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22 Raman spectroscopy is a powerful technique for molecular analysis of food samples. A 23 fingerprint spectrum can be obtained for a target molecule by using Raman technology, as specific signals are obtained for chemical bonds in the target. In this way, food components, 24 additives, process and changes during shelf life, adulterations and numerous contaminants 25 26 such as microorganisms, chemicals and toxins, can also be determined with or without the 27 help of chemometric methods. The studies included in this review show that Raman 28 spectroscopy has great potential for food analyses. In this review, we aimed to bring together 29 Raman studies on components, contaminants, raw materials, and adulterations of various 30 food, and attempted to prepare a database of Raman bands obtained from food samples. 31 32 33 34 Key words: Raman Spectroscopy, food analysis, food components, contaminants, Raman bands database 35

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## 37 Introduction

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Customers have recently become more concerned about being informed on food quality and, 39 thus the need for food quality determination methods has increased. Therefore, all steps in 40 food production such as composition or quality of the products, their origin and how they 41 have been handled, processed and stored have gained importance. Various types of methods, 42 including microbial methods, sensory analysis, biochemical and physicochemical methods are 43 44 used in food analysis. Chromatographic methods such as high-performance liquid 45 chromatography (HPLC) and gas chromatography (GC) have become very popular for separation and identification of food components due to their high reproducibility and low 46 detection limits.<sup>1</sup> Deoxyribonucleic acid (DNA) based methods, such as Polymerase Chain 47 Reaction (PCR) techniques, and immunological based methods, such as Enzyme-Linked 48 49 Immunosorbent Assay, are also used for detection of specific targets in food samples. 50 Although these are common methods being used, they cannot meet the demand for *in situ*, rapid and multiple analysis. Spectrophotometric methods, on the other hand, has a great 51 advantage over them as it successfully meets those requirements. Spectroscopic methods 52 which are used to determine different properties of food components is a rapid and easy 53 method,<sup>2</sup> The spectroscopic methods used for food analysis include Ultra Violet-Visible 54 55 Spectroscopy (UV-Vis spectroscopy), Fluorescence Spectroscopy, Raman Spectroscopy and Infrared Spectroscopy (IR), Circular Dichroism (CD), X-ray Spectroscopy, Nuclear Magnetic 56 Resonance, Electron Spin Resonance, Dielectric Spectroscopy, and Photoacoustic 57 58 Spectroscopy.

Raman spectroscopy detects chemical and organic molecule types and their physical
structures by making use of bonds.<sup>2</sup> Photons are scattered when an intense monochromatic
light source -especially a laser beam- irradiates a sample, and as a result of this application,

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62 the largest fraction of the scattered light is found to have the same wavelength as the laser light. This elastic scattering is known as Rayleigh scattering. Far fewer inelastic collisions 63 occur between the sample and the incident photons. As a result, the wavelengths of scattered 64 photons change, which is referred to as Raman scattering (Fig.1). If a molecule gains energy 65 during Raman scattering, the scattered photons will shift to longer wavelength and give 66 67 Stokes lines; however, if it loses energy, they may shift to shorter wavelengths and give anti-Stokes lines, as seen in Fig 1.<sup>3</sup> The quantity of normal vibrations, masses and geometric 68 arrangements of the atoms in the molecule, as well as the strengths of the chemical bonds 69 70 between the atoms, form the vibrational spectrum or *fingerprint* of each molecule. The term 71 fingerprint is justified by the fact that no two samples or compounds have the same spectrum in terms of frequency and intensity of peaks and shoulders.<sup>4</sup> Molecules have a large number 72 of vibrational states, but not all molecules are able to have a Raman spectrum. Being Raman 73 74 active is the basic requirement for a molecule to have a Raman spectrum. Raman spectroscopy can examine molecular vibrations that cause change in their polarizability.<sup>5</sup> The 75 76 symmetry of a molecule is also an important requirement for Raman spectra, since symmetric stretches are more intense in Raman spectra than in Infrared spectra. Functional groups such 77 as C-X (X=F, Cl, Br or I), C-NO<sub>2</sub>, C-S, S-S, C=C, C≡C, C≡N, etc., show greater 78 polarizability changes and give strong Raman signals.<sup>5</sup> 79

A Raman spectrum consists of scattering intensity (photons per second) plotted vs. wavelength (nanometres) or Raman shift (in reciprocal centimetres). Each band in a Raman spectrum corresponds to a Raman shift occuring due to the incident light energy.<sup>6</sup> These bands correspond to specific bands of chemical bonds and/or functional groups of the molecule. By using these specific bands, the fingerprint of a molecule can be obtained with Raman spectroscopy. In addition, quantitative analyses can also be performed by using 86

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Raman spectroscopy since the intensity of the band is linearly proportional to the concentration of an analyte.<sup>3</sup>

Raman spectroscopy has great potential for biochemical analysis. Major advantages of 88 89 this technique are its ability to provide information about concentration, structure, and 90 interaction of biochemical molecules within intact cells and tissues non-destructively. In 91 addition, it doesn't require homogenization, extraction, the use of dyes or any other labelling agent,<sup>7</sup> or any pre-treatment of samples; it only requires small portions of samples. Raman 92 spectroscopy can analyse samples in both liquid and solid phases at ambient temperature and 93 pressure.<sup>8</sup> Besides, Raman spectroscopy is a potential tool for the assessment of food quality 94 systems during handling, processing and storage.<sup>9</sup> 95

In this review, we will discuss applications of Raman spectroscopy in food analysis 96 97 (Fig. 2). Conventional analysis methods will be taken into consideration under the headings 98 related to each basic food sample. These headings are listed as Raman Spectroscopy for detection of food components, microorganisms and chemicals in food, food additives, raw 99 100 materials and food adulterations; and relevant studies are presented under each of them. In 101 addition, vitamins and minerals will be also considered although they found little interest in 102 food analysis by Raman despite of their major role in nutrition and health. There are several 103 reviews in literature about usage of Raman Spectroscopy for food analysis focusing on specific food groups or spesific components found in foods.<sup>10-13</sup> This review will provide a 104 105 general insight into the Raman analysis of major components and contaminants found in 106 foods including adulterations. Besides, Raman bands of the important compounds found in food matrix will be presented in a database, which will be helpful for the user of the Raman 107 spectroscopy to analyze new spectra obtained from food samples. Although surface-enhanced 108 109 Raman Spectroscopy (SERS) is a commonly used method for improving the sensitivity of Raman Spectroscopy, studies on SERS haven't been included in this review since it requires a 110

specific surface and a Raman active molecule in order to provide enhancement and to obtaincharacteristic Raman signals.

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# 114 Raman spectroscopy for the detection of food components

Composition of the food samples has great importance due to its substantial effect on quality, 115 nutritional and economic value, and its contribution to the properties of final product. 116 117 Environmental factors and applied processing factors could have both positive and negative 118 effects on food components. Therefore, monitoring these changes in every step of food 119 production process is of great importance. There are many ways to determine these changes in food components, and for this purpose, there has been an increasing interest in the use of 120 121 Raman spectroscopy over the past few decades. In this section, an overview is given on the use of Raman spectroscopy in quantitative and qualitative analysis of food components. 122 123 Specific Raman bands related to the articles investigated in this section were given in Table 1S, 2S, 3S and 4S for proteins, carbohydrates, lipids and vitamins, respectively. 124

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#### 126 **Proteins**

Raman spectroscopy enables researchers to obtain detailed information on structural properties of proteins. Studies on food proteins have been conducted for several decades, and they still maintain their importance since proteins are one of the major components of foods and have important effects on properties of food. Proteins are large polypeptides consisting of hundreds of amino acids; thus, a complex set of overlapping bands forms their Raman spectra. Additionally, strong Raman scattering of aromatic amino acids and polypeptide chains also contribute to the existance of characteristic bands observed in the Raman spectra.<sup>14</sup>

Raman spectroscopy has been used in food protein studies on various topics, but in particular, investigation of the secondary structure of proteins has been the focus of them. In

these studies, amide bands-especially the amide I (1645–1685  $\text{cm}^{-1}$ ) and amide III (1200– 136 1350 cm<sup>-1</sup>) bands have proven to be the most useful bands to obtain data on the secondary 137 structures of proteins, which are composed of  $\alpha$ -helices,  $\beta$ -sheets, turns and random coil 138 structures. Characteristic Raman bands of various amino acid residues have also been used to 139 acquire information about the microenvironment and conformational changes of the proteins. 140 For instance, phenylalanine residue has been generally used as an internal standard in most of 141 the Raman spectroscopic studies<sup>15-17</sup> since it is reported to be insensitive to conformation or 142 microenvironment.<sup>18</sup> Chi et al. used the advantages of UV-resonance Raman spectroscopy 143 (UV-RR spectroscopy), such as its ability to selectively examine the secondary structures of 144 dilute protein and peptide solutions.<sup>19</sup> Chemometric methods were employed to determine the 145 146 average amide band resonance Raman spectra of the  $\alpha$ -helix,  $\beta$ -sheet, and unordered 147 secondary structures of a number of proteins. Similarly, Huang, Balakrishnan, and Spiro used deep-UV-RR spectroscopy to investigate the secondary structures of proteins.<sup>20</sup> Resonance-148 149 enhanced amide bands and aromatic side chain bands of proteins with varied secondary 150 structure contents were analysed with least-squares fitting method to establish quantitative signatures of secondary structure. 151

152 Several reactions occuring in the food matrix due to application of different processing techniques could be monitored by Raman spectroscopy. Nonaka, Li-Chan, and Nakai studied 153 thermal-induced gelation process of whey proteins. Different time and temperature parameters 154 were applied to  $\alpha$ -lactoglobulin and  $\beta$ -lactoglobulin proteins, and changes in their Raman 155 spectra were followed.<sup>21</sup> In another study, Raman spectroscopy was used to investigate the 156 interaction of lysozyme,  $\alpha$ -lactoglobulin and  $\beta$ -lactoglobulin before and after the completion 157 of gelation process.<sup>22</sup> Rheological changes and the interactions of egg albumen and whey 158 159 protein during the gelation process were tracked with FT-Raman spectroscopy using phenylalanine (1004 cm<sup>-1</sup>) as an internal standard. Differences in the gel structures were 160

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evaluated by monitoring CH (1350 cm<sup>-1</sup>) and CH<sub>2</sub> (1450 cm<sup>-1</sup>) bending vibrations. As a result, 161 an increment was observed for the Raman intensity of  $\beta$ -sheet structures in the amide III 162 region, while the intensities decreased for helical structures.<sup>17</sup> Sánchez-González et al. used 163 FT-Raman to examine the structural changes in proteins and water during gelation of fish 164 surimi. Amide bands and amino acid residue bands were monitored to detect the changes.<sup>23</sup> 165 166 The changes in chemical structures occuring due to heat treated gelatinization of miyofibrillar 167 proteins contribute to the quality of meat products and to improve their production techniques. Hence, conformational changes in peptid structures of meat, which is highy rich in protein, 168 were tracked by using Raman spectroscopy. It was found that owing to the impact of heat, 169 changes in amide I (1600-1700 cm<sup>-1</sup>) and amide III (1200-1300 cm<sup>-1</sup>) regions reduces the  $\alpha$ -170 heliks content in protein structure, while it increases ß-sheets, ß-turns and random coil 171 content.<sup>24</sup> In another study, whether endpoint temperature (EPT) was reached for cooked meat 172 and meat products was checked by using Raman Spectroscopy with chemometric analysis. It 173 was found that seconder structure of meat proteins were changed with heat treatment as in the 174 previous study.<sup>25</sup> Lim et. al., studied gelation of phenol extracted protein fractions from non-175 176 acclimated (NA) and cold-acclimated (CA) winter rye leaf tissue after repeated freeze-thaw treatments. Changes in the protein secondary structure caused by the freeze-thaw cycles were 177 178 monitored by using Raman microscopy. Gelling and non-gelling components as well as 179 protein extracts were individually analyzed with Raman measurements. Similarity between 180 NA and CA samples was explained with their similar structural conformations, which were stabilized by similar protein-protein interactions, while dissimilarities were mainly assigned to 181 the covalent bonds altered by freeze-thaw treatments.<sup>26</sup> Lactate dehydrogenase was chosen as 182 183 a model protein to evaluate the potential of Raman spectroscopy for discriminating native like and non-native states of protein in freeze-dried formulations. PCA and PLS-LDA methods 184 were applied to collected Raman data for discrimination studies. Different prediction models 185

were developed using different spectral regions and their combinations. C-N stretch,  $NH_3$ deformation, amide III, and mainly C-H<sub>n</sub> non-stretching with possible participations of C-N and C-C stretching were considered to have the maximum contribution to the success of discrimination.<sup>27</sup>

190 Deamidation of proteins is another process which can be easily followed by using 191 Raman spectroscopy. Wong et al. used soy and whey protein isolates and spray-dried egg 192 white powder to analyze the extent of deamidation in food proteins. Conformational changes 193 of the protein structures were examined using Raman spectroscopy. Characteristic band, 194 which was assigned to the stretching of the C=O bond of glutamate or aspartate, was used as the marker band for deamidation.<sup>28</sup> In another work, the enzymatic hydrolysis of wheat gluten 195 196 substrates, which were acid-deamidated by using three different acids were determined with 197 Raman spectroscopy. The same degree of deamidation with the same heat treatment 198 conditions was applied to all substrates. Raman spectroscopic analyses of microenvironments belonging to Cys, Trp, Tyr and His amino acids showed a positive relation with their 199 susceptibilities to enzymatic hydrolysis.<sup>16</sup> 200

201 Kang et al. used Raman spectroscopy to evaluate the effects of salt content and also 202 chopping and beating processes on the structural components of pork frankfurters. In the case 203 of increased salt content, a decrease was observed for C-H stretching, CH<sub>2</sub> and CH<sub>3</sub> bending 204 vibrations, while no changes were witnessed for secondary structures, namely tryptophan, 205 tyrosine residues,  $\beta$ -sheet and  $\alpha$ -helix. Beating process was resulted with an increase in  $\beta$ sheet, a decrease in α-helix content and a decrease in C-H stretching, CH<sub>2</sub> and CH<sub>3</sub> bending 206 207 vibrations. The adequacy of Raman spectroscopy as the experimental technique to follow the changes (appearing and disappearing of compounds) in composition during the beating 208 process was demonstrated in this study.<sup>29</sup> 209

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The interactions of proteins with other food components are another topic of interest commonly dealt with in using studies Raman spectroscopy. Shao et al, for instance, used Raman Spectroscopy to examine the emulsion created by adding lipid to meat. They followed the changes occuring in protein structures due to addition of different lipids to meat and heat treatment. They found that there wasn't a considerable change in the secondary structures of proteins in emulsion spectra obtained by mixing three different kinds of lipids without any heat treatment. With the application of heat treatment, however, it was seen that changes occured in the bands (1153 cm<sup>-1</sup>) demonstrating amide I (1654 cm<sup>-1</sup>), amide II (1517 cm<sup>-1</sup>), amide III (1300 cm<sup>-1</sup>) and C-N stretching vibration, and that formation of  $\beta$ -sheet increased. In this way, the researchers put forward the idea that with Raman spectroscopy, protein/lipid/water interactions could be examined and information could be obtained directly.<sup>30</sup> Meng et al., however, examined the protein-lipid interaction with Raman microscopy by using bovine serum albuimn/oil. Different spectra were obtained by extracting the spectrum of mineral or corn oil from that of the bovine serum albumine (BSA)/oil interface in order to determine the contributions of different functional groups to the proteinlipid interactions.<sup>31</sup> In the study of Sivam et. al., Raman and FT-IR spectroscopy were used as complementary methods to explore the conformational changes in wheat proteins and polysaccharides due to their interactions with fruit polyphenols and pectin. Amide bands, in particular, were examined to comprehend the interactions between additives and gluten proteins by following changes in the secondary structures of the proteins.<sup>32</sup> In the study of Ferrer et. al., gluten protein was chemically modified with an emulsifier, namely sodium stearoyl lactylate (SSL), and the effect of the modification on the secondary and tertiary structures of this protein was analysed with FT-Raman spectroscopy. A significant increase was observed in the intensity of amide I band, which is attributed to a more ordered structure. Conformational variations of disulfide bounds and the variations of the intensity rate of the

tyrosine doublet bands, tryptophan and C-H stretching band were also explained by formation 235 of a more ordered structure.<sup>15</sup> In the subsequent study of the same group, Gomez et. al. 236 reported a more detailed research investigating the conformational changes in the presence of 237 another emulsifier, namely diacetyl tartaric acid esters of monoglycerides: DATEM. A 238 239 comparison was also made on the differences in the gluten structures occurring in the 240 presence of DATEM and SSL, respectively. Differences on Raman spectra were mainly 241 assigned to the distinct chemical structures of these emulsifiers which specify their type of interactions with gluten proteins.<sup>33</sup> Perisic et. al. used the combinations of vibrational 242 spectroscopic techniques, namely NIR spectroscopy and FT-IR, NIR and Raman 243 microspectroscopy to study the effects of different salts on the hydration properties of 244 245 structural proteins. Interactions between salt cations and aromatic amino acid residues were 246 investigated, and their effect on the final structure of proteins was emphasized. Effect of salt 247 concentration on the protein structures were mainly monitored with tyrosine bands which were in a positive correlation with hydrogenated N-H groups.<sup>34</sup> 248

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#### 250 Carbohydrates

Structural characterization of carbohydrates is of great importance since they form the widest 251 252 class of organic compounds. Mono-, di-, oligo- and polysaccharides show characteristic Raman bands by which carbohydrates can be easily determined and quantified. Presence of 253 254 large number of atoms in the repeat unit and absence of a well-defined entity increased the importance of accurate assignement of vibrational modes in the structural analysis of 255 carbohydrates by using Raman spectroscopy.<sup>35</sup> For instance, the amylose contents of corn and 256 257 cassava starch samples were quantified using FT-Raman spectroscopy coupled with PCA and PLS regression methods. Characteristic band at 480 cm<sup>-1</sup> was assigned to the ring vibration of 258 starches and used to identify the presence of starch and to distinguish between corn and 259

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cassava starch samples.<sup>36</sup> Delfino et al. quantified the glucose contents in commercial sports 260 drinks by using micro-Raman and interval Partial Least Square regression (iPLS). Fingerprint 261 bands of glucose, fructose and sucrose were obtained in the spectral region between 600 262 and 1600 cm<sup>-1, 37</sup> In a recent study reported by our research group. Ilaslan et. al. used Raman 263 264 spectroscopy to quantify glucose, fructose and sucrose contents of commercial soft drinks. 265 Additives in the content of soft drinks were also characterized by their bands, which were 266 assigned to the presence of aroma compounds and citric acid in the composition. The calibration curves were obtained for each component by applying PLS regression on Raman 267 data, and validation studies were carried out using HPLC.<sup>38</sup> 268

Raman spectroscopy was also used for the detailed investigation of structural 269 components of the food samples. In the study of Roman et al., the components of wild carrot 270 root, such as starch, pectin, cellulose, lignin, and even bioactive polyacetylenes were 271 272 measured in situ and without any sample preparation. They also showed tissue-specific accumulations of the components using a Raman mapping technique.<sup>39</sup> In a similar study. 273 components of wheat and barley grain were investigated using Raman microscopy. The 274 Raman spectra of the most important substances such as proteins, carbohydrates 275 (arabinoxylan,  $\beta$ -glucan and starch) and phytic acid were included in the compositions of 276 277 barley, and wheat cells were measured. Wheat proteins were monitored by using the characteristic bands of gluten located around 1449 and 1659 cm<sup>-1</sup>, which was attributed to the 278 279 CH<sub>2</sub> bending mode of amino acids and C=O stretching mode of amides, respectively. Polysaccharides, namely arabinoxylan,  $\beta$ -glucan and starch gave similar Raman spectra. 280 Distinct bands at 1095 and 1120 cm<sup>-1</sup> assigned to the COC stretching vibrations of glycosidic 281 282 bonds showed the most evident similarity between these spectra. Starch was separated from the other polysaccharides by its characteristic bands at 480 and 901 cm<sup>-1</sup> (skeletal vibrations 283 of the glucopyranose ring), and phytic acid gave relatively weak Raman scattering with a 284

characteristic band at 3420 cm<sup>-1,</sup> (stretching of OH group). Raman imaging was also
 performed to analyze the distribution of these components in the cereal grain structure.<sup>40</sup>

Application of Raman spectroscopy makes it possible to determine the sources of 287 carbohydrates and extract minor differences between very similar structures. Scudiero and 288 289 Morris used Raman spectroscopy to identify the differences between soft and hard wheat flour samples. Relative intensity ratios of the bands between 400-600 cm<sup>-1</sup> and 1020-1650 cm<sup>-1</sup> 290 corresponding to the arabino-to-xylan substitution and phenolic acid contents were used to 291 differentiate the samples.<sup>41</sup> Wellner et al. compared the composition and physical structure of 292 starch granules found in wild type and mutant maize kernels by using a Raman imaging 293 technique.<sup>42</sup> Similar characteristic bands of carbohydrates and protein structures, specifically 294 amide I bands were observed for both wild type and mutant samples. However, differences 295 originating from the variations in the ratio of branched residues to linear residues were 296 monitored by following the characteristic band at 942 cm<sup>-1</sup>, which was reported as being 297 sensitive to the level of branching in starch polysaccharide. Another characteristic band at 865 298 cm<sup>-1</sup> was used to monitor the crystalline structure of starch granules.<sup>43</sup> Compositional and 299 300 structural properties of β-glucan in barley and oat samples were investigated with FT-Raman spectroscopy. PCA and PLS regression were used for multivariate data analysis of collected 301 Raman data, especially in the spectral region between 800 and 1800 cm<sup>-1</sup>. PLS regression 302 303 prediction models successfully determining the  $\beta$ -glucan and starch contents of the samples 304 were created. Clusters of cellulose, curdlan and cellulose-curdlan blends were located in the PCA score plot depending on the variation in their  $\beta$ -glucan structure.<sup>44</sup> 305

The effects of food processing on carbohydrates, one of which is starch modification, have also been analysed with Raman spectroscopy. Chong et al. determined the degree of maleate substitution in maleinated starches depending on the emergance of new bands, which were likely due to nominal C=O stretch, C=C stretch, and O-H stretch vibrational modes.<sup>45</sup>

Another modification of starch was carried out with octenyl succinate. This modification

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treatment was monitored using Raman microscopy entegrated with AFM.<sup>46</sup> The use of Raman 311 spectroscopy for quality control of modified starches in the food industry was demonstrated 312 by Dupuy and Laureyns. They identified the modified starches according to their origin and 313 314 type of modification. Although an overall similarity was observed for different starch samples, disappearance of the doublet at 600 cm<sup>-1</sup> was observed for pregelatinized samples. 315 Similarly, waxy samples were monitored by their characteristic bands at 480, 870, 950 and 316 1468 cm<sup>-1</sup>, which were assigned to skeletal mode, the CH and CH<sub>2</sub> deformation, the skeletal 317 mode involving  $\alpha$  (1–4) linkage and the CH<sub>2</sub> deformation, respectively. They also compared 318 the efficiency of the chemometric methods PCA and PLS in order to group the samples 319 according to the applied modification type and draw the conclusion that PLS is more effective 320 than PCA.<sup>47</sup> Passauer et al. studied the degrees of substitution (DS) of starch phosphates by 321 using the characteristic band of C-O-P stretching vibration at about 975 cm<sup>-1</sup>.<sup>48</sup> Volkert et al. 322 also determined the DS values of different substituted starch acetates by using a combination 323 324 of FT-Raman spectroscopy and chemometrics. They found the best congruence between determined and calculated DS values by calculating the first derivatives of the Raman 325 spectra.<sup>49</sup> In another study, DS values for cationic quaternary ammonium starches were 326 determined using the characteristic band of trimethyl ammonium substituent about 761 cm<sup>-1,50</sup> 327 328 Similarly, the DS values for carboxymethylated non-starch polysaccharides including 329 cellulose, guar gum, locust bean gum and xanthan gum were determined with Raman spectroscopy and a colorimetric method. The characteristic band at 1607 cm<sup>-1</sup> was chosen to 330 be the marker of carboxymethylation which originates from C=O carbonyl stretching 331 vibration. The intensity ratios of the marker bands to that of an internal standard band 332 corresponding to the skeletal configuration and linkages (850-950 cm<sup>-1</sup>) were used to 333 establish a calibration between spectroscopic and colorimetric DS values.<sup>51</sup> 334

In another study, the technical starch hydrolysis process was monitored with FT-Raman.<sup>52</sup> Gelatinization, liquefaction, saccharification and retrogradation processes were evaluated within the context of the relevant study. The intensity of the bands at 1633 and 3213 cm<sup>-1</sup> increased during the gelatinization process, while the others decreased. Liquefaction was characterized by the disappearance of the bands at 735 cm<sup>-1</sup> and 480 cm<sup>-1</sup>. Changes in saccharification at bands in 910–935 cm<sup>-1</sup> region and at 1127 cm<sup>-1</sup> were also monitored. <sup>53, 54</sup>

Mutungi et al. demonstrated the utility of the FT-Raman method for rapidly determining 341 starch crystallinity, which is important for food production and storage. In this method, a band 342 343 assigned to symmetric C(1)-O-C(5) stretching of the  $\alpha$ -D-glucose ring was used as an internal standard to normalize the spectra. As a result, a strong linear correlation was found between 344 crystallinity and the integrated area of the skeletal mode Raman band.<sup>55</sup> Similarly, in the study 345 of Islam and Langrish, Raman spectroscopy was used to investigate the formation of lactose 346 347 anomers and degree of lactose crystallization during spray drying. The characteristic bands in the Raman spectra indicated the presence of different lactose anomeric and crystalline forms. 348 These bands at 1100 and 350 cm<sup>-1</sup> were assigned to the stretching and bending vibrations of 349 350 the C-O-C grouping of  $\alpha$ - and  $\beta$ -lactose structures. Spectral region between 1200 and 1500 cm<sup>-1</sup> was used to characterize the presence of an amorphous polymorph in the lactose 351 samples.<sup>56</sup> In another study on crystallinity, Raman spectroscopy was used to determine the 352 353 viscoelastical properties of modified cellulose, which is a significant substance in food 354 industry. Akinosho et. al. investigated the effect of methyl and hydroxypropyl groups on gel 355 properties of hydroxypropyl methylcellulose (HPMC). Subsequent to the analysis of collected 356 Raman data, usability of the hydroxypropyl groups as an indicator of the crystalline structure of HPMC was reported. Crystallinity was also monitored by following the significant 357 broadening, which is generally assigned to the decrease in crystallinity in the spectral region 358 between 1540–1660 cm<sup>-1</sup>.<sup>57</sup> 359

Kizil and Irudayaraj evaluated the potential of Raman spectroscopy to follow the chemical changes induced by the application of gamma-irradiation to food samples. Fructose and honey samples were analysed using FT-Raman spectroscopy and canonical discriminant analysis was applied to the collected data. Monitoring the CH stretch region between 2800 and 3000 cm<sup>-1</sup>, they classified honey samples according to applied irradiation dose. Using spectral regions below 700 cm<sup>-1</sup> and between 800 and 1500 cm<sup>-1</sup>, changes in the ring and conformational structure of the fructose induced by irradiation were identified.<sup>58</sup>

The mechanism of thermal radical generation in cereal starches with different amylose 367 368 contents was analysed by using a Raman microspectrometer. Effects of high temperature on the structure of polysaccharide molecules were tracked from the collected Raman spectra. 369 370 Due to the decomposition of polysaccharide chains by the cleavages of the glycosidic bonds, the highest amount of decrease was observed for the bands at  $v_a$  (1150 cm<sup>-1</sup>) and  $v_s$  (944 371 cm<sup>-1</sup>) of C-O-C.<sup>59</sup> Different from the previous one, in this study, how freezing treatment 372 affects the structure of wheat bread dough was examined with Raman spectroscopy. The 373 374 distribution of ice free water, starch, gluten and yeast in the frozen dough in the structure was determined by examining the Raman bands of each of these components, and the 375 microstructure of the dough was determined by making use of images. In this way, 376 377 researchers stated that the causes of the decrease in quality can be found in the frozen baked goods.<sup>60</sup> 378

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380 Lipids

Lipids are one of the three major food components, but they have been reported as the most complex molecular structures to be analysed. Raman spectroscopy has been widely used for determining different properties of lipids. For instance, Sadeghijorabchi et al. put forward a procedure that determines the total level of unsaturation in oils and fats by using FT-Raman **RSC Advances Accepted Manuscript** 

spectroscopy.<sup>61</sup> Similarly, Silveira et al. quantified unsaturated fats in fat-containing foods. 385 Raman spectra of edible oils, margarine, mayonnaise, hydrogenated fat, and butter were 386 obtained with a near-infrared Raman spectrometer by making use of this non-destructive 387 quantification method. Spectral regions of 1750, 1660, 1440, 1300, and 1260  $\text{cm}^{-1}$  were used 388 to establish a correlation between Raman intensities and the total and unsaturated fat contents 389 of analyzed samples.<sup>62</sup> El-Abbasy et al. quantified the fat content in liquid homogenized milk 390 by using VIS-Raman spectroscopy. Protein and carbohydrate content of milk samples didn't 391 made a significant influence on the Raman intensities, so the variations were directly 392 attributed to the fat contents of the samples. Characteristic bands were mostly assigned to the 393 fatty acids and monitored at bands in 1650 cm<sup>-1</sup> (C=C cis double bond stretching of 394 RHC=CHR), 1440 cm<sup>-1</sup> (C-H scissoring of -CH<sub>2</sub>), 1265 cm<sup>-1</sup> (C-H bending at the *cis* double 395 bond in R-HC=CH-R), 1300 cm<sup>-1</sup> (C-H twisting of the CH<sub>2</sub> group), and 1747 cm<sup>-1</sup> (C=O 396 stretching of RC=OOR).<sup>63</sup> McGoverin et al. used Raman spectroscopy to quantify milk 397 powder constituents, namely protein and fat in skim and whole milk samples. The overlapped 398 bands seen in Raman spectra are considered to be caused by lactose, milk proteins and milk 399 fats. The characteristic band represented by lower wavenumber 1745 cm<sup>-1</sup> C=O modes were 400 assigned to milk fat, while the phenylalanine ring breathing band at 1005 cm<sup>-1</sup> was accepted 401 as the indicative of protein. A low broad peak above 3300 cm<sup>-1</sup> was reported to be consistent 402 with N-H and O-H modes of protein and lactose.<sup>64</sup> A combination of Raman spectroscopy 403 with chemometric methods enabled researchers to establish predictive models for these 404 constituents by using abovementioned characteristic bands. This combination has also been 405 used to predict the abundance of fatty acids in clarified butterfat,<sup>65</sup> and to discriminate and 406 classify different oils and fats.<sup>66-68</sup> Marguardt et. al. used Raman spectroscopy to obtain 407 quantitative data on carotenoid, collagen and fat contents of the fish muscle samples. Fat 408 content was characterized by the bands at 657, 1440, 1301 (CH<sub>2</sub> in phase twist), 1267(C-H 409

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symmetric rock (cis)), 1076 (C-C-C stretch) and 1064 cm<sup>-1</sup> (C-C-C stretch). Carotenoids were 410 monitored at primary bands (1159 and 1518 cm<sup>-1</sup>), and the intensity of the bands at 857 411 (proline) and 940 cm<sup>-1</sup> (C-C stretch of peptide backbone) which were assigned to the 412 presence of collagen was found to be relatively weak.<sup>7</sup> 413

414 Lipid oxidation, one of the most important quality indicators in foods, has been 415 investigated with Raman spectroscopy. Muik et al. examined the chemical changes that occurred during lipid oxidation in edible oils.<sup>69</sup> Kathirvel et al. monitored the progression of 416 lipid oxidation in mechanically separated turkey by monitoring the oxidative bleaching of  $\beta$ -417 carotene using Raman spectroscopy. Three characteristic Raman bands at 1008 cm<sup>-1</sup> from the 418 C-CH<sub>3</sub> rocking, at 1160 cm<sup>-1</sup> from the C-C stretching and at 1524 cm<sup>-1</sup> from the C=C 419 stretching were observed for ß-carotene molecule, while the last one was used to monitor its 420 concentration.<sup>70</sup> Guzman et al. determined the oxidation status of olive oil through a 421 422 combination of low-resolution Raman spectroscopy and PLS analysis. In order to monitor olive oil oxidation, characteristic Raman bands at 1267 cm<sup>-1</sup>, 1302 cm<sup>-1</sup>, 1442 cm<sup>-1</sup> 1655 423  $cm^{-1}$ , and 1747  $cm^{-1}$  (corresponding to symmetric rock double bond in *cis* =CH, in-phase 424 twist methylene, methylene scissoring mode of CH<sub>2</sub>, *cis* double bond stretching (C=C), and 425 ester stretching (C=O), respectively) were detected in the region below 1800 cm<sup>-1</sup>.<sup>71</sup> In 426 427 addition to these applications, it is also possible to show the effects of storage conditions on lipids or lipid containing foods. Sanchez-Alonso et al. used FT-Raman spectroscopy to 428 monitor the lipid oxidation of hake fillets during frozen storage. C-C stretching vibration at 429 1658 cm<sup>-1</sup> was reported as the only characteristic Raman band related to the lipid oxidation.<sup>72</sup> 430

431 A study was carried out using linoleic acid, which is a very important fatty acid in human diet. In this study, linoleic acid was treated with high pressure. Linoleic acid's phase 432 transtion and conformational changes with high pressure were observed in real-time by using 433 434 Raman spectroscopy. Significant conformational changes were observed at 0.07-0.12 GPa and

435 0.31-0.53 GPa. With the increase in pressure, some Raman bands disappeared, while some of them appeared. The researchers believe that knowledge about these chemical and physical 436 changes will make the major contribution to food preservation technology.<sup>73</sup> Another essential 437 oil produced out of Lamiaceae plant displaying different chemical profiles according to their 438 genomic properties has a biological activity of great importance. In the light of these 439 440 informations, chemical structures of the essential oils were determined using dispersive 441 Raman spectroscopy and FT-IR. Chemotyping was based on characteristic bands of thymol (740  $\text{cm}^{-1}$  ring vibration) and carvacrol (760  $\text{cm}^{-1}$ ), and the reasults were confirmed by using 442 GC.<sup>74</sup> 443

Researchers used Raman spectroscopy to follow the changes in carotenoid structure of 444 extra virgin olive oil with heat treatment, which was applied by using microvave and 445 conventional heating processes. It was shown that conventional heat treatment caused more 446 rapid degradation of caretoneid bands at 1008 cm<sup>-1</sup> (C–CH<sub>3</sub> bend), 1150 cm<sup>-1</sup> (C–C stretch), 447 and 1525 cm<sup>-1</sup> (C=C stretch). In addition, the researchers found that high heat treatment 448 449 resulted in whole degradation of caratenoids and that application time plays a more important role in the degradation compared to high temperature. They determined that heat treatment 450 with microwave during oil rafination affects the oil quality less than the conventional heat 451 452 treatment since the desired temperature was achieved by microwave more quickly than conventional heating.75 453

454

### 455 Vitamins

A variety of analytical procedures have been used for vitamin analysis in food samples. Lack of specify and matrix effect were reported as the main disadvantages of these procedures. On the other hand, Raman spectroscopy has gained an increasing importance due to its high precision and good signal-to-noise rate for vitamin analysis.<sup>76</sup>

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460 Investigation of vitamins with Raman spectroscopy began in the 1970s. Main goals of these early studies were to characterize the isomeric forms<sup>77</sup> and obtain the characteristic 461 Raman spectra of vitamins.<sup>78</sup> Rimai et al. acquired the Raman spectra of retinals (*trans*, 9-*cis*, 462 13-cis), retinols (trans, 13-cis), and trans-retinoic acid in octanol solution and reported the 463 464 possibility of characterizing the terminal group on vitamin A type molecules and isomers by their characteristic bands at around 1580–1590 cm<sup>-1</sup> and 1100–1400 cm<sup>-1</sup>.<sup>77</sup> Similarly, Tsai and 465 Morris researched the effect of pH and other water soluble vitamins on Raman intensity of 466 Vitamin B12 by using cvanocobalamin as a model chemical. A strong Raman band at 1504 467 cm<sup>-1</sup> corresponding to the ring stretching vibration of molecule was followed.<sup>79</sup> Also, 468 Cimpoin et al. coupled high performance thin layer chromatography (HPTLC) with Raman 469 spectrometry in order to obtain a suitable method for identification of eight hydrophilic 470 vitamins, i.e., B1-thiamin, B2-riboflavin, B3-nicotinic acid, B5-panothenic acid, B6-471 pyridoxine, B9-folic acid, B12-cyanocobalamin, and C-ascorbic acid in different samples. In 472 this study, a successful separation was achieved by HPTLC, and vitamins were easily 473 characterized by Raman spectroscopy.<sup>80</sup> 474

The use of Raman microscopy also made it possible to determine and localize vitamins in biological samples. Kim and Carey used riboflavin to differentiate free vitamins and vitamins bound to vitamin binding proteins at micro molar concentrations.<sup>81</sup> In another study, Beattie et. al., used Raman spectroscopy to identify  $\alpha$ -tocopherol, which is known to be the predominant form of vitamin E in biological samples.<sup>82</sup>

Additionally, chemometric techniques were used in order to quantify vitamins in powdered mixtures and solutions. Spectral regions between 2800-3000 cm<sup>-1</sup> and 800-1750 cm<sup>-1</sup> were used for the PLS models due to their high correlation with Vitamin C concentrations. A detailed chemical assignment was given in the relevant study.<sup>83</sup>

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## **Raman spectroscopy for microorganism and virus detection**

There are several analytical methods to determine the presence of microorganisms and 486 viruses. Although traditional microbiological plate count methods such as PCR, and 487 immunological and serological methods have been frequently used for this purpose. Raman 488 spectroscopy has gained increasing attention due to its abovementioned advantages such as 489 high sensitivity, reliability and non-destructiveness.<sup>84</sup> In addition to microorganisms that grow 490 in food, Hepatitis A and Norwalk viruses, Poliovirus, Astrovirus, Enteric adenovirus, 491 parvovirus and rotaviruses have also been found in foods as contaminants.<sup>84, 85</sup> Specific 492 493 Raman bands for microorganism and virus detection were given in Table 5S.

494

## 495 Microorganisms

496 Raman and its derivatives, such as UV-RR, FT-Raman, Micro-Raman and Confocal Raman 497 can be used to determine the presence of microorganisms. By carefully selecting which 498 Raman method to use, taking advantage of neural networks, and utilizing chemometric 499 methods to make qualitative distinctions between spectra; it is possible to identify and 500 differentiate microorganisms.<sup>86, 87</sup>

501 Bacillus and Brevibacillus species are spore-forming bacteria. Bacillus species, in particular, is pathogenic and causes serious food poisoning incidences; they can also be used 502 503 as a biological weapon. Passage from the spore to the vegetative forms of these bacteria, and determining the effects of manganese dipicolinate and calcium dipicolinate upon spore 504 formation, were monitored with micro-Raman spectroscopy.<sup>88</sup> In a study made on spore-505 506 forming Clostridium cultures, single-cell spectra were collected using confocal Raman microscopy. Although the morphological structures of the cells were similar, significant 507 spectral differences were observed between them and their contents depending on age and 508

spore production. As a result, chemical differences between the cells were easily identified by
Raman microscopy.<sup>52</sup>

In another study with confocal Raman microscopy, a group of pathogenic 511 microorganisms (Enterococci and Staphylococci) was classified. Raman measurements were 512 513 taken from different regions of a microcolony of each culture and processed with 514 chemometric methods. When dendrograms obtained with Hierarchical Cluster Analysis (HCA) were analysed, two arms were observed, one of which belongs to Enterococci and the 515 other to Staphylococci.<sup>89</sup> Specific strains of Staphylococcus were identified with a micro-516 Raman system. With this methodology, it was possible to determine chemotaxonomic 517 classification for a single cell and bulk cultures. HCA and Support Vector Machine (SVM) 518 were used as statistical methods. In one of the analyses, all of the bacteria were incubated 519 520 under the same conditions (medium type, incubation temperature and time), and their Raman 521 spectra were taken. Then, the effect of changes in culture media, incubation temperatures and times were also analyzed.<sup>90</sup> Another research carried out with *Bacillus* and *Brevibacillus* 522 523 species covered identification and differentiation of these bacteria with a UV-RR technique. The researchers reaffirmed the accuracy of their results with analyses of 16S rDNA of the 524 bacteria. They stated that genotypic and phenotypic differences between microorganisms 525 526 could be detected by using characteristic Raman bands obtained from cellular components such as aromatic amino acids and UV adsorption-capable nucleic acids. The spectra were 527 obtained at a wavelength of 244 nm, and subjected to multivariate statistical methods.<sup>91</sup> By 528 using FT-Raman system, Yang and Irudayaraj separated six different microorganisms (S. 529 cerevisiae, Fusarium verticilliodes, Bacillus cereus, Aspergillus niger, Escherichia coli, L. 530 casei) from each other as well as different strains belonging to the same species. They 531 reported differences due to cell structures within a 'fingerprint' range of 600-1800 cm<sup>-1</sup> for 532 the microorganisms. PCA and CVA were used to characterize these microorganisms.<sup>87</sup> In 533

another study by Maquelin et al., FT-IR and FT-Raman spectra were conducted on dehydrated 534 Enterococcus faecalis. C-H stretching bands belonging to (CH<sub>3</sub>, CH<sub>2</sub>, and CH) functional 535 groups were observed in the 2700-3000 cm<sup>-1</sup> region, and the deformation band of the C-H 536 bond at 1450 cm<sup>-1</sup> was also present. Protein amide I and amide II bonds and vibrations of 537 bases in RNA/DNA were also detected.<sup>92</sup> Colonies of Microccoccus luteus (M. luteus), 538 539 Bacillus subtilis (B. subtilis), Pseudomonas fluorescens (P. fluorescens), Rhodotorula 540 mucilaginosa (R. mucilaginosa), and Bacillus sphaericus bacteria were analysed with FT-Raman. It was found that the spectra of M. luteus, B. subtilis and P. fluorescens had 541 542 completely different spectra from each other at a wavelength of 785 nm incident light. As a result of stimulation with light at 633 nm, distinct templates were obtained from cells 543 belonging to the pigmented bacteria M. luteus and R. mucilaginosa.<sup>86</sup> The previously 544 mentioned group also seperated twenty different Micrococcus, Bacillus, E. coli and 545 Staphylococcus strains using micro-Raman spectroscopy coupled with SVM as chemometric 546 analysis.<sup>90</sup> Raman spectroscopy coupled with different chemometric methods was also used 547 for the identification of Legionella, Klebsiella, Micrococcus, Bacillus, E. coli, Pseudomonas, 548 Staphylococcus, Listeria, Yersinia and Salmonella species.<sup>93-97</sup> 549

Micro-Raman spectroscopy was also used to distinguish different types of Lactarius 550 551 mold by using chemometric methods. Lipid and amylopectin were monitored with Raman 552 spectroscopy since these are characteristic compounds for amyloidal reactions of Lactarius 553 spores. Lactarius mold is of great importance in ecological and economic sense and popular in many regions of the world owing to its being edible.<sup>98</sup> Micro-Raman spectroscopy has also 554 555 been used to investigate the spatial distribution and composition of lipid vesicles inside intact hyphae of Mortierella species. Differences in the degree of unsaturation and the effect of 556 growth conditions on lipid composition were determined for Mortierella alpina and 557 Mortierella elongata species.<sup>99</sup> 558

559

## 560 Viruses

There have been many studies reporting the use of Raman spectroscopy for structural 561 characterization of viruses. For instance, a number of studies have been conducted using 562 structural information obtained out of Raman spectroscopy to develop antiviral drugs.<sup>100-103</sup> In 563 564 one of these studies, the formation mechanism of the icosahedral capsid of P22 phage, which 565 is effective against Salmonella typhimurium, was tracked using a Raman microdialysis flow cell. After preparation of the procapsid, empty shell, and scaffolding protein of the phage, all 566 567 the components were placed in the Raman microdialysis flow cell system and their Raman signals were collected. The results were verified with Sodium Dodecyl Sulfate-568 Polyacrylamide Gel Electrophoresis (SDS-PAGE) and the CD spectroscopy. In accordance 569 with their conclusions, researchers have managed to develop models for the transformation of 570 procapsid into capsid, and procapsid assembly.<sup>102</sup> UV-Raman has been used to investigate the 571 protein structure of another phage. Raman spectra of the phage were obtained by excitation at 572 573 four different wavelengths (257, 244, 238 and 229 nm). As a result of excitation at 257 nm, signals of the bases that build the genome were obtained, and characteristic Raman bands 574 corresponding to the amino acids of the coat protein were attained as a result of excitation at 575 229 nm.<sup>103, 104</sup> Another research group has benefited from Raman optical activity (ROA) for 576 577 the structural characterization of nucleic acids, viruses and proteins in a manner disctinct from 578 other studies. The researchers found that working even with the full virus was possible, and information on both the coat proteins, and the nucleic acids enclosed in the capsid could be 579 obtained. 100, 101 580

There are very few studies on the analysis of foodborne viruses by using Raman spectroscopy. Actually, there is a single study using Raman spectroscopy on Hepatitis A, which is the most common foodborne virus.<sup>105</sup> Hepatitis A 3C proteinase is known to be a

cysteine protease which is very important for the life cycle of this virus and responsible for the formation of mature viral proteins from the polyprotein precursor.<sup>106</sup> In the aforementioned research, Raman spectra were used to investigate acyl groups in the active site of the enzyme.<sup>105</sup> There have been several studies utilizing Raman spectroscopy for the investigation of Hepatitis viruses, but none of them have been reported as a foodborne virus.<sup>107-109</sup>

590

## 591 Raman spectroscopy for toxin and chemical detection

592 Contaminants are substances that have not been intentionally added to food. These substances may be present in foods as a result of contamination in any stage of the production, 593 packaging, transport or storage. They can also result from the environmental contamination. 594 Since contaminants in general have a negative impact on the quality of food and are a threat to 595 human health<sup>110</sup>, a number of analytical methods have been developed for the identification 596 and quantification of these compounds. Raman spectroscopy is one of these methods which 597 has gained increasing attention in recent years. Specific Raman bands related to toxin and 598 chemical detection were given in Table 6S. 599

600

## 601 Toxins

Brandt et al. aimed to study the structural properties of the toxins ricin, ricin agglutinin and ricin binding subunit B. Ricin and ricin agglutinin were extracted from *Ricinus communis* seeds and purified using affinity chromatography and gel-filtration. Vibrational bands of this plant toxin were then obtained by using Raman spectroscopy. Amide I at 1640 cm<sup>-1</sup>, amide III at 1210–1300 cm<sup>-1</sup>, a tyrosine doublet at 830 and 855 cm<sup>-1</sup>, bands for disulphide bridges at 510, 525 and 540 cm<sup>-1</sup>, and some several bands corresponding to tryptophan amino acid

residues at 1361 cm<sup>-1</sup> were used as conformation sensitive bands for the molecules of
interest.<sup>111</sup>

In another study, several vegetables and fruits were analysed with micro-Raman and 610 near-infrared FT-Raman spectrometry to detect trace amounts of residual pesticides on the 611 surface.<sup>112</sup> Bonora et. al., investigated the Raman spectra of atrazine, prometryn and simetryn 612 613 herbicides in solid form and in polar and apolar solvents. A comparison was made between 614 theoretical spectra and experimenta spectra obtained from Raman and Surface-enhanced Raman spectroscopy (SERS) measurements.<sup>113</sup> In a similar study, Fleming et. al. investigated 615 the molecular structure of phosphorus-containing herbicides. IR, Raman and SERS spectra 616 were collected and compared with Density Functional Theory (DFT) calculations.<sup>114</sup> 617

Deoxynivalenol (DON) is one of the major secondary metabolites of the Fusarium 618 genus and found predominantly in grains such as wheat, barley and corn.<sup>115</sup> The presence of 619 DON degrades the quality of grain and has toxic effects on human health.<sup>116</sup> Traditional 620 methods to measure DON concentrations in grain involve time-consuming steps such as 621 extraction, washing and binding.<sup>117</sup> Due to the high moisture content in grain, broad intense 622 water bands are yielded in both the IR and NIR regions. Thus, highly informative bands 623 attributable to carbohydrate and protein species are inhibited. For this reason, various kinds of 624 625 studies have been conducted with IR spectroscopy. The only study in the literature for identification of DON toxin by using a Raman technique with infrared spectroscopy was 626 627 published by Liu et al.. In this study, feasibility of FT-Raman spectroscopy for the characterization and classification of ground wheat and barley contaminated with varying 628 amounts of DON was investigated. PCA was performed in the spectral region 1800-800 cm<sup>-1</sup> 629 for multiplicative scatter correction of the Raman spectra. Principal component scores were 630 then examined to discriminate between low and high DON in wheat.<sup>118</sup> 631

Raman spectroscopy coupled with LDA was used for qualitative and quantitative 632 analysis of aflatoxin produced by Aspergillus in maize. Differences in the Raman bands were 633 observed depending on the aflatoxin concentration in the samples.<sup>119</sup> In another study carried 634 out by Lee et al., three different vibrational spectrophotometric methods, namely Raman, FT-635 NIR, and FT-IR were used for the detection of alfatoxin in different concentrations. By 636 637 applying different chemometric methods to the spectra obtained from these three methods, a 638 classification was made according to their alfatoxin quantities. The researchers stated that based on the results of the chemometric method they applied, Raman and FT-IR analyses had 639 given relatively more satisfactory results compared to FT-NIR.<sup>120</sup> 640

In a study by Gupta et al., in situ synthesis of a nanopatterned conjugated molecularly imprinted polymer for bioagent T-2 on a bare gold chip and its integration with surface plasmon resonance and Raman spectroscopy were explored. The p-aminophenylboronicacid (p-APBA) and p-APBA with T-2 were characterized with Raman spectroscopy. Upon polymerization of 3-APBA with T-2, the presence of new bands was detected, and they were assigned to symmetric B-O and asymmetric C-O stretching modes for p-APBA and T-2 in the sample.<sup>121</sup>

648

## 649 Chemicals

Coumarin is a naturally occurring benzopyrone found in most plants including tonka beans, sweet clover, woodruff and grass. It was used as a flavouring food additive until its direct use was banned due to the concerns about hepatotoxic effects on animal models.<sup>122</sup> Sortur et al. reported that IR and Raman spectra of 6-methyl-4-bromomethylcoumarin were obtained by following the reaction of *p*-cresol with 4-bromoethyl acetoacetate on an ice bath.<sup>123</sup>

Bisphenol A (BPA) is an estrogenic compound widely used in polycarbonate plastics,
 food cans and food storage containers.<sup>124</sup> Dybal and co-workers prepared BPA samples by

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varying thermal and solvent treatments. Characteristic amorphous bands at 735 and 1235 cm<sup>-1</sup> 657

were used to determine the degrees of crystallinity of the BPA polycarbonate samples.<sup>125</sup> 658

Ground waters may be contaminated with perchlorate ions originating from the use of 659 fertilizers and manufacturing activities. Levitskaia, Sinkov and Bryan used perchlorate loaded 660 661 ion exchange resin as their model system. Determination of perchlorate with Raman 662 spectroscopy was found to be a practical real time detection method. Perchlorate, a tetrahedral anion possessing easily polarizable Cl-O bonds, exhibits a vibrational frequency of the 663 symmetric stretch near 934 cm<sup>-1</sup> in aqueous solution. The ClO<sub>4</sub><sup>-</sup> bands were normalized to the 664 intensity of the prominent A850 resin band at 1452 cm<sup>-1</sup> that served as an internal standard.<sup>126</sup> 665 Yu et. al used RR spectroscopy for quantitative analysis of divalent metal ions.<sup>127</sup> Chelation 666 property of zincon molecule with Cu<sup>2+</sup> and Ni<sup>2+</sup> enabled researchers to obtain complexes 667 which could be followed by RR spectroscopy. 668

Polycyclic aromatic hydrocarbons (PAH) constitute a potential health danger because of 669 their ability to induce carcinogenesis. PAH (such as napthalene, anthracene, phenanthrene, 670 and pyrene) could be detected in trace levels by making use of UV-RR spectrometry. A strong 671 band for naphthalene was located at 766 cm<sup>-1</sup>. Other strong bands were observed at 399, 756 672 and 1407 cm<sup>-1</sup> for anthracene, at 386, 745 and 1386 cm<sup>-1</sup> for phenanthrene and at 582, 1393, 673 and 1622 cm<sup>-1</sup> for pyrene.<sup>128</sup> Alajtal, Edwards and Scowen used FT-Raman spectroscopy to 674 675 investigate the effect of spectral resolution on the Raman spectra of several polyaromatic 676 hydrocarbons. In this study, Raman measurements of beta-carotene naphthalene,  $\beta$ -carotene anthracene,  $\beta$ -carotene pyrene, and naphthalene, anthracene, and pyrene molecules were taken 677 678 with different spectral resolutions. The effect of spectral resolution on the obtained Raman spectra was evaluated in this study.<sup>129</sup> 679

In the study of Sundaraganesan, Puviarasan and Mohan, the vibrational spectra of 680 acrylamide found in starchy food products as a result of cooking practices was discussed in 681

28

detail with respect to various environments. A complete vibrational assignment using polarization data along with the results of normal coordinate analysis were presented in this study by taking into account the internal modes of the CH<sub>2</sub> and NH<sub>2</sub> groups.<sup>130</sup>

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# **Raman spectroscopy in food additive analysis**

Raman spectroscopy has also been used to detect food additives, and different approaches
have been taken into account for this purpose. Specific Raman bands for food additive
analysis section were given in Table 7S.

690 Astaxanthin (E-161j) and cantaxanthin (E-161g), the two major carotenoids responsible 691 for the red-orange colour of salmon, were investigated by using Raman spectroscopy. Strong Raman signals were observed as a result of the C=C stretch vibrations of the carotenoid 692 molecules.<sup>131</sup> Carbon black (E-153), another colouring agent which is produced by the 693 combustion of hydrocarbons, was analysed with Raman spectroscopy.<sup>132</sup> Snehalatha et. al., 694 695 investigated the molecular structure of amaranth (E-123), a commonly used colouring agent of the food industry. Most characteristic bands were assigned to the vibrations of naphthalene 696 ring and azo chromophoric group (C-N=N-C). A medium intensity band in the Raman 697 698 spectrum was identified as the symmetric stretching vibration of the SO<sub>3</sub> group. The strongest Raman band was obtained out of the naphthalene ring vibrations.<sup>133</sup> Peica et. al. studied the 699 700 molecular structure of tartrazine (E-102), an artificial dye which is also known for its potential 701 to cause allergic reactions. Its strongest bands resulted from the azo and carboxyl groups and C-H deformation of the phenyl groups.<sup>134</sup> Curcumin is a natural coloring agent and 702 703 stabilizator in the food industry as it is the major contributor to human health, yet it has a 704 limited application area because of its low solubility and stability. To enhance solubility and stability of curcumin, encapsulation was applied with cyclodextrin, and then characterization 705 of this complex was accomplished with Raman spectroscopy. The researchers showed that 706

Raman spectra of curcumin-cyclodextrin complex were different from Raman spectrum of
 curcumin.<sup>135</sup>

Zborowski et. al., used IR and Raman spectroscopy for characterizing the molecular 709 structure of maltol which is widely used as a natural food additive. Maltol was characterized 710 with its strong band related to the O-H stretching.<sup>136</sup> Peica et. al. used Raman spectroscopy to 711 712 investigate the molecular structure of monosodium glutamate which is a commonly used flavour enhancer in various food products. Strong Raman bands were explained by CH<sub>2</sub> 713 stretching, COO<sup>-</sup> stretching, CH<sub>2</sub> deformation, completely ionized form, and COO<sup>-</sup> 714 twisting.<sup>137</sup> In another study by Peica et. al., aspartame (E-951) as an artificial sweetener was 715 analysed by using Raman spectroscopy. Strong Raman bands were assigned to symmetrical 716 C-H phenyl ring stretching, in-plane C-H phenyl ring bending, symmetrical stretching, 717 phenylalanine ring stretching, CH<sub>3</sub> rocking and skeletal deformation.<sup>138</sup> 718

Potential of IR, Raman and SERS to determine the excess azodicarbonamide additive in flour samples was evaluated. Its reaction products, namely biurea and semicarbazide that were formed during baking process were monitored by following their characteristic Raman spectra. Although multiple characteristic Raman bands were observed for each product, their presence is mostly assigned to the deformation bands of  $NH_2$ , stretching and bending vibrations of N-C and C=O bounds. Results taken from experimental and calculated Raman spectra were verified with DFT.

Another food additive, chitosan, which is obtained by deacelitation of chitin, is of great importance since the degree of its deacetilation is vital in order to determine its chemical and physiccal properties such as solubility, biodergradibility and biocompatibility.<sup>139</sup> In this respect, Zajac et al. demonstated that the deacetilation degree of chitosan could be calculated by following certain bands obtained from Raman and IR spectra related to it.<sup>140</sup> The other chitosan derivative obtained by sulfating are known to have anticoagulant, antiviral,

antimicrobial, and antioxidant characteristics. It could be possible to determine the degree of
substitution and to characterize sulfated chitosan compounds using Raman spectroscopy.
Changes due to binding of sulfate groups to chitosan were detected in the obtained Raman
spectra (1070, 1014, 823-834, 580-610, 2964 cm<sup>-1</sup>) and these compounds were characterized
according to the amount of the sulfate group attached to the structure.<sup>141</sup>

Another food additive is mannitol, which is used in the production of low-calorie food, as well as in the pharmaceutical industry and in other lyophilized products. In a study, changes occurring in the bands of ice, water and mannitol during the lyophilization of mannitol, were examined. Raman bands of ice and mannitol were monitored at the spectral regions 150-250 cm<sup>-1</sup> and 1000-1170 cm<sup>-1</sup>, respectively. Different polymorphic forms of mannitol were displayed during the lyophilization process.<sup>142</sup>

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## 744 Raman spectroscopy in raw material analysis

745 Rapid and *in situ* analysis of raw materials is one of the most important quality control 746 applications in food industry. Assessing the quality of raw materials before the food production phase helps manufacturers save time and reduce the cost. Identification of raw materials is 747 also essential due to its major effect on the quality of final product. Taking these requirements 748 into account, it can be stated that Raman spectroscopy provides a wide range of application 749 750 area in which the raw material analysis constitutes a significant part. In this context, Raman spectroscopy has been widely used for raw material analysis, particularly for the 751 discrimination of food samples, monitoring chemical and biochemical processes, 752 753 compositional characterization of food samles and authentication of foods. Nevertheless, analyzing the Raman spectra of food samples mostly requires chemometric tools because of 754 the complex structure of food matrix. Unsupervised chemometric methods like Principal 755

raye 32 of :

Component Analysis (PCA) and supervised chemometric methods like Partial Least Square (PLS), Partial Least Square-Discriminant Analysis (PLS-DA), Principal Component Regression (PCR) as well as Artificial Neural Networks (ANN) were generally employed for the detailed analysis of collected Raman data.<sup>143-146</sup> Specific Raman bands reported in the context of the reviewed articles is given in Table 8S for raw material analysis.

761

762 Honey

In a study by Goodacre, Radovic and Anklam, Raman spectroscopy was used with PCA and 763 764 ANN to discriminate between honey samples provided from various European countries with different floral and geographical origins.<sup>144</sup> First, scores representing the Raman spectra of 765 honey samples were obtained and then ANN, which was created from these scores, was used 766 767 for discrimination. According to the results, 13 of 14 honey samples were classified 768 accurately, but the country of origin was not predicted successfully as the number of honey samples was insufficient. Another research on honey has also recently been carried out by 769 Özbalci et al. In this study, sugar contents of honey samples were quantified by applying 770 chemometric methods to Raman spectra of honey samples.<sup>147</sup> Similar to the first study 771 mentioned in this review, Carvucci et al. discrimated the honey samples collected from 772 773 different regions by using Raman spectroscopy. They processed the Raman spectra that they obtained according to the pollen composition of genuine honey by using PCA, and identified 774 the botanical and geographical origins of it.<sup>148</sup> 775

776

777 Coffee

There are three studies in the literature conducted for discriminating between Arabica and
Robusta green coffee by using Raman spectroscopy.<sup>143, 149, 150</sup> The reason for the researchers
to discriminate these two kinds coffee is that their quality, and thus price is not the same.

781 Analyzing their lipid content was the focus of these studies, and it was found that especially their kahweol content considerably differs from each other. The first Raman study on this 782 topic of interest was carried out by using FT-Raman spectroscopy. The researchers obtained 783 Raman spectra of lipid samples (kahweol and cafesto) extracted from coffee samples. Two 784 characteristic peaks (1567 ve 1478 cm<sup>-1</sup>) of kahweole were found in the extract taken from 785 786 Arabica coffee, which is specific to this type of coffee. They also discriminated between these two coffee types with a success rate of 93% by using chemometric method PCA.<sup>150</sup> Similarly, 787 in a subsequent study, these two kinds of coffee were discriminated by using FT-Raman. 788 789 However, it differs from the former study in that Raman spectra of the samples were taken without applying any chemical and physical procedure on the coffee beans. The discrimation 790 of the coffees was performed by calculating the "spectral kahweol index" with the spectra 791 obtained from the samples with different geographical origins.<sup>149</sup> In another study, 792 chlorogenic acid rate was also examined as well as the lipids present in Arabica and Robusta 793 green coffee. Raman spectra of the samples were obtained with visible micro-Raman 794 spectroscopy; and by using two different PCA models, the discrimitation of the coffees were 795 accomplished with a success rate of 93%.<sup>143</sup> 796

797

A study on discrimination among different edible oils and fats was performed by Yang et al. In this study, spectra obtained from FT-Raman spectroscopy were compressed with PLS and PCA; then the processed data were used for Linear Discriminant Analysis (LDA) and Canonical Variate Analysis (CVA). As a result of the analyses performed using the spectral range between 400 and 3700 cm<sup>-1</sup> (Table 1S), PLS-CVA was found to be the best method for discriminating edible oil and fats by FT-Raman, with calibration and validation data of 93.3% and 94.4%, respectively.<sup>68</sup> Korifi et al. tried to evaluate the capability of confocal Raman

<sup>798</sup> Lipid

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spectroscopy combined with chemometric treatments to authenticate virgin olive oils with the 806 protected designation of origin (PDO) label. Hence, PLS-DA was applied to the spectra of 807 eight French PDOs, and 92.3% of these oils were accurately classified.<sup>151</sup> Raman 808 spectroscopy has also been used to determine the quality of the olive fruit, which is one of the 809 810 most important quality parameters in olive oil processing. In another study on olive oil, it was 811 put forward that low-resolution portable Raman system could be utilized for determining 812 oxidation states of oils. Having benefited from a chemometric method (PLS), the researchers stated that due to oxidation, changes occurred in the bands at about 1267, 1302, 1442, 1655 ve 813 1747 cm<sup>-1</sup>.<sup>71</sup> They also tried to determine the quality of olive oil by using the Raman spectra 814 815 of ground or sound olive paste, and then attempted to discriminate the origin of the olives as ground or sound. In the first stage of the study, PCA was used to find natural clusters in the 816 817 Raman spectra, and then supervised classification methods, namely Soft Independent Modelling of Class Analogy (SIMCA), PLS-DA and K-Nearest Neighbors' (KNN) were 818 applied. The best results for classification were found in the KNN method, with prediction 819 abilities of 100% for sound and 97% for ground olives in an independent validation set. In this 820 study, it was demonstrated that portable Raman spectroscopy can be utilized to determine the 821 quality of olives used in the production of olive oils in the field.<sup>152</sup> Different from the other 822 823 studies on olive oil, Gouvinhas et al., produced extra virgin olive oil by means of taking 824 samples from three types of olive in different stages of their ripening periods. They were 825 classified according to their types and ripening periods through processing the Raman spectra with qualitative methods. It was found that 1749, 1651, 1439, 1303 ve 1267 cm<sup>-1</sup> bands 826 827 obtained from Raman measurements directly demonstrates the fatty acid contents of the samples, and changes were observed in the intensities due to ripening.<sup>153</sup> 828

829

830 In another study, different types of pure animal fat (poultry, pig, bovine, and lamb and fish oils) and mixture samples of them were classified according to their origin by using PCA 831 and PLS-DA analyses.<sup>66</sup> The same analysis was performed with different types of edible fats. 832 Fish, poultry, pig and bovine fats were well distinguished by applying PCA. Using PLS-DA 833 analysis, poultry, pig and bovine fat samples were discriminated with high sensitivity and 834 835 specificity values and with few classification errors. In addition, types of edible fats like fish oils and acidic oils from chemical or physical refining could also be discriminated with PLS-836 DA.<sup>66</sup> Velioğlu et al., used Raman spectroscopy to assess the freshness of fish samples 837 according to the number of freezing/thawing cycles they were exposed to. PCA was employed 838 to cluster the samples according to their freshness. Changes in the intensities of the 839 characteristic Raman bands were mostly attributed to the alterations in the lipid structure.<sup>154</sup> 840 841 Potential of Raman spectroscopy to predict the purity of caviars was evaluated. Linear 842 methods such as PCA and LDA as well as non-linear methods such as ANN were used to classify different caviar samples according to their purity and type. More accurate predictions 843 were obtained by using the ANN with 91.4% of prediction capability. Fatty acids and fat 844 contents of the caviar samples was quantified through Raman spectroscopy coupled with PLS 845 regression.<sup>155</sup> 846

847 In addition to the abovementioned studies on lipids, there is another study in which 848 Raman spectra of 35 lipids belonging to different families (saturated and unstaturated fatty 849 acids, triacylglycerols, cholesterol, cholesteryl esters and phospholipids) were obtained. It was found that Raman spectra of each of these lipids display changes depending on their 850 851 saturation state, their being in liquid and solid state, and on isomer forms. The characteristic 852 features of Raman spectra is attributable to the existance of hydrocarbon chains, and they were observed at 1500-1400, 1300-1250, 1200-1050, 3000-2800 cm<sup>-1</sup>, respectively, which 853 was caused by C-C and C-H stretching modes and the scissoring and twisting vibrations of 854

CH<sub>2</sub> and CH<sub>3</sub> groups. Besides, lipids belonging to each group was found to have characteristic
 bands specific to them.<sup>156</sup>

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## 858 **Fermentation products**

Raman spectroscopy can also be used to detect materials such as ethanol, lactic acid, and 859 860 acetic acid that are produced as a result of processes like fermentation. Sivakesava et al., followed ethanol fermentation by Saccharomyces cerevisiae (S. cerevisiae) using Fourier 861 Transform-Middle Infrared (FT-MIR) and FT-Raman spectroscopy. In this study, quantities 862 863 of glucose, ethanol and the optical cell density of S. cerevisiae during fermentation were investigated using chemometric methods.<sup>157</sup> In another study, FT-MIR, Fourier Transform-864 Near Infrared (FT-NIR) and FT-Raman spectroscopy were used during lactic acid 865 fermentation to determine quantities of the same parameters as the previous study of 866 Lactobacillus casei (L. casei).<sup>158</sup> Similarly, quantitative measurements of glucose during 867 ethanol fermentation in the beverage industry were carried out by Delfino et al.<sup>37</sup> Our research 868 group has also monitored a two-step acetic acid fermentation in a study using Raman 869 spectroscopy. The first step was consumption of sugars in a grape juice mixture and then 870 formation of alcohol by S. cerevisia. The second step was carried out with Acetobacter aceti 871 that converted the alcohol to acetic acid.<sup>159</sup> Wang et al. used Raman Spectroscopy to monitor 872 the consumption and formation of glucose, glycerol and ethanol during wine fermentation. 873 HPLC was used for the validation analysis.<sup>160</sup> Micro-Raman spectroscopy was used to follow 874 the fermentation process during yoghurt production. Chemical transformation of lactose and 875 inorganic phosphorus into lactic acid and organic phosphorus and the formation of the 876 exopolysaccharides were monitored based on the collected Raman spectra as a function of the 877 incubation time.<sup>161</sup> 878

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A dispersive Raman spectroscopic method was developed to determine protein and oil 881 contents of soybeans.<sup>162</sup> Optimal prediction models were generated by PLS algorithms based 882 on collected Raman spectra (200-1800 cm<sup>-1</sup>) of the samples. Protein and oil content of the 883 soybeans were succesfuly predicted with high  $R^2$  values (0.916 and 0.872 for protein and oil 884 885 contents, respectively). Characterization of foods is another topic studied by using Raman 886 spectroscopy. For this purpose, FT-Raman spectroscopy was used for the characterization of Marama beans from Southern Africa. Both quantitative and qualitative data on the 887 888 composition of Marama bean oil, including carbohydrates, proteins, amino acids and aromatic compounds, were obtained.<sup>145</sup> Ripe and unripe tomato fruit samples were analyzed with 889 portable and confocal Raman microscope to obtain spectral data on their main organic 890 components. Two different laser excitation wavelengths were used for confocal microscope 891 measurements to maximize the obtained spectral information.<sup>163</sup> By using spectral data, cutin 892 and cutinal waxes on unripe tomatoes and carotenes, and polyphenoles and polysaccharides 893 on ripe tomatoes were identified as major compounds. In another study, the researchers traced 894 the lycopene formation and distribution in the structures of the harvested tomatoes during 895 different stages (green, breaker, turning, pink, light red, red) of their ripening period by using 896 897 Raman chemical imaging. Tomatoes in different ripening periods were cut parallel to the 898 plane, and Raman spectra were taken from their seeds, locular tissues and outer pericarps. As a result of the trials, two basic peaks (1151 and 1513 cm<sup>-1</sup>) belonging to lycopene were 899 detected both in locular tissues and on outer pericarps of fully ripened (red) tomatoes.<sup>164</sup> 900 901 Gonzalves et. al., used transmission resonance Raman spectroscopy to investigate the spatial 902 distribution of carotenoids in carrot roots, and they found that the changes in the intensities of Raman bands obtained from different parts of carrots were attributed to molecular 903

904 configuration of β-carotene. As a consequence, β-carotene showed a heterogenous
905 distribution, and seen particularly in the secondary phloem tissue, and periderm.<sup>165</sup>
906 Raman spectroscopy can also be used to monitor important components such as ethanol,
907 lactic acid, and acetic acid produced during fermentation<sup>166,167</sup> and/or spoilage of foods<sup>168</sup> and
908 chemical and biochemical transformations.<sup>169, 170</sup>

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## 910 Raman spectroscopy to detect food adulteration

911 Food is adulterated by unscrupulous producers in order to benefit economically from 912 falsifying food information. The development of new techniques to verify food safety and authenticity has been an important issue thanks to the increasing consumer awareness.<sup>1</sup> For 913 this reason, rapid and eco-friendly techniques have replaced time-consuming and tiresome 914 chemical and traditional reference methods. As a vibrational technique, Raman spectroscopy 915 is one of the analytical tools and is attracting growing attention due to its ability to provide 916 917 fingerprint characteristics of food products and its offering a rapid, non-destructive and cheap analysis. In addition, quantitative and qualitative information can be obtained from a 918 combination of Raman spectroscopy with multivariate data analyses.<sup>171</sup> Specific Raman bands 919 920 of related articles to this section were given in Table 9S for food adulteration.

921 Zou et al. used a portable Raman spectroscopy to distinguish between genuine olive oil 922 and the oil adulterated with low quality oils. A method was developed based on the normalization of *cis*-(=C-H) and *cis*-(C=C) bands intensities at 1265 cm<sup>-1</sup> and 1657 cm<sup>-1</sup>, by 923 the CH<sub>2</sub> band intensity at 1441 cm<sup>-1</sup>. Adulterated olive oil containing as little as 5% (v/v) or 924 more of other edible oils have been successfully detected in the relevant study.<sup>172</sup> Zhang et al. 925 investigated extra virgin olive oils adulterated with soybean, corn or sunflower seed oil by 926 characterizing their Raman spectra in the 1000–1800 cm<sup>-1</sup> range. The Raman spectra were 927 normalized according to the CH<sub>2</sub> band of the oil samples. An external standard method (ESM) 928

929 was applied to achieve quantitative analysis and compared with the results of SVM methods. 930 Potential of ESM based on Raman spectroscopy to detect olive oil adulteration was shown in this study.<sup>173</sup> In another study of Zhang et al., the level of adulteration in a set of olive oil 931 samples containing 5% or more of different types of oils such as sovbean, rapeseed, sunflower 932 933 and corn oil was successfully determined. Using PCA made it possible to obtain a clear 934 separation of oil samples according to their different mono-unsaturated fatty acid, polyunsaturated fatty acid, and saturated fatty acid contents.<sup>174</sup> Lopez-Diez et al. also 935 investigated the authentication of various extra virgin olive oils, and their adulteration with 936 937 hazelnut oil by using Raman spectroscopy. The obtained Raman spectra were normalized according to the frequency of the band representing the scissoring-bending mode of  $-CH_2$ 938 groups. The spectra were examined by using PCA, PLS and Genetic Programming. Extra 939 virgin olive oils from different parts of the Italian peninsula and their mixtures with hazelnut 940 oils were characterized using PCA. The PLS method was also used as a predictive linear 941 model.<sup>175</sup> El-Abassy et al. studied visible Raman spectroscopy to classify different vegetable 942 943 oils and quantify the adulteration of virgin olive oil with sunflower oil. PCA was used for the classification study, while PLS regression analysis was used to monitor the adulteration. 944 Quantitative detection limit was decreased to 500 ppm (0.05%), which is significant in the 945 case of allergic reactions.<sup>176</sup> Adulteration of extra virgin olive oil with olive pomace oil was 946 947 determined by means of NIR, FT-IR and FT-Raman spectroscopy. PLS was used to quantitatively analyse the olive oil samples adulterated with different rates of olive pomace 948 oil.<sup>177</sup> Baeten and Aparicio conducted European project FAIR-CT96-5053, which evaluated 949 950 the performance of FT-Raman, NIR and FT-MIR spectroscopy to authenticate one-hundred thirty-eight different edible oil and fat samples.<sup>178</sup> PCA and stepwise linear discriminant 951 analysis (SLDA) methods were performed to classify oils and fats by conducting cluster and 952 discriminant analyses. Three clusters of samples that were rich in saturated fatty acids, 953

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monounsaturated fatty acids or polyunsaturated fatty acids were obtained with PCA according to the degree of unsaturation of the oils. In another method, SLDA was performed to classify edible oils and fats according to their sources, and to quantify virgin olive oil adulteration. In one of the studies reported by our research group, Raman spectroscopy was used to detect the adulteration in butter samples spiked with margarine. Prediction success of the models created by using different chemometric methods namely PCA, PCR, PLS and ANN were compared.<sup>179</sup>

Adulteration of milk powder with melamine was determined quantitatively by using 961 portable Raman spectroscopy coupled with PLS regression. Melamine adulteration was 962 monitored using the characteristic bands of melamine located at one strong band at 673 cm<sup>-1</sup> 963 and a weak band at 982 cm<sup>-1</sup>. The intensity of the band at 673 cm<sup>-1</sup> was used for quantification 964 of melamine concentration in milk powder.<sup>180</sup> In a similar study, adulteration of milk powder 965 with melamine was examined using the melamine band located at 676 cm $^{-1}$ .<sup>181</sup> Adulteration 966 was successfully determined in the milk powder samples spiked with calcium carbonate. 967 Prominent peak of calcium carbonate located at 1085 cm<sup>-1</sup> was followed in FT-Raman spectra 968 of milk powder samples. PCA and PLS was used with Raman spectroscopic data to quantify 969 the adulteration rate.<sup>182</sup> Multiple adulterants, namely ammonium sulphate, dicyandiamide, 970 971 melamine, and urea present in the milk powder samples were simultaneously detected by using Raman chemical imaging coupled with mixture analysis algorithms. Differences in the 972 973 Raman spectra of four chemical adulterants allowed researchers to detect and differentiate these compounds. The strongest Raman bands characterizing the relevant chemical 974 compounds were as follows; 973 cm<sup>-1</sup> for ammonium sulphate, 212 cm<sup>-1</sup> for dicyandiamide, 975 673 cm<sup>-1</sup> for melamine and 1009 cm<sup>-1</sup> for urea.<sup>183</sup> 976

Adulteration of maple syrup with corn syrup has been investigated using FT-IR, FTRaman and NIR spectroscopy. Quantitative analyses of adulterated samples were performed

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with PLS. PCA-LDA, PLS-CVA, PLS-LDA and PCA-CVA methods were also applied for
discriminant analysis, but the best results were obtained with PCA-CVA. Characteristic bands
mostly attributed to the presence of carbohydrates were used for creating above-mentioned
predictive models.<sup>184</sup>

Adulterated honey samples with various floral origins containing beet and cane inverts were successfully determined using FT-Raman spectroscopy coupled with PLS and PCA combined with CVA and LDA.<sup>146</sup>

Detection of paraffin in the adulterated rice samples was investigated. Confocal microscope Raman measurements were performed on the surface of rice samples to obtain information about chemical composition. PCA, SIMCA, PLS-DA, KNN and SVM methods were used to differentiate rice samples from different locations and to detect paraffin in the adulterated rice samples. Although the Raman spectra of rice samples comprised of starch, protein and lipid, researchers were also able to detect the presence of paraffin by following the strong Raman bands at 1062, 1132, 1295, 1417, 1440 and 1462 cm<sup>-1</sup>.<sup>185</sup>

993 Methanol and ethanol content of distilled alcoholic beverages was successfully determined with Raman spectroscopy. Quantification of methanol in mixtures was done using 994 the intensities of methanol and ethanol bands located at 1019 and 879 cm<sup>-1</sup>, respectively. 995 996 Collected Raman data was normalized by using acetonitrile as an internal standard in the developed method.<sup>186</sup> Nguyen and Wu developed a Raman spectroscopic method to quantify 997 low concentrations of methanol in alcohol. PLS regression was applied to the collected 998 Raman spectra where spectral region between 950 and 1200 cm<sup>-1</sup> was specifically used to 999 obtain the calibration curves.<sup>187</sup> 1000

1001 Identification of meat species is of great importance in order to determine the potential 1002 adulteration of meat products with cheaper alternatives. Beattie et. al., used Raman 1003 spectroscopy and multivariate data analysis to classify adipose tissue samples from different

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origins. PLS-DA and PC-LDA were employed to classify the samples of chicken, beef, lamp 1004 and pork species.<sup>188</sup> Sowoidnich et. al. used shifted excitation Raman difference spectroscopy 1005 for the non-invasive differentiation of meat species, namely beef, pork, chicken and turkey. A 1006 clear separation was obtained by employing PCA to the collected Raman data.<sup>189</sup> Boyaci et. 1007 1008 al., used Raman spectroscopy in combination with chemometrics to determine the beef 1009 adulteration with horsemeat. Employing PCA on collected Raman data enabled researchers to differentiate beef samples spiked with different rates of horsemeat.<sup>190</sup> In a similar study 1010 reported by the same research group, extracted fat samples were used to differentiate meat 1011 1012 species namely, cattle, sheep, pig, fish, poultry, goat and buffalo. Salami products with 1013 different formulations prepared by using these meat species were also investigated with Raman spectroscopy.<sup>191</sup> Zajac et. al. used IR and FT-Raman spectroscopy to analyze the 1014 amino acid composition of the samples in order to determine the content of horse meat in its 1015 mixture with beef.<sup>192</sup> 1016

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## 1018 Conclusion

The use of Raman spectroscopy in food analysis is still in its initial stage despite its great potential in almost every field of food science. Raman has many advantages compared to other food analysis methods, and the use of Raman is increasing day by day. Raman spectroscopy can replace traditional food analyses as it does not require labelling and pretreatment steps. In addition, Raman spectroscopy is a sensitive, reliable, non-destructive and real-time method. Some important issues that need to be addressed for making Raman spectroscopy a more commonly used method are:

*a. Investigating the applications for Raman spectroscopy in food analysis.* Due to some
reasons (cost and scarcity of the instrument in food area etc.), the usage of the Raman
system in food analysis didn't use to be a common practice. Over the last two decades,

however, these limitations have been partially eliminated, and the number of reported
studies in this field has increased. Nevertheless, it is still not sufficient and more studies
should be conducted. Results of the Raman system should be correlated with standard
methods, and new standard methods should be developed using Raman spectroscopy.

According to our detailed research on the literature, some aspects of food analysis still need to be investigated by using Raman spectroscopy. To our knowledge, mineral and toxin analysis in food studies are among these aspects waiting to be dealt with using Raman spectroscopy.

b. Application-driven databases for common analysis. Although some studies have been 1037 carried out in this field, there is still no available database related to Raman 1038 spectroscopy in food analysis. Complex food matrices and variations in the systems 1039 cause difficulties in preparation of databases. In this review, Raman bands obtained in 1040 food analyses were summarized in tables (Table 1S-9S). We believe that these tables 1041 will be beneficial for researchers in this field. However, more systematic experimental 1042 1043 work is needed for the preparation of this database. The Raman system's becoming more widespread in food field will help develop a database. 1044

*c. Improving analysis efficiency.* The complex nature of the food sample reduces
 efficiency of the analysis. To overcome this difficulty, some easy preprocessing
 practices could be conducted before Raman measurement. In addition, novel data
 processing techniques (chemometric methods and artificial neural networks) will be of
 more help to the user, and processing Raman spectra with these methods will increase
 the efficiency of the analysis.

*d. Better analyser instrument.* Most of the Raman systems were developed for the
 research purposes in laboratories. There is no individual Raman system for specific food
 analysis. The success of Raman spectroscopy in food analysis will be increased through

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1054	developing individual Raman systems. Field assays are also very important in food
1055	analysis. Portable Raman systems have big potential in this field. Developments in light
1056	source and detector technologies will help produce small size portable Raman modules
1057	with better performance.

*e. Low cost analyser system.* High cost of Raman modules obstructs the common usage
of the system in this field. Simpler systems, designed specifically for the sample and

1060 portable Raman system should be produced with lower instrumentation cost.

- 1061 Raman spectroscopy in food analysis is receiving a lot of interest from researchers 1062 worldwide. We believe that Raman spectroscopy will be one of the most common 1063 methods to be used in food analysis in the near future.
- 1064

# 1065 SUPPLEMENTARY DATA AVAILABLE

1066 Supplementary data including the tables displaying the Raman bands of food components

1067 (proteins, carbohydrates, lipids, and vitamins), microorganisms and viruses, toxins and

1068 chemicals, food additives, raw materials and food adulterant is available.

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## 1344 FIGURE LEGEND

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- 1346 Fig.1. Energy level diagram of Rayleigh and Raman scattering.
- 1347 Fig.2. Schematic presentation of fields in food analysis in which Raman spectroscopy used.

Figure 1.





