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4 **Fenton reaction-mediated fluorescence quenching of**
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7 **N-acetyl-L-cysteine-protected gold nanoclusters: analytical**
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10 **applications for hydrogen peroxide, glucose, and catalase detection**
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40

41 **Abstract**
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44 Given the importance of hydrogen peroxide (H₂O₂) in many biological processes
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46 and its wide application in various industries, the demand for sensitive, accurate, and
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48 economical H₂O₂ sensors is high. In this study, we used Fenton reaction-stimulated
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50 fluorescence quenching of N-acetyl-L-cysteine-protected gold nanoclusters
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52 (NAC-AuNCs) as a reporter system for the determination of H₂O₂. After experimental
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54 conditions were optimized, the sensing platform enabled the analysis of H₂O₂ with a
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56 limit of detection (LOD) as low as 0.027 μM. As the glucose oxidase cascade leads to
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58 the generation of H₂O₂ and catalase catalyzes the decomposition of H₂O₂, these two
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60 biocatalytic procedures could be probed by the Fenton reaction-mediated quenching
of NAC-AuNCs. The LOD for glucose was found to be 0.18 μM, and the linear range

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4 was 0.39–27.22 μM . The LOD for catalase was 0.002 U/mL, and the linear range was
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6 0.01–0.3 U/mL. Moreover, the proposed sensing methods were successfully applied
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8 for human serum glucose detection and noninvasive determination of catalase activity
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10 in human saliva, demonstrating their great potential for practical applications.
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12 13 14 **Introduction**

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16 Hydrogen peroxide (H_2O_2) is a vitally important chemical reagent and is widely
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18 used in various fields including the textile industry, food processing, clinical
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20 chemistry, pharmaceutical research, and environmental protection. In addition, H_2O_2
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22 plays a significant role in various cellular biochemical processes and has been
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24 confirmed to be a secondary messenger.¹ Furthermore, it is the main product of
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26 reactions catalyzed by numerous O_2 -dependent oxidase enzymes (e.g., glucose
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28 oxidase, cholesterol oxidase, lactate oxidase, choline oxidase, xanthine oxidase, and
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30 monoamine oxidase) and also is a substrate for enzymes such as horseradish
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32 peroxidase (HRP) and catalase. Therefore, the construction of highly sensitive,
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34 accurate, and economical H_2O_2 sensors continues to be extensively investigated. Until
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36 date, several analytical approaches such as spectrophotometry,² fluorometry,³⁻⁷
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38 electrochemistry,⁸ chemiluminescence,⁹ resonance light scattering assay,¹⁰ and
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40 chromatography have been used for H_2O_2 detection.¹¹ Among these, fluorescence
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42 detection has many advantages over the other techniques, including high spatial and
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44 temporal resolution, sensitivity, specificity, rapidity, and simplicity. Although a
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46 variety of fluorescent sensors have been dedicated to the determination of H_2O_2 ,³⁻⁷
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48 their practical deployment is limited by their relatively poor photostability, biotoxicity,
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50 spontaneous autoxidation, and high cost. Therefore, developing new probes with
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52 improved features is still a challenging and fascinating area in chemistry.

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54 In the past decades, nanomaterials, particularly metal nanostructured materials,
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56 have been widely used in biomedical research and the advances in nanoscale
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58 technologies contribute to the diagnosis, treatment, and prevention of diseases.
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60 Emerging as a novel type of nontoxic and harmless luminescent nanomaterials, gold
nanoclusters (AuNCs) have recently gained a lot of attention in the fields of chemical,

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4 physical, and biological sciences owing to their fantastic characteristics including
5 remarkable water-solubility, facile synthesis, high colloidal stability, excellent
6 biocompatibility, outstanding catalytic performance, and unusual photophysical
7 properties.^{12, 13} The fluorescent properties of AuNCs are dictated by the surrounding
8 conditions as well as the size and surface ligands or scaffolds of the clusters, which
9 allows them to be widely applied for the development of versatile sensors by various
10 mechanisms such as metallophilic interactions, metal core surface deposition, metal
11 core decomposition, cluster aggregation, incorporation of recognition moieties, and
12 enzymatic reaction.¹⁴ To date, various types of AuNC fluorescence probes have been
13 developed for H₂O₂ determination. Jin et al. found that bovine serum
14 albumin-protected AuNCs allow sensitive determination of H₂O₂ concentration and
15 exhibit a linear response in the range of 1–100 μM.¹⁵ Wen et al. reported that
16 HRP-functionalized AuNCs can be obtained via a biomineralization process and can
17 be employed as an efficient H₂O₂ detector within a linear range of 100 nM to 100 μM
18 as the HRP enzyme remains active.¹⁶ Recently, Chen et al. demonstrated that
19 glutathione-capped gold nanoparticles can be etched by hydroxyl radical (·OH)
20 generated from Fenton process and subsequently, form AuNCs through
21 protein-induced the aggregation of Au(I)-thiolate complexes, showing great potential
22 for H₂O₂ monitoring.¹⁷

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42 In our previous study, we successfully synthesized AuNCs by using
43 N-acetyl-L-cysteine (NAC) both as a reducing agent and as a stabilizing ligand. The
44 resulting NAC-stabilized AuNCs (NAC-AuNCs) exhibited superior performance
45 including good long-term stability and photostability, excellent salt and oxidation
46 resistance, and red emission.¹⁸ In this study, NAC-AuNCs were utilized as
47 fluorescence probes for monitoring H₂O₂ in the presence of Fe²⁺. Based on the
48 determination of H₂O₂, we constructed an accurate, cost-effective, simple, and
49 sensitive fluorescence sensor for quantitative analysis of glucose in human serum and
50 catalase in human saliva.
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Experimental Section

Materials and reagents

All chemicals and solvents were of analytical grade and commercially available. $\text{HAuCl}_4 \cdot 4\text{H}_2\text{O}$, N-acetyl-L-cysteine, 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES), $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$, horseradish peroxidase (HRP) and glucose oxidase (GOx) were obtained from Aladdin Reagent Co., Ltd. (Shanghai, China). Catalase was purchased from Sigma-Aldrich (Shanghai, China). Glucose, H_2SO_4 , H_2O_2 , and NaOH were purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Deionized water was used in all experiments.

Apparatus

The UV-vis absorption and photoluminescence spectra were recorded by using a UV-2450 UV-vis spectrophotometer (Shimadzu, Kyoto, Japan) and a Cary Eclipse fluorescence spectrophotometer (Agilent, Santa Clara, CA, USA), respectively. X-ray photoelectron spectroscopy (XPS) was performed using an ESCALAB 250XI X-ray photoelectron spectrometer (Thermo Fisher Scientific, Waltham, MA, USA) using monochromatic Al $K\alpha$ radiation (1486.6 eV) for the analysis of the surface composition and chemical states of the product. Binding energy calibration was based on the binding energy of C 1s photoelectrons at 284.8 eV. All measurements were performed at room temperature under ambient conditions.

Preparation of NAC-AuNCs

All glassware used in the following procedures was cleaned in a bath of freshly prepared HNO_3 -HCl (1:3, v/v) solution, rinsed thoroughly in water, and dried in air prior to use. AuNCs were synthesized by a blending procedure.¹⁸ NaOH (0.6 mL, 0.5 M) and HAuCl_4 (0.4 mL, 20 mg/mL) were added to an aqueous solution of NAC (4 mL, 0.08 M). The mixture was incubated at 37 °C for 2.5 h, until the solution was completely colorless. The solution after synthesis was dialyzed for more than 24 h to remove all small-molecular impurity. The NAC-AuNCs solution was stored in the dark at 4 °C until use.

H_2O_2 sensing

H_2O_2 concentration was determined as follows: First, 25 μL H_2SO_4 solution was added to 200 μL HEPES solution (20 mM, pH = 7.4) containing different

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4 concentrations of H₂O₂ to adjust the pH to 3.0. Then, 200 μL AuNCs solution and 25
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6 μL Fe²⁺ (1.8 mM) solution were added to the solution and the mixed solution was
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8 incubated in a water bath at 25 °C for 10 min. Finally, the fluorescence spectrum of
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10 the solution was obtained by using a Cary Eclipse fluorescence spectrometer at an
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12 excitation wavelength of 355 nm.

13 14 **Glucose sensing**

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16 The procedure for glucose determination was as follows: First, 25 μL 0.1 mg/mL
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18 GOx was added to 175 μL HEPES solution (20 mM, pH = 7.4) containing different
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20 concentrations of glucose and the solution was incubated in a water bath at 25 °C for
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22 30 min. Then, 25 μL H₂SO₄ was added to adjust the pH to 3.0. After that, 200 μL
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24 AuNCs solution and 25 μL Fe²⁺ (1.8 mM) solution were added into the above solution
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26 and the mixed solution was incubated in a 25 °C bath for 10 min. Finally, the
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28 fluorescence spectrum of the solution was measured by using a Cary Eclipse
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30 fluorescence spectrometer at an excitation wavelength of 355 nm.

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32 Glucose detection by oxidase endpoint method was carried out by adding 100 μL of
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34 0.1 mg/mL GOx, 10 μL of 10 U/mL HRP, 20 μL of 16 mM
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36 3,3',5,5'-tetramethylbenzidine (TMB), and 50 μL glucose of different concentrations
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38 into 320 μL of 20 mM HEPES solution (pH=7.4). The mixture was then incubated at
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40 37 °C for 10 min. The resulting reaction solution was measured by using a Shimadzu
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42 UV-2450 spectrophotometer.

43 44 **Catalase activity determination**

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46 Catalase activity was determined as follows: First, 25 μL solution containing
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48 different concentrations of catalase was added to 175 μL HEPES solution (20 mM,
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50 pH = 7.4) containing 25 μM H₂O₂ and the solution was incubated in a water bath at 25
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52 °C for 90 min. Then, 25 μL H₂SO₄ was added to adjust the pH to 3.0. After that, 200
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54 μL AuNCs and 25 μL Fe²⁺ (1.8 mM) solutions were added to the solution and the
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56 mixed solution was incubated in a water bath at 25 °C for 10 min. Finally, the
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58 fluorescence spectrum of the solution was measured by using a Cary Eclipse
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60 fluorescence spectrometer under the excitation wavelength of 355 nm.

Catalase activity detection by UV method was carried out by adding 50 μL of 0.1

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4 M H₂O₂ and 200 μL catalase solution into 3.75 mL HEPES solution (20 mM, pH =
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6 7.4). The decrease in H₂O₂ absorbency at 240 nm was followed during 5 min at 25 °C
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8 according to Góth.¹⁹
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10 **Human serum and saliva samples detection**

11 For glucose detection in serum, the samples were pretreated by ultra-filtration to
12 eliminate possible interference by proteins. The pretreated samples were diluted in
13 HEPES solution (20 mM, pH = 7.4) and glucose concentrations were determined as
14 described above. For determination of catalase activity, human saliva samples
15 centrifuged at 6000 rpm for 10 min. The pretreated samples were diluted in HEPES
16 solution (20 mM, pH = 7.4) and catalase activity was determined as described above.
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26 **Results and discussion**

27 **Strategy and proof of concept of the NAC-AuNCs sensor**

28 We developed a novel analytical sensor to detect H₂O₂ based on NAC-AuNCs.
29
30 First, we investigated the changes in fluorescence spectra of the NAC-AuNCs in the
31 presence of H₂O₂. As indicated in Fig. 1A-b, the fluorescence intensity of
32 NAC-AuNC solution containing 25 μM H₂O₂ showed no obvious change as
33 compared to NAC-AuNC solution alone (Fig. 1A-a), implying that the NAC-AuNCs
34 are insensitive to H₂O₂. Next, we tested the effect of Fe²⁺ on the fluorescence intensity
35 of the NAC-AuNCs. The results showed that the fluorescence of the NAC-AuNCs
36 changed only inconspicuously in the presence of 100 μM Fe²⁺ (Fig. 1A-c). However,
37 when H₂O₂ (25 μM) and Fe²⁺ (100 μM) were simultaneously present in the
38 NAC-AuNC solution, the fluorescence of the NAC-AuNCs decreased dramatically
39 (Fig. 1A-d). These results demonstrated that both H₂O₂ and Fe²⁺ are needed for
40 quenching of the NAC-AuNC fluorescence.
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54 H₂O₂ is reduced by Fe²⁺ to form [•]OH, which is known as the Fenton reaction. The
55 [•]OH radical has higher oxidizing ability than does H₂O₂. Therefore, it is possible that
56 the [•]OH generated from the Fenton reaction caused the fluorescence quenching of
57 NAC-AuNCs. To examine this, thiourea, an effective [•]OH scavenger,²⁰ was added to
58 the NAC-AuNC-based sensing system. The results showed that the fluorescence
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quenching of the NAC-AuNCs was greatly suppressed when 300 μM thiourea was introduced (Fig. 1A-e), revealing that $\cdot\text{OH}$ indeed plays an important role in the fluorescence quenching of NAC-AuNCs. To elucidate the mechanism of $\cdot\text{OH}$ -induced fluorescence quenching, we used XPS to analyze the oxidation state of the NAC-AuNCs. As shown in Fig. 1B, the NAC-AuNCs showed an Au ($4f_{7/2}$) peak at 84.57 eV, which suggests that Au(0) and Au(I) coexist on the surface of NAC-AuNCs. The best fit of the data illustrated that the percentage of Au(0) and Au(I) was 42% and 58%, respectively. When the NAC-AuNCs were subjected to the Fenton reaction, the Au ($4f_{7/2}$) peak shifted to 84.75 eV, signifying that only Au(I) was present on the surface of final products.¹⁷ This result was in agreement with previously reported results,²¹⁻²³ and the fluorescence quenching effect was ascribed to the strong oxidative power of $\cdot\text{OH}$, which oxidizes the Au^0 in AuNCs to Au^+ . Scheme 1 depicts the principle of the NAC-AuNCs-based fluorescence sensor for H_2O_2 .

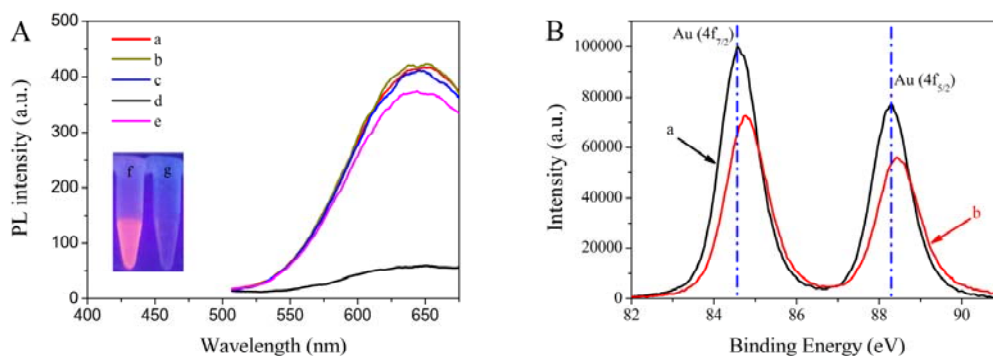
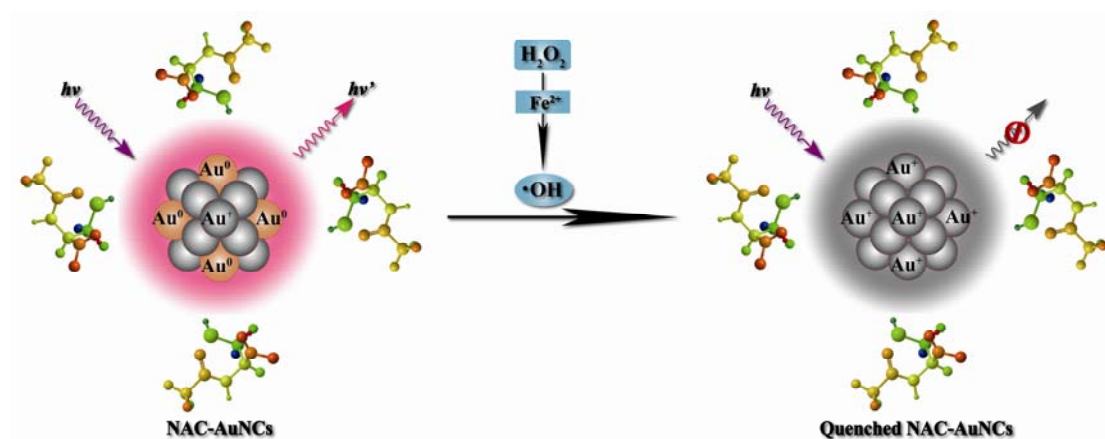


Fig. 1 (A) Fluorescence intensity of (a) AuNCs, (b) AuNCs + 25 μM H_2O_2 , (c) AuNCs + 100 μM Fe^{2+} , (d) AuNCs + 25 μM H_2O_2 + 100 μM Fe^{2+} , and (e) AuNCs + 25 μM H_2O_2 + 100 μM Fe^{2+} + 300 μM thiourea. Inset: Photograph of (f) AuNCs and (g) AuNCs + 25 μM H_2O_2 + 100 μM Fe^{2+} under UV irradiation. (B) XPS spectra of AuNCs alone (a) and of AuNCs in the presence of 100 μM H_2O_2 and 100 μM Fe^{2+} (b).



Scheme 1 Schematic representation of the Fenton reaction-mediated NAC-AuNCs fluorescence quenching.

Detection of H_2O_2 based on NAC-AuNCs and the Fenton reaction

Next, we optimized the NAC-AuNCs-based sensor for successful determination of H_2O_2 ; the effects of operational parameters including solution pH, Fe^{2+} concentration, and reaction time were investigated. We used the fluorescence intensity change ΔF ($\Delta F = F_0 - F_t$, where F_0 and F_t are the fluorescence intensities at 650 nm of the NAC-AuNCs before and after the reaction, respectively) as a signal for H_2O_2 detection.

The solution pH is a vital factor influencing the Fenton reaction, which usually requires low pH because Fe^{3+} precipitates as hydroxide inhibiting the recycling of $\text{Fe}^{2+}/\text{Fe}^{3+}$ at higher pH.²⁴ Therefore, we first estimated the effect of solution pH on the ΔF values. Fig. S1A shows that ΔF initially increased with increasing pH, reached a maximum at pH 3.0, and then decreased at pH >3.0. Based on these results, a solution pH of 3.0 was used in subsequent experiments. Because Fe^{2+} is an indispensable factor affecting the generating of $\cdot\text{OH}$, the influence of the Fe^{2+} concentration on ΔF was explored. The results are shown in Fig. S1B. ΔF gradually increased with increasing concentration of Fe^{2+} and reached a plateau above 100 μM Fe^{2+} . To avoid the formation of iron sludge,²⁵ an Fe^{2+} concentration of 100 μM was used in further assays. In addition, Fig. S1C illustrates that the fluorescence intensity became nearly constant after 10 min. Therefore, the reaction time was set at 10 min.

Under the optimal conditions (solution pH 3.0, 100 μM Fe^{2+} , and reaction time of

10 min), the calibration plot for the determination of H_2O_2 was obtained by establishing a linear correlation between ΔF and the concentration of H_2O_2 (Fig. 2). Fig. 2B shows that ΔF was linearly correlated with the concentration of H_2O_2 in the range of 0.04 to 6.66 μM with a correlation coefficient of 0.993. The limit of detection (LOD) was as low as 0.027 μM (at $S/N = 3$), which was superior to that of previously reported methods for H_2O_2 detection.^{16, 26-30} The relative standard deviation (RSD) was 2.2% for 4.44 μM H_2O_2 ($n = 12$). Remarkably, no obvious quenching of the fluorescence intensity of NAC-AuNCs was observed after their exposure to other typical reactive oxygen species (ROS) such as O_2^\bullet , $^1\text{O}_2$, ClO^\bullet , and ONOO^\bullet , revealed that the present probe had high selectivity for H_2O_2 determination (Fig. S2).

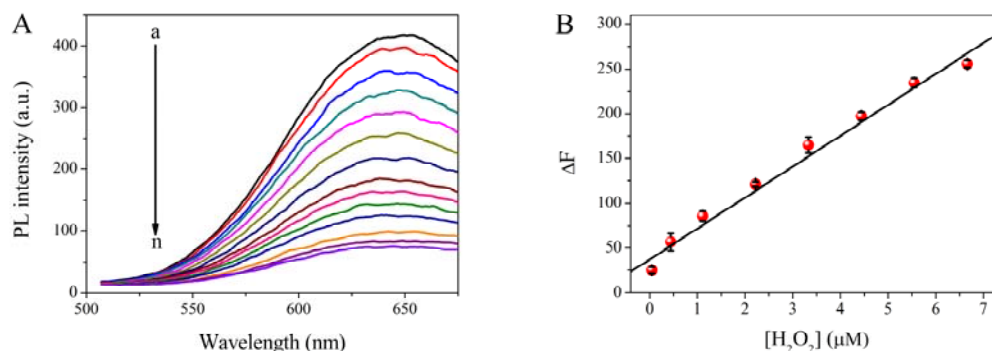


Fig. 2 (A) Quenching of AuNC emission by different concentrations of H_2O_2 (from top to bottom: 0, 0.044, 0.44, 1.11, 2.22, 3.33, 4.44, 5.55, 6.66, 7.77, 8.88, 9.99, 11.11, and 13.33 μM). (B) Correlation between the change in the fluorescence intensity of the NAC-AuNC solution (ΔF) and the H_2O_2 concentration.

Analytical application of the NAC-AuNC sensor for the detection of glucose

Glucose is a main source of energy for living cells and plays a critical role in metabolism. Abnormal blood or urine glucose levels are commonly used as clinical indicators of diabetes or hypoglycemia. Hence, accurate and rapid determination of glucose is of vital importance in clinical diagnostics and the food industry. Enzymatic glucose biosensors have been intensively applied in electrochemical and optical detection of glucose due to their advantages in terms of reliability, sensitivity, and selectivity. In this regard, GOx, which catalyzes the oxidation of glucose in the presence of O_2 to yield H_2O_2 , is the most popular enzyme for highly specific and

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4 sensitive monitoring of glucose. As H₂O₂ is the product of glucose oxidation, glucose
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6 can be detected based on the Fenton reaction-mediated fluorescence quenching of
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8 NAC-AuNCs through cascade reactions using GOx. In this study, a two-step reaction
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10 was carried out: First, H₂O₂ was formed by GOx-catalyzed oxidation of glucose (pH
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12 7.4) and the solution pH was adjusted to 3.0. Then, NAC-AuNCs and Fe²⁺ were added
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14 to the solution to initiate the Fenton reaction and the fluorescence intensity was
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16 measured. Different concentrations of glucose were used to evaluate the sensitivity of
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18 the novel glucose-sensing platform. The calibration curve was found to be linear in
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20 the concentration range from 0.39 to 27.22 μM (Fig. 3A). The correlation coefficient
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22 was 0.992, and the RSD for twelve repeated measurements of 7.78 μM glucose was
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24 1.9%. The LOD was 0.18 μM (S/N = 3), which was much lower than the average
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26 concentration of glucose in serum. In addition, the LOD of our sensor was lower than
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28 that reported for methods utilizing metal nanoclusters,^{15, 31-33} semiconductor quantum
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30 dots,³⁴⁻³⁶ carbon dots,^{37, 38} and graphene oxide dots as fluorescence probes.³⁹ The
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32 control experiment showed that glucose (5 mM) or GOx (1 mg/mL) did not interfere
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34 with the fluorescence of the NAC-AuNCs, proving that the quenching of the
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36 NAC-AuNC fluorescence was caused by the ·OH generated from the Fenton reaction.

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38 Selectivity is another important factor in the performance of sensors. Therefore, we
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40 tested the selectivity of our novel platform by using lactose, maltose, and fructose. No
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42 obvious signals were detected for these control samples, which dues to the high
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44 substrate specificity of GOx (Fig. 3B). Hence, a novel “turn-off” assay based on the
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46 Fenton reaction-stimulated quenching of the NAC-AuNCs and GOx-catalyzed
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48 oxidation of glucose could be successfully fabricated for the detection of glucose.

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50 The high sensitivity and outstanding specificity of the sensing system suggest that it
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52 could be used to detect glucose in clinical samples. Table 1 lists the glucose content
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54 determined in three human serum samples using both our established method and the
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56 glucose oxidase endpoint method. A *t*-test and an F-test performed at a 95%
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58 confidence level demonstrated that the results obtained by the two methods did not
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60 significantly differ. The feasibility of our method was further validated by standard
addition experiments. The recoveries of glucose from the three serum samples ranged

from 100.6% to 105.2%. Taken together, our results demonstrated that the biosensor is suitable for glucose detection in clinical samples.

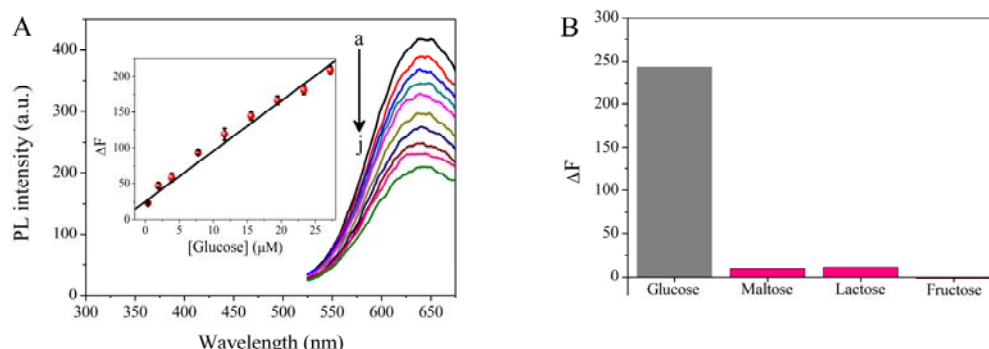


Fig. 3 (A) Emission spectra of NAC-AuNCs in the presence of varying concentrations of glucose. a–j: 0, 0.39, 1.94, 3.89, 7.78, 11.67, 15.56, 19.44, 23.33, 27.22 μM . Inset: correlation between the change of F_{650} (ΔF) of the NAC-AuNC solution and glucose concentration. (B) The ΔF of the glucose sensing system in the presence of glucose (40 μM), maltose (40 μM), lactose (400 μM), and fructose (400 μM).

Table 1 Analysis of glucose in human serum samples

Samples	Proposed method	Glucose oxidase endpoint		
	(mM, mean \pm SD, n = 3)	method (mM, mean \pm SD, n = 3)	F-test	t-test
1	3.95 \pm 0.10	3.91 \pm 0.12	1.44	0.44
2	4.14 \pm 0.19	3.95 \pm 0.14	1.84	1.54
3	6.07 \pm 0.40	6.18 \pm 0.25	2.56	0.40

$$F_{0.05, 2, 2} = 19.00, t_{0.05, 4} = 2.776$$

Analytical application of the NAC-AuNC sensor for the detection of catalase activity

Catalase (EC 1.11.1.6) is an antioxidant enzyme found in nearly all living organisms, which contains four porphyrin heme (iron) groups per molecule. It catalyzes the decomposition of H_2O_2 to O_2 and H_2O and protects the cells and tissues from oxidative damage by H_2O_2 . An increase in catalase activity is often related to the

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4 emergence of diseases such as hemolytic and acute pancreatitis.⁴⁰ In addition, catalase
5 is commonly used in the food, textile, and aesthetics industries. Therefore, accurate
6 quantitative determination of catalase activity is of paramount importance. To the best
7 of our knowledge, detection of catalase by using AuNCs has not been reported until
8 date. Similar to the glucose detection, the assay for catalase activity determination
9 was conducted in two steps: catalase-catalyzed H₂O₂ decomposition followed by the
10 Fenton reaction. Different concentrations of catalase were tested and the ΔF values
11 were plotted against the concentrations. The ΔF was linearly related to the catalase
12 concentration in the range from 0.01 to 0.3 U/mL ($r = 0.996$) (Fig. 4A). The RSD was
13 2.7% for the detection of 0.05 U/mL catalase ($n = 12$), and the LOD was 0.002 U/mL
14 (S/N = 3). A control experiment showed that catalase (10 U/mL) did not interfere with
15 the fluorescence of the NAC-AuNCs.
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Next, we tested the anti-interference ability of our platform for catalase sensing. As displayed in Fig. 4B, the interference of foreign substances was negligible. The results proved that a sensitive and selective “turn-on” catalase biosensor based on the Fenton reaction-stimulated quenching of the NAC-AuNCs could be developed in a facile manner.

Finally, we examined the applicability and feasibility of our novel approach for catalase activity detection in real samples. Catalase activity was determined in human saliva samples by using both the proposed method and the conventional UV method.¹⁹ A *t*-test and an F-test performed at a 95% confidence level indicated that the results obtained by the two methods did not significantly differ (Table 2). Moreover, the recoveries of catalase from the three human saliva samples ranged from 93.5% to 102.2%. Taken together, the results indicated that the method presented here is suitable for the analysis of catalase in biological samples.

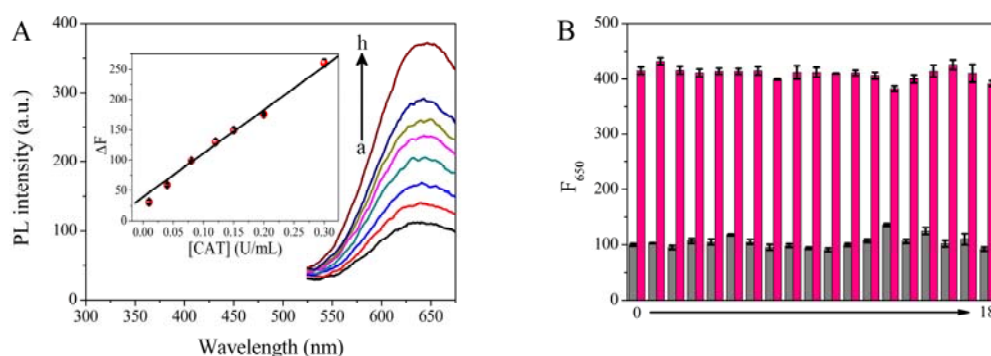


Fig. 4 (A) Emission spectra of NAC-AuNCs in the presence of varying concentrations of catalase. a–h: 0, 0.01, 0.04, 0.08, 0.12, 0.15, 0.2, 0.3 U/mL. Inset: linear relationship between the change of F_{650} (ΔF) and the enzyme activity of catalase. (B) Fluorescence intensity of catalase sensing system in the presence of different molecules. (0) NAC-AuNCs alone (gray) and after addition of catalase (pink); (1–18) NAC-AuNCs in presence of CaCl_2 , ZnSO_4 , KCl , NaHCO_3 , NaH_2PO_4 , MgCl_2 , glucose, lactate, creatine, creatinine, urea, acetylcholine, glutathione, catechol-O-methyl transferase, urease, carboxylesterase, acetylcholinesterase, lysozyme (gray) and after the addition of catalase (pink). The concentrations of catalase, catechol-O-methyl transferase, urease, carboxylesterase, acetylcholinesterase and lysozyme are all 0.5 U/mL, and that of other interferents is 100 μM .

Table 2 Analysis of catalase activity in human saliva samples

Samples	Proposed method	UV method	F-test	t-test
	(U/mL, mean \pm SD, n = 3)	(U/mL, mean \pm SD, n = 3)		
1	11.86 \pm 0.92	13.01 \pm 0.43	4.58	1.96
2	16.06 \pm 0.86	14.67 \pm 1.14	1.76	1.69
3	18.87 \pm 0.76	18.12 \pm 0.29	6.87	1.60

$$F_{0.05, 2, 2} = 19.00, t_{0.05, 4} = 2.776$$

Conclusions

In the present study, we fabricated a sensitive sensor for H_2O_2 detection through the

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4 Fenton reaction-stimulated quenching of NAC-AuNCs. The novel H₂O₂-sensing
5 platform was successfully implemented to construct a “turn-off” biosensor for glucose
6 (by following H₂O₂ produced by GOx cascade) and a “turn-on” biosensor for catalase
7 (through the catalase-catalyzed decomposition of H₂O₂). To our knowledge, this is the
8 first report on the detection of glucose and catalase based on AuNCs and the Fenton
9 reaction. In addition, we validated the application of the proposed biosensor for serum
10 glucose detection and noninvasive determination of catalase activity in saliva, which
11 demonstrated its great prospect for use in diagnostics. Since multitudinous
12 O₂-dependent oxidase enzymes yield H₂O₂, the approach may also be applied to
13 monitor other substrates and enzyme activities. The versatile strategy demonstrated
14 here will open up new potential applications of metal nanoclusters for the
15 development of fluorescence chemo/biosensors.
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