



# Lab on a Chip

**A microfluidic fully paper-based analytical device integrated with loop-mediated isothermal amplification and nano-biosensors for rapid, sensitive, and specific quantitative detection of infectious diseases**

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1        **A microfluidic fully paper-based analytical device integrated with loop-**  
2        **mediated isothermal amplification and nano-biosensors for rapid, sensitive,**  
3        **and specific quantitative detection of infectious diseases**  
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## 1 **Abstract**

2 Bacterial meningitis, an infection of the membranes (meninges) and cerebrospinal fluid (CSF)  
3 surrounding the brain and spinal cord, is one of the major causes of death and disability  
4 worldwide. Higher case-fatality rates and short survival times have been reported in developing  
5 countries. Hence, a quick, straightforward, and low-cost approach is in great demand for the  
6 diagnosis of meningitis. In this research, a microfluidic fully paper-based analytical device  
7 ( $\mu$ FPAD) integrated with loop-mediated isothermal amplification (LAMP) and ssDNA-  
8 functionalized graphene oxide (GO) nano-biosensors was developed for the first time for a  
9 simple, rapid, low-cost, and quantitative detection of the main meningitis-causing bacteria,  
10 *Neisseria meningitidis* (*N. meningitidis*). The results can be successfully read within 1 hour with  
11 the limit of detection (LOD) of 6 DNA copies per detection zone. This paper device also offers  
12 versatile functions by providing a qualitative diagnostic analysis (i.e., a yes or no answer),  
13 confirmatory testing, and quantitative analysis. These features make the presented  $\mu$ FPAD  
14 capable of a simple, highly sensitive, and specific diagnosis of *N. meningitidis*. Furthermore, this  
15 microfluidic approach has great potential in the rapid detection of a wide variety of different  
16 other pathogens in low-resource settings.

17

18 **Keywords:** Fully paper-based analytical device, infectious diseases, loop-mediated isothermal  
19 amplification (LAMP), Point-of-care diagnosis, Microfluidic devices.

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## 2 **1. Introduction**

3 Meningitis is a life-threatening inflammation of the meninges of the human brain and  
4 cerebrospinal fluid (CSF) of the human central nervous system. It can be caused by viruses, fungi,  
5 bacteria, or other nonpathogenic agents like amoeba and endoparasites. Although viral, fungal, and  
6 other nonpathogenic forms of meningitis are often mild and rare, bacterial meningitis appears very  
7 common and results in brain damage, hearing loss, learning disability, and death in more severe  
8 cases.<sup>1-3</sup> Bacterial meningitis is one of the ten leading causes of death due to infectious diseases  
9 worldwide. About 10% of the patients die within 24–48 h of the onset of symptoms and long-term  
10 neurological sequelae occur in 10–20% of survivors.<sup>4</sup> The bacterial meningitis is mainly caused  
11 by *Neisseria meningitidis* bacterium, also known as *meningococcal meningitis*, which is the major  
12 cause of fatal meningitis in humans and spreads rapidly among people through coughing, sneezing,  
13 or close contact.<sup>3</sup> Moreover, the symptoms of meningitis are similar to that of common flu, which  
14 makes meningitis diagnosis difficult based on clinical symptoms.<sup>5</sup> Hence, a simple, quick, and  
15 highly sensitive methodology is essential to the immediate and early diagnosis of meningitis.

16 Traditional methods for diagnosis of meningitis involve the culture of bacteria, latex  
17 agglutination test, and coagglutination assay.<sup>6,7</sup> While culture takes a long time, the other two tests  
18 include a series of enzymatic reactions, which may lead to uncertain results.<sup>3,8</sup> Gram staining and  
19 other biochemical methods for diagnosis of meningitis are preliminary methods of differentiating  
20 Gram-negative from Gram-positive bacteria or one group of bacteria from others. These tests can  
21 be misled patients with prior antibiotic treatment.<sup>9, 10</sup> New molecular techniques such as  
22 quantitative real-time polymerase chain reaction (qPCR)<sup>11-13</sup> and loop-mediated isothermal  
23 amplification (LAMP)<sup>14, 15</sup> have been used to overcome these problems and provide faster

1 detection of bacterial meningitis. Although qPCR is a valuable method for detecting bacterial  
2 meningitis,<sup>16</sup> this method requires specialized personnel and equipment and is consequently  
3 costly.<sup>17</sup> LAMP has been developed as a new method to amplify DNA with high specificity,  
4 efficiency, and rapidity under isothermal conditions. There are several reports on LAMP  
5 amplification techniques for the detection of bacterial meningitis.<sup>18-20</sup> However, like qPCR,  
6 specialized equipment and laborious procedure are required for conventional LAMP, which limits  
7 its broad application in the field or the low-resource settings.<sup>21</sup>

8       Microfluidic lab-on-a-chip (LOC) offers a unique opportunity for highly efficient human  
9 health diagnostics<sup>22-29</sup> because of various advantages, including miniaturization, integration,  
10 automation, and low sample consumption. The LOC technology provides high potential for the  
11 point of care (POC) diagnosis of a wide range of diseases in low-resource settings. Fabrication  
12 methods and cost of microfluidic platforms, assay, and detection procedures can be significantly  
13 affected by the substrates used to fabricate a microfluidic device such as glass,<sup>30</sup>  
14 polydimethylsiloxane (PDMS),<sup>21, 31</sup> and paper.<sup>32-34</sup> Paper is one of the most common low-cost  
15 materials for microfluidic device fabrication that is simple, easy to fabricate, and does not need  
16 complex surface treatment procedures to immobilize biosensors on a microfluidic platform.<sup>35</sup>  
17 Hydrophobic barriers can be patterned on paper to create microfluidic channels without the need  
18 for cleanroom facilities.<sup>36</sup> The porous chromatography paper also presents a simple 3D substrate  
19 for reagent storage and reactions.<sup>37</sup> In addition, The cellulose paper is biodegradable and fluids  
20 can be transported via the capillary effect through the paper without using external pneumatic  
21 pumps or electric power.<sup>35</sup> These properties make paper-based microfluidic devices ideal for low-  
22 cost POC detection of infectious diseases.

1           The combination of LAMP with microfluidic technology miniaturizes conventional LAMP  
2 detection systems and facilitates the realization of POC pathogen detection in different desired  
3 health care settings. Unlike PCR, on-chip LAMP usually does not need complicated  
4 microfabrication of heaters and temperature sensors on a microfluidic chip,<sup>18, 38</sup> making it ideal for  
5 POC pathogen detection in low-resource settings. Recently, porous materials such as microscale  
6 hydrogel (microgel) and paper integrated with LAMP reactions presented a high potential for  
7 nucleic acid detection because of their 3D porous network structures and excellent  
8 biocompatibility.<sup>39, 40</sup> In addition, polymer-based,<sup>41-43</sup> polymer/paper hybrid, and other paper  
9 hybrid microfluidic devices<sup>44-47</sup> integrated with the LAMP amplification method have been  
10 developed for rapid detection of pathogens. However, it is challenging to integrate LAMP on a  
11 fully paper-based microfluidic device due to reagent evaporation associated with the LAMP  
12 amplification process at approximately 60-65 °C for about one hour.<sup>48-51</sup> Thus, most paper-based  
13 LAMP relied on the combination with other chip substrates such as glass to achieve on-chip LAMP  
14 on paper-based devices.<sup>48</sup> For instance, Yoon and co-workers developed a paper-based  
15 microfluidic device integrated with LAMP for the qualitative detection of the Zika virus.<sup>48</sup> But  
16 the device still relied on assistance from two glass plates, which was essentially equivalent to a  
17 paper/glass hybrid device,<sup>52-54</sup> and required multiple separate procedures that were not integrated  
18 with a single device. Moreover, some paper-based devices integrated with LAMP were reported  
19 for the detection of Methicillin-resistant *Staphylococcus aureus* (MRSA).<sup>51, 55</sup> The presented  
20 devices were not, accurately speaking, microfluidic devices because they contained circular holes  
21 without any microfluidic channels. Therefore, there are no fully paper-based integrated  
22 microfluidic LAMP devices reported yet. In addition, although amplification results can be  
23 virtually detected by using organic fluorescence dyes such as calcein and SYBR Green by the

1 naked eye, they have some drawbacks such as limited quantitative analysis, low specificity, and a  
2 high rate of false-positive results.<sup>18, 21, 22</sup>

3       Herein, we developed a simple, novel, and low-cost microfluidic fully paper-based analytical  
4 device ( $\mu$ FPAD) integrated with LAMP reaction for the rapid and sensitive quantitative detection  
5 of the main meningitis-causing bacterium, *N. meningitidis*. Due to the unique optical, electronic,  
6 and mechanical properties of nanomaterials for quantitative analysis nucleic acids analysis with  
7 high detection sensitivity,<sup>37, 56, 57</sup> we also integrated single-strand DNA (ssDNA)-functionalized  
8 graphene oxide (GO) nano-biosensors on the  $\mu$ FPAD for specific and quantitative diagnosis of  
9 meningitis, applying a simple “turn on” approach based on the fluorescence quenching and  
10 recovery property of graphene oxide while adsorbing and desorbing Cy3-labeled ssDNAs.<sup>37, 56</sup> Our  
11 device is fully made out of chip substrate paper, so it is economical and easy to fabricate and  
12 incinerate. To the best of our knowledge, this is the first fully paper-based microfluidic chip  
13 integrated with LAMP amplification and nano-biosensors for the rapid quantitative diagnosis of  
14 infectious diseases. In addition, without complicated surface modification procedures for ssDNA  
15 probe immobilization, the ssDNA-functionalized GO biosensor is integrated on the  $\mu$ FPAD for  
16 specific and quantitative detection of *N. meningitides*, while paper acts as a simple 3D storage  
17 substrate for the ssDNA-functionalized GO nano-biosensor. The  $\mu$ FPAD is not only capable of  
18 qualitative analysis (i.e., giving a yes or no answer) but also quantitative detection, addressing a  
19 major problem in LAMP quantitation. The results can be successfully read within 1 hour with a  
20 limit of detection (LOD) of 6 DNA copies, comparable to conventional qPCR. Furthermore, the  
21 demonstrated multiplexed detection of *N. meningitides* and *S. pneumoniae* with high specificity  
22 indicates a great potential of the  $\mu$ FPAD for simultaneous quantitation of various infectious  
23 diseases.

## 1 2. Experimental section

### 2 2.1. Chemicals and materials

3 LAMP kits were purchased from Eiken Co. Ltd., Japan. The LAMP reaction mixture was  
 4 prepared by following the manufacturer's protocol. Table 1 shows the LAMP primers and ssDNA  
 5 probe obtained from Integrated DNA Technologies (Coralville, IA) for the target DNA sequences  
 6 of the genes of *N. meningitidis ctrA* and *S. pneumoniae lytA*. All the ssDNA probes were labeled  
 7 with Cy3 at the 5' end. GO was obtained from Graphene Laboratories (Calverton, NY). Whatman  
 8 chromatography paper and all other mentioned chemicals and solvents were obtained from Sigma  
 9 (St. Louis, MO) and used without further purification unless noted otherwise. Unless otherwise  
 10 stated, all solutions were prepared with ultrapure Milli-Q water (18.2 MV cm) from a Millipore  
 11 Milli-Q system (Bedford, MA).

12 **Table 1.** Sequence information of LAMP primers and ssDNA probes for *N. meningitidis* and *S.*  
 13 *pneumoniae*

14

<i>N. meningitidis ctrA</i> LAMP primer sequences and the probe sequences		
LAMP Primer	Sequences (5'-3')	No. of bases
FIP	CAAACACACCACGCGCATCAGATCTGAAGCCATTGGCCGTA	41
BIP	TGTTCCGCTATACGCCATTGGTACTGCCATAACCTTGAGCAA	42
F3	AGC(C/T)AGAGGCTTATCGCTT	19
B3	ATACCGTTGGAATCTCTGCC	20
FL	CGATCTTGCAAACCGCCC	18
BL	GCAGAACGTCAGGATAAATGGA	22
Probe	Cy3-AACCTTGAGCAATCCATTTATCCTGACGTTCT	32

15

<i>S. pneumoniae lytA</i> LAMP primer sequences and the probe sequences		
LAMP Primer	Sequences (5'-3')	No. of bases
FIP	CCGCCAGTGATAATCCGCTTCACACTCAACTGGGAATCCGC	41
BIP	TCTCGCACATTGTTGGGAACGGCCAGGCACCATTATCAACAGG	43



F3	GCGTGCAACCATATAGGCAA	20
B3	AGCATTCCAACCGCC	15
BL	TGCATCATGCAGGTAGGA	18
Probe	Cy3- GCGGATTCCCAGTTGAGTGTGCGTGTAC	28

1

2 *2.2. Microorganism culture and DNA preparation*

3 *N. meningitidis* (ATCC 13098) and *S. pneumoniae* (ATCC 49619) were purchased from  
4 American Type Culture Collection (ATCC, Rockville, MD). Chocolate II agar plates (BD, Sparks,  
5 MD) and TSA II agar plates supplemented with 5% sheep blood (BD, Sparks, MD) were used to  
6 grow *N. meningitidis* and *S. pneumoniae*, respectively. All the microorganisms were incubated at  
7 37 °C for 48 h in an aerobic environment with 5% CO<sub>2</sub>.

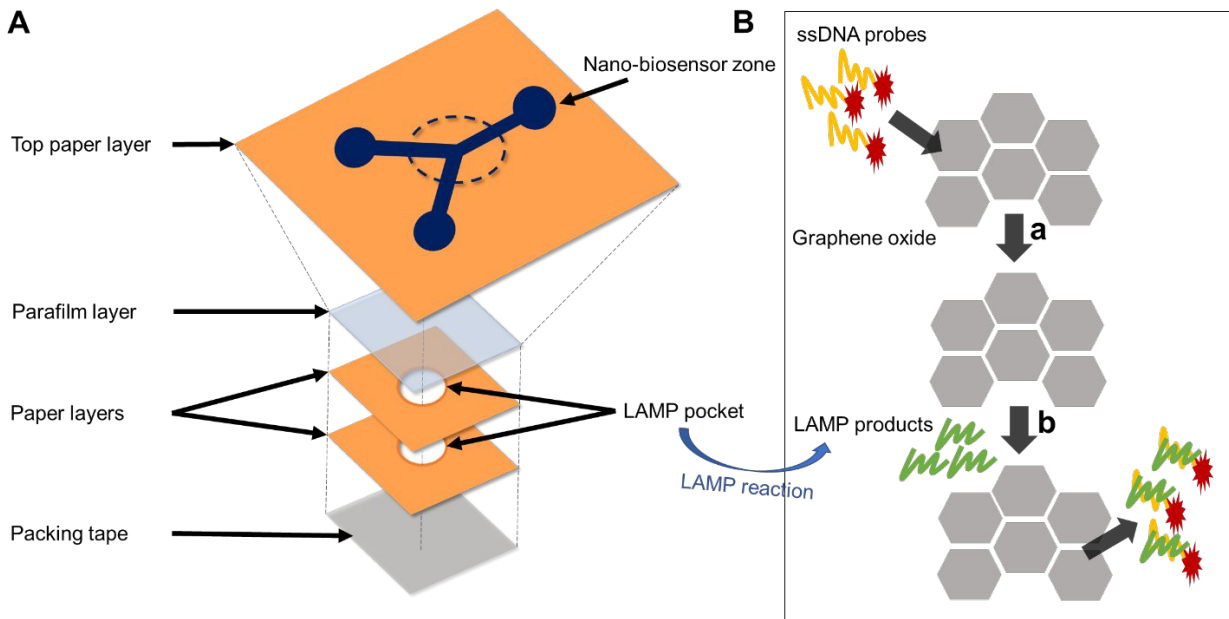
8 The Qiagen DNA Mini Kit was used to extract DNA following a slightly modified protocol  
9 from the manufacturer to test the feasibility of the on-chip LAMP detection of *N. meningitidis*.  
10 Briefly, harvested bacterial cells in 5 mL sterile saline (maximum  $2 \times 10^9$  cells were adjusted to  
11 0.5 turbidity McFarland standard) from a bacterial culture plate and then centrifuged at 5000 ×g  
12 (or 7500 rpm) for 10 min. After discarding the supernatant, the bacterial pellet was collected for  
13 the remaining DNA preparation procedures following the manufacturer's protocol. The  
14 concentration of the template DNA and the LAMP products were determined using Nanodrop  
15 (Nanodrop 1000, Thermo Scientific, MA). Alternatively, bacteria cells were lysed using a  
16 centrifuge-free method that we developed recently.<sup>58</sup>

17 *2.3. Layout and fabrication of the μFPAD*

1           The microfluidic device consists of five layers, as illustrated in Fig. 1. The top layer is a  
2 paper layer, including 3 detection zones and 3 hydrophilic channels for LAMP product delivery.  
3 The second layer is a parafilm layer to separate the LAMP zone from the top layer. The third and  
4 fourth layers are two paper layers forming some cylindrically shaped space as a LAMP zone  
5 (diameter 5 mm) for the LAMP reaction. To prevent potential reagents from spreading into the  
6 space between the two middle paper layers, the outer walls of the LAMP zone were sealed with  
7 super glue to generate a hydrophobic border. The bottom layer is packing tape for structure support.

8           To generate the hydrophilic channels and detection zones on the top paper layer, a piece of  
9 Whatman #4 Chromatography paper was treated using SU-8. A photomask was designed and  
10 printed on a transparency slide with a standard printer. The photomask was aligned with the  
11 hydrophilic SU-8 treated chromatography paper and exposed to UV radiation under a UV exposure  
12 machine (intensity 100%, 20 seconds). To assemble different layers, a layer of commercially  
13 available double-sided carpet tape was used between both the paper layers and the Parafilm.

14           Before assembly of the biochip, the prepared LAMP mixture (without samples) based on the  
15 manufacturer's protocol was pre-loaded to the LAMP zone. 1  $\mu\text{L}$  of 0.03  $\text{mg ml}^{-1}$  GO and 1  $\mu\text{L}$  of  
16 1  $\mu\text{M}$  Cy-3 labeled ssDNA probe were preloaded to the detection zones of the top paper layer.  
17 After sealing the top layer with tape, the biochip became a ready-to-use device.



1  
2 **Figure. 1** Schematic of the  $\mu$ FPAD integrated with LAMP and ssDNA-functionalized GO nano-  
3 biosensors to detect *N. meningitidis*. (a) 3D illustration of the chip layout. (b) Detection principle  
4 based on the interaction among the GO, the ssDNA probe, and the LAMP products.

#### 5 2.4. On-chip LAMP procedure

6 An *N. meningitidis* sample was introduced to the biochip from the bottom packing tape layer  
7 to the LAMP zone using a micro syringe. After the generated hole was sealed with tape, the  
8 microfluidic device was placed on a battery-powered portable heater at 63 °C for 1 h for LAMP  
9 reactions, and then the LAMP reactions were terminated at 95 °C for 2 min.

10 After the LAMP reaction, an innovative poking-flipping actuation method was developed to  
11 transfer LAMP products to nanosensor zones. Briefly, a thumbtack was used to make a small hole  
12 into the packing tape and the Parafilm from the bottom of the chip. By flipping the chip over, the  
13 LAMP products flowed into the hydrophilic channels on the top paper layer and were then  
14 distributed to different nano-biosensor detection zones to hybridize with the Cy3-labeled ssDNA

1 probes. The device was incubated for 20 min at room temperature and then was scanned by a  
2 Nikon Fluorescence Microscope (Melville, NY) equipped with a Cy3 optical filter (Ex = 550 nm;  
3 Em = 570 nm) to measure the fluorescence intensity. LAMP products were also analyzed using  
4 gel electrophoresis (Sub-Cell GT, Bio-Rad, CA). For gel electrophoresis, 90 V was applied for 1  
5 h in 1.5% agarose gel to resolve the amplified products.

### 6 **3. Results and discussion**

#### 7 *3.1. A fully paper-based microfluidic device for on-chip LAMP reaction*

8 Paper is an economical material for easily fabricating microfluidic chips, which does not  
9 need a complicated surface modification procedure for nano-sensor integration on the chip. In this  
10 work, the presented device is a fully paper-based microfluidic device including one top paper layer  
11 and two middle paper layers (Note, by convention, glue and tape are not considered as chip  
12 substrates like silicon, glass, PDMS, poly(methyl methacrylate) (PMMA), polycarbonate (PC),  
13 and so on). Different from other on-chip LAMP work,<sup>48</sup> two dedicated middle paper layers were  
14 used to form the LAMP zone in order to increase the volume of the cylindrical LAMP reaction  
15 space to hold more LAMP mixtures. Parafilm and packing tape layers were used to seal the top  
16 and the bottom of the LAMP zone, respectively. All layers were assembled using double-sided  
17 carpet tape. To prevent LAMP reagents from spreading into the possible gap between paper layers,  
18 which would cause contamination and false-positive results, the outer walls of the LAMP zone  
19 were coated with hydrophobic commercially available super glue, ensuring watertight of the  
20 LAMP zone. Parafilm, tape, and super glue were chosen due to their hydrophobicity, transparency,  
21 availability, cost-effectiveness, and stability.

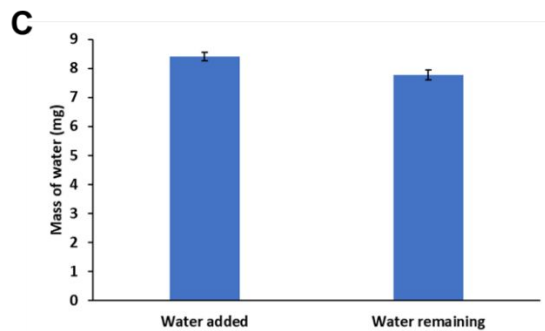
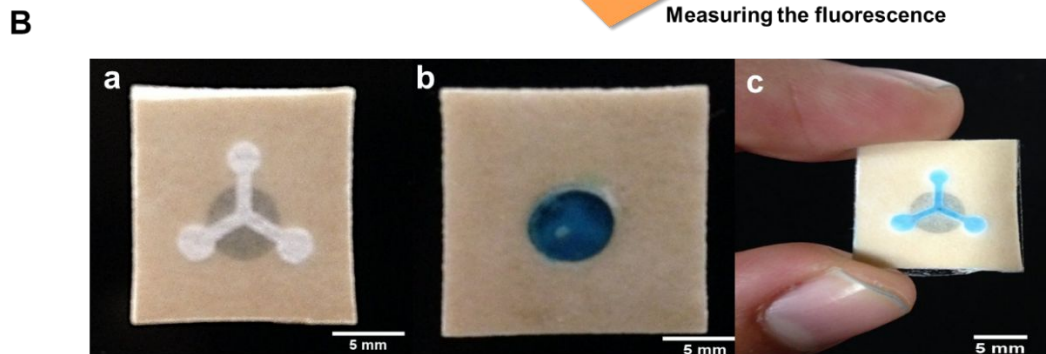
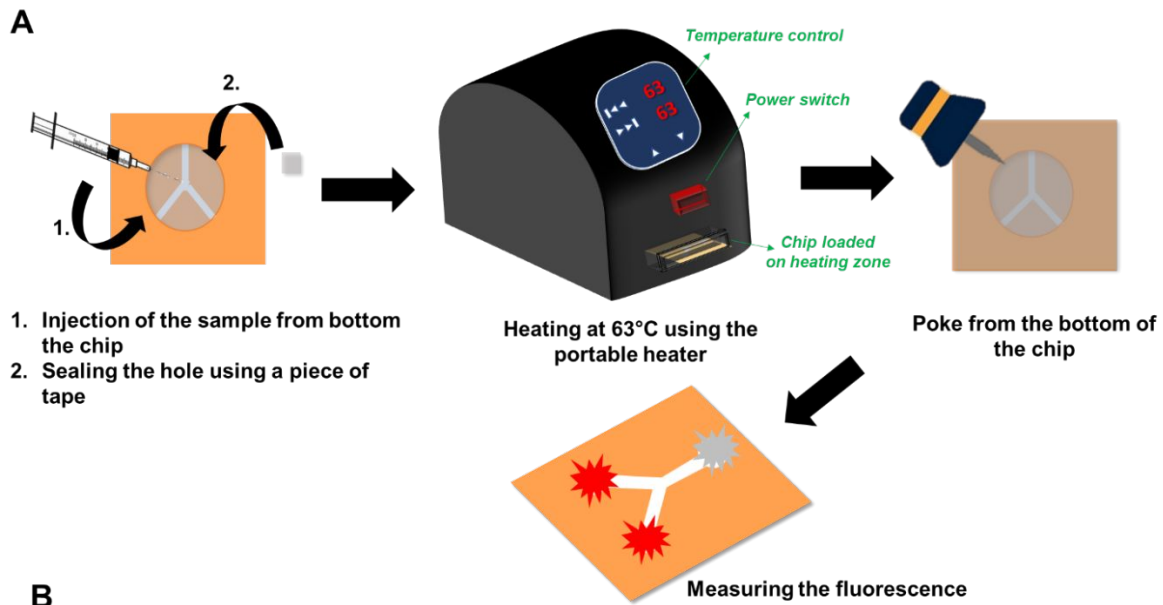
1 To achieve high sensitivity detection, LAMP was integrated on the fully paper-based  
2 microfluidic device. The LAMP method is a simple, rapid, sensitive, and cost-effective DNA  
3 amplification method that allows isothermal DNA amplification at a constant temperature  
4 compared to PCR.<sup>38</sup> Before the biochip assembly, the prepared LAMP mixture (without samples)  
5 and ssDNA-functionalized GO were preloaded to the LAMP zone and the detection zones in the  
6 top paper layer, respectively, forming a ready-to-use device. This ready-to-use device only needed  
7 sample injection by users during testing, thus minimizing the operation procedures. As shown in  
8 Fig. 2B, a micro syringe was used to inject the *N. meningitidis* DNA sample from the bottom of  
9 the chip to the LAMP zone and the created hole was sealed using a small piece of tape. Then, the  
10  $\mu$ FPAD was taken to a battery-powered portable heater for LAMP reactions at 63 °C for 1 h.

11 To achieve quantitative detection, Cy3-ssDNA-functionalized GO nano-biosensors were  
12 also integrated into the  $\mu$ FPAD. After the adsorption of fluorescent-labeled ssDNA probes on the  
13 GO surface, the fluorescence is quenched (fluorescence ‘OFF’) before the sample injection  
14 because GO has an extraordinary distance-dependent fluorescence quenching property.<sup>59, 60</sup> During  
15 testing, a thumbtack was used to make a small hole into the packing tape and the Parafilm layers  
16 from the bottom of the chip. Then, by flipping the chip over, the isothermally amplified DNA  
17 targets in the LAMP zone were delivered to the nano-biosensor detection zones due to gravity  
18 (Fig. 2A). The ssDNA probe forms a duplex after a specific binding with the target. The binding  
19 of the probe and target causes a conformational change of the probe so that it becomes rigid,<sup>61, 62</sup>  
20 leading to a lower affinity of the duplex with GO and the subsequent spontaneous liberation of the  
21 ssDNA probe from the GO surface. As illustrated in Fig. 1B, the distance between the fluorescence  
22 dye and GO is too far to quench the fluorescence efficiently after the release of the probe from the  
23 GO surface. It reverts the quenching effect (fluorescence ‘ON’). No fluorescence is observed when

1 there is no target.<sup>37</sup> In addition to the quantitation of DNA targets, a very high specificity was  
2 achieved using the  $\mu$ FPAD because specific LAMP primers and specific DNA capture probes  
3 acted as double checkpoints. As shown above, pre-loaded LAMP and sensor reagents, LAMP  
4 reactions, smart pocking-flipping actuation, and nanosensor quantitation were all integrated in a  
5 single fully paper-based device, which minimized DNA contamination and separate user  
6 operations, enhanced portability and functionality, while maintaining high biosafety levels to  
7 users.

8 The LAMP product needs to be delivered into the detection zones for the on-chip LAMP  
9 detection. To test and illustrate the reagent delivery process, the LAMP zone was filled with blue  
10 food dye, followed by the same LAMP product delivery procedure mentioned above. Figs 2B(a-  
11 b) show the top and the bottom views of the  $\mu$ FPAD filled with the blue food dye before actuating  
12 the Parafilm valve, respectively. Once a thumbtack poked a hole in the middle Parafilm between  
13 the LAMP zone and the top paper layer and activated the Parafilm valve, the blue food dye  
14 automatically flowed through all hydrophilic channels and was delivered to the three nanosensor  
15 detection zones in the top layer in less than 3 seconds via the capillary effect, after flipping over  
16 the device. As shown in Fig. 2B, the blue color spread evenly through the channels and dyed the  
17 detection zones blue without using any pneumatic or other pumps, which confirmed successful  
18 reagent delivery.

19 Moreover, we further tested the reagent loss due to evaporation from the device during the  
20 LAMP process at 63 °C for 1 h by weighing the mass changes during the LAMP process using an  
21 analytical balance. Fig. 2C shows there was negligible reagent evaporation loss ( $\sim 7\%$ ) from the  
22 device at 63 °C for 1 h.

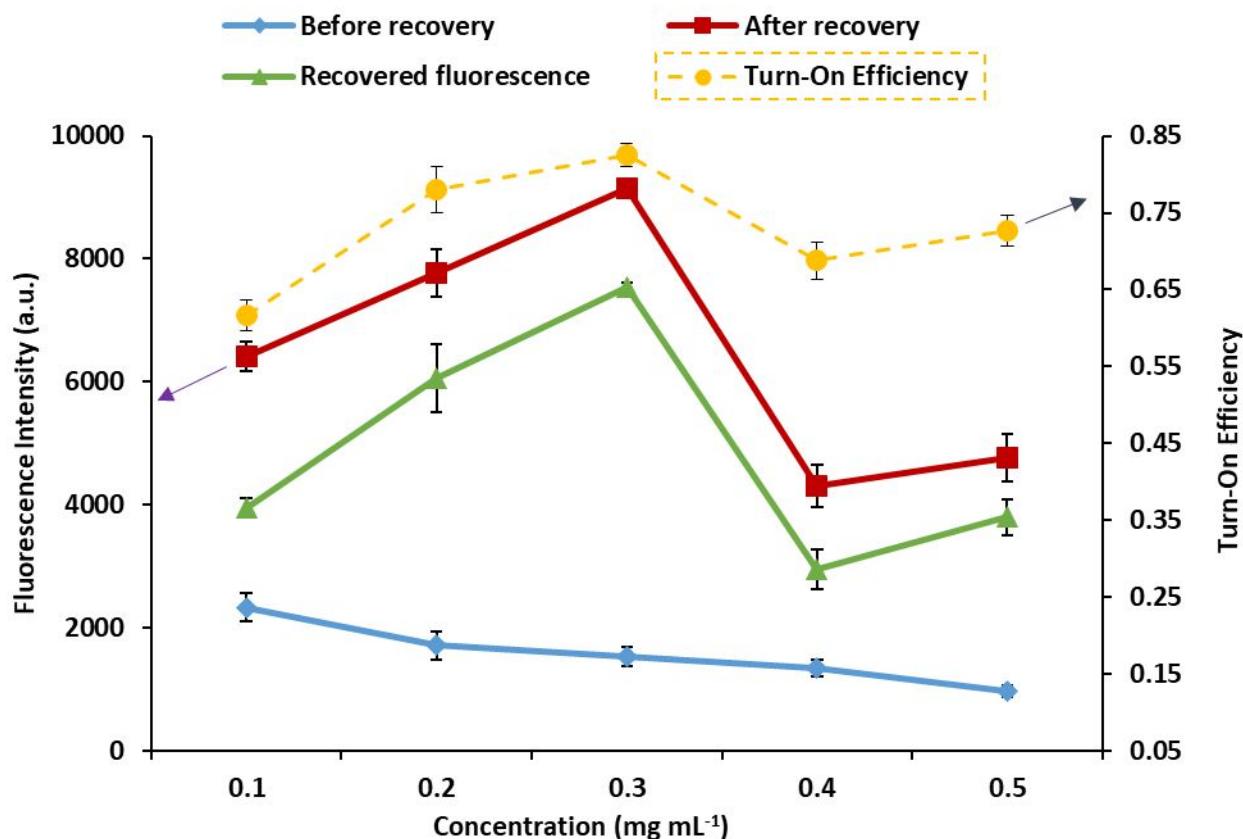


1  
2 **Figure 2.** (A) Schematic illustration of the assay procedure using  $\mu$ FPAD. (B) Reagent  
3 delivery test of  $\mu$ FPAD. (a) Top view of  $\mu$ FPAD before poking; (b) Bottom view of  $\mu$ FPAD before  
4 poking, with the LAMP reaction zone in the device filled with a blue food dye; (c) A photograph  
5 of  $\mu$ FPAD after poking and delivering the blue food dye into the channels and the detection zones  
6 (top view). (C) Testing reagent loss due to evaporation after 1 hour of heating at 63 °C (n=3).

### 1 3.2. Integration of LAMP and nano-biosensors on the fully paper-based microfluidic device

2 Although it is simple to use LAMP to qualitatively detect the occurrence of amplification  
3 based on the byproducts from the reactions, it is challenging for LAMP for quantitative analysis.<sup>58</sup>  
4 <sup>63</sup> Herein, ssDNA probe-functionalized GO nano-biosensors were integrated on  $\mu$ FPAD for  
5 specific and quantitative detection of LAMP amplicons. The graphene oxide concentration needs  
6 to be optimized because it affects fluorescence quenching and recovery of nanosensors. To  
7 optimize the GO concentration, five different concentrations ranging from 0.01 mg ml<sup>-1</sup> up to 0.05  
8 mg ml<sup>-1</sup> were evaluated. Different fluorescence intensities of different concentrations of GO before  
9 and after recovery are illustrated in Fig. 3. It was observed that low and high GO concentrations  
10 exhibited lower recovery. It is probably because too low GO concentrations caused inefficient  
11 fluorescence quenching and too high GO concentrations resulted in difficult fluorescence recovery.  
12 To choose optimal GO concentrations, not only the fluorescence intensity after recovery but also  
13 the net recovered fluorescence intensity (the difference between the fluorescence intensities before  
14 and after recovery) was considered. Given higher fluorescence intensity after recovery and higher  
15 net recovered fluorescence intensity from 0.03 mg mL<sup>-1</sup>, the GO concentration of 0.03 mg mL<sup>-1</sup>  
16 was applied for subsequent experiments. In addition, turn-on efficiencies of the GO sensor were  
17 calculated for different concentrations of GO. The turn-on efficiencies were from 61% to 82%,  
18 and 0.03 mg mL<sup>-1</sup> of GO presented the highest turn-on efficiency (82%).



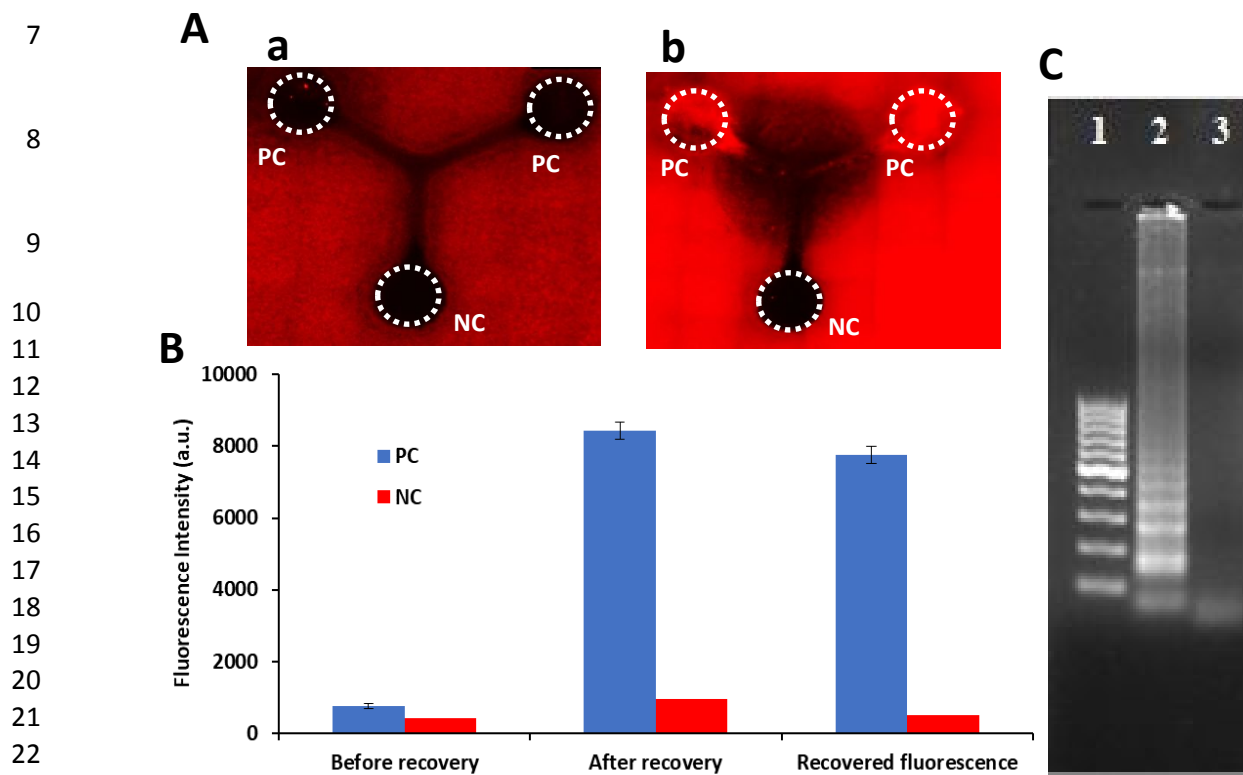


1

2 **Figure 3.** Optimization of the GO concentrations. Fluorescence intensities of LAMP  
 3 products before and after recovery, the net recovered fluorescence, and the turn-on efficiency for  
 4 different concentrations of GO. Error bars represent standard deviations (n = 6).

5 After optimizing GO concentrations, the  $\mu$ FPAD was used to test *N. meningitidis*. After  
 6 going through on-chip LAMP and nanosensors, Fig. 4A shows on-chip LAMP *N. meningitidis*  
 7 detection results from fluorescence images before and after fluorescence recovery by keeping one  
 8 detection zone without the ssDNA probe as negative control (NC) and the other detection zones  
 9 for *N. meningitidis*. As shown in Fig. 4A(b), the detection zones for *N. meningitidis* detection  
 10 exhibited strong fluorescence, while no fluorescence was observed in the detection zone for NC.  
 11 The recovered fluorescence intensity (Fig. 4B) from *N. meningitidis* was about 8-fold higher than

1 that from the negative control. In addition, LAMP products were extracted for the gel  
 2 electrophoresis test. The LAMP reaction produced a mixture of stem-loop DNA products of  
 3 different sizes.<sup>64, 65</sup> As shown in Fig. 4C, the specific ladder-pattern bands of LAMP products from  
 4 *N. meningitidis* presented a mixture of DNA amplicons with various sizes due to loop-mediated  
 5 amplification reactions, which confirmed the successful on-chip LAMP reactions using  $\mu$ FPAD to  
 6 detect *N. meningitidis*.

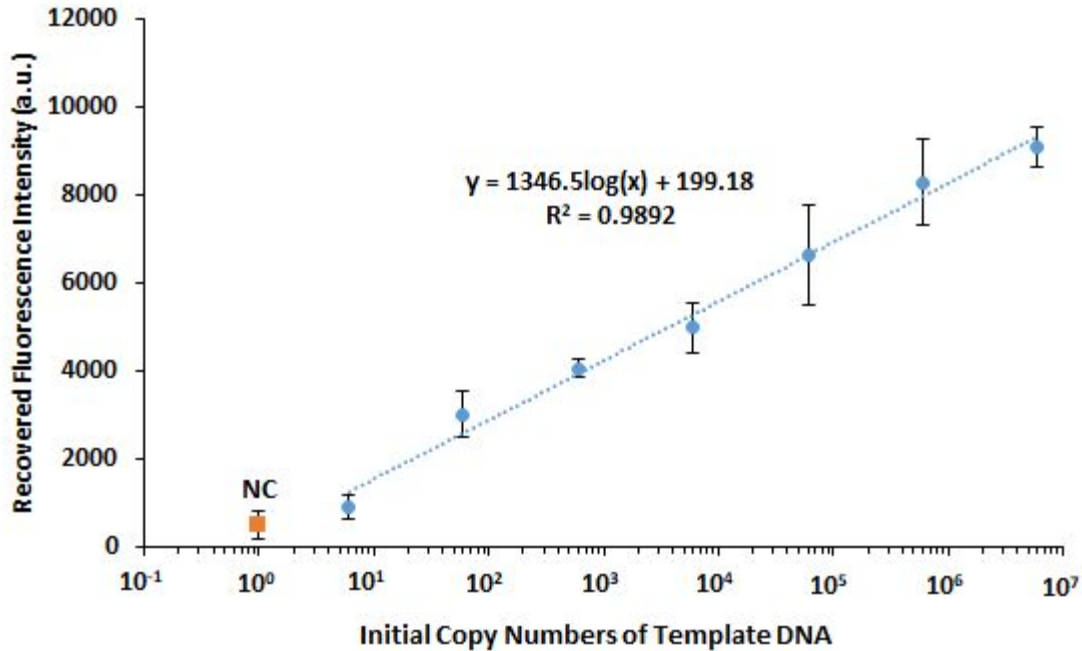


27 **Figure 4.** (A) On-chip LAMP detection of *N. meningitidis* DNA by fluorescence microscopy  
 28 before fluorescence recovery (a) and after fluorescence recovery (b). Strong fluorescence was  
 29 observed in positive control detection zones but not in the negative control detection zone. (B)  
 30 Fluorescent intensity of the different detection zones. (C) Gel electrophoresis analysis of collected  
 31 LAMP products for a confirmatory test. Lanes 1, 2, and 3 were 100 bp ladder, the LAMP products

1 from *N. meningitidis*, and the negative control, respectively. The purified DNA template was  $6 \times$   
2  $10^5$  copies per LAMP zone.

### 3 *3.3. Analytical performance of the $\mu$ FPAD for quantitative detection*

4 Our paper-based microfluidic nano-biochip can qualitatively detect the targets and present  
5 quantitative analysis because of the integrated nano-biosensors. This is one of the significant  
6 features of our device because most reported on-chip LAMP methods did not present quantitative  
7 analysis.<sup>41, 66-68</sup> We evaluated the calibration curve, detection sensitivity, and LOD of our device  
8 to detect *N. meningitidis* by testing a series of 10-fold diluted initial template DNA samples (i.e.,  
9  $6 \times 10^6$ ,  $6 \times 10^5$ ,  $6 \times 10^4$ ,  $6 \times 10^3$ ,  $6 \times 10^2$ ,  $6 \times 10^1$ ,  $6 \times 10^0$ , and  $6 \times 10^{-1}$  DNA copies per LAMP  
10 zone before LAMP amplification) on this microfluidic device after 1 hr LAMP amplification  
11 reaction. The recovered fluorescence intensities corresponding to different copy numbers of the  
12 initial template DNA were achieved from various nano-biosensor detection zones to obtain the  
13 calibration curve. As illustrated in Fig. 5, the linear range of the calibration curve is from 6 to  $6 \times$   
14  $10^6$  copies per detection zone with the square of the correlation coefficient of 0.9892 ( $R^2$ ). Based  
15 on the 3-fold standard deviations of the mean fluorescence intensities of the negative control, the  
16 LOD was achieved to be as low as 6 copies of *N. meningitidis* per detection zone, which was  
17 comparable to that of the real-time qPCR.<sup>69, 70</sup>



1

2 **Figure 5.** Detection of various concentrations of *N. meningitidis*. Fluorescence intensities were  
 3 plotted versus the concentration of *N. meningitidis* from 6 to  $6 \times 10^6$  copies per detection zone.  
 4 The inset shows the linear calibration curves of the net recovered fluorescence intensities versus  
 5 the initial copy number of template DNA (before LAMP amplification) of *N. meningitidis*, with  
 6 the  $R^2$  value of 0.9892. Error bars represent standard deviations ( $n = 6$ ).

7 To investigate the specificity of the proposed device for meningitis diagnosis, *N. meningitidis*  
 8 and *Streptococcus pneumoniae* (*S. pneumoniae*) DNA samples with their corresponding and non-  
 9 corresponding ssDNA probes were tested because *S. pneumonia* is a rare but serious and life-  
 10 threatening form of bacterial meningitis. As shown in Fig. 6A, specific ssDNA probes for *N.*  
 11 *meningitidis* (N.M) and *S. pneumoniae* (S.P) were pre-loaded in the right and left detection zones,  
 12 respectively. Then, DNA samples of *N. meningitidis* ( $6 \times 10^5$  copies per LAMP zone) were injected  
 13 into the reaction well for the LAMP reaction. It can be seen from Fig. 6A that only the N.M.  
 14 ssDNA probe zone that correlated to the corresponding target sample (i.e., N.M. DNA samples)

1 instead of the S.P. probe generated bright fluorescence. When testing *N. meningitidis* DNA  
2 samples, the fluorescence intensity of the detection zone with pre-loaded *N. meningitidis* ssDNA  
3 probes (i.e., N.M. probe + N.M. DNA sample) from Figure 6C was about 4-fold higher than the  
4 nano-biosensor zone with *S. pneumoniae* ssDNA probes (i.e., S.P. probe + N.M. DNA sample). In  
5 addition, using the  $\mu$ FPAD with pre-loaded N.M. probes, we introduced *S. pneumoniae* ( $6 \times 10^6$   
6 copies per LAMP zone) into the device to further test its specificity. As shown in Figs. 6B, after  
7 pre-loading the *N. meningitidis* ssDNA probes and injection of the DNA samples of *S. pneumoniae*  
8 (i.e., N.M. probe + S.P. DNA sample), no noticeable fluorescence was generated. As shown in Fig.  
9 6D, when testing *S. pneumoniae* DNA samples, the fluorescence intensity of the detection zones  
10 pre-loaded with *N. meningitidis* ssDNA probes was as dim as that of the negative control. Both  
11 specificity tests have confirmed the high specificity of the  $\mu$ FPAD for meningitis detection, mainly  
12 contributed by double checkpoints through specific LAMP primers and specific DNA capture  
13 probes.

14

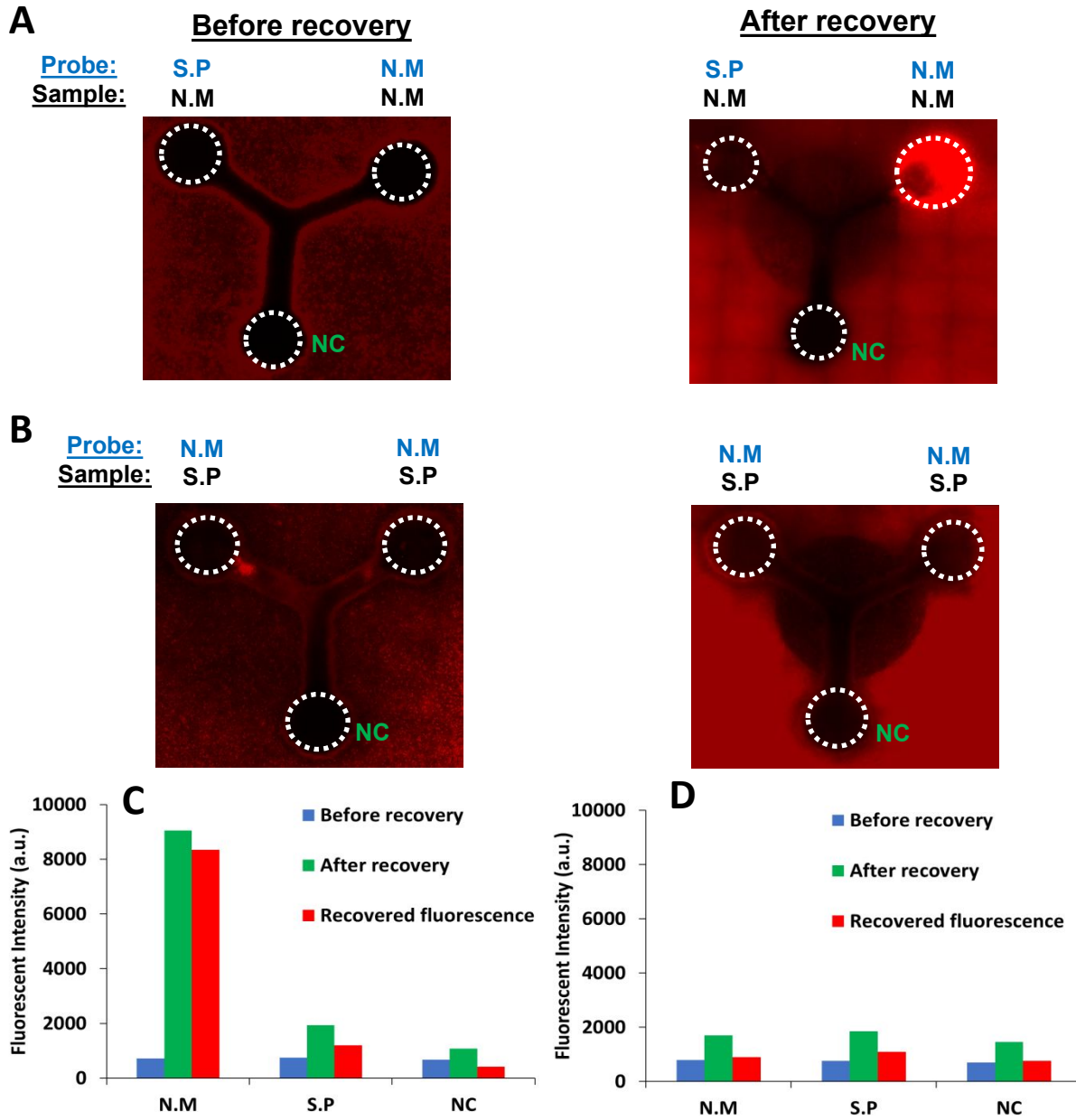
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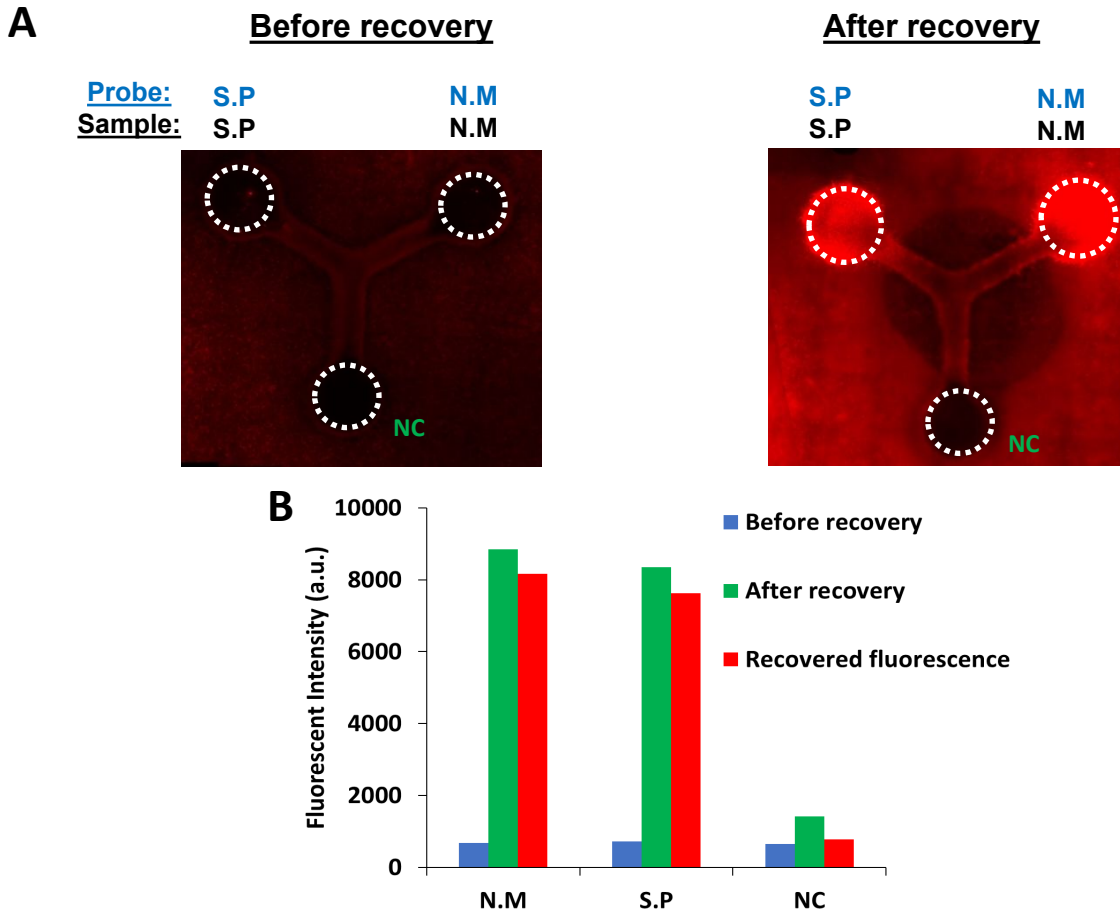
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1  
2 **Figure 6.** (A) Fluorescence images of  $\mu$ FPAD before (a) and after (b) recovery for specificity  
3 investigation by testing *N. meningitidis* (N.M.) samples with their corresponding and non-  
4 corresponding ssDNA probes. (B) Fluorescence images of  $\mu$ FPAD before (a) and after (b)  
5 recovery for specificity investigation by testing *S. pneumoniae* (S.P.) samples with *N. meningitidis*  
6 ssDNA probes. (C) Fluorescence intensities of nano-biosensor zones before and after recovery for  
7 specificity investigation by testing *N. meningitidis* samples with its corresponding and non-

1 corresponding ssDNA probes. (D) Fluorescence intensities of nano-biosensor zones before and  
2 after recovery for specificity investigation by testing *S. pneumoniae* samples with *N. meningitidis*  
3 ssDNA probes.

4 Moreover, multiple pathogens can coexist in many cases of real samples. Multiplexed  
5 pathogens detection provides convenience from a single assay and richer information of several  
6 pathogens at a time.<sup>37</sup> Therefore, the multiplexing capacity of the proposed  $\mu$ FPAD in multiplexed  
7 pathogens detection was further investigated. *N. meningitidis* and *S. pneumoniae* were  
8 simultaneously detected using the  $\mu$ FPAD integrated with ssDNA-functionalized GO nano-  
9 biosensors. The right and left detection zones were pre-loaded with ssDNA probes of *N.*  
10 *meningitidis* and *S. pneumoniae*, respectively, and the bottom detection zone was used as the  
11 negative control. The DNA samples of *N. meningitidis* and *S. pneumoniae* and corresponding  
12 primers were injected into the reaction well of the microfluidic device for LAMP reactions and the  
13 subsequent nanosensor detection. As shown in Fig. 7, strong fluorescence was produced from the  
14 corresponding reaction wells of *N. meningitidis* and *S. pneumoniae* which were much higher than  
15 that of the NC. The recovered fluorescence intensities from *N. meningitidis* and *S. pneumoniae*  
16 were about 8-fold higher than the negative control. A single device readily achieved multiplexed  
17 detection of *N. meningitidis* and *S. pneumoniae*. Therefore, the successful multiplexed detection of  
18 both *N. meningitidis* and *S. pneumoniae* has demonstrated the tremendous potential of the  $\mu$ FPAD  
19 for sensitive and specific detection of various pathogens while leveraging the advantages of high  
20 sensitivity from LAMP amplification, high specificity from LAMP and DNA probes, quantitation  
21 functionality from nanosensors, and low cost and high portability from the fully paper-based  
22 microfluidic device.



1

2 **Figure 7.** Multiplexed detection of *N. meningitidis* (N.M) and *S. pneumoniae* (S.P). (A)3 Fluorescence images of the  $\mu$ FPAD integrated with LAMP and ssDNA functionalized GO nano-4 biosensors for multiplexed detection of *N. meningitidis* and *S. pneumoniae* before (a) and after

5 fluorescence recovery (b). (B) The corresponding fluorescence intensities of the nano-biosensor

6 detection zones before and after recovery. The purified DNA templates of *N. meningitidis* and *S.*7 *pneumoniae* were  $6 \times 10^5$  copies per LAMP zone.

8 To validate our microfluidic device, two different concentrations (60 and 600 DNA copies)

9 of *N. meningitidis* spiked in human whole serum were tested using the proposed  $\mu$ FPAD and the10 results are listed in Table 2. *N. meningitidis* was not detectable using our device in the human



1 serum samples without spiked *N. meningitidis*. Other spiked samples at concentrations of 60 and  
 2 600 DNA copies of *N. meningitidis* showed recovery percentages of 97.2% and 98.5%,  
 3 respectively. These results are within the acceptable range for the validation of analytical  
 4 methods,<sup>71</sup> which not only validated the accuracy of our approach but also indicated the robustness  
 5 of the  $\mu$ FPAD in testing complex human samples.

6 **Table 2.** Determination of *N. meningitidis* spiked in human serum samples (n=4)

Sample	Added <i>N. meningitidis</i> (copies/well)	Detected <i>N. meningitidis</i> (copies/well)	Recovery (%)
	0	N.D. <sup>1</sup>	-
Human serum sample	60	58.3	97.2±3.8
	600	591.2	98.5±3.1

7 <sup>1</sup> Not detectable

## 8 **4. Conclusions**

9 In this study, a simple and low-cost fully paper-based microfluidic device integrated with  
 10 LAMP, smart one-touch actuation, and ssDNA probe-functionalized GO nano-biosensors for rapid  
 11 and sensitive quantitative detection of infectious diseases with high specificity. The LOD of 6  
 12 DNA copies per reaction zone was achieved in detecting *N. meningitides* in 1h. This microfluidic  
 13 approach has the following significant features. (1) Among various chip substrate materials from  
 14 silicon to paper for microfluidics, this microfluidic device is fully made of paper, making it easy  
 15 to fabricate and incinerate with low costs. Importantly, this work pioneered the integration of  
 16 LAMP on a fully paper-based device and, for the first time, achieved LAMP integration on a fully-  
 17 based microfluidic device without noticeable reagent losses on paper due to evaporation. (2) This  
 18 device integrates multiple assay steps on a single device from pre-loaded reagents, LAMP, smart

1 one-touch actuation, and nanosensor detection, minimizing contamination due to sample transfer  
2 and end user's operation steps while enhancing high portability. The combination of the device  
3 with a portable fluorometer or a smartphone camera could further enhance its portability for on-  
4 site detection in low-resource settings.<sup>72</sup> (3) The  $\mu$ FPAD offers not only high sensitivity due to the  
5 integrated LAMP amplification, which is comparable to the costly conventional method qPCR,  
6 but also high specificity due to double checkpoints from LAMP and DNA probes. (4) This paper-  
7 based microfluidic device offers versatile functions. It is not only capable of qualitative analysis  
8 but also quantitative detection, addressing a major problem in LAMP detection. Additionally, the  
9 design of the microfluidic device allows easy extraction of on-chip LAMP products for other  
10 confirmatory tests such as gel electrophoresis. However, extracted DNA samples were used to  
11 demonstrate the proof of concept of the  $\mu$ FPAD for pathogens detection in this work. To minimize  
12 off-chip sample preparation steps,<sup>48</sup> a simple on-chip lysis procedure developed recently by our  
13 group<sup>18, 73</sup> will be integrated into the microfluidic device for instrument-free detection of pathogens  
14 in our future work. (5) The demonstrated multiplexed detection of *N. meningitides* and *S.*  
15 *pneumoniae* shows tremendous potential and wide applications of the  $\mu$ FPAD for simultaneous  
16 quantitation of various infectious diseases such as on-site detection of COVID-19 caused by  
17 SARS-CoV-2.

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