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1 **Title:**

2 **Carbohydrates-based activated carbon with high surface acidity and basicity for**
3 **nickel removal from synthetic wastewater**

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1 Abstract

2 The feasibility of preparing activated carbon (AC-CHs) from carbohydrates
3 (glucose, sucrose and starch) with phosphoric acid activation was evaluated by
4 comparing their physicochemical properties and Ni(II) adsorption performance with a
5 reference activated carbon (AC-PA) derived from *Phragmites australis*. The textural
6 and chemical properties of prepared activated carbon were characterized by N₂
7 adsorption/desorption isotherms, SEM, Boehm's titration and XPS. Although AC-CHs
8 had much lower surface area (less than 700 m²/g) than AC-PA (1057 m²/g), they
9 exhibited 45-70% larger Ni(II) adsorption capacity which could be mainly attributed
10 to their 50-75% higher contents of total acidic and basic groups. The comparison of
11 XPS analyses for starch-based activated carbon before and after Ni(II) adsorption
12 indicated that Ni(II) cation combined with the oxygen-containing groups and basic
13 groups (delocalized π -electrons) through the mechanisms of proton exchange,
14 electrostatic attraction, and surface complexation. Kinetic results suggested that
15 chemical reaction was the main rate-controlling step, and a very quick Ni(II)
16 adsorption performance of AC-CHs was presented with ~95% of maximum
17 adsorption within 30 min. Both adsorption capacity and rate of the activated carbon
18 depended on the surface chemistry as revealed by batch adsorption experiments and
19 XPS analyses. This study demonstrated that AC-CHs could be promising materials for
20 Ni(II) pollution minimization.

21 *Keywords:* Activated carbon; *Phragmites australis*; Glucose; Sucrose; Starch

1. Introduction

Nickel contamination has been regarded as a universal environmental problem, and excessive nickel compounds have been detected frequently in sediment samples from different countries during the last 20 years¹⁻⁴. As an integral metal to world economic development⁵, nickel is extensively used in many specific and recognizable products, such as nickel steels, super-alloys, electroplating and rechargeable batteries⁶. Although nickel is ubiquitous in the ecosystem and is an essential micronutrient for living organisms, nickel with high concentration derived from sewage discharge or bioaccumulation is known as an embryotoxin, a teratogen and possible carcinogen to humans and animals^{7,8}. Hence, nickel compounds have been considered as a priority pollutant by institutions around the world (e.g. EPA U.S.⁹ and WHO/IARC¹⁰). Moreover, there is an increasing demand for developing more effective techniques to remove such pollutant from wastewater. Adsorption onto functional porous carbon materials, especially activated carbon, is very simple and effective way for eliminating undesirable metal ions from contaminated water¹¹⁻¹³.

For a given adsorbate, both porous texture and surface chemistry of activated carbon have distinct effects on its adsorption capacity and rate toward^{14,15}. Pore effect (micropore filling/size exclusion) might be involved in adsorption onto porous carbon materials depending on the geometry of adsorbate and pores of activated carbon. Since Ni(II) has low ionic diameter (0.138 nm) and hydrated ionic radius (0.425 nm)¹⁶, Ni(II) species can be withheld by some narrow micropores. The well-developed structure of activated carbon can also provide a large contact area for

1 the interfacial interactions. As the most conventional hetero-complexes, oxygen
2 containing groups can delocalize electrons of the associated graphene sheets, and
3 determine the acidic or basic characters of the activated carbon surface ¹⁷. In
4 particular, the (deprotonated) acidic oxygenated groups such as carboxylic, lactonic
5 and phenolic groups are able to bind metal cations by electrostatic attraction, ion
6 exchange or complexation ^{18,19}. Additionally, the basic groups (delocalized lone-pair
7 π electrons) can form electron donor-acceptor complexes with metal ions via proton
8 exchange ($-C\pi-H_3O^+$) or coordination ($-C\pi$) ²⁰.

9 The physiochemical characteristics of activated carbon are mainly determined by
10 the carbon precursor as well as the activation method and condition. It has been
11 well-demonstrated that introduction of oxygen functionalities onto carbon materials is
12 a promising strategy to enhance its adsorption capacity of heavy metal ions ²¹⁻²⁴. After
13 activation in either gas or liquid phase with oxidants/ reductants, the
14 post-oxidation/reduction treatments of commercial activated carbon or carbon
15 materials have been successfully applied to increase the surface oxygenated groups,
16 eventually promoting adsorption ability. These modification techniques not only
17 involve time-consuming and additional processes, but also lead to a drastic reduction
18 of the total basic groups, such as the chemical treatments with H_2O_2 ²⁵, HNO_3 ²⁶,
19 $(NH_4)_2S_2O_8$, ²⁷, and O_3 ²⁸. Thus, considering the huge influence of surface chemistry
20 on the performance of carbon materials, it is interesting to explore a better/new way to
21 produce activated carbon with both high surface acidity and basicity.

22 Dissolved organic compounds, especially carbohydrates (such as glucose, sucrose

1 and starch), are especially used as carbon precursor to prepare hydrochar through
2 hydrothermal carbonization. The produced hydrochar possesses less functional groups
3 and low pore volume, which limits its application potential^{29,30}. However, limited
4 literature has been reported on synthesis of functional carbon materials directly from
5 carbohydrates by chemical activation. Based on our previous studies, the feasibility of
6 production of activated carbon by activation with organophosphorus compounds has
7 been confirmed^{18,31}. The produced activated carbon showed much higher acidic and
8 basic groups contents than activated carbon derived from conventional phosphoric
9 acid activation due to the oxidation of the radicals decomposed from
10 organophosphates. It is well known that carbohydrates are polyhydroxy aldehydes and
11 ketones with many alcoholic hydroxyl groups. Phosphoric acid can form phosphate or
12 polyphosphate esters with carbohydrates at high temperature, and the formed
13 phosphate esters are extremely unstable and easily decompose into phosphorus oxide
14 and radicals. Therefore, there is a huge possibility to prepare highly functional carbon
15 materials from carbohydrates by phosphoric acid activation.

16 The aims of this work was to investigate the feasibility of synthesizing activated
17 carbon (AC-CHs) by using carbohydrates (glucose, sucrose and starch) as carbon
18 precursors with phosphoric acid activation with high surface acidity and basicity, and
19 performance of Ni(II) removal. The specific objectives included (1) evaluating the
20 physiochemical and adsorption properties of the AC-CHs in terms of the pore
21 structure, surface chemistry and Ni(II) removal by comparing with the activated
22 carbon made from a lignocellulose material; and (2) discussing the mechanisms

1 governing Ni(II) adsorption onto the activated carbon based on batch experiments and
2 XPS analysis.

3 **2. Materials and methods**

4 **2.1. Materials**

5 All the chemical reagents (analytical grade) were used as purchased. Three types
6 of carbohydrates, namely glucose, sucrose and starch, were chosen as carbon
7 precursors. Utilization of various hydrophyte residues as carbon precursors for
8 preparing activated carbons with well-developed structure and favorable surface
9 chemistry via phosphoric acid activation has been well demonstrated by our previous
10 reports ^{18, 31, 32}. For comparison purpose, *Phragmites australis* (elemental
11 compositions: C, 45.1%; O, 48.3%; and H, 5.9%) with particle size of approx.
12 0.45-1.0 mm was used for activated carbon preparation. Ni²⁺ solution was prepared by
13 dissolving a weighed quantity of analytical grade NiCl₂ in distilled water.

14 **2.2. Preparation of activated carbons**

15 Carbon precursors were mixed with H₃PO₄ (85 wt.%) solution at a impregnation
16 ratio of 2.0 (g H₃PO₄ /precursor). After soaking at room temperature (25 °C) for 12 h,
17 the samples were heated to 450 °C and maintained for 1 h in a tubular furnace with a
18 heating rate of 10 °C/min under N₂ atmosphere (150 cm³/min). The activated samples
19 were then washed with distilled water after cooling to room temperature to obtain
20 steady pH and negative phosphate analysis in the filtrate. Afterwards, the resulting

1 activated carbons were dried at 105 °C for 12 h, and then grounded and sieved to a
2 particle size of 120-160 mesh with standard sieves (Model Φ200). Activated carbons
3 derived from glucose, sucrose, starch and *Phragmites australis* were denoted as
4 AC-Glu, AC-Suc, AC-Sta, and AC-PA, respectively.

5 **2.3. Characterization methods**

6 The main physical and chemical properties of activated carbon were characterized
7 by N₂ absorption and desorption, scanning electron microscope (SEM), Boehm's
8 titration, point of zero charge analysis and X-ray photoelectron spectra (XPS). After
9 degasing at 250 °C for 6 h, the pore texture parameters of activated carbon were
10 determined from N₂ adsorption and desorption isotherms measured at 77 K with a
11 surface area analyzer (Quantachrome Corporation, USA). Boehm's titration method³³
12 was used to quantify the amounts of acidic and basic functional groups on surface of
13 activated carbon. The determination of pH_{pzc} (point of zero charge) was carried out
14 following a batch method proposed in the literature³⁴. The surface binding state and
15 elemental speciation of the activated carbons (AC-Sta before and after Ni(II)
16 adsorption) were analyzed with an X-ray photoelectron spectrometer (XPS) (Perkin-
17 Elmer PHI 550 ESCA/SAM). All the spectra were corrected by C 1s (284.6 eV) band.

18 **2.4. Nickel adsorption**

19 Batch adsorption experiments were performed to investigate the effects of contact
20 time, initial Ni (II) concentration (10-60 mg/L), solution pH (2.0-7.0), and ionic

1 strength (0-500 mM NaCl) on adsorption performance. They were carried out by
2 adding 30 mg carbon into 50 mL Ni(II) solution and shaken at 200 rpm in a
3 temperature controlled shaking water bath for 24 h. In most experiments, solution pH
4 was adjusted to a certain value (6.0) by adding 0.1 mol/L NaOH or HCl and measured
5 with a pH-meter (Model PHS-3C, Shanghai). After shaking at 25 °C for 24 h, the solid
6 and liquid phases were separated using 0.45 µm membrane filter. Ni(II) concentration
7 in the filtrate was determined using an atomic absorption spectrophotometer (180-80,
8 Hitachi, Japan). Ni(II) adsorbed onto carbon, Q_e (mg/g), was calculated by a mass
9 balance: $Q_e = (C_0 - C_e)V/M$, where C_0 and C_e are the initial and equilibrium
10 concentrations of the heavy metal ions in aqueous solution (mg/L), respectively; V is
11 the volume (L) of Ni(II) solution, and M is the mass of carbon used (g). All bath
12 adsorption experiments were performed in triplicate and the results were averaged.

13 3. Results and discussion

14 3.1. Textural characteristics of adsorbents

15 N₂ adsorption and desorption isotherms and pore size distributions for activated
16 carbons are depicted in Fig. 1. Mesoporous structure for each activated carbon was
17 indicated by the presence of hysteresis for each isotherm at P/P₀ above 0.4 (Fig. 1a).
18 The results also can be confirmed by pore size distributions that the carbon had some
19 pores with pore width between 2 and 16 nm (Fig. 1b). AC-PA exhibited a much wider
20 pore size distribution (pore width: ~16 nm) than other activated carbon (below 10 nm).
21 The textural parameters of the carbon materials are shown in Table 1. AC-PA

1 possessed the largest surface area, V_{mic} and V_{ext} than the carbon (AC-CHs) derived
2 from carbohydrates, which mainly consisted of mesopores with a mesoporosity of
3 about 90% ($V_{\text{ext}}/V_{\text{tot}}$). For AC-CHs, AC-Sta was nearly nonporous with the lowest
4 surface area (12.1 m²/g) and pore volume (0.008 cm³/g), whereas AC-Glu and
5 AC-Suc exhibited micro-mesoporous structure and higher pore volume.

6 The surface morphology of carbon was also characterized using SEM images (Fig.
7 2a). The highest surface area of AC-PA could be further evident from these SEM
8 images as AC-CHs showed less porous structure than AC-PA. Some broken bubbles,
9 fragments or particles were observed on the surface of AC-CHs, reflecting the
10 formation of highly cross-linked structure, decomposition of phosphates, and release
11 of radical species, as reported in our previous papers^{32,35}. These reactions eventually
12 resulted in their porous structure and surface chemistry (Section 3.2).

13 **3.2. Chemical characteristics of adsorbents**

14 As shown in Fig. 2b, the XPS survey spectra of the carbon revealed that the
15 surface elemental compositions consisted mainly of carbon and oxygen, representing
16 that these acidic and basic groups were derived from the combination of carbon
17 and/or oxygen complexes. The stronger oxygen peaks and the higher O/C% of
18 AC-CHs indicated that they possessed much more oxygen-containing functional
19 groups than AC-PA, which were consistent with the results of Boehm's titration (see
20 Table 1). As AC-CHs were porous (except AC-Sta), a large portion of the
21 oxygen-containing groups was located internally of the pores. However, XPS could

1 only detect the surface elemental compositions. Thus, although AC-Glu presented the
2 highest surface acidity, it showed a relatively low O/C%. It can be also recognized
3 that the order of O/C% of each carbon was in agreement with its density of acidity
4 based on the surface area (see [Table 1](#)).

5 Generally, carboxyl, phenolic hydroxyl and lactonic groups are acidic, while, the
6 basicity of activated carbon derives primarily from delocalized π -electrons of
7 graphene structure with small contribution from oxygen containing surface
8 functionalities (such as pyrene, chromene and quinone)^{36, 37}. The main surface
9 chemical properties of the carbon are listed in [Table 1](#). Obvious differences existed
10 between the amounts of acidic and basic functional groups of the carbon, confirming
11 the observed pH_{pzc} existed within acidic range. AC-CHs contained notably larger
12 amounts of acidic and basic groups than AC-PA. The amount of acidic groups on the
13 carbon followed an order of carboxyl > phenol > lactone.

14 **3.3. Adsorption isotherms**

15 Adsorption isotherms of Ni(II) on carbon are shown in [Fig. 3](#). The adsorption data
16 were fitted to the Langmuir ($Q_e = Q_m K_L C_e / (1 + K_L C_e)$) and Freundlich models ($Q_e =$
17 $K_F C_e^{1/n}$), where Q_m (mg/g) is the monolayer adsorption capacity, K_L (L/mg) is the
18 Langmuir constant, K_F ($\text{mg}^{1-1/n} \text{L}^{1/n}/\text{g}$) is the Freundlich affinity coefficient, and n is
19 the adsorption intensity. The relative parameters calculated from the Langmuir and
20 Freundlich isotherm models are listed in [Table 2](#). The adsorption isotherms for the
21 carbon along with the non-linear fit of experimental data are presented in [Fig. 3](#). As

1 shown in the [Table 2](#) and [Fig. 3](#), the Langmuir model fitted the data better than the
2 Freundlich model with higher R^2 and lower APE, implying that Ni(II) adsorption on
3 activated carbon was a monolayer adsorption due to the strong adsorption interactions.
4 The values of exponent $1/n$ were in the range of 0-1, which indicated a favorable Ni(II)
5 adsorption.

6 The Q_m calculated from the Langmuir isotherm has widely been used to quantify
7 and compare the adsorption capacities of different adsorbents, assisting in
8 optimization design of adsorption system. The Q_m values of AC-CHs were much
9 higher than that of AC-PA, meaning that these carbohydrates could be used as excellent
10 precursor for preparing activated carbon with relatively high adsorption capacity of
11 Ni(II). With comparison of the Q_m values based on the surface area, micropore
12 volume, and surface functionality ([Table 2](#)), no apparent correlation could be
13 generalized based on the surface area and porosity, whereas the $Q_m/\text{total groups}$
14 (mg/mmol) could roughly correspond to surface acidities and total groups of the
15 carbon, implying that surface chemistry was the dominated factor influencing Ni(II)
16 adsorption.

17 As shown in [Table 2](#), the nonporous carbon (AC-Sta) exhibited dramatically
18 higher Q_m/S_{BET} and Q_m/V_{mic} than other porous carbon materials (AC-Glu, AC-Suc and
19 AC-PA, surface area above $450 \text{ m}^2/\text{g}$), but slightly lower $Q_m/\text{acidity}$ (13.86 mg/ mmol)
20 than AC-Glu, AC-Suc and AC-PA ($14.71\text{-}14.92 \text{ mg/ mmol}$). Micropore-filling effect
21 was expected to occur when pore size of carbon and diameter of (hydrated) nickel
22 cation were similar. Furthermore, AC-Suc had much larger S_{BET} and slightly less

1 acidic groups than AC-Sta, and its Q_m (42.4 mg/g) was slightly larger than that of
2 AC-Sta (41.1 mg/g). Therefore, it can be concluded that micropore-filling contributed
3 to Ni(II) adsorption. However, the minor differences in Q_m /acidity values elucidated
4 that such pore effect was weak and even could be negligible in comparison to the
5 effect of surface chemistry.

6 Generally, the isotherm-fitting cannot provide any strong evidence for the actual
7 adsorption mechanisms. The differences in Ni(II) adsorption capacity was principally
8 due to the amount of surface groups of carbon. Based on the literature^{38, 39} and our
9 previous findings^{18, 21}, chemical adsorption mechanisms of metal cation on activated
10 carbon mainly include electrostatic attraction, ion exchange, and complexation. Thus,
11 to further identify these adsorptive interactions between Ni(II) and the carbon surface,
12 the influence of solution pH and ionic strength on Ni(II) adsorption and the XPS
13 analysis of AC-Sta (nonporous carbon materials) before and after Ni(II) adsorption
14 were further investigated.

15 **3.4. Effect of pH**

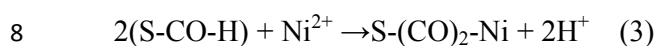
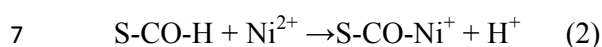
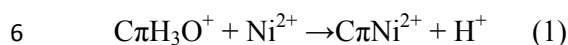
16 The species of Ni(II) in aqueous solution are strongly dependent on solution pH.
17 Since Ni(OH)₂ has a low solubility ($K_{sp} = 2.0 \times 10^{-15}$)⁴⁰, it can be formed easily at
18 weak alkaline conditions. The pH for precipitation of Ni²⁺ solution at initial
19 concentration ranging from 10 to 50 mg/L is 8.53-8.15. Thus, during the batch
20 experiments, solution pHs were controlled in the range of 2.0–7.0 to avoid
21 precipitation. Fig. 4a shows Ni(II) adsorption was strongly affected by solution pH.

1 The adsorption of Ni(II) increased sharply as the pH increased from 2 to 4, then grew
2 slowly at pH 4-7. The predominant species of Ni(II) in aqueous solution under pH
3 below 7.0 were Ni^{2+} cation with a very small part of $\text{Ni}(\text{OH})^+$ ⁴¹. Thus, Ni(II)
4 adsorption was mainly governed by the changes of H^+ concentration and surface
5 charges of the carbon.

6 At lower initial pHs, the higher concentration of H^+ ions effectively enhanced
7 cations competition with Ni^{2+} for adsorption sites. Meanwhile, the delocalized π
8 electrons ($-\text{C}\pi$) of graphene layers in activated carbon formed electron donor-acceptor
9 complexes with H_3O^+ molecules^{20, 42}, leading to the stronger electrostatic repulsion
10 between carbon surface and Ni^{2+} cations. At higher pHs, the competition between H^+
11 and Ni^{2+} became weak, and the surface of carbon gradually became negatively
12 charged due to deprotonation of $-\text{C}\pi-\text{H}_3\text{O}^+$ and dissociation of acidic groups. Thus,
13 more Ni(II) cations passing through the carbon surface could be eventually adsorbed
14 by enhanced electrostatic attraction.

15 The final pH of the adsorption system and the control system were examined for
16 evaluating the ion exchange mechanisms (Fig. 4b). At low pH, the basic groups of
17 activated carbon neutralize excessive H^+ ions, while at high pH the acidic groups
18 neutralize excessive OH^- ions. The tested carbon possessed a certain acidity and
19 basicity, and thus resulted in an increase/a decrease of the final pH at initial solution
20 pH below/above pH_{pzc} s of the carbons for the control systems (Fig. 4b). It was
21 obvious that final pH of each adsorption system were much lower than that of control
22 system, indicating that Ni(II) adsorption was accompanied by releasing H^+ ions into

1 the bulk solution, because the protons in $-C\pi-H_3O^+$ could be exchanged by Ni(II)
2 cations via proton exchange. In addition, the H atom in acidic groups (carboxylic and
3 phenolic groups) could also be replaced by metal ions. Hence, these two reactions
4 produced H^+ ions and reduced the solution pH. The mechanisms of ion exchange for
5 Ni(II) adsorption are described schematically as follows:



9 where S is the carbon surface, and COH presents the phenolic hydroxyl or carboxyl.

10 **3.5. Effect of ionic strength**

11 The effect of ionic strength (NaCl) on Ni(II) adsorption was studied. [Fig. 5a](#)
12 shows that distribution coefficient ($K_d = (C_0 - C_e)V/(C_eM)$, L/g) decreased considerably
13 with increase in ionic strength. It suggested that due to high sensitivity to ionic
14 strength variations⁴³, Ni(II) cations were adsorbed on carbon by ionic interactions
15 corresponding to cation exchange, electrostatic attraction, and outer-sphere surface
16 complexation^{44,45}. The reduction in Ni(II) adsorption onto AC-CHs was more
17 obvious than that onto AC-PA. For example, when NaCl concentration varied from 0
18 to 0.5 mol/L, the K_d for AC-Glu and AC-PA was reduced from 7.4 to 1.8 L/g and 2.1
19 to 0.67 L/g, respectively. This difference was attributed to their larger contents of
20 functional groups, which further confirmed that surface chemistry of activated carbon
21 was mainly responsible for Ni(II) adsorption.

1 [Fig. 5b](#) illustrates that final pH of the samples was independent on solution ionic
2 strength, which suggested that the sites of proton exchange were exhausted after
3 adsorption at different ionic strength. Thus, the Ni(II) adsorption suppression caused
4 by increase of ionic strength was owing to the direct competition of Na^+ . The high
5 concentration of Na^+ neutralized the negative surface charge of the carbon and
6 reduced the activity coefficient of Ni(II), thereby limiting Ni(II) transfer from solution
7 to the carbon surface and further reducing adsorption of Ni(II).

8 **3.6. XPS analysis**

9 In the [Sections 3.4 and 3.5](#), it has been proposed that Ni(II) adsorption was
10 accompanied by proton release, which was recognized as ion exchange mechanisms.
11 Besides, surface complexes formation was also observed by adsorption experiments
12 and XPS analyses ⁴⁶. The $-\text{C}\pi$ electrons and oxygen atoms with a pair of free electron
13 in ketone, lactone or ether groups could be involved in the Ni(II) ions adsorption via
14 noncovalent electron donor-acceptor interactions. To further determine the role of
15 surface groups in Ni(II) adsorption, the surface binding states of AC-Sta and
16 Ni(II)-adsorbed AC-Sta (AC-Sta-Ni) were analyzed. The XPS survey spectra together
17 with fitted C 1s, O 1s and Ni 2p spectra are presented in [Fig. 6](#). The Ni 2p peak was
18 observed from the XPS survey spectrum of AC-Sta-Ni, confirming the presence of
19 metal complexes on carbon surface ([Fig. 6a](#)). The peaks at 856 eV and 861 eV (Ni
20 2p_{3/2}, [Fig 6b](#)) indicated the bonding between Ni(II) ions and oxygen functional
21 groups (such as $-\text{C}-\text{O}$, $-\text{COO}$, $\text{C}-\text{O}-\text{C}$) ^{47, 48}.

1 The deconvolution of the C 1s spectrum for AC-Sta was considered in the forms
2 of graphitized carbon at 284.6 eV, phenol, alcohol and ether at 286.2 eV, carbonyl at
3 287.3 eV, carboxylic or ester groups at 288.7 eV, and π - π^* transitions at 290.5 eV ³⁸,
4 ⁴⁹. Significant changes were observed in the C 1s spectra before and after Ni(II)
5 adsorption. A part of the peak for C=C of graphitized carbon was reduced, and the
6 peak for π - π^* transitions was disappeared after adsorption (Fig 6c and d). The results
7 revealed that coordination was established with Ni²⁺ ions and π electrons of the
8 carbon.

9 In addition, XPS survey spectra showed that after Ni(II) adsorption, the O/C% of
10 AC-Sta decreased from 145% to 133%, which suggested the involvement of
11 oxygen-containing functional groups in Ni(II) adsorption. The O 1s spectrum of
12 AC-Sta was resolved into three components corresponding to: (I) C=O groups
13 (carbonyl groups) at 531.2 eV, (II) C-OH or C-O-C groups (hydroxyl or ether) at
14 532.4 eV, and (III) O=C-O groups (anhydride, lactone, or carboxylic acids) at 533.4
15 eV ³⁹. Furthermore, it can be observed in Fig. 6e and f that the three differentiated
16 peaks shifted apparently to higher binding energy sides after metal adsorption,
17 reflecting that O atoms in these groups donated a lone pair of electrons to form
18 complexes with Ni(II) ions. Similarly, the trend coincided with the slight shifts of
19 peaks 2, 3 and 4 for C 1s after Ni(II) adsorption (Fig. 6 d).

20 **3.7. Adsorption kinetics studies**

21 Since adsorption is a surface phenomenon, adsorption rate is influenced by both

1 pore characteristics and surface chemical properties of the adsorbents. Thus, in order
2 to further evaluate the main factor that controlled the Ni(II) adsorption rate, the effect
3 of contact time on metal ion uptake in terms of determining Ni(II) adsorption
4 equilibrium time were performed. It can be observed from Fig. 7 that the adsorption
5 increased rapidly in the first 30 min, and then continued to rise gradually and got
6 equilibrium within 3 h for all samples. Equilibrium adsorption capacity of Ni(II), Q_e
7 (mg/g), increased as the increment of initial concentration due to the increased driving
8 force caused by Ni(II) concentration gradient. Ni(II) adsorption rates and ability of
9 AC-CHs were significantly higher than those of AC-PA at the three initial Ni(II)
10 concentrations, reflecting a better Ni(II) adsorption performance. It is worthy to note
11 that 95% of maximum adsorption capacity was achieved within 30 min for all
12 samples, indicating that the AC-CHs could be desirable adsorbents for wastewater
13 treatment plant applications.

14 Figure 7 shows the simulation of Ni(II) adsorption data using nonlinear
15 pseudo-second order model. Obviously, pseudo-second order model fitted the
16 experimental data very well (Fig. 7). The good fit ($R^2 > 0.999$) indicated a
17 predominant chemisorption rate-controlling mechanism, which also could be
18 demonstrated based on the similar equilibrium time for Ni(II) adsorption on AC-Glu,
19 AC-Suc and AC-Sta and their longer equilibrium time in comparison with that on
20 AC-PA. As S_{BET} and V_{mic} of AC-Sta were very small and could be negligible when
21 comparing with the other three carbon (Table 1), intraparticle diffusion for Ni(II)
22 adsorption was very limited. Accordingly, this phenomenon suggested that the internal

1 and external surfaces of the porous carbon were easily accessible for Ni(II) ions.
2 Regarding AC-CHs, AC-Glu had the quickest initial adsorption, as it had the highest
3 contact area and the most probable adsorption sites. For the four carbon samples,
4 AC-PA represented the shortest equilibrium time and lowest adsorption capacity as it
5 contained the least probable adsorption sites (acidic and basic groups).

6 **4. Conclusion**

7 This study demonstrated that the three carbohydrates, glucose, sucrose and starch,
8 can be used as promising carbon precursors for developing activated carbon with
9 favorable physicochemical characteristics and high Ni(II) adsorption capacity by
10 phosphoric acid activation. The results of physical and chemical analyses indicated
11 that the carbohydrates-based activated carbon (AC-CHs) exhibited less surface area
12 but higher surface acidity and basicity than activated carbon derived from
13 conventional lignocellulose material (*Phragmites australis*). The Ni(II) adsorption
14 capacity of AC-CHs was notably higher than that of AC-PA, which was mainly
15 attributed to their larger contents of both acidic and basic groups. As revealed by the
16 batch Ni(II) adsorption experiments and XPS analysis, the proton exchange,
17 electrostatic interaction, and complexation between Ni(II) cations and delocalized π
18 electrons of graphene surface/oxygenated acidic functionalities were mainly
19 responsible for Ni(II) adsorption on activated carbon. The adsorption rate of Ni(II)
20 was controlled by interactions between Ni(II) ions and functional groups of the carbon.
21 There results confirmed that the Ni(II) adsorption capacity and rate were controlled by

1 the surface chemistry of activated carbon. To date, no relevant research has been
2 reported, so that more research for choosing suitable activation parameters is
3 necessary for using as an alternative to the traditional carbon precursors as well as
4 developing of effective adsorbents to treat Ni contaminated water.

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7 **Figure captions:**

- 8 Fig. 1 - N₂ adsorption and desorption isotherms (a) and pore size distributions (b) of
- 9 the carbons.
- 10 Fig. 2 - Surface morphology (a) and XPS survey spectra (b) of the carbons.
- 11 Fig. 3 - Adsorption isotherms of nickel on unit mass basis for the carbons.
- 12 Fig. 4 - Effect of pH on nickel adsorption by the carbons (a).
- 13 Fig. 5 - Effect of ionic strength (NaCl) on nickel adsorption (a) by the carbons and
- 14 solution pH (b).
- 15 Fig. 6- XPS spectra for AC-Sta before and after nickel uptake: survey spectra (a), Ni
- 16 2p_{3/2} (b), C 1s (c) and (d), and O 1s (e) and (f).
- 17 Fig. 7 - Adsorption kinetics of nickel on AC-Glu (a), AC-Suc (b), AC-Sta (c) and
- 18 AC-PA (d) at three initial concentrations.

Table 1

Textural and chemical characteristics of the carbons.

Activated carbon	AC-Glu	AC-Suc	AC-Sta	AC-PA
^a S_{BET} (m ² /g)	698	460	12.1	1057
^b V_{mic} (cm ³ /g)	0.132	0.123	0.003	0.151
$V_{\text{mic}}/V_{\text{tot}}$ (%)	26.2	48.8	37.5	13.5
V_{ext} (cm ³ /g)	0.372	0.129	0.005	0.966
^c V_{tot} (cm ³ /g)	0.504	0.252	0.008	1.117
^d Carboxylic groups (mmol/g)	1.214	1.062	1.117	0.836
^d Lactonic groups (mmol/g)	0.908	0.764	0.777	0.386
^d Phenolic groups (mmol/g)	1.166	1.045	1.071	0.701
^d Total acidity (mmol/g)	3.288	2.871	2.965	1.923
Density of acidity (*10 ⁻³ mmol/m ²)	4.71	6.22	245	1.83
^d Total basicity (mmol/g)	2.016	1.873	1.943	1.113
Total groups (mmol/g)	5.304	4.744	4.908	3.036
^e pHpzc	6.71	6.15	6.12	5.87
^f O/C % (weight ratio)	102.2	116.4	145.3	84.9
^g P%	BDL	BDL	BDL	BDL

^aBET surface area (S_{BET}) was determined by using the Brunauer -Emmett-Teller (BET) theory.

^bMicropore surface area (S_{mic}) and micropore volume (V_{mic}) were evaluated by the t-plot method.

^cTotal pore volume (V_{tot}) was determined from the amount of N₂ adsorbed at a P/P₀ around 0.95.

^dBoehm's titration. ^epHpzc: point of zero charge. ^aDetermined by X-ray photoelectron spectroscopy (XPS). ^fBelow detectable level.

Table 2.

Langmuir and Freundlich isotherm constants for the nickel adsorption onto the carbons.

Isotherm models	Constants	Carbons			
		AC-Glu	AC-Suc	AC-Sta	AC-PA
Langmuir	K_L (L/mg)	0.8516	0.9752	1.001	0.9528
	Q_m (mg/g)	48.5	42.4	41.1	28.7
	Q_m/S_{BET} (mg/m ²)	6.92	9.22	339	2.72
	Q_m/V_{mic} (mg/cm ³)	3.67	3.45	137	1.90
	$Q_m/acidity$ (mg/mmol)	14.87	14.77	13.86	14.92
	$Q_m/total\ groups$ (mg/mmol)	9.14	8.94	8.37	9.45
	R^2	0.9998	0.9981	0.9994	0.9996
	APE (%)	1.15	2.76	2.15	2.09
Freundlich	K_F (mg/g (L/mg) ^{1/n})	24.96	23.03	22.71	17.24
	$1/n$	0.2128	0.1941	0.1903	0.1509
	R^2	0.9299	0.9731	0.9497	0.9346
	APE (%)	4.22	4.53	5.58	6.19

$$APE (\%) = \frac{\sum_{i=1}^N |(q_e(\text{exp}) - q_e(\text{cal})) / q_e(\text{exp})|}{N} \times 100, \text{ where } N \text{ is the number of experimental data points.}$$

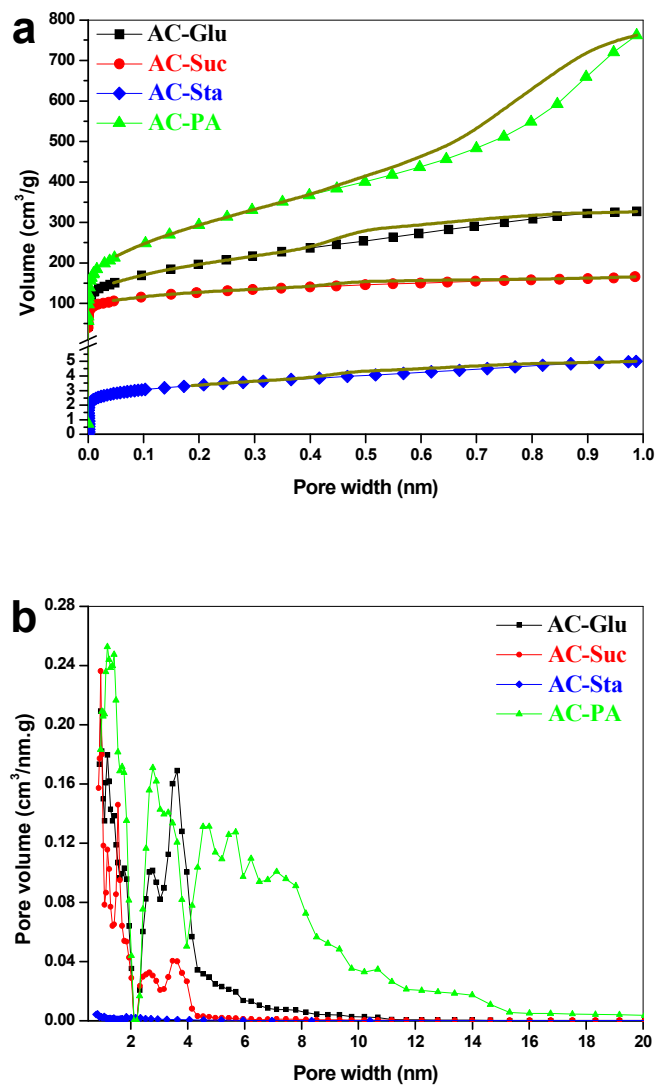


Fig. 1 - N₂ adsorption and desorption isotherms (a) and pore size distributions (b) of the carbon samples.

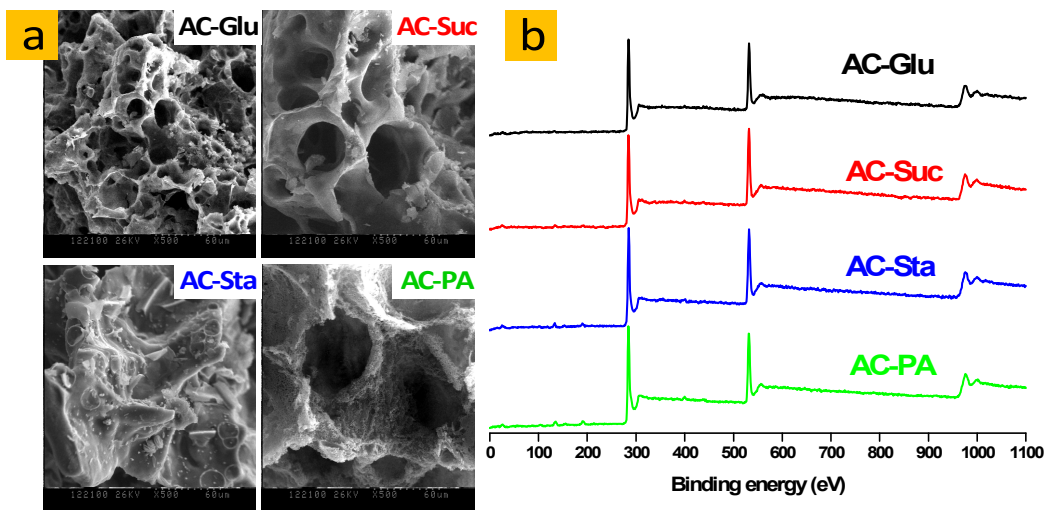


Fig. 2 - Surface morphology (a) and XPS survey spectra (b) of the carbon samples.

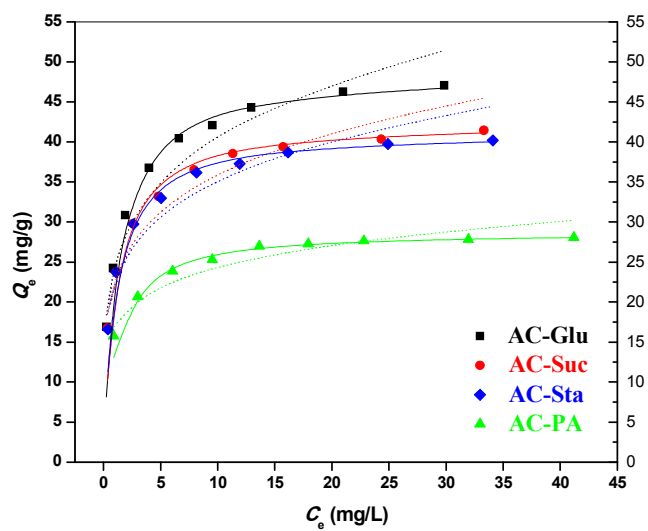


Fig. 3 - Adsorption isotherms of nickel on unit mass basis for the carbon samples. Solid lines represent the Langmuir isotherms and dash lines represent the Freundlich isotherms (dosage = 0.6 g/L, temperature = 25 ± 2 °C, initial pH = 6.00 ± 2 , time = 24 h).

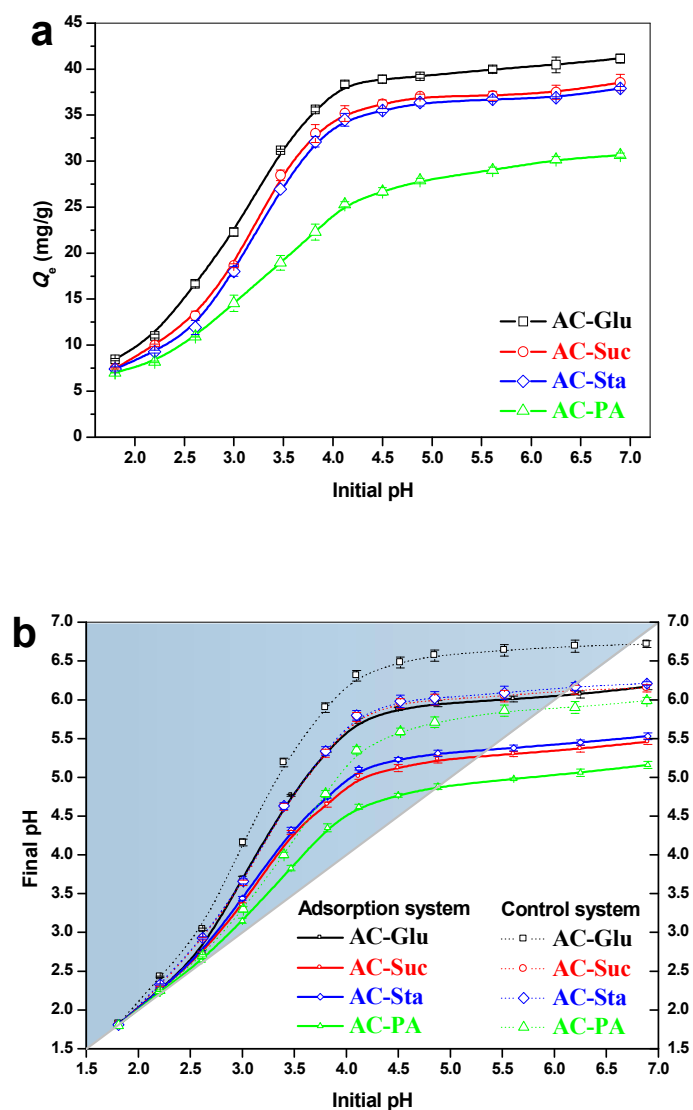


Fig. 4 - Effect of pH on nickel adsorption by the carbon samples (a). The effect of nickel adsorption on solution pH (b): adsorption system and control system are the batch experiments by adding carbon sample to nickel solution or distilled water with different initial pH (dosage = 0.6 g/L, temperature = 25 ± 2 °C, initial pH = 6.00 ± 2 , time = 24 h).

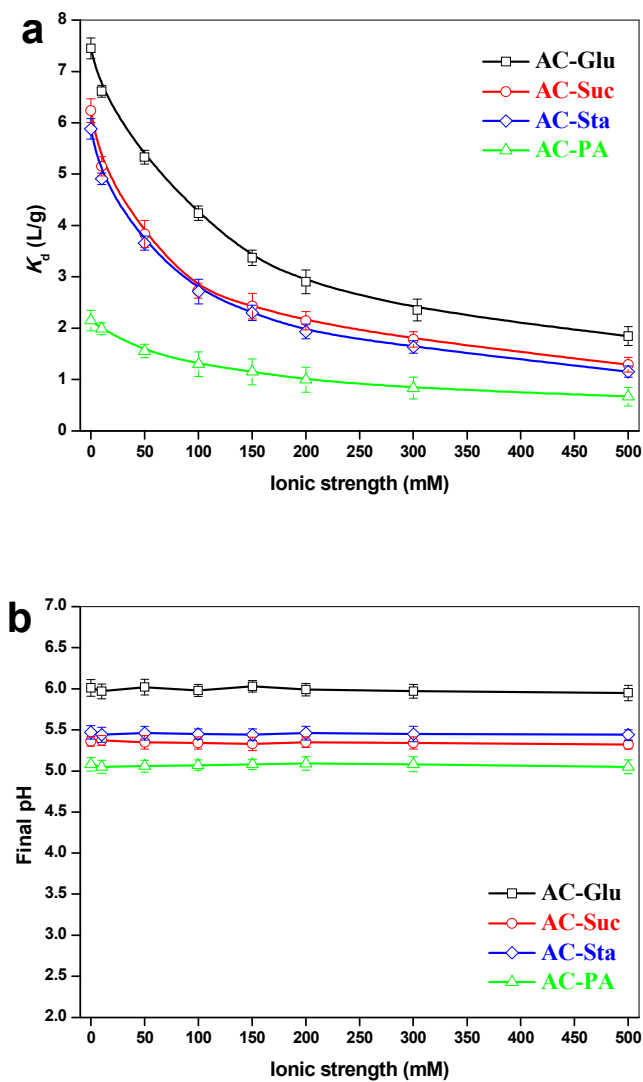


Fig. 5 - Effect of ionic strength (NaCl) on nickel adsorption (a) by the carbon samples and solution pH (b) (dosage = 0.6 g/L, temperature = 25 ± 2 °C, initial pH = 6.30 ± 2 , time = 24 h).

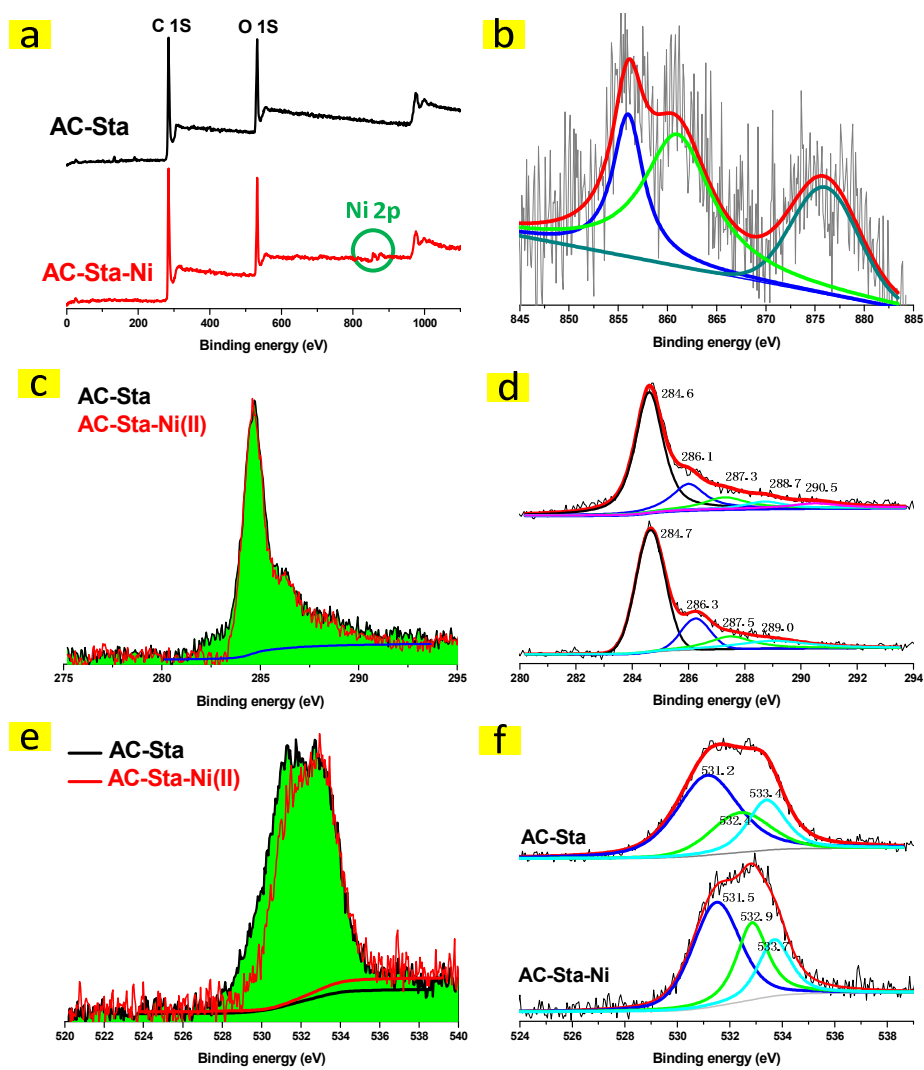


Fig.6- XPS spectra for AC-Sta before and after nickel uptake: survey spectra (a), Ni 2p_{3/2} (b), C 1s (c) and (d), and O 1s (e) and (f).

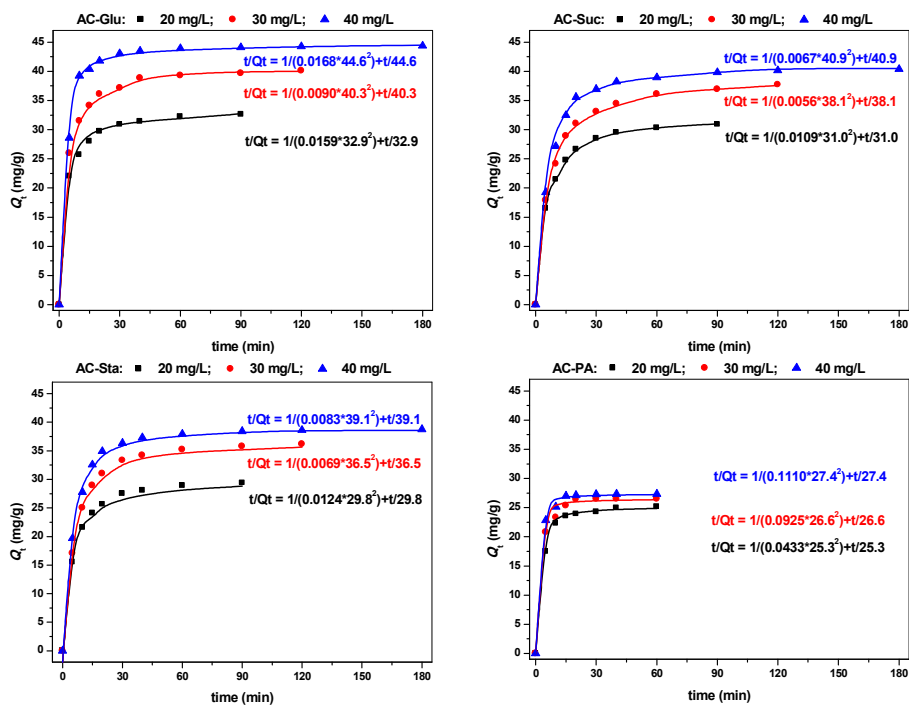


Fig. 7 - Adsorption kinetics of nickel on AC-Glu (a), AC-Suc (b), AC-Sta (c) and AC-PA (d) at three initial concentrations. Lines represent the adsorption data fitted with the pseudo-second order mode ($t/Q_t = 1/K_2Q_e^2 + t/Q_e$) (dosage = 0.6 g/L, temperature = 25 ± 2 °C, initial pH = 6.00 ± 2).