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Harvest and utilization of chemical energy in wastes by microbial fuel cell

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1 Abstract

2 Organic wastes are now increasingly viewed as a resource of energy that can be harvested by suitable biotechnologies. One promising technology is microbial fuel 3 cell (MFC), which can generate electricity from the degradation of organic pollutants. 4 While the environmental benefits of MFC in waste treatment have been recognized, 5 its potential as an energy producer is not fully understood. Although progresses in 6 material and engineering have greatly improved the power output from MFC, how to 7 8 efficiently utilize the MFC's energy in real-world scenario remains a challenge. In this review, fundamental understandings on the energy-generating capacity of MFC from 9 real waste treatment are provided and the challenges and opportunities are discussed. 10 11 The limiting factors restricting the energy output and impairing the long-term reliability of MFC are also analyzed. Several energy storage and in-situ utilization 12 strategies for the management of MFC's energy are proposed, and future research 13 needs for real-world application of this approach are explored. 14

15 **1. Introduction**

16

Renewable energy sources as sustainable and carbon-neutral alternatives to fossil 17 fuels are highly desirable to alleviate the global energy crisis and environmental 18 19 deterioration. According to the prediction of the European Renewable Energy Council, approximately half of the global energy supply will come from renewable energy by 20 2040.¹ Various wastes are potentially a huge renewable energy reservoir due to their 21 abundant availability and rich organic matter contents. Within the last decades, waste 22 23 management has changed from being a sector primarily focusing on treatment and final disposal to a potential factory of energy and resources.² 24

The bioelectrochemical systems (BESs) are receiving tremendous attention for 25 the energy-efficient treatment of wastes. Microbial fuel cell (MFC) is one typical form 26 27 of BES that directly converts chemical energy in wastes into electric energy by taking 28 advantage of the synergy between microbial metabolism and a solid electron acceptor. In an MFC, microorganisms oxidize biodegradable organics at anode, releasing 29 30 electrons and protons. The bacteria that can extracellularly transfer electrons from organics to anode electrode are called exoelectrogens.³ Electrons flow via an external 31 circuit to cathode and react with protons migrating inside the cell and electron 32 acceptor (Fig. 1). Many oxidants including oxygen (O₂).⁴ ferricyanide.^{4,5} 33 permanganate,⁶ dichromate⁷ and persulfate⁸ can be used as an electron acceptor. 34 Especially, O₂ is the most commonly used due to its abundance and easy availability 35 in air, low cost and non-toxicity.9 36

37 MFC could be utilized as a potential alternative to conventional anaerobic 38 digestion. In anaerobic digestion, energy is recovered in the form of methane (CH₄) and/or hydrogen (H₂), but more than 65% energy loss occurs in the process of biogas 39 combustion and conversion into electricity.¹⁰ Moreover, the large quantity of 40 undesirable impurities, such as hydrogen sulfide, in biogas should be removed in 41 order to maintain an efficient operation of electric generator. In comparison, MFC 42 allows a direct transformation of chemical energy (organic matters in waste) into 43 electricity, theoretically affording less energy loss than the multi-step energy 44

transformation needed by anaerobic digestion. MFC does not require gas treatment 45 because the off-gas is mainly composed by carbon dioxide (CO₂) with no useful 46 energy content. Notably, biogenic CO₂ generated from MFC is considered as 47 environmentally neutral and of negligible contribution to global warming.¹¹ This is a 48 potential advantage over anaerobic digestion, whose off-gas CH₄ contributes to major 49 greenhouse gas emission from biological waste treatment.¹² In addition, considerable 50 environmental benefits can be achieved by the displacement of fossil-fuel based 51 electricity with bioelectricity.¹³ 52

MFC is operated in a way similar to a chemical fuel cell, except that it uses 53 microorganisms as a catalyst at anode. This endows it extra advantages. Unlike 54 chemical fuel cells that utilize only limited types of chemicals as their fuel, MFC is 55 able to produce electricity from an enormous range of low-grade wastes. In addition, 56 chemical fuel cells are usually operated at high temperatures (500 to 1000 °C) and 57 strong acidic or alkaline pH, posing rigid requirements on the reactor materials and 58 adding operational costs.¹⁴ Yet the mild operational conditions with ambient 59 60 temperature and neutral pH make MFC more reliable and safer.

MFC is a promising technology to combat the existing energy demand and 61 pollution problem. While the environmental benefits of MFC have been recognized to 62 suit a sustainable pattern of waste treatment, its potential as an energy producer has 63 64 not been well addressed yet. Even though advances in material and engineering have greatly improved the power output from MFC, most of the achievements are obtained 65 with synthetic cultures and pure substrates, rather than real wastes, i.e., complex 66 mixture of organic matters.^{15,16} For MFCs used to treat real wastes the primary goal is 67 usually not to achieve a high power output, but to improve organic removal. As a 68 69 result, the potential of MFC to recover electric energy from real wastes remains not clearly recognized. The successful demonstration of energy self-sufficient MFC 70 necessitates the full exploitation of MFC's energy to harness real waste treatment.¹⁷ 71 Traditionally, MFC is operated with an external resistor, and the maximum power 72 73 obtained at its optimum external resistance is used to represent its energy-generating capacity. However, in order to harvest actual energy from MFC, the resistor has to be 74

replaced with devices that can capture and store energy. Thus, the maximum power output of MFC can hardly be achieved because of the suboptimal external resistance in practical operation. While tremendous efforts have been devoted to boost the energy-generating capacity of MFC, how to effectively harvest and utilize the energy should be given more attention.

In this review, advances of MFC in the production of electric power from real wastes and the management of MFC energy for practical applications are overviewed. With a critical analysis of the opportunities and challenges of MFC towards the energy harvest from real wastes, this review aims to identity the possible approaches for the virtual utilization of MFC energy, analyze the factors constraining the energy output of MFC, and prospect energy storage and in-situ utilization strategies to bring the MFC technology into real-world application.

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- 88

89 **2.** Energy-generating capacity of MFC

90

A series of parameters for evaluating the overall energy-generating capacity of MFC have been recommended.^{3,18-20} The most widely used parameters are current density and power density, which principally tell how much electricity is produced from MFC. Since electricity generation is usually coupled with waste treatment in MFC, it is necessary to assess the MFC performance in terms of electric energy recovery from waste. Thus, normalized energy recovery (*NER*), Coulombic efficiency (*CE*) and energy-conversion efficiency (*ECE*) should also be taken into consideration.

98

99 **2.1** Current density and power density

100 Current density is a commonly used parameter to describe "electricity generation" 101 performance in MFC. It represents the current in terms of unit electrode surface area 102 or reactor volume. Usually current is normalized by the geometric surface area of 103 anode, whereas cathode surface area is sometimes used when the cathode reaction is 104 the rate-limiting step. Thus, the current density is calculated as:

105
$$I_{An} = \frac{I}{A_{An}} \tag{1}$$

$$I_{Cat} = \frac{I}{A_{Cat}}$$
(2)

107 Similarly, the anodic chamber volume is used to calculate the volumetric current 108 density:

$$I_V = \frac{I}{V_R}$$
(3)

where *I* is the current (A), I_{An} (A/m²), I_{Cat} (A/m²) and I_V (A/m³) are current densities normalized by the anode surface area (A_{An} , m²), cathode area (A_{cat} , m²) and anodic chamber volume (V_R , m³), respectively.

Power density is another widely used parameter to evaluate the power output of MFC. Power density is expressed as the power (P, W) provided by per unit surface area of electrode or volume of reactor. When the external resistance is equal to the internal resistance of an MFC, the maximum power density (P_{max}) can be achieved.

117

118 **2.2** NER

119 Compared to the power output, energy output (E, J) in kWh is more appropriate 120 to describe the energy generation of MFC in water and wastewater sectors.^{18,19}

121 To convert energy from J to kWh, the following equation is used:

122 $1 kWh = 3.6 \times 10^6 J$ (4)

123 The energy recovery capacity from waste is expressed as *NER* in kWh/kg 124 chemical oxygen demand (COD) or kWh/m³ wastewater:

$$NER = \frac{E}{V_W}$$
(5)

126
$$NER = \frac{E}{\Delta COD}$$
(6)

where V_W (m³) and $\triangle COD$ (kg) are the volume of wastewater treated and COD removed respectively within certain reaction time span t_0 (s).

129

130 **2.3** *CE* and *ECE*

CE is a parameter to evaluate the conversion from chemical energy to electrical
charge. *CE* is defined as:

133
$$CE = \frac{\int_0^{t_0} Idt}{Fb\Delta M}$$
(7)

where *b* is the mole of electrons extracted from per mole of electron donor, ΔM the mole of electron donor reacted and *F* the Faraday constant (96485 C/e⁻).

For complex wastes, it is more convenient to use COD as a measure of substrateconcentration, and the *CE* thus becomes:

138
$$CE = \frac{8 \int_{0}^{t_0} I dt}{F V_{An} \Delta COD}$$
(8)

where V_{An} is the volume of liquid in anode compartment and 8 is a constant calculated on the base of $M_{O2} = 32$ for the molecular weight of O₂ and b = 4 for the number of electrons exchanged per mole of O₂.

142 *CE* is related to electrical current, but a high current does not necessarily result in 143 a great power output. Thus, *ECE* is proposed to represent the fraction of energy in a 144 fuel cell that is captured as electricity:²⁰

145
$$ECE = \frac{\int_0^{t_0} Pdt}{e_{donor}^-(-\Delta G)}$$
(9)

where e_{donor} is the electron equivalents of electron donor, and $\triangle G$ the change in standard Gibbs free energy between the electron donor and electron acceptor (J/ e^{-}).

So far, current density and power density have been extensively used in 148 149 MFC-related studies. However, these two parameters reflect the power output of MFC 150 only, but give no information about the correlation between energy production and 151 waste removal. NER seems to be more appropriate to predict the energy performance of MFC with respect to waste treatment, because it provides energy information that 152 is associated with the waste characteristics.¹⁹ Nevertheless, power density is still 153 essential for calculating the value of NER, and a higher power output generally results 154 in a greater NER. CE and ECE are criteria directly related to the waste-to-electricity 155 conversion. CE represents the amount of electrons delivered from wastes in the form 156

157 of current, and ECE suggests the energetic efficiency that is dependent upon both voltage and current.²¹ While *ECE* precisely describes the percentage of electric energy 158 converted from wastes, it does not apply to wastes with unknown compositions, 159 160 because it is hard to estimate their Gibbs free energy. In this case, NER can be used as 161 an alternative to assess the energy recovery from wastes. Of course, multiple parameters should be comprehensively compared to get a thorough understanding of 162 the energy performance of MFC, and both the power output and energy recovery 163 164 efficiency should be taken into consideration in efforts to improve the 165 energy-generating capacity of MFC.

- 166
- 167

168 **3. Energy harvest from various wastes by MFC**

169

Waste treatment is usually energy and cost intensive.^{10,22} MFC is an emerging
technology that promises direct production of electricity in waste treatment. Various
chemicals ranging from small molecular organics to polymers can be used to fuel
MFC, making it an ideal technology to extract energy from a variety of wastes.

174

175 **3.1 Domestic wastewater**

176 Modern water management is driving innovations in domestic wastewater treatment technologies with a focus on reducing energy demand and recovering 177 energy, water and other resources. In conventional process of aerobic wastewater 178 179 treatment combined with anaerobic sludge digestion, a large portion of the energy 180 contained in dissolved organic fraction is not recovered but removed. In comparison, 181 MFC allows a direct energy capture from dissolved organic component in the form of 182 electricity with little offsetting energy expenditure. Especially, MFC has distinct advantages over anaerobic digestion in treating low-strength domestic wastewater.²³ 183 The possibility of implementing energy self-sufficient MFC for domestic wastewater 184 treatment has been envisaged based on the performance of liter-scale reactors.¹⁷ In a 185 200-liter MFC stack (effective volume of 100 liter) fed with domestic wastewater, the 186

highest power output of 114 mW was obtained, which is sufficient to drive a direct current (DC) pump (Fig. 2).²⁴ Another 250-liter stackable pilot-scale MFC produced a net power of 0.47 W/m³, while the operation energy cost was only half of that in conventional aerobic treatment.²⁵

191

3.2 Food wastes

193 Food processing wastes and food debris are attractive feedstock for bioenergy 194 production because of the high moisture content, rich organic content and high carbon to nitrogen ratio that favor biodegradation.²⁶ Various food wastes, including canteen 195 based food waste,²⁷ molasses wastewater,²⁸ starch processing wastewater,²⁹ brewery 196 wastewater,^{30,31} palm oil mill wastewater^{32,33} and dairy wastewater,³⁴ have been tested 197 198 as MFC fuels. Wastewaters containing high percentages of easily degradable 199 carbohydrates, such as dairy wastewaters, brewery wastewaters and molasses, are 200 usually more favorable for electricity generation than those rich in celluloses and 201 lipids. An annular single-chamber MFC fed with dairy wastewater was reported to produce as high as 20.2 W/m³ power density along with CE of 26.9%.³⁵ Food 202 203 waste-fueled MFCs have a great potential for an energy self-sufficient operation in 204 scaled up systems. A 100-liter stackable pilot-scale reactor fed with brewery wastewater in a continuous flow mode produced a total energy of 0.097 KWh/m³. 205 which could be used to power a pumping system (0.027 KWh/m³) for self-sustained 206 feeding (Fig. 3).³¹ 207

208 Despite the high energy content of food wastes, their low ion conductivity is a 209 constraint for MFC operation. Generally, power generation of MFCs can be facilitated by a high conductivity of up to 20 ms/cm,² whereas most food wastewaters have 210 conductivities typically below 6 ms/cm.³⁶ Amendment of 100 mM NaCl to the food 211 waste leachate enabled an increment of P_{max} from 366 to 1000 mW/m³ because of the 212 increased solution conductivity.³⁷ Food wastes rich in soluble COD sometimes need to 213 be diluted to avoid microbial inhibition, for which low-strength wastewaters like 214 domestic wastewater is preferred as a dilution medium.³⁸ 215

216

217 **3.3 Landfill leachate**

218 Landfill leachate generated from the disposal of municipal solid wastes contains a wide range of biodegradable organic matters, xenobiotic organic compounds, sulfide, 219 220 ammonia and heavy metals. The abundance of organic carbon in landfill leachate 221 makes it a desirable feedstock for MFC. However, the high COD loading and large amounts of poorly biodegradable organics and inhibitory compounds limit the energy 222 production.^{39,40} So far, power densities of the MFCs fed with landfill leachate were 223 usually less than 1 W/m³, and the CEs were lower than 20%.⁴¹⁻⁴⁸ In an upflow 224 air-cathode membrane-free MFC, 12.8 W/m³ electricity was produced from landfill 225 leachate, but the CE was 1.2% only.⁴⁹ Excessively high COD concentration in landfill 226 227 leachate can decrease the CE, even though it leads to an increased power output. In an 228 MFC fed with young landfill leachate, increasing the COD loading from 1 to 50 g/L significantly decreased the CE from 57% to 1%.⁴⁶ Therefore, when landfill leachate is 229 230 used to fuel MFCs, a proper dilution is strongly recommended to increase the CE and 231 prevent the depression of power output by inadequate organic loading.

232

3.4 Complex industrial wastes

234 Recalcitrant compounds comprise a much greater proportion of the total carbon 235 pool than the labile ones. A wide variety of recalcitrant chemicals, such as petroleum hydrocarbons, ^{50,51} chlorinated compounds, ^{52,53} nitrogenous compounds, ⁵⁴ heterocyclic 236 compounds⁵⁵⁻⁵⁷ and polymers, ^{58,59} have been tested as MFC feedstock, but only a few 237 studies used real-field wastes. MFCs exhibited high COD removal efficiencies for the 238 239 treatment of paper recycling and pharmaceutical wastewater, whereas the power densities were lower than 1 mW/m^{2.60,61} In comparison, much higher power densities 240 of 8 W/m³ and 822.3 W/m³ were obtained for dye wastewater and steroidal drug 241 industrial effluent, respectively.^{62,63} 242

The use of an electrode as an electron acceptor in soils or sediments is attractive, as the microbes responsible for degradation will co-localize with the contaminants at anode. Once in position the electrode can provide a continuous long-term electron sink for the biodegradation of harmful environmental contaminants. Microbial

electrochemical remediation of petroleum-contaminated soil by an MFC has been demonstrated. Hydrocarbon degradation efficiency was improved from 2% in the open-circuit control to 24% in the MFC with P_{max} of 2162 mW/m^{3.64} The MFC constructed on a hexachlorobenzene-contaminated topsoil also showed a high pesticide removal efficiency of 71.2% with P_{max} of 77.5 mW/m^{2.65}

252

253 **3.5 Sewage sludge**

254 Sludge disposal expenses may account for up to 50% of the total cost for sewage 255 treatment, and hence is a headache for many municipal wastewater treatment plants. 256 Notably, a large amount of energy in wastewater enters into sludge after aerobic treatment process. Thus, sludge is a potential energy source to be exploited.⁶⁶ To date, 257 the maximum power output of MFCs that use sewage sludge as fuel is 4.2 W/m^3 for 258 an abiotic cathode system⁶⁷ and 13.2 W/m^3 for a biocathode one.⁶⁸ Sewage sludge is 259 260 mostly present in the form of insoluble particulates, whereas microorganisms in 261 MFCs prefer soluble and easily biodegradable organic matters. As a result, sludge 262 pretreatments with ultrasonication, heating, alkalination or pre-fermentation are 263 recommended to disintegrate the insoluble materials and thus enhance energy recovery efficiency.^{69,70} Despite of the limited electricity generation, MFC is still an 264 265 attractive technology for energy recovery from sewage sludge because CH_4 can be 266 simultaneously produced in anodic chamber. A two-stage MFC system for sludge 267 treatment achieved a total energy production (sum of electric energy and biogas energy) as high as 23.22 kWh/m³ at a hydraulic retention time of 14 day, which is 268 comparable with that in an anaerobic digester.¹⁸ 269

270

271 **3.6 Animal wastes**

Modern livestock agriculture has drastically increased the production of animal wastes. Manure and urine contain abundant organic matters, and thus can be used as substrates for MFC. Reported power densities of animal waste-fueled MFCs were highly diverse, ranging from several hundred milliwatts to several watts per cubic meter reactor volume. The MFC powered by dairy manure obtained a P_{max} of

15.1 W/m³ using biocathode,⁷¹ and 16.3 W/m³ in a cassette-electrode configuration.⁷² 277 However, in a 4-liter MFC of loop configuration fed with piggery wastewater, the 278 P_{max} was 1.416 W/m³ only.⁷³ The power density is affected by the solid and moisture 279 contents in animal wastes. A continuous increase in the solid content from 2% to 10% 280 led to an initial rise and subsequent sharp decrease in power density.⁷¹ In another 281 study, animal wastes with moisture contents of 80%, 70% and 60% achieved P_{max} of 282 349 ± 39 , 36 ± 9 and 12 ± 2 mW·m⁻², respectively.⁷⁴ An unfavorable feature of animal 283 wastes is the high concentration of ammonia, which severely inhibits the 284 exoelectrogenic activity.⁷⁵ Nitrate and nitrite transformed from ammonia also reduce 285 the energy recovery efficiency by competing with the electrode for electrons.^{73,76} 286

287

288 **3.7 Plant wastes**

The abundance and renewability of lignocellulosic materials from plant wastes 289 290 render them a promising feedstock for cost-effective energy production. The feasibility of MFC to use agricultural wastes, including corn stover,^{77,78} wheat 291 straw,^{79,80} rice straw,⁸¹ bean residue and ground coffee,⁸² and aquatic plants such as 292 the Canna indica,⁸³ as substrates has been evaluated. Lignocellulosic biomass 293 294 contains abundant cellulose, hemicellulose and lignins, which cannot be directly 295 utilized by exoelectrogens and have to be converted to monosaccharides or other low-molecular-weight compounds first. Therefore, hydrolysis and fermentation of 296 lignocellulosic biomass are needed before it can be used for electricity generation.⁸⁴ 297 The power output of MFC is generally restricted by the low biodegradability of 298 299 lignocellulosic materials. As shown in Fig. 4, lignocellulosic materials contain 300 polysaccharides in the form of cellulose and hemicelluloses, which are closely 301 associated with lignin. It is difficult for microorganisms to access cellulose and 302 hemicelluloses unless lignin is modified or removed. Thus, pretreatment aiming at breaking down the rigid structure of lignocellulose is necessary to improve their 303 microbial accessibility.⁸⁵ Usually the pretreatment gives a carbohydrate-rich liquid 304 hydrolysate by hydrolyzing cellulose and hemicelluloses.⁷⁷ By using Oscillatoria 305 annae to converting the lignocellulose to glucose, a three-compartment MFC 306

achieved very high P_{max} of 8.78 and 6.73 W/m³, with sugarcane bagasse and corn cob as substrates, respectively.⁸⁶

309 It is difficult to compare performances of MFCs in literature due to the different 310 operational conditions, reactor configurations, types of electrodes and membranes and 311 microorganisms involved. Yet, the potential of MFC to recover electric energy from 312 real wastes can be approximately estimated. As shown in Table 1, the 313 energy-generating capacities of MFCs vary significantly, depending on the 314 composition, strength and solution chemistry of wastes. Differing from single 315 substrate incubation, microbial degradation of complex substrates in real wastes 316 features an energy-intensive process with intricate combination of sequential and 317 parallel substrate degradation routes. As a result, simple wastes rich in biodegradable 318 organics usually yield more energy than those containing complex substrates, refractory compounds or insoluble components.²⁰ Electron losses to competitive 319 320 electron acceptors like nitrate, nitrite and sulfate can impair energy recovery from 321 wastes. Compounds that inhibit the exoelectrogenic activity should be removed or 322 converted because they can reduce the power output of MFC.

323 Acknowledging that many real wastes may not be suitable for directly fueling 324 MFC from an energy production perspective, there are opportunities to lift the 325 energy-generating capacity of waste-fed MFCs through improving the 326 biodegradability of wastes and eliminating inhibitory and competitive compounds by 327 pretreatment. Currently the average NER of MFCs fed with domestic wastewater is 0.04 kWh/m³ wastewater or 0.17 kWh/kg COD, and industrial wastewater results in a 328 value of 0.10 kWh/m³ wastewater or 0.04 kWh/kg COD.¹⁹ This NER level is guite 329 low compared to the value of 0.34-0.49 kWh/m³ wastewater or 0.69-0.98 kWh/kg 330 COD obtained by conventional anaerobic digestion approach.¹⁰ However, till date the 331 highest NER observed in the MFCs is above 2.0 kWh/m³ wastewater or 1.95 kWh/kg 332 COD.¹⁹ It is anticipated real waste-fed MFCs might achieve such an NER target after 333 appropriate pretreatment to facilitate the waste degradation in MFCs. In addition to 334 335 the energy recovery efficiency, power output of MFCs with real wastes also remains to be promoted. The power density of MFC should achieve 1 kW/m³ to be 336

competitive to anaerobic digestion¹¹⁰, while most real waste-fueled MFCs have power densities below 10 W/m³ (Table 1). Nevertheless, it is desirable to improve such power density to hundred watts via pretreatment, in the light of the highest power density of 200 W/m³ obtained in a 4-liter MFC with acetate as the substrate.^{111,112}

341

342

343 4. Factors constraining energy output of MFC

344

345 **4.1 Thermodynamic limitation and energy losses**

346 Progresses in reactor architecture, material and operation optimization of MFC 347 have remarkably relieved physical and chemical constraints of MFC systems. However, the true power generation potential of MFC is still limited by the 348 349 thermodynamic barrier and the high energy losses. Unlike chemical fuel cells, large 350 power production cannot be easily achieved by simply connecting MFCs in series or parallel due to their nonlinear nature.¹¹³⁻¹¹⁵ Up to now, the highest power density of a 351 single liter-scale MFC is reported to be 200 W/m^{3} ,^{111,112} which is several orders of 352 magnitude lower than those achieved by many other energy conversion technologies 353 (Fig. 5a).¹¹⁶ Even if the power of MFC is proportionally improved to the reactor 354 volume, the maximum power output of a 1000 m³ MFC will be no more than 0.2 MW. 355 which is still insufficient to meet local power needs as a stationary power supply (Fig. 356 357 5b).

4.1.1 Thermodynamic limitations Thermodynamic limitations make MFC a 358 359 low power system in comparison to other renewable energy systems such as solar and 360 wind cells. MFC used to harvest energy usually employs O_2 as electron acceptor at cathode, which provides a standard cathode potential of + 0.805 V vs. Standard 361 Hydrogen Electrode (SHE) under typical MFC operating conditions (T=293 K, pH=7, 362 $pO_2=0.2$ bar).¹⁷ At anode microorganisms consume substrate and produce intracellular 363 reducing power stored in the electron carrier NADH. Thus, the anode should have a 364 higher potential than the NADH to enable electron transport from microorganisms to 365 electrode (Fig. 6).¹¹⁷ Since the midpoint redox potential of NADH is -0.32 V vs. 366

367 SHE,¹¹⁸ a voltage lower than 1.125 V across the two electrodes of MFC is expected 368 regardless of substrates.

4.1.2 High energy loss inside MFC. In addition to the thermodynamic 369 limitations, energy loss also arises from the various constraints inherent with the 370 microbial device.¹¹⁹ Microbial growth and metabolism at anode and activation of 371 electrodes consume a large portion of energy. Direct electron flow from substrate to 372 373 electrode is hindered by the transfer resistances, including anode and cathode 374 resistances, electrolyte resistance, and membrane resistance. This minimizes the 375 potential achieved from MFC and lowers the energy recovery efficiency. To reduce internal energy losses, a membrane-less microbial battery with Ag₂O/Ag cathode was 376 recently adopted to recover 44% of the energy as electricity from glucose (Fig. 7).¹²⁰ 377 But the energy recovery will be much lower when wastes are used as feedstock. 378

379 Electrochemical reactions at the electrode surface require activation energy for 380 the electron transfer either from electron donor to anode or from cathode to electron acceptor. Energy losses at the anode of MFC are different from those for a chemical 381 382 fuel cell, because the formation of anode-biofilm creates a unique environment. First, 383 microbial metabolism involves energy loss. Microbes must capture energy from the 384 potential difference between their electron donor and terminal electron carrier to support their growth and maintenance. Second, biofilm has its own ohmic resistance 385 386 for electron conduction from microbial cells to anode surface, and mass transport within biofilm also consumes energy.²⁰ Both the intracellular and extracellular energy 387 losses in substrate consumption and electron transfer within anode biofilm have been 388 identified.¹¹⁷ As shown in Fig. 6, two kinetic processes are involved in the 389 intracellular energy losses from substrate to the outer-membrane proteins. At first, 390 391 substrate oxidation produces intracellular reducing power, which takes the form of 392 electron carriers like NADH. Then, the electron carrier is oxidized by transferring 393 electrons to outer-membrane proteins. The relationship between the substrate utilization and the current generation fits the Monod equation (eq. 10), and the 394 Nernst-Monod equation (eq. 11) could be used to describe the electron transport from 395 reduced intracellular carrier to outer-membrane proteins:¹²¹ 396

$$I = I_{\max} \frac{S}{K_{s,app} + S}$$
(10)

$$I = I_{\max} \frac{1}{1 + \exp[-1]}$$

$$I = I_{\max} \frac{1}{1 + \exp[-\frac{F}{RT}(E_{OM} - E_{KA})]}$$
(11)

1

where I_{max} is the maximum current obtained by anode biofilm, *S* is the substrate concentration in liquid, $K_{s, app}$ is the apparent half-saturation substrate concentration in biofilm, *R* is the ideal gas constant, *T* is the temperature (K), E_{OM} is the potential of outer-membrane protein and E_{KA} is the potential at which $I=1/2I_{max}$.

The extracellular energy losses also involve two kinetic processes: one is the electron transport from outer-membrane proteins to anode surface through the conductive biofilm matrix; another is the electron transport from biofilm to anode electrode. The electron transfer within biofilm is restricted by the biofilm conductivity as described by Ohm's law (eq. 12), and the electron transfer at electrode interface is modeled by the Butler-Volmer equation (eq. 13):

409
$$I = -\frac{\kappa_{bio}(E_{OM} - E_{int\,erface})}{\Delta z}$$
(12)

410
$$I = -I_0 \exp\left[\frac{nF(1-\alpha)(E_{anode} - E_{interface}^0)}{RT}\right]$$
(13)

411 where κ_{bio} is the conductivity of biofilm, $E_{interface}$ is the potential at the 412 biofilm-electrode interface, Δz is the electron transport distance within biofilm, I_0 is 413 the exchange current, n is the number of electrons exchanged, α is the 414 electron-transfer coefficient for the anodic reaction, E_{anode} is the anode potential and 415 $E_{interface}^0$ is the standard potential of the reaction occurring at anode interface.

From Eqs. 10-13, the factors restricting current generation at anode (i.e., causing energy losses in electron transfer from substrate to anode electrode) could be identified. So far, most efforts in MFC improvement have focused on engineering better fuel cell architecture and/or materials with the implicit assumption that energy loss at anode biofilm is of negligible impact on the energy-generating capacity of MFC. In fact, there may be large opportunities to improve power production by overcoming the biological limitations.¹²² A study on *Geobacter sulfurreducens*

423 showed a direct correlation between biofilm conductivity and current density, clearly suggesting that the energy loss at anode biofilm is an important factor limiting the 424 power output of MFC.¹²³ In particular, for the real-waste fueled MFCs the 425 minimization of anodic losses is as important as minimization of cathodic losses, 426 because of the interplay between the anode and cathode electrodes.¹²⁴ It should be 427 noted that substrate losses to other electron sinks, such as methanogenesis, nitrate-428 429 and sulfate-reductions, H_2 scavenging and aerobic microbial growth, can significantly reduce the energy recovery efficiency of MFC in practical waste treatments.¹²⁵ 430

431 At cathode electrons are transferred to terminal electron acceptor. This process is currently recognized as the bottleneck confining the energy output of MFC (Fig. 8).¹²⁶ 432 In analogue to other chemical and biological fuel cells, the cathode activation loss is 433 mainly due to the high energy barrier for O₂ reduction.¹²⁷ The O₂ electro-reduction is 434 435 a complex process involving several electrons and many possible pathways. In the 436 past decades great efforts have been made to improve catalyst efficiency and reaction 437 kinetics, whereas the overpotential for cathodic O2 reduction is still substantial. 438 Particularly, the activation energy for O₂ reduction is positively correlated to the 439 electrode potential according to the ab-initio molecular dynamics based on a four-step pathway (eqs. 14-17, Pt atom is used to coordinate with O₂, HO₂·, H₂O₂ and HO·) 440 (Fig. 9A).¹²⁸ 441

442
$$Pt - O_2 + H^+ + e^- \rightarrow Pt - OOH \tag{14}$$

(15)

443
$$Pt - OOH + H^+ + e^- \rightarrow Pt - OHOH$$

444
$$Pt - OHOH + H^+ + e^- \rightarrow Pt - OH + H_2O \tag{16}$$

445
$$Pt - OH + H^+ + e^- \rightarrow Pt - OH_2 \tag{17}$$

Similar results are obtained from density functional theory calculations for O_2 reduction following another reaction cycle on the Pt (111) surface (eq. 18-21). The energy barrier increases monotonically with the increasing electrode potential (Fig. 9B).¹²⁹

$$H^+ + e^- \to Pt - H \tag{18}$$

)

$$0_{2_{oas}} \to Pt - O_2 \to 2Pt - O \tag{19}$$

452
$$Pt - O + (H^+ + e^-)/Pt - H \rightarrow Pt - OH$$

2

453 (

454

$$Pt - OH + (H^+ + e^-) / Pt - H \rightarrow Pt - OH_2$$

$$\tag{21}$$

0

Therefore, in the presence or absence of catalyst, more activation energy is 455 required to obtain a high cathode potential. Even worse, many chemical catalysts 456 457 suffer from much poorer catalytic performance in MFC than in chemical fuel cells due to the suboptimal operational conditions, resulting in more energy lost at cathode.¹³⁰ 458 In addition, mass transport limitation in the cathode compartment is typically more 459 severe than that in the anode compartment because of the low solubility of O₂ in 460 water.¹³¹ For biocathode, bacterial growth and mass transfer within biofilm also 461 462 contribute to the energy losses.

463 The separating membrane between anode and cathode assures a high selectivity 464 for protons and environmental stability for bacteria growth, but it also causes 465 substantial energy loss. Membrane resistance originating from the low accessibility of 466 liquid electrolytes onto membrane surface is identified as the primary internal resistance of MFC. In electricity generation processes, electron transfer through 467 468 circuit is accompanied by ion diffusion across membrane to maintain electroneutrality. 469 Insufficient ion transport through the membrane not only causes increment in membrane resistance, but also leads to pH-splitting problem, i.e., acidification of the 470 anodic side and alkalization of the cathodic side.^{132,133} In general, anion exchange 471 472 membrane suffers from less energy loss caused by pH-gradient than cation exchange membrane, but is more prone to substrate permeability and deformation.^{134,135} 473 474 Compared with ion exchange membranes, size-selective separators, like microporous filtration membranes, porous fabrics, glass fiber and nylon mesh, usually show higher 475 ion transport ability and lower internal resistance.^{93,134,136-138} However, the CE is 476 concomitantly reduced as a result of the increased substrate and O_2 permeations 477 through the separator pores. While the development of MFC separator seems to be 478 confronted with a dilemma between charge transfer and mass permeation,139 several 479

480 emerging approaches show a potential to alleviate such a problem. Proton 481 conductance across ion exchange membrane can be facilitated by introducing 482 hydrophilic material into membrane structure, thus raising both the power output and CE of MFC.^{140, 141} Separator electrode assembly configuration with porous separator 483 and electrode bound together is found to prevent substrate and O₂ permeations 484 through porous separator, leading to an increased CE.142,143 Osmotic MFCs with 485 forward osmosis membrane exhibit promising electricity generation by making use of 486 water flux to accelerate ion transport and keep O2 out of anode.144,145 Forcing 487 electrolyte to flow continuously from the anode chamber to the cathode chamber is 488 also effective to promote proton flow while limit O2 diffusion in two-chamber 489 MFC.¹⁴⁶ At the present stage, the poor separator performance is still one major barrier 490 limiting the energy output from MFC, and there is much to be done to reduce the 491 492 separator-induced energy loss.

Electrolyte resistance coming from ionic flow through the electrolyte determines the energy loss associated with mass and charge transport in solution. Such an energy loss can be reduced by increasing solution conductivity, while the susceptibility of bacteria to the added electrolytes should be taken into consideration. In comparison, reducing the electrode spacing can decrease the mass diffusion distance and is a more feasible option to reduce the electrolyte resistance. ^{111,147,148}

499

500 **4.2 Instability of power output**

501 Stable power output is an essential requirement for an electricity generator. 502 However, the poor longevity of MFC severely restricts its potential as a direct power 503 supplier. As shown in Fig. 10, MFCs after long-term operation, especially those fueled 504 with real wastes, inevitably suffer from performance deterioration with violent 505 fluctuations in the power output.¹⁴⁹ To date, some attempts have been made to resolve 506 this problem, but truly effective and practical countermeasures are still lacking.

4.2.1 Performance deterioration of MFC. The main internal deteriorations
 responsible for the MFC performance decline are summarized in Fig. 11. The
 exoelectrogen biofilm, which varies depending on the microbial growth and decay, is

510 an important factor governing the energy conversion in MFCs. According to the 511 electron transfer from anodic microbes that are not in intimate contact with the electrode, ^{150,151} improving availability of effective biocatalysts would enhance the 512 MFC performance until mass transfer within a thick and dense biofilm becomes 513 limiting.¹⁵² Excessive bacterial colonization on anode over time brings about high 514 resistance to the substrate diffusion and charge transfer.^{153,154} In addition, anode 515 materials with multifarious porous structure favor the internal colonization of 516 microorganisms.^{147,155-162} However, macro- and micro-pores with diameters normally 517 less than 10 µm are easily clogged by microbial growth. In this case, the 518 519 non-conductive cellular debris after cell death inclines to accumulate in pores and 520 prevent mass and electron transfers because of inaccessibility of inner anode surface to the active exoelectrogens.^{21,163} Compared to the severe deteriorations of cathode 521 and membrane, anode biofilm decay may have less influence on the long-term 522 performance of MFC.¹²⁶ Nevertheless, it should be noticed that in practical waste 523 524 treatment severe performance deterioration of MFC may occur as a result of 525 irreversible damage of biofilm due to a drastic environmental variation or harsh 526 hydrodynamic force.

The O_2 reduction reaction catalyzed by chemical catalysts (usually Pt) is the 527 most dominant cathodic reaction in MFC. The unlimited availability and high 528 529 standard redox potential of O_2 in air make it an ideal electron acceptor, but chemical catalysts for O₂ reduction suffer from performance decay during long-term operation. 530 Power output was found to drop by 21% when a biofilm was formed on the 531 Pt-catalyzed carbon cloth cathode, and removal of the cathode biofilm completely 532 restored the power output to its original level (Fig. 12A).¹⁶⁴ Here, the formation of 533 cathode biofilm blocked the proton transfer to the catalysts.^{165,166} However, in 534 addition to biofilm, other factors can also cause cathode deterioration. Pores in 535 cathode could be clogged over time, resulting in raised O₂ diffusion resistance.¹⁶⁷ 536 Owing to the accumulation of alkali salt and low air humidity at the cathode side, a 537 10-liter MFC stack treating brewery wastewater exhibited a 60% decrease in P_{max} 538 during the incubation period from 30 to 180 days (Fig. 12B).⁹² Biocathodes seem to 539

be more stable than chemical ones in the over 400-day operation of MFCs.¹⁶⁸
However, in practical waste treatment biocathode may suffer from more severe
deterioration because of microbial susceptibility.

The inevitable membrane fouling during long-term operation of MFC can 543 544 significantly deteriorate its power generation performance. Accumulation of 545 high-valent ions in membrane pores would block ion transport channels and raise 546 electrical resistance. It was found that, after 400-day operation, the power density of a 547 two-chamber MFC dropped by 26.6% due to the hindrance of ion transport by cations inside the membrane.¹⁶⁹ Biofouling due to the formation of biofilm on membrane 548 surface can significantly deteriorate the membrane performance. The fouling layer, 549 550 which consisted of microorganisms encased in extracellular polymers and inorganic 551 salt precipitations, was found to lower the ion exchange capacity, conductivity and 552 cation diffusion coefficient of proton exchange membrane (Fig. 13). As a result, the 553 internal resistance of MFC was remarkably increased by 20% and the open circuit voltage was reduced by 9.9%, leading to a 32.3% decline in P_{max} .¹⁷⁰ 554

555 **4.2.2 Fluctuation of power output**. MFC is highly sensitive to environmental 556 upset. Variations of parameters such as pH, temperature and organic loading rate can substantially affect the microbial metabolism and the energy output of MFC. 557 558 Generally, bacterial growth requires pH close to neutral, and pH change not only 559 alters substrate metabolic activity but also affects the electron and proton generations.¹⁷¹⁻¹⁷⁴ The power density of MFC fed with domestic wastewater was 560 found to vary from 0.36 to 0.66 W m⁻³ in a pH range of 6.0-9.5.¹⁷⁵ Temperature also 561 562 influences the MFC performance. A moderately higher temperature favors power 563 generation because of more active microbial metabolism, improved membrane permeability and solution conductivity.¹⁷⁶⁻¹⁷⁸ Raising the temperature from 20 to 564 40 °C was found to increase the P_{max} of MFC by 38%.¹⁷⁹ Since the power output of 565 MFC depends upon the substrate conversion rate, organic loading rate affects the 566 567 MFC performance. Increment in power output was noticed as the organic loading rate was increased, but a too high organic loading rate would reduce the power density and 568 CE.^{27,180-182} In general, steady operational condition should be maintained to favor a 569

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stable power output of MFC. Unfortunately, operating condition control is usually difficult in practical waste treatment, which could lead to unpredictable fluctuation in the power output of MFC. In a study on sewage sludge-fueled MFC, a drastic fluctuation of current density from zero to the maximum value was observed due to the large variation in chemical content of feeding sludge.¹⁸ Inevitable fluctuation of power output impairs the power quality and system reliability of MFC, making it difficult to balance the power supply and demand.

577 The use of real wastes as fuel and mixed microorganisms as catalyst brings about 578 inherent constraints to the energy conversion in MFCs. Although higher 579 electricity-generating ability of exoelectrogens may be expected in the future, 580 currently the power output of individual MFC is still too low to compete with other 581 energy conversion devices. In addition, the unavoidable performance deterioration 582 over time and power fluctuation of MFC increase the difficulty in achieving reliable 583 power supply. In the light of experiences from other renewable sources like wind and 584 marine current energy, introduction of an energy storage device into circuit is assumed 585 to be a good solution to boost the power output, mitigate the power fluctuation and improve the power quality of MFC.^{183,184} 586

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589 5. Energy capture and store with MFC

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591 At present the direct power output of MFC or MFC stacks is not sufficient and stable 592 enough to support continuous operation of any commonly used electric appliance. 593 Thus, how to virtually utilize the MFC energy for real-world application remains one 594 main challenge. To harvest usable MFC energy, it is necessary to integrate devices 595 that can capture and store energy and boost the power output of MFC. Power converter-based energy storage device has been recently explored to replace external 596 resistor that is utilized to show the power output of MFC.¹⁸⁵ The electronic circuit can 597 operate as an equivalent external resistor, but energy generated from MFC can be 598 harvested in storage instead of being dissipated as heat.¹⁸⁶⁻¹⁸⁸ 599

600

601 5.1 Energy storage technologies for MFC

602 At present the electrochemical capacitor is predominantly applied to deposit MFC energy for driving low power-consumption instruments.^{24,31,188-193} An electrochemical 603 capacitor is a typical energy storage device composed of two conductive terminals 604 605 separated by a dielectric material. The charge-storage of capacitor is completed 606 predominately by utilizing a double-layer charging effect, but pseudo-capacitance also 607 partially contributes to this process. Now capacitors capable of quickly absorbing or 608 liberating a high amount of energy during hundreds of thousands of cycles without the 609 release of heat and hazardous substances have been developed. The main advantage of 610 a capacitor lies in its efficacy to smooth high-frequency power fluctuations, thus improving power quality.¹⁸⁴ 611

612 Through alternate charging and discharging, the outputs of current, voltage and 613 power from MFC can be multiplied. Since capacitor stops charging when the voltage 614 reaches the open circuit voltage value, MFC stacks and multiple capacitors are used to 615 boost the power output. By charging an array of parallel-connected capacitors from 616 four MFCs and then discharging them in series, the output voltage was found to increase from 0.7 to 2.5 V, meanwhile peak power was improved by 2.6 times with 617 negligible energy loss in circuit.¹⁹⁴ When a capacitor was integrated with an MFC 618 619 anode by using a capacitive electrode, exoelectrogens growing on the capacitive electrode can directly transfer the produced electrons to the electrode for 620 storage.¹⁹⁵⁻¹⁹⁷ Such an electrode design is able to improve the power output of MFC, 621 622 while the energy storage capacity remains to be improved in comparison to an 623 external capacitor.

Superconducting magnetic energy storage system stores energy in the magnetic field created by a flow of direct current in a superconducting coil (inductor). It is the only known technology to store electrical energy as current circulating through a coil that is made from a superconducting material and circular indefinitely. Once the superconducting coil is charged, the current will not decay and the magnetic energy can be stored. The magnetic energy storage system can harvest 67% energy from MFC.¹⁹⁸ Although the implementation of magnetic energy storage device is costly, the
 minimal amount of energy loss and high quality of power output make it an attractive
 option for the MFC energy storage.¹⁹⁹

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634 **5.2 Capacitor-based power management system**

The use of a capacitor cannot produce a continuous power output, but it does 635 636 allow an intermittently supply of higher power. This is acceptable, especially for some 637 environmental monitoring sensors that are operated in an intermittent mode. In such 638 a case, capacitor is usually used together with a charge pump, a boost converter and 639 load, constituting a power management system (Fig. 14). The charge pump draws a 640 low current from the MFC to charge the capacitor, while the boost converter is used to lift the output voltage of the capacitor to the voltage level of load.²⁰⁰ The power 641 management system has been proven useful to assist the benthic MFCs as a long-term 642 power source for remote sensors.¹⁸⁹⁻¹⁹² 643

644 Another application pattern of the circuitry is the self-sustainable MFC stack. An 645 MFC stack made from 40 identical 20 mL units of single-chamber 3D-printed MFCs 646 was developed to perform its daily regime of feeding, hydration, self-sensing and reporting by using its own power.¹⁸⁸ Electricity generated from this MFC stack was 647 648 used to continuously run a microcontroller for self monitoring and reporting the stacks' 649 voltage and environmental temperature every 10 min. It was also used to simultaneously charge a 12.5-F supercapacitor pack to power the stacks' anolyte 650 651 feeding at 48-hour interval and catholyte hydration at 12-hour interval. When the 652 MFC stacks are scaled up their power output is able to run electric devices such as DC 653 pumps. The power of an MFC stack composed of 24 tubular MFCs with 2-liter working volume was charged into the 25-F ultracapacitors through a battery 654 management evaluation module (EVM) board (Fig. 2).²⁴ The output voltage of 655 ultracapacitors was stabilized at 3.5 to 4.5 V to power the DC pump while input 656 657 voltage was only 1 V. Self-powered active-feeding pattern has been demonstrated by a 658 100-liter brewery wastewater-fed MFC stack with five capacitor-based circuits charged in parallel and discharged in series (Fig. 3).³¹ Notably, the energy 659

660 consumption for pumping was less than half of the total energy produced by the MFC, 661 thus enabling extended functionality with excess energy. Recently, a 6-liter MFC was constructed which harvested 0.27 kWh/m³ energy from synthetic wastewater with 662 COD of 1000 mg/L. By using a circuit made up of 3.3-F capacitors and relays 663 664 controlled by programmable microcontroller, the generated energy was used to power both the pumping system for MFC (at energy consumption of 0.014 kWh/m³) and 665 another intermittent aeration system for biological filter (at energy consumption of 666 0.22 kWh/m³).²⁰¹ By virtue of a power management system, more durable power is 667 conceivable from large-scale MFC stacks to drive electric appliances in waste 668 669 treatment plants.

670 To date almost all reported power management systems for MFC energy harvest have been focused on DC output to power small electronic devices. However, general 671 672 electrical appliances in waste treatment require alternating current (AC) power to 673 operate, which raises the need to develop energy management system that is able to 674 conduct DC-AC power conversion for large-scale MFCs. A DC-AC converter that can 675 generate alternating voltage in any desired frequency at \geq 95% efficiency was recently developed.²⁰² However, how to incorporate such a converter with a capacitor remains 676 677 a challenge.

678 The circuit with a resistor connected between anode and cathode indicates the 679 amount of power that can be continuously supplied by an MFC, but it does not 680 capture any usable energy. When an MFC is connected with a capacitor as an energy 681 storage device, traditional evaluation criterions based on the circuit with an external 682 resistor becomes not suitable. Alternatively, the circuit should be evaluated in term of energy harvested by a capacitor.²⁰³ Specifically, information on the capacitor value, 683 the charging potential allowing maximum energy harvest and the charging frequency 684 685 achieving a desired charging potential will be important for the system performance 686 evaluation.

Now the study about power management system for MFC is in its infancy. There are a variety of electrical energy storage technologies, including capacitor energy storage, superconducting magnetic energy storage, battery energy storage, flywheel

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energy storage, pumped hydro energy storage and compressed air energy storage, available for energy systems at different power scales. Capacitor is the most suitable candidate for energy storage with a consideration of the present power level of MFC, yet its performance as a long-term energy storage device for large-scale MFCs is still to be evaluated. Other energy storage technologies should also be tried to adapt to the development of MFC and to fulfill diverse application demands.

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698 6. In-situ utilization of energy generated in MFC

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Since the power output of individual MFC cannot continuously drive common electronics, in-situ utilization of the electrical energy generated from MFC has to be considered. There have been several systems developed so far using the MFC platform with different functions or system constructions (Fig. 15).

704

705 6.1 Microbial electrolysis cell (MEC)

706 MFC can be operated in a "microbial electrolysis cell" (MEC) mode, in which 707 power originated from anode is invested to drive thermodynamically unfavorable 708 reactions at cathode. A typical application is the use of an external voltage higher than 709 0.25 V on top of the MFC potential to initiate H_2 evolution at cathode through reduction of protons.^{204,205} Such a voltage is much lower than that used in traditional 710 711 water electrolysis (1.8-2.0 V). Notably, an MFC can be connected with an MEC to 712 satisfy extra power demand. In an MEC-MFC-coupled system, bioenergies from the 713 anodes of MFC and MEC were integrated to overcome the thermodynamic barrier from protons to $\mathrm{H}_2,$ thus realizing H_2 harvest from wastes. 114,206 714

Similar strategies can be used to produce other chemicals in cathode chamber. Fig. 16 illustrates the external voltages applied to trigger the synthesis of various chemicals at cathode reported in literature. The production of CH_4 and organic acids such as formic acid and acetate was achieved in a process, which utilized the electrons from anode to reduce CO_2 .²⁰⁷⁻²⁰⁹ The feasibility of producing cathodic hydrogen 720 peroxide (H_2O_2) through two-electron pathway of O_2 reduction combined with the microbial oxidation of organics at anode was also demonstrated.²¹⁰ Under an external 721 voltage of 0.5 V, this system was capable of producing H₂O₂ from acetate at an 722 efficiency of 83%. Since H₂O₂ generated at cathode is apt to self-decompose in water, 723 it is proposed to be in-situ utilized to degrade biorefractory pollutants under the 724 catalysis of ferrous iron.²¹¹ The energy of MFC can also be utilized for the metal 725 recovery from waste streams. Metals with high reduction potentials are directly 726 727 recovered at cathode and those with low reduction potentials are recovered in the aid 728 of an external power supply. To recover Cu, Pb, Cd and Zn from wastewater, external voltages of 0, 0.34, 0.51 and 1.7 V were required, with corresponding energy 729 consumptions of 0, 3.8, 7.7 and 283.9 kWh/kg metal, respectively.²¹² 730

731

732 **6.2** Microbial desalination cell (MDC)

733 The concept of MDC is established by making use of the chemical energy stored 734 in organic matter to create a potential gradient across anode and cathode to drive desalination.²¹³ A typical MDC unit consists of an anode chamber responsible for 735 736 organic degradation and electricity production, a middle chamber for ion separation 737 and a cathode chamber for completing the electric loop (Fig. 15). In contrast to other 738 water desalination techniques that require power input, the MDC technology is 739 advantageous for extracting pure water from seawater and meanwhile gaining net 740 energy from wastewaters. For example, a liter-scale upflow MDC produced an energy of 1.8 kWh, accompanied by reducing 90% of salinity from 1 m^3 of seawater. In 741 742 comparison, the recovery of 50% water in reverse osmosis system consumed 2.2 kWh energy.²¹⁴ 743

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745 6.3 MFC-assisted photoelectrocatalytic (MPEC) system and bio-photo 746 electrochemical cell (BPEC)

Photocatalytic oxidation is a promising process for degrading organic pollutants,
but it suffers from recombination of photogenerated electrons and holes, which
severely depresses the photocatalytic efficiency. This problem was resolved by

connecting a photocatalytic system with an MFC to supply external anodic bias.²¹⁵
Notably, pollutant degradation rate in this integrated system was two times the sum of
the rates by individual photocatalytic and electrochemical methods, indicating that the
MFC and photocatalytic system were enhanced by each other.

754 Bioelectricity generated at anode can also be used to assist H₂ evolution at a photocathode. A self-bias BPEC with MoS₃-modified silicon nanowire photocathode 755 756 was constructed to realize spontaneous H_2 production and electricity generation under visible light illumination.²¹⁶ In such a system, photogenerated holes in the valence 757 band of semiconductor cathode were trapped by electrons coming from the bioanode, 758 759 while the photo-excited electrons were combined with protons to form H_2 . In this way, 760 recombination of the electrons and holes generated under illumination were 761 effectively retarded, resulting in favorable H₂ production.

762 The functions of MFC have been extensively expanded in above systems, which 763 share microbial oxidation reaction at anode whereas harness electron flow to satisfy 764 various purposes. The advantage of these systems is that the electrical energy 765 generated at anode is in-situ utilized with a minimum energy loss. However, it should 766 be noted that such an in-situ utilization strategy requires an integration of MFC with 767 other energy-consuming processes, which may introduce additional impacts on the 768 anode and cathode reactions. For example, electron flow in the MPEC is different 769 from that in a single MFC. In addition to protons, the cations and anions also migrate in the MDC. In an MEC system, some aggressive cathode products such as H_2O_2 and 770 771 H₂ are generated, which may lead to the deactivation of chemical catalysts. Therefore, 772 energy generation and consumption inside the system should be appropriately 773 coordinated to maximum the synergies.

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776 7. Challenges and perspectives

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In the context of wastewater treatment, it has long been hypothesized that MFC offers
the advantage of energy self-sufficiency, instead of energy consuming.²¹⁷ The main

780 energy consumers in MFC operation are pumps for feeding, mixing and recirculation. 781 According to the state-of-the-art practice in domestic wastewater treatment, an MFC consumes about 0.024 kWh/m³ wastewater for reactor feeding and mixing, but 782 produces 0.026 kWh/m³ wastewater of electricity.¹⁴⁹ For food wastes, to sustain the 783 pump system of a brewery wastewater-fueled MFC, a total energy of 0.027 kWh/m³ 784 wastewater was required, which was only 27.8% of the total energy produced.³¹ 785 Therefore, a net-positive energy balance in practical waste treatment is conceivable if 786 787 the energy potential in waste could be better exploited by MFC. This requires 788 effective measures to reduce energy loss inside MFC, suitable pretreatment to liberate 789 biodegradable substrates from waste, and integration of energy management system to 790 boost and stabilize power generation from MFC.

The potential energy stored in different wastewaters ranges from 4.92 to 7.97 791 kWh/kg COD.²¹⁸ but currently MFCs recover less than 1.0 kWh/kg COD energy in 792 real wastewasters.¹⁹ Thus, there is room for MFC to improve energy recovery from 793 794 wastes. In order to lessen energy loss to the anode biofilm, genetic engineering is 795 highly recommended to construct exoelectrogen strains with superior electron conductivity;²¹⁹ the optimal biofilm thickness to allow efficient electron transfer and 796 797 substrate access should be pursued; novel electrode design, such as 3D macroporous electrode, is needed to provide scaffold for microbial colonization while avoid cell 798 clogging.¹⁶³ In addition, O₂ reduction efficiency at cathode is expected to be promoted 799 by developing novel alloy or biomimetic catalysts of high activity, selectivity, and 800 durability under the operating conditions of MFC.^{220,221} Development of composite 801 802 membrane and forward osmosis membrane is encouraged with a high ionic conductivity, low mass permeability, and less susceptibility to biological and chemical 803 foulings.^{140,141,144,145} At present, the estimated cost of an MFC system is 800 times 804 higher than that of an anaerobic system, attributed mainly to the high costs of 805 electrode and separator materials.²²² In the future development of electrodes and 806 separators, low-cost materials should be pursued to reduce the economic barrier of 807 808 MFC in waste treatment facilities.

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Acknowledging that the power output of MFC is too low to directly drive

810 commonly used electronics at the present time, tremendous efforts have been devoted 811 to advancing the reactor assembly, material, and operation of MFC. However, in 812 practical waste treatments the chemical composition of feedstock has even more 813 important influence on the MFC performance than the reactor itself. Complex 814 substrates in real wastes usually result in lower electricity generation than simple ones because of more complicated degradation pathways and hence more energy losses.¹⁷ 815 Also, the frequent presence of competitive electron acceptors in wastes further lowers 816 817 the energy recovery efficiency of MFC. Therefore, in the design and operation of 818 MFC, priority should be given to the conversion of carbon-diverse wastes to 819 substrates favored by exoelectrogens and the mitigation of electron losses due to 820 undesirable electron acceptors. This would need a multi-stage approach. It has been 821 well established that running MFC systems in series or implementing anaerobic 822 pretreatment can increase microbial accessibility to practical wastes and lower the competitiveness of other electron acceptors like nitrate.^{41,47,223} For some wastes rich in 823 824 biorefractory components, the pretreatments with costly chemicals or physiochemical 825 methods are necessary to enhance the biodegradability of wastes, but energy content 826 of wastes is simultaneously reduced in the pretreatment. Hence, pretreatment should 827 be carefully controlled to supply biofavorable substrates at a minimum energy expense and economic cost. For example, a 3.6-liter two-stage MFC system fed by 828 829 untreated primary sludge at a hydraulic retention time of 14 day produced total energy of 23.22 kWh/m³ anode liquid volume over 120-day operation. Thus, the NER was 830 approximately 2.71 kWh/m³ sludge, which is equal to 0.05-0.11 kWh/total suspended 831 solids (TSS) based on the TSS of sludge varying from 23.8 to 58.4 g/L.¹⁸ Yet, the 832 energy consumption of ultrasonic, ozone and thermal (at 90 °C) pretreatments for 833 solubilizing sewage sludge could be as high as 2.60-2.80, 4.49-5.13 and 40.32-45.52 834 kWh/kg TSS, respectively.²²⁴ While various pretreatment methods have been used in 835 MFC studies, the economic issue is given little attention. To select and optimize 836 837 pretreatment methods for MFC, it is time to perform comprehensive evaluation on the 838 operation expenses of pretreatment, the costs associated with energy loss in pretreatment, and the revenue benefits from the enhanced biodegradability of wastes. 839

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840 Despite the potential of MFC in generating electricity from real wastes, how to 841 take advantage of the MFC energy is a key challenge. It should be admitted currently 842 the energy capacity of individual MFC is not sufficiently high to support continuous 843 operation of electric appliance. Even though the power output can be somewhat 844 improved by using MFC stacks, the performance deterioration and fluctuation 845 occurring during long-term operation remain a significant barrier limiting its 846 application. Therefore, effective energy management systems are urgently required to 847 lift power quality from MFC. Although many commercial energy management 848 systems are already available, systems tailored for MFC is to be developed yet. 849 Specifically, energy management system capable of generating AC power should be 850 pursued to favor the use of MFC energy for a wide range of electrical appliances. 851 Supercapacitor is anticipated to be a lucrative candidate for the MFC energy storage 852 due to its high energy capacity, flexible design and excellent ability to stabilize the 853 power supply. Capacity-based energy management systems have been reported by 854 several groups, yet the charging and discharging processes are not well controlled. 855 Charging and discharging potential and frequency as well as capacitor value are 856 selected manually by trial and error within the operable range, which makes it 857 difficult to fully extract energy from MFC. Regulation of charging and discharging 858 processes adaptable to MFC power output is a primary task to ensure reliable energy 859 storage and liberation.

860 Scaling up MFC to a practical level is essential to its technological and economic 861 viability. However, even at field-scale MFC cannot meet the power generation 862 requirements as an independent electric energy supply. Nevertheless, it may be 863 integrated into a hybrid energy system and be used as a supplement to the 864 conventional power generation facilities. A hybrid energy system usually combines 865 renewable and conventional energy sources to reduce economic and environmental costs of fuel-based power supplies.²²⁵ Hybrid systems based on wind or solar energy 866 bear a good potential in the real-world applications,^{226,227} which inspires us that the 867 projecting of MFC-based hybrid energy systems might be a feasible way for the 868 869 field-scale MFC. The concept of hybrid energy system is also promising to provide 870 more reliable power from small-scale MFCs for some low power-consumption niches. 871 A multi-source system that manages energies from MFC and acoustic piezoelectric 872 harvester has been designed to meet the demand of perpetual energy supply for underwater wireless sensor networks.²²⁸ In another study, a hybrid dielectric elastomer 873 generator-MFC energy harvester was applied to EcoBot.²²⁹ The EcoBot operation was 874 characterized by dormant periods for energy storage from MFC, followed by the 875 876 activation of the EcoBot using stored energy. Also, dielectric elastomer generator, 877 driven by wind or water, was used as an alternate energy harvester to prolong active 878 periods of EcoBot. The MFC-based hybrid energy system could be a new frontier in 879 MFC research to put this technology into practice. Since the operating characteristic is 880 distinct for each energy resource, MFC and other energy resources should be 881 compatible in a hybrid system. Energy management systems with functions of energy 882 storage, control and distribution need to be integrated with the hybrid system to assure 883 the quality and reliability of energy output.

884 Although the level of MFC power output can be lifted by using an energy storage 885 device, energy loss inevitably occurs in each charging and discharging process. In 886 comparison, the in-situ utilization strategy enables the electric energy generated from 887 MFC to be directly and more efficiently exploited. The experience at our laboratory 888 on MEC, MPCE and BPEC studies demonstrates that there are numerous possibilities 889 to harness electron flow from MFC to facilitate reduction-based processes. 890 Particularly, MEC-based microbial electrosynthesis represents a great opportunity for 891 chemical production. The microbial electrosynthesis in its nature allows on site 892 transformation of wastes at anode to expected products at cathode via electricity. One 893 notable merit of MEC is that the drawback derived from unstable energy output of 894 anode can be compensated by adjusting the intensity of an external power supply. To 895 forward this technology efforts are needed to seek for high product specificity. 896 Therefore, bio-catalyzed electrochemical reactions occurring in MFC provide inherent 897 advantages to utilize chemical energy in real wastes for diverse applications. 898 Strategies for in-situ utilization of the MFC power should be explored when extending the application scope of MFC, and integration of MFC with other technologies at 899

900	low-energy demand should be encouraged.
901	
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Type of waste	Reactor configuration	Reactor volume (L)	Maximum power density		Maximum <i>CE</i> (based on	Ref.
			Normalized by anode volume (W/m ³)	Normalized by anode area (W/m ²)	COD)	
Urban wastewater	Two-chamber MFC	1		0.025		87
Domestic wastewater	Membrane electrode assembly MFC	3.5	2		0.9	88
Domestic wastewater	Multi-anode/cathode MFC	20		1.500		89
Domestic wastewater	MFC stacks (parallel connected)	1.872 (156 mL per	248		77.8	90
	MFC stacks (series connected)	unit)	228		12.4	
Palm oil mill effluent	Upflow membrane-less MFC	2.36		0.0446		32
Ultrasonically pretreated palm oil mill effluent	Two-chamber MFC	4	18.33	18.96		91
Brewery wastewater	Serpentine-type MFC stack	10 (250 mL per unit)	6.0		7.6	92
Brewery wastewater	Baffled MFC	100		0.181	19.1	31
Sugar refinery wastewater	Single-chamber MFC	1	1.495		5.37	93
Protein food industry wastewater	Two-chamber MFC	1.5		0.2303	15	94

Table 1 Power output from liter-scale MFCs fueled with various real wastes

Cassava mill wastewater	Single-chamber MFC	30		1.800	20	95
Acidogenic food waste leachate	Two-chamber MFC	3	15.14		66.4	96
Landfill leachate	Single-chamber MFC	1		0.0018		41
Landfill leachate	Two-chamber MFC	1		0.00135		42
Landfill leachate	Single-chamber circle MFC	1.89		insignificant	5.2	48
		1	0.844		41%	
Landfill leachate	Membrane-less MFC	3.5	2.71			97
Sewage sludge	Two-chamber MFC	1	45.34	0.04534		98
Sewage sludge	Membrane-less	1	2	0.29		99
Primary sludge	Tubular MFC	1.8	6.4		7.2	18
Digested sludge			3.2		2.6	
Primary sludge	Two tubular MFCs (series	1.8	8.5 (MFC1)		2(MFC1)	
	connected)		10.7 (MFC2)		4(MFC2)	
Thermo-chemical pretreated dairy	Two-chamber MFC	1.35	0.715		9	100
waste activated sludge						
Animal carcass wastewater	Up-flow tubular air-cathode MFC	1.2	2.19		0.25	101
Swine wastewater MFC stacks (parallel connected)		1.475 (295 mL per		175.7	0.1	102
		unit)				
Cattle manure solid waste	Twin -compartment MFC	1.8	0.3	0.093		103
Cattle dung	Two-chamber MFC	15	0.22		2.79	104
Piggery wastewater	Loop configuration MFC	5	0.0014			73
Chemical wastewater	Two-chamber MFC	1.5	2.02			105
Mixture of domestic wastewater and	Membrane-less cross-linked	4 (2 L per unit)	750		36	106
real textile wastewater	MFCs					
Bermudagrass straw	Two-chamber MFC	2		0.00000309		107

Avena L. straw	Soil MFC	0.0108	108
Acorus calamus leaves	Sediment MFC	0.195	109
Wheat straw		0.167	

Figure captions

Fig. 1 Electricity generation from wastes by MFC.

Fig. 2 A) Prototype of a 200-liter MFC stack fed with domestic wastewater; B) Schematic of charging/discharging circuit connection; and C) Charging and discharging of the ultracapacitors to drive a DC motor. When the voltage of the ultracapacitors reaches 4.5 V, they are discharged by powering the motor. When the voltage is lower than 3.5 V, unltracapacitors are disconnected from the motor and charged by the MFC stack until the voltage is 4.5 V (adapted with permission from ref. 24. Copyright 2015 Elsevier Ltd.)

Fig. 3 A) Schematic diagram; B) Photo of the 90-liter stackable baffled MFC fed with brewery wastewater; C) Electrical energy allocation controlled by a float switch. When the liquid level in the head tank falls 1 mm below the height at which the switch is installed, the capacitors are discharged through the pump. When the liquid level rises to the height at which the switch is installed, the energy is harvested by the 5 Ω resistor; and D) Changes of operating voltage across pump and resistance. The maximum voltage on the pump is 4.2 V, which is sufficient to meet the energy requirement for pumping (adapted with permission from ref. 31. Copyright 2015 Elsevier Ltd.)

Fig. 4 Enhancement of pretreatment on exoelectrogenic accessibility to lignocellulosic materials.

Fig. 5 Comparison of: A) power density; and B) power level between MFC and other energy conversion devices in transportation propulsion and stationary power sectors (data are obtained from refs. 111, 112 and 116).

Fig. 6 Schematic of the electron transfer process at anode of MFC with sequential energy losses.

Fig. 7 Energy recovery in a glucose-fed microbial battery with an Ag₂O/Ag solid-state cathode (adapted with permission from ref. 120. Copyright 2013 PNAS).

Fig. 8 A) Nyquist plots showing a significant contribution of cathode impedance to the total impedance of MFC; and B) Behaviors of anode, cathode and solution membrane impedance over time during the enrichment of exoelectrogens in the MFC (reprinted with permission from ref. 126. Copyright 2010 American Chemical Society).

Fig. 9 A) Activation energy for the four steps of O_2 reduction as a function of electrode potential. Heavy lines connect points with species undergoing reduction bonded to a platinum atom. Dotted lines connect points with no bonding to the

platinum. The same key applies to both sets of curves; and B) Energy barriers for the O_2 reduction calculated by density functional theory (Reprinted with permission from refs. 128 and 129. Copyright 2000 The Electrochemical Society, Inc. and 2012 American Chemical Society).

Fig. 10 Current profiles of 4-liter tubular MFCs installed in a municipal wastewater treatment facility: A) with activated carbon powder as catalyst at cathode; and B) with both the activated carbon powder and Pt as catalyst at cathode (Reprinted with permission from ref. 149. Copyright 2013 American Chemical Society).

Fig. 11 Internal factors responsible for performance decline of MFC.

Fig. 12 A) Power density (P) and coulombic efficiency (CE) of MFC influenced by the growth of cathode biofilm; and B) Linear sweep voltammetry of cathode showing the performance deterioration due to cathode clogging by alkli salts from Day 20 to Day 60. The current is retrieved after the salt is removed by water rinse (Reprinted with permission from refs. 92 and 164. Copyright 2012 Elsevier Ltd. and 2009 American Chemical Society).

Fig. 13 A) Reconstructed three-dimensional image of the fouling layer on the proton exchange membrane after 90-day operation of MFC; B) Bacteria in the fouling layer; and C) Decreases in power and voltage of the MFC due to biofouling (adapted with permission from ref. 170. Copyright 2012 Elsevier Ltd.)

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Fig. 15 Principles for the in-situ utilization of power generated in MFC for various applications.

Fig. 16 External voltages applied for the production of various chemicals (data are obtained from refs. 212^a, 209^b, 207^c, 210^d, 208^e and 204^f).



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