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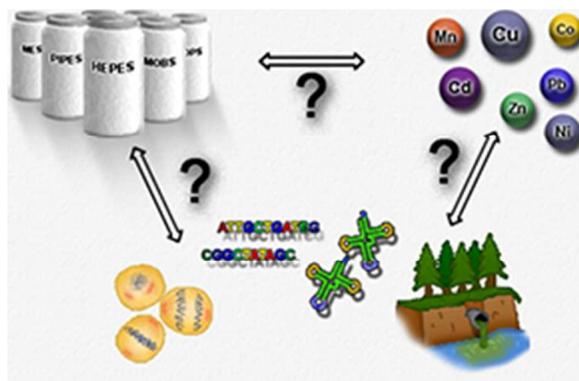


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Graphical abstract  
76x50mm (96 x 96 DPI)

1 **(Un)suitability of the use of pH buffers in biological, biochemical and**  
2 **environmental studies and its interaction with metal ions – a review**

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33

1    **Abstract**

2

3    The use of buffers to maintain the pH within the desired range is a very common practice in  
4    chemical, biochemical and biological studies. Among them, zwitterionic N-substituted  
5    aminosulfonic acids, usually known as Good's buffers, although widely used can complex  
6    metals and interact with biological systems. The present work reviews, discusses and update the  
7    metal complexation characteristics of thirty one buffers commercially available. In addition,  
8    their impact on the biological systems is also presented. The influence of these buffers on the  
9    results obtained in biological, biochemical and environmental studies, with special focus on  
10   their interaction with metal ions, are highlighted and critically reviewed. Using chemical  
11   speciation simulations, based on the current knowledge of the metal-buffer stability constants, a  
12   proposal of the most adequate buffer to employ for a given metal ion is presented.

13

14   **Key-words:** metal-buffer complexation; buffer-biological interactions; cell membrane;  
15   macromolecules (DNA, RNA and proteins); molecular biology; cellular biology

16

## 1 Acronyms

<b>ACES</b>	<i>N</i> -(2-Acetamido)-2-aminoethanesulfonic acid <i>N</i> -(Carbamoylmethyl)-2-aminoethanesulfonic acid <i>N</i> -(Carbamoylmethyl)taurine 2-[(2-Amino-2-oxoethyl)amino]ethanesulfonic acid*
<b>ADA</b>	<i>N</i> -(2-Acetamido)iminodiacetic acid; <i>N</i> -(Carbamoylmethyl)iminodiacetic acid 2,2'-[(2-amino-2-oxoethyl)imino]diacetic acid*
<b>AMP</b>	2-Amino-2-methyl-1-propanediol Isobutanol-2-amine $\beta$ -Aminoisobutyl alcohol 2-amino-2-methyl-1-propanol*
<b>AMPD</b>	2-Amino-2-methyl-1,3-propanediol* 2-amino-2-methylpropane-1,3-diol
<b>AMPSO</b>	3-([1,1-Dimethyl-2-hydroxyethyl]amino)-2-hydroxypropanesulfonic acid <i>N</i> -(1,1-Dimethyl-2-hydroxyethyl)-3-amino-2-hydroxypropanesulfonic acid 2-Hydroxy-3-[(1-hydroxy-2-methyl-2-propanyl)amino]-1-propanesulfonic acid*
<b>BES</b>	<i>N,N</i> -Bis(2-hydroxyethyl)-2-aminoethanesulfonic acid <i>N,N</i> -Bis(2-hydroxyethyl)taurine 2-[Bis(2-hydroxyethyl)amino]ethanesulfonic acid*
<b>Bicine</b>	<i>N,N</i> -Bis(2-hydroxyethyl)glycine* (Bis(2-hydroxyethyl)amino)acetic Acid
<b>Bis – Tris</b>	2,2-Bis(hydroxymethyl)-2,2',2''-nitrilotriethanol Bis(2-hydroxyethyl)amino-tris(hydroxymethyl)methane 2-[Bis(2-hydroxyethyl)amino]-2-(hydroxymethyl)-1,3-propanediol* 1,3-Propanediol, 2-[bis(2-hydroxyethyl)amino]-2-(hydroxymethyl)
<b>BTP</b>	Bis-Tris Propane 1,3-Bis[tris(hydroxymethyl)methylamino]propane 2,2'-(1,3-Propanedioldiimino)bis[2-(hydroxymethyl)-1,3-propanediol]* 1,3-Propanediol, 2,2'-(1,3-propanedioldiimino)bis[2-(hydroxymethyl)]
<b>CABS</b>	4-(Cyclohexylamino)-1-butanesulfonic acid* 4-(cyclohexylamino)butanesulfonic acid
<b>CAPS</b>	3-(Cyclohexylamino)-1-propanesulfonic acid* 3-(cyclohexylamino)propanesulfonic acid
<b>CAPSO</b>	3-(Cyclohexylamino)-2-hydroxy-1-propanesulfonic acid* 1-propanesulfonic acid, 3-(cyclohexylamino)-2-hydroxy
<b>CHES</b>	2-(Cyclohexylamino)ethanesulfonic acid* 2-( <i>N</i> -Cyclohexylamino)Ethanesulfonic Acid
<b>DIPSO</b>	3-( <i>N,N</i> -Bis[2-hydroxyethyl]amino)-2-hydroxypropanesulfonic acid <i>N,N</i> -Bis(2-hydroxyethyl)-3-amino-2-hydroxypropanesulfonic acid 3-[Bis(2-hydroxyethyl)amino]-2-hydroxy-1-propanesulfonic acid*
<b>EPPS/HEPPS</b>	4-(2-Hydroxyethyl)-1-piperazinepropanesulfonic acid 4-(2-Hydroxyethyl)piperazine-1-propanesulfonic acid <i>N</i> -(2-Hydroxyethyl)piperazine- <i>N'</i> -(3-propanesulfonic acid)

	3-[4-(2-Hydroxyethyl)-1-piperazinyl]-1-propanesulfonic acid*
<b>HEPBS</b>	N-(2-Hydroxyethyl)piperazine-N'-(4-butanesulfonic acid) 4-[4-(2-Hydroxyethyl)-1-piperazinyl]-1-butanesulfonic acid* 1-Piperazinebutanesulfonic acid, 4-(2-hydroxyethyl)
<b>HEPES</b>	4-(2-Hydroxyethyl)piperazine-1-ethanesulfonic acid N-(2-Hydroxyethyl)piperazine-N'-(2-ethanesulfonic acid) 2-[4-(2-Hydroxyethyl)-1-piperazinyl]ethanesulfonic acid*
<b>HEPPSO</b>	N-(2-Hydroxyethyl)piperazine-N'-(2-hydroxypropanesulfonic acid) 4-(2-Hydroxyethyl)piperazine-1-(2-hydroxypropanesulfonic acid) 2-Hydroxy-3-[4-(2-hydroxyethyl)-1-piperazinyl]-1-propanesulfonic acid*
<b>MES</b>	2-(N-Morpholino)ethanesulfonic acid 4-Morpholineethanesulfonic acid 2-(4-Morpholinyl)ethanesulfonic acid*
<b>MOBS</b>	4-(N-Morpholino)butanesulfonic acid 4-(4-Morpholinyl)-1-butanesulfonic acid*
<b>MOPS</b>	3-(N-Morpholino)propanesulfonic acid 4-Morpholinepropanesulfonic acid 3-(4-Morpholinyl)-1-propanesulfonic acid*
<b>MOPSO</b>	$\beta$ -Hydroxy-4-morpholinepropanesulfonic acid 3-Morpholino-2-hydroxypropanesulfonic acid 2-Hydroxy-3-(4-morpholinyl)-1-propanesulfonic acid*
<b>PIPES</b>	1,4-Piperazinediethanesulfonic acid Piperazine-1,4-bis(2-ethanesulfonic acid) Piperazine-N,N'-bis(2-ethanesulfonic acid) 2,2'-(1,4-Piperazinediyl)diethanesulfonic acid*
<b>POPSO</b>	Piperazine-1,4-bis(2-hydroxypropanesulfonic acid) Piperazine-N,N'-bis(2-hydroxypropanesulfonic acid) 3,3'-(1,4-Piperazinediyl)bis(2-hydroxy-1-propanesulfonic acid)*
<b>TABS</b>	N-tris(Hydroxymethyl)methyl-4-aminobutanesulfonic acid 4-[[1,3-Dihydroxy-2-(hydroxymethyl)-2-propanyl]amino]-1-butanesulfonic acid*
<b>TAPS</b>	[(2-Hydroxy-1,1-bis(hydroxymethyl)ethyl)amino]-1-propanesulfonic acid N-[Tris(hydroxymethyl)methyl]-3-aminopropanesulfonic acid 3-[[1,3-Dihydroxy-2-(hydroxymethyl)-2-propanyl]amino]-1-propanesulfonic acid*
<b>TAPSO</b>	2-Hydroxy-3-[tris(hydroxymethyl)methylamino]-1-propanesulfonic acid N-[Tris(hydroxymethyl)methyl]-3-amino-2-hydroxypropanesulfonic acid 3-[[1,3-Dihydroxy-2-(hydroxymethyl)-2-propanyl]amino]-2-hydroxy-1-propanesulfonic acid*
<b>TEA</b>	Triethanolamine Tris(2-hydroxyethyl)amine 2,2',2''-Nitrilotriethanol*
<b>TES</b>	2-[(2-Hydroxy-1,1-bis(hydroxymethyl)ethyl)amino]ethanesulfonic acid N-[Tris(hydroxymethyl)methyl]-2-aminoethanesulfonic acid 2-[[1,3-Dihydroxy-2-(hydroxymethyl)-2-propanyl]amino]ethanesulfonic acid*

<b>Tricine</b>	<i>N</i> -[Tris(hydroxymethyl)methyl]glycine
	<i>N</i> -[1,3-Dihydroxy-2-(hydroxymethyl)-2-propanyl]glycine <sup>*</sup>
<b>Tris</b>	2-Amino-2-(hydroxymethyl)-1,3-propanediol <sup>†</sup>
	THAM
	Tris base
	Tris(hydroxymethyl)aminomethane
	Trometamol

- 1 \* Systematic name according to IUPAC as described in the online *ChemSpider*  
2 database from Royal Society of Chemistry (<http://www.chemspider.com/>).

3

4

## 1 **1. Introduction**

2 The proper maintenance of the pH is very important in several chemical, biochemical and  
3 biological applications. The pH affects the rate of chemical reactions, the efficiency of chemical  
4 separations, the recovery and purity of products. Results given by analytical techniques, such as  
5 electrophoresis, chromatography, voltammetry and immunoassays, also depend on the control  
6 of the hydrogen ion concentration. In biological studies, the pH influences cell metabolism.

7 Proteins may suffer changes in their shape in response to modification of the pH of the  
8 surrounding solution. This effect can be explained due to the presence of carboxyl and amine  
9 functional groups, which level of ionization is influenced by the pH of the solution. Thus, the  
10 changes of pH modify electrostatic interactions between charged functional groups of the amino  
11 acids and consequently the three-dimensional structure (shape) of the protein. Since the function  
12 of a protein is dependent on its shape, a deep change of pH can lead to the disruption of protein  
13 structure (denaturation) and loss of its function.

14 In a similar way, the pH affects the enzymatic rates. This aspect is of particular importance,  
15 since during enzymatic reactions protons may be consumed or released. Thus, it is very  
16 important to maintain the protons concentration in solution without interference with the  
17 enzymes. A constant hydrogen concentration is also important in speciation studies in water. As  
18 an example, Wang et al<sup>1</sup> have demonstrated the importance of different factors, including pH,  
19 on speciation and availability of aluminium in public water.

20 In a general way, the control of the pH is achieved by adding an appropriate buffer to the  
21 system, according to the desired pH range. However, buffers can affect the biological systems at  
22 organism or at a biochemical level. For instance, the buffer can influence cell growth<sup>2</sup>, modify  
23 lipid membrane interaction<sup>3</sup>, enzyme activity (see below) and form radical species<sup>4</sup>. The  
24 influence of specific buffers in different cellular and metabolic processes is detailed in the  
25 subsections 3.1.1. - 3.1.3.

26 Traditional buffers such as phosphate, citrate, borate and succinate have some disadvantages  
27 when they are used in biological or complex systems. Phosphate has poor buffering capacity  
28 above pH 7.5 and is an active participant in many biochemical processes. Phosphate inhibits  
29 carboxypeptidase, fumarase, urease, many kinases and dehydrogenases as well as enzymes with  
30 phosphate esters as substrates<sup>5</sup>. Phosphates also demonstrate complexing capabilities with  
31 polyvalent cations and can therefore inhibit a series of metal ion-dependent biochemical  
32 reactions<sup>6</sup>. Citrate and succinate form complexes with various cations<sup>6</sup>. Imidazole is used to  
33 prepare buffers in the pH range of 6.2-7.8 at 25 °C and is also a chelator of various divalent  
34 cations<sup>6</sup>. Tris is not a very efficient buffer below pH 7.5 and displays a potentially reactive  
35 primary amine, which often acts as an inhibitor. It has an appreciable solubility in organic  
36 solvents; this property allows it to penetrate in the biological membranes<sup>7</sup> and form complexes

1 with several metal ions<sup>8</sup>. Tris is toxic for many mammalian cells due to its ability to penetrate  
2 into cells<sup>9</sup>. Glycylglycine is an expensive buffer that only works well above pH 8.0 and  
3 complexes with cations. Borate buffer complexes with a wide variety of important respiratory  
4 metabolites and other organic compounds as well<sup>7</sup>. In addition, many side effects cannot be  
5 predicted and buffers may uncouple or inhibit or modify reactions by mechanisms not yet  
6 understood.

7 In 1966, Good and co-workers<sup>10</sup> proposed twelve pH buffers to be used in biological studies in  
8 substitution of the traditional ones. Eight more buffers were proposed in subsequent studies<sup>6,11</sup>.

9 Their proposal was based on the following criteria:

- 10 1) buffers should cover **pH values between 6 and 8**, since this is the pH region where less  
11 buffers were available and most biological reactions take place;
- 12 2) buffers should have **maximum water solubility** to allow the use of concentrated stock  
13 solutions **and minimum lipid solubility**, making them impermeable to membranes;
- 14 3) a **minimal influence** of the **temperature, ionic strength or buffer concentration** on the  
15 **pKa** should occur;
- 16 4) buffers should **not form complexes with cations**, or, if they do, the complexes should be  
17 soluble and the binding constants known;
- 18 5) the buffers should be **stable**, not metabolized and should not act as enzyme inhibitors or  
19 substrate analogues;
- 20 6) they should **not absorb light above 240 nm**, and particularly not in any region that would be  
21 used in spectrophotometric assays;
- 22 7) finally, they should be **easy to prepare and inexpensive**.

23  
24 Zwitterionic N-substituted aminosulfonic acids seemed to meet most of the criteria. These  
25 compounds, which are neutral molecules with a positive and a negative electrical charge, have  
26 advantages over the traditional buffers especially due to the membrane impermeability and  
27 stability. However, none of the buffers completely fulfils all the criteria proposed by Good.  
28 Buffers are used under the assumption that they have any or very little interaction with metal  
29 ions present in environmental or biological studies. In the last decades, the increasing number of  
30 reports on buffers complexing properties with metal ions confirms otherwise. Results in similar  
31 experiments using different buffers have produced dissimilar results<sup>12-14</sup>.

32 The aim of this work is to provide information for choosing an adequate buffer with full  
33 knowledge of their complexing properties, when it comes to systems with metal ions. Because  
34 the knowledge about the complexation between buffers and metal ions is necessary, this review  
35 summarizes the stability constants already reported and tries to predict possible complexation of  
36 metal-buffer systems that are not still described in the literature. Additionally, studies, where  
37 biological effects induced by buffers were described, are also critically reviewed and discussed.

1

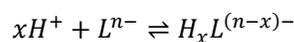
2 **2. Families of Good's buffers and metal-buffer interactions**

3 The buffers proposed by Good<sup>10</sup> in his first paper were: MES, ADA, PIPES, ACES, cholamine,  
4 BES, TES, HEPES, N-(2-acetamido)glycine, tricine, glycinamide hydrochloride and bicine.

5 Two more published documents from Good and co-workers<sup>6,11</sup> proposed eight additional  
6 buffers: MOPSO, MOPS, DIPSO, TAPSO, POPSO, HEPPSO, EPPS and TAPS, which raised  
7 the number of Good's buffers to twenty. Over the years, some more buffers have been  
8 suggested for biological application. More recently, Thiel et al. developed new buffers with  
9 butane containing side chains: MOBS, TABS, HEPBS and CABS, extending the useful  
10 buffering pH range into the more alkaline range<sup>15</sup>.

11 Nowadays, the Sigma catalogue<sup>16</sup> dedicates them a special section, which is constituted by  
12 more than thirty biological buffers. Other companies also supply these buffers, such as Fischer  
13 Scientific<sup>17</sup> and VWR<sup>18</sup>. The buffers are listed in Figure 1, where their pH buffering range is  
14 posted. The pH buffering range is based on the protonation constant(s) defined by:

15

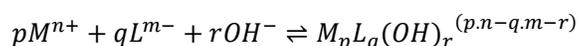


16 With

$$K_a = \frac{[H_xL^{(n-x)-}]}{[H^+]^x[L^{n-}]}$$

17 ,where  $L$  stands for the buffer and  $H_xL$  stands for the protonated buffer. The formation constants  
18 for metal complexes are defined as:

19



20 With

$$\beta_{pqr} = \frac{[M_pL_q(OH)_r^{(p.n-q.m-r)}]}{[M^{n+}]^p[L^{m-}]^q[OH^-]^r}$$

21

22 where  $L$  retains the same meaning as above and  $M_pL_q(OH)_r$  stands for metal complexes with  
23 buffer. In the case of the formation of complexes involving the protonated form of a ligand, e.g.  
24 MLH, the  $OH^-$  should be replaced by  $H^+$ .

25

26 **2.1 Morpholinic family**

27 MES, MOPSO, MOPS and MOBS are N-substituted aminosulfonic acids with a morpholinic  
28 ring (Table 1).

1 There is no evidence of complex formation for MES, MOPSO and MOPS with the main metals  
2 present in environmental and biological studies. MES, MOPSO and MOPS have shown no  
3 significant complexation of Cd and Pb<sup>19</sup>. Soares et al<sup>19,20</sup> showed that these three compounds  
4 also do not complex Cu nor Zn. Mash et. al.<sup>21</sup> concluded that no binding occurred between Cu  
5 and MES or MOPS. Accordingly, Renganathan and Bose<sup>7</sup> did not found differences in Cu  
6 inhibition of photosystem II electron transport in the presence of MES, concluding that no  
7 complexation occurred. However, conflicting studies can be found. Anwar<sup>22</sup> presented metal-  
8 buffer stability constants for MOPSO (Cu, Ni) and MOPS (Cu, Ni, Mn, Zn, Co). The same  
9 research group<sup>23</sup> considered the complexation of MES with Cu, Ni, Co, Zn, Ca, Mg and Mn  
10 and proposed stability constants for the formation of these complexes. Wyrzykowski<sup>24</sup> agrees  
11 with the formation of MES complexes with Ni and Co, with ML constants significantly lower  
12 than the ones determined by Azab<sup>23</sup>; however, ML(OH)<sub>2</sub> complexes were also included in the  
13 model, which can explain such differences. Complexes of Fe(III) and Cr(III) with MES,  
14 MOPSO, MOPS and MOBS were studied by Gupta et.al.<sup>25</sup> and Taha et al<sup>26</sup>, who admitted that  
15 when these buffers are used in media where metal exists, interferences may occur due to metal  
16 complex formation. In the studies conducted by Johnston and Singer<sup>27</sup>, the results indicate that  
17 no complexation occurs between MES and Fe(II).

18 Despite these reports of complexation, most of the authors agree that there are no evidences of  
19 significant bonding to metals and several studies specifically chose MES or MOPSO due to  
20 their inability to interfere with the most important metals in biological and environmental  
21 applications<sup>28-30</sup>. In fact, for MES, the analytical techniques used by Soares<sup>19,20</sup> and by Mash<sup>21</sup>  
22 are more sensitive than those used by Azab<sup>23</sup>. Additionally, the software used for the  
23 refinement of the potentiometric data collected by Azab did not contain graphical analysis. In  
24 this case, the refinement of the complexation models is only guided by statistical parameters,  
25 which may lead to false-positives. Furthermore, the data from Renganathan<sup>7</sup> and Johnston<sup>27</sup>  
26 support the idea that MES is a non complexing buffer. For both MOPSO and MOPS, the same  
27 conclusions can be drawn, which means that these compounds are capable of buffering  
28 solutions within pH 6.20 to 7.60 and 6.50 to 7.90 (Figure 1), respectively, without any or  
29 significant interaction with metal ions in solution. Given its structural similarity with MES and  
30 MOPS, a similar behaviour is expected for MOBS which has buffer capabilities between pH  
31 6.90 to 8.30.

32

### 33 2.2 Piperazinic family

34 PIPES, HEPES, POPSO, EPPS, HEPPSO and HEPBS contain a piperazinic ring (Table 1). Like  
35 MES and MOPS, PIPES and HEPES are frequently used in environmental, analytical and  
36 biological studies due to their lack of ability to complex metal ions. There are evidences that

1 PIPES and HEPES do not complex Cu<sup>31,32</sup> and slight complex Pb<sup>33</sup>. Renganathan and Bose<sup>7</sup>  
2 also concluded about the negligible bonding between Cu and HEPES and Hoffman<sup>34</sup> obtained a  
3 similar result about Cd and PIPES. However, stability constants for PIPES complexes with Cu,  
4 Ni, Co and Zn<sup>24,35</sup> and HEPES complexes with Cu, Zn, Pb and Cd<sup>36,37</sup> have been described in  
5 the literature. Yu et al<sup>38</sup> also demonstrated formation of Cu(II)-HEPES complexes while PIPES  
6 shows no evidence of bonding Cu. Worth noting that the constants for Ni(II) and Co(II) are very  
7 similar, in disagreement with the general trend where Ni(II) presents larger stability constants  
8 than Co(II). Also, most works made use of potentiometric data for the refinement of data. As it  
9 was discussed above, the application of this technique for complexation studies with these type  
10 of compounds give to somehow doubt about these constants, even more when other, more  
11 sensitive techniques, were applied to some of these and other cases and no complexation was  
12 detected. Therefore, PIPES and HEPES are, together with MES and MOPSO, more adequate to  
13 substitute Tris and phosphate than other zwitterionic buffers<sup>39</sup>.

14 While Azab (2005) shows that HEPPSO complexes with metal ions, the works performed by  
15 Soares<sup>33</sup>, Anwar<sup>37</sup> and Mash<sup>21</sup> demonstrated that no complexation occurs for HEPPSO, unless  
16 that Mash was able to determine a stability constant for the HEPPSO-Cu(II) system. The  
17 additional hydroxyl group in HEPPSO may be responsible for this small different behaviour.  
18 Therefore, in the case of HEPPSO with Cu(II), special attention is needed if one wants to use it  
19 to buffer Cu(II) solutions. Apart from this case, this buffer is suitable for use with other metals  
20 in solution.

21 EPPS (Table 1) is described to complex weakly Cu and Pb and do not form complexes with Zn  
22 and Cd<sup>40</sup>. However, considering the structural similarities between EPPS and HEPES, it seems  
23 that EPPS is possibly a good buffer to be used in media with metal ions. There are not many  
24 studies about complexation of POPSO; however, it was described that it binds Cu<sup>32</sup>. No other  
25 complexation works were found in the literature, studying the interaction between this buffer  
26 with other metal ions.

27 For HEPBS (Table 1), no complexing properties are described in the literature. An analysis of  
28 its structure reveals that it is very similar to that of HEPES and EPPS; therefore, the same  
29 chemical behaviour is expected. Thus, HEPBS is an appropriate buffer to be used in media with  
30 metal ions.

31

### 32 2.3 Bis(2-hydroxyethyl)amine family

33 The bis(2-hydroxyethyl)amine family includes Bis-Tris, BES, DIPSO, TEA and bicine (Table  
34 1). For Bis-Tris, DIPSO and TEA, there are stability constants described in the literature for  
35 most of metals included in environmental and biological studies<sup>8,41-45</sup>. In the case of BES, the  
36 only evidence of complexation found in the literature corresponds to Cu and Co<sup>8,46</sup>. Bicine also

1 complexes with most of the metals studied<sup>8,47</sup>. Based on their complexation properties, the use  
2 of buffers from this family is not advisable in environmental and biological studies containing  
3 metals, unless stability constants are taken into consideration (see below, section 3.1.5.1.).  
4

#### 5 2.4 Tris family

6 Tris, TES, TAPSO, TAPS, TABS, tricine and BTP belong to the Tris group (Table 1). TES,  
7 TAPSO and tricine have stability constants described for most of the metals<sup>8,23,25,26,43,48-54</sup>.  
8 Renganathan et al<sup>7</sup> found interferences in Cu inhibition of photosystem II electron transport due  
9 to bonding between Cu and TES, Tris and tricine. For TAPSO and TAPS, there are evidences of  
10 complexation with Cd, Co, Cu, Pb, Ni and Zn<sup>41,43,49-51,55,56</sup>. Muzikar et al<sup>57</sup> alerted for the use of  
11 TAPS in buffering electrolytes and presented stability constants with Ca, Mg, Sr, Ba, but the  
12 values are extremely low. In the case of TABS, only values for Fe and Cr were found in the  
13 literature<sup>25,26</sup>, but due to its structure (Table 1), it probably complexes other metals. Fisher et al  
14 studied the complexation properties of Tris with a large array of divalent metal ions<sup>58</sup>.

15 BTP is the only buffer mentioned in this paper that has two well defined protonation constants  
16 due to the presence of two secondary amines. It is a strong complexing agent as it was shown in  
17 studies with Cd, Co, Cu, Ni, Pb and Zn<sup>46,53,54</sup>.  
18

#### 19 2.5 Cyclohexylamino family

20 The cyclohexylamino family comprises CHES, CAPSO, CAPS and CABS (Table 1). Published  
21 complexation studies have only been described for CHES<sup>23</sup>. Data about the complexation of the  
22 other three compounds was not found in the literature. A previous work of our team  
23 demonstrates that CAPSO, CHES and CAPS display weak complexation capabilities with  
24 Cu(II), Pb(II), Cd(II) and Zn(II). CAPSO, with its hydroxyl moiety presents the higher  
25 complexation capability. Their buffering capacity ranges between pH 8.60 and 11.40 (Figure 1),  
26 which usually excludes them as the first choice in biological and environmental studies, unless  
27 higher pH is desired.  
28

#### 29 2.6 Acetamido family

30 ADA and ACES, both belonging to the acetamido family (Table 1), form complexes with most  
31 of the common metals in studies<sup>8,59</sup>. In fact, ADA has been used as a complexing agent to  
32 remove metals from contaminated soils, namely Pb and Cd<sup>60,61</sup>, proving its inadequacy to be  
33 used as a buffer in the presence of metals without taking into account the stability constants.  
34

## 1 2.7 Propanol family

2 This family comprises AMPD, AMPSO and AMP buffers (Table 1). Data is found related with  
3 complexation between AMP with Cu, Cd and Ni <sup>8</sup>. On the other hand, there are no published  
4 studies concerning the complexation of AMPD. However, a previous work of our team  
5 demonstrates that AMPD has some complexation capabilities with Pb, Cd and Zn. Studies about  
6 AMPSO complexation have shown that this buffer has the ability to bind with Ca, Co, Cu, Pb,  
7 Mg, Mn and Ni <sup>42,43,62-65</sup>.

8

## 9 **2.8 Complexation studies between Good's buffers and lanthanides and others ions**

10 Complexation studies between buffers and other metal ions that are not so common have been  
11 performed and are useful when dealing with these specific elements and species. Azab et al <sup>66</sup>  
12 and Orabi et al <sup>67</sup> determined the stability constants of the formation of the complexes between  
13 lanthanides and several Good buffers. The complexation of Tris with La, Ce and Th was studied  
14 by El-Roudi and co-workers <sup>68</sup>. El-Gahami et al <sup>69,70</sup> studied the complexation between MES and  
15 MOPSO with dibutyltin (IV) and dimethyltin (IV) cations.

16

## 17 **3. Employment of Good's buffers in biochemical, biological and environmental studies**

18 Good's buffers have been used in many biological studies since the time they were first  
19 described <sup>10</sup> and chemical suppliers made them easily available for use in laboratory. Table 2  
20 presents examples of application of Good's buffers, such as in biomolecular, biochemical,  
21 molecular and cellular biology, toxicology and environment studies, where a wide array of  
22 techniques, such as chromatography <sup>71-74</sup>, electrophoresis <sup>75-78</sup>, spectrophotometry <sup>79-81</sup> and X-  
23 Ray Crystallography <sup>81,82</sup>, were used.

24 Good's buffers seem to be adequate for toxicity studies. It was shown that MES buffer is not  
25 toxic to the yeast *S. cerevisiae* <sup>83</sup>. No toxic effects of DIPSO and HEPES on the alga  
26 *Amphidinium carterae* were observed <sup>84</sup>. In a similar way, no toxicity for small crustaceans  
27 (commonly called water fleas), *Daphnia magna* and *Daphnia pulex*, was reported when  
28 HEPPSO and HEPES were used as buffers <sup>85</sup>.

29

### 30 3.1. Are Good's buffers so good?

31 When choosing a buffering agent, among other requirements (such as its solubility and ionic  
32 strength), the pKa value of the buffer, which should be close to the pH in which the biological  
33 study will be carried out, should be taken into account together with the compatibility of the

1 buffer with the reaction system, namely the impact on cell structures and macromolecules,  
2 complexing and redox characteristics.

3 Although there is no perfect buffer, i.e. one that displays all the characteristics enumerated by  
4 Good (section 1), the zwitterionic N-substituted aminosulfonic acids seem to meet most of  
5 them. However, it should be emphasized the importance of the knowledge of the potentialities  
6 and limitations of the different buffers, which must be taken into account in the moment of the  
7 buffer selection. By other words, a particular care should be taken when selecting the buffer for  
8 a given experiment, since the buffer may interact with the different components of the system  
9 under study. In many cases, for instance in enzymatic studies, buffers are usually present at  
10 higher concentration than the others components in reactions mixtures<sup>5</sup> Thus, any kind of buffer  
11 interaction can affect deeply the results.

12

### 13 3.1.1. Impact of buffers on cell growth and survival

14 Different buffers can be added to the culture medium in order to control the pH. MES is not  
15 metabolized by bacteria and eukaryotic cells; therefore, it is often used to prepare buffered  
16 culture media. Although MES can be toxic at high concentration (>10 mmol/l)<sup>86</sup>, this buffer has  
17 been also used in culture media for plant cells<sup>87</sup>. ACES, MOPS and MOPSO were employed as  
18 a buffer component of charcoal yeast extract medium for the optimal growth of *Legionella*  
19 *pneumophila*, without causing the growth inhibition observed with some inorganic buffers<sup>88</sup>.  
20 MES, MOPS and Bis-PIPES seems to be appropriate buffers for mammalian cell culture<sup>2</sup>. It was  
21 also described that chilled bovine embryos, stored for 7 days in medium supplemented with  
22 HEPES, had much higher survival than embryos stored in the same medium with TES, PIPES,  
23 MOPS or EPPS<sup>89</sup>.

24

### 25 3.1.2. Interaction of buffers with cell membrane

26 MES, MOPS and HEPES can modify lipid interactions<sup>3</sup>. HEPES affect membrane potential in  
27 neuronal cells<sup>90</sup>, MOPS can influence the thickness and barrier properties of rat endothelial  
28 surface layer<sup>91</sup> and MES, HEPES and TAPS, when in the protonated form, inhibit the connexin  
29 channel activity in rat liver cells<sup>92</sup>. Animal cells seem to be more sensitive to the presence of  
30 the buffer, most likely due the absence of cell wall. In fact, a study using as cell model the yeast  
31 *Saccharomyces cerevisiae* revealed the maintenance of the membrane integrity when the cells  
32 were incubated in 10 mM MES at pH 6.0<sup>83</sup>.

33

### 34 3.1.3. Interaction of buffers with macromolecules

1 Buffers are used in most *in vitro* reaction systems in order to keep constant the pH of the  
2 solution. Different works described the interaction of the buffer with macromolecules, such as  
3 proteins and nucleic acids.

4 MES, MOPS and MOPSO interact with the peptide backbone of bovine serum albumin, leading  
5 to net stabilization of the protein<sup>93</sup>. In a study, using as a model the naturally aggregating  
6 *Escherichia coli* protein (RecA) (which among other functions, performs DNA repair), it was  
7 found that buffers (HEPES, MES and Tris) had minimal effect on nucleotide binding<sup>94</sup>.  
8 However, the interaction of the buffers with the protein had significant effects on their thermal  
9 stability, unfolding transitions and dsDNA nucleation of RecA<sup>94</sup>. It was also described that the  
10 activity of the enzyme endo- $\alpha$ -D mannosidase was affected by the buffer used. The higher  
11 activity was described when MES and MOPSO were used, at pH 7.0; the enzyme activity was  
12 strongly reduced in HEPES or HEPPS buffer and was essentially eliminated in Tris buffer<sup>95</sup>.  
13 The inhibitory enzyme effect of Tris was also described in the case of microperoxidase-11 (MP-  
14 11).

15 Buffers are an integral part of the electrophoresis technique, commonly used for the separation  
16 of nucleic acids and proteins, since it requires a constant and precise pH value. Tris-based  
17 buffers, such as Tris-acetate EDTA (TAE: 40 mmol/l Tris-acetate; 1 mmol/l EDTA; pH 8.3)  
18 and Tris-borate-EDTA (TBE: 90 mmol/l Tris; 90 mmol/l boric acid, 2 mmol/l EDTA; pH 8.3)  
19 are generally used in the electrophoretic separation of DNA, using agarose gel<sup>9</sup>. In the case of  
20 the electrophoretic RNA separation, agarose gels containing denaturing agents, such as  
21 formaldehyde or glyoxal, have been used. Denaturing agents decompose during electrophoresis,  
22 altering the pH of the gel. In addition, RNA is unstable in slightly alkaline solutions. Due to  
23 these reasons, MOPS buffer (pKa 7.2) has been used for denaturing gel electrophoresis of  
24 RNA<sup>9</sup>. The separation of proteins is usually carried out using sodium dodecyl sulphate (SDS)  
25 polyacrylamide gel electrophoresis (SDS-PAGE). For this purpose, Tris-glycine (25mmol/l  
26 Tris; 250 mmol/l glycine; pH 8.3) or Tris-Tricine (100 mmol/l Tris; 100 mmol/l Tricine; pH  
27 8.2) are common buffers in SDS-PAGE<sup>96</sup>.

28 Buffer properties also affect protein, lipid and nucleic acid extraction. For example, Davies and  
29 Goldberg<sup>97</sup> have introduced HEPES in the extraction buffer to prevent the damage of proteins in  
30 red blood cells. HEPES was also employed with glutamic acid in a fixation method, which  
31 results in great preservation of proteomic and nucleic content<sup>98</sup> as well as in the extraction of  
32 nucleic material<sup>99</sup>. Fowler et al<sup>100</sup> has shown that Tris buffer inhibits monoamine oxidase  
33 (MAO) activity in a non-competitive manner; the authors alert for its use in MAO extraction  
34 and estimation of activity. The concentration and pH of the buffer also plays a role in the  
35 extraction protocols. It was described that 150 mmol/l tricine buffer, at pH 8.0 allowed the  
36 separation of metallothioneins by capillary zone electrophoresis<sup>101</sup>.

1 Neutral pH amine-based buffers, such as MOPS, HEPES, BES, TES and Tricine, interact and  
2 form complexes with DNA <sup>102</sup>. It was found that the interaction of the buffer with the DNA  
3 affected the kinetic and binding parameters of cleavage of the plasmid pBR322 by the  
4 restriction endonuclease *EcoRV*. The authors found decreasing reaction rates from HEPES, TES  
5 to Tris. It was proposed that the modification of the binding of enzyme to DNA was associated  
6 with the availability of protonated amines of the buffer to act as counter ions to the DNA  
7 phosphate <sup>103</sup>.

8 Zwitterionic buffers influence mRNA expression of in vitro produced bovine embryos. It was  
9 shown that transcription levels and embryo development were more profoundly affected by the  
10 use of TES than by HEPES and were least affected by MOPS <sup>104</sup>.

11

#### 12 3.1.4. Influence on DNA, RNA and protein measurement

13 Buffers should not absorb at wave-lengths longer than 230 nm, since many spectrophotometric  
14 determinations of DNA, RNA and proteins are performed in this range of wave-lengths.  
15 However, it is known that ACES displays a significant absorption at 230 nm and ADA an  
16 absorption in UV range below 260 nm <sup>10</sup>.

17 It is reported that Tris interfere with the Bradford protein assay. HEPES, PIPES, EPPS, Bicine  
18 and MOPS interfere with Lowry protein determination; however, HEPES and MOPS do not  
19 interfere with Bradford or Bicinchoninic acid assays <sup>4,96,105,106</sup>.

20

#### 21 3.1.5. Impact of buffers in redox studies

22 MES do not form radical species. On the other hand, radical species can be formed from  
23 HEPES, PIPES and EPPS <sup>4</sup>, which means that these buffers are not suitable for redox studies. It  
24 was also described that MOPS, MES, PIPES, HEPES and EPPS can be oxidized by H<sub>2</sub>O<sub>2</sub>;  
25 nevertheless, since buffer oxidation is slow, no significant impact in biological/biochemical  
26 systems is expected to occur <sup>107</sup>. MES, MOPS, HEPES and Tris retarded Fe(II) autoxidation  
27 kinetics in the presence or absence of ferritin <sup>108</sup>. In addition, it was described that MES, PIPES  
28 and HEPES interfere with phenolic oxidation by peroxidases <sup>109</sup>. Formation of Tricine-NO  
29 radicals was described in the presence of peroxide-forming enzymes <sup>110</sup>; therefore, care should  
30 be taken with the use of Tricine if proteins with oxidase activity are present.

31

#### 32 3.1.6. Effects of buffer in chromatographic separations

33 Some authors point out the relevance of the careful selection of the buffer used in  
34 chromatographic protocols, due to its possible interaction. Heinisch and Rocca <sup>111</sup> studied the  
35 effects of several factors, including buffer type, such as Tris and BTP, at 30 mmol/l, on the

1 retention of ionizable compounds in reversed-phase liquid chromatography. The authors showed  
2 that the type of the buffer could affect the performance of the separation. Borges and Collins<sup>112</sup>  
3 described that buffers, such as Tricine (pH 8.0, 20 mmol/l), affects the high-performance liquid  
4 chromatography (HPLC) stability and performance of stationary phases [immobilized  
5 poly(methyloctylsiloxane) on silica - PMOS-SiO<sub>2</sub>]. It was also shown that high pH values of the  
6 mobile phase reduce the ion-exchange interactions between the basic solutes and the stationary  
7 phase, resulting in lower retention factors. Despite PMOS-SiO<sub>2</sub> stationary phases displayed low  
8 stability in alkaline mobile phases, the use of buffers, such as Tricine or Tris, give unique  
9 selectivity properties to the mobile phase, making them promising for pharmaceutical  
10 analyses<sup>112</sup>. Comparatively to inorganic buffers, buffers, such as MES and Tris, are adequate for  
11 capillary electrochromatography (CEC) due to their low ionic mobility<sup>113</sup>. Jiskra et al<sup>114</sup> studied  
12 the influence of twelve commonly used organic and inorganic buffers on the chromatographic  
13 behaviour of HPLC and CEC. The authors found that inorganic buffers had greater impact on  
14 the chromatographic behaviour compared to organic buffers; within organic buffers, MES (1  
15 mmol/l, pH 6.0) and Tris (0.5-10 mmol/l, pH 8.0) presented an exceptional behaviour.

16

### 17 3.1.7. Influence of buffer complexation characteristics on experimental results

18 There are a number of works that, although no initial consideration was given to the possible  
19 interference of the buffer, the authors concluded that part of their results may be conditioned by  
20 the metal-buffer pair used. Wang et al <sup>115</sup> recognized that several components in their  
21 chromatographic system may be competing for metal binding with Bis-Tris. Minami et al <sup>116</sup>  
22 found substantial differences when different buffers, such as ADA and TAPS, were used on the  
23 identification of metallothionein isoforms, using capillary zone electrophoresis. BES and Tris  
24 were found to affect the results of bacterial endotoxin tests in the presence of different metal  
25 ions <sup>72</sup>. In the study of photosystem II inhibition by Cu(II), it was concluded that Tris, Tricine  
26 and TES complexed Cu(II), with substantial effects on the final results <sup>7</sup>. The choice of buffer  
27 also influenced the determination of thermodynamic parameters associated with the interaction  
28 of alkaline metal ions with citric acid <sup>117</sup>. On the other hand, AMPSO and TAPSO have been  
29 described to inhibit the activity of catalysts in chemical reaction due to its capacity to bind with  
30 Cu(II), which was not a problem when HEPES was used as a buffer <sup>14</sup>. Nakano et al, while  
31 examining MOPSO, ACES, BES, MOPS, TES, HEPES and 3,3-dimethylglutaric acid (DGA) in  
32 an attempt to find the optimal conditions for the determination of Mn(II) by flow-injection  
33 photometry, ultimately selected DGA, as it was the only one to present no effects on the peaks  
34 obtained up to a concentration of  $1 \times 10^{-2}$  M <sup>118</sup>. BTP is recognized as a strong coordinating  
35 buffer to Cu(II)<sup>46</sup> and avoidable in the use of an assay for proteases, which uses a water soluble  
36 fluorescein-based ligand – Cu based method <sup>119</sup>. In the study of the interaction between

1 succinate dehydrogenase and ubiquinone-binding protein from succinate-ubiquinone reductase,  
2 a decrease in protein activity was recorded as a consequence of the buffer (HEPES, TES, and  
3 TAPS) influence <sup>120</sup>. Iron autoxidation rates are affected by the presence of buffers (Tris, MES,  
4 MOPS and HEPES), which ultimately alter the measured ferroxidase activity from horse spleen  
5 <sup>108</sup>. In assessing the possible effects of buffers on a size exclusion chromatographic protocol's  
6 mobile phase for the quantification of Cu, Fe and Zn-containing metalloproteins, Tris, HEPES  
7 and MOPS showed different results from those obtained with phosphate buffered saline (PBS)  
8 solution for Fe and Zn-containing proteins <sup>121</sup>.

9

#### 10 3.1.7.1. The knowledge of the complexing characteristics of the buffer

11 In many studies, experiments were conducted with metal ions in buffered medium, where  
12 buffers known as being metal complexing ligands described in the previous section, were used.  
13 Some authors have taken into account these informations and, accordingly, the free metal ion  
14 concentrations have been calculated. In order to study metal coordination to Zn(II) binding sites,  
15 Magyar and Godwin <sup>122</sup> used software for simulating the speciation of metal with buffers, such  
16 as Bis-Tris. Similar approach was undertaken by Amar et al. <sup>123</sup> and Fayyazuddin et. al. <sup>124</sup>, who  
17 also performed simulations for Zn(II) and the buffers used, like ADA, using the known stability  
18 constants. Sensi et al <sup>125</sup> also performed simulation calculations for MOPS, despite of no  
19 simulations have been performed for ADA with the metal in system. Jenkins et al <sup>126</sup> took into  
20 consideration buffer complexation and made appropriate calculations regarding the TES-ATP-  
21 metal systems in their study. In the studies of inhibition of glycine receptors by Zn(II), Thio et  
22 al<sup>127</sup> used Tricine to chelate and control Zn and then calculated the free metal ion in solution.  
23 Stelzer et al <sup>128</sup> used computer programs to calculate free metal ion concentration where BES  
24 and Ca(II) were present in solution. Other researchers replaced buffers, as they were aware of  
25 possible complexation. For example, Atkinson et al <sup>129</sup>, skipped the use of AMPD with Zn as it  
26 would complex.

27

#### 28 3.1.7.2. Absence of information related with complexing properties

29 The major part of the studies found in the literature does not indicate if complexation between  
30 metal ions and the buffer(s) used has been taken into account. Reasons for that can be that the  
31 authors skipped its writing, neglected them or were unaware of the possible complexation  
32 effects that buffers might have. For instance, Bayen et al <sup>130</sup> studied Cd speciation and  
33 bioavailability in the presence of several buffers (MES, MOPS, TAPS, AMPSO, HEPES and  
34 ACES) to test the pH effect. In this work, buffers were used as “non-complexing” agents

1 although stability constants for complexes between Cd and TAPS, AMPSO and ACES are  
2 described in the literature.

3 There is also the case where no complex stability constants are available in the literature and  
4 therefore, no complexation could be predicted. These situations usually involve metal ions not  
5 commonly studied in speciation works or metals, such as Ca(II) or Mg(II). For example, Ono et  
6 al <sup>131</sup> studied the variation of photosynthetic oxygen evolution when Ca(II) was replaced by  
7 K(I), Rb(I) and Cs(I), in the presence of Bis-Tris and MES. On its turn, Wheatley et al <sup>132</sup> used  
8 Bis-Tris and TES in the crystallization and kinetics of  $\beta$ -Galactosidase, an enzyme with Mg(II)  
9 and Na(I) active centres, respectively, while Beeler et al <sup>133</sup> studied the rat skeletal Mg(II)-  
10 ATPase in the presence of ADA. In these and other similar situations, buffer complexation is  
11 unknown. If it occurs, no impact on the studies performed was considered.

12

### 13 3.1.7.3. Presence of other ligands in solution

14 In several studies, some of the components present in the medium under study have themselves  
15 high complexing capabilities and buffer interference is thought to be simply nonexistent. These  
16 studies involve proteins with heme groups <sup>134-136</sup>, Zn-finger motifs <sup>137-139</sup>, metalloproteins  
17 <sup>116,133,140-142</sup> and/or other complexing agents in solution <sup>81,143-145</sup>. In fact, the concentrations of the  
18 compounds used, and most importantly the ratio of the buffer concentration to the complexing  
19 compounds concentration in the medium, are within values that support the idea that no  
20 interference of the buffer occurs.

21 In other studies, the concentrations of metal, buffer and/or component with complexing  
22 properties under study may raise doubts regarding the possible interference of buffers. Even if  
23 the affinity of the biological component to the metal is much larger than those of the buffer to  
24 the metal, a substantial difference in concentration may favours the formation of metal-buffer  
25 complexes due to a mass effect. There are some works that can be mentioned as examples of  
26 this situation. Juillard et al <sup>146</sup> used about 1000 times more buffer (Bis-Tris) than ferric heme  
27 and apomyoglobin in their binding studies, whilst Seto et al <sup>147</sup> used 40 times more buffer than  
28 luciferin and EDTA; in this study, a sensitive bioluminescent enzyme immunoassay, based on  
29 luciferin, where Mg(II) plays a vital role was used. For BTP buffer, which is a strong  
30 complexing ligand, some more examples are found in the literature. For example, Ejniak et al <sup>148</sup>  
31 used a BTP buffer concentration about 2500 times larger than the concentration of the  
32 apometallothionein domains. Additionally, in the Kanaori's study related with the Cd effect on  
33 the histidinol dehydrogenase metal binding, a BTP concentration several thousand times larger  
34 than that of histidinol was used <sup>149</sup>. Other situations where the concentration of buffer used is  
35 substantially higher than that of existing components in study can be found in the literature  
36 related with other buffers such as TES <sup>150</sup>, Tris <sup>136</sup>, TEA <sup>151,152</sup>, TAPS <sup>153</sup> and AMPSO <sup>154</sup>. Even

1 though we cannot definitively assert that buffer interferences exist in such studies, a cautious  
2 analysis of the results should be considered.

### 3 4 3.2. HEPES, MES and other Good's buffers

5 HEPES is a buffer widely used. It is a non to a very weak complexing agent, as noted in the  
6 previous section. Thus, it is suitable for most studies with metal ions. In fact, it is widely used  
7 throughout all fields of research, such as biomolecular<sup>138,139,155-157</sup>, biochemical<sup>94,121,158-160</sup>,  
8 toxicological<sup>161-163</sup>, cellular<sup>79,125,164,165</sup> and environmental<sup>138,157,165,166</sup> studies. However,  
9 attention should be taken to other possible interferences from HEPES, such as, interferences in  
10 oxidation reactions<sup>107,109,166</sup>, interferences with DNA<sup>102</sup> and other biological molecules<sup>3,92,93,103</sup>.

11 Another option is MES, which is also a non complexing ligand and has been widespread used  
12<sup>157,167-173</sup>. As it was previously discussed in section 2, there are other possible buffers, such as  
13 MOPS or PIPES, or even MOPSO, HEPPSO, POPSO and EPPS. For each one, a careful  
14 research should be made in order to ensure that no effects occur in studies where these buffers  
15 are intended to be used.

## 16 17 4. Suitability of pH buffers use based on metal complexation

18 Based on the analyses of the information described in the previous sections, the stability  
19 constants found in the literature, together with a comprehensive study of chemical speciation  
20 simulation for all relevant metal-buffer pairs, a table containing qualitative information of the  
21 complexation magnitude strength between the different buffers and metals was elaborated  
22 (Table 3). Metal chemical speciation calculations were performed using the computer program  
23 MINEQL+ Version 4.5<sup>174</sup>, that generates chemical equilibrium concentrations of all species  
24 being considered in the model by the program reactions (data not shown). In a general scenario,  
25 from the analysis of Table 3, we can say that fourteen buffers arise as best candidates (Figure 1):  
26 MES, PIPES, MOPSO, MOPS, HEPES, MOBS, HEPPSO, POPSO, EPPS, HEPBS, CHES,  
27 CAPSO, CAPS and CABS.

28 As previously detailed, some studies describe complexation of MES with metal ions while  
29 others support that MES is a non complexing agent. However, based on the analytical  
30 techniques employed in those studies, in the data analyses and behaviour with some metals, we  
31 regard MES as a suitable compound for buffering within its pH buffer range (5.50 - 6.70). In a  
32 similar way, for PIPES, as previously noted, although complexation is reported, we also regard  
33 that in light of the data present in the literature it is very likely that PIPES does not complex  
34 with metal ions or if it does complexation occurs at very little extension. Given these reasons,  
35 we find PIPES as a possible buffer for use within its pH buffering range (6.10 - 7.50). For

1 MOPSO and MOPS, the same arguments as for MES are valid and, therefore, these buffers can  
2 be included in our free complexation list, providing an option for pH between 6.20 to 7.60 and  
3 between 6.50 to 7.90, respectively. By analyzing the literature about HEPES, a similar scenario  
4 to that of PIPES is found and, we regard that HEPES is generally described in the literature as a  
5 non complexing buffer and thus suitable to be used in solutions with metal ions. In the case of  
6 HEPPSO and Cu(II), special attention is needed if one wants to use it to buffer Cu(II) solutions.  
7 For EPPS and HEPBS, based on the analyses of the data available, we strongly regard that it  
8 does not complex with metals and so, they are possibly good buffers for pH ranges of 7.30 –  
9 8.70 and 7.60 – 9.00 respectively. As for MOBS, POPSO, CAPSO, CAPS, CHES and CABS,  
10 for which no or only very faint complexation was described, these can be considered as good  
11 buffering agents to be used in solutions containing metal ions. However, these buffers, with the  
12 exception of MOBS and POPSO, have a higher buffer range (8.30 - 11.40), which makes them  
13 an option only for specific studies where higher pH is demanded. Although no stability  
14 constants were determined, POPSO was shown to bind Cu(II) and therefore, in this particular  
15 case, special care is needed.

16 The buffers reported above are the most adequate for studies free of metal interferences but  
17 other buffers are commercialized and may be used as well. Metal-buffer pairs, which form weak  
18 complexes, may be used when other components, that have great metal stability constants, are  
19 present in solution. In this case, metal interferences from the buffer, due to complexation, are  
20 not predictable. Nevertheless, if possible, a speciation study with all elements present in  
21 solution should be made in order to ensure such claim. In other cases, where complex stability  
22 constants are lower for the components in study and higher for the metal-buffer complex,  
23 speciation studies should be mandatory to ensure a proper conclusion from the data obtained in  
24 the work.

25

## 26 **5. Concluding remarks**

27 Considering all the facts described above and given the large number of stability constants  
28 determined for the metal-buffer systems, an imperative need, predicted long time ago by Good,  
29 arises: the metal-buffer equilibrium, used in any experiment, should be known and be a key part  
30 in the final results and conclusions of the work. In most circumstances, the effects may be  
31 negligible, but nevertheless, wrong conclusions may be taken from the results obtained,  
32 especially, when the stability constants for the metal-buffer are strong. In such cases, two  
33 strategies may be adopted; (1) the use of different buffers in individual trials in such a way that  
34 differences in the buffer usage may be deduced, if any, or (2) if the use of more than one buffer  
35 or running more than one experiment is out of question, the use of a known non-complexing  
36 buffer, such as PIPES, HEPES, MES or MOPS, as a buffer agent in the experiments.

1 To conclude, searching for a proper buffer for a given experiment should be more than just to  
2 look for the appropriate buffering pH range. All other known buffer interactions, such as metal-  
3 buffer complexation and biological effects should also be taken into account.

4

5 **Conflict of interest**

6 The authors declare that this article content has no conflicts of interest.

7

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Table 1 – Families of buffers and its respective structure.

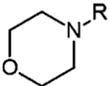
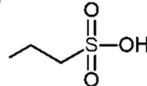
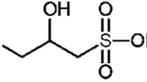
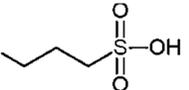
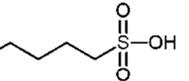
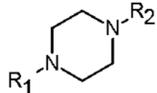
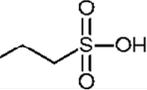
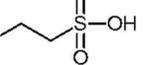
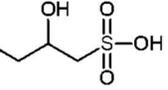
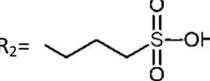
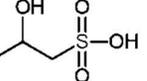
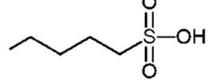
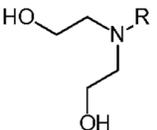
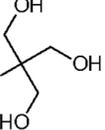
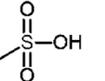
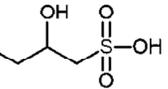
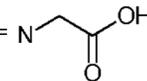
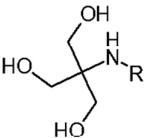
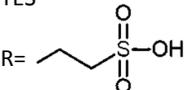
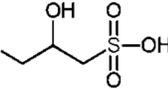
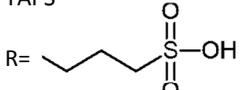
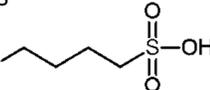
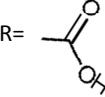
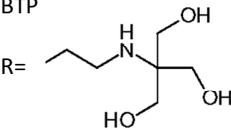
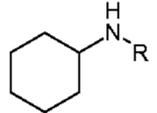
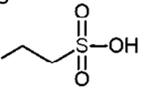
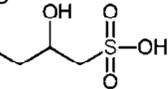
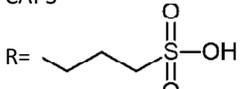
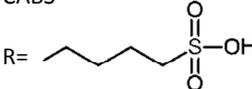
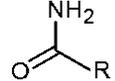
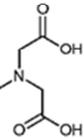
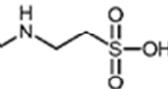
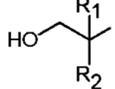
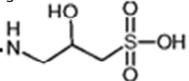
Family	Buffers						
Morpholinic 	MES R= 	MOPSO R= 	MOPS R= 	MOBS R= 			
Piperazinic 	PIPES R <sub>1</sub> =R <sub>2</sub> = 	HEPES R <sub>1</sub> =  R <sub>2</sub> = 	POPISO R <sub>1</sub> =R <sub>2</sub> = 	EPPS R <sub>1</sub> =  R <sub>2</sub> = 	HEPPSO R <sub>1</sub> =  R <sub>2</sub> = 	HEPBS R <sub>1</sub> =  R <sub>2</sub> = 	
Bis(2-hydroxyethyl)amine 	BIS-TRIS R= 	BES R= 	DIPSO R= 	TEA R= 	Bicine R= 		
TRIS 	TRIS R= H	TES R= 	TAPSO R= 	TAPS R= 	TABS R= 	Tricine R= 	BTP R= 
Cyclohexylamino 	CHES R= 	CAPSO R= 	CAPS R= 	CABS R= 			
Acetamido 	ADA R= 	ACES R= 					
Propanol 	AMPD R <sub>1</sub> = NH <sub>2</sub> R <sub>2</sub> = 	AMPSO R <sub>1</sub> = CH <sub>3</sub> R <sub>2</sub> = 	AMP R <sub>1</sub> = NH <sub>2</sub> R <sub>2</sub> = CH <sub>3</sub>				

Table 2 - Examples of biological uses of Good's buffers

Field	Study	Buffer
Biomolecular/ Biochemical/ Molecular biology	Spectroscopic and potentiometric studies of Cu(II) complexes <sup>175</sup>	MOPS
	Reduction of some Pt (IV) complexes with biologically important sulfur-donor ligands <sup>176</sup>	HEPES
	Inhibition of gelatinases by captopril and Lisinopril <sup>177</sup>	Tris
	Nitrogenase electron transfer mechanism <sup>178</sup>	MOPS
	Modulation of connexin channel activity <sup>92</sup>	MES, HEPES and TAPS
	Characterization of P-Type ATPase in <i>Thermus thermophilus</i> <sup>179</sup>	Tris
	Measurement of high-density lipoprotein-subclass cholesterol <sup>35</sup>	BES
	Separation of nucleic acids and proteins by electrophoresis <sup>9,96</sup>	Tris, MOPS and Tricine
	Measurement of pBR32 plasmid DNA cleavage by the restriction enzyme <i>EcoRV</i> <sup>103</sup>	Tris, BTP, BES and HEPES
Cellular biology	Cold storage of isolated hepatocytes <sup>180</sup>	BES
	Effect of auxin on the osmoregulation of <i>Avena sativa</i> protoplasts <sup>181</sup>	MES and BTP
	Control of culture media pH <sup>2,87,88</sup>	MES, ACES, MOPS and MOPSO
	Fluorescent cell labelling <sup>182</sup>	HEPES
Toxicology	Cu and Zn toxicity to <i>Daphnia magna</i> and <i>Pseudokirchneriella subcapitata</i> <sup>163</sup>	MOPS
	Cu toxicity to <i>Amphidinium carterae</i> <sup>183</sup>	HEPPSO and POPSO
	Cu, Ni, Cd and Pb toxicity to <i>Saccharomyces cerevisiae</i> <sup>173,184-186</sup>	MES
	Evaluation of bacterial endotoxins <sup>72</sup>	BES and Tris
Environment	Cu removal by <i>Chlamydomonas reinhardtii</i> <sup>170</sup>	MES
	Cu, Ni and Zn removal by <i>Saccharomyces cerevisiae</i> <sup>172,187,188</sup>	MES
	Arsenate and phosphate adsorption by goethite-based	HEPES

adsorbent<sup>189</sup>

Immobilization of U(VI) by biological oxidation of U(IV) HEPES

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Table 3 - Overview of the complexation magnitude strength between the different metal-buffer pairs.

Group	2		6	7	8	9	10	11	12	14		
Type	alkaline earth metal		Transition metal									
Buffer	Mg(II)	Ca(II)	Cr(III)	Mn(II)	Fe(III)	Co(II)	Ni(II)	Cu(II)	Zn(II)	Cd(II)	Pb(II)	Final <sup>a</sup>
MES												(+)
Bis-Tris												(-)
ADA												(-)
ACES												(-)
PIPES												(+)
MOPSO												(+)
BTP												(-)
BES												(-)
MOPS												(+)
TES												(-)
HEPES												(+)
DIPSO												(-)
MOBS												(+)
TAPSO												(-)
Tris												(-)
HEPPSO												(+)
POPSO												(+)
TEA												(-)
EPPS												(+)
Tricine												(-)
Bicine												(-)
HEPBS												(+)
TAPS												(-)
AMPD							b				b	(-)
TABS												(-)
AMPPO												(-)
CHES												(+)
CAPSO												(+)
AMP							b	b	b	b	b	(-)
CAPS												(+)
CABS												(+)

Red - strong complexation; yellow - light complexation; green - no complexation; blue - data not in agreement. For further information, see the supplementary data supplied with this review where the complexation models and references are found.

<sup>a</sup> Final remarks regarding the overall suitability of the buffer. Suitable: (+); not suitable: (-).

<sup>b</sup> Unpublished results.

**Figure legend**

Figure 1. List of buffers analyzed in this work and their pH range. Red – not suitable for general use; green – suitable for general use.

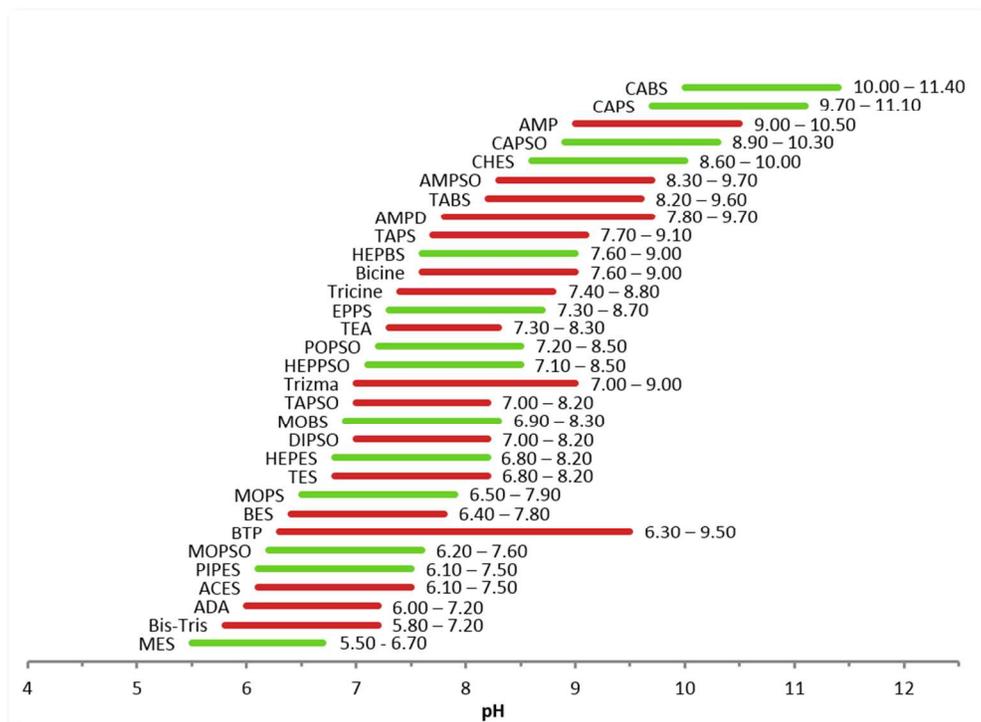


Figure 1  
271x199mm (96 x 96 DPI)