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REVIEW

A review on mechanical exfoliation for scalable production of graphene

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For the wide and viable applications, massive production and commercial availability of graphene are the prerequisite. Exfoliation of graphite to give graphene is one of the most promising ways to large-scale production at extremely low cost. This review focuses on discussing different exfoliation techniques based on the common mechanical mechanism; because a deep understanding of the exfoliation mechanism can provide fruitful information on how to efficiently achieve high-quality graphene by optimizing exfoliation techniques. We highlight the recent progress on mechanical exfoliation for graphene production during the last decade. The emphasis is set on the widely used sonication with the latest insight into the sonication-induced defects, the newly explored ball milling, the emerging fluid dynamics in the last three years, and the innovative supercritical fluid. We also give an outlook on how to achieve high-quality graphene efficiently within the mechanical exfoliation techniques. We hope this review will point towards a rational direction for scalable production of graphene.

1. Introduction

Graphene as a kind of two dimensional nanomaterial has attracted word-wide attentions since its discovery in 2004.¹⁻⁷ The 'graphene hot' is mainly due to its outstanding properties and the promising applications. As for the electric property, monolayer graphene is semi-metallic and its carrier is massless Dirac Fermions whose dynamics should be described by Dirac equation.⁸ Meanwhile, the electronic structure in the singlelayer graphene has band overlaps at two Dirac points in the first Brillouin zone, and the electron mobility at room temperature can reach 2.5×10^5 cm²V⁻¹s^{-1.9} The maximum current density which monolayer graphene can bear is several million times larger than that in copper.¹⁰ For mechanical property, monolayer graphene has a Young modulus of 0.5-1.0 TPa and a high intrinsic strength of ~130 GPa,¹¹ which approaches the predicated value in the theory.¹² Furthermore, monolayer graphene has a high thermal conductivity of ~3000 WmK⁻¹,^{13, 14} extremely high resistance for gas permeation,¹⁵ a high transmittance of ~97.7%,¹⁶ etc. These unique properties make graphene suitable for many applications such as electronic devices, photonic devices, advanced composites, paint, coating, energy storage, sensor, metrology, biology, etc.6 These outstanding properties and promising applications have stimulated the production of graphene.

Up to now, a large number of methods have been proposed to produce graphene. These methods can be categorized into

two major classes, i.e. bottom-up method and top-down method. The former depends on the chemical reaction of molecular building blocks to form covalently linked 2D networks. The latter relies on the exfoliation of graphite. The bottom-up techniques, such as chemical vapor deposition and epitaxial growth, can yield graphene with high quality and small number of defects.¹⁷⁻²⁵ The resulted graphene is a good candidate for electronic devices. However, these substrate-based techniques suffer from the limited scale and expensive production, and cannot meet the requirement of macroscopic quantities of graphene. Large-scale production of graphene at low cost has been demonstrated possible by the top-down techniques, whereby graphene is produced through the direct exfoliation of graphite in the liquid phase.²⁶⁻³²

This review will discuss the available routes for large-scale production of graphene in terms of exfoliation of graphite. Note that several reviews have already summarized the art-to-date progress of the liquid-phase exfoliation of graphite or graphite oxide to give graphene or graphene oxide.^{26-28, 33-35} In a different perspective, this review will focus on the common mechanical mechanism involved in the exfoliation techniques; because the exfoliation mechanism is an important factor, which needs deep understanding and should provide fruitful information on how to efficiently achieve high-quality graphene by optimizing exfoliation techniques. With this consideration, we will not discuss the exfoliation medium, such as suitable organic solvents,^{29, 36} mixed solvents,^{37, 38}

surfactant/water solutions,³⁹⁻⁴² aromatic solvents,⁴³ ionic liquid,^{44, 45} etc., in which exfoliation occurs. We will also not discuss the difference between the exfoliation-mediated preparation of graphene and graphene oxide; because the involved exfoliation mechanics is almost the same. In contrast, we will concentrate on the exfoliation techniques themselves in terms of the mechanical exfoliation mechanism.

In this review, we aim to provide an overview of recent developments in mechanical exfoliation techniques for producing graphene. This review includes not only the widely used sonication, but also the ball milling and fluid dynamics which emerge during the last three years. Firstly, we will elucidate the mechanical mechanism for exfoliation. In this way, different exfoliation techniques are united by their common mechanism. Then we will thoroughly discuss the mechanical exfoliation techniques, such as the original micromechanical cleavage, the most widely used sonication, the newly explored ball milling, the recently emerging fluid dynamics, the innovative supercritical fluid, etc. Finally, we will give conclusions and outlook.



Fig. 1 Two kinds of mechanics routes for exfoliating graphite into graphene flakes and the auxiliary route for fragmentation.



Fig. 2 The illustrative procedure of Scotch-tape based micromechanical cleavage of HOPG.

2. Mechanical exfoliation mechanism

Within the top-bottom concept, graphene is prepared by exfoliating graphite. In this process, the ideal case is that graphene can be peeled from the bulk graphite layer by layer. The resistance to be overcome is the Van der Walls attraction between adjacent graphene flakes. How to overcome the attraction force, peel the layer, and then achieve graphene is more or less a mechanical issue. In general, there are two kinds of mechanical routes to exfoliate graphite into graphene flakes, i.e. normal force and lateral force. One can exert normal force to overcome the Van der Waals attraction when peeling two graphite layers apart, such as micromechanical cleavage by Scotch tape.^{1, 2} Through graphite self-lubricating ability in the lateral direction, one can also exert lateral force to promote the relative motion between two graphite layers. These two mechanical routes are illustrated in Fig. 1. It should be noted that in all the reported exfoliation techniques up to now, these two mechanical routes are perquisite for the production of graphene. It can be anticipated that controlled exfoliation of graphite to give high-quality graphene in high efficiency is feasible by tailoring these two mechanical routes.

Another auxiliary route is the fragmentation effect during exfoliation, as shown in Fig. 1. The force generated by the exfoliation technique can also fragment large graphite particles or graphene layers into smaller ones. This fragmentation effect has double-faced tactics. On one hand, it can reduce the lateral size of graphene. This is not desirable for achieving large-area graphene. On the other hand, it facilitates exfoliation, because smaller graphite flakes are easier to exfoliate than larger ones for the smaller collective Van der Waals interaction force between layers in smaller graphite flakes. In the following, in terms of the above two mechanical routes, several mechanical exfoliation techniques are reviewed.

3. Mechanical exfoliation techniques

3.1 Micromechanical cleavage

Both the birth of the first graphene flake in the real word and the Nobel prize of Physics in 2010 are attributed to the micromechanical cleavage of HOPG (Highly Ordered Pyrolytic Graphite) in 2004.^{1, 2, 46} The general idea of this method is the cleavage of graphene layers from the bulk HOPG surface. The procedure is presented in Fig. 2. The exfoliation mechanics in this method is that Scotch tape is applied to the HOPG surface and thus exerts normal force. If one takes great pains to repeat this normal force by numerous times, the graphitic layer becomes thinner and thinner and finally he will get a singlelayer graphene. This is exactly what the winners of 2010 Nobel physical prize have done in 2004. The exfoliation mechanics is dominated by the normal force. This method can prepare highquality and large-area graphene flakes. Based on the graphene samples prepared by this method, many outstanding properties of graphene have been discovered. However, this method is extremely labour-intensive and time-consuming. It is limited to the laboratory research and seems impossible to be scaled up to industrial production.

In order to save the labour and enhance the efficiency, Jayasena et al. devised an lathe-like experimental setup to cleave HOPG samples for generating graphene flakes,⁴⁷ as shown in Fig. 3. The HOPG sample is trimmed into a pyramid shape and then embedded into epoxy (Fig. 3a and b). The tool for cleaving HOPG is an ultrasharp single crystal diamond



Fig. 3 (a) HOPG mounted in epofix and trimmed to pyramid shape. (b) Setup showing wedge alignment with HOPG layers. (c) Actual experimental setup. Reproduced with permission from ref. 47. Copyright 2011 Springer.

wedge. The diamond wedge is mounted on the ultrasonic oscillation system and is aligned carefully with respect to the HOPG mount (Fig. 3c). When the ultrasharp wedge is held fixed and the work material is fed slowly downwards towards the wedge, lathe-like behaviour happens and lathed products sliding off the diamond wedge surface are the cleaved graphite flakes. This method is lathe-like and can be scaled up within the available lathe technique, but the obtained thin flakes are with a thickness of tens of nanometers. Further precise control of the diamond wedge is required for achieving high-quality graphene.

Another micromechanical technique inspired by the "Scotch tape" method is the three-roll mill machine with a polymer adhesive.⁴⁸ The preparation process by using the three-roll mill is illustrated in Fig. 4. Poly vinyl chloride (PVC) dissolved in dioctyl phthalate (DOP) is used as the adhesive, which plays a similar role as Scotch tape in the original micromechanical cleavage. The dispersion and exfoliation happen in the adhesive. As shown in Fig. 4, the moving rolls can drive graphite flakes running in an inverted S curve from the feed roll to the apron roll, then turns back towards the feed roll, leading to the continuous exfoliation. Though the three-roll mill machine is a very common industrial technique in the rubber industry and can be easily available, the complete removal of residual PVC and DOP to obtain graphene is not easy and brings about additional complexity.



Fig. 4 Schematic illustration for exfoliating natural graphite by a three-roll mill. Reproduced with permission from ref. 48 Copyright 2012 The Royal Society of Chemistry.

3.2 Sonication

Sonication assisted liquid-phase exfoliation of graphite to give graphene has made the large-scale production of graphene possible. Following their experience in dispersing carbon nanotube by sonication, Coleman's group firstly reported the high-yield production of graphene by sonication assisted liquidphase exfoliation of graphite in 2008.²⁹ In their work, graphite powder was dispersed in specified organic solvents, such as N,N-dimethylformamide (DMF) and N-methylpyrrolidone (NMP), followed by sonication and centrifugation. Then graphene dispersion was obtained, as shown in Fig. 5a. The contrast between the scanning electron microscopy (SEM) image of the initial graphite flakes in Fig. 5b and the transmission electron microscopy (TEM) image in Fig. 5c shows the exfoliation degree. The prepared graphene was evidenced by different characterizations such as TEM (Fig. 5d), atomic force microscopy (AFM) (Fig. 5e), etc. The number fraction of monolayer graphene can be estimated as 28% (Fig. 5d). This method is extremely intriguing and opens a whole new vista for large-scale and low-cost production of graphene. Beneficial from this method, producing graphene seems very easy. The most shortcoming is the extremely low graphene concentration (~0.01 mg/mL), which is far from practical application. After this work, based on the same idea, a great many researchers have contributed to achieving highconcentration graphene by prolonging the sonication time, increasing the initial graphite concentration, adding surfactants and polymer, solvent exchange method, mixing solvents, etc.³⁷⁻ 45, 49-63

It has been demonstrated that such kind of liquid-phase exfoliation of graphite is attributed to the small net energetic cost during the exfoliation process.²⁹ This energy balance for the graphene and solvent system can be expressed as the enthalpy of mixing per unit volume, i.e.

$$\frac{\Delta H_{\rm mix}}{V_{\rm mix}} \approx \frac{2}{T_{\rm flake}} (\delta_{\rm G} - \delta_{\rm sol})^2 \phi$$

in which T_{flake} is the thickness of a graphene flake, ϕ is the graphene volume fraction, and δ_i is the square root of the surface energy of phase *i* which is defined as the energy per unit area required to overcome the van der Waals forces when peeling two sheets apart. It is obvious that when the graphene



Fig. 5 (a) Sonication of graphite dispersion giving graphene dispersion. (b) SEM image of the initial graphite flakes. (c) TEM image of the exfoliated graphene. (d) Histogram of the layer number. (f) AMF image and (f) the corresponding height profile. (g) Graphite concentration measured after centrifugation for a range of solvents plotted versus solvent surface tension and surface energy. Reproduced with permission from ref. 29. Copyright 2008 Nature Publishing Group.

and solvent surface energies are closer, the mixing enthalpy will be smaller and the exfoliation occurs more easily. Therefore, the surface energy of a solvent is imperative for such kind of exfoliation. By using a range of solvents with different surface energies and measuring the corresponding concentration of the resultant graphene dispersions, the optimal surface energy of solvents can be roughly estimated, as shown in Fig. 5g. The good solvents tend to have a surface energy of 70-80 mJ/m², or a surface tension of 40-50 mJ/m². However, these results are obtained at room temperature and short sonication time. If the temperature is elevated, the surface energy and the surface tension will be changed. If the sonication time is long or sonication is intensive, the solvents would suffer from degradation and their properties will also be changed. These may make large-scale production of graphene by sonication fail. Therefore, in these conditions, the abovementioned model should be modified. Actually, Lin et al⁶⁴ recently has noticed this. When studying the effect of solvent surface energy on the solvothermal deoxidation of graphene oxide, they found that the solvent surface energy should be

graphene oxide. There have been two reviews concerning about the details of the recent work on sonication assisted production of graphene.^{30, 65} In this review, we will not present these details, and will only focus on the exfoliation mechanics and the involved problems. In the sonication method, the exfoliation mechanics is originated from the liquid cavitation, as illustrated in Fig. 6. The cavitation-induced bubbles distribute around the graphite flakes. When these bubbles collapse, micro-jets and shock waves will act on the graphite surfaces instantly, resulting in compressive stress waves which propagate throughout the graphite body. According to the theory of stress waves, once the compressive wave spreads to the free interface of graphite, a tensile stress wave will be reflected back to the body. As such, collapses of numerous micro-bubbles will lead to intensive tensile stress in the graphite flakes; just as intensive 'sucking discs' exfoliate the flakes. In addition, a secondary process is possible that the unbalanced lateral compressive stress can also separate two adjacent flakes by a shear effect. Also, the micro-jets may split graphite flakes just as a wedge is driven into the interlayer. In a word, it is the tensile stress that effectively exfoliating graphite into graphene flakes, resulting a normal-force dominated way.



Fig. 6 Illustration of the mechanical mechanism for exfoliation via sonication.

The sonication technique has been deemed vitally successful in the liquid-phase exfoliation of graphene. However, recently there are also several publications which focus on the shortcomings of sonication.

Firstly, it is demonstrated recently that the graphene prepared by sonication has much more defects as expected.⁶⁶⁻⁶⁹ This shortcoming is intrinsically attributed to the sonication-induced cavitation. Though cavitation is favourable for exfoliation, it is a relatively harsh process which can produce high local temperature (~ several thousand K), extreme pressure (~ several thousand atm), and rapid heating/cooling rates (~ several billion K/s).⁷⁰⁻⁷² These harsh conditions involved in

cavitation could result in damage to the graphene. Actually, Polyakova et al.,⁶⁹ who are the first to have performed an indepth spectroscopic study on graphene prepared by sonication, demonstrated that graphene made by sonication processes may be inferior, as shown in Fig. 7. By using X-ray photoelectron spectroscopy (XPS), they found that the sonication-produced graphene flakes contain a lot of oxygen which was only found in graphene oxide, as shown in Fig. 7f and g. They also for the first time visualize the defects in sonication-produced graphene flakes by scanning tunneling microscopy (STM), as shown in Fig. 7a-d. Subsequently, Skaltsas et al.⁶⁷ investigated the effect of sonication time and/or power on the oxygen content in exfoliated graphene. They also evidenced that sonication can cause defects and induce oxygen functional groups in the form of carboxylic acids and ethers/epoxides onto the graphene lattice, as schematized in Fig. 7h. In contrast, Yi et al.68 dispersed liquid-exfoliated graphene in water and found that the oxygen-containing groups were mainly attached to the edge and

"hole-like" defects in the basal plane, as shown in Fig. 8a. In more detail, Bracamonte et al.⁶⁶ recently reported that defect localization strongly depends on the sonication time. Defects are located mainly at the layer edge for short sonication times, while they will build up in the basal plane for sonication times above two hours, as shown in Fig. 8b. They also suggested that the basal-plane defects are not vacancies, nor substitutional impurities or sp³-like but rather topological defects. In contrast to the widely addressed issue that liquid-phase exfoliated graphene by sonication is believed disorder-free or defectfree,^{26, 27, 29, 39, 40, 50, 52, 54} these results indicate the existence of defects on both the edges and basal planes. These defects should be intrinsically due to the sonication-induced cavitation. Also, they should depend on the solvents, ambient condition, sonication time, sonication power, etc. The improvement of sonication as a strategy toward the exfoliation of really defectfree graphene is highly recommended. These issues still remain as an interesting subject of study.



Fig. 7 (a) 3D STM image of a 20×20 nm² area for the graphene film. (b) 3D STM image of the region around the arrow *b* in (a). (c) STM image of superstructure near an isolated defect around the arrow *c* in (a). (d) High-resolution STM image of a border between "perfect" and "functionalized" regions. (e) Typical AFM image of a graphene film prepared by sonication-assisted dispersion in DMF. (f) C 1s peak and (g) O 1s peak of XPS spectra for graphene films in (e). (h) Illustrative of sonication causing defects and oxygen functional groups onto the graphene lattice. Reproduced with permission from ref. 69 and 67. Copyright 2011 and 2013 American Chemical Society.



Fig 8 (a) Dispersion of liquid-exfoliated graphene in water due to the reduction of flake size, "hole-like" defects and thus the enhanced edge effects. (b) Defects localization depends on the sonication time. Reproduced with permission from ref. 68 and 66. Copyright 2013 The Royal Society of Chemistry and 2014 American Chemical Society.



Fig. 9 Graphene concentration C_G and cavitation volume fraction calculated from finite element simulation results as a function of vessel diameter D (a) and vessel height H (b). Reproduced with permission from ref.⁷³. Copyright 2012 Springer.

Secondly, the distribution and intensity of the sonicationinduced cavitation are highly dependent on the vessel size and shape which often induce localized cavitation pictures.74-77 Thus, the vessel size and shape are bound to affect the sonication-assisted production processes of graphene. It should be mentioned that the lack of details about geometry and position of vessels in the publications hinders the comparison of experimental results such as graphene concentration and production efficiency between each other. In fact, some researchers have noted that the final graphene concentration is largely affected by vessel geometry and dispersion volume.44, 52 In more detail, with the combination of simulation and experiment, it is found that the vessel diameter and liquid height can affect both cavitation volume and cavitation volume fraction, thus influencing graphene concentration (Fig. 9), graphene yield, production efficiency, etc.⁷³ Recently, Han et al.⁷⁸ adjusted the sonication probe depth to the liquid surface to generate less energetic cavitation for exfoliated transition metal dichalcogenide nanosheets and less defective, large graphene oxide nanosheets. But the production of pristine graphene was not reported. For the massive production of graphene for industrial applications, the geometry of sonication vessels should be mandatorily changed and redesigned when taking the set-up from laboratory to industry. The knowledge on the scaleup of the sonication vessels is indispensable. Meanwhile, other parameters such as sonication frequency, sonication power, sonication source distribution, temperature, etc. should also be considered. These issues in terms of the scale-up from laboratory to industry is worth deeply investigating.

The last minor issue to be remarked is the efficiency of sonication in the liquid-phase exfoliation of graphene. Both in the ultrasonic bath or ultrasonic probe, if the position of the ultrasonic vibration source is fixed, the cavitation field in the liquid is almost static. This is not favourable for efficient exfoliation, because graphite flakes will be exfoliated many times in the region of high cavitation intensity while may remain intact in the region of low cavitation intensity. This is really the case, especially when the initial graphite concentration is high and a large quantity of graphite flakes which settle down to the bottom still remain unexfoliated. For this consideration, a moving cavitation field or sonication combined with stirring should be helpful for efficient exfoliation.

3.3 Ball milling

Besides the sonication-based exfoliation method which is a normal-force-dominated way, shear force can also be utilized to laterally exfoliate graphite into graphene flakes, as schematized in Fig. 1. Ball milling, a common technique in powder production industry, is a good candidate for generating shear force. The mechanical mechanism of ball milling in exfoliating graphene can be illustrated in Fig. 10. In most ball milling apparatus, there are two possible ways responsible for the exfoliation and fragmentation effects. The primary one is the shear force, which is thought as the excellent mechanical route for exfoliation. This way is highly desired for achieving largesize graphene flakes. The secondary one is the collisions or vertical impacts applied by the balls in rolling actions. This way can fragment large flakes into small ones, and sometimes even destroy crystalline structures to amorphous or non-equilibrium phases. Therefore, it is expected to minimize the secondary effect for attaining high-quality and large-size graphene.



 $\label{eq:Fig.10} \textbf{Fig. 10} \ \textbf{Illustration of the mechanical mechanism for exfoliation via ball milling}.$

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Fig 11 Ball milling exfoliation of carbon nanofibres into graphene by using melamine as exfoliating agent. Reproduced with permission from ref. 79. Copyright 2014 Springer.



Fig. 12 (a) Left axis: dispersed carbon concentration (squares) and FLG)concentration (triangles), right axis: percentage of FLG in the product (circles), obtained after 1 h of processing using a shaking plate disperser as a function of the diameter of the ZrO_2 beads. (b) Dispersed carbon concentration (squares) and FLG concentration (circles) obtained after 1 h of delamination using a stirred media mill and 100 μ m ZrO_2 beads as delamination media as a function of the stirrer tip speed. Reproduced with permission from ref. 80. Copyright 2014 Elsevier.

3.3.1 Wet ball milling

Initially, ball milling was adopted to reduce the size of graphite, and it was found that graphitic flakes with a thickness down to 10 nm could be obtained.⁸¹⁻⁸³ But this milling scheme is not further continued to obtain graphene. Until 2010, following the same idea on the sonication-based liquid-phase exfoliation of graphene, Knieke et al.⁸⁴ and Zhao et al.^{85, 86} modified the milling technique to produce graphene. After these initiative work, the research on producing graphene by ball milling is flourishing. Generally, two types of ball milling techniques, i.e. planetary ball mills^{79, 85-96} and stirred media mills^{80, 84}, are widely used. Recently, planetary ball milling with graphite in wet state has been investigated continuously for graphene

production. By dispersing graphite in the "good" solvents which have a matched surface energy to overcome Van der Waals force of adjacent graphene flakes, such as DMF, NMP, tetramethyluren, etc., Zhao et al.^{85, 86} used a planetary mill for wet ball milling to get graphene. This scheme depends on long time milling (~30 h) and the rotating tray should be controlled at a low speed (~300rpm) to ensure that the shear stress is dominant. Aqueous solutions of surfactant (e.g. sodium dodecyl sulfate) can also serve as the wet medium for ball milling graphite. But the exfoliation degree is relatively low and a subsequent sonication is required.⁸⁸ In order to increase the exfoliation degree and efficiency, Aparna et al. combined the high-energy ball milling and the strong aqueous exfoliants. They dispersed graphite into the mixture of 1-pyrene carboxylic acid and methanol, and found that much faster exfoliation was achieved when compared to the usage of DMF.⁸⁹ Similar to this combined scheme, Rio-Castillo et al. recently used the exfoliating agent (melamine) for the intercalation of graphite layers, and found that adding a small amount of solvent during the ball milling process can enhance the intercalation and promote exceptional exfoliation. By this way, they demonstrated the successful ball-milling exfoliation of carbon nanofibres into monolayer graphene,⁷⁹ as schematized in Fig. 11.

It should be noted that the above work is all about planetary ball milling. The advantage of planetary ball milling is that its high energy is favourable for the combined functionalization and exfoliation. While a drawback is the long process time (several ten hours) and/or requirement of sonication-assisted post-dispersing steps. In contrast to planetary ball mills, Knieke et al.⁸⁴ and Damm et al.⁸⁰ used wet stirred media mills which operate with much smaller grinding media and allow a better temperature control during the processing. From a technical viewpoint, they optimized the milling tool, delamination media size, and stirrer rotation speed.⁸⁰ By using a shaking plate as milling tool, they found that the dispersed carbon concentration increases with growing ZrO2 bead size, whereas the few-layer graphene (FLG) concentration and the percentage of FLG reaches a maximum for a ZrO₂ bead size of 100 µm, as shown in Fig. 12a. In contrast, Fig. 12b gives the stirrer tip speed dependent results for the case of stirred media mill. The dispersed carbon concentration and the FLG concentration are remarkable higher than those in the shaking plate, see Fig. 12a and b. This result indicates the stirred media mill more efficient than the shaking plate.⁸⁰

3.3.2 Dry ball milling

Besides wet milling, dry milling can also be used for producing graphene. By ball milling the mixture of graphite and the chemically inert water-soluble inorganic salts, a shifting of the layers in graphite can be achieved. Subsequent water washing and/or sonication of the milling products can lead to graphene powders,^{92, 95} as illustrated in Fig. 13. When the combined functionalization and exfoliation is required, dry milling also shows practical advantages. By using the similar electro-

negativities of sulfur and graphene and thus the large attraction between them, Lin et al. ball milled the mixture of chemically modified graphite and elemental sulfur to get the graphene/sulfur composites in which sulfur molecules are anchored onto graphene sheets (Fig. 14).96 Depending on a hydrogen-bonding network for the formation of multipoint interactions with the surfaces of graphene, Leon et al. used a ball-milling treatment to exfoliate graphite through interactions with commercially available melamine under solid conditions.⁹⁴ In contrast to these methods which suffer from basal plane functionalization of graphene, Jeon et al. put forward an edge functionalization route for scalable production of graphene by ball milling.^{87, 90, 91} They dry milled graphite in the presence of hydrogen, carbon dioxide (Fig. 15), sulfur trioxide, or carbon dioxide/sulfur trioxide mixture. Upon exposure to air moisture, the resultant hydrogen-, carboxylic acid-, sulfonic acid-, and carboxylic acid/sulfonic acid functionalized graphene flakes are obtained. By ball milling the pristine graphite flakes in Fig. 15e for 48 h in the presence of dry ice, homogenous but much smaller edge-carboxylated graphite grains (100~500 nm) can be obtained (Fig. 15f). The edge-carboxylated graphite is highly dispersable in various solvents and can self-exfoliate into mono- and few-layer graphene nanosheets, as shown the TEM images in Fig. 15g and h. These edge-selectively functionalized graphene is proved to be high-quality.

Though the ball milling technique has thought as an intriguing method for large-scale production of graphene, the defects induced by high-energy collision of grinding media are less clear. Since the collision among grinding media cannot be prevented during the milling process, the fragmentation and defects are unavoidable. This is really a double-edged sword. On one hand, it can be used to functionalize graphene and favour efficient exfoliation. On the other hand, it will reduce the graphene size and introduce defects, especially basal defects. The choice of ball milling should depend on the prescribed requirement of different-level graphene.



Fig. 13 Schematic of the soluble salt-assisted ball-milled route to graphene nanosheet powder. The inset is the SEM image in the case that the weight ratio of Na₂SO₄ powder to graphite powder is 600:1. Reproduced with permission from ref. 95. Copyright 2014 The Royal Society of Chemistry.



Fig. 14 (a) Illustration of the evolving process from graphite to graphene. (b) Mass production of graphene-sulfur composites prepared by ball milling graphite flakes with sulfur. Reproduced with permission from ref. 96. Copyright 2013 The Royal Society of Chemistry.



Fig. 15 (a) Pristine graphite. (b) Dry ice. (c) Edge-carboxylated graphite prepared by ball milling for 48 h. (d) a schematic representation of physical cracking and edgecarboxylation of graphite by ball milling in the presence of dry ice, and protonation through subsequent exposure to air moisture. SEM images of (e) the pristine graphite and (f) edge-carboxylated graphite. (g) TEM images of edge-carboxylated graphite at a low magnification. Inset shows a selected area electron diffraction pattern, showing high crystallinity. (h) Edge-on view of (g) at a higher magnification. Reproduced with permission from ref. 87. Copyright 2012 PNAS.



Fig. 17 (a) Schematic of the apparatus with one constriction channel for producing graphene. High pressure (P_h) is exerted by a plunger pump and P_o denotes ambient pressure. (b) Schematic of the apparatus with four constriction channels. (c) Schematic of the exfoliation mechanism of the pressure driven fluid dynamics. SEM images of (d) graphite particles and (e) graphene flakes produced by the apparatus in (b). (f) AFM image of the graphene flakes prepared by the apparatus in (a). Reproduced with permission from ref. 97 and 98. Copyright 2013 and 2014 Springer



Fig. 16 (a) Schematic of the vortex fluidic device. (b) The exfoliation process with slippage and partial lift. (c) Slippage on the inner surface of the tube. (d) Partially stacked graphene for the evidence of slippage. Reproduced with permission from ref. 99. Copyright 2012 The Royal Society of Chemistry.



Fig. 18 (a) A schematic illustration for the pressure driven fluid dynamics for preparing graphene nanomesh. Typical (b) AFM and (c) TEM images of asproduced graphene nanomesh. Reproduced with permission from ref. 100. Copyright 2014 The Royal Society of Chemistry.

3.4 Fluid dynamics

Besides the above discussed sonication and ball milling, fluid dynamics for producing graphene recently arises. Within the fluid dynamics, graphite flakes can move with the liquid and thus can be exfoliated repeatedly at different position. This feature is intrinsically different from that of sonication and ball milling, rendering it as a potentially efficient technique for scalable production of graphene. The fluid dynamics can be either mild or intensive.

3.4.1 Vortex fluidic film

By using the vortex fluidic film in a rapidly rotating tube (Fig. 16a), a less energy intensive shearing process for exfoliating graphite in an organic solvent⁹⁹ or water¹⁰¹ is developed. The exfoliation mechanism lies in the partial lifting and slippage on the tube wall, as shown in Fig. 16b and c. The slippage process can be highlighted by the "finger print" of partially stacked graphene in Fig. 16d. This slippage process requires the individual sheets to be partially lifted from the surface of the bulk material at some point to provide the necessary lateral force to start the slippage (Fig. 16b). Meanwhile, the graphite flakes were pushed against the tube wall by the centrifugal force and experienced a shear induced displacement along the tube, resulting in exfoliation at the tube surface (Fig. 16c). This vortex fluidic technique offers an alternative and tunable lowenergy source for mild exfoliation and thus high-quality graphene. But the vortex fluidic film is extremely thin, which limits the quantity of graphite used for exfoliation and the graphene output.

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3.4.2 Pressure driven fluid dynamics

Contrastingly, in order to achieve large-scale production, based on the high-pressure fluid dynamics, Shen et al. firstly reported the concept of jet cavitation and designed a device for producing graphene.¹⁰²⁻¹⁰⁴ But the involved mechanism and how to get high-concentration graphene were not well addressed. Subsequent deep investigation of the pressure driven fluid dynamics in micro channels has laid down the foundation of scalable production of graphene and its analogues by fluid dynamics.^{97, 98, 100, 105} Two typical devices for high-pressure driven fluid dynamics are presented in Fig. 17a and b. The mixture of graphite and solvents is pressurized into the channel. The fluid dynamics happening in the channel is responsible for the exfoliation. In contrast to the sonication which is a normalforce-dominated way and the newly explored ball milling and fluidic film which are shear-force-dominated ways, the pressure driven fluid dynamics has combined these two mechanisms and could achieve much higher exfoliation efficiency.98, 105 Simulation analyses on the flow channel indicate that the highpressure fluid dynamics route is featured by cavitation, pressure release, viscous shear stress, turbulence, and collision. As shown in Fig. 17c, multiple fluid dynamics events are responsible for the normal-force dominated exfoliation and the shear-force dominated exfoliation. Cavitation and pressure release can generate normal force for exfoliation. The velocity gradient-induced viscous shear stress, the turbulence-induced Reynolds shear stress, and the shear effects stemmed from turbulence and flow channel-induced collisions can generate shear force for exfoliation, resulting in theses bulk layered materials self-exfoliation down to single or few layers through their lateral self-lubricating ability.98, 105 The SEM image of the loose and transparent graphene flakes in Fig. 17e and the AFM image in Fig. 17f show the as produced graphene. Most interestingly, if the pressure is significantly increased, the highpressure fluid dynamics can be used to produce graphene nanomesh.¹⁰⁰ The mechanism is the combination of exfoliation and perforation of the graphene flakes (Fig. 18a). The obtained graphene nanomesh is shown in Fig. 18b and c. It is estimated that the total area of the pores within 1 μ m² nanomesh is ~0.15 μ m² and the pore density is ~22 μ m⁻². This provides a novel route for large-scale production of graphene nanomesh, which has been recently thought as a new graphene-based nanostructure with suitable band gaps in the application of field-effect transistor.106, 107

3.4.3 Mixer driven fluid dynamics

Another recently emerging method is the mixer driven fluid dynamics. The device for realizing this method is relatively simple and easily available. Based on the high-shear rotor-stator mixer, Paton et al.¹⁰⁸ and Liu et al.¹⁰⁹ demonstrated a shear-assisted large-scale exfoliation for producing dispersions of graphene flakes. The apparatus used by them is shown in Fig. 19a-c, with a mixing head constituted by a rotor and a stator as the critical component for exfoliation. The rotor diameters (Fig. 19b and c) can be adjusted. The graphene flakes

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Fig. 19 (a) A Silverson model L5M high-shear mixer with mixing head in a 5L beaker of graphene dispersion. (b) and (c) Mixing head with rotor and stator. (d) Graphene-NMP dispersions produced by shear exfoliation. (e)-(g) Wide-field TEM image of graphene nanosheets. (h) High-resolution TEM image of a monolayer. Reproduced with permission from ref. 108. Copyright 2014 Nature Publishing Group.



Fig. 20 (a) Phase diagram of rotor speed, *N*, versus the mixing head diameter, *D*, for dispersions showing good exfoliation. The region above the black line represents fully developed turbulence, that is, $\text{Re}_{\text{Mixer}} > 10^4$, whereas the region above the red line represents $\dot{\gamma}_{\text{min}} > 10^4$ s⁻¹. (b) Concentration of graphene a function of shear rate (mixing time 60 min). (c) Concentration of graphene as a function of shear rate for rotors with diameters of 32, 16 and 12 mm (mixing time 1min). All of three data sets are consistent with the same minimum shear rate. (d) TEM image of partially exfoliated BN flake, consistent with exfoliation by shear sliding. Reproduced with permission from ref. 108. Copyright 2014 Nature Publishing Group.

in the graphene-NMP dispersions (Fig. 19d) were with lateral size of 300-800 nm, as measured by the TEM image in Fig. 19e and f. Based on the electron diffraction pattern, a multilayer (bottom left of Fig. 19g) and monolayer (right of Fig. 19g) can also be ascertained.¹⁰⁸ The shear exfoliation mechanism was further revealed in terms of the rotor diameter and the characteristics of mixer-induced fluid dynamics. It was found that even when the Reynolds number Re_{Mix} of the flow field is

less than 10^4 , which corresponds to a not fully developed turbulent flow, well-exfoliated graphene still can be obtained, as shown the region below the Re_{Mix} line in Fig. 20a. But when the shear rate $\dot{\gamma}$ is lower than 10⁴ s⁻¹, graphite flakes are poorly exfoliated, as shown the region below the $\dot{\gamma}=10^4$ s⁻¹ line in Fig. 19a. In the case of Re_{Mix}<10⁴, i.e. laminar flow, graphene can still be well produced (Fig. 20b) if $\dot{\gamma} > 10^4$ s⁻¹. In the case of shear mixer at a number of different combinations of rotating speed N and rotator diameter D, the minimum shear rate $\dot{\gamma}_{min}$ is also around 10⁴ s⁻¹ (Fig. 20c). This suggests that any mixer that can achieve the shear rate above 10⁴ s⁻¹ can be used to produce graphene. The exfoliation mechanism occurs in both laminar and turbulent regimes should be the same. And well exfoliation can happen without turbulence.¹⁰⁸ Further, Liu et al.¹⁰⁹ qualitatively explained the exfoliation mechanism in terms of the fluid dynamics events, as illustrated in Fig. 21. Like ball milling and vortex fluidics, this is a shear-force dominated method. But the cavitation and collision effects also favor efficient exfoliation, as shown in Fig. 21. However, in the rotorstator mixer (Fig. 19b and c), very high shear rates are mainly localized in the gap between the rotor and stator and in the holes in the stator. This implies a well-defined localized region of high shear rate, indicating that most of the exfoliation events are localized in the vicinity of the rotor-stator.

In order to overcome the shortcoming of rotor-stator mixer, a full developed turbulence with all the regions of high shear rate is necessary. Initially, Alhassan et al. used a stainless steel blender equipped with a four-blade impeller to generate turbulence, and demonstrated the feasibility of the graphite exfoliation by turbulent mixing.¹¹⁰ But they only focused on the arresting concept by laponite. They did not go further for the comprehensive optimization to achieve predominantly monolayer graphene. Recently, Yi et al.^{111, 112} and Varrla et al.¹¹³ have promoted this technique. They used a kitchen blender to generate a full turbulent flow for graphene production, as shown in Fig. 22. In the kitchen blender, a simple and easily available rotating-blade mixer, the high-shear region is not localized in any single portion of the holder.

Though the shear rate decreases with the increasing distance from the blade, high shear rate can cover all the holder if a turbulence is fully developed. Therefore, the turbulence is mainly responsible for the full-field high shear rate and thus the exfoliation mechanism, as shown in Fig. 22b. In terms of the characteristics of the turbulent flow in the kitchen blender, it is demonstrated that four fluid dynamics events responsible for the exfoliation and fragmentation: (I) velocity gradient can induce viscous shear stress; (II) intensive velocity fluctuations in turbulence can induce Reynolds shear stress; (III) in the turbulence, Reynolds number is very large, and thus the inertial forces dominate viscous forces to enhance graphite-graphite collisions; (IV) it is possible that turbulent pressure fluctuations induced pressure difference can also exfoliate graphite in a normal-force style. The mechanism can be verified by the TEM observations. The slipped configuration with lateral relative displacement of translation (Fig. 22c) or rotation (Fig. 22d) indicates that lateral exfoliation really happens and there coexist two ways, i.e. translation and rotation. The exfoliation efficiency is much higher than that in standard sonication or ball milling exfoliation methods. These results imply that industrial rotating blade stirred tank reactors are a promising new technology for large-scale graphene production.



Fig. 21 3D sectional drawing of the high-shear mixer, and the schematic mechanical mechanism for preparing graphene by shear force, collision, and cavitation. Reproduced with permission from ref. 109. Copyright 2014 The Royal Society of Chemistry.



Fig. 22 (a) The schematic of a kitchen blender for preparing graphene flakes. (b) Illustration for the exfoliation mechanism. Deliberately captured partially exfoliated graphene flakes with translational (c) and rotational (d) lateral exfoliation. Reproduced with permission from ref. 112. Copyright 2014 Elsevier.

The fluid dynamics method has been already discovered to be ambitious in generating FLG solutions. When compared to the localized and high-energy cavitation-dominated sonication or shear-dominated ball milling, fluid dynamics can carry graphite particles all over the flow field and multiple fluid dynamic events are favourable for mild and efficient exfoliation. Nevertheless, detailed studies are still needed to proceed from discovery to a commercialized technology. In the high-shear mixer or kitchen blender, the intensive cavitation can happen around the rotor/stator or rotating blade, resulting in possible defects. The exhaustive and precise design of the fluid dynamics to achieve mild and efficient exfoliation throughout the flow field, eliminate the localized region, and minimize the cavitation effects is necessary for industrial scale up.

3.5 Other methods

The last two mechanical methods though less intensively investigated should be mentioned. The first one is the detonation technique for preparing graphene materials.^{114, 115} It relies on the denotation induced powerful shockwave and thermal energy for high-energy and violent exfoliation. Though it is extremely efficient, graphite oxide were often used as the precursors and graphene oxide rather than pristine graphene was produced.^{114, 115} So far, there is no report about detonation assisted production of pristine graphene. The second one is the exfoliation assisted by the supercritical fluid.¹¹⁵⁻¹¹⁹ It depends on the high diffusivity, expansibility, and solvating power of the supercritical fluid. The supercritical fluid can penetrate into the gap between graphite layers. Once a rapid depressurizing happen, the supercritical fluid will abruptly expand to predominately generate normal force for exfoliating graphite. For example, Pu et al.¹¹⁵ reported graphene flakes obtained by discharging the expanding CO₂ gas into a solution containing dispersant sodium dodecyl sulfate. And the typical graphene flake contains about 10 atomic layers. Lately, Rangappa et al.¹¹⁶ extended the idea of supercritical fluid. They utilized the supercritical fluid of ethanol, NMP, and DMF to directly exfoliate graphite crystals into graphene flakes, as shown in Fig. 23. They heated the solvents up to or above their critical temperature. With low interfacial tension, excellent wetting of surfaces, and high diffusion coefficients, these supercritical fluids can rapidly penetrate into the interlayers of graphite with high solvation power. The exfoliation of graphite down to a few layers (<10 layers) can be achieved in a shortest reaction time of 15 min. About 90-95 % of the exfoliated sheets are less than 8 layers with approximately 6-10 % monolayers.¹¹⁶ Combing the functionalization of graphene, Zheng et al.¹¹⁸ and Li et al.¹¹⁷ prepared graphene in pyrene and its derivatives by the assistance of supercritical CO2, as illustrated in Fig. 24. This method established supercritical fluid as an alternative route for high-throughput production and functionalization of graphene in one step. Recently, the combination of supercritical fluid and sonication is also reported by Gao et al.¹¹⁹ They demonstrated that the obtained graphene flakes are with 24% as monolayers, 44% as bilayers, and 26% as trilayers. These results are very intriguing in terms of the graphene layer number. If the

supercritical fluid processing can be made easy and the use of pressurized reactor can be avoided, the supercritical fluid techniques are very promising in facile and scalable production of high-quality graphene.



Fig. 23 Scheme showing the exfoliation of graphite crystals to graphene by suing the supercritical fluid such as ethanol (EtOH), NMP, and DMF. Reproduced with permission from ref. 116. Copyright 2010 Wiley-VCH.



Fig. 24 Schematic for exfoliation and modification of graphene by pyrenederivatives with the assistance of supercritical carbon dioxide. Reproduced with permission from ref. 117. Copyright 2013 American Chemical Society.

4 Conclusions and outlook

The mechanical exfoliation of graphite to give graphene has been a promising approach to scalable production of graphene. Though different techniques or apparatus have been utilized to produce graphene, the mechanical mechanism involved in the exfoliation is similar, i.e. generating shear force or nominal force. From the viewpoint of mechanics, the core task is to mechanically overcome the Van der Waals attraction between graphene layers within the bulk precursor. Once exfoliation has happened, chemistry should play a critical role which has been beyond the scope here.

In this review, we discussed several mechanical exfoliation methods, such as micromechanical cleavage, sonication, ball milling, fluid dynamics, supercritical fluid, etc. All these methods have been widely demonstrated with the ability to produce graphene. Some of them are also commercialized techniques which have been widely used in the traditional industry. The sonication is a cavitation-dominated technique. It leads to a normal-force dominated exfoliation and cavitationinduced harsh local environment. The ball milling is featured by shear force, as well as high energy output for functionalization. Pressure driven fluid dynamics combines the advantages of sonication and ball milling. It generates multiple fluid dynamic events for efficient exfoliation. Mixer driven fluid dynamics depends on the high local shear rates or the turbulence for exfoliation. For the supercritical fluid, penetration into the layer gap and depressurizing induced abrupt expansion lead to a normal-force dominated exfoliation.

In spite of the vital prospect of mechanical exfoliation, several issues are still required for continuous attention. Though substantial efforts have been made to improve the yield and degree of exfoliation through the above mechanical techniques, the yield of monolayer graphene is still quite low. Moreover, a large majority of graphite is not exfoliated and centrifugation is needed. So it is very important in the near further to enhance the mechanical exfoliation efficiency. All the mechanical exfoliation techniques have fragmentation effects which are not desired for producing large-size graphene. How to minimize the fragmentation effects should be considered. For sonication, the technical factors, such as power, frequency, vessel geometry, sonication source distribution, etc., should attract interests for optimizing exfoliation efficiency and scaling up production. For ball milling, the type, size, and rotate speed of the grinding media and how to precisely control the high-energy collision are very important. For fluid dynamics, a deep understanding and careful design of the flow field are critical for eliminating the localized region and achieving high shear rates throughout the flow field. For supercritical fluid, it will be much better if facile device or related technology is easily available and the production cost is lowered. Though there have been some reports on the cavitation induced defects in graphene produced by sonication, little information about the defects induced by other mechanical exfoliation techniques is available. Future challenges should also focus on the problems with uncontrollable defects, random size, and random layer number of graphene in mechanical exfoliation.

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