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A series of the amphiphilic conjugates of dihydroxy selenolane (DHS) and monoamine selenolane (MAS), which we previously reported to inhibit the lipid peroxidation and assist the oxidative protein folding reaction respectively in cell free systems, were evaluated for cytotoxicity, associated mechanisms and antioxidant effects in cells. Our results indicated that the fatty acid/alkyl group of variable chain length (C₆₋₁₄) as a lipophilic moiety of the DHS/MAS conjugates not only improved their ability to incorporate within plasma membrane of cells but also modulated their cytotoxicity. In the concentration range of 1-50 μ M, C₆ conjugates were non-toxic whereas the long chain (\geq C₈) conjugates showed significant cytotoxicity. The induction of toxicity investigated by the changes in membrane leakage, fluidity, mitochondrial membrane potential and annexin V-propidium iodide (PI) staining by using flow cytometry, revealed plasma membrane disintegration and subsequent induction of necrosis as the major mechanism. Further, the conjugates of DHS and MAS also showed differential as well as nonlinear tendency in cytotoxicity with respect to chain length and this effect was attributed to their self aggregation property. Compared with the parent compounds, C₆ conjugates not only exhibited better antioxidant activity in terms of the induction of selenoproteins such as glutathione proxidase 1 (GPx1), GPx4 and thioredoxin reductase 1 (TrxR1) but also protected cells from the AAPH induced oxidative stress. In conclusion, present study suggested the importance of HLB in fine tunning the toxicity and activity of bioinspired amphiphilic antioxidants.

Introduction

Design, synthesis and development of intracellular enzyme mimics has been the major thrust area of research for biochemists over the years and the latest among these are the glutathione peroxidase (GPx 1, 4 and 7) and protein disulfide isomerase (PDI) models.^{1,2} GPx is an important antioxidant enzyme, whose major function is to protect the cells from oxidative stress.³ Till date seven different isoforms of this enzyme have been reported of which GPx 1-4 and GPx6 are selenoenzymes. Whereas GPx5 and GPx7 are sulphur containing enzymes.^{3,4} These isoforms also vary in their sub cellular localization, tissue distribution, substrate specificity and apparent biological function.^{3,4} Among these, GPx1 is the major cytosolic enzyme accounting for most of the cellular GPx activity, which catalyses the reduction of hydroperoxide.³ GPx4 is another cytosolic GPx isoform, which specifically neutralizes the phospholipid hydroperoxides, the chain initiator of lipid peroxidation process.³ However, GPx7 is localized in the endoplasmic reticulum and cooperates with PDI in catalysing the oxidative folding of newly

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Currently, our group has been working on similar research area and has reported the synthesis of simple water-soluble cyclic organoselenium compounds such as dihydroxy selenolane (DHS) and monoamine selenolane (MAS).¹⁰⁻¹³ Both DHS and MAS were shown to exhibit wide range of biological activities such as free radical scavenging, mimicking the function of GPx1 and catalysing the oxidative protein folding reaction.¹⁰⁻¹⁸ Interestingly, a number of studies have indicated that conjugation of a drug molecule containing alcohol or amino functional group with a fatty acid/alkyl group to yield an ester and/or amide as a pro-drug can be used as a strategy to take advantage of the metabolic enzymes (like esterase) involved in lipid metabolism to increase the membrane affinity, uptake and bioactivity of active principle or the drug.¹⁹⁻²¹ On similar lines, it was hypothesised that incorporating lipophilicity in the structures of DHS and MAS might allow them to localize in the membranes and catalyse the reduction of lipid hydroperoxide as GPx4 mimic.^{17,18} Additionally, such structural modulations can increase their specificity towards the hydrophobic domain of

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denatured proteins in catalysing oxidative folding reactions like a PDI-GPx7 hybrid system of the cells.¹³ Keeping these considerations in view, attaching DHS or MAS with a lipophilic moiety such as fatty acids or alkyl groups of variable chain length, hereafter referred as the conjugates of DHS or MAS, appeared to be a right strategy to achieve this.¹⁹⁻²³ Indeed employing cell free systems, we showed that these conjugates of DHS and MAS could inhibit the accumulation of lipid hydroperoxide and catalyse the folding of denatured proteins respectively.^{13,17,18} Therefore, such conjugates were projected as better antioxidants compared to the parent compounds such as DHS and MAS.^{13,17,18} In continuation to these studies, herein DHS and MAS conjugates were evaluated for cytotoxicity, associated mechanisms and antioxidant effects in cells in order to explore them for future biological applications. The chemical structures of DHS, MAS and their conjugates used in the present study are presented in scheme 1.



Scheme 1 Chemical structures of DHS, MAS and their fatty acid/alkyl conjugates

Materials and methods

Chemicals

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The synthesis and characterisation of parent compounds (DHS and MAS) and their conjugates of varying chain length (C_{6-14}) were reported previously,^{10,13,17,18} except for MAS-C₆ conjugate, which was synthesized from MAS and hexanoic acid by following the similar scheme applied for the synthesis of other conjugates of MAS. Spectral data of MAS-C₆ are provided as Methods S1. Butylated hydroxy toluene (BHT), 2,2'dinitrophenyl hydrazine (DNPH), 1,6-diphenyl-1,3,5-hexatriene (DPH), dimethyl sulfoxide (DMSO), glutathione (GSH), βnicotinamaide adenine dinucleotide 2'-phosphate reduced tetrasodium salt hydrate (NADPH), glutathione reductase, cumene hydroperoxide, guanidine hydrochloride, (4,5dimethylthiazol-2yl)-2,5-diphenyltetrazolium bromide (MTT), thiobarbituric acid (TBA), trichloroacetic acid (TCA), diethyl pyrocarbonate (DEPC), 2,2'-azobis (2-amidinopropane) dihydrochloride (AAPH), cellytic M reagent, tri reagent, 10X SYBR green polymerase chain reaction (PCR) mix, thioredoxin reductase (TrxR) assay kit, protease inhibitor cocktail, and amplification grade DNase were purchased from Sigma Chemical Company (St. Louis, MO,USA). 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethylbenzimidazolo-carbocyanine iodide (JC-1) was obtained from Molecular Probes, USA. The lactate

dehydrogenase (LDH) assay kit was obtained from Roche, Switzerland. Dulbecco modified eagle medium (DMEM), fetal calf serum (FCS), penicillin and streptomycin were purchased from Himedia, India. cDNA synthesis kit was obtained from Thermo Scientific, USA. Annexin V labeling assay kit was purchased from Abcam, USA. The Bradford protein assay kit was purchased from Bangalore Genei, India. The gene specific primers for RT-PCR were custom synthesized from local agents. All other chemicals with maximum available purity were purchased from reputed local manufacturers/suppliers.

Cell culture and treatment with selenium compounds

Chinese hamster ovary (CHO) and human breast carcinoma (MCF7) cells obtained from National Centre for Cell Sciences (Pune, India) were cultured in DMEM medium supplemented with 10% fetal calf serum, 100 μ g/ml streptomycin and 100 U/ml penicillin and maintained at 37 $^\circ$ C under 5% CO₂ and humidified air. The stock solutions of DHS and MAS were prepared in DMEM culture medium and of their conjugates in to DMSO and then added to the culture medium to obtain the desired concentrations. The hydrolytic stability of the conjugates was confirmed by recording the ¹H NMR spectra of the representative like $\mathsf{DHS-C}_{14}$ in deuterated water as a function of time (Fig. S1). The concentration of DMSO was kept constant within permissible limits of toxicity (0.25%). The cells treated with selenium compounds were incubated in humidified atmosphere with 5% CO2 for the desired time points prior to assay.

Cytotoxicity assay

Cytotoxicity was estimated by a colorimetric MTT assay as described previously.²⁴ Briefly, cells (0.2, 0.5 and 1×10^4) incubated with increasing concentrations of selenium compounds for 24, 48 and 72 h respectively in triplicates were treated with MTT solution (0.5 mg/ml in PBS) for 4 h at 37° C. The formazan metabolites formed from the reduction of MTT by the living cells were solubilized using 10% SDS in 0.01 N HCl and detected by measuring the absorbance at 550 nm. The percentage (%) cytotoxicity was calculated from the decrease in absorbance of treated samples as compared to that of control cells.

Cell death characterization

For quantifying the cell death types, cells (1 x 10⁵ cells/ml) treated with selenium compounds for 16 h were labeled using apoptosis assay kit (Abcam, USA) as per the manufacturer's instructions. The labeled cells were acquired on flow cytometer and characterized using FlowJo® software into four groups: healthy, dead due to loss of membrane integrity, apoptotic and necrotic cells. The following staining criterion was adopted for characterization: cells that did not stain for either Annexin-V or Propidium Iodide (PI) as healthy, which stained only with Annexin-V as apoptotic, both PI and Annexin-

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V as necrotic and only PI, as dead cells with ruptured plasma membrane. $^{\rm 25}$

Mitochondrial membrane potential (MMP) assay

MMP was analyzed using an aggregate-forming lipophilic dye JC-1 as described previously.²⁶ In brief, cells (1×10^4) treated with selenium compounds for 2, 4 and 8 h in quadruplicates were incubated with JC-1 ($10 \mu g/ml$, final concentration) for 20 min at 37 °C in the dark. Further, cells were rinsed twice with ice cold PBS and fluorescence emission at 535 and 610 nm was recorded after excitation at 485 and 565 nm respectively using the multimode microplate reader (Synergy H1, BioTek, USA). The representative images showing green emission and red emission were captured using an Olympus fluorescence microscope (Model No – CKX41, Japan) equipped with ProgRes® camera.

Membrane leakage

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Cells (1×10^4) cultured in 96-well plates with selenium compounds for 2, 4, 6 and 24 h in quadruplicates were assayed for membrane leakage by determining the activity of LDH leaking out of the cells in to culture medium according to the manufacturer's instructions (LDH detection kit, Roche, Switzerland).

Measurement of hemolysis

Blood was collected in heparinised tube by venipuncture from healthy volunteers with strict adherence to the ethical guidelines laid down by the institutional ethics committee of Bhabha Atomic Research Centre. The subject completed the informed consent process prior to participation. The blood samples were processed to obtain a hematocrit or RBCs suspension of 5% in PBS as described previously,²⁷ stored at 4° C and was used within 6 h. The effect of selenium compounds on hemolysis was evaluated by mixing their varying concentrations with the 5% suspension of RBCs in PBS and incubating this reaction mixture at 37 °C with gentle shaking. The aliquots from this reaction mixture were used in a time course manner for a total time of 2.5 h to determine hemolysis by measuring the absorbance at 540 nm. For reference, RBCs were treated with distilled water and the absorbance of the hemolysate at 540 nm was used as 100% hemolysis.

Measurement of membrane fluidity

Cell membrane fluidity was measured by estimating fluorescence anisotropy value of a lipophilic fluorophore, DPH.^{28,29} The decrease in anisotropy is indicative of the loss of membrane integrity and/or increase in membrane fluidity.²⁸⁻³¹ In brief cells (5×10^6) grown in culture flask were labeled with DPH at a final concentration of 1 μ M at 37 °C for 30 min.³² Following this, selenium compounds were added to the cells

and cultured for 2 and 4 h in humidified incubator at 37 °C with 5% CO₂. Upon incubation, cells were harvested by scraping, washed twice with PBS, and suspended in to 1 ml of PBS. Steady-state fluorescence anisotropy measurements were performed on a Jasco FR-6300 spectrofluorometer equipped with excitation and emission polarizers. Excitation and emission wavelengths were set at 365 and 430 nm, respectively.³² Fluorescence anisotropy (r) was calculated using the Eq. (1):

$$r = \frac{I_{VV} - GI_{VH}}{I_{VV} + 2GI_{VH}}$$
(1)

where I_{VV} and I_{VH} are the fluorescence intensities determined at vertical and horizontal orientations of the emission polarizer, respectively, when the excitation polarizer is set in the vertical position. The G factor, which compensates for differences in detection efficiency for vertically and horizontally polarized light, was calculated from the fluorescence intensity ratio of vertical and horizontal emissions when the excitation polarizer is set in the horizontal position (I_{HV}/I_{HH}). The spectral bandwidth of the excitation and emission monochromator was set a 2.5 nm.

Estimation of selenium incorporation/uptake by cells

Cells (5 x 10⁶) in 5 ml of culture medium were treated with selenium compounds (25 μ M) for 1 h and/or 16 h, harvested by scraping, washed three time with PBS, suspended in to one ml of PBS (pH 7.4). The cells were disrupted five times by using Branson Sonifier® (Branson Ultrasonics, USA) at 20% amplitude for 2 seconds each, organic selenium (Se⁻²) was converted to Se⁺⁴ by treating with concentrated nitric acid, and the amount of selenium was estimated by graphite furnace atomic absorption spectrometry (906AA with PAL 3000, GBC Scientific Equipment, Australia) at 197 nm.³³ The total amount (membrane + cellular) of selenium quantified from the cell lysate was normalized with respect to the amount of selenium added to the cells and expressed as percent (%) incorporation/uptake.

Monitoring interaction of DHS and MAS conjugates with cells

For this, cells (5×10^{6}) in one ml of PBS were labeled with DPH $(1 \mu M, \text{final concentration})$ as described in previous sections.³² In order to remove the unbound DPH molecules, the cell were centrifuged at 2000 rpm for 5 min, washed twice with PBS, and resuspended in to 1 ml of PBS. To this long (C₁₄) conjugates of DHS and MAS were added at desired concentration and their interaction to the plasma membrane of the cells were monitored by following the changes in the fluorescence emission intensity of DPH ($\lambda_{em} = 430 \text{ nm}$) as a function of time (0 – 45 min) on a Jasco FR-6300 spectrofluorometer after excitation at 365 nm. The spectral bandwidth of the excitation

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and emission monochromator was similar to that of anisotropy studies.

Measurement of aggregation property

The aggregation property of the conjugates of DHS and MAS was studied using fluorescence enhancement ^{34,35} of DPH. The aqueous solutions of selenium compounds of varying concentrations were incubated with DPH (1 μ M, final concentration) for 30 min at 37 °C. Following this, fluorescence spectra of the above solutions were recorded on a Jasco FR-6300 spectrofluorometer using excitation at 365 nm. The fluorescence enhancement was calculated as the ratio of the fluorescence emission intensity of DPH at λ_{em} = 430 nm in the presence (I_f) and absence (I_o) of the selenium compounds. The spectral bandwidth of the excitation and emission monochromator was similar to that of anisotropy studies. It can also be noted here that in the above system DPH molecules will be exclusively excited at 365 nm, because selenium compounds used in the study show negligible absorption at this wavelength.

Measurement of GPx and TrxR activities in cells

Cells (5 x 10^6) in DMEM were treated with selenium compounds for 16 h in humidified incubator at 37 °C with 5% CO₂, harvested through trypsinization, washed twice with PBS and lysed in cellytic M[®] containing protease inhibitors cocktail. The lysate subjected to centrifugation at 10,000 x g for 10 min and supernatant obtained so was estimated for TrxR activity using a commercially available kit as per manufacturer's instructions and GPx activity according to a method described previously.³⁶ The protein content in the cell lysate was determined using Bradford protein assay kit according to manufacturer's instructions and results were presented as U/mg of protein.

Gene expression studies

Following treatment with selenium compounds for 16 h as in case of antioxidant enzyme studies, total RNA was isolated from the cells (1 x 10⁶) using tri reagent (Sigma Chemical Company, St. Louis, MO, USA) according to the manufacturer's instructions. Four micrograms of total RNA was used for the synthesis of cDNA by reverse transcription (cDNA synthesis kit, Thermo Scientific, USA) and real-time PCR was carried out using the template (cDNA), SYBR green master mix and gene specific primers in a Rotor Gene 3000 (Corbett Life Science) machine as described previously. The threshold cycle (CT) values obtained from above runs were used for calculating the relative expression levels of genes as per the method described previously.³⁷ The expressions of genes were normalized against a house keeping gene, β actin. The primers (forward and reverse) used for cDNA amplification are included in Table 1.

Name of gene	Primer sequence
в-actin	5'-GGCTGTATTCCCCTCCATCG-3'
	5'-CCAGTTGGTAACAATGCCATGT-3'
GPx1	5'-AGTCCACCGTGTATGCCTTCT-3'
	5'-GAGACGCGACATTCTCAATGA-3'
GPx4	5'-TGTGCATCCCGCGATGATT-3'
	5'-CCCTGTACTTATCCAGGCAGA-3'
TrxR1	5'-CCCACTTGCCCCAACTGTT-3'
	5'-GGGAGTGTCTTGGAGGGAC-3'

Table 1 List of RT-PCR primers used in the gene expression studies

AAPH induced lipid peroxidation and protein carbonylation

Cells (5 x 10⁶) treated with selenium compounds for 16 h were further incubated with AAPH (30 mM) for 6 h in humidified incubator at 37 °C with 5% CO₂ and cell lysate prepared as described in the previous section. Lipid peroxidation and protein carbonylation in cell lysate was assayed according to TBARS and DNPH methods as described previously.³⁶ The amount of TBARS was calculated from a standard plot generated using 1,1,3,3-tetraethoxypropane and expressed as nmol of TBARS per mg of protein. The amount of protein carbonyls was calculated using the extinction coefficient of DNPH ($\varepsilon_{370} = 22,000 \text{ M}^{-1} \text{ cm}^{-1}$) and expressed as nmol carbonyls per mg of protein.

Statistical analysis

All the experiments were carried out in triplicate and repeated at least two times. The results are presented as means \pm SEM, n = 3 from an independent experiment. The data was analyzed by one-way ANOVA using Origin (version 6.1) software to confirm the variability of data. The P values < 0.05 were considered as statistically significant.

Results

Effect of chain length on the cytotoxicity of DHS & MAS conjugates

The cytotoxic effects of DHS, MAS and their conjugates (C_{6-14}) in CHO cells evaluated using MTT assay are shown in figure 1. The results indicated that the parent compounds, DHS and MAS in the concentration range (1-50 μ M) did not exhibit significant cytotoxicity even after 72 hours of their addition in to the cells. The shortest chain (C_6) conjugates of DHS and MAS did not show cytotoxicity up to a treatment concentration of 30 μ M. Further increase in treatment concentration up to 50 μ M showed concentration and time dependant marginal increase (~ 8 - 15%) in the cytotoxicity. Longer chain (> C_6) conjugates of DHS and MAS exhibited significantly higher cytotoxicity compared to the parent compounds or C_6 conjugates at all treatment concentration, the

cytotoxicity effects of DHS conjugates followed the order $C_6 < C_8 < C_{10} \sim C_{12} > C_{14}$, whereas for MAS conjugates it was seen as $C_6 < C_8 < C_{10} \sim C_{12} \sim C_{14}$ (Figs. S2A and S2B). The conjugates of intermediate chain length (C_{8-10} of DHS and C_8 of MAS) exhibited concentration (1 - 50 μ M) and time (24 - 72 h) dependant increase in cytotoxicity; however the conjugates of longer chain length (C_{12-14} of DHS and C_{10-14} of MAS) showed saturation effect (Fig. 1). Between the DHS and MAS conjugates, the former showed significantly lesser cytotoxicity than the later at each chain length, treatment concentration, evaluated up to 48 h time point (Fig. 1).



Fig. 1 Cytotoxic effects of DHS, MAS and their conjugates ($C_{6:14}$) in CHO cells. Cytotoxicty was evaluated by the MTT assay at different time points (24, 48 and 72 h) after the addition of the varying concentrations (1-50 μ M) of DHS, MAS and their conjugates ($C_{6:14}$). Cytotoxicity is expressed as percentage of the control cells (DMSO, 0.25%). Results are presented as mean ± SEM, n = 3.

In continuation to this study, the cytotoxic effects of the above compounds were also evaluated in a tumor cell type, MCF7. As in case of CHO cells, the parent compounds DHS and MAS were not toxic to MCF7 cells in the concentration range (1 - 50 μM) tested (Fig. S3). However, the conjugates exhibited similar trend of cytotoxicity with respect to the lipophilic chain length (C_{6-14}), treatment concentration (1 - 50 μ M) and time points (24 - 72 h) (Fig. S3). Additionally at an identical treatment concentration, DHS conjugates exhibited comparable toxicity between the CHO and MCF7 cells. Whereas MAS conjugates showed marginally higher toxicity in MCF7 compared to CHO cells (Figs. 1, S2 and S3). In a control experiment, treatment with the fatty acids of variable chain length (C_6 to C_{14}) without any selenide moiety for 72 hours in the 1-50 μM concentration range did not induce significant toxicity in either of the cell types (Fig. S4).

Further to characterize the nature of cell death induced by the conjugates, CHO cells treated with the shortest (C₆) and longest (C₁₄) chain conjugates of DHS and MAS at an identical concentration of 25 μ M were subjected to AnnexinV-PI staining. The representative dot plots and bar graphs are

shown in figures 2A and 2B respectively. The results indicated that the parent compounds DHS and MAS and their C_6 conjugates neither induced apoptosis nor the necrosis confirming the non-toxic nature of these compounds. However, the C_{14} conjugates of DHS and MAS showed significant decrease in the counts of viable cells. The major mechanism of cell death was identified to be membrane disruption leading to necrosis as seen by the significant increase in the number of AnnexinV^{-ve}Pl^{+ve} and Annexin V^{+ve}Pl^{+ve} positive cells in these groups (Figs. 2A and 2B). In line with previous results, the number of viable cells was significantly lower in MAS- C_{14} treated group as compared to DHS- C_{14} suggesting the higher toxicity of former than the later (Figs. 2A and 2B).

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Fig. 2 Characterization of cell death induced by the conjugates (C_6 and C_{14}) of DHS and MAS by Annexin-V and PI staining in CHO cells. The assay was performed at 16 h after addition of the conjugates (C_6 and C_{14}) of DHS and MAS to CHO cells at a concentration of 25 μ M. (A) Representative dot plots showing distribution of cells under different treatment conditions after flow cytometry acquisition. (B) Bar graph showing percentage (%) live, apoptotic, necrotic and dead cells (membrane disintegration) under different treatment conditions. Results are presented as mean \pm SEM, n = 3. *p<0.05 as compared to the DMSO control group #p<0.05 as compared to the DHS-C₁₄ treated group.

Since necrosis is also marked by the acute mitochondrial depolarization, the MMP was estimated using a fluorescent probe, JC-1 under similar experimental conditions and the results are shown in figures 3A and 3B. Treatment of cells with C_{14} conjugates of DHS and MAS showed much faster decrease

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(A)

in MMP (estimated as the ratio of red and green fluorescence emission of JC-1 at 535 and 610 nm respectively) as a function of time compared to C₆ conjugates or the parent compounds (DHS and MAS) and vehicle (DMSO) control, suggesting acute mitochondrial depolarization by $C_{\rm 14}$ conjugates leading to necrosis (Figs. 3A and 3B). Here, also MAS-C₁₄ in comparison to DHS-C₁₄ was more effective in reducing the MMP in a time dependant manner (Figs. 3A and 3B). For example at the end of 8 h, the ratio of red and green fluorescence emission intensity were observed to be 0.13 and 0.01 respectively for cells treated with C₁₄ conjugates of DHS and MAS as compared to 1.21 of control cells (Fig. 3A).

Normalized Red/green fluorescence 1.2 8 h 1.0 intesity (JC-1) 0.8 0.6 0.4 0.2 0.0 DHSCO DMSO MAS MASCO MASCIA DHSCIA DHS 3 (B) Green emission Mergeo Merged Red emission Green emission

Fig. 3 Effect of the treatment of 25 μM of the conjugates (C_6 and C_{14}) of DHS and MAS on the mitochondrial membrane depolarization in CHO cells. The mitochondrial membrane potential was determined by JC-1 staining in CHO cells: (A) Quantitative analysis of red and green fluorescence intensity ratio at 2, 4 and 8 h after addition of selenium compounds to cells. (B) Representative photographs of red and green fluorescence emission at 8 h after addition of selenium compounds to cells. Results are presented as mean \pm SEM, n = 3. *p<0.05 as compared to the DMSO control group p<0.05 as compared to the DHS-C₁₄ treated group.

Effect of chain length on membrane disruption/integrity by DHS & MAS conjugates

The leakage of the intracellular enzyme LDH from cells is considered as a marker of membrane disruption/toxicity.

Organochalgogens are known to inhibit LDH,³⁸ therefore it is important to know the suitability of LDH assay to be used in the present study. In order to address this, the effect of the treatment with DHS or MAS on the activity of LDH, freshly isolated from the cells, was evaluated. The results indicated that neither DHS nor MAS affected the activity of LDH (Fig. S5). Based on this, the effect of DHS, MAS and their conjugates on the plasma membrane integrity was evaluated at an identical treatment concentration of 25 μ M by monitoring the leakage of an intracellular enzyme LDH from cells to the culture medium. The results are shown in figures 4A and 4B. It can be seen from the figure that parent compounds DHS and MAS did not induce much leakage of LDH from the cells. Treatment with conjugates (C_{6-14}) of DHS and MAS led to the time dependant increase in the leakage of LDH from the cells compared to the respective parent compounds, and this effect was significant for conjugates with chain length longer than C₆ suggesting their ability to cause plasma membrane disruption (Figs. 4A and 4B). DHS conjugates showed biphasic response with regard to the effect of chain length on LDH leakage at each time point. For example, LDH leakage increased with increasing chain length from C_6 to $C_{10}\text{,}$ saturated at C_{12} and then decreased at $C_{14}\!.$ In comparison, MAS conjugates

of control MAS C14 25 20 release (% 15 HO Time, (h) Time (h) (D) 0.20-0.14 0.12 ÷ 0.10 *.# 0.08 1.0 1.5 2.0 2.5 3.0 3.5 4.0 Time (h) Time, (h)

exhibited chain length dependant increase in LDH release until

 C_{12} and saturation effect at C_{14} at each time point.

Fig. 4 Effect of the treatment of DHS, MAS and their conjugates $(C_{\hbox{\tiny 6-14}})$ on membrane integrity in CHO cells. (A) & (B) Membrane leakage measured as % LDH release induced by the DHS and MAS series of compounds (1-50 $\mu M)$ respectively at 2, 4, 6 and 24 h after their addition to the cells. *p<0.05 as compared to the DHS or MAS treated group (C) Percent (%) hemolysis in human RBCs induced under different treatment conditions for a total time of 2.5 h. (D) Plasma membrane fluidity measured as the changes in anisotropy value of a membrane bound flurophore, DPH at 2 and 4 h after addition of different selenium compounds at 25 μ M to the cells. λ ex = 365 nm, λ em = 430 nm. Results are presented as mean ± SEM, n = 3. *p<0.05 as compared to the DMSO control group #p<0.05 as compared to DHS-C14.

Among the DHS and MAS conjugates the former was less effective in causing LDH leakage than the latter at each chain length.



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The effect of lipophilic chain length on plasma membrane disruption was revalidated using the RBC hemolysis as a model system wherein treatments with 25 μ M of parent compounds (DHS and MAS) and their C₆ conjugates did not cause hemolysis with the progress of time (0.5 to 2.5 h) (Fig. 4C). Whereas treatments with longest conjugates (DHS-C₁₄ and MAS-C₁₄) at identical concentration showed time dependant increase in hemolysis and this effect was found to be significant for MAS-C₁₄ compared to DHS-C₁₄ supporting our earlier observations of differential effects by these two compounds (Fig. 4C).

Since plasma membrane disruption is marked by the changes in its fluidity, this parameter was evaluated in CHO cells as an anisotropy value of a fluorophore, DPH known to be localized in the plasma membrane.^{29,32} The results shown in figure 4D indicated that the control cells exhibited maximum anisotropy value of 0.17. Treatments with parent compounds (DHS and MAS) at 25 μ M did not affect the anisotropy value of DPH even after 4 h of their addition to cells, suggesting that these compounds did not cause change in fluidity of the plasma membrane (Fig. 4D). Treatments with C₆ and C₁₄ conjugates of DHS and MAS at identical concentration showed time dependant decrease in anisotropy of DPH and this effect was more prominent at longer chain length (C_{14}). The anisotropy value of DPH in cells treated with DHS-C₁₄ and MAS-C₁₄ for 4 h was 0.13 and 0.09 respectively (Fig. 4D). These results thus suggested that the conjugates of DHS and MAS caused membrane disruption resulting in to increase in membrane fluidity.

Effect of chain length on the incorporation of DHS & MAS conjugates within membranes

From the above studies, it was anticipated that the conjugation of lipophilic moiety of variable chain length (C_{6-14}) to DHS and MAS might be affecting their ability to incorporate within membranes and/or cells. In order to address this, the incorporation of DHS, MAS and their conjugates within 1 h after addition to cells (CHO) at a treatment concentration of 25 µM was estimated in terms of the selenium level. The bar graph representing the percent loading under different treatment conditions is shown in figure 5A. From the figure, it is clear that the basal selenium level in control cells and those treated with parent compounds such as DHS and MAS was undetectable (< 10 ng). Treatment with the conjugates of DHS and MAS led to significant increase in the percent of selenium incorporated in to the cells compared to that of the amount present in the control cells (Fig. 5A). The MAS conjugates showed significantly higher loading compared to the DHS conjugates at each chain length (Fig. 5A). The effect of lipophilic chain length on the cellular incorporation of both DHS and MAS conjugates was observed to be biphasic. For example the percent incorporation increased with increasing chain length up to C_{12} and further increase in chain length to C14 led to the decrease in loading. The uptake studies performed at early time point (1 h) may be indicative of the

incorporation of conjugates mainly in to the plasma membrane of cells. Therefore, above studies suggested that between DHS and MAS conjugates the later ones exhibited greater affinity for cellular membranes and for each of these two series of compounds, such affinity increased up to a length of C_{12} .

In order to revalidate the above conclusion, the binding/interaction of the longest C_{14} conjugates of DHS and MAS to the plasma membrane of CHO cells was studied employing DPH as a probe. The fluorescence of DPH is highly sensitive to the change in the polarity of the membrane microenvironment.^{28,29,32} Earlier it has been shown that time resolved changes in the fluorescence intensity of DPH can be used as a means to understand the binding of a hydrophobic drug to the plasma membrane of cells.³⁹ In the present study, addition of DHS-C₁₄ to the cells at 25 μ M did not cause much change in the fluorescence intensity of DPH during the initial 30 min of interaction but decreased at later time points (Fig. 5B). Whereas treatment with MAS-C₁₄ at identical concentration led to sharp increase in DPH fluorescence by 15 min and then decreased in a time dependant manner (Fig. 5C).



Fig. 5 Studies on the affinity of DHS, MAS and their conjugates towards plasma membrane in CHO cells. (A) Effect of alkyl chain length on the incorporation/uptake of selenium in to membranes/cells following treatment with DHS, MAS and their conjugates (C₆₋₁₄) at 25 μ M for an hour. The amount of selenium in the cells was determined as described in the methods section and normalized with respect to the treated amount of selenium. Results are presented as mean ± SEM, n = 3. CN – Untreated control cells. *p<0.05 as compared to the DMSO control group #p<0.05 as compared to the DHS conjugates at each chain length. (B) & (C) Overlapped fluorescence spectra of CHO cells stained with a membrane bound flurophore, DPH recorded soon after the addition of DHS-C14 and MAS-C14 respectively to the cell suspension in a time course manner (0 – 45 min). The excitation was performed at 365 nm. Insets of (B) & (C) show the interaction/binding of DHS-C14 and MAS-C14 respectively with the plasma membrane monitored in terms of the changes in the fluorescence emission (λ_{em} = 430 nm) intensity of DPH.

The binding of a lipophilic conjugate to plasma membrane is expected to increase the hydrophobic environment around the DPH molecules resulting in the increase in its fluorescence intensity. However, membrane disruption by the conjugates can cause decrease in DPH fluorescence. Therefore, our results

confirmed that DHS-C_{14} exhibited lesser affinity towards cells membranes compared to MAS-C_{14}.

Effect of chain length on the self aggregation property of DHS and MAS conjugates

The self aggregation behaviour of the conjugates (C_{6-14}) of DHS and MAS was monitored by measuring the fluorescence intensity (λ_{em} = 430 nm) of DPH in presence of their increasing concentrations (2 - 50 μ M) in aqueous solution. DPH shows weak fluorescence in aqueous solution, however incorporation of this molecule in to micellar structure or the aggregates, causes significant increase in the fluorescence intensity.³² The representative emission spectrum and fluorescence enhancement ratio of DPH under different treatment conditions are shown in figures 6A-D.



Fig. 6 Aggregation studies of DHS, MAS and their conjugates ($C_{6:14}$) using fluorescence enhancement of a lipophilic fluorophore DPH. (A) & (B) Overlapped fluorescence spectra of DPH in aqueous solutions of the increasing concentrations (2 - 50 μ M) of DHS and MAS series of compounds respectively containing 0.25 % DMSO. (C) & (D) Enhancement in the fluorescence intensity of DPH induced by DHS and MAS series of compounds respectively. I_f – Fluorescence intensity in presence of selenium compounds. I₀ - Fluorescence intensity in absence of selenium compounds. λ_{ex} = 365 nm, λ_{em} = 430 nm. Results are presented as mean ± 5EM, n=3.

Our results indicated that fluorescence intensity of DPH did not change much as a function of concentration of DHS or MAS conjugates up to a chain length of C₈ and C₁₀ respectively (Figs. 6A-D). However, C₁₀₋₁₄ conjugates of DHS and C₁₂₋₁₄ conjugates of MAS exhibited concentration and chain length dependant increase in the fluorescence intensity of DPH suggesting formation of aggregates by the long chain conjugates at higher concentration (Figs. 6A-D). Between the longer conjugates (\geq C₁₀) of DHS and MAS of identical chain length and concentration, the former showed significantly higher enhancement in the fluorescence emission of DPH compared to the latter. For example at a concentration of 25 μ M, the longest chain conjugates, DHS-C₁₄ and MAS-C₁₄ showed enhancement in the fluorescence intensity of DPH by ~ 20 and ~8 folds respectively (Figs. 6A-D). This confirmed that longer chain ($\geq C_{10}$) conjugates of DHS exhibited higher tendency of forming aggregates compared to MAS conjugates of identical chain length.

Effect of chain length on the antioxidant activity of DHS & MAS conjugates in the cells

The nontoxic C_6 conjugates of DHS and MAS screened from the above experiments were further evaluated for antioxidant effects in CHO cells in terms of their ability to modulate the expression of important antioxidant selenoenzymes (such as GPx1, GPx4 and TrxR1) and also to protect the cells from AAPH induced oxidative damages like lipid peroxidation and protein carbonylation. The results were compared with those of the parent compounds (DHS and MAS). Since the incorporation/uptake of parent compounds in to cells was undetectable for a treatment time of 1 h, we increased the treatment time to 16 h and then estimated the uptake. The results indicated that the uptake of DHS and MAS increased only in nanograms, which corresponded to 0.15 \pm 0.01 % and 0.23 \pm 0.01 % respectively. The uptake of C₆ conjugates of DHS and MAS at 16 h was higher in comparison to parent compounds and showed saturation effect with respect to early detection (1 h). Further, the results on the antioxidant activities as shown in figure 7A revealed that treatments with DHS and MAS at a concentration of 25 μM led to a moderate increase in TrxR activity but a significant increase in GPx activity. The compound MAS was more effective than DHS in inducing the GPx activity. In agreement with the above results, DHS and MAS showed significantly higher induction in the expressions of GPx isoforms (GPx1 and GPx4) than TrxR1 at mRNA level (Fig. 7B). Whereas the expression of GPx1 was higher in MAS treated cells, another important isoform GPx4 was induced more with DHS (Fig. 7B). The C₆ conjugates of DHS and MAS showed even higher induction in the expressions of GPx and TrxR both at mRNA and activity levels compared to their respective parent compounds (Figs. 7A and 7B). Further, pretreatment of cells with DHS or MAS caused significant reduction in the levels of malondialdehyde in cells exposed to AAPH indicating their ability to protect from the lipid peroxidation (Fig. 7C). The C₆ conjugates of DHS and MAS showed increase in the protection of cells from AAPH induced lipid peroxidation and protein carbonylation compared to the respective parent compounds (Fig. 7C). With regard to the antioxidant enzymes, the exposure of cells to AAPH did not affect the activity of GPx, but led to a significant increase in the activity of TrxR (Fig. 7D). The pretreatment with DHS or MAS did not show much change in the activities of GPx and TrxR compared to the AAPH group (Fig. 7D). On contrary pretreatment with C₆ conjugates of DHS and MAS showed significantly elevated GPx activity and no change in TrxR activity compared to the AAPH group (Fig. 7D). Taken together, these results suggested that C₆ conjugates are better than the parent compounds in exhibiting antioxidant effects in the cell.



Fig. 7 Antioxidant effects of 25 μ M of DHS, MAS and their C₆ conjugates in CHO cells. (A) Modulation in the activities of GPx and TrxR at 16 h after addition of the compounds. (B) Modulation in the expression of genes such as GPx1, GPx4, and TrxR1 at 16 h after addition of the compounds. The expressions of above genes in different treatment groups were normalized against control group and the relative expression changes have been plotted. Actin expression was used as internal control for all the genes (C) Protective effect of the pretreatment with compounds against the AAPH (30 mM) induced lipid peroxidation and protein carbonylation estimated at 6 h post exposure by TBARS and DNPH assays respectively. (D) Effect of the pretreatment with compounds on activities of GPx and TrxR at the 6 h post exposure of AAPH (30 mM). Results are presented as means \pm SEM, n = 3. *p<0.05 as compared to the control group, #p<0.05 as compared to AAPH alone group.

Discussion

With an aim of designing new selenium based antioxidants we had earlier established that combining fatty acid/alkyl group as a lipophilic unit with the redox active hydrophilic selenide moiety such as DHS and MAS is an effective approach.^{13,17,18} For example, the amphiphilic fatty acid conjugates of DHS were shown to inhibit the lipid peroxidation in liposomal model system through GPx4 like catalytic mechanism involving 2^{e-} reduction, whereas the N-alkylated conjugates of MAS catalysed the oxidative folding of misfolded/denatured proteins like a PDI-GPx7 hybrid model.^{13,17,18} These different activities of the conjugates of DHS and MAS were also reported to be dependent on the chain length of lipophilic moiety. Since the lipophilicity of a compound is often associated with biological functions as well as the toxicity,⁴⁰⁻ ⁴³the first parameter that is necessary to be evaluated prior to biological application of the conjugates of DHS and MAS as GPx4 and PDI-GPx7 mimics respectively is their toxicity to the cells.

In order to address this, in the present study, we used two different cell lines CHO and MCF7 representing the model normal and tumor cell type respectively for the cytotoxicity evaluation.⁴⁰⁻⁴⁴ Our results indicated that neither the parent compounds (DHS and MAS) nor the free fatty acids (C₆ to C₁₄) in the concentration range of 1-50 μ M were toxic to CHO and MCF7 cells. However, the conjugates (≥C₈) of DHS and MAS in a similar concentration range were significantly toxic to both

the cell types. This prompted us to believe that the amphipathic character resulting from the combination of a hydrophilic head as selenide and lipophilic tail as a fatty acid/alkyl group makes the conjugates membrane active,

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which finally dictates the cytotoxicity. $^{\rm 41,45\text{-}48}$ Interestingly, the fatty acid conjugates of similar chain length containing oxygen in place of selenium in the ring structure (furan fatty acids) have been reported to be antioxidants and non-toxic to cells, confirming that the observed cytotoxicity is indeed due to selenium moiety.49,50 Further, a recent report indicated that the polarity of the hydrophilic head group affects the surface properties of the amphipathic surfactants.⁵¹ Taken together, it can be inferred that selenium by influencing the polarity of hydrophilic head might be controlling the surface property and in turn the cytotoxicity of DHS and MAS conjugates. As expected the affinity of the conjugates of DHS and MAS for the plasma membrane was evidenced in terms of their ability to enhance the incorporation of selenium in the membranes/cells within 1 h of the treatment. The nature of cell death induced by the conjugates of DHS and MAS was identified to be necrosis as supported by the increase in the number of PI^{+ve}AnnxinV^{+ve} stained cells through flow cytometry.²⁵ The plausible mechanisms of cytotoxicity could be the vertical insertion of the conjugates of DHS and MAS in to plasma membrane with their selenide and fatty acid/alkyl chain groups facing towards the polar head and hydrophobic tail of lipid bilayer respectively.46,48 Since the lipophilic chains in conjugates are saturated, it may further allow them to pack together with the hydrophobic tails of the lipids in membrane through hydrophobic interaction to form micro cluster or aggregates.^{46,48,49} Such aggregates can finally cause local disturbance in the dynamics and packing order of lipids and proteins in the membrane resulting in to disintegration or pore formation followed by leakage of intracellular constituents, acute depolarisation of mitochondria (the power house of cell) and the necrosis.^{47,48,52-54} Supporting this hypothesis, the conjugates of DHS and MAS were observed to cause increase in the fluidity (as a drop in anisotropy value of DPH) of plasma membrane, leakage of intracellular proteins like LDH in CHO cells and haemoglobin in RBCs and finally membrane disintegration (PI^{+ve} cells). These findings are also in agreement with the previous studies wherein similar mechanism of membrane disintegration and subsequent cytotoxicity has been proposed for surface active amphipathic drugs like Nalkylated imnio sugars and antimicrobial peptides such as magainin and cecropins.^{41,47,48} Further, MAS conjugates exhibited significantly higher toxicity

than DHS conjugates at each chain length. Additionally, the effect of chain length (C_{6-14}) on the cytotoxic effect of the conjugates of DHS and MAS were observed to be nonlinear, where the maximum toxicity was seen at C_{10} . It is well known that the plasma membranes of the mammalian cells are negatively charged.⁵⁵ Since the conjugates of MAS and DHS are cationic and neutral in nature respectively, the insertion of the former in to the plasma membranes is expected to be higher compared to the latter and thus accounting for their differential toxicity. This is in concurrence with previous

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reports wherein cationic surface active drugs have been shown to be more toxic than the neutral ones.^{48,56} Moreover, the membranes of transformed (tumor) cells have been shown to be more negatively charged than that of normal cells⁵⁵ and that is why we observed MAS conjugates but not the DHS conjugates exhibiting higher toxicity in MCF7 compared to CHO cells. In addition to the charge differences, DHS and MAS conjugates being amphiphilic in nature may also differ in their surface properties contributing to their differential cytotoxicity.^{47,48} In line with this, our results on fluorescence enhancement of DPH indicated that the long chain ($\geq C_{10}$) conjugates of DHS and MAS formed aggregates as a function of concentration and this effect was prominent in case of the DHS conjugates. Such differences can be justified by the explanation that the aggregation of MAS conjugates being cationic in nature would be less favorable due to repulsive forces. Since DHS conjugates showed higher aggregation behavior, it can be understood that due to this supra molecular formation there would be lesser availability of free molecules to interact with the cell membrane causing lesser cytotoxicity.⁴⁶ This was indeed supported by the fact that in all our studies, the C₁₄ conjugates of DHS and MAS exhibited most notable differences in terms of cellular effects (such as cytotoxicity, membrane disruption, incorporation). Further, the non linear relationship observed between the cytotoxicity and chain length (C_{6-14}) of lipophilic moiety of DHS and MAS conjugates could also be attributed to their self aggregation property.²³ It is important to note here that the conjugates of DHS and MAS in the concentration range of 1-50 μM did not exhibit the point of inflection (concentration of the compound at which a dramatic increase in DPH fluorescence occurred) suggesting that concentrations at which these compounds evoked significant toxicity were much lower than their critical micelle concentrations (CMCs).^{33,35,41} This is in agreement with our observation on the mechanism of cell death induced by these compounds through necrosis as amphiphilic compounds at concentrations higher than the CMC cause solubilization of cellular lipids and proteins instead of membrane disintegration.41

The results of the present study and those of our previous studies are in agreement that increasing the lipophilicity of DHS and MAS through long chain alkylation increased their affinity for the membrane beyond any doubt.^{13,17,18} In these studies, increased membrane affinity was attributed to be reason for the ability of the conjugates of DHS and MAS to mimic the functionality of GPx4 and PDI-GPx7 respectively in a cell free system.^{13,17,18} However, the same very reason of membrane affinity became the cause of toxicity and thus a major concern in the biological applications of long chain conjugates of DHS and MAS. Taken together, the cytotoxic effects of DHS and MAS conjugates appear to be independent of their abilities to act as GPx4 and PDI-GPx7 mimics in cell free systems. It is also important to note here that the toxicity of DHS, MAS and their C₆ conjugate is extremely low when compared to other known organochalcogens⁵⁷, making them suitable prototypes for new drug design.

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At this stage it was felt necessary to evaluate the antioxidant effect of parent compounds and the nontoxic C₆ conjugates in normal CHO cells. We restricted our study to the estimation of the levels of selenoproteins exhibiting antioxidant activities in the cells such as GPx1, GPx4 and TrxR1. Like the above GPx isoforms, TrxR1 is also an important cytosolic selenoenzyme that is required to maintain thioredoxin (endogenous antioxidant) in reduced state.58 In this study parent compounds DHS and MAS significantly induced the expressions of all the above antioxidant selenoenzymes both at mRNA and activity levels and also provided protection against AAPH induced lipid peroxidation.^{27,36} Interestingly, the C₆ conjugates of DHS and MAS were even better than the respective parent compounds in imparting above activities confirming the role of HLB in improving the antioxidant activity. The mechanisms by which DHS and MAS led to the induction of selenoproteins remain to be understood. Interestingly, the antioxidant genes like GPx1, GPx4 and TrxR1 are the transcriptional targets of a redox sensitive transcription factor, Nrf2 (nuclear factor-E2related factor 2), which has been shown to be induced by organochalcogens including ebselen and diphenyl diselenide.⁵⁹⁻

⁶¹ Therefore similar mechanisms may also account for the antioxidant activity of DHS, MAS and their C_6 conjugates in cells. It is also worth mentioning here that DHS- C_6 was less active than MAS- C_6 in inducing the selenoenzymes and in protecting from AAPH mediated oxidative stress. The reason for this could be the probable cleavage of DHS- C_6 (which contains an ester linkage) in to parent compound by the esterase present in the plasma membrane of the cells. However, the fact that DHS- C_6 could significantly increase the incorporation of selenium in to the membranes/cell (by 1 h and 16 h) justifies its application as a pro-drug.¹⁹⁻²¹ In contrast MAS- C_6 , which contains an amide linkage may be a model compound for fine-tuning the toxicity and the biological application. The observed cellular effects of the conjugates of DHS and MAS are summarized in the scheme 2.



Scheme 2. Schematic representation of the cellular effects of the conjugates of DHS and MAS $% \left(\mathcal{A}_{1}^{\prime}\right) =\left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{2}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{2}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{2}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{2}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{A}_{2}^{\prime}\right) \left(\mathcal{A}_{1}^{\prime}\right) \left(\mathcal{$

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Conclusions

In conclusion the amphiphilic conjugates of DHS and MAS mimicked surface active compounds in causing cytotoxicity through membrane disintegration and necrosis. Conjugating a fatty acid/alky group as a lipophilic unit with a hydrophilic antioxidant moiety has been an effective approach to enhance the antioxidant activities; however HLB is the important consideration in converting a nontoxic compound to toxic one. Among DHS and MAS conjugates of varying chain lengths, C_6 conjugates appear to be the appropriate bioinspired prototypes of selenium antioxidants.

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