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Potential Protective Effect of Highly Bioavailable Curcumin on Oxidative stress Model induced by Microinjection of Sodium Nitroprusside in Mice Brain

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Abstract

Curcumin, a polyphenolic compound has several pharmacological activities such as anti cancer, anti-inflammatory and antioxidant. However, curcumin shows poor oral bioavailability. The purpose of this study was to investigate protective effects of highly bioavailable curcumin, THERACURMIN and curcumin, against sodium nitroprusside (SNP)-induced oxidative damage in mice brain. Intrastratial microinjection of THERACURMIN or curcumin with SNP significantly protected SNP-induced brain damage and motor dysfunction. Oral administration of THERACURMIN (1 and 3 g/kg, containing 100 and 300 mg/kg curcumin, respectively) significantly protected SNP-induced brain damage and motor dysfunction. However, oral administration of 300 mg/kg curcumin did not protect motor dysfunction induced by SNP. These results suggest that curcumin and THERACURMIN have protective effects against SNP-induced oxidative damage. Moreover, oral administration of THERACURMIN, potently protected brain damage, suggesting higher bioavailability of THERACURMIN following oral administration.

Keywords curcumin, THERACURMIN, sodium nitroprusside, brain damage, motor dysfunction.

Introduction

Oxidative stress has been implicated in the progression of neurodegenerative disorders, including Parkinson's disease, Alzheimer's disease and Huntington's disease, as well as stroke and trauma¹⁻⁶. Oxidative stress is caused in situation where there the balance between production of reactive oxygen species (ROS) and the level of antioxidants is largely disturbed and results in the damage to the cells by excessive ROS production. The brain and nervous system are more vulnerable to oxidative stress than other tissues, due to high consumption of oxygen and the consequent generation of large amounts of ROS and limited antioxidant capacity^{7,8}. However, cells normally employ a number of defense mechanisms against ROS such as antioxidant enzymes, vitamin E, vitamin C and glutathione. When the antioxidant defense is not enough, the lipids, proteins and DNA undergo damage and subsequently cell death occurs⁹. Since many degenerative disorders are closely related to free radical overloading and intracellular oxidative stress, antioxidant supplements can reduce ROS in cells and are consequently useful for treatment of neurodegenerative diseases¹⁰. Thus, natural antioxidants may serve as useful protective agents against oxidative stress associated with neurologic disorders.

Curcumin, 1,7-bis(4-hydroxy-3-methoxyphenyl)-1,6-heptadiene-3,5-dione, is a yellow colored polyphenolic compound derived from the *Curcuma longa*. Curcumin is used in wide regions of the South and Southeast Asia, as well as other parts of the world¹¹. Recently, several reports have suggested that curcumin can be used as a potential drug in the treatment of cancer, cardiovascular disease, inflammatory conditions and neurodegenerative disorders¹²⁻¹⁵. Moreover, several other reports have demonstrated the ability of curcumin against oxidative damage in cell culture and animal model¹⁶⁻¹⁸. However, one of the major weak points of curcumin as a potential therapeutic agent in the treatment of systemic diseases is its poor aqueous solubility¹⁹, which is the main reason for its lower bioavailability following oral administration²⁰. Therefore, poor bioavailability of curcumin through oral administration is one of the main reasons of its failure to exert protective effects in clinical trials.

To increase the systemic bioavailability of curcumin, recently a micro-particle and surface controlled drug delivery system of curcumin, named THERACURMIN has been developed. THERACURMIN exhibits good dispersibility in water, and its oral administration exhibited significantly higher bioavailability than that of conventional curcumin in rat model and human^{21, 22}. However, there is no report to evaluate protective effects of THERACURMIN against central nervous system disorders. Recently we have established an *in vivo* brain oxidative stress model, in order to evaluate effects of antioxidant substances²³. Therefore, the aim of our study was to investigate the protective effects of conventional curcumin or highly bioavailable curcumin, THERACURMIN against oxidative stress using our *in vivo* oxidative stress model.

Materials and Methods

Materials

ICR mice were obtained from Nihon SLC (Shizuoka, Japan). Sodium nitroprusside, 2, 3, 5-triphenyltetrazolium chloride (TTC), dimethyl sulfoxide were purchased from nacalai tesque (Kyoto, Japan). Curcumin and gum ghatti were obtained from Sigma (St. Louis, MO, USA). Nembutal (Sodium Pentobarbital) was obtained from Dainippon Sumitomo Pharma (Osaka, Japan). THERACURMIN was obtained from Theravalues Corporation (Tokyo, Japan).

Animals and Oral Administration

Six-week-old male ICR mice (25 - 30 g) were used in the present study. The animals were housed in the control temperature room; lightening maintained on a 12-h light-dark cycle with ambient temperatures maintained at 20°C - 22 °C. Food was also freely available *ad libitum*. The experiments were conducted in accordance with the Ethical Guidance of the Kyoto University Animal Experimentation Committee, and the Guidance of the Japanese Pharmacological Society. THERACURMIN solution consisted of 12% w/w of curcumin, 46% glycerin, 4% gum ghatti, and 38% of water. Mice were orally administered curcumin (100 - 300 mg/kg; dispersed in 1% gum ghatti solution) or THERACURMIN (0.3 - 3 g/kg containing 30 - 300 mg/kg curcumin) by gavage. One day after oral administration of drugs, SNP (10 nmol, in 0.9% saline) at a volume of 1- μ l was injected into the mice striatum and 24 h after SNP injection, the behavior tests and TTC staining were performed.

Rotarod test

The rotarod test is used to assess motor coordination and balance in mouse²⁴. In the present study, the rotational speed tested in steady state mode was 20 rpm for 180 s. The time the mouse was able to walk on the rod before falling was collected (180 s).

Locomotor activity test

The locomotor activity test is used to assess spontaneous activity in mouse²⁵. The locomotor activity was tested individually in an open field using boxes, equipped with infrared beams. The mice were placed into the box and their movements were measured for 5 min. The interruptions of photo beams for 5 min per mice were registered as the number of transitions (horizontal activity). In the same time, the number of rearings (vertical activity) was counted.

Surgery and intrastriatal microinjection

Mice were anesthetized with Nembutal (sodium pentobarbital, 60 mg/kg, i.p.) and placed in the stereotaxic frame. An incision was made along the midline of the skull to expose

the skull. Coordinates for injections were: AP +0.2 mm, ML +2 mm, DV -3.5 mm. Then into the skull the holes were drilled and a 30-gauge blunt tip needle was inserted into striatum. Curcumin (10 - 100 μg) plus SNP (10 nmol) and THERACURMIN (30 - 300 μg , containing 3 - 30 μg curcumin) plus SNP (10 nmol) 1 was injected into the right striatum. After injection, the needle was held in place for additional 5 min to prevent back flow and allow diffusion of the drugs.

Histological examination

Mice were decapitated 24 h after microinjection of drugs under deep anesthesia with sodium pentobarbital (60 mg/kg i.p.). Brains were rapidly removed after intracardial infusion of phosphate-buffered saline (PBS). The brains then were coronally cut into eight (1 mm thickness) slices, using a brain slicer. The brain slices were immediately incubated in 2% TTC solution for 30 min at 37 °C. The unstained areas in slices were quantified with Image J 1.42 program, and the damage volume was calculated by summing up the damaged area in all slices.

Statistical analyses

The results were expressed as mean \pm S.E.M. One way analyses of variance (ANOVA) were used followed by Tukey's post test to determine statistical significant among three or more groups. Between two groups of mice, Student's *t*-test was performed to determine statistical significance. Results were considered statistically significant at $p < 0.05$. All statistical analyses were conducted using GraphPad InStat (GraphPad Software Inc., San Diego, CA, USA).

Results and Discussion

Effect of intrastriatal microinjection of THERACURMIN and curcumin on SNP-induced motor dysfunction and brain damage

To evaluate the effect of highly bioavailable curcumin, THERACURMIN, and curcumin against SNP-toxicity, we first co-injected THERACURMIN or curcumin with SNP (10 nmol) into the mice striatum. In rotarod test, co-injection of THERACURMIN (300 µg, containing 30 µg of curcumin) or curcumin (100 µg) with SNP significantly prevented SNP-induced impairment in mice performance (Fig. 1A and B). In locomotor test, co-injection of THERACURMIN or curcumin did not alter horizontal activities (transitions), but significantly prevented SNP-induced impairment in vertical activities (rearing) (Fig. 1C - F). Quantitative analysis of TTC staining showed that injection of both THERACURMIN (300 µg) and curcumin (100 µg) significantly protected brain damage induced by SNP-induced toxicity (Fig. 2).

Curcumin has been reported to be a useful agent against oxidative stress insults in cell culture and animal models¹⁶⁻¹⁸. Curcumin has also been reported to prevent amyloid β -induced toxicity in rat cortical culture²⁶. We have already reported that SNP induces brain oxidative damage by iron related radical reactions²³. Our results showed that co-injection of THERACURMIN or curcumin significantly protected mice brain against SNP-induced oxidative damage. The behavioral and histological examinations confirmed the protective effects of both THERACURMIN and curcumin. These results indicate that THERACURMIN and curcumin are quite effective in the prevention of the damage induced by SNP in brain.

Effect of oral administration of THERACURMIN and curcumin on striatal injection of SNP-induced motor dysfunction.

Since curcumin is a common dietary constituent and the oral route is the preferred route of administration for food and drugs, we then investigated the effect of THERACURMIN and curcumin after oral administration. To evaluate the effect of oral administration of THERACURMIN and curcumin against SNP-induced motor dysfunction and brain damage, these drugs were orally administered and SNP (10 nmol) was injected into the mice striatum 24 h after the administration. As shown in Figure 3A, oral administration of THERACURMIN (1 - 3 g/kg, containing 100 - 300 mg/kg of curcumin) dose-dependently prevented SNP-induced impairment in mice performance. In locomotor test, administration of THERACURMIN (1 - 3 g/kg) did not alter horizontal activities (transitions), but significantly increased vertical activities (rearing) (Fig. 3C and E). On the other hand, curcumin (100 - 300 mg/kg) did not prevent SNP-induced motor dysfunction (Fig. 3B, D and F). As shown in Figure 4, quantitative analysis of TTC staining showed that oral administration of THERACURMIN (1 - 3 g/kg) significantly protected brain damage induced by SNP. However, curcumin did not affect brain damage caused by SNP (data not shown).

Curcumin has been reported to exhibit several biological and pharmacological activities including potent antioxidant, anticancer and anti-inflammatory effects²⁷. It has been reported that oral administration of curcumin (400 mg/kg) for 10 days significantly protected intrastriatal injection of quinolic acid-induced neurotoxicity²⁸. In another study, oral administration of curcumin (80 mg/kg) for 3 weeks was protective against striatal injection of 6-hydroxydopamine-induced brain damage²⁹. These reports suggest that curcumin has potential to protect brain damage, but needs chronic treatment with higher doses to exert its protective effects against neurological disorders. In our results, oral administration of curcumin for 24 h was not protective against SNP-induced toxicity, indicating lower bioavailability of curcumin following oral administration. The main reasons for lower bioavailability of curcumin are its poor aqueous solubility¹⁹, and rapidly reduction by hepatic and intestinal enzymes³⁰. Moreover, poor bioavailability of curcumin through oral administration is one of the causes of its failure to exert protective effect in clinical trials. For example, in a clinical trial, following oral administration of 0.5 - 8 g of curcumin in each healthy subject, curcumin was not detected in the serum. However, only lower levels of curcumin were detected in two subjects administered 10 or 12 g of curcumin³¹.

Highly bioavailable curcumin has improved its water solubility and plasma bioavailability following oral administration in animal models^{32, 33}. Moreover, in previous reports, the pharmacokinetic studies showed that the plasma bioavailability of curcumin was considerably higher after oral administration of THERACURMIN than that of curcumin in human and rat model. These pharmacokinetic studies showed a plasma concentration of about 30-fold higher than that of curcumin at the same administered doses²¹. Our results showed that oral administration of THERACURMIN to mice elicited an improvement of motor function, demonstrating protective effects of THERACURMIN against the deficiency of behavioral performance induced by striatal injection of SNP. This behavior improving actions of THERACURMIN was confirmed by histological detections by TTC staining on brain slices, indicating that THERACURMIN has a protective effect against oxidative stress following oral administration. Brain curcumin concentration was below the limit of detection after oral administration of 3 g/kg THERACURMIN (data not shown). Previous study reported that brain concentration of curcumin reached 4-5 µg/g brain 20-40 min after intraperitoneal injection (100 mg/kg), while that was below the limit of detection after oral administration (50 mg/kg)³⁴. We administrated THERACURMIN at higher doses than that in above mentioned report. Thus, our results suggest that THERACURMIN can be absorbed after oral administration in sufficient concentration and exerts protective effect against SNP-induced oxidative stress. Furthermore, previous reports indicated that curcumin or highly bioavailable curcumin can cross the blood brain barrier and reach to the CNS. For example, after intravenous injection in rat, the curcumin and highly bioavailable curcumin crossed the blood brain barrier and the retention time of highly bioavailable curcumin in the brain was longer than that of curcumin³⁵. Moreover, after oral administration of curcumin with piperine

in the rat, the intestinal absorption of curcumin was increased and it was detected in the brain for 96 h³⁶. In addition, curcumin has been reported to cross blood brain barrier and induce its neuroprotective effects in the treatment of Parkinson's diseases³⁷. These reports further support our study that THERACURMIN might reach the CNS in sufficient concentration to exert its protective effect against SNP-induced toxicity.

As Chin et al. discussed in the previous review³⁸, adverse effects such as carcinogenic and prooxidant activity cannot be completely ruled out, especially during long-term supplementation at very high doses of curcumin. In the present study, single administration prevented brain damage induced by oxidative stress. Thus, the proper application of curcumin would be required although many have reported that curcumin have a relatively low toxicity profile³⁹.

Conclusions

Our results indicate that THERACURMIN and curcumin have protective effect against SNP-induced oxidative stress in mice brain. Furthermore, oral administration of THERACURMIN potently protected brain damage induced by SNP, suggesting higher bioavailability of THERACURMIN following oral administration. The potent protective effect of THERACURMIN following oral administration suggests that highly bioavailable curcumin is one of the best ways of delivering curcumin to the plasma and brain.

Acknowledgements

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Figure legends

Fig 1 Effect of intrastriatal microinjection of THERACURMIN and curcumin on SNP-induced motor dysfunction. Behavioral changes were examined 24 h after microinjection of drugs. In rotarod test, intrastriatal injection of THERACURMIN (300 µg) or curcumin (100 µg) prevented SNP-induced impairment in mice performance (A and B). In locomotor test, both THERACURMIN and curcumin did not alter horizontal activities (transitions) (C and D), but increased vertical activities (rearings) (E and F). $**P < 0.01$, $***P < 0.001$ compared with vehicle, $^{\#}P < 0.05$, compared with SNP treatment. Values represent mean \pm S.E.M. (n = 5 - 7).

Fig 2 Effect of intrastriatal microinjection of THERACURMIN and curcumin on brain damage induced by SNP. SNP (10 nmol) (A) or THERACURMIN (300 µg) with SNP (B) was injected into the striatum and 24 h after injection of drugs TTC staining was performed. Quantitative analysis showed a significant protective effect of THERACURMIN(C) or curcumin (D) compared with SNP treatment. $**P < 0.01$, compared with Vehicle. $^{\#}P < 0.05$, compared with SNP treatment. Values represent mean \pm S.E.M. (n = 5 - 7). Scale bar = 1 cm.

Fig 3 Effect of oral administration of THERACURMIN and curcumin on SNP-induced motor dysfunction. Behavioral changes were examined 24 h after microinjection of drugs. In rotarod test, THERACURMIN (1 - 3 g/kg, p.o.) prevented SNP-induced impairment in mice performance (A). In locomotor test, THERACURMIN did not alter horizontal activities (transitions) (C), but increased vertical activities (rearings) (E). In both rotarod (B) and locomotor (D and F) tests, curcumin did not prevent SNP-induced motor dysfunction. $*P < 0.05$, $**P < 0.01$, $***P < 0.001$, compared with vehicle, $^{\#}P < 0.05$, $^{\#\#}P < 0.01$, compared with SNP treatment. Values represent mean \pm S.E.M. (n = 7 - 9).

Fig 4 Effect of oral administration of THERACURMIN on brain damage induced by SNP. Vehicle (A) or THERACURMIN (3 g/kg) (B) was orally administrated and SNP (10 nmol) was injected 24 h after administration. Twenty four hour after SNP injection, TTC staining was performed. Quantitative analysis showed a significant protective effect of THERACURMIN(C) compared with SNP treatment. $^{\#}P < 0.05$, $^{\#\#}P < 0.01$, compared with SNP treatment. Values represent mean \pm S.E.M. (n = 7 - 9). Scale bar = 1 cm.

Figure 1

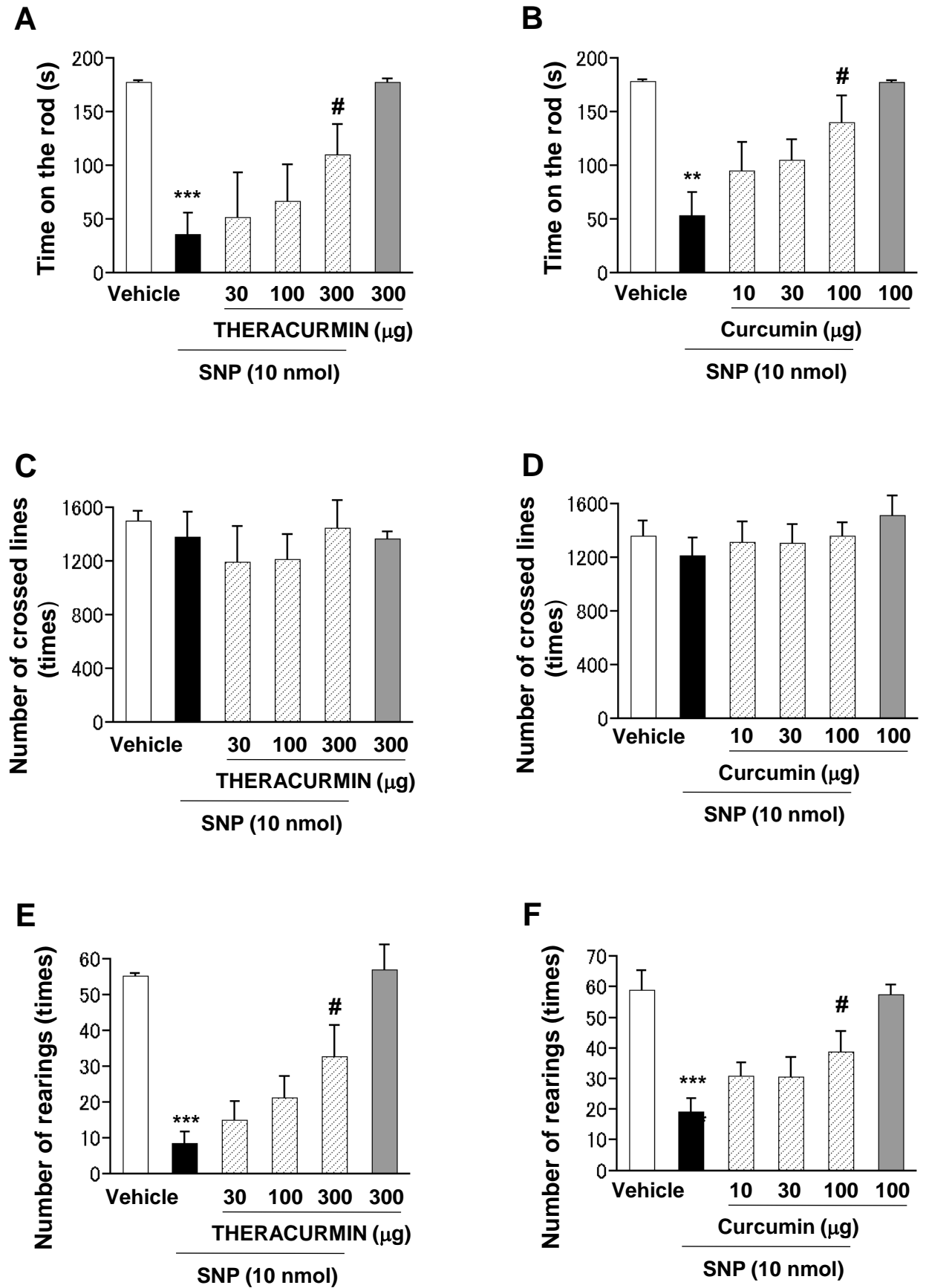
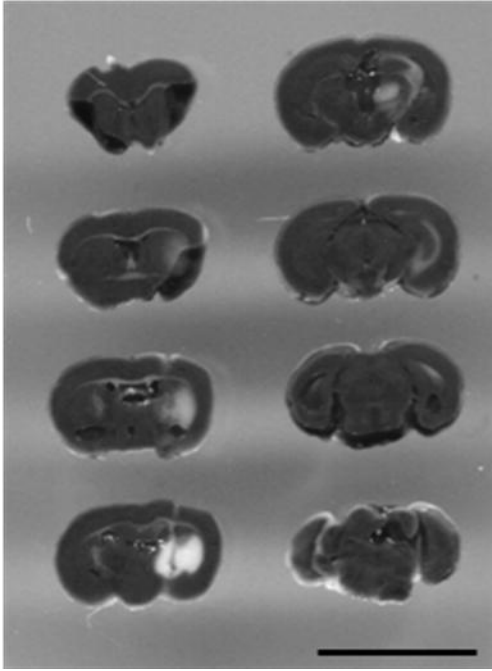
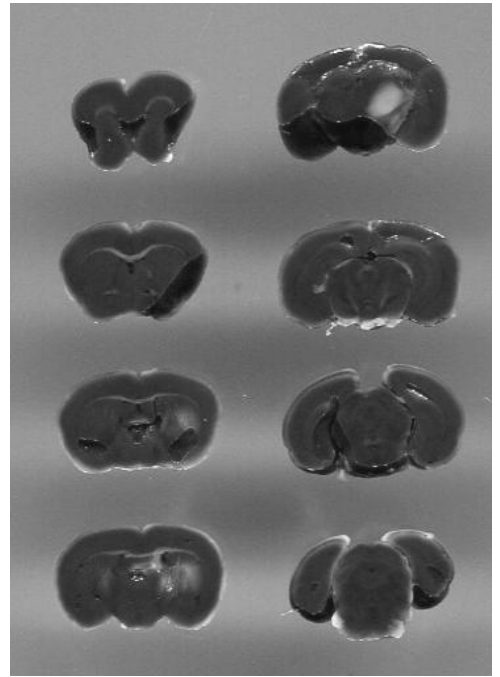


Figure 2

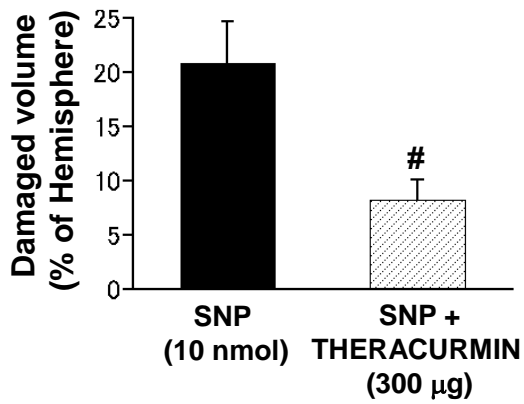
A



B



C



D

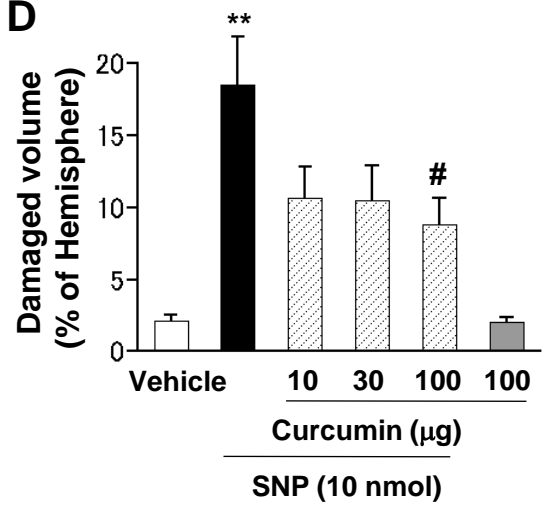


Figure 3

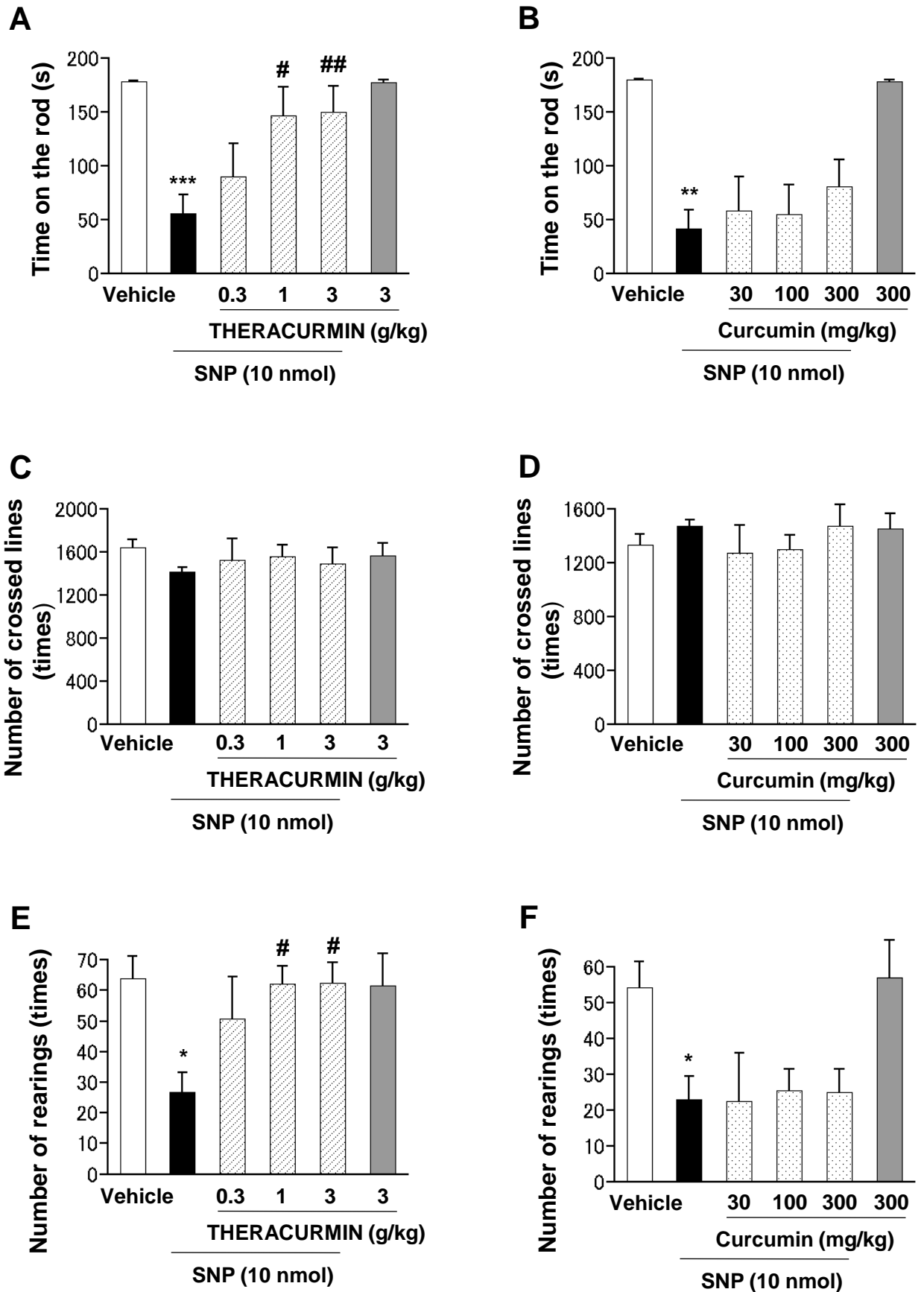
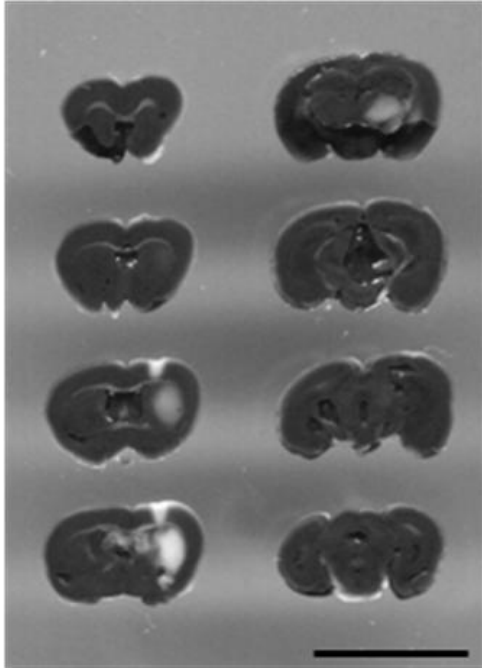
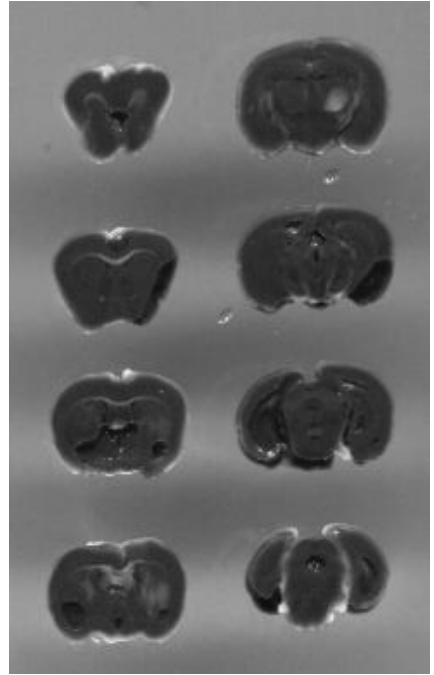


Figure 4

A



B



C

