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3	Separation and purification of anti-tumor peptide
4	from rapeseed (Brassica campestris L.) and the
5	effect on cell apoptosis
6	
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26 ABSTRACT

27 The rapeseed peptides were prepared by means of the combined methods of 28 laboratory bacteria enzyme synergy of solid-state fermentation on the rapeseed meal. 29 The rapeseed peptides were separated and purified with the tumor cells in vitro anti-proliferative activity as an index. Moreover, a kind of rapeseed peptide 30 31 component RSP-4-3-3 (rapeseed anti-tumor peptide RSP-4-3-3) with high activity 32 was selected. Furthermore, by using the reversed-phase high performance liquid 33 chromatography (RP-HPLC) coupled with the electrospray ionization mass 34 spectrometry (ESI-MS/MS), the analysis result of its possible amino acid sequence 35 showed it was Trp-Thr-Pro (408.2Da). Inverted microscope observation technology 36 and Western Blot experiments were applied to explore the antitumor impact of the 37 rapeseed peptide RSP-4-3-3 on tumor cell. The results showed that rapeseed 38 antitumor peptide RSP-4-3-3 could significantly change the morphological features of 39 the HepG2 cells *in vitro* and cause apoptosis, thus inhibiting the proliferation of the 40 HepG2 cells.

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42 KEYWORDS: Anti-tumor rapeseed peptides; Separation and Purification; Amino
43 Acid Sequence; Cell Apoptosis

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Page 3 of 39

Food & Function

51 **INTRODUCTION**

52 Numerous studies have found that hydrolysis of rapeseed protein can generate relatively small molecular mass peptides with biological activities, such as 53 hypotension activity ¹⁻³, anti-oxidant activity ⁴⁻⁶, anti-tumor activity ^{7, 8}, and anti AIDS 54 activity^{9, 10}. Therefore, rapeseed protein hydrolysis has great potential and broad 55 56 market prospects. Rapeseed peptides are the hydrolysate of rapeseed proteins, and 57 have relatively complicated constituents, including small amount of free amino acids and some macromolecular substances that cannot be completely hydrolyzed. The 58 59 bioactive activity of the peptides is not only related to its structure, amino acid composition and the sequence, but also to the molecular mass ^{11, 12}. The peptides 60 61 featuring stronger antitumor activity generally have smaller molecular weight. Tumor is a kind of disease when anomaly occurs in the level of cell proliferation and death 13 . 62 63 Cell apoptosis is a form of cell death, which is accompanied by a series of 64 physiological characteristics, including cell shrinkage, chromatin aggregation and 65 DNA degradation between nucleosomes. The abnormal proliferation and the declining ability of apoptosis of tumor cells are the two main factors of tumorigenesis and 66 development. Therefore, for the purpose of chemotherapy and biological treatment, 67 the induction of apoptosis is of great significance 14 . 68

In this experiment, human HepG2 hepatoma carcinoma cells, MCF-7 breast cancer cells and HeLa cervical cancer cells were taken as research objects, and methylene blue colorumetric method were used to evaluate the anti-proliferative activity of the rapeseed peptides (RSP) towards the tumor cells, so as to select the sensitive cell stains. Based on the proliferation inhibition rate of human HepG2 hepatoma carcinoma cells *in vitro*, RSP was separated and purified by ultrafiltration, Sephadex G-15 gel filtration and reverse phase High-performance liquid

76 chromatography (RP-HPLC) to obtain the rapeseed peptides fraction with high 77 anti-proliferative activity (anti-tumor rapeseed peptides). And the possible amino acid sequence of anti-tumor rapeseed peptide was analyzed. On the basis, HepG2 cell was 78 79 treated with the anti-tumor rapeseed peptide. Then the cellular morphological changes 80 were observed under inverted microscope. Besides, as revealed by the Western Blot 81 experiments, the expression of proteins related tumor cell apoptosis is detected and 82 the antitumor mechanism of the rapeseed peptide was preliminarily identified. It is 83 thus expected that our research can provide an experimental basis for efficient 84 utilization of the abundant rapeseed protein resources in China, for the theoretical 85 research of the anti-tumor activity of the rapeseed peptide, as well as for the 86 development and application.

87 Experimental

88 Chemicals and Reagents

Rapeseed peptides (RSP) were prepared according to our previous studies ¹⁵ and 89 90 stored at -20 °C. Human HepG2 hepatoma carcinoma cells, human MCF-7 breast 91 cancer cells and human HeLa cervical cancer cells were purchased from Cell bank of 92 Chinese Academy of Sciences (Shanghai, China). Dulbecco's Modified Eagle 93 Medium (DMEM), Fetal Bovine Serum (FBS), Penicillin-Streptomycin Solution, 94 0.25 % Trypsin were purchased from Gibco Biotechnology Company (Carlsbad, CA, 95 USA). 5-Fluorouracil (5-Fu), Thiazolyl Blue Tetrazolium Bromide (MTT), Dimethyl 96 sulfoxide (DMSO) were purchased from Sigma Chemical Co. (St. Louis, MO, USA). 97 Acetonitrile, trifluoroacetic acid (TFA) were purchased from Merck Chemicals Co., 98 Inc (Darmstadt, Germany). Sephadex G-15, RIPA Lysis Buffer, Tween-20, 99 Phenylmethyl sulfonyl fluoride (PMSF), Aprotinin, Leupeptin, Pepstatin, Protein Marker(14.4-97 kDa), 30% Acrylamide, Tris, Ammonium Persulphate, Sodium 100

dodecyl sulfate, sodium salt (SDS), N, N, N, N-Tetramethylethylenediamine
(TEMED), Bromophenol Blue, 2-Mercaptoethanol MCH, Skimmed Milk Powder
were purchased from Solarbio Biological Technology Co., Ltd (Beijing, China). P53
Antibody, Bax Antibody, Bcl-2 Antibody, β-actin Antibody, HRP-labeled Goat
Anti-Rabbit IgG (H+L), HRP-labeled Goat Anti-Mouse IgG (H+L) were purchased
from Beyotime Institute of Biotechnology (Shanghai, China). Other reagents used in
this experiment were analytical grade.

108 Separation and purification of anti-tumor rapeseed peptide

109 The RSP (1 g) was dissolved in 1000 mL of distilled water and fractionated according 110 to molecular size through an ultrafiltration (UF) membrane bioreactor system 111 (Millipore Pellicon XL, Millipore, Bedford, MA) with a molecular weight cut-off 10 112 kDa, 5 kDa and 3 kDa. RSP-1, RSP-2, RSP-3 and RSP-4 represent the fractions with 113 M_W distribution of >10 kDa, 5–10 kDa, 3–5 kDa and <3 kDa, respectively. Control 114 pressure was set between 0.10 to 0.22 Mpa in the ultrafiltration process. Collect 115 various molecular weight of rapeseed peptides fluid, freeze drying, weighing the 116 quality of different molecular weight peptides and the anti-proliferative activity of 117 each fraction was determined. The sample with the highest anti-proliferative activity 118 after ultrafiltration was further separated using Sephadex G-15 and a gel filtration 119 column (15.0×700 mm) eluted with distilled water, at a flow rate of 30 mL/h. The 120 sample dissolved in distilled water at a concentration of 10 mg/mL and filtered 121 through micropore films (0.22 µm pore size). Each fraction was measured at 280 nm. 122 Fractions were automatically collected every minute by the fraction collector, the 123 same elution peak was pooled, and the anti-proliferative activity of fractions was 124 determined. The fraction with the highest anti-proliferative activity after gel filtration 125 was further separated using RP-HPLC (Water Corporation, Milford, MA, USA). The

126 sample was dissolved in distilled water at a concentration of 10 mg/mL and filtered through micropore films (0.22 µm pore size). XBridgeTM Prep C18 (10×150 mm, 5 127 um) was used as the column (Water Corporation, Milford, MA, USA). The injection 128 129 volume was 100 μ L, and the flow rate was 2.36 mL/min. The mobile phase for the 130 chromatography analysis were: solvent A 0.05% trifluoroacetic acid (TFA) and 5% 131 acetonitrile in distilled water (v/v); and solvent B, 0.05% trifluoroacetic acid (TFA) in 132 80% acetonitrile. Elution was carried out using a linear gradient with in 20 min. The 133 column was operated at 30 °C. The sample was detected at 280 nm. The 134 chromatogram was calculated with the Empower 2 integral software (Water 135 Corporation, Milford, MA, USA). The fractions eluted under the same elution peak 136 were pooled, vacuum concentration and then freeze drying. The anti-proliferative 137 activity of each fraction was determined.

138 **Cell proliferation inhibition tests**

The HepG2 cells, HeLa cells and MCF-7 cells were cultured at 37 °C with 5% CO₂
using DMEM medium supplemented with 5% FBS and 10% penicillin–streptomycin
mixture. Anti-proliferative activity of rapeseed peptides towards the tumor cells were
detected by MTT assay.

Briefly, the tumor cells were seeded at a density of 2×10^3 cells per well on a 96-well microplate with 100 µL of growth medium per well. 100 µL DMEM with different concentrations of samples (50, 100, 200, 400, 800, 1600 µg/mL) were added to each well, and the 50 µg/mL 5-Fluorouracil (5-Fu) served as the control. Cell-free medium (100 µL) was added to the peripheral wells of a 96-well microplate as the blank. Removed the growth medium after incubation 24 h and the wells were washed with PBS. Added 20 µL of MTT (5 mg/mL) to every well and incubated for 4 h at 150 37 °C. Removed the medium after the incubation and add 50 μ L of DMSO to each 151 well. The 96-well microplate was placed on a tablet oscillator for 20 min. Measured 152 the absorbance at 570 nm in the SpectraMax M2e Microplate System (Molecular 153 Devices, CA, USA). The different concentrations of samples were compared to the 154 control according to the following equation:

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$$Cell \ viability(\%) = \left(\frac{OD_1 - OD_0}{OD_2 - OD_0}\right) \times 100$$

Where OD_1 is the optical density value of sample; OD_2 is the optical density value of the control; OD_0 is the optical density value of the blank. Every sample was measured in three replicates, and the results were averaged.

159 The amino acid sequence analysis of anti-tumor rapeseed peptide

160 The anti-tumor rapeseed peptide obtained though separation and purification was 161 dissolved in distilled water and filtered through micropore films (0.22 μ m pore size). And the purity was analyzed by HPLC. XBridgeTM Prep C18 (4.6×250 mm, 5 µm) 162 163 was used as chromatographic column (Water Corporation, Milford, MA, USA). The elution was performed for 30 min with the mobile phase containing solvent A (5% 164 165 acetonitrile with 0.05% trifluoroacetic acid) and solvent B (80% acetonitrile with 0.05% trifluoroacetic acid). The column was operated at 30 °C. The injection volume 166 167 was 20 µL and the rate of flow was 0.5 mL/min. Chromatogram was recorded at 280 168 nm. The chromatogram was calculated with the Empower 2 integral software (Water 169 Corporation, Milford, MA, USA).

The possible amino acid sequence of anti-tumor rapeseed peptides that obtained through a series of separation and purification technologies was analyzed by RP-HPLC in combination with ESI-MS/MS. The LC condition adopted in this assay

was as followed: Agilent C18 Eclipse XD8-18 (4.6×250 mm, 5 μ m) was used as
chromatographic column. The elution was performed for 50 min with the mobile
phase containing solvent A (5% acetonitrile with 0.1% acetic acid) and solvent B
(80% acetonitrile with 0.1% acetic acid). Gradient elution was carried out according
to the following process: 0-40 min, linear gradient 95-50% A; 40-50 min, linear
gradient 50-95% A. The column was operated at 30 °C. The injection volume was 20
μ L and the rate of flow was 0.6 mL/min. The MS analysis was performed as followed:
Detection was under positive ion mode with scanning range of 50~1000 m/z; The
assay was carried out at the capillary temperature of 350 °C and 3.50 volts; The

detection wavelength was 280 nm; 25.0 Psi was used as the pressure of Atomizing
nitrogen and 9.0 mL/min was used as the velocity of dry nitrogen.

184 **Observe the cell morphology by inverted microscope**

The tumor cells were seeded at a density of 2×10^5 cells /mL on a 96-well microplate with 100 µL of growth medium per well. The cells were incubated under the condition of 37 °C, 5% CO₂ for 24 h. Then, 100 µL of media with different concentrations of anti-tumor rapeseed peptides (0 µg/mL, 50 µg/mL, 200 µg/mL, 800 µg/mL) were added to each well. And the cells were incubated under the condition of 37 °C for 48 h. General morphology of HepG2 cells treated with different concentrations of RSP-4-3-3 was observed under inverted microscope.

192 Western Blot test

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The extraction of proteins from the cytoplasm using Yoon H^{16} reported methods, with some modifications. Briefly, the HepG2 cell was seeded at a density of 5×10^5 cells per well. The cells were incubated under the condition of 37 °C, 5% CO₂ for 24 h. Removed the growth medium, and add 100µL of media with different

197 concentrations of anti-tumor rapeseed peptides (0 µg/mL, 50 µg/mL, 200 µg/mL, 800 198 µg/mL). Removed the growth medium after incubation 48 h and the wells were 199 washed twice with pre cooling PBS (4 °C). The cells were collected and centrifuged 5 min (1000 g, 4 °C). Removed the supernatant and put it in ice bath for future research. 200 201 Appropriate amount of cell radio immuno precipitation assay (RIPA) Lysis Buffer that 202 contained protease inhibitors (0.2 mmol/L of phenylmethy sulforyl fluoride, 15 203 $\mu g/mL$ of aprotinin, 5 $\mu g/mL$ of Leupeptin and 1 $\mu g/mL$ of pepstatin) was added to the 204 collected cells. Then, blow suspension and split in the ice was conducted for $15\sim20$ 205 min. In the process of spliting, it was frequently shocked to ensure full pyrolysis of 206 cells. The above cell lysis solution was centrifuged for 10 min under the condition of 207 12000 g (4 °C). The supernatant fluid was the required protein samples. After the 208 protein in lysis solution was quantitated by means of 209 BCA(2,2-Biquinoline-4,4-dicarboxylic acid disodium salt) protein quantitation 210 kit(Solarbio ,Beijing, China), SDS-PAGE loading buffer was added to various protein 211 samples and boiled in boiling water for 5 min, centrifuged for 5 min under the 212 condition of 1000 g and kept at -20 °C for later use.

Western Blot analysis using Yoon H¹⁷ reported methods, with some 213 214 modifications. 12 % of SDS-PAGE separation gel was adopted to separate p53, Bax, 215 Bcl-2 and β -actin. The protein after the electrophoresis was transferred to PVDF 216 membrane by wet process. Then, PBST solution (1×PBS buffer containing 0.1 % of 217 Tween-20) containing 5 % skimmed milk powder was added and enclosed for 1h at 218 room temperature. Next, the PBST solution containing primary antibodies was added and kept in swing bed at 4 °C for one night. Primary antibodies were collected and 219 220 cleaned the membrane with PBST solution for 3 times, with each time lasting for 10

221 min. Then, secondary antibody PBST solution containing horse radish peroxidase (HRP) labeling was added and incubated for 1 hour at room temperature. Afterwards, 222 223 the membrane was washed with PBST solution for 3 times, with each time lasting for 224 10 min. Membrane developing used Beyo ECL Plus (Beyotime, Shanghai, China). 225 Next, by using Image Lab gel-imaging and analysis software, the corresponding area in the band and optical density were analyzed to determine the strength of the 226 227 membrane protein bands and analyze the expression quantity change of protein that 228 was treated with different concentrations of samples.

229 Statistical analysis

All the tests for antioxidant activities of the samples were conducted in triplicate and the data were expressed as the mean \pm the standard deviation (SD). The statistical analysis was performed using SPSS (version 17.0, Statistics for Social Science, Chicago, IL, USA) and the significant difference was determined with 95% confidence interval (P < 0.05). All graphical representations were composed using Sigmaplot, version 12.5.

236 **Results and discussion**

237 In vitro anti-proliferative activity of RSP against three kinds of tumor cells Human HepG2 hepatoma carcinoma cells are a class of cell lines, which are widely 238 used in cancer research, genetics and nutrition studies¹⁸. Human Hela cervical cancer 239 cell is a kind of cell which is often used in biological and medical research; it has 240 241 been widely used in tumor research because it has the characteristic continuous serial 242 passage, unlimited division, rapid proliferation and strong infectious; the Human Hela 243 cervical cancer cell has become one of the most important tools in medical research¹⁹. 244 Human MCF-7 breast cancer cells are more commonly used as a model cell for the

245 research of breast cancer metastasis 20 .

246 As shown in Figure 1, in the dose range that cancer cells can grow, RSP had a 247 relatively dose-dependent inhibition on the proliferation of human HepG2 hepatoma 248 carcinoma cells, MCF-7 breast cancer cells and HeLa cervical cancer cells. For the 249 same cell specie, the one treated with higher RSP concentration demonstrated stronger 250 inhibitory effect. Moreover, the anti-proliferative effect of the RSP at the same 251 concentration became increasingly obvious as time went by. Noticeably, HepG2 cells 252 were the most sensitive to the inhibitory effect of RSP. At 1600 μ g/mL RSP, the 253 inhibition of proliferation reached 36.97±4.06% at 72 h (Figure 1A), which was higher than that of the MCF-7 cells (30.62±2.79 %, Figure 1B) and HeLa cells 254 255 (25.23±1.49 %, Figure 1C).

Xue Zhaohui¹⁹ took three fractions of rapeseed peptides obtained by enzymolysis 256 257 of rapeseed protein after gel column separation as the samples and measured the 258 inhibitory effect on the human HeLa cervical cancer cell by the MTT colorimetric 259 method. Their research results showed that fraction 2 had the best anti-proliferative effect and its inhibition rate reached 22.51 % under the concentration of 640 µg/mL. 260 The value was higher than the experimental results of this study possibly because 261 262 different preparation methods of rapeseed peptides cause different types, contents and 263 sequences of amino acids in the sample, and the sample used in experiment was the 264 crude rapeseed peptides after fermentation with low purity.

265 Ultrafiltration

266 Separation membrane takes the molecular weight cutoff as the indicators and 267 physically screens the solute in the liquid by means of natural or synthetic polymer

268 thin film so as to reach the purpose of separation; it includes ultrafiltration, 269 nanofiltration and microfiltration; usually, the three ones are used together to realize 270 the multilevel separation of peptide and improve product quality; Membrane 271 separation possesses many advantages, such as low energy consumption, simple equipment, convenient operation, easy recycling and no secondary pollution²¹. 272 273 Among them, ultrafiltration membrane separation technology is the most widely used²². Rapeseed meal after the bacteria enzyme coordination treatment did generate 274 275 the rapeseed peptide with different molecular weight sizes, but the majority was small 276 molecular peptides. Though the separation, the rapeseed peptide with molecular 277 weight RSP-1(>10 kDa), RSP-2(5-10 kDa), RSP-3(3-5 kDa) and RSP-4(<3 kDa) 278 accounted for respectively about 26.46±0.93 % (mass fraction), 10.78±0.67 % (mass 279 fraction), 12.67 ± 0.24 % (mass fraction) and 41.38 ± 1.04 % (mass fraction).

280 The anti-proliferative effect results of different molecular weight components of RSP 281 obtained by ultrafiltration membrane separation on HepG2 cells in vitro are shown in 282 Figure 2. As is shown above, except the fraction RSP-4(>10 kDa), the other different 283 molecular weights, especially the small molecular weight fractions of rapeseed 284 peptides had a certain inhibiting effect on human HepG2 hepatoma carcinoma cells; 285 the inhibitory effect of different molecular weights of rapeseed peptides fractions 286 under the same concentration also existed certain differences. Among the four kinds 287 of RSP different molecular weight fractions obtained by ultrafiltration membrane 288 separation, the tumor cells in vitro anti-proliferative activity of rapeseed peptides 289 fractions RSP-4(\leq 3 kDa) was the strongest. Besides, the inhibition rate on HepG2 290 under different concentrations was higher than that of other components. When it was proceeded by the concentration of 1600 µg/mL for 48h, the HepG2 inhibition rate 291

292 could reach 37.32 ± 1.54 %.

293 Gel filtration chromatography (GFC)

294 Gel filtration chromatography separates materials based on different molecular sizes 295 and shapes and it is featured by simple operation, rapid separation, little product loss and no affect on the biological activity of materials to be separated ²³. The column 296 297 chromatography separation diagram of RSP-4 by Sephadex G-15 is shown in Figure 3. 298 The corresponding eluents of four elution peaks were respectively collected and 299 named as RSP-4-1, RSP-4-2, RSP-4-3 and RSP-4-4 according to the order of elution. 300 Based on the principle of glucan gel chromatography separation, the molecular weight 301 of four elution peaks decreased gradually.

302 Figure 4 illustrates the elution peaks obtained by Sephadex G-15 column had 303 anti-proliferative effect on human HepG2 hepatoma carcinoma cells in vitro. RSP-4-1 304 nearly had no inhibiting effect on HepG2 cells in vitro proliferation, while it had 305 relatively obvious inhibiting effect on the rest of three fractions, and presented a 306 certain dose-effect relationship. The anti-proliferative effect of RSP-4-3 and RSP-4-4 307 on HepG2 cell in different concentrations were slightly higher than the effect before 308 chromatography separation. HepG2 cells anti-proliferative activity in vitro of RSP-309 4-3 in various concentrations was superior to other fractions.

310 Semi-Preparative high performance liquid chromatography (Semi-Preparative

311 **HPLC**)

High performance liquid chromatography (HPLC) can separate single peptide according to the molecular weight size and structure of polypeptides; it is characterized by a high degree of purification and high resolution, and is one of the main means of separation and purification of polypeptides, especially in the separation of small molecular peptide researches ^{24, 25}. The study further separated

and purified RSP-4-3 with semi-preparative RP-HPLC, collected four major fractions (Figure 5) and named them as RSP-4-3-1, RSP-4-3-2, RSP-4-3-3 and RSP-4-3-4 according to the order of elution. In addition, the four fractions showed positive reaction to ninhydrin and biuret, which indicated the four fractions were peptides. The anti-proliferative effect of the four fractions on HepG2 cells in vitro was respectively measured and the results were shown in Figure 6.

323 According to the Figure 6, within concentration range of 50~800µg/mL, except 324 fraction RSP-4-3-1, the rest fractions of rapeseed peptide obtained by means of 325 semi-preparation RP-HPLC had relatively obvious anti-proliferative effect in vivo on 326 human HepG2 hepatoma carcinoma cells. RSP-4-3-3 showed comparatively strong 327 inhibiting ability and its inhibition rate of tumor cell increased gradually with the 328 increase of concentration; under the different concentrations of the experiment, the 329 anti-proliferation of RSP-4-3-3 on HepG2 cell was significantly higher than the 330 rapeseed peptide component before the separation. Under the 800 μ g/mL 331 concentration of RSP-4-3-3, the inhibition of proliferation reached 58.86±2.87% for 332 HepG2 cells. The results showed that, after a series of separation and purification, 333 rapeseed peptide fractions RSP-4-3-3 had a stronger anti-proliferative activity towards 334 HepG2 cells.

335 Identification of peptide by ESI-MS/MS

Analytical High performance liquid chromatography was applied to conduct purity identification of anti-tumor rapeseed peptide RSP-4-3-3 (Figure 7). The results showed that the rapeseed peptide obtained by the prep-HPLC separation was a single component peak, suggesting that it might contain only one target peptide fragment.

When RP-HPLC-ESI-MS/MS is applied to analyze antitumor rapeseed peptide,
RP-HPLC first separates antitumor rapeseed peptide. Then, after the ESI source

ionization, the first-level MS selects specific m/z parent ions and enters the collision activation room. Next, peptide ions have collisions with inert gas and generate fragment ions. As a result, the second-level MS analyzes the fragment ions pyrolysis generates (MS/MS). In the experiment, the molecular weight of RSP-4-3-3 was measured by means of the electrospray ionization mass spectrometry (ESI-MS) of positive ion mode and the amino acid sequence was measured with the help of tandem mass spectrometry.

349 The corresponding peak of molecular ion in the mass spectrum is called 350 molecular ion peak or parent ion peak. It is generally located at the top of the 351 mass-to-charge ratio (m/z) and its mass number is the molecular weight of the 352 compound. ESI-MS spectrum of RSP-4-3-3 is shown in Figure 8. After removing 353 impurity peak, the main component of RSP-4-3-3 with m/z was 409.2 Da. Besides, 354 RSP-4-3-3 carried single charge ([M+H]+), so the relative molecular mass was 408.2 355 Da. Such results are consistent with the conclusions that the relative molecular weight of food protein source bioactive peptides is usually lower than 1500 Da^{26, 27}. 356 357 According to the average relative molecular weight of amino acids (128), the rapeseed 358 peptide was tripeptides. The parent ion 409.2 Da was further selected for MS/MS 359 secondary mass spectrum analysis (Figure 9).

As can be seen from Figure 9, there is Trp imino ion characteristic spectral lines in area of m/z < 200, suggesting that the peptide might contain Trp. According to the counter-pair difference value of b series ions m/z value (b1:185.1, b2:294.1 and b3:409.2) in the Figure, it can be concluded that the three fragments bombarded from C terminal of peptide chain in the secondary mass spectrum were 115.1 (b3-b2), 109 (b2-b1) and 185.1 (b1) respectively and their corresponding amino acid residues were

366 respectively Pro, Thr and Trp. Thereby, amino acid sequence of the peptide with the 367 m/z a value of 409.2 Da was Trp-Thr-Pro. Studies show that the tripeptide at C-terminal containing Tyr and Trp has relatively strong ability of scavenging free 368 radicals²⁷, and some polypeptide containing Pro also can generate synergies with 369 polyphenols^{28, 29}, prevent the body from being in the oxidative stress state and play a 370 371 role of anti-tumor. Hydrophilic peptide (containing Arg, Asp, His, Lys, Thr and other 372 hydrophilic amino acids) by way of electrostatic attraction, specific effect on tumor 373 cells, quickly lead to the cell membrane rupture, leakage of cell contents and ultimately cause cell death³⁰.

375 Effects of anti-tumor rapeseed peptides on the morphology of HepG2 cells

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Cell necrosis and cell apoptosis are two completely different forms of cell death ³¹. 376 377 Cell necrosis refers to the passive reactions of cells to external harm such as 378 biological invasion, ischemia, hyperpyrexia, and physical chemical trauma and it is featured by cell swelling, membranolysis or cell membrane dissolution ³². Cell 379 380 apoptosis, also called programmed cell death (PCD) is a process in which a kind of 381 cell death mechanism inside the cell under the effect of apoptosis stimulating signals, 382 and results in the programmed cell death through a series of signal transduction and the process is highly ordered and decided by gene ³³. They can be distinguished from 383 384 each other through observing the cell morphology under microscope.

385 Figure 10 shows the morphology of human HepG2 hepatoma carcinoma cells processed by RSP-4-3-3. From it, people can see the control group cells had good 386 387 adherence to wall and refraction, grew vigorously in the shape of paving stone, and 388 were closely packed, with clear outline. After being processed by RSP-4-3-3 at 389 different concentrations for 48 h, the number and morphology of cells showed

390	different degrees of changes. To be specific, the cells processed by low concentration
391	of RSP-4-3-3(50 μ g/mL) became round and lost three-dimensional structure, and their
392	edge blurred, or adhered to in the culture medium plate bottom surface in the flat
393	shape, or lost adherence to wall and floated in the culture medium; cell surface
394	formed a lot of bubble or bud protrusions. Moreover, the cells processed by high
395	concentrations of RSP-4-3-3 (800 $\mu\text{g/mL})$ showed more obvious change and
396	decreased significantly; the adherent cells significantly reduced and a large number of
397	cells died and fell. Cell morphology became quite irregular, and there was almost no
398	connection between cells. Such results showed that anti-tumor rapeseed peptide could
399	significantly change the morphological features of HepG2 cell in vitro, make cells
400	present typical apoptosis form, and have obvious anti-proliferative effects ³⁴ .

401 Effects of anti-tumor rapeseed peptides on the expression of apoptosis protein in

402 HepG2 cells

Mitochondrion is the regulation center of cell apoptosis. The apoptosis pathway 403 mediated by mitochondria is one of the most typical apoptotic pathways ³⁵. With the 404 405 in-depth study of cell apoptosis, it is proved that Bcl-2 family in the mitochondrial 406 pathway plays important roles in the process of cell apoptosis signal transduction and its expression and regulation are the key factors influencing cell apoptosis 31 . It can be 407 408 divided into two categories, namely the protein promoting and inhibiting apoptosis. In 409 Bcl-2 family, Bcl-2 and Bax respectively are the most representative and most widely researched inhibiting apoptosis protein and promoting apoptosis protein ³⁶. Moreover, 410 Bcl-2/Bax ratio is the "molecular switch" to initiate cell apoptosis ³⁷. Down-regulation 411 412 of Bcl-2 or up-regulation of Bax expression can induce and promote tumor cell apoptosis. Besides, Bax and Bcl-2 can form the polymer that can adjust mitochondrial 413

final cell apoptosis. P53 is a kind of tumor profilin and plays a key role in the process

membrane permeability, and cause cytochrome C release, Caspase activation and the

416 of response to DNA damage or genome abnormality in cells. Besides, the activation

417 of p53 protein can cause cell cycle arrest, DNA repair and cell apoptosis.

418 Western Blot was used to detect the expression level of the related proteins (p53, 419 Bcl-2 and Bax) to HepG2 cells proliferation and apoptosis of anti-tumor rapeseed 420 peptide (RSP-4-3-3) after processing. The result is shown in Figure 11. According to 421 the figure, the expression of p53 protein in HepG2 cells increased with the increase of 422 RSP-4-3-3 concentration, and had significant dose-effect dependency. When it was 423 processed in the concentration of 800 μ g/mL for 48 h, the protein expression quantity 424 of p53 in cells was about three times of that in the control group (0 μ g/mL). Besides, 425 with the increase of RSP-4-3-3 concentration, the expression of anti-apoptosis protein 426 Bcl-2 in HepG2 cells gradually decreased, while the expression of pro-apoptosis 427 proteins Bax gradually increased. All these indicated that rapeseed anti-tumor peptide 428 RSP-4-3-3 inhibited the proliferation of human HepG2 hepatoma carcinoma cells in 429 vitro through participating in mitochondria mediated cell apoptosis.

430 Conclusion

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431 In the present study, RSP was separated and purified by ultrafiltration, Sephadex 432 G-15 gel filtration and RP-HPLC to obtain rapeseed peptides fraction RSP-4-3-3 with 433 high anti-proliferative activity. The amino acid sequence of RSP-4-3-3 was identified 434 to be Trp-Thr-Pro (408.2 Da) by using ESI-MS/MS. Human HepG2 liver cancer cells 435 were treated with different concentrations of RSP-4-3-3. General morphology of 436 HepG2 cells was observed under inverted microscope. The results showed that, cell 437 number and cell morphology were changed in different degrees and showed typical 438 apoptotic morphology. All these indicated that, anti-tumor rapeseed peptides could

439	dramatically alter the morphological characteristics of HepG2 cells and caused them
440	to apoptosis in vitro. Effects of RSP-4-3-3 on the expression of tumor suppressor
441	protein p53, anti-apoptotic protein Bcl-2 and pro-apoptotic protein Bax in HepG2
442	cells were also analyzed by Western Blot test. The results showed that, RSP-4-3-3
443	significantly up-regulated the expression of p53 and Bax, while down-regulated that
444	of Bcl-2 in HepG2 cells. And the expression of each protein showed a significant
445	dose-dependent relationship with the concentration of RSP-4-3-3. All these indicated
446	that, anti-tumor rapeseed peptides RSP-4-3-3 inhibited the proliferation of human
447	HepG2 liver cancer cells in vitro by participating in mitochondrial mediated cell
448	apoptosis.
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Competing interests

- 465 The authors declare no competing financial interest.

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- 644 Figure captions
- **Figure 1.** Percent inhibitions of the proliferation of HepG2 (A), MCF-7 (B) and HeLa
- (C) cells in vitro by different concentrations of RSP for different time (mean \pm SD,
- 647 n=6).
- **Figure 2.** Percent inhibitions of the proliferation of HepG2 cells in vitro by rapeseed
- 649 peptides fractions obtained from ultrafiltration (mean \pm SD, n=6).
- **Figure 3.** Separation of rapeseed peptides fraction (RSP-4) by Sephadex G-15 gel
- 651 filtration
- **Figure 4.** Percent inhibitions of the proliferation of HepG2 cells in vitro by rapeseed
- 653 peptides fractions obtained from gel filtration chromatography (mean \pm SD, n=6).
- **Figure 5.** Separation of rapeseed peptides fraction RSP-4-3 by RP-HPLC column
- **Figure 6.** Percent inhibitions of the proliferation of HepG2 cells in vitro by rapeseed
- 656 peptides fractions obtained from semi-preparative RP-HPLC column (mean \pm SD,
- 657 n=6).
- Figure7.Separation of anti-tumor rapeseed peptides RSP-4-3-3 by analytical
 RP-HPLC column
- 660 **Figure 8.** ESI-MS spectrum of RSP-4-3-3
- 661 Figure 9. ESI-MS/MS spectrum of RSP-4-3-3
- 662 Figure 10. Effects of morphological changes of HepG2 cells treated with different
- 663 concentrations (A: Control; B: 50 μ g/mL; C: 200 μ g/mL; D: 800 μ g/mL) of anti-tumor
- rapeseed peptides RSP-4-3-3 (20×object)
- 665 Figure 11. Effects of different concentrations of anti-tumor rapeseed peptides
- 666 RSP-4-3-3 on expressions of p53, Bcl-2 and Bax protein in HepG2 cells (mean ±SD,
- 667 n=3).



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Figure 1







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Figure 3



Figure 4



Figure 5

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Figure 6





Figure 7





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.Figure 10



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