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1 **Arginyl-glutamine dipeptide attenuates experimental**
2 **colitis by enhancing antioxidant function and**
3 **inhibiting nuclear factor-kappaB**

4
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10

11 **Abstract:** This study aimed to investigate the effect and underlying
12 mechanism of Arginyl-glutamine (AG) dipeptide on dextran sulfate sodium
13 (DSS)-induced colitis in vivo and vitro model. Acute colitis was induced in
14 ICR mice by administering 5% DSS. 1% AG and 0.5% glutamine and 0.5%
15 arginine were fed via mixing in the basic diet after colitis induction. The
16 results showed that AG could reverse the diverse effects on average daily
17 weight gain, colon weight, rectal bleeding score, diarrhea score, and
18 histological score caused by DSS. Meanwhile, dietary AG supplementation
19 attenuated DSS-induced oxidative stress and improved antioxidant system in
20 mice. Although AG failed to improve intestinal dysfunction, inflammatory
21 response was markedly reduced in DSS-induced colitis after AG treatment.
22 Ultimately, AG inhibited IKK phosphorylation and subsequent nuclear
23 factor-kappaB (NF-κB) activity and its translocation into nucleus. *In vitro*
24 study, AG improved the cell viability, antioxidant function, and monolayer
25 permeability and reduced inflammatory response in DSS-challenged Caco-2
26 cells. In conclusion, AG protected mice against DSS-induced colitis via
27 increasing antioxidant system and down-regulating proinflammatory
28 cytokines. The inhibition of NF-κB activation might be part of the
29 mechanism underlying the effects of AG on colitis model.

30 **Keywords:** Arginyl-glutamine, oxidative stress, inflammation, NF-κB, IBD

1

2 Introduction

3 Inflammatory bowel disease (IBD) is chronic and inflammatory disorder primarily
4 involving the mucosa and submucosa of the gastrointestinal tract and becomes an
5 increasing prevalence all over the world¹. Patients with IBD exhibit neutrophil
6 accumulation, gastrointestinal inflammation with villus atrophy, loss of crypts, and
7 accompanied with diarrhea, blood in stool and weight loss^{2, 3}. Recent reports have
8 demonstrated that oxidative stress and inflammation correlates with occurrence of
9 IBD^{4, 5}. Oxidative stress correlates with protein, lipid and DNA oxidative injury and
10 therefore is thought to be involved in the development of many diseases or may
11 exacerbate their symptoms, including inflammation⁵.

12 Arginyl-glutamine (AG) dipeptide is an aqueous stable source of glutamine with
13 greater solubility compared with each individual amino acid⁶. Li et al. reported that
14 AG serves as a protective role in the neonatal intestine against oxygen-induced injury
15 by reducing inflammation and apoptosis⁷. Meanwhile, glutamine or arginine
16 containing dipeptides also have been demonstrated to exhibit an antioxidant function⁸.
17 ⁹. However, the effects of supplementation of the AG dipeptide on IBD are unknown.
18 We hypothesized that AG dipeptide would protect mice and caco-2 cells against DSS
19 exposure by increasing antioxidant function and inhibiting nuclear factor-kappaB
20 (NF-κB) signaling pathway.

21 Material and methods

22 Animal model and groups

23 Thirty two male ICR mice weighting 22-24g were used in the experiment. Mice
24 were divided into four groups: a control group (n = 8), a DSS-treated group (DSS, n =
25 8), an arginine + glutamine + DSS-treated group (Arg+gln, n = 8), and an AG +
26 DSS-treated group (n = 8). In the control group, each mouse was allowed free access
27 to tap water for 7 d. In other three groups, each mouse was allowed free access to 5%
28 DSS solution (KAYON Bio. Thchonogy Co. Ltd), supplied as drinking water, for 7 d.
29 In the arg+gln group, each mouse was fed with 0.1% arginine and 0.1% glutamine
30 mixed in the basic diet. Mice in AG group were fed 0.2% AG mixed in basic diet, AG
31 (98%) was obtained from DgPettides Co., Ltd., Hangzhou, China. The dosage of
32 dipeptide used in this study was according to previous report¹⁰. All mice were housed
33 in polycarbonate cages in a room with controlled temperature (25 ± 3 °C), humidity
34 (50 ± 5%) and a 12 hour cycle of light and dark. They were allowed free access to
35 laboratory strip chows throughout the experimental period. This study was conducted
36 according to the guidelines of the Declaration of Helsinki and all procedures

1 involving animal subjects were approved by the Animal Welfare Committee of the
2 Ningbo No. 2 Hospital.

3 After the experimental period, each animal was weighted to calculate average
4 weight gain and then each mouse was sacrificed and colon length and weight were
5 measured. In addition, colon tissues from each mice were harvested and immediately
6 frozen in liquid nitrogen and stored at -70°C for subsequent gene expression and
7 western blotting analyses.

8 **Clinical evaluation of DSS colitis**

9 Rectal bleeding and diarrhea were monitored daily. The appearance of blood in the
10 stool was measured by haemoccult tests (Beckman Coulter), and was given a score
11 from 0 to 4, defined as follows: 0 for no blood; 2 for positive haemoccult; and 4 for
12 gross bleeding. The severity of diarrhea was given a score from 0 to 4, defined as
13 follows: 0 for well-formed pellets; 2 for pasty and semiformal stools; and 4 for liquid
14 stools¹¹. All clinical scorings were performed in a blinded fashion.

15 **Histomorphometry determination**

16 The morphological evaluation after DSS treatment was used haematoxylin and eosin
17 (HE) staining according to previous report¹². Briefly, one piece of each colon samples
18 (0.5 cm) was kept in 4% neutral buffered 10% formalin, processed using routine
19 histological methods and mounted in paraffin blocks. Six-micrometer-thick sections
20 were cut and stained with haematoxylin and eosin (HE). All specimens were
21 examined under a light microscope (Nikon, Japan).

22 The histological examination was performed in a blinded fashion using a scoring
23 system previously validated and described¹³. Three independent parameters were
24 measured: severity of inflammation (0–3: none, slight, moderate, severe), depth of
25 injury (0–3: none, mucosal, mucosal and submucosal, transmural), crypt damage (0–4:
26 none, basal 1/3 damaged, basal 2/3 damaged, only surface epithelium intact, entire
27 crypt and epithelium lost) and percentage of the involved area (0–4: 0%, 1–10%, 10–
28 25%, 25–50%, 50–100%). All scores on the individual parameters together could
29 result in a total score ranging from 0 to 14.

30 **Serum oxidative indexes, amino acid profiles, and NF-κB activity**

31 Serum samples were separated from blood by centrifugation at 3,500 × g for 15 min.
32 Serum malondialdehyde (MDA), glutathione (GSH), 8-hydroxyguanosine (8-OHG)
33 concentrations, superoxide dismutase (SOD), total antioxidant capability (T-AOC),
34 and catalase (CAT) activity were measured using an assay kit in accordance with the
35 manufacturer's instructions (Nanjing Jiancheng, China)¹². Serum arginine and
36 glutamine were determined by LC–MS/MS (HPLC Ultimate3000 and 3200 QTRAP

LC-MS/MS) using standards from Sigma Chemicals (St. Louis, MO, USA). NF- κ B activity in colonic tissue and Caco-2 cells was measured according to by an enzyme-linked immunosorbent assay (ELISA) kits (Cell Biolabs, USA). Serum lipopolysaccharide (LPS) and diamine oxidase (DAO) activity were determined according to previous report¹⁴.

Cell culture and treatment

Human colorectal adenocarcinoma-derived intestinal epithelial cells (Caco-2) (ATCC, Manassas, VA) were grown in DMEM/F12 supplemented with 1 mM sodium pyruvate, 20% FBS (HyClone, Logan, UT), and 50 U/mL penicillin–streptomycin. Cells were with treated with 2% DSS for 4days to induce inflammation according to previous report¹⁵. Cell viability was evaluated with the MTT assay (Sigma–Aldrich) according to the manufacturer's instructions. Briefly, 8×10^3 cells were seeded in 96-well plates. The following day, cells were incubated with 0.1, 0.2, 0.5, 1, 2, 5 mM AG for 2 days and then assayed.

Trans-epithelial electrical resistance (TEER) measurements

A 12-well Transwell system was used for this assay as described previously¹⁶. Briefly, Caco-2 cells were seeded in the apical chamber and the changes of TEER were measured with an epithelial voltohmmeter ERS-2 (Merck Millipore, USA). About 3 weeks after confluence when the filter-grown Caco-2 monolayers reached epithelial resistance of at least $500 \Omega \text{ cm}^2$, the cells were incubated in different reagents as indicated. Electrical resistance was measured until similar values were recorded on three consecutive measurements. Values were corrected for background resistance due to the membrane insert and calculated as $\Omega \text{ cm}^2$.

Paracellular marker FD-4 (FITC-Dextran 4 kDa) flux measurements

Paracellular permeability was assessed following a previously mentioned method¹⁶. Caco-2 monolayers were treated as described above. After treatment, cells were rinsed with PBS and incubated in the upper chamber with Hank's balanced salt solution containing 1 mg/mL FD-4 solution for 2 h. FD-4 flux was assessed by taking 100uL from the basolateral chamber. Fluorescent signal was measured with Synergy H2 microplate reader (Biotek Instruments, USA) using 492 nm excitation and 520 nm emission filters. FD-4 concentrations were determined using standard curves generated by serial dilution of FD-4.

Measurement of intracellular ROS levels

Generation of intracellular ROS was assessed using MitoSOX (Invitrogen) and CM-H2DCFDA (Invitrogen). Caco-2 cells were incubated with 5 μM MitoSOX and CM-H2DCFDA at 37 °C for 15 min, washed with PBS, and then analyzed with a flow

cytometer (BD Biosciences)¹⁷.

cDNA synthesis and quantification mRNA by real-time PCR analysis

Total RNA was isolated from liquid nitrogen pulverized tissues with TRIZOL reagent (Invitrogen, USA) and then treated with DNase I (Invitrogen, USA) according to the manufacturer's instructions. Synthesis of the first strand (cDNA) was performed with oligo (dT) 20 and Superscript II reverse transcriptase (Invitrogen, USA).

Primers were designed with Primer 5.0 according to the gene sequence of mouse (<http://www.ncbi.nlm.nih.gov/pubmed/>) to produce an amplification product. The primer sets used were shown at Supplementary Table 1. Real-time PCR was performed according to previous studies^{18,19}. Relative expression was normalized and expressed as a ratio to the expression in control group. Therefore, relative expression of target genes in control group was 1.0. Relative gene expressions represented the comparison vs. control group and reported as a fold change from the control value.

Nuclear proteins extraction and western bolt analysis

Colon nuclear proteins were extracted with nuclear and cytoplasmic extraction reagents in accordance with the manufacturer's instructions (Thermo Fisher Scientific Inc., USA).

Proteins from each sample (50 µg) were separated by SDS–polyacrylamide gel electrophoresis and electrophoretically transferred to apolyvinylidene difluoride (PVDF) membrane (BioRad, Hercules, CA, USA). Membranes were blocked in 7% evaporated milk, diluted in Tris-buffered saline containing 0.1% Tween 20 (TBS-226 T) at room temperature for at least 2 h, and then incubated overnight at 4 °C with one of the following primary antibodies: occludin, claudin1, ZO1, NF-κB, IKK, p-IKK, CAT, and SOD (Abcam, Inc., USA). Mouse β-actin antibody (Sigma) was used for total and cytoplasmic protein loading control. Rabbit PCNA antibody (Sigma) was used for nuclear protein loading control. After primary antibody incubation, membranes were washed with TBS-T and incubated with alkaline phosphatase-conjugated anti-mouse or anti-rabbit IgG antibodies (Promega, Madison, WI, USA) for 2 h at room temperature. Membranes were washed with TBS-T followed by three washes with TBS; signals were detected by the addition of 5-bromo-4-chloro-3-238 indolylphosphate/nitroblue tetrazolium (BCIP/NBT) solution (Sigma), then quantified and digitally analyzed using the image J program (NIH). The intensity of each band was measured and subtracted from the background. The expression ratio of target proteins was normalized against β-actin²⁰.

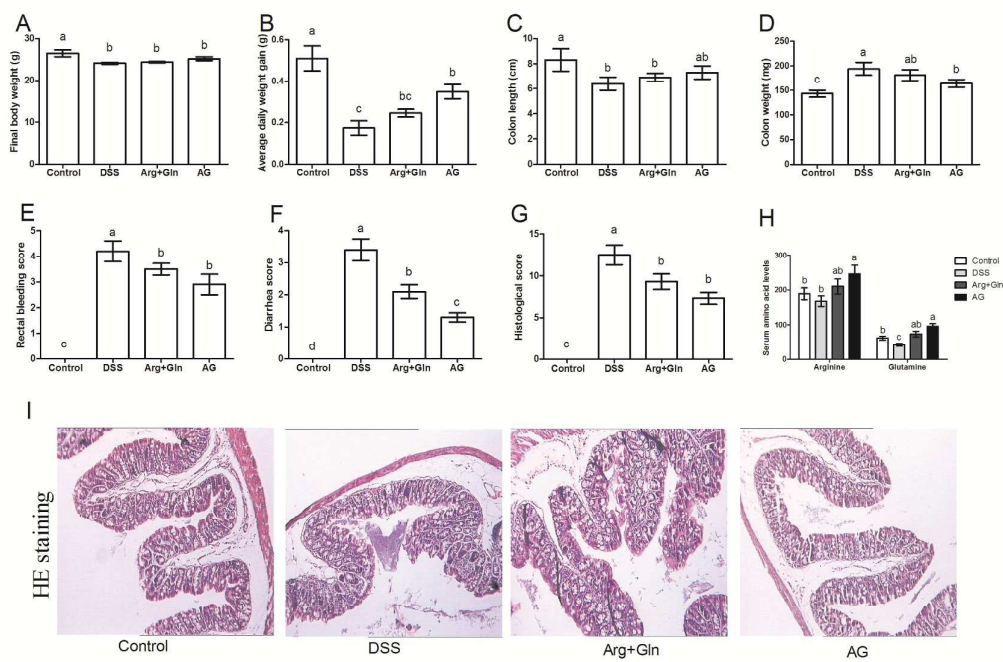
Statistical Analysis

All statistical analyses were performed using SPSS 17.0 software. Group comparisons

were performed using the one-way analysis of variance (ANOVA) to test homogeneity of variances via Levene's test and followed with Tukey's multiple comparison test. Two groups were analyzed via students' T test. Data are expressed as the mean \pm standard error of the mean. Values in the same row with different superscripts are significant ($P < 0.05$), while values with same superscripts are not significant different ($P > 0.05$).

Results

Effects of AG on clinical indexes in DSS-induced colitis



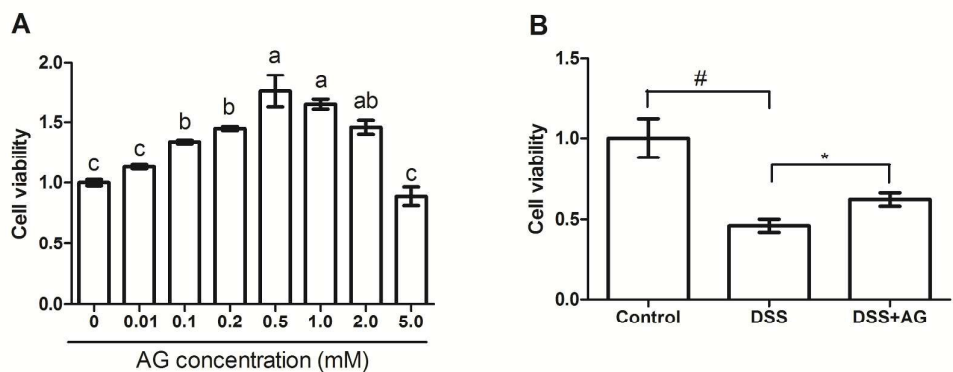
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Fig.1. Effects of AG on clinical parameters in DSS-induced colitis. (A) Final body weight, (B) average daily weight gain, (C) colon length, (D) colon weight, (E) rectal bleeding score, (F) diarrhea score, (G) histological score, (H) serum arginine and glutamine concentrations, and (I) HE staining. The detail are described in the Materials and methods. Data are expressed as the mean \pm standard error of the mean (n=8). Values in the same row with different superscripts are significant ($P < 0.05$).

As shown in Fig.1, DSS treatment significantly decreased final body weight, average daily weight gain, and colon length, and increased colon weight, rectal bleeding score, diarrhea score, and histological score ($P < 0.05$). Compared with DSS group, dietary supplementation with AG significantly reversed the diverse effects on average daily weight gain, colon weight, rectal bleeding score, diarrhea score, and histological score

($P<0.05$), suggesting a protective role of AG in DSS-induced colitis. Meanwhile, co-dietary arginine and glutamine also exhibited a beneficial role in rectal bleeding score, diarrhea score, and histological score ($P<0.05$) compared with DSS group ($P<0.05$), but failed to affect average daily weight gain and colon weight ($P>0.05$). So we next determined serum arginine and glutamine concentrations after challenging DSS, the result showed that dietary AG markedly increased serum arginine and glutamine concentrations compared with DSS group ($P<0.05$). Although the difference between AG group and arg+gln group was insignificant, the concentrations of arginine and glutamine in AG group was much higher ($P>0.05$).

Based on the Caco-2 cell viability treated with variety of concentration of AG (0.01-5mM) (Fig.2A), we chose AG concentration at 0.5 mM for the following experiments. We found that DSS treatment significantly reduced caco-2 cell viability ($P<0.01$), while supplementation with AG obviously improved the cell viability compared with the DSS group ($P<0.05$) (Fig.2B).



15

16 Fig.2 Cell viability experiment. Data are expressed as the mean \pm standard error
17 of the mean ($n=5$). (A) Values in the same row with different superscripts are
18 significant ($P < 0.05$), (B) # means the $P<0.01$ and * means $P<0.05$.

19 Effects of AG on oxidative stress in DSS-induced colitis

20 Previous reports have indicated that oxidative stress involves in DSS-induced colitis,
21 so we determined several oxidative indexes in the present study (Fig.3). The results
22 showed that DSS treatment induced oxidative stress in mice evidenced by the
23 increased MDA and 8-OHG and reduced GSH, T-AOC, and SOD activities ($P<0.05$).
24 Dietary supplementation with AG significantly reversed the dysfunction of MDA,
25 8-OHG, T-AOC, and SOD ($P<0.05$). Meanwhile, we further tested antioxidant
26 enzymes SOD and CAT abundances in the colon via western blot (Fig.3G, H, and I).
27 The results exhibited that AG markedly reversed the inhibitory effect of DSS on SOD
28 expression ($P<0.05$), but failed to affect CAT abundance.

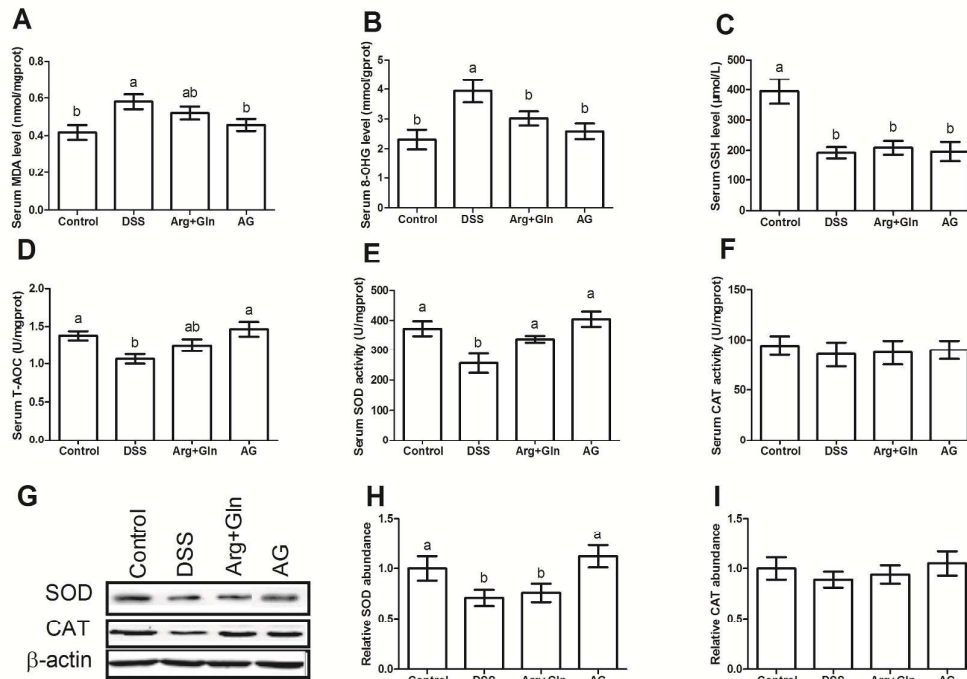
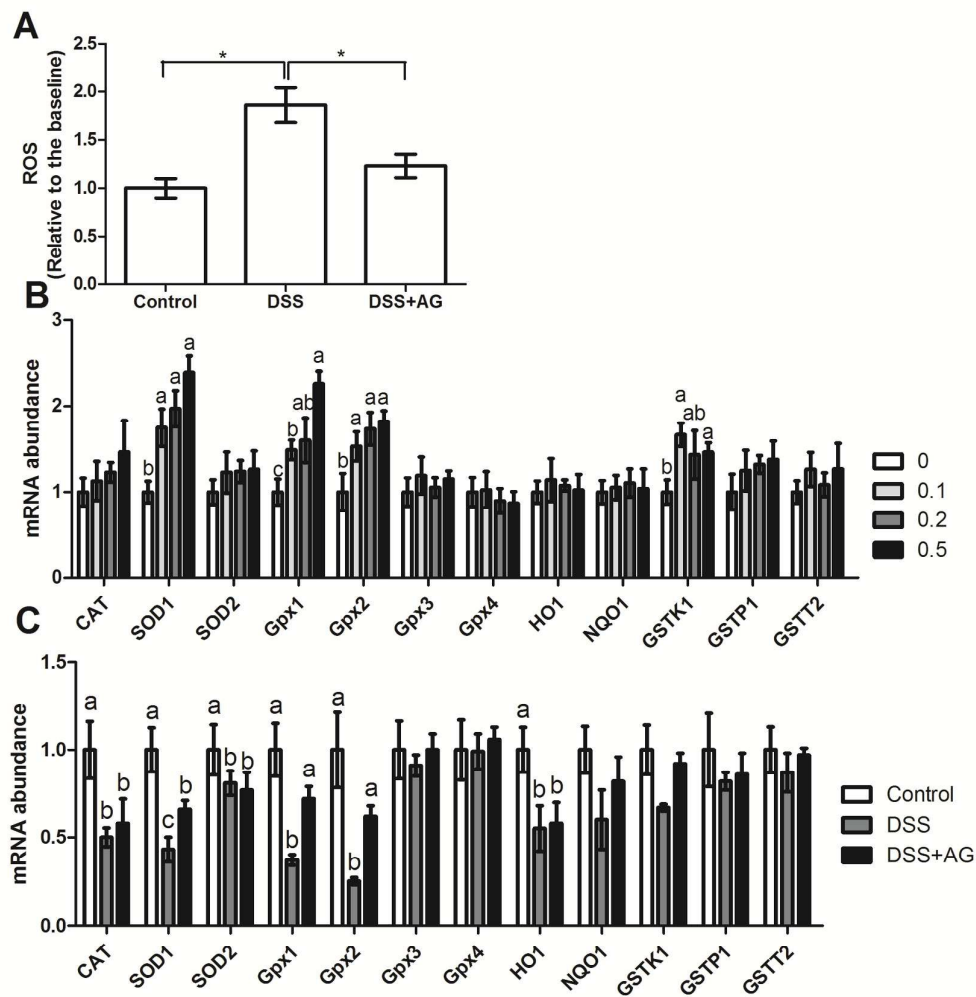


Fig.3 Effects of AG on oxidative stress in DSS-induced colitis. (A) Serum MDA concentrations, (B) serum 8-OHG concentrations, (C) serum GSH concentrations, (D) serum T-AOC activity, (E) serum SOD activity, (F) serum CAT activity, (G) immunoblotting, (H) colonic SOD protein abundance, and (I) colonic CAT abundance. Data are expressed as the mean \pm standard error of the mean (n=8). Values in the same row with different superscripts are significant ($P < 0.05$).

In vitro model, DSS treatment significantly increased ROS generation in Caco-2 cells and AG exhibited antioxidant function via reducing ROS concentration ($P < 0.05$) (Fig.4A). We further performed RT-PCR to investigate the role of AG and DSS on antioxidant genes (Fig.4A and B), the results showed that AG treatment enhanced SOD1, Gpx1, Gpx2, and GSTK1 mRNA abundances ($P < 0.05$), indicating an antioxidant function. DSS exposure markedly down-regulated CAT, SOD1, SOD2, Gpx1, Gpx2, and HO1 expressions ($P < 0.05$) and AG alleviated DSS-induced SOD1, Gpx1, and Gpx2 down-regulation ($P < 0.05$).



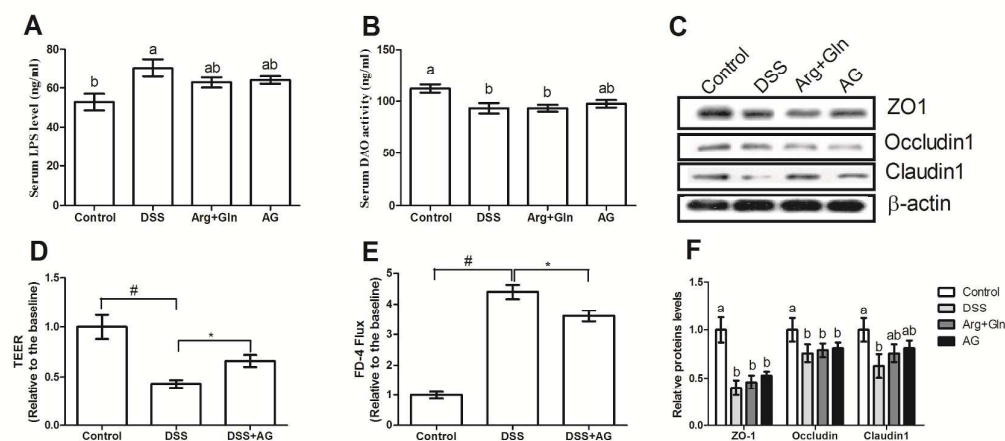
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2 Fig.4 Effects of AG on DSS-induced oxidative stress in Caco-2 cells. (A) ROS
3 level, (B) antioxidant genes expression (0, 0.1, 0.2, and 0.5 mM AG), and (C)
4 antioxidant genes expression. Data are expressed as the mean \pm standard error
5 of the mean (n=5). Values in the same row with different superscripts are
6 significant (P < 0.05). # means the P<0.01 and * means P<0.05.

7 **Effects of AG on intestinal permeability and tight junctions in DSS-induced**
8 **colitis**

9 Serum LPS level and DAO activity were two maker for intestinal injury. The results
10 exhibited that DSS treatment significantly enhanced serum LPS concentration and
11 reduced DAO activity (P<0.05) (Fig.5A and B), indicating that DSS exposure
12 increased intestinal permeability. Tight junctions mainly contribute to intestinal
13 integrity. We also determined several tight junctions (i.e. ZO-1, occludin, claudin1)
14 expression via western blot (Fig.5 C and F). Expressions of ZO-1, occludin, and
15 claudin1 were inhibited after exposure to DSS (P<0.05). However, dietary

1 supplementation with AG failed to attenuate DSS induced intestinal injury.



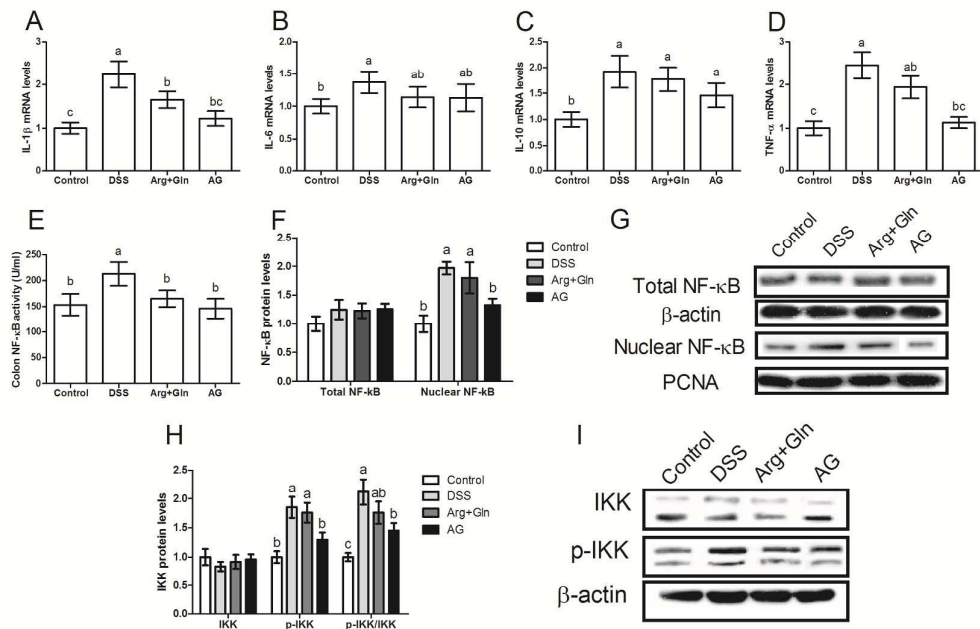
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3 Fig.5 Effects of AG on intestinal permeability and tight junctions in DSS
 4 challenged in vivo and in vitro models. (A) Serum LPS concentrations in mice,
 5 (B) serum DAO activity in mice, (C and F) colonic ZO-1, occluding, and
 6 claudin-1 protein abundances and immunoblotting, (D) TEER in Caco-2
 7 monolayers, and (F) FD-4 flux in Caco-2 monolayers. Data are expressed as
 8 the mean \pm standard error of the mean (n=8). Values in the same row with
 9 different superscripts are significant ($P < 0.05$). # means the $P < 0.01$ and *
 10 means $P < 0.05$.

11 Both TEER and FD-4 flux were tested to evaluate monolayer permeability in vitro
 12 model. After being exposed to DSS for 48 h, the TEER of Caco-2 monolayers
 13 dropped to more or less 50% relative to the baseline ($P < 0.01$) (Fig.5D). Consistent
 14 with the changes of TEER mentioned above, the flux of FD-4 of the monolayers
 15 challenged with DSS for 48 h was about 4 times higher relative to the baseline
 16 ($P < 0.01$) (Fig.5E). These results further demonstrated that DSS induced significant
 17 injuries of the intestinal epithelial barrier function. To test the protective effect of AG,
 18 AG was added simultaneously with DSS to Caco-2 monolayers for 48 h. As shown in
 19 Fig.5, AG ameliorated both the drop of TEER and the increase of FD-4 flux induced
 20 by DSS ($P < 0.05$).

21 Effects of AG on inflammatory cytokines expression in DSS-induced colitis

22 mRNA abundances of cytokines (i.e. IL-1 β , IL-6, IL-10, and TNF- α) were determined
 23 via RT-PCR in the colon (Fig.6A-D) and Caco-2 cells (Fig.7A-D). DSS treatment
 24 significantly enhanced colonic IL-1 β , IL-6, IL-10, and TNF- α expressions ($P < 0.05$) in
 25 mice, indicating an inflammatory response after challenging DSS. Dietary
 26 supplementation with AG markedly down-regulated IL-1 β and TNF- α expression
 27 compared with DSS group ($P < 0.05$).



1

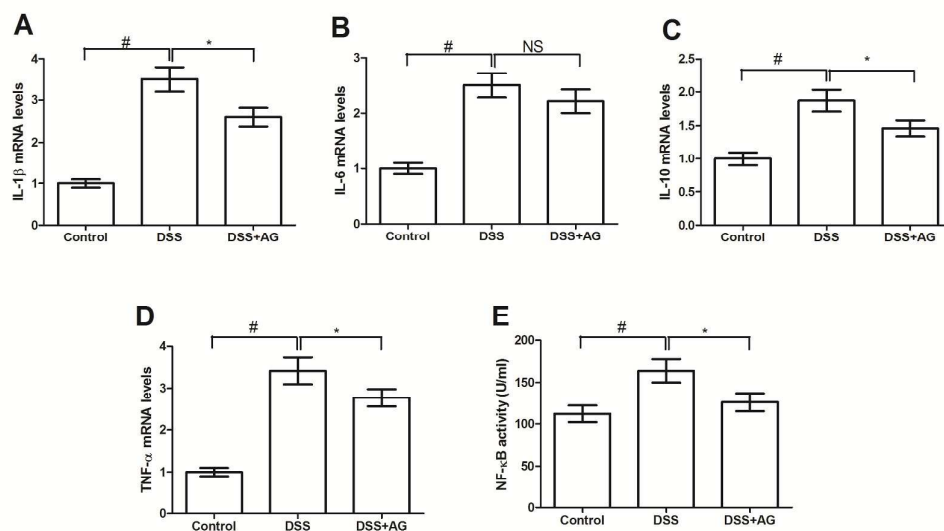
2 Fig.6 Effects of AG on inflammatory cytokine expressions and NF-κB
3 signaling pathway in DSS-induced colitis. (A) Colonic IL-1β mRNA
4 abundance, (B) colonic IL-6 mRNA abundance, (C) colonic IL-10β mRNA
5 abundance, (D) colonic TNF-α mRNA abundance, (E) colonic NF-κB activity,
6 (F) colonic total and nuclear NF-κB protein abundances, (G) immunoblotting,
7 (H) colonic IKK and p-IKK abundances, and (I) immunoblotting. Data are
8 expressed as the mean ± standard error of the mean (n=8). Values in the same
9 row with different superscripts are significant (P < 0.05).

10 Consistent with the changes of cytokines in mice, DSS exposure also markedly
11 up-regulated IL-1β, IL-6, IL-10, and TNF-α expressions (P<0.05) in Caco-2 cells
12 (Fig.7A-D). Compared with DSS treated group, AG reduced IL-1β, IL-10, and TNF-α
13 mRNA abundances (P<0.05), suggesting an anti-inflammatory function in vitro.

14 Effects of AG on NF-κB signaling pathway in DSS-induced colitis

15 As shown in Fig.6, the ELISA result showed that NF-κB activity in DSS group was
16 significant higher (P<0.05) than other three groups and the western blotting data
17 demonstrated that nuclear NF-κB abundance was increased after exposure to DSS
18 (P<0.05), while dietary supplementation with AG significantly reduced nuclear
19 NF-κB abundance in the colon (P<0.05). We further determined colonic IKK, an
20 upstream protein, and p-IKK abundances and found that DSS treatment enhanced
21 colonic IKK phosphorylation (P<0.05). Dietary AG inhibited IKK phosphorylation
22 (P<0.05) compared with DSS group, which may mediate NF-κB activation.
23 Meanwhile, we validated the effect of AG on NF-κB signaling pathway in Caco-2
24 cells and the result showed that AG significantly inhibited NF-κB activity (P<0.05),

1 which was activated by DSS exposure (Fig.7E).



2

3 Fig.7 Effects of AG on inflammatory cytokine expressions and NF- κ B activity
 4 in DSS challenged Caco-2 cells. (A) IL-1 β mRNA abundance, (B) IL-6 mRNA
 5 abundance, (C) IL-10 β mRNA abundance, (D) TNF- α mRNA abundance, and
 6 (E) NF- κ B activity. Data are expressed as the mean \pm standard error of the
 7 mean (n=5). # means the P<0.01 and * means P<0.05.

8 Discussion

9 Compelling evidences have demonstrated that DSS treatment can induce diarrhea,
 10 blood in stool, weight loss and gastrointestinal inflammation with villus atrophy, loss
 11 of crypts and ulceration, which are the main features of IBD^{3, 21}. Thus, DSS-induced
 12 colitis in mice was widely applied as a preclinical IBD model. In the present study,
 13 DSS treatment significantly affected final body weight, average daily weight gain,
 14 colon length, colon weight, rectal bleeding score, diarrhea score, and histological
 15 score in mice. Ren et al. demonstrated that dietary arginine (0.4%, 0.8%, and 1.5%) or
 16 glutamine (0.5%, 1.0% and 2.0%) supplementation could be a potential therapy for
 17 intestinal inflammatory diseases²². In the present study, we firstly reported dietary
 18 supplementation with AG reversed the diverse effects on average daily weight gain,
 19 colon weight, rectal bleeding score, diarrhea score, and histological score, suggesting
 20 a protective role of AG in DSS-induced colitis.

21 We also compared the beneficial effects of AG with co-dietary arginine and
 22 glutamine, and the results showed that both treatments exhibited a positive effect on
 23 DSS induced IBD and the beneficial effect of dietary AG was higher compared with
 24 co-dietary arginine and glutamine. Previous report suggested that the transport of

amino acids in the form of peptides is more effective than amino acids in the free form per unit of time²³. So we speculated that the absorption efficiency contributed to the difference between AG group and arg+gln group, which was confirmed by the higher serum arginine and glutamine concentrations after dietary AG.

As inflammation is intimately associated with reactive oxygen and nitrogen species (ROS/RNS), oxidative stress has been proposed as a mechanism underlying the pathophysiology of IBD^{24, 25}. Some reports suggested that novel anti-oxidative agents may become effective and less-toxic alternatives in IBD and colitis-associated colorectal cancer treatment²⁶. Compelling evidences have demonstrated that both arginine and glutamine exhibit anti-oxidative function²⁷⁻²⁹. Meanwhile, Cruzat et al. reported that oral dipeptide forms of glutamine supplementation attenuated endotoxemia induced oxidative stress in mice via reestablishing GSH content, intracellular redox status, and tissue lipoperoxidation concentration in muscle and liver⁹. In the present study, we found that dietary AG significantly reversed DSS induced oxidative stress and improved antioxidant system in vivo and vitro models.

Previous studies have indicated that DSS treatment induces intestinal injury^{30, 31}, we also found that DSS down-regulated tight junctions expression and increased intestinal permeability. Altered expression of tight junctions-related proteins has been considered to be consistent with a loss of epithelial tightness, and provides a molecular mechanism for the enhanced epithelial permeability observed in inflammatory conditions of the gut^{32, 33}, which can act as a trigger for the development of intestinal and systemic diseases. Beutheu et al. reported that arginine and glutamine restored transepithelial electrical resistance and prevented methotrexate-induced barrier disruption in Caco-2 cells³⁴. Although we failed to notice any significant beneficial effect of AG on the DSS induced intestinal tight junction dysfunction in mice, AG markedly ameliorated both the drop of TEER and the increase of FD-4 flux induced by DSS in Caco-2 monolayers.

Compelling investigations in humans and animal models have indicated that production of inflammatory cytokines and inflammation response in the gastrointestinal tract play a vital role in the progress of IBD^{4, 35, 36}. In the present study, we found that DSS upregulated IL-1 β , IL-6, IL-10, and TNF- α expressions in vivo and in vitro, while dietary AG down-regulated IL-1 β , IL-10, and TNF- α expressions, indicating a potential effect in DSS induced inflammation. Similarly, Chu et al. reported that pretreatment with alanyl-glutamine dipeptide also attenuated DSS induced inflammatory response via suppressing cytokine expressions inflammatory mediator production⁸. Meanwhile, we also noticed that co-dietary arginine and glutamine reversed IL-1 β in DSS induced colitis. Therefore, we speculated that the beneficial function of AG may originate from its effective absorption and metabolism to arginine and glutamine.

Compelling evidences have demonstrated that NF- κ B activation involves in the

pathological mechanism of IBD and its inhibitors have been widely investigated to ameliorate inflammatory diseases^{37, 38}. Present data suggested that dietary AG markedly reversed colonic NF- κ B activity and NF- κ B translocation into nucleus caused by DSS treatment. NF- κ B activation requires IKK subunits⁵, so we determined IKK and p-IKK expression and found that dietary AG significantly reduced IKK phosphorylation. Inhibition of the NF- κ B pathway decreases the protein overexpression of the downstream inflammatory mediators TNF- α and IL-6 in IBD mouse model³⁹. Sunil reported that NF- κ B inhibitor, pyrrolidine dithiocarbamate, down-regulates chemokine expressions and may be of use in IBD therapy⁴⁰.

Conclusion

The present study provides *in vivo* and *in vitro* evidence that supplementation with AG improves DSS exposure in mice and Caco-2 cells. Meanwhile, the beneficial role of AG may associate with improving antioxidant system and inhibiting NF- κ B signaling pathway. The substantial effect of AG on intestinal inflammatory signaling pathways suggests the potential of dipeptides for broad applicability in other diseases associated with inflammation and oxidative stress.

Author Contributions:

X.D. and K.L. conceived and designed the experiments; H.Y., M.D., Y.X., and N.H. performed the experiments; H.Y. and N.H. analyzed the data; H.Y. wrote the paper; K.L. reviewed the manuscript.

Competing interests

All authors have no conflict of interest.

Supplementary material

Table 1: Primers used in this study.

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