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3 **Quinones as novel chemiluminescent Probes for sensitive and selective**
4 **determination of biothiols in biological fluids**
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ABSTRACT

Altered plasma aminothiols concentrations are thought to be a valuable risk indicator which interestingly utilize for routine clinical diagnosis and monitoring of various metabolic disorders and human diseases, and accordingly there is a need for accurate and reliable assay capable of simultaneously determining aminothiols including, glutathione (GSH), *N*-acetylcysteine (NAC), homocysteine (Hcys), and cysteine (Cys) in human plasma. Herein, a highly sensitive, selective, and very fast HPLC-chemiluminescence (HPLC-CL) coupled method is reported, exploiting for the first time the strong nucleophilicity and high reactivity of aminothiols toward quinones for CL assay. The unique redox-cycling capability of MQ and/or Michael addition adducts, thioether-quinone conjugates, were utilized to establish a novel analytical method based on the reaction of adduct with dithiotheritol (DTT) to liberate reactive oxygen species (ROS) which are detected by a luminol-CL assay. Specimen preparation involved derivatization of aminothiols with menadione (MQ) for 5 minutes at room temperature. A unique green chemistry synthesis of thioether-quinones in HEPES buffer (pH 8.5) was introduced by our reaction methodology; without needing to hazardous organic solvent or catalyst. The aminothiol-MQ adducts were separated using solid-phase extraction followed by isocratic elution on an ODS column. Linearity was observed in the range of 2.5-500, 5-500, 10-1500, 20-2000 nM with detection limits (S/N of 3) of 3.8, 4.2, 8, and 16 (fmol/injection) for GSH, NAC, Hcys, and Cys, respectively. The method was successfully applied for selective determination of aminothiols in human plasma from healthy people and patients with rheumatic arthritis and diabetes mellitus. The obtained results postulated the usefulness of our method for investigating the relationship between aminothiols metabolism and related human disorders.

INTRODUCTION

The physiological significance of low molecular weight thiols such as homocysteine (HCY), cysteine (CYS), glutathione (GSH), and *N*-acetylcysteine (NAC) (Figure 1) is well recognised with the levels of these compounds within biological fluids such as plasma and urine serving as valuable biomarkers in a number of clinical situations and a wide variety of diseases^{1,2}. For instance, elevated levels of these aminothiols have been linked to Alzheimer's, Parkinson's, rheumatic arthritis, and cardiovascular diseases and increased levels of GSH and CYS have been noted in AIDS-related dementia^{3,4}. Depletion of

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3 intracellular aminothiols has been associated with liver disease, cervical cancer, leukemia,
4 diabetes mellitus and several other disorders^{3,5}. Consequently, the monitoring aminothiol
5 levels in physiological systems are needed to further investigate their specific role as
6 biomarkers. While there is an urgent need to monitor aminothiols and indeed several
7 procedures proffered⁶⁻¹⁰, considerable scope remains for the event of fast protocols that
8 require minimal sample pre-treatment.
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14 The main stumbling block in the development of measurement assay has been the
15 unfavorable physicochemical properties of aminothiols. In fact, they lack a strong absorption
16 in UV-vis regions or native fluorescence, are easily oxidized to disulfides, and are generally
17 highly polar and water soluble, which makes their measurements an overwhelming challenge
18 face the analyst and biologist⁸⁻¹⁰. Accordingly, the development of novel measurement
19 protocols is particularly attractive. Among the various detection techniques, fluorescence
20 detection is the most widely used technique owing to its sensitivity and selectivity⁷⁻¹⁰. Several
21 fluorescent reagents have been employed, including *o*-phthalaldehyde (OPA),
22 monobromobimane (mBBR), *N*-substituted maleimides, iodoacetamido-containing reagents,
23 difluoro-4-bora-3a, 4a-diaza-s-indacene (BODIPY), and benzofurazan derivatives⁸. Although
24 the fluorescence derivatization assay overcame many obstacles, most of fluorescent reagents
25 exhibit certain difficulties⁹⁻¹². Therefore, new derivatizing reagents are still desirable to
26 simplify the detection process and improve the sensitivity and selectivity of the detection
27 methods.
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38 The choice of derivatizing probes is remarkable not only for the selective and
39 sensitive detection, but also for improvement of chromatographic properties and stabilization
40 of thiols. The optimum reagent should react with thiol group specifically and rapidly at
41 lowest possible temperature. The sulfhydryl group of aminothiols has strong nucleophilicity
42 and high complexation activity which utilized in a verity of discipline⁹. On one hand, the high
43 reactivity of thiols as strong nucleophiles towards α - β unsaturated compounds has been
44 recognized from long time. On another hand, the important roles of quinones in biology can
45 be attributed to their versatile oxidative and electrophilic properties which promote electron
46 transfer in living systems and Michael addition with cellular thiols, such as free cysteine,
47 glutathione, and cysteine residues of proteins¹³. Consequently, the nucleophilic addition of
48 thiols to quinone moieties is well established, providing the basis of the synthesis of many
49 biologically active compounds¹⁴, numerous spectroscopic and pre-column chromatographic
50 derivatisation as well as electrochemical protocols¹⁵⁻¹⁹ which have been assessed and
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3 successfully presented the fundamental characterization technique for the analytical
4 determination of biological thiols. However, the reasonability of these conventions has
5 remained a matter of theory. New measurement techniques thus are required exploiting the
6 nucleophilicity of biothiols towards electrophiles.
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10 The application of chemiluminescence (CL) assay for determination of trace and
11 ultra-trace concentration of organic and inorganic compounds has interestingly increased
12 owing to the simplicity and selectivity of CL measurements¹³. Several subsidiary articles
13 have described the CL determination of thiols using batch or flow injection methods²⁰⁻²².
14 These methods lack the selectivity required to accurate measurement of thiols in complex
15 biological matrices. Although many attempts to address this issue are recently reported²³⁻²⁵,
16 the sensitivity was not sufficient to ultra-trace concentration of thiols in some biological
17 matrices. Michael-addition-type probes have been actively developed in recent years for the
18 design of chromo- and fluorogenic probes for thiol sensing and methods using CL probe have
19 yet to be published⁹; nevertheless, CL detection is a highly sensitive technique with several
20 advantages over fluorescence and UV detection.
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24 Up to date, there is no methodology that utilizes merits of aminothiols nucleophilicity
25 and CL assay for biothiols measurement. Recently we have reported many novel and highly
26 sensitive CL methods for determination of quinones and quinone-adducts. The proposed
27 methods exploited the unique photochemical or redox-cycling ability of quinones to liberate
28 powerful oxidizing agents including superoxide anion, hydroxyl radical, and hydrogen
29 peroxide which measured by luminol-CL assay^{13, 26-28}. Menadione (MQ), a representative
30 quinone, can rapidly conjugate with plasma thiols after intraperitoneal administration forming
31 thioether adducts²⁶. Although the thioether adducts might be considered a part of quinone
32 metabolic fate, the adducts retain the redox reactivity of parent quinones (Figure 1). In view
33 of this fact, quinones can be exploited as a highly selective electrophile which could be
34 attacked by aminothiols rapidly at room temperature giving thiol conjugates which retain
35 quinone moieties and enter redox-cycling more efficiently than parent quinones (Figure 1)²⁶.
36 Therefore, the objective of our work is the development of novel and simple analytical
37 methodologies that employ quinones as redox indicators for *in vitro* and *in vivo* assay of
38 aminothiols.
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EXPERIMENTAL

Chemicals and Reagents

All chemicals and solvents were of extra pure grade. MQ, acetonitrile (ACN), and methanol (HPLC) grade were supplied by Kanto Chemical Company (Tokyo, Japan). DTT, tetra-*n*-butylammonium bromide (TBAB), nitric acid, Hcys were from Nacalai Tesque (Kyoto, Japan). Luminol and phosphate buffer saline (PBS) powder (0.01 mol/L) were from Wako Pure Chemical Industry (Osaka, Japan). *Tris*(2-carboxyethyl) phosphine (TCEP), NAC, and Cys were from TCI (Tokyo, Japan). GSH was from KOHJIN Co. Ltd (Tokyo, Japan). 4-(2-Hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) was from Sigma Aldrich (St. Louis, MO, USA). Sodium hydroxide (NaOH) was purchased from Merck (Darmstadt, Germany). *Tris* (hydroxymethyl) aminomethane (*Tris*) was obtained from INC biomedical Co (Eschwege, Germany). SPE (solid phase extraction) cartridges, Oasis[®] hydrophilic lipophilic balance (HLB) 1cc/30 mg was from Waters (Milford, MA, USA).

MQ-GS, MQ-Hcys, MQ-Cys, and MQ-NAC were synthesized in our laboratory as described previously and the structures confirmed by MS and Elemental analysis²⁶. Milli-Q water was purified by a Simpli Lab-UV (Millipore, Bedford, MA, USA) an ultrapure water system. Standard stock solutions of GSH, Hcys, Cys, and NAC (1 mmol/L) were prepared in purified water and of MQ (100 mmol/L) in ACN were kept at -30 °C until used. Working solutions were prepared each day from stock solution by appropriate dilution with purified water. All other chemicals were prepared in purified water unless otherwise indicated.

Instrumentation

The HPLC system (Figure 2) consisted of three LC-10AS liquid chromatographic pumps (Shimadzu, Kyoto), a Rheodyne 7125 injector (Cotati, CA, USA) with a 20- μ L sample loop, a CLD-10A CL detector (Shimadzu), and SIC chromatorecorder (Tokyo, Japan). PTFE tubing (15 m \times 0.5 mm i.d., GL Sciences, Tokyo) was used as reaction coil. Chromatographic separation was performed on Cosmosil[®] 5C₁₈-MS-II (250 x 4.6 mm, i.d., 5 μ m, Nacalai Tesque) that used as stationary phase. Isocratic elution with a mixture of 10 mM *Tris*-HNO₃ buffer (pH 8.8) and ACN (65:35, v/v %) containing 30 mM TBAB was used as mobile phase. The eluent from the column was mixed with 1 mM of DTT in ACN and 1 mM of luminol in 25 mM NaOH aqueous solution, simultaneously. The flow rates of the mobile phase, DTT, and luminol solutions were set at 0.50, 0.25, and 0.25 mL/min,

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3 respectively. Lumat LB-9507 luminometer (Berthold) was applied for time profile CL
4 measurement, and HORIBA F22 pH meter was used to adjust buffer pH.
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7 8 **Sample preparation**

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10 One hundred microliters of human plasma or calibration solution, diluted with 500
11 mmol/L HEPES buffer, pH 8.5 to approximately 300 μ L, was mixed with 10 μ L of TCEP
12 solution (100 mmol/L in HEPES buffer, pH 8.5) and allowed to react at room temperature for
13 15 min. 20 μ L of MQ solution (100 mmol/L in ACN) was added and the sample was spin for
14 5 min at room temperature. Oasis HLB 1 cm³/30 mg cartridges were used to isolate the
15 resulting adducts from each biological sample. The cartridges were conditioned with 0.5 mL
16 of methanol and equilibrated with 0.5 mL of purified water. The samples were passed
17 through individual cartridges, after which the cartridges were washed two times with 250 μ L
18 of purified water. The target analytes were eluted with 150 μ L of 40% ACN, followed by 150
19 μ L of neat ACN. Each mixture was vortex mixed, diluted ten times, and 20 μ L was then
20 injected into the HPLC-CL system.
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28 29 **Method Validation**

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31 The method was validated by evaluation of the following parameters: specificity and
32 selectivity was assessed by comparing chromatograms of plasma and plasma incubated with
33 MQ. Sensitivity was termed by limit of detection (LOD) and limit of quantitation (LOQ) that
34 were defined as the concentration with a signal-to-noise (S/N) ratio of at least 3 and 10,
35 respectively. Linearity, expressed by the correlation coefficient (r), was evaluated with
36 calculation of a least-squares regression line. Linearity of each analyte was determined with
37 at least 6 concentration levels, not including the blank on 3 separate days. In order to assess
38 the intra- and inter-day precision and accuracy, three quality control (QC) samples at low,
39 middle, and high concentrations of GSH, Hcys, Cys, and NAC were prepared as described
40 above. The intra-day precision was assessed by calculating the % RSD for the analysis of the
41 QC samples in triplicates; and inter-day precision was determined by the analysis of the QC
42 samples on three separate days. The recovery for GSH, Hcys, Cys, and NAC were
43 determined by comparing the peak height ratios of the analytes in human plasma at the QC
44 concentrations to those in purified water at equivalent concentrations and expressed in
45 percentage.
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RESULTS AND DISCUSSION

Most of aminothiols are metabolically related and their disturbance can correspond to metabolic disorders, the simultaneous measurement of all the cited thiols thus presents a great interest. In this context, we applied for the first time the Michael-addition reaction of aminothiols to quinone for CL determination of aminothiols in various matrices after chromatographic. The thioether conjugates can react with dithiothreitol (DTT) which mimic NADH in biological systems liberating powerful oxidizing agents. The oxidizing agent can oxidize luminol giving 3-aminophthalate which shows high CL response. Factors affecting our methodology were carefully studied to achieve optimum derivatization, separation, and CL conditions as follow:

Optimization of derivatization condition

In this study, the nucleophilic addition of thiols to quinone was utilized to establish the first CL assay of aminothiols in biological systems. The principal of the proposed method is the reaction of the resulting conjugates with reductant to liberate powerful oxidizing agents which measured by luminol-CL assay. Factors affecting derivatisation reaction were carefully studied to achieve the high sensitivity required for ultratrace determination of aminothiols. Foremost, quinone type; many quinone compounds including 1,4-naphthoquinone, 2-bromo-1,4-naphthoquinones, 1,2-naphthoquinone, 1,2-naphthoquinone-4-sulfonate, MQ, and plumbagin were studied under our investigation to select the best quinone which showed the highest selectivity and sensitivity (Figure 3). Although 1,2-naphthoquinone and 1,4-naphthoquinone showed high arylation capability with nucleophiles²⁹, in this study MQ was selected as the optimal quinone because it showed the highest CL intensity and has one site for arylation and thus cross-link arylation would be cancelled, i.e. each aminothiol reacts with MQ giving one product correspond to one peak instead of two products in case of others unsubstituted quinones. The reaction of aminothiols with conjugated carbonyls, MQ, involves the addition of nucleophile RS^- to β -carbon of double bond followed by a proton transfer reaction³⁰. For a given reaction, the observed rate constant found to be depended on pH and type and concentration of buffer. The reactive species is RS^- , thus the reaction rate and yield increase with pH, approaching a maximum at a pH where the SH group is completely ionized, i.e. as the pK_a of aminothiols more or less nearness to 8.5~9, the optimum pH was 8.5 (Figure S-1, supporting information). The catalytic effects of different buffers were compared, HEPES buffers turned out to be the most efficient, as compared to, for example

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3 phosphate, borate, boric/borax, and Tris buffers (Figure S-2, supporting information). This is
4 in agreement with Broensted catalysis low that the catalytic activity of a proton donor
5 depends on its dissociation constant³¹. On the other hand, the concentration and the volume of
6 buffer in the reaction media could affect the derivatization reaction. The reaction rate and
7 yield were increased with elevation of HEPES molarity until 0.5 M which selected for further
8 study (Figure S-3, supporting information).
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14 Recently, the application of water as a reaction media has been highlighted and many
15 of discoveries in green chemistry have been done. On one hand, water is regarded an
16 environmentally friend solvent. On another hand, water is very cheap and safe solvent³¹. In
17 our reaction, it is possible that water could increase the electrophilicity at the carbon center
18 through hydrogen bond formation with carbonyl oxygen. Besides, the nucleophilicity of
19 sulfhydryl group of aminothiols could also increase via the same mechanism. This
20 explanation was clearly observed in our experiment, where the increasing of organic solvent
21 in reaction media affected both reaction yield and rate (Figure S-2, supporting information).
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29 The ratio of MQ/aminothiols in the reaction media was regarded as a significant factor
30 which could affect reaction rate. Increasing the ratio of MQ to particular aminothiols was
31 corresponded to accelerate the reaction rate until reach a plateau at molar ratio 10 which
32 selected as optimal ratio (Figure 4). The use of a considerable excess of MQ effectively
33 ensures that sufficient indicator is present to scavenge the aminothiols and prevent the side
34 reaction. Under the chosen condition, the addition of thiols to MQ was quantitatively
35 completed with reproducible manner in comparison with authentic specimen of synthesized
36 conjugates, MQ-GS, MQ-Hcys, MQ-Cys, and MQ-NAC. Time course studies on the
37 derivatization reactions of GSH, Hcy, Cys, and NAC with MQ were carried out at first
38 separately and subsequently with a mixture of the thiols. As shown in Figure 5, the S/N ratio
39 of the peak height vs. time indicated that the derivatization reactions proceeded to completion
40 in a conveniently short time, 5 minutes in authentic specimens or biological fluids.
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49 Under described conditions, aminothiols showed the highest reactivity compared to
50 basic, acidic, neutral, aromatic, and hydroxyl containing amino acids (Figure S-4, supporting
51 information). Aminothiols contains both sulfhydryl and amino group which can attack α,β -
52 unsaturated compounds. However, under optimum reaction condition, mercaptide ions are
53 about 300 times more reactive than amino groups³².
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58 **Optimization of separation conditions**

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3 The vast majority of separation techniques applied for aminothiols employs pre-
4 column derivatization and very few methods utilizes post-column derivatization after
5 aminothiols separation in their native forms because of the instability and liability of
6 sulfhydryl group to oxidation on analytical column. Hence, the derivatization of aminothiols
7 by MQ could improve the stability of target analytes. The different nature between conjugates
8 and parent MQ made the separation a challenge process. So, many columns and mobile
9 phases comprising different organic modifiers, as well as buffers at different pH values, were
10 studied to achieve good separation within feasible time between aminothiols conjugates of
11 MQ and MQ itself. Satisfactory separation was achieved using reversed phase column,
12 isocratic elution, and tetra-*n*-butylammonium bromide (TBAB) as an ion-pair reagent. The
13 mobile phase was a mixture of 10 mM Tris-HNO₃ buffer (pH 8.8) and ACN (65:35, v/v %)
14 containing 30 mM TBAB at flow rate 0.5 mL min⁻¹. The separation power and neutral effect
15 of TBAB on CL response recommended it as optimum ion pair reagent.
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25 **Optimization of CL conditions**

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28 ODS column eluent containing MQ, MQ-GS, MQ-Hcys, MQ-Cys, and MQ-NAC was
29 mixed with DTT and luminol and allowed to react in the reaction coil before CL detection
30 (Figure 2). A typical chromatogram (Figure S-5, supporting information) showed that MQ-
31 GS, MQ-Hcys, MQ-NAC, MQ-Cys, and MQ eluted at 15, 17, 18.5, 35, and 45 min,
32 respectively. Many factors including CL probe, its concentration, and its dissolving agent can
33 seriously influence CL response and sensitivity of target analytes. The optimum CL probe
34 was luminol compared to other CL probes. This is important because luminol is a general CL
35 probe exhibiting high CL sensitivity for superoxide anion radicals and other ROS. The
36 influence of luminol concentration on CL intensity and S/N ratio was also examined and it
37 was found that CL intensity increased linearly as the concentration of luminol increased;
38 however, the background noise also increased. The best S/N ratio was obtained at 1 mM
39 luminol (Figure S-6, supporting information). Moreover, the luminol solvent also
40 significantly affected CL intensity. The highest CL response was achieved when NaOH was
41 used at 25 mM, compared to carbonate or borate buffer solutions. In a preliminary study
42 using a batch method, we explored the effect of different reductants; adequate CL response
43 was only achieved with the dithiol compound, DTT. Consequently, DTT was used for further
44 investigation by HPLC. Study of the influence of DTT on CL intensity and S/N ratio showed
45 that the best CL response and S/N ratio were obtained at 1 mM DTT (Figure S-7 supporting
46 information). The flow rate of both luminol and DTT also influenced the S/N ratio;
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3 increasing or decreasing the flow rate than 0.25 mL min^{-1} showed low S/N ratio. As our
4 reaction mechanism is glow-type, the mixed solution should pass through a PTFE reaction
5 coil before CL detection. Using of reaction coil longer than 15 m showed high CL intensity
6 and peak broadening, thus 10 m was selected as optimal length (data not shown).
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10 **Method validation**

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12 The proposed method was validated according to the criteria described in the
13 experimental section and based on the U.S. Guidance of Industry on Bioanalytical Method
14 Validation (2001)³³. Under optimum experimental conditions, a linear relationship was
15 observed by plotting relative CL intensity versus target analyte concentration. The calibration
16 curve prepared using quinone-thioether conjugates standard solutions was linear in the range
17 2.5-500 nM for GSH, 5-500 nM for NAC, 10-1500 for Hcy, and 20-2000 nM for Cys, with
18 excellent correlation coefficients (r) > 0.990. The detection limits (S/N of 3) obtained were
19 3.8, 4.2, 8, and 16 (fmol/injection) for GSH, NAC, Hcys, and Cys, respectively (Table S-1,
20 supporting information). Our results show that, for quantification of aminothiols in biological
21 fluids, this method is faster, more sensitive, and proceed at room temperature than those
22 using halogenbenzofurazans, other fluorescence reagents including BODIPY, maleimides and
23 iodoacetamido containing probes³⁴⁻⁴² and CL^{24,25} methods which reported previously. Method
24 precision, both within day and between days, was assessed at low, middle, and high
25 concentrations of GSH, NAC, Hcys, Cys as shown in Table 1. The intraday precision was
26 below 0.1% as relative standard deviation percent. While the interday precisions for the
27 aminothiols were lower than 2%, and thus the proposed method was achieved reasonable
28 reproducibility required for aminothiols determination.
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42 **Determination of aminothiols in human plasma**

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44 The measurement of total aminothiols concentration in biological fluids should
45 proceed carefully owing to their instability in aqueous medium and their tendency to oxidize
46 to disulphide. In freshly prepared plasma or serum, almost all aminothiols are in the disulfide
47 form-either bound to protein or to low-molecular-mass sulfhydryls, and only traces are found
48 in free sulfhydryl form⁴³. Thus, the reduction of disulphide bonds is one of the most critical
49 steps in the sample pre-treatment procedure before the derivatization. Trialkylphosphines,
50 including *tris*(2-carboxyethyl) (TCEP), represented the most powerful reductant. As the
51 concentration of total thiols was of interest, various concentrations of TCEP were tested at
52 different time intervals to select an optimum reduction conditions. It was found that the
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3 incubation of human plasma in presence of 100 mmol/L of TCEP at room temperature for 15
4 minutes was enough to obtain high reproducible results as mentioned in experimental section.
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7 The removal of protein is a serious step to improve the performance of analytical
8 procedure and extend the instrumentation lifetime. Acidification, addition of organic solvent,
9 and solid phase extraction (SPE) are widely employed as means of proteins elimination.
10 Although acidifications using trichloroacetic (TCA) acid or perchloric acid are preferable,
11 acidic conditions of the sample are often not suitable to other sample pre-treatment such as
12 reduction and derivatization steps¹⁰. Furthermore, the utilization of TCA to protein
13 precipitation might interfere at time with the peaks of interest like in ours CL assay. Organic
14 solvents including ACN, acetone, or methanol are favourable to mass spectroscopy¹⁰,
15 however, the large volume of organic solvent in our reaction media can affect both reaction
16 yield and rate.
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24 SPE was selected as optimal extraction technique to remove the proteins and others
25 interfering substances. The derivatization of aminothiols with MQ might improve their
26 physicochemical properties, high polarity, which intricate their extraction from biological
27 fluids. In our previous study²⁶, Oasis[®] HLB sorbent (polydivinylbenzene-co-*N*-
28 vinylpyrrolidone) was selected because it delivers highly reproducible recoveries and binds
29 hydrophilic compounds, thioether conjugates of MQ specifically and selectively as shown in
30 chromatograms (Figure 6). An HLB cartridge was washed and equilibrated, and the sample
31 was loaded, washed and eluted as described in the experimental section. Many elution
32 systems and elution volumes were studied to obtain high recovery. The best system is 150 μ L
33 40% ACN followed by 150 μ L 100% ACN. Under described condition, recovery was
34 excellent: 93-97%, 74-109%, 97-100%, and 89-97% for GSH, NAC, Hcys, and Cys,
35 respectively, at three different concentrations (Table 2). Thus, SPE provided the high
36 recovery required for the detection of low aminothiols concentrations in human plasma. As
37 shown in Figure 6 (A), peaks of aminothiol were eluted without interference from other
38 biological substances.
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49 The concentrations of aminothiols in human plasma (n= 3) were determined as
50 follow: 1.87 μ mol/L, 0.093 μ mol/L, 2.03 μ mol/L, and 174.9 μ mol/L for GSH, NAC, Hcys, and
51 Cys, respectively. These values were in good agreement with those reported in previous
52 studies^{34,35,38-40}. The extra-peaks found in chromatogram might be other unstudied
53 aminothiols which reported to be found in human plasma such as cysteinylglycine and γ -
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3 glutamylcysteine. The proposed method was also extended to determine aminothiols in
4 rheumatic arthritis (Figure 6 (B)) and diabetic patients (Figure 6 (C)); comparing with health
5 control, the concentration of aminothiols were elevated two or three folds in plasma of
6 rheumatic patient and decreased five to six folds in plasma of diabetic patients. This finding
7 confirms the applicability of total aminothiols concentration as valuable biomarkers for the
8 diagnosis of various human disorders. Hopefully, our method could be generalized for
9 determination of sulfhydryl-containing compounds that of biological, pharmacological, and
10 toxicological effects.
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20 CONCLUSION

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22 The potential exploitation of quinones as CL labels for the determination of thiols has
23 been briefly assessed for the first time with MQ shown to promote a highly selective and
24 sensitive response towards Cys, Hcys, NAC, and GSH. The present method offers a simple,
25 rapid, sensitive, and reproducible HPLC method that has been fully validated for
26 simultaneous determination of total concentrations of the aminothiols in human plasma after
27 derivatization and SPE. Furthermore, the procedure was successfully applied to the
28 determination of aminothiols in plasma of rheumatic and diabetic patient raising the utility of
29 aminothiols as precious biomarkers of various human disorders. Moreover, the novel
30 proposed method might succeed in determining aminothiols in other biological fluids
31 including, urine, saliva, and cerebrospinal fluids. The convention presented here plainly
32 provides a sound footing from which advance studies can be progressed and extended to the
33 quantification of other sulfhydryl thiols and matrices. The large numbers of structurally
34 diverse and commercially available quinones mark them as a promising CL reagent for thiols
35 and other compounds to be introduced in analytical clinical chemistry.
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TABLES

Table 1. Method comparison with previously reported methods

Method	Labelling reagent	LOD (nM)				Reaction time (min)	Temperature (°C)
		GSH	Cys	Hcys	NAC		
HPLC-FL ³⁴	SBD-F	0.8	1.5	0.8	0.3	60	60
HPLC-FL ³⁵	SBD-BF	20	10	100		30	RT
HPLC-FL ³⁶	ABD-F	100	500	500		10	50
HPLC-FL ³⁷	IAP	1	1	2.3	2	15	35
HPLC-FL ³⁸	TMPAB-I	0.3	0.3	0.7	0.3	20	45
HPLC-FL ³⁹	TMMB-Br	0.2	0.8	0.3	0.2	35	30
HPLC-FL ⁴⁰	MIAC	100	70	60		1	RT
HPLC-FL ⁴¹	MIPO	0.17	0.75		0.75	35	40
HPLC-FL ⁴²	mBrB	50	50	50		1	RT
HPLC-CL ²⁴	Mn/HCHO	70	50	50	70	online	RT
HPLC-CL ²⁵	Gold nanoparticles	22.5	14.6	19.7		online	RT
HPLC-CL	Menadione	0.02	0.08	0.04	0.02	5 min	RT

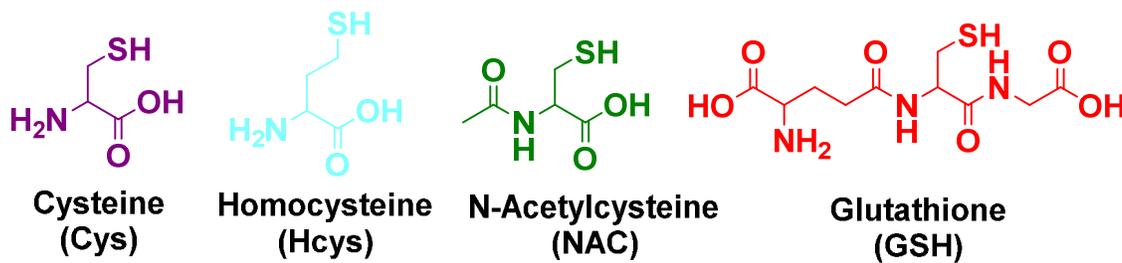
Table 2. Method recovery and precision in human plasma

Thiols (added/ $\mu\text{mol l}^{-1}$)	Concentration, $\mu\text{mol l}^{-1}$ (mean \pm SD)	Precision (RSD, %)	Recovery, %
GSH			
0	1.87 \pm 0.08	0.02	
0.05	1.90 \pm 0.02	0.01	96.7
0.1	1.96 \pm 0.05	0.01	97.1
0.3	2.04 \pm 0.06	0.01	93.4
NAC			
0	0.093 \pm 0.01	0.06	
0.05	0.106 \pm 0.01	0.03	74.3
0.1	0.180 \pm 0.03	0.05	93.4
0.4	0.538 \pm 0.02	0.06	109.1
Hcys			
0	2.03 \pm 0.04	0.03	
0.1	2.09 \pm 0.03	0.02	97.9
0.5	2.45 \pm 0.05	0.03	97
1	3.04 \pm 0.06	0.03	100.2
Cys			
0	174.9 \pm 0.4	0.03	
0.1	180.9 \pm 0.2	0.02	97.9
0.25	188.2 \pm 0.1	0.01	94.1
0.5	200.6 \pm 0.3	0.02	89.2

FIGURE LEGENDS

- **Figure 1.** (A) Chemical structures of studied aminothiols and (B) the schematic reaction of aminothiols with MQ.
- **Figure 2.** Effect of quinones type on S/N ratio under optimal derivatization condition. 100 μ l calibration solutions, 10 μ l TCEP (10 mM), and 170 μ l HEPES (0.5M, pH 8.5) were mixed and incubated for 15 min at RT, then 20 μ l represented quinones (600 μ M) was added. The mixture was spinned for 5 min at RT, and 20 μ l was diluted with mobile phase and injected to HPLC-CL system.
- **Figure 3.** Effect of MQ/thiol ratio on S/N ratio under optimal derivatization condition. 100 μ l calibration solutions, 10 μ l TCEP (10 mM), and 170 μ l HEPES (0.5M, pH 8.5) were mixed and incubated for 15 min at RT, then 20 μ l of different concentrations of MQ was added. The mixture was spinned for 5 min at RT, and 20 μ l was diluted with mobile phase and injected to HPLC-CL system.
- **Figure 4.** Time courses of derivatization reaction of thiols with MQ
100 μ l calibration solutions, 10 μ l TCEP (10 mM), and 170 μ l HEPES (0.5M, pH 8.5) were mixed and incubated for 15 min at RT, then 20 μ l of different concentrations of MQ was added. The mixture was spinned for various time intervals at RT, and 20 μ l was diluted with mobile phase and injected to HPLC-CL system.
- **Figure 5.** Schematic diagram of HPLC-CL system
- **Figure 6.** Chromatogram of aminothiols in plasma of (A) health human, (B) rheumatic patient, and (C) diabetic patient treated with TCEP and MQ as described under our experiment.

(A)



(B)

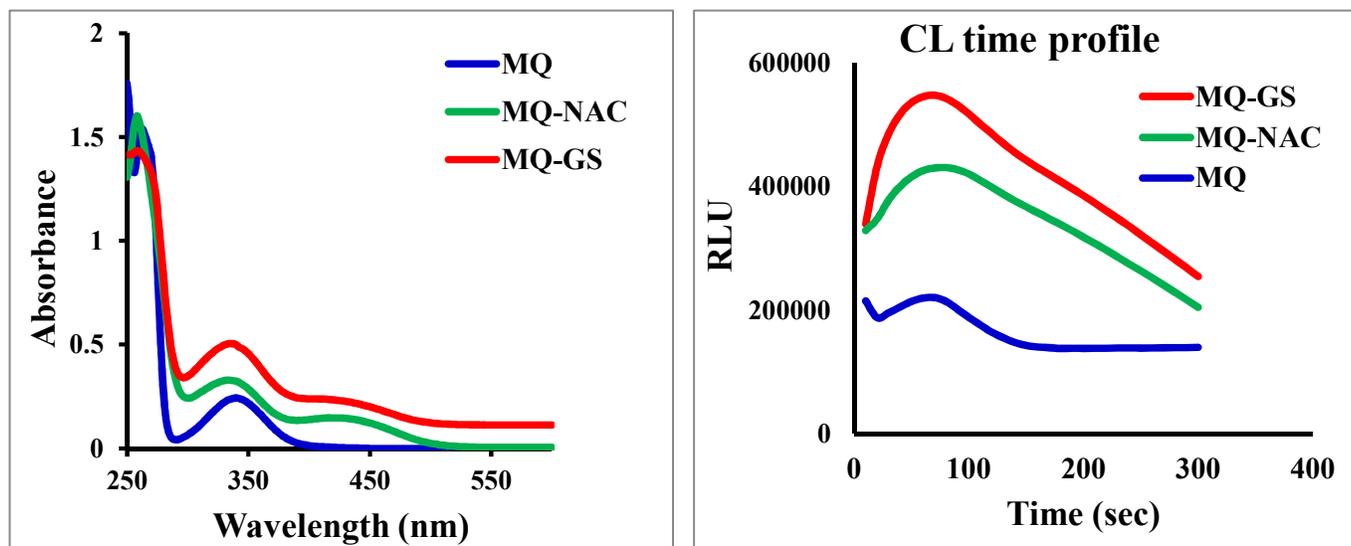
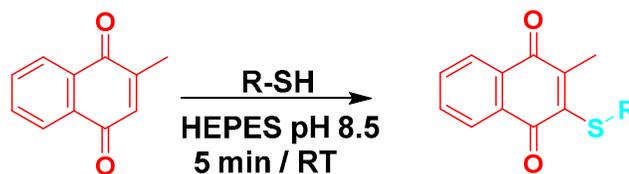


Figure 1

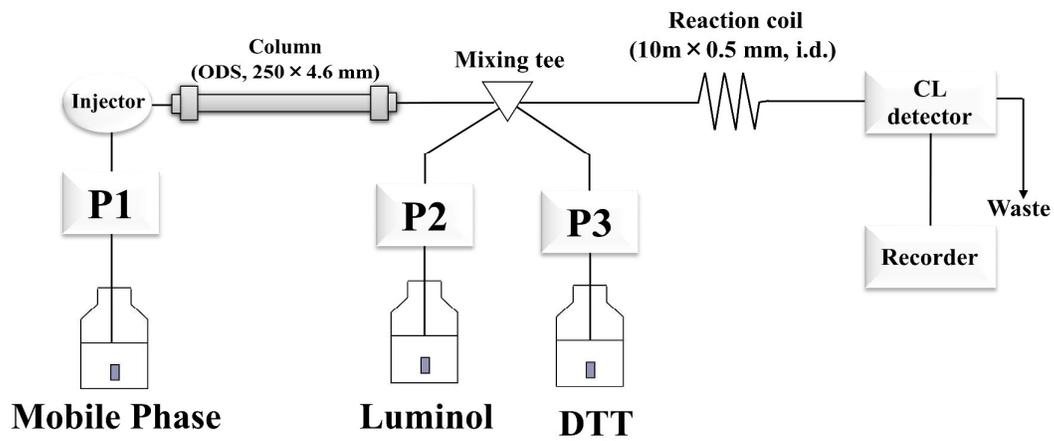


Figure 2

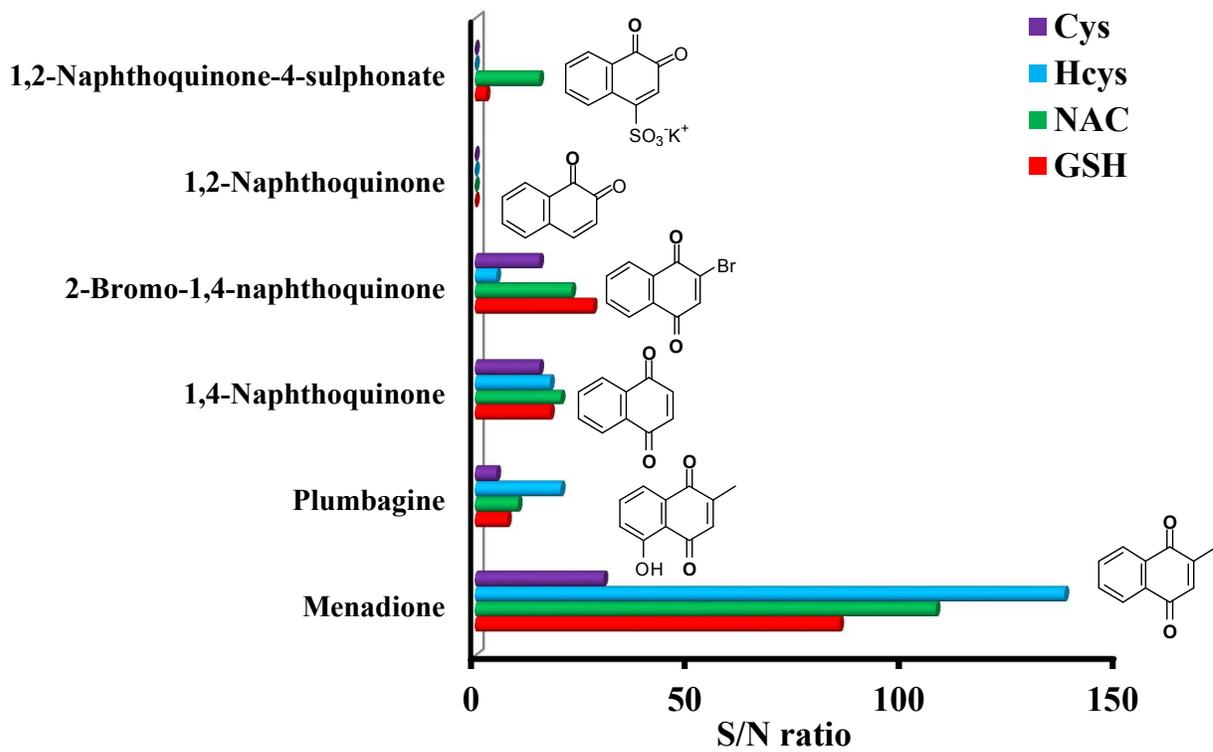


Figure 3

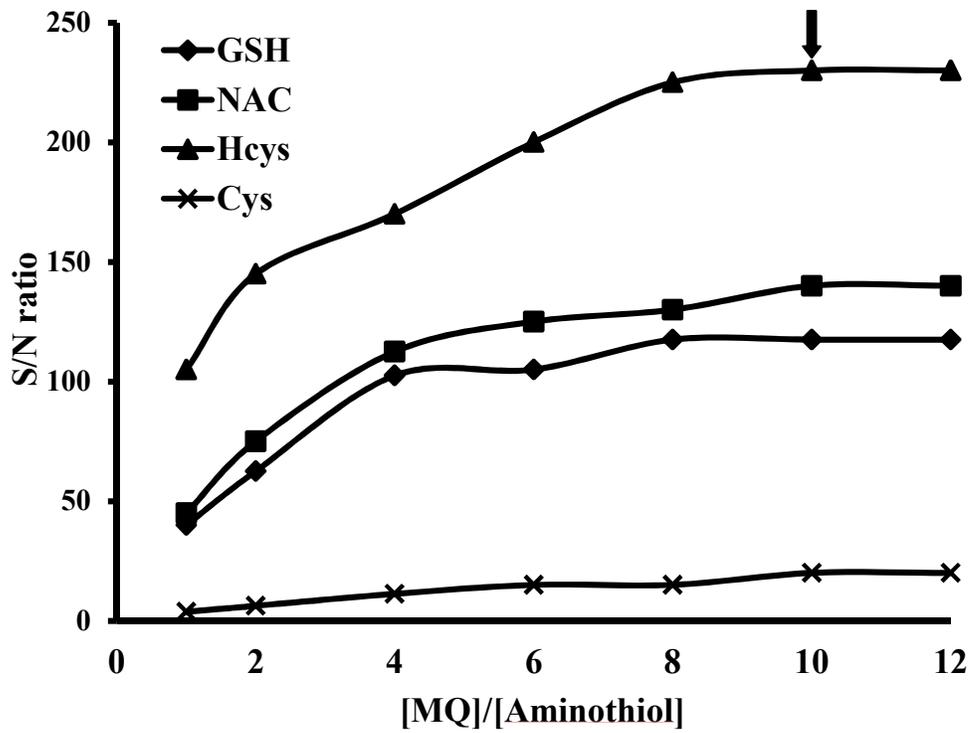


Figure 4

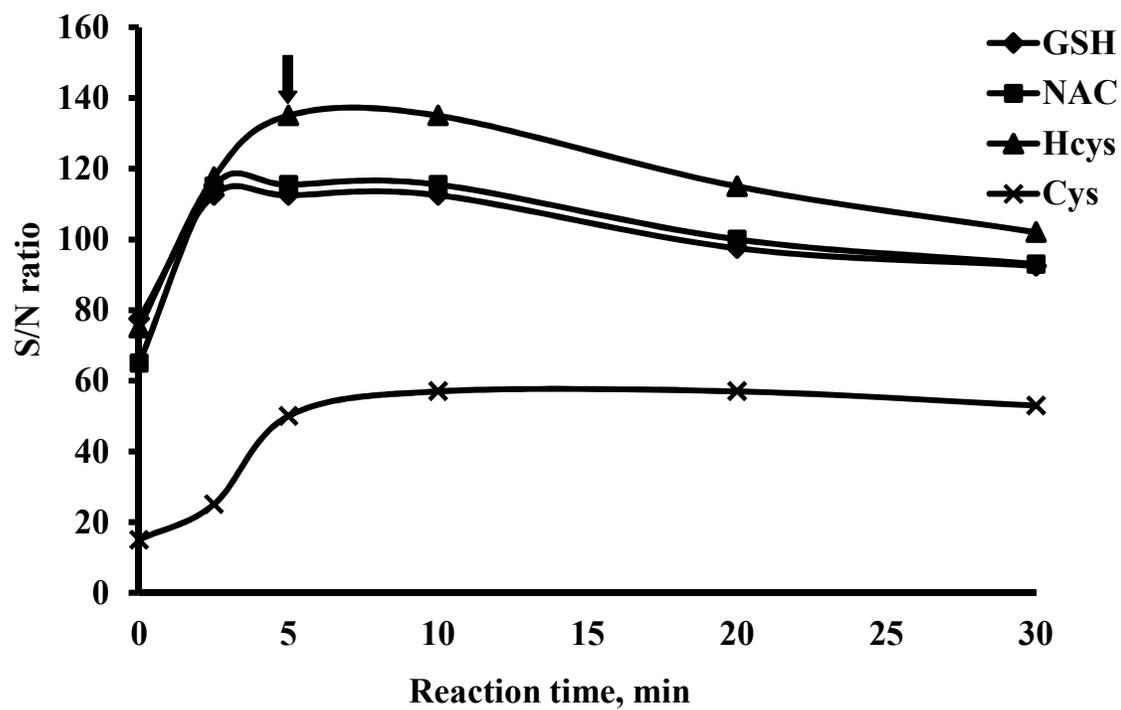
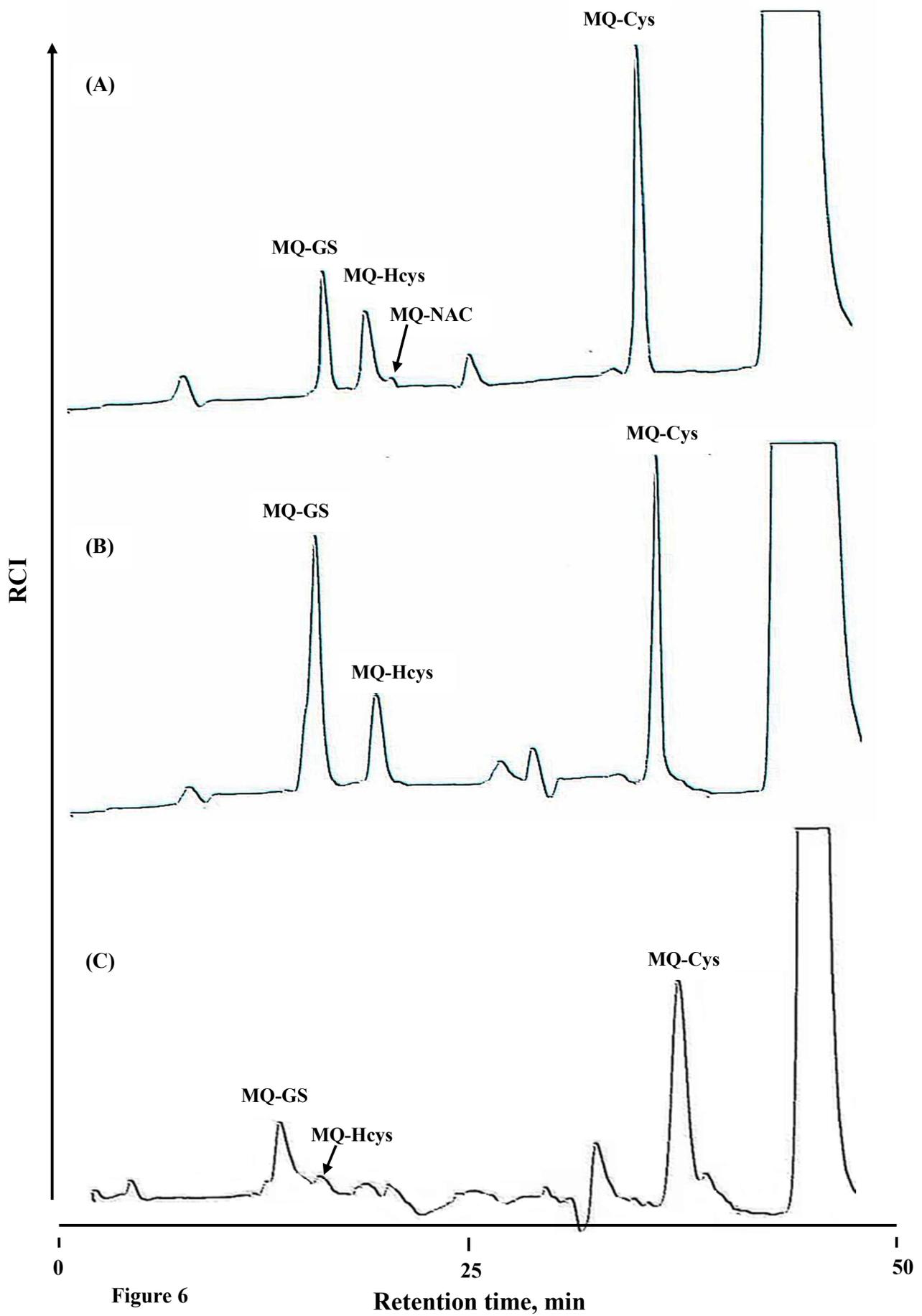


Figure 5



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Figure 6

Retention time, min