumor size was reduced more significantly than cisplatin (Fig. 29c and d). In a subsequent study, **2a–c-Ir** showed notable activity against the human gastric cancer cell line (SGC-7901), with **2c-Ir** being the most effective (Table 13). They determined that these complexes induce apoptosis through three pathways: first, the complexes act on lysosomal permeability and

Table 11 IC₅₀ values (μM) of 6a–e-Os complexes on three cancer cell lines^a

Compound	IC ₅₀ (μM)		
	A549	SW480	CH1/PA-1
6a-Os	17 ± 1	9.3 ± 1.1	3.0 ± 0.2
6b-Os	10 ± 1	7.1 ± 0.3	2.0 ± 0.4
6c-Os	10 ± 1	4.4 ± 0.5	0.83 ± 0.14
6d-Os	17 ± 1	9.3 ± 1.6	3.7 ± 0.6
6e-Os	14 ± 1	7.1 ± 1.2	2.2 ± 0.3

^a Cell viability determined by the MTT assay after treatment for 96 h.

Table 12 IC₅₀ values (μM) of 7a–f-Os complexes on A2780 and A2780Ra cancer cell lines^a

Compound	IC ₅₀ (μM)		
	A2780	A2780cisR	RF ^b
7a-Os	3.6 ± 0.7	3.4 ± 0.1	0.9
7b-Os	2.0 ± 0.2	1.8 ± 0.1	0.9
7c-Os	1.9 ± 0.1	1.89 ± 0.09	1.0
7d-Os	2.5 ± 0.5	3.0 ± 0.5	1.2
7e-Os	2.0 ± 0.1	3.7 ± 0.2	1.9
7f-Os	0.98 ± 0.03	1.0 ± 0.1	1.0
Cisplatin	1.5 ± 0.2	44 ± 4	30.6

^a Cell viability determined by the MTT assay after treatment for 48 h.

^b RF (resistance factor) = IC₅₀ (A2780cisR)/IC₅₀ (A2780).



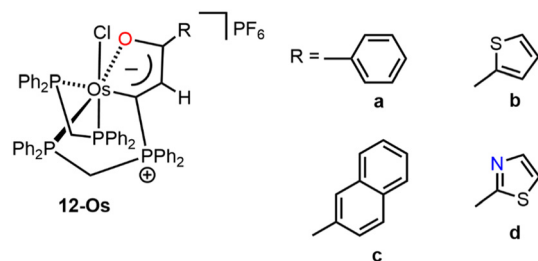


Fig. 26 Pincer complexes of Os(II) with a tridentate cyclometalated ligand (**12-Os**).

Table 13 IC₅₀ values (μM) of the **1a-Ir–2c-Ir** complexes on A549 and SGC-7901 cell lines^a

Compound	IC ₅₀ (μM)	
	A549	SGC-7901
1a-Ir	3.2 ± 0.4	—
1b-Ir	4.8 ± 0.5	—
1c-Ir	1.2 ± 0.2	—
2a-Ir	—	4.1 ± 0.5
2b-Ir	—	0.7 ± 0.1
2c-Ir	—	0.6 ± 0.2
Cisplatin	7.5 ± 1.3	3.6 ± 0.5

^a Cell viability determined by the MTT assay after treatment for 48 h.

triggering apoptosis. Second, the complexes cause an intracellular increase in ROS and Ca²⁺ levels, leading to a decrease in mitochondrial membrane potential, promoting the release of cytochrome c into the cytosol, and activating caspase-3 production, thereby inducing apoptosis. Finally, the complexes cause DNA damage, inhibiting cell growth in the G0/G1 or S phases.¹³¹

Complexes **3a–c-Ir** (Fig. 28) were evaluated in several lines and were most active against the HeLa cell line (IC₅₀ = 2.4 ± 0.2 (**3a-Ir**), 2.4 ± 0.1 (**3b-Ir**), and 0.5 ± 0.1 μM (**3c-Ir**)). In addition, these complexes induce apoptosis in HeLa cell through the following three pathways: activate caspase 3,

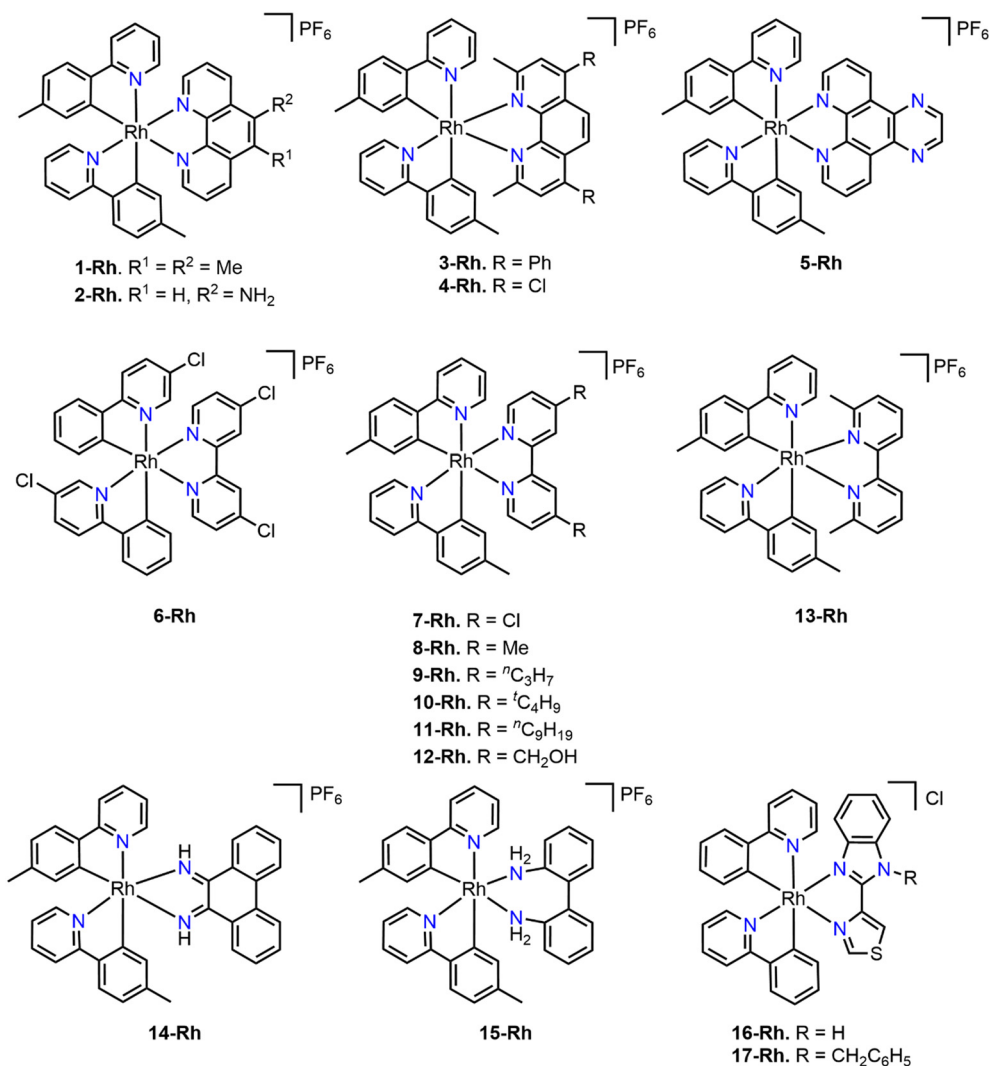


Fig. 27 Rh(III) cyclometalated compounds used as potential anticancer agents (**1-Rh–17-Rh**).

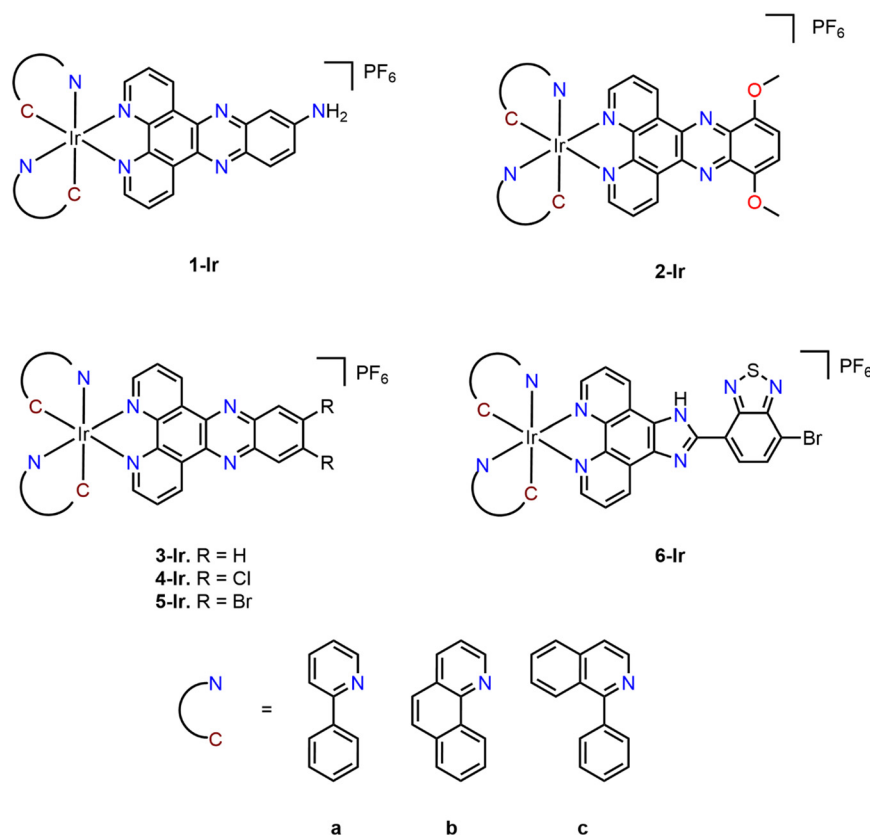


Fig. 28 Structures of C^N cyclometalated Ir(III) compounds (1a-Ir–6c-Ir).

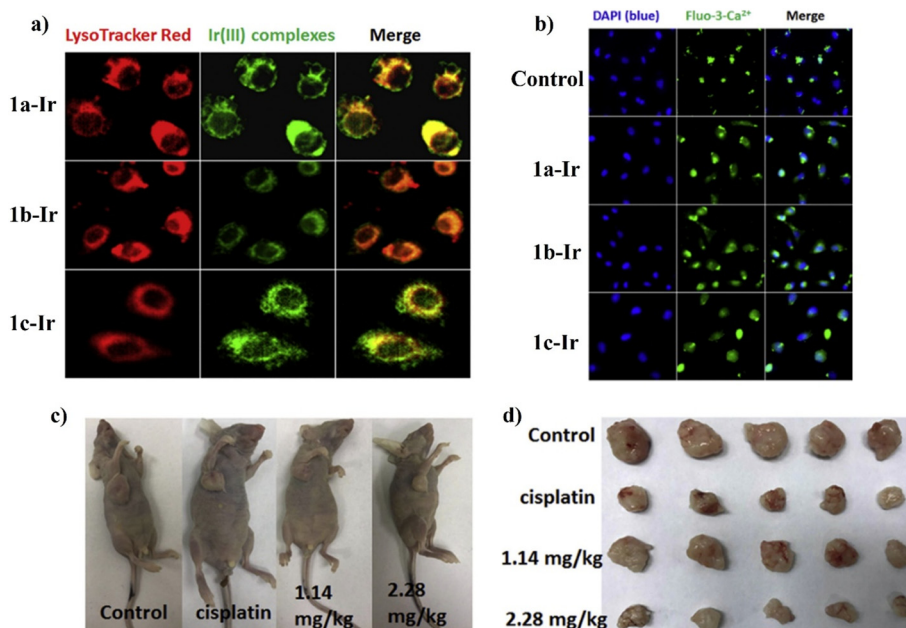


Fig. 29 Localization studies of complexes 1a-Ir–1b-Ir using fluorescence microscopy in a) lysosomes and b) ER. c) and d) *In vivo* studies in nude mice with 1c-Ir (reproduced with permission from ref. 130 Copyright 2019, Elsevier).

induce DNA damage, and induce autophagy by up-regulating the level of Beclin-1 expression and enhance the transform of

LC3-I to LC3-II.¹³² Later, the same group reported similar complexes, but with chlorine (4a–c-Ir) or bromine (5a–c-Ir) at



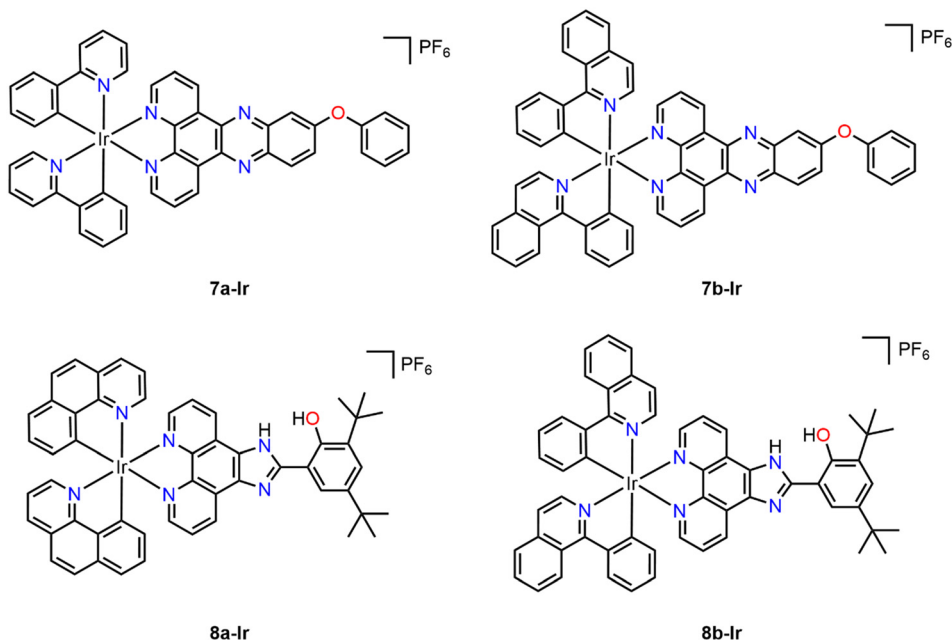


Fig. 30 Ir(III) cyclometalated compounds (**7a-Ir**–**8b-Ir**) used as potential anticancer agents.

positions 11 and 12 of the phenazine moiety. For complexes **5a–c-Ir**, the results against the SGC-7901 cell line showed the same trend as mentioned before ($IC_{50} = 1.53 \pm 0.10$, 0.17 ± 0.05 , and 0.30 ± 0.03 μM , respectively). However, the chlorine derivatives (**4a–c-Ir**) showed an opposite trend, with the piq derivative being the least active ($IC_{50} = 1.3 \pm 0.2$, 6.2 ± 1.1 , and 10.8 ± 0.5 μM , respectively), suggesting that the presence of chlorine atoms significantly influences the cytotoxic activity.^{133,134} Similarly, this tendency was observed with imidazo-phenanthroline ligands (**6a–c-Ir**), where **6a-Ir** displayed the highest activity in most of the tested cancer cell lines, particularly against A549 cell line ($IC_{50} = 4.9 \pm 0.5$ μM).¹³⁵

However, the antiproliferative activity of complexes **7a,b-Ir** and **8a,b-Ir** was evaluated against SGC-7901 and human hepatocellular carcinoma cell line BEL-7402 (Fig. 30). Compound **7a-Ir** was the most cytotoxic against SGC-7901 ($IC_{50} = 0.5 \pm 0.1$ μM) and BEL-7402 (1.0 ± 0.1 μM) and **8b-Ir** against BEL-7402 ($IC_{50} = 9.8 \pm 1.8$ μM).^{136,137} It was confirmed that these complexes could decrease the GSH activity and lead to the accumulation of toxic lipid peroxidation products, such as malondialdehyde (MDA), resulting in increased ROS levels and intracellular calcium ion concentrations. Additionally, the complexes caused a reduction in mitochondrial membrane potential (MMP) and decreased the expression of caspase-3 and PARP proteins. Moreover, they reduced the levels of PI3K, AKT, VEGF, and mTOR proteins, inducing apoptosis through ROS-mediated mitochondrial dysfunction. The complexes also promoted autophagy by increasing the expression of Beclin-1, leading to the conversion of LC3-I to LC3-II. Furthermore, they were able to block the cell cycle at the S phase. These findings suggest that, collectively, the compounds can modulate the PI3K/AKT/mTOR pathway, ultimately triggering the activation of

the Bcl-2 protein family, thereby inducing both apoptosis and autophagy (Fig. 31).

Li and collaborators synthesized a series of cyclometalated Ir(III) complexes (**9a–c-Ir**) (Fig. 32), which were tested against A549 and A549R cell lines. The IC_{50} values of the compounds ranged from 0.23 to 1.1 μM , which were lower than that of cisplatin (18.2 ± 1.3 μM). Cytotoxicity was not altered against the resistant cell line (A549R) unlike cisplatin.¹³⁸ Confocal microscopy was used to determine the distribution and cellular uptake of cyclometalated iridium complexes in A549 cells (Fig. 33a and b). The cells were incubated with MTR (MitoTracker Deep Red) followed by iridium complexes **9a–c-Ir**, which were identified as being localized in the mitochondria

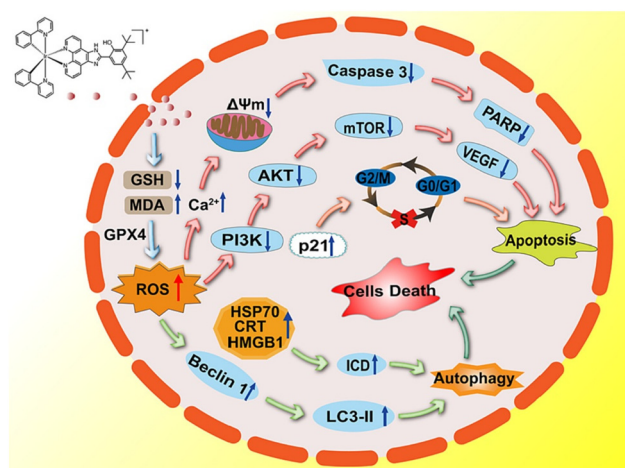


Fig. 31 Proposed mechanism of action for complexes **8a-Ir** and **8b-Ir**, promoting cell death through apoptosis and autophagy (reproduced with permission from ref. 137 Copyright 2023, Elsevier).



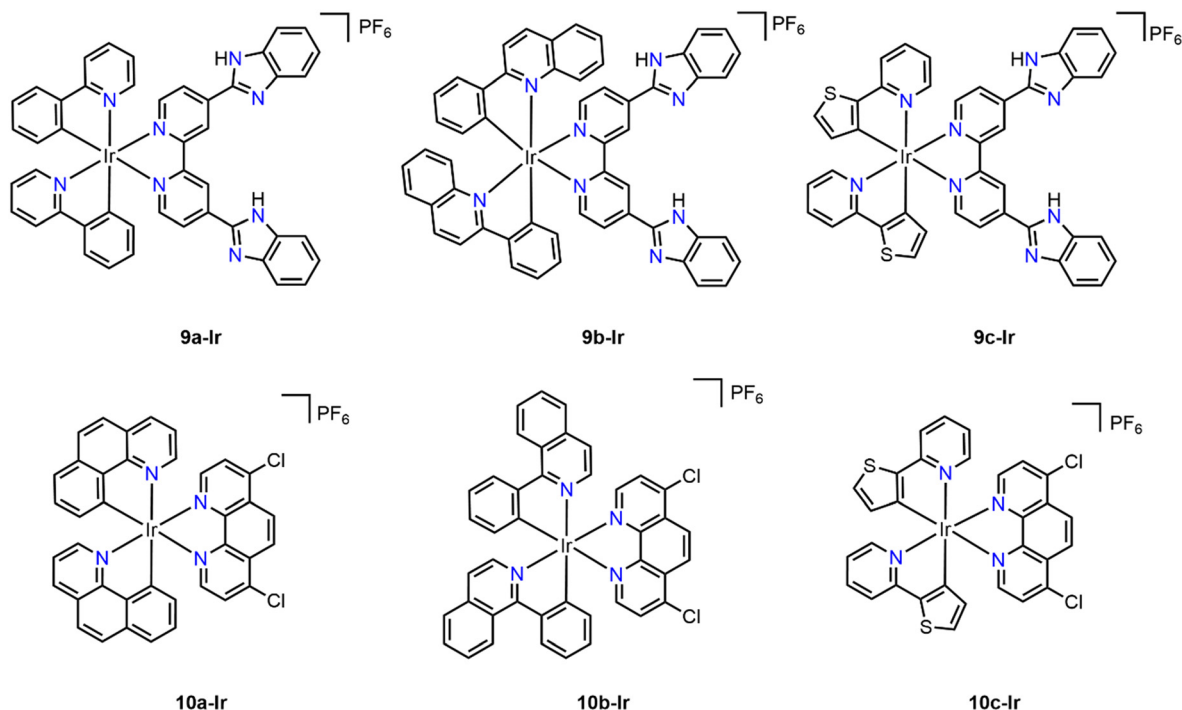


Fig. 32 Ir(III) cyclometalated compounds (**9a-Ir**–**10c-Ir**) used as potential anticancer agents.

(Fig. 33a). Additionally, A549 cells were pretreated under different conditions to determine the cellular uptake mechanism. Cells were incubated with complex **9a-Ir** at different temperatures (Fig. 33b). At 25 °C and 4 °C, the cellular uptake efficiency was reduced using *m*-chlorophenylhydrazine (CCCP), whereas at 37 °C, the uptake of **9a-Ir** was significantly higher, indicating that the cellular uptake of this complex is energy dependent. Furthermore, the ability of **9a-Ir** to cross the cell membrane was minimally affected when cells were treated

with chloroquine at 37 °C, demonstrating that the cellular uptake of the complex is independent of endocytosis.

Similar bis-cyclometalated compounds (**10a–c-Ir**) were tested by Sun's group against a series of cancer cell lines, with HeLa being the most sensitive. The IC₅₀ values obtained for the complexes in the HeLa cell line were 0.83 ± 0.06 μM (**10a-Ir**), 4.73 ± 0.11 μM (**10b-Ir**), and 4.95 ± 0.62 μM (**10c-Ir**), respectively.¹³⁹ They investigated the ability of **10a-Ir** to induce apoptosis in HeLa cells using flow cytometry (Fig. 34a) and laser

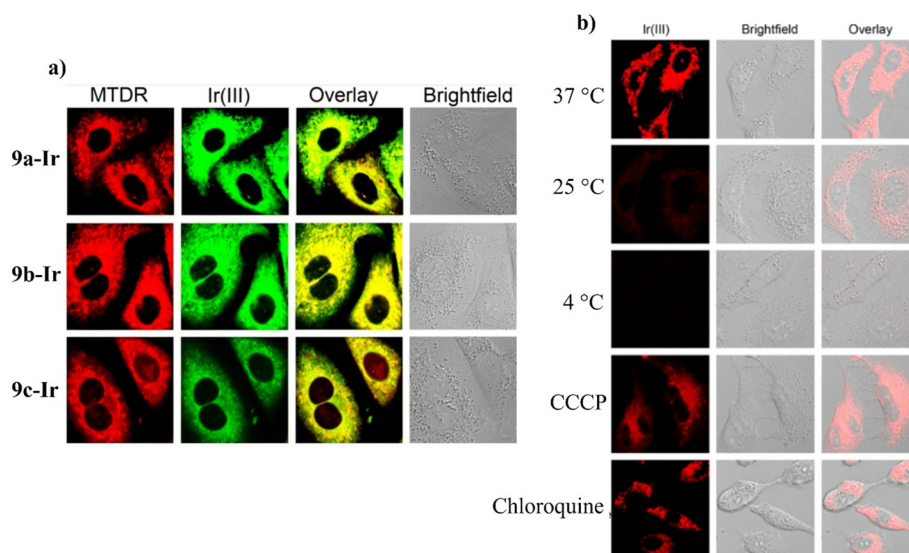


Fig. 33 a) Cellular distribution of complexes **9a–c-Ir** and b) cellular uptake of complex **9a-Ir** in A549 cells through confocal microscopy (reproduced with permission from ref. 138 Copyright 2020, Springer).



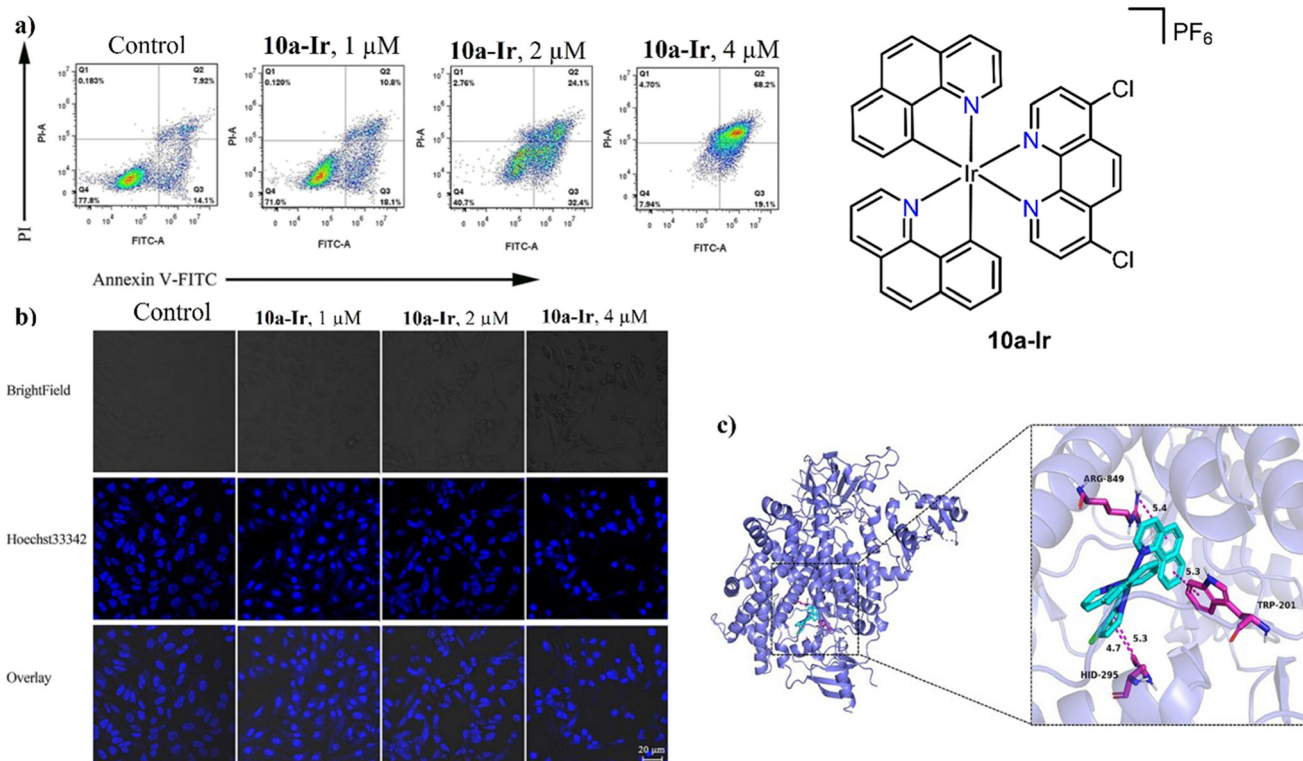


Fig. 34 Apoptosis study of **10a-Ir** on HeLa cells through a) flow cytometry and b) laser confocal microscopy at different concentrations. c) Molecular docking study of the PI3K receptor protein with the **10a-Ir** complex (reproduced with permission from ref. 139 Copyright 2023, Elsevier).

confocal microscopy (Fig. 34b). As the concentration of **10a-Ir** increased, the number of HeLa cells undergoing early and late apoptosis was significantly higher, indicating that the iridium complex primarily induces cell death through apoptosis (Fig. 34a). Furthermore, confocal microscopy revealed that HeLa cells exhibited reduced cell size and membrane vesiculation as the concentration of **10a-Ir** increased, demonstrating its concentration-dependent efficiency in inducing apoptosis

(Fig. 34b). Molecular docking studies suggested that **10a-Ir** could interact with the PI3K receptor protein, which is typically overexpressed in HeLa cells. This study identified hydrophobic interactions between the protein and the complex, specifically involving ARG849 (Fig. 34c).

Chen's group synthesized complexes **11a-d-Ir** (Fig. 35). Their activity against A549 ($IC_{50} = 3.3 \pm 0.5$ (a), 1.6 ± 0.2 (b), 5.2 ± 0.2 (c), 4.3 ± 0.4 (d) μ M, respectively) showed the

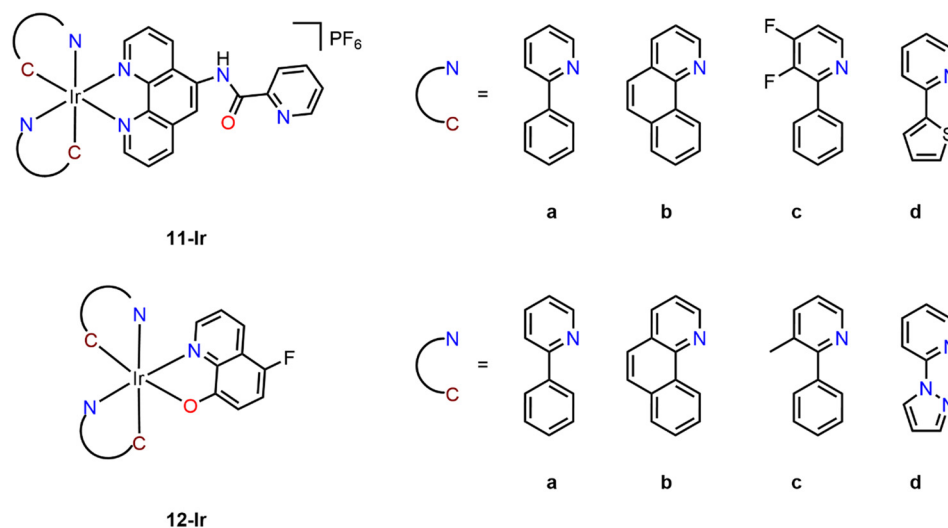


Fig. 35 Ir(III) cyclometalated compounds (**11a-Ir**–**12d-Ir**) used as potential anticancer agents.



following trend: **11b-Ir** > **11a-Ir** > **11d-Ir** > **11c-Ir**.¹⁴⁰ It was observed that complex **11b-Ir** induced apoptosis and autophagy as the mechanism of cell death. Qin reported four neutral Ir(III) complexes (**12a-d-Ir**) using a quinoline derivative as an auxiliary ligand and compared a series of C^N ligands, including a phenyl pyrazole (ppr). Activity against HeLa showed the following trend: **12d-Ir** > **12b-Ir** > **12c-Ir** > **12a-Ir** (IC₅₀ = 0.035 ± 0.002, 0.170 ± 0.05, 2.14 ± 0.19, 3.26 ± 0.78 μM, respectively), indicating that the ppy ligand was the least active derivative, and the phenyl pyrazole ligand was the highest.¹⁴¹ Considering that ppy derivatives showed good cytotoxic activity, the impact of functionalizing this fragment on the cytotoxic activity needs to be further evaluated.

Graf and collaborators reported a series of complexes derived from 2-(*p*-tolyl)pyridine (ptp) and 2-(4-chlorophenyl)pyridine (**14-Ir**) with different N^N auxiliary ligands (**13a-g-Ir**) (Fig. 36). The IC₅₀ values against HT-29 (0.55 ± 0.10 (a), 0.21 ± 0.01 (b), 0.19 ± 0.04 (c), 0.12 ± 0.02 (d), 0.18 ± 0.02 (e), 6.8 ±

1.1 (f), and 12.2 ± 1.5 (g) μM, respectively) of the ptp derivatives show that short chains increase the cytotoxicity (**d** > **e** ≈ **c** > **f**). In addition, substituting one hydrogen atom by a methyl group in R1 does not modify significantly the cytotoxic activity (**b** ≈ **c**). The IC₅₀ values of chloride derivatives, long-chain and alcohol (**a** > **f** > **g**) show low potency, suggesting they are not good substituents. Finally, the derivative of 2-(4-chlorophenyl)pyridine (**14-Ir**) showed a similar activity to **13a-Ir**, indicating that no improvement was observed using a chlorine atom in the ppy fragment.^{86,126,127}

Another type of auxiliary N^N ligands explored by Graf are derivatives of 1,10-phenanthroline (**15a-e-Ir**). The IC₅₀ values against HT-29 (0.2 ± 0.1 (a), 0.48 ± 0.26 (b), 0.61 ± 0.10 (c), 1.33 ± 0.45 (d), 1.76 ± 0.27 (e) μM) indicate that methyl groups at positions 1 and 8 improve the cytotoxicity (**c** and **a**). However, substituents at positions 4 and 5 decrease the potency (**b** and **e**) (Fig. 36).^{124,125}

Yang and coworkers synthesized a family of compounds (**16a-h-Ir**) and evaluated the relationship between the number

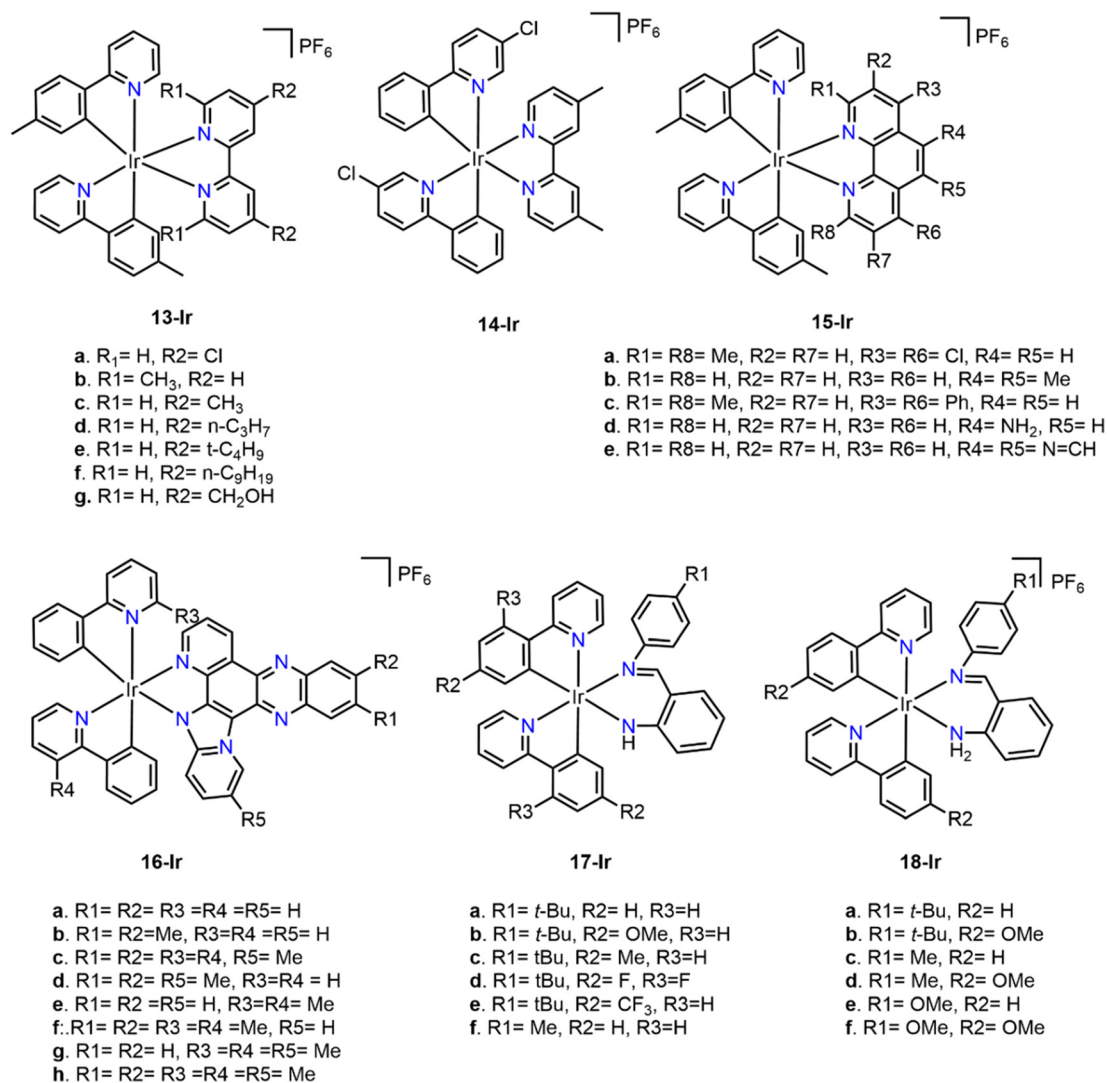


Fig. 36 Ir(III) cyclometalated compounds (**13-Ir**–**18-Ir**) used as potential anticancer agents.



and position of methyl groups and their cytotoxicity. All compounds exhibited low IC_{50} values, mainly against the NCI-H460 cancer cell line. The increase in cytotoxicity was proportional to the number of methyl groups ($IC_{50} = 0.00505 \pm 0.22$ (**h**), 0.125 ± 0.5 (**f**) and 0.520 ± 0.95 (**d**) μM , 1.09 ± 1.02 (**b**), 2.81 ± 1.02 (**g**), 2.52 ± 0.71 (**c**), 4.53 ± 0.86 (**e**), and 6.61 ± 0.93 (**a**) μM). However, the most active compounds were those without functionalization in the ppy backbone.¹⁴²

Li reported two series of compounds: neutral (**17a-f-Ir**) and cationic (**18a-f-Ir**), exploring the effect of different functional groups on the ppy fragment. When comparing both series, the IC_{50} values between the cationic and neutral compounds were very similar, concluding that no improvement was observed. The most sensitive cell line was HeLa, where **17d-Ir** and **18c-Ir** were the most cytotoxic compounds in their respective groups, with IC_{50} values of 10.16 ± 0.13 and 9.98 ± 0.03 μM .¹⁴³

4.2.2. Benzimidazole and carbene derivatives. Yellol reported a series of new complexes using different benzimidazoles (bim) and phenylpyrazoles (ppr) as either C^N or N^N ligands (**19-Ir–21-Ir**) (Fig. 37). Complexes with bim as a N^N ligand (**19c-Ir**, **20c-Ir**, **21c-Ir**) showed the lowest cytotoxic performance against all tested cell lines ($IC_{50} > 10$ μM). Furthermore, C^N ligands did not show an obvious trend, with **20a-Ir** and **21b-Ir** being the most potent complexes against A2780 ($IC_{50} = 0.197 \pm 0.037$, 0.184 ± 0.008 μM , respectively) and A2780cisR ($IC_{50} = 0.261 \pm 0.011$, 0.077 ± 0.015 μM , respectively), which again suggests that no improvement was achieved with the unsubstituted bim fragment.¹⁴⁴

Laha and collaborators reported a series of Ir(III) complexes (**22a-Ir–23b-Ir**) (Fig. 38), in which they varied the auxiliary N^N ligand and the length of the aliphatic chain attached to N in the C^N bim ligand. Complexes with the shortest aliphatic chains (**23a-Ir** and **23b-Ir**) showed high cytotoxicity against MCF-7 ($IC_{50} = 0.4 \pm 0.22$, 0.4 ± 0.24 μM , respectively), and no difference was observed between the N^N ligands, suggesting that the improvement in cytotoxic activity depends on the length of the aliphatic chains attached to N in the bim ligand.¹⁴⁵

N-heterocyclic carbenes (NHC) have also been explored as C^N ligands. Bonfiglio's group carried out the synthesis of complexes **24a-d-Ir**, using an imidazolylpyridine and a series of C^N ligands. Cytotoxicity against HCT116 ($IC_{50} = 2.3 \pm 1.4$, 2.1 ± 1.2 , 1 ± 1.1 , 1.7 ± 1.1 μM , respectively) showed the following trend: **24c-Ir** > **24d-Ir** > **24b-Ir** > **24a-Ir**, indicating that benzothiazole improves activity, while fluorinated derivatives reduce it.¹⁴⁶ Similarly, Ir(III) cyclometalated complexes with a series of C^N ligands derived from imine-NHC (**25a-e-Ir**) (Fig. 36) have also been reported. These compounds were active against the A549 cell line, with IC_{50} values ranging from 1.78 ± 0.30 to 4.95 ± 0.45 μM , following the trend: **a** > **b** > **c** > **d** > **e**, indicating that increasing the size of the aryl substituent (**a-c** to **d-e**) enhances cytotoxicity. Additionally, increasing the length of the N substituent chain in the imidazole produces the same effect (**a** vs. **d** and **b** vs. **e**).¹⁴⁷

4.2.3. Derivatives of 2,2'-bipyridine (bipy). Mukhopadhyay and collaborators evaluated the antiproliferative activity of

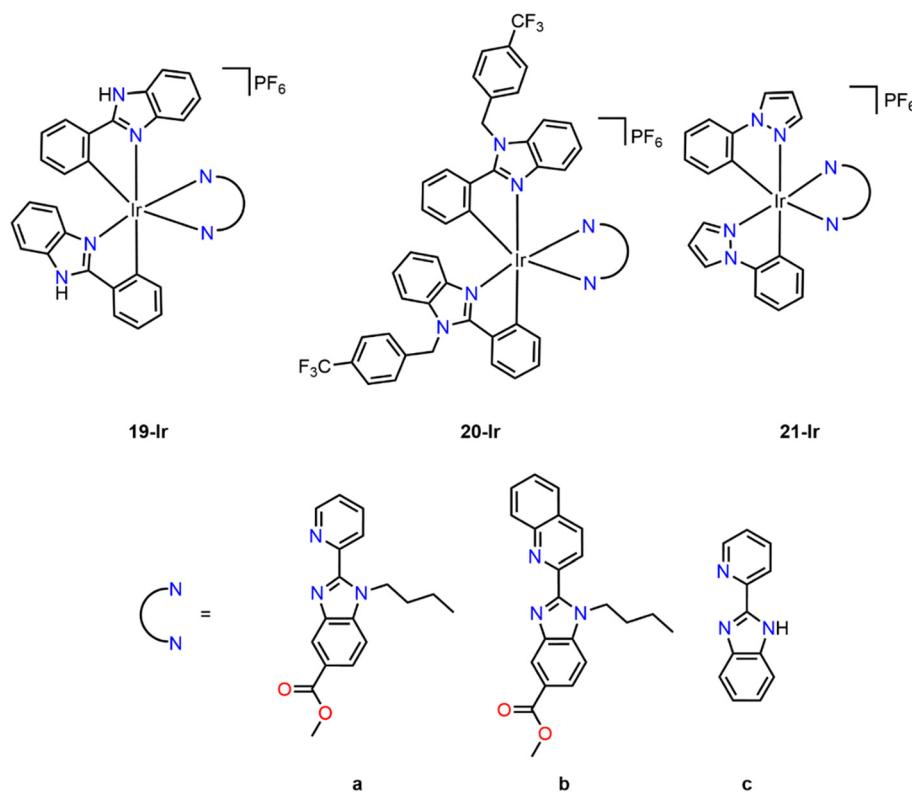


Fig. 37 Ir(III) cyclometalated compounds (**19-Ir–21-Ir**) with benzimidazole ligands used as potential anticancer agents.

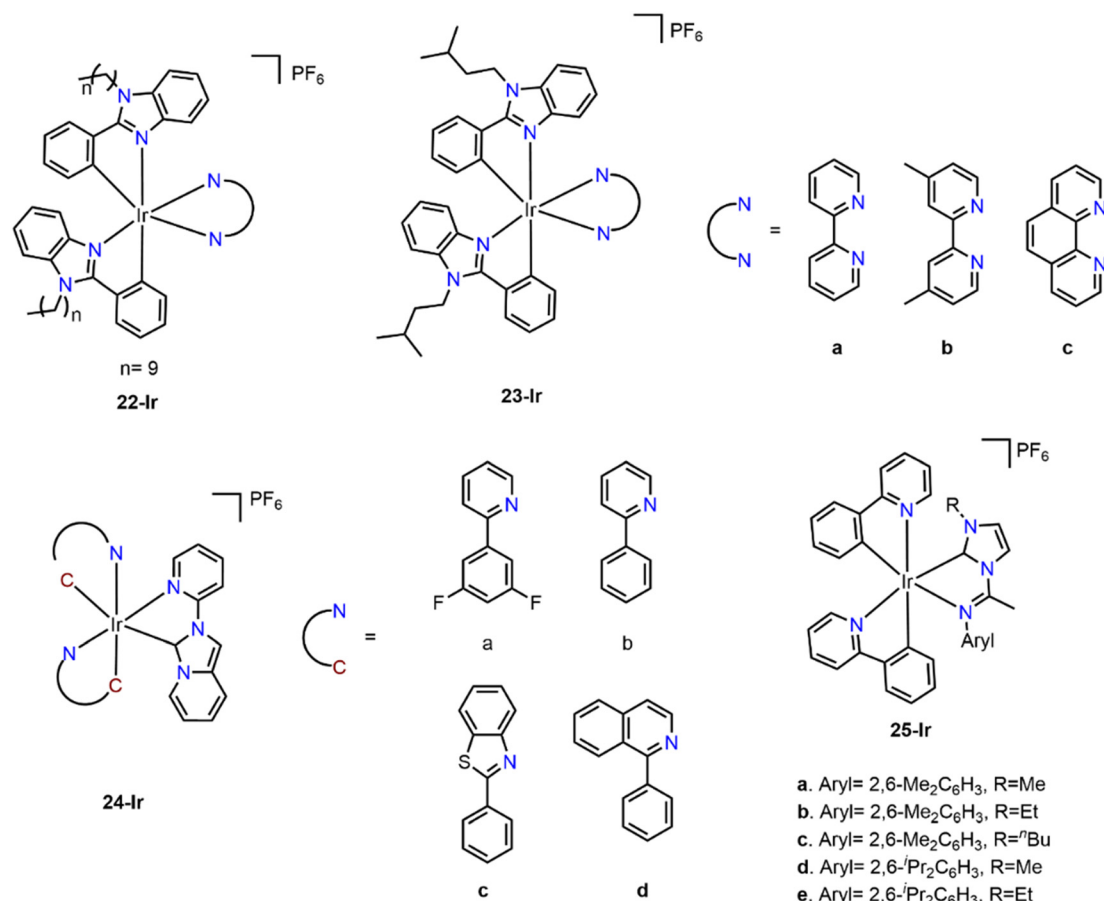


Fig. 38 Ir(III) cyclometalated compounds (22-Ir–25-Ir) with carbene ligand used as potential anticancer agents.

the **26a–c-Ir** complexes (Fig. 39). All complexes showed similar $\log p_{o/w}$ values (1.19, 1.17, and 1.13, respectively) and binding constant (K_{app}) displacement studies ($K_{app} = 6.25$, 5.08, and $4.54 \times 10^7 \text{ M}^{-1}$, respectively). Complex **26a–c-Ir** presented the lowest IC_{50} values against HeLa cells (3.46 ± 0.62 , 6.82 ± 1.02 , and $7.46 \pm 0.6 \mu\text{M}$, respectively), suggesting that the $-\text{SCH}_3$ group is essential for the biological activity.¹⁴⁸ They also evaluated the type of cell death induced by the **26a-Ir** complex by analyzing nuclear morphological characteristics and distinguishing between apoptotic, necrotic, and viable cells using fluorescence microscopy (Fig. 40a). Healthy cells exhibited uniformly shaped nuclei with homogeneous blue fluorescence, whereas cells treated with **26a-Ir** displayed intensely blue fluorescent nuclei, indicative of early apoptotic cells with condensed nuclei. An increase in the complex concentration led to a higher population of early apoptotic cells (blue fluorescence) and late apoptotic cells with fragmented nuclei (red fluorescence). This suggests that **26a-Ir** effectively induces apoptosis. Furthermore, intracellular oxygen levels were assessed using fluorescent staining to detect ROS (Fig. 40b), revealing a concentration-dependent increase in intracellular ROS levels. This observation suggests that apoptosis is induced *via* the oxidative pathway.

In another study, Liu explored the effect of bulky substituents with complexes **27a–d-Ir**. The most cytotoxic

complexes against A549 cells were **27b-Ir** and **27c-Ir**, with IC_{50} values of 4.34 ± 0.01 and $5.8 \pm 0.21 \mu\text{M}$, respectively. Complex **27d-Ir** showed some selectivity toward A549, indicating that the introduction of a double bond in the connector may be responsible for this selectivity.¹⁴⁹ A family of fluorinated Ir(III) cyclometalated complexes (**28a–f-Ir**) (Fig. 39) showed elevated cytotoxicity against the HeLa cell line, with **28f-Ir** being the most effective (Table 14).¹⁵⁰

Additionally, Yi and collaborators¹⁵¹ reported complex **29-Ir** (Fig. 41) showing an IC_{50} value of $3.6 \pm 0.3 \mu\text{M}$ against A549. Similar compounds were tested by Wang (**30–32-Ir**) against different cancer cell lines. Complex **32-Ir**, which features an alkyne group as a connector, was the most active against the gastric cell line SGC-7901 ($IC_{50} = 4.4 \pm 0.1 \mu\text{M}$) and a low cytotoxicity in the normal cell line (NIH3T3, $IC_{50} = >100 \mu\text{M}$). The cytotoxicity of all these compounds was similar to or better than that of cisplatin, and they showed medium to good selectivity toward the healthy mouse fibroblast cell lines tested (NIH3T3).¹⁵² Complexes **33-Ir** and **34-Ir** were reported by Tang *et al.* and by Wang *et al.*^{153,154} Subsequently, **35a–c-Ir** complexes were reported by Liu *et al.* These compounds can be considered a family of compounds, for which the variations depend on the functionalization of the phenanthroline moiety. Compound **33-Ir** was the first reported and bears the bulkiest ligand of all. This complex showed high cytotoxic activity against all tested



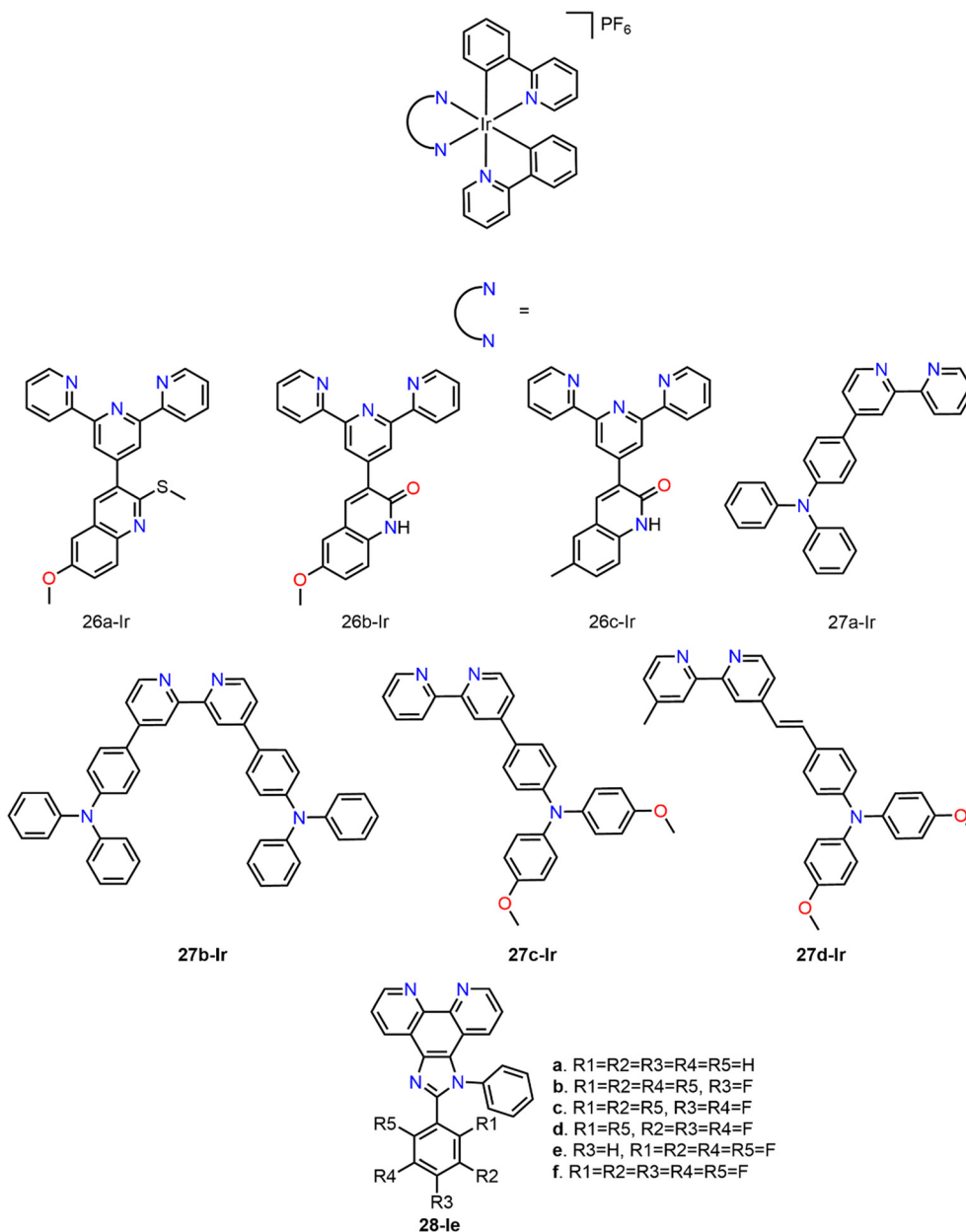


Fig. 39 Ir(III) cyclometalated compounds (26a-Ir–28f-Ir) with 2,2'-bipyridine ligands used as potential anticancer agents.

cancer cell lines, with a notable IC₅₀ value of 1.0 ± 0.02 μM against B16 (human skin cancer). Additionally, it exhibited great selectivity toward the normal cell lines tested (NIH3T3, IC₅₀ = 68.9 ± 1.5 μM). The cytotoxicity of **34-Ir** against BEL-7402 (cervical adenocarcinoma from human papillomavirus) was similar to that of cisplatin. The **35a-Ir** complex was the most effective with an IC₅₀ value of 3.6 ± 0.1 μM against SGC-7901 (human gastric cancer). However, complex **35c-Ir**, bearing the smallest ligand among this family of complexes, showed the best selectivity toward the normal cell lines tested (NIH3T3).¹⁵⁵ All these complexes (**29a-Ir**–**35c-Ir**) exhibit similar mechanisms of action, which involve DNA damage leading to cell cycle arrest. Additionally, they localize to the ER, inducing an increase in Ca²⁺ ion production, which subsequently triggers enhanced

intracellular ROS generation. This results in a decrease in MMP and an increase in cytosolic cytochrome c, leading to caspase-3 activation and ultimately inducing apoptotic cell death (Fig. 42).

4.2.4. Other auxiliary ligands. Two iridium(III) complexes have been reported using 2,2'-biphenyldiamine (**36a-Ir**) and 9,10-diaminophenanthrene (**36b-Ir**) as N[^]N ligands (Fig. 43). These complexes were found to be selective against MCF-7, with IC₅₀ values of 7.8 ± 0.4 and 0.9 ± 0.2 μM, showing a significant improvement when using the phenanthrene derivative, as previously reported by the same research group.^{123,128}

Pérez-Araiz reported the use of thiabendazole (**37a-Ir**) and *N*-benzylthiabendazole (**37-Ir**) (Fig. 43). Like other compounds, the *N*-substituted complex showed better cytotoxic activity against A549 (IC₅₀ = 18.9 ± 0.2, 4.0 ± 0.4 μM, respectively). The

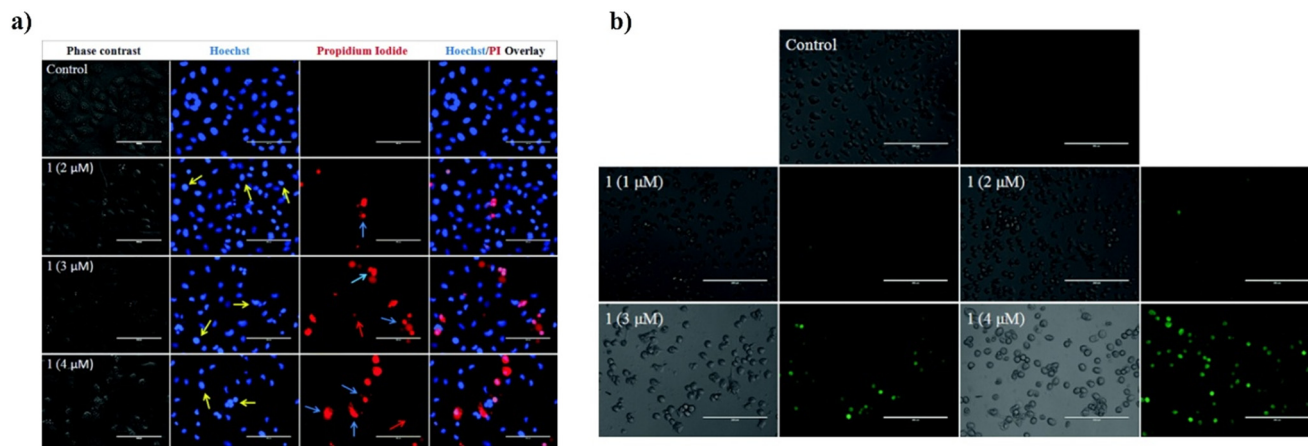


Fig. 40 a) Morphological changes in HeLa cells treated with **26a-Ir** at different concentrations. Yellow, blue, and red arrows indicate early apoptotic cells (bright blue nuclei), late apoptotic cells (fragmented nuclei), and necrotic cells, respectively. b) HeLa cells treated for the detection of intracellular ROS generation using fluorescence staining (reproduced with permission from ref. 148 Copyright 2017, Royal Society of Chemistry).

pK_a value of **37a-Ir** (6.76 ± 0.03) suggests that at physiological pH, partial deprotonation occurs, affecting the charge and thus the cellular uptake, thereby reducing its activity.¹²⁹

Yang and coworkers evaluated two new complexes bearing 5-bromo-8-quinolinoline and varying the C^N ligand (**38a-Ir** and **38b-Ir**) against different cell lines. Against the HeLa cell line, the IC_{50} values ($3.59 \pm 0.44 \mu M$ and $0.50 \pm 0.39 \mu M$) indicate that the pyrazole derivative (**38b-Ir**) was the most active.¹⁵⁶ The cytotoxicity against A549 and A549/DDP of a pair of neutral compounds as O^N ligands (**38c** and **39-Ir**) was then evaluated. Both complexes showed high cytotoxicity, with A549/DDP being the most sensitive cell line ($IC_{50} = 0.53 \pm 0.11$ and $0.09 \pm 0.03 \mu M$, respectively). Importantly, complex **38c-Ir** was 737 times more active than cisplatin ($IC_{50} = 66.34 \pm 1.21 \mu M$), indicating that the position of the bromine is crucial for the cytotoxic performance.¹⁵⁷

Recently, Temram *et al.* synthesized two neutral complexes with monodentate cyano ligands (**40a-Ir** and **40b-Ir**). The resulting IC_{50} values against MDA-MB-231 (triple-negative breast cancer) and HCC1937 (breast cancer) showed that compound **40b-Ir** ($IC_{50} = 72.8 \pm 3.0$ and $13.5 \pm 2.8 \mu M$, respectively) was more active than cisplatin. In contrast, **40a-Ir** was less active (223.9 ± 7.0 and $107.5 \pm 3.5 \mu M$), suggesting that the amine fragment improves the activity.¹⁵⁸

Table 14 IC_{50} values (μM) of the **28a-f-Ir** complexes against HeLa cells^a

Compound	IC_{50} (μM)
	HeLa
28a-Ir	1.9 ± 0.5
28b-Ir	2.5 ± 0.3
28c-Ir	3.1 ± 0.2
28d-Ir	3.4 ± 0.5
28e-Ir	1.2 ± 0.3
28f-Ir	0.5 ± 0.1
Cisplatin	21.4 ± 1.2

^a Cell viability determined by the MTT assay after treatment for 48 h.

Kuang *et al.* reported a complex with a ppy derivative (**41a-Ir**), with a peculiar feature. The catechol fragment can easily be oxidized with two equivalents of Fe(III) to form a Schiff base, which, in an acidic environment, hydrolyzes to produce 2-hydroxy-1,4-benzoquinone and **41b-Ir**, a potent fluorophore. Such property allowed monitoring the complex in Fe(III)-rich cancer cells.¹⁵⁹ Initially, the phosphorescence of the complex is quenched as a result of photoinduced electron transfer (PET) from the catechol group. However, catechol can be chelated or oxidized by two equivalents of Fe(III) *via* a two-electron pathway, forming a Schiff base, which subsequently undergoes hydrolysis to generate **41b-Ir**. **41a-Ir** enters the cells through endocytosis and localizes in the lysosomes, where the labile iron pool (LIP) is active and the microenvironment is acidic. Under these conditions, **41a-Ir** reacts *in situ* with Fe(III) to release hydroxybenzoquinone (BQ) and **41b-Ir**. This process leads to lysosomal damage and the release of **41b-Ir**, which subsequently localizes in the mitochondria, exhibiting strong fluorescence. The mitochondrial membrane potential (MMP) decreases, ultimately leading to cell death (Fig. 44).

4.2.5. C^N and Cp* complexes. Other common organometallic complexes of Ir(III) are those derived from the cyclopentadienyl (Cp) or pentamethylcyclopentadienyl (Cp*) ligands. In the literature, there are comparisons regarding the impact of Cp* and ppy ligands on the cytotoxic activity of Ir(III) complexes. For example, Liu's group carried out the synthesis of a group of cyclometalated Ir(III) complexes (**42a,b-Ir**) (Fig. 45), using bipy derivatives (**43a,b-Ir**) as auxiliary ligands and comparing the cytotoxicity of the ligands (Cp* or ppy) on the A549 cancer cell line. It was found that bulky N^N ligands reduce the activity of the complexes, but more importantly, changing the C^N ligand shows a large variation, with Cp* complexes being the most potent: **42a-Ir** > **42b-Ir** > **43a-Ir** > **43b-Ir** ($IC_{50} = 3.56 \pm 0.5$, 17.27 ± 0.1 , 32.73 ± 0.5 , and $>100 \mu M$). Although the $\log p_{o/w}$ values suggest an explanation related to lipophilicity, the ability of Cp* derivatives to lose a chloride ion is favorable for cytotoxicity.¹⁶⁰



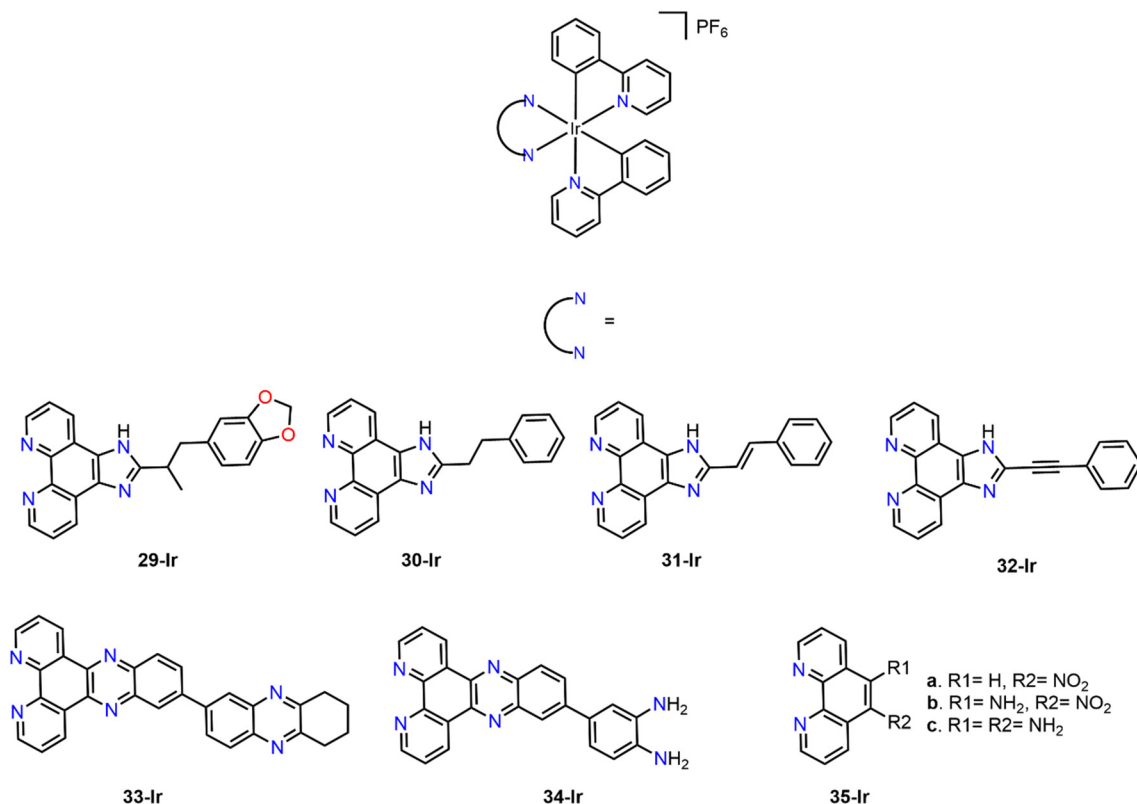


Fig. 41 Ir(III) cyclometalated compounds (29-Ir–35-Ir) with 2,2'-bipyridine ligands used as potential anticancer agents.

Wang reported two iridium(III) complexes with a phen ligand functionalized with alpha-lipoic acid. In this case, the ppy derivative (**44-Ir**) was more potent in all tested cell lines than its Cp* (**45-Ir**) analog (Fig. 46). The $\log p_{o/w}$ values (−1.06 and 1.39, respectively) show a significant difference, indicating that **44-Ir** was hydrophilic, while **45-Ir** was lipophilic, which could improve processes such as cellular uptake.¹⁶¹ Since both ligands have

shown good results as cytotoxic agents, some research groups, instead of making a direct comparison, have used them in combination, suggesting synergy. The complexes **46a-h-Ir** (Fig. 46) with functionalized pyridines as auxiliary ligands were tested against three cancer cell lines, with MCF-7 being the most sensitive to these compounds. The IC_{50} values ranged from $0.20 \pm 0.04 \mu\text{M}$ for **46e-Ir** to $8.8 \pm 0.8 \mu\text{M}$ for **46h-Ir**, suggesting that electron-donating substituents, such as $-\text{NEt}_2$, enhance the cytotoxicity, while electron-withdrawing substituents, such as $-\text{CON}(\text{CH}_2\text{CH}_3)$, decrease it.¹⁶²

Likewise, Zimbron reported the cytotoxic activity of **47a-Ir** and **47b-Ir** complexes using BODIPY-type ligands as auxiliaries. Their IC_{50} values ranged from 0.52 ± 0.03 to $1.08 \pm 0.05 \mu\text{M}$. In both studies, the high IC_{50} values indicate good cytotoxic performance of the complexes with both ligands.¹⁶³ Additionally, through a study of cellular images obtained using a wide-field epifluorescence microscope, fluorescence emission was observed in most cells exposed to **47a-Ir** (Fig. 47a) and 3-pyridyl-BODIPY (Fig. 47b) as large diffuse areas and small bright spots in the cytoplasm, confirming that **47a-Ir** can permeate the membrane and accumulate within the cells. Thanks to its remarkable photostability, it was possible to monitor the uptake of the complex in real time (Fig. 47b). Within less than 10 seconds, **47a-Ir** was detected emitting fluorescence inside the cells, with the intensity increasing over time and reaching a maximum after 90 seconds. This observation indicates that the internalization of **47a-Ir** occurs very rapidly.

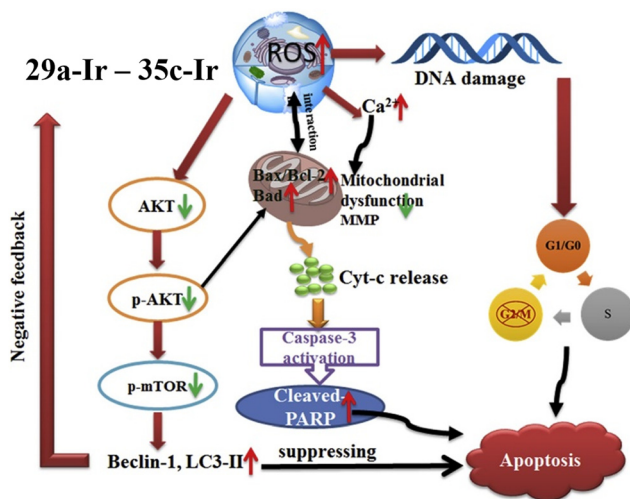


Fig. 42 Plausible mechanism of action followed by the 29a-Ir–35c-Ir complexes (reproduced with permission from ref. 154 Copyright 2018, Elsevier).

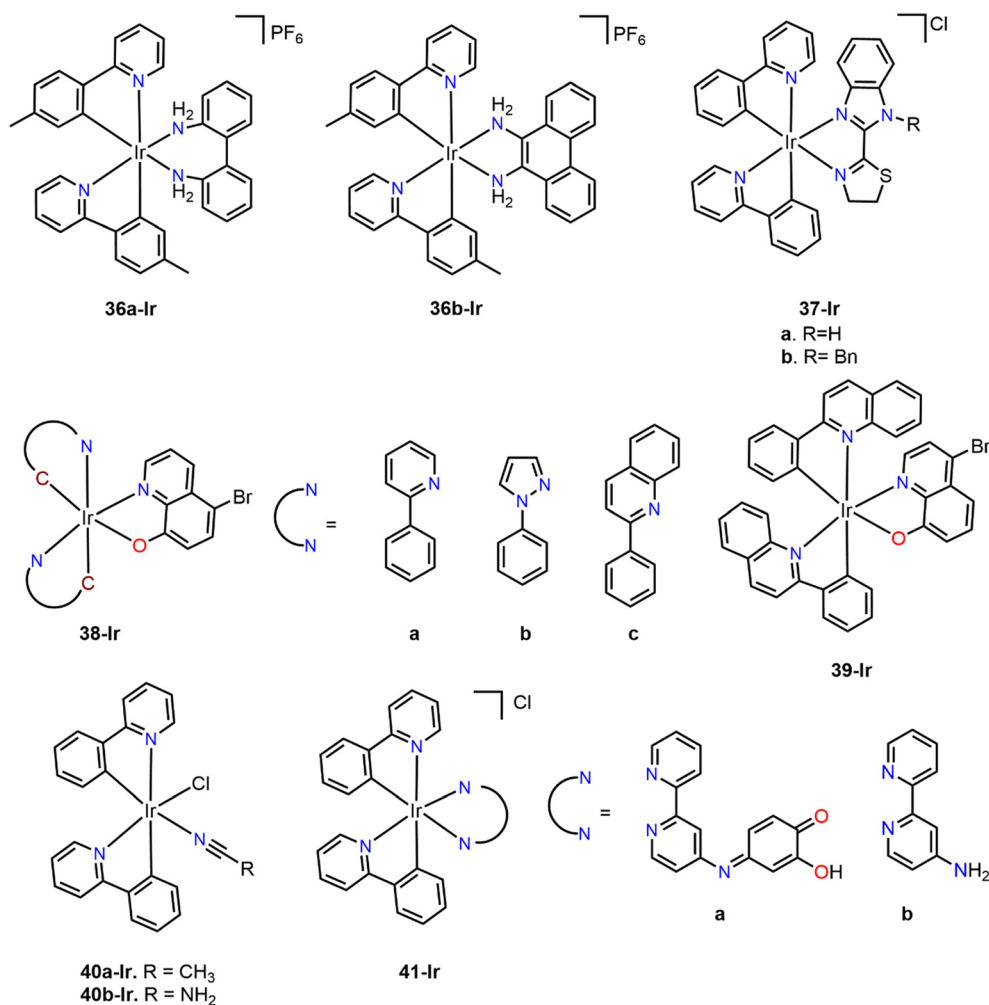


Fig. 43 Ir(III) cyclometalated compounds (36a-Ir–41-Ir) with different ligands used as potential anticancer agents.

Variations in the ppy ligand have also been explored. For instance, the **48a–o-Ir** complexes (Fig. 48) were evaluated towards four cancer cell lines, with A2780 being the most sensitive. The presence and positioning of substituents significantly affected the activity of the complexes, showing IC₅₀ values ranging from $1.18 \pm 0.08 \mu\text{M}$ to $> 60 \mu\text{M}$, with complex **48m-Ir** being the most cytotoxic.¹⁶⁴ Chen tested bulkier substituents in the ppy N[^]N ligand (**49a-Ir–51-Ir**). Complexes with Me and MeO substituents (**49a-Ir** and **49b-Ir**) showed the lowest IC₅₀ values against A549 (IC₅₀ = $3.9 \pm 0.1 \mu\text{M}$ for both complexes). Meanwhile, **50-Ir** and **51-Ir**, with larger substituents, were the least active (IC₅₀ = 12.8 ± 0.6 and $8.6 \pm 0.3 \mu\text{M}$, respectively).¹⁶⁵ Liu *et al.* not only varied the substituents on the ppy ligand but also tested their impact on the Cp ring (**52a-Ir–53d-Ir**) (Fig. 48). When comparing ppy ligands, there is no clear pattern regarding their IC₅₀ values against A549 (2.8 ± 0.8 , 23.0 ± 0.7 , 7.4 ± 0.1 , 39.5 ± 2.7 , 3.5 ± 0.1 , 13.0 ± 0.5 , 27.6 ± 0.6 , $8.5 \pm 1.4 \mu\text{M}$, respectively). However, when comparing the substituted cyclopentadienyl ligands, the trend is clear: complexes with R = C₆H₅ were less active than those with R = CH₃. At first glance, steric hindrance could explain these results, but

computational NPA (Natural Population Analysis) of **52a-Ir** and **52b-Ir** showed that Ir was less charged in **52a-Ir**, facilitating the loss of the chloride atom and improving its cytotoxic activity.¹⁶⁶

Rao *et al.* synthesized two indazole-derived compounds (**54a**, **b-Ir**) (Fig. 49). In this case, the ⁱPr substituent improved the cytotoxic activity against HeLa (IC₅₀ = $6.0 \pm 0.79 \mu\text{M}$ **54a-Ir** and $3.9 \pm 0.36 \mu\text{M}$ **54b-Ir**), probably influenced by lipophilicity.¹⁶⁷ Furthermore, Yang reported a series of imine–NHC compounds (such as complexes **25a–e-Ir**), including a Cp* fragment (**55a–l-Ir**). Changes in the substituents resulted in a significant shift in cytotoxic performance against A549 (IC₅₀ = $>100 \mu\text{M}$ **55a–c-Ir**, $25.86 \pm 1.2 \mu\text{M}$ **55d-Ir**, $14.05 \pm 0.1 \mu\text{M}$ **55e-Ir**, $9.15 \pm 0.2 \mu\text{M}$ **55f-Ir**, $3.04 \pm 0.5 \mu\text{M}$ **55g-Ir**, $2.21 \pm 0.2 \mu\text{M}$ **55h-Ir**, $1.99 \pm 0.1 \mu\text{M}$ **55i-Ir**, $3.94 \pm 0.3 \mu\text{M}$ **55j-Ir**, $3.64 \pm 0.3 \mu\text{M}$ **55k-Ir**, $7.44 \pm 0.3 \mu\text{M}$ **55l-Ir**). The complexes **55g-Ir** and **55h-Ir** showed the lowest IC₅₀ values, contrasting with **55a-Ir**, **55b-Ir**, and **56k-Ir**, which had the highest IC₅₀ values. Increasing the steric hindrance in the *ortho* substituents of the aniline fragment leads to a proportional increase in cytotoxic effects (IC₅₀) (**55a-Ir** vs. **55e-Ir**). However, the most significant impact was observed with the imidazole substituent, following the same trend: the bulkier the



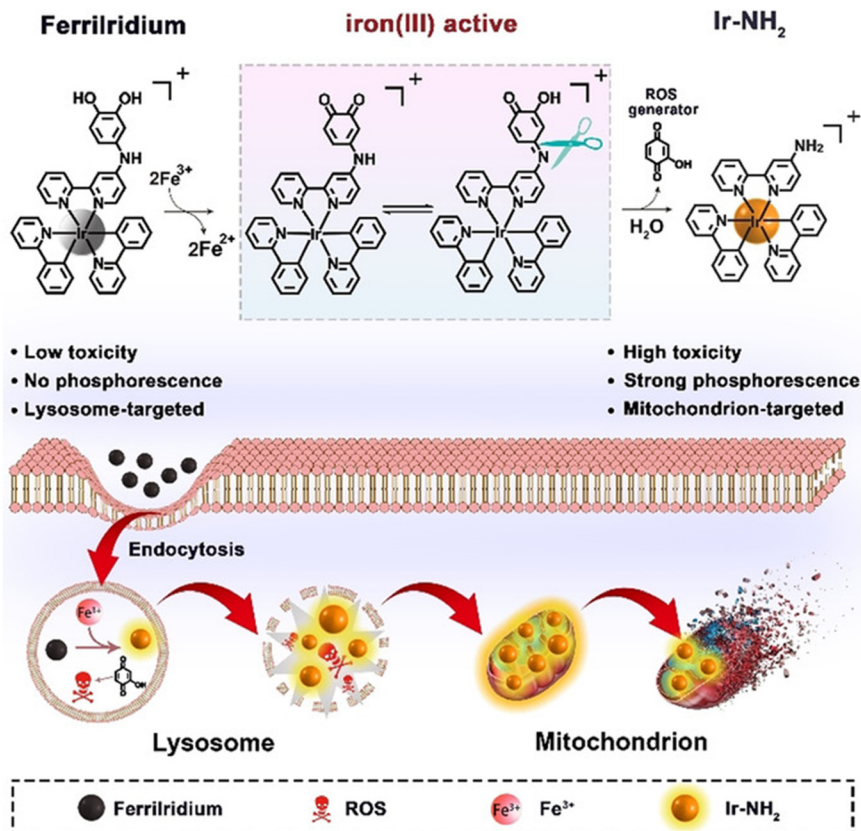


Fig. 44 Proposed mechanism of action for Fe(III)-mediated activation in the reduction of 41a-Ir to 41b-Ir, leading to the subsequent cell death mechanism (reproduced with permission from ref. 159 Copyright 2018, Wiley-VCH).

substituent, the more potent the complex (e.g., 55a-Ir < 55b-Ir < 55c-Ir < 55d-Ir).¹⁶⁸

Kralj *et al.* reported a group of pyridyl derivatives and explored substitutions on the nitrogen atom. Unfortunately, due to solubility issues, only the 56-Ir complex could be

tested. Similar compounds 57a-d-Ir were evaluated by Yang and coworkers (Fig. 49). The best cytotoxic performance against HeLa was shown by 57d-Ir ($IC_{50} = 2.01 \pm 0.28 \mu M$).¹¹⁸

A series of Schiff base complexes with a Cp* fragment has been reported by Mou *et al.* and was tested against A562 cells (58a-o-Ir). The IC_{50} values obtained were 1.10 58a-Ir, 0.73 58b-Ir, 0.26 58c-Ir, 0.95 58d-Ir, 0.67 58e-Ir, 1.06 58f-Ir, 0.53 58g-Ir, 1.00 58h-Ir, 0.62 58i-Ir, 0.94 58j-Ir, 4.77 58k-Ir, 1.13 58l-Ir, 0.61 58m-Ir, 1.20 58n-Ir, and 0.87 58o-Ir μM . Comparing compounds 58j-Ir and 58e-Ir showed that the most potent electron-donating group (Me) improves the cytotoxicity; the same behavior is maintained when comparing 58i-Ir, 58h-Ir, and 58g-Ir, or 58d, 58k-Ir, and 58n-Ir, indicating a correlation between electronic effects and the cytotoxic activity. On the contrary, no clear correlation was obtained with the R2 substituent. When comparing the different substituents (R) located on the aromatic rings, an influence on the electronic properties of these complexes can be observed, suggesting that there is a synergy between the electronic effects and the anticancer activities of the cyclometalated iridium complexes (58a-o-Ir).¹⁶⁹

4.2.6. Photodynamic therapy (PDT). Iridium(III) cyclometalated complexes exhibit great versatility in their photophysical properties, due to a high spin-orbit coupling constant that promotes intersystem crossing and results in long-lived triplet excited states of the photosensitizer (PS), as

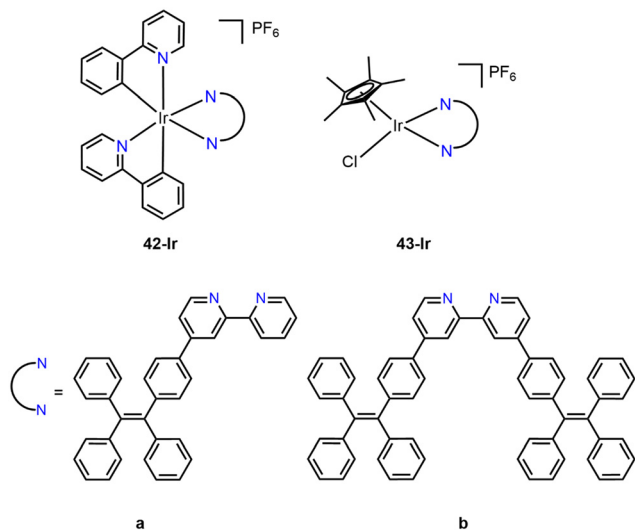
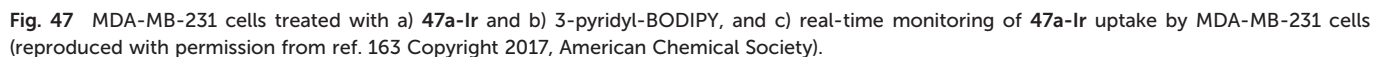
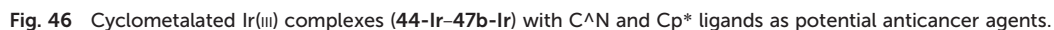


Fig. 45 Ir(III) cyclometalated compounds (42-Ir–43-Ir) reported by Liu group as potential anticancer agents.



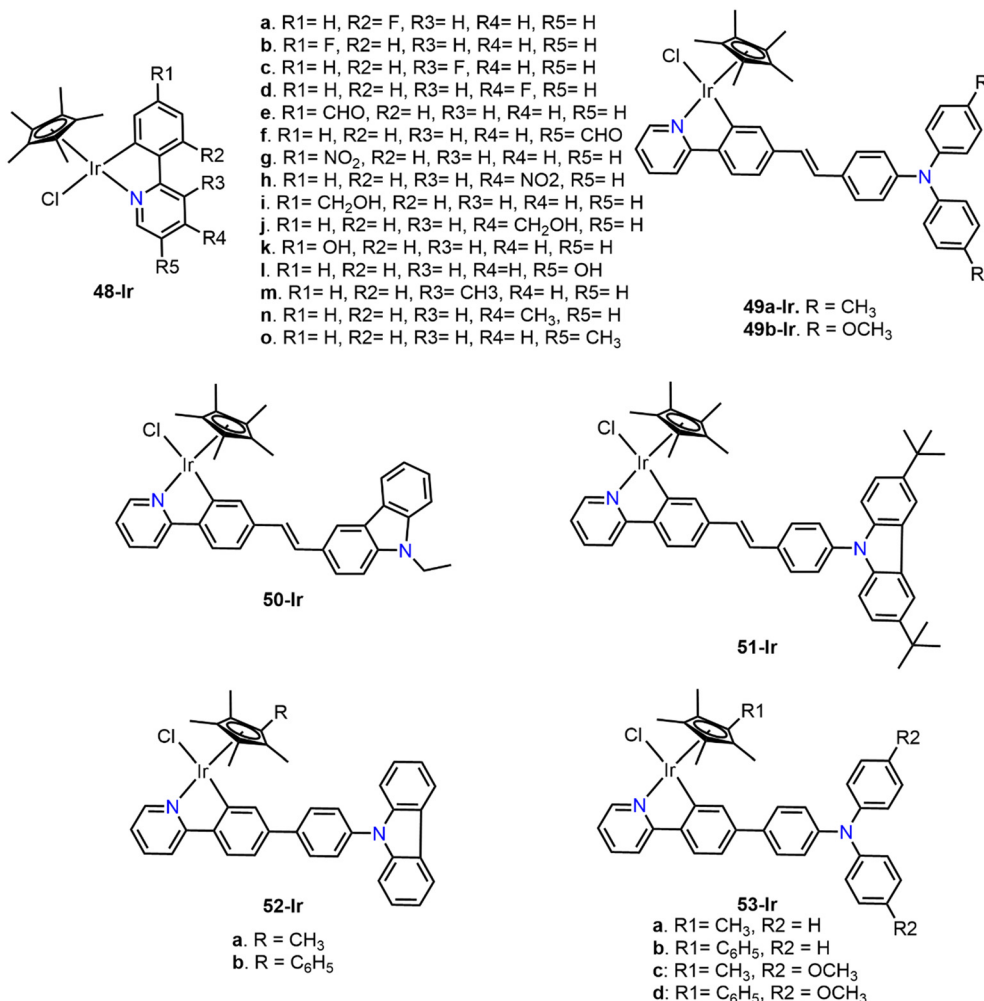


Fig. 48 Cyclometalated Ir(III) compounds (48-Ir–53-Ir) with C^N, Cp, and Cp* ligands as potential anticancer agents.

well as to an appropriate energy gap for the excitation of ³O₂ and the generation of highly toxic ¹O₂ molecules. These characteristics reveal their significant potential as single-photon and two-photon PS in PDT.^{170,171}

Zhang *et al.* reported the cytotoxic activity of complex **59-Ir** (Fig. 50). In the absence of light, the complex showed IC₅₀ values higher than 100 μM against seven tested cancer cell lines. However, after 45 minutes of irradiation, there was an improvement in cytotoxicity, particularly in SGC-7901 cells (IC₅₀ in dark > 200 μM vs. IC₅₀ under light = 6.1 ± 0.6 μM, PI (phototoxicity index) > 32). The effect of light on ROS production was evaluated using the DCFH-DA fluorescent probe. Cells treated with 6.25 μM of **59-Ir**, with or without light irradiation, showed approximately seven times more fluorescence, indicating an increase in ROS concentration. However, no specific test was performed to detect the presence of ¹O₂.¹⁷²

Using the same imidazophenanthroline (imph) scaffold as an N^N auxiliary ligand, Zang synthesized a family of complexes (**60a–c-Ir**) by varying the N^C ligand (ppy, bzq, pig). In the absence of light, the IC₅₀ values were >200 μM against a series of cancer cell lines. However, after irradiation with white light,

the cytotoxicity improved, particularly against BEL-7402 (Table 15). In the presence of superoxide radical (O₂^{•−}), dihydroethidium (DHE) can be converted into ethidium, which binds to DNA, producing fluorescence. The three complexes were tested in this assay, and the fluorescence intensity followed the trend **60c-Ir** > **60b-Ir** > **60a-Ir**, indicating that the complexes can increase intracellular O₂^{•−} levels.¹⁷³

In this context, Song synthesized and tested the cytotoxic activity of **61a–c-Ir** (Fig. 50), derived from imph, varying the N^C ligand (bzq, ptp, ppy) against six cancer cell lines. The IC₅₀ values in the dark ranged from 12.5 to 139.20 μM. However, after irradiation with light, those values decreased to 0.25–1.75 μM, indicating a significant enhancement in cytotoxicity. The PI values obtained against HepG2 cells were 386.7 **61a-Ir**, 51.2 **61b-Ir**, and 132.2 **61c-Ir** μM, indicating that the complexes are moderate PS.¹⁷⁴

Li *et al.* reported two new iridium(III) cyclometalated complexes (**62a-Ir** and **62b-Ir**) (Fig. 51), where they incorporated a hexose into the imph fragment and varied the N^C ligand (ppy, pig). The cytotoxicity in the presence or absence of light was evaluated against four cancer cell lines. For A549, the PI values were >6.0 and 500. To determine ROS formation, the



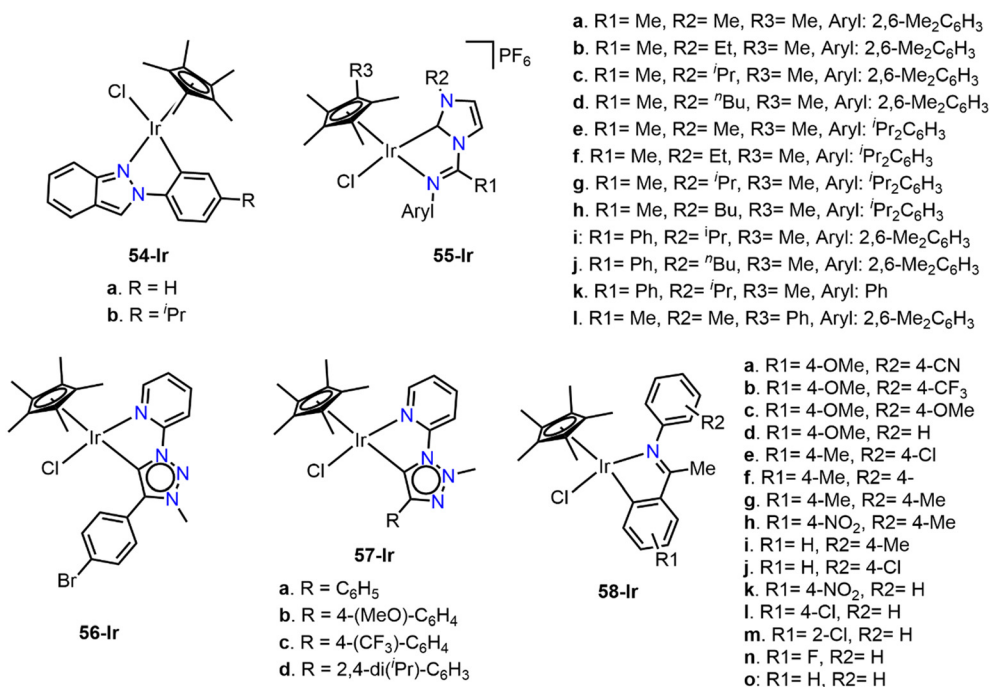


Fig. 49 Cyclometalated Ir(III) complexes (54-Ir–58-Ir) with C^N and Cp* ligands as potential anticancer agents.

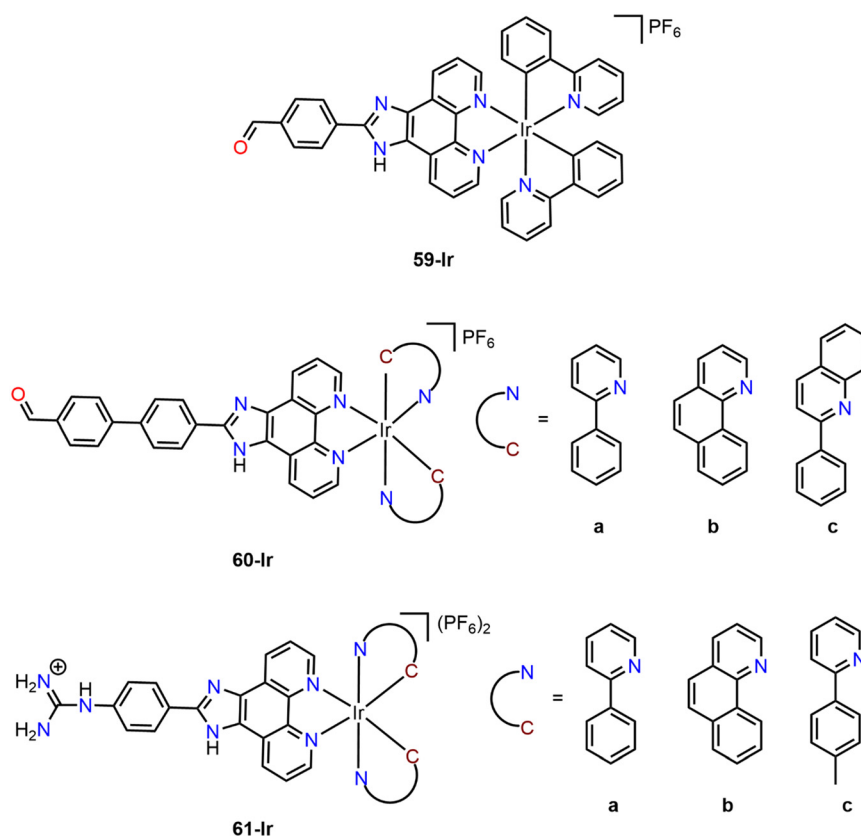


Fig. 50 Cyclometalated Ir(III) complexes (59-Ir–61-Ir) used as potential photosensitizers for PDT.

DCFH-DA test was performed under both dark and light conditions. In the dark, no significant change in fluorescence

was observed. However, after irradiation, the fluorescence increased by 18.3 and 20.1 times, respectively. Another test for



Table 15 IC₅₀ values for complexes **60a–c-Ir** after 48 h under dark conditions and light exposure for 40 min^a

Compound	IC ₅₀ (μM)	
	BEL-7402 (dark)	BEL-7402 (light) (PI ^b)
60a–c-Ir	>200	5.5 ± 0.8 (>36)
60b-Ir	>200	7.3 ± 1.3 (>27)
60c-Ir	>200	11.5 ± 1.6 (>17)
Cisplatin	10.8 ± 1.4	—

^a Cell viability determined by the MTT assay after treatment for 48 h under dark and cells irradiated for 40 min. ^b PI (phototoxic index) = IC₅₀ dark/IC₅₀ light.

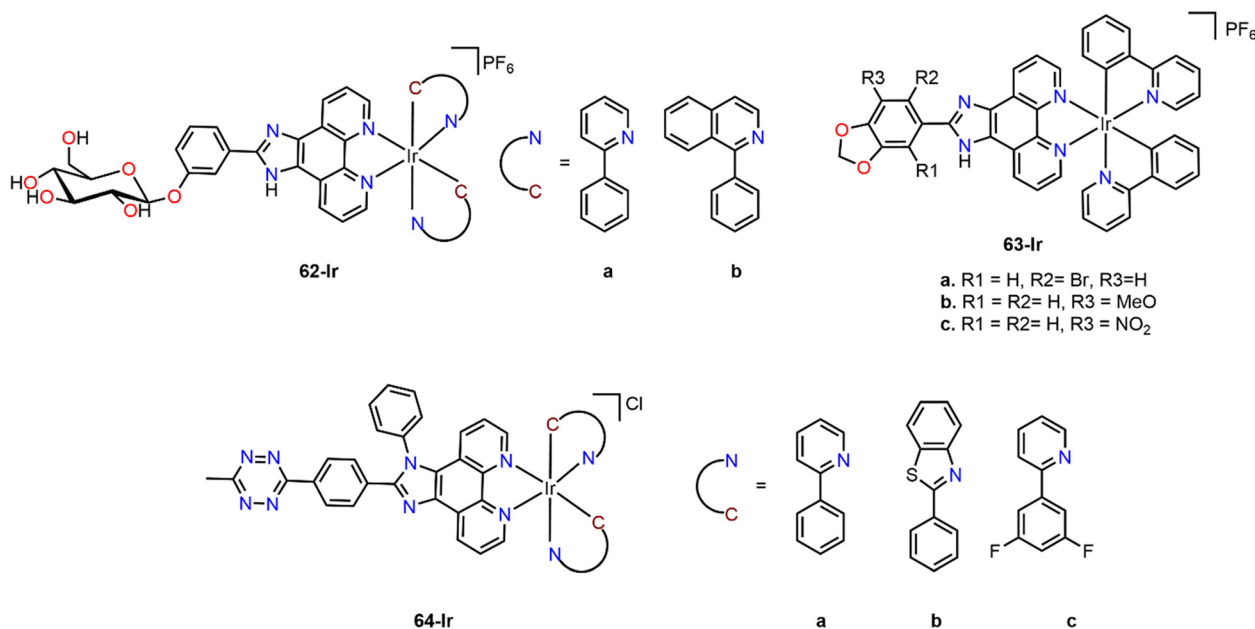
measuring ROS is lipid peroxidation, assessing malondialdehyde (MDA) formation. Under dark conditions, a slight increase in MDA content was observed. However, after irradiation, MDA production was greater, with values of 6.00 μM and 8.32 μM.¹⁷⁵ Through various biochemical studies, it was determined that **62a-Ir** and **62b-Ir** localize in the endoplasmic reticulum (ER), inducing ER stress and triggering immunogenic cell death. Additionally, these complexes act on the mitochondria, increasing the intracellular reactive oxygen species (ROS) levels and reducing the mitochondrial membrane potential (MMP). Moreover, the iridium complexes were able to increase the Bax/Bcl-2 ratio and caspase-3 activity while decreasing PARP (poly(ADP-ribose) polymerase), PI3K, and AKT (protein kinase B) levels. Furthermore, they caused DNA damage by increasing the expression of the γ-H2AX protein, leading to cell cycle arrest in the S phase (Fig. 52a). Wound healing assays revealed that **62a-Ir** and **62b-Ir** can attenuate wound closure to some extent. However, upon irradiation, these complexes effectively inhibit cell migration, as the wound edge width remained largely unchanged. This demonstrates that **62a-**

Ir and **62b-Ir** significantly reduce the wound closure percentage in A549 cells when photoactivated, whereas their ability to prevent cell migration without irradiation remains weak (Fig. 52b).

In another study, the cytotoxicity of **63a–c-Ir** was evaluated against five cancer cell lines. Complex **63a-Ir** showed high anticancer efficacy against A549 (IC₅₀ dark = 4.0 ± 0.6 μM). However, the remaining complexes displayed moderate or negligible cytotoxic activity. After exposure to white light, the IC₅₀ values for all cell lines treated with the three compounds decreased significantly, yielding a PI = 5.7 (IC₅₀ light = 0.7 ± 0.3 μM) for the best compound (**63a-Ir**). The presence of ¹O₂ was determined using 1,3-diphenylisobenzofuran (DPBF), which irreversibly oxidizes to 1,2-dibenzoylbenzene. The absorbance of DPBF at 411 nm in the presence of **63a–c-Ir** decreased, confirming the production of ¹O₂. The trend observed was **a** > **b** > **c** (76.0, 66.3, and 48.6%, respectively), correlating with their IC₅₀ values under light against A549 (0.7 ± 0.3, 1.8 ± 0.1, 34.3 ± 1.8 μM, respectively).¹⁷⁶

Tan *et al.* evaluated the singlet oxygen quantum yields (φΔ) of **64a–c-Ir** (Fig. 51), derived from triazine, using the DPBF test. The trend of results is as follows: **64a-Ir** > **64b-Ir** > **64c-Ir** (72.0, 62.0, and 56.0%). In cytotoxic assays against four cancer cell lines, irradiation again improved the IC₅₀ values, yielding PI values = 115.6, 350.0, and 185.2 for the A549 cell line (IC₅₀ light = 0.096, 0.024, and 0.058 μM, and IC₅₀ dark = 11.1, 8.1, and 10.8 μM), suggesting that the thiazole N⁺C ligand improves cytotoxicity.¹⁷²

In the same context, Yuan *et al.* reported a series of complexes using a tridentate auxiliary ligand and a set of N⁺C bzq ligands (**65a–c-Ir**) (Fig. 53). The φΔ values obtained in DMSO were 39%, 45%, and 49%, indicating a relationship between ¹O₂ production and the length of the N⁺C ligand.

**Fig. 51** Cyclometalated Ir(III) complexes (**62-Ir–64-Ir**) used as potential photosensitizers for PDT.

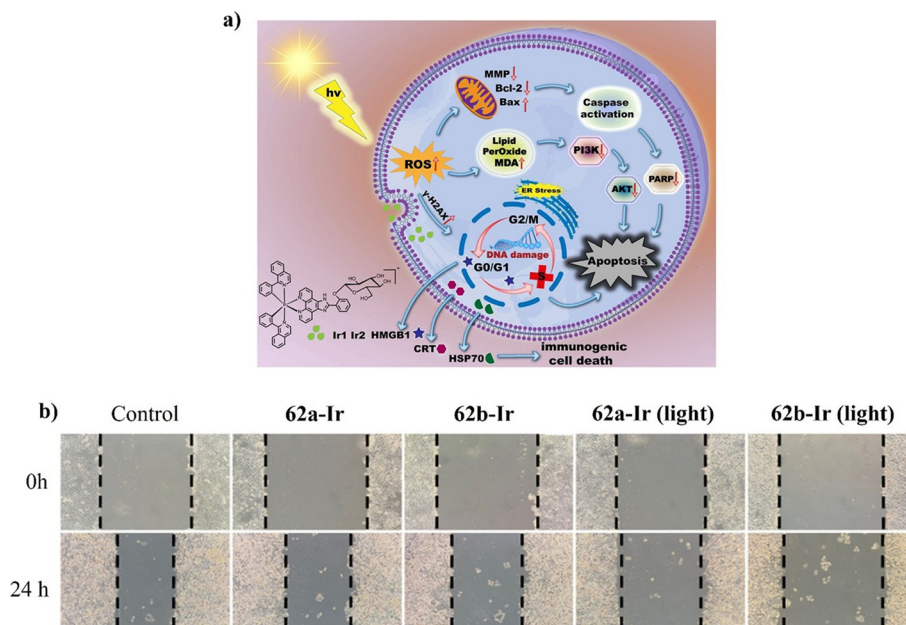


Fig. 52 a) Plausible mechanism of action of **62a-Ir** and **62b-Ir** in inducing apoptosis in A549 cells. b) Wound healing studies after A549 cells were treated with and without irradiation (reproduced with permission from ref. 175 Copyright 2022, Elsevier).

The PI values obtained against the A549 cell line were >4.1, 94, and 45 (Table 16), suggesting that cytotoxicity can also be correlated with the length of the N³C ligand. Since **65b-Ir** showed the best PI, ¹O₂ production *in vitro* was determined using DCFH-DA. Cells treated with **65b-Ir** showed a clear increase in fluorescence after irradiation, suggesting its promising ability to generate ¹O₂ in A549 cells.¹⁷⁷

Qin *et al.* reported complexes using pql as C³N ligands and ppy-derived auxiliary ligands (**66a-Ir**, **66b-Ir**) (Fig. 53). Using the DPBF protocol, the $\phi\Delta$ values of 94% and 88% were obtained, suggesting that the smallest ligand enhances the ¹O₂ production. Cytotoxicity assays against A549 showed PI values of 120 and 93, correlating with the $\phi\Delta$ values. To determine whether the type I mechanism (oxygen-independent mechanism) was also involved, the MitoSOX-Red fluorescence protocol (a superoxide indicator) was performed. Without light irradiation, no significant signal was observed. After irradiation with light, the intracellular fluorescence signal of MitoSOX-Red increased considerably, suggesting the presence and thus involvement of superoxide anion in the cytotoxic activity.¹⁷⁸ Similarly, Redrado reported a pair of benzimidazole derivatives (**67a,b-Ir**) (Fig. 53) with PI values (15.3, 13.5) against A549. Due to its IC₅₀ value under light, **67b-Ir** was tested for ROS levels *in vitro* using DHE. Under dark conditions, ROS generation was insignificant compared to when light exposure was applied, where a very significant increase in ROS production was observed.¹⁷⁰

Manav *et al.* measured the singlet oxygen quantum yields ($\phi\Delta$) of **68a-Ir** and **68b-Ir** using the DPBF test. In water, the obtained values were 70% and 78%, respectively, indicating that these complexes could be effective PS. Subsequently, the cytotoxic activity was evaluated against the A549 cancer cell line, in the presence and absence of light. As expected, the IC₅₀

values after irradiation were the lowest (IC₅₀ dark = 88.5 (a) and 84.3 (b) μ M; IC₅₀ light = 25.5 (a) and 17.8 (b) μ M).¹⁷⁹

4.2.7. Other attempts to improve cytotoxicity. Currently, to enhance the cytotoxic activity, the use of biological fragments or delivery systems has been proposed. Thus, Zang reported complex **69-Ir** and its functionalization with Human Serum Albumin (HSA) (**70-Ir**) (Fig. 54), and its use as a photosensitizer. The EPR signal generated by **70-Ir** using 2,2,6,6-tetramethylpiperidine (TEMP) as a spin trap to detect singlet oxygen (¹O₂) indicated a significant increase in its singlet oxygen quantum yields ($\phi\Delta$) compared to **69-Ir**. The evaluation of the cytotoxicity against four cancer cell lines showed a low cytotoxic activity for both complexes. However, after light irradiation, the IC₅₀ values improved as expected, with the A549 cell line being the most sensitive (53.3 $\pm$ 4.5 and 1.1 $\pm$ 0.3 μ M, respectively), which correlates with the $\phi\Delta$ values. Further evaluation against A549 multicellular 3D spheroids showed ineffective cytotoxicity in the dark (IC₅₀ = 65.6 $\pm$ 5.9 μ M **70-Ir**), but again, after irradiation, the IC₅₀ value improved (4.8 $\pm$ 0.2 μ M).¹⁸⁰

Zang and coworkers also explored the use of liposomes as a delivery system. In this study, the complexes **71a-Ir** and **71b-Ir** (Fig. 55) were encapsulated in liposomes (**Lipo-71a-Ir** and **Lipo-71b-Ir**) with encapsulation efficiencies (EE%) of 83.0 and 70.0%, respectively. *In vitro* drug release studies using the dialysis method confirmed the sustained release of liposomal derivatives, with accumulated release after 48 hours of 18.8% (**Lipo-71a-Ir**) and 13.8% (**Lipo-71b-Ir**). The cytotoxic assay showed high IC₅₀ values for **71a-Ir** and **71b-Ir** in five cancer cell lines (>200 μ M). In contrast, the liposomal derivatives exhibited IC₅₀ values (5.2 $\pm$ 0.8, 10.8 $\pm$ 1.5 μ M, respectively), which were more than nine times lower than that of their precursors.¹⁸¹



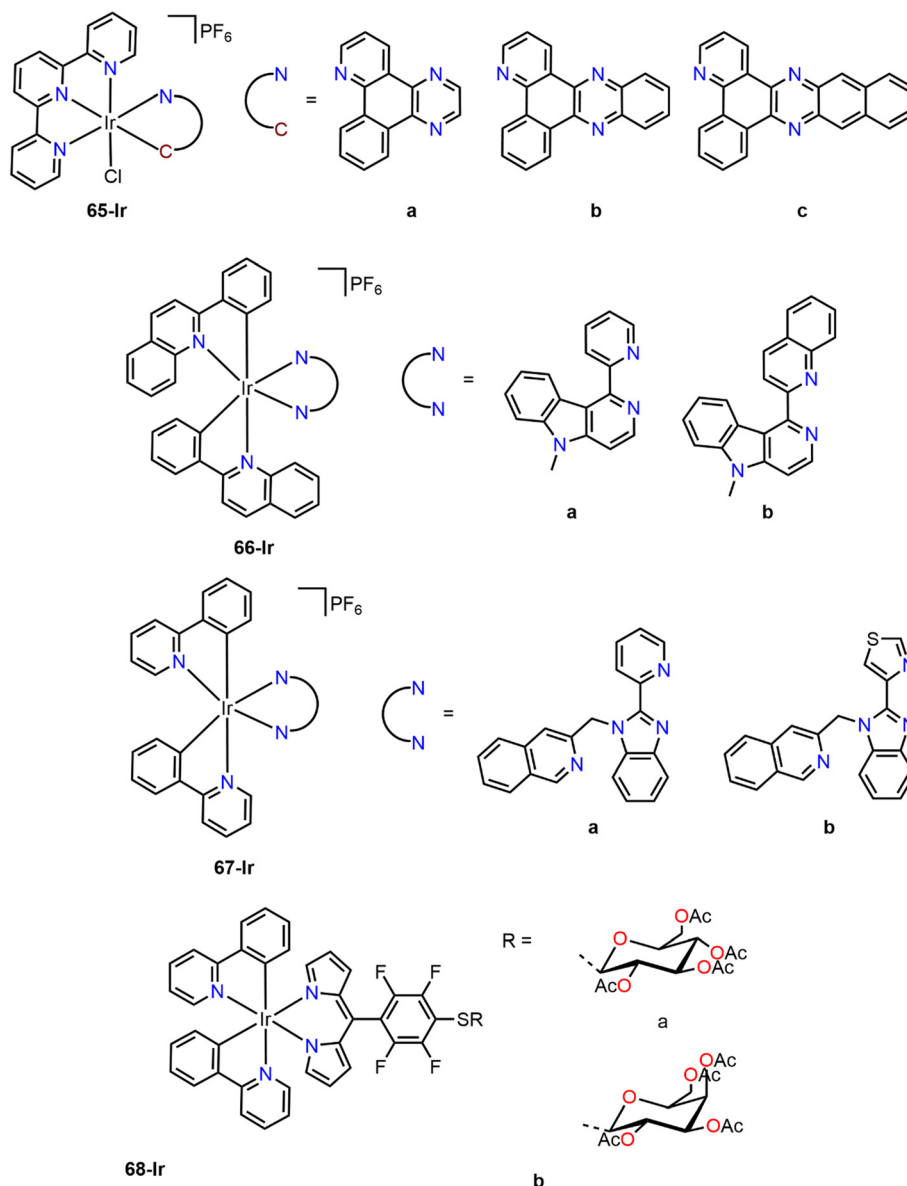


Fig. 53 Cyclometalated Ir(III) complexes (65-Ir–68-Ir) used as potential photosensitizers for PDT.

Similarly, Bai *et al.* evaluated the cytotoxic activity of **71c-Ir–71e-Ir** (Fig. 55), varying the number and position of chlorine atoms, and their liposomes (**Lipo-71c-Ir–Lipo-71e-Ir**).

Table 16 IC₅₀ values of the complexes **65a-c-Ir** after 48 h under dark conditions and 4 h of light exposure^a

Compound	IC ₅₀ (μM)	
	A549 (dark)	A549 (light) (PI ^b)
65a-Ir	>100	24.3 ± 0.3 (>4.1)
65b-Ir	56.6 ± 0.2	0.6 ± 0.1 (94)
65c-Ir	22.3 ± 0.3	0.5 ± 0.1 (45)
Cisplatin	18.4 ± 0.5	17.5 ± 0.6 (1.0)

^a Cell viability determined by the MTT assay after treatment for 48 h under dark and cells irradiated for 4 h. ^b PI (phototoxic index) = IC₅₀ dark/IC₅₀ light.

After 30 minutes of *in vitro* release testing, no drastic release of the cyclometalated complexes was observed, but after 96 hours, the percentages of free compounds were 15.97 ± 1.73%, 19.57 ± 1.63%, and 30.77% ± 2.56%, respectively, indicating a relationship between drug release and the number of chlorine atoms. The cytotoxicity was determined against eight cancer cell lines. Compound **71c-Ir** was the only free complex to show a significant IC₅₀ value against A549 (15.1 ± 1.6 μM), indicating that, as a free system, the monosubstituted complex is the most potent. In contrast, the encapsulated systems showed a significant increase in activity against all cancer cell lines, with A549 being the most sensitive (IC₅₀ = 3.1 ± 0.3 **Lipo-71c-Ir**, 1.2 ± 0.4 **Lipo-71d-Ir**, 14.1 ± 1.8 μM **Lipo-71e-Ir**).¹⁸²

A pyrene derivative and its respective liposome (**72-Ir** and **Lipo-72-Ir**) were reported by Zhang. After determining their



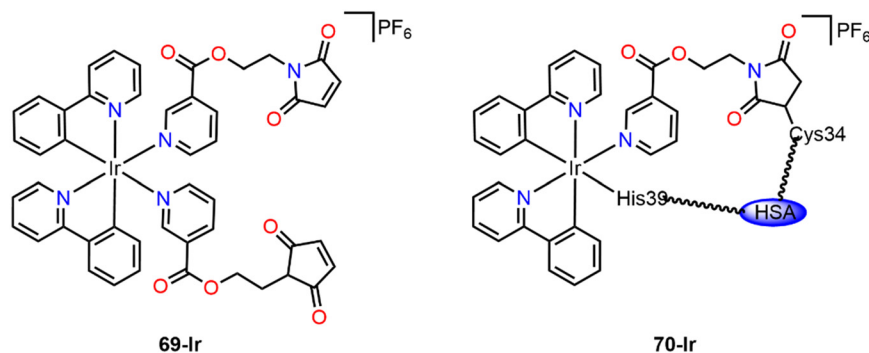


Fig. 54 Ir(III) cyclometalated compounds (69-Ir and 70-Ir) reported by Zang as potential anticancer agents.

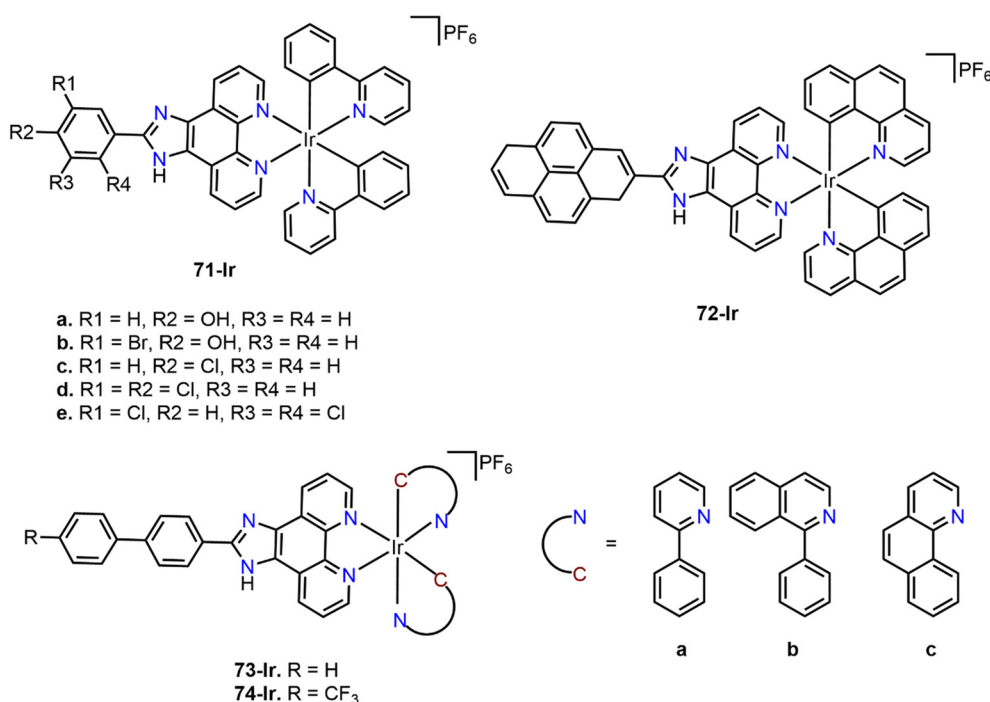


Fig. 55 Ir(III) cyclometalated compounds (71-Ir–74-Ir) encapsulated in liposomes for their study as anticancer agents.

EE% (97.06%) and knowing that the drug release at 96 hours was 21.25%, with no drastic release observed (**Lipo-72-Ir**), a cytotoxic assay was conducted against seven cancer cell lines. Like previous results, the delivery system improved the cytotoxicity, mainly in BEL-7402 cells ($IC_{50} > 200$ **72-Ir**, $IC_{50} = 2.6 \pm 0.03$ μM **Lipo-72-Ir**).¹⁸³

Furthermore, Xie *et al.* reported the synthesis of **73a-Ir**, **73b-Ir** (Fig. 55), and their liposomal derivatives, **Lipo-73a-Ir** and **Lipo-73b-Ir**. The EE% was 70.3 and 82.5%, respectively. In the first 24 hours, the release occurred rapidly, reaching percentages around 25%, and thereafter, the release slowed down. The cytotoxic assay for **73a-Ir** and **73b-Ir** showed poor performance against five cancer cell lines, with SGC-7901 being the most sensitive (20.9 ± 2.7 and 36.8 ± 6.1 μM , respectively), but the IC_{50} values of the derivatives, **Lipo-73a-Ir** and **Lipo-73b-Ir**, improved by about four times (5.8 ± 0.2 and 9.1 ± 1.9 μM ,

respectively).¹⁸⁴ Three complexes including the $-CF_3$ fragment (**74a-c-Ir**) were synthesized and encapsulated (**Lipo-74a-Ir**–**Lipo-74c-Ir**) by Zhang. The EE% was 88.9 ± 6.2 , 91.9 ± 5.3 , and $94.4 \pm 5.2\%$, and the drug release after 100 hours was 43%, 20%, and 35%, respectively. The free complexes showed IC_{50} values > 100 μM against all tested cancer cell lines. However, the liposomal systems improved the cytotoxicity, with BEL-7402 being the most sensitive cell line ($IC_{50} = 5.8 \pm 0.16$, 18.1 ± 0.89 and 13.0 ± 0.42 μM).¹⁸⁵

5. Cyclometalated compounds of group 10

5.1. Nickel

Nickel is an abundant element on Earth and has been extensively employed in industrial processes. Prolonged



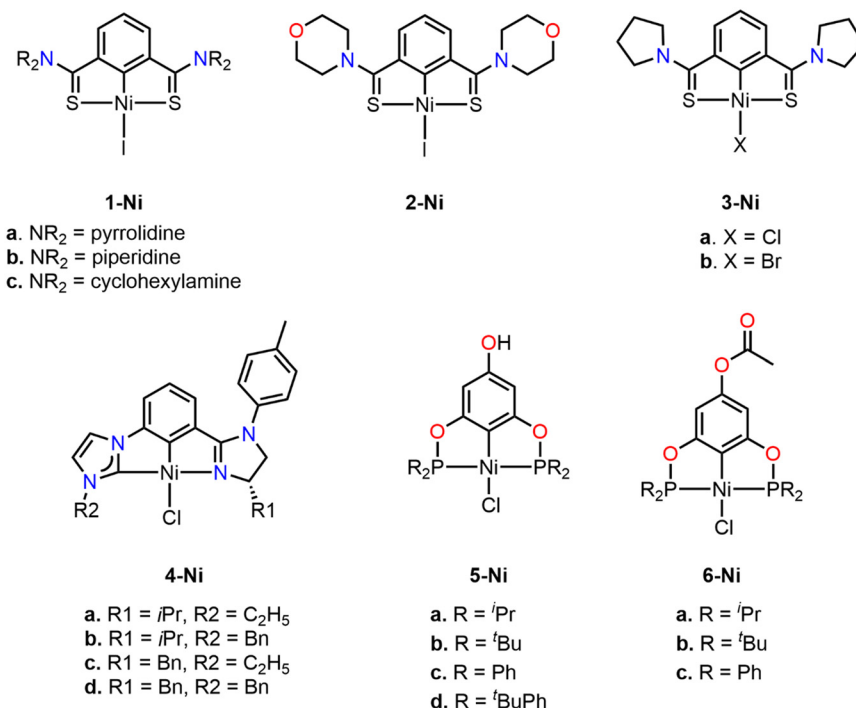


Fig. 56 Nickel pincer-type cyclometalated complexes (1-Ni–6-Ni).

exposure to this metal leads to carcinogenesis mainly by epigenetic damage.¹⁸⁶ However, Ni-dependent metalloenzymes have been observed in unicellular organisms like bacteria, regulating vital processes for life.¹⁸⁷ An example is the lactate racemase (LarA) of *Lactobacillus plantarum*, which requires a cyclometalated SCS-Ni pincer for the racemization of lactate.^{188,189} Therefore, an investigation could be focused on tuning the toxicity of nickel derivatives to treat diseases such as cancer, employing a metal compatible with biomolecules.

5.1.1. Pincer complexes. Zargarian and collaborators have synthesized a series of SCS-Ni(II) pincer complexes (1–3-Ni) (Fig. 56), which were subjected to cytotoxic studies. In these studies, complexes **1a-Ni**–**1c-Ni** were evaluated *in vitro* against the MCF-7 cancer cell line. It was found that all the three complexes inhibited MCF-7 cell proliferation in a dose- and time-dependent manner (Table 17). Complex **1a-Ni** was slightly more active than the other two at shorter incubation times, but after 72 hours, all three showed a similar activity. Due to the promising antitumor activity shown *in vitro* by **1a-Ni**, its ability to inhibit tumor growth was tested *in vivo*

against estrogen-dependent cancer cells (MC4L2) in female BALB/c mice, showing significant inhibition of tumor growth compared to the control group. Additionally, these compounds exhibited an affinity for bovine serum albumin (BSA), forming stable adducts in a ratio of 1/1. The preferred binding site for all the complexes was toward site II of BSA, with **1a-Ni** showing the greatest displacement capacity.¹⁹⁰

Complex **2-Ni** was evaluated against two cancer cell lines: MCF-7 and colon carcinoma cells (C26), as well as normal fibroblast cells (NIH-3T3) (Table 18). Complex **2-Ni** showed significantly lower toxicity than cisplatin, almost five times less against the control cell line, and showed some selectivity towards the MCF-7 cell line. A DNA-binding study using UV-vis spectroscopy revealed that **2-Ni** spontaneously interacted with DNA, forming an adduct. Competitive displacement studies confirmed that the complex could intercalate with DNA. Complex **2-Ni** also attenuated the intrinsic fluorescence of BSA through a static quenching mechanism. A DNA thermal denaturation study indicated that **2-Ni**'s interaction with CT-type DNA stabilizes the DNA double helix, suggesting non-covalent interactions and supporting the possibility of

Table 17 IC_{50} values of **1a-Ni**–**1c-Ni** complexes against MCF-7 cells^a

Compound	IC_{50} (μM)		
	24 h	48 h	72 h
1a-Ni	100	40	20
1b-Ni	>200	40	20
1c-Ni	>200	200	20
Cisplatin	40	10	10

^a Cell viability determined by the MTT assay.

Table 18 IC_{50} and SI values of **2-Ni** against cancer cell lines MCF-7 and C26^a

Compound	IC_{50} (μM) (SI)		
	MCF-7	C26	NIH-3T3
4-Ni	76.94 (2.22)	88.67 (1.93)	170.81
Cisplatin	40.99 (0.85)	27.66 (1.27)	34.99

^a Cell viability determined by the MTT assay after treatment for 48 h.



DNA intercalation. The complex probably has a single binding site in BSA, binding to site II.¹⁹¹

In a subsequent study, Zargarian *et al.*¹⁹² prepared a series of nickel pincer complexes analogous to **1a-Ni-2-Ni**, modifying the auxiliary ligand to chloride in **3a-Ni** or bromide in **3b-Ni**. *In vitro* cytotoxicity of these complexes was evaluated against three breast cancer cell lines (MCF-7, MC4L2, and 4T1), as well as against the human MF cell line as a control. Compound **3a-Ni** showed the highest cytotoxic activity in 4T1 cell line ($IC_{50} = 19 \pm 0.60 \mu M$).

Song and collaborators reported a series of asymmetric chiral CCN pincer complexes (**4a-Ni-4d-Ni**) which were tested on two prostate cancer cell lines, LNCaP (androgen-sensitive) and PC-3 (androgen/cisplatin-resistant). All four compounds exhibited significant growth inhibition against the LNCaP cell line, with IC_{50} values ranging from $4.33 \mu M$ to $5.33 \mu M$. It was observed that these complexes could induce cell cycle arrest followed by apoptosis, specifically arresting the S phase for **4a-Ni**, **4b-Ni**, and **4d-Ni**, and the G2/M phase for **4c-Ni**.¹⁹³

Our research group (Morales' group) has also contributed to the study of the cytotoxic effect of Ni(II) pincers compounds, specifically with POCOP-type complexes (**5a-Ni-6c-Ni**) (Fig. 56).^{194,195} Complexes **5a-d-Ni** were evaluated against six cancer cell lines, where a preliminary study showed that **5a-Ni** and **5c-Ni** complexes were the most active. The IC_{50} values revealed that **5c-Ni** was the most efficient complex in the family, primarily against the lung cancer cell line (SKLU-1) ($IC_{50} = 2.59 \pm 0.2 \mu M$). Fluorescence displacement studies using ethidium bromide (EB) as the intercalating agent showed that all POCOP-Ni(II) complexes had the ability to intercalate with DNA (Fig. 57a).

Such intercalation was corroborated through *in silico* studies (Fig. 57b), as well as the ability of the complexes to interact with another biological target, such as topoisomerase I (Fig. 57c). Similarly, a series of *para*-acetylated POCOP-Ni(II) complexes (**6a-c-Ni**) were evaluated, with complex **6b-Ni** being the most active against leukemia (K-562) and MCF-7 cancer cell lines ($IC_{50} = 7.32 \pm 0.06 \mu M$ and $14.36 \pm 0.02 \mu M$).

5.2. Palladium

Palladium complexes are promising alternatives for typical platinum complexes against cancer since they both possess a similar structure. In addition, different mechanisms of action would be available, reducing the side effects.⁵⁵ Nevertheless, a rapid ligand exchange of palladium complexes in comparison to that of platinum complexes can alter the structure of palladium complexes inside the cell.^{196,197} Thus, continuous investigation was carried out to synthesize stable palladium complexes, employing strong ligands such as cyclometalated ligands.

5.2.1. C^N, C^C and C^P-type ligands. Albert and collaborators synthesized a series of C^N-type cyclopalladated complexes **1-Pd-6-Pd** (Fig. 58), which were applied in cytotoxic assays. Complexes **1a-Pd** and **1b-Pd** were evaluated against the MCF-7 and MDA-MB-231 cancer cell lines and a cisplatin-resistant colon cancer line (HCT-116). The stability of **1a-Pd** and **1b-Pd** in biological media was investigated, revealing their conversion into ionic species through the substitution of auxiliary ligands (X, PPh₃, or both) with water molecules. These aqueous complexes could be responsible for the

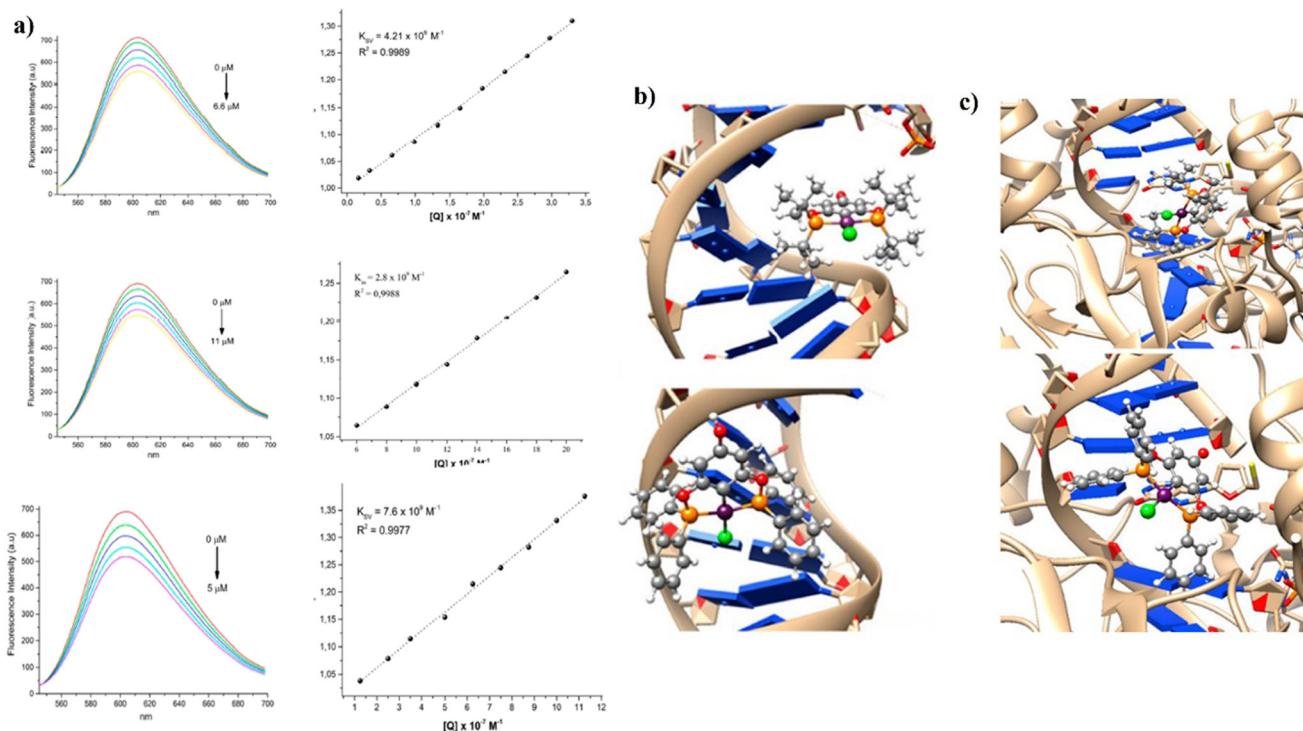


Fig. 57 a) Fluorescence displacement study of complexes **5a-c-Ni**. b) DNA intercalation analysis via molecular docking of complexes **5b-Ni** and **5c-Ni**. c) Interaction with topoisomerase I through molecular docking of **5b-Ni** and **5c-Ni** (reproduced with permission from ref. 194 Copyright 2023 without license, open access Frontiers).



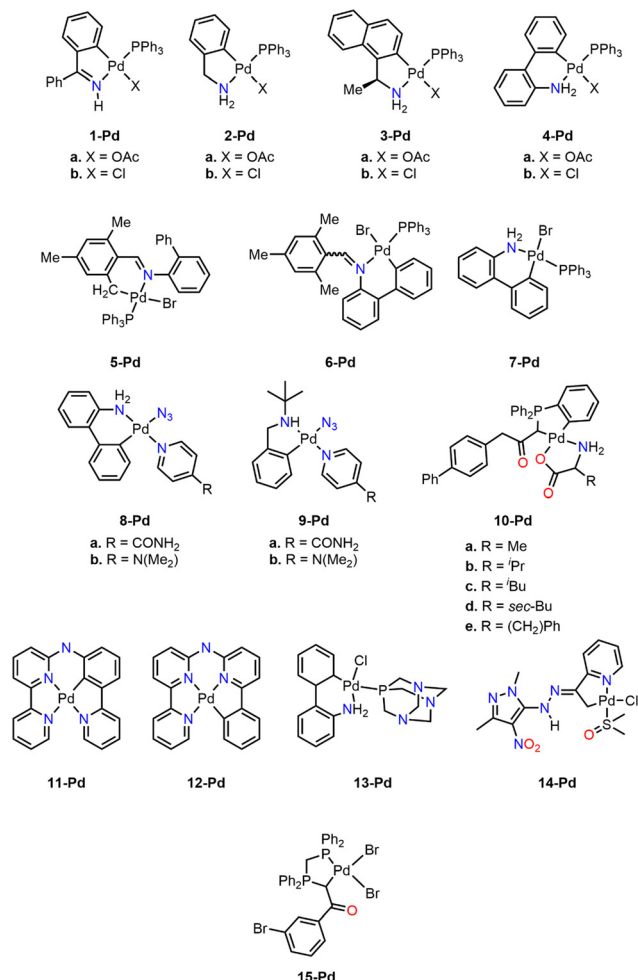


Fig. 58 Pd(II) cyclometalated complexes: C^N-Pd(II) (1-Pd–9-Pd and 11-Pd–14-Pd), C^C-Pd(II) (10a–e-Pd), and C^P-Pd(II) (15-Pd).

antiproliferative effects, suggesting a mechanism similar to cisplatin. Cytotoxicity assays (Table 19) indicate that these complexes exhibit a greater activity against all three cell lines compared to cisplatin, with the highest cytotoxicity observed against the MDA-MB-231 cell line. Gel electrophoresis revealed that the complexes could alter the tertiary structure of DNA similarly to cisplatin, but only at much higher concentrations (100–200 μ M). Additionally, these complexes demonstrated a limited activity as cathepsin B inhibitors, where **1b-Pd** inhibited more than 50% of enzyme activity at a concentration of 100 μ M.

Table 19 IC₅₀ values of **1a-Pd** and **1b-Pd** complexes against cancer cell lines^a

Compound	IC ₅₀ (μ M)		
	MDA-MB-231	MCF-7	HCT-116
1a-Pd	1.1 $\pm$ 0.3	4.0 $\pm$ 0.5	18 $\pm$ 2
1b-Pd	1.1 $\pm$ 0.1	4.1 $\pm$ 0.9	20 $\pm$ 5
Cisplatin	6.5 $\pm$ 2.4	19.0 $\pm$ 4.5	40.0 $\pm$ 4.4

^a Cell viability determined by the MTT assay after treatment for 72 h.

Hence, the compounds would work through a different pharmacological mechanism, where DNA and cathepsin B are not the primary targets.^{198,199}

Similarly, a series of primary amine cyclopalladated complexes (**2a-Pd–4b-Pd**) were tested against different cancer cell lines (A549, MDA-MB-231, MCF-7, and HCT-116). Antiproliferative studies revealed high activity of almost all complexes against MDA-MB-231 (IC₅₀ = 1.0 μ M to 13 μ M) and HCT-116 (IC₅₀ = 2.1 μ M to 16 μ M), particularly **4a-Pd** and **4b-Pd**, which were 14 and 19 times more active than cisplatin against HCT-116 cell line. Palladium complexes induced subtle changes in the electrophoretic migration of plasmid DNA at high concentrations, at 100 μ M for **2a-Pd** and 200 μ M for **2b-Pd** and **3a-Pd**. For **3b-Pd**, the coalescence point occurred at 50 μ M. After treating A549 cancer cells with **4a-Pd** or **4b-Pd** at a concentration equivalent to their IC₅₀ values, no notable effects were observed on cell cycle distribution.²⁰⁰

Subsequently, a series of six-membered palladacycles derived from amines or imines (**5-Pd–7-Pd**) were evaluated for their cytotoxic activities. Compared to cisplatin, the compounds with an imine moiety in their structure, **5-Pd** and **6-Pd**, exhibited a lower cytotoxicity toward normal cells, with **5-Pd** being practically non-cytotoxic toward any cell line. Interestingly, **6-Pd** showed a greater selectivity towards cancer cells, displaying a selectivity index (SI) of 11.2 on the HCT-116 cell line. In contrast, compounds with an amine group in their structure, such as **7-Pd**, exhibited higher toxicity towards all cell lines; particularly, **7-Pd** was highly toxic to normal cells (IC₅₀ = 0.9 $\pm$ 0.1 μ M). It appears that the halogen exchange facilitates the formation of aqueous species responsible for cytotoxic activity. DNA interaction studies showed that the complexes are unable to alter the tertiary structure or to inhibit cathepsin B, suggesting that the molecular target of these palladacycles is probably different from DNA and cathepsin B.²⁰¹

Karami's group synthesized various cyclopalladated complexes (**8a-Pd–10e-Pd**) (Fig. 58) and tested them in cytotoxicity studies. Those cytotoxicity assays revealed that the complexes showed comparable or superior values to cisplatin. Interestingly, complexes containing primary amines exhibited greater cytotoxicity, with **8a-Pd** being the most active compound, probably due to the ability of the –NH₂ ability group to form hydrogen bonds more efficiently. The interaction of these complexes with DNA was investigated using various techniques including circular dichroism (CD). A decrease in the intensity of both positive and negative bands, without any shift in their positions, suggested that these complexes interact with DNA through groove binding (Fig. 59a). Additionally, *in silico* studies indicated that the most favorable binding mode of these complexes with DNA is through groove binding (Fig. 59b). Complex **9a-Pd** exhibited the highest affinity for CT-DNA, attributed to its smaller size, greater rigidity, and planarity within the palladacycle. The binding mode was confirmed through competitive fluorescence displacement assays, revealing minimal displacement. Additionally, these complexes demonstrated interaction with BSA, where **8b-Pd–9b-Pd**



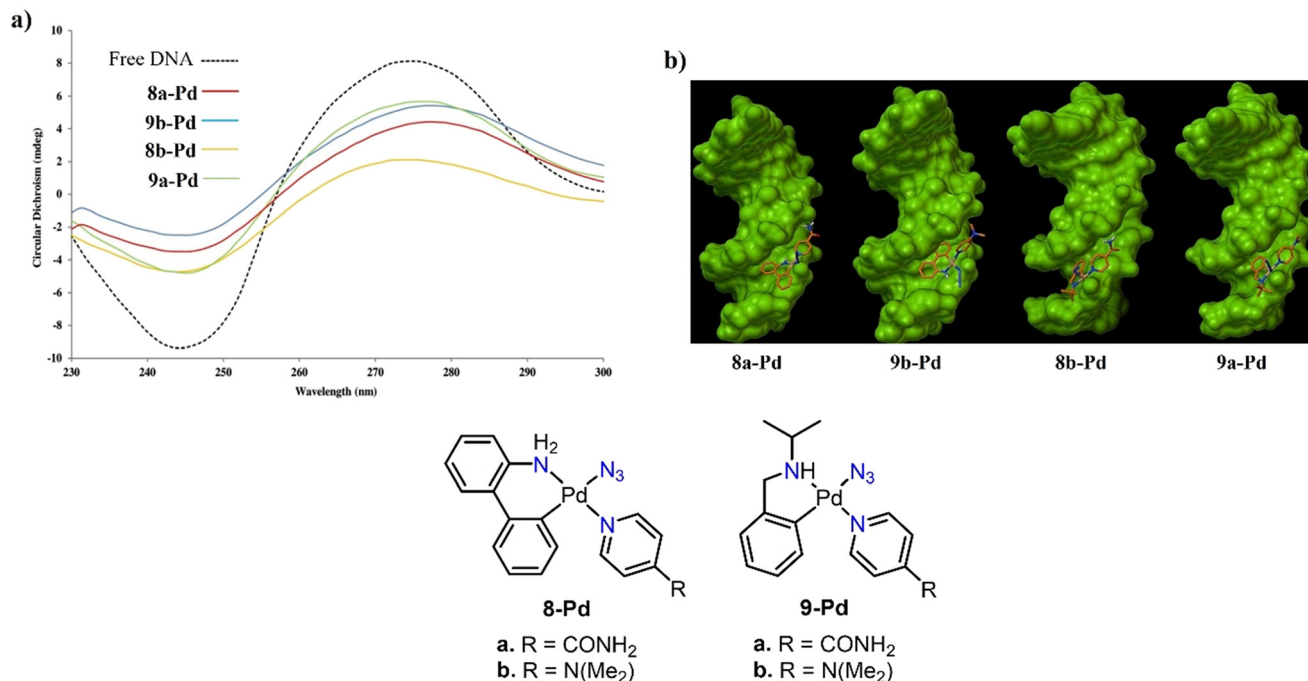


Fig. 59 a) DNA interaction study using circular dichroism (CD). b) Molecular docking studies showing groove binding interaction of complexes **8a–b-Pd** and **9a–b-Pd** with DNA (reproduced with permission from ref. 202 Copyright 2018, Wiley-VCH).

complexes exhibited high binding affinity to BSA's site-I, while **8a-Pd** bound to site-III.²⁰²

In a subsequent study, palladium complexes bearing α -amino acids (**10a–e-Pd**) were evaluated against a leukemia cell line (K562). The results revealed that complexes with bulky alkyl substituents, such as **10c-Pd** (IC₅₀ = 23.84 μ M), **10d-Pd** (IC₅₀ = 34.53 μ M), and **10e-Pd** (IC₅₀ = 20.80 μ M), were twice to thrice more active than cisplatin (IC₅₀ = 64.66 μ M). The **10e-Pd** complex was shown to interact with BSA, effectively displacing warfarin, indicating that site I is its primary binding site.²⁰³

Two new isomers of polypyridyl cyclopalladated complexes, **11-Pd** and **12-Pd** (Fig. 58), were reported by Bonnet and coworkers.²⁰⁴ The effective concentrations for cell growth inhibition (EC₅₀) against A549 and skin (A431) cell lines are shown in Table 20. Both compounds exhibited a significant increase in cytotoxicity after activation with blue light. Despite being isomers, **11-Pd** demonstrated significantly greater phototoxicity, particularly against A549 cells, with a PI of 13.

Table 20 EC₅₀ values of **11-Pd** and **12-Pd** complexes evaluated under darkness and light conditions^a

Compound	EC ₅₀ (μM)					
	A549			A431		
	Dark	Light	PI ^b	Dark	Light	PI ^b
11-Pd	12	0.9	13	20	5.0	4.0
12-Pd	8.0	6.0	1.3	14	10	1.4

^a Cell viability determined by the MTT assay after treatment for 48 h under dark and cells irradiated blue light for 5 min. ^b PI (phototoxic index) = EC₅₀ dark/EC₅₀ light.

Lighvan's and Khonakdar's group evaluated the cytotoxic activity of a six-membered C^N cyclopalladated complex with a phosphadamantane ligand (PTA) (**13-Pd**) against MCF-7 cancer cells, leukemia (JURKAT), and normal fibroblasts. The complex exhibited moderate cytotoxic activity towards JURKAT cells (IC₅₀ = 51 μ M) and MCF-7 cells (IC₅₀ = 35 μ M), with an SI > 2. Notably, the coordination of phosphorus ligands favors hydrophobicity and promotes interactions with DNA, while the presence of amines with low steric hindrance favors the formation of hydrogen bonds. Additionally, the complex's interactions with DNA were studied, where it is highly likely that the complex binds to DNA *via* an intercalative mode. Furthermore, **13-Pd** caused a significant increase in the DNA melting temperature (Δ Tm = 5.25), like classical intercalators.²⁰⁵

Abushamleh's group evaluated the cytotoxic activity of a five-membered C^N palladacycle (**14-Pd**) against K562 cells.²⁰⁶ The compound showed moderate growth inhibition (GI₅₀ = 76.46 μ M), which was superior to that of cisplatin (GI₅₀ = 134.83 μ M). Moreover, **14-Pd** demonstrated a faster response time of 24 hours compared to cisplatin's 48 hours. Regarding **14-Pd**'s structure, the cytotoxic activity could be attributed to the presence of a DMSO molecule and its likely dissociation inside the cell, or even to the hydrolysis of the azomethine bond in physiological media.

Sabounchei's group reported the cytotoxic activity of a five-membered palladacycle (**15-Pd**) against PC-3, MCF-7, and A2780 cancer cells, using normal rat cells (PC-12) as a control.²⁰⁷ In the MCF-7 cell line, the complex reduced cell viability by 35% at a concentration of 29.5 μ M. Complex **15-Pd** showed higher cytotoxic activity than cisplatin and the



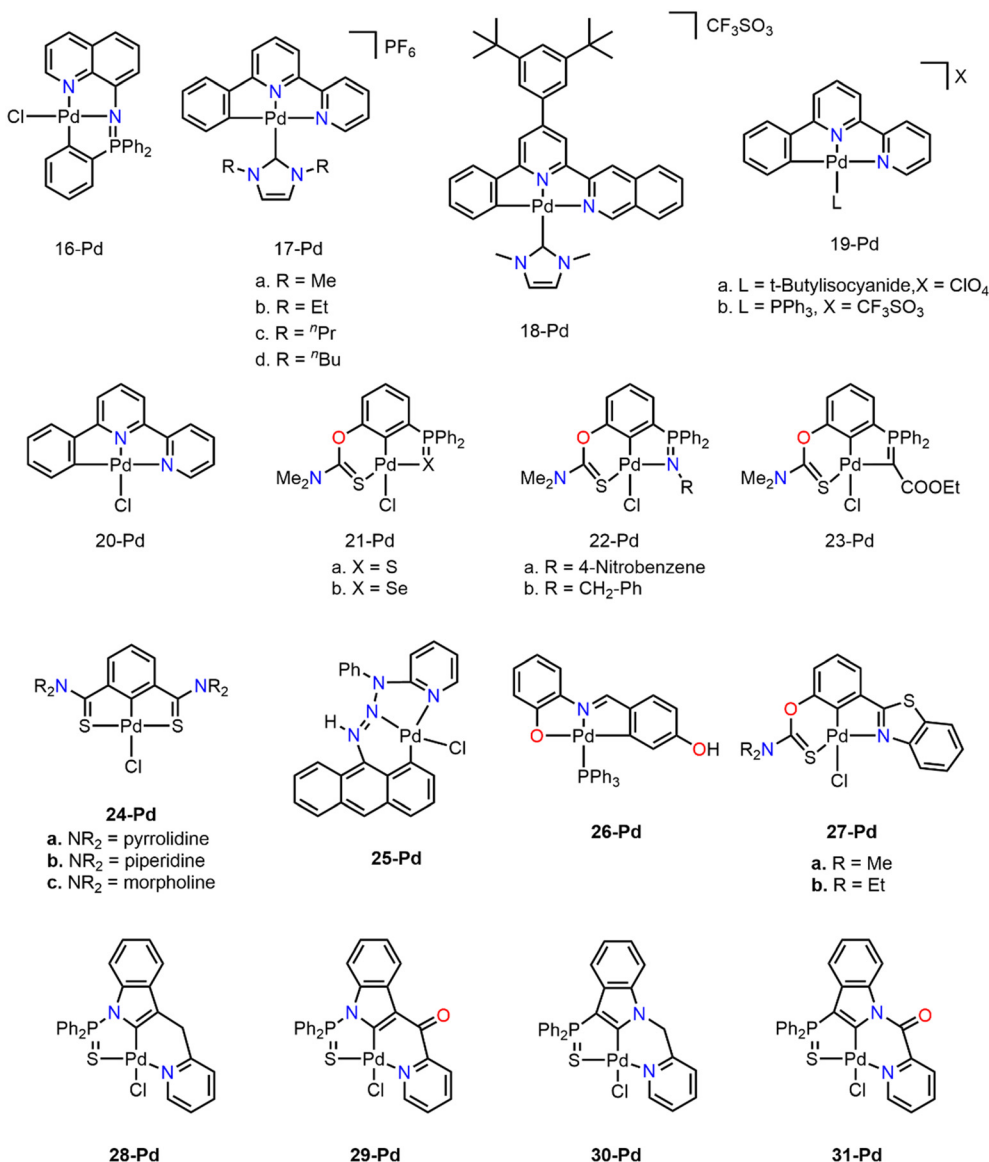


Fig. 60 Pd(II) pincer complexes with different cyclometalated tridentate ligands (16-Pd–31-Pd).

ligand toward PC-3 cells ($IC_{50} = 2.06 \mu M$) and A2780 cells ($IC_{50} = 14.45 \mu M$), while not toxic to normal PC-12 cells or MCF-7 cancer cells. Treating PC-3 cells with **15-Pd** at different concentrations induced growth inhibition, shrinkage, vacuolization, and moderate cytoplasmic granulations. Due to the aromatic rings and flatness around the palladacycle, this complex could exhibit intercalation-type interactions with DNA. Additionally, the presence of auxiliary bromide ligands suggests that the complex may undergo aquation, making the aqueous complex likely to be active.

5.2.2. Pincer complexes. Casini *et al.* reported an iminophosphorane-based NNC-Pd(II) pincer complex (**16-Pd**) (Fig. 60) and evaluated its antiproliferative activity against two cancer cell lines, A2780 and A549, with a non-tumorigenic human embryonic kidney cell line (HEK-293 T) used as a control and cisplatin as a reference (Table 21).²⁰⁸ Complex **16-Pd** exhibited low cytotoxic activity towards A549

and HEK-293T cells. However, the antiproliferative study showed high activity against A2780 cells with an SI nearly double that of cisplatin. Gel electrophoresis assays showed no interaction with plasmid DNA, suggesting a different mechanism of action compared to cisplatin. Fluorescence quenching analysis revealed a single quenching mechanism,

Table 21 IC_{50} values of complex **16-Pd** against A2780 and A549 cancer cells^a

Compound	IC_{50} (μM) (SI ^b)		
	A2780	A549	HEK-293T
16-Pd	13.2 ± 2.1 (5.00)	86.5 ± 2.5 (0.76)	66.0 ± 5.5
Cisplatin	3.90 ± 1.80 (2.82)	8.0 ± 0.5 (1.38)	11.0 ± 2.9

^a Cell viability determined by the MTT assay after treatment for 72 h.

^b SI (selectivity index) = IC_{50} (HEK-293T)/ IC_{50} (A2780 or A549).



the presence of different binding sites on the protein, and a faster reactivity with HSA compared to cisplatin. These findings could explain the higher selectivity and efficacy of **16-Pd** against ovarian cancer cells.

Che's group reported a series of CNN-Pd(II) pincer complexes (**17a-Pd–20-Pd**) (Fig. 60), which are stable in the presence of biological thiols (glutathione and thioredoxin reductase) and ascorbic acid. The complexes showed promising cytotoxic activity against cancer cell lines, particularly **17d-Pd**, which exhibited high selectivity toward cancer cells (SI = 23.6–147.5). The activity of the other complexes was much lower, potentially due to lower stability under cellular conditions and higher binding affinity to serum proteins. Complexes **17a-Pd** and **17d-Pd** showed low interaction with HSA, with over 60% and 55% of the compounds, respectively, remaining unbound; in contrast, less than 16% of the other complexes were unbound, indicating lower stability. HeLa cells treated with **17a-Pd** and **17d-Pd** showed induction of apoptosis, evidenced by an increase in the cell population in the sub-G1 phase, increased caspase-3 and caspase-9 enzymatic activity, and PARP-1 cleavage. Disruption of the mitochondrial membrane was also observed, although no ROS production was detected. The mechanism of action of the complexes involves mitochondrial dysfunction leading to apoptotic cell death.²⁰⁹

A series of asymmetric five- and six-membered Pd(II) pincer complexes (**21-Pd–23-Pd**) were reported by Aleksanyan's group, and their cytotoxic activity against various cancer cell lines was evaluated. Only compounds **22a-Pd** (IC₅₀ = 7.5 ± 1.5 μM) and **22b-Pd** (IC₅₀ = 2.5 ± 0.5 μM) exhibited significant cytotoxic activity against the HCT-116 cell line. However, their activity against normal cell lines (HEK-293T) was high (IC₅₀ = 14.5 ± 1.5 μM and 4 ± 1 μM, respectively), suggesting a lack of selectivity towards cancer cell lines. Notably, the high cytotoxic effect of **22b-Pd** could be attributed to the high electron density on the atom forming the five-membered palladacycle, which could make the Pd–L bond in the five-membered palladacycle less labile. In contrast, the other complexes, which have a lower electron density, could undergo palladacycle breakage, making these complexes prone to side reactions in biological media.²¹⁰

Zargarian and collaborators reported a series of SCS-Pd(II) pincer complexes (**24a–c-Pd**) and studied their cytotoxic activity against three breast cancer cell lines: MCF-7, MC4L2, and 4T1, as well as their effects on tumor cell adhesion and migration. The cytotoxic profile of **24b-Pd** was notable, exhibiting slightly lower cytotoxicity than cisplatin against the three breast cancer cell lines evaluated, but almost no toxicity towards normal cells. In comparison, **24a-Pd** and **24c-Pd** showed lower activity. Notably, complex **24c-Pd** was more effective against cancer cells with short exposure times (24 hours) while maintaining its low toxicity toward normal cells. This efficacy could be attributed to the involvement of the oxygen atom in the morpholine ring in donor–acceptor-type interactions with the substrate, resulting in the formation of a robust complex with its target. All three complexes inhibited cell adhesion compared to the control, with **24c-Pd**

being the most effective cell adhesion inhibitor (42.3%), indicating its potential to affect the metastatic capacity of cancer cells by inhibiting their adhesion properties. Studies on cell migration in triple-negative breast cancer (TNBC 4T1) were conducted using an *in vitro* scratch wound assay, and the inhibitory capacity of the palladium complexes demonstrated that treatment with the three complexes reduced the spread of cells along the wound edges compared to the control.¹⁹²

Ghosh *et al.* synthesized an asymmetric CNN-Pd(II) pincer complex conjugated with anthracene (**25-Pd**), capable of specifically staining and visualizing the cell membrane through confocal microscopy and FLIM (fluorescence lifetime imaging). The complex showed the ability to stain the membrane of various cell lines, efficiently staining the membranes of cancer cell lines such as HeLa and MCF-7, as well as a normal cell line, HEK-293T. The longer lifetimes exhibited by **25-Pd** in the cancer cell lines HeLa and MCF-7 (1.77 ns and 1.69 ns, respectively), compared to the lifetime in the normal cell line HEK-293T (1.54 ns) (Fig. 61), suggest that the cancer cell membrane is slightly more rigid than the normal one. The efficient staining of the negatively charged membrane is probably due to the potential loss of the chloride ligand and the subsequent formation of a positively charged palladium complex.²¹¹

Albert *et al.* reported an ONC-Pd(II) pincer complex (**26-Pd**) with an acceptable cytotoxic profile against MCF-7 and HCT-116 cancer cell lines and low toxicity towards normal cells (BJ) (Table 22). Complex **26-Pd** was highly selective towards MCF-7 cancer cells (SI = 11.03), being thirteen times more selective towards cancer cells and almost thirty times less toxic against healthy cells compared to cisplatin. The cytotoxic activity of **26-Pd** is probably due to the high lipophilic character imparted by the PPh₃ ligand, which could facilitate transport through passive diffusion. An electrophoretic DNA migration assay was performed with plasmid DNA using cisplatin and ethidium bromide as controls for a DNA-alkylating agent and a DNA-intercalating agent, respectively. The **26-Pd** compound did not act as an alkylating or intercalating agent, as no reduction in the mobility of the plasmid DNA bands was observed. Due to the lack of interaction between **26-Pd** and DNA, the complex's ability to inhibit topoisomerases (I and IIα) was tested. The complex was unable to inhibit topoisomerase I but showed low inhibitory capacity against topoisomerase IIα at 50 μM, suggesting that this could be a potential biological target.²¹²

Aleksanyan evaluated the cytotoxic activity of a series of asymmetric SCN-Pd(II) pincer complexes (**27-Pd–31-Pd**) against various cancer cell lines. Cancer cell proliferation was significantly inhibited, as seen in the H-9 cell line, where **27b-Pd** was highly active (IC₅₀ = 1.3 ± 0.1 μM). Specifically, the PC-3 cancer cell line was successfully inhibited by **27b-Pd** (IC₅₀ = 8.5 ± 2.5 μM), **28-Pd** (IC₅₀ = 4.8 ± 0.8 μM), and **30-Pd** (IC₅₀ = 3.6 ± 0.6 μM). These complexes were highly selective for PC-3 cells (SI > 3). Notably, the most active complexes in this series contain more lipophilic substituents than the less



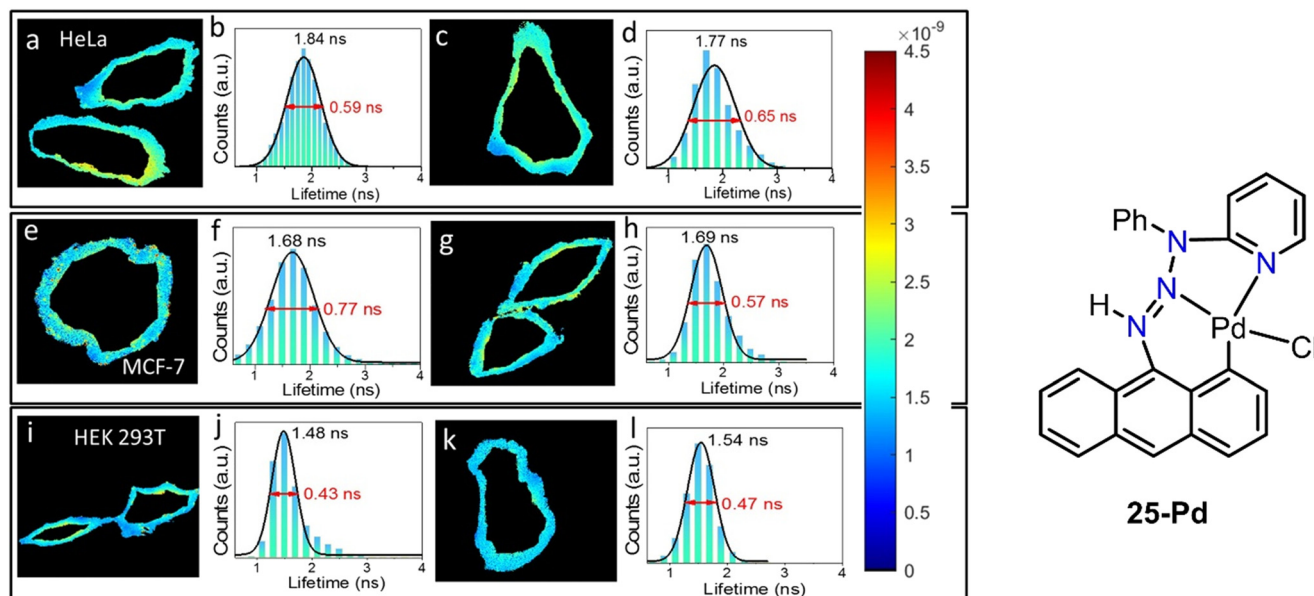


Fig. 61 FLIM images (a, c, e, g, i, and k) and their corresponding lifetime distributions (b, d, f, h, j, and l) of HeLa, MCF-7, and HEK 293T cells stained with complex **25-Pd** (reproduced with permission from ref. 211 Copyright 2022, Elsevier).

active ones, which could improve cellular uptake, thereby increasing their cytotoxicity. Complex **27b-Pd** was able to halt the cell cycle through early apoptosis in K562 leukemia cells (33.5%) and K562/iS9 cells (21.2%). Furthermore, **28-Pd** induced necrosis in PC-3 cells, while 90% of normal cells remained alive, with no significant cell cycle arrest. Compound **30-Pd** induced both early apoptosis and necrosis in cancer cells, with the lowest percentage of normal cells remaining, and like **27b-Pd**, no significant cell cycle arrest was observed.^{213,214}

5.3. Platinum

Platinum-based compounds such as cisplatin are widely studied and applied in the treatment of cancer. Cisplatin is a wide-spectrum drug against several cancers such as ovarian, testicular, and colorectal among others.²¹⁵ However, side effects including nephrotoxicity, ototoxicity, and neurotoxicity arise due to a lack of selectivity.^{216,217} For that reason, further generations of drugs were developed yielding carboplatin, nedaplatin, oxaliplatin, lobaplatin, and heptaplatin, which are either regionally clinically approved or in clinical trials.^{218,219} Likewise, continuous research implies ligand

modification and preparation of platinum(IV) compounds and delivery systems.^{220–225}

5.3.1. C^N, C^P, C^C and C^O complexes. Shahsavari and collaborators synthesized a series of C^N cyclometalated Pt(II) complexes, which were used in cytotoxicity assays. In an initial study, they reported the cytotoxic activity of a series of thiolate-substituted Pt(II) complexes (**1a–e-Pt**) (Fig. 62). Among these, **1a-Pt** exhibited higher antiproliferative activity against the SKOV3 (IC₅₀ = 4.58 μM) and MCF-7 (IC₅₀ = 10.34 μM) cell lines than cisplatin (IC₅₀ = 14.18 μM and IC₅₀ = 12.53 μM, respectively). Complex **1b-Pt** showed high cytotoxicity against the MCF-7 cell line, while **1d-Pt** and **1e-Pt** were practically non-cytotoxic, and **1a-Pt** significantly increased its cytotoxicity.²²⁶ In a subsequent study, **2a–e-Pt** complexes derived from oxibipyridine were evaluated on different cancer cell lines. Complexes **2a–d-Pt** were minimally active, while **2e-Pt** was the most active complex of the series, particularly against the SKOV3 (IC₅₀ = 0.72 ± 0.19 μM) and MCF-7 (IC₅₀ = 1.23 ± 0.34 μM) cell lines.²²⁷

The cytotoxic evaluation of **3a-Pt** and **3b-Pt** complexes (Fig. 62), coordinated with a 2-mercaptopyridine N-oxide (SpyO) ligand, was carried out. The results indicated that both complexes were less cytotoxic than cisplatin in most cancer cell lines. However, in the HT-29 cell line, both complexes demonstrated significantly higher activity than the reference metallodrug (IC₅₀ = 107.1 ± 2.3 μM), with **3b-Pt** showing more than a twenty-fold increase in toxicity (IC₅₀ = 5.3 ± 0.7 μM) and exhibiting minimal cytotoxicity against the normal MCF-12A cell line. Notably, both complexes showed a lack of cytotoxicity against the SKOV3 cell line, particularly **3a-Pt** (IC₅₀ = 166.2 ± 2.5 μM). Complex **3a-Pt** was shown to induce apoptotic cell death in SKOV3 cells, and *in silico* assays confirmed that both complexes could interact with DNA in the minor groove (Fig. 63a and b).²²⁸

Table 22 IC₅₀ values of **26-Pd** complex on MCF-7 and HCT-116 cancer cell lines^a

Compound	IC ₅₀ (μM)		
	MCF-7 (SI ^b)	HCT-116	BJ
26-Pd	7.8 ± 1.7 (11.03)	31 ± 6	86 ± nd
Cisplatin	3.6 ± 1.7 (0.83)	19 ± 2	3 ± nd

^a Cell viability determined by the MTT assay after treatment for 72 h.

^b SI (selectivity index) = IC₅₀ (BJ)/IC₅₀ (MCF-7).



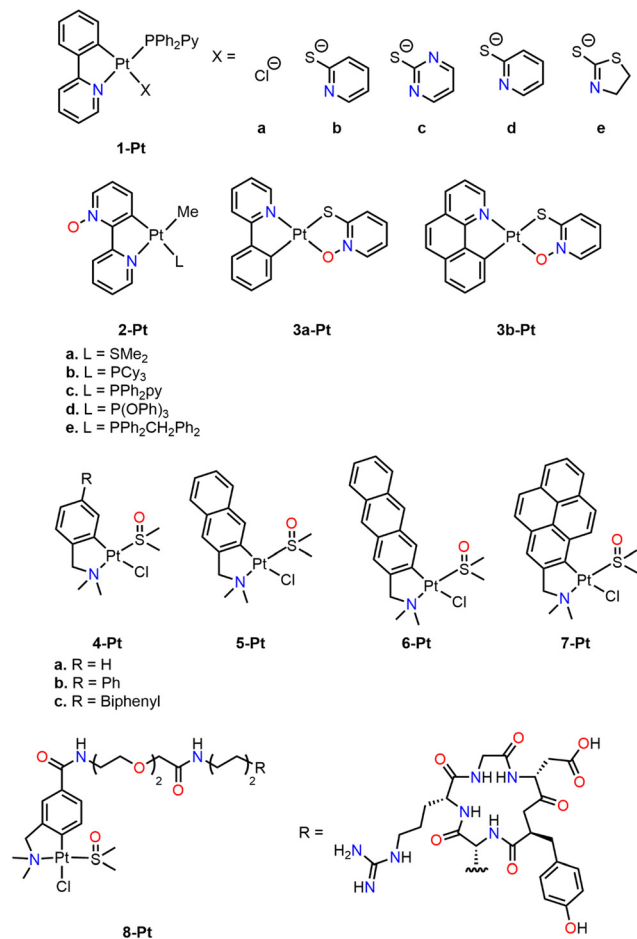


Fig. 62 Cyclometalated C^N-type Pt(II) complexes (1-Pt–8-Pt).

Ruiz *et al.* have reported the cytotoxic activity of a series of C^N Pt(II) complexes (4-Pt–8-Pt) in human ovarian carcinoma cell lines. Compound 4-Pt–8-Pt complexes showed high

activity against the A2780 cell line, with 4b-Pt and 5-Pt being the most active (Table 23).^{229,230} These two complexes were able to overcome cisplatin resistance in the A2780cisR cell line, exhibiting resistance factors (RF) lower than 2. To understand the mode of action of 4b-Pt and 5-Pt complexes, apoptosis induction studies were conducted in treated A2780 cells. The results indicated a high incidence of apoptosis (58.9% and 76.6%, respectively) without an increase in the necrotic population. It was found that neither 4b-Pt nor 5-Pt increased caspase-3 activity after the treatment of A2780 cells, suggesting that these complexes promote cell death through a caspase-independent pathway. Additionally, the *in vivo* antivasular activity of 4b-Pt and 5-Pt was tested in chicken embryos at 5 and 10 nmol. After six hours, both complexes exhibited antivasular effects on blood vessels (Fig. 64). Subsequently, the 8-Pt complex derived from the integrin receptor c(RGDfK) was tested on different cancer cell lines. Although 8-Pt showed minimal cytotoxicity against all the tested cell lines, it induced morphological changes in the cells.

Rashidi and collaborators evaluated the cytotoxic activity of complexes 9–11-Pt (Fig. 65). While 9a-Pt was practically inactive against any cell line, 9b-Pt was highly water-soluble and showed cytotoxic activity (IC₅₀ = 0.84 ± 0.19 μM) comparable to cisplatin (IC₅₀ = 0.16 ± 0.03 μM) against CH1 cancer cells. In contrast, 10-Pt showed greater cytotoxic activity (IC₅₀ = 6.6 μM) against the Jurkat cancer cell line compared to 11-Pt (IC₅₀ = 16.4 μM) and cisplatin (IC₅₀ > 100 μM). Complexes 10-Pt and 11-Pt are capable of inducing apoptosis, while 11-Pt can also induce necrosis, which could contribute to its greater potential to generate various side effects compared to 10-Pt. Additionally, both complexes can stimulate caspase 3 activity.^{231,232}

Complex 12-Pt was stable in DMSO and undergoes aquation in physiological media, probably generating the species

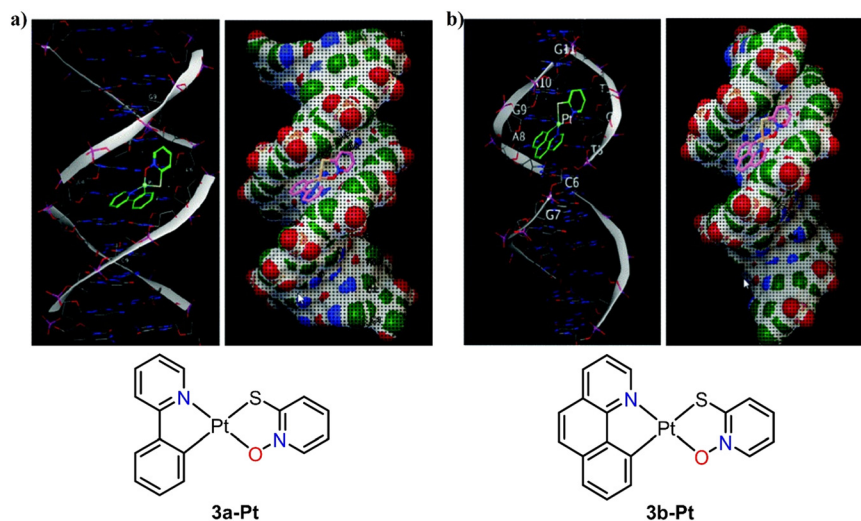


Fig. 63 Molecular docking studies of complexes a) 3a-Pt and b) 3b-Pt with DNA, demonstrating their interaction within the minor groove (reproduced with permission from ref. 228 Copyright 2018, American Chemical Society).



Table 23 IC₅₀ values of **4a-Pt-7-Pt** complexes evaluated against the A2780 and A2780cisR cancer cell lines^a

Compound	IC ₅₀ (μM)	
	A2780	A2780cisR (RF ^b)
4a-Pt	1.38 ± 0.37	2.05 ± 0.24 (1.49)
4b-Pt	1.18 ± 0.10	1.51 ± 0.34 (1.29)
4c-Pt	2.08 ± 0.16	2.61 ± 0.39 (1.25)
5-Pt	1.29 ± 0.09	1.97 ± 0.24 (1.53)
6-Pt	2.10 ± 0.08	2.34 ± 0.39 (1.12)
7-Pt	2.04 (0.25)	2.38 ± 0.18 (1.16)
Cisplatin	1.63 ± 0.35	24.13 ± 2.88 (14.80)

^a Cell viability determined by the MTT assay after treatment for 48 h.^b RF (Resistance Factor) = IC₅₀ (A2780cisR)/IC₅₀ (A2780).

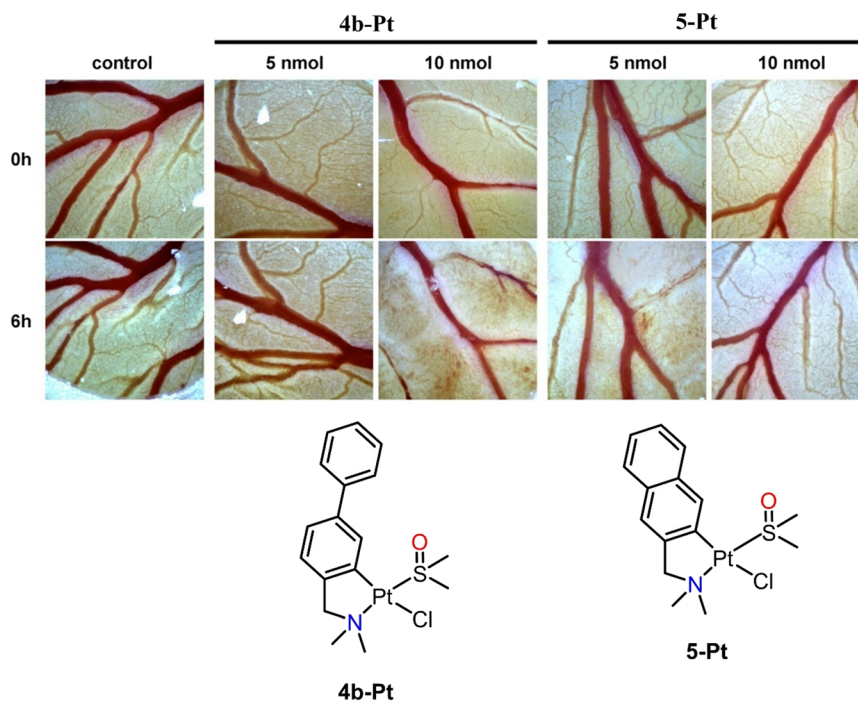
responsible for its cytotoxic activity. The platinum complex showed high cytotoxicity toward normal cells and low selectivity compared to cisplatin. Since the free imine ligand was not cytotoxic, **12-Pt**'s activity could be attributed to the metal center or the release and subsequent oxidation of the phosphine ligand.¹⁹⁹

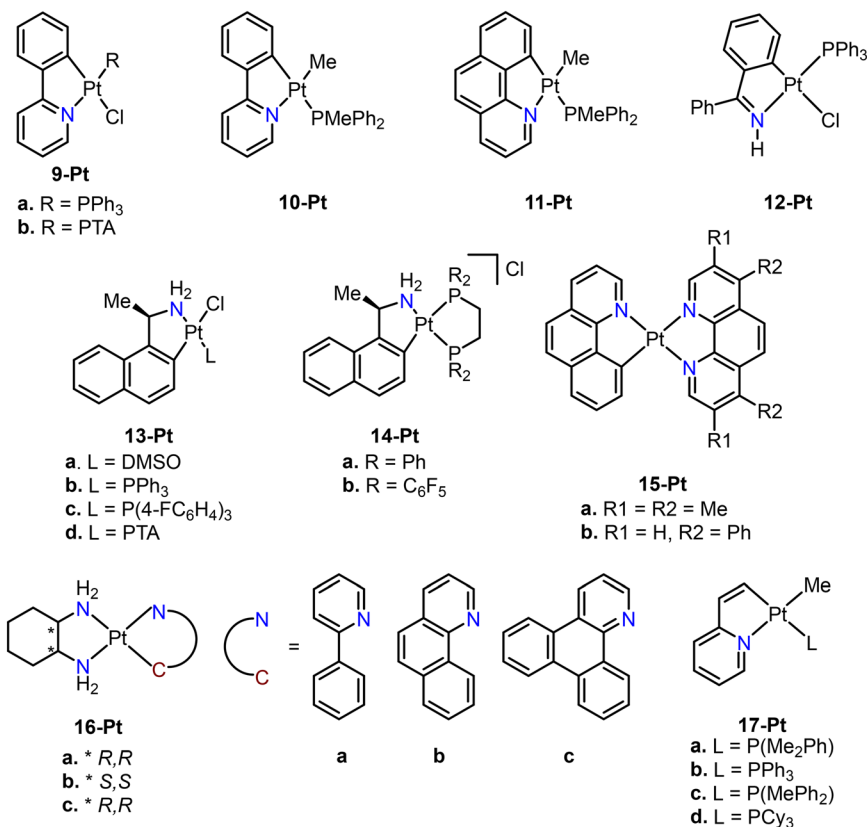
Similarly, the cytotoxicity of a series of platinum complexes, both neutral (**13a-d-Pt**) and ionic (**14a,b-Pt**), was studied. Notably, the **13b-Pt** complex (IC₅₀ = 0.27 ± 0.1 μM against HCT-116), **14a-Pt** (IC₅₀ = 1.2 ± 0.4 μM against A549), and **14b-Pd** (IC₅₀ = 0.82 ± 0.08 μM against MDA-MB-231) exhibited higher activity than cisplatin. Complex **13d-Pt** was practically non-cytotoxic against any cell line, possibly due to its low solubility. Meanwhile, the ionic complexes **14a-Pt** and **14b-Pt** demonstrated notable activity against all evaluated cell

lines, being up to 25 times more active than cisplatin. However, the addition of a fluorinated substituent to the ligand did not improve cytotoxicity.²³³

Aldrich-Wright *et al.* synthesized a series of cyclometalated C[^]N complexes (**15a,b-Pt**) (Fig. 65) able to interact with the G-quadruplex DNA (QDNA).^{234,235} Notably, **15b-Pt** showed strong stabilization of QDNA, suggesting its potential for targeted DNA interactions. Lipophilicity was identified as the most significant predictor of cytotoxic activity for these complexes, with strong correlations ($R^2 > 0.98$), indicating that their hydrophobic nature enhances cellular interactions. Furthermore, the cytotoxicity of **16a-c-Pt** complexes was evaluated, showing a significant selectivity towards MCF-7 compared to the normal cell line MCF-10A with SI values of 2.46, 3.70, and 2.02, respectively, compared to an SI of 0.64 for 56MESS (platinum-based metallodrug).

Fereidoonzhad and collaborators prepared a series of cyclometalated platinum complexes (**17a-d-Pt**) (Fig. 65) and evaluated their cytotoxic activities. Among the complexes tested, **17c-Pt** showed the highest cytotoxic activity, surpassing that of cisplatin. Notably, **17a-Pt** and **17c-Pd**, which contain methyl and phenyl substituents on the phosphine ligand, showed higher cytotoxic activity compared to **17b-Pt** and **17d-Pt**, which bear phenyl and cyclohexyl substituents (Table 24).²³⁶ Genotoxicity studies and DNA interaction analysis of **17b-Pt** against MDA-MB-231 cells were conducted using the comet assay. Treatment with **17b-Pt** resulted in a long comet tail in electrophoresis assays (Fig. 66c) compared to cisplatin (Fig. 66b), demonstrating that **17b-Pt** exhibits strong genotoxic potential. Additionally,

**Fig. 64** Effects of treatment with **4b-Pt** and **5-Pt** at 5 and 10 nmol on the chorioallantoic membrane of fertilized chicken embryos after six hours (reproduced with permission from ref. 229 copyright 2017, Wiley-VCH).

Fig. 65 Cyclometalated C^N-Pt(II) complexes (9-Pt–17-Pt).

the DNA-binding activity of **17b-Pt** was assessed through electrophoretic mobility shift assays, where the complex induced a significant change in plasmid mobility compared to untreated DNA at higher concentrations (400 μ M) (Fig. 66d). Although these changes were less pronounced than those induced by cisplatin, the results suggest that the activity of **17b-Pt** is exerted through direct interaction with DNA.

Contel evaluated the cytotoxic activity of a series of ionic platinumacycles (**18-Pt–19b-Pt**) (Fig. 67) against various cancerous and normal cell lines. The complexes exhibited significantly higher cytotoxicity compared to cisplatin in several cell lines (Table 25). Despite sharing the same cation, **19a-Pt** was twice as active as **Pt43** in the A549 and MDA-MB-231 cell lines. When

tested on non-tumorigenic HEK293T cells, all compounds showed cytotoxicity comparable to that observed in cancer cells. The three evaluated complexes induced apoptosis through caspase-dependent mechanisms. The lack of interaction of **19b-Pt** with plasmid DNA (pBR322) and CT-DNA suggests a different mode of action compared to cisplatin. Permeability studies indicate that **19b-Pt** has a high permeability profile, like metoprolol or caffeine, and an estimated oral absorption fraction of 100%, making it a strong candidate for oral administration.²³⁷

Complex **20-Pt** was water-soluble and showed suitable characteristics for use as a bioimaging probe, spontaneously entering the cytoplasm and preferentially localizing in the cell nucleus. Cellular uptake studies indicated that the compound is absorbed by both cancerous and normal cells, with greater uptake in cancer cells. Complex **20-Pt** was mostly localized in the cytoplasm and nucleus.²³⁸

Complex **21-Pt** was evaluated in cytotoxicity studies, demonstrating slightly higher activity ($IC_{50} = 1.4 \pm 0.2 \mu$ M) than cisplatin ($IC_{50} = 3.3 \pm 0.4 \mu$ M) against the SW480 cancer cell line. Complex **21-Pt** was found to alter the electrophoretic mobility of plasmid DNA at low concentrations, suggesting the formation of mono- and/or bifunctional DNA adducts. The DNA damage induced by **21-Pt** could occur in a p53-dependent way.²³⁹

Tabrizi and collaborators synthesized two C^N cyclometalated Pt(II) complexes derived from 1,4-naphthoquinone (**22a-Pt** and

Table 24 IC_{50} values of **17a-d-Pt** complexes on the MDA-MB-231 cancer cell line^a

Compound	IC_{50} (μ M)	
	MDA-MB-231	MCF-10 A (SI ^b)
17a-Pt	21.96 $\pm$ 0.32	42.36 $\pm$ 0.87 (1.92)
17b-Pt	36.18 $\pm$ 1.19	75.32 $\pm$ 1.54 (2.08)
17c-Pt	12.96 $\pm$ 0.90	29.84 $\pm$ 1.23 (2.30)
17d-Pt	44.08 $\pm$ 0.65	96.16 $\pm$ 1.49 (2.18)
Cisplatin	19.50 $\pm$ 1.30	28.73 $\pm$ 1.55 (1.47)

^a Cell viability determined by the MTT assay after treatment for 72 h.

^b SI (selectivity index) = IC_{50} (MDA-MB-231)/ IC_{50} (MCF-10 A).



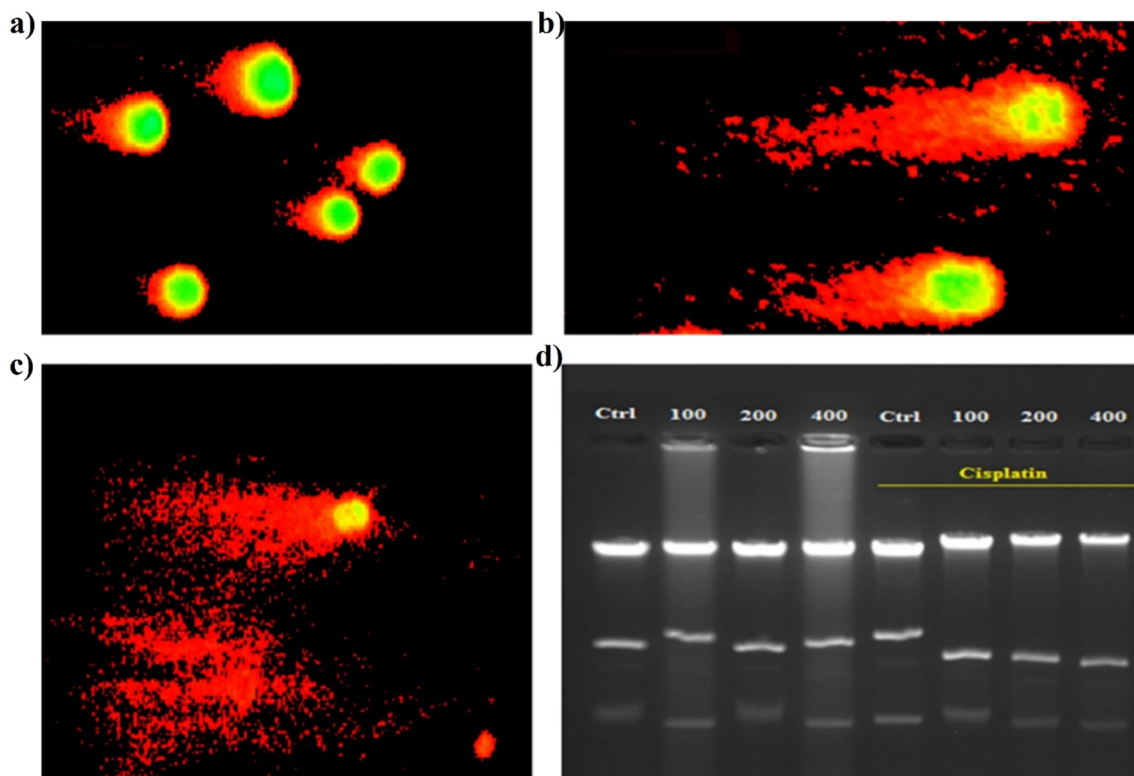


Fig. 66 Genotoxic effect of **17b-Pt** on MDA-MB-231 cells compared to a) untreated cells, b) DNA-cisplatin, and c) DNA-**17b-Pt**. d) Treatment of a circular plasmid with various doses of cisplatin and **17b-Pt** (reproduced with permission from ref. 236 Copyright 2022, Springer).

22b-Pt) (Fig. 67) and evaluated their cellular uptake, DNA platination, and cytotoxicity. Compound **22a-Pt** demonstrated a

remarkable cytotoxic activity against the HT-29 cancer cell line with an IC_{50} value of 0.56 μ M, significantly surpassing that of

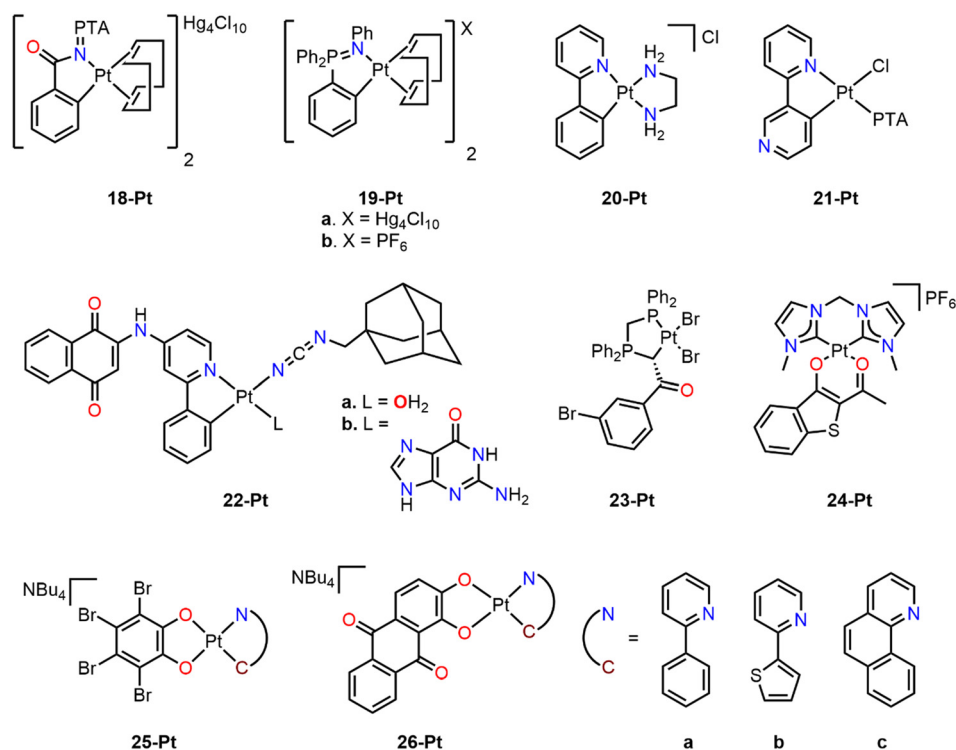


Fig. 67 Cyclometalated Pt(II) complexes (**18-Pt**–**26-Pt**).

Table 25 IC₅₀ values of **18-Pt** and **19a,b-Pt** complexes on A549 and MDA-MB-231 cancer cell lines^a

Compound	IC ₅₀ (μM)		
	A549	MDA-MB-231	HEK293T
18-Pt	20.8 ± 1.7	14.6 ± 3.7	4.0 ± 0.42
19a-Pt	0.85 ± 0.29	0.39 ± 0.05	1.25 ± 0.25
19b-Pt	2.01 ± 0.89	0.84 ± 0.29	0.94 ± 0.07
Cisplatin	114.2 ± 9.1	131.2 ± 18	69.0 ± 6.7

^a Cell viability determined by the MTT assay after treatment for 24 h.

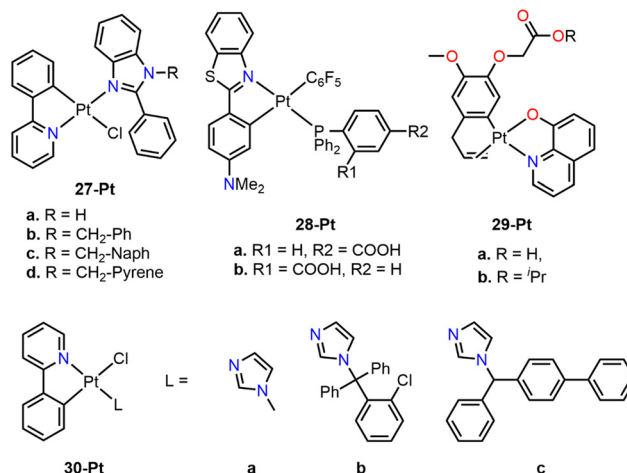
cisplatin. Additionally, **22a-Pt** showed greater accumulation in cancer cells than cisplatin and exhibited a high degree of DNA platination.²⁴⁰

Sabounchei reported the platinum derivative of **15-Pd**, designated as **23-Pt** (Fig. 67). Unlike **15-Pd**, complex **23-Pt** showed insignificant cytotoxicity against the evaluated cancer cell lines. Furthermore, **23-Pt** did not affect the viability of normal PC-12 cells.²⁰⁷

Che and collaborators reported a bis-NHC cyclometalated platinum complex (**24-Pt**), for which the cytotoxic activity was studied against cisplatin-sensitive and cisplatin-resistant cancer cell lines. Complex **24-Pt** showed cytotoxicity comparable to cisplatin in sensitive cell lines and was less toxic toward normal cells (IC₅₀ = 54.6 ± 3.64 μM). In contrast, the activity of **24-Pt** against cisplatin-resistant cell lines was much higher, with RF values in A2780CisR and A549CisR of 1 and 0.7, respectively. *In vivo* studies of the complex demonstrated 70% tumor growth inhibition with reduced side effects. A greater accumulation of platinum was observed in the cells for **24-Pt**, probably due to the increased lipophilicity of the ligand. However, the complex induced less platination than cisplatin or oxaliplatin, suggesting a different mechanism of action.²⁴¹

Ionescu and collaborators studied the cytotoxic activity of cyclometalated anionic complexes (**25a-c-Pt** and **26a-c-Pt**). All the complexes exhibited significant cytotoxic effects on the MDA-MB-231 cell line, with IC₅₀ values ranging from 1.9 μM to 127 μM. Complexes **25a-c-Pt** showed consistent cytotoxic activity regardless of the ligand. In contrast, **26a-c-Pt** displayed variable cytotoxicity depending on the cyclometalated ligand. Compounds **26a-Pt**, bearing a cyclometalated phenylpyridine, showed the highest cytotoxicity, with an IC₅₀ of 1.9 ± 1.6 μM. It was ten times more potent against MDA-MB-231 cells than against normal vascular smooth muscle cells. Complex **26a-Pt** caused cellular accumulation in the S phase and reduced the population in the G2/M phase, indicating its antiproliferative effect by blocking the S phase progression.²⁴²

García *et al.* reported a series of five-membered Pt(II) complexes containing various aromatic fragments (**27a-d-Pt**) (Fig. 68) and evaluated their cytotoxic activity and mechanisms of action. The complexes were found to be unstable in a DMSO solution, dissociating after 3 hours. Neither **27c-Pt** nor **27d-Pt** exhibited any cytotoxic effect against the SW480 colon cancer cell line. In contrast, **27a-Pt** and **27b-Pt** were twice as active as cisplatin and induced morphological changes such as apoptotic

**Fig. 68** Cyclometalated Pt(II) complexes (**27-Pt–30-Pt**).

body and vacuole formation. Complexes **27a-Pt** and **27b-Pt** showed significant intracellular accumulation, correlating with their cytotoxicity. Interestingly, **27d-Pt** exhibited high levels of accumulation despite being non-cytotoxic. Compounds **27a-Pt** and **27b-Pt** interacted with DNA through covalent interactions, forming adducts with N7 of deoxyguanosine monophosphate (dGMP). In contrast, **27c-Pt** and **27d-Pt** interacted through intercalation, probably due to the high steric hindrance associated with the bulky condensed aromatic rings.²⁴³

Larráyoz and collaborators reported the cytotoxic activity of a series of C^N cyclometalated Pt(II) complexes based on benzothiazole (**28a,b-Pt**) (Fig. 68, Table 26). Against healthy mammary epithelial cells (184B5), **28a,b-Pt** showed lower cytotoxic effects (SI = 2.80 and 0.60) compared to cisplatin (SI = 0.89 and 0.42).²⁴⁴ Additionally, cellular localization studies were performed using confocal fluorescence imaging in mouse lung embryonic fibroblasts (LMEF) and A549 cells with the organic ligand (Me2N-pbtH) and **28a-Pt**. Upon the addition of **28a-Pt**, an intracellular green fluorescence signal was observed, indicating the successful internalization of the complex. Furthermore, the complex was not localized in the nucleus, suggesting that it does not interact with DNA (Fig. 69a). Moreover, it was determined that **28a-Pt** does not localize in the mitochondria, as this organelle did not exhibit green fluorescence (Fig. 69b). However, **28a-Pt** was found to

Table 26 IC₅₀ of **28a,b-Pt** complexes against A549 and HeLa cancer cell lines^a

Compound	IC ₅₀ (μM)		
	A549 (SI ^b)	HeLa (SI ^c)	184B5
28a-Pt	8.39 ± 0.75 (2.80)	38.82 ± 1.05 (0.60)	23.46 ± 0.46
28b-Pt	11.59 ± 1.40 (1.60)	16.51 ± 0.57 (1.13)	18.60 ± 1.63
Cisplatin	6.45 ± 0.47 (0.89)	13.60 ± 0.99 (0.42)	5.73 ± 0.45

^a Cell viability determined by the MTT assay after treatment for 72 h.^b SI (selectivity index) = IC₅₀ (184B5)/IC₅₀ (A549). ^c SI (selectivity index) = IC₅₀ (184B5)/IC₅₀ (HeLa).

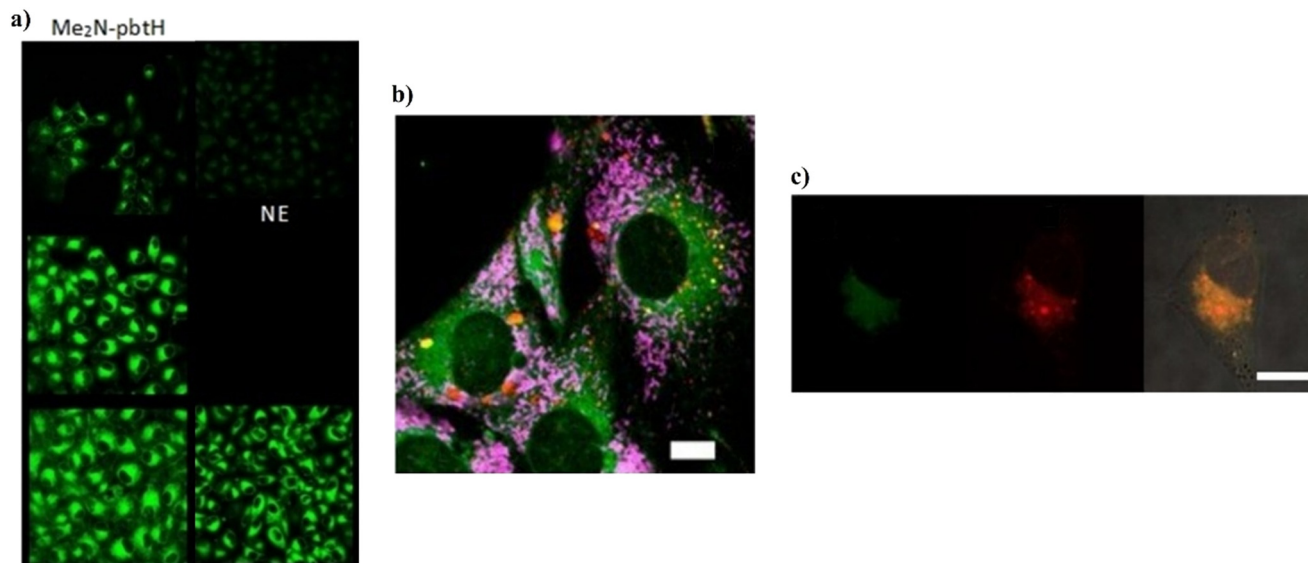


Fig. 69 Cellular localization of **28a-Pt** using a laser scanning confocal microscope in a) LMEF cells, b) mitochondria, and c) Golgi apparatus in A549 cells (reproduced with permission from ref. 244 Copyright 2021, Wiley-VCH).

accumulate in the Golgi apparatus at a concentration of 10 μM , indicating its preferential localization in this organelle (Fig. 69c).

Chi *et al.* evaluated the cytotoxic activity of compounds **29a,b-Pt** against epidermal carcinoma (KB) and lung (Lu) cell lines. Both complexes displayed high cytotoxicity against the Lu and KB cell lines, making them 6 and 4 times, respectively, more effective than cisplatin (Table 27). Both **29a-Pt** and **29b-Pt** exhibited enhanced cytotoxicity compared to their free ligands, with **29b-Pt** being approximately 9 times more potent against the KB cell line than the free ligand, indicating that complexation with Pt(II) significantly improved its cytotoxicity.²⁴⁵

Busto and coworkers reported a series of C^N metallacycles (**30a-c-Pt**) capable of covalently interacting with DNA and exhibiting different mechanisms of action. These complexes showed a low degree of dissociation in DMSO after 24 hours, with Cl[−] being replaced by DMSO. Among them, **30b-Pt** was the least cytotoxic, while **30a-Pt** and **30c-Pt** demonstrated higher activity than cisplatin against all tested tumor cell lines. Complex **30a-Pt** exhibited the highest activity against the SW480 cell line, while **30b,c-Pt** was equally cytotoxic against A549 and A2780 cells. Notably, photoactivation of these Pt(II) complexes *via* UV and blue light irradiation did not significantly affect their cytotoxicity. Complex **30a-Pt** showed the highest level of

internalization in A549 cells, consistent with its high cytotoxicity. In contrast, **30c-Pt** exhibited lower cellular accumulation despite its effectiveness, and **30b-Pt** showed high uptake but was almost inactive. Despite its lower uptake and moderate interaction with DNA, compound **30c-Pt** maintained high cytotoxicity, suggesting additional mechanisms beyond Pt–DNA binding. All platinum complexes were capable of interacting with DNA *via* covalent bonds, causing similar conformational changes in the DNA double helix. However, only **30a-Pt** and **30c-Pt** induced cell cycle alterations, leading to significant accumulation of cells in the G0/G1 phase. Both complexes also induced changes in mitochondrial membrane potential and appeared to trigger apoptosis through the mitochondrial pathway, while **30b-Pt** may induce apoptosis *via* a different pathway. Additionally, only **30a-Pt** and **30c-Pt** increased ROS levels. Complex **30c-Pt**, despite its lower accumulation, exhibited a marked increase in ROS levels compared to **30a-Pt**. Notably, **30b-Pt** is the only complex that increases superoxide levels, suggesting that ROS generation is a crucial factor in its biological activity.²⁴⁶

Yang and collaborators reported a series of platinum complexes (**31a-c-Pt** and **32a-c-Pt**) (Fig. 70), capable of inhibiting carbonic anhydrase IX (CAIX), and studied their cytotoxic activity. Compounds **31a-c-Pt** effectively inhibited CAIX activity, particularly **31b-Pt**, which showed excellent inhibitory activity with an IC₅₀ value of 6.57 μM . Complexes **31a-Pt** and **31c-Pt** were more lipophobic, particularly **31c-Pt**, and thus cannot be efficiently absorbed by cells and mainly accumulate in the cytoplasmic membrane. In contrast, **31b-Pt** was lipophilic and was able to penetrate cells through an energy-dependent mechanism, selectively localizing in the cytoplasm. Furthermore, the metformin derivatives (**32a-c-Pt**) were all lipophilic, which could be attributed to their modified molecular structure. Complexes **32a-Pt** and **32b-Pt** mainly

Table 27 IC₅₀ values of **29a,b-Pt** complexes against KB and Lu cell lines^a

Compound	IC ₅₀ (μM)	
	KB	Lu
29a-Pt	18.3 $\pm$ 0.6	7.1 $\pm$ 0.4
29b-Pt	4.1 $\pm$ 0.2	27.9 $\pm$ 1.1
Cisplatin	15.2	42.9



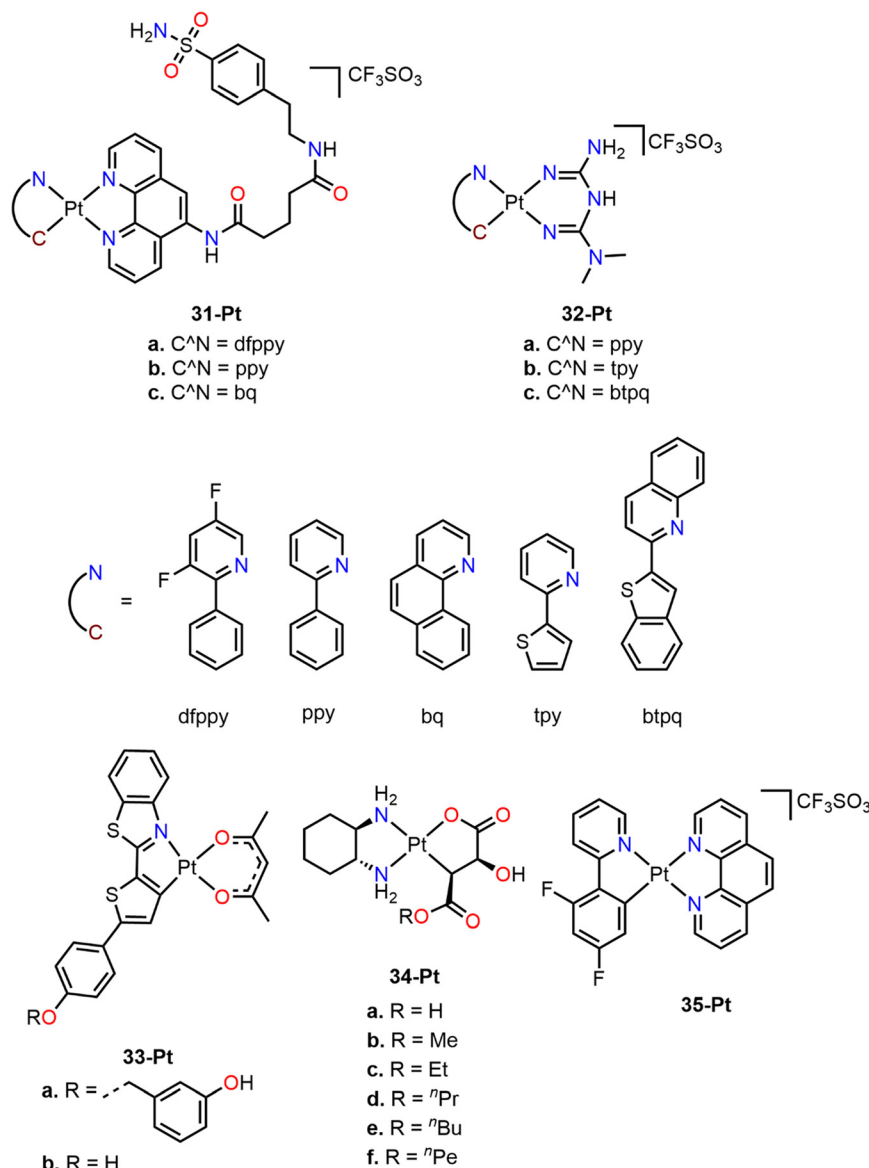


Fig. 70 Cyclometalated Pt(II) complexes (31-Pt–35-Pt).

accumulated in the endoplasmic reticulum, while **32c-Pt** accumulated in the mitochondria, indicating that the structure of the auxiliary ligand greatly influenced organelle-targeted selectivity. Compound **32c-Pt** showed a much higher activity than the other complexes, with cytotoxicity up to 588 times superior to cisplatin. Complexes **32b-Pt** and **32c-Pt** significantly induced ROS levels and only **32c-Pt** caused a significant loss of mitochondrial membrane potential (MMP).^{247,248}

A tyrosinase-activated cyclometalated platinum complex (**33a-Pt**) and its metabolite (**33b-Pt**) were evaluated against melanoma in photodynamic therapy (PDT). Complex **33a-Pt** was highly specific for tyrosinase and reacted to generate the **33b-Pt** metabolite. A375 cells were treated with both **33a-Pt** and **33b-Pt**, followed by irradiation with white light. Both complexes exhibited high activity with IC₅₀ values of approximately 0.4 μM. However, **33b-Pt** showed higher

phototoxicity, requiring only 30 minutes of irradiation to kill A375 cells, whereas the **33a-Pt** prodrug required 3 hours of irradiation to achieve a similar effect.²⁴⁹

Keppler's group synthesized a series of five-membered C^O platinacycles (**34a-f-Pt**) (Fig. 70), derived from oxaliplatin, bearing different alkyl substituents in the maleic acid structure to investigate the impact of lipophilicity on the cytotoxic activity. All the complexes showed low activity. For example, the deprotonation of **34a-Pt** under physiological conditions could prevent its interaction with negatively charged DNA due to electrostatic repulsion. None of the complexes induced DNA crosslinking or strand breaks, indicating limited interaction with DNA.²⁵⁰

In a separate study, Shen and collaborators reported a cationic C^N cyclometalated complex (**35-Pt**). The uptake mechanism of **35-Pt** is mainly through endocytosis, and it



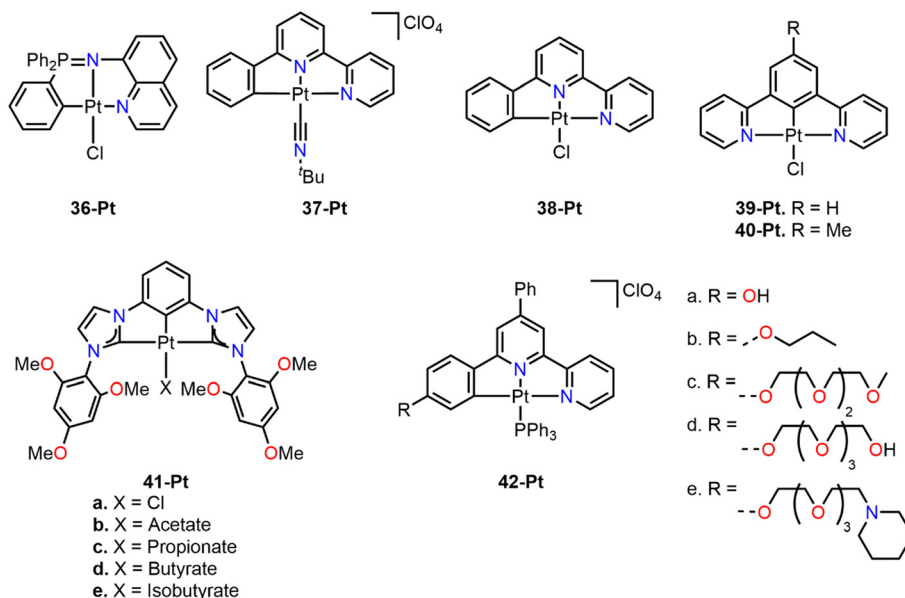


Fig. 71 Cyclometalated pincer Pt(II) complexes (36-Pt–42-Pt).

showed greater selectivity towards HeLa cells compared to cisplatin. Furthermore, **35-Pt** rapidly penetrated cells, inducing significant alterations in mitochondrial membrane potential (MMP), and causing an increase in cell volume without significant morphological changes in the nucleus.²⁵¹

5.3.2. Pt(II) pincer complexes. Casini and collaborators reported the platinum analog of **16-Pd** (**36-Pt**) (Fig. 71), which is highly cytotoxic but with poor selectivity, as its toxicity toward the normal HEK-293T cell line is higher than toward tumor cells (A2780 and A549). Furthermore, this toxicity toward normal cells is significantly higher ($\text{IC}_{50} = 2.64 \pm 0.87 \mu\text{M}$) compared to **16-Pd** and cisplatin (Table 28). The complex did not exhibit interactions with plasmid DNA or fluorescence quenching in the HAS spectra. Thus, the cytotoxic activity could be attributed to interactions with a molecular target different from DNA. The higher cytotoxicity exhibited by **36-Pt** compared to **16-Pd** could be due to the faster ligand substitution kinetics of the chloride, making the platinum complex more reactive than palladium.²⁰⁸

Che's group reported a series of luminescent C^NN platinum pincer complexes and evaluated the cytotoxic activity and ability to form adducts with DNA and RNA of **37-Pt**. Upon adding **37-Pt**, the viscosity of a CT-DNA solution increased, indicating intercalation stabilized by π interactions

with adenine-thymine (A-T) bases. Complex **37-Pt** increased the double-stranded DNA fragmentation similarly to camptothecin (CPT, used as control) and was able to form a ternary complex with Topoisomerase I (TopoI) and DNA (TopoI-DNA-**37-Pt**). Additionally, **37-Pt** exhibited high cytotoxicity toward several cancer cell lines such as human oral squamous carcinoma (KB, $\text{IC}_{50} = 0.009 \mu\text{M}$), neuroblastoma (SH-5YSY, $\text{IC}_{50} = 0.010 \mu\text{M}$), non-small cell lung carcinoma (NCI-H460, $\text{IC}_{50} = 0.110 \mu\text{M}$), and nasopharyngeal carcinoma (SUNE1, $\text{IC}_{50} = 0.130 \mu\text{M}$). Notably, **37-Pt** accumulated in the nuclei of KB cancer cells. In an *in vivo* assay, **37-Pt** showed the ability to inhibit tumor growth by 60% in nude mice implanted with NCI-H460 cancer cells.²⁵²

Chen *et al.* evaluated the cytotoxicity of two isomeric C^NN and N^CN pincer complexes (**38-Pt** and **39-Pt**) (Fig. 71) against three lung cancer cell lines (NCI-H522, NCI-H1299, and HCC827) and one prostate cancer cell line (RV-1). Compound **39-Pt** showed high cytotoxic activity in all tested cell lines, with efficacy several times greater than cisplatin. In contrast, **38-Pt** was practically non-cytotoxic against any cell line (Table 29). This disparity in cytotoxicity could be attributed to the stronger *trans* influence exerted by the

Table 28 IC_{50} values of the **36-Pt** complex on A2780 and A549 cancer cell lines^a

Compound	IC_{50} (μM)		
	A2780	A549	HEK-293T
36-Pt	3.56 ± 0.70	4.60 ± 0.50	2.64 ± 0.87
Cisplatin	3.90 ± 1.80	8.0 ± 0.5	11.0 ± 2.9

^a Cell viability determined by the MTT assay after treatment for 72 h.

Table 29 IC_{50} values of **38-Pt** and **39-Pt** complexes on lung and prostate cancer cell lines^a

Compound	IC_{50} (μM)			
	NCI-H522	NCI-H1299	HCC827	RV-1
38-Pt	85.6 ± 4.3	—	—	>240
39-Pt	21.5 ± 2.1	19.4 ± 2.2	22.4 ± 2.0	37.7 ± 3.2
Cisplatin	49.8 ± 1.6	163.0 ± 4.1	>666	>333

^a Cell viability determined by the MTT assay after treatment for 48 h.



carbon donor in **39-Pt** compared to the nitrogen donor in **38-Pt**. The consequent *trans* effect in **39-Pt** would make the chloride ligand more susceptible to dissociation.²⁵³

Gareth Williams *et al.* evaluated the photosensitizing ability of a previously reported platinum N³C³N pincer complex (**40-Pt**) against a series of cancer cell lines, including a cisplatin-resistant bladder line (EJ-R).²⁵⁴ Complex **40-Pt** remained non-cytotoxic against HeLa cells at concentrations ranging from 0.1 μ M to 1 μ M in the absence of light. In contrast, its cytotoxic effect increased significantly upon light exposure. HeLa cell survival was unaffected by the presence or absence of light, with no significant difference in survival fractions. However, cancer cell lines treated with 0.4 μ M of **40-Pt** and exposed to 405 nm light showed a significant reduction in survival fractions compared to non-light-exposed cells. Complex **40-Pt** exhibited an LD₅₀ of 0.2 μ M upon light irradiation and 1.6 μ M in darkness against HeLa cells, with a phototoxicity index (PI) of 8, indicating relatively low photocytotoxicity.²⁵⁵

A series of Pt(II) C³C³C pincer complexes (**41a-e-Pt**) (Fig. 71) were evaluated for their cytotoxic activity against various cancer cell lines by Tabrizi's group. All complexes were stable for up to 3 days under physiological conditions. The carboxylate-substituted complexes (**41a-e-Pt**) exhibited both high activity and selectivity toward cancer cell lines, with **41e-Pt** being the most active compound (IC₅₀ = 0.18 $\pm$ 0.03 μ M against A549) with an SI value of 234.7 (Table 30). This behavior can be attributed to increased lipophilicity due to the auxiliary ligand (Cl < acetate < propionate < butyrate < isobutyrate). Furthermore, the substitution of the chlorine ligand with carboxylate derivatives probably reduces aquation kinetics, leading to higher cytotoxicity and selectivity. All complexes tended to accumulate in the nucleus, and total cellular uptake decreased in the order of **41e-Pt** > **41d-Pt** > **41c-Pt** > **41b-Pt** > **41a-Pt**, consistent with decreasing lipophilicity. Compounds **41b-e-Pt** more efficiently induced apoptosis in A549 cells than **41a-Pt** and cisplatin, with **41d-Pt** and **41e-Pt** expressing APO2.7 antigen at 81% and 86%, respectively.²⁵⁶

Guo and collaborators evaluated the cytotoxicity of a series of ionic platinum C³N³N pincer complexes (**42a-e-Pt**). The complexes were slightly more cytotoxic than cisplatin. Notably, **42e-Pt** exhibited greater selectivity toward cancer

cells than the other complexes, with an SI ranging from 2.3 to 3.8. Nevertheless, **42e-Pt** was unable to overcome drug resistance in the A549DDP-resistant cell line. Despite this, it was able to inhibit tumor growth in *in vivo* studies without causing death. After treating A549 cells with **42e-Pt**, a significant accumulation of platinum was observed in the mitochondria, and **42e-Pt** was found to increase cell adhesion and effectively inhibit cell migration.²⁵⁷

Tian's group synthesized a C³N³C-Pt(II) pincer complex (**43-Pt**) able to bind NF- κ B and inhibit tumor growth (Fig. 72). Complex **43-Pt** showed a distinct intracellular distribution pattern between normal and cancerous cells, probably due to interaction with the NF- κ B protein. Immunofluorescence analysis demonstrated a strong co-localization of **43-Pt** with NF- κ B in HepG2 cells. Additional experiments using the RAW264.7 inflammation cell line confirmed that **43-Pt** transport is NF- κ B-dependent. Direct binding interactions between **43-Pt** and NF- κ B were confirmed through protein electrophoresis and fluorescence emission spectra with purified NF- κ B protein, supporting the hypothesis that cellular uptake is mediated by protein interactions. The complex's ability to penetrate 3D tumor spheroids and its reduced side effects suggest that **43-Pt** could offer a more effective and safer alternative to current platinum-based chemotherapeutic agents.²⁵⁸

Sarli and collaborators reported an N³C³N-Pt(II) pincer complex (**44-Pt**) (Fig. 72) *para*-substituted with c(RGDyK), known for its high affinity for integrin α v β 3 receptors and its ability to develop molecular imaging compounds for determining α v β 3 expression. Complex **44-Pt** mainly exhibited cytostatic rather than cytotoxic activity against the PC-3 and A549 cell lines, with a notable activity against the metastatic MDA-MB-231 cell line. Furthermore, the complex reduced cell survival by 50% in rat bladder cancer AY27 cells after exposure to blue light. The cellular uptake of complex **44-Pt** occurred *via* receptor-mediated endocytosis, and singlet oxygen was effectively generated upon irradiation.²⁵⁹

A series of C³N³N-Pt(II) pincer complexes (**45a,b-Pt** and **46a,b-Pt**) exhibited epidermal growth factor receptor (EGFR) inhibitory activity. All complexes demonstrated the ability to discriminate between G4-DNA and double-stranded DNA, with **45b-Pt** showing the highest binding affinities to CT-DNA and G4-DNA. Confocal fluorescence microscopy was used to

Table 30 IC₅₀ values of **41a-e-Pt** complexes on SK-OV-3, MCF7, HT29, and A549 cancer cell lines^a

Compound	IC ₅₀ (μ M)				
	SK-OV-3	MCF7	HT29	A549	LLC-PK1 ^b
41a-Pt	10.32 $\pm$ 0.09	6.92 $\pm$ 0.10	8.25 $\pm$ 0.10	1.55 $\pm$ 0.05	16.41 $\pm$ 0.20
41b-Pt	4.61 $\pm$ 0.20	3.89 $\pm$ 0.15	5.37 $\pm$ 0.20	1.04 $\pm$ 0.02	22.23 $\pm$ 0.20
41c-Pt	2.24 $\pm$ 0.32	2.41 $\pm$ 0.12	3.74 $\pm$ 0.17	0.98 $\pm$ 0.03	27.07 $\pm$ 0.10
41d-Pt	1.13 $\pm$ 0.12	0.97 $\pm$ 0.03	1.48 $\pm$ 0.15	0.51 $\pm$ 0.02	37.87 $\pm$ 0.10
41e-Pt	0.64 $\pm$ 0.05	0.33 $\pm$ 0.05	0.71 $\pm$ 0.04	0.18 $\pm$ 0.03	42.25 $\pm$ 0.20
Cisplatin	5.20 $\pm$ 0.70	5.30 $\pm$ 0.87	6.30 $\pm$ 0.23	1.50 $\pm$ 0.10	6.95 $\pm$ 0.20

^a Cell viability determined by the MTT assay after treatment for 48 h. ^b Complexes 1–5 and cisplatin evaluated in non-tumor LLC-PK1 renal cells.



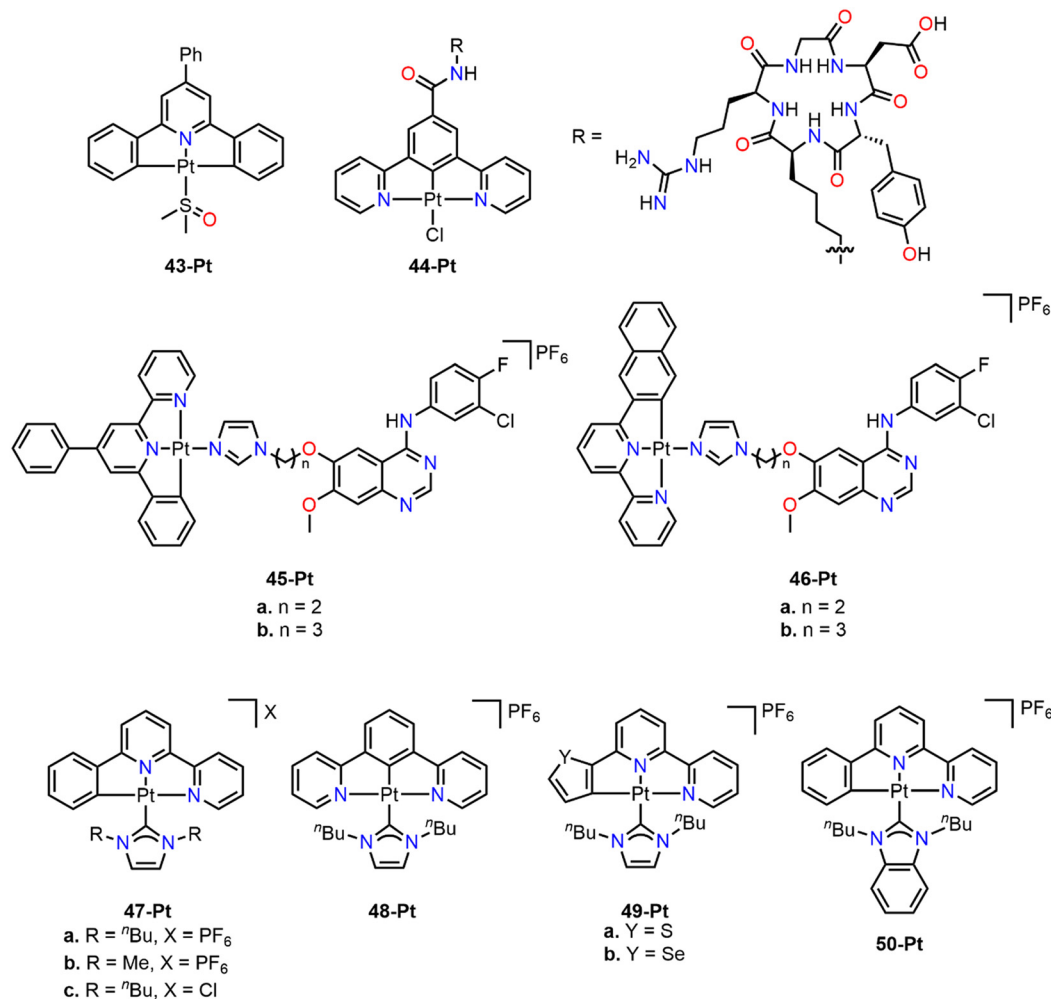


Fig. 72 Cyclometalated Pt(II) pincer complexes (43-Pt–50-Pt).

investigate the DNA interaction properties of complexes **45a**, **b-Pt** in HeLa cells. Both complexes exhibited rapid internalization at an early stage, progressively penetrating the cells over time (Fig. 73a). Additionally, **45a-Pt** was observed to accumulate in the cell membrane shortly after administration. As the incubation period increased, **45a-Pt** gradually localized in the nucleus. The deeper the complex penetrated the nucleus (Fig. 73b), the stronger the fluorescence signal became, eventually overshadowing the dye's fluorescence. This suggests that **45a-Pt** could serve as a luminescent DNA probe for live-cell imaging (Fig. 73c). *In silico* studies further revealed that **45a-Pt** has a strong affinity for DNA intercalation (Fig. 73d) as well as minor groove binding interactions (Fig. 73e).²⁶⁰

The Che group reported a series of cationic C[^]N[^]N[^]C[^]N pincer complexes coordinated with NHC (**47a-Pt–50-Pt**) and evaluated their cytotoxic activity against a panel of cancer cell lines. All complexes exhibited significant cytotoxic activity, with IC₅₀ values ranging from 0.03 to 1.49 μM. Notably, **47a-Pt** showed particularly high selectivity toward cancer cell lines compared to normal lung fibroblasts (CCD-19Lu, IC₅₀ = 4.74 ± 0.28), with SI values of 30 in lung cancer NCI-H460

and 79 in ovarian cancer A2780. The change of the counterion from PF₆[−] in **47a-Pt** to Cl[−] in **47c-Pt** resulted in insignificant differences in cytotoxic activity. Lipophilicity played an important role in cytotoxic activity, as **47b-Pt**, with two methyl groups, was at least three-fold less potent than **47a-Pt**, which contains two butyl chains. Complex **50-Pt**, which features a benzimidazole group in the auxiliary ligand instead of an imidazole, showed greater cytotoxicity and selectivity toward cancer cells, with SI values of 54.3 and 108.7 in ovarian cancer and cisplatin-resistant ovarian cancer cell lines, respectively.²⁶¹

5.3.3. Platinum(IV) cyclometalated complexes. Crespo *et al.* have reported a series of Pt(IV) complexes studied as potential anticancer agents (**Pt115–135**) (Fig. 74). First, **51-Pt** and **52a,b-Pt** compounds were tested against the A549 cancer cell line. All three complexes showed moderate toxicity compared to cisplatin, with **52b-Pt** being the most active, showing little difference from its chloride analog **52a-Pt** (Table 31). This difference could be attributed to the higher lipophilicity imparted by the fluoro substituent or its ability to promote DNA binding. Noteworthy, these complexes present a seven-membered metallacycle, which exhibits lower stability than



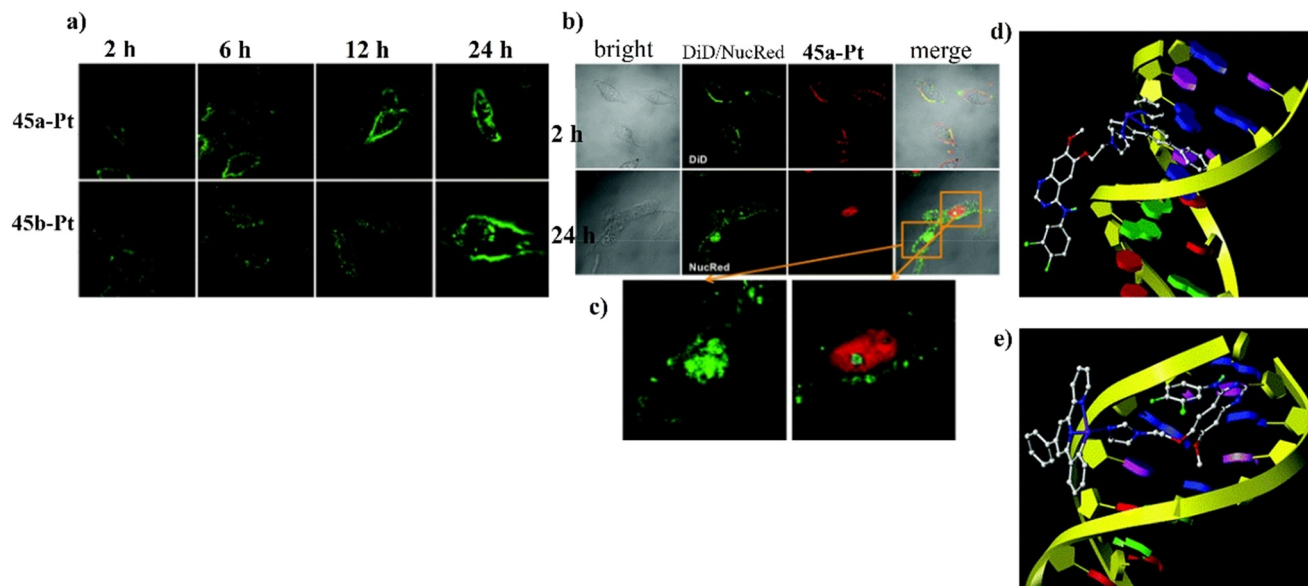


Fig. 73 Cellular localization studies of HeLa cells exposed to a) **45a-Pt** and **45b-Pt**, and b) **45a-Pt** using a confocal fluorescence microscope. c) Magnified fluorescence images of HeLa cells treated with **45a-Pt** for 24 hours. d) Interaction of **45a-Pt** with DNA through intercalation. e) Interaction of **45a-Pt** with DNA via minor groove binding (reproduced with permission from ref. 260 Copyright 2017, Royal Society of Chemistry).

five- and six-membered metallacycles. This destabilization could be responsible for their higher cytotoxicity. Complex **51-Pt** was one of the first C^NN-Pt(IV) pincer complexes with asymmetric axial ligands evaluated as cytotoxic agents and showed a moderate activity (Table 31) similar to that of cisplatin. Both Pt(II) and Pt(IV) complexes exhibited low or very low DNA binding, respectively. Since the complexes only altered the electrophoretic mobility of plasmid DNA at high concentrations compared to cisplatin, which suggests that DNA is unlikely the main molecular target of these complexes.²⁶²

In a subsequent study, the cytotoxic activity of a series of C^NN-Pt(IV) pincer complexes with an axial aryl ligand (**53a-c-Pt**) was evaluated. Cyclic voltammetry studies revealed that all three complexes were reluctant to be reduced, with **53b-Pt** being the most susceptible to reduction. The cytotoxic activity of Pt(IV) compounds is related to the formation of biologically active Pt(II) species. Given the significantly lower reduction potential of **53b-Pt**, the formation of Pt(II) species is highly unlikely. Complex **53c-Pt** emerged as the most lipophilic compound of the series and the most selective toward cancer cells (SI = 4.3 against A549). Complex **53c-Pt** induced G1 and G2 phase arrest, as well as early apoptosis in A549.²⁶³

Another series of C^NN-Pt(II) and C^NN-Pt(IV) pincer complexes and cyclometalated C^N-Pt(II) complexes (**54-Pt–57-Pt**) (Fig. 74) were evaluated against a panel of human cancer cells. Among these complexes, **56a-Pt** exhibited the highest cytotoxicity, being several times more effective than cisplatin against all evaluated cancer cell lines. Notably, **55a-Pt** also demonstrated significant cytotoxic activity in all cell lines. Interestingly, complexes containing PPh₃ ligands were practically non-cytotoxic, and the Pt(IV) phosphine derivative was slightly more cytotoxic than the Pt(II) derivative, suggesting

that the presence of a specific ligand does not necessarily enhance the cytotoxic profile of a compound.²⁶⁴

In a more recent study conducted by Crespo's group, a series of C^NN-Pt(II) and C^NN-Pt(IV) pincer complexes (**58a-d-Pt** and **59a-d-Pt**) derived from amine-imine ligands were synthesized and their cytotoxic activity was studied against various human cancer cell lines. All complexes, except **58c-Pt** and **58d-Pt**, displayed a cytotoxic activity comparable to oxaliplatin and superior to cisplatin. Some of the Pt(IV) complexes exhibited IC₅₀ values in the high nanomolar range. Specifically, **59a-Pt** was the most effective against PC-3 cells (IC₅₀ = 0.9 ± 0.2 μM) and **59c-Pt** showed the highest efficacy against SW620 (IC₅₀ = 0.41 ± 0.04 μM).²⁶⁵

Safari studied the cytotoxic activity of a five-membered C^N-Pt(IV) complex (**60-Pt**) (Fig. 74) in two colon cancer cell lines (Caco-2 and HT-29) and one breast cancer cell line (T47D). The results indicated that the **60-Pt** complex was only cytotoxic against HT-29 and is not cytotoxic on normal NIH-3T3 cells (IC₅₀ = 357 ± 11.9 μM, Table 32).²⁶⁶

Margiotto *et al.* evaluated the cytotoxic activity of cyclometalated Pt(II) and Pt(IV) complexes (**61-Pt–63-Pt**). Complex **61-Pt** showed significant efficacy against the PSN-1 pancreatic cancer cell line, surpassing the potency of cisplatin and oxaliplatin. In contrast, Pt(IV) benzoate derivatives **62-Pt** and **63-Pt** exhibited moderate cytotoxicity. However, **62-Pt** was twice as active as cisplatin against PSN-1 and comparable to oxaliplatin. This increased activity aligns with the established characteristics of Pt(IV) complexes containing benzoate groups, known for their ideal reduction potential and higher lipophilicity, facilitating cell entry through passive diffusion.²⁶⁷ Additionally, **62-Pt** with a chiral chelating diamine ligand showed greater potency than its ethylenediamine analogue **63-Pt**.²⁶⁸



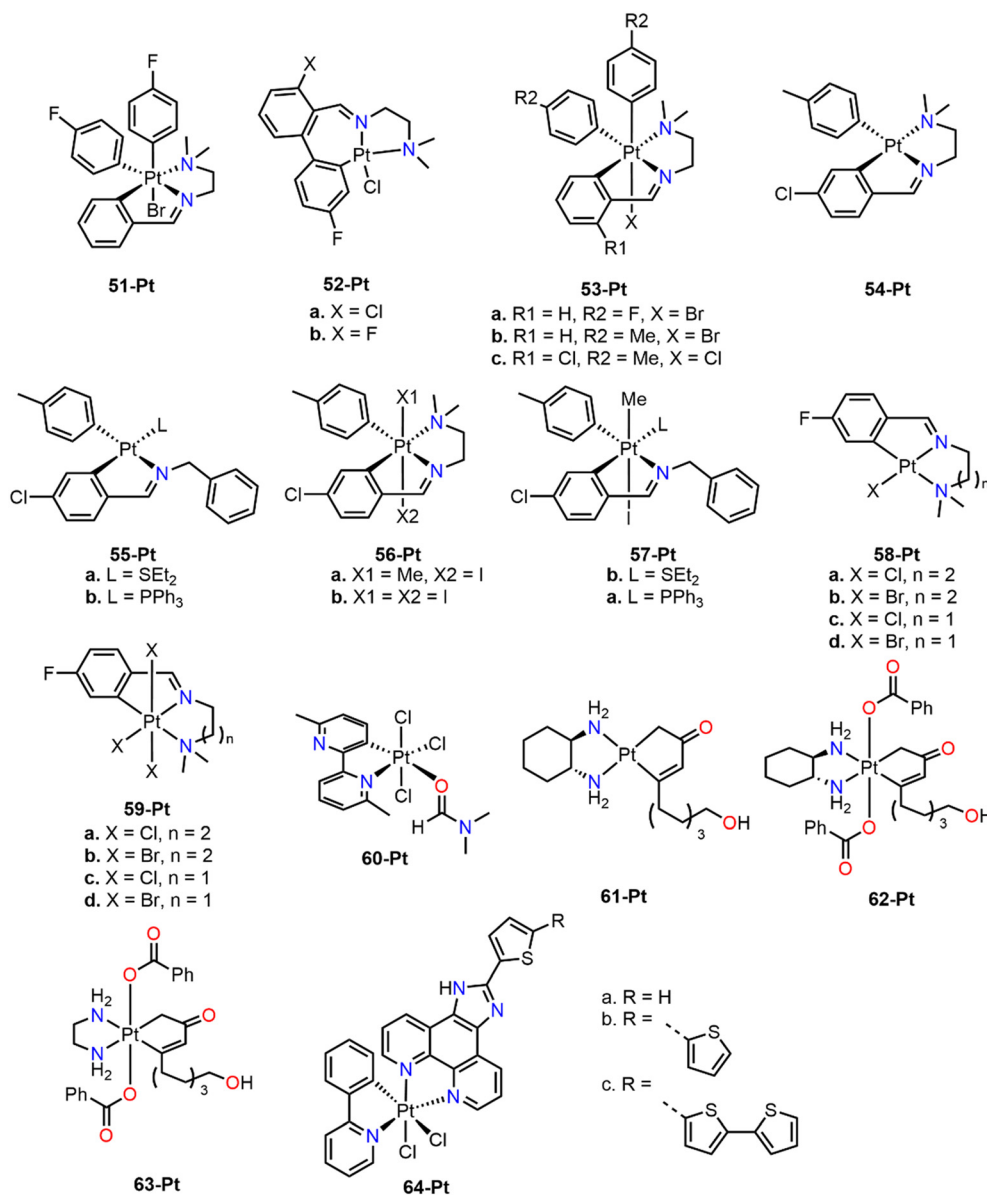


Fig. 74 Cyclometalated Pt(IV) complexes (51-Pt–64-Pt).

Cao and collaborators reported a series of cyclometalated Pt(IV) complexes derived from terthiophene (**64a–c-Pt**) (Fig. 74) capable of disrupting zinc homeostasis. Among these, **64c-Pt** was found to be the most cytotoxic, significantly surpassing cisplatin (Table 33). Despite its potent cytotoxicity, **64a-Pt**

complex phototoxicity was low, reducing its potential for PDT. Complex **64c-Pt** primarily accumulated in the nucleus and, to a lesser extent, in the mitochondria. Its nuclear localization contributes to its ability to induce DNA damage, as evidenced by the increased expression of γ H2AX. Furthermore, the complex suppressed cellular respiration at low concentrations (0.1–0.2 μ M), altering cellular respiration and energy metabolism, as indicated by the increase in oxygen consumption rate (OCR), ATP production, and mitochondrial membrane potential (MMP).²⁶⁹ Based on these studies, a plausible mechanism was proposed for **64c-Pt**, suggesting that it disrupts zinc homeostasis while inducing DNA damage. This effect is attributed to abnormal transcriptional levels of zinc-regulating proteins such as ZIP and ZnT (zinc transporters) and metallothioneins (MT), leading to excessive accumulation of Zn²⁺ ions in the cytoplasm. Consequently, intracellular redox

Table 31 IC₅₀ of 51-Pt and 52a,b-Pt complexes on the A549 cell line^a

Compound	IC ₅₀ (μ M)
	A549
51-Pt	11.6 $\pm$ 2.2
52a-Pt	2.8 $\pm$ 0.5
52b-Pt	2.5 $\pm$ 0.1
Cisplatin	14.1 $\pm$ 1.3

^a Cell viability determined by the MTT assay after treatment for 72 h.



Table 32 IC₅₀ values of the 60-Pt complex on NIH-3T3, HT29, and T47D cancer cell lines^a

Compound	IC ₅₀ (μM)			
	NIH-3T3	Caco ₂ ^b	HT29	T47D
60-Pt	357.4 ± 11.9	96.9 ± 3.5	19.9 ± 1.8	171.7 ± 0.4
Cisplatin	19.5 ± 0.08	13.5 ± 0.05	34.23 ± 3.7	35.8 ± 0.21

^a Cell viability determined by the MTT assay after treatment for 96 h and. ^b 120 h for Caco₂.

homeostasis is disrupted due to the downregulation of ROS scavengers (MT and SOD1), glutathione (GSH) depletion, and the inactivation of glutathione peroxidase 4 (GPX4). The simultaneous disruption of zinc and redox homeostasis results in inflammatory cell death pyroptosis rather than GPX4-mediated ferroptosis in cancer cells. This ultimately triggers an immune response, enhancing dendritic cell (DC) maturation and increasing T-cell infiltration within the tumor, thereby eliminating not only the primary tumor but also distant tumors *in vivo* (Fig. 75).

Conclusions and future perspectives

This review summarized the recent advances in the cytotoxic effects of cyclometalated compounds as potential anticancer agents. Although such organometallic species are often viewed as air-sensitive, unstable under physiological conditions, and unsuitable for medicinal purposes, they can display superior activity to coordination compounds. Based on this review, it can clearly be stated that they possess greater stability, better lipophilicity, and susceptibility to derivatization reactions. This makes these compounds potentially valuable as future anticancer agents.

Undoubtedly, the advances made in recent years in the fight against cancer have been significant. Although a definitive cure for this disease has not yet been found, research has opened new avenues for identifying the most promising treatment alternatives. Certainly, the use of metallodrugs has emerged as one of the most innovative approaches, as the combination of metal centers and organic ligands creates a synergistic effect that leads to unique properties in these compounds.

The development of metallodrugs still faces numerous challenges and limitations before they can be commercialized

and used in humans. One of the main challenges remains the selectivity of these compounds. Although a few platinum-based drugs have been approved for cancer treatment, their lack of selectivity and associated toxicity still play a crucial role in limiting their application. Additionally, ligand synthesis often presents a significant challenge due to the large number of synthetic steps required before coordination to a specific metal center. The use of second- and third-row transition metals is also currently limited due to high costs, low availability in the Earth's crust, and, in some cases, significant toxicity, which necessitates the search for alternative options. Furthermore,

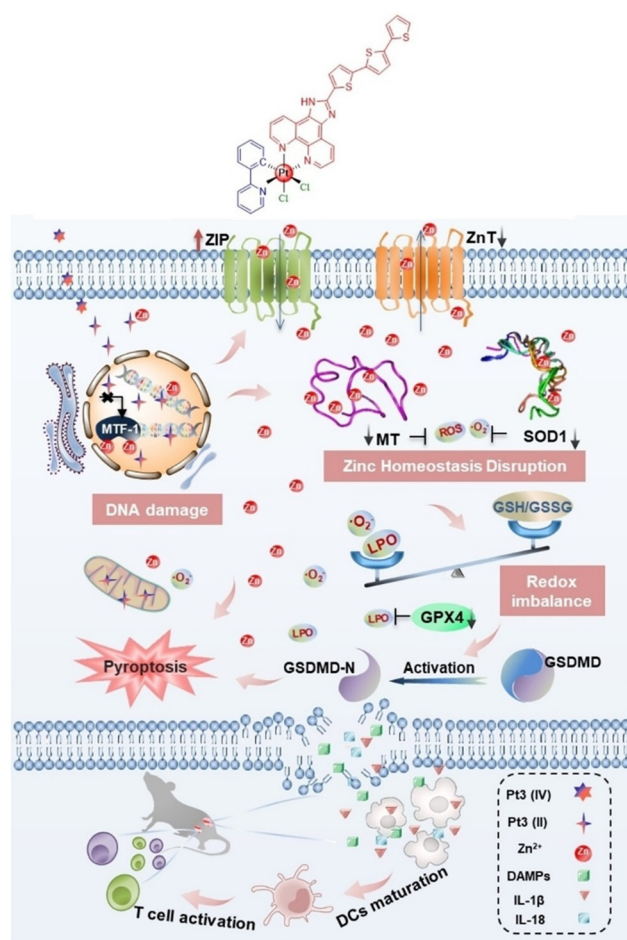


Fig. 75 Proposed mechanism of action of complex 64c-Pt in activating antitumor immunity through simultaneous disruption of zinc and redox homeostasis (reproduced with permission from ref. 269 Copyright 2023, Wiley-VCH).

Table 33 IC₅₀ values of 64a-c-Pt complexes on MDA-MB-231 and MCF-7 cancer cell lines^a

Compound	IC ₅₀ (μM)		
	MDA-MB-231	MCF-7	MCF-10A (SI ^b)
64a-Pt	6.5 ± 0.4	5.9 ± 0.3	38.4 ± 1.3 (6.5)
64b-Pt	0.17 ± 0.02	0.34 ± 0.01	0.48 ± 0.06 (1.4)
64c-Pt	0.11 ± 0.05	0.43 ± 0.07	0.49 ± 0.04 (1.1)
Cisplatin	43.2 ± 2.5	40.7 ± 1.3	27.2 ± 1.7 (0.67)

^a Cell viability determined by the MTT assay after treatment for 48 h.

^b SI (selectivity index) = IC₅₀ (MCF-10A)/IC₅₀ (MCF-7).



in vivo testing presents another major limitation, as the use of animal models in these studies remains a subject of global debate.

However, significant progress has been made in improving the anticancer activity of these compounds. For instance, the use of first-row transition metals has increased biocompatibility in biochemical processes, leading to reduced side effects.^{270–272} Drug delivery and transport mechanisms have also improved, with research focusing on micellar and dendrimeric systems that enhance the bioavailability and selectivity of metallodrugs.^{273–275} Moreover, *in vitro* assays using solid tumor models have emerged as innovative alternatives to *in vivo* studies. Cancer cell-derived spheroids can mimic the physiological environment of a tumor, making them a compelling strategy to reduce reliance on animal testing.^{276,277} Additionally, the incorporation of natural products as ligands has facilitated the development of novel metallodrugs. These natural structures enhance the cytotoxic activity, promote reactive oxygen species (ROS) formation to combat cancer cells, and exhibit antioxidant properties that help prevent malignant tumor formation.^{278,279}

Cancer treatments vary depending on the type and stage of the disease. Among these, chemotherapy remains the most used approach. However, this treatment has several limitations, including non-selective drug distribution *via* the bloodstream, which affects both healthy and malignant cells, leading to significant side effects. More recent and less harmful therapeutic strategies have been developed, such as photodynamic therapy (PDT), which stands out for its localized drug administration, selectively targeting cancer cells. Various coordination and organometallic complexes have demonstrated promising photosensitizing properties for use in PDT.^{280,281} Additionally, theranostic therapy enables the use of drugs that function as biomarkers to determine drug localization, a field where metallodrugs have gained significant importance due to the ability to combine the photophysical and photochemical properties of metal centers and ligands.^{282–284} In the same context, the development of metallodrugs with cytostatic properties as angiogenesis inhibitors offers the potential to halt cancer cell growth, allowing tumors to be subsequently removed through surgery.^{285–288}

Furthermore, thanks to current synthetic strategies, the diversity of organometallic structures that can be achieved is almost limitless, further increasing the potential to improve the anticancer activities of these compounds. Moreover, the support from other disciplines such as biology, biochemistry, and computational chemistry has led to a better understanding of the mechanisms of action of these compounds, their potential cellular targets, and how they interact with them. This progress has allowed *in vivo* studies to become more detailed, serving as one of the first steps before entering clinical phases and, potentially, reaching commercialization and clinical applications.

Therefore, it is expected that future research focusing on the anticancer properties of cyclometalated compounds will attract greater attention, enabling more of these compounds

to reach clinical phases and spark the interest of pharmaceutical industries that could support future research focused on organometallic metallodrugs.

Author contributions

Writing – original draft preparation, A. A.-F., J. R.-G., E. S.-Y., A. R.-M., J. S. S.-G., A. R.-P., P. C.-S., V. R.-M., R. L. L. and D. M.-M.; execution drawing, A. A.-F., J. R.-G., E. S.-Y., A. R.-M., J. S. S.-G., A. R.-P., P. C.-S., V. R.-M., R. L. L. and D. M.-M.; writing – review and editing A. A.-F., J. R.-G., E. S.-Y., A. R.-M., J. S. S.-G., A. R.-P., P. C.-S., V. R.-M., R. L. L. and D. M.-M.; visualization and supervision, A. A.-F., J. S. S.-G., R. L. L. and D. M.-M. All the authors have read and agreed to the published version of the manuscript.

Conflicts of interest

The authors declare no conflicts of interest.

Data availability

No primary research results, software or code has been included and no new data were generated or analysed as part of this review.

Acknowledgements

A. A.-F., J. R.-G., E. S.-Y., and J. S. S.-G. are grateful for the Doctoral Fellowships with CVU 1032866, 1099989, 997936, and 997800, respectively. D. M.-M. would like to thank UNAM-DGAPA-PAPIIT IN223323 and CONAHCYT A1-S-033933 for their generous financial support.

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