



**The gastrointestinal fate of limonin and its effect on gut
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1 **The gastrointestinal fate of limonin and its** 2 **effect on gut microbiota in mice**

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16 **Abbreviations:** GIT, gastrointestinal tract; KEGG, Kyoto Encyclopedia of Genes and Genomes;

17 LEfSe, linear discriminant analysis effective size; OTUs, operational taxonomic unites; PICRUSt,

18 Phylogenetic Investigation of Communities by Reconstruction of Unobserved States; RD, red

19 blood cells; SCFAs, short chain fatty acids

20 ABSTRACT

21 The gut microbiota plays a critical role in human health. Diets could modulate the gut microbiota,
22 which in turn may contribute to altered health outcomes by way of changing the relative risk of
23 chronic diseases. Limonin, widely found in citrus fruits, has been reported to possess multiple
24 beneficial health effects. However, the gastrointestinal fate of limonin and its effect on gut
25 microbiota remain unknown. Herein, mice were fed a diet containing 0.05% limonin (w/w) for 9
26 weeks. Liquid chromatography-mass spectrum analysis showed that limonin was concentrated
27 along the gastrointestinal tract and reached 523.14 nmol/g in the colon lumen. Compared to
28 control mice, colonic microbiota richness was significantly increased by limonin. Gut microbiota
29 community was also clearly distinct from the control group as shown by Principle Coordinate
30 Analysis. Additionally, the relative abundance of 22 genera (relative abundance > 0.1%) was
31 altered significantly. Among these, generally regarded probiotics (*Lactobacillus* and
32 *Bifidobacterium*) were reduced, which was not due to direct inhibitory effect of limonin.
33 According to the Kyoto Encyclopedia of Genes and Genomes (KEGG) database, amino acid
34 metabolism, lipid, metabolism and immune system function were predicted to be upregulated,
35 and immune system disease and infectious disease markers were predicted to be suppressed
36 dramatically by limonin based on gut microbiota composition. Within the infectious disease
37 category, bacterial toxin and *Staphylococcus aureus* infection markers were suppressed
38 significantly with limonin treatment. Collectively, our study provides the first line of evidence
39 that oral intake of limonin could shift gut microbiota composition and its functions, which
40 warrants further investigation to determine its implication in human health.

41 **Keywords:** dietary, bioactive, limonin, functional metagenome, gut microbiota

42

43 INTRODUCTION

44 The human gastrointestinal tract (GIT) is colonized by environmental microorganisms rapidly
45 after birth.¹ After several years, the GIT microbial community becomes stable, and the bacterial
46 cell number is estimated to be around 10^{13} to 10^{14} , close to total human body cell count.² The
47 presence of this gut microbiota community has several host benefits such as energy homeostasis
48 enhancement,³ metabolic function improvement,⁴ and supplemental immune system regulation.⁵
49 Gut microbiota dysbiosis is associated with several host diseases, such as obesity, diabetes,
50 coronary heart disease,^{6, 7} and inflammatory bowel disease,⁸ and it is also implicated in
51 neurodevelopment and cognitive processes as well.^{9, 10} Aside from genetic factors, emerging
52 evidence has suggested that the gut microbiota community responds to and interacts with several
53 external elements including diet, lifestyle, and intake of xenobiotics (prebiotics or antibiotics).¹¹⁻
54 ¹³ Among these factors, dietary interventions can be a viable strategy to restore or enhance gut
55 microbiota function depending on the desired outcomes. It was demonstrated that when healthy
56 female rats were fed green tea polyphenols for 3 and 6 months, their colonic microbiota was
57 modified dramatically in a dose-dependent manner.¹⁴ The administration of the low molecular
58 weight phytochemical quercetin and trans-resveratrol ameliorated gut microbiota dysbiosis and
59 modulated gut barrier function impairments induced by high-fat sucrose diet in rats ¹⁵, suggesting
60 that dietary components have the capacity to modify gut microbiota and benefit host health.

61 Limonin is widely present in citrus fruit^{16, 17}. It belongs to a group of triterpenoid aglycone
62 derivatives named limonoids.¹⁸ Limonin has been reported to possess various functions including
63 anti-carcinogenic, anti-inflammatory, antibacterial, and antiviral activity.¹⁹⁻²² Accordingly,
64 limonoids have been recognized as one of the most beneficial and active components of
65 medicinal foods.²³ Limonin has a low bioavailability due to its relatively large molecular size

66 and highly lipophilic nature.²⁴ Thus, limonin may evade rapid absorption during transition
67 through the GI tract. The unabsorbed limonin may reach the colon intact and interact with the gut
68 flora. However, the gastrointestinal fate of limonin and its interaction with gut microbiota is so
69 far unknown. In this study, we examined the gastrointestinal fate of limonin and its effect on the
70 gut microbiota in mice. We hypothesized that limonin would persist in the colon, where it would
71 alter the gut microbiota.

72 **MATERIALS AND METHODS**

73 **Animal model and diet construction**

74 All animal procedures were performed in accordance with the Guidelines for Care and Use of
75 Laboratory Animals of University of Massachusetts and experiments were approved by the
76 Animal Ethics Committee of University of Massachusetts. Twenty male CD-1 mice (aged 6-8
77 weeks) from Charles River Laboratories (Wilmington, MA, US) were transported to the animal
78 facility on the University of Massachusetts, Amherst campus. Mice were housed in an air-
79 conditioned room (temperature 23 ± 2 °C, $50 \pm 10\%$ humidity, 12-hour light-dark cycle) with
80 free access to water and a standard chow diet. Cage rotation was performed to minimize the
81 individual variation of gut microbiota during the 1-week acclimation by means of distribution. 20
82 male mice were then assigned to the limonin treatment and control groups randomly (10
83 mice/group). The control group was fed with AIN-93G diet, while the limonin treatment group
84 was fed with the AIN-93G diet containing 0.05% (w/w) limonin. After 9-weeks of treatment,
85 mice were sacrificed with CO₂ asphyxiation and stool from distal colon were collected for fecal
86 flora analysis and limonin quantification. GI components including cecum and colonic mucosa
87 were also harvested from the specimen and stored at -80 °C until later extraction and analysis.

88 This animal study was based on a protocol approved by the University of Massachusetts,
89 Amherst Institutional Animal Care and Use Committee (#2014-0079).

90 **Sample preparation and liquid chromatography-mass spectrometry (LC-MS) conditions**

91 Limonin from colonic digesta and mucosa was extracted based on the methods by Liang et al.²⁵.
92 The extracts were re-dissolved in 50% acetonitrile for LC-MS analysis (Model 2020, Shimadzu,
93 Kyoto, Japan) with a negative ionization mode on a Zorbax SB-Aq C 18 column (150 mm × 4.6
94 mm, 5 μm, Agilent Technologies, USA) at a flow rate of 0.80 mL/min. The linear gradient
95 elution condition was: 80% mobile phase A (5% ACN/water, v/v)/20% mobile phase B (100%
96 ACN) (v/v) for 5 min initially, then shifted to 80% B/20% A over 30 min and held at 80% B for
97 an additional 5 min. The elution was monitored on a selected m/z⁻ of 469.

98 **Cecal short chain fatty acids (SCFAs) analysis**

99 Cecum contents were homogenized with 6-fold volume of acidified water, and supernatants were
100 obtained by centrifugation (12,000 rpm, 10 min, 4 °C), and then filtered through a 0.22 μm
101 membrane. A system composed of a 6890N gas chromatograph (Agilent Technologies Inc., Palo
102 Alto, CA, USA) connected to an ion flame detector and a 5973N mass spectrometer detector
103 (Agilent) was used for quantification and identification of cecum short chain fatty acid (SCFA)
104 content as described previously.²⁶

105 **Microbial DNA extraction**

106 Total fecal DNA was extracted using QIAamp DNA Stool Mini Kit (Qiagen, Valencia, CA,
107 USA) following the manufacturer's instruction with the addition of a Bead Ruptor (Omni,
108 Kennesaw, GA, USA) bead mill homogenization step to increase DNA yield. Extracted DNA

109 quantity was measured with NanoDrop Spectrophotometer (Thermo Scientific, Waltham, MA,
110 US) and quality was verified with agarose gel electrophoresis.

111 **Microbial phylogenetic profiling by sequencing of the 16S rRNA gene amplicon**

112 PCR was performed to amplify the V3 and V4 regions of the 16S rRNA gene, which incorporates
113 targeted primers and the Illumina overhang adaptor. The primer set was developed by Illumina
114 (16S Amplicon PCR Forward Primer = 5'TCGTCGGCAGCGTCAGATGTGTATAAGA
115 GACAGCCTACGGGNGGCWGCAG) and

116 (16S Amplicon PCR Reverse Primer =

117 5'GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGACTACHVGGGTATCTAATCC)

118 (Yasir et al., 2015). PCR was performed in a 96 well format on a Veriti thermal cycler (Life

119 technology, Carlsbad, CA, US) with 2x KAPA HiFi Hotstart ReadyMix (KAPA Biosystem,

120 Wilmington, MA, US). After purification on AMPure XP beads (Beckman Coulter, Danvers MA,

121 US), a limited cycle PCR was performed using the Nextera XT Index Kit (Illumina, San Diego,

122 CA, US) to attach dual indices and Illumina sequencing adapters, followed by an additional

123 purification on AMPure XP beads. The quantity and quality of the purified PCR products was

124 measured by Qubit dsDNA BR Assay kit (Life technology, Carlsbad, CA, US) and by

125 ScreenTape Assay on Tape Station 2200 (Agilent Technologies, Santa Clara, CA, US). After

126 quantification and qualification, samples were pooled in equimolar amounts and pair-end 2 ×

127 300bp sequencing was performed on the Illumina MiSeq platform (Illumina, San Diego, CA,

128 US).

129 **Microplate growth assay**

130 *Lactobacillus plantarum* ATCC BAA-793 (*L. plantarum*), *Bifidobacterium longum* subsp.

131 *longum* ATCC 15707 (*B. longum*), and *Bifidobacterium infantis* 272 (*B. infantis*) were procured
132 from the American Type Culture Collection (ATCC). These three strains were verified in-house
133 by Dr. David Sela's group.²⁷ The three strains were propagated in de Man-Rogosa-Sharpe (MRS;
134 Oxoid, Hampshire, England) medium supplemented with 0.05% (w/v) L-cysteine (Sigma-
135 Aldrich, St. Louis, MO)²⁸ at 37 °C in an anaerobic chamber (Coy Laboratory Products, Grass
136 Lake, MI) overnight. For each studied strain, 2 µL of culture was inoculated in 200 µL MRS
137 medium with or without limonin of varying concentration (10 µM or 100 µM) and growth
138 phenotypes were monitored over 48 h in a 96-well microplate held in anaerobic conditions at
139 37 °C by assessing optical density at 600 nm (OD₆₀₀) using an automated PowerWave HT
140 microplate spectrophotometer (BioTek Instruments, Inc., Winooski, VT). Each strain was
141 evaluated in biological triplicate with three technical replicates.

142 **Data handling and statistical analysis**

143 The bacterial 16S rRNA gene sequencing data was processed by QIIME software pipeline
144 v1.9.1.²⁹ In general, the high quality (quality score > 25) sequence data was demultiplexed.
145 Sequences were then clustered into operational taxonomic units (OTUs) using open reference
146 OTU picking with 97% similarity threshold and taxonomy was assigned according to the
147 Greengenes bacterial 16S rRNA database (13_8 release).³⁰

148 α -diversity (diversity metrics within sample community) was determined with ten iterations at a
149 maximal sequence depth where all samples could be included. β -diversity (between sample
150 community dissimilarity) was calculated using weighted and unweighted UniFrac distances.³¹ To
151 investigate the effect of limonin treatment on relative abundance of taxa, Student's t-test and
152 linear discriminant analysis effective size (LEfSe) analysis were performed.

153 Galaxy (Huttenhower Lab) Phylogenetic Investigation of Communities by Reconstruction of
154 Unobserved States (PICRUSt) was used to explore the predicted functional metagenome shifts
155 between communities. According to the requirements for the PICRUSt algorithm, operational
156 taxonomic units (OTUs) were aligned to the Greengenes 16S rRNA database using a closed
157 reference picking protocol.³² Statistical analysis was used to compare functional shifts between
158 groups in the STAMP software.³³ For all analyses, statistical significance was declared if $p <$
159 0.05.

160 **RESULTS**

161 **General physiology of limonin-fed mice**

162 There was no difference in initial mouse body weights (results not shown), and after a 9-week
163 intervention period, no observed difference was found between the groups' final body weights
164 (Control: 39.08 ± 1.83 g, Limonin group: 40.32 ± 3.89 g, $p = 0.62$) (Table S1). Additionally, no
165 differences were found for the liver or spleen weights, indicating that 0.05% limonin (w/w) in
166 diet had no appreciable toxic effect on mice.

167 **Distribution of limonin in mouse gastrointestinal tract (GIT)**

168 To explore the effect of limonin on gut microbiota, it was critical to ensure that limonin could
169 reach the colon to directly interact with gut microbiota. Herein, GIT contents and tissues were
170 subjected to LC-MS analysis to determine the abundance of limonin. As shown in Figure 1A, the
171 concentration of limonin in the digesta increased following transit through the small intestine
172 (SI). Mouse cecum and colon experienced a higher concentration of limonin in general for both
173 digesta and mucosa. Indeed, the limonin in colon digesta was as high as 523.14 ± 95.67 nmol/g.
174 However, limonin abundance in the GIT mucosa was markedly lower than that in the digesta

175 (Fig. 1B). Cecum mucosa had the highest concentration (15.02 ± 3.80 nmoL/g tissue), which
176 may be due to its function as a sort of time-gated reservoir for chyme and bacteria during
177 passage from the small to large intestines. Still, compared to the high concentration of limonin in
178 colon digesta, limonin in colon mucosa was detected at a 3.82 ± 1.17 nmoL/g tissue. Consistent
179 with a previous report, the amount of limonin present within other organs was also much lower
180 than that found in the digestive system.²⁵ As shown in Figure 1C, the highest concentration of
181 limonin among the collected organs was 2.76 ± 0.85 nmoL/g, in the spleen, which is
182 approximately 1.4% of the average concentration found in the GIT digesta (191.57 nmoL/g).
183 Limonin concentration in the liver and plasma were both below 0.5 nmoL/g tissue. Taking the
184 tissue weight into account, the absorbed limonin was no more than 1% of the total administrated
185 limonin (data not show). Therefore, we concluded that most of the limonin was unabsorbed and
186 accumulating in the digesta within the distal colon, where a high density of bacteria exists.

187 **Mouse fecal microbial activity and community profile**

188 **SCFA production in the cecum**

189 SCFAs are the end-products of bacteria fermentation in the cecum and colon. To measure the
190 colonic microbial activity, cecal SCFAs were analyzed to determine the levels of acetate,
191 propionate, isobutyrate, butyrate, isovalerate, and valerate. In agreement with most published
192 research, acetate was the predominant SCFA in the cecum.^{34, 35} However, no statistical difference
193 was observed in SCFA content between limonin-administered mice and control mice (Fig. 2).
194 Since limonin itself cannot directly serve as a substrate for SCFAs production, the measured yet
195 statistically insignificant changes might be a result of changes to the gut microbiota composition.

196 **Variation of fecal microbial community diversity**

197 To investigate the changes to the mouse gut microbiota generated by dietary limonin intervention,
198 five distal colon fecal samples randomly picked from each group, were subjected to microbial
199 16S rRNA gene sequencing on the Illumina MiSeq platform. A total of 953,581 counts were
200 obtained, with a mean of 95358.1 counts (range = 56470-151193)/sample. The data set was
201 rarified to a sequence depth of 56470 for diversity analysis.

202 α -diversity including phylogenetic diversity whole tree matrix comparison (PD Whole Tree),
203 Observed OTU richness, Chao1, and Shannon indices were estimated using a linear mixed model.
204 Compared to the control, gut microbiota species richness was increased by limonin treatment
205 remarkably (number of observed species at 97% similar out clusters and Chao1 index) (Table 1).
206 When considering the relative abundance of each species, the Shannon index was obviously
207 increased with limonin diet (Table 1), suggesting that limonin treatment increased mouse gut
208 microbiota diversity.

209 In addition, principal coordinates analysis (PCoA) of weighted and unweighted UniFrac
210 distances performed on the 97% OTU abundance matrix showed a distinct separation ($p < 0.05$)
211 on the gut microbial community structures (β -diversity) between limonin and control groups (Fig.
212 3A and 3B, respectively). ANOSIM with 999 permutations was used to test the significant
213 differences between the two groups based on unweighted and weighted UniFrac distances.³⁶ As
214 expected, samples from limonin treatment group clustered far away from the control group ($p =$
215 0.01 for unweighted and $p = 0.003$ for weighted), indicating that limonin treatment altered gut
216 microbiota structure in mice. The main differences in microbiota composition that produced this
217 separation were further investigated by LEfSe as explained below.

218 **Taxonomic shifts in limonin-treated mice**

219 Version 13.8 of the Greengenes database assigned usable raw reads to 9 phyla, 18 families, and
220 81 genera among the samples sequenced. As expected, the most abundant phyla in both groups
221 were Firmicutes and Bacteroidetes (Table S2). LEfSe analysis was applied to further explore the
222 differences in taxonomic categories between the limonin-treated and control groups. The phyla
223 Proteobacteria and Bacteroidetes were significantly enriched by limonin treatment, while the
224 phylum Actinobacteria was suppressed (LDA > 2.0, $p < 0.05$) (Fig. 3C). Meanwhile, relative
225 abundance of Firmicutes decreased by 25% (from 65.39 ± 2.90 to $49.10 \pm 6.09\%$, $p = 0.09$).
226 Among the 81 identified genera, 18 genera (Unidentified genus of family S24-7, unidentified
227 genus of order Clostridiales, *Bacteroides*, unidentified genus of family Lachnospiraceae,
228 unidentified genus of family Rikenellaceae, *Oscillospira*, etc.) were significantly enriched and
229 four genera (*Lactobacillus*, *Bifidobacterium*, *Allobaculum*, and unidentified genus of family
230 Peptostreptococcaceae) were significantly reduced by limonin (LDA > 2.0, $p < 0.05$) (Fig. 3D).
231 Our data demonstrated that limonin treatment could dramatically impact microbial composition.
232 Genus *Oscillospira* was increased by ~9-fold (Table S3), which has been associated with
233 leanness in humans³⁷ and decreased incidence of inflammatory bowel disease³⁸. Unexpectedly,
234 the relative abundance of the genera *Bifidobacterium* and *Lactobacillus*, which are widely
235 regarded as beneficial bacteria,^{39, 40} were significantly decreased by limonin (Fig. 3D).

236 **Effect of limonin on bacteria *Lactobacillus* and *Bifidobacterium* growth**

237 To potentially explain the decreased relative abundance of *Bifidobacterium* and *Lactobacillus*,
238 the effect of limonin on the growth of *Lactobacillus* and *Bifidobacterium* was examined. From
239 the growth curve of the three strains, no obvious inhibition was observed (Fig. 4A-C).
240 Conversely, limonin (10 μM and 100 μM) significantly increased the maximum bacteria optical
241 density of *B. longum* and *B. infantis*, while limonin had no effect on *L. plantarum* growth (Fig.

242 4D). These findings support the notion that limonin presence did not directly influence the
243 significantly reduced relative abundance of genera *Bifidobacterium* and *Lactobacillus* in the
244 mouse gut microbiome that was observed.

245 **Variation of predicted functional metagenomes induced by limonin supplementation**

246 Given the effect of limonin on mouse gut microbiota composition and diversity, Galaxy
247 PICRUSt was applied as an exploratory tool to predict the differences in microbial function
248 between limonin-treated and control groups. Despite the accuracy of such predictions being
249 lower for other mammals than for humans (mean NSTI = 0.03 ± 0.02), it could still provide
250 useful insight on the potential functional properties of mammalian microbiomes.³² The bacterial
251 community corresponding to limonin treatment was suggested to be more abundant in gene
252 families involved in amino acid metabolism, metabolism of cofactors and vitamins, lipid
253 metabolism, biosynthesis of secondary metabolites, and immune system function (Fig. 5A). On
254 the other hand, mouse gut microbiota treated with limonin had lower predicted activities
255 associated with immune system disease and infection disease (LDA > 2, $p < 0.05$) (Fig. 5A).
256 Specifically, KEGG pathways corresponding to *Staphylococcus aureus* infection was profoundly
257 reduced by 78% ($p = 0.001$) by limonin treatment (Fig. 5B). In summary, limonin treatment
258 could potentially influence distal colon microbiota function.

259 **DISCUSSION**

260 Limonin, a triterpene derived from citrus fruits, has been recognized to have a wide range of
261 bioactivities.¹⁹⁻²¹ It has been reported to inhibit the proliferation of human colon adenocarcinoma
262 (SW480) cells through mitochondria-mediated intrinsic apoptosis¹⁹ and suppress AOM-induced
263 colon cancer in male rats²¹. Though numerous beneficial functions of limonin have been reported,

264 limited information about the effect of limonin on the gut microbiota in animals is available, an
265 ecosystem that is closely associated with host health. Therefore, we determined tissue
266 distribution of limonin and its impact on gut microbiota in mice after its oral administration.
267 Orally-ingested xenobiotic bioavailability depends on the compound's physicochemical
268 properties. Based on clinical evidence, the oral bioavailability of xenobiotics with molecular
269 weights (MW) above 400 g/mol was less than 20%.⁴¹ As limonin has a MW of 470.52 g/mol and
270 is generally hydrophobic in nature, there are indications that limonin's *in situ* bioavailability
271 should be below 20%. As expected, our results showed that a large fraction of the orally
272 administered limonin was unabsorbed and persisted to the colon, potentially contributing to gut
273 microenvironment and bacterial composition alterations.

274 Indeed, our results indicated that the mouse gut microbial community was distinctly different
275 after 9-weeks of treatment with 0.05% w/w limonin in the diet. The 16S rRNA gene analysis
276 revealed that the gut microbial diversity (α -diversity and β -diversity) was significantly shifted by
277 limonin intervention. Microbial species richness (the number of species present in certain
278 microbiota ecosystem) was significantly increased by limonin treatment. This could be
279 interpreted as a beneficial effect, given that communities with higher species richness are more
280 resistant to pathogen invasion, as these communities are generally more efficient at resource
281 utilization and limit viable pathogen competition.⁴² High species richness could also improve the
282 stability of the host gut microbiota ecosystem overall⁴³ while low diversity was observed in high-
283 fat and high-sugar diet-administered obese mice^{44, 45}.

284 Additionally, the composition of the colonic microbiota was altered in response to dietary
285 limonin intervention. At the phylum level, the relative abundance of Bacteroidetes and
286 Proteobacteria in mouse gut were significantly higher in the limonin treatment group (Table S2).

287 The alteration in relative abundance of Proerobacteria may result in modifications to host energy
288 accumulation.⁴⁶⁻⁴⁸ The relative abundance of Actinobacteria was decreased dramatically (Table
289 S2) and this alteration could have different effects on host health depending on age and health
290 status. Previously, it was shown that children with autism had lower relative abundance of
291 Actinobacteria in the gut,⁴⁹ while people with inflammatory bowel disease (IBD) had higher
292 levels of Actinobacteria on average.⁵⁰ The proportion of Bacteroidetes and Firmicutes were
293 typically reported to be associated with obesity, with a decreasing F/B ratio being highly related
294 with gut microbiota dysbiosis⁵¹ and western high-fat diets.⁵²

295 Three out five genera in the phylum *Bacteroidetes* were distinctly increased by limonin treatment,
296 including *Bacteroides*, f_Rikenellaceae;g__, and f_S24-7;g__. Certain commensal *Bacteroides*
297 species could induce IBD in an ulcerative colitis mouse model (dnKO) with or without antibiotic
298 pretreatment, and innate and adapted immune responses were activated in a host-genotype-
299 specific fashion.⁵³ Increased abundance of f_S24-7;g__ could potentially contribute to increased
300 plant carbohydrate fermentation⁵⁴ and SCFA production in the cecum. From the phylum
301 Firmicutes, several genera were increased significantly such as: o_Clostridiales;f__;g__,
302 f_Lachnospiraceae;g__, *Ruminococcus*, *Oscillospira*, and *Ruminococcus*. The genus
303 *Oscillospira* was negative correlated with body mass index (BMI) and inflammatory disease.^{37, 55}
304 The genus *Ruminococcus* was increased by ~9-fold, which might enhance the gut microbiota
305 ability in degrading and utilizing carbohydrates from the host's diet.⁵⁶

306 From the taxonomic results, the relative abundance of genera *Lactobacillus* and *Bifidobacterium*
307 were significantly reduced by limonin supplementation. Bacterial growth curves with and
308 without limonin treatment showed that limonin had no inhibitory effect on their growth, and
309 even revealed a significant improvement to the growth of the *Bifidobacterium* strains tested.

310 Therefore, the reduced relative abundance of *Lactobacillus* and *Bifidobacterium* may due to the
311 growth and out-competition by other bacterial clades rather than by a direct inhibitory effect. The
312 exact mechanism of reduced relative abundance of genera *Bifidobacterium* and *Lactobacillus*
313 with limonin treatment need to be further examined.

314 The metagenome functional analysis results demonstrated the modulation of KEGG pathways by
315 limonin in mice. Microbiota populations resulting from limonin treatment showed the
316 suppression of gene families associated with infectious disease, which might be further enhanced
317 by general increases in the richness of the gut community.⁴² Also, gene functions associated with
318 amino acid and lipid metabolism were increased markedly. Certain bacterial taxa were associated
319 with lipid metabolism and their modification might impact host lipid metabolism and presence of
320 signaling molecules.^{57, 58} Increased amino acid metabolism of bacteria could facilitate protein
321 synthesis or fermentation to promote nutrient metabolism and utilization.⁵⁹ Considering the
322 limitations of 16S rRNA gene sequencing in metagenomics analysis for non-humans, RNA-
323 seq should be applied in the future to monitor the differential expression of functional genes
324 related with limonin treatment.

325 **CONCLUSION**

326 This study investigated the gastrointestinal fate of orally-administered limonin and its influence
327 on colonic microbiota in mice. Our study revealed that large portion of limonin could evade
328 absorption and metabolism through the GIT and persist to the colon. The gut microbiota profile
329 was distinctly modified, species richness was enhanced by limonin treatment, and the predicted
330 microbial function was altered in response to dietary limonin intervention. This study provided
331 fundamental knowledge for limonin application as a bioactive ingredient in functional foods.

332

333 **CONFLICT OF INTEREST**

334 The authors declare no conflict of interest.

335

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339

340 **SUPPLEMENTARY DOCUMENT**

341

342

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523 FIGURE LEGENDS

524 Figure 1. Limonin distribution in mouse digesta, gastrointestinal mucosa, and other tissues. (A)
525 Limonin distribution in the digesta along the gastrointestinal tract (GIT); (B) Limonin
526 distribution in the mucosa along the GIT; (C) Limonin distribution in mice organs.

527 Figure 2. Short chain fatty acid content (SCFA) in control and limonin-treated mice cecum.

528 Figure 3. Principal coordinate analysis (PCoA) of unweighted (A) and weighted (B) UniFrac
529 distances of fecal microbial sample communities arranged in an OTU table at 97% similarity
530 threshold. Each dot represents a sample from each mouse fed diets (five out of ten mice in each
531 group was picked randomly for microbiome analysis). Taxonomic difference of colonic
532 microbiota between control and limonin treated groups identified by linear discriminant analysis
533 (LDA) coupled with effect size (LEFSe) analysis. (C) Taxonomic cladogram representing
534 significant features in microbiota profile with respect to limonin treatment. (D) Gut microbiota
535 genera differentially represented between control and limonin treated groups ($LDA > 2$, $p <$
536 0.05). Red indicating taxa suppressed by limonin treatment, green suggesting taxa enriched by
537 limonin diet.

538 Figure 4: The effect of limonin on probiotic culture growth. The growth curve of (A) *L.*
539 *plantarum*, (B) *B. longum*, and (C) *B. infantis* with limonin treatment at different concentrations.
540 (D) The maximum OD_{600nm} of the three strains with and without limonin treatment.

541 Figure 5: Predicted microbial functional pathways significantly shifted with limonin treatment
542 using predictive metagenomics. (A) Differential gene expression associated with functional
543 pathways determined in PICRUSt. (B) Fold change of pathway relative abundance associated
544 with *Staphylococcus aureus* infection. The significantly affected functional pathways were

545 identified by LEfSe ($LDA > 2, p < 0.05$). Red box: suppressed by limonin treatment, green box:

546 enriched by limonin treatment.

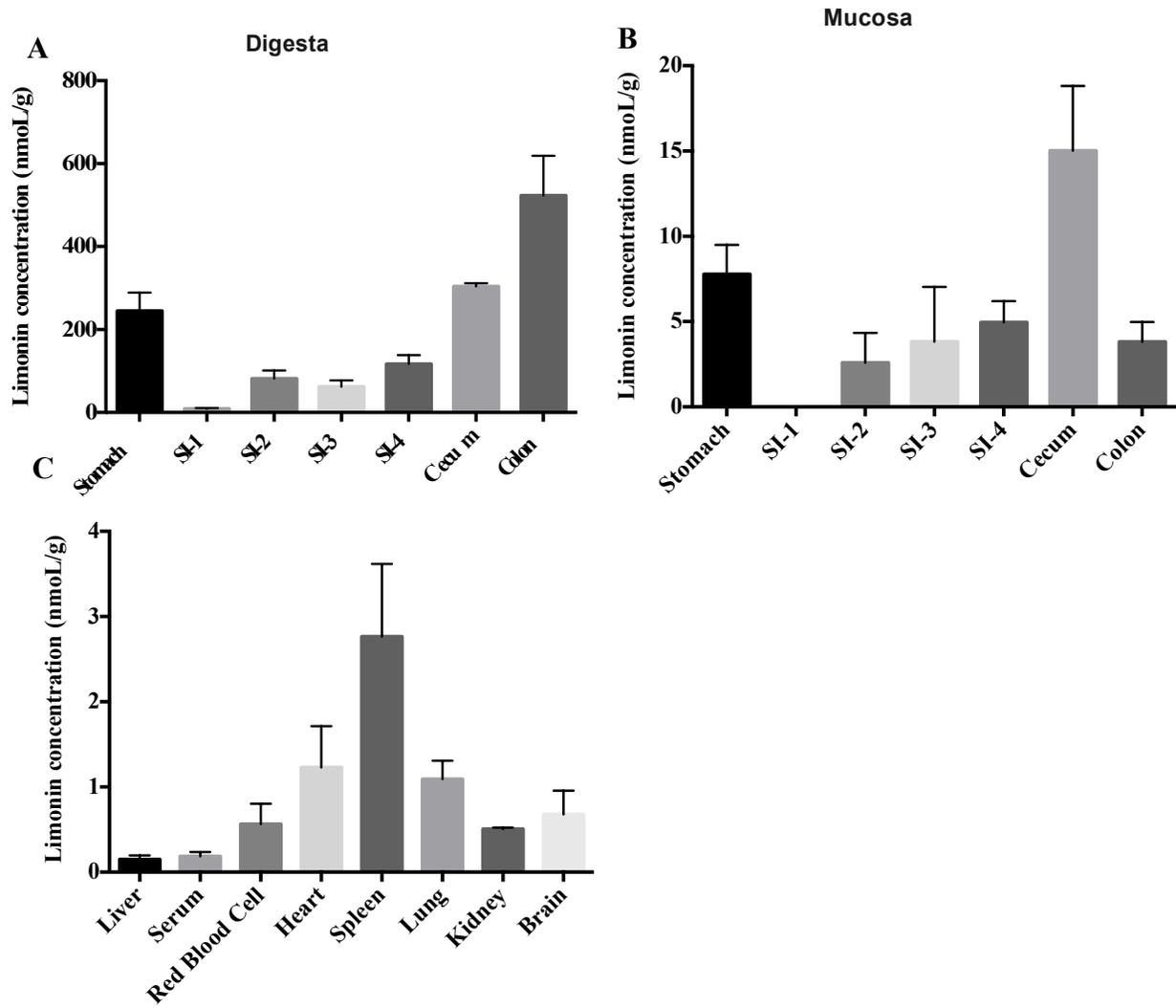
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549 Table 1: α -diversity of mice fecal microbiota treated with limonin

Diversity index	Control		Limonin		<i>p</i> value
	Value	\pm SD	Value	\pm SD	
PD Whole Tree	81.31	20.92	101.06	8.76	0.09
Observed OTUs	2305.60	622.43	3415.80	306.51	0.01
Chao1	5303.89	1375.58	7005.83	578.54	0.03
Shannon index	5.36	0.39	6.98	0.26	0.01

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552 Figure 1

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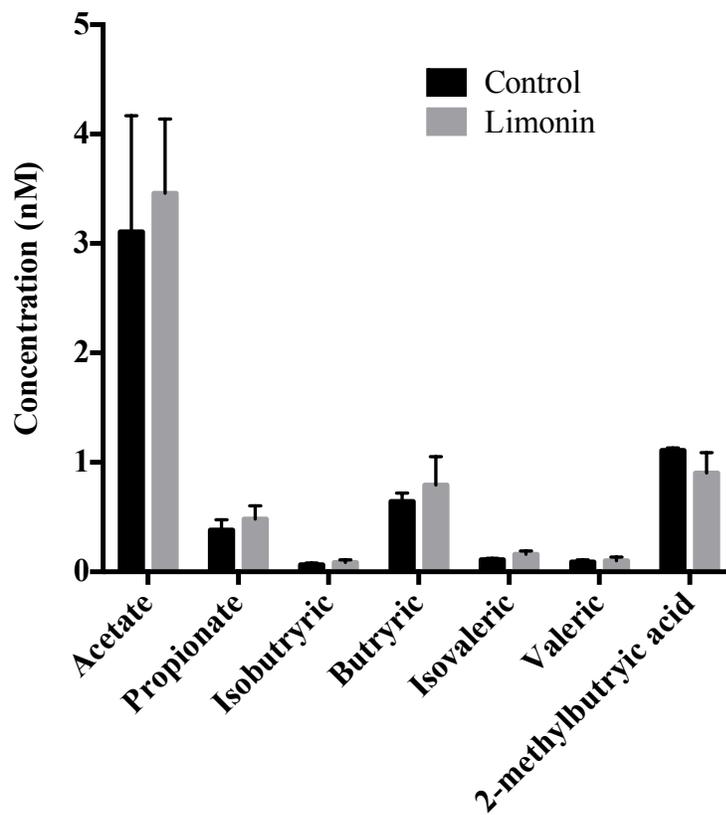
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560 Figure 2

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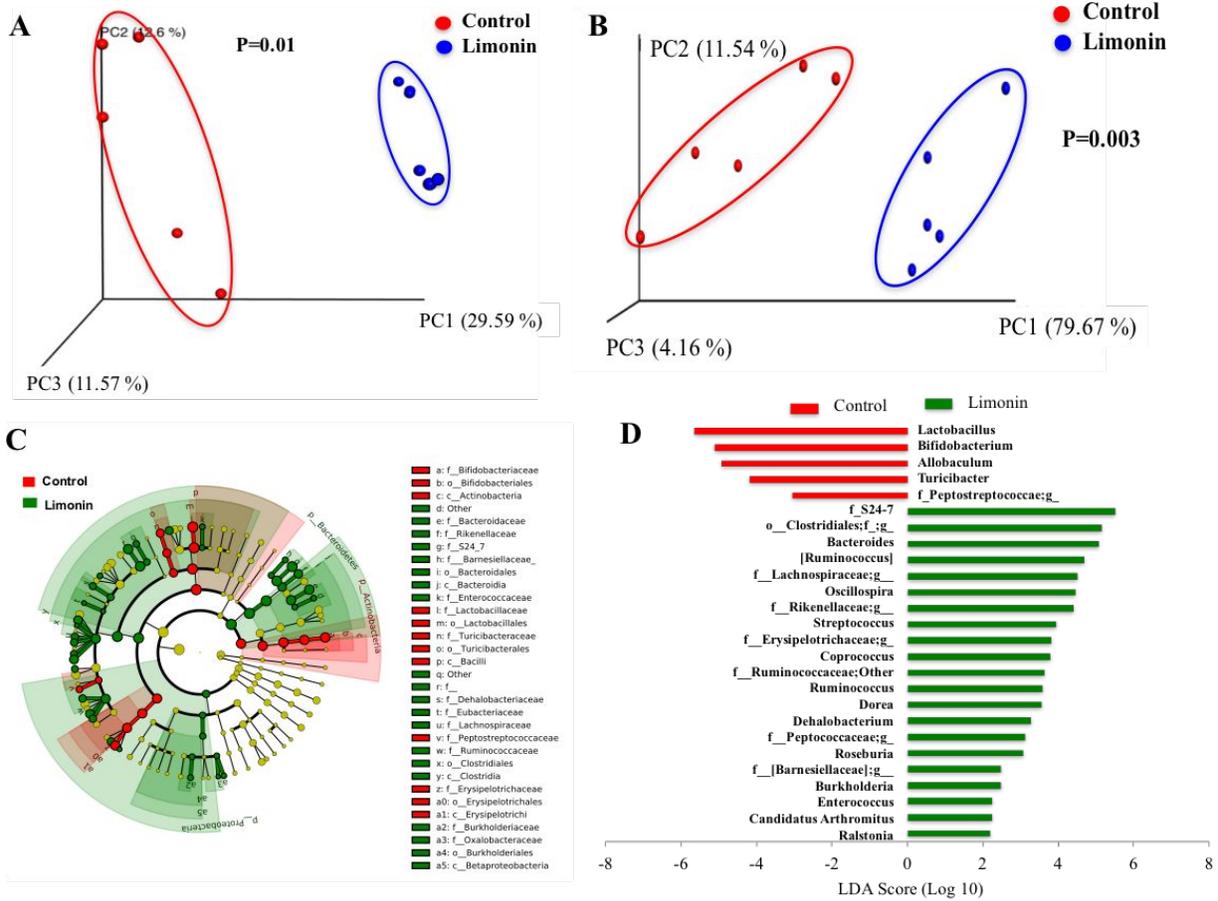
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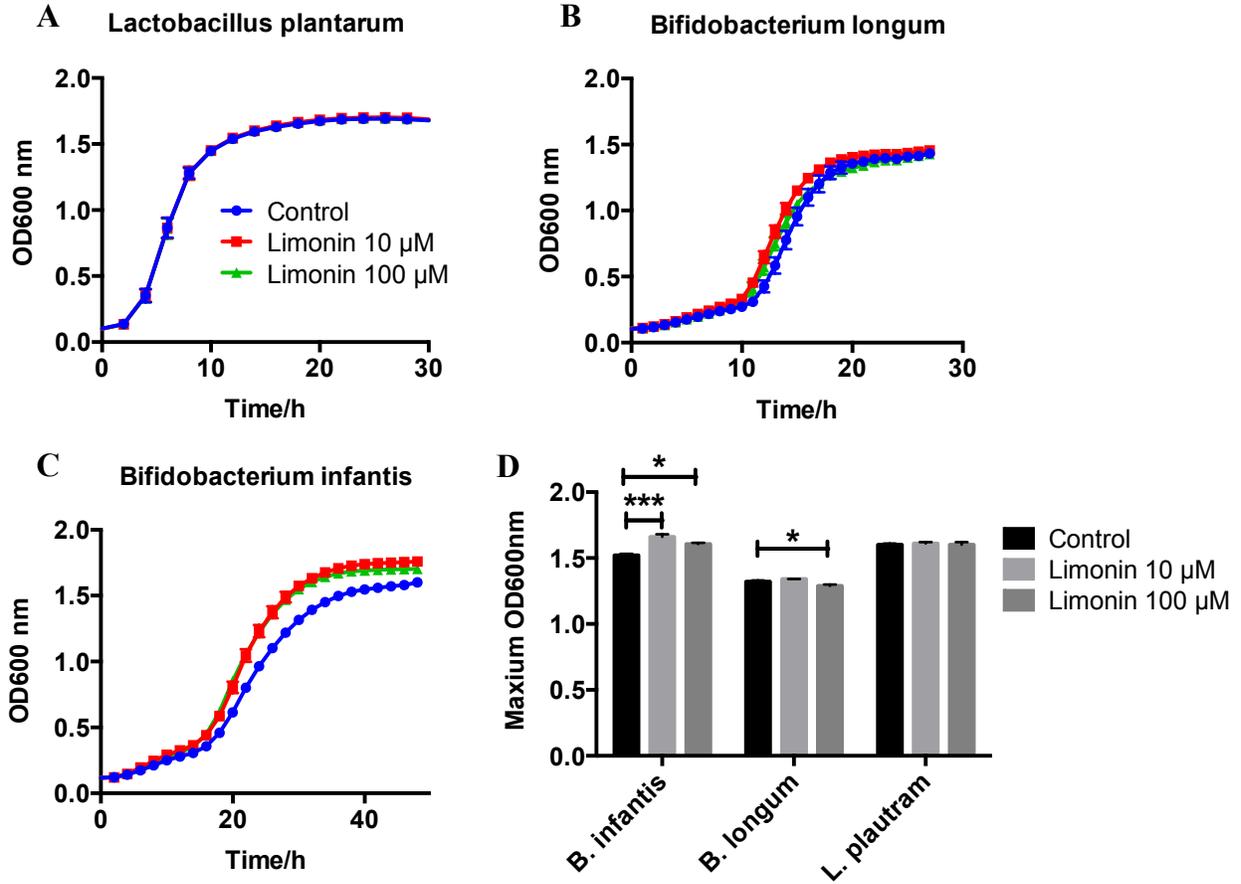
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569 Figure 3

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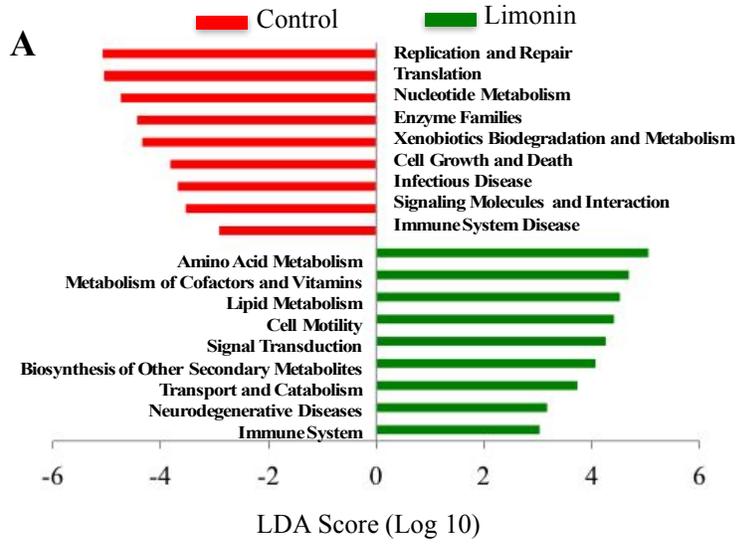
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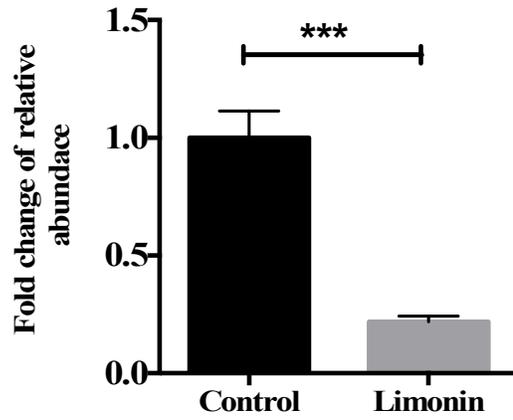
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B **Staphylococcus aureus infection**



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581 Figure 5

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