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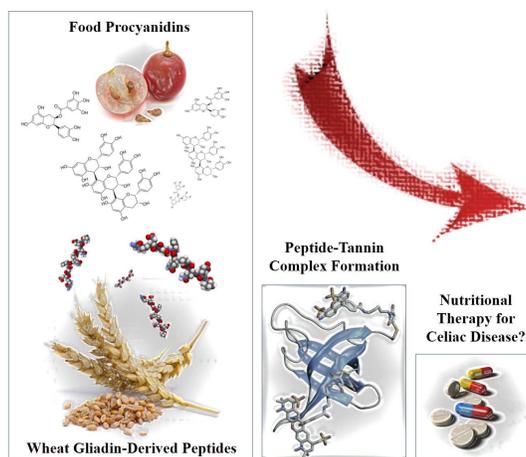
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1 The Interaction between Tannins and Gliadin Derived 2 Peptides in a Celiac Disease Perspective

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8 GRAPHICAL ABSTRACT



18 The demonstration that food tannins are able to complex with gliadin-derived peptides, in a way that is
19 dependent on both structural features, highlights their potential as modulators of Celiac Disease.

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TEXTUAL ABSTRACT

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Given the high prevalence and lack of therapeutic means to treat celiac disease, the search for drugs and nutraceuticals that can block the initial stages of this chronic inflammatory disorder is a priority. Among the diversity of polyphenols, tannins have been described as the most reactive towards proline-rich proteins, which are structurally similar to gliadin peptides responsible for the onset of celiac disease. Therefore, the aim of this work was to verify the ability of different food tannins to interact with gliadin derived peptides, using fluorescence quenching and dynamic light scattering experiments. For that, a commercial raw extract of wheat gliadins was subjected to *in vitro* digestion followed by fractionation of the partially degraded peptides by semi-preparative HPLC. Each one of the seven collected mixtures were then characterized by ESI-MS/MS to identify their peptide composition. Using procyanidin B3, procyanidin trimers, procyanidin tetramers and an oligomeric mixture of high molecular weight procyanidins it was demonstrated, for the first time, that the association between those tannins and gliadin-derived peptides may occur, although in different contexts. Indeed, at the micromolar level it was observed by means of fluorescence assays that the size and structural features of the polyphenols is related to their quenching ability as a result of specific interactions or complex formation. At the millimolar level by using DLS, it was concluded that the procyanidins reactivity towards different peptide mixtures is mainly dependent on the peptide size with drastic effects on the dimension of the resulting aggregates. Overall, this study clearly opens new therapeutical perspectives for celiac disease, by using phenolic compounds as a nutraceutical approach to enhance the return of the full intestinal function in patients who show incomplete recovery in response to a gluten-free diet.

Keywords: Celiac Disease, Polyphenols, Tannins, Tannin-Protein Interactions

62 Introduction

63

64 Widely distributed in almost all plant foods and beverages, polyphenols are a group of natural compounds
65 that are characterized by the presence of more than one phenolic unit per molecule.¹ According to their
66 structure, they are usually divided into hydrolysable tannins and phenylpropanoids, a subgroup that
67 comprises lignins, flavonoids and condensed tannins. Overall the last years, several healthy effects have been
68 attributed to the consumption of plant polyphenols as they provide a significant protection against the
69 development of several chronic diseases including cardiovascular and neurodegenerative diseases, cancer,
70 diabetes, osteoporosis, infections, aging, asthma, etc..² Recently, this versatile compounds proved to be
71 effective in the inhibition of HIV as well of HSV.^{3,4} Besides these biological activities, some antinutritional
72 effects have also been reported for dietary tannins due to their ability to complex specific proteins,^{5,6} namely
73 digestive enzymes and salivary proteins.⁷ In particular, the aptitude of tannins to bind proteins in a specific
74 and selective manner⁸ may further increase their potential applications in diverse knowledge fields as is the
75 case of toxicology where tannin-protein complexes have been used as snake venom antidotes.^{9,10} Given the
76 occurrence of several diseases caused by an inflammatory response to dietary proteins as well as the
77 recognition that polyphenols may modulate the immune reactivity to those ones, the study of the interaction
78 mechanism by which they potentially bind these proteins attain a great importance.¹¹

79 Celiac Disease (CD) is an acquired and prevalent food hypersensitivity disorder caused by permanent
80 intolerance to ingested wheat gluten (mainly composed by gliadins and glutenins) and similar proteins of
81 barley (secalins), rye (hordeins) and oats (avenins).^{12,13} Chronic inflammation of the small intestinal mucosa
82 typically results in villous atrophy, crypt hyperplasia, dense lymphocytic infiltration and a variety of clinical
83 symptoms that differ according to the age group.¹⁴⁻¹⁶ The principal toxic components of wheat gluten, the
84 environmental stimuli responsible for both initiation and maintenance of the disease process have been
85 identified and belong to a family of closely related proline and glutamine-rich proteins designated
86 gliadins.^{17,18} These are mainly monomeric proteins with molecular weights around 28-55 kDa that are poorly
87 digested in the human upper gastrointestinal tract.^{19,20} Despite the high prevalence and severe symptoms,
88 presently, the only accepted treatment for celiac disease involves the strict dietary abstinence from these food
89 grains.²¹ However, a complete avoidance of gluten is not easily achieved. It takes time, motivation and
90 patience to become accustomed to such a diet. On the other hand, gluten-free products are not widely
91 available and are usually more expensive than their gluten-containing counterparts.^{20,22} Among the diversity
92 of polyphenols, tannins have been described as the most reactive towards proline-rich proteins (PRPs), which
93 are structurally similar to celiac reactive peptides (CRPs).^{23,24} As these bioactive compounds present low
94 intestinal absorption and suffer reduced metabolism in the human digestive system, they remain in the small

95 intestine for extended periods of time,²⁵ a feature that consents their interaction with gliadins and/or CRPs
96 through essentially hydrophobic and hydrogen bonding.²⁶ Therefore, tannins present a good potential as
97 therapeutic agents for blocking the development of CD from both a nutraceutical and a pharmacologic point
98 of view. Hence, the main goal of this study was to verify, for the first time, the ability of food tannins to
99 interact with gliadin derived peptides, after their in vitro digestion.

100

101 **Experimental**

102

103 **Reagents**

104 All organic solvents used in this study were of analytical grade. Acetonitrile was purchased from Panreac
105 while trifluoroacetic acid was obtained from Sigma-Aldrich. Pepsin from porcine gastric mucosa, pancreatin
106 from porcine pancreas, α -chymotrypsin from bovine pancreas and gliadin from wheat were also acquired
107 from Sigma-Aldrich.

108

109 **Grape Seed Tannin Isolation**

110 Condensed tannins were extracted from *Vitis vinifera* grape seeds and fractionated through a TSK Toyopearl
111 HW-40(S) gel column (100 mm x 10 mm i.d., with 0.8 mL.min⁻¹ of methanol as eluent), according to the
112 method described in the literature.^{27,28} Fraction II, obtained after elution with methanol/ 5% acetic acid (v/v)
113 for about 14 h, contained mainly mono- and digalloylated procyanidin pentamers, hexamers and galloylated
114 procyanidin heptamers, as determined by direct analysis through Electrospray Ionization Mass Spectrometry
115 (ESI-MS) (Finnigan DECA XP PLUS).²⁹ The mean molecular weight of that fraction (1524) was estimated
116 based on the relative abundance of each flavanol present.

117

118 **Procyanidin B3, Procyanidin Trimer T1 and Procyanidin Tetramer TT1 Synthesis**

119 Procyanidin B3, procyanidin trimer T1 and procyanidin tetramer TT1 were obtained by hemisynthesis using
120 (+)-taxifolin and (+)-catechin (Supplementary Information).^{30,31} Following a TSK Toyopearl HW-40(S) gel
121 column (300 mm x 10 mm i.d., with 0.8 mL.min⁻¹ of methanol as eluent), coupled to a UV-Vis detector
122 (Gilson 115), several fractions were recovered and analyzed by ESI-MS (Finnigan DECA XP PLUS)
123 yielding procyanidins with varying degrees of polymerization. The fractions containing procyanidin B3 ([M-
124 H]⁻ = 577), procyanidin trimer T1 ([M-H]⁻ = 865) and procyanidin tetramer TT1 ([M-H]⁻ = 1153) were
125 isolated and freeze-dried. The purity of those fractions was assessed by LC-MS and direct MS analysis, and
126 was higher than 95%.

127

128 **Separation and Identification of Gliadin Derived Peptides**

129 A commercial raw extract of wheat gliadins was subjected to in vitro digestion in order to obtain gliadin
130 derived peptides. A preliminary rough analysis of the complexity and protein composition in raw sample was
131 previously studied by MALDI-TOF mass spectrometry (Fig. S1†, in the Supplementary Information).

132

133 **In vitro Digestion of Gliadin Raw Extract.** The commercial raw extract of wheat gliadins was subjected to
134 enzymatic digestion, according to the method described in the literature (Supplementary Information).¹⁷

135

136 **Fractionation of Peptides Obtained after Wheat Gliadin Digestion.** The previously collected supernatants,
137 containing a vast amount of peptides derived from the enzymatic digestion of wheat gliadins, were fractionated
138 through semi-preparative HPLC using a C18 reversed-phase analytical column (Merck Lichrospher C18 ODS, 5 µm,
139 250 x 25 mm) on a Knauer K-1001 equipment, with a UV-Vis L-2420 Merck® Hitachi (Elite) detector. A linear
140 elution gradient was implemented using two mobile phases: the aqueous A solvent consisted in 0.1% formic acid/
141 0.025% trifluoroacetic acid (v/v) and the solvent B contained 80% acetonitrile in water. Absorbance was monitored at
142 280 nm, and the flow rate was maintained at 0.5 mL/min. The gradient applied was linear from 0 to 95% B for 40
143 min. After each run, the column was washed with 100% B for 5 min, and equilibrated with the starting B
144 concentration for 10 min. Each one of the seven peptide fractions (*Pep Mix1* to *Pep Mix7*, Fig. 1), collected at
145 different retention times, were then freeze-dried.

146

147 **Peptide Sequence by Mass Spectrometry.** LC-MS/MS experiments (Fig. S2†, in the Supplementary Information)
148 were performed on an LTQ-Orbitrap XL mass spectrometer (Thermo Fisher Scientific) coupled with an Accela
149 HPLC (Thermo Fisher Scientific) system equipped with a Merck Lichrospher C18 ODS column (5 µm, 250 x 25
150 mm). The MS instrument was operated with the following settings: 3.1 kV for the spray voltage; heated capillary
151 voltage and temperature were 30.0 V and 275 °C, respectively; tube lens was established at 100 V. Molecular ions
152 fragmentation was achieved by collision-induced dissociation (CID) with 35 V of energy. All MS and MS/MS
153 spectra were acquired in the data-dependent mode. The instrument executed one MS scan followed by an MS/MS
154 scan of each one of the three most intense peaks. The mobile phases for LC separation were (A) 0.1% (v/v) formic
155 acid in water and (B) 0.1% (v/v) formic acid in acetonitrile. The gradient used was linear from 15 to 30% B over 40
156 min and the flow rate was 0.5 mL/min. For protein identification, the LC-MS/MS data were used to search the
157 UniProt protein sequence database, using the Proteome Discoverer 1.4 search engine (Thermo Fisher Scientific). The
158 resulting search outputs were evaluated in terms of the number of identified peptides and the magnitude of their score
159 values. Focusing on the proteins associated to the celiac disease process, only sequences attributed to wheat gliadins,
160 glutenins and avenin-like proteins were considered for discussion.

161

162 **Peptide-Tannin Interaction Assays**

163

164 **Fluorescence Quenching Measurements.** The quenching effect between two selected peptide mixtures (*Pep Mix4*
165 and *Pep Mix6*) and different polyphenols (procyanidin B3, procyanidin trimer T1, procyanidin tetramer TT1 and
166 fraction II of oligomeric procyanidins) was assayed using a Perkin-Elmer LS 45 fluorimeter. For the fluorescence
167 quenching measurements, tryptophan was used as an intrinsic fluorophore. The excitation wavelength was set to 290
168 nm and the emission spectrum was recorded from 300 to 500 nm. Both slits were 10 nm. All experiments were
169 performed in Milli-Q ultrapure water. In several 2 mL microtubes, increasing volumes of different polyphenols stock
170 solutions (100 μ M) were added to the peptide mixtures assay solutions (0.2 mg/mL), in order to give final
171 concentrations of polyphenols in the range of 0 to 25 μ M. After this, the microtubes were shaken and the emission
172 spectra were measured in the fluorimeter cell. Between each experiment, the cell was washed three times with ethanol
173 and water. Since procyanidins absorb energy at the established emission wavelength,³² a blank was made for each
174 polyphenol concentration, in which the peptide solution was replaced by Milli-Q ultrapure water. The respective
175 spectra were then automatically subtracted from the emission spectrum of the corresponding solution.³²⁻³⁴ The
176 possibility of fluorescence resonance energy transfer (FRET) between the peptide mixtures and the tested
177 polyphenols was discarded after analysis of both absorption and emission spectra. The fluorescence lifetimes of *Pep*
178 *Mix4* and *Pep Mix6* were determined as previously described (Supplementary Information).³⁵

179

180 **Dynamic Light Scattering Measurements.** The size of the peptide-tannin aggregates in solution was determined by
181 dynamic light scattering (DLS) using a Zetasizer Nano ZS (Malvern). In this device, the sample solution was
182 illuminated by a 633 nm laser, and the intensity of light scattered at an angle of 173° was measured by an avalanche
183 photodiode. Different volumes of procyanidin fraction II stock solution were mixed with a fixed volume of peptide
184 fraction stock solution (*Pep Mix1* to *Pep Mix7*) and allowed to react for 30 min. After this, the mixture was shaken,
185 transferred to a DLS plastic disposable cell, and the measurement was performed. All solutions were filtered through
186 0.2 μ m disposable PTFE filters before mixing. Each experiment was performed in Milli-Q ultrapure water.

187

188 **Statistical Analysis**

189 All assays were performed at least in $n = 3$ repetitions. Values are expressed as the arithmetic means \pm SD.
190 Statistical significance of the difference between various groups was evaluated by one-way analysis variance
191 (ANOVA) followed by the Tuckey test. Differences were considered to be significant when $P < 0.05$. All statistical
192 data were processed using the GraphPad Prism 5.0 (GraphPad Software, San Diego, USA).

193

194 Results

195

196 Separation and Characterization of Wheat Gliadin Peptides

197 In order to study the ability of different tannins to interact with gliadin-derived peptides, seven peptidic
198 fractions were isolated by semi-preparative HPLC after enzymatic hydrolysis of the wheat gliadins raw
199 extract. Fig. 1 shows the acquired chromatographic profile of the simulated in vitro digestion. Each fraction
200 was collected in different time intervals, as represented in the chromatogram. Thus, *Pep Mix1* corresponded
201 to the first eluted peak (~13 min) while *Pep Mix2* corresponded to the chromatographic zone ranging from
202 14 to 16 min. *Pep Mix3* relates to the following region (16-18 min) and *Pep Mix4* corresponded to the second
203 major peak (~18 min). *Pep Mix5* matched the chromatographic zone comprised between the second and the
204 third (*Pep Mix6*) major peaks, and finally, *Pep Mix7* corresponded to the subsequent area ranging from 20 to
205 26 min. Each collected peptide mixture was then characterized by mass spectrometry in which the amino
206 acid sequences of their main proteolytic products were determined based on those peptides fragmentation
207 pattern. The comprehensive list of the best classified peptides is shown in Table S1† (in the Supplementary
208 Information). Indeed, these data confirm the high complexity of the initial digested raw sample that
209 contained a large number of partially degraded fragments from the wheat gluten proteome. According to
210 Table S1†, at least 33 different gluten proteins were identified. The identified peptides differed in both their
211 amino acid composition and length (which was likely to increase with their elution order). Additionally, it
212 was interesting to know that in *Pep Mix 4, 5, 6* and *7*, certain gliadin-derived peptides contained some motifs
213 associated with the induction of celiac disease. In that way, distinct patient-specific T cell epitopes such as
214 ‘PFPQPQLPY’, ‘PQPQLPYYPQ’, ‘QQPFPQQPQ’, ‘QQPQQPFPQ’ and ‘QQPQQPYYPQY’ were identified in
215 different peptides of the above mentioned mixtures (Table S1†).^{18,36} Although many of the identified
216 peptides contained a considerable amount of Gln and Pro residues that may enhance an immune response in
217 celiac patients,³⁷ further studies are needed to clarify the immunological relevance of each collected peptide
218 mixture.

219

220 Fluorescence Quenching Studies

221 For fluorescence quenching measurements, only *Pep Mix4* and *Pep Mix6* were used since they were the ones
222 who presented, in these experimental conditions, considerable fluorescence. Fig. 2 shows the fluorescence
223 emission spectra obtained for *Pep Mix4* with the addition of increasing concentrations of an oligomeric
224 mixture of tannin procyanidins (FII). Independently of the tested tannin (including procyanidin B3, trimer T1
225 or tetramer TT1) it was observed that in all cases their addition caused a gradual decrease in the fluorescence
226 intensity by quenching, without any significant shift in the emission maximum wavelength (data not shown).

227 The same behavior was observed for *Pep Mix6* (data not shown). The calculation of K_{sv} from Stern-Volmer
228 plots (Fig. 3A for *Pep Mix4* and Fig. 3B for *Pep Mix6*) demonstrated, mainly for *Pep Mix4*, that quenching
229 depends on the polyphenolic structure, with fluorescence extinction being determined, in magnitude, by the
230 procyanidins polymerization degree (Table 1). The Stern-Volmer constant (K_{sv}) is a measure of the ability
231 of the tested polyphenols to interact with peptides in solution, reducing the fluorescence of the amino acid
232 residue that is fluorescing (in this case tryptophan) and is determined as the slope of the $F_0/F = f([Quencher])$
233 plot, where F_0 and F are the fluorescence intensities before and after the addition of the quencher.
234 Oligomeric procyanidins of fraction II revealed the highest quenching constant in both peptide mixtures. On
235 the other hand, there were no statistically significant differences between the quenching constants for
236 procyanidin B3, procyanidin trimer T1 and procyanidin tetramer TT1 in *Pep Mix6*. In general, all the studied
237 procyanidins appeared to be slightly more reactive towards the fourth peptide mixture than towards the sixth.
238

239 **Light Scattering Studies**

240 Light scattering measurements were developed in order to characterize the size of the different aggregates
241 formed between the digested peptides and an oligomeric mixture of tannin procyanidins (FII) (Fig. 4).
242 According to DLS, *Pep Mix6* produced the larger aggregates, being this behavior observed across the whole
243 range of tannin concentration. Still, by visual examination, it was found that the addition of increasing
244 concentrations of procyanidins to *Pep Mix7* resulted in immediate cloudiness and subsequent precipitation of
245 insoluble aggregates in the DLS cell. As an unusual extensive aggregation took place in the latter mixture, it
246 became virtually impossible to correctly measure the aggregates size by such a light scattering study, with
247 the obtained values exhibiting a tremendous variability (data not shown). *Pep Mix1* seems to be the less
248 reactive towards oligomeric procyanidins since the dimension of the resulting aggregates, if any, remained
249 nearly unchanged. For the intermediate peptide mixtures (*Pep Mix2* to *Pep Mix5*), no significant differences
250 were detected in the size of the formed aggregates, all of them having a very similar behavior in the whole
251 range of procyanidin FII concentration.

252

253 **Discussion**

254

255 The interaction between procyanidins and peptide mixtures obtained after in vitro digestion of wheat gliadins
256 was conducted using two different techniques to cover a large range of concentrations: from the micromolar
257 range with fluorescence to the millimolar range with DLS. Although it has been tested the possibility of
258 using the same tannin concentration range in the fluorescence quenching measurements and DLS assays, this

259 proved to be virtually impossible given the substantial differences in the sensitivity and detection limit of
260 those two techniques.

261 To interpret the data from fluorescence quenching studies, it is important to understand what kind of
262 interactions take place between the quencher and the fluorophore. As represented in Fig. 3A and Fig. 3B, for
263 both peptide mixtures and procyanidins tested, the respective Stern-Volmer plots were all linear, which
264 means that only one type of quenching occurred (dynamic or static). In the case of a dynamic mechanism for
265 fluorescence quenching, it is the diffusion-limited collision between the quencher and the fluorophore
266 molecules that allows the energy transfer without radiation. Quenching can also be caused by the formation
267 of a complex between those two compounds that does not fluoresce after returning from the excited state –
268 static quenching.³⁸ To verify if that quenching is due to a specific interaction, or complex formation, it is
269 essential to calculate the bimolecular quenching constant (kq), dividing the obtained K_{sv} values by the
270 lifetime of each peptide mixture in the absence of the quencher (τ_0). The dynamic mechanism (diffusion-
271 limited quenching) typically results in values of kq near $10^{10} \text{ M}^{-1} \cdot \text{s}^{-1}$.³⁹ Since all the obtained values for kq
272 were more than 90-fold higher, this suggests that the interaction of procyanidins with both peptide mixtures
273 involved the formation of a stable complex (Table 2).^{40,41} In vivo, this kind of interaction could eventually
274 predict the potential of procyanidins to interfere with the availability of celiac reactive peptides, blocking
275 their immunological and toxic effects on the intestinal mucosa. On the other hand, this hypothetical ability of
276 procyanidins to snatch such peptides appears to be highly dependent on its structure, or more specifically its
277 degree of polymerization. In fact, assuming that the Stern-Volmer quenching constant corresponds to a
278 binding constant, this trend is well confirmed in Fig. 4, where its value increased from procyanidin B3 to FII.
279 The essence of such behavior is based on the fact that the number of catechin units and galloyl groups
280 increases with the molecular weight of the procyanidins. This results in a higher number of aromatic rings
281 and hydroxyl groups that may be involved in hydrophobic and hydrogen bonding with several protein
282 binding sites.³⁰ Therefore, a stronger binding affinity was anticipated for the high molecular weight
283 procyanidin oligomers, as is the case of FII. For *Pep Mix6*, however, this behavior does not appear to be as
284 linear as previously described, since the constants of procyanidin B3, procyanidin trimer T1 and procyanidin
285 tetramer TT1 showed a similar magnitude (statistically, they are not significantly different) (Table 1). The
286 differences between the bindings of the same polyphenol to *Pep Mix4* and *Pep Mix6* may reflect structural
287 differences between those two peptide mixtures, including the amino acid composition of the peptides that
288 were involved in complex formation.^{42,43}

289 By DLS (Fig. 4), the results are somewhat opposed to the ones obtained by fluorescence quenching in that
290 the FII of oligomeric procyanidins appeared to be slightly more reactive towards *Pep Mix6*. The reason for
291 this may be explained based on differences that are inherent to these two techniques. On one hand,

292 fluorescence quenching is an extremely sensitive and selective approach that gives information about the
293 molecular environment in the vicinity of a chromophore molecule. On the other hand, DLS is less selective
294 than fluorescence quenching assays giving information about the size of structures in solution at a
295 supramolecular level. In addition, it is important to highlight that the specificity of tannin-protein interaction,
296 among other things, is strongly dependent on the protein and tannin concentration range.^{44,45} So, while in
297 dilute solutions the tannins may specifically bind to individual peptides in a way that is essentially
298 determined by both structural features and without any protein aggregation, when the tannin/peptide molar
299 ratio exceeds a threshold, the aggregation of peptides may occur with tannins bridging them together.⁴⁶ Since
300 this event is highly favored by the complexity of the peptides available to interaction, and because the
301 number of peptides with increasing size increased from *Pep Mix1* to *Pep Mix7*, it was assumed, for the
302 peptide/procyanidin concentration range used in DLS, that the size factor may become a much more decisive
303 driving force when determining the dimension of the resulting aggregates. Consequently, peptide mixtures
304 collected later by semi-preparative HPLC produced the largest aggregates eventually leading to their
305 precipitation when the transfer of nonaggregated peptides to the aggregates became too pronounced.
306 Although the main goal herein was to demonstrate, for the first time, the potential of different tannins to
307 interact with peptides resulting from incomplete degradation of gliadins, a much deeper approach will be
308 necessary to differentiate those products that are indeed important from a disease point of view and also to
309 specifically study their higher or lower propensity to react with food tannins. Remaining unclear how the
310 association process described herein does interfere with those peptides immunogenicity and ability to induce
311 damage in the intestinal mucosa, the finding that some of them contains specific-T cell epitopes associated to
312 celiac disease (Table S1†, in the Supplementary Information) creates high expectations for the following
313 studies, aiming at further evaluate the potential protective effect of tannins on cytotoxicity of gluten peptides.

314

315 **Conclusions**

316

317 The interaction of gliadin-derived peptide mixtures, characterized by proteomic approach, with different
318 procyanidins was evaluated by the measurement of the intrinsic fluorescence intensity of tryptophan residues
319 and the aggregates size was further studied using dynamic light scattering (DLS). In general, both techniques
320 allowed to prove and evaluate the binding affinity between those elements, although in different contexts. On
321 the one hand, fluorescence quenching measurements demonstrated, at the micromolar level, that the size and
322 structural features of the polyphenols is related to their quenching ability. So, for the same peptide mixture,
323 the smaller procyanidin (B3) was the weakest quenching molecule because it was the one that provided
324 fewer binding groups. However, in different peptide mixtures (*Pep Mix4* vs *Pep Mix6*), the same

325 polyphenolic molecule could have different binding affinities, which is probably related to the differential
326 amino acid composition of the respective peptides. At the milimolar level, dynamic light scattering
327 measurements demonstrated that for a higher peptide/tannin concentration range, the procyanidins reactivity
328 towards different peptide mixtures is mainly dependent on those peptides size. Overall, this study clearly
329 opens new therapeutical perspectives for celiac disease by using phenolic compounds as a nutraceutical
330 approach for modulation of this chronic inflammatory condition. The next steps will require further
331 biological studies involving these peptides in the presence of different polyphenols to assess the
332 physiological and biochemical consequences of the association process described herein.

333

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337

338 Notes and References

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340 † Electronic Supplementary Information (ESI) available: it includes detailed information related to the experimental section
341 (Procyanidin B3, Procyanidin Trimer T1 and Procyanidin Tetramer TT1 Synthesis, MALDI-TOF Mass Spectrometry
342 Analysis of Gliadin Raw Extract, In vitro Digestion of Gliadin Raw Extract and Fluorescence Lifetimes Determination) as
343 well as additional results (Fig. S1 and Table S1).

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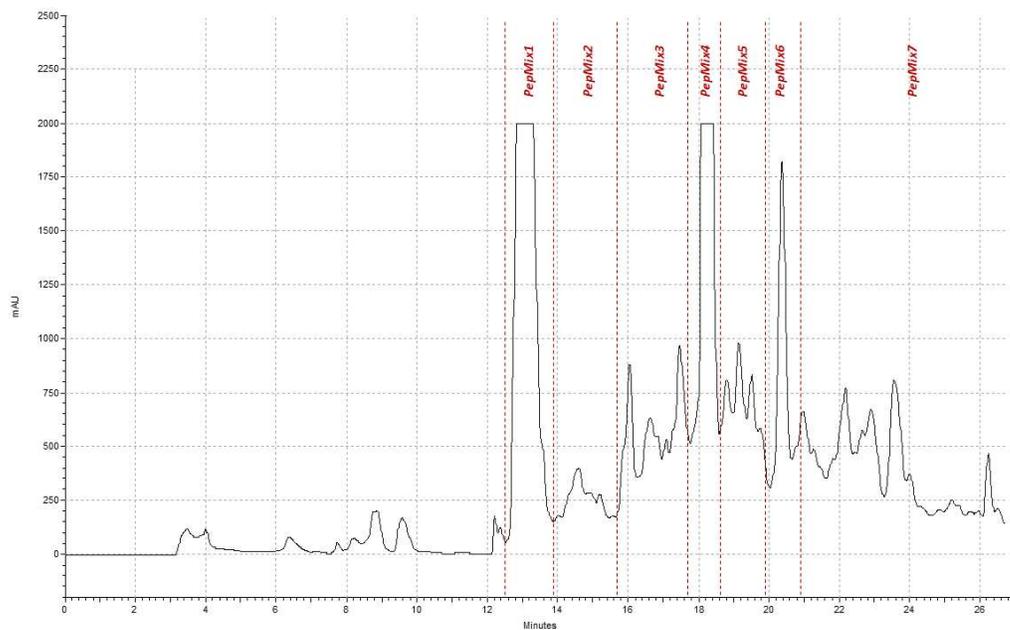
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434 Graphics

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438 **Fig. 1** Chromatographic profile, acquired by HPLC semi-preparative, of the simulated in vitro digestion of the wheat gliadins raw
439 sample. Each peptide mixture was collected in different time intervals, as represented in the chromatogram.

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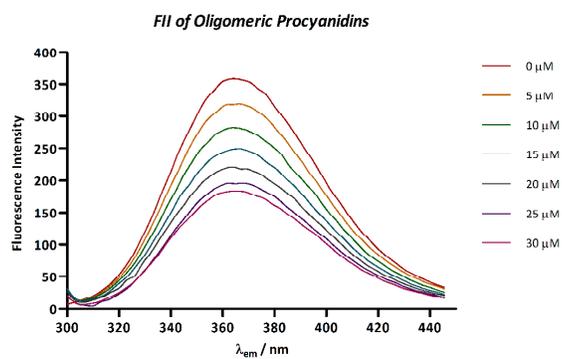
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453 **Fig. 2** Fluorescence emission spectra (at $\lambda_{em} = 290 \text{ nm}$) of *Pep Mix4* (0.02 mg/mL) in the presence of increasing concentrations of
454 an oligomeric mixture of tannin procyanidins (FII). Each curve represents a triplicate assay after correction for polyphenol
455 fluorescence.

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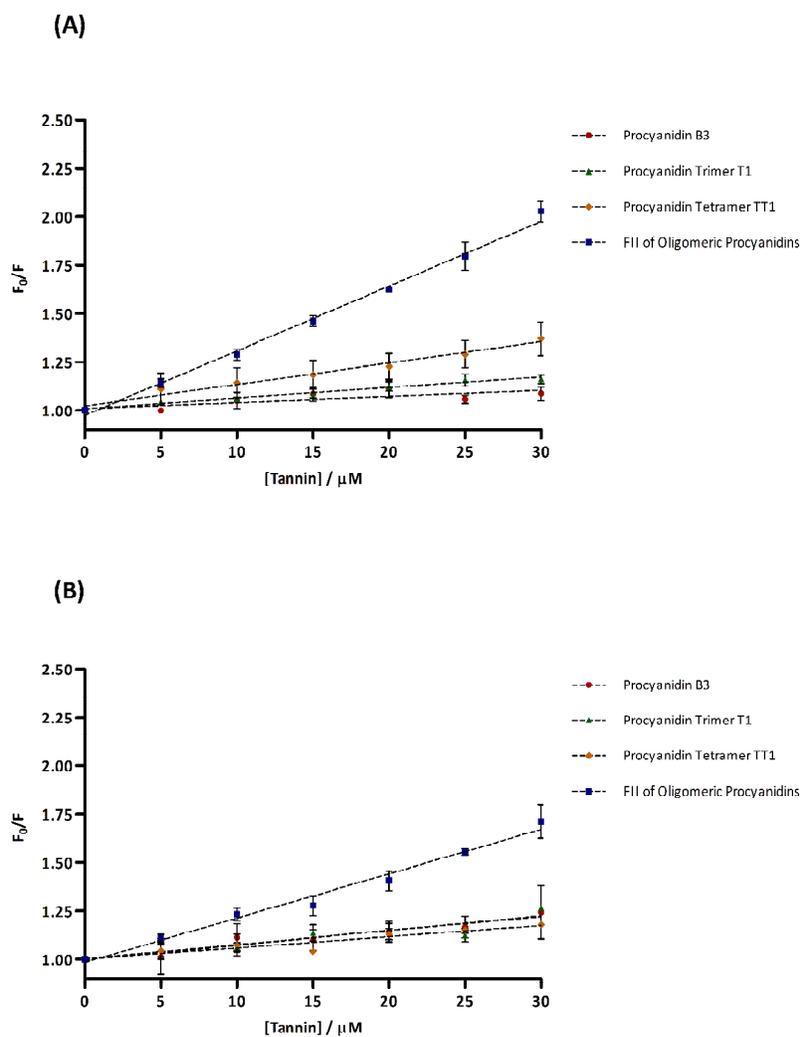
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480 **Fig. 3** Stern-Volmer plots describing tryptophan quenching of *Pep Mix4* (A) and *Pep Mix5* (B) by increasing concentrations of

481 procyanidin B3, procyanidin trimer T1, procyanidin tetramer TT1 and FII of oligomeric procyanidins. The fluorescence emission

482 intensity was recorded at λ_{ex} 290 nm, and the λ_{em} maximum occurred at 365 nm.

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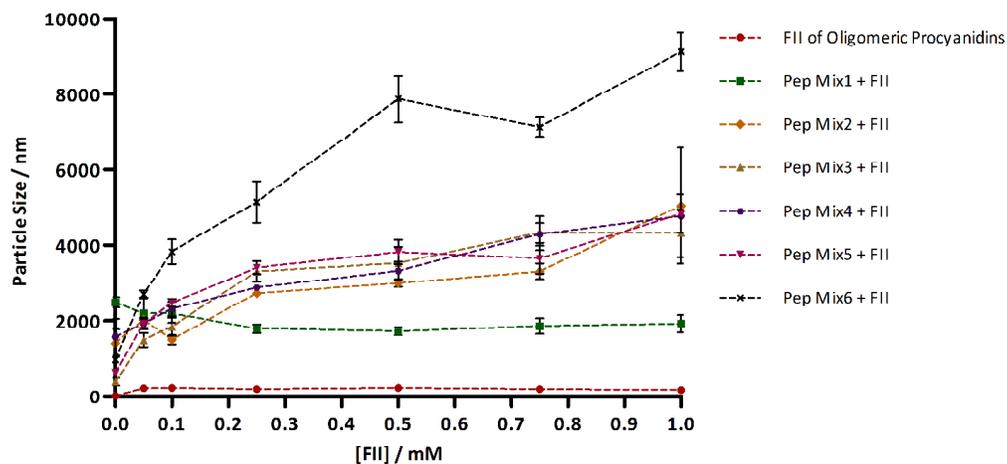
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493 **Fig. 4** Changes in the aggregate size of all the seven collected peptide mixtures (0.2 mg/mL) by increasing concentrations of FII
494 containing oligomeric procyanidins with a high degree of polymerization.

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514 **Table 1** Stern-Volmer Quenching Constants (K_{sv}) for the interaction between both *Pep Mix4* and *Pep Mix6* and procyanidins with
515 increasing degree of polymerization (B3, trimer T1, tetramer TT1 and FII of oligomeric procyanidins). Values with different letters
516 (a-e) are significantly different ($P < 0.05$).

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	K_{sv} (M^{-1})			
	Procyanidin B3	Procyanidin Trimer T1	Procyanidin Tetramer TT1	FII of Oligomeric Procyanidins
<i>Pep Mix4</i>	3148 ± 841.3^a	5543 ± 428.2^a	11150 ± 1406^b	33410 ± 906.5^c
<i>Pep Mix6</i>	7660 ± 1502^b	7260 ± 946.8^d	5738 ± 695.7^d	22890 ± 1089^e

547 **Table 2** Bimolecular Quenching Constants (k_q) for the interaction between both *Pep Mix4* and *Pep Mix6* and procyanidins with
 548 increasing degree of polymerization (B3, trimer T1, tetramer TT1 and FII of oligomeric procyanidins). Values with different letters
 549 (a-e) are significantly different ($P < 0.05$).

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	τ_0 (s)	$k_q \times 10^{-12} (\text{M}^{-1} \text{s}^{-1})$			
		Procyanidin B3	Procyanidin Trimer T1	Procyanidin Tetramer TT1	FII of Oligomeric Procyanidins
<i>Pep Mix4</i>	3.509×10^{-9}	0.897 ± 0.240^a	1.580 ± 0.122^a	3.177 ± 0.401^b	9.521 ± 0.258^c
<i>Pep Mix6</i>	3.302×10^{-9}	2.320 ± 0.455^d	2.199 ± 0.287^d	1.738 ± 0.211^d	6.932 ± 0.330^e

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