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Urine-activated origami microbial fuel cells to signal proof of life

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The adaptability and practicality of microbial fuel cells (MFCs) are highly desirable traits in the search for alternative sources of energy. An innovative application for the technology could be to power portable emergency locator transmitters (ELTs). Such devices would ideally need to be lightweight, robust and fast in terms of response. Urine is an abundant resource, and with MFCs, could be the ideal fuel for powering ELTs, with the compelling advantage of also indicating proof of life. We developed novel origami tetrahedron MFCs (TP-MPFCs) using photocopier paper to test different urine-based inoculants. When inoculated with urine extracted from the anode chambers of working MFCs a stack of 6 abiotic MFCs produced a usable working voltage after just 3 h 15 min; enough to energise a power management system. The anodes of established TP-MFCs were then removed and air-dried for 7 days before being inserted into new paper reactors and refrigerated. After 4 weeks, these MFCs displayed an immediate response to fresh urine and achieved a functional working voltage in just 35 minutes. Two paper MFCs connected in parallel were able to transmit 85 radio signals and in a series configuration 238 broadcasts over 24 hours. These findings demonstrate that simple, inexpensive, lightweight paper MFCs can be employed as urine-activated, "proof of life" reporting systems.

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1. Introduction

Since its discovery in China over 2000 years ago,¹ paper has been instrumental in helping to shape and advance human knowledge and culture. Whilst there is now an environmental drive towards paperless systems, the cellulose-based material is still commonplace in everyday life and waste is still an issue. For example, in the UK, millions of tonnes of consumed paper and cardboard are not recovered and of the material that is recovered, over half has to be exported overseas for recycling.² Waste control, treatment and energy consumption are all global concerns and one technology that has attracted interest as a solution to combatting these problems is the microbial fuel cell (MFC). MFCs employ microorganisms to produce electricity as a direct result of the utilisation of organic pollutants. The capacity to generate power from waste has resulted in a dynamic MFC field and great progress has been made over recent years. Not only have power and treatment efficiencies improved but potential target environments are widening. MFCs can operate in mild ambient conditions but also in extreme surroundings such as high temperature,³ salinity,⁴ acidity⁵ and alkalinity.⁶ At the macro-scale MFCs can be configured into stacks of multiples to bolster the voltage,⁷ while at the nanoscale the

biofilm can be customised with biogenic particles to improve electron flow.⁸ Despite these and other exciting developments, MFCs are still often built using expensive or toxic materials.

This is counter to the drive for technological scale-up and wider market acceptance where cost, sustainability and minimisation of waste are very important.⁹ Recently, advances towards this goal have been reported using green technology such as biodegradable electronics¹⁰ and biocompatible systems that can be incorporated into living tissue.¹¹ The incorporation of sustainable paper into power producing devices would therefore be an important development, particularly if waste-paper could be used. To date there has been progress regarding the use of treated paper particularly in terms of diagnostic tools. For example Lee (2005)¹² developed a urine activated paper battery using the reactions of chemical electrodes. Esquivel *et al.* (2014)¹³ demonstrated a microfluidic fuel cell also using chemical anolyte and catholyte. Paper-based enzymatic fuel cells have recently been reported utilising glucose for power production¹⁴ or designed to detect DNA in origami-style systems.¹⁵ In terms of MFCs, drip-activated, multi-layered paper reactors for diagnostic applications have been reported.^{16,17} These have employed single culture anodes (*Shewanella oneidensis*) with ferricyanide cathodes in both individual¹⁶ and stacked configurations.¹⁷ Moqsud and co-workers used filter paper as the proton exchange membrane (PEM) in an acrylic anode chamber, which worked as efficiently as commercially available PEMs.¹⁸ A further consideration is to focus on the

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development of inexpensive paper-based fuel cells for robust, long term operation. To the authors' knowledge, there have been no reports to date of monolithic MFCs built using untreated paper creating an internal anode chamber with sustainable open-to-air cathodes. The development of such paper-based MFCs would open the prospect for novel applications such as transportable, light-weight, back-up power supplies. These systems would require rapid start up and ideally a stable output over days or even weeks, in order to comply with protocols of emergency technologies. Should such a device be operated in a remote location, an easily accessible fuel would be essential and urine has been demonstrated to be an efficient substrate for electricity production in MFCs.^{19–21} The power produced *via* the introduction of a biological fluid such as urine could also be channelled to signal 'proof of life' by activating a portable emergency locator transmitter (ELT) device. However, in the scenario suggested, assuming that the operator was carrying dry paper MFCs to be used in the event of an emergency, urine would either need to be utilised as the source of electro-active bacteria (*i.e.* inoculant) or the MFCs would need to have already been inoculated with the constituent bacteria in dormant mode. The robustness of the biofilm is an important consideration²² and the current study therefore investigates the feasibility of both these possibilities using novel paper-based MFCs: (i) post-deployment inoculation and (ii) deployment of pre-inoculated in dormant state. The initial step was to assess different paper types and whether they can simultaneously be used as both PEM and reactor body. Inoculation, start-up and reactivation using urine-based inoculants and fresh urine were subsequently investigated, and demonstrated operation of these novel monolithic paper microbial fuel cells.

2. Experimental

2.1 MFC construction

Two MFC designs were used in this study. Firstly tubular straw MFCs were developed in order to gauge the initial performance of 6 different types of paper as PEM. Secondly, tetrahedron shaped MFCs were fabricated to investigate paper MFCs as an immediate and stable source of power. Details on both are given below.

2.1.1 Tubular MFCs. The tubular MFCs were built as follows; 4 cm × 10 cm of carbon veil was wrapped around the ends of two biodegradable polypropylene straws (Plastico Ltd, Mitcham, UK). A 1 cm gap was left between each straw within the anode to enable anolyte diffusion into the electrode. For current collection, titanium wire was threaded through the anode and out through a hole made in one of the straws. Six types of paper were trialled as membrane; photocopier (100% recycled, Steinbeis, Germany), cigarette (Rizla silver, Nottingham, UK), tissue (paper napkin, Subway restaurant, Bristol, UK), newspaper (Metro, DMG media, UK), brown compostable kitchen caddy liner (Alina Ltd, Manchester, UK) and filter (Whatman ashless, Maidstone, UK). A 6 cm × 3 cm piece of paper was wrapped around the anode with the ends sealed to the straws using liquid natural rubber (Tomps Ltd, Sutton Bridge, UK) leaving an anode chamber volume of 3 mL. Duplicate MFCs were built for each paper type.

Fig. 1a shows a MFC with newspaper as membrane prior to being coated with cathode. For the cathode a piece of wire was firstly adhered to the outside of the paper membrane using wire glue (Anders Products, MA, USA). Next, conductive synthetic latex was prepared as previously described²³ and this was painted over the surface of the paper. A schematic of the tubular MFCs is highlighted in Fig. 1b. The MFCs were inoculated for a week using the anolyte (1% tryptone and 0.5% yeast extract [Oxoid Ltd, UK]) removed from established cubic MFCs. After 7 days, the MFCs were fed sterile TYE (tryptone 1%, yeast extract 0.5%). Feeding involved injecting 2 mL of feedstock into each straw daily. MFCs were monitored to observe which of the untreated paper-types (if any) would be suitable as a substitute proton exchange membrane.

2.1.2 Tetrahedron paper MFCs (TP-MFCs). The tetrahedron shaped MFCs were built as follows: a triangular tetrahedron was folded together using a template cut from photocopier paper (100% recycled, Steinbeis, Germany) as shown in Fig. 2a. Anodes were constructed using a 9 cm × 9 cm square of carbon veil. This was folded down into a triangular shape with 3 cm × 3 cm × 4.5 cm sides and a width of approximately 5 mm. A 5 cm piece of wire was threaded through the anode to serve as current collector (Fig. 2b). The anodes were positioned inside the paper tetrahedron shape, which was held together using a water-soluble glue stick (Lyreco, Bulgaria) (Fig. 2c). Each edge of the resulting 4-sided triangular tetrahedron was 5 cm long. For the cathode, a piece of titanium wire was stuck to the surface of the paper with wire glue, before the upper three sides were coated with three layers of conductive latex. To prevent water leakage from beneath, synthetic latex (Plasti-Dip, Petersfield, UK) coated the bottom side. Once fully prepared, the resulting TP-MFCs could hold a liquid volume of 15 mL and two of the 3D tetrahedron paper MFCs are shown in Fig. 2d.

2.2 Inoculation experiment

Three types of inoculum were tested using TP-MFCs; (i) Urinoc A: urine removed from the anode chambers of established cubic MFCs mixed with fresh urine (50/50 ratio), (ii) Urinoc B: primary wastewater effluent (Wessex Water, Saltford, UK) mixed with fresh

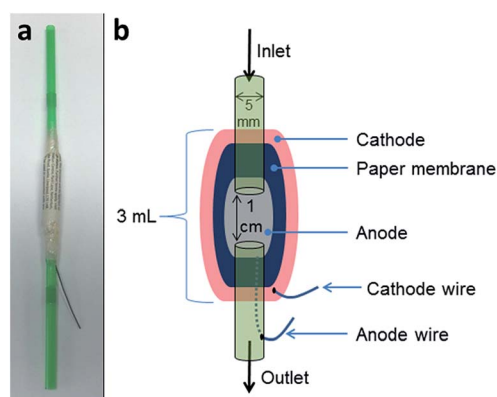


Fig. 1 Tubular straw MFC; (a) photograph showing MFC with newspaper as paper membrane prior to the application of conductive latex cathode, (b) schematic (not to scale) showing tubular straw MFC.



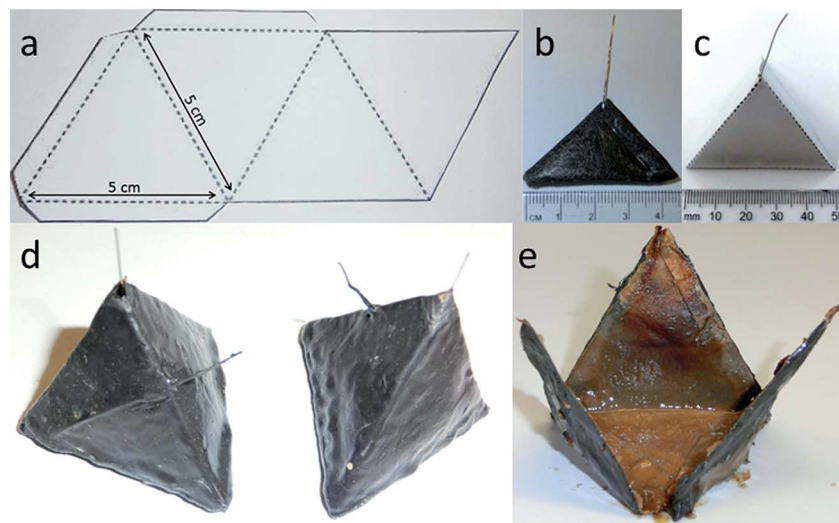


Fig. 2 Building and deconstructing tetrahedron paper MFCs: (a) paper template prior to folding, (b) carbon veil anode, (c) MFC from the outside prior to application of cathode with anode wire protruding through the top, (d) two complete MFCs with conductive latex cathode and current collecting wire, (e) MFC after being opened up and anode removed.

urine (50/50 ratio) and (iii) Urinoc C: fresh urine. All urine samples were provided by healthy volunteers on a normal diet with no history of urinary tract or renal disease. Duplicate MFCs were injected with 15 mL of each inoculum-type and left for 3 days under 3 kohm load; they were then periodically topped up with fresh urine (no more than 1 hour old). Experiments were performed under identical conditions at ambient temperature conditions (22 ± 1 °C).

2.3 Scanning electron microscopy

Clean paper samples (1 cm \times 1 cm) were prepared for microscopy by gold sputter coating using an Emscope SC500 sputter coating unit. Observation and image capture was performed using a Philips XL30 environmental scanning electron microscope.

2.4 Stack and refrigeration experiments

Six TP-MFCs were constructed without any inoculation and were connected together electrically in parallel. These were injected with Urinoc A on day one before being fed with fresh human urine. Following 12 weeks of operation the MFCs were disassembled and the 6 anodes removed (Fig. 2e). The electrodes were then air-dried for 7 days, before being inserted into 6 new TP-MFCs and refrigerated at 3 to 5 °C. At both 4 weeks and 8 weeks of refrigeration MFCs were removed and fed with fresh urine.

2.5 Polarisation experiments

Polarisation sweeps were performed using an automated computer-controlled variable resistor.²⁴ Sixty resistance values were applied from 1 M Ω down to 3 Ω using a sample rate of 5 min. The MFCs were topped up with anolyte (TYE for the tubular MFCs and urine for the TP-MFCs) an hour before the polarisation sweeps.

2.6 Data collection

MFC output was recorded in millivolts (mV) against time using an Agilent LXI (34972A) data acquisition/switch unit with a 2 min

sample rate. Recorded data were processed and analysed using the GraphPad Prism 6 software package (GraphPad, San Diego, CA, USA). Current (I) in amperes (A) was calculated using Ohm's law; $I = V/R$, where V is the measured voltage in volts (V) and R is the known value of the external resistive load in ohms (Ω). Power (P) in watts (W) was calculated by multiplying voltage with current: $P = I \times V$.

2.7 Energy harvesting, power management and transceiver

For the experiment with the TP-MFC stack, a power management system (PMS) consisting of an inductor-based energy harvesting board (EH4295, Advanced Linear Devices Inc., CA, USA), a bridge rectifier, a capacitor (6.3 mF) and a custom made comparator board with added hysteresis were used as previously described.²³ In order to kick-start the energy harvesting board, an input of 60 mV at a resistance of 950 ohm was required. When this point was reached, the capacitor began charging up to 3.1 V before discharging through a load down to 2.1 V. For the later experiments a radio transceiver (Easy-Radio 400TRS LPRS, UK) with a 250 m range was employed using the same PMS system but without the comparator board. For the purposes of the experiment the receiver was approximately 4 m from the MFC stack. In the latter case of the transceiver, the capacitor reached 3.1 V before discharging to 2.4 V resulting in one transmission being broadcast at which point the charge cycle started again. Each transmission resulted in the sending of text to a desktop computer.

3. Results and discussion

3.1 Comparing different paper types

Six widely available and inexpensive paper types were trialled as proton exchange membranes for microbial fuel cells. The surface structure of each is detailed in Fig. 3, which highlights the intertwined threads of cellulose making up the material. A filler pigment can be seen in the newspaper (Fig. 3d) and copier



first 24 hours because they did not yet develop a sufficient proportion of electro-active micro-organisms (Fig. 5a). The MFCs were fed with fresh urine 3 days after being injected with inoculum, and following each subsequent feed, an improvement can be seen in both the Urinoc A and Urinoc B MFCs to the extent that after approximately 150 hours they are comparable (Fig. 5b). On the contrary, the MFCs inoculated with fresh urine displayed little improvement over the first week of operation. Power curves produced after 2 weeks highlight that the MFCs inoculated with Urinoc A and Urinoc B are performing to a similar level whilst the MFCs inoculated with urine alone remain inferior (Fig. 5c). These results confirm that paper-based MFCs can demonstrate quick start-up using urine-based inocula. However, whilst urine has been reported to be an efficient mediator in activating chemical-based paper batteries⁶ it is not sufficient alone to start-

up MFCs without an alternative source of micro-organisms. The inoculation process can be accelerated by scraping bacteria from the anodes of existing MFCs.²⁷ The current study supports this and shows for the first time that a urine-based anolyte extracted from the anode chamber of established MFCs can effect an instant response from a previously abiotic anode chamber. In order to examine how quickly the power generated by sterile MFCs might be used to energise a power management system (PMS), and ultimately a working application, a stack of 6 TP-MFCs was constructed.

3.3 Start-up: a stack of TP-MFCs

Prior to the introduction of Urinoc A the 6 MFCs had not been used or even leak-tested and so were dry and abiotic. The 6 MFCs were connected electrically in parallel before being attached to the PMS. For the energy harvesting board to become operational, 70 μA at an operating voltage of 60 mV is required, with an additional draw from the custom-made hysteresis board. From the outset, the PMS was connected to the stack and so the MFCs were under immediate load prior to being injected with Urinoc A. Following the introduction of inoculant, the voltage increased as the microbial consortia became acclimatised to the load conditions (Fig. 6a). The MFCs were topped up twice with inoculant on day one (as indicated by arrows in Fig. 6a) as the media quickly soaked into the reactor materials. After 3 h 16 min the stack reached the required voltage necessary to start the PMS, thus boosting the voltage and enabling the capacitor charge/discharge cycle to begin. Each discharge corresponds to the lighting of an LED and become more frequent as the MFCs stabilised. Fig. 6b shows the stack and capacitor voltage over the third day with the MFCs being topped up just once at the beginning of the day with fresh urine. Here the lightweight, inexpensive paper-based reactors continued to fire the load over twenty four hours albeit less frequently, as the anolyte became depleted. A polarisation sweep was performed on day 5 and Fig. 6c shows the polarisation and power curves produced from the six MFCs in parallel. The peak power produced (163 μW) is lower than the theoretical maximum based on the individual performances (Fig. 5c) when peak power was approximately 50 μW per MFC. However, in order to demonstrate the speed with which a completely abiotic stack could generate power, none of the MFCs had been previously tested and simply due to natural variation there may have been one (or more) underperforming reactors. This aspect is worthy of attention as the stack, even when not performing optimally, maintained the ability to energise the PMS rapidly and as long as fuel (urine) was fed approximately every three days, it was able to maintain continuous charge/discharge cycles. After operating for 2 months the TP-MFCs began to show fouling on the cathode and some leakage through the material was observed. However, despite the material's degradation, the stack continued to perform to the same level as in the earlier stages of the experiment. Fig. 6d shows the power and polarisation curves produced on day 61 and highlights that the point of maximum power is comparable to that produced on day 5 (Fig. 6c). This demonstrates not only that the paper MFCs can operate for a respectable period of time, particularly considering the cost and nature of the

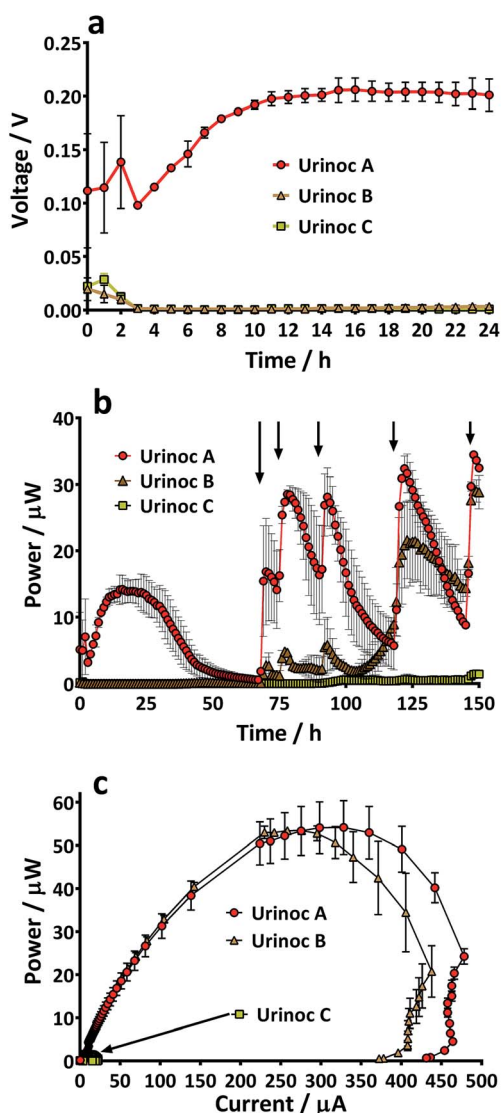


Fig. 5 Comparing different inoculant types in paper MFCs; (a) first 24 hours (under 3 kohm external resistance), (b) actual power produced during first week. Arrows indicate when MFCs were topped up with fresh urine, (c) power curves produced after 2 weeks operation. Data presented as mean ($n = 2$).



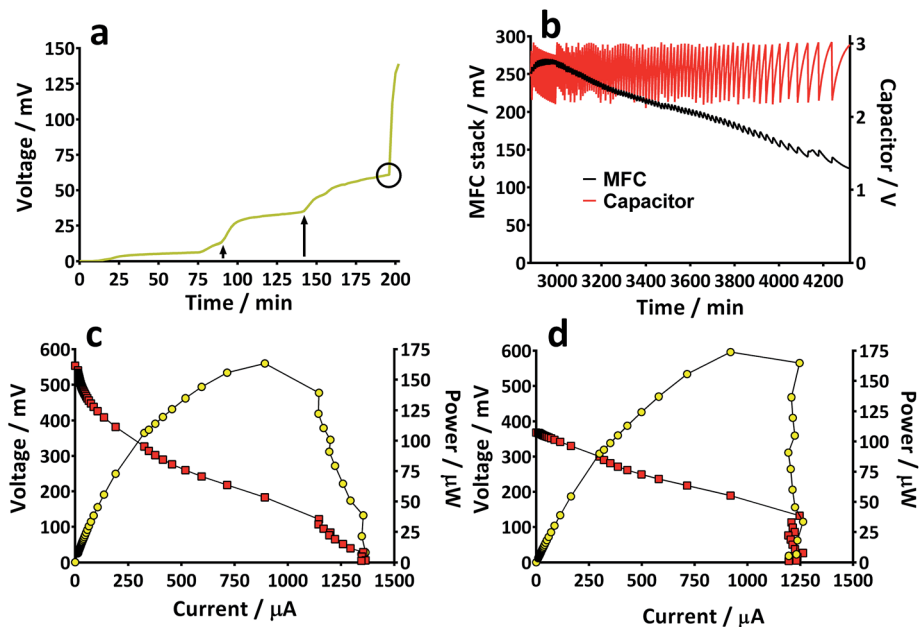


Fig. 6 Performance of TP-MFC stack when connected to power management system; (a) inoculant introduced at $t = 0$, arrows show when MFCs were topped up with additional inoculant, circle highlights point when working voltage became high enough to kick-start PMS; (b) stack and capacitor charge/discharge cycle during day 3; (c) power and polarisation curves on day 5; (d) power and polarisation curves on day 61.

materials used, but also that the start-up was indeed rapid given the similarity in the power output between day 5 and that produced on day 61. In a realistic scenario, a lightweight MFC stack might be called upon for a single use operation or even as back-up in a remote location, *e.g.* as the power source for an emergency transmitter which will be explored in the next section. The results displayed in this section were generated by inoculating using urine-based anolyte extracted from the anode chambers of established MFCs, which was a rich source of electro-active microorganisms. However, on a remote mission it might be difficult to access such an efficient feedstock/inoculant and freshly produced urine might be the only available source of fuel. As discussed earlier, fresh urine could not activate abiotic MFCs and so the next line of experiments examined the robustness of anodic biofilms particularly in their response to desiccation and refrigeration.

3.4 Activation with urine

3.4.1 Individual TP-MFCs. Previously researchers have demonstrated that urine can be used to dissolve chemicals in a paper battery causing them to react and produce electricity.¹² However, in such cases the urine was not acting as the fuel and power was strictly limited to the availability of the chemical reactants. The MFC differs because both the type of liquid and the microbial community are integral to the production of power. As discussed earlier, without the presence of a predisposed electro-active biofilm urine is ineffective and so experiments were carried out to examine whether dried out, desiccated anodes inserted into new paper tetrahedron MFCs and refrigerated could be reactivated by fresh urine alone. After air drying for 7 days, followed by 4 weeks cold storage, two MFCs were removed from refrigeration

and each placed under a 950 ohm external resistance. This external resistance was selected because it is the value imposed on the MFC when connected to the PMS²³ and 60 mV is the value that is sufficient to energise the board, enabling a capacitor charge/discharge cycle. Both TP-MFCs displayed an immediate response following the injection of fresh urine, as highlighted in Fig. 7, and after just 35 min (see Fig. 7 inset) both MFCs reached the threshold required to operate the PMS. This demonstrates remarkably quick recovery, for example Ajayi & Weigele²⁸ starved ceramic MFCs for 2 weeks and the reactors required 150 h before appreciable current was observed. It is hypothesised that the thickness of the paper and its absorbency could be a controlling

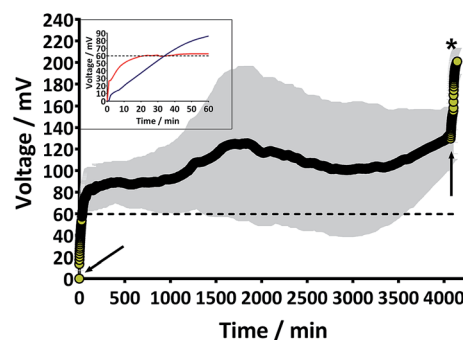


Fig. 7 The recovery of two individual TP-MFCs after 4 weeks refrigeration. MFCs under 950 ohm load. Arrows indicate when MFCs fed fresh urine. Dotted line indicates the voltage required to energise a PMS (not connected). Asterisk indicates when the MFCs were taken down and connected together electrically in parallel. Data presented as mean and range ($n = 2$), the grey area around curve indicates error bars. Inset shows a magnification of the two individual MFCs during the first 60 min.



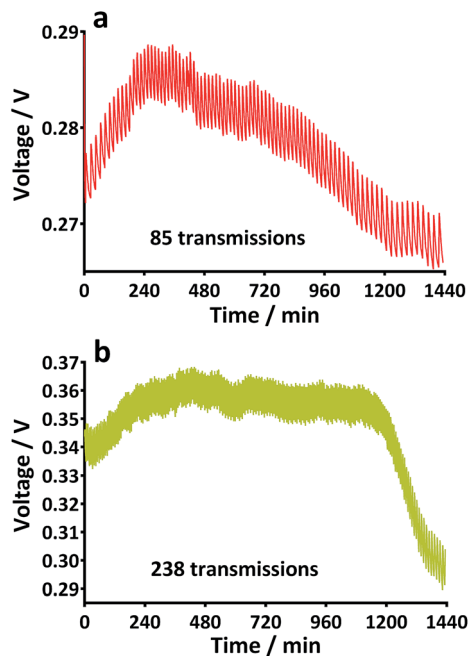


Fig. 8 Behaviour of tetrahedron paper MFCs when attached to energy harvesting board powering a transceiver. Each charge/discharge is the result of one signal being broadcast; (a) 2 MFCs connected in parallel, (b) 2 MFCs connected in series.

factor in the MFCs' speed of reactivation. Over three days the TP-MFCs remain relatively stable and when the MFCs are fed fresh urine at the beginning of the fourth day (approximately 4000 minutes in Fig. 7) they continue to improve rapidly.

3.4.2 Stacked MFCs powering transceiver. In order to demonstrate that the revived MFCs could be used as the power source for broadcasting radio transmissions, the two reactors were coupled together electrically in parallel and connected to a transceiver *via* the PMS. This occurred at the beginning of day 4 and this point in time is illustrated by the asterisk in Fig. 7. Over the next 24 hours the MFCs are capable of continuously broadcasting radio signals indicated by each peak/trough pattern in Fig. 8a and managed 85 transmissions over the day. This is achieved following just one injection of fresh urine. Immediately following the day they were connected in parallel, the two MFCs were topped up with fresh urine, connected electrically in series and monitored for a further 24 hours. This configuration proved considerably more efficient as illustrated in Fig. 8b where 238 signals were transmitted over the day, equating to approximately 1 signal broadcast every 6 minutes. MFCs were also removed from refrigeration after 8 weeks and as expected the start-up time was considerably less rapid. As revealed in Fig. 9 after the extended period of cold storage the MFCs take approximately 700 minutes to reach 60 mV. However, after 5 days these MFCs did eventually reach the same level as those that had been in storage for 4 weeks.

3.4.3 Activation with urine versus water. Chemical paper-based fuel cells rely on the addition of liquid to activate chemicals *e.g.* methanol/KOH.⁷ Such systems can generate a significant burst of power using indiscriminate liquids where for example the use of either urine or water will give the same

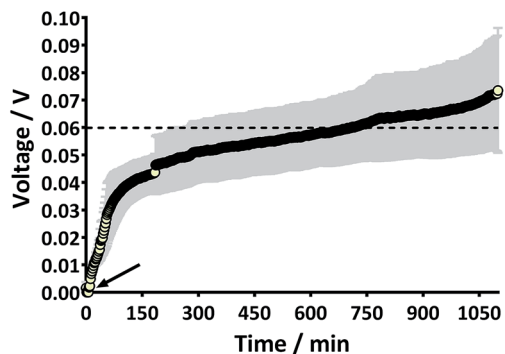


Fig. 9 The recovery of two individual TP-MFCs after a period of 1 week desiccation and 8 weeks refrigeration. MFCs under 950 ohm load at all times. Arrow indicates when MFCs fed neat urine. Dotted line indicates the required voltage to energise PMS (not connected). Data presented as mean and range ($n = 2$), the grey area around curve indicates error bars.

result.²⁹ This might be useful in some applications but for the proposed scenario as well as functioning as fuel, the specific use of urine would provide the additional benefit of sending a 'proof of life' transmission. For this to be effective the fuel cell should be more discriminate, such that water does not activate the system which would result in a false reading. In order to verify that urine is integral to the desiccated anode revival, MFCs were left to dry out over a two week period before being fed either deionised water or urine. In all cases the response of the MFCs fed urine was immediate and whilst MFCs fed water did show some response the output was negligible in comparison, as is highlighted by the power curves produced after 24 hours (Fig. 10). The results presented here demonstrate that MFCs can be refrigerated for as long as 8 weeks before being revived by fresh urine alone. Further work is required to investigate just how long the MFCs can survive in cold storage or indeed at lower temperatures. Another interesting angle for future work could be examining the ability of MFCs to differentiate between a range of organic fluids. The current study demonstrated how urine could eventually be used as a fuel for a technology that can signal proof of life. Recent work has also reported MFCs fed with saliva,³⁰ and this can only help in promoting the MFCs in this technology niche/sector.

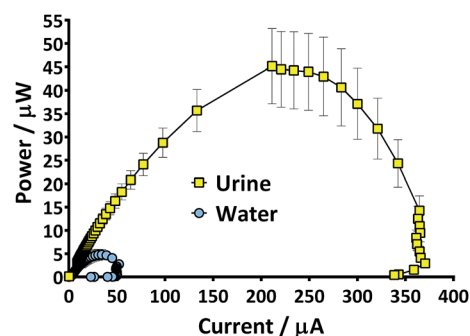


Fig. 10 Power curves generated by TP-MFCs when reactivated with either water or urine. Data presented as mean and range ($n = 2$).



4. Conclusions

This paper reports the development of lightweight paper-based MFCs with sustainable air cathodes. The use of a ubiquitous, readily available source of paper can advance the technology and it is envisaged that novel designs and stack configurations can be developed perhaps even using waste materials. Using a tetrahedron shaped design the inexpensive reactors could be stored for up to 8 weeks in cold storage before being reactivated at room temperature by freshly produced urine. The MFCs fuelled by urine were able to transmit radio broadcasts through a transceiver. The use of urine as fuel in order to broadcast a proof of life status will be highly attractive to a range of disciplines including medical, military, scientific exploration and space travel.

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