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Communication

Temperature-triggered shape-transformations in layer-by-layer microtubes

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One-dimensional layer-by-layer (LbL) nano- and microtubes have been extensively studied for energy and biomedical applications. Here, we report a temperature-triggered transformation in shape for LbL microtubes consisting of ¹⁰**poly(allylamine hydrochloride) (PAH) and poly(acrylic acid) (PAA). PAH/PAA microtubes were assembled onto porous sacrificial templates. Released microtubes transform to closed ellipsoids upon heating in water. On the other hand, unreleased microtubes (remaining within the template)** ¹⁵**exhibit a completely different behavior in which periodic perforations appear, suggestive of Rayleigh instabilities. In both cases, the transformations occurred near and above the glass transition temperature (T^g) of the hydrated PAH/PAA LbL assembly, suggesting that the transformation in shape is**

²⁰**tied to the thermal properties of the LbL assembly.**

LbL assembly is a versatile technique used to build functional thin films and nanostructures for applications ranging from energy to health. $1-3$ Oppositely charged polyelectrolytes are alternately adsorbed onto various substrates with rinsing steps in-²⁵between. An LbL assembly's growth, structure, and properties can be fine-tuned using polymer chemistry and assembly

conditions such as pH and salt concentration.^{4, 5} Besides polyelectrolytes, other materials such as inorganic and metallic nanoparticles as well as biomacromolecules may act as the 30 adsorbing species.^{2, 6}

 LbL microcapsules and microtubes have emerged as promising materials for drug delivery.⁷⁻¹⁰ Using sacrificial spherical particles or porous templates, an LbL assembly is deposited, resulting in microcapsules or microtubes, respectively, following 35 template dissolution.¹¹ Hollow LbL microcapsules consisting of poly(diallyldimethyl-ammonium chloride) (PDAC) and poly(styrene sulfonate) (PSS) have exhibited a characteristic response upon heating – either shrinking or swelling, depending upon the outermost layer and the balance of hydrophobic and 40 electrostatic forces.¹²⁻¹⁵ Elsewhere, PAH/PSS LbL microcapusles have exhibited shrinkage upon heating.¹⁶⁻¹⁹ This behavior was

tied to a "glass-melt" transition. $13, 14$

 We recently identified this transition using quartz crystal microbalance with dissipation (QCM-D), in which it was ⁴⁵demonstrated that the transition is accompanied by a large flux of

water into or out of the LbL assembly depending on whether it shrinks or swells.^{20, 21} The transition itself exhibits many features

typical of a glass transition temperature (T_g) , (sigmoidal heat capacity, dramatic changes in mechanical properties and ⁵⁰diffusion). We have also found that LbL assemblies containing weak polyelectrolytes PAH and PAA undergo a glass transition in water for most assembly pH values with the exception when both polyelectrolytes are fully charged. It should be noted that this transition has been called a "glass transition" or a "glass-melt ⁵⁵transition", but the underlying process is likely very different

from a traditional glass transition because ion pairs and water are involved.

 Considering that hollow LbL capsules have shown dramatic changes in size in response to temperature, we hypothesized that ⁶⁰LbL microtubes would exhibit an analogous unique response. Hollow LbL capsules retain their spherical shape during the transition, but LbL microtubes may not. Early work by He *et al.* showed that PAH/PSS microtubes transform to spheres and hollow capsules upon high-temperature incubation, although only ⁶⁵a limited temperature range and only free microtubes were explored.²²

 Here, we investigated the temperature-triggered shape transformation of released and unreleased PAH/PAA LbL microtubes in water as a function of temperature and time. The ⁷⁰PAH/PAA LbL system is of particular interest because it offers future opportunities as a pH-responsive material. The temperature-response of unreleased LbL microtubes (in which the tubes remain in the template) is of interest because the substrate/film interface plays an additional role. Drastically ⁷⁵different transformations are observed for the two scenarios. Results are discussed in the context of LbL film structure, properties, and surface interactions. To our knowledge, this is the first investigation of temperature-triggered changes in shape for LbL microtubes consisting solely of weak polyelectrolytes.

To study the transformation of LbL microtubes in water, two different experimental routes were employed, Fig. 1. In Route A, a PAH/PAA LbL film is deposited onto an ion track-etched polycarbonate template. Film deposited on the template's surface is removed, the membrane is dissolved, and the released ⁸⁵microtubes are purified via dialysis. The microtubes are then incubated at the time and temperature of interest, and dried for further analysis. In Route B, the LbL-coated membrane is incubated in water at the desired temperature. The microtubes are then released from the membrane for further analysis. The main ⁹⁰difference between the two routes is whether microtubes are incubated when freely suspended (Route A) or when bound to the

Fig.1 A schematic illustration of the two Routes. In Route A, microtubes ⁵are released from the membrane and then incubated. In Route B, the unreleased microtubes are incubated and then released.

- **Route A. Incubation of released LbL microtubes.** Fig. 2 shows images of microtubes prior to high temperature incubation. Fig. 2a and b show typical scanning electron microscopy (SEM) and 10 transmission electron microscopy (TEM) images of $(PAH/PAA)_{10}$ microtubes released from the template using dichloromethane (DCM). (The subscript in $(PAH/PAA)_{10}$ is indicative of the number of layer pairs deposited). The microtubes' length (10 μm) and diameter (1 μm) were 15 comparable to the original dimensions of the template's pores. The tubular structure is clearly present in the TEM image shown in Fig. 2b, from which the average wall thickness was estimated to be 110 nm. Following dialysis in water to remove residual DCM, the microtubes appear to soften and contract to 5.1 μ m in
- ²⁰length and 1 µm in diameter, Fig. 2c. Confocal laser scanning microscopy (CLSM) of the dialyzed microtubes in water also shows the microtubes' contraction and wall-thickening to 390 nm, Fig. 2d and Fig. S1a, ESI†. Many of the microtubes appear to retain their hollow shape.

Fig. 2 (a) SEM and (b) TEM images of microtubes released from the sacrificial membrane using dichloromethane. (c) SEM image of the microtubes after dialysis in water. (d) CLSM image of microtubes in water at room temperature.

 The effect of high temperature incubation on the transformation of the LbL microtubes in water was investigated for varying incubation temperatures ranging from room temperature to 121 °C, Fig. 3. At all incubation temperatures, 35 except 121 \degree C, the incubation time was 1 hour. At 121 \degree C, the incubation temperature was 45 min. Generally, as the incubation temperature increased, the microtubes contracted and the outer diameter increased. LbL microtubes incubated at 85 and 95 °C did not exhibit a hollow tubular structure as confirmed using ⁴⁰TEM (Fig. S1b and c, ESI†), and the majority of the incubated microtubes appear to have closed ends. At 121 °C, fairly spherical/ellipsoid shapes are observed as shown in Fig. 3c and d. These results suggest that this transition from open to closed structures might be applicable for the encapsulation of small ⁴⁵molecules. The transformation is irreversible; even after 1 week

the ellipsoid shapes remained intact.

Fig. 3 SEM images of the microtubes incubated at (a) 70, (b) 95, and (c) 121 °C. CLSM image of the microtubes in water after incubated at 121 °C.

To study the effect of incubation time, microtube suspensions were incubated for varying times at a fixed temperature, 70°C, Fig. S2, ESI†. Generally, the microtubes shorten and fatten as incubation proceeds. After 5 hr, the shape became similar to that of the samples incubated at 121 °C for 45 min. This demonstrates ⁵⁵that incubation time can be used to control the transformation at low incubation temperatures. However at 121 °C, the transformation rapidly proceeded within the first 15 min.

 To quantify the effect of the incubation temperature and time, the length and outer diameter of microtubes were measured from ⁶⁰multiple SEM images. Fig. 4a shows the effect of incubation temperature on the microtube dimensions. As the incubation temperature increased, the microtubes' length decreased and diameter increased. Above 85 °C, the length remained fairly constant. However, the microtubes' outer diameter increased ⁶⁵linearly as the incubation temperature increased. It should be noted that some microtubes incubated at temperatures greater than 95 °C merged to form larger structures (evident in Fig. 3c and d), resulting in increased error for the outer diameter. Fig. 4b shows the effect of incubation time on the microtube dimensions π ⁰ at a fixed incubation temperature of 70 °C. The microtubes'

length decreased rapidly in the first hour and leveled off after 2 hr of incubation. The microtubes' outer diameter also increased with incubation time.

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Fig. 4 Length and outer diameter of $(PAH/PAA)_{10}$ microtubes as a function of (a) incubation temperature (incubation time as noted in main text) and (b) incubation time at 70 °C.

- ⁵The temperature-triggered transformation of microtubes did not depend on the microtubes' innermost layer. For instance, $(PAH/PAA)_{10}PAH$ microtubes showed similar results to $(PAH/PAA)_{10}$ (Fig. S3 and S4, ESI†). This result is in contrast to the known odd-even effect for PDAC/PSS LbL microcapsules
- ¹⁰discussed previously. The lack of odd-even effect for PAH/PAA LbL microtubes suggests that hydrophobic forces dominate upon incubation, in which the PAH/PAA microtube contracts regardless of the identity of the inner layer. The aspect ratio of the microtubes decreases from about 5 to about 1.7 as incubation
- 15 temperature increases from room temperature to 121 °C. The reduction in aspect ratio further supports the idea that hydrophobic forces dominate, in which a reduction in water/tube contact area occurs upon incubation. At extended times and temperatures, the tubes merged with each other, further reducing
- ²⁰the contact area and increasing the apparent volume (Fig. S5, ESI†).
	- **Route B. Incubation of unreleased LbL microtubes.** After depositing LbL assemblies onto porous templates, the LbL-coated templates were incubated at varying temperatures in water. Then,
- 25 the incubated membranes were selectively dissolved in DCM to release the resulting microtubes, Fig. 5. As the incubation temperature increased, perforations appeared at a fairly regular spacing, whereas the microtubes' length remained unchanged. Above 70 °C the number of perforations greatly increased, ³⁰whereas at lower incubation temperatures they were observed infrequently. The center-to-center spacing between the

perforations was 3.5 ± 0.8 µm, and the perforation's diameter was 1.5 ± 0.3 um for microtubes incubated at 70 °C. From the pronounced darkening in the microtubes' wall (Fig. 6d vs. Fig 2b) ³⁵it appears that the microtube wall thickens as the perforations form. Of note, the temperature at which the perforations regularly appear coincides with the T_g (71 \pm 7 °C) as measured using modulated differential scanning calorimetery (Fig. S6 and Table S1, ESI†).

Fig. 5 SEM images of microtubes that had been incubated in water at temperatures of (a) 40, (b) 55, (c) 85 \degree C during which the microtubes were confined to the template. (d) TEM image of microtubes incubated at 85°C. Microtubes were released and dried from DCM.

⁴⁵The regularity and periodicity of the observed perforations is suggestive of Rayleigh instabilities. When the free surface of a liquid cylinder undulates with a wavelength larger than the perimeter of the cylinder, the liquid cylinder responds by decreasing the surface area and the amplitude of undulation ⁵⁰grows. Eventually, the liquid cylinder disintegrates into droplets.²³ For a thin liquid film inside a capillary of radius R, the wavelength (spacing between voids) is λ =8.89R.²⁴ For our 1 µm diameter microtubes, the characteristic wavelength is 4.4 µm, whereas our actual spacing is 3.5 ± 0.8 µm. The two values show ⁵⁵good agreement, and any minor discrepancy might arise from electrostatic interactions²² or the finite wall thickness of the microtube.²⁵ Our results compare well to Rayleigh instabilities observed for nanotubes of poly(methylmethacrylate) (PMMA), polystyrene (PS), PMMA/PS blends, and poly(styrene-b-2- ⁶⁰vinylpyridine), in which periodic holes were observed upon thermal annealing.25-31

 It is curious that we should observe drastically different transitions in shape for released and unreleased LbL microtubes. The materials and assembly are identical, as are the incubation 65 conditions. The remaining factor, then, is the interaction between the templates' pore wall and the LbL assembly. Rayleigh instabilities are driven by surface energy; therefore, microtubes produced by the two Routes should have very different surface energies. In the case of Route A, microtubes are fully surrounded ⁷⁰by water during incubation. The cylinder-to-sphere transition shares similarities to the predictions of Nichols et al. in which a critical length-to-diameter ratio of 7.2 was derived.³² Below this critical ratio, a single tube transforms into a single sphere; above the ratio, multiple particles are formed. In our case the length-to-⁷⁵diameter ratio is 10, which is only slightly above the critical ratio.

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Thus, it is possible that the microtubes formed via Route A desire to form Rayleigh instabilities upon incubation, but are too short to do so.

- In the case of unreleased microtubes prepared from Route B, ⁵there exist attractive interactions between the pore wall and the layer-by-layer assembly. These interactions possibly pin the microtube's outer wall to the pore wall, thus drastically changing the surface energy. Upon incubation, the LbL microtube desires to contract, but its interaction with the wall prevents it from doing
- 10 so. Instead, to minimize the surface energy, Rayleigh instabilities form during the incubation process for the unreleased microtubes. He et al. reported the transformation of PAH/PSS LbL microtubes to microcapsules, when microtube suspensions were incubated at 121 \degree C for 20 min.²² This system consists of a weak
- 15 polyelectrolyte and a strong polyelectrolyte. Rayleigh instabilities were suggested as a possible mechanism. In light of the discussion above and the results found herein, Rayleigh instabilities are indeed a possible cause. The change in wall thickness was not reported and only a limited range of
- 20 temperature and time was explored, so further work is required to fully understand the PAH/PSS system.

 There remains a question as to whether mass is conserved for the PAH/PAA microtube over the course of the transition. PDAC/PSS microcapsules exhibited mass loss during incubation,

- ²⁵but it is not known if PAH/PAA microtubes behave similarly. Our prior work with QCM-D of PAH/PAA LbL films indicates that mass changes slightly at the thermal transition, but this was associated with flux of water into and out of the film rather than loss of polyelectrolyte.²¹
- ³⁰Because the PAH/PAA LbL microtubes consists solely of weak polyelectrolytes, we expect that they should exhibit pronounced changes in shape in response to pH. For instance, LbL microtubes arrays have exhibited pronounced swelling in response to pH.³³ The dual pH/temperature-response of our
- ³⁵microtubes will be a subject of further exploration.

Conclusion

The temperature-triggered transformation of released and unreleased PAH/PAA microtubes in water was studied. Released microtubes contract into spheres and ellipsoids and unreleased

- ⁴⁰microtubes exhibit Rayleigh instabilities upon incubation. In both cases, the transformation occurred near the T_g for hydrated PAH/PAA LbL assemblies. These results suggest that the surrounding media, whether it is water or a solid pore wall, can have a strong influence on the temperature-response of an LbL
- ⁴⁵microtube. This temperature-triggered transformation has potential applications for the encapsulation of drugs, small molecules, and separations. Because this system is comprised of weak polyelectrolytes, it also bears the possibility of dual pH/temperature-responsive behavior.

⁵⁰**Notes and references**

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Freely released microtubes in water transform to ellipsoids and sphers at high temperatures, while microtubes bound to the template surface showed periodic voids suggestive of Rayleigh instabilities.

